

# Manchester Area Cross Country League at Kenworthy Woods on Saturday 4th December 2021

## Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1496	Bobby Birkett	St Helens Sutton Ac	8:35	27	2551	Joshua Cowan	Wirral Ac	10:24
2	1970	Euan Lawton	Warrington A C	8:52	28	2033	Harry McKenna	West Cheshire AC	10:25
3	1835	Thomas Aron	Trafford Athletic Club	9:03	29	2321	Joe O'Rourke	Liverpool Harriers & Ac	10:27
4	2161	Thomas Smout	Wirral Ac	9:08	30	2516	Mattis Kennerley	Vale Royal Ac	10:37
5	2548	Isaac Roberts	Wirral Ac	9:09	31	2322	Cian Hambleton	Liverpool Harriers & Ac	10:38
6	1200	Oliver Howell	Sale Harriers Manchester	9:18	32	2602	Sam Burton	Salford Harriers & AC	10:40
7	2320	Harrison Spencer	Liverpool Harriers & Ac	9:24	33	2558	Noah Pattison	Wirral Ac	10:50
8	1198	Jake Harrison	Sale Harriers Manchester	9:24	34	189	Stanley Cook	Buxton AC	10:53
9	2641	Ewan Williams	Wirral Ac	9:32	35	2421	Rafael Lima	Salford Harriers & AC	10:53
10	2603	Jack Farrington	Salford Harriers & AC	9:35	36	1202	Harry Taylor	Sale Harriers Manchester	11:03
11	2607	Oliver Hodgson	Stockport Harriers & Ac	9:38	37	2325	Elis Thomas	Liverpool Harriers & Ac	11:10
12	2651	Harry Skeer	Salford Metropolitan Ac	9:41	38	2330	Adam Jennings	Liverpool Harriers & Ac	11:12
13	2326	Murphy Midgeley	Liverpool Harriers & Ac	9:42	39	2534	Thomas Horrocks	Warrington A C	11:18
14	2418	Flynn Slattery	Salford Harriers & AC	9:42	40	2557	Oscar Pattison	Wirral Ac	11:21
15	2514	Alexander Kruihof	Vale Royal Ac	9:47	41	2430	Arthur Barker	Salford Metropolitan Ac	11:23
16	2422	Oscar Bundy	Salford Harriers & AC	9:48	42	684	Eric Dickinson	Macclesfield Harriers & AC	11:25
17	2550	Charlie Bibby	Wirral Ac	10:00	43	1190	Joseph Air	Sale Harriers Manchester	11:28
18	1197	Billy Groves	Sale Harriers Manchester	10:02	44	1837	Daniel White	Trafford Athletic Club	11:33
19	2332	Luke Murphy	Liverpool Harriers & Ac	10:03	45	2521	Charlie Latham	Vale Royal Ac	11:34
20	2643	Ralph KingBanks	Salford Harriers & AC	10:03	46	2549	Max Roberts	Wirral Ac	11:34
21	779	Ethan O'Brien	Manchester Harriers & AC	10:04	47	2646	Ben Jones	Sale Harriers Manchester	11:41
22	1836	Thomas Daly	Trafford Athletic Club	10:06	48	2160	Thomas Heap	Wirral Ac	11:53
23	1199	George Horsfall	Sale Harriers Manchester	10:08	49	2518	Matthew Knox	Vale Royal Ac	12:04
24	2533	Eddie Walker	Warrington A C	10:12	50	2520	Noah Smith	Vale Royal Ac	12:19
25	1456	Alex Waterhouse	Salford Metropolitan Ac	10:18	51	685	Felix Hasler	Macclesfield Harriers & AC	14:52
26	1658	Theodore Buckley	Stockport Harriers & Ac	10:22					

## Under 11 - Boys — TEAM RESULTS

1	Wirral Ac	18	—	4	Thomas Smout	5	Isaac Roberts	9	Ewan Williams
2	Sale Harriers Manchester	32	—	6	Oliver Howell	8	Jake Harrison	18	Billy Groves
3	Liverpool Harriers & Ac	39	—	7	Harrison Spencer	13	Murphy Midgeley	19	Luke Murphy
4	Salford Harriers & AC	40	—	10	Jack Farrington	14	Flynn Slattery	16	Oscar Bundy
5	Warrington A C	65	—	2	Euan Lawton	24	Eddie Walker	39	Thomas Horrocks
6	Trafford Athletic Club	69	—	3	Thomas Aron	22	Thomas Daly	44	Daniel White
7	Wirral Ac 'B'	77	—	17	Charlie Bibby	27	Joshua Cowan	33	Noah Pattison
8	Salford Metropolitan Ac	78	—	12	Harry Skeer	25	Alex Waterhouse	41	Arthur Barker
9	Salford Harriers & AC 'B'	87	—	20	Ralph KingBanks	32	Sam Burton	35	Rafael Lima
10	Vale Royal Ac	90	—	15	Alexander Kruihof	30	Mattis Kennerley	45	Charlie Latham
11	Liverpool Harriers & Ac 'B'	97	—	29	Joe O'Rourke	31	Cian Hambleton	37	Elis Thomas
12	Sale Harriers Manchester 'B'	102	—	23	George Horsfall	36	Harry Taylor	43	Joseph Air
13	Wirral Ac 'C'	134	—	40	Oscar Pattison	46	Max Roberts	48	Thomas Heap

## Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1460	Beatrix Soper	Salford Metropolitan Ac	9:11	25	1975	Grace Rashud	Warrington A C	11:06
2	2459	Megan Boyer	Trafford Athletic Club	9:49	26	450	Imogen McBurnie	E Cheshire H & Tameside AC	11:07
3	2303	Bonita Kewley	Liverpool Harriers & Ac	9:54	27	2306	Eva Spink	Liverpool Harriers & Ac	11:09
4	2648	Beau Rawcliffe	Liverpool Harriers & Ac	9:58	28	2307	Elsie O'Doherty	Liverpool Harriers & Ac	11:21
5	2302	Evie Worrall	Liverpool Harriers & Ac	9:59	29	2594	Millie Ryder	Manchester Harriers & AC	11:27
6	2395	Maddy Appleby	Sale Harriers Manchester	10:00	30	448	Olivia Jones	E Cheshire H & Tameside AC	11:33
7	2645	Maisie McGuirk	Liverpool Harriers & Ac	10:04	31	1501	Tess Mullen	St Helens Sutton Ac	11:34
8	2309	Esme Cameron	Liverpool Harriers & Ac	10:08	32	1458	Freya Hargrove	Salford Metropolitan Ac	11:34
9	2525	Evie-May Williams	Warrington A C	10:13	33	1216	Isla Quinn	Sale Harriers Manchester	11:37
10	2644	Isabella Parry	Liverpool Harriers & Ac	10:14	34	191	Evie Willis	Buxton AC	11:38
11	2545	Eve Beddow	Wirral Ac	10:15	35	2494	Amy Turner	Vale Royal Ac	11:57
12	1500	Niamh Whittaker	St Helens Sutton Ac	10:16	36	2527	April Rimmer	Warrington A C	12:02
13	2544	Isobel Beddow	Wirral Ac	10:17	37	2413	Elkie Bell	Salford Harriers & AC	12:05
14	2496	Lily Coates	Vale Royal Ac	10:17	38	1499	Lily McKeegan	St Helens Sutton Ac	12:18
15	1214	Hollie McHugh	Sale Harriers Manchester	10:22	39	1209	Eve Dowling	Sale Harriers Manchester	12:27
16	2411	Emme Lowe	Salford Harriers & AC	10:28	40	190	Hannah Cudahy	Buxton AC	12:27
17	2300	Hattie Cadwallader	Liverpool Harriers & Ac	10:29	41	1207	Jessica Bruton	Sale Harriers Manchester	12:37
18	2304	Maisie Williams	Liverpool Harriers & Ac	10:33	42	687	Holly Walker	Macclesfield Harriers & AC	12:40
19	2313	Pearl Faye	Liverpool Harriers & Ac	10:34	43	2398	Isabella Holden	Sale Harriers Manchester	12:52
20	447	Molly Holness	E Cheshire H & Tameside AC	10:40	44	1210	Lois Heale	Sale Harriers Manchester	12:56
21	1191	Isla Anderson	Sale Harriers Manchester	10:58	45	1213	Evelyn Langford	Sale Harriers Manchester	13:05
22	2314	Honor Peers	Liverpool Harriers & Ac	10:59	46	2312	Alys Lalley	Liverpool Harriers & Ac	13:12
23	1212	Madison Knight	Sale Harriers Manchester	11:00	47	451	Erin Royle	E Cheshire H & Tameside AC	14:05
24	1459	Olivia RamirezNevas	Salford Metropolitan Ac	11:05					

## Under 11 - Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	12	—	3	Bonita Kewley	4	Beau Rawcliffe	5	Evie Worrall
2	Liverpool Harriers & Ac 'B'	25	—	7	Maisie McGuirk	8	Esme Cameron	10	Isabella Parry
3	Sale Harriers Manchester	42	—	6	Maddy Appleby	15	Hollie McHugh	21	Isla Anderson
4	Liverpool Harriers & Ac 'C'	54	—	17	Hattie Cadwallader	18	Maisie Williams	19	Pearl Faye
5	Salford Metropolitan Ac	57	—	1	Beatrix Soper	24	Olivia RamirezNevas	32	Freya Hargrove
6	Warrington A C	70	—	9	Evie-May Williams	25	Grace Rashud	36	April Rimmer
7	E Cheshire H & Tameside AC	76	—	20	Molly Holness	26	Imogen McBurnie	30	Olivia Jones
8	Liverpool Harriers & Ac 'D'	77	—	22	Honor Peers	27	Eva Spink	28	Elsie O'Doherty
9	St Helens Sutton Ac	81	—	12	Niamh Whittaker	31	Tess Mullen	38	Lily McKeegan
10	Sale Harriers Manchester 'B'	95	—	23	Madison Knight	33	Isla Quinn	39	Eve Dowling
11	Sale Harriers Manchester 'C'	128	—	41	Jessica Bruton	43	Isabella Holden	44	Lois Heale

# Manchester Area Cross Country League at Kenworthy Woods on Saturday 4th December 2021

## Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1369	Evan Grime	Salford Harriers & AC	10:43	33	51	Archer Blann	Altrincham & District AC	12:24
2	1226	Liam O'Brien	Sale Harriers Manchester	11:01	34	2281	Oliver Walker	E Cheshire H & Tameside AC	12:31
3	607	Charlie Rigby	Liverpool Harriers & Ac	11:03	35	1504	Dylan Roberts	St Helens Sutton Ac	12:32
4	2622	Tim Ye	Trafford Athletic Club	11:03	36	2254	Alexander Edwards	Altrincham & District AC	12:41
5	603	Sonny Cassell	Liverpool Harriers & Ac	11:09	37	2621	Thomas Harris	Trafford Athletic Club	12:41
6	1844	Ben Keeley	Trafford Athletic Club	11:11	38	1367E	Figgins-Barrett	Salford Harriers & AC	12:46
7	1225	Daniel Oakes	Sale Harriers Manchester	11:12	39	1661	Campbell Johnson	Stockport Harriers & Ac	12:48
8	1229	Jake Royle	Sale Harriers Manchester	11:13	40	1371	Archie Simons	Salford Harriers & AC	12:52
9	1845	Evan Lewis	Trafford Athletic Club	11:13	41	2600	Conor McManus	Sale Harriers Manchester	12:57
10	689	Jared Dickinson	Macclesfield Harriers & AC	11:17	42	1465	Noah Cronshaw	Salford Metropolitan Ac	12:58
11	2035	Thomas Rimmer	West Cheshire AC	11:20	43	2609	Sam Hill	Stockport Harriers & Ac	13:04
12	1841	Finlay DobsonEmmas	Trafford Athletic Club	11:23	44	1464	Jack Broadhurst	Salford Metropolitan Ac	13:04
13	780	Christopher Parikh	Manchester Harriers & AC	11:23	45	604	Ewan Cole	Liverpool Harriers & Ac	13:12
14	1227	Isaac Reed	Sale Harriers Manchester	11:26	46	454	Samuel Horner	E Cheshire H & Tameside AC	13:13
15	1665	Arthur Wolstenholme	Stockport Harriers & Ac	11:36	47	2504	Tom Jenkins	Vale Royal Ac	13:16
16	2358	Jake Ireland	Macclesfield Harriers & AC	11:36	48	1847	Sem Menghis	Trafford Athletic Club	13:24
17	455	Alfie Manser	E Cheshire H & Tameside AC	11:39	49	2563	Atticus Jones	Trafford Athletic Club	13:31
18	1663	Zach Rose	Stockport Harriers & Ac	11:42	50	978	Kieran Peatfield	Marple Runners	13:41
19	2036	Noah Woolgar	West Cheshire AC	11:45	51	1503	Harry Griffiths	St Helens Sutton Ac	13:42
20	1851	Adrian White	Trafford Athletic Club	11:46	52	1840	Joseph Cowles	Trafford Athletic Club	13:42
21	1505	Riley Underhill	St Helens Sutton Ac	11:51	53	1462	Luca Barooah	Salford Metropolitan Ac	14:01
22	1228	Joshua Rogers	Sale Harriers Manchester	11:52	54	1502	Benjamin Genner	St Helens Sutton Ac	14:08
23	1222	Ben Gardner	Sale Harriers Manchester	11:52	55	453	Joseph Horner	E Cheshire H & Tameside AC	14:09
24	2608	Dylan Hodgson	Stockport Harriers & Ac	11:58	56	1660J	Harwood-Bretnall	Stockport Harriers & Ac	14:17
25	1664	Will Walton	Stockport Harriers & Ac	11:59	57	1848	Toby Morrello	Trafford Athletic Club	14:25
26	1662	William Jones	Stockport Harriers & Ac	12:01	58	456	Maxwell Ormston	E Cheshire H & Tameside AC	14:27
27	1842	Evan Horwell	Trafford Athletic Club	12:03	59	1370	Ryley Holden	Salford Harriers & AC	14:28
28	452	Marshall Fleet	E Cheshire H & Tameside AC	12:09	60	457	Sebastian Stewart	E Cheshire H & Tameside AC	14:31
29	2507	Harry Williamson	Vale Royal Ac	12:09	61	1223	James Lucas	Sale Harriers Manchester	15:20
30	2620	Oscar Gascoine	Trafford Athletic Club	12:09	62	1463	Sebastian Barooah	Salford Metropolitan Ac	15:20
31	2508	Zack Cocksedge	Vale Royal Ac	12:10	63	1224	William McIntyre	Sale Harriers Manchester	15:27
32	1220	Matthew Cullen-Brown	Sale Harriers Manchester	12:13	64	2472	Robert Watkinson	Trafford Athletic Club	15:29
					65	2509	Seb Harnett	Vale Royal Ac	15:52

## Under 13 - Boys — TEAM RESULTS

1	Sale Harriers Manchester	17	—	2	Liam O'Brien	7	Daniel Oakes	8	Jake Royle
2	Trafford Athletic Club	19	—	4	Tim Ye	6	Ben Keeley	9	Evan Lewis
3	Liverpool Harriers & Ac	53	—	3	Charlie Rigby	5	Sonny Cassell	45	Ewan Cole
4	Stockport Harriers & Ac	57	—	15	Arthur Wolstenholme	18	Zach Rose	24	Dylan Hodgson
5	Sale Harriers Manchester 'B'	59	—	14	Isaac Reed	22	Joshua Rogers	23	Ben Gardner
6	Trafford Athletic Club 'B'	59	—	12	Finlay DobsonEmmas	20	Adrian White	27	Evan Horwell
7	E Cheshire H & Tameside AC	79	—	17	Alfie Manser	28	Marshall Fleet	34	Oliver Walker
8	Salford Harriers & AC	79	—	1	Evan Grime	38	E Figgins-Barrett	40	Archie Simons
9	Stockport Harriers & Ac 'B'	90	—	25	Will Walton	26	William Jones	39	Campbell Johnson
10	Vale Royal Ac	107	—	29	Harry Williamson	31	Zack Cocksedge	47	Tom Jenkins
11	St Helens Sutton Ac	107	—	21	Riley Underhill	35	Dylan Roberts	51	Harry Griffiths
12	Trafford Athletic Club 'C'	115	—	30	Oscar Gascoine	37	Thomas Harris	48	Sem Menghis
13	Sale Harriers Manchester 'C'	134	—	32	Matthew Cullen-Brown	41	Conor McManus	61	James Lucas
14	Salford Metropolitan Ac	139	—	42	Noah Cronshaw	44	Jack Broadhurst	53	Luca Barooah
15	Trafford Athletic Club 'D'	158	—	49	Atticus Jones	52	Joseph Cowles	57	Toby Morrello
16	E Cheshire H & Tameside AC 'B'	159	—	46	Samuel Horner	55	Joseph Horner	58	Maxwell Ormston

