

The 69th Brampton to Carlisle 10Mile Road Race at Carlisle on Sunday 21st November 2021

Brampton — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	460	Andrew Heyes		Hallamshire Harriers Sheffield	48:42	85	388	Iain Tomb	Unattached	1:00:14
2	698	Mello Elisha De		Rugby & Northampton AC	49:18	86	392	Richard Foster	Vegan Runners Uk	1:00:19
3	466	Kieran Walker		North East Project	49:59	87	456	Richard Benson	Unattached	1:00:27
4	445	Matthew Grieve		Leeds City Athletic Club	50:12	88	39	Paul Attley	V4025 Gateshead Harriers & Ac	1:00:41
5	396	Rob Scott		Richmond & Zetland Harriers	50:21	89	379	Dean Winter	V4513 Barnsley Athletic Club	1:00:53
6	374	L Gamble-Thompson		New Marske Harriers Club	50:23	90	470	Christopher McCarron	Calderglen Harriers	1:00:57
7	229	David Green		North Shields Polytechnic	50:26	91	343	Martin Strachan	V4026 Garscube Harriers	1:01:05
8	110	Mark Walsh	V40 1	Keswick AC	50:42	92	93	Allan Renwick	V50 3 Elvet Striders	1:01:08
9	547	Sam Stead		Keswick AC	50:44	93	438	Gery Healy	V4027 Unattached	1:01:09
10	455	Conrad Franks		Gateshead Harriers & Ac	51:51	94	94	Lindsay McEwan	V4514 Elvet Striders	1:01:09
11	402	Carl Jones	V45 1	Richmond & Zetland Harriers	52:23	95	584	Rachelle Falloon	L 3 Morpeth Harriers & Ac	1:01:12
12	41	David Holmes	V40 2	Unattached	52:46	96	131	Iain Armstrong	V4028 Saltwell Harriers	1:01:12
13	682	Mark Emmerson		Border Harriers & Ac	53:08	97	326	Lesley Bell	L45 1 Garscube Harriers	1:01:16
14	458	George Foster		Ambleside Ac	53:37	98	207	Rob Andrew	V55 2 Alnwick Harriers	1:01:22
15	382	David Young		Birtley Ac	53:40	99	356	Richard Houghton	Elswick Harriers	1:01:26
16	498	Blain Rooney		Border Harriers & Ac	53:44	100	84	Richard Tailford	V55 3 Tyne Bridge Harriers	1:01:32
17	561	Richard Keefe		Eden Runners	53:59	101	606	Alasdair Blain	V4029 Tyne Bridge Harriers	1:01:32
18	604	Tom Charlton		Tyne Bridge Harriers	54:04	102	43	Kathryn Stevenson	L45 2 Tyne Bridge Harriers	1:01:33
19	680	Paul Graves	V40 3	Border Harriers & Ac	54:17	103	80	Tracy Millmore	L35 1 Birtley Ac	1:01:39
20	504	Matthew Cooper		Unattached	54:30	104	135	Henry Madden	Blyth Running Club	1:01:44
21	68	Reece Jefferson		Gateshead Harriers & Ac	54:38	105	477	Kevin McQueen	V50 4 Dumfries Running Club	1:01:47
22	417	Nathan Postill		Border Harriers & Ac	54:39	106	639	Paul Ferguson	V4030 Cumberland Ac	1:01:51
23	312	Craig Prior		Dumbarton AAC	54:50	107	554	Gary Dover	V55 4 Glaxo Hoad Hill Harriers	1:01:53
24	469	Stephen Wylie	V50 1	Cambuslang Harriers	54:58	108	321	Paul Stoddart	V4515 Cumbernauld AAC	1:01:58
25	276	Andrew Heppell	V40 4	Gosforth Harriers & Ac	55:00	109	428	Ian Norman	V60 1 Heaton Harriers & Ac	1:02:07
26	132	Alistair Gudgin		Fife Athletic Club	55:22	110	626	Neil Eyes	Tyne Bridge Harriers	1:02:09
27	613	Sparrow Morley		Tyne Bridge Harriers	55:24	111	683	Jonny Lowe	V4031 Border Harriers & Ac	1:02:10
28	336	Greg Walker	V40 5	Teviotdale Harriers	55:26	112	701	Karl Field	Pudsey Pacers Rc	1:02:13
29	223	Matthew Hornsby	V40 6	Durham City Harriers & Ac	55:30	113	221	Wayne Greig	Carlisle Tri Club	1:02:17
30	446	David Hall		Corstorphine AAC	55:31	114	474	Lorna Baird	L 7 Kilmarnock Harriers & AC	1:02:22
31	319	James Anderson		North Shields Polytechnic	55:33	115	246	George Arthur	V55 5 South Shields Harriers & Ac	1:02:26
32	411	Paul Graham	V40 7	Netherhall AC	55:39	116	394	Kevin McCaig	V60 2 Dumfries Running Club	1:02:46
33	232	James Bowness		Unattached	55:43	117	151	Calum Mills	Heaton Harriers & Ac	1:02:51
34	454	Darren Russell	V40 8	Trafford Athletic Club	55:55	118	237	David Butterly	V4516 Garscube Harriers	1:02:58
35	448	Richard Wilson	V40 9	Kendal Amateur Athletic Club	56:45	119	88	Graeme Thorpe	V4517 Morpeth Harriers & Ac	1:03:06
36	430	Heather Townsend	L 1	Kendal City Athletic Club	56:50	120	224	Katy Barden	L40 1 Gala Harriers	1:03:08
37	588	Russell Maddams	V45 2	Keswick AC	56:53	121	358	Jason Wall	V4518 Heaton Harriers & Ac	1:03:19
38	28	Andrew Ball	V4010	Elswick Harriers	56:55	122	119	Matthew Archer	V4032 Elvet Striders	1:03:27
39	684	Stephen Weston	V4011	Border Harriers & Ac	56:59	123	206	Gavin Bayne	V65 1 Morpeth Harriers & Ac	1:03:33
40	444	Stephen Swales	V4012	North East Project	57:02	124	589	Andrew Potts	V50 5 Unattached	1:03:42
41	81	Samuel Beckett		Crook & Dist Sports Ac	57:11	125	295	Kim Simpson	L35 2 Durham City Harriers & Ac	1:03:43
42	578	Kevin Connolly	V4013	Gateshead Harriers & Ac	57:14	126	340	Judith Nutt	L40 2 Elswick Harriers	1:03:45
43	108	Stefanos Stephanou		Richmond & Zetland Harriers	57:17	127	161	Ross McEachern	V55 6 Cumbernauld AAC	1:03:51
44	354	Stuart McGillivray	V4014	Dumbarton AAC	57:18	128	189	Neil Procter	V4519 Sunderland Strollers	1:03:53
45	397	James Wilkes		Garscube Harriers	57:22	129	54	Patrick Drought	V50 6 North Shields Polytechnic	1:03:56
46	85	Steven Medd	V4015	Gateshead Harriers & Ac	57:27	130	539	Leo Thomson	U20 1 Unattached	1:04:05
47	211	David Wright	V45 3	Tyne Bridge Harriers	57:35	131	489	Mark Hopkins	V55 7 Unattached	1:04:20
48	163	Kieron Day		Birtley Ac	57:53	132	494	Peter Eccleston	Coventry Godiva Harriers	1:04:24
49	532	Andrew Wilson	V4016	Unattached	58:00	133	686	Fiona Todd	L45 3 Border Harriers & Ac	1:04:24
50	398	Andrew Forbes	V4017	Sunderland Strollers	58:06	134	311	Robbie Drummond	V50 7 Garscube Harriers	1:04:25
51	178	Bob Hodgson	V4018	Border Harriers & Ac	58:09	135	543	David Postill	V50 8 Carlisle Tri Club	1:04:30
52	447	Matt Wilson	V45 4	Kendal Amateur Athletic Club	58:10	136	696	Peter Hearn	V55 8 Unattached	1:04:53
53	317	Ryan Neve		Unattached	58:12	137	220	Lee Todhunter	V4033 Wigton Road Runners	1:04:56
54	490	Stuart Gibson		Cambuslang Harriers	58:14	138	37	Stephen Soulsby	V55 9 Elvet Striders	1:05:03
55	415	Jack Brown		Jarrow & Hebbum Ac	58:16	139	201	Ben Willcox	V4034 North Shields Polytechnic	1:05:08
56	512	Ross Mullen	V4019	Unattached	58:17	140	325	John Bell	V50 9 Garscube Harriers	1:05:18
57	19	John Firby		Aycliffe Running Club	58:26	141	79	Paul Simpson	V60 3 Jarrow & Hebbum Ac	1:05:22
58	597	William Bowers		Tyne Bridge Harriers	58:28	142	72	Jim White	V4520 Unattached	1:05:25
59	24	Dez Fielden	V45 5	Aycliffe Running Club	58:29	143	71	Rachel Breheny	L40 3 Jarrow & Hebbum Ac	1:05:28
60	350	Stuart Scott		Helensburgh AAC	58:30	144	608	Michael Tindale	Tyne Bridge Harriers	1:05:29
61	419	Simon Sheridan	V45 6	Garscube Harriers	58:31	145	692	James Thompson	V5010 North Shields Polytechnic	1:05:59
62	27	Scott Brady		Elswick Harriers	58:32	146	481	Sam Harrison	Saltwell Harriers	1:06:05
63	323	Peter Grimoldby		Gateshead Harriers & Ac	58:34	147	702	Paul Foster	Vegan Runners Uk	1:06:20
64	63	Chris Camps	V4020	South Shields Harriers & Ac	58:35	148	97	Alex Collier	V4035 Elvet Striders	1:06:22
65	412	Jonathan Gilroy		Jarrow & Hebbum Ac	58:38	149	187	Steven French	V4521 Blyth Running Club	1:06:24
66	303	John Speirs	V45 7	Kilmarnock Harriers & AC	58:40	150	307	Peter Scott	V4036 Garscube Harriers	1:06:28
67	376	Luke McCormack	V4021	Sunderland Strollers	58:44	151	677	Paul Thomas	Cumberland Ac	1:06:32
68	520	Steven Agar	V4022	Eden Runners	58:47	152	517	Bruce Shaw	Cambuslang Harriers	1:06:40
69	22	Josh Lincoln		Richmond & Zetland Harriers	58:53	153	125	Natasha Newson	L35 3 North Shields Polytechnic	1:06:40
70	685	Paul Lowery		Border Harriers & Ac	59:09	154	248	Tom Brocklebank	Unattached	1:06:41
71	524	Francis Dickson		Marsh Lane Harriers	59:11	155	133	Steven Jones	V4037 Blyth Running Club	1:06:46
72	86	Simon May	V45 8	South Shields Harriers & Ac	59:21	156	156	Stephen McDonald	V4522 Blackhill Bounders	1:06:49
73	2	Jack Shawcross		Heaton Harriers & Ac	59:29	157	654	Ian McDougall	V5510 Cumberland Ac	1:06:54
74	320	Stephen Hamil	V45 9	Durham City Harriers & Ac	59:33	158	641	Shaun Gartland	Cumberland Ac	1:06:59
75	437	Daniel Scoop	V4510	Garscube Harriers	59:36	159	278	Andy Goodair	V5011 Unattached	1:07:02
76	316	Maurice Bourke		Gosforth Harriers & Ac	59:37	160	346	Michael McKean	Unattached	1:07:06
77	90	Michael Littlewood	V4511	Elvet Striders	59:40	161	344	Jackie Murdy	L55 1 South Shields Harriers & Ac	1:07:07
78	121	David Hogg	V50 2	Cumbernauld AAC	59:45	162	631	Anthony Briscoe	V5511 Cumberland Ac	1:07:10
79	185	Peter Clough	V55 1	Hunwick Harriers	59:51	163	31	Susanne Stephenson	L50 1 Elswick Harriers	1:07:12
80	328	Rick Shepley	V4023	Lonely Goat RC	59:52	164	296	Gillian Blee	L40 4 Garscube Harriers	1:07:24
81	44	Clem Coady	V4024	Border Harriers & Ac	59:53	165	422	Jocelyn Forster	L 17 Edinburgh AC	1:07:30
82	483	Alan Baxter	V4512	Dumfries Running Club	1:00:07	166	659	Peter Milligan	Cumberland Ac	1:07:36
83	172	Ben Hale		Unattached	1:00:09	167	314	Gavin Hinde	V4523 Garscube Harriers	1:07:38
84	501	Steph Pennycook	L 2	Leeds City Athletic Club	1:00:09	168	518	Alan Young	Unattached	1:07:40

