

Carlisle

	Bib num	Name	Club	Time	Start time	Actual Time
U9 Male						
1	6	Jos Jebb	Helm Hill	00:05:41		00:05:41
2	10	Oscar Frankham	Netherhall	00:06:17		00:06:17
3	8	Ed Burns	Unattached	00:06:23		00:06:23
4	14	Stephen Watson	Ambleside	00:06:52		00:06:52
5	2	Samuel Youngman	CFR	00:09:49		00:09:49
U9 Female						
1	33	Kate Jane Tromans	Netherhall School	00:06:27		00:06:27
U11 Male						
1	60	Magnus Foxwell	Ambleside	00:06:26		00:06:26
2	51	Seth Abbey	Eden Runners	00:06:29		00:06:29
3	63	Gil Burns	Unattached	00:06:35		00:06:35
4	55	Theo Harper	Seaton	00:07:15		00:07:15
5	53	Mark Evans	Eden Runners	00:07:39		00:07:39
6	68	Bobby Liddle	Unattached	00:08:41		00:08:41
7	67	Robert Watson	Ambleside	00:09:02		00:09:02
U11 Female						
1	98	Isla Jebb	Helm Hill	00:06:57		00:06:57
2	99	Annabel Dickinson	Unattached	00:07:21		00:07:21
3	93	Evie Youngman	CFR	00:07:27		00:07:27
4	103	May Etheridge	Carlisle Aspatria	00:08:02		00:08:02

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	Bib num	Name	Club	Time	Start time	Actual Time
U13 Male						
1	152	Ptolemy Evans	Eden Runners	00:08:35		00:08:35
2	150	Toby Acland	Kendal	00:08:43		00:08:43
3	133	Daniel Davies	Eden Runners	00:08:49		00:08:49
4	153	Harvey Shaw	Kendal	00:08:51		00:08:51
5	143	Tom Ashworth	Ambleside	00:08:52		00:08:52
6	131	Will Brayshaw	Helm Hill	00:08:55		00:08:55
7	132	Toby Davies	Eden Runners	00:09:13		00:09:13
8	149	Cooper Wadsworth	Helm Hill	00:09:16		00:09:16
9	203	Tom Sanderson	Unattached	00:09:19		00:09:19
10	139	Johnny Ivison	Netherhall School	00:09:20		00:09:20
11	137	Callum Hoyles	Netherhall School	00:09:22		00:09:22
12	140	Keian McCombie	Eden Runners	00:09:26		00:09:26
13	129	Tom Finch	Eden Runners	00:09:44		00:09:44
14	141	Barnaby Parker	Eden Runners	00:10:07		00:10:07
15	144	Ewan Birch	Unattached	00:10:33		00:10:33
U13 Female						
1	173	Millie Jebb	Kendal	00:09:32		00:09:32
2	161	Amelia Conway	Seaton	00:09:58		00:09:58
3	165	Lily Salt	Eden Runners	00:10:10		00:10:10
4	185	Suzie McNally	Unattached	00:10:18		00:10:18
5	162	Anna Cunningham	Eden Runners	00:10:53		00:10:53
6	180	Jodie Kemp	Netherhall School	00:11:08		00:11:08
7	175	Sofia McArdle	Carlisle Aspatria	00:11:10		00:11:10
8	177	Charleigh Taylor	Netherhall School	00:14:55		00:14:55
9	189	Layla Hoskins	Netherhall School	00:16:16		00:16:16
U15 Male						
1	202	Oliver Willoughby	Kendal	00:10:12		00:10:12
2	192	Mylo Jewell	CFR	00:10:25		00:10:25
3	495	Jack Barker	Sedbergh School	00:10:26		00:10:26
4	199	Noah Wadsworth	Helm Hill	00:10:34		00:10:34
5	207	Ben Nutter	Keswick	00:10:35		00:10:35
6	200	Rowan Ashworth	Ambleside	00:10:38		00:10:38
7	196	Joshua Todd	Kendal	00:11:14		00:11:14
8	498	Bruno Fielding	Sedbergh School	00:11:41		00:11:41
9	496	Tom Bacon	Sedbergh School	00:12:13		00:12:13
10	497	Louis Covell	Sedbergh School	00:12:15		00:12:15
11	210	Roberto Medem Mold	Sedbergh School	00:13:35		00:13:35
12	500	Oliver Simpson	Sedbergh School	00:14:30		00:14:30
13	204	Joe Hoyles	Netherhall School	00:15:16		00:15:16
U15 Female						
1	221	Amara Rose	Eden Runners	00:12:32		00:12:32
2	218	Isla Birch	Unattached	00:13:17		00:13:17
3	216	Amelie Thorburn	Eden Runners	00:14:33		00:14:33

