

HAVERING AC - SPRING WARM UP MEETING Held at HORNCHURCH STADIUM

Sunday 2nd May 2021

	No.	Pos	Name	Club	Age Group	Performance
T1.1 300m Hurdles - Race 1						
300HU17W	73	1	Rosie Townley	Chelm	U17W	47.74
300HW	98	2	Claire Brennan	Have	W40	48.12
300HM50	125	3	Dave Shortridge	VPTH	M50	55.53
300HU17W	310	4	Angela Sebastao	NEB	U17W	59.57
T1.2 300m Hurdles - Race 2						
300HMU17	145	1	Jacob Blanc	Have	U17M	38.48
300HM	118	2	Rhys Collings	Chelm	SM	40.86
300HM	123	3	Luke Keteleers	Chelm	SM	41.98
300HM	112	4	Michael Shortall	Thurr	M35	42.40
T2.1 200m - Under 13 Girls wind: -0.4						
200	215	1	Lily Hartman	Bas	U13G	28.04
200	5	2	Natasha Wynn	WGEL	U13G	28.77
200	4	3	Caitlin Hancock	WGEL	U13G	28.93
200	7	4	Fiyin Adebayo	Bexley	U13G	30.54
T2.2 200m - Under 13 Girls & Boys wind: -0.8						
200	1	1	Leila Jones	Have	U13G	29.66
200	11	2	Angel Alexander-Darko	NEB	U13G	32.24
200	300	3	Samuel Burdett	Have	U13B	32.98
200	232	4	Henry Reynolds	Bas	U13B	34.37
T2.3 200m - Under 15 Girls Race 1 wind: -0.4						
200	15	1	Cassie Campbell	Have	U15G	28.79
200	37	2	Hollie Martin-Whymark	Col H	U15G	29.00
200	45	3	Miriam Adebayo	Bexley	U15G	29.52
200	313	4	Imogen Jones	Bas	U15G	31.75
T2.4 200m - Under 15 Girls Race 2 wind: -0.1						
200	49	1	Precious Fagbadegun	Have	U15G	28.21
200	50	2	Holly Huett	Bas	U15G	29.00
200	35	3	Scarlett Robinson	Bas	U15G	29.34
200	17	4	Amelia Hynes	Have	U15G	33.38
200	22	5	Lucy Lendon	Have	U15G	35.42
T2.5 200m - Under 15 Boys wind: +0.1						
200	295	1	Richard Walsh	Chelm	U15B	25.65
200	293	2	Jude Ogundare	Have	U15B	26.76
200	296	3	Max Goodey	Bas	U15B	27.61
T3.1 200m - Under 17 & above Race 1 wind: -2.5						
200	139	1	Jason Kalala	VPTH	U20M	22.71
200	115	2	Joseph Wilkin	Col H	SM	23.28
200	137	3	Will Farndale	HAWC	U20M	23.39
200	141	4	Malik Pitt	Ilf	U20M	26.05

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	No.	Pos	Name	Club	Age Group	Performance
T3.2 200m - Under 17 & above Race 2					wind:	-1.4
200	178	1	Alex Blake	S'end	U17M	23.60
200	129	2	Daragh Thomas	Have	U20M	24.58
200	128	3	Michael Okoro	Have	U20M	24.61
200	311	4	Rebecca Jeggo	Col H	SW	24.73
200	142	5	Aaron Edwards	Ips	U20M	25.00
200	201	6	Tobi Ekerin	Bas	U17M	26.55
T3.3 200m - Under 17 & above Race 3					wind:	+0.6
200	179	1	Ben Richards	WGEL	U17M	25.20
200	163	2	Reece Malcolm	Have	U17M	25.28
200	70	3	Olivia Boachie	Have	U17W	26.17
200	111	4	Jan Barnard	Bas	M40	26.73
200	93	5	Sophie Anderson	S'end	U20W	27.58
200	165	6	Josh Oberius	Have	U17M	28.03
T3.4 200m - Under 17 & above Race 4					wind:	-0.4
200	109	1	Richard Akinyebo	Have	SM	23.23
200	107	2	Krystle Balogun	Ilf	SW	26.72
200	86	3	Emma Ramsden	Have	U20W	27.21
200	96	4	Ellie Wright	Ilf	U20W	27.60
200	83	5	Talia Wynter	Col H	U17W	28.66
T3.5 200m - Under 17 & above Race 5					wind:	-0.9
200	85	1	Ava Sparham	Bas	U17W	27.79
200	61	2	Lucy Natrass	Have	U17W	29.15
200	101	3	Victoria Staines	S'end	SW	29.55
200	79	4	Holly Newman	Bas	U17W	30.48