# Manchester Area Cross Country League at Kenworthy Woods on Saturday 4th December 2021

## Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time			Time		
1	614	Lexie Ellis	Liverpool Harriers & Ac	11:26	27	1373	Harriet Byrnes	Salford Harriers & AC	13:11
2	605	Erin Fay	Liverpool Harriers & Ac	11:29	28	1252	Amber Webb	Sale Harriers Manchester	13:15
3	616	Bailey Hughes	Liverpool Harriers & Ac	11:30	29	461	Ava Royle	E Cheshire H & Tameside AC	13:17
4	2177	Ruby McIlveen	Wirral Ac	11:33	30	462	Cecilia Smylie	E Cheshire H & Tameside AC	13:19
5	613	Isabella Doran	Liverpool Harriers & Ac	11:34	31	1857	Semrawit Tekle	Trafford Athletic Club	13:26
6	624	Valerie Teare	Liverpool Harriers & Ac	11:40	32	2173	Ellie Fraser	Wirral Ac	13:28
7	1671	Molly Mills	Stockport Harriers & Ac	11:49	33	609	Grace Bomba	Liverpool Harriers & Ac	13:33
8	1245	Oonagh McManus	Sale Harriers Manchester	11:50	34	1670	Rebecca Knight	Stockport Harriers & Ac	13:44
9	2182	Leila Vesey	Wirral Ac	12:03	35	460	Anna Rooke	E Cheshire H & Tameside AC	13:54
10	1668	Lucy Jones	Stockport Harriers & Ac	12:12	36	2649	Nicole Anders	St Helens Sutton Ac	13:58
11	1239	Imogen Hill	Sale Harriers Manchester	12:16	37	2487	Alba March	Vale Royal Ac	14:00
12	1372	Sasha Bartalotta	Salford Harriers & AC	12:20	38	1982	Sarah Ashcroft	Warrington A C	14:01
13	2172	Ella Cowan	Wirral Ac	12:23	39	2524	Sophie Parkinson	Warrington A C	14:02
14	621	Rebecca Murphy	Liverpool Harriers & Ac	12:29	40	1234	Manaal Christmas	Sale Harriers Manchester	14:03
15	1250	Hannah Squibbs	Sale Harriers Manchester	12:38	41	2458	Ava Evans	Trafford Athletic Club	14:05
16	1983	Ellie Barker	Warrington A C	12:41	42	1984	O Clarke-Malone	Warrington A C	14:14
17	623	Lillian Rotheram	Liverpool Harriers & Ac	12:41	43	1673	Felicity Thelwell	Stockport Harriers & Ac	14:21
18	1247	Lola Richardson	Sale Harriers Manchester	12:46	44	458	Mia Dickinson	E Cheshire H & Tameside AC	14:27
19	2599	Eva Mion	Running Bear	12:46	45	619	Faye Lalley	Liverpool Harriers & Ac	14:47
20	1853	Ursula Bailey	Trafford Athletic Club	12:48	46	2433	Sophie Quaranta	St Helens Sutton Ac	15:04
21	1986	Sinead Gregory	Warrington A C	12:49	47	2513	Alexis Evers	Vale Royal Ac	15:14
22	2183	Holly Webster	Wirral Ac	12:50	48	1244	Olivia Manson	Sale Harriers Manchester	15:21
23	1987	Emily Kinsey	Warrington A C	12:50	49	1251	Libby Tucker	Sale Harriers Manchester	15:44
24	618	Isabel Kavanagh	Liverpool Harriers & Ac	13:06	50	1243	Ruby Langford	Sale Harriers Manchester	15:53
25	1985	Cara Gregory	Warrington A C	13:06	51	463	Meadow Wright	E Cheshire H & Tameside AC	15:56
26	194	Erin Colebrook	Buxton AC	13:11					

## Under 13 - Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	6	—	1	Lexie Ellis	2	Erin Fay	3	Bailey Hughes
2	Liverpool Harriers & Ac 'B'	25	—	5	Isabella Doran	6	Valerie Teare	14	Rebecca Murphy
3	Wirral Ac	26	—	4	Ruby McIlveen	9	Leila Vesey	13	Ella Cowan
4	Sale Harriers Manchester	34	—	8	Oonagh McManus	11	Imogen Hill	15	Hannah Squibbs
5	Stockport Harriers & Ac	51	—	7	Molly Mills	10	Lucy Jones	34	Rebecca Knight
6	Warrington A C	60	—	16	Ellie Barker	21	Sinead Gregory	23	Emily Kinsey
7	Liverpool Harriers & Ac 'C'	74	—	17	Lillian Rotheram	24	Isabel Kavanagh	33	Grace Bomba
8	Sale Harriers Manchester 'B'	86	—	18	Lola Richardson	28	Amber Webb	40	Manaal Christmas
9	Trafford Athletic Club	92	—	20	Ursula Bailey	31	Semrawit Tekle	41	Ava Evans
10	E Cheshire H & Tameside AC	94	—	29	Ava Royle	30	Cecilia Smylie	35	Anna Rooke
11	Warrington A C 'B'	102	—	25	Cara Gregory	38	Sarah Ashcroft	39	Sophie Parkinson
12	Sale Harriers Manchester 'C'	147	—	48	Olivia Manson	49	Libby Tucker	50	Ruby Langford

# Manchester Area Cross Country League at Kenworthy Woods on Saturday 4th December 2021

## Under 15 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	637	Max Webster	Liverpool Harriers & Ac	14:36	23	2611	Sam Elliott	Stockport Harriers & Ac	16:07
2	2192	Ben Williams	Wirral Ac	14:44	24	781	Tom Farrelly	Manchester Harriers & AC	16:07
3	1511	Gabriel Mullen	St Helens Sutton Ac	14:55	25	1380	Samuel Barlow	Salford Harriers & AC	16:13
4	2187	Jack Heap	Wirral Ac	14:57	26	1509	Liam Johnson	St Helens Sutton Ac	16:29
5	1257	Finlay Goddard	Sale Harriers Manchester	15:02	27	696	Matthew Walker	Macclesfield Harriers & AC	16:29
6	2634	Rhys Bowden	Vale Royal Ac	15:02	28	2404	Samuel Pearce	Sale Harriers Manchester	16:33
7	2501	Thomas Taylor	Vale Royal Ac	15:11	29	1681	Oliver Thornhill	Stockport Harriers & Ac	16:39
8	1387	Alfie Simons	Salford Harriers & AC	15:12	30	1862	Jay Hutchinson	Trafford Athletic Club	16:52
9	2561	Riley Malone	Liverpool Harriers & Ac	15:26	31	1508	Charlie Griffiths	St Helens Sutton Ac	16:53
10	697	Michael Wood	Macclesfield Harriers & AC	15:31	32	465	Cole Wright	E Cheshire H & Tameside AC	16:54
11	1675	Felix Benson	Stockport Harriers & Ac	15:36	33	1679	Joel Hulley	Stockport Harriers & Ac	16:59
12	1869	Josh Watson	Trafford Athletic Club	15:38	34	1988	Thomas Dawson	Warrington A C	17:21
13	174	Hugh Noden	Bramhall Runners	15:43	35	464	Finnan Docherty	E Cheshire H & Tameside AC	17:42
14	2357	Finley Foote	Macclesfield Harriers & AC	15:48	36	1255	Alfie Clare	Sale Harriers Manchester	18:04
15	2647	Oliver Bailey	Staffs Moorland AC	15:51	37	173	Samuel Bailey	Bramhall Runners	18:26
16	630	Tom Byrne	Liverpool Harriers & Ac	15:55	38	1870	Zack Watson	Trafford Athletic Club	18:47
17	1386	Lewis Kirk	Salford Harriers & AC	15:56	39	1864	Berji Metcalf	Trafford Athletic Club	19:13
18	1256	Finlay Day	Sale Harriers Manchester	15:56	40	1858	Jamie Anderton	Trafford Athletic Club	19:19
19	1381	Alfie Bundy	Salford Harriers & AC	15:57	41	1866	Edwyn Robinson	Trafford Athletic Club	19:40
20	195	Jack Cook	Buxton AC	16:00	42	1676	Lucas Brundrett	Stockport Harriers & Ac	19:50
21	1260	James O'Brien	Sale Harriers Manchester	16:00	43	1677	Edward Gough	Stockport Harriers & Ac	19:50
22	1868	James Walton	Trafford Athletic Club	16:06	44	1680	Elliot Jones	Stockport Harriers & Ac	20:28

## Under 15 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Liverpool Harriers & Ac	25	—	1	Max Webster	9	Riley Malone	15	Tom Byrne
2	Salford Harriers & AC	42	—	8	Alfie Simons	16	Lewis Kirk	18	Alfie Bundy
3	Sale Harriers Manchester	42	—	5	Finlay Goddard	17	Finlay Day	20	James O'Brien
4	Macclesfield Harriers & AC	50	—	10	Michael Wood	14	Finley Foote	26	Matthew Walker
5	St Helens Sutton Ac	58	—	3	Gabriel Mullen	25	Liam Johnson	30	Charlie Griffiths
6	Stockport Harriers & Ac	61	—	11	Felix Benson	22	Sam Elliott	28	Oliver Thornhill
7	Trafford Athletic Club	62	—	12	Josh Watson	21	James Walton	29	Jay Hutchinson
8	Trafford Athletic Club 'B'	114	—	37	Zack Watson	38	Berji Metcalf	39	Jamie Anderton
9	Stockport Harriers & Ac 'B'	115	—	32	Joel Hulley	41	Lucas Brundrett	42	Edward Gough

## Under 15 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1999	Imogen Wharton	Warrington A C	15:37	24	1683	Rosie Bradshaw	Stockport Harriers & Ac	18:11
2	2041	Jessica Lark	West Cheshire AC	15:51	25	468	Alice Cunningham	E Cheshire H & Tameside AC	18:31
3	1685	Ella Buckley	Stockport Harriers & Ac	16:04	26	1514	Lily Birkett	St Helens Sutton Ac	18:31
4	1997	Esme Heavey	Warrington A C	16:14	27	467	Kayla Corbett	E Cheshire H & Tameside AC	18:33
5	1263	Isabella Appleby	Sale Harriers Manchester	16:18	28	2610	Caitlin Hill	Stockport Harriers & Ac	19:08
6	1691	Niamh Mackintosh	Stockport Harriers & Ac	16:22	29	470	Erin Lord	E Cheshire H & Tameside AC	19:24
7	1998	Alice Nicholson	Warrington A C	16:33	30	1269	Daria Dwyer-Ross	Sale Harriers Manchester	19:36
8	1690	Gracie Hunt	Stockport Harriers & Ac	16:34	31	2346	Martha Ireland	Macclesfield Harriers & AC	19:43
9	52	Eleanor Nicholson	Altrincham & District AC	16:42	32	469	Harri Fleet	E Cheshire H & Tameside AC	19:44
10	1392	Darcy Slattery	Salford Harriers & AC	16:44	33	1264	Sophie Armitage	Sale Harriers Manchester	19:50
11	2040	Sophie Haslam	West Cheshire AC	16:52	34	2394	Rachel Venables	Sale Harriers Manchester	19:56
12	1694	Rosie Philbin	Stockport Harriers & Ac	16:53	35	1688	Lydia Garrod	Stockport Harriers & Ac	20:04
13	2445	Ellena Walker	Stockport Harriers & Ac	17:00	36	1265	Na'ilah Christmas	Sale Harriers Manchester	20:24
14	1692	Saffron Meade	Stockport Harriers & Ac	17:00	37	197	Rebecca Cudahy	Buxton AC	20:25
15	2409	Elena Bartalotta	Salford Harriers & AC	17:00	38	1686	Natasha Davies	Stockport Harriers & Ac	20:25
16	2193	Hannah Brearton	Wirral Ac	17:01	39	1877	Rosa Morrello	Trafford Athletic Club	20:27
17	2204	Sarah Theobald	Wirral Ac	17:03	40	642	Miriam Wilson	Liverpool Harriers & Ac	20:31
18	1271	Madison Holt	Sale Harriers Manchester	17:20	41	2636	Anna Smith	Vale Royal Ac	20:38
19	641	Phoebe Melia	Liverpool Harriers & Ac	17:22	42	1874	Fay Lewis	Trafford Athletic Club	20:47
20	638	Beatrix Cole	Liverpool Harriers & Ac	17:24	43	1470	Charlotte Gee	Salford Metropolitan Ac	21:01
21	1391	Amber Davidson	Salford Harriers & AC	17:31	44	2635	Isabelle Maundrill	Vale Royal Ac	21:23
22	1684	Aisling Brooks	Stockport Harriers & Ac	17:42	45	471	Maria Rooke	E Cheshire H & Tameside AC	21:26
23	1472	Esme Sly	Salford Metropolitan Ac	17:45	46	2623	Diana Talib	Trafford Athletic Club	21:37

## Under 15 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Warrington A C	12	—	1	Imogen Wharton	4	Esme Heavey	7	Alice Nicholson
2	Stockport Harriers & Ac	17	—	3	Ella Buckley	6	Niamh Mackintosh	8	Gracie Hunt
3	Stockport Harriers & Ac 'B'	39	—	12	Rosie Philbin	13	Ellena Walker	14	Saffron Meade
4	Salford Harriers & AC	46	—	10	Darcy Slattery	15	Elena Bartalotta	21	Amber Davidson
5	Sale Harriers Manchester	53	—	5	Isabella Appleby	18	Madison Holt	30	Daria Dwyer-Ross
6	Stockport Harriers & Ac 'C'	74	—	22	Aisling Brooks	24	Rosie Bradshaw	28	Caitlin Hill
7	Liverpool Harriers & Ac	79	—	19	Phoebe Melia	20	Beatrix Cole	40	Miriam Wilson
8	E Cheshire H & Tameside AC	81	—	25	Alice Cunningham	27	Kayla Corbett	29	Erin Lord
9	Sale Harriers Manchester 'B'	103	—	33	Sophie Armitage	34	Rachel Venables	36	Na'ilah Christmas
10	Trafford Athletic Club	127	—	39	Rosa Morrello	42	Fay Lewis	46	Diana Talib

# Manchester Area Cross Country League at Kenworthy Woods on Saturday 4th December 2021

## Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2044	Jamie Richardson	West Cheshire AC	20:14	11	2354	Rohan Jensen	Macclesfield Harriers & AC	22:47
2	2211	William Strickley	Wirral Ac	20:39	12	2416	Lewis Brown	Salford Harriers & AC	22:53
3	1701	Henry Pickard	Stockport Harriers & Ac	21:00	13	1893	Sonny Wilson	Trafford Athletic Club	23:11
4	1700	Thomas Manton	Stockport Harriers & Ac	21:21	14	1882	Jack Haworth	Trafford Athletic Club	23:13
5	1885	Louie McCormack	Trafford Athletic Club	21:47	15	1474	Benjamin Knight	Salford Metropolitan Ac	23:17
6	1698	Jack Catterall	Stockport Harriers & Ac	22:00	16	1396	Freddie Oldfield	Salford Harriers & AC	23:17
7	2043	Sammy Hollins	West Cheshire AC	22:14	17	2045	Henry Robinson	West Cheshire AC	23:31
8	643	Alex Kelly	Liverpool Harriers & Ac	22:25	18	2650	J Colquhoun-Lynn	Sale Harriers Manchester	23:41
9	2210	Jack Strickley	Wirral Ac	22:30	19	1887	Jamie Robertson	Trafford Athletic Club	25:25
10	1888	Ned Silvey	Trafford Athletic Club	22:38					

## Under 17 - Men — TEAM RESULTS

1	Stockport Harriers & Ac	13	—	3	Henry Pickard	4	Thomas Manton	6	Jack Catterall
2	West Cheshire AC	25	—	1	Jamie Richardson	7	Sammy Hollins	17	Henry Robinson
3	Trafford Athletic Club	28	—	5	Louie McCormack	10	Ned Silvey	13	Sonny Wilson

## Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2004	Orla Gregory	Warrington A C	23:18	13	474	Aliesha Smith	E Cheshire H & Tameside AC	26:21
2	1895	Freya Griffiths	Trafford Athletic Club	23:56	14	2653	Harriett Bain	Liverpool Harriers & Ac	26:49
3	2294	Grace Tobin	Liverpool Harriers & Ac	24:41	15	1285	Carmen Safranauskas	Sale Harriers Manchester	26:51
4	2048	Carys Roberts	West Cheshire AC	24:49	16	1705	Isabel Brundrett	Stockport Harriers & Ac	26:52
5	2215	Abbie Page-Jones	Wirral Ac	25:11	17	1894	Cleo Bentall	Trafford Athletic Club	27:24
6	2295	Ella McMurtrie	Liverpool Harriers & Ac	25:17	18	2565	Ella Heap	Wirral Ac	27:58
7	2046	Jodi Bemand	West Cheshire AC	25:35	19	1520	Taylor Massey	St Helens Sutton Ac	28:00
8	1284	Olivia Russell	Sale Harriers Manchester	25:52	20	2296	Megan McMurtrie	Liverpool Harriers & Ac	30:21
9	2001	Joy Ashcroft-Carter	Warrington A C	26:03	21	782	Violet Claxton	Manchester Harriers & AC	30:55
10	1281	Elizabeth Hill	Sale Harriers Manchester	26:05	22	2562	Sarayah Ormerod	Stockport Harriers & Ac	31:10
11	2217	Emma Theobald	Wirral Ac	26:10	23	2006	Molly Wormald	Warrington A C	32:02
12	648	Emma Gittens	Liverpool Harriers & Ac	26:17					

## Under 17 - Ladies — TEAM RESULTS

1	Liverpool Harriers & Ac	21	—	3	Grace Tobin	6	Ella McMurtrie	12	Emma Gittens
2	Sale Harriers Manchester	33	—	8	Olivia Russell	10	Elizabeth Hill	15	Carmen Safranauskas
3	Warrington A C	33	—	1	Orla Gregory	9	Joy Ashcroft-Carter	23	Molly Wormald
4	Wirral Ac	34	—	5	Abbie Page-Jones	11	Emma Theobald	18	Ella Heap

## Senior Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2219	Ellen Kearney	L20	1 Wirral Ac	27:12	8	797	Grace Mitchell	L20	8 Manchester Metropolitan Uni	33:53
2	2220	Rachael Theobald	L20	2 Wirral Ac	29:33	9	1052	Megan Bartholomew	L20	9 Oldham & Royton H & Ac	36:46
3	198	Amy Whelan	L20	3 Buxton AC	30:16	10	2236	Sophie Vickers	L20	10 Manchester Metropolitan Uni	36:49
4	784	Sophie Kilpatrick	L20	4 Manchester Harriers & AC	30:29	11	1051	Lauren Bartholomew	L20	11 Oldham & Royton H & Ac	37:19
5	1713	Esther Hulley	L20	5 Stockport Harriers & Ac	30:41	12	1714	Lydia Hulley	L20	12 Stockport Harriers & Ac	38:46
6	1294	Lucy Armitage	L20	6 Sale Harriers Manchester	31:16	13	2374	Ellie Dixon	L20	13 Manchester Metropolitan Uni	38:49
7	2013	Ellen Turnbull	L20	7 Warrington A C	32:19	14	796	Ella McHale	L20	14 Manchester Metropolitan Uni	42:42

## Senior Ladies aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Manchester Metropolitan Uni	31	—	8	Grace Mitchell	10	Sophie Vickers	13	Ellie Dixon
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## Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	569	Toby Middleton	U20	1 Horwich R M I Harriers	34:15	11	2353	Laurence Manley	U20	11 Macclesfield Harriers & AC	39:16
2	1707	Harry Ellwood	U20	2 Stockport Harriers & Ac	35:15	12	1286	Zac Gaillemin	U20	12 Sale Harriers Manchester	39:52
3	2007	Joseph Buckley	U20	3 Warrington A C	35:43	13	475	Michael Obi	U20	13 E Cheshire H & Tameside AC	40:50
4	2238	Charlie Smith	U20	4 Manchester Metropolitan Uni	36:05	14	2586	Jackson Sloan	U20	14 Lancaster & Morecambe Ac	41:42
5	1403	Oliver Cook	U20	5 Salford Harriers & AC	36:09	15	2471	George Glennon	U20	15 Trafford Athletic Club	41:44
6	783	Joseph Farrelly	U20	6 Manchester Harriers & AC	37:04	16	2377	Harri Jackson	U20	16 Manchester Metropolitan Uni	42:37
7	2637	R Evans	U20	7 Windsor Slough Eton & Houns	38:39	17	1476	Ben Stanley	U20	17 Salford Metropolitan Ac	47:35
8	1708	Alex Macfarlane	U20	8 Stockport Harriers & Ac	38:43	18	2280	Tobias Walsh	U20	18 E Cheshire H & Tameside AC	52:57
9	1289	Alex James	U20	9 Sale Harriers Manchester	39:08	19	2596	Tobias Sze	U20	19 Manchester Metropolitan Uni	57:29
10	794	Harry Read	U20	10 Manchester Metropolitan Uni	39:10						