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	Bib num	Name	Club	Time	Start time	Actual Time
U17 Male						
1	235	Kai Hatcher	Border	00:17:57	00:06:00	00:11:57
2	234	Harry Ewbank	Eden Runners	00:18:08	00:06:00	00:12:08
3	236	Ashley Todd	Border	00:18:37	00:06:00	00:12:37
4	241	Oliver Bird	Sedbergh School	00:19:33	00:06:00	00:13:33
5	242	Jan-Frederik Theyman	Sedbergh School	00:19:59	00:06:00	00:13:59
6	238	Harry Cunningham	Sedbergh School	00:20:15	00:06:00	00:14:15
7	240	Luke Cosgrove	Sedbergh School	00:20:43	00:06:00	00:14:43
8	22	Hugo Read	Sedbergh School	00:21:08	00:06:00	00:15:08
9	247	Alexander Curtis	Sedbergh School	00:21:22	00:06:00	00:15:22
10	244	Toby Welch	Sedbergh School	00:21:27	00:06:00	00:15:27
11	249	Lukas Muehlau	Sedbergh School	00:21:46	00:06:00	00:15:46
12	21	Paul Koehler	Sedbergh School	00:22:02	00:06:00	00:16:02
13	250	Pius Turnauer	Sedbergh School	00:22:52	00:06:00	00:16:52
U17 Female						
1	481	Katie Haslam	Unattached	00:15:29		00:15:29
2	258	Sophia Charlton	Sedbergh School	00:16:29		00:16:29
3	259	Libby Martin	Sedbergh School	00:16:57		00:16:57
4	484	Daisy McLellan	Sedbergh School	00:17:06		00:17:06
5	482	Georgia Booth	Sedbergh School	00:17:12		00:17:12
6	486	Nicole Ritchie	Annan	00:17:27		00:17:27

Carlisle

	Bib num	Name	Club	Time	Start time	Actual Time
Senior Men						
1	448	Billy Cartwright	Matlock Athletic Club	00:33:24	00:06:00	00:27:24 S
2	403	James Douglas	Border	00:33:36	00:06:00	00:27:36 V35
3	385	Sam Stead	Keswick	00:33:46	00:06:00	00:27:46 S
4	390	Tom Humphries	Border	00:33:50	00:06:00	00:27:50 S
5	389	Jonathan Cox	Eden Runners	00:33:53	00:06:00	00:27:53 S
6	457	Alasdair Russell	Kendal	00:34:14	00:06:00	00:28:14 S
7	409	Jules Hatcher	Border	00:36:00	00:06:00	00:30:00 V45
8	447	Rob Brown	Keswick	00:36:46	00:06:00	00:30:46 V40
9	388	Phil Winskill	Keswick	00:36:48	00:06:00	00:30:48 V40
10	381	Daniel Mills	Keswick	00:37:30	00:06:00	00:31:30 S
11	387	Joe Todd	Kendal	00:37:36	00:06:00	00:31:36 V45
12	361	Graham Airey	Keswick	00:37:52	00:06:00	00:31:52 V45
13	422	Phil Mather	Sedbergh School	00:38:12	00:06:00	00:32:12 V35
14	459	Richard Wilson	Kendal	00:38:20	00:06:00	00:32:20 V40
15	460	Matt Wilson	Kendal	00:38:35	00:06:00	00:32:35 V45
16	366	Jake Black	Seaton	00:38:40	00:06:00	00:32:40 U20
17	407	Jonny Lowe	Border	00:38:48	00:06:00	00:32:48 V40
18	369	Phil Cooper	Eden Runners	00:38:51	00:06:00	00:32:51 V45
19	382	Scott Morley	Eden Runners	00:39:25	00:06:00	00:33:25 V35
20	456	Jamie Partridge	Eden Runners	00:39:36	00:06:00	00:33:36 S
21	446	Michael Bain	Netherhall	00:39:46	00:06:00	00:33:46 V40
22	458	Adrian Sowerby	Unattached	00:40:12	00:06:00	00:34:12 V55
23	375	Stephen Hackley	Derwent	00:40:17	00:06:00	00:34:17 V40
24	370	William Cox	Netherhall	00:40:23	00:06:00	00:34:23 V35
25	374	Thomas Elmer	DH Runners	00:40:33	00:06:00	00:34:33 S
26	377	Mike James	Unattached	00:40:42	00:06:00	00:34:42 V50
27	399	Matt Charlton	DH Runners	00:40:57	00:06:00	00:34:57 S
28	451	Kevin Hull	Border	00:41:17	00:06:00	00:35:17 V55
29	441	Danny Seddon-Robert	Sedbergh School	00:41:53	00:06:00	00:35:53 V35
30	442	Kit Barker	Sedbergh School	00:42:31	00:06:00	00:36:31 S
31	433	Christopher Mathieson	Derwent	00:43:23	00:06:00	00:37:23 V35
32	412	Jonathan Tombs	Eden Runners	00:44:27	00:06:00	00:38:27 V50
33	452	James Jardine	Eden Runners	00:44:49	00:06:00	00:38:49 V35
34	444	Adrian Nesper	Sedbergh School	00:45:38	00:06:00	00:39:38 S
35	372	Anthony Davis	Derwent	00:45:41	00:06:00	00:39:41 V60
36	453	Andrew Martindale	Northern Fells	00:46:02	00:06:00	00:40:02 V50
37	416	Stephen Libby	North York Moors Ac	00:46:50	00:06:00	00:40:50 V60
38	367	Garry Bower	Eden Runners	00:47:58	00:06:00	00:41:58 V50
39	373	Paul Dobson	Northern Fells	00:50:29	00:06:00	00:44:29 V55
40	461	Colin Valentine	Keswick	00:52:57	00:06:00	00:46:57 V60