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	463David Piercy	V4038	Unattached	1:07:46	260	10Angela Malcolm	L50	5	Fife Athletic Club	1:15:28	
170	522Jamie Robinson		Unattached	1:07:49	261	480David Johnson	V60	6	Eden Runners	1:15:29	
171	144Alan Inglis	V5012	Teviotdale Harriers	1:07:52	262	265Beverley Armstrong	L45	6	Dh Runners	1:15:35	
172	555Rob Hastings		Unattached	1:07:58	263	255Brian Hazlewood	V4534		Dh Runners	1:15:46	
173	297Emily Tomasso	L40	5	Garscube Harriers	1:08:07	264	124Andrew Turnell	V65	6	Crook & Dist Sports Ac	1:15:49
174	359Matthew Boyle		Morpeth Harriers & Ac	1:08:20	265	130Alan Stewart	V4535		Blyth Running Club	1:15:50	
175	688Steve Angus	V5013	Keswick AC	1:08:21	266	313David Graham			Unattached	1:15:57	
176	406Marc Brown		Unattached	1:08:25	267	23Chris Sumison	V5520		Tyne Bridge Harriers	1:15:58	
177	331Gemma Harcombe-Moore	L354	New Marske Harriers Club	1:08:28	268	62Michael Fairless			South Shields Harriers & Ac	1:16:01	
178	240David Shields	V5014	Blyth Running Club	1:08:29	269	553Paul McKeown	V5521		Eden Runners	1:16:04	
179	567Mark Bowron		Unattached	1:08:32	270	457Anthony Mills	V5522		Dh Runners	1:16:09	
180	91Anna Basu	L45	4	Elvet Striders	1:08:38	271	171Julie Dodd	L50	6	Dh Runners	1:16:26
181	526Andriy Volkov		Unattached	1:08:42	272	664Peter Telford	V4536		Cumberland Ac	1:16:30	
182	453Michael Lancaster	V4524	Unattached	1:08:48	273	353Anja Coulthard	L40	11	Keswick AC	1:16:37	
183	622Hannah Stewart	L	21	Tyne Bridge Harriers	1:08:49	274	150Mark Rudkin	V4050		Blyth Running Club	1:16:39
184	117Peter Mullarkey	V60	4	Saltwell Harriers	1:09:01	275	451Danny Gilholme	V4537		Stocksfield Striders	1:16:41
185	215Suzanne Smith	L50	2	Eden Runners	1:09:06	276	632Susan Cain	L65	1	Cumberland Ac	1:16:50
186	697Claire Ocallaghan	L40	6	South Shields Harriers & Ac	1:09:13	277	557Keith Forster		Unattached	1:16:51	
187	404Laura Smith	L35	5	Heaton Harriers & Ac	1:09:16	278	546Andrew Walker	V60	7	Eden Runners	1:16:54
188	137Adrian Hall		Tyne Bridge Harriers	1:09:18	279	147Laura Percy	L	49	Heaton Harriers & Ac	1:16:55	
189	381David Mitchell	V5512	Unattached	1:09:21	280	645Graham Hetherington	V5523		Cumberland Ac	1:17:01	
190	92Corrine Whaling	L40	7	Elvet Striders	1:09:30	281	598Shaun Cowan	V4051		Tyne Bridge Harriers	1:17:14
191	690Timothy Lee		Unattached	1:09:51	282	337Chris Checkley	V5022		Heaton Harriers & Ac	1:17:19	
192	196Toby Harling	V4039	Dh Runners	1:10:00	283	279Deborah Hicks	L40	12	Heaton Harriers & Ac	1:17:21	
193	122Stuart Joyce	V5513	Aycliffe Running Club	1:10:04	284	191Paul Dobson	V5524		Northern Fells Running Club	1:17:28	
194	601John Tollitt	V5514	Tyne Bridge Harriers	1:10:08	285	395Monika Molnar	L35	13	Unattached	1:17:30	
195	568Philip Horrocks	V5515	Walney Wind Cheetahs	1:10:09	286	52Trevor Cockerell	V5023		Unattached	1:17:32	
196	168Ben Harper	V4040	Carlisle Tri Club	1:10:17	287	691Kenny Leinster	V60	8	Calderglen Harriers	1:17:37	
197	472Kevin Gordon		Dumfries Running Club	1:10:19	288	624Mairi Clancy	L	52	Tyne Bridge Harriers	1:17:39	
198	540Graham Soady	V4525	Sunderland Strollers	1:10:22	289	410Barry Ord	V5525		Saltwell Harriers	1:17:44	
199	334Nathan Smit		Garscube Harriers	1:10:27	290	226William Ferguson	V70	1	Dumbarton AAC	1:17:48	
200	349Malcolm French	V65	2	Northern Masters AC	1:10:44	291	581Andrew Martindale	V5024		Northern Fells Running Club	1:18:01
201	616Graeme Carr	V5516	Tyne Bridge Harriers	1:11:05	292	5Leeann Barber	L40	13	Cumberland Ac	1:18:03	
202	76Emma Blair	L40	8	Garscube Harriers	1:11:12	293	13Gillian McCaffer	L45	7	Motherwell AC	1:18:04
203	380Brian Gallagher	V5015	Unattached	1:11:17	294	409Richard Weymes	V5025		Stocksfield Striders	1:18:09	
204	368Dominic Davis		Eden Runners	1:11:18	295	586Liam Pollard			Unattached	1:18:10	
205	12Alison Wood	L	27	Garscube Harriers	1:11:20	296	461Gary Walsh	V5026		Stocksfield Striders	1:18:10
206	222Ria Harrison	L	28	Tyne Bridge Harriers	1:11:29	297	20Claire Gilchrist	L55	2	Ferranti AAC	1:18:12
207	450Karen Allen	L35	6	Calderglen Harriers	1:11:31	298	102Nina Bojadzic	L35	14	Elvet Striders	1:18:12
208	662Beverley Smith	L35	7	Cumberland Ac	1:11:34	299	441Paul Griffin	V5526		Stocksfield Striders	1:18:14
209	591Simon McVey	V5517	Unattached	1:11:42	300	614Chris Parkin	V5527		Tyne Bridge Harriers	1:18:16	
210	523Karen Maggior-Poyntz	L50	3	Walney Wind Cheetahs	1:11:45	301	580Paul Kirkup	V4052		Unattached	1:18:18
211	648Susan Holliday	L40	9	Cumberland Ac	1:11:50	302	541Elissa Spoor	L45	8	Stocksfield Striders	1:18:22
212	70Charlene Kelly	L35	8	Dumbarton AAC	1:11:53	303	432Rachael Turnbull	L35	15	Stocksfield Striders	1:18:23
213	176Alan Huggon	V5016	Unattached	1:11:59	304	389Neil Carter	V5027		Unattached	1:18:24	
214	391Stephen Harding		Unattached	1:12:02	305	363Michael Henry	V70	2	Alnwick Harriers	1:18:27	
215	73Chris May	V4526	South Shields Harriers & Ac	1:12:16	306	164Paul Blackett	V4538		Saltwell Harriers	1:18:31	
216	49William Goldie	V65	3	Dumbarton AAC	1:12:18	307	600Lucy Matheson	L45	9	Tyne Bridge Harriers	1:18:34
217	305Kristan Alexander	V4527	Garscube Harriers	1:12:21	308	644Lorna Gold	L55	3	Cumberland Ac	1:18:40	
218	173Jason Williamson	V5017	Birtley Ac	1:12:22	309	599Neil Alderson	V4053		Tyne Bridge Harriers	1:18:44	
219	16Scott Kelman		Unattached	1:12:24	310	183Amy Gallagher	L	61	Saltwell Harriers	1:18:47	
220	459Adam McGinley	V4041	Dh Runners	1:12:28	311	536Craig Nevin	V4539		Newburn Running Club	1:18:53	
221	256Mike Smith		Carlisle Tri Club	1:12:40	312	582Louise Ruddick	L40	14	Unattached	1:18:54	
222	253James Hughes		Unattached	1:12:41	313	288Caroline Nettleton	L40	15	Unattached	1:19:02	
223	695Martha Lovatt	L35	9	Garscube Harriers	1:12:44	314	227Tim Hildreth	V5028		Saltwell Harriers	1:19:13
224	40Ivan Thorn	V4528	North Shields Polytechnic	1:12:46	315	592Sally Little	L50	7	Unattached	1:19:18	
225	687Carolyn Millican	L35	10	Border Harriers & Ac	1:13:05	316	158Michael Ashby	V5029		Blyth Running Club	1:19:32
226	372Michael Dale	V4042	Elvet Striders	1:13:08	317	434Alison Lessells	L35	16	Calderglen Harriers	1:19:34	
227	261David Lyall	V4043	South Shields Harriers & Ac	1:13:10	318	332Peter Ramsden	V65	7	Denby Dale Athletics Club	1:19:41	
228	128Steven Airey		Elvet Striders	1:13:16	319	377Paul Coia	V5528		Garscube Harriers	1:19:42	
229	87Natasha Steel	L	36	Sunderland Harriers & Ac	1:13:17	320	473John Barnes	Derwent Ac Cocker		Cockermouth	1:19:47
230	48Jonny Rowson	V4529	North Shields Polytechnic	1:13:22	321	127Peter Burn			Elvet Striders	1:19:48	
231	65Scott Pairman	V5518	Dumbarton AAC	1:13:27	322	208David James	V5529		Elvet Striders	1:19:50	
232	231Callum Askew		Elvet Striders	1:13:30	323	33Sachin Karkannavar	V5030		Cumberland Ac	1:19:52	
233	689Nick Rome	V5519	Border Reiver Runners	1:13:33	324	531John Temperley	V60	9	Carlisle Tri Club	1:19:53	
234	424Steven Brady	V5018	Stocksfield Striders	1:13:47	325	345Yamuna Thiru	L55	4	Tyne Bridge Harriers	1:20:00	
235	96Adam Hucklesby	V4044	Stocksfield Striders	1:13:47	326	95Mark Foster	V4054		Elvet Striders	1:20:00	
236	442Thomas Taggart		Eden Runners	1:13:58	327	426Julie Thomson	L40	16	Calderglen Harriers	1:20:02	
237	502David Wardrope	V5019	Calderglen Harriers	1:14:01	328	330Anthony Cape	V4540		Unattached	1:20:06	
238	257John Younger	V4045	Run Nation Running Club	1:14:01	329	192Kim Kyle	L35	17	Newburn Running Club	1:20:11	
239	100Andrew Davies	V4530	Elvet Striders	1:14:05	330	383Clare Tyler	L45	10	Unattached	1:20:12	
240	11Alastair Loudon	V4046	Motherwell AC	1:14:06	331	69Alyson Leader	L45	11	Dumbarton AAC	1:20:15	
241	287John James	V65	4	Heaton Harriers & Ac	1:14:13	332	642Jen Gibson	L35	18	Cumberland Ac	1:20:21
242	60John Harrison	V65	5	Dumbarton AAC	1:14:17	333	533Paul Fenton		Unattached	1:20:27	
243	351Scott Calderhead	V4047	Cumbernauld AAC	1:14:28	334	184Matthew McEwan			Unattached	1:20:50	
244	299Stu Hodgson	V4531	Unattached	1:14:29	335	564Emma Fraser	L40	17	Run Sandymoor	1:20:52	
245	671Ivan Wilson	V4048	Cumberland Ac	1:14:36	336	45Laura Greaves	L40	18	North Shields Polytechnic	1:20:53	
246	700Emma Forrest	L	37	Saint Edmund Pacers	1:14:46	337	562John Houghton	V6010		Run Sandymoor	1:20:54
247	46Gemma Leadbetter	L35	11	Dumfries Running Club	1:14:47	338	563John Myers	V4541		Run Sandymoor	1:20:55
248	627Richard Taylor	V4532	Tyne Bridge Harriers	1:14:49	339	681Peter Campbell	V5530		Border Harriers & Ac	1:20:57	
249	661Michael Sandelands	V5020	Cumberland Ac	1:15:02	340	678Dean Wren			Cumberland Ac	1:21:01	
250	190Mathew Hopper		Unattached	1:15:07	341	508Kieran Will			Unattached	1:21:01	
251	594Amy Hume	L	39	Tyne Bridge Harriers	1:15:07	342	123Pamela Parker	L55	5	Cumbernauld AAC	1:21:06
252	610James Sibbald	V4049	Tyne Bridge Harriers	1:15:08	343	590Nicola Carruthers	L40	19	Unattached	1:21:07	
253	249Alexandra Battersby	L35	12	Tyne Bridge Harriers	1:15:10	344	170Gary Chandler	V5531		Dh Runners	1:21:11
254	656Phil Meloy	V4533	Cumberland Ac	1:15:10	345	518Joanne McKenzie	L55	6	Carlisle Tri Club	1:21:16	
255	503Helen Waddington	L50	4	Ilkley Harriers Ac	1:15:12	346	366Martin Baxter	V4542		Dh Runners	1:21:18
256	625Sarah Hamblin	L45	5	Tyne Bridge Harriers	1:15:21	347	333Christine Woods	L60	1	Durham City Harriers & Ac	1:21:18
257	538Foden Kelly Beard	L40	10	South Shields Harriers & Ac	1:15:23	348	482Huw Parry	V5532		North Shields Polytechnic	1:21:23
258	8Nigel Hetherington	V60	5	Fife Athletic Club	1:15:25	349	420David Bradley	V65	8	Blyth Running Club	1:21:27
259	612Stephen Kettle	V5021	Tyne Bridge Harriers	1:15:27	350	56Tom Butler			Dumbarton AAC	1:21:34	