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	No.	Pos	Name	Club	Age Group	Performance
T4.1 1500m - Under 13 Girls						
1500	240	1	Amelia Shipton	Chelm	U13G	5:20.89
1500	241	2	Hetty Harrison	Chelm	U13G	5:25.74
1500	237	3	Isabel Forrest	Thurr	U13G	5:33.32
1500	236	4	Olivia Forrest	Thurr	U13G	5:38.26
1500	234	5	Scarlett Woods	Have	U13G	5:54.90
1500	239	6	Katie Hawkins	Thurr	U13G	5:59.91
1500	235	7	Abigail Rogers	Have	U13G	6:10.19
T4.2 1500m - Under 15 Girls						
1500	244	1	Charlotte Evans	Have	U15G	5:13.00
1500	245	2	Hannah Evans	Have	U15G	5:23.55
1500	243	3	Lucy Bacon	Have	U15G	5:27.45
1500	248	4	Lucy Nuttall	Chelm	U15G	5:29.46
1500	288	5	Mara Thomas	Chelm	U15G	5:29.73
T4.3 1500m - Under 13 & Under 15 Boys						
1500	280	1	Oliver Taylor-Bush	Have	U15B	4:38.33
1500	284	2	Findlay McLaren	Have	U13B	4:38.62
1500	286	3	Austin Kelly	Chelm	U13B	4:51.86
1500	285	4	Jacob Parrott	Chelm	U13B	5:07.80
1500	282	5	Jake Campen	Bas	U15B	5:12.85
1500	287	6	Manny Richards	Harl	U13B	5:28.68

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	No.	Pos	Name	Club	Age Group	Performance
T5.1 1500m - Under 17 & above						
1500	250	1	Ruby Vinton	SBH	U17W	4:44.19
1500	249	2	Madeline Barker	Have	U17W	4:51.76
1500	259	3	Ginte Bailey	Have	W35	5:01.49
1500	256	4	Molly Sweetman	Have	U20W	5:02.33
1500	258	5	Lily Yates	Bas	U20W	5:05.95
1500	251	6	Larna Morgan	Chelm	U17W	5:06.73
1500	255	7	Sophie Cottam	Chelm	U17W	5:10.12
1500	252	8	Isabelle Carlin	S'end	U17W	5:19.42
1500	254	9	Erin Vernon	Benf	U17W	5:33.07
1500	257	10	Ella Burgess	Have	U20W	5:44.43
1500	253	11	Holly Hammond	S'end	U17W	6:13.01
T5.2 1500m - Under 17 Men & above Race 1						
1500	266	1	Jamie Rashbrook	Bas	U20M	4:07.14
1500	272	2	Henry Dover	C&T	U17M	4:10.87
1500	269	3	Aidan Cahill	C&T	U20M	4:11.21
1500	274	4	Elliot Gladwell	Ips	U17M	4:12.48
1500	270	5	Matthew Blacklock	Have	U17M	4:14.97
1500	263	6	Ben Prior	Thurr	SM	4:15.68
1500	261	7	James Stewart	Have	SM	4:20.04
1500	275	8	John Pugsley	S'end	U17M	4:23.75
T5.3 1500m - Under 17 men & above Race 2						
1500	277	1	William Nuttall	Chelm	U17M	4:26.66
1500	278	2	Arthur Ansell	Orion	U17M	4:29.52
1500	260	3	John Whitehead	Have	SM	4:31.56
1500	279	4	Ryan Holeyman	Ilf	U17M	4:36.99
1500	276	5	Cameron Beasley	Brain	U17M	4:45.81
1500	273	6	Henry Wright	Harl	U17M	4:52.79
1500	267	7	Archie Connors	Benf	U20M	4:53.11
1500	262	8	Nacho Fernandez	S'end	SM	4:53.21

