

Northern Athletics Road Relays at Redcar Coast Road on Saturday 18th September 2021

- Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Jennifer Walsh	LeedsCity	20:28	26	Nik Tarrega	YorkKnave A	23:09
2	Sophie Cowper	Rotherham A	20:37	27	Fiona Todd	BorderHar	23:10
3	Sophie Wallis	LincolnWe	20:46	28	Jasmineemma Trott	RothwellH	23:17
4	Katy Wood	CityOfYor	20:52	29	Keiva Rennocks	Rotherham B	23:21
5	Laurajane Smith	Hallamshi A	20:56	30	Annabel Ralph	Blackburn A	23:25
6	Sinead Bent	SalfordHa A	20:57	31	Sarah Shanks	ValleyStr	24:05
7	Sharon Barlow	Harrogate	21:01	32	Naomi Drakeford	BarnsleyA	24:17
8	Lisa Palmerblount	DerbyAC	21:12	33	Sharon Bulman	NewMarske B	24:29
9	Hannah Price	BuryAC A	21:18	34	Nicole Mcintyre	TyneBridg A	24:35
10	Alex O'brien	Liverpool	21:20	35	Ellen Tullo	HeatonHar A	24:49
11	Alyson Dixon	Sunderlan A	21:22	36	G Harcombemoore	NewMarske A	24:56
12	Ellenmary Kearney	WirralAc A	21:25	37	Hasina Khanom	Sunderlan B	25:34
13	Susan Lewis	RoundhayR	21:26	38	Ellie Reed	HeatonHar B	25:48
14	Catriona Macdonald	MorpethHa	21:30	39	Jacqui Herring	SteelCity	26:10
15	Hannah Cowley	CheshireD	21:40	40	A Davies	Blackburn B	26:24
16	Evie Brailsford	Hallamshi B	21:57	41	Clare Rowntree	YorkKnave C	26:26
17	Gillian Manford	Gateshead	22:04	42	Sarah O'Sullivan	Keighley&	27:08
18	Laura Lombard	BoltonUni	22:07	43	Susan Coulthurst	WeshamRoa A	27:29
19	Alexandra Sneddon	Jarrow&He A	22:07	44	Rebecca Pottinger	BirtleyAc	27:48
20	Samantha Mason	SalfordHa B	22:15	45	Bethany Benger	YorkKnave B	28:10
21	Melissa Turner	Jarrow&He B	22:22	46	Joanne Goldsmith	NewMarske C	28:25
22	Jacqueline Penn	NorthShie	22:37	47	Louise Lord	WeshamRoa B	32:55
23	Sarah Flaherty	BingleyHa	22:52	48	Clare Belfield	WeshamRoa C	35:06
24	Julia Jagger	Holmfirth	23:03	49	Paula Nicholls	BeverleyA	38:49
25	Emily Russell	SalfordHa C	23:06				

- Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Leila Armoush	LeedsCity	20:42	41:10	0	32	Carolyn Millican	BorderHar	26:37	49:47-	5
2	Rochelle Harrison	LincolnWe	21:40	42:26+	1	33	Frances Roberts	SteelCity	23:53	50:03+	6
3	Mya Taylor	Rotherham A	21:59	42:36-	1	34	Patricia Speedie	NewMarske B	25:41	50:10+	1
4	T Brockleylangford	SalfordHa A	21:53	42:50+	2	35	Kerry Storrar	BarnsleyA	26:27	50:44-	3
5	Sara Avery	CheshireD	22:21	44:01+	10	36	Meryl Levington	BingleyHa	30:09	53:01-	13
6	Catherine Hooper	SalfordHa B	22:12	44:27+	14	37	Tess Graham	BirtleyAc	25:26	53:14+	7
7	Charlotte Slack	Hallamshi B	22:40	44:37+	9	38	Laura Percy	HeatonHar B	27:47	53:35	0
8	Hannah Metherall	Hallamshi A	23:51	44:47-	3	39	Rachel Dugan	Sunderlan B	28:03	53:37-	2
9	Susie Armstrong	RoundhayR	23:30	44:56+	4	40	Louise Stringer	YorkKnave B	26:35	54:45+	5
10	Emma Ballantyne	CityOfYor	24:10	45:02-	6	41	Lindsay Davies	Blackburn B	29:13	55:37-	1
11	Sarah Thomas	BuryAC A	23:54	45:12-	2	42	Sharon Hudson	Keighley&	28:32	55:40	0
12	Rachael Theobald	WirralAc A	23:48	45:13	0	43	Louise Danby	NewMarske C	27:50	56:15+	3
13	Bethany Curran	Gateshead	23:12	45:16+	4	44	Kay Twist	WeshamRoa A	29:36	57:05-	1
14	Emma Robinson	Harrogate	24:22	45:23-	7	45	Caitlin Clark	YorkKnave C	31:51	58:17-	4
15	Danielle Booth	DerbyAC	24:12	45:24-	7	46	Jessica Coulthurst	WeshamRoa B	30:57	1:03:52+	1
16	Georgia Campbell	Jarrow&He A	23:21	45:28+	3	47	Laura Emms	BeverleyA	27:10	1:05:59+	2
17	Heather Brown	BoltonUni	23:29	45:36+	1	48	B Dickinson	WeshamRoa C	32:47	1:07:53	0
18	Jen Deighton	Sunderlan A	24:18	45:40-	7	Fastest runners over stage 2:					
19	Carla Maley	NorthShie	23:34	46:11+	3	1	Leila Armoush	LeedsCity	20:42		
20	Sarah Carroll	SalfordHa C	23:14	46:20+	5	2	Rochelle Harrison	LincolnWe	21:40		
21	Emma Hardy	RothwellH	23:12	46:29+	7	3	T Brockleylangford	SalfordHa A	21:53		
22	Lizzie Rank	MorpethHa	25:25	46:55-	8	4	Mya Taylor	Rotherham A	21:59		
23	Gemma Walker	YorkKnave A	23:54	47:03+	3	5	Catherine Hooper	SalfordHa B	22:12		
24	C Leaverhewitt	Holmfirth	24:04	47:07	0	6	Sara Avery	CheshireD	22:21		
25	Samantha Harris	ValleyStr	23:22	47:27+	6	7	Charlotte Slack	Hallamshi B	22:40		
26	Joanne Nelson	Blackburn A	24:05	47:30+	4	8	Emma Hardy	RothwellH	23:12		
27	Abbie Smith	Rotherham B	24:38	47:59+	2	9	Bethany Curran	Gateshead	23:12		
28	H Webstercostella	Jarrow&He B	26:10	48:32-	7	10	Sarah Carroll	SalfordHa C	23:14		
29	Ellie Clark	HeatonHar A	24:18	49:07+	6						
30	Hannah Stewart	TyneBridg A	25:06	49:41+	4						
31	Emily Brown	NewMarske A	24:46	49:42+	5						

Northern Athletics Road Relays at Redcar Coast Road on Saturday 18th September 2021

- Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Nicola Devine	Rotherham A	20:37	1:03:13+	2
2	Ruth Jones	SalfordHa A	21:38	1:04:28+	2
3	Claire Cooney	LincolnWe	23:31	1:05:57-	1
4	Amie Bagnall	CheshireD	23:03	1:07:04+	1
5	Nicola Squires	Hallamshi A	22:23	1:07:10+	3
6	Evie Collier	SalfordHa B	22:45	1:07:12	0
7	S Pattinson	Jarrow&He A	22:39	1:08:07+	9
8	Isabel O'brien	CityOfYor	23:19	1:08:21+	2
9	Isabelle Rowe	Harrogate	23:01	1:08:24+	5
10	Julie Pescod	Sunderlan A	23:10	1:08:50+	8
11	Helen Haigh	Holmfirth	22:26	1:09:33+	13
12	Rachel Bailey	BoltonUni	24:02	1:09:38+	5
13	Sarah Kearney	WirralAc A	24:29	1:09:42-	1
14	Evelyn Jones	DerbyAC	24:29	1:09:53+	1
15	Sarah Tolkin	RothwellH	23:28	1:09:57+	6
16	Claire Mcmanus	NorthShie	23:52	1:10:03+	3
17	Megan Anderson	YorkKnave A	23:09	1:10:12+	6
18	Lucy Farquhar	Hallamshi B	25:41	1:10:18-	11
19	Katherine Downie	Gateshead	25:16	1:10:32-	6
20	Helen Leigh	Blackburn A	23:42	1:11:12+	6
21	Anna Potter	SalfordHa C	25:09	1:11:29-	1
22	Lindsey Quinn	MorpethHa	24:39	1:11:34	0
23	Bethan Bond	ValleyStr	24:29	1:11:56+	2
24	Natalie Harris	Rotherham B	23:58	1:11:57+	3
25	Kay Neesam	NewMarske A	22:22	1:12:04+	6
26	Harriet Butler	BuryAC A	27:14	1:12:26-	15
27	Helen Underwood	RoundhayR	28:08	1:13:04-	18
28	Libbie Read	HeatonHar A	24:02	1:13:09+	1
29	Claire Simpson	Jarrow&He B	24:46	1:13:18-	1
30	S Evans	SteelCity	24:09	1:14:12+	3
31	Gail Colville	BarnsleyA	23:52	1:14:36+	4
32	Fiona Smith	BorderHar	24:54	1:14:41	0
33	Dawn Sulley	NewMarske B	25:06	1:15:16+	1
34	Rachel Gill	TyneBridg A	25:41	1:15:22-	4
35	Ruby Firth	BingleyHa	23:45	1:16:46+	1
36	Lorna Graham	BirtleyAc	24:51	1:18:05+	1
37	Nina Cameron	HeatonHar B	27:40	1:21:15+	1
38	Hannah Cookson	Blackburn B	27:47	1:23:24+	3
39	Pauline Foot	YorkKnave B	29:01	1:23:46+	1
40	K Pickersgill	Sunderlan B	30:26	1:24:03-	1
41	Caroline Chinnock	NewMarske C	30:14	1:26:29+	2
42	Beverley Wilding	WeshamRoa A	32:33	1:29:38+	2
43	Antoinette Holton	WeshamRoa B	34:15	1:38:07+	3
44	Lynne Stabler	BeverleyA	32:11	1:38:10+	3
45	Deborah Myerscough	WeshamRoa C	37:57	1:45:50+	3