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SportSoft

351	6 Kim Matthews	L60 2	Elswick Harriers	1:21:36	442	666 Martin Trainor	V4057	Cumberland Ac	1:29:33
352	427 Claire McSorley	L35 19	Calderglen Harriers	1:21:38	443	327 Mark Evans	V4548	Unattached	1:29:40
353	650 Richard Jewell	V4543	Cumberland Ac	1:21:41	444	264 Lisa Love	L4030	Unattached	1:30:07
354	530 Olivia Kidd	L 80	Eden Runners	1:21:45	445	479 Sally Nutter	L45 19	Keswick AC	1:30:30
355	548 Mark Rutherford	V4544	Unattached	1:21:47	446	478 Nicky Butler	L55 13	Keswick AC	1:30:30
356	405 Trish Kay	L60 3	Aycliffe Running Club	1:21:49	447	500 Sharon Barry	L50 14	Unattached	1:30:41
357	236 Krayg Storey		Blyth Running Club	1:21:52	448	142 Heather Barker	L 138	Unattached	1:30:47
358	511 Katie Bird	L 82	Eden Runners	1:21:53	449	289 Ian Robinson	V6014	Eden Runners	1:30:49
359	375 David Hamill	V6011	Garscube Harriers	1:21:55	450	414 Mary Cox	L65 2	Garscube Harriers	1:31:23
360	280 Jennifer Hughes	L35 20	Heaton Harriers & Ac	1:21:55	451	506 Christopher Winspear	V5538	Unattached	1:31:29
361	485 David Brown	V5533	North Shields Polytechnic	1:21:56	452	186 Steph Greenwell	L 140	Elvet Striders	1:31:43
362	699 Garry Bower	V5031	Eden Runners	1:21:57	453	407 John Lupton	V5539	Unattached	1:32:01
363	378 Gerard Mullen	V6012	Calderglen Harriers	1:22:10	454	166 Kirsty Nelson	L45 20	Elvet Striders	1:32:06
364	143 Alison Cummings	L60 4	Blyth Running Club	1:22:27	455	467 Noel O'Donnell	V4058	North East Project	1:32:16
365	385 Emma McCabe	L40 20	Elvet Striders	1:22:28	456	228 Rebecca Jones	L45 21	Saltwell Harriers	1:32:19
366	583 Ann Stuart	L60 5	Unattached	1:22:37	457	194 Julie Schneider	L45 22	Saltwell Harriers	1:32:36
367	162 Matthew Harvey		Saltwell Harriers	1:22:46	458	505 Becky Grocott	L35 30	Newburn Running Club	1:32:52
368	571 Gordon Hindson	V5032	Blackhill Bounders	1:22:52	459	609 Caroline Meaney	L35 31	Tyne Bridge Harriers	1:32:55
369	595 Georgina Brooke	L 87	Tyne Bridge Harriers	1:22:54	460	115 Samantha Bruce	L45 23	Saltwell Harriers	1:33:00
370	400 Marc Watson	V4545	Elvet Striders	1:23:03	461	623 Alexios Antonopoulos		Tyne Bridge Harriers	1:33:06
371	302 Theresa Miln	L55 7	Garscube Harriers	1:23:09	462	214 Stuart Lowthian	V6015	Eden Runners	1:33:09
372	209 Brian Kerr	V5033	Dh Runners	1:23:12	463	488 Carole Watt	L60 8	North Shields Polytechnic	1:33:13
373	573 Tony Brooke	V5034	Eden Runners	1:23:18	464	180 Anthony Nicholson	V5042	Dh Runners	1:33:14
374	245 Natasha Powell	L 89	Derwent Valley Running Club	1:23:35	465	38 John Davidson	V6016	North East Veterans Ac	1:33:20
375	499 Maureen Dickson	L60 6	Unattached	1:23:51	466	525 Patricia Milton	L60 9	Unattached	1:33:21
376	492 William Buchanan	V70 3	Calderglen Harriers	1:23:53	467	103 Wendy Littlewood	L40 31	Elvet Striders	1:33:30
377	669 Caron White	L45 12	Cumberland Ac	1:23:55	468	370 Russell Couper	V5540	Calderglen Harriers	1:33:54
378	509 Sophie Jackson	L 92	Redcar Running Club	1:24:07	469	371 Julia Whittle	L50 15	Calderglen Harriers	1:34:14
379	560 Julie Gate	L50 8	Eden Runners	1:24:13	470	514 Rowan Nidd	V4059	Unattached	1:34:24
380	365 Nigel Harrison	V5534	Unattached	1:24:15	471	619 Alexander Anderson	V70 5	Tyne Bridge Harriers	1:34:27
381	462 Carol Elliott	L60 7	Dumfries Harriers	1:24:16	472	204 Karen Satterley	L45 24	Newburn Running Club	1:34:30
382	630 Karen Bowler	L70 1	Cumberland Ac	1:24:17	473	663 Helen Sparks	L35 32	Cumberland Ac	1:34:31
383	418 Carly Reid	L20 1	Calderglen Harriers	1:24:22	474	487 Wendy Gass	L50 16	Unattached	1:34:34
384	290 Rachel Mann	L40 21	Kendal Amateur Athletic Club	1:24:27	475	534 Samantha Cook	L45 25	Unattached	1:34:34
385	251 Andrea Sutherland	L35 21	Derwentside Ac	1:24:29	476	652 Kimberly Kelly	L 155	Cumberland Ac	1:34:36
386	565 Alastair Elliott	V5035	Unattached	1:24:30	477	433 Rebecca Tindle	L40 32	North Shields Polytechnic	1:35:07
387	679 Graham Millican	V4055	Border Harriers & Ac	1:24:35	478	360 Alyson Robson	L45 26	Blyth Running Club	1:35:15
388	188 Philip Young	V5036	Unattached	1:24:40	479	620 Jessica Anderson	L65 3	Tyne Bridge Harriers	1:35:30
389	693 Sara McKnight	L45 13	Saltwell Harriers	1:24:41	480	284 Raghu Vedapanakal	V4549	Derwent Ac Cocker mouth	1:35:44
390	318 Billy Shaw	V5037	Blyth Running Club	1:24:46	481	26 Debra Thompson	L55 14	Elvet Striders	1:35:46
391	111 Rachel Read	L55 8	Millom Striders	1:24:49	482	587 Brian Richardson	V5541	Blackhill Bounders	1:35:49
392	510 Elizabeth Clark	L55 9	Unattached	1:24:50	483	655 Karen McLean	L60 10	Cumberland Ac	1:35:57
393	42 Quynh Nguyen	L40 22	North Shields Polytechnic	1:24:51	484	667 Elisa Trainor	L35 33	Cumberland Ac	1:35:57
394	572 Marie Bell	L45 14	Heaton Harriers & Ac	1:24:53	485	545 David McGinn	V4550	Dh Runners	1:36:13
395	77 James Boyle	V4546	Garscube Harriers	1:24:55	486	267 Philip Askew	V4060	Saltwell Harriers	1:36:34
396	628 Natalie Appleton	L 104	Cumberland Ac	1:25:04	487	32 Aileen Scott	L50 17	Elvet Striders	1:36:37
397	649 Stephen Jackson	V6013	Cumberland Ac	1:25:05	488	59 Lisa Ridley	L50 18	Unattached	1:36:45
398	268 Kerrie Fiddler	L50 9	Dh Runners	1:25:06	489	651 Robyn Jewell	L45 27	Cumberland Ac	1:37:09
399	274 Danielle Cooper	L35 22	Blyth Running Club	1:25:09	490	668 Joseph Walker	V70 6	Cumberland Ac	1:37:40
400	439 Joanne Watson	L45 15	North Shields Polytechnic	1:25:10	491	665 John Thompson	V6510	Cumberland Ac	1:37:41
401	145 Janice Stewart	L45 16	Blyth Running Club	1:25:12	492	529 Steve Campbell	V6511	Unattached	1:38:00
402	339 Gary Story		Unattached	1:25:16	493	476 Kerry Jardine	L 165	Dumfries Running Club	1:38:09
403	436 Carolle Speed	L50 10	Unattached	1:25:24	494	475 Fiona Jardine	L55 15	Dumfries Running Club	1:38:09
404	53 Peter Walsh	V65 9	Dumbarton AAC	1:25:26	495	304 Sue Hodgson	L50 19	Unattached	1:38:14
405	83 Scott Kennedy	V5038	Dumbarton AAC	1:25:27	496	301 Shabana Ahmed	L35 34	Unattached	1:38:15
406	361 Lisa Scorer	L40 23	Blyth Running Club	1:25:59	497	574 Louise Farmer	L45 28	Unattached	1:38:26
407	114 Gillian Donaldson	L50 11	Saltwell Harriers	1:26:08	498	577 Laura Knowles	L35 35	Unattached	1:39:03
408	169 Dale Kin-Cleaves		Carlisle Tri Club	1:26:09	499	154 Bob Najafi	V65 12	Low Fell Rc	1:39:11
409	527 John Woolridge	V70 4	Border Harriers & Ac	1:26:20	500	250 Gail Jones	L55 16	Unattached	1:39:26
410	266 Barbara Bone	L 112	Heaton Harriers & Ac	1:26:39	501	153 Caroline Najafi	L60 11	Saltwell Harriers	1:39:40
411	129 Claire Mason	L55 10	Blyth Running Club	1:26:43	502	338 Lisa Elstob	L50 20	Saltwell Harriers	1:39:52
412	155 Mhairi Donnelly	L35 23	Heaton Harriers & Ac	1:26:44	503	30 Alan Scott	V5542	Elvet Striders	1:39:53
413	638 Bev Faulder	L45 17	Cumberland Ac	1:26:46	504	271 Joanne Biddlecombe	L40 33	Saltwell Harriers	1:39:54
414	116 Helen Mullarkey	L55 11	Saltwell Harriers	1:26:53	505	202 Ann Clanachan	L70 2	Garscube Harriers	1:40:04
415	64 Joanne Camps	L40 24	South Shields Harriers & Ac	1:27:03	506	25 Sophie Dennis	L35 36	Elvet Striders	1:40:33
416	101 Lottie Collier	L35 24	Elvet Striders	1:27:09	507	551 Janice Talbot	L55 17	Bodyfit Cumbria RC	1:41:28
417	3 Catherine Ramsay	L40 25	Unattached	1:27:10	508	283 Sharon Coxon	L45 29	Unattached	1:41:37
418	672 Malcolm Wood	V5535	Cumberland Ac	1:27:22	509	324 Suzanne Forster	L50 21	Dh Runners	1:41:41
419	486 Graeme Kemp	V4547	Unattached	1:27:25	510	235 Laura Farmer	L 180	Unattached	1:41:43
420	181 Ed Snape		Unattached	1:27:25	511	306 Chris Ryan	V65 13	Clydesdale Harriers	1:41:56
421	247 Gary Palmer	V5039	Cumberland Ac	1:27:26	512	210 Natalie Bingham	L 181	Dh Runners	1:41:58
422	241 Susan Browning	L50 12	Blyth Running Club	1:27:38	513	294 Rosie Reynolds	L40 34	Saltwell Harriers	1:42:17
423	519 Heather Barrass	L40 26	Blyth Running Club	1:27:57	514	575 Gregg Nugent	V5043	Unattached	1:42:31
424	537 David Challis	V4056	Eden Runners	1:27:59	515	643 Rebecca Glynn	L 183	Cumberland Ac	1:42:36
425	673 Laura Wylie	L35 25	Cumberland Ac	1:28:10	516	640 Gillian Fletcher	L50 22	Cumberland Ac	1:42:50
426	315 Linda Bulfin	L40 27	North Shields Polytechnic	1:28:14	517	637 Brenda Elliott	L50 23	Cumberland Ac	1:42:50
427	566 Caroline Bowron	L35 26	Unattached	1:28:14	518	113 Nicola Shaverin	L45 30	Saltwell Harriers	1:42:54
428	615 Gill Parkin	L55 12	Tyne Bridge Harriers	1:28:16	519	141 Ian Swanston	V5543	Saltwell Harriers	1:42:54
429	635 Jeff Dandy	V5040	Cumberland Ac	1:28:23	520	348 Sean McGleean	V6017	Dumfries Running Club	1:43:16
430	292 Paula Atkinson	L45 18	South Shields Harriers & Ac	1:28:24	521	148 Colin Brown	V5044	Blyth Running Club	1:43:31
431	507 Marie Milligan	L40 28	Unattached	1:28:24	522	491 Gillian McDougall	L50 24	Unattached	1:43:45
432	607 Andrew Norton		Tyne Bridge Harriers	1:28:34	523	495 Chris Whitty	V5544	Cumberland Ac	1:43:45
433	260 Andrew Russell	V5041	Unattached	1:28:43	524	493 Wendy Beesley	L50 25	Dh Runners	1:43:46
434	198 Leanne Hymers	L35 27	Newburn Running Club	1:28:47	525	496 Mary Messenger	L50 26	Dh Runners	1:43:47
435	401 Hannah Jenner	L 129	North Shields Polytechnic	1:28:48	526	516 Gill Harding	L60 12	Dh Runners	1:43:50
436	219 Theresa Rugman-Jones	L5013	Elvet Striders	1:28:53	527	452 Robin Hargreaves	V5045	Unattached	1:43:53
437	82 Paul Collins	V5536	Garscube Harriers	1:29:02	528	277 Carla Telfer	L45 31	Bellahouston Road Runners	1:43:58
438	636 Elizabeth Dodd	L40 29	Cumberland Ac	1:29:05	529	550 Rachel Martin	L35 37	Unattached	1:43:59
439	484 Karen Littlejohn	L35 28	Dumfries Running Club	1:29:10	530	585 John Martin	V4061	Unattached	1:43:59
440	521 Andrew Hemsley	V5537	Walney Wind Cheetahs	1:29:13	531	118 Nichola Stewart	L45 32	Unattached	1:44:14
441	593 Ria Knox	L35 29	Tyne Bridge Harriers	1:29:22	532	120 Neil Haig	V5545	Unattached	1:44:15

