

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 29th October 2022

- m35 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	John Beattie	LeedsCityA	9:39	15	Geoffrey Gregory	NewarkAc	11:04
2	Ryan Haw	LongEatonR A	9:42	16	Chris Monk	MansfieldH	11:13
3	Tom Holden	TiptonHarr A	9:57	17	Dan Burton	RedhillRoa	11:20
4	Bruno Lima	SalfordHar A	10:03	18	Steve Moorhouse	HolmePierr	11:29
5	Chris Jordan	NuneatonHa A	10:12	19	Paul Smith	NuneatonHa B	11:42
6	Marlon Dunkley	Rushcliffe	10:13	20	Malcolm Baggaley	SteelCityS	11:51
7	Chris Webb	SalfordHar B	10:24	21	Tom Halton	LongEatonR B	11:54
8	Darren Perry	TiptonHarr B	10:26	22	Ian Monaghan	NorthDerby	11:56
9	Gareth Sampson	RotherhamH	10:31	23	Kevin Johnson	Kimberley&	12:05
10	Graham Jones	MarshallMi	10:37	24	David Cross	BeestonAc	12:10
11	Mark Couldwell	CharnwoodA	10:38	25	Paul Griffiths	FormulaOne	12:53
12	Mitchell Blundell	Cannock&St	10:41	26	David Norman	Wolverhamp	13:13
13	Andrew Boon	CoventryGo A	10:42	27	Edward Godber	BelperHarr	13:38
14	Tom Stephenson	SaleHarrie	10:43	28	Peter Banks	CoventryGo B	15:17

- m35 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	D Magalela	LongEatonR A	10:06	19:48	+ 1	20	Stephen Horton	LongEatonR B	11:20	23:14	+ 1
2	Robert Meredith	TiptonHarr A	9:53	19:50	+ 1	21	Martin Hunt	FormulaOne	10:56	23:49	+ 4
3	Robert Hughes	SalfordHar A	10:26	20:29	+ 1	22	Stuart Laurie	Kimberley&	11:45	23:50	+ 1
4	Daniel Rowen	NuneatonHa A	10:23	20:35	+ 1	23	Chris Boland	SteelCityS	12:04	23:55	- 3
5	Gary Whitehouse	TiptonHarr B	10:40	21:06	+ 3	24	Damian Saunders	BelperHarr	10:39	24:17	+ 3
6	Philip Hoole	RotherhamH	10:37	21:08	+ 3	25	Michael Blades	BeestonAc	12:28	24:38	- 1
7	Simon Ellis	LeedsCityA	11:34	21:13	- 6	26	Malcolm Rose	NorthDerby	12:43	24:39	- 4
8	Graham Peacock	CharnwoodA	10:45	21:23	+ 3	27	Greg Asbury	Wolverhamp	11:31	24:44	- 1
9	Jonathan Biddle	Cannock&St	10:44	21:25	+ 3	Fastest runners over stage 2:					
10	Leigh Marshall	NewarkAc	10:22	21:26	+ 5	1	Robert Meredith	TiptonHarr A	9:53		
11	Andrew Curvis	SaleHarrie	11:05	21:48	+ 3	2	D Magalela	LongEatonR A	10:06		
12	John Lloyd	SalfordHar B	11:26	21:50	- 5	3	Leigh Marshall	NewarkAc	10:22		
13	Matthew Clarke	MarshallMi	11:17	21:54	- 3	4	Daniel Rowen	NuneatonHa A	10:23		
14	Peter Eccleston	CoventryGo A	11:18	22:00	- 1	5	Robert Hughes	SalfordHar A	10:26		
15	C Campbell	HolmePierr	10:42	22:11	+ 3	6	Philip Hoole	RotherhamH	10:37		
16	Andrew Morrow	Rushcliffe	12:25	22:38	- 10	7	Damian Saunders	BelperHarr	10:39		
17	Johnathan Ritchie	NuneatonHa B	11:11	22:53	+ 2	8	Gary Whitehouse	TiptonHarr B	10:40		
18	Gary Berzins	MansfieldH	11:49	23:02	- 2	9	C Campbell	HolmePierr	10:42		
19	Mark Garratt	RedhillRoa	11:52	23:12	- 2	10	Jonathan Biddle	Cannock&St	10:44		

- m35 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Martin Williams	TiptonHarr A	10:05	29:55	+ 1	20	Christopher Magee	LongEatonR B	12:09	35:23	0
2	Karl Darcy	SalfordHar A	9:30	29:59	+ 1	21	Ryan Stocks	Kimberley&	12:08	35:58	+ 1
3	Daniel Hawley	LongEatonR A	10:20	30:08	- 2	22	Gareth Briggs	Wolverhamp	11:34	36:18	+ 5
4	Andrew Massey	NuneatonHa A	11:07	31:42	0	23	Phil Herd	BeestonAc	11:55	36:33	+ 2
5	Sam Clegg	RotherhamH	11:00	32:08	+ 1	24	Joel Kesterton	SteelCityS	13:02	36:57	- 1
6	Robert Lindsay	NewarkAc	10:48	32:14	+ 4	25	Matthew Nutt	FormulaOne	13:25	37:14	- 4
7	Paul Harmer	CharnwoodA	10:54	32:17	+ 1	26	Chris Hunt	NorthDerby	13:57	38:36	0
8	Kristian Karasz	TiptonHarr B	11:18	32:24	- 3	27	Mark Dixon	BelperHarr	15:17	39:34	- 3
9	Craig Pearson	Cannock&St	11:03	32:28	0	Fastest runners over stage 3:					
10	Daniel Nugent	MansfieldH	10:07	33:09	+ 8	1	Karl Darcy	SalfordHar A	9:30		
11	Mark Dowson	MarshallMi	11:22	33:16	+ 2	2	Martin Williams	TiptonHarr A	10:05		
12	Stephen Lisgo	LeedsCityA	12:25	33:38	- 5	3	Daniel Nugent	MansfieldH	10:07		
13	Paul Barrett	SaleHarrie	12:25	34:13	- 2	4	Daniel Hawley	LongEatonR A	10:20		
14	David Gandee	Rushcliffe	11:43	34:21	+ 2	5	Robert Lindsay	NewarkAc	10:48		
15	Ben Wilson	RedhillRoa	11:25	34:37	+ 4	6	Paul Harmer	CharnwoodA	10:54		
16	David Laws	HolmePierr	12:27	34:38	- 1	7	Sam Clegg	RotherhamH	11:00		
17	Jose Ortizgonzalez	CoventryGo A	12:40	34:40	- 3	8	Craig Pearson	Cannock&St	11:03		
18	Trevor Rayner	SalfordHar B	13:00	34:50	- 6	9	Andrew Massey	NuneatonHa A	11:07		
19	Matthew Kinsella	NuneatonHa B	12:00	34:53	- 2	10	Kristian Karasz	TiptonHarr B	11:18		