Fastest runners over stage 3:

1	Nicola Devine	Rotherham A	20:37
2	Ruth Jones	SalfordHa A	21:38
3	Kay Neesam	NewMarske A	22:22
4	Nicola Squires	Hallamshi A	22:23
5	Helen Haigh	Holmfirth	22:26
6	S Pattinson	Jarrow&He A	22:39
7	Evie Collier	SalfordHa B	22:45
8	Isabelle Rowe	Harrogate	23:01
9	Amie Bagnall	CheshireD	23:03
10	Megan Anderson	YorkKnave A	23:09

- Senior Women Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Anna Bracegirdle	SalfordHa A	20:24	1:24:52+	1
2	Samantha Hughes	Rotherham A	22:26	1:25:39-	1
3	Katie Palfreeman	Hallamshi A	21:22	1:28:32+	2
4	Rebekah Thomas	LincolnWe	23:04	1:29:01-	1
5	Charlotte Mason	CityOfYor	20:56	1:29:17+	3
6	Amelia Bratt	SalfordHa B	22:16	1:29:28	0
7	Alexis Dodd	Jarrow&He A	22:24	1:30:31	0
8	Claire Jones	Harrogate	22:36	1:31:00+	1
9	Debbie Broad	CheshireD	24:15	1:31:19-	5
10	Becky Penty	YorkKnave A	21:35	1:31:47+	7
11	Kirsty Lowery	Sunderlan A	23:26	1:32:16-	1
12	Jane Giles	Gateshead	23:12	1:33:44+	7
13	Zoe Storr	Holmfirth	24:18	1:33:51-	2
14	Gemma Wallett	NorthShie	23:53	1:33:56+	2
15	Nicola Birch	Hallamshi B	23:42	1:34:00+	3
16	Valentina Costa	DerbyAC	24:19	1:34:12-	2
17	Sarah Phelan	WirralAc A	25:26	1:35:08-	4
18	Katie Buckingham	Blackburn A	24:00	1:35:12+	2
19	Katie Percival	BoltonUni	25:49	1:35:27-	7
20	Michelle Thompson	MorpethHa	24:03	1:35:37+	2
21	Alisha Laidler	RothwellH	25:43	1:35:40-	6
22	Kristie Gurley	SalfordHa C	24:27	1:35:56-	1
23	Naomi Clegg	Rotherham B	24:32	1:36:29+	1
24	Caroline Brock	SteelCity	22:21	1:36:33+	6
25	Abigail Timms	HeatonHar A	23:51	1:37:00+	3
26	Kate Downie	RoundhayR	23:57	1:37:01+	1
27	Rachel Breheny	Jarrow&He B	23:45	1:37:03+	2
28	Liz Adams	ValleyStr	26:22	1:38:18-	5
29	Rebecca Parkin	TyneBridg A	22:59	1:38:21+	5
30	Rhiannon Douglas	BorderHar	24:21	1:39:02+	2
31	Harriet Griffiths	BuryAC A	26:38	1:39:04-	5
32	Sarah Gough	BarnsleyA	24:58	1:39:34-	1
33	Chloe Price	BirtleyAc	22:17	1:40:22+	3
34	Sue Cordingley	BingleyHa	24:55	1:41:41+	1
35	Rebecca Tilley	NewMarske A	29:58	1:42:02-	10
36	Charlotte Ellis	NewMarske B	26:50	1:42:06-	3
37	Eleesha Charnley	Blackburn B	24:43	1:48:07+	1
38	Rachel Langrish	Sunderlan B	27:48	1:51:51+	2
39	Marie Bell	HeatonHar B	30:39	1:51:54-	2
40	Jane Morby	YorkKnave B	31:27	1:55:13-	1
41	Lisa Minns	WeshamRoa A	29:42	1:59:20+	1
42	Amanda Robinson	NewMarske C	34:01	2:00:30-	1
43	Lauren Turner	BeverleyA	29:41	2:07:51+	1
44	Maureen Danson	WeshamRoa B	32:36	2:10:43-	1
45	Julie Rooney	WeshamRoa C	37:12	2:23:02	0

