

10k									
Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos
1	144	THOMAS ROBshaw	M	MSEN		00:39:24	00:39:19		1
2	29	SIMON NORTON	M	MSEN		00:40:54	00:40:51		2
3	202	OLI OAKLEY	M	MSEN		00:41:58	00:41:17		3
4	103	AARON HIMSWORTH	M	MSEN		00:42:22	00:42:17		4
5	145	LUKE CAIN	M	MSEN		00:43:19	00:43:15		5
6	130	STEVE HORNE	M	MSEN		00:44:45	00:44:42		6
7	196	TIM WILLOUGHBY	M	MSEN		00:44:48	00:44:27		7
8	128	MICHAEL PARNHAM	M	MSEN		00:45:09	00:45:07		8
9	215	AARON JAMES PRUDENCE	M	MSEN		00:45:20	00:45:16		9
10	146	CHRIS WIRTH	M	MSEN		00:45:43	00:45:38		10
11	170	JAMES STENNETT	M	MJUN		00:46:55	00:46:50		11
12	191	MIKE HIGGINS	M	MV50		00:47:05	00:47:00		12
13	56	JOHN KINGSWOOD	M	MSEN		00:47:09	00:46:55		13
14	14	HELEN MOORE	F	FV40		00:47:11	00:47:03	1	
15	78	DAVID DRURY	M	MV50		00:47:43	00:47:30		14
16	85	SCOTT SMITH	M	MV45	HOLME PIERREPONT RC	00:48:22	00:48:14		15
17	83	JOHN SLAWSON	M	MSEN		00:48:44	00:48:27		16
18	190	WILFRED WHEATLEY	M	MSEN		00:48:59	00:48:55		17
19	134	THOMAS HILL	M	MSEN		00:49:09	00:49:06		18
20	81	ANDREW FOSTER	M	MSEN		00:49:14	00:48:57		19
21	181	JAMES KELLY	M	MSEN		00:49:51	00:49:14		20
22	88	ISOBEL EYRES	F	FV35		00:50:01	00:49:49	2	
23	101	ALAN DAVIDSON	M	MV60	NOTFAST RC	00:50:15	00:50:11		21
24	90	IAN COLES	M	MSEN		00:50:18	00:49:59		22
25	172	MATTHEW BROWN	M	MSEN		00:50:41	00:50:09		23
26	152	EDWARD COLE	M	MSEN		00:50:58	00:50:47		24
27	189	GARRET SHANNON	M	MSEN		00:51:12	00:51:08		25
28	151	TRISTAM FITZHUGH	M	MV40		00:51:22	00:51:13		26
29	16	PAM DUTTON	F	FV60		00:51:31	00:51:05	3	
30	82	CHARLOTTE JONES	F	FSEN		00:51:51	00:51:32	4	
31	111	IAN CROSS	M	MV50		00:52:08	00:51:43		27

32	140	ANDREW JENKINSON	M	MSEN		00:52:18	00:51:56		28
33	59	STEPHEN CHARTRES	M	MV50		00:52:22	00:52:12		29
34	179	STEPHEN GURD	M	MV55		00:52:37	00:52:37		30
35	15	JOHN MOORE	M	MV50		00:52:43	00:52:32		31
36	126	CRAIG COOPER	M	MV55		00:52:50	00:52:42		32
37	209	MATTHEW CHAMBERLAIN	M	MSEN		00:52:52	00:52:44		33
38	21	REBECCA WHITTLESTON	F	FSEN		00:52:56	00:52:56	5	
39	31	JO WELLS	F	FSEN		00:53:01	00:52:52	6	
40	20	ABIGAIL CAST	F	FV40		00:53:03	00:52:54	7	
41	89	ADRIAN BEESTON	M	MV60		00:53:04	00:52:53		34
42	187	JOSEPH NORVILL	M	MSEN		00:53:04	00:51:38		35
43	188	CHARLIE HILL	M	MSEN		00:53:17	00:52:04		36
44	149	LEE EVANS	M	MSEN		00:54:04	00:53:44		37
45	97	ADAM CROWLE	M	MSEN	DUDLEY KINGSWINFORD RC	00:54:06	00:53:56		38
46	74	GAVIN SCOTT	M	MV45		00:54:06	00:53:53		39
47	214	BARNEY CONNELL	M	MSEN		00:54:34	00:54:02		40
48	213	BECCA CONNELL	F	FV40		00:54:35	00:54:02	8	
49	147	VANESSA SCHMIDT	F	FV40		00:54:45	00:54:28	9	
50	66	GILLIAN BURGON	F	FV35		00:54:49	00:54:41	10	
51	64	MATTHEW BURGON	M	MV40		00:54:50	00:54:41		41
52	199	JESSICA MORRIS	F	FSEN		00:55:13	00:55:13	11	
53	49	LUKE BAILEY	M	MSEN		00:55:15	00:54:51		42
54	167	RACHEL BATES	F	FV50	CANNON EVENTS	00:55:30	00:55:23	12	
55	86	ANNA CRITCHLEY	F	FV40	HOLME PIERREPONT RC	00:55:38	00:55:16	13	
56	109	JO JONES	F	FV50		00:56:10	00:55:57	14	
57	205	SUE MORRIS	F	FV50		00:56:18	00:56:18	15	
58	216	JAMES FINNEY	M	MSEN		00:56:19	00:56:07		43
59	164	SHARON FIDLER	F	FV45		00:56:29	00:56:14	16	
60	155	SARAH EDJVET	F	FV55		00:56:31	00:56:09	17	
61	120	DAVID BAGSHAW	M	MSEN		00:56:47	00:56:31		44
62	102	DAVID KNOWLES	M	MV55		00:56:47	00:56:34		45
63	212	WENDI CARRINGTON	F	FV55		00:56:52	00:56:32	18	
64	27	VIKKI STORR	F	FV35		00:56:57	00:56:57	19	