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	No.	Pos	Name	Club	Age Group	Performance
T6.1 70m Hurdles - Under 13 Girls					wind:	-0.6
70HU13G	3	1	Milana Thorpe	Chelm	U13G	12.65
70HU13G	9	2	Oluwafisola Fagbadegun	Have	U13G	13.75
T6.2 75m Hurdles - Race 1					wind:	-0.9
75HU15G	34	1	Isabelle Kyson	WGEL	U15G	11.83
75HU15G	32	2	Maia Fisher	WGEL	U15G	11.98
75HU15G	30	3	Bethan Jarret	Have	U15G	12.22
75HU15G	21	4	Ruby Tillson	Have	U15G	12.30
T6.3 75m Hurdles - Race 2					wind:	+0.1
75HU15G	47	1	Zoe Gregory	Bas	U15G	12.86
75HU15G	44	2	Annabelle Crystal	Chelm	U15G	13.76
75HU15G	41	3	Chizora Okocha	Bas	U15G	14.52
75HU15G	46	4	Emily Bailey	Bas	U15G	15.50
75HU13B	301	5	Ryan Alexander	Have	U13B	16.23
75HU15G	313	5	Imogen Jones	Bas	U15G	17.51
T6.4 80m Hurdles					wind:	-0.8
80HU15B	294	1	Edward Hughes	Chelm	U15B	12.84
80HU17W	60	2	Paris King	Have	U17W	12.93
80HU17W	58	3	Paige Robinson	Have	U17W	13.26
80HU17W	79	4	Holly Newman	Bas	U17W	13.47
80HU17W	72	5	Rosie Fairhurst	Norw	U17W	13.66
T7.1 100m Hurdles - U20 & Senior Women					wind:	-0.7
100HW	90	1	Lily Parris	Chelm	U20W	14.00
100HW	99	2	Chloe Williams	Have	SW	14.40
100HW	97	3	Emily Knight	E&H	U20W	16.75
T7.2 110m Hurdles - U20 & Senior M35					wind:	-0.3
110HU20M	131	1	Toby Bishop	Have	U20M	16.93
110HM35	112	2	Michael Shortall	Thurr	M35	17.08
110HU20M	126	3	James With	Have	U20M	17.91

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	No.	Pos	Name	Club	Age Group	Performance
T8.1 300m - Race 1						
300	63	1	Stephanie Okoro	Have	U17W	41.38
300	206	2	Noah Harriott	Have	U15B	42.41
300	34	3	Isabelle Kyson	WGEL	U15G	43.24
300	28	4	Kezia Beeton	WGEL	U17W	43.99
300	45	5	Miriam Adebayo	Bexley	U15G	44.69
300	84	6	Ciara Pearce	Orion	U17W	46.95
T8.2 300m - Race 2						
300	207	1	Sebastian Alexandru	Have	U15B	44.08
300	52	2	Ruby Aylott	Thurr	U15G	46.68
300	43	3	Millie Trotter	Bas	U15G	48.04
300	149	4	Megan Vernon	Benf	U15G	49.97
300	48	5	Scarlett Bowdler	Bas	U15G	57.41
T9.1 400m Under 20 & Senior Women						
400	91	1	Yemi Mary John	WGEL	U20W	54.05
400	94	2	Hannah Foster	SBH	U20W	58.46
400	89	3	Alice Brown	Have	U20W	60.43
400	308	4	Nina Brennan	Have	W35	66.97
T9.2 400m Under 17 Men						
400	162	1	Dan Peters	Have	U17M	53.37
400	143	2	Archie Winney	Have	U17M	59.51
400	151	3	Calvin Sanni	Have	U17M	59.53
T9.3 400m Under 17, Under 20 & Senior Men						
400	121	1	Louis Menzies Walker	VPTH	SM	49.07
400	135	2	Joshua Pearson	WSEH	U20M	50.42
400	110	3	Matthew Agnimel	Have	SM	50.81
400	114	4	Isaac Ogunlade	HHH	SM	51.48
400	216	5	Daniel Raymond	WGEL	U17M	51.85
400	266	6	Jamie Rashbrook	Bas	U20M	54.01