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 29th October 2022

- m35 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Ben Gamble	TiptonHarr A	9:51	39:46	0
2	Alex Vize	LongEatonR A	10:25	40:33	+ 1
3	Paul Bannister	SalfordHar A	10:35	40:34	- 1
4	Luke Melling	NuneatonHa A	11:00	42:42	0
5	Rhian Haste	RotherhamH	10:42	42:50	0
6	David Robinson	NewarkAc	11:06	43:20	0
7	Dean Hill	TiptonHarr B	11:09	43:33	+ 1
8	Ian Wood	MarshallMi	10:37	43:53	+ 3
9	Michael Kingsbury	CharnwoodA	11:49	44:06	- 2
10	Matthew Bottomore	MansfieldH	11:22	44:31	0
11	Olivier Gaillemine	SaleHarrie	11:31	45:44	+ 2
12	Martyn Clare	Cannock&St	13:28	45:56	- 3
13	Mark Davis	RedhillRoa	12:09	46:46	+ 2
14	Danny McIntyre	Rushcliffe	12:32	46:53	0
15	Matthew Grainge	HolmePierr	12:18	46:56	+ 1
16	Waising Yip	CoventryGo A	12:34	47:14	+ 1
17	James Gillum	NuneatonHa B	12:41	47:34	+ 2
18	Luke Woodiwiss	LongEatonR B	12:22	47:45	+ 2
19	Gareth Storr	Kimberley&	12:14	48:12	+ 2
20	Andy Granville	BeestonAc	12:22	48:55	+ 3
21	Tim Holt	SteelCityS	12:17	49:14	+ 3
22	Sean Cordell	SalfordHar B	14:55	49:45	- 4
23	Peter Hood	Wolverhamp	13:29	49:47	- 1
24	Jez Smedley	FormulaOne	13:55	51:09	+ 1
25	David Bains	BelperHarr	11:39	51:13	+ 2
26	Shaun Johnson	NorthDerby	14:38	53:14	0

Fastest runners over stage 4:

1	Ben Gamble	TiptonHarr A	9:51
2	Alex Vize	LongEatonR A	10:25
3	Paul Bannister	SalfordHar A	10:35
4	Ian Wood	MarshallMi	10:37
5	Rhian Haste	RotherhamH	10:42
6	Luke Melling	NuneatonHa A	11:00
7	David Robinson	NewarkAc	11:06
8	Dean Hill	TiptonHarr B	11:09
9	Matthew Bottomore	MansfieldH	11:22
10	Olivier Gaillemine	SaleHarrie	11:31

- m35 Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Joe Smith	TiptonHarr A	9:41	49:27	0
2	Carl Hardman	SalfordHar A	9:47	50:21	+ 1
3	Adam White	LongEatonR A	10:22	50:55	- 1
4	Ian Mansell	NuneatonHa A	10:35	53:17	0
5	Jan Bailey	NewarkAc	10:03	53:23	+ 1
6	Aidan Johnson	RotherhamH	10:34	53:24	- 1
7	Kristian Watson	MansfieldH	10:03	54:34	+ 3
8	Nigel Smith	MarshallMi	11:14	55:07	0
9	Jon Smalley	SaleHarrie	11:28	57:12	+ 2
10	James Price	Cannock&St	11:22	57:18	+ 2
11	Harvey Speed	CoventryGo A	10:41	57:55	+ 5
12	Stephen Dickens	Rushcliffe	11:12	58:05	+ 2
13	Leigh Stubbs	RedhillRoa	12:08	58:54	0
14	Andy Parkes	NuneatonHa B	11:24	58:58	+ 3
15	John Sutherns	HolmePierr	12:21	59:17	0
16	Richard Howe	LongEatonR B	11:35	59:20	+ 2
17	Ben Foster	Wolverhamp	11:08	1:00:55	+ 6
18	Simon Tooth	Kimberley&	12:56	1:01:08	+ 1
19	Alasdair Menmuir	SteelCityS	12:08	1:01:22	+ 2
20	Mathieu Lecoeuche	BeestonAc	12:42	1:01:37	0
21	Philip West	SalfordHar B	12:35	1:02:20	+ 1
22	Pete Harris	BelperHarr	13:38	1:04:51	+ 3
23	Wayne Church	NorthDerby	12:23	1:05:37	+ 3
24	Steve Taylor	FormulaOne	15:45	1:06:54	0

Fastest runners over stage 5:

1	Joe Smith	TiptonHarr A	9:41
2	Carl Hardman	SalfordHar A	9:47
3	Jan Bailey	NewarkAc	10:03
4	Kristian Watson	MansfieldH	10:03
5	Adam White	LongEatonR A	10:22
6	Aidan Johnson	RotherhamH	10:34
7	Ian Mansell	NuneatonHa A	10:35
8	Harvey Speed	CoventryGo A	10:41
9	Ben Foster	Wolverhamp	11:08
10	Stephen Dickens	Rushcliffe	11:12

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 29th October 2022

m35 — Team Results — Final

(nn) is team position after the appropriate stage.