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533	193 Val Braybrooks	L60 13	Halmer Harriers	1:44:52	545	618 Michael Nemeth	Tyne Bridge Harriers	1:49:14
534	243 Jim Nicholson	V70 7	Elvet Striders	1:45:09	546	367 Kathryn Sinsheimer	L60 14 Unattached	1:50:04
535	657 Amie Meloy	L40 35	Cumberland Ac	1:45:12	547	104 Sharon Pattison	L45 36 Unattached	1:51:03
536	676 Kate Pearson	L40 36	Cumberland Ac	1:45:12	548	413 Cheryl Charlton	L40 37 Jarrow & Hebbum Ac	1:53:34
537	653 Tracey Kennett	L45 33	Cumberland Ac	1:45:13	549	75 Carol Davison	L50 28 Elvet Striders	1:56:49
538	694 Simon Wilkinson	V45 51	Unattached	1:46:47	550	425 Hayley Fleming	L35 38 Unattached	1:57:11
539	262 Anabel Drought	L50 27	North Shields Polytechnic	1:46:57	551	197 Martin Waugh	Saltwell Harriers	2:01:54
540	263 Leslie Nixon	V65 14	Unattached	1:46:57	552	175 Linda Hague	L55 19 Saltwell Harriers	2:02:28
541	556 Annabelle Allen	L55 18	Bodyfit Cumbria RC	1:47:39	553	416 Kate Mukungu	L45 37 Jarrow & Hebbum Ac	2:07:45
542	160 Lesley Grieve	L65 4	Millom Striders	1:48:35	554	357 Reginald Checkley	V70 8 Heaton Harriers & Ac	2:15:54
543	569 Wendy Boyer	L45 34	Unattached	1:49:03	555	528 Kevin Donnell	Unattached	2:15:55
544	617 Michelle Nemeth	L45 35	Tyne Bridge Harriers	1:49:13	556	212 Shelley Myers	L35 39 Millom Striders	2:15:58

Brampton - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Border Harriers & Ac	45	—	12	Mark Emmerson	15	Blain Rooney	18	Paul Graves
2	Keswick AC	50	—	8	Mark Walsh	9	Sam Stead	33	Russell Maddams
3	Richmond & Zetland Harriers	55	—	5	Rob Scott	11	Carl Jones	39	Stefanos Stephanou
4	Gateshead Harriers & Ac	67	—	10	Conrad Franks	19	Reece Jefferson	38	Kevin Connolly
5	Tyne Bridge Harriers	85	—	17	Tom Charlton	25	Sparrow Morley	43	David Wright
6	North Shields Polytechnic	144	—	7	David Green	29	James Anderson	108	Patrick Drought
7	Garscube Harriers	163	—	41	James Wilkes	54	Simon Sheridan	68	Daniel Scroop
8	Elswick Harriers	174	—	34	Andrew Ball	55	Scott Brady	85	Richard Houghton
9	Cambuslang Harriers	195	—	22	Stephen Wylie	48	Stuart Gibson	125	Bruce Shaw
10	Birtley Ac	211	—	14	David Young	44	Kieron Day	153	Jason Williamson
11	Sunderland Strollers	212	—	45	Andrew Forbes	60	Luke McCormack	107	Neil Procter
12	Dumbarton AAC	212	—	21	Craig Prior	40	Stuart McGillivray	151	William Goldie
13	South Shields Harriers & Ac	220	—	57	Chris Camps	65	Simon May	98	George Arthur
14	Jarrow & Hebbum Ac	223	—	49	Jack Brown	58	Jonathan Gilroy	116	Paul Simpson
15	Eden Runners	226	—	16	Richard Keefe	61	Steven Agar	149	Dominic Davis
16	Elvet Striders	233	—	70	Michael Littlewood	81	Allan Renwick	82	Lindsay McEwan
17	Heaton Harriers & Ac	259	—	66	Jack Shawcross	93	Ian Norman	100	Calum Mills
18	Dumfries Running Club	263	—	75	Alan Baxter	89	Kevin McQueen	99	Kevin McCaig
19	Cumbernauld AAC	269	—	71	David Hogg	92	Paul Stoddart	106	Ross McEachern
20	North East Project	296	—	3	Kieran Walker	36	Stephen Swales	257	Noel O'Donnell
21	Blyth Running Club	336	—	88	Henry Madden	122	Steven French	126	Steven Jones
22	Saltwell Harriers	339	—	83	Iain Armstrong	119	Sam Harrison	137	Peter Mullarkey
23	Morpeth Harriers & Ac	341	—	102	Graeme Thorpe	105	Gavin Bayne	134	Matthew Boyle
24	Cumberland Ac	342	—	90	Paul Ferguson	124	Paul Thomas	128	Ian McDougall
25	Carlisle Tri Club	351	—	97	Wayne Greig	111	David Postill	143	Ben Harper
26	Caldergleng Harriers	443	—	79	Christopher McCarron	167	David Wardrope	197	Kenny Leinster
27	Dh Runners	475	—	139	Toby Harling	154	Adam McGinley	182	Brian Hazlewood
28	Stocksfield Striders	520	—	164	Steven Brady	165	Adam Hucklesby	191	Danny Gilholme
29	Blackhill Bounders	627	—	127	Stephen McDonald	235	Gordon Hindson	265	Brian Richardson

Brampton - Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Border Harriers & Ac	36	—	3	Paul Graves	13	Stephen Weston	20	Bob Hodgson
2	Gateshead Harriers & Ac	69	—	15	Kevin Connolly	17	Steven Medd	37	Paul Attley
3	Keswick AC	91	—	1	Mark Walsh	11	Russell Maddams	79	Steve Angus
4	Garscube Harriers	92	—	23	Simon Sheridan	30	Daniel Scroop	39	Martin Strachan
5	South Shields Harriers & Ac	104	—	24	Chris Camps	28	Simon May	52	George Arthur
6	Sunderland Strollers	105	—	19	Andrew Forbes	26	Luke McCormack	60	Neil Procter
7	Tyne Bridge Harriers	107	—	18	David Wright	44	Richard Tailford	45	Alasdair Blain
8	Elvet Striders	112	—	31	Michael Littlewood	40	Allan Renwick	41	Lindsay McEwan
9	Dumfries Running Club	135	—	36	Alan Baxter	46	Kevin McQueen	53	Kevin McCaig
10	Cumbernauld AAC	140	—	32	David Hogg	49	Paul Stoddart	59	Ross McEachern
11	North Shields Polytechnic	196	—	61	Patrick Drought	66	Ben Willcox	69	James Thompson
12	Cumberland Ac	198	—	47	Paul Ferguson	75	Ian McDougall	76	Antony Mriscoe
13	Dumbarton AAC	206	—	16	Stuart McGillivray	91	William Goldie	99	Scott Pairman
14	Heaton Harriers & Ac	213	—	50	Ian Norman	56	Jason Wall	107	John James
15	Blyth Running Club	224	—	71	Steven French	73	Steven Jones	80	David Shields
16	Saltwell Harriers	256	—	42	Iain Armstrong	81	Peter Mullarkey	133	Barry Ord
17	Eden Runners	266	—	27	Steven Agar	117	David Johnson	122	Paul McKeown
18	Dh Runners	294	—	82	Toby Harling	94	Adam McGinley	118	Brian Hazlewood
19	Carlisle Tri Club	299	—	63	David Postill	86	Ben Harper	150	John Temperley
20	Stocksfield Striders	329	—	101	Steven Brady	102	Adam Hucklesby	126	Danny Gilholme
21	Caldergleng Harriers	398	—	103	David Wardrope	132	Kenny Leinster	163	Gerard Mullen
22	Blackhill Bounders	429	—	74	Stephen McDonald	164	Gordon Hindson	191	Brian Richardson

The 69th Brampton to Carlisle 10Mile Road Race at Carlisle on Sunday 21st November 2021