65	6	AMY WHITE	F	FV35		00:57:03	00:56:50	20	
66	30	LEE WILLOCK	M	MV40		00:57:15	00:56:53		46
67	211	STEPHEN HOLT	M	MV45		00:57:18	00:56:56		47
68	108	DEBBIE CARLETON	F	FV50		00:57:21	00:57:00	21	
69	131	CALLUM SMITH	M	MSEN		00:57:29	00:57:20		48
70	28	JESSICA WRIGHT	F	FV40		00:57:35	00:57:23	22	
71	13	STACEY PERRY	F	FV35		00:57:36	00:57:24	23	
72	185	ANDREW LYONS	M	MV40		00:57:42	00:57:36		49
73	60	RICHARD JONES	M	MV40		00:58:07	00:57:40		50
74	195	DOUGIE SANDERSON	M	MSEN		00:58:10	00:57:56		51
75	63	ALEX SALDEN	M	MV50		00:58:10	00:58:02		52
76	43	ISOBEL BEIGHTON	F	FSEN		00:58:17	00:58:01	24	
77	148	LEANNE FORSEY	F	FSEN		00:58:22	00:58:02	25	
78	207	CAROL HOWARD	F	FV60	SOUTHWELL RUNNING CLUB	00:58:31	00:58:23	26	
79	70	CLAIRE O NEILL	F	FV50		00:58:54	00:58:26	27	
80	94	CLAIRE VARDEN	F	FV45		00:59:12	00:58:47	28	
81	204	SARAH WILLIAMSON	F	FV35		00:59:14	00:59:07	29	
82	171	MARK HOPKINS	M	MV55		00:59:28	00:59:09		53
83	166	JULIE SIDWELL	F	FV50	CANNON EVENTS	00:59:41	00:59:35	30	
84	19	RUTH HUMPHREYS	F	FV35		00:59:55	00:59:28	31	
85	84	CAROLINE CHEETHAM	F	FV45		01:00:08	00:59:56	32	
86	200	DAVID OWEN	M	MSEN		01:00:09	00:59:43		54
87	44	GEORGINA BEIGHTON	F	FSEN		01:00:16	01:00:01	33	
88	136	PAUL MCAVADY	M	MSEN		01:00:51	01:00:24		55
89	198	ELLIE MARSHALL	F	FSEN		01:00:59	01:00:52	34	
90	133	SUSAN MALCOLM	F	FV55		01:01:06	01:00:56	35	
91	3	SIMON HOWELL	M	MSEN		01:01:27	01:00:47		56
92	72	SANDIE IRELAND	F	FV35		01:01:30	01:01:16	36	
93	124	KASIA CHOLEWA	F	FV35		01:01:40	01:01:33	37	
94	125	CLICE BATLEY	M	MSEN		01:01:41	01:01:34		57
95	91	GINA ELLCOCK	F	FV50		01:01:49	01:01:23	38	
96	58	CAROLINE CHARTRES	F	FV50		01:02:05	01:01:43	39	
97	61	ZOE GAYLE	F	FV40		01:02:23	01:02:04	40	