Fastest runners over stage 4:

1	Anna Bracegirdle	SalfordHa A	20:24
2	Charlotte Mason	CityOfYor	20:56
3	Katie Palfreeman	Hallamshi A	21:22
4	Becky Penty	YorkKnave A	21:35
5	Amelia Bratt	SalfordHa B	22:16
6	Chloe Price	BirtleyAc	22:17
7	Caroline Brock	SteelCity	22:21
8	Alexis Dodd	Jarrow&He A	22:24
9	Samantha Hughes	Rotherham A	22:26
10	Claire Jones	Harrogate	22:36

Northern Athletics Road Relays at Redcar Coast Road on Saturday 18th September 2021

Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

1 Salford Harriers & Ac 'A' 1:24:52	17 Wirral Ac 'A' 1:35:08
1 Sinead Bent (6) 20:57	1 Ellenmary Kearney (12) 21:25
2 T Brockleylangford (4) 21:53	2 Rachael Theobald (12) 23:48
3 Ruth Jones (2) 21:38	3 Sarah Kearney (13) 24:29
4 Anna Bracegirdle (1) 20:24	4 Sarah Phelan (17) 25:26
2 Rotherham Harriers & Ac 'A' 1:25:39	18 Blackburn Harriers & Ac 'A' 1:35:12
1 Sophie Cowper (2) 20:37	1 Annabel Ralph (30) 23:25
2 Mya Taylor (3) 21:59	2 Joanne Nelson (26) 24:05
3 Nicola Devine (1) 20:37	3 Helen Leigh (20) 23:42
4 Samantha Hughes (2) 22:26	4 Katie Buckingham (18) 24:00
3 Hallamshire Harriers Sheffield 'A' 1:28:32	19 Bolton United Harriers & Ac 1:35:27
1 Laurajane Smith (5) 20:56	1 Laura Lombard (18) 22:07
2 Hannah Metherall (8) 23:51	2 Heather Brown (17) 23:29
3 Nicola Squires (5) 22:23	3 Rachel Bailey (12) 24:02
4 Katie Palfreeman (3) 21:22	4 Katie Percival (19) 25:49
4 Lincoln Wellington AC 1:29:01	20 Morpeth Harriers & Ac 1:35:37
1 Sophie Wallis (3) 20:46	1 Catriona Macdonald (14) 21:30
2 Rochelle Harrison (2) 21:40	2 Lizzie Rank (22) 25:25
3 Claire Cooney (3) 23:31	3 Lindsey Quinn (22) 24:39
4 Rebekah Thomas (4) 23:04	4 Michelle Thompson (20) 24:03
5 City Of York Ac 1:29:17	21 Rothwell Harriers & Ac 1:35:40
1 Katy Wood (4) 20:52	1 Jasmineemma Trott (28) 23:17
2 Emma Ballantyne (10) 24:10	2 Emma Hardy (21) 23:12
3 Isabel O'brien (8) 23:19	3 Sarah Tolkin (15) 23:28
4 Charlotte Mason (5) 20:56	4 Alisha Laidler (21) 25:43
6 Salford Harriers & Ac 'B' 1:29:28	22 Salford Harriers & Ac 'C' 1:35:56
1 Samantha Mason (20) 22:15	1 Emily Russell (25) 23:06
2 Catherine Hooper (6) 22:12	2 Sarah Carroll (20) 23:14
3 Evie Collier (6) 22:45	3 Anna Potter (21) 25:09
4 Amelia Bratt (6) 22:16	4 Kristie Gurley (22) 24:27
7 Jarrow & Hebburn Ac 'A' 1:30:31	23 Rotherham Harriers & Ac 'B' 1:36:29
1 Alexandra Sneddon (19) 22:07	1 Keiva Rennocks (29) 23:21
2 Georgia Campbell (16) 23:21	2 Abbie Smith (27) 24:38
3 S Pattinson (7) 22:39	3 Natalie Harris (24) 23:58
4 Alexis Dodd (7) 22:24	4 Naomi Clegg (23) 24:32