Brampton - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	460	Andrew Heyes		Hallamshire Harriers Sheffield	48:42
2	698	Mello Elisha De		Rugby & Northampton AC	49:18
3	466	Kieran Walker		North East Project	49:59
4	445	Matthew Grieve		Leeds City Athletic Club	50:12
5	396	Rob Scott		Richmond & Zetland Harriers	50:21
6	374	L Gamble-Thompson		New Marske Harriers Club	50:23
7	229	David Green		North Shields Polytechnic	50:26
8	110	Mark Walsh	V40 1	Keswick AC	50:42
9	547	Sam Stead		Keswick AC	50:44
10	455	Conrad Franks		Gateshead Harriers & Ac	51:51
11	402	Carl Jones	V45 1	Richmond & Zetland Harriers	52:23
12	41	David Holmes	V40 2	Unattached	52:46
13	682	Mark Emmerson		Border Harriers & Ac	53:08
14	458	George Foster		AmbleSide Ac	53:37
15	382	David Young		Birtley Ac	53:40
16	498	Blain Rooney		Border Harriers & Ac	53:44
17	561	Richard Keefe		Eden Runners	53:59
18	604	Tom Charlton		Tyne Bridge Harriers	54:04
19	680	Paul Graves	V40 3	Border Harriers & Ac	54:17
20	504	Matthew Cooper		Unattached	54:30
21	68	Reece Jefferson		Gateshead Harriers & Ac	54:38
22	417	Nathan Postill		Border Harriers & Ac	54:39
23	312	Craig Prior		Dumbarton AAC	54:50
24	469	Stephen Wylie	V50 1	Cambuslang Harriers	54:58
25	276	Andrew Heppell	V40 4	Gosforth Harriers & Ac	55:00
26	132	Alistair Gudgin		Fife Athletic Club	55:22
27	613	Sparrow Morley		Tyne Bridge Harriers	55:24
28	336	Greg Walker	V40 5	Teviotdale Harriers	55:26
29	223	Matthew Hornsby	V40 6	Durham City Harriers & Ac	55:30
30	446	David Hall		Corstorphine AAC	55:31
31	319	James Anderson		North Shields Polytechnic	55:33
32	411	Paul Graham	V40 7	Netherhall AC	55:39
33	232	James Bowness		Unattached	55:43
34	454	Darren Russell	V40 8	Trafford Athletic Club	55:55
35	448	Richard Wilson	V40 9	Kendal Amateur Athletic Club	56:45
36	588	Russell Maddams	V45 2	Keswick AC	56:53
37	28	Andrew Ball	V40 10	Elswick Harriers	56:55
38	684	Stephen Weston	V40 11	Border Harriers & Ac	56:59
39	444	Stephen Swales	V40 12	North East Project	57:02
40	81	Samuel Beckett		Crook & Dist Sports Ac	57:11
41	578	Kevin Connolly	V40 13	Gateshead Harriers & Ac	57:14
42	108	Stefanos Stephanou		Richmond & Zetland Harriers	57:17
43	354	Stuart McGillivray	V40 14	Dumbarton AAC	57:18
44	397	James Wilkes		Garscube Harriers	57:22
45	85	Steven Medd	V40 15	Gateshead Harriers & Ac	57:27
46	211	David Wright	V45 3	Tyne Bridge Harriers	57:35
47	163	Kieron Day		Birtley Ac	57:53
48	532	Andrew Wilson	V40 16	Unattached	58:00
49	398	Andrew Forbes	V40 17	Sunderland Strollers	58:06
50	178	Bob Hodgson	V40 18	Border Harriers & Ac	58:09
51	447	Matt Wilson	V45 4	Kendal Amateur Athletic Club	58:10
52	317	Ryan Neve		Unattached	58:12
53	490	Stuart Gibson		Cambuslang Harriers	58:14
54	415	Jack Brown		Jarrow & Hebburn Ac	58:16
55	512	Ross Mullen	V40 19	Unattached	58:17
56	19	John Firby		Aycliffe Running Club	58:26
57	597	William Bowers		Tyne Bridge Harriers	58:28
58	24	Dez Fielden	V45 5	Aycliffe Running Club	58:29
59	350	Stuart Scott		Helensburgh AAC	58:30
60	419	Simon Sheridan	V45 6	Garscube Harriers	58:31
61	27	Scott Brady		Elswick Harriers	58:32
62	323	Peter Grimoldby		Gateshead Harriers & Ac	58:34
63	63	Chris Camps	V40 20	South Shields Harriers & Ac	58:35
64	412	Jonathan Gilroy		Jarrow & Hebburn Ac	58:38
65	303	John Speirs	V45 7	Kilmarnock Harriers & AC	58:40
66	376	Luke McCormack	V40 21	Sunderland Strollers	58:44
67	520	Steven Agar	V40 22	Eden Runners	58:47
68	22	Josh Lincoln		Richmond & Zetland Harriers	58:53
69	685	Paul Lowery		Border Harriers & Ac	59:09
70	524	Francis Dickson		Marsh Lane Harriers	59:11
71	8	Simon May	V45 8	South Shields Harriers & Ac	59:21
72	2	Jack Shawcross		Heaton Harriers & Ac	59:29
73	320	Stephen Hamill	V45 9	Durham City Harriers & Ac	59:33
74	437	Daniel Scoop	V45 10	Garscube Harriers	59:36
75	316	Maurice Bourke		Gosforth Harriers & Ac	59:37
76	90	Michael Littlewood	V45 11	Elvet Striders	59:40
77	121	David Hogg	V50 2	Cumbernauld AAC	59:45
78	185	Peter Clough	V55 1	Hunwick Harriers	59:51
79	328	Rick Shepley	V40 23	Lonely Goat RC	59:52
80	44	Clem Coady	V40 24	Border Harriers & Ac	59:53
81	483	Alan Baxter	V45 12	Dumfries Running Club	1:00:07
82	172	Ben Hale		Unattached	1:00:09
83	388	Iain Tomb		Unattached	1:00:14
84	392	Richard Foster		Vegan Runners Uk	1:00:19
85	456	Richard Benson		Unattached	1:00:27
86	39	Paul Attley	V40 25	Gateshead Harriers & Ac	1:00:41
87	379	Dean Winter	V45 13	Barnsley Athletic Club	1:00:53
88	470	Christopher McCarron		Calderglen Harriers	1:00:57
89	343	Martin Strachan	V40 26	Garscube Harriers	1:01:05
90	93	Allan Renwick	V50 3	Elvet Striders	1:01:08
91	438	Gery Healy	V40 27	Unattached	1:01:09
92	94	Lindsay McEwan	V45 14	Elvet Striders	1:01:09
93	131	Iain Armstrong	V40 28	Saltwell Harriers	1:01:12
94	207	Rob Andrew	V55 2	Alnwick Harriers	1:01:22
95	356	Richard Houghton		Elswick Harriers	1:01:26
96	84	Richard Taiford	V55 3	Tyne Bridge Harriers	1:01:32
97	606	Alasdair Blain	V40 29	Tyne Bridge Harriers	1:01:32
98	135	Henry Madden		Blyth Running Club	1:01:44
99	477	Kevin McQueen	V50 4	Dumfries Running Club	1:01:47
100	639	Paul Ferguson	V40 30	Cumberland Ac	1:01:51
101	554	Gary Dover	V55 4	Glaxo Hoad Hill Harriers	1:01:53
102	321	Paul Stoddart	V45 15	Cumbernauld AAC	1:01:58
103	428	Ian Norman	V60 1	Heaton Harriers & Ac	1:02:07
104	626	Neil Eyes		Tyne Bridge Harriers	1:02:09
105	683	Jonny Lowe	V40 31	Border Harriers & Ac	1:02:10
106	701	Karl Field		Pudsey Pacers Rc	1:02:13
107	221	Wayne Greig		Carlisle Tri Club	1:02:17
108	246	George Arthur	V55 5	South Shields Harriers & Ac	1:02:26
109	394	Kevin McCaig	V60 2	Dumfries Running Club	1:02:46
110	151	Calum Mills		Heaton Harriers & Ac	1:02:51
111	237	David Butterly	V45 16	Garscube Harriers	1:02:58
112	88	Graeme Thorpe	V45 17	Morpeth Harriers & Ac	1:03:06
113	358	Jason Wall	V45 18	Heaton Harriers & Ac	1:03:19
114	119	Matthew Archer	V40 32	Elvet Striders	1:03:27
115	206	Gavin Bayne	V65 1	Morpeth Harriers & Ac	1:03:33
116	589	Andrew Potts	V50 5	Unattached	1:03:42
117	161	Ross McEachern	V55 6	Cumbernauld AAC	1:03:51
118	189	Neil Procter	V45 19	Sunderland Strollers	1:03:53
119	54	Patrick Drought	V50 6	North Shields Polytechnic	1:03:56
120	539	Leo Thomson	U20 1	Unattached	1:04:05
121	489	Mark Hopkins	V55 7	Unattached	1:04:20
122	494	Peter Eccleston		Coventry Godiva Harriers	1:04:24
123	311	Robbie Drummond	V50 7	Garscube Harriers	1:04:25
124	543	David Postill	V50 8	Carlisle Tri Club	1:04:30
125	696	Peter Hearn	V55 8	Unattached	1:04:53
126	220	Lee Todhunter	V40 33	Wigton Road Runners	1:04:56
127	37	Stephen Soulsby	V55 9	Elvet Striders	1:05:03
128	201	Ben Willcox	V40 34	North Shields Polytechnic	1:05:08
129	325	John Bell	V50 9	Garscube Harriers	1:05:18
130	79	Paul Simpson	V60 3	Jarrow & Hebburn Ac	1:05:22
131	72	Jim White	V45 20	Unattached	1:05:25
132	608	Michael Tindale		Tyne Bridge Harriers	1:05:29
133	692	James Thompson	V50 10	North Shields Polytechnic	1:05:59
134	481	Sam Harrison		Saltwell Harriers	1:06:05
135	702	Paul Foster		Vegan Runners Uk	1:06:20
136	97	Alex Collier	V40 35	Elvet Striders	1:06:22
137	187	Steven French	V45 21	Blyth Running Club	1:06:24
138	307	Peter Scott	V40 36	Garscube Harriers	1:06:28
139	677	Paul Thomas		Cumberland Ac	1:06:32
140	517	Bruce Shaw		Cambuslang Harriers	1:06:40
141	248	Tom Brocklebank		Unattached	1:06:41
142	133	Steven Jones	V40 37	Blyth Running Club	1:06:46
143	156	Stephen McDonald	V45 22	Blackhill Bounders	1:06:49
144	654	Ian McDougall	V55 10	Cumberland Ac	1:06:54
145	641	Shaun Gartland		Cumberland Ac	1:06:59
146	278	Andy Goodair	V50 11	Unattached	1:07:02
147	346	Michael McKean		Unattached	1:07:06
148	631	Antony Briscoe	V55 11	Cumberland Ac	1:07:10
149	659	Peter Milligan		Cumberland Ac	1:07:36
150	314	Gavin Hinde	V45 23	Garscube Harriers	1:07:38
151	513	Alan Young		Unattached	1:07:40
152	463	David Piercy	V40 38	Unattached	1:07:46
153	522	Jamie Robinson		Unattached	1:07:49
154	144	Alan Inglis	V50 12	Teviotdale Harriers	1:07:52
155	555	Rob Hastings		Unattached	1:07:58
156	359	Matthew Boyle		Morpeth Harriers & Ac	1:08:20
157	688	Steve Angus	V50 13	Keswick AC	1:08:21
158	406	Marc Brown		Unattached	1:08:25
159	240	David Shields	V50 14	Blyth Running Club	1:08:29
160	567	Mark Bowron		Unattached	1:08:32
161	526	Andriy Volkov		Unattached	1:08:42
162	453	Michael Lancaster	V45 24	Unattached	1:08:48
163	117	Peter Mullarkey	V60 4	Saltwell Harriers	1:09:01
164	137	Adrian Hall		Tyne Bridge Harriers	1:09:18
165	381	David Mitchell	V55 12	Unattached	1:09:21
166	690	Timothy Lee		Unattached	1:09:51
167	196	Toby Harling	V40 39	Dh Runners	1:10:00