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Manchester Metropolitan Uni	29	—	4	Charlie Smith	10	Harry Read	15	Harri Jackson
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# Manchester Area Cross Country League at Kenworthy Woods on Saturday 4th December 2021

## Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time					
1	2543	Sophie Tarver		Wirral Ac	25:08	33	857	Fiona Blagg	Manchester Triathlon Club	32:40
2	1187	Sophie Wood		Sale Harriers Manchester	26:36	34	1968	Faye Lawton	Warrington A C	32:48
3	1363	Ruth Jones		Salford Harriers & AC	26:56	35	1822	Ruth Beresford	Trafford Athletic Club	33:12
4	2145	Naomi Alleyne		Wirral Ac	27:22	36	2026	Claire Harris	West Cheshire AC	33:29
5	1939	Kate Moulds		Vale Royal Ac	27:50	37	305	Francesca Bale	Chorlton Runners	33:35
6	1823	Vicki Cronin		Trafford Athletic Club	28:06	38	1164	Michele Dawson	Sale Harriers Manchester	34:03
7	2587	Leah Peploe		Leigh Harriers & Ac	28:56	39	679	Shan Preece	Macclesfield Harriers & AC	34:03
8	791	Amy Jackson		Manchester Metropolitan Uni	29:18	40	322	Eryl Davies	Chorlton Runners	34:15
9	1158	Laura Barber		Sale Harriers Manchester	29:29	41	1575	Jess Mohan	Start2jog	34:19
10	2030	Kate Titlow		West Cheshire AC	29:42	42	76	Sally Dewhirst	Belle Vue Racers	34:27
11	1654	Faye Waterhouse		Stockport Harriers & Ac	29:56	43	2442	Amie-Erika Hughes	Stockport Harriers & Ac	34:32
12	925	Heather Hughes		Manchester Ymca Harriers	30:03	44	889	Natasha Sutherland	Manchester Triathlon Club	34:59
13	2393	Calvi Thompson		Sale Harriers Manchester	30:10	45	2624	Amyrose Cauley	Trafford Athletic Club	35:14
14	1638	Emilia Gajda		Stockport Harriers & Ac	30:11	46	336	Emma Neal	Chorlton Runners	35:38
15	313	Rachel Brown		Chorlton Runners	30:14	47	1081	Emily Harvey	Saddleworth Runners Club	35:43
16	2105	Mattie Edwards		Wilmslow Striders	30:24	48	1578	Jade Peacock	Start2jog	36:51
17	1184	Jane Thomas		Sale Harriers Manchester	30:27	49	1644	Rebekah Livsey	Stockport Harriers & Ac	36:57
18	1061	Lucy Gleave		Running Bear	30:49	50	385	Hanifa Greenwood	Didsbury Runners	36:59
19	1940	Clara Pettitt		Vale Royal Ac	30:50	51	340	Emma Rose	Chorlton Runners	37:02
20	1833	Zoe Storr		Trafford Athletic Club	30:50	52	737	Vanessa Rowell	Manchester Frontrunners	37:33
21	440	Hayley Simpson		E Cheshire H & Tameside AC	30:54	53	2616	Paris Potts	Swinton Running Club	37:48
22	1442	Chloe Elliott		Salford Metropolitan Ac	30:57	54	598	Laura Oldroyd	Knutsford Tri Club	37:55
23	324	Gabrielle Day		Chorlton Runners	30:59	55	2289	Iona Macrury	Knutsford Tri Club	37:55
24	1083	Rowen Pymm		Saddleworth Runners Club	31:01	56	1579	Katie Rawlinson	Start2jog	38:33
25	353	Siobhan Woods		Chorlton Runners	31:11	57	82	Emma Kerwin	Belle Vue Racers	39:19
26	1831	Melanie Monks		Trafford Athletic Club	31:13	58	377	Hanna Burgess	Didsbury Runners	40:05
27	1180	Rozhdestvenskaya		Sale Harriers Manchester	31:18	59	677	Daisy Pickles	Macclesfield Harriers & AC	40:13
28	926	Rachel Meredith		Manchester Ymca Harriers	31:23	60	895	Lauren Williamson	Manchester Triathlon Club	40:22
29	390	Emily Jeffs		Didsbury Runners	31:38	61	2373	Maddie Gordon	Manchester Metropolitan Uni	40:54
30	1645	Ruth Mackenzie		Stockport Harriers & Ac	31:50	62	1569	Kaylea Haynes	Start2jog	41:12
31	1830	Kate Meeson		Trafford Athletic Club	31:57	63	885	Sarah Roberts	Manchester Triathlon Club	41:44
32	2444	Imogen Nutter		Stockport Harriers & Ac	32:00					

## Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	2092	Nicola Reece	L35	1 Wilmslow Running Club	29:05	21	773	Emily Quin	L3521 Manchester Harriers & AC	35:10
2	2627	Joanne Dawes	L35	2 Trafford Athletic Club	29:54	22	670	Saranya Hasler	L3522 Macclesfield Harriers & AC	36:25
3	152	Samantha Jones	L35	3 Bramhall Runners	29:54	23	354	Denise Yarrow	L3523 Chorlton Runners	37:10
4	771	Cara O'Brien	L35	4 Manchester Harriers & AC	30:08	24	2656	Rachel Thomas	L3524 Salford Metropolitan Ac	37:12
5	351	Amy Weyers	L35	5 Chorlton Runners	30:11	25	323	Joanne Davies	L3525 Chorlton Runners	37:23
6	2338	Faye Sharpley	L35	6 Macclesfield Harriers & AC	30:26	26	968	Chelsea Mears-Graham	L3526 Marple Runners	37:48
7	1358	Sarah Carroll	L35	7 Salford Harriers & AC	31:08	27	735	Aleksandra Piekarska	L3527 Manchester Frontrunners	37:55
8	343	Ingrid Storm	L35	8 Chorlton Runners	31:47	28	1439	Laura Benefer	L3528 Salford Metropolitan Ac	38:41
9	2485	Siobhan Tarbuck	L35	9 Vale Royal Ac	31:51	29	1023	Janine Jordan	L3529 Middleton Harriers AC	39:22
10	339	Sarah Renshaw	L35	10 Chorlton Runners	32:26	30	1794	Hannah Lee	L3530 Swinton Running Club	42:05
11	1360	Laura Coucill	L35	11 Salford Harriers & AC	32:36	31	2256	Aimee Woolley	L3531 Belle Vue Racers	43:05
12	2343	Kate Robinson	L35	12 Macclesfield Harriers & AC	32:39	32	334	Carly Lyes	L3532 Chorlton Runners	43:07
13	1821	Louise Ambler	L35	13 Trafford Athletic Club	32:49	33	952	Laura Ahearn	L3533 Marple Runners	43:29
14	732	Rachel Kenyon	L35	14 Manchester Frontrunners	33:24	34	2366	Laura Przylipek	L3534 Manchester Harriers & AC	43:52
15	311	Alexa Besnard	L35	15 Chorlton Runners	33:27	35	2125	Charlotte Dean	L3535 Winston Runners	44:55
16	1931	Anna Begbie	L35	16 Vale Royal Ac	33:32	36	44	Claire Irons	L3536 Altrincham & District AC	47:14
17	921	Hannah Brierley	L35	17 Manchester Ymca Harriers	33:38	37	2595	Tracy Farrell	L3537 Manchester Harriers & AC	48:35
18	1045	Jodie Tinker	L35	18 Oldham & Royton H & Ac	33:46	38	2382	Rachel Myers	L3538 Marple Runners	48:44
19	355	Andreja Zevnik	L35	19 Chorlton Runners	33:47	39	75	Jennifer Crocker	L3539 Belle Vue Racers	50:18
20	342	Naomi Stones	L35	20 Chorlton Runners	33:54					

## Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	2089	Diane McVey	L40	1 Wilmslow Running Club	29:14	27	389 Yvonne Hung	L4027	Didsbury Runners	37:08
2	2523	Claire Andrew	L40	2 Warrington A C	29:22	28	759 Caroline Baba	L4028	Manchester Harriers & AC	37:15
3	1632	Belinda Brennan	L40	3 Stockport Harriers & Ac	29:59	29	2342 Jennie Martin	L4029	Macclesfield Harriers & AC	37:17
4	41	Lora Blann	L40	4 Altrincham & District AC	30:00	30	294 Alison Wainwright	L4030	Chorlton Runners	37:20
5	874	Deirdre McCarthy	L40	5 Manchester Triathlon Club	31:28	31	1801 Cheryl Pate	L4031	Swinton Running Club	37:34
6	1169	Harriet Hamilton	L40	6 Sale Harriers Manchester	31:32	32	1577 Reilly Sinead O	L4032	Start2jog	37:40
7	1797	Rebecca Mills	L40	7 Swinton Running Club	32:33	33	1791 Julie Hamilton	L4033	Swinton Running Club	37:53
8	1942	Claire Thompson	L40	8 Vale Royal Ac	32:39	34	2134 W Wood	L4034	Winston Runners	38:05
9	2120	Laura Bell	L40	9 Winston Runners	32:43	35	974 Katrina Stephens	L4035	Marple Runners	38:16
10	2642	Helen Kini	L40	10 Wirral Ac	32:43	36	1742 Dawn Fenton	L4036	Stockport Tri Club	38:20
11	187	Samantha Willis	L40	11 Buxton AC	33:01	37	1788 Rachel Billington	L4037	Swinton Running Club	38:37
12	1798	Helen Nation	L40	12 Swinton Running Club	33:10	38	1735 Charlotte Black	L4038	Stockport Tri Club	38:40
13	879	Jenny Outhwaite	L40	13 Manchester Triathlon Club	33:12	39	73 Yana Anderton	L4039	Belle Vue Racers	38:44
14	856	Sophie Barnett	L40	14 Manchester Triathlon Club	33:53	40	763 Lindsey Farrelly	L4040	Manchester Harriers & AC	39:00
15	2585	Rebecca Day	L40	15 Goyt Valley Striders	33:55	41	307 Alison Barbuti	L4041	Chorlton Runners	39:27
16	376	Laura Brown	L40	16 Didsbury Runners	33:59	42	438 Catherine Daly	L4042	E Cheshire H & Tameside AC	39:57
17	524	S Fanthorpe-Smith	L40	17 Goyt Valley Striders	34:20	43	320 Caroline Crosswell	L4043	Chorlton Runners	41:03
18	965	Victoria Jackson	L40	18 Marple Runners	34:30	44	963 Taylor Giacomina	L4044	Marple Runners	41:08
19	184	Ruth Gowers	L40	19 Buxton AC	34:47	45	887 Jayne Speers	L4045	Manchester Triathlon Club	41:15
20	1170	Belinda Hammond	L40	20 Sale Harriers Manchester	34:49	46	154 Kata Kolozsvary	L4046	Bramhall Runners	41:46
21	2128	Jennifer Lutton	L40	21 Winston Runners	35:08	47	966 Emma Loveridge	L4047	Marple Runners	42:05
22	729	Jacqui Baines	L40	22 Manchester Frontrunners	35:11	48	397 Anna Thurston	L4048	Didsbury Runners	42:55
23	327	Sally Grimwood	L40	23 Chorlton Runners	35:24	49	953 Emily Bamford	L4049	Marple Runners	43:48
24	171	Karen Wileman	L40	24 Bramhall Runners	35:40	50	733 Paula Medley	L4050	Manchester Frontrunners	43:57
25	1744	Clare Pickford	L40	25 Stockport Tri Club	36:11	51	2149 Uyai Ikpat	L4051	Wirral Ac	44:43
26	2124	Jayne Cordingley	L40	26 Winston Runners	36:25	52	2132 Kathleen Tyms	L4052	Winston Runners	53:24

## Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	666	Kristy Gill	L45	1 Macclesfield Harriers & AC	30:01	28	415 Joanne Healy	L4528	Dragons Running Club (sale)	36:27
2	1162	Anne Chinoy	L45	2 Sale Harriers Manchester	31:03	29	2154 Anne Rosbottom	L4529	Wirral Ac	36:38
3	2085	Sharon Johnstone	L45	3 Wilmslow Running Club	31:48	30	139 Caroline Cauty	L4530	Bramhall Runners	36:56
4	345	Katalin Szabo	L45	4 Chorlton Runners	31:50	31	1447 Laura Mercer	L4531	Salford Metropolitan Ac	37:38
5	1649	Jennie Pickard	L45	5 Stockport Harriers & Ac	31:55	32	306 Emma Banister	L4532	Chorlton Runners	37:52
6	1155	Helen Armitage	L45	6 Sale Harriers Manchester	32:05	33	90 Rachel Watson	L4533	Belle Vue Racers	37:52
7	2031	Anna Woolgar	L45	7 West Cheshire AC	32:16	34	2133 Gaynor Williams	L4534	Winston Runners	38:11
8	892	Jude Wall	L45	8 Manchester Triathlon Club	32:30	35	977 Helena Tinker	L4535	Marple Runners	38:11
9	1173	Clare McCarron	L45	9 Sale Harriers Manchester	33:10	36	386 Miranda Hall	L4536	Didsbury Runners	38:14
10	2655	Belinda Neild	L45	10 Salford Metropolitan Ac	33:42	37	74 Karen Charters	L4537	Belle Vue Racers	38:24
11	1443	Amanda Hurdall	L45	11 Salford Metropolitan Ac	33:49	38	864 Jo Dogherty	L4538	Manchester Triathlon Club	38:31
12	2628	Claire Chaffer	L45	12 Trafford Athletic Club	34:01	39	1441 Jennifer Donaldson	L4539	Salford Metropolitan Ac	38:41
13	1795	Lauren Marsden	L45	13 Swinton Running Club	34:01	40	48 Nicola Leese	L4540	Altrincham & District AC	38:48
14	525	Rebecca Glen	L45	14 Goyt Valley Striders	34:11	41	1737 Nicola Brundrett	L4541	Stockport Tri Club	39:11
15	681	Sue Stockdale	L45	15 Macclesfield Harriers & AC	34:23	42	1650 Nicola Pickford	L4542	Stockport Harriers & Ac	39:38
16	1641	Jennifer Hulley	L45	16 Stockport Harriers & Ac	34:50	43	157 Rosemarie McArdle	L4543	Bramhall Runners	41:01
17	1028	Martha Urwin	L45	17 Middleton Harriers AC	35:02	44	958 Melanie Commins	L4544	Marple Runners	41:03
18	961	Elise Evans	L45	18 Marple Runners	35:15	45	975 Joanne Stephenson	L4545	Marple Runners	41:18
19	1078	Suzanne Darke	L45	19 Saddleworth Runners Club	35:35	46	2341 Emma Lord	L4546	Macclesfield Harriers & AC	41:28
20	976	Sarah Stutchfield	L45	20 Marple Runners	35:39	47	394 Isabelle Qamar	L4547	Didsbury Runners	41:39
21	1800	Lisa Ottiwell	L45	21 Swinton Running Club	35:45	48	382 Chapala Dey	L4548	Didsbury Runners	41:56
22	1648	Ruth Murdoch	L45	22 Stockport Harriers & Ac	35:45	49	2121 Helen Blissett	L4549	Winston Runners	42:19
23	2438	Harriet Rimington	L45	23 Stockport Harriers & Ac	36:01	50	2025 Alex Duffey	L4550	West Cheshire AC	42:46
24	1740	Christine Dewsbury	L45	24 Stockport Tri Club	36:18	51	137 Sarah Beattie	L4551	Bramhall Runners	43:58
25	1171	Catherine Jones	L45	25 Sale Harriers Manchester	36:19	52	853 Gillian Aspin	L4552	Manchester Triathlon Club	47:05
26	182	Joanne Cudahy	L45	26 Buxton AC	36:22	53	2615 Annabell Hunt	L4553	Stockport Harriers & Ac	47:13
27	2568	Angela Tegg	L45	27 West Cheshire AC	36:24	54	1782 Andy Smith	L4554	Swinton Running Club	50:39

## Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	2249	Philippa Cameron	L50	1 Altrincham & District AC	30:21	23	1741 Gillian Doolan	L5023	Stockport Tri Club	37:54
2	441	Michelle Vaughan	L50	2 E Cheshire H & Tameside AC	31:03	24	1738 Laura Carter	L5024	Stockport Tri Club	38:20
3	341	Stephanie Stevens	L50	3 Chorlton Runners	31:36	25	501 Charmayne Brierley	L5025	Glossopdale Harriers	38:26
4	2437	Jayne Lawton	L50	4 Stockport Harriers & Ac	32:19	26	1062 Lucy Lewis	L5026	Running Bear	39:39
5	2147	Maggie Cooper	L50	5 Wirral Ac	32:46	27	1176 Helen Reagan	L5027	Sale Harriers Manchester	40:33
6	158	Vikki Murphy	L50	6 Bramhall Runners	33:04	28	599 Miranda Taylor	L5028	Knutsford Tri Club	40:34
7	1440	Jaine Brocklehurst	L50	7 Salford Metropolitan Ac	33:14	29	163 Breeshey Smith	L5029	Bramhall Runners	40:40
8	2079	Janine Ellis	L50	8 Wilmslow Running Club	33:58	30	683 Jane Wilde	L5030	Macclesfield Harriers & AC	40:53
9	2454	Alison Drasdo	L50	9 Trafford Athletic Club	34:04	31	78 Julia Foy	L5031	Belle Vue Racers	41:17
10	2455	Louise Mangan	L50	10 Trafford Athletic Club	34:15	32	1572 Clare Leith	L5032	Start2jog	41:38
11	1941	Helen Smith	L50	11 Vale Royal Ac	34:16	33	862 Claire Deane	L5033	Manchester Triathlon Club	41:54
12	1646	Melanie Mather	L50	12 Stockport Harriers & Ac	35:02	34	772 Catherine Poole	L5034	Manchester Harriers & AC	42:16
13	1647	Estelle McGuire	L50	13 Stockport Harriers & Ac	35:02	35	1027 Catherine Murphy	L5035	Middleton Harriers AC	42:47
14	1079	Fiona Dyson	L50	14 Saddleworth Runners Club	35:10	36	109 Erika Heap	L5036	Bramhall Runners	43:29
15	2109	Philippa Whittingham	L50	15 Wilmslow Striders	35:53	37	890 Jacky Taylor	L5037	Manchester Triathlon Club	44:01
16	1967	Anne Gregory	L50	16 Warrington A C	36:54	38	894 Michelle Wilder	L5038	Manchester Triathlon Club	44:08
17	2024	Debra Bemand	L50	17 West Cheshire AC	37:29	39	1548 Chris Forber	L5039	St Helens Tri	44:31
18	316	Helen Cain	L50	18 Chorlton Runners	37:36	40	162 Emma Roberts	L5040	Bramhall Runners	47:08
19	766	Catherine Jones	L50	19 Manchester Harriers & AC	37:38	41	159 Diane Owens	L5041	Bramhall Runners	47:11
20	1018	Karen Hallett	L50	20 Middleton Harriers AC	37:46	42	959 Samantha Cook	L5042	Marple Runners	47:40
21	1787	Rhona Barker	L50	21 Swinton Running Club	37:50	43	166 Emma Turner	L5043	Bramhall Runners	47:47
22	2223	Catherine Jackson	L50	22 Styal Running Club	37:51	44	155 Melanie Li	L5044	Bramhall Runners	51:36

### Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	2028	Traci Shipley	L55 1	West Cheshire AC	33:50
2	188	Tania Wilson	L55 2	Buxton AC	33:52
3	2571	Maureen Wilkins	L55 3	Stockport Harriers & Ac	34:39
4	736	Linda Rix	L55 4	Manchester Frontrunners	34:40
5	1828	Joanne Lott	L55 5	Trafford Athletic Club	35:47
6	43	Carole Harrison	L55 6	Altrincham & District AC	36:02
7	138	Andrea Buckingham	L55 7	Bramhall Runners	36:16
8	142	Fiona Cooke	L55 8	Bramhall Runners	37:32
9	2340	Joanna Miles	L55 9	Macclesfield Harriers & AC	38:19
10	2378	Debbie Heap	L55 10	Manchester Triathlon Club	38:41
11	50	Alison Vesey	L55 11	Altrincham & District AC	38:47
12	349	Sue Waring	L55 12	Chorlton Runners	39:15
13	526	Helen Gray	L55 13	Goyt Valley Striders	39:40
14	1021	Janet Hunt	L55 14	Middleton Harriers AC	40:35
15	2566	Kerry Gleave	L55 15	Running Bear	40:57
16	765	Helen Holme	L55 16	Manchester Harriers & AC	41:35
17	1013	Kyrinda Carter-Moore	L55 17	Middleton Harriers AC	41:41
18	1025	Sandra McGrail	L55 18	Middleton Harriers AC	41:57
19	760	Deborah Beresford	L55 19	Manchester Harriers & AC	42:29
20	2130	Helen Rust	L55 20	Winston Runners	45:31
21	2248	Hazel Harrington	L55 21	Bramhall Runners	46:21
22	1451	Amanda Stanley	L55 22	Salford Metropolitan Ac	47:56
23	768	Caroline Lacey	L55 23	Manchester Harriers & AC	48:35
24	145	Bev Denby	L55 24	Bramhall Runners	49:10
25	762	Linda Cross	L55 25	Manchester Harriers & AC	51:17

### Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	565	Janet Rashleigh	L60 1	Horwich R M I Harriers	32:09
2	1651	Glennis Richardson	L60 2	Stockport Harriers & Ac	34:30
3	668	Sallyann Hales	L60 3	Macclesfield Harriers & AC	36:17
4	1179	Lynda Rowlinson	L60 4	Sale Harriers Manchester	37:23
5	181	Sheila Bradley	L60 5	Buxton AC	37:48
6	2381	Anna Ashton	L60 6	Marple Runners	38:08
7	419	Sue Strickland	L60 7	Dragons Running Club (sale)	40:23
8	317	Ann Carney	L60 8	Chorlton Runners	40:31
9	2339	Barbara Murray	L60 9	Macclesfield Harriers & AC	41:06
10	530	Tracy Vernon	L60 10	Goyt Valley Striders	42:29

### Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	80	Annie Hirsch	L65 1	Belle Vue Racers	37:28
2	920	Gail Brierley	L65 2	Manchester Ymca Harriers	37:55
3	1653	Helen Todd	L65 3	Stockport Harriers & Ac	39:17
4	1011	Fiona Bolton	L65 4	Middleton Harriers AC	40:44
5	1825	Sue Exon	L65 5	Trafford Athletic Club	41:32
6	1020	Teresa Hollins	L65 6	Middleton Harriers AC	42:35
7	304	Ruth Abbott	L65 7	Chorlton Runners	44:11
8	134	Christine Adkins	L65 8	Bramhall Runners	51:36

### Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	1637	Alexis Dinsmor	L70 1	Stockport Harriers & Ac	49:07
2	2057	Trevor Faulkner	L75 1	Wilmslow Running Club	53:55





169	759	Caroline Baba	L40 28	Manchester Harriers & AC	37:15	241 1011	Fiona Bolton	L65 4	Middleton Harriers AC	40:44
170	2342	Jennie Martin	L40 29	Macclesfield Harriers & AC	37:17	242	683Jane Wilde	L50 30	Macclesfield Harriers & AC	40:53
171	1051	Lauren Bartholomew	L20 11	Oldham & Royton H & Ac	37:19	243	2373Maddie Gordon		Manchester Metropolitan Uni	40:54
172	294	Alison Wainwright	L40 30	Chorlton Runners	37:20	244	2566Kerry Gleave	L55 15	Running Bear	40:57
173	1179	Lynda Rowlinson	L60 4	Sale Harriers Manchester	37:23	245	157Rosemarie McArdle	L45 43	Bramhall Runners	41:01
174	323	Joanne Davies	L35 25	Chorlton Runners	37:23	246	958Melanie Commins	L45 44	Marple Runners	41:03
175	80	Annie Hirsch	L65 1	Belle Vue Racers	37:28	247	320Caroline Crosswell	L40 43	Chorlton Runners	41:03
176	2024	Debra Bemand	L50 17	West Cheshire AC	37:29	248	2339Barbara Murray	L60 9	Macclesfield Harriers & AC	41:06
177	142	Fiona Cooke	L55 8	Bramhall Runners	37:32	249	963Taylor Giacomina	L40 44	Marple Runners	41:08
178	737	Vanessa Rowell		Manchester Frontrunners	37:33	250	1569Kaylea Haynes		Start2jog	41:12
179	1801	Cheryl Pate	L40 31	Swinton Running Club	37:34	251	887Jayne Speers	L40 45	Manchester Triathlon Club	41:15
180	316	Helen Cain	L50 18	Chorlton Runners	37:36	252	78Julia Foy	L50 31	Belle Vue Racers	41:17
181	1447	Laura Mercer	L45 31	Salford Metropolitan Ac	37:38	253	975Joanne Stephenson	L45 45	Marple Runners	41:18
182	766	Catherine Jones	L50 19	Manchester Harriers & AC	37:38	254	2341Emma Lord	L45 46	Macclesfield Harriers & AC	41:28
183	1577	Reilly Sinead O	L40 32	Start2jog	37:40	255	1825Sue Exon	L65 5	Trafford Athletic Club	41:32
184	1018	Karen Hallett	L50 20	Middleton Harriers AC	37:46	256	765Helen Holme	L55 16	Manchester Harriers & AC	41:35
185	968	Chelsea Mears-Graham	L35 26	Marple Runners	37:48	257	1572Clare Leith	L50 32	Start2jog	41:38
186	2616	Paris Potts		Swinton Running Club	37:48	258	394Isabelle Qamar	L45 47	Didsbury Runners	41:39
187	181	Sheila Bradley	L60 5	Buxton AC	37:48	259	1013Kyrima Carter-Moore	L55 17	Middleton Harriers AC	41:41
188	1787	Rhona Barker	L50 21	Swinton Running Club	37:50	260	885Sarah Roberts		Manchester Triathlon Club	41:44
189	2223	Catherine Jackson	L50 22	Styal Running Club	37:51	261	154Kata Kolozsvary	L40 46	Bramhall Runners	41:46
190	306	Emma Banister	L45 32	Chorlton Runners	37:52	262	862Claire Deane	L50 33	Manchester Triathlon Club	41:54
191	90	Rachel Watson	L45 33	Belle Vue Racers	37:52	263	382Chapala Dey	L45 48	Didsbury Runners	41:56
192	1791	Julie Hamilton	L40 33	Swinton Running Club	37:53	264	1025Sandra McGrail	L55 18	Middleton Harriers AC	41:57
193	1741	Gillian Doolan	L50 23	Stockport Tri Club	37:54	265	1794Hannah Lee	L35 30	Swinton Running Club	42:05
194	598	Laura Oldroyd		Knutsford Tri Club	37:55	266	966Emma Loveridge	L40 47	Marple Runners	42:05
195	920	Gail Brierley	L65 2	Manchester Ymca Harriers	37:55	267	772Catherine Poole	L50 34	Manchester Harriers & AC	42:16
196	2289	Iona Macrury		Knutsford Tri Club	37:55	268	2121Helen Blissett	L45 49	Winston Runners	42:19
197	735	Aleksandra Piekarska	L35 27	Manchester Frontrunners	37:55	269	760Deborah Beresford	L55 19	Manchester Harriers & AC	42:29
198	2134	W Wood	L40 34	Winston Runners	38:05	270	530Tracy Vernon	L60 10	Goyt Valley Striders	42:29
199	2381	Anna Ashton	L60 6	Marple Runners	38:08	271	1020Teresa Hollins	L65 6	Middleton Harriers AC	42:35
200	2133	Gaynor Williams	L45 34	Winston Runners	38:11	272	796Ella McHale	L20 14	Manchester Metropolitan Uni	42:42
201	977	Helena Tinker	L45 35	Marple Runners	38:11	273	2025Alex Duffey	L45 50	West Cheshire AC	42:46
202	386	Miranda Hall	L45 36	Didsbury Runners	38:14	274	1027Catherine Murphy	L50 35	Middleton Harriers AC	42:47
203	974	Katrina Stephens	L40 35	Marple Runners	38:16	275	397Anna Thurston	L40 48	Didsbury Runners	42:55
204	2340	Joanna Miles	L55 9	Macclesfield Harriers & AC	38:19	276	2256Aimee Woolley	L35 31	Belle Vue Racers	43:05
205	1738	Laura Carter	L50 24	Stockport Tri Club	38:20	277	334Carly Lyles	L35 32	Chorlton Runners	43:07
206	1742	Dawn Fenton	L40 36	Stockport Tri Club	38:20	278	109Erika Heap	L50 36	Bramhall Runners	43:29
207	74	Karen Charters	L45 37	Belle Vue Racers	38:24	279	952Laura Ahearn	L35 33	Marple Runners	43:29
208	501	Charmayne Brierley	L50 25	Glossopdale Harriers	38:26	280	953Emily Bamford	L40 49	Marple Runners	43:48
209	864	Jo Dogherty	L45 38	Manchester Triathlon Club	38:31	281	2366Laura Przylipek	L35 34	Manchester Harriers & AC	43:52
210	1579	Katie Rawlinson		Start2jog	38:33	282	733Paula Medley	L40 50	Manchester Frontrunners	43:57
211	1788	Rachel Billington	L40 37	Swinton Running Club	38:37	283	137Sarah Beattie	L45 51	Bramhall Runners	43:58
212	1735	Charlotte Black	L40 38	Stockport Tri Club	38:40	284	890Jacky Taylor	L50 37	Manchester Triathlon Club	44:01
213	1439	Laura Benefer	L35 28	Salford Metropolitan Ac	38:41	285	894Michelle Wilder	L50 38	Manchester Triathlon Club	44:08
214	2378	Debbie Heap	L55 10	Manchester Triathlon Club	38:41	286	304Ruth Abbott	L65 7	Chorlton Runners	44:11
215	1441	Jennifer Donaldson	L45 39	Salford Metropolitan Ac	38:41	287	1548Chris Forber	L50 39	St Helens Tri	44:31
216	73	Yana Anderton	L40 39	Belle Vue Racers	38:44	288	2149Uyai Ikpat	L40 51	Wirral Ac	44:43
217	1714	Lydia Hulley	L20 12	Stockport Harriers & Ac	38:46	289	2125Charlotte Dean	L35 35	Winston Runners	44:55
218	50	Alison Vesey	L55 11	Altrincham & District AC	38:47	290	2130Helen Rust	L55 20	Winston Runners	45:31
219	48	Nicola Leese	L45 40	Altrincham & District AC	38:48	291	2248Hazel Harrington	L55 21	Bramhall Runners	46:21
220	2374	Ellie Dixon	L20 13	Manchester Metropolitan Uni	38:49	292	853Gillian Aspin	L45 52	Manchester Triathlon Club	47:05
221	763	Lindsey Farrelly	L40 40	Manchester Harriers & AC	39:00	293	162Emma Roberts	L50 40	Bramhall Runners	47:08
222	1737	Nicola Brundrett	L45 41	Stockport Tri Club	39:11	294	159Diane Owens	L50 41	Bramhall Runners	47:11
223	349	Sue Waring	L55 12	Chorlton Runners	39:15	295	2615Annabell Hunt	L45 53	Stockport Harriers & Ac	47:13
224	1653	Helen Todd	L65 3	Stockport Harriers & Ac	39:17	296	44Claire Irons	L35 36	Altrincham & District AC	47:14
225	82	Emma Kerwin		Belle Vue Racers	39:19	297	959Samantha Cook	L50 42	Marple Runners	47:40
226	1023	Janine Jordan	L35 29	Middleton Harriers AC	39:22	298	166Emma Turner	L50 43	Bramhall Runners	47:47
227	307	Alison Barbuti	L40 41	Chorlton Runners	39:27	299	1451Amanda Stanley	L55 22	Salford Metropolitan Ac	47:56
228	1650	Nicola Pickford	L45 42	Stockport Harriers & Ac	39:38	300	768Caroline Lacey	L55 23	Manchester Harriers & AC	48:35
229	1062	Lucy Lewis	L50 26	Running Bear	39:39	301	2595Tracy Farrell	L35 37	Manchester Harriers & AC	48:35
230	526	Helen Gray	L55 13	Goyt Valley Striders	39:40	302	2382Rachel Myers	L35 38	Marple Runners	48:44
231	438	Catherine Daly	L40 42	E Cheshire H & Tameside AC	39:57	303	1637Alexis Dinsmor	L70 1	Stockport Harriers & Ac	49:07
232	377	Hanna Burgess		Didsbury Runners	40:05	304	145Bev Denby	L55 24	Bramhall Runners	49:10
233	677	Daisy Pickles		Macclesfield Harriers & AC	40:13	305	75Jennifer Crocker	L35 39	Belle Vue Racers	50:18
234	895	Lauren Williamson		Manchester Triathlon Club	40:22	306	1782Andy Smith	L45 54	Swinton Running Club	50:39
235	419	Sue Strickland	L60 7	Dragons Running Club (sale)	40:23	307	762Linda Cross	L55 25	Manchester Harriers & AC	51:17
236	317	Ann Carney	L60 8	Chorlton Runners	40:31	308	155Melanie Li	L50 44	Bramhall Runners	51:36
237	1176	Helen Reagan	L50 27	Sale Harriers Manchester	40:33	309	134Christine Adkins	L65 8	Bramhall Runners	51:36
238	599	Miranda Taylor	L50 28	Knutsford Tri Club	40:34	310	2132Kathleen Tyms	L40 52	Winston Runners	53:24
239	1021	Janet Hunt	L55 14	Middleton Harriers AC	40:35	311	2057Trevor Faulkner	L75 1	Wilmslow Running Club	53:55
240	163	Breeshey Smith	L50 29	Bramhall Runners	40:40					