1 Tipton Harriers		'A'	49:27	17 Wolverhampton & Bilston			1:00:55
1 Tom Holden (3) 9:57	2 Robert Meredith (2) 9:53			1 David Norman (26) 13:13	2 Greg Asbury (27) 11:31		
3 Martin Williams (1) 10:05	4 Ben Gamble (1) 9:51			3 Gareth Briggs (22) 11:34	4 Peter Hood (23) 13:29		
5 Joe Smith (1) 9:41				5 Ben Foster (17) 11:08			
2 Salford Harriers & Ac		'A'	50:21	18 Kimberley & District Striders			1:01:08
1 Bruno Lima (4) 10:03	2 Robert Hughes (3) 10:26			1 Kevin Johnson (23) 12:05	2 Stuart Laurie (22) 11:45		
3 Karl Darcy (2) 9:30	4 Paul Bannister (3) 10:35			3 Ryan Stocks (21) 12:08	4 Gareth Storr (19) 12:14		
5 Carl Hardman (2) 9:47				5 Simon Tooth (18) 12:56			
3 Long Eaton RC		'A'	50:55	19 Steel City Striders Rc			1:01:22
1 Ryan Haw (2) 9:42	2 D Magalela (1) 10:06			1 Malcolm Baggaley (20) 11:51	2 Chris Boland (23) 12:04		
3 Daniel Hawley (3) 10:20	4 Alex Vize (2) 10:25			3 Joel Kesterton (24) 13:02	4 Tim Holt (21) 12:17		
5 Adam White (3) 10:22				5 Alasdair Menmuir (19) 12:08			
4 Nuneaton Harriers		'A'	53:17	20 Beeston Ac			1:01:37
1 Chris Jordan (5) 10:12	2 Daniel Rowen (4) 10:23			1 David Cross (24) 12:10	2 Michael Blades (25) 12:28		
3 Andrew Massey (4) 11:07	4 Luke Melling (4) 11:00			3 Phil Herd (23) 11:55	4 Andy Granville (20) 12:22		
5 Ian Mansell (4) 10:35				5 Mathieu Lecoeuche (20) 12:42			
5 Newark Ac			53:23	21 Salford Harriers & Ac		'B'	1:02:20
1 Geoffrey Gregory (15) 11:04	2 Leigh Marshall (10) 10:22			1 Chris Webb (7) 10:24	2 John Lloyd (12) 11:26		
3 Robert Lindsay (6) 10:48	4 David Robinson (6) 11:06			3 Trevor Rayner (18) 13:00	4 Sean Cordell (22) 14:55		
5 Jan Bailey (5) 10:03				5 Philip West (21) 12:35			
6 Rotherham Harriers & Ac			53:24	22 Belper Harriers			1:04:51
1 Gareth Sampson (9) 10:31	2 Philip Hoole (6) 10:37			1 Edward Godber (27) 13:38	2 Damian Saunders (24) 10:39		
3 Sam Clegg (5) 11:00	4 Rhian Haste (5) 10:42			3 Mark Dixon (27) 15:17	4 David Bains (25) 11:39		
5 Aidan Johnson (6) 10:34				5 Pete Harris (22) 13:38			
7 Mansfield Harriers			54:34	23 North Derbyshire Rc			1:05:37
1 Chris Monk (16) 11:13	2 Gary Berzins (18) 11:49			1 Ian Monaghan (22) 11:56	2 Malcolm Rose (26) 12:43		
3 Daniel Nugent (10) 10:07	4 Matthew Bottomore (10) 11:22			3 Chris Hunt (26) 13:57	4 Shaun Johnson (26) 14:38		
5 Kristian Watson (7) 10:03				5 Wayne Church (23) 12:23			
8 Marshall Milton Keynes Ac			55:07	24 Formula One Circuit Crew			1:06:54
1 Graham Jones (10) 10:37	2 Matthew Clarke (13) 11:17			1 Paul Griffiths (25) 12:53	2 Martin Hunt (21) 10:56		
3 Mark Dowson (11) 11:22	4 Ian Wood (8) 10:37			3 Matthew Nutt (25) 13:25	4 Jez Smedley (24) 13:55		
5 Nigel Smith (8) 11:14				5 Steve Taylor (24) 15:45			
9 Sale Harriers Manchester			57:12	Incomplete Teams:			
1 Tom Stephenson (14) 10:43	2 Andrew Curvis (11) 11:05			Tipton Harriers		'B'	
3 Paul Barrett (13) 12:25	4 Olivier Gaillemain (11) 11:31			1 Darren Perry (8) 10:26	2 Gary Whitehouse (5) 10:40		
5 Jon Smalley (9) 11:28				3 Kristian Karasz (8) 11:18	4 Dean Hill (7) 11:09		
10 Cannock & Stafford Ac			57:18	Charnwood A C			
1 Mitchell Blundell (12) 10:41	2 Jonathan Biddle (9) 10:44			1 Mark Couldwell (11) 10:38	2 Graham Peacock (8) 10:45		
3 Craig Pearson (9) 11:03	4 Martyn Clare (12) 13:28			3 Paul Harmer (7) 10:54	4 Michael Kingsbury (9) 11:49		
5 James Price (10) 11:22				Leeds City AC			
11 Coventry Godiva Harriers		'A'	57:55	1 John Beattie (1) 9:39	2 Simon Ellis (7) 11:34		
1 Andrew Boon (13) 10:42	2 Peter Eccleston (14) 11:18			3 Stephen Lisgo (12) 12:25			
3 Jose Ortizgonzalez (17) 12:40	4 Waising Yip (16) 12:34			Coventry Godiva Harriers		'B'	
5 Harvey Speed (11) 10:41				1 Peter Banks (28) 15:17			
12 Rushcliffe Ac			58:05	Fastest of all legs			
1 Marlon Dunkley (6) 10:13	2 Andrew Morrow (16) 12:25			1 Karl Darcy(V35) SalfordHar A 9:30 (3)			
3 David Gandee (14) 11:43	4 Danny McIntyre (14) 12:32			2 John Beattie(V35) LeedsCityA 9:39 (1)			
5 Stephen Dickens (12) 11:12				3 Joe Smith(V35) TiptonHarr A 9:41 (5)			
13 Redhill Road Runners			58:54	4 Ryan Haw(V35) LongEatonR A 9:42 (1)			
1 Dan Burton (17) 11:20	2 Mark Garratt (19) 11:52			5 Carl Hardman(V35) SalfordHar A 9:47 (5)			
3 Ben Wilson (15) 11:25	4 Mark Davis (13) 12:09			6 Ben Gamble(V35) TiptonHarr A 9:51 (4)			
5 Leigh Stubbs (13) 12:08				7 Robert Meredith(V35) TiptonHarr A 9:53 (2)			
14 Nuneaton Harriers		'B'	58:58	8 Tom Holden(V35) TiptonHarr A 9:57 (1)			
1 Paul Smith (19) 11:42	2 Johnathan Ritchie (17) 11:11			9 Bruno Lima(V35) SalfordHar A 10:03(1)			
3 Matthew Kinsella (19) 12:00	4 James Gillum (17) 12:41			= Kristian Watson(V35) MansfieldH 10:03 (5)			
5 Andy Parkes (14) 11:24				= Jan Bailey(V45) NewarkAc 10:03 (5)			
15 Holme Pierrepont Rc			59:17				
1 Steve Moorhouse (18) 11:29	2 C Campbell (15) 10:42						
3 David Laws (16) 12:27	4 Matthew Grainge (15) 12:18						
5 John Sutherns (15) 12:21							
16 Long Eaton RC		'B'	59:20				
1 Tom Halton (21) 11:54	2 Stephen Horton (20) 11:20						
3 Christopher Magee (20) 12:09	4 Luke Woodiwiss (18) 12:22						
5 Richard Howe (16) 11:35							