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	No.	Pos	Name	Club	Age Group	Performance
T10.1 100m - Under 13 Girls Race 1					wind:	+1.1
100	9	1	Oluwafisola Fagbadegun	Have	U13G	13.95
100	4	2	Caitlin Hancock	WGEL	U13G	14.06
100	1	3	Leila Jones	Have	U13G	14.48
100	7	4	Fiyin Adebayo	Bexley	U13G	15.19
T10.2 100m - Under 15 Girls Race 1					wind:	+1.8
100	36	1	Rebecca Wright	WGEL	U15G	13.32
100	15	2	Cassie Campbell	Have	U15G	13.68
100	53	3	Divine Joseph	NEB	U15G	13.72
100	49	4	Precious Fagbadegun	Have	U15G	13.75
100	37	5	Hollie Martin-Whymark	Col H	U15G	13.82
100	41	6	Chizora Okocha	Bas	U15G	14.04
T10.3 100m - Under 15 Girls Race 2					wind:	+1.5
100	50	1	Holly Huett	Bas	U15G	13.94
100	33	2	Mya Thomas	Brain	U15G	14.26
100	18	3	Charlotte Casey-Sweeney	Have	U15G	14.60
100	51	4	Jessica Lunt	Chelm	U15G	14.75
100	314	5	Briana Ofori	Have	U15G	14.76
100	31	6	Poppy Smith	Have	U15G	15.27
T10.4 100m - Under 15 Girls Race 3					wind:	+1.2
100	54	1	Liana Constable	Have	U15G	14.61
100	24	2	Niamh Donovan	Have	U15G	14.70
100	23	3	Ellie Bradley	Have	U15G	15.23
100	27	4	Amber Maher	Have	U15G	15.87
100	20	5	Amelia Patchett	Have	U15G	16.12
100	19	6	Maisie Lee	Have	U15G	16.42
T10.5 100m - Under 13 Boys - Race 1					wind:	+0.3
100	305	1	Melchisedec Berkoh-Gyafi	Bas	U13B	13.85
100	303	2	Thomas Niewczasinski-Kirkland	WGEL	U13B	14.18
100	301	3	Ryan Alexander	Have	U13B	14.76
100	304	4	Opulence Adeboga	Chelm	U13B	15.63
100	299	5	James Campbell	Have	U13B	16.09
100	306	6	Kieran Bragg	Bas	U13B	16.40
T10.6 100m - Under 15 Boys					wind:	+1.5
100	295	1	Richard Walsh	Chelm	U15B	12.72
100	293	2	Jude Ogundare	Have	U15B	13.05
100	291	3	Ronin Valydon	Have	U15B	13.39
100	316	4	Aly Hashem	Have	U15B	15.12