168	122 Stuart Joyce	V5513	Aycliffe Running Club	1:10:04	259	531 John Temperley	V60 9	Carlisle Tri Club	1:19:53
169	601 John Tollitt	V5514	Tyne Bridge Harriers	1:10:08	260	95 Mark Foster	V4054	Elvet Striders	1:20:00
170	568 Philip Horrocks	V5515	Walney Wind Cheetahs	1:10:09	261	330 Anthony Cape	V4540	Unattached	1:20:06
171	168 Ben Harper	V4040	Carlisle Tri Club	1:10:17	262	533 Paul Fenton		Unattached	1:20:27
172	472 Kevin Gordon		Dumfries Running Club	1:10:19	263	184 Matthew McEwan		Unattached	1:20:50
173	540 Graham Soady	V4525	Sunderland Strollers	1:10:22	264	562 John Houghton	V6010	Run Sandymoor	1:20:54
174	334 Nathan Smit		Garscube Harriers	1:10:27	265	563 John Myers	V4541	Run Sandymoor	1:20:55
175	349 Malcolm French	V65 2	Northey Masters AC	1:10:44	266	681 Peter Campbell	V5530	Border Harriers & Ac	1:20:57
176	616 Graeme Carr	V5516	Tyne Bridge Harriers	1:11:05	267	678 Dean Wren		Cumberland Ac	1:21:01
177	380 Brian Gallagher	V5015	Unattached	1:11:17	268	508 Kieran Will		Unattached	1:21:01
178	368 Dominic Davis		Eden Runners	1:11:18	269	170 Gary Chandler	V5531	Dh Runners	1:21:11
179	591 Simon McVey	V5517	Unattached	1:11:42	270	366 Martin Baxter	V4542	Dh Runners	1:21:18
180	176 Alan Huggon	V5016	Unattached	1:11:59	271	482 Huw Parry	V5532	North Shields Polytechnic	1:21:23
181	391 Stephen Harding		Unattached	1:12:02	272	420 David Bradley	V65 8	Blyth Running Club	1:21:27
182	73 Chris May	V4526	South Shields Harriers & Ac	1:12:16	273	56 Tom Butler		Dumbarton AAC	1:21:34
183	49 William Goldie	V65 3	Dumbarton AAC	1:12:18	274	650 Richard Jewell	V4543	Cumberland Ac	1:21:41
184	305 Kristan Alexander	V4527	Garscube Harriers	1:12:21	275	548 Mark Rutherford	V4544	Unattached	1:21:47
185	173 Jason Williamson	V5017	Birtley Ac	1:12:22	276	236 Kragy Storey		Blyth Running Club	1:21:52
186	16 Scott Kelman		Unattached	1:12:24	277	375 David Hamill	V6011	Garscube Harriers	1:21:55
187	459 Adam McGinley	V4041	Dh Runners	1:12:28	278	485 David Brown	V5533	North Shields Polytechnic	1:21:56
188	256 Mike Smith		Carlisle Tri Club	1:12:40	279	699 Gary Bower	V5031	Eden Runners	1:21:57
189	253 James Hughes		Unattached	1:12:41	280	378 Gerard Mullen	V6012	Calderglen Harriers	1:22:10
190	40 Ivan Thorn	V4528	North Shields Polytechnic	1:12:46	281	162 Matthew Harvey		Saltwell Harriers	1:22:46
191	372 Michael Dale	V4042	Elvet Striders	1:13:08	282	571 Gordon Hindson	V5032	Blackhill Bounders	1:22:52
192	261 David Lyall	V4043	South Shields Harriers & Ac	1:13:10	283	400 Marc Watson	V4545	Elvet Striders	1:23:03
193	128 Steven Airey		Elvet Striders	1:13:16	284	209 Brian Kerr	V5033	Dh Runners	1:23:12
194	48 Jonny Rowson	V4529	North Shields Polytechnic	1:13:22	285	573 Tony Brooke	V5034	Eden Runners	1:23:18
195	65 Scott Pairman	V5518	Dumbarton AAC	1:13:27	286	492 William Buchanan	V70 3	Calderglen Harriers	1:23:53
196	231 Callum Askew		Elvet Striders	1:13:30	287	365 Nigel Harrison	V5534	Unattached	1:24:15
197	689 Nick Rome	V5519	Border Reiver Runners	1:13:33	288	565 Alastair Elliott	V5035	Unattached	1:24:30
198	424 Steven Brady	V5018	Stocksfield Striders	1:13:47	289	679 Graham Millican	V4055	Border Harriers & Ac	1:24:35
199	96 Adam Hucklesby	V4044	Stocksfield Striders	1:13:47	290	188 Philip Young	V5036	Unattached	1:24:40
200	442 Thomas Taggart		Eden Runners	1:13:58	291	318 Billy Shaw	V5037	Blyth Running Club	1:24:46
201	502 David Wardrope	V5019	Calderglen Harriers	1:14:01	292	77 James Boyle	V4546	Garscube Harriers	1:24:55
202	257 John Younger	V4045	Run Nation Running Club	1:14:01	293	649 Stephen Jackson	V6013	Cumberland Ac	1:25:05
203	100 Andrew Davies	V4530	Elvet Striders	1:14:05	294	339 Gary Story		Unattached	1:25:16
204	11 Alastair Loudon	V4046	Motherwell AC	1:14:06	295	53 Peter Walsh	V65 9	Dumbarton AAC	1:25:26
205	287 John James	V65 4	Heaton Harriers & Ac	1:14:13	296	83 Scott Kennedy	V5038	Dumbarton AAC	1:25:27
206	60 John Harrison	V65 5	Dumbarton AAC	1:14:17	297	169 Dale Kin-Cleaves		Carlisle Tri Club	1:26:09
207	351 Scott Calderhead	V4047	Cumbernauld AAC	1:14:28	298	527 John Woolridge	V70 4	Border Harriers & Ac	1:26:20
208	299 Stu Hodgson	V4531	Unattached	1:14:29	299	672 Malcolm Wood	V5535	Cumberland Ac	1:27:22
209	671 Ian Wilson	V4048	Cumberland Ac	1:14:36	300	486 Graeme Kemp	V4547	Unattached	1:27:25
210	627 Richard Taylor	V4532	Tyne Bridge Harriers	1:14:49	301	181 Ed Snape		Unattached	1:27:25
211	661 Michael Sandelands	V5020	Cumberland Ac	1:15:02	302	247 Gary Palmer	V5039	Cumberland Ac	1:27:26
212	190 Mathew Hopper		Unattached	1:15:07	303	537 David Challis	V4056	Eden Runners	1:27:59
213	610 James Sibbald	V4049	Tyne Bridge Harriers	1:15:08	304	635 Jeff Dandy	V5040	Cumberland Ac	1:28:23
214	656 Phil Meloy	V4533	Cumberland Ac	1:15:10	305	607 Andrew Norton		Tyne Bridge Harriers	1:28:34
215	8 Nigel Hetherington	V60 5	Fife Athletic Club	1:15:25	306	260 Andrew Russell	V5041	Unattached	1:28:43
216	612 Stephen Kettle	V5021	Tyne Bridge Harriers	1:15:27	307	82 Paul Collins	V5536	Garscube Harriers	1:29:02
217	480 David Johnson	V60 6	Eden Runners	1:15:29	308	521 Andrew Hemsley	V5537	Walney Wind Cheetahs	1:29:13
218	255 Brian Hazlewood	V4534	Dh Runners	1:15:46	309	666 Martin Trainor	V4057	Cumberland Ac	1:29:33
219	124 Andrew Turnell	V65 6	Crook & Dist Sports Ac	1:15:49	310	327 Mark Evans	V4548	Unattached	1:29:40
220	130 Alan Stewart	V4535	Blyth Running Club	1:15:50	311	289 Ian Robinson	V6014	Eden Runners	1:30:49
221	313 David Graham		Unattached	1:15:57	312	506 Christopher Winspear	V5538	Unattached	1:31:29
222	23 Chris Sumsion	V5520	Tyne Bridge Harriers	1:15:58	313	407 John Lupton	V5539	Unattached	1:32:01
223	62 Michael Fairless		South Shields Harriers & Ac	1:16:01	314	467 Noel O'Donnell	V4058	North East Project	1:32:16
224	553 Paul McKeown	V5521	Eden Runners	1:16:04	315	623 Alexios Antonopoulos		Tyne Bridge Harriers	1:33:06
225	457 Anthony Mills	V5522	Dh Runners	1:16:09	316	214 Stuart Lowthian	V6015	Eden Runners	1:33:09
226	664 Peter Telford	V4536	Cumberland Ac	1:16:30	317	180 Anthony Nicholson	V5042	Dh Runners	1:33:14
227	150 Mark Rudkin	V4050	Blyth Running Club	1:16:39	318	38 John Davidson	V6016	North East Veterans Ac	1:33:20
228	451 Danny Gilholme	V4537	Stocksfield Striders	1:16:41	319	370 Russell Couper	V5540	Calderglen Harriers	1:33:54
229	557 Keith Forster		Unattached	1:16:51	320	514 Rowan Nidd	V4059	Unattached	1:34:24
230	546 Andrew Walker	V60 7	Eden Runners	1:16:54	321	619 Alexander Anderson	V70 5	Tyne Bridge Harriers	1:34:27
231	645 Graham Hetherington	V5523	Cumberland Ac	1:17:01	322	284 Raghu Vedapanakal	V4549	Derwent Ac Cockermonth	1:35:44
232	598 Shaun Cowan	V4051	Tyne Bridge Harriers	1:17:14	323	587 Brian Richardson	V5541	Blackhill Bounders	1:35:49
233	337 Chris Checkley	V5022	Heaton Harriers & Ac	1:17:19	324	545 David McGinn	V4550	Dh Runners	1:36:13
234	191 Paul Dobson	V5524	Northern Fells Running Club	1:17:28	325	267 Philip Askew	V4060	Saltwell Harriers	1:36:34
235	52 Trevor Cockerell	V5023	Unattached	1:17:32	326	668 Joseph Walker	V70 6	Cumberland Ac	1:37:40
236	691 Kenny Leinster	V60 8	Calderglen Harriers	1:17:37	327	665 John Thompson	V6510	Cumberland Ac	1:37:41
237	410 Barry Ord	V5525	Saltwell Harriers	1:17:44	328	529 Steve Campbell	V6511	Unattached	1:38:00
238	226 William Ferguson	V70 1	Dumbarton AAC	1:17:48	329	154 Bob Najafi	V6512	Low Fell Rc	1:39:11
239	581 Andrew Martindale	V5024	Northern Fells Running Club	1:18:01	330	30 Alan Scott	V5542	Elvet Striders	1:39:53
240	409 Richard Weymes	V5025	Stocksfield Striders	1:18:09	331	306 Chris Ryan	V6513	Clydesdale Harriers	1:41:56
241	586 Liam Pollard		Unattached	1:18:10	332	575 Gregg Nugent	V5043	Unattached	1:42:31
242	461 Gary Walsh	V5026	Stocksfield Striders	1:18:10	333	141 Ian Swanston	V5543	Saltwell Harriers	1:42:54
243	441 Paul Griffin	V5526	Stocksfield Striders	1:18:14	334	348 Sean McGleenan	V6017	Dumfries Running Club	1:43:16
244	614 Chris Parkin	V5527	Tyne Bridge Harriers	1:18:16	335	148 Colin Brown	V5044	Blyth Running Club	1:43:31
245	580 Paul Kirkup	V4052	Unattached	1:18:18	336	495 Chris Whitby	V5544	Cumberland Ac	1:43:45
246	389 Neil Carter	V5027	Unattached	1:18:24	337	452 Robin Hargreaves	V5045	Unattached	1:43:53
247	363 Michael Henry	V70 2	Alnwick Harriers	1:18:27	338	585 John Martin	V4061	Unattached	1:43:59
248	164 Paul Blackett	V4538	Saltwell Harriers	1:18:31	339	120 Neil Haig	V5545	Unattached	1:44:15
249	599 Neil Alderson	V4053	Tyne Bridge Harriers	1:18:44	340	243 Jim Nicholson	V70 7	Elvet Striders	1:45:09
250	536 Craig Nevins	V4539	Newburn Running Club	1:18:53	341	694 Simon Wilkinson	V4551	Unattached	1:46:47
251	227 Tim Hildreth	V5028	Saltwell Harriers	1:19:13	342	263 Leslie Nixon	V6514	Unattached	1:46:57
252	158 Michael Ashby	V5029	Blyth Running Club	1:19:32	343	618 Michael Nemeth		Tyne Bridge Harriers	1:49:14
253	332 Peter Ramsden	V65 7	Denby Dale Athletics Club	1:19:41	344	197 Martin Waugh		Saltwell Harriers	2:01:54
254	377 Paul Coia	V5528	Garscube Harriers	1:19:42	345	357 Reginald Checkley	V70 8	Heaton Harriers & Ac	2:15:54
255	473 John Barnes		Derwent Ac Cockermonth	1:19:47	346	528 Kevin Donnell		Unattached	2:15:55
256	127 Peter Bum		Elvet Striders	1:19:48					
257	208 David James	V5529	Elvet Striders	1:19:50					
258	33 Sachin Karkannavar	V5030	Cumberland Ac	1:19:52					

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Brampton - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Border Harriers & Ac	45	—	12	Mark Emmerson	15	Blain Rooney	18	Paul Graves
2	Keswick AC	50	—	8	Mark Walsh	9	Sam Stead	33	Russell Maddams
3	Richmond & Zetland Harriers	55	—	5	Rob Scott	11	Carl Jones	39	Stefanos Stephanou
4	Gateshead Harriers & Ac	67	—	10	Conrad Franks	19	Reece Jefferson	38	Kevin Connolly
5	Tyne Bridge Harriers	85	—	17	Tom Charlton	25	Sparrow Morley	43	David Wright
6	North Shields Polytechnic	144	—	7	David Green	29	James Anderson	108	Patrick Drought
7	Garscube Harriers	163	—	41	James Wilkes	54	Simon Sheridan	68	Daniel Scroop
8	Elscube Harriers	174	—	34	Andrew Ball	55	Scott Brady	85	Richard Houghton
9	Cambuslang Harriers	195	—	22	Stephen Wylie	48	Stuart Gibson	125	Bruce Shaw
10	Birtley Ac	211	—	14	David Young	44	Kieron Day	153	Jason Williamson
11	Sunderland Strollers	212	—	45	Andrew Forbes	60	Luke McCormack	107	Neil Procter
12	Dumbarton AAC	212	—	21	Craig Prior	40	Stuart McGillivray	151	William Goldie
13	South Shields Harriers & Ac	220	—	57	Chris Camps	65	Simon May	98	George Arthur
14	Jarrow & Hebburn Ac	223	—	49	Jack Brown	58	Jonathan Gilroy	116	Paul Simpson
15	Eden Runners	226	—	16	Richard Keefe	61	Steven Agar	149	Dominic Davis
16	Elvet Striders	233	—	70	Michael Littlewood	81	Allan Renwick	82	Lindsay McEwan
17	Heaton Harriers & Ac	259	—	66	Jack Shawcross	93	Ian Norman	100	Calum Mills
18	Dumfries Running Club	263	—	75	Alan Baxter	89	Kevin McQueen	99	Kevin McCaig
19	Cumbernauld AAC	269	—	71	David Hogg	92	Paul Stoddart	106	Ross McEachern
20	North East Project	296	—	3	Kieran Walker	36	Stephen Swales	257	Noel O'Donnell
21	Blyth Running Club	336	—	88	Henry Madden	122	Steven French	126	Steven Jones
22	Saltwell Harriers	339	—	83	Iain Armstrong	119	Sam Harrison	137	Peter Mullarkey
23	Morpeth Harriers & Ac	341	—	102	Graeme Thorpe	105	Gavin Bayne	134	Matthew Boyle
24	Cumberland Ac	342	—	90	Paul Ferguson	124	Paul Thomas	128	Ian McDougall
25	Carlisle Tri Club	351	—	97	Wayne Greig	111	David Postill	143	Ben Harper
26	Calderglen Harriers	443	—	79	Christopher McCarron	167	David Wardrope	197	Kenny Leinster
27	Dh Runners	475	—	139	Toby Harling	154	Adam McGinley	182	Brian Hazlewood
28	Stocksfield Striders	520	—	164	Steven Brady	165	Adam Hucklesby	191	Danny Gilholme
29	Blackhill Bounders	627	—	127	Stephen McDonald	235	Gordon Hindson	265	Brian Richardson