## Senior Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wirral Ac	23	—	1 Sophie Tarver	4 Ellen Kearney	5 Naomi Alleyne	13 Rachael Theobald
2 Sale Harriers Manchester	68	—	2 Sophie Wood	12 Laura Barber	23 Calvi Thompson	31 Jane Thomas
3 Stockport Harriers & Ac	93	—	17 Faye Waterhouse	18 Belinda Brennan	25 Emilia Gajda	33 Esther Hulley
4 Trafford Athletic Club	103	—	7 Vicki Cronin	15 Joanne Dawes	36 Zoe Storr	35 Melanie Monks
5 Chorlton Runners	133	—	24 Amy Weyers	26 Rachel Brown	39 Gabrielle Day	44 Siobhan Woods
6 Vale Royal Ac	168	—	6 Kate Moulds	35 Clara Pettitt	57 Siobhan Tarbuck	70 Claire Thompson
7 Wilmslow Running Club	172	—	8 Nicola Reece	9 Diane McVey	54 Sharon Johnstone	101 Janine Ellis
8 Sale Harriers Manchester 'B'	185	—	42 Anne Chinoy	46 Lucy Armitage	47 R Rozhdestvenskaya	50 Harriet Hamilton
9 Chorlton Runners 'B'	226	—	51 Stephanie Stevens	53 Ingrid Storm	56 Katalin Szabo	66 Sarah Renshaw
10 Macclesfield Harriers & AC	227	—	20 Kristy Gill	30 Faye Sharpley	71 Kate Robinson	106 Shan Preece
11 Stockport Harriers & Ac 'B'	237	—	55 Ruth Mackenzie	58 Jennie Pickard	60 Imogen Nutter	64 Jayne Lawton
12 West Cheshire AC	259	—	14 Kate Titlow	63 Anna Woolgar	87 Claire Harris	95 Traci Shipley
13 Manchester Triathlon Club	271	—	49 Deirdre McCarthy	67 Jude Wall	72 Fiona Blagg	83 Jenny Outhwaite
14 Salford Metropolitan Ac	307	—	38 Chloe Elliott	84 Jaine Brocklehurst	91 Belinda Neild	94 Amanda Hurndall
15 Warrington A C	312	—	11 Claire Andrew	65 Ellen Turnbull	76 Faye Lawton	100 Anne Gregory
16 Trafford Athletic Club 'B'	321	—	59 Kate Meeson	77 Louise Ambler	82 Ruth Beresford	163 Claire Chaffer
17 Buxton AC	322	—	27 Amy Whelan	78 Samantha Willis	96 Tania Wilson	121 Ruth Gowers
18 Manchester Harriers & AC	351	—	22 Cara O'Brien	32 Sophie Kilpatrick	129 Emily Quin	168 Caroline Baba
19 Manchester Ymca Harriers	352	—	17 Heather Hughes	48 Rachel Meredith	90 Hannah Brierley	93 Gail Brierley
20 Chorlton Runners 'C'	367	—	86 Alexa Besnard	89 Francesca Bale	93 Andreja Zevnik	99 Naomi Stones
21 Sale Harriers Manchester 'C'	369	—	61 Helen Armitage	81 Clare McCarron	105 Michele Dawson	122 Belinda Hammond
22 Bramhall Runners	380	—	16 Samantha Jones	79 Vikki Murphy	138 Karen Wileman	147 Andrea Buckingham
23 Swinton Running Club	392	—	68 Rebecca Mills	80 Helen Nation	104 Lauren Marsden	140 Lisa Ottiwell
24 Altrincham & District AC	408	—	19 Lora Blann	28 Philippa Cameron	145 Carole Harrison	216 Alison Vesey
25 Saddleworth Runners Club	444	—	40 Rowen Pymm	130 Fiona Dyson	135 Suzanne Darke	139 Emily Harvey
26 Stockport Harriers & Ac 'C'	477	—	117 Glennis Richardson	118 Amie-Erika Hughes	119 Maureen Wilkins	123 Jennifer Hulley
27 Didsbury Runners	482	—	52 Emily Jeffs	102 Laura Brown	163 Hanifa Greenwood	165 Yvonne Hung
28 Manchester Metropolitan Uni	483	—	10 Amy Jackson	97 Grace Mitchell	158 Sophie Vickers	218 Ellie Dixon
29 Trafford Athletic Club 'C'	490	—	107 Alison Drasdo	109 Louise Mangan	132 Amyrose Cauley	142 Joanne Lott
30 Manchester Frontrunners	513	—	85 Rachel Kenyon	120 Linda Rix	131 Jacqui Baines	177 Vanessa Rowell
31 Stockport Harriers & Ac 'D'	538	—	126 Melanie Mather	127 Estelle McGuire	141 Ruth Murdoch	144 Harriet Rimington
32 Chorlton Runners 'D'	544	—	110 Eryl Davies	134 Sally Grimwood	136 Emma Neal	164 Emma Rose
33 Goyt Valley Striders	549	—	100 Rebecca Day	108 Rebecca Glen	113 S Fanthorpe-Smith	228 Helen Gray
34 Winston Runners	550	—	73 Laura Bell	128 Jennifer Lutton	153 Jayne Cordingley	196 W Wood
35 Marple Runners	570	—	116 Victoria Jackson	133 Elise Evans	137 Sarah Stutchfield	184 Chelsea Mears-Graham
36 Macclesfield Harriers & AC 'B'	585	—	114 Sue Stockdale	148 Sallyann Hales	154 Saranya Hasler	169 Jennie Martin
37 Wirral Ac 'B'	591	—	74 Helen Kini	75 Maggie Cooper	156 Anne Rosbottom	286 Uyai Ikpatt
38 Manchester Triathlon Club 'B'	641	—	98 Sophie Barnett	124 Natasha Sutherland	207 Jo Dogherty	212 Debbie Heap
39 Start2jog	661	—	112 Jess Mohan	159 Jade Peacock	182 Reilly Sinead O	208 Katie Rawlinson
40 Belle Vue Racers	683	—	115 Sally Dewhirst	174 Annie Hirsch	189 Rachel Watson	205 Karen Charters
41 Chorlton Runners 'E'	689	—	166 Denise Yarrow	171 Alison Wainwright	173 Joanne Davies	179 Helen Cain
42 Stockport Tri Club	689	—	146 Clare Pickford	149 Christine Dewsbury	191 Gillian Doolan	203 Laura Carter
43 Swinton Running Club 'B'	740	—	178 Cheryl Pate	185 Paris Potts	187 Rhona Barker	190 Julie Hamilton
44 Middleton Harriers AC	769	—	125 Martha Urwin	183 Karen Hallett	224 Janine Jordan	237 Janet Hunt
45 Salford Metropolitan Ac 'B'	771	—	167 Rachel Thomas	180 Laura Mercer	211 Laura Benefer	213 Jennifer Donaldson
46 Bramhall Runners 'B'	818	—	161 Caroline Canty	176 Fiona Cooke	238 Breeshey Smith	243 Rosemarie McArdle
47 Stockport Harriers & Ac 'E'	825	—	162 Rebekah Livsey	215 Lydia Hulley	222 Helen Todd	226 Nicola Pickford
48 Marple Runners 'B'	841	—	197 Anna Ashton	199 Helena Tinker	201 Katrina Stephens	244 Melanie Commins
49 Chorlton Runners 'F'	868	—	188 Emma Banister	221 Sue Waring	225 Alison Barbuti	234 Ann Carney
50 Macclesfield Harriers & AC 'C'	919	—	202 Joanna Miles	231 Daisy Pickles	240 Jane Wilde	246 Barbara Murray
51 Manchester Harriers & AC 'B'	919	—	181 Catherine Jones	219 Lindsey Farrelly	254 Helen Holme	265 Catherine Poole
52 Didsbury Runners 'B'	947	—	200 Miranda Hall	230 Hanna Burgess	256 Isabelle Qamar	261 Chapala Dey
53 Belle Vue Racers 'B'	961	—	214 Yana Anderton	223 Emma Kerwin	250 Julia Foy	274 Aimee Woolley
54 Manchester Triathlon Club 'C'	999	—	232 Lauren Williamson	249 Jayne Speers	258 Sarah Roberts	260 Claire Deane
55 Middleton Harriers AC 'B'	1027	—	239 Fiona Bolton	257 Kyrinda Carter-Moore	262 Sandra McGrail	269 Teresa Hollins
56 Marple Runners 'C'	1039	—	247 Taylor Giacomia	251 Joanne Stephenson	264 Emma Loveridge	277 Laura Ahearn
57 Winston Runners 'B'	1039	—	198 Gaynor Williams	266 Helen Blissett	287 Charlotte Dean	288 Helen Rust
58 Bramhall Runners 'C'	1105	—	259 Kata Kolozsvary	276 Erika Heap	281 Sarah Beattie	289 Hazel Harrington
59 Manchester Harriers & AC 'C'	1143	—	267 Deborah Beresford	279 Laura Przylipiak	298 Caroline Lacey	299 Tracy Farrell
60 Bramhall Runners 'D'	1181	—	291 Emma Roberts	292 Diane Owens	296 Emma Turner	302 Bev Denby

## Senior Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow Running Club	23	—	1 Nicola Reece	2 Diane McVey	20 Sharon Johnstone
2 Chorlton Runners	47	—	10 Amy Weyers	18 Stephanie Stevens	19 Ingrid Storm
3 Macclesfield Harriers & AC	53	—	8 Kristy Gill	12 Faye Sharpley	33 Kate Robinson
4 Sale Harriers Manchester	55	—	14 Anne Chinoy	17 Harriet Hamilton	24 Helen Armitage
5 Stockport Harriers & Ac	56	—	6 Belinda Brennan	23 Jennie Pickard	27 Jayne Lawton
6 Manchester Triathlon Club	87	—	16 Deirdre McCarthy	29 Jude Wall	42 Jenny Outhwaite
7 Chorlton Runners 'B'	94	—	21 Katalin Szabo	28 Sarah Renshaw	45 Alexa Besnard
8 Vale Royal Ac	100	—	22 Siobhan Tarbuck	32 Claire Thompson	46 Anna Begbie
9 Trafford Athletic Club	100	—	4 Joanne Dawes	37 Louise Ambler	59 Claire Chaffer
10 Altrincham & District AC	109	—	7 Lora Blann	11 Philippa Cameron	91 Carole Harrison
11 Bramhall Runners	129	—	5 Samantha Jones	39 Vikki Murphy	85 Karen Wileman
12 Swinton Running Club	130	—	30 Rebecca Mills	40 Helen Nation	60 Lauren Marsden
13 Salford Metropolitan Ac	142	—	43 Jaïne Brocklehurst	48 Belinda Neild	51 Amanda Hurdall
14 Buxton AC	162	—	38 Samantha Willis	53 Tania Wilson	71 Ruth Gowers
15 Wirral Ac	173	—	35 Helen Kini	36 Maggie Cooper	102 Anne Rosbottom
16 West Cheshire AC	176	—	26 Anna Woolgar	52 Traci Shipley	98 Angela Tegg
17 Goyt Valley Striders	183	—	56 Rebecca Day	62 Rebecca Glen	65 S Fanthorpe-Smith
18 Chorlton Runners 'C'	187	—	50 Andreja Zevnik	55 Naomi Stones	82 Sally Grimwood
19 Manchester Frontrunners	194	—	44 Rachel Kenyon	70 Linda Rix	80 Jacqui Baines
20 Manchester Harriers & AC	195	—	9 Cara O'Brien	78 Emily Quin	108 Caroline Baba
21 Sale Harriers Manchester 'B'	209	—	41 Clare McCarron	72 Belinda Hammond	96 Catherine Jones
22 Stockport Harriers & Ac 'B'	210	—	68 Glennis Richardson	69 Maureen Wilkins	73 Jennifer Hulley
23 Winston Runners	210	—	34 Laura Bell	77 Jennifer Lutton	99 Jayne Cordingley
24 Trafford Athletic Club 'B'	212	—	61 Alison Drasdo	63 Louise Mangan	88 Joanne Lott
25 Marple Runners	232	—	67 Victoria Jackson	81 Elise Evans	84 Sarah Stutchfield
26 Stockport Harriers & Ac 'C'	238	—	75 Melanie Mather	76 Estelle McGuire	87 Ruth Murdoch
27 Macclesfield Harriers & AC 'B'	260	—	66 Sue Stockdale	94 Sallyann Hales	100 Saranya Hasler
28 Didsbury Runners	298	—	58 Laura Brown	105 Yvonne Hung	135 Miranda Hall
29 Bramhall Runners 'B'	312	—	93 Andrea Buckingham	104 Caroline Canty	115 Fiona Cooke
30 Stockport Tri Club	315	—	92 Clare Pickford	95 Christine Dewsbury	128 Gillian Doolan
31 Swinton Running Club 'B'	326	—	86 Lisa Ottiwell	116 Cheryl Pate	124 Rhona Barker
32 Chorlton Runners 'D'	328	—	106 Denise Yarrow	110 Alison Wainwright	112 Joanne Davies
33 Manchester Triathlon Club 'B'	342	—	54 Sophie Barnett	142 Jo Dogherty	146 Debbie Heap
34 Middleton Harriers AC	350	—	74 Martha Urwin	121 Karen Hallett	155 Janine Jordan
35 Salford Metropolitan Ac 'B'	370	—	107 Rachel Thomas	118 Laura Mercer	145 Laura Benefer
36 Belle Vue Racers	379	—	113 Annie Hirsch	126 Rachel Watson	140 Karen Charters
37 Marple Runners 'B'	388	—	122 Chelsea Mears-Graham	132 Anna Ashton	134 Helena Tinker
38 Chorlton Runners 'E'	395	—	117 Helen Cain	125 Emma Banister	153 Sue Waring
39 Stockport Harriers & Ac 'D'	401	—	90 Harriet Rimington	154 Helen Todd	157 Nicola Pickford
40 Macclesfield Harriers & AC 'C'	414	—	109 Jennie Martin	137 Joanna Miles	168 Jane Wilde
41 Stockport Tri Club 'B'	421	—	138 Laura Carter	139 Dawn Fenton	144 Charlotte Black
42 Manchester Harriers & AC 'B'	450	—	119 Catherine Jones	151 Lindsey Farrelly	180 Helen Holme
43 Winston Runners 'B'	455	—	131 W Wood	133 Gaynor Williams	191 Helen Blissett
44 Swinton Running Club 'C'	458	—	127 Julie Hamilton	143 Rachel Billington	188 Hannah Lee
45 Marple Runners 'C'	481	—	136 Katrina Stephens	171 Melanie Commins	174 Taylor Giacomina
46 Chorlton Runners 'F'	490	—	156 Alison Barbuti	162 Ann Carney	172 Caroline Crosswell
47 Middleton Harriers AC 'B'	515	—	165 Janet Hunt	167 Fiona Bolton	183 Kyrinda Carter-Moore
48 Altrincham & District AC 'B'	517	—	149 Alison Vesey	150 Nicola Leese	218 Claire Irons
49 Bramhall Runners 'C'	520	—	166 Breeshey Smith	170 Rosemarie McArdle	184 Kata Kolozsvary
50 Belle Vue Racers 'B'	522	—	148 Yana Anderton	176 Julia Foy	198 Aimee Woolley
51 Didsbury Runners 'B'	565	—	182 Isabelle Qamar	186 Chapala Dey	197 Anna Thurston
52 Manchester Triathlon Club 'C'	566	—	175 Jayne Speers	185 Claire Deane	206 Jacky Taylor
53 Marple Runners 'D'	567	—	177 Joanne Stephenson	189 Emma Loveridge	201 Laura Ahearn
54 Middleton Harriers AC 'C'	577	—	187 Sandra McGrail	194 Teresa Hollins	196 Catherine Murphy
55 Manchester Harriers & AC 'C'	585	—	190 Catherine Poole	192 Deborah Beresford	203 Laura Przylipek
56 Bramhall Runners 'D'	618	—	200 Erika Heap	205 Sarah Beattie	213 Hazel Harrington
57 Marple Runners 'E'	645	—	202 Emily Bamford	219 Samantha Cook	224 Rachel Myers
58 Bramhall Runners 'E'	651	—	215 Emma Roberts	216 Diane Owens	220 Emma Turner
59 Winston Runners 'C'	655	—	211 Charlotte Dean	212 Helen Rust	232 Kathleen Tyms
60 Manchester Harriers & AC 'D'	674	—	222 Caroline Lacey	223 Tracy Farrell	229 Linda Cross
61 Bramhall Runners 'F'	687	—	226 Bev Denby	230 Melanie Li	231 Christine Adkins

## Senior Ladies - Men over 70 (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	2057	Trevor Faulkner	L75	1 Wilmslow Running Club	53:55