98	201	CLARE LEELAND	F	FV35	01:02:45	01:02:17	41	
99	41	JAYNE WAGSTAFF	F	FV45	01:02:48	01:02:23	42	
100	55	RICHARD PEARSON	M	MV45	01:03:01	01:02:33		58
101	34	DOMINIC BAILEY	F	FJUN	01:03:17	01:02:55	43	
102	32	ANDREW HARVEY	M	MV40	01:03:18	01:02:54		59
103	178	SEAN DOBBIE	M	MSEN	01:03:20	01:03:08		60
104	177	GILLIAN DRAPER	F	FSEN	01:03:21	01:03:10	44	
105	141	KEVIN BROWN	M	MV55	01:03:28	01:03:06		61
106	24	HELEN WARE	F	FSEN	01:03:36	01:03:23	45	
107	11	SARAH PEEL	F	FSEN	01:03:37	01:03:18	46	
108	160	MICHAEL LEE	M	MV55	01:03:43	01:03:25		62
109	143	SUSAN HILL	F	FV60	01:03:57	01:03:29	47	
110	180	DAVID HOGAN	M	MV55	01:03:57	01:03:29		63
111	210	CLAIRE WRIGHT	F	FV40	01:04:25	01:04:04	48	
112	8	EMMA MARSHALL	F	FV40	01:04:30	01:04:09	49	
113	45	CLAIRE APPLEBY	F	FV40	01:04:31	01:04:22	50	
114	51	ELINOR PAGE	F	FV50	01:04:38	01:04:26	51	
115	197	RHIAN POCOCK	F	FSEN	01:05:15	01:05:09	52	
116	50	CATHERINE LEIGHTON	F	FSEN	01:05:18	01:04:49	53	
117	47	ANNA FIRTH	F	FV40	01:05:20	01:04:50	54	
118	132	PHILL BROCKLESBY	M	MV55	01:05:42	01:05:31		64
119	186	DAVID JAMES	M	MV65	01:05:48	01:05:23		65
120	53	DANIEL BAILEY	M	MSEN	01:05:57	01:05:19		66
121	54	KATIE BAKER	F	FSEN	01:05:57	01:05:19	55	
122	118	OLIVER ROWLEY	M	MSEN	01:05:58	01:05:19		67
123	116	JACKI JOHNSON	F	FV40	01:05:59	01:05:34	56	
124	87	JOANNE MAXWELL	F	FV40	01:07:14	01:06:59	57	
125	135	SARAH ADCOCK	F	FSEN	01:07:54	01:07:27	58	
126	119	MICHAEL BASSFORD	M	MSEN	01:08:01	01:07:47		68
127	183	JUSTIN HEATON	M	MV45	01:08:05	01:07:42		69
128	182	MARIE WILKINSON	F	FV45	01:08:06	01:07:43	59	
129	80	WINSTON CHEN	M	MSEN	01:09:02	01:08:43		70
130	158	ADELE WOODBRIDGE	F	FV35	01:09:07	01:08:46	60	

131	165	CATHERINE HUDSON	F	FV50	01:10:18	01:09:53	61	
132	156	SHANNON MURPHY	F	FSEN	01:11:18	01:10:49	62	
133	154	JAYNE SANDERSON	F	FV35	01:11:49	01:11:27	63	
134	42	ELLIE BUTCHER	F	FSEN	01:12:00	01:11:35	64	
135	150	EDWINA FITZHUGH	F	FV40	01:12:10	01:12:03	65	
136	36	DENA BEMBRIDGE	F	FV40	01:13:18	01:13:03	66	
137	208	RUTH ROWSELL	F	FV40	01:14:57	01:14:39	67	
138	67	JEN JENNINGS	F	FV40	01:16:53	01:16:39	68	
139	121	MICHAEL BASSFORD	M	MV40	01:18:08	01:17:52		71
140	33	KERRY BAILEY	F	FV45	01:19:17	01:18:54	69	
141	194	SUE BACON	F	FV55	01:22:35	01:22:03	70	
142	48	JENNIE WOOD	F	FV40	01:24:09	01:23:55	71	
143	173	SIOBHAN BROWN	F	FSEN	01:24:25	01:23:57	72	
144	18	JULIE MORAN	F	FV60	01:25:11	01:24:38	73	
145	184	JANE SCOTT	F	FV45	01:25:12	01:24:40	74	