Brampton - Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Border Harriers & Ac	36	—	3	Paul Graves	13	Stephen Weston	20	Bob Hodgson
2	Gateshead Harriers & Ac	69	—	15	Kevin Connolly	17	Steven Medd	37	Paul Attley
3	Keswick AC	91	—	1	Mark Walsh	11	Russell Maddams	79	Steve Angus
4	Garscube Harriers	92	—	23	Simon Sheridan	30	Daniel Scroop	39	Martin Strachan
5	South Shields Harriers & Ac	104	—	24	Chris Camps	28	Simon May	52	George Arthur
6	Sunderland Strollers	105	—	19	Andrew Forbes	26	Luke McCormack	60	Neil Procter
7	Tyne Bridge Harriers	107	—	18	David Wright	44	Richard Tailford	45	Alasdair Blain
8	Elvet Striders	112	—	31	Michael Littlewood	40	Allan Renwick	41	Lindsay McEwan
9	Dumfries Running Club	135	—	36	Alan Baxter	46	Kevin McQueen	53	Kevin McCaig
10	Cumbernauld AAC	140	—	32	David Hogg	49	Paul Stoddart	59	Ross McEachern
11	North Shields Polytechnic	196	—	61	Patrick Drought	66	Ben Willcox	69	James Thompson
12	Cumberland Ac	198	—	47	Paul Ferguson	75	Ian McDougall	76	Antony Briscoe
13	Dumbarton AAC	206	—	16	Stuart McGillivray	91	William Goldie	99	Scott Pairman
14	Heaton Harriers & Ac	213	—	50	Ian Norman	56	Jason Wall	107	John James
15	Blyth Running Club	224	—	71	Steven French	73	Steven Jones	80	David Shields
16	Saltwell Harriers	256	—	42	Iain Armstrong	81	Peter Mullarkey	133	Barry Ord
17	Eden Runners	266	—	27	Steven Agar	117	David Johnson	122	Paul McKeown
18	Dh Runners	294	—	82	Toby Harling	94	Adam McGinley	118	Brian Hazlewood
19	Carlisle Tri Club	299	—	63	David Postill	86	Ben Harper	150	John Temperley
20	Stocksfield Striders	329	—	101	Steven Brady	102	Adam Hucklesby	126	Danny Gilholme
21	Calderglen Harriers	398	—	103	David Wardrope	132	Kenny Leinster	163	Gerard Mullen
22	Blackhill Bounders	429	—	74	Stephen McDonald	164	Gordon Hindson	191	Brian Richardson

The 69th Brampton to Carlisle 10Mile Road Race at Carlisle on Sunday 21st November 2021

Brampton - Men (Vets) — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	110	Mark Walsh	V40	1 Keswick AC	50:42	86	314	Gavin Hinde	V4523	Garscube Harriers	1:07:38
2	402	Carl Jones	V45	1 Richmond & Zetland Harriers	52:23	87	463	David Piercy	V4038	Unattached	1:07:46
3	41	David Holmes	V40	2 Unattached	52:46	88	144	Alan Inglis	V5012	Teviotdale Harriers	1:07:52
4	680	Paul Graves	V40	3 Border Harriers & Ac	54:17	89	688	Steve Angus	V5013	Keswick AC	1:08:21
5	469	Stephen Wylie	V50	1 Cambuslang Harriers	54:58	90	240	David Shields	V5014	Blyth Running Club	1:08:29
6	276	Andrew Heppell	V40	4 Gosforth Harriers & Ac	55:00	91	453	Michael Lancaster	V4524	Unattached	1:08:48
7	336	Greg Walker	V40	5 Teviotdale Harriers	55:26	92	117	Peter Mullarkey	V60	4 Saltwell Harriers	1:09:01
8	223	Matthew Hornsby	V40	6 Durham City Harriers & Ac	55:30	93	381	David Mitchell	V5512	Unattached	1:09:21
9	411	Paul Graham	V40	7 Netherhall AC	55:39	94	196	Toby Harling	V4039	Dh Runners	1:10:00
10	454	Darren Russell	V40	8 Trafford Athletic Club	55:55	95	122	Stuart Joyce	V5513	Aycliffe Running Club	1:10:04
11	448	Richard Wilson	V40	9 Kendal Amateur Athletic Club	56:45	96	601	John Tollitt	V5514	Tyne Bridge Harriers	1:10:08
12	588	Russell Maddams	V45	2 Keswick AC	56:53	97	568	Philip Horrocks	V5515	Walney Wind Cheetahs	1:10:09
13	28	Andrew Ball	V4010	Elswick Harriers	56:55	98	168	Ben Harper	V4040	Carlisle Tri Club	1:10:17
14	684	Stephen Weston	V4011	Border Harriers & Ac	56:59	99	540	Graham Soady	V4525	Sunderland Strollers	1:10:22
15	444	Stephen Swales	V4012	North East Project	57:02	100	349	Malcolm French	V65	2 Northern Masters AC	1:10:44
16	578	Kevin Connolly	V4013	Gateshead Harriers & Ac	57:14	101	616	Graeme Carr	V5516	Tyne Bridge Harriers	1:11:05
17	354	Stuart McGillivray	V4014	Dumbarton AAC	57:18	102	380	Brian Gallagher	V5015	Unattached	1:11:17
18	85	Steven Medd	V4015	Gateshead Harriers & Ac	57:27	103	591	Simon McVey	V5517	Unattached	1:11:42
19	211	David Wright	V45	3 Tyne Bridge Harriers	57:35	104	176	Alan Huggon	V5016	Unattached	1:11:59
20	532	Andrew Wilson	V4016	Unattached	58:00	105	73	Chris May	V4526	South Shields Harriers & Ac	1:12:16
21	398	Andrew Forbes	V4017	Sunderland Strollers	58:06	106	49	William Goldie	V65	3 Dumbarton AAC	1:12:18
22	178	Bob Hodgson	V4018	Border Harriers & Ac	58:09	107	305	Kristan Alexander	V4527	Garscube Harriers	1:12:21
23	447	Matt Wilson	V45	4 Kendal Amateur Athletic Club	58:10	108	173	Jason Williamson	V5017	Birtley Ac	1:12:22
24	512	Ross Mullen	V4019	Unattached	58:17	109	459	Adam McGinley	V4041	Dh Runners	1:12:28
25	24	Dez Fielden	V45	5 Aycliffe Running Club	58:29	110	40	Ivan Thorn	V4528	North Shields Polytechnic	1:12:46
26	419	Simon Sheridan	V45	6 Garscube Harriers	58:31	111	372	Michael Dale	V4042	Elvet Striders	1:13:08
27	63	Chris Camps	V4020	South Shields Harriers & Ac	58:35	112	261	David Lyall	V4043	South Shields Harriers & Ac	1:13:10
28	303	John Speirs	V45	7 Kilmarnock Harriers & AC	58:40	113	48	Jonny Rowson	V4529	North Shields Polytechnic	1:13:22
29	376	Luke McCormack	V4021	Sunderland Strollers	58:44	114	65	Scott Pairman	V5518	Dumbarton AAC	1:13:27
30	520	Steven Agar	V4022	Eden Runners	58:47	115	689	Nick Rome	V5519	Border Reiver Runners	1:13:33
31	86	Simon May	V45	8 South Shields Harriers & Ac	59:21	116	424	Steven Brady	V5018	Stocksfield Striders	1:13:47
32	320	Stephen Hamill	V45	9 Durham City Harriers & Ac	59:33	117	96	Adam Hucklesby	V4044	Stocksfield Striders	1:13:47
33	437	Daniel Scroop	V4510	Garscube Harriers	59:36	118	502	David Wardrope	V5019	Calderglen Harriers	1:14:01
34	90	Michael Littlewood	V4511	Elvet Striders	59:40	119	257	John Younger	V4045	Run Nation Running Club	1:14:01
35	121	David Hogg	V50	2 Cumbernauld AAC	59:45	120	100	Andrew Davies	V4530	Elvet Striders	1:14:05
36	185	Peter Clough	V55	1 Hunwick Harriers	59:51	121	11	Alastair Loudon	V4046	Motherwell AC	1:14:06
37	328	Rick Shepley	V4023	Lonely Goat RC	59:52	122	287	John James	V65	4 Heaton Harriers & Ac	1:14:13
38	44	Clem Coady	V4024	Border Harriers & Ac	59:53	123	60	John Harrison	V65	5 Dumbarton AAC	1:14:17
39	483	Alan Baxter	V4512	Dumfries Running Club	1:00:07	124	351	Scott Calderhead	V4047	Cumbernauld AAC	1:14:28
40	39	Paul Attley	V4025	Gateshead Harriers & Ac	1:00:41	125	299	Stu Hodgson	V4531	Unattached	1:14:29
41	379	Dean Winter	V4513	Barnsley Athletic Club	1:00:53	126	671	Ian Wilson	V4048	Cumberland Ac	1:14:36
42	343	Martin Strachan	V4026	Garscube Harriers	1:01:05	127	627	Richard Taylor	V4532	Tyne Bridge Harriers	1:14:49
43	93	Allan Renwick	V50	3 Elvet Striders	1:01:08	128	661	Michael Sandelands	V5020	Cumberland Ac	1:15:02
44	438	Gerry Healy	V4027	Unattached	1:01:09	129	610	James Sibbald	V4049	Tyne Bridge Harriers	1:15:08
45	94	Lindsay McEwan	V4514	Elvet Striders	1:01:09	130	656	Phil Meloy	V4533	Cumberland Ac	1:15:10
46	131	Iain Armstrong	V4028	Saltwell Harriers	1:01:12	131	8	Nigel Hetherington	V60	5 Fife Athletic Club	1:15:25
47	207	Rob Andrew	V55	2 Alnwick Harriers	1:01:22	132	612	Stephen Kettle	V5021	Tyne Bridge Harriers	1:15:27
48	84	Richard Tailford	V55	3 Tyne Bridge Harriers	1:01:32	133	480	David Johnson	V60	6 Eden Runners	1:15:29
49	606	Alasdair Blain	V4029	Tyne Bridge Harriers	1:01:32	134	255	Brian Hazlewood	V4534	Dh Runners	1:15:46
50	477	Kevin McQueen	V50	4 Dumfries Running Club	1:01:47	135	124	Andrew Turnell	V65	6 Crook & Dist Sports Ac	1:15:49
51	639	Paul Ferguson	V4030	Cumberland Ac	1:01:51	136	130	Alan Stewart	V4535	Blyth Running Club	1:15:50
52	554	Gary Dover	V55	4 Glaxo Hoad Hill Harriers	1:01:53	137	23	Chris Sumsion	V5520	Tyne Bridge Harriers	1:15:58
53	321	Paul Stoddart	V4515	Cumbernauld AAC	1:01:58	138	553	Paul McKeown	V5521	Eden Runners	1:16:04
54	428	Ian Norman	V60	1 Heaton Harriers & Ac	1:02:07	139	457	Anthony Mills	V5522	Dh Runners	1:16:09
55	683	Jonny Lowe	V4031	Border Harriers & Ac	1:02:10	140	664	Peter Telford	V4536	Cumberland Ac	1:16:30
56	246	George Arthur	V55	5 South Shields Harriers & Ac	1:02:26	141	150	Mark Rudkin	V4050	Blyth Running Club	1:16:39
57	394	Kevin McCaig	V60	2 Dumfries Running Club	1:02:46	142	451	Danny Gilholme	V4537	Stocksfield Striders	1:16:41
58	237	David Butterly	V4516	Garscube Harriers	1:02:58	143	546	Andrew Walker	V60	7 Eden Runners	1:16:54
59	88	Graeme Thorpe	V4517	Morpeth Harriers & Ac	1:03:06	144	645	Graham Hetherington	V5523	Cumberland Ac	1:17:01
60	358	Jason Wall	V4518	Heaton Harriers & Ac	1:03:19	145	598	Shaun Cowan	V4051	Tyne Bridge Harriers	1:17:14
61	119	Matthew Archer	V4032	Elvet Striders	1:03:27	146	337	Chris Checkley	V5022	Heaton Harriers & Ac	1:17:19
62	206	Gavin Bayne	V65	1 Morpeth Harriers & Ac	1:03:33	147	191	Paul Dobson	V5524	Northern Fells Running Club	1:17:28
63	589	Andrew Potts	V50	5 Unattached	1:03:42	148	52	Trevor Cockerell	V5023	Unattached	1:17:32
64	161	Ross McEachern	V55	6 Cumbernauld AAC	1:03:51	149	691	Kenny Leinster	V60	8 Calderglen Harriers	1:17:37
65	189	Neil Procter	V4519	Sunderland Strollers	1:03:53	150	410	Barry Ord	V5525	Saltwell Harriers	1:17:44
66	54	Patrick Drought	V50	6 North Shields Polytechnic	1:03:56	151	226	William Ferguson	V70	1 Dumbarton AAC	1:17:48
67	489	Mark Hopkins	V55	7 Unattached	1:04:20	152	581	Andrew Martindale	V5024	Northern Fells Running Club	1:18:01
68	311	Robbie Drummond	V50	7 Garscube Harriers	1:04:25	153	409	Richard Weymes	V5025	Stocksfield Striders	1:18:09
69	543	David Postill	V50	8 Carlisle Tri Club	1:04:30	154	461	Gary Walsh	V5026	Stocksfield Striders	1:18:10
70	696	Peter Hearn	V55	8 Unattached	1:04:53	155	441	Paul Griffin	V5526	Stocksfield Striders	1:18:14
71	220	Lee Todhunter	V4033	Wigton Road Runners	1:04:56	156	614	Chris Parkin	V5527	Tyne Bridge Harriers	1:18:16
72	37	Stephen Soulsby	V55	9 Elvet Striders	1:05:03	157	580	Paul Kirkup	V4052	Unattached	1:18:18
73	201	Ben Willcox	V4034	North Shields Polytechnic	1:05:08	158	389	Neil Carter	V5027	Unattached	1:18:24
74	325	John Bell	V50	9 Garscube Harriers	1:05:18	159	363	Michael Henry	V70	2 Alnwick Harriers	1:18:27
75	79	Paul Simpson	V60	3 Jarrold & Hebburn Ac	1:05:22	160	164	Paul Blackett	V4538	Saltwell Harriers	1:18:31
76	72	Jim White	V4520	Unattached	1:05:25	161	599	Neil Alderson	V4053	Tyne Bridge Harriers	1:18:44
77	692	James Thompson	V5010	North Shields Polytechnic	1:05:59	162	536	Craig Nevins	V4539	Newburn Running Club	1:18:53
78	97	Alex Collier	V4035	Elvet Striders	1:06:22	163	227	Tim Hildreth	V5028	Saltwell Harriers	1:19:13
79	187	Steven French	V4521	Blyth Running Club	1:06:24	164	158	Michael Ashby	V5029	Blyth Running Club	1:19:32
80	307	Peter Scott	V4036	Garscube Harriers	1:06:28	165	332	Peter Ramsden	V65	7 Denby Dale Athletics Club	1:19:41
81	133	Steven Jones	V4037	Blyth Running Club	1:06:46	166	377	Paul Coia	V5528	Garscube Harriers	1:19:42
82	156	Stephen McDonald	V4522	Blackhill Bounders	1:06:49	167	208	David James	V5529	Elvet Striders	1:19:50
83	654	Ian McDougall	V5510	Cumberland Ac	1:06:54	168	33	Sachin Karkannavar	V5030	Cumberland Ac	1:19:52
84	278	Andy Goodair	V5011	Unattached	1:07:02	169	531	John Temperley	V60	9 Carlisle Tri Club	1:19:53
85	631	Antony Briscoe	V5511	Cumberland Ac	1:07:10	170	95	Mark Foster	V4054	Elvet Striders	1:20:00