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	No.	Pos	Name	Club	Age Group	Performance
T11.1 100m - Under 17W & above Race 1					wind:	+0.6
100	57	1	Karis Thomas	Have	U17W	12.72
100	87	2	Esther Agnimel	Have	U20W	12.77
100	78	3	Cara Duncan	Chelm	U17W	12.99
100	60	4	Paris King	Have	U17W	13.17
100	93	5	Sophie Anderson	S'end	U20W	13.37
T11.2 100m - Under 17W & above Race 2					wind:	+1.4
100	65	1	Amyna Willock	Have	U17W	12.80
100	86	2	Emma Ramsden	Have	U20W	12.93
100	61	3	Lucy Natrass	Have	U17W	13.93
T11.3 100m - Under 17W & above Race 3					wind:	+1.6
100	101	1	Victoria Staines	S'end	SW	13.68
100	83	2	Talia Wynter	Col H	U17W	13.74
100	64	3	Isabelle Bradley	Have	U17W	15.15
100	66	4	Megan Cook	Have	U17W	15.50
T11.4 100m - Under 17M & above Race 1					wind:	+0.3
100	109	1	Richard Akinyebo	Have	SM	11.03
100	120	2	Joseph Agbodza	S'end	SM	11.23
100	115	3	Joseph Wilkin	Col H	SM	11.35
100	309	4	Temi Johnson Alo	Chelm	U20M	11.62
100	164	5	Ridwan Salaam	Have	U17M	11.66
100	208	6	Al-Ameen Salaam	Have	U15B	11.97
T11.5 100m - Under 17M & above Race 2					wind:	+0.8
100	178	1	Alex Blake	S'end	U17M	11.68
100	202	2	Tom Lee	Thurr	U17M	11.77
100	311	3	Rebecca Jeggo	Col H	SW	11.99
100	182	4	Kosi Okinyia	Thurr	U17M	12.00
100	144	5	Jack Botha	Have	U17M	12.12
T11.6 100m - Under 17M & above Race 3					wind:	+1.6
100	156	1	Dominic Alexandru	Have	U17M	12.03
100	163	2	Reece Malcolm	Have	U17M	12.27
100	124	3	Daniel Steel	Hunts	SM	12.30
100	201	4	Tobi Ekerin	Bas	U17M	12.53
100	181	5	Abdulahman Akende	Thurr	U17M	12.56
100	111	6	Jan Barnard	Bas	M40	12.65
T11.7 100m - Under 17M & above Race 4					wind:	+0.6
100	213	1	Chris Agnimel	Have	U15B	12.65
100	154	2	Thomas Bird	Have	U17M	13.08
100	167	3	Sam Ellis	Have	U17M	13.12
100	168	4	Enrike Kukulsis	Have	U17M	13.69

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T12.1 800m - Under 13 Girls						
800	211	1	Lottie Wilkin	Chelm	U13G	2:27.19
800	230	2	Shea Sweeney	Have	U13B	2:28.71
800	100	3	Bethan Rose Davies	Chelm	U13G	2:29.73
800	210	4	Ezrah Harrold	Chelm	U13G	2:31.38
800	212	5	Niamh Roberts	Chelm	U13G	2:52.63
800	231	6	Taylor Dixon	Have	U13B	2:59.79
T12.2 800m - Under 15 Girls						
800	170	1	Lucy Thompson	C&T	U15G	2:25.80
800	289	2	Amelia King	Chelm	U15G	2:26.31
800	146	3	Sienna Shipton	Chelm	U15G	2:26.60
800	171	4	Sophie Matthews	Thurr	U15G	2:28.28
800	134	5	Rosie Warner	Have	U15G	2:31.17
800	147	6	Mia Bowring	Chelm	U15G	2:36.29
800	149	7	Megan Vernon	Benf	U15G	2:45.49
800	148	8	Poppy Carlin	S'end	U15G	2:57.57
T12.3 800m - Under 15 Boys						
800	218	1	Oscar Shearing	Have	U15B	2:11.81
800	219	2	Daniel Lammas	Have	U15B	2:14.37
800	227	3	Mackinley Gall	S'end	U15B	2:15.94
800	229	4	Oscar Farthing-Barbero	WGEL	U15B	2:16.75
800	221	5	Ike Okwudi	Have	U15B	2:23.28
800	222	6	Toby Johnson	Have	U15B	2:26.11
800	220	7	Jack West	Have	U15B	2:26.40
800	228	8	Gregor Samson	WGEL	U15B	2:36.52
800	226	9	William Reville	HAWC	U15B	2:53.19

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T13.1 800m - Under 17, Under 20 & Senior Women						
800	187	1	Natasha Tanner	SBH	U20W	2:24.84
800	186	2	Sydney Foley	Have	U20W	2:28.48
800	173	3	Freya Long	Have	U17W	2:29.03
800	180	4	Isabel Tracy	S'end	U17W	2:33.73
800	254	5	Erin Vernon	Benf	U17W	2:42.07
800	184	6	Rebecca O'Rourke	Have	U20W	2:48.94
T13.2 800m - Under 17, Under 20 & Senior Men Race 1						
800	189	1	Sam Wheatley	S'end	SM	1:57.22
800	191	2	Reece Harriott	Have	U20M	1:59.15
800	188	3	Kieran O'Hara	Have	SM	1:59.20
800	200	4	Max Richards	WGEL	U17M	2:01.62
800	192	5	Biny Bloom	SBH	U20M	2:04.81
800	190	6	Luke Chester	Have	U20M	2:05.71
800	194	7	Edmund Brown	High	U20M	2:06.81
T13.3 800m - Under 17, Under 20 & Senior Men Race 2						
800	195	1	Samuel Mahoney	Have	U17M	2:07.67
800	197	2	Owen Fisher	Have	U17M	2:07.99
800	199	3	Jack Offord	HAWC	U17M	2:12.93
800	196	4	Finley Wolton	Have	U17M	2:15.26
800	193	5	Sunny Vehit	Thurr	U20M	2:15.33
800	198	6	Max Robbins	Have	U17M	2:16.81
800	264	7	Scott Thrush	LOSS	SM	2:22.80