British Masters Cross Country Relays at Long Eaton, Derbyshire on Saturday 29th October 2022

- m45 Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Gareth Raven	EastChesh4	10:16	12	Simon Nash	RedhillRo4	11:31
2	Jonathan Walton	LeedsCity4	10:18	13	Dave Savage	Mansfield4	11:33
3	Adrian Russell	DulwichRu4	10:22	14	Chris Downs	SaleHarri4 B	12:08
4	Matthew Parker	Rotherham4	10:23	15	Christopher Booth	RollsRoyc4	12:15
5	James Mackie	WirralAc 4	10:25	16	Chris Collier	Rushcliff4 A	12:32
6	David Cass	SuttonInA4 A	10:35	17	Philip Harris	NuneatonH4	12:34
7	Billy McCartney	SalfordHa4	10:49	18	Duncan Gould	AldridgeR4	12:41
8	Marc Turner	Halesowen4	10:52	19	Ben Parker	Southwell4	12:46
9	Mario Rocchelli	LongEaton4	11:12	20	Paul Hillman	SuttonInA4 B	12:49
10	Andrew Cotterill	Cannock&S4	11:23	21	Gary Cragg	HolmePier4	13:03
11	Jason Bowers	SaleHarri4 A	11:25	22	David Evans	BeestonAc4	13:26

- m45 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Thomas South	DulwichRu4	10:24	20:46	+ 2	18	Andrew Offor	NuneatonH4	13:27	26:01	- 1
2	Martin Roscoe	LeedsCity4	11:04	21:22	0	19	Angus Davison	BeestonAc4	12:41	26:07	+ 3
3	Darren Smith	EastChesh4	11:30	21:46	- 2	20	Nigel Whitmore	Southwell4	13:47	26:33	- 1
4	David Hudson	SalfordHa4	11:07	21:56	+ 3	21	Daniel Crow	SuttonInA4 B	14:00	26:49	- 1
5	Paul Whittingham	SuttonInA4 A	11:27	22:02	+ 1	22	Timothy Rainey	SaleHarri4 B	17:04	29:12	- 8
6	Mark Shephard	Cannock&S4	10:59	22:22	+ 4	Fastest runners over stage 2:					
7	Mark Plant	Rotherham4	12:03	22:26	- 3	1	Thomas South	DulwichRu4	10:24		
8	Stephen Spence	WirralAc 4	12:02	22:27	- 3	2	Mark Shephard	Cannock&S4	10:59		
9	Barry Gardner	Halesowen4	12:13	23:05	- 1	3	Martin Roscoe	LeedsCity4	11:04		
10	Thomasanthony King	LongEaton4	11:55	23:07	- 1	4	David Hudson	SalfordHa4	11:07		
11	Michael Hatch	SaleHarri4 A	11:45	23:10	0	5	Paul Whittingham	SuttonInA4 A	11:27		
12	Andy Wetherill	Mansfield4	12:33	24:06	+ 1	6	Darren Smith	EastChesh4	11:30		
13	Michael Morley	AldridgeR4	11:42	24:23	+ 5	7	Michael Morley	AldridgeR4	11:42		
14	James Rushton	Rushcliff4 A	12:16	24:48	+ 2	8	Michael Hatch	SaleHarri4 A	11:45		
15	Keith Robinson	RedhillRo4	13:46	25:17	- 3	9	Thomasanthony King	LongEaton4	11:55		
16	Will Meredith	HolmePier4	12:32	25:35	+ 5	10	Stephen Spence	WirralAc 4	12:02		
17	James Ward	RollsRoyc4	13:45	26:00	- 2						