5k									
Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos
1	436	MICHAEL ASHWORTH	M	MV50		00:20:25	00:20:23		1
2	471	DAVID GOSSIP	M	MV40	POCKLINGTON RUNNERS	00:21:03	00:21:01		2
3	430	ZAC EYRE	M	MSEN		00:21:41	00:21:37		3
4	404	PAUL HAWDON	M	MSEN		00:24:56	00:24:21		4
5	472	FLISS BIRD	F	FV35	POCKLINGTON RUNNERS	00:25:19	00:25:17	1	
6	407	MICHAEL PARNELL	M	MV45		00:26:13	00:26:05		5
7	459	ALISON KINGFISHER	F	FV45		00:26:27	00:26:11	2	
8	465	JEFF GREEN	M	MSEN		00:27:45	00:27:13		6
9	405	JOSHUA GILBERT	M	MSEN		00:28:55	00:28:24		7
10	412	JO KITCHENER	F	FV40		00:30:28	00:30:12	3	
11	467	GRACE BARNIE	F	FV45		00:30:46	00:30:26	4	
12	466	AMY ATHERTON	F	FV40		00:30:46	00:30:27	5	
13	455	ALENA BABICOVA	F	FV55		00:32:07	00:31:50	6	
14	421	PETE BENYON	M	MV40		00:32:25	00:32:10		8
15	422	RICHARD BAGSHAW	M	MSEN		00:32:25	00:32:10		9
16	457	BEN BEDWELL	M	MSEN		00:32:26	00:32:22		10
17	434	CLARE HALLAM MCSHEA	F	FV45		00:32:54	00:32:45	7	
18	431	EMILY BURNETT	F	FSEN		00:33:44	00:33:38	8	
19	454	VIKTOR BABIC	M	MV55		00:34:01	00:33:44		11
20	417	ANDY QUINLAN	M	MV50		00:34:39	00:34:28		12
21	445	MORAG WHITWORTH	F	FV65		00:35:09	00:34:49	9	
22	403	MARTIN GREGORY	M	MSEN		00:35:20	00:34:57		13
23	475	HELEN WARD	F	FV60		00:36:08	00:35:40	10	
24	478	NICK HUGHES	M	MSEN		00:36:44	00:36:15		14
25	440	STEPHEN HEWITT	M	MV45		00:36:44	00:36:14		15
26	477	ANDY HUGHES	M	MSEN		00:36:44	00:36:14		16
27	458	KRISTY KINGFISHER	F	FV40		00:36:50	00:36:31	11	
28	460	CLAIRE LEAVITT	F	FV35		00:36:50	00:36:32	12	
29	423	JULIA DICKENS	F	FV40		00:37:47	00:37:31	13	
30	451	SALLY HOWARTH-ELLIS	F	FV55		00:37:48	00:37:16	14	
31	452	SALLY HOWARTH-ELLIS	F	FV55		00:37:48	00:37:18	15	

32	462	EMILY BRUCHEZ	F	FSEN		00:37:59	00:37:29	16	
33	437	JOANNE ASHWORTH	F	FV50		00:38:34	00:38:23	17	
34	461	NICOLA TANSLEY	F	FSEN		00:39:06	00:38:53	18	
35	416	ERIC QUINLAN	M	MJUN		00:39:27	00:39:27		17
36	441	GILLIAN WARD	F	FV50		00:39:51	00:39:15	19	
37	470	ALAN JOHNSON	M	MV60		00:39:56	00:39:33		18
38	429	JONATHAN BOWLER	M	MV40		00:39:56	00:39:32		19
39	52	ALIAY LUNN	F	FSEN		00:40:27	00:39:49	20	
40	474	CHARLIE CROSBY	M	MJUN		00:40:45	00:40:26		20
41	453	JADE ANDREWS	F	FV35		00:41:17	00:40:56	21	
42	476	SHARON MERCHANT	F	FV35		00:41:32	00:40:54	22	
43	479	KAREN ARCHER	F	FV55		00:41:53	00:41:14	23	
44	456	DAVE ONION	M	MV80	REDHILL ROAD RUNNERS	00:42:12	00:41:54		21
45	469	CAROLYN MURPHY	F	FV55		00:43:25	00:42:48	24	
46	418	KATY QUINLAN	F	FV40		00:43:35	00:43:24	25	
47	450	LESLEY SMALLEY	F	FV55		00:43:38	00:43:00	26	
48	449	ERIN TRIMBLE	F	FV35		00:43:43	00:43:08	27	
49	468	TESSA TURTON	F	FV40		00:45:19	00:44:42	28	
50	426	HANNAH BIGDEN	F	FV35		00:45:44	00:45:06	29	
51	473	TRACEY CROSBY	F	FV35		00:47:50	00:47:31	30	
52	122	MICHAEL BASSFORD	M	MV60		00:47:56	00:47:41		22
53	428	MICK REEVES	M	MV60		01:01:12	01:00:32		23
54	427	AMBER WAKELING	F	FV35		01:01:18	01:00:38	31	