## Senior Ladies - Men over 70 — TEAM RESULTS

No complete teams

# Manchester Area Cross Country League at Kenworthy Woods on Saturday 4th December 2021

## Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	1128	Nigel Martin		Sale Harriers Manchester	32:51
2	1928	Ed Shepherd		Vale Royal Ac	33:22
3	2573	Nicholas Barry		Sale Harriers Manchester	33:38
4	2630	Alex Lawton		Unattached	33:44
5	1343	Joseph Moores		Salford Harriers & AC	34:13
6	1153	James Wignall		Sale Harriers Manchester	34:15
7	291	Peter Taylor-Bray		Chorlton Runners	34:15
8	550	Joe Mercer		Horwich R M I Harriers	34:18
9	1322	Karl Darcy		Salford Harriers & AC	34:27
10	813	Lewis Eccleston		Manchester Triathlon Club	34:49
11	430	Joseph Hudak		E Cheshire H & Tameside AC	35:04
12	1309	Will Beauchamp		Salford Harriers & AC	35:08
13	546	James Kevan		Horwich R M I Harriers	35:10
14	283	James Savage		Chorlton Runners	35:39
15	1114	Joe Godwood		Sale Harriers Manchester	35:54
16	13	Adam Gooch		Altrincham & District AC	35:54
17	424	Gavin Bowne		E Cheshire H & Tameside AC	35:56
18	2578	Harry Poole		Blackpool Wyre & Fylde Ac	36:08
19	1922	Ryan Moore		Vale Royal Ac	36:09
20	246	Ben Hobson		Chorlton Runners	36:12
21	2575	George Martindale		Horwich R M I Harriers	36:18
22	2630	Macdonald		Chorlton Runners	36:21
23	1037	Michael Mannings		Oldham & Royton H & Ac	36:22
24	39	Gareth Turner		Altrincham & District AC	36:23
25	1096	Alex Bradford		Sale Harriers Manchester	36:27
26	1954	Daniel Fox		Warrington A C	36:27
27	1600	Ciaran Ferris		Stockport Harriers & Ac	36:32
28	542	Paul Grundy		Horwich R M I Harriers	36:44
29	1338	Bruno Lima		Salford Harriers & AC	37:00
30	1810	Alex Jones		Trafford Athletic Club	37:13
31	228	Sean Cannon		Chorlton Runners	37:24
32	2352	Billy Hicks		Macclesfield Harriers & AC	37:29
33	1920	John Humphries		Vale Royal Ac	37:29
34	12	Matthew Gawne		Altrincham & District AC	37:31
35	232	Matthew Devlin		Chorlton Runners	37:33
36	2574	David Lewin		Stockport Harriers & Ac	37:37
37	1311	Jack Bristow		Salford Harriers & AC	37:39
38	15	Nick Hamlin		Altrincham & District AC	37:44
39	562	Sam Walsh		Horwich R M I Harriers	38:09
40	1818	Lawrence Skidmore		Trafford Athletic Club	38:15
41	1414	Ben Farrelly		Salford Metropolitan Ac	38:29
42	256	Jonathan Lancaster		Chorlton Runners	38:43
43	1143	Peter Shipley		Sale Harriers Manchester	38:52
44	1618	Tom Peers		Stockport Harriers & Ac	38:55
45	210	Oliver Bernstein		Chorlton Runners	39:03
46	1148	Tom Stephenson		Sale Harriers Manchester	39:25
47	428	Mike Holness		E Cheshire H & Tameside AC	39:38
48	1103	Andrew Curvis		Sale Harriers Manchester	39:53
49	111	Robin Hulme		Bramhall Runners	39:53
50	2252	Ben Greene		Altrincham & District AC	39:53
51	515	Nathan Porter		Goyt Valley Striders	39:57
52	1328	Michael Heaney		Salford Harriers & AC	40:05
53	2467	Naeem Stevens		Trafford Athletic Club	40:14
54	814	Philip Eldridge		Manchester Triathlon Club	40:20
55	2102	Peter Williams		Wilmslow Striders	40:27
56	2072	James Speedie		Wilmslow Running Club	40:54
57	259	Phil Larratt		Chorlton Runners	40:56
58	2064	Robert Jackson		Wilmslow Running Club	41:10
59	65	Thomas Rogers		Belle Vue Racers	41:14
60	753	Ben O'Brien		Manchester Harriers & AC	41:28
61	433	George Lewis		E Cheshire H & Tameside AC	41:31
62	802	Archie Allen-Jones		Manchester Triathlon Club	41:49
63	24	Dan Martell		Altrincham & District AC	41:50
64	60	Ben Marsh		Belle Vue Racers	42:02
65	1599	Blaine Emmett		Stockport Harriers & Ac	42:03
66	277	Alister Pearson		Chorlton Runners	42:06
67	279	Russell Price		Chorlton Runners	42:14
68	903	Richard Brierley		Manchester Ymca Harriers	42:18
69	1105	Conor Donaghy		Sale Harriers Manchester	42:19
70	124	Gareth Pritchard		Bramhall Runners	42:24
71	365	Meng Leong		Didsbury Runners	42:29
72	1060	Billy Wilson		Running Bear	42:31
73	1596	David Cross		Stockport Harriers & Ac	42:32
74	225	Justin Cleary		Chorlton Runners	42:34
75	1092	Oliver Bartlett		Sale Harriers Manchester	42:35
76	2135	Richard Bargh		Wirral Ac	42:39
77	368	Damien McHugh		Didsbury Runners	42:40
78	2273	Stephen Smith		Chorlton Runners	42:42
79	721	Matt Perry		Manchester Frontrunners	42:44
80	2580	Luke Donald		Chorlton Runners	42:45
81	2598	Dan Timperley		Oldham & Royton H & Ac	42:49
82	1032	Sam Davies		Oldham & Royton H & Ac	43:14
83	1125	Simon Latham		Sale Harriers Manchester	43:24
84	2659	Andrew Ndlovu		Middleton Harriers AC	43:25
85	1102	D Cordingley-Gaunt		Sale Harriers Manchester	43:36
86	2391	Stephen Ford		Saddleworth Runners Club	43:48
87	909	Joseph Hayes		Manchester Ymca Harriers	43:48
88	3	Matthew Allen		Altrincham & District AC	43:55
89	248	Keith Holman		Chorlton Runners	43:56
90	205	Tom Almond		Chorlton Runners	44:32
91	1778	Daniel Martin		Swinton Running Club	44:53
92	720	Blair Paterson		Manchester Frontrunners	44:54
93	719	Thomas Marshall		Manchester Frontrunners	45:10
94	1525	Kevin Dudley		St Helens Tri	45:59
95	1733	Michael Ruffles		Stockport Tri Club	46:02
96	1412	David Cornes		Salford Metropolitan Ac	46:24
97	654	Chris Edwardson		Macclesfield Harriers & AC	46:31
98	589	Chris Walton		Knutsford Tri Club	46:38
99	371	Olly Smith		Didsbury Runners	46:48
100	427	James Hartshorne		E Cheshire H & Tameside AC	46:52
101	112	Damian Jones		Bramhall Runners	47:02
102	61	Paul Minton		Belle Vue Racers	47:03
103	298	Steven Welch		Chorlton Runners	47:24
104	900	Daniel Bailey		Manchester Ymca Harriers	47:25
105	251	Etienne Humphries		Chorlton Runners	47:35
106	2253	George Raffle		Altrincham & District AC	47:43
107	1408	Matthew Bell		Salford Metropolitan Ac	47:49
108	221	Andrew Callaghan		Chorlton Runners	47:50
109	817	Martin Forker		Manchester Triathlon Club	47:51
110	843	Greg Strachey		Manchester Triathlon Club	47:56
111	1151	Chris Webb		Sale Harriers Manchester	48:44
112	705	James Bellingham		Manchester Frontrunners	48:51
113	2427	Malcolm Orrell		Salford Metropolitan Ac	49:43
114	269	Rob Mooney		Chorlton Runners	49:46
115	581	Adam Horrocks		Knutsford Tri Club	49:58
116	724	Edward Roberts		Manchester Frontrunners	52:01
117	219	Paul Brown		Chorlton Runners	52:12
118	255	George Kirk		Chorlton Runners	52:55
119	1620	Robert Platt		Stockport Harriers & Ac	54:31
120	999	Simon Scarfe		Middleton Harriers AC	55:08
121	851	Frank White		Manchester Triathlon Club	55:55

## Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	237	John Gilbert	V40 1	Chorlton Runners	33:28	33	1001	Andy Smith	V4033 Middleton Harriers AC	44:47
2	30	Andrew Norman	V40 2	Altrincham & District AC	34:45	34	1090	Paul Barrett	V4034 Sale Harriers Manchester	44:50
3	2658	Dean Hughes	V40 3	Chorlton Runners	35:42	35	718	Nicholas Markley	V4035 Manchester Frontrunners	44:57
4	31	David Norman	V40 4	Altrincham & District AC	36:07	36	716	Steve Hatton	V4036 Manchester Frontrunners	45:00
5	1089	Matthew Barnes	V40 5	Sale Harriers Manchester	36:12	37	40	Neil Walker	V4037 Altrincham & District AC	45:26
6	286	Matthew Shaw	V40 6	Chorlton Runners	36:18	38	578	John Goggins	V4038 Knutsford Tri Club	45:28
7	2463	Gavin Tomlinson	V40 7	Trafford Athletic Club	36:24	39	1030	Paul Bartholomew	V4039 Oldham & Royton H & Ac	45:31
8	2053	Richard Coen	V40 8	Wilmslow Running Club	36:35	40	656	Robert Hasler	V4040 Macclesfield Harriers & AC	45:38
9	1332	Robert Hughes	V40 9	Salford Harriers & AC	37:03	41	2095	David Chambers	V4041 Wilmslow Striders	45:46
10	2144	Tom Williams	V4010	Wirral Ac	37:10	42	1598	Darren Donald	V4042 Stockport Harriers & Ac	45:50
11	498	Chris Webb	V4011	Glossopdale Harriers	37:36	43	995	Graham Jordan	V4043 Middleton Harriers AC	45:53
12	234	Tim Fletcher	V4012	Chorlton Runners	37:50	44	1597	Peter Dean	V4044 Stockport Harriers & Ac	46:08
13	1621	J Scott-Buccluch	V4013	Stockport Harriers & Ac	38:21	45	261	Michael Lim	V4045 Chorlton Runners	46:27
14	740	Simon Bareford	V4014	Manchester Harriers & AC	38:44	46	1417	Richard Knight	V4046 Salford Metropolitan Ac	46:50
15	1727	Carl Krystek	V4015	Stockport Tri Club	38:45	47	755	Neil Ryan	V4047 Manchester Harriers & AC	47:13
16	1354	Christopher Tully	V4016	Salford Harriers & AC	38:46	48	1776	Richard Jackson	V4048 Swinton Running Club	47:27
17	429	Mr Homer	V4017	E Cheshire H & Tameside AC	39:14	49	1410	Ben Capsey	V4049 Salford Metropolitan Ac	47:37
18	662	Mark Walker	V4018	Macclesfield Harriers & AC	39:27	50	1524	Gary Birch	V4050 St Helens Tri	47:45
19	284	Gary Scott	V4019	Chorlton Runners	40:12	51	1595	Ian Crabtree	V4051 Stockport Harriers & Ac	47:57
20	2654	Jordan Burke	V4020	Middleton Harriers AC	40:13	52	273	Alan Owst	V4052 Chorlton Runners	47:57
21	120	Matt Moran	V4021	Bramhall Runners	40:32	53	373	Ben Stredder	V4053 Didsbury Runners	48:23
22	752	Alex Masidlover	V4022	Manchester Harriers & AC	41:23	54	367	James Lord	V4054 Didsbury Runners	49:25
23	202	Andy Adkin	V4023	Chorlton Runners	41:50	55	703	P Anderson-Xuereb	V4055 Manchester Frontrunners	49:28
24	1588	Philip Burns	V4024	Stockport Harriers & Ac	42:00	56	2247	David Brocklebank	V4056 Chorlton Runners	50:05
25	35	James Pattison	V4025	Altrincham & District AC	42:13	57	1772	Mike Donigan	V4057 Swinton Running Club	50:20
26	1435	Andrew VanDamms	V4026	Salford Metropolitan Ac	42:32	58	224	Simon Clarke	V4058 Chorlton Runners	51:22
27	821	Rob Harper	V4027	Manchester Triathlon Club	42:35	59	714	James Fox	V4059 Manchester Frontrunners	51:47
28	399	Graham Brownhill	V4028	Dragons Running Club (sale)	43:22	60	403	Duncan Gazeley	V4060 Dragons Running Club (sale)	52:09
29	2065	Allan McCormick	V4029	Wilmslow Running Club	43:29	61	1725	Gareth Jones	V4061 Stockport Tri Club	52:14
30	1411	Paul Connolly	V4030	Salford Metropolitan Ac	44:09	62	2365	Casey Longden	V4062 Manchester Harriers & AC	52:38
31	233	Kevin Duxbury	V4031	Chorlton Runners	44:31	63	841	Declan Sealy	V4063 Manchester Triathlon Club	54:08
32	366	Dan Levin	V4032	Didsbury Runners	44:36	64	816	Mathew Evans-Smith	V4064 Manchester Triathlon Club	55:02

## Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	547	Nick Leigh	V45 1	Horwich R M I Harriers	35:51	34	1	Paul Abraham	V4534 Altrincham & District AC	45:41
2	2020	Neil Finegan	V45 2	West Cheshire AC	37:51	35	2632	\$Lee McKeown	V4535 Unattached	45:41
3	1816	Jeff Prest	V45 3	Trafford Athletic Club	37:52	36	272	Andy Nicol	V4536 Chorlton Runners	45:52
4	1129	Stephen McCarron	V45 4	Sale Harriers Manchester	37:54	37	2018	Mark Davies	V4537 West Cheshire AC	46:11
5	1608	Malcolm Johnson	V45 5	Stockport Harriers & Ac	38:18	38	652	Graeme Eddie	V4538 Macclesfield Harriers & AC	46:12
6	1318	Mark Collier	V45 6	Salford Harriers & AC	38:19	39	231	Stephen Davison	V4539 Chorlton Runners	46:15
7	1145	Matthew Spragg	V45 7	Sale Harriers Manchester	38:27	40	507	Alistair Fitzgerald	V4540 Goyt Valley Striders	46:19
8	2141	James Mackie	V45 8	Wirral Ac	38:31	41	1528	Andrew Fenney	V4541 St Helens Tri	46:30
9	23	Richard Lane	V45 9	Altrincham & District AC	39:04	42	660	Gareth Stockdale	V4542 Macclesfield Harriers & AC	46:34
10	1614	Ged McGrath	V4510	Stockport Harriers & Ac	39:54	43	404	Richard Healy	V4543 Dragons Running Club (sale)	46:56
11	14	Tim Greenald	V4511	Altrincham & District AC	40:05	44	2074	Matthew Taylor	V4544 Wilmslow Running Club	47:12
12	554	Alastair Murray	V4512	Horwich R M I Harriers	40:17	45	651	Richard Applewhite	V4545 Macclesfield Harriers & AC	47:34
13	2614	David Maher	V4513	Stockport Harriers & Ac	40:21	46	932	Dan Britton	V4546 Marple Runners	47:52
14	1617	Iain Murdoch	V4514	Stockport Harriers & Ac	40:23	47	2262	Steve McGovern	V4547 Bramhall Runners	48:04
15	1038	Lee Robinson	V4515	Oldham & Royton H & Ac	40:29	48	262	Sean Lord	V4548 Chorlton Runners	48:04
16	1529	Michael Forber	V4516	St Helens Tri	40:43	49	757	Andy Tulip	V4549 Manchester Harriers & AC	48:39
17	1111	Tom Fordyce	V4517	Sale Harriers Manchester	41:04	50	756	Chris Sewart	V4550 Manchester Harriers & AC	48:41
18	1112	Olivier Gaillemin	V4518	Sale Harriers Manchester	41:16	51	1768	Steve Billington	V4551 Swinton Running Club	48:43
19	288	Alan Steeple	V4519	Chorlton Runners	41:19	52	1734	Colin Shore	V4552 Stockport Tri Club	49:32
20	1098	Nathan Cameron	V4520	Sale Harriers Manchester	42:02	53	2286	Roy Whittle	V4553 Goyt Valley Striders	51:31
21	486	Jamie Helmer	V4521	Glossopdale Harriers	42:44	54	101	Ian Dixon	V4554 Bramhall Runners	52:09
22	950	Richard Williams	V4522	Marple Runners	42:47	55	951	Jeremy Woodham	V4555 Marple Runners	52:40
23	1807	Daniel Hill	V4523	Trafford Athletic Club	43:00	56	406	Andy Redford	V4556 Dragons Running Club (sale)	52:41
24	1607	David Hulley	V4524	Stockport Harriers & Ac	43:04	57	1722	Paul Farrington	V4557 Stockport Tri Club	53:24
25	2447	Adrian Nutter	V4525	Stockport Harriers & Ac	43:33	58	1094	Matthew Bell	V4558 Sale Harriers Manchester	53:26
26	998	Michael Griffin	V4526	Middleton Harriers AC	43:45	59	2379	Phil Bainbridge	V4559 Manchester Triathlon Club	54:17
27	943	Pete Ogle	V4527	Marple Runners	44:07	60	657	David Larkin	V4560 Macclesfield Harriers & AC	54:25
28	57	Tony Coyne	V4528	Belle Vue Racers	44:11	61	2114	Paul Lockett	V4561 Winston Runners	54:26
29	100	M Deschoolmeester	V4529	Bramhall Runners	44:21	62	941	Martin Lynch	V4562 Marple Runners	57:10
30	520	Pete Woodhead	V4530	Goyt Valley Striders	44:34	63	1561	Matthew Savory	V4563 Start2jog	58:00
31	32	Matt Page	V4531	Altrincham & District AC	44:42	64	2110	Steven Francom	V4564 Winston Runners	58:59
32	437	Dennis Thomas	V4532	E Cheshire H & Tameside AC	44:43	65	63	Daniel Moody	V4565 Belle Vue Racers	1:02:05
33	125	Phil Ramsey	V4533	Bramhall Runners	45:00					

## Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	541	Julian Goudge	V50 1	Horwich R M I Harriers	38:12
2	123	Andy Porter	V50 2	Bramhall Runners	39:42
3	914	Tim Shanker	V50 3	Manchester Ymca Harriers	40:07
4	1802	Matthew Lynas	V50 4	Macclesfield Harriers & AC	40:15
5	560	Marcus Taylor	V50 5	Horwich R M I Harriers	40:21
6	2583	Bryan Lomas	V50 6	Congleton Harriers	40:29
7	2067	Jim Pendrill	V50 7	Wilmslow Running Club	40:42
8	1619	Simon Pickard	V50 8	Stockport Harriers & Ac	41:48
9	845	Stephen Taylor	V50 9	Manchester Triathlon Club	41:59
10	2582	Chris Moss	V5010	Congleton Harriers	42:54
11	2426	Shane Wolstencroft	V5011	Salford Metropolitan Ac	42:55
12	1415	Paul Gee	V5012	Salford Metropolitan Ac	43:07
13	2021	Richard Hayes	V5013	West Cheshire AC	44:19
14	1930	Gareth Williams	V5014	Vale Royal Ac	44:22
15	827	Tim Johns	V5015	Manchester Triathlon Club	44:35
16	116	Lok Li	V5016	Bramhall Runners	45:02
17	2660	Frank Podd	V5017	Bramhall Runners	45:22
18	2061	Jarrod Homer	V5018	Wilmslow Running Club	45:27
19	930	Chris Barber	V5019	Marple Runners	46:40
20	2016	Andrew Carter	V5020	West Cheshire AC	46:54
21	934	Neil Commins	V5021	Marple Runners	46:59
22	659	Steve Lomas	V5022	Macclesfield Harriers & AC	47:20
23	1113	Steve Gavin	V5023	Sale Harriers Manchester	47:41
24	1927	Mark Pilliner	V5024	Vale Royal Ac	47:53
25	2348	Barrie Thomason	V5025	Macclesfield Harriers & AC	48:01
26	1429	Mark Shuttleworth	V5026	Salford Metropolitan Ac	48:02
27	2097	Rob Hall	V5027	Wilmslow Striders	48:04
28	1071	Richard Mercer	V5028	Saddleworth Runners Club	48:30
29	746	David Dyer	V5029	Manchester Harriers & AC	48:37
30	215	Warren Bowden	V5030	Chorlton Runners	48:45
31	1537	Chris Murphy	V5031	St Helens Tri	48:59
32	1541	Lee Stinch	V5032	St Helens Tri	49:34
33	1957	Mark Gregory	V5033	Warrington A C	50:27
34	405	Paul Maybury	V5034	Dragons Running Club (sale)	50:50
35	1034	John Felton	V5035	Oldham & Royton H & Ac	51:16
36	1781	Jonathan Sides	V5036	Swinton Running Club	51:17
37	1616	Ian Mulligan	V5037	Stockport Harriers & Ac	51:28
38	574	Alex Connell	V5038	Knutsford Tri Club	52:05
39	98	Paul Cowell	V5039	Bramhall Runners	52:26
40	758	Lee Whittaker	V5040	Manchester Harriers & AC	52:42
41	236	Mark Gamblin	V5041	Chorlton Runners	53:40
42	2116	John Ross	V5042	Winstan Runners	54:05
43	586	Edward Taylor	V5043	Knutsford Tri Club	56:08
44	2597	Andrew Hodson	V5044	Marple Runners	56:21
45	129	Mike Utting	V5045	Bramhall Runners	58:10
46	1731	Nick Roberts	V5046	Stockport Tri Club	58:29
47	2581	Stephen Roberts	V5047	Chorlton Runners	58:42

## Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	1964	Stephen Watmough	V55 1	Warrington A C	39:08
2	22	Richard Johnson	V55 2	Altrincham & District AC	40:11
3	1316	Shaun Chambers	V55 3	Salford Harriers & AC	40:30
4	514	Paul Oakley	V55 4	Goyt Valley Striders	42:22
5	2593	James Noakes	V55 5	Macclesfield Harriers & AC	42:39
6	10	Richard Evans	V55 6	Altrincham & District AC	43:57
7	2251	Tim Raffle	V55 7	Altrincham & District AC	44:31
8	1559	Craig Leith	V55 8	Start2jog	44:37
9	2347	Julian Brown	V55 9	Macclesfield Harriers & AC	44:56
10	704	David Barlow	V5510	Manchester Frontrunners	45:19
11	583	Paul Moore	V5511	Knutsford Tri Club	45:57
12	177	Andrew Lidstone	V5512	Buxton AC	46:05
13	209	Julian Beach	V5513	Chorlton Runners	46:13
14	723	Roberto Raso	V5514	Manchester Frontrunners	46:26
15	2250	Gordon Nicoll	V5515	Altrincham & District AC	46:32
16	432	Alan Kennedy	V5516	E Cheshire H & Tameside AC	46:36
17	2460	Richard Wallace	V5517	Trafford Athletic Club	47:05
18	805	Lee Benson	V5518	Manchester Triathlon Club	47:10
19	1416	Chris Jones	V5519	Salford Metropolitan Ac	47:29
20	748	Glen Gandy	V5520	Manchester Harriers & AC	47:38
21	2111	James Golden	V5521	Winstan Runners	47:47
22	1602	Kevan Garner	V5522	Stockport Harriers & Ac	47:55
23	1530	Andrew Gaskell	V5523	St Helens Tri	47:59
24	661	Michael Thorley	V5524	Macclesfield Harriers & AC	49:41
25	62	Jimmy Mo	V5525	Belle Vue Racers	49:45
26	1583	Andrew Bell	V5526	Stockport Harriers & Ac	49:52
27	358	Dave Bradford	V5527	Didsbury Runners	49:55
28	244	Justin Hayes	V5528	Chorlton Runners	49:56
29	103	Steve Fairclough	V5529	Bramhall Runners	50:03
30	1075	James Sheard	V5530	Saddleworth Runners Club	50:23
31	249	David Honeywell	V5531	Chorlton Runners	50:25
32	2112	Anthony Harrison	V5532	Winstan Runners	50:26
33	2279	John Bowker	V5533	E Cheshire H & Tameside AC	50:37
34	1924	John Moulds	V5534	Vale Royal Ac	50:59
35	8	Duncan Dickinson	V5535	Altrincham & District AC	51:05
36	2077	Ian Smallwood	V5536	Wilmslow Running Club	51:10
37	106	Mike Hall	V5537	Bramhall Runners	52:29
38	1004	Anthony Walsh	V5538	Middleton Harriers AC	53:37
39	509	Paul Hunt	V5539	Goyt Valley Striders	54:15
40	276	Chris Peachey	V5540	Chorlton Runners	54:52
41	301	Francis Wooff	V5541	Chorlton Runners	55:56
42	1766	Mark Barton	V5542	Swinton Running Club	58:40
43	2370	Craig Turner	V5543	Manchester Harriers & AC	59:09
44	479	Andrew Burnett	V5544	Glossopdale Harriers	1:00:01
45	411	Ian Yarwood	V5545	Dragons Running Club (sale)	1:00:12

## Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	1951	Stephen Burthem	V60 1	Warrington A C	45:25
2	1137	Aidan Raftery	V60 2	Sale Harriers Manchester	45:26
3	1431	Paul Stevenson	V60 3	Salford Metropolitan Ac	46:07
4	994	Anthony Lowe	V60 4	Middleton Harriers AC	46:56
5	480	David Chrystie-Lowe	V60 5	Glossopdale Harriers	47:53
6	1135	Stephen Parry	V60 6	Sale Harriers Manchester	48:36
7	17	Graham Harrison	V60 7	Altrincham & District AC	48:46
8	1101	Frank Cordingley	V60 8	Sale Harriers Manchester	49:06
9	531	David Barnes	V60 9	Horwich R M I Harriers	49:08
10	431	Derek Hughes	V6010	E Cheshire H & Tameside AC	49:47
11	1605	Tim Hargreaves	V6011	Stockport Harriers & Ac	51:01
12	252	Christopher Jackson	V6012	Chorlton Runners	51:26
13	1002	Craig Sutherland	V6013	Middleton Harriers AC	1:00:47

## Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	1344	Stanley Owen	V65 1	Salford Harriers & AC	43:27
2	1622	Steve Shaughnessy	V65 2	Stockport Harriers & Ac	49:09
3	37	Peter Pickwell	V65 3	Altrincham & District AC	49:19
4	1916	John Clarke	V65 4	Vale Royal Ac	51:40
5	987	Alan Garvey	V65 5	Middleton Harriers AC	51:50
6	2633	Kevin Fingleton	V65 6	Unattached	52:57
7	287	Jerry Smith	V65 7	Chorlton Runners	56:41
8	947	David Shoesmith	V65 8	Marple Runners	59:18
9	1915	Barry Chambers	V65 9	Vale Royal Ac	1:00:03

## Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	2539	Andy Watts	V70 1	Wilmslow Running Club	48:33
2	2246	John Archer	V70 2	Sale Harriers Manchester	54:28
3	1626	Robert Taylor	V70 3	Stockport Harriers & Ac	55:25
4	990	John Hall	V75 1	Middleton Harriers AC	59:37





172 2447 Adrian Nutter	V4525	Stockport Harriers & Ac	43:33	263 748 Glen Gandy	V5520	Manchester Harriers & AC	47:38
173 1102 D Cordingley-Gaunt		Sale Harriers Manchester	43:36	264 1113 Steve Gavin	V5023	Sale Harriers Manchester	47:41
174 998 Michael Griffin	V4526	Middleton Harriers AC	43:45	265 2253 George Raffle		Altrincham & District AC	47:43
175 2391 Stephen Ford		Saddleworth Runners Club	43:48	266 1524 Gary Birch	V4050	St Helens Tri	47:45
176 909 Joseph Hayes		Manchester Ymca Harriers	43:48	267 2111 James Golden	V5521	Winston Runners	47:47
177 3 Matthew Allen		Altrincham & District AC	43:55	268 1408 Matthew Bell		Salford Metropolitan Ac	47:49
178 248 Keith Holman		Chorlton Runners	43:56	269 221 Andrew Callaghan		Chorlton Runners	47:50
179 10 Richard Evans	V55 6	Altrincham & District AC	43:57	270 817 Martin Forker	V4546	Manchester Triathlon Club	47:51
180 943 Pete Ogley	V4527	Marple Runners	44:07	271 932 Dan Britton		Marple Runners	47:52
181 1411 Paul Connolly	V4030	Salford Metropolitan Ac	44:09	272 1927 Mark Pilliner	V5024	Vale Royal Ac	47:53
182 57 Tony Coyne	V4528	Belle Vue Racers	44:11	273 480 David Chrystie-Lowe	V60 5	Glossopdale Harriers	47:53
183 2021 Richard Hayes	V5013	West Cheshire AC	44:19	274 1602 Kevan Garner	V5522	Stockport Harriers & AC	47:55
184 100 M Deschoolmeester	V4529	Bramhall Runners	44:21	275 843 Greg Strachey		Manchester Triathlon Club	47:56
185 1930 Gareth Williams	V5014	Vale Royal Ac	44:22	276 1595 Ian Crabtree	V4051	Stockport Harriers & AC	47:57
186 2251 Tim Raffle	V55 7	Altrincham & District AC	44:31	277 273 Alan Owst	V4052	Chorlton Runners	47:57
187 233 Kevin Duxbury	V4031	Chorlton Runners	44:31	278 1530 Andrew Gaskell	V5523	St Helens Tri	47:59
188 205 Tom Almond		Chorlton Runners	44:32	279 2348 Barrie Thomason	V5025	Macclesfield Harriers & AC	48:01
189 520 Pete Woodhead	V4530	Goyt Valley Striders	44:34	280 1429 Mark Shuttleworth	V5026	Salford Metropolitan Ac	48:02
190 827 Tim Johns	V5015	Manchester Triathlon Club	44:35	281 2262 Steve McGovern	V4547	Bramhall Runners	48:04
191 366 Dan Levin	V4032	Didsbury Runners	44:36	282 262 Sean Lord	V4548	Chorlton Runners	48:04
192 1559 Craig Leith	V55 8	Start2jog	44:37	283 2097 Rob Hall	V5027	Wilmslow Striders	48:04
193 32 Matt Page	V4531	Altrincham & District AC	44:42	284 373 Ben Stredder	V4053	Didsbury Runners	48:23
194 437 Dennis Thomas	V4532	E Cheshire H & Tameside AC	44:43	285 1071 Richard Mercer	V5028	Saddleworth Runners Club	48:30
195 1001 Andy Smith	V4033	Middleton Harriers AC	44:47	286 2539 Andy Watts	V70 1	Wilmslow Running Club	48:33
196 1090 Paul Barrett	V4034	Sale Harriers Manchester	44:50	287 1135 Stephen Parry	V60 6	Sale Harriers Manchester	48:36
197 1778 Daniel Martin		Swinton Running Club	44:53	288 746 David Dyer	V5029	Manchester Harriers & AC	48:37
198 720 Blair Paterson		Manchester Frontrunners	44:54	289 757 Andy Tulip	V4549	Manchester Harriers & AC	48:39
199 2347 Julian Brown	V55 9	Macclesfield Harriers & AC	44:56	290 756 Chris Sewart	V4550	Manchester Harriers & AC	48:41
200 718 Nicholas Markley	V4035	Manchester Frontrunners	44:57	291 1768 Steve Billington	V4551	Swinton Running Club	48:43
201 716 Steve Hatton	V4036	Manchester Frontrunners	45:00	292 1151 Chris Webb		Sale Harriers Manchester	48:44
202 125 Phil Ramsey	V4533	Bramhall Runners	45:00	293 215 Warren Bowden	V5030	Chorlton Runners	48:45
203 116 Lok Li	V5016	Bramhall Runners	45:02	294 17 Graham Harrison	V60 7	Altrincham & District AC	48:46
204 719 Thomas Marshall		Manchester Frontrunners	45:10	295 705 James Bellingham		Manchester Frontrunners	48:51
205 704 David Barlow	V5510	Manchester Frontrunners	45:19	296 1537 Chris Murphy	V5031	St Helens Tri	48:59
206 2660 Frank Podd	V5017	Bramhall Runners	45:22	297 1101 Frank Cordingley	V60 8	Sale Harriers Manchester	49:06
207 1951 Stephen Burthem	V60 1	Warrington A C	45:25	298 531 David Barnes	V60 9	Horwich R M I Harriers	49:08
208 40 Neil Walker	V4037	Altrincham & District AC	45:26	299 1622 Steve Shaughnessy	V65 2	Stockport Harriers & Ac	49:09
209 1137 Aidan Raftery	V60 2	Sale Harriers Manchester	45:26	300 37 Peter Pickwell	V65 3	Altrincham & District AC	49:19
210 2061 Jarrod Homer	V5018	Wilmslow Running Club	45:27	301 367 James Lord	V4054	Didsbury Runners	49:25
211 578 John Goggins	V4038	Knutsford Tri Club	45:28	302 703 P Anderson-Xuereb	V4055	Manchester Frontrunners	49:28
212 1030 Paul Bartholomew	V4039	Oldham & Royton H & Ac	45:31	303 1734 Colin Shore	V4552	Stockport Tri Club	49:32
213 656 Robert Hasler	V4040	Macclesfield Harriers & AC	45:38	304 1541 Lee Stinch	V5032	St Helens Tri	49:34
214 1 Paul Abraham	V4534	Altrincham & District AC	45:41	305 661 Michael Thorley	V5524	Macclesfield Harriers & AC	49:41
215 2632 Lee McKeown	V4535	Unattached	45:41	306 2427 Malcolm Orrell		Salford Metropolitan Ac	49:43
216 2095 David Chambers	V4041	Wilmslow Striders	45:46	307 62 Jimmy Mo	V5525	Belle Vue Racers	49:45
217 1598 Darren Donald	V4042	Stockport Harriers & Ac	45:50	308 269 Rob Mooney		Chorlton Runners	49:46
218 272 Andy Nicol	V4536	Chorlton Runners	45:52	309 431 Derek Hughes	V6010	E Cheshire H & Tameside AC	49:47
219 995 Graham Jordan	V4043	Middleton Harriers AC	45:53	310 1583 Andrew Bell	V5526	Stockport Harriers & AC	49:52
220 583 Paul Moore	V5511	Knutsford Tri Club	45:57	311 358 Dave Bradford	V5527	Didsbury Runners	49:55
221 1525 Kevin Dudley		St Helens Tri	45:59	312 244 Justin Hayes	V5528	Chorlton Runners	49:56
222 1733 Michael Ruffles		Stockport Tri Club	46:02	313 581 Adam Horrocks		Knutsford Tri Club	49:58
223 177 Andrew Lidstone	V5512	Buxton AC	46:05	314 103 Steve Fairclough	V5529	Bramhall Runners	50:03
224 1431 Paul Stevenson	V60 3	Salford Metropolitan Ac	46:07	315 2247 David Brocklebank	V4056	Chorlton Runners	50:05
225 1597 Peter Dean	V4044	Stockport Harriers & Ac	46:08	316 1772 Mike Donigan	V4057	Swinton Running Club	50:20
226 2018 Mark Davies	V4537	West Cheshire AC	46:11	317 1075 James Sheard	V5530	Saddleworth Runners Club	50:23
227 652 Graeme Eddie	V4538	Macclesfield Harriers & AC	46:12	318 249 David Honeywell	V5531	Chorlton Runners	50:25
228 209 Julian Beach	V5513	Chorlton Runners	46:13	319 2112 Anthony Harrison	V5532	Winston Runners	50:26
229 231 Stephen Davison	V4539	Chorlton Runners	46:15	320 1957 Mark Gregory	V5033	Warrington A C	50:27
230 507 Alistair Fitzgerald	V4540	Goyt Valley Striders	46:19	321 2279 John Bowker	V5533	E Cheshire H & Tameside AC	50:37
231 1412 David Cornes		Salford Metropolitan Ac	46:24	322 405 Paul Maybury	V5034	Dragons Running Club (sale)	50:50
232 723 Roberto Raso	V5514	Manchester Frontrunners	46:26	323 1924 John Moulds	V5534	Vale Royal Ac	50:59
233 261 Michael Lim	V4045	Chorlton Runners	46:27	324 1605 Tim Hargreaves	V6011	Stockport Harriers & Ac	51:01
234 1528 Andrew Fenney	V4541	St Helens Tri	46:30	325 8 Duncan Dickinson	V5535	Altrincham & District AC	51:05
235 654 Chris Edwardson		Macclesfield Harriers & AC	46:31	326 2077 Ian Smallwood	V5536	Wilmslow Running Club	51:10
236 2250 Gordon Nicoll	V5515	Altrincham & District AC	46:32	327 1034 John Felton	V5035	Oldham & Royton H & Ac	51:16
237 660 Gareth Stockdale	V4542	Macclesfield Harriers & AC	46:34	328 1781 Jonathan Sides	V5036	Swinton Running Club	51:17
238 432 Alan Kennedy	V5516	E Cheshire H & Tameside AC	46:36	329 224 Simon Clarke	V4058	Chorlton Runners	51:22
239 589 Chris Walton		Knutsford Tri Club	46:38	330 252 Christopher Jackson	V6012	Chorlton Runners	51:26
240 930 Chris Barber	V5019	Marple Runners	46:40	331 1616 Ian Mulligan	V5037	Stockport Harriers & Ac	51:28
241 371 Olly Smith		Didsbury Runners	46:48	332 2286 Roy Whittle	V4553	Goyt Valley Striders	51:31
242 1417 Richard Knight	V4046	Salford Metropolitan Ac	46:50	333 1916 John Clarke	V65 4	Vale Royal Ac	51:40
243 427 James Hartshorne		E Cheshire H & Tameside AC	46:52	334 714 James Fox	V4059	Manchester Frontrunners	51:47
244 2016 Andrew Carter	V5020	West Cheshire AC	46:54	335 987 Alan Garvey	V65 5	Middleton Harriers AC	51:50
245 994 Anthony Lowe	V60 4	Middleton Harriers AC	46:56	336 724 Edward Roberts		Manchester Frontrunners	52:01
246 404 Richard Healy	V4543	Dragons Running Club (sale)	46:56	337 574 Alex Connell	V5038	Knutsford Tri Club	52:05
247 934 Neil Commins	V5021	Marple Runners	46:59	338 403 Duncan Gazeley	V4060	Dragons Running Club (sale)	52:09
248 112 Damian Jones		Bramhall Runners	47:02	339 101 Ian Dixon	V4554	Bramhall Runners	52:09
249 61 Paul Minton		Belle Vue Racers	47:03	340 219 Paul Brown		Chorlton Runners	52:12
250 2460 Richard Wallace	V5517	Trafford Athletic Club	47:05	341 1725 Gareth Jones	V4061	Stockport Tri Club	52:14
251 805 Lee Benson	V5518	Manchester Triathlon Club	47:10	342 98 Paul Cowell	V5039	Bramhall Runners	52:26
252 2074 Matthew Taylor	V4544	Wilmslow Running Club	47:12	343 106 Mike Hall	V5537	Bramhall Runners	52:29
253 755 Neil Ryan	V4047	Manchester Harriers & AC	47:13	344 2365 Casey Longden	V4062	Manchester Harriers & AC	52:38
254 659 Steve Lomas	V5022	Macclesfield Harriers & AC	47:20	345 951 Jeremy Woodham	V4555	Marple Runners	52:40
255 298 Steven Welch		Chorlton Runners	47:24	346 406 Andy Redford	V4556	Dragons Running Club (sale)	52:41
256 900 Daniel Bailey		Manchester Ymca Harriers	47:25	347 758 Lee Whittaker	V5040	Manchester Harriers & AC	52:42
257 1776 Richard Jackson	V4048	Swinton Running Club	47:27	348 255 George Kirk		Chorlton Runners	52:55
258 1416 Chris Jones	V5519	Salford Metropolitan Ac	47:29	349 2633 Kevin Fingleton	V65 6	Unattached	52:57
259 651 Richard Applewhite	V4545	Macclesfield Harriers & AC	47:34	350 2280 Tobias Walsh	U2018	E Cheshire H & Tameside AC	52:57
260 1476 Ben Stanley	U2017	Salford Metropolitan Ac	47:35	351 1722 Paul Farrington	V4557	Stockport Tri Club	53:24
261 251 Etienne Humphries		Chorlton Runners	47:35	352 1094 Matthew Bell	V4558	Sale Harriers Manchester	53:26
262 1410 Ben Capsey	V4049	Salford Metropolitan Ac	47:37	353 1004 Anthony Walsh	V5538	Middleton Harriers AC	53:37