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	Bib num	Name	Club	Time	Start time	Actual Time
Senior Women						
1	303	Nichola Jackson	Keswick	00:31:17		00:31:17 S
2	293	Fiona Todd	Border	00:35:34		00:35:34 V45
3	321	Annika Stumpf	DH Runners	00:36:18		00:36:18 S
4	300	Charlotte Corrigan	Hyndburn AC	00:36:29		00:36:29 U20
5	298	Hailey Fletcher	Sedbergh School	00:36:50		00:36:50 S
6	311	Samantha Trevett	Eden Runners	00:38:03		00:38:03 S
7	318	Joanne Hazell	Unattached	00:38:19		00:38:19 V40
8	271	Emma Nielson	Eden Runners	00:38:25		00:38:25 V45
9	322	Elizabeth Watson	Derwent	00:38:31		00:38:31 V35
10	323	Fiona Smith	Border	00:38:37		00:38:37 V55
11	306	Carolyn Millican	Border	00:39:28		00:39:28 V35
12	288	Michelle Foxwell	Ambleside	00:39:39		00:39:39 V45
13	261	Leeann Barber	CFR	00:39:42		00:39:42 V40
14	319	Rosie Holliday	DH Runners	00:40:08		00:40:08 V35
15	269	Kathryn Metcalfe	Eden Runners	00:40:15		00:40:15 V45
16	302	Lynne Hume	Keswick	00:40:26		00:40:26 V40
17	282	Lorna Askew	Helm Hill	00:41:05		00:41:05 V50
18	266	Lisa Jackson	Derwent	00:41:12		00:41:12 V35
19	305	Teresa Medley	Border	00:41:38		00:41:38 V50
20	316	Hazel Clark	Kendal	00:42:11		00:42:11 V40
21	267	Wren Langford	DH Runners	00:42:43		00:42:43 S
22	312	Liz Wilson	Unattached	00:42:52		00:42:52 V40
23	285	Louise Brown	Keswick	00:43:06		00:43:06 V50
24	299	Mary Bragg	Eden Runners	00:43:11		00:43:11 V35
25	278	Angela Watson	Eden Runners	00:43:33		00:43:33 V40
26	320	Carolyn Kevan	Kendal	00:44:45		00:44:45 V60
27	277	Claire Warner	Keswick	00:45:47		00:45:47 S
28	296	Annie Harris	Sedbergh School	00:45:57		00:45:57 U20
29	268	Jill Libby	Eden Runners	00:49:05		00:49:05 V60
30	301	Lindsay Graham	DH Runners	00:49:42		00:49:42 V40

Carlisle**U9 Male****U9 Female****U11 Male****U11 Female****U13 Male**

Eden Runners	11
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U13 Female

Netherhall School	23
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U15 Male

Sedbergh School	20
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U15 Female**U17 Male**

Sedbergh School	15
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U17 Female

Sedbergh School	9
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Senior Men

Border	13
Keswick	20
Kendal	31
Eden Runners	42
Sedbergh School	72
Derwent	89

Senior Women

Border	23
Eden Runners	29
DH Runners	38
Keswick	40