- m45 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Mike Burrett	LeedsCity4	10:04	31:26	+ 1	17	Andy Harris	NuneatonH4	14:08	40:09	+ 1
2	Alexander Loftus	DulwichRu4	11:20	32:06	- 1	18	David Johnson	RollsRoyc4	14:19	40:19	- 1
3	Mark Collier	SalfordHa4	10:53	32:49	+ 1	19	Steven Tomlinson	Southwell4	13:53	40:26	+ 1
4	Jonathan Aust	EastChesh4	11:25	33:11	- 1	20	Anton Newell	SuttonInA4 B	13:45	40:34	+ 1
5	Wayne Lowe	SuttonInA4 A	11:56	33:58	0	21	Mathew Tarrant	BeestonAc4	15:30	41:37	- 2
6	Stephen Mccarron	SaleHarri4 A	10:50	34:00	+ 5	Fastest runners over stage 3:					
7	Andrew Fraser	WirralAc 4	11:40	34:07	+ 1	1	Mike Burrett	LeedsCity4	10:04		
8	David Lewis	Halesowen4	11:21	34:26	+ 1	2	Stephen Mccarron	SaleHarri4 A	10:50		
9	Mark Green	Cannock&S4	12:09	34:31	- 3	3	Mark Collier	SalfordHa4	10:53		
10	Ian Chant	LongEaton4	11:25	34:32	0	4	Alexander Loftus	DulwichRu4	11:20		
11	Lee Harris	AldridgeR4	11:42	36:05	+ 2	5	David Lewis	Halesowen4	11:21		
12	Andy Walker	Mansfield4	12:02	36:08	0	6	Jonathan Aust	EastChesh4	11:25		
13	John Comrie	Rotherham4	14:16	36:42	- 6	7	Ian Chant	LongEaton4	11:25		
14	Jonathan Maston	Rushcliff4 A	13:27	38:15	0	8	Andrew Fraser	WirralAc 4	11:40		
15	Steve Tupholme	HolmePier4	13:31	39:06	+ 1	9	Lee Harris	AldridgeR4	11:42		
16	Francesco Lari	RedhillRo4	14:26	39:43	- 1	10	Wayne Lowe	SuttonInA4 A	11:56		

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 29th October 2022

- m45 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Buzz Shephard	DulwichRu4	10:29	42:35	+ 1
2	Greg Hull	LeedsCity4	11:34	43:00	- 1
3	Sean Warburton	SalfordHa4	10:56	43:45	0
4	Carl Hodkinson	EastChesh4	11:55	45:06	0
5	Richard Edwards	SaleHarri4 A	11:10	45:10	+ 1
6	Andrew Yapp	Halesowen4	10:47	45:13	+ 2
7	Nick Burnside	SuttonInA4 A	11:50	45:48	- 2
8	Mark Hulmston	WirralAc 4	11:45	45:52	- 1
9	Paul Lewis	LongEaton4	11:37	46:09	+ 1
10	Darrell Wilde	Cannock&S4	12:08	46:39	- 1
11	Conrad Watson	Mansfield4	11:57	48:05	+ 1
12	Peter Dimbleby	AldridgeR4	12:21	48:26	- 1
13	Peter Neal	Rotherham4	13:31	50:13	0
14	Eric Fowler	NuneatonH4	11:42	51:51	+ 3
15	Russell Tuffin	Rushcliff4 A	13:59	52:14	- 1

Pos	Name	Club	Leg Time	Cum Time	Gain
16	Jon Cocking	RedhillRo4	12:38	52:21	0
17	Ben Draper	HolmePier4	13:19	52:25	- 2
18	Chris Quinn	SuttonInA4 B	12:38	53:12	+ 2
19	Charlie Pearce	BeestonAc4	13:04	54:41	+ 2
20	Alex Lewis	Southwell4	14:17	54:43	- 1
21	Dean Smith	RollsRoyc4	14:39	54:58	- 3

Fastest runners over stage 4:

1	Buzz Shephard	DulwichRu4	10:29
2	Andrew Yapp	Halesowen4	10:47
3	Sean Warburton	SalfordHa4	10:56
4	Richard Edwards	SaleHarri4 A	11:10
5	Greg Hull	LeedsCity4	11:34
6	Paul Lewis	LongEaton4	11:37
7	Eric Fowler	NuneatonH4	11:42
8	Mark Hulmston	WirralAc 4	11:45
9	Nick Burnside	SuttonInA4 A	11:50
10	Carl Hodkinson	EastChesh4	11:55

- m45 Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Andy Bond	DulwichRu4	10:13	52:48	0
2	Mick Hill	LeedsCity4	10:46	53:46	0
3	Mark Russell	SalfordHa4	11:02	54:47	0
4	Matthew Spragg	SaleHarri4 A	11:24	56:34	+ 1
5	Dennis Thomas	EastChesh4	12:01	57:07	- 1
6	Craig Phillips	WirralAc 4	11:25	57:17	+ 2
7	Tim Clayton	SuttonInA4 A	11:41	57:29	0
8	Glenn Riches	LongEaton4	11:54	58:03	+ 1
9	Paul Lester	Cannock&S4	12:07	58:46	+ 1
10	James Ludlow	Halesowen4	13:38	58:51	- 4
11	Ben McClemens	Mansfield4	11:46	59:51	0
12	Dean Furniss	Rotherham4	12:15	1:02:28	+ 1
13	Wayne Stott	RedhillRo4	12:09	1:04:30	+ 3
14	Christopher Bell	BeestonAc4	11:19	1:06:00	+ 5
15	Adam Carney	Southwell4	11:33	1:06:16	+ 5