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354	236	Mark Gamblin	V5041	Chorlton Runners	53:40	371	287	Jerry Smith	V65	7	Chorlton Runners	56:41
355	2116	John Ross	V5042	Winston Runners	54:05	372	941	Martin Lynch	V4562		Marple Runners	57:10
356	841	Declan Sealy	V4063	Manchester Triathlon Club	54:08	373	2596	Tobias Sze	U2019		Manchester Metropolitan Uni	57:29
357	509	Paul Hunt	V5539	Goyt Valley Striders	54:15	374	1561	Matthew Savory	V4563		Start2jog	58:00
358	2379	Phil Bainbridge	V4559	Manchester Triathlon Club	54:17	375	129	Mike Utting	V5045		Bramhall Runners	58:10
359	657	David Larkin	V4560	Macclesfield Harriers & AC	54:25	376	1731	Nick Roberts	V5046		Stockport Tri Club	58:29
360	2114	Paul Lockett	V4561	Winston Runners	54:26	377	1766	Mark Barton	V5542		Swinton Running Club	58:40
361	2246	John Archer	V70	2 Sale Harriers Manchester	54:28	378	2581	Stephen Roberts	V5047		Chorlton Runners	58:42
362	1620	Robert Platt		Stockport Harriers & AC	54:31	379	2110	Steven Francom	V4564		Winston Runners	58:59
363	276	Chris Peachey	V5540	Chorlton Runners	54:52	380	2370	Craig Turner	V5543		Manchester Harriers & AC	59:09
364	816	Matthew Evans-Smith	V4064	4 Manchester Triathlon Club	55:02	381	947	David Shoesmith	V65	8	Marple Runners	59:18
365	999	Simon Scarfe		Middleton Harriers AC	55:08	382	990	John Hall	V75	1	Middleton Harriers AC	59:37
366	1626	Robert Taylor	V70	3 Stockport Harriers & Ac	55:25	383	479	Andrew Burnett	V5544		Glossopdale Harriers	1:00:01
367	851	Frank White		Manchester Triathlon Club	55:55	384	1915	Barry Chambers	V65	9	Vale Royal Ac	1:00:03
368	301	Francis Wooff	V5541	Chorlton Runners	55:56	385	4111	Ian Yarwood	V5545		Dragons Running Club (sale)	1:00:12
369	586	Edward Taylor	V5043	Knutsford Tri Club	56:08	386	1002	Craig Sutherland	V6013		Middleton Harriers AC	1:00:47
370	2597	Andrew Hodson	V5044	Marple Runners	56:21	387	63	Daniel Moody	V4565		Belle Vue Racers	1:02:05

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale Harriers Manchester	97	—	1	Nigel Martin	4	Nicholas Barry	6	James Wignall	21	Joe Godwood	29	Matthew Barnes	36	Alex Bradford
2	Chorlton Runners	105	—	3	John Gilbert	8	Peter Taylor-Bray	17	James Savage	18	Dean Hughes	28	Ben Hobson	31	Matthew Shaw
3	Horwich R M I Harriers	121	—	7	Toby Middleton	9	Joe Mercer	15	James Kevan	20	Nick Leigh	30	George Martindale	40	Paul Grundy
4	Salford Harriers & AC	138	—	5	Joseph Moores	10	Karl Darcy	14	Will Beauchamp	26	Oliver Cook	41	Bruno Lima	42	Robert Hughes
5	Altrincham & District AC	195	—	11	Andrew Norman	22	Adam Gooch	25	David Norman	34	Gareth Turner	49	Matthew Gawne	54	Nick Hamlin
6	Stockport Harriers & Ac	301	—	16	Harry Ellwood	38	Ciaran Ferris	52	David Lewin	62	Malcolm Johnson	64	J Scott-Buccleuch	69	Alex Macfarlane
7	Chorlton Runners 'B'	329	—	32	O Macdonald	46	Sean Connon	50	Matthew Devlin	55	Tim Fletcher	70	Jonathan Lancaster	76	Oliver Bernstein
8	Trafford Athletic Club	420	—	35	Gavin Tomlinson	45	Alex Jones	57	Jeff Prest	61	Lawrence Skidmore	99	Naem Stevens	123	George Glennon
9	E Cheshire H & Tameside AC	436	—	13	Joseph Hudak	23	Gavin Browne	81	Mr Horner	85	Mike Holness	112	Michael Obi	122	George Lewis
10	Sale Harriers Manchester 'B'	446	—	58	Stephen McCarron	65	Matthew Spragg	74	Peter Shipley	79	Alex James	83	Tom Stephenson	87	Zac Gaillemin
11	Salford Harriers & AC 'B'	555	—	53	Jack Bristow	63	Mark Collier	73	Christopher Tully	93	Michael Heaney	108	Shaun Chambers	165	Stanley Owen
12	Altrincham & District AC 'B'	617	—	77	Richard Lane	90	Ben Greene	94	Tim Greenald	96	Richard Johnson	126	Dan Martell	134	James Pattison
13	Stockport Harriers & Ac 'B'	627	—	75	Tom Peers	91	Ged McGrath	103	David Maher	105	Iain Murdoch	124	Simon Pickard	129	Philip Burns
14	Macclesfield Harriers & AC	655	—	47	Billy Hicks	82	Laurence Manley	84	Mark Walker	100	Matthew Lynas	148	James Noakes	194	Julian Brown
15	Manchester Triathlon Club	698	—	12	Lewis Eccleston	102	Phillip Eldridge	125	Archie Allen-Jones	128	Stephen Taylor	146	Rob Harper	185	Tim Johns
16	Chorlton Runners 'C'	725	—	97	Gary Scott	114	Phil Larratt	119	Alan Steeple	127	Andy Adkin	133	Alistair Pearson	135	Russell Price
17	Sale Harriers Manchester 'C'	734	—	88	Andrew Curvis	115	Tom Fordyce	118	Olivier Gaillemine	131	Nathan Cameron	137	Conor Donaghy	145	Oliver Bartlett
18	Wilmslow Running Club	749	—	39	Richard Coen	110	Jim Pendrill	113	James Speedie	116	Robert Jackson	166	Allan McCormick	205	Jarrod Homer
19	Bramhall Runners	799	—	86	Andy Porter	89	Robin Hulme	109	Matt Moran	139	Gareth Pritchard	179	M Deschoolmeester	197	Phil Ramsey
20	Vale Royal Ac	840	—	2	Ed Shepherd	27	Ryan Moore	48	John Humphries	180	Gareth Williams	266	Mark Pilliner	317	John Moulds
21	Manchester Harriers & AC	859	—	43	Joseph Farrelly	71	Simon Bareford	120	Alex Masidlover	121	Ben O'Brien	247	Neil Ryan	257	Glen Gandy
22	Salford Metropolitan Ac	920	—	66	Ben Farrelly	143	Andrew Van Damms	157	Shane Wolstencroft	160	Paul Gee	176	Paul Connolly	218	Paul Stevenson
23	Oldham & Royton H & Ac	985	—	33	Michael Mannings	107	Lee Robinson	156	Dan Timperley	161	Sam Davies	207	Paul Bartholomew	321	John Felton
24	Chorlton Runners 'D'	987	—	144	Justin Cleary	151	Stephen Smith	154	Luke Donald	173	Keith Holman	182	Kevin Duxbury	183	Tom Almond
25	Stockport Harriers & Ac 'C'	1030	—	132	Blaine Emmett	142	David Cross	159	David Hulley	167	Adrian Nutter	211	Darren Donald	219	Peter Dean
26	Middleton Harriers AC	1073	—	98	Jorden Burke	164	Andrew Ndlovu	169	Michael Griffin	190	Andy Smith	213	Graham Jordan	239	Anthony Lowe
27	Altrincham & District AC 'C'	1127	—	172	Matthew Allen	174	Richard Evans	181	Tim Raffie	188	Matt Page	203	Neil Walker	209	Paul Abraham
28	Manchester Frontrunners	1136	—	153	Matt Perry	193	Blair Paterson	195	Nicholas Markley	196	Steve Hatton	199	Thomas Marshall	200	David Barlow
29	Sale Harriers Manchester 'D'	1265	—	163	Simon Latham	168	D Cordingley-Gaunt	191	Paul Barrett	204	Aidan Rafferty	258	Steve Gavin	281	Stephen Parry
30	Didsbury Runners	1284	—	140	Meng Leong	150	Damien McHugh	186	Dan Levin	235	Olly Smith	278	Ben Stredder	295	James Lord
31	Goyt Valley Striders	1314	—	92	Nathan Porter	138	Paul Oakley	184	Pete Woodhead	224	Alistair Fitzgerald	326	Roy Whittle	350	Paul Hunt
32	Belle Vue Racers	1348	—	117	Thomas Rogers	130	Ben Marsh	177	Tony Coyne	243	Paul Minton	301	Jimmy Mo	380	Daniel Moody
33	St Helens Tri	1376	—	111	Michael Forber	215	Kevin Dudley	228	Andrew Fenney	260	Gary Birch	272	Andrew Gaskell	290	Chris Murphy
34	Chorlton Runners 'E'	1388	—	212	Andy Nicol	222	Julian Beach	223	Stephen Davison	227	Michael Lim	249	Steven Welch	255	Etienne Humphries
35	Macclesfield Harriers & AC 'B'	1390	—	208	Robert Hasler	221	Graeme Eddie	229	Chris Edwardson	231	Gareth Stockdale	248	Steve Lomas	253	Richard Applewhite
36	Marple Runners	1409	—	155	Richard Williams	175	Pete Ogle	234	Chris Barber	241	Neil Commins	265	Dan Britton	339	Jeremy Woodham
37	Salford Metropolitan Ac 'B'	1485	—	225	David Comes	236	Richard Knight	252	Chris Jones	254	Ben Stanley	256	Ben Capsey	262	Matthew Bell
38	Bramhall Runners 'B'	1557	—	198	Lok Li	201	Frank Podd	242	Damian Jones	275	Steve McGovern	308	Steve Fairclough	333	Ian Dixon
39	E Cheshire H & Tameside AC 'B'	1619	—	189	Dennis Thomas	232	Alan Kennedy	237	James Hartshorne	303	Derek Hughes	315	John Bowker	343	Tobias Walsh
40	Stockport Tri Club	1633	—	72	Carl Krystek	216	Michael Ruffles	297	Colin Shore	335	Gareth Jones	344	Paul Farrington	369	Nick Roberts
41	Knutsford Tri Club	1653	—	206	John Goggins	214	Paul Moore	233	Chris Walton	307	Adam Horrocks	331	Alex Connell	362	Edward Taylor
42	Chorlton Runners 'F'	1705	—	263	Andrew Callaghan	271	Alan Owst	276	Sean Lord	287	Warren Bowden	302	Rob Mooney	306	Justin Hayes
43	Swinton Running Club	1730	—	192	Daniel Martin	251	Richard Jackson	285	Steve Billington	310	Mike Donigan	322	Jonathan Sides	370	Mark Barton
44	Dragons Running Club (sale)	1768	—	162	Graham Brownhill	240	Richard Healy	316	Paul Maybury	332	Duncan Gazeley	340	Andy Redford	378	Ian Yarwood
45	Stockport Harriers & Ac 'D'	1778	—	268	Kevan Garner	270	Ian Crabtree	293	Steve Shaughnessy	304	Andrew Bell	318	Tim Hargreaves	325	Ian Mulligan
46	Manchester Triathlon Club 'B'	1835	—	245	Lee Benson	264	Marin Forker	269	Greg Strachey	349	Declan Sealy	351	Phil Bainbridge	357	Matthew Evans-Smith
47	Manchester Harriers & AC 'B'	1901	—	282	David Dyer	283	Andy Tulip	284	Chris Swart	338	Casey Longden	341	Lee Whittaker	373	Craig Turner
48	Chorlton Runners 'G'	1944	—	309	David Brocklebank	312	David Honeywell	323	Simon Clarke	324	Christopher Jackson	334	Paul Brown	342	George Kirk

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Chorlton Runners	24	—	1 John Gilbert	3 Dean Hughes	7 Matthew Shaw	13 Tim Fletcher
2 Altrincham & District AC	65	—	2 Andrew Norman	5 David Norman	26 Richard Lane	32 Tim Greenald
3 Sale Harriers Manchester	90	—	6 Matthew Barnes	16 Stephen McCarron	21 Matthew Spragg	47 Tom Fordyce
4 Salford Harriers & AC	97	—	10 Robert Hughes	19 Mark Collier	25 Christopher Tully	43 Shaun Chambers
5 Horwich R M I Harriers	99	—	4 Nick Leigh	17 Julian Goudge	38 Alastair Murray	40 Marcus Taylor
6 Stockport Harriers & Ac	108	—	18 Malcolm Johnson	20 J Scott-Buccleuch	31 Ged McGrath	39 David Maher
7 Stockport Harriers & Ac 'B'	211	—	41 Iain Murdoch	51 Simon Pickard	54 Philip Burns	65 David Hulley
8 Macclesfield Harriers & AC	215	—	29 Mark Walker	37 Matthew Lynas	60 James Noakes	89 Julian Brown
9 Chorlton Runners 'B'	216	—	35 Gary Scott	49 Alan Steeple	52 Andy Adkin	80 Kevin Duxbury
10 Trafford Athletic Club	216	—	8 Gavin Tomlinson	15 Jeff Prest	64 Daniel Hill	129 Richard Wallace
11 Wilmslow Running Club	222	—	9 Richard Coen	45 Jim Pendrill	69 Allan McCormick	99 Jarrod Homer
12 Altrincham & District AC 'B'	241	—	34 Richard Johnson	56 James Pattison	72 Richard Evans	79 Tim Raffle
13 Bramhall Runners	243	—	30 Andy Porter	44 Matt Moran	77 M Deschoolmeester	92 Phil Ramsey
14 Salford Metropolitan Ac	261	—	58 Andrew VanDamms	63 Shane Wolstencroft	66 Paul Gee	74 Paul Connolly
15 Sale Harriers Manchester 'B'	289	—	48 Olivier Gaillemin	55 Nathan Cameron	88 Paul Barrett	98 Aidan Raftery
16 Middleton Harriers AC	301	—	36 Jorden Burke	71 Michael Griffin	87 Andy Smith	107 Graham Jordan
17 Manchester Triathlon Club	324	—	53 Stephen Taylor	59 Rob Harper	82 Tim Johns	130 Lee Benson
18 West Cheshire AC	327	—	14 Neil Finegan	76 Richard Hayes	112 Mark Davies	125 Andrew Carter
19 Manchester Harriers & AC	343	—	23 Simon Bareford	50 Alex Masidlover	132 Neil Ryan	138 Glen Gandy
20 Marple Runners	386	—	62 Richard Williams	73 Pete Ogley	123 Chris Barber	128 Neil Commins
21 Manchester Frontrunners	392	—	90 Nicholas Markley	91 Steve Hatton	94 David Barlow	117 Roberto Raso
22 Altrincham & District AC 'C'	405	—	85 Matt Page	97 Neil Walker	103 Paul Abraham	120 Gordon Nicoll
23 E Cheshire H & Tameside AC	411	—	28 Mr Horner	86 Dennis Thomas	122 Alan Kennedy	175 Derek Hughes
24 Stockport Harriers & Ac 'C'	431	—	70 Adrian Nutter	105 Darren Donald	111 Peter Dean	145 Kevan Garner
25 Goyt Valley Striders	451	—	57 Paul Oakley	81 Pete Woodhead	116 Alistair Fitzgerald	197 Roy Whittle
26 Chorlton Runners 'C'	453	—	106 Andy Nicol	114 Julian Beach	115 Stephen Davison	118 Michael Lim
27 St Helens Tri	453	—	46 Michael Forber	119 Andrew Fenney	140 Gary Birch	148 Andrew Gaskell
28 Glossopdale Harriers	456	—	12 Chris Webb	61 Jamie Helmer	144 David Chrystie-Lowe	239 Andrew Burnett
29 Macclesfield Harriers & AC 'B'	469	—	102 Robert Hasler	113 Graeme Eddie	121 Gareth Stockdale	133 Steve Lomas
30 Salford Metropolitan Ac 'B'	506	—	110 Paul Stevenson	124 Richard Knight	135 Chris Jones	137 Ben Capsey
31 Bramhall Runners 'B'	518	—	93 Lok Li	95 Frank Podd	151 Steve McGovern	179 Steve Fairclough
32 Didsbury Runners	583	—	83 Dan Levin	154 Ben Stredder	169 James Lord	177 Dave Bradford
33 Dragons Running Club (sale)	583	—	67 Graham Brownhill	127 Richard Healy	187 Paul Maybury	202 Duncan Gazeley
34 Vale Royal Ac	607	—	78 Gareth Williams	143 Mark Pilliner	188 John Moulds	198 John Clarke
35 Stockport Tri Club	610	—	24 Carl Krystek	171 Colin Shore	204 Gareth Jones	211 Paul Farrington
36 Knutsford Tri Club	635	—	100 John Goggins	108 Paul Moore	201 Alex Connell	226 Edward Taylor
37 Chorlton Runners 'D'	639	—	147 Alan Owst	152 Sean Lord	162 Warren Bowden	178 Justin Hayes
38 Swinton Running Club	669	—	134 Richard Jackson	161 Steve Billington	181 Mike Donigan	193 Jonathan Sides
39 Sale Harriers Manchester 'C'	673	—	139 Steve Gavin	157 Stephen Parry	165 Frank Cordingley	212 Matthew Bell
40 Macclesfield Harriers & AC 'C'	677	—	136 Richard Applewhite	149 Barrie Thomason	173 Michael Thorley	219 David Larkin
41 Stockport Harriers & Ac 'D'	678	—	146 Ian Crabtree	167 Steve Shaughnessy	176 Andrew Bell	189 Tim Hargreaves
42 Manchester Harriers & AC 'B'	684	—	158 David Dyer	159 Andy Tulip	160 Chris Sewart	207 Casey Longden
43 Chorlton Runners 'E'	752	—	180 David Brocklebank	183 David Honeywell	194 Simon Clarke	195 Christopher Jackson
44 Winston Runners	760	—	141 James Golden	184 Anthony Harrison	215 John Ross	220 Paul Lockett
45 Middleton Harriers AC 'B'	777	—	126 Anthony Lowe	200 Alan Garvey	213 Anthony Walsh	238 John Hall
46 Marple Runners 'B'	806	—	142 Dan Britton	208 Jeremy Woodham	227 Andrew Hodson	229 Martin Lynch
47 Bramhall Runners 'C'	845	—	203 Ian Dixon	205 Paul Cowell	206 Mike Hall	231 Mike Utting
48 Chorlton Runners 'F'	889	—	214 Mark Gamblin	222 Chris Peachey	225 Francis Wooff	228 Jerry Smith