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	No.	Pos	Name	Club	Age Group	Performance
Long Jump - Pool 1						
LJ	307	1	Jeffrey Fenoo	Have	U15B	5.00
LJ	303	2	Thomas Niewczasinski-Kirkland	WGEL	U13B	4.82
LJ	262	3	Nacho Fernandez	S'end	SM	4.71
LJ	290	4	James Radden	Have	U15B	4.61
LJ	51	5	Jessica Lunt	Chelm	U15G	4.07
LJ	14	6	Azzurra Cioni	WGEL	U13G	4.01
LJ	35	7	Scarlett Robinson	Bas	U15G	3.96
LJ	3	8	Milana Thorpe	Chelm	U13G	3.85
LJ	44	9	Annabelle Crystal	Chelm	U15G	3.65
LJ	8	10	Holly Vera Bowdler	Bas	U13G	3.60
LJ	31	11	Poppy Smith	Have	U15G	3.50
LJ	62	12	Ruby Lendon	Have	U17W	3.40
LJ	48	13	Scarlett Bowdler	Bas	U15G	3.39
LJ	302	14	Freddie Hatcher	Have	U13B	3.39
Long Jump - Pool 2						
LJ	309	1	Temi Johnson Alo	Chelm	U20M	6.03
LJ	155	2	Onyedikachi Godwin	Have	U17M	5.80
LJ	73	3	Rosie Townley	Chelm	U17W	4.92
LJ	76	4	Clara Odoch	Have	U17W	4.25
LJ	102	5	Clare St John-Coleman	Chelm	W55	3.96
LJ	108	6	Ellie Watson	Have	SW	3.95
Discus - All						
DT1K	89	1	Alice Brown	Have	U20W	37.10
DT1K	67	2	Hannah Yexley	Have	U17W	29.75
DT1K	55	3	Katie Ennis	Have	U17W	28.85
DT1K	113	4	Juan Carlos Fernandez De Arr	S'end	M60	24.92
DT1K	68	5	Emily Peckett	Have	U17W	21.63
DT1K	29	6	Tilly Bunn	Have	U15G	18.93
DT1.25K	206	1	Noah Harriott	Have	U15B	26.69
DT1.5K	175	1	Alastair Brown	W Suff	U17M	39.66
DT1.5K	150	2	Patrick McLean-Tattan	Have	U17M	39.19
DT1.5K	159	3	Brendan Burgess	Have	U17M	32.98
DT1.5K	158	4	Lewis Edwards	Have	U17M	25.80