Pos	Name	Club	Leg Time	Cum Time	Gain
16	Martin Findlay	Rushcliff4 A	14:14	1:06:28	- 1
17	Paul Castledine	SuttonInA4 B	13:36	1:06:48	+ 1
18	Peter Everitt	NuneatonH4	15:13	1:07:04	- 4
19	Andrew Ward	RollsRoyc4	16:14	1:11:12	+ 2

Fastest runners over stage 5:

1	Andy Bond	DulwichRu4	10:13
2	Mick Hill	LeedsCity4	10:46
3	Mark Russell	SalfordHa4	11:02
4	Christopher Bell	BeestonAc4	11:19
5	Matthew Spragg	SaleHarri4 A	11:24
6	Craig Phillips	WirralAc 4	11:25
7	Adam Carney	Southwell4	11:33
8	Tim Clayton	SuttonInA4 A	11:41
9	Ben McClemens	Mansfield4	11:46
10	Glenn Riches	LongEaton4	11:54

British Masters Cross Country Relays at Long Eaton, Derbyshire on Saturday 29th October 2022

m45 — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Dulwich Runners Ac M45 52:48</p> <p>1 Adrian Russell (3) 10:22 2 Thomas South (1) 10:24 3 Alexander Loftus (2) 11:20 4 Buzz Shephard (1) 10:29 5 Andy Bond (1) 10:13</p> <p>2 Leeds City Ac M45 53:46</p> <p>1 Jonathan Walton (2) 10:18 2 Martin Roscoe (2) 11:04 3 Mike Burrett (1) 10:04 4 Greg Hull (2) 11:34 5 Mick Hill (2) 10:46</p> <p>3 Salford Harriers & Ac M45 54:47</p> <p>1 Billy McCartney (7) 10:49 2 David Hudson (4) 11:07 3 Mark Collier (3) 10:53 4 Sean Warburton (3) 10:56 5 Mark Russell (3) 11:02</p> <p>4 Sale Harriers Manchester M45 'A' 56:34</p> <p>1 Jason Bowers (11) 11:25 2 Michael Hatch (11) 11:45 3 Stephen McCarron (6) 10:50 4 Richard Edwards (5) 11:10 5 Matthew Spragg (4) 11:24</p> <p>5 East Cheshire Harrier T M45 57:07</p> <p>1 Gareth Raven (1) 10:16 2 Darren Smith (3) 11:30 3 Jonathan Aust (4) 11:25 4 Carl Hodskinson (4) 11:55 5 Dennis Thomas (5) 12:01</p> <p>6 Wirral Ac M45 57:17</p> <p>1 James Mackie (5) 10:25 2 Stephen Spence (8) 12:02 3 Andrew Fraser (7) 11:40 4 Mark Hulmston (8) 11:45 5 Craig Phillips (6) 11:25</p> <p>7 Sutton In Ashfield Harrier M45 'A' 57:29</p> <p>1 David Cass (6) 10:35 2 Paul Whittingham (5) 11:27 3 Wayne Lowe (5) 11:56 4 Nick Burnside (7) 11:50 5 Tim Clayton (7) 11:41</p> <p>8 Long Eaton RC M45 58:03</p> <p>1 Mario Rocchelli (9) 11:12 2 Thomas Anthony King (10) 11:55 3 Ian Chant (10) 11:25 4 Paul Lewis (9) 11:37 5 Glenn Riches (8) 11:54</p> <p>9 Cannock & Stafford Ac M45 58:46</p> <p>1 Andrew Cotterill (10) 11:23 2 Mark Shephard (6) 10:59 3 Mark Green (9) 12:09 4 Darrell Wilde (10) 12:08 5 Paul Lester (9) 12:07</p> <p>10 Halesowen Acc M45 58:51</p> <p>1 Marc Turner (8) 10:52 2 Barry Gardner (9) 12:13 3 David Lewis (8) 11:21 4 Andrew Yapp (6) 10:47 5 James Ludlow (10) 13:38</p> <p>11 Mansfield Harriers M45 59:51</p> <p>1 Dave Savage (13) 11:33 2 Andy Wetherill (12) 12:33 3 Andy Walker (12) 12:02 4 Conrad Watson (11) 11:57 5 Ben McClemens (11) 11:46</p> <p>12 Rotherham Harriers & Ac M45 1:02:28</p> <p>1 Matthew Parker (4) 10:23 2 Mark Plant (7) 12:03 3 John Comrie (13) 14:16 4 Peter Neal (13) 13:31 5 Dean Furniss (12) 12:15</p> <p>13 Redhill Road Runners M45 1:04:30</p> <p>1 Simon Nash (12) 11:31 2 Keith Robinson (15) 13:46 3 Francesco Lari (16) 14:26 4 Jon Cocking (16) 12:38 5 Wayne Stott (13) 12:09</p>	<p>14 Beeston Ac M45 1:06:00</p> <p>1 David Evans (22) 13:26 2 Angus Davison (19) 12:41 3 Mathew Tarrant (21) 15:30 4 Charlie Pearce (19) 13:04 5 Christopher Bell (14) 11:19</p> <p>15 Southwell RC M45 1:06:16</p> <p>1 Ben Parker (19) 12:46 2 Nigel Whitmore (20) 13:47 3 Steven Tomlinson (19) 13:53 4 Alex Lewis (20) 14:17 5 Adam Carney (15) 11:33</p> <p>16 Rushcliffe Ac M45 'A' 1:06:28</p> <p>1 Chris Collier (16) 12:32 2 James Rushton (14) 12:16 3 Jonathan Maston (14) 13:27 4 Russell Tuffin (15) 13:59 5 Martin Findlay (16) 14:14</p> <p>17 Sutton In Ashfield Harrier M45 'B' 1:06:48</p> <p>1 Paul Hillman (20) 12:49 2 Daniel Crow (21) 14:00 3 Anton Newell (20) 13:45 4 Chris Quinn (18) 12:38 5 Paul Castledine (17) 13:36</p> <p>18 Nuneaton Harriers M45 1:07:04</p> <p>1 Philip Harris (17) 12:34 2 Andrew Offor (18) 13:27 3 Andy Harris (17) 14:08 4 Eric Fowler (14) 11:42 5 Peter Everitt (18) 15:13</p> <p>19 Rolls Royce Harriers M45 1:11:12</p> <p>1 Christopher Booth (15) 12:15 2 James Ward (17) 13:45 3 David Johnson (18) 14:19 4 Dean Smith (21) 14:39 5 Andrew Ward (19) 16:14</p> <p>Incomplete Teams:</p> <p>Aldridge Rc M45</p> <p>1 Duncan Gould (18) 12:41 2 Michael Morley (13) 11:42 3 Lee Harris (11) 11:42 4 Peter Dimbleby (12) 12:21</p> <p>Holme Pierrepont Rc M45</p> <p>1 Gary Cragg (21) 13:03 2 Will Meredith (16) 12:32 3 Steve Tupholme (15) 13:31 4 Ben Draper (17) 13:19</p> <p>Sale Harriers Manchester M45 'B'</p> <p>1 Chris Downs (14) 12:08 2 Timothy Rainey (22) 17:04</p> <p>Fastest of all legs</p> <p>1 Mike Burrett(V45) LeedsCity4 10:04 (3) 2 Andy Bond(V45) DulwichRu4 10:13 (5) 3 Gareth Raven(V45) EastChesh4 10:16 (1) 4 Jonathan Walton(V45) LeedsCity4 10:18 (1) 5 Adrian Russell(V45) DulwichRu4 10:22 (1) 6 Matthew Parker(V45) Rotherham4 10:23 (1) 7 Thomas South(V45) DulwichRu4 10:24 (2) 8 James Mackie(V45) WirralAc 4 10:25 (1) 9 Buzz Shephard(V45) DulwichRu4 10:29 (4) 10 David Cass(V45) SuttonInA4 A 10:35(1)</p>
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British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 29th October 2022