8 Harrogate Harriers & Ac 1:31:00	24 Steel City Striders Rc 1:36:33
1 Sharon Barlow (7) 21:01	1 Jacqui Herring (39) 26:10
2 Emma Robinson (14) 24:22	2 Frances Roberts (33) 23:53
3 Isabelle Rowe (9) 23:01	3 S Evans (30) 24:09
4 Claire Jones (8) 22:36	4 Caroline Brock (24) 22:21
9 Cheshire Dragons 1:31:19	25 Heaton Harriers & Ac 'A' 1:37:00
1 Hannah Cowley (15) 21:40	1 Ellen Tullo (35) 24:49
2 Sara Avery (5) 22:21	2 Ellie Clark (29) 24:18
3 Amie Bagnall (4) 23:03	3 Libbie Read (28) 24:02
4 Debbie Broad (9) 24:15	4 Abigail Timms (25) 23:51
10 York Knavesmire Harriers 'A' 1:31:47	26 Roundhay Runners 1:37:01
1 Nik Tarrega (26) 23:09	1 Susan Lewis (13) 21:26
2 Gemma Walker (23) 23:54	2 Susie Armstrong (9) 23:30
3 Megan Anderson (17) 23:09	3 Helen Underwood (27) 28:08
4 Becky Penty (10) 21:35	4 Kate Downie (26) 23:57
11 Sunderland Strollers 'A' 1:32:16	27 Jarrow & Hebburn Ac 'B' 1:37:03
1 Alyson Dixon (11) 21:22	1 Melissa Turner (21) 22:22
2 Jen Deighton (18) 24:18	2 H Webstercostella (28) 26:10
3 Julie Pescod (10) 23:10	3 Claire Simpson (29) 24:46
4 Kirsty Lowery (11) 23:26	4 Rachel Breheny (27) 23:45
12 Gateshead Harriers & Ac 1:33:44	28 Valley Striders Ac 1:38:18
1 Gillian Manford (17) 22:04	1 Sarah Shanks (31) 24:05
2 Bethany Curran (13) 23:12	2 Samantha Harris (25) 23:22
3 Katherine Downie (19) 25:16	3 Bethan Bond (23) 24:29
4 Jane Giles (12) 23:12	4 Liz Adams (28) 26:22
13 Holmfirth Harriers Ac 1:33:51	29 Tyne Bridge Harriers 'A' 1:38:21
1 Julia Jagger (24) 23:03	1 Nicole Mcintyre (34) 24:35
2 C Leaverhewitt (24) 24:04	2 Hannah Stewart (30) 25:06
3 Helen Haigh (11) 22:26	3 Rachel Gill (34) 25:41
4 Zoe Storr (13) 24:18	4 Rebecca Parkin (29) 22:59
14 North Shields Polytechnic Clu 1:33:56	30 Border Harriers & Ac 1:39:02
1 Jacqueline Penn (22) 22:37	1 Fiona Todd (27) 23:10
2 Carla Maley (19) 23:34	2 Carolyn Millican (32) 26:37
3 Claire Mcmanus (16) 23:52	3 Fiona Smith (32) 24:54
4 Gemma Walleat (14) 23:53	4 Rhiannon Douglas (30) 24:21
15 Hallamshire Harriers Sheffield 'B' 1:34:00	31 Bury AC 'A' 1:39:04
1 Evie Brailsford (16) 21:57	1 Hannah Price (9) 21:18
2 Charlotte Slack (7) 22:40	2 Sarah Thomas (11) 23:54
3 Lucy Farquhar (18) 25:41	3 Harriet Butler (26) 27:14
4 Nicola Birch (15) 23:42	4 Harriet Griffiths (31) 26:38
16 Derby AC 1:34:12	32 Barnsley AC 1:39:34
1 Lisa Palmerblount (8) 21:12	1 Naomi Drakeford (32) 24:17
2 Danielle Booth (15) 24:12	2 Kerry Storrar (35) 26:27
3 Evelyn Jones (14) 24:29	3 Gail Colville (31) 23:52
4 Valentina Costa (16) 24:19	4 Sarah Gough (32) 24:58