HAVERING AC - SPRING WARM UP MEETING Held at HORNCHURCH STADIUM

Sunday 2nd May 2021

	No.	Pos	Name	Club	Age Group	Performance
Shot - All						
SP4K	95	1	Omolola Kuponiyi	Chelm	U20W	13.07
SP4K	103	2	Katy Sealy	Ips	SW	10.70
SP4K	297	3	Aiden Coleman	Castle P	U15B	6.98
Shot - All						
SP3K	80	1	Maegan Hopkins	Chelm	U17W	12.50
SP3K	26	2	Zikora Ezeonwuka	Have	U15G	10.17
SP3K	36	3	Rebecca Wright	WGEL	U15G	10.12
SP3K	82	4	Emily Butler	Thurr	U17W	8.61
SP3K	40	5	Jessica Heath	Bas	U15G	6.44
SP3K	19	6	Maisie Lee	Have	U15G	6.33
SP3K	46	7	Emily Bailey	Bas	U15G	5.40
Shot - All						
SP5K	175	1	Alastair Brown	W Suff	U17M	14.90
SP5K	181	2	Abdulahman Akende	Thurr	U17M	12.39
SP5K	150	3	Patrick McLean-Tattan	Have	U17M	11.86
High Jump - All						
HJ	298	1	Leon Bengo	Have	U15B	1.69
HJ	103	2	Katy Sealy	Ips	SW	1.60
HJ	47	3	Zoe Gregory	Bas	U15G	1.55
HJ	21	4	Ruby Tillson	Have	U15G	1.50
HJ	71	5	Dara Otitoju	Have	U17W	1.40
HJ	18	6	Charlotte Casey-Sweeney	Have	U15G	1.35
HJ	16	7	Lucia Ward	Have	U15G	1.35
HJ	219	8	Daniel Lammas	Have	U15B	1.35
HJ	25	9=	Sophia Willson	Have	U15G	1.30
HJ	69	9=	Isabelle Bartlett	Have	U17W	1.30
HJ	5	11	Natasha Wynn	WGEL	U13G	1.30
HJ	288	12	Mara Thomas	Chelm	U15G	1.30

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Sunday 2nd May 2021

	No.	Pos	Name	Club	Age Group	Performance
Javelin - Pool 1						
JT400	300	1	Samuel Burdett	Have	U13B	28.30
JT400	234	2	Scarlett Woods	Have	U13G	16.94
JT400	231	3	Taylor Dixon	Have	U13B	15.74
JT400	8	4	Holly Vera Bowdler	Bas	U13G	14.82
JT400	299	5	James Campbell	Have	U13B	10.04
JT400	6	6	Jessica Page	Have	U13G	10.04
Javelin - Pool 2						
JT500	42	1	Poppy Radford	D&T	U15G	33.54
JT500	147	2	Mia Bowring	Chelm	U15G	19.31
JT600	292	1	Tom Rutter	HAWC	U15B	56.71
JT600	204	2	Bobby Williams	Have	U15B	47.51
JT600	205	3	Luca Gregory	Have	U15B	26.20
Javelin - Pool 2						
JT800	138	1	Max Law	Have	U20M	64.20
JT800	127	2	Peter Brinton-Quinn	Have	U20M	53.16
JT800	130	3	Hal Hutton	Have	U20M	44.18
JT800	124	4	Daniel Steel	Hunts	SM	39.28
JT700	157	1	Oliver Yexley	Have	U17M	46.52
JT700	176	2	Simon Hill	Bas	U17M	46.22
JT700	160	3	Oliver Grundy	Have	U17M	40.42
JT700	153	4	Matthew Page	Have	U17M	30.91
JT600	88	1	Adelaide Thatcher-Gray	Have	U20W	36.89
JT600	113	2	Juan Carlos Fernandez De Arr S'end		M60	18.70
JT500	77	1	Paige Hudson	W Suff	U17W	34.98

HAVERING AC - SPRING WARM UP MEETING Held at HORNCHURCH STADIUM

Sunday 2nd May 2021

	No.	Pos	Name	Club	Age Group	Performance
Triple Jump - all						
TJ	140	1	Aaron Ashmead Shoye	NEB	U20M	13.83
TJ	133	2	Aran Yavuz	S'end	U20M	13.16
TJ	105	3	Jazz Sears	SBH	SW	12.47
TJ	104	4	Chloe Vernon-Hamilton	Herts P	SW	11.97
TJ	177	5	Joshua Okonwa	NEB	U17M	10.08
TJ	40	6	Jessica Heath	Bas	U15G	8.97
TJ	203	7	Liam Keevil	Bas	U17M	8.13
Pole Vault - All						
PV	312	1	Luke Williams	Ashf	SM	3.50
PV	166	2	Jack Staunton	WSEH	U17M	3.20
PV	117	3	Neal Mason	Mid Masters	M70	2.80
PV	74	4	Erin Rees	WSEH	U17W	2.80
PV	131	5	Toby Bishop	Have	U20M	2.70
PV	39	6	Molly Staunton	WSEH	U15G	2.50
PV	153	7	Matthew Page	Have	U17M	2.20
PV	75	-	Lauren Samler	WSEH	U17W	NH