- m55 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Gordon Lee	Leicester5 A	10:44	10	Barry Warne	Peterboro5	13:29
2	Stephen Watmough	Warrington5	10:47	11	Terry Ashmore	Mansfield5	13:41
3	Adrian Haines	BrightonP5	10:54	12	Fraser Thompson	LongEaton5	13:44
4	Derek Crewe	SalfordHa5	11:17	13	Andrew Law	Sparkhill5	14:26
5	Jed Turner	Sheffield5	11:34				
6	Kevin Newberry	Cambuslan5	11:46				
7	Michael Lyons	BeestonAc5 A	11:56				
8	Keithtud Jackson	SteelCity5	13:11				
9	Paul Dennis	BeestonAc5 B	13:26				

- m55 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Shane Snow	BrightonP5	11:36	22:30	+ 2	1	David Neal	Peterboro5	11:23
2	Rob Sheen	Leicester5 A	12:11	22:55	- 1	2	Shane Snow	BrightonP5	11:36
3	Gary Dale	SalfordHa5	11:49	23:06	+ 1	3	Colin Feechan	Cambuslan5	11:49
4	Colin Feechan	Cambuslan5	11:49	23:35	+ 2	4	Gary Dale	SalfordHa5	11:49
5	Philip Hicken	Warrington5	13:26	24:13	- 3	5	Rob Sheen	Leicester5 A	12:11
6	Simon Barnes	BeestonAc5 A	12:19	24:15	+ 1	6	Richard Holden	Mansfield5	12:13
7	Tim Tett	Sheffield5	13:17	24:51	- 2	7	Simon Barnes	BeestonAc5 A	12:19
8	David Neal	Peterboro5	11:23	24:52	+ 2	8	Mihail Mihaylov	BeestonAc5 B	12:55
9	Richard Holden	Mansfield5	12:13	25:54	+ 2	9	Edmond Murden	LongEaton5	13:11
10	Mihail Mihaylov	BeestonAc5 B	12:55	26:21	- 1	10	Tim Tett	Sheffield5	13:17
11	Edmond Murden	LongEaton5	13:11	26:55	+ 1				
12	Richardadrian Pegg	SteelCity5	14:56	28:07	- 4				
13	Robert Mills	Sparkhill5	14:53	29:19	0				

- m55 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Gareth Deacon	Leicester5 A	11:39	34:34	+ 1	1	John Hunt	BeestonAc5 A	11:39
2	Shaun Chambers	SalfordHa5	11:42	34:48	+ 1	2	Gareth Deacon	Leicester5 A	11:39
3	Phil Grabsky	BrightonP5	12:29	34:59	- 2	3	Dave Thom	Cambuslan5	11:42
4	Dave Thom	Cambuslan5	11:42	35:17	0	4	Shaun Chambers	SalfordHa5	11:42
5	John Hunt	BeestonAc5 A	11:39	35:54	+ 1	5	Sean Beard	Peterboro5	12:10
6	Daniel Newman	Warrington5	12:10	36:23	- 1	6	Daniel Newman	Warrington5	12:10
7	Sean Beard	Peterboro5	12:10	37:02	+ 1	7	Phil Grabsky	BrightonP5	12:29
8	Gary Podmore	Sheffield5	13:20	38:11	- 1	8	Alan Maplethorpe	LongEaton5	12:39
9	Alan Maplethorpe	LongEaton5	12:39	39:34	+ 2	9	Gary Podmore	Sheffield5	13:20
10	Mark Burr	Mansfield5	14:43	40:37	- 1	10	Darren Riley	Sparkhill5	13:30
11	Andrew Smith	BeestonAc5 B	14:45	41:06	- 1				
12	Darren Riley	Sparkhill5	13:30	42:49	+ 1				
13	Kevin Haighton	SteelCity5	16:08	44:15	- 1				