Northern Athletics Road Relays

at Redcar Coast Road on Saturday 18th September 2021

33 Birtley Ac

1 Rebecca Pottinger (44) 27:48 2 Tess Graham (37) 25:26
 3 Lorna Graham (36) 24:51 4 Chloe Price (33) 22:17

1:40:22

34 Bingley Harriers & Ac

1 Sarah Flaherty (23) 22:52 2 Meryl Levington (36) 30:09
 3 Ruby Firth (35) 23:45 4 Sue Cordingley (34) 24:55

1:41:41

35 New Marske Harriers Club

1 G Harcombemoore (36) 24:56 2 Emily Brown (31) 24:46
 3 Kay Neesam (25) 22:22 4 Rebecca Tilley (35) 29:58

'A' 1:42:02

36 New Marske Harriers Club

1 Sharon Bulman (33) 24:29 2 Patricia Speedie (34) 25:41
 3 Dawn Sulley (33) 25:06 4 Charlotte Ellis (36) 26:50

'B' 1:42:06

37 Blackburn Harriers & Ac

1 A Davies (40) 26:24 2 Lindsay Davies (41) 29:13
 3 Hannah Cookson (38) 27:47 4 Eleesha Charnley (37) 24:43

'B' 1:48:07

38 Sunderland Strollers

1 Hasina Khanom (37) 25:34 2 Rachel Dugan (39) 28:03
 3 K Pickersgill (40) 30:26 4 Rachel Langrish (38) 27:48

'B' 1:51:51

39 Heaton Harriers & Ac

1 Ellie Reed (38) 25:48 2 Laura Percy (38) 27:47
 3 Nina Cameron (37) 27:40 4 Marie Bell (39) 30:39

'B' 1:51:54

40 York Knavesmire Harriers

1 Bethany Benger (45) 28:10 2 Louise Stringer (40) 26:35
 3 Pauline Foot (39) 29:01 4 Jane Morby (40) 31:27

'B' 1:55:13

41 Wesham Road Runners & Ac

1 Susan Coulthurst (43) 27:29 2 Kay Twist (44) 29:36
 3 Beverley Wilding (42) 32:33 4 Lisa Minns (41) 29:42

'A' 1:59:20

42 New Marske Harriers Club

1 Joanne Goldsmith (46) 28:25 2 Louise Danby (43) 27:50
 3 Caroline Chinnock (41) 30:14 4 Amanda Robinson (42) 34:01

'C' 2:00:30

43 Beverley AC

1 Paula Nicholls (49) 38:49 2 Laura Emms (47) 27:10
 3 Lynne Stabler (44) 32:11 4 Lauren Turner (43) 29:41

2:07:51

44 Wesham Road Runners & Ac

1 Louise Lord (47) 32:55 2 Jessica Coulthurst (46) 30:57
 3 Antoinette Holton (43) 34:15 4 Maureen Danson (44) 32:36

'B' 2:10:43

45 Wesham Road Runners & Ac

1 Clare Belfield (48) 35:06 2 B Dickinson (48) 32:47
 3 Deborah Myerscough (45) 37:57 4 Julie Rooney (45) 37:12

'C' 2:23:02

Incomplete Teams:

Leeds City AC

1 Jennifer Walsh (1) 20:28 2 Leila Armoush (1) 20:42

Keighley & Craven Ac

1 Sarah O'Sullivan (42) 27:08 2 Sharon Hudson (42) 28:32

York Knavesmire Harriers

1 Clare Rowntree (41) 26:26 2 Caitlin Clark (45) 31:51

Liverpool Harriers & Ac

1 Alex O'brien (10) 21:20

Fastest of all legs

1	Anna Bracegirdle	SalfordHa	A	20:24	(4)
2	Jennifer Walsh	LeedsCity		20:28	(1)
3	Nicola Devine	Rotherham	A	20:37	(3)
=	Sophie Cowper	Rotherham	A	20:37	(1)
5	Leila Armoush	LeedsCity		20:42	(2)
6	Sophie Wallis	LincolnWe		20:46	(1)
7	Katy Wood	CityOfYor		20:52	(1)
8	Charlotte Mason	CityOfYor		20:56	(4)
=	Laurajane Smith	Hallamshi	A	20:56	(1)
10	Sinead Bent	SalfordHa	A	20:57	(1)