- m55 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 4:			
1	Phillip Makepeace	Leicester5 A	10:41	45:15	0	1	Phillip Makepeace	Leicester5 A	10:41
2	Philip Leybourne	SalfordHa5	11:07	45:55	0	2	Andrew Taplin	BeestonAc5 A	10:49
3	Chris Upson	Cambuslan5	10:55	46:12	+ 1	3	Chris Upson	Cambuslan5	10:55
4	Steve Atkinson	BrightonP5	11:32	46:31	- 1	4	Philip Leybourne	SalfordHa5	11:07
5	Andrew Taplin	BeestonAc5 A	10:49	46:43	0	5	Steve Atkinson	BrightonP5	11:32
6	Stanley Ogden	Warrington5	11:59	48:22	0	6	Stanley Ogden	Warrington5	11:59
7	Dave Knighton	Peterboro5	12:26	49:28	0	7	Mikko Juusola	Sheffield5	12:04
8	Mikko Juusola	Sheffield5	12:04	50:15	0	8	Dave Knighton	Peterboro5	12:26
9	Andrew Dickenson	LongEaton5	12:44	52:18	0	9	Andrew Dickenson	LongEaton5	12:44
10	Barrie Humphriss	BeestonAc5 B	12:57	54:03	+ 1	10	Barrie Humphriss	BeestonAc5 B	12:57
11	Tahir Akhtar	Sparkhill5	14:14	57:03	+ 1				
12	Roger Walters	SteelCity5	13:55	58:10	+ 1				
13	Stephen Davies	Mansfield5	20:05	1:00:42	- 3				

British Masters Cross Country Relays at Long Eaton, Derbyshire on Saturday 29th October 2022

m55 — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Leicester Coritanian Ac M55 'A' 45:15</p> <p>1 Gordon Lee (1) 10:44 2 Rob Sheen (2) 12:11 3 Gareth Deacon (1) 11:39 4 Phillip Makepeace (1) 10:41</p> <p>2 Salford Harriers & Ac M55 45:55</p> <p>1 Derek Crewe (4) 11:17 2 Gary Dale (3) 11:49 3 Shaun Chambers (2) 11:42 4 Philip Leybourne (2) 11:07</p> <p>3 Cambuslang Harriers M55 46:12</p> <p>1 Kevin Newberry (6) 11:46 2 Colin Feechan (4) 11:49 3 Dave Thom (4) 11:42 4 Chris Upson (3) 10:55</p> <p>4 Brighton Phoenix M55 46:31</p> <p>1 Adrian Haines (3) 10:54 2 Shane Snow (1) 11:36 3 Phil Grabsky (3) 12:29 4 Steve Atkinson (4) 11:32</p> <p>5 Beeston Ac M55 'A' 46:43</p> <p>1 Michael Lyons (7) 11:56 2 Simon Barnes (6) 12:19 3 John Hunt (5) 11:39 4 Andrew Taplin (5) 10:49</p> <p>6 Warrington A C M55 48:22</p> <p>1 Stephen Watmough (2) 10:47 2 Philip Hicken (5) 13:26 3 Daniel Newman (6) 12:10 4 Stanley Ogden (6) 11:59</p> <p>7 Peterborough & Nene Valley M55 49:28</p> <p>1 Barry Warne (10) 13:29 2 David Neal (8) 11:23 3 Sean Beard (7) 12:10 4 Dave Knighton (7) 12:26</p> <p>8 Sheffield Rc M55 50:15</p> <p>1 Jed Turner (5) 11:34 2 Tim Tett (7) 13:17 3 Gary Podmore (8) 13:20 4 Mikko Juusola (8) 12:04</p>	<p>9 Long Eaton RC M55 52:18</p> <p>1 Fraser Thompson (12) 13:44 2 Edmond Murden (11) 13:11 3 Alan Maplethorpe (9) 12:39 4 Andrew Dickenson (9) 12:44</p> <p>10 Beeston Ac M55 'B' 54:03</p> <p>1 Paul Dennis (9) 13:26 2 Mihail Mihaylov (10) 12:55 3 Andrew Smith (11) 14:45 4 Barrie Humphriss (10) 12:57</p> <p>11 Sparkhill Harriers M55 57:03</p> <p>1 Andrew Law (13) 14:26 2 Robert Mills (13) 14:53 3 Darren Riley (12) 13:30 4 Tahir Akhtar (11) 14:14</p> <p>12 Steel City Striders Rc M55 58:10</p> <p>1 Keithud Jackson (8) 13:11 2 Richard Adrian Pegg (12) 14:56 3 Kevin Haighton (13) 16:08 4 Roger Walters (12) 13:55</p> <p>13 Mansfield Harriers M55 1:00:42</p> <p>1 Terry Ashmore (11) 13:41 2 Richard Holden (9) 12:13 3 Mark Burr (10) 14:43 4 Stephen Davies (13) 20:05</p> <p>Fastest of all legs</p> <p>1 Phillip Makepeace(V55) Leicester5 A 10:41(4) 2 Gordon Lee(V55) Leicester5 A 10:44(1) 3 Stephen Watmough(V55) Warrington5 10:47 (1) 4 Andrew Taplin(V55) BeestonAc5 A 10:49(4) 5 Adrian Haines(V55) BrightonP5 10:54 (1) 6 Chris Upson(V55) Cambuslan5 10:55 (4) 7 Philip Leybourne(V55) SalfordHa5 11:07 (4) 8 Derek Crewe(V55) SalfordHa5 11:17 (1) 9 David Neal(V55) Peterboro5 11:23 (2) 10 Steve Atkinson(V55) BrightonP5 11:32 (4)</p>
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