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	330	Anthony Cape	V4540	Unattached	1:20:06	207	521	Andrew Hemsley	V5537	Walney Wind Cheetahs	1:29:13
172	562	John Houghton	V6010	Run Sandymoor	1:20:54	208	666	Martin Trainor	V4057	Cumberland Ac	1:29:33
173	563	John Myers	V4541	Run Sandymoor	1:20:55	209	327	Mark Evans	V4548	Unattached	1:29:40
174	681	Peter Campbell	V5530	Border Harriers & Ac	1:20:57	210	289	Ian Robinson	V6014	Eden Runners	1:30:49
175	170	Gary Chandler	V5531	Dh Runners	1:21:11	211	506	Christopher Winspear	V5538	Unattached	1:31:29
176	366	Martin Baxter	V4542	Dh Runners	1:21:18	212	407	John Lupton	V5539	Unattached	1:32:01
177	482	Huw Parry	V5532	North Shields Polytechnic	1:21:23	213	467	Noel O'Donnell	V4058	North East Project	1:32:16
178	420	David Bradley	V65 8	Blyth Running Club	1:21:27	214	214	Stuart Lowthian	V6015	Eden Runners	1:33:09
179	650	Richard Jewell	V4543	Cumberland Ac	1:21:41	215	180	Anthony Nicholson	V5042	Dh Runners	1:33:14
180	548	Mark Rutherford	V4544	Unattached	1:21:47	216	38	John Davidson	V6016	North East Veterans Ac	1:33:20
181	375	David Hamill	V6011	Garscube Harriers	1:21:55	217	370	Russell Couper	V5540	Calderglen Harriers	1:33:54
182	485	David Brown	V5533	North Shields Polytechnic	1:21:56	218	514	Rowan Nidd	V4059	Unattached	1:34:24
183	699	Garry Bower	V5031	Eden Runners	1:21:57	219	619	Alexander Anderson	V70 5	Tyne Bridge Harriers	1:34:27
184	378	Gerard Mullen	V6012	Calderglen Harriers	1:22:10	220	284	Raghu Vedapanakal	V4549	Derwent Ac Cockermouth	1:35:44
185	571	Gordon Hindson	V5032	Blackhill Bounders	1:22:52	221	587	Brian Richardson	V5541	Blackhill Bounders	1:35:49
186	400	Marc Watson	V4545	Elvet Striders	1:23:03	222	545	David McGinn	V4550	Dh Runners	1:36:13
187	209	Brian Kerr	V5033	Dh Runners	1:23:12	223	267	Philip Askew	V4060	Saltwell Harriers	1:36:34
188	573	Tony Brooke	V5034	Eden Runners	1:23:18	224	668	Joseph Walker	V70 6	Cumberland Ac	1:37:40
189	492	William Buchanan	V70 3	Calderglen Harriers	1:23:53	225	665	John Thompson	V6510	Cumberland Ac	1:37:41
190	365	Nigel Harrison	V5534	Unattached	1:24:15	226	529	Steve Campbell	V6511	Unattached	1:38:00
191	565	Alastair Elliott	V5035	Unattached	1:24:30	227	154	Bob Najafi	V6512	Low Fell Rc	1:39:11
192	679	Graham Millican	V4055	Border Harriers & Ac	1:24:35	228	30	Alan Scott	V5542	Elvet Striders	1:39:53
193	188	Philip Young	V5036	Unattached	1:24:40	229	306	Chris Ryan	V6513	Clydesdale Harriers	1:41:56
194	318	Billy Shaw	V5037	Blyth Running Club	1:24:46	230	575	Gregg Nugent	V5043	Unattached	1:42:31
195	77	James Boyle	V4546	Garscube Harriers	1:24:55	231	141	Ian Swanston	V5543	Saltwell Harriers	1:42:54
196	649	Stephen Jackson	V6013	Cumberland Ac	1:25:05	232	348	Sean McGleenan	V6017	Dumfries Running Club	1:43:16
197	53	Peter Walsh	V65 9	Dumbarton AAC	1:25:26	233	148	Colin Brown	V5044	Blyth Running Club	1:43:31
198	83	Scott Kennedy	V5038	Dumbarton AAC	1:25:27	234	495	Chris Whitby	V5544	Cumberland Ac	1:43:45
199	527	John Woolridge	V70 4	Border Harriers & Ac	1:26:20	235	452	Robin Hargreaves	V5045	Unattached	1:43:53
200	672	Malcolm Wood	V5535	Cumberland Ac	1:27:22	236	585	John Martin	V4061	Unattached	1:43:59
201	486	Graeme Kemp	V4547	Unattached	1:27:25	237	120	Neil Haig	V5545	Unattached	1:44:15
202	247	Gary Palmer	V5039	Cumberland Ac	1:27:26	238	243	Jim Nicholson	V70 7	Elvet Striders	1:45:09
203	537	David Challis	V4056	Eden Runners	1:27:59	239	694	Simon Wilkinson	V4551	Unattached	1:46:47
204	635	Jeff Dandy	V5040	Cumberland Ac	1:28:23	240	263	Leslie Nixon	V6514	Unattached	1:46:57
205	260	Andrew Russell	V5041	Unattached	1:28:43	241	357	Reginald Checkley	V70 8	Heaton Harriers & Ac	2:15:54
206	82	Paul Collins	V5536	Garscube Harriers	1:29:02						

The 69th Brampton to Carlisle 10Mile Road Race at Carlisle on Sunday 21st November 2021

Brampton - Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	430	Heather Townsend	L	1 Leeds City Athletic Club	56:50
2	501	Steph Pennycook	L	2 Leeds City Athletic Club	1:00:09
3	584	Rachelle Falloon	L	3 Morpeth Harriers & Ac	1:01:12
4	326	Lesley Bell	L45	1 Garscube Harriers	1:01:16
5	43	Kathryn Stevenson	L45	2 Tyne Bridge Harriers	1:01:33
6	80	Tracy Millmore	L35	1 Birtley Ac	1:01:39
7	474	Lorna Baird	L	7 Kilnarnock Harriers & AC	1:02:22
8	224	Katy Barden	L40	1 Gala Harriers	1:03:08
9	295	Kim Simpson	L35	2 Durham City Harriers & Ac	1:03:43
10	340	Judith Nutt	L40	2 Elswick Harriers	1:03:45
11	686	Fiona Todd	L45	3 Border Harriers & Ac	1:04:24
12	71	Rachel Breheny	L40	3 Jarrow & Hebbum Ac	1:05:28
13	125	Natasha Newson	L35	3 North Shields Polytechnic	1:06:40
14	344	Jackie Murdy	L55	1 South Shields Harriers & Ac	1:07:07
15	31	Susanne Stephenson	L50	1 Elswick Harriers	1:07:12
16	296	Gillian Blee	L40	4 Garscube Harriers	1:07:24
17	422	Jocelyn Forster	L	17 Edinburgh AC	1:07:30
18	297	Emily Tomasso	L40	5 Garscube Harriers	1:08:07
19	340	Gemma Harcombe-Moore	L35	4 New Marske Harriers Club	1:08:28
20	91	Anna Basu	L45	4 Elvet Striders	1:08:38
21	622	Hannah Stewart	L	21 Tyne Bridge Harriers	1:08:49
22	215	Suzanne Smith	L50	2 Eden Runners	1:09:06
23	697	Claire Ocallaghan	L40	6 South Shields Harriers & Ac	1:09:13
24	404	Laura Smith	L35	5 Heaton Harriers & Ac	1:09:16
25	92	Corrine Whaling	L40	7 Elvet Striders	1:09:30
26	76	Emma Blair	L40	8 Garscube Harriers	1:11:12
27	12	Alison Wood	L	27 Garscube Harriers	1:11:20
28	222	Ria Harrison	L	28 Tyne Bridge Harriers	1:11:29
29	450	Karen Allen	L35	6 Calderglen Harriers	1:11:31
30	662	Beverley Smith	L35	7 Cumberland Ac	1:11:34
31	523	Karen Maggio-Poyntz	L50	3 Walney Wind Cheetahs	1:11:45
32	648	Susan Holliday	L40	9 Cumberland Ac	1:11:50
33	70	Charlene Kelly	L35	8 Dumbarton AAC	1:11:53
34	695	Martha Lovatt	L35	9 Garscube Harriers	1:12:44
35	687	Carolyn Millican	L35	10 Border Harriers & Ac	1:13:05
36	87	Natasha Steel	L	36 Sunderland Harriers & Ac	1:13:17
37	700	Emma Forrest	L	37 Saint Edmund Pacers	1:14:46
38	46	Gemma Leadbetter	L35	11 Dumfries Running Club	1:14:47
39	594	Amy Hume	L	39 Tyne Bridge Harriers	1:15:07
40	249	Alexandra Battersby	L35	12 Tyne Bridge Harriers	1:15:10
41	503	Helen Waddington	L50	4 Ilkley Harriers Ac	1:15:12
42	625	Sarah Hamblin	L45	5 Tyne Bridge Harriers	1:15:21
43	538	Fodhan Kelly Beard	L40	10 South Shields Harriers & Ac	1:15:23
44	10	Angela Malcolm	L50	5 Fife Athletic Club	1:15:28
45	265	Beverley Armstrong	L45	6 Dh Runners	1:15:35
46	171	Julie Dodd	L50	6 Dh Runners	1:16:26
47	353	Anja Coulthard	L40	11 Keswick AC	1:16:37
48	632	Susan Cain	L65	1 Cumberland Ac	1:16:50
49	147	Laura Percy	L	49 Heaton Harriers & Ac	1:16:55
50	279	Deborah Hicks	L40	12 Heaton Harriers & Ac	1:17:21
51	395	Monika Molnar	L35	13 Unattached	1:17:30
52	624	Mairi Clancy	L	52 Tyne Bridge Harriers	1:17:39
53	5	Leeann Barber	L40	13 Cumberland Ac	1:18:03
54	13	Gillian McCaffer	L45	7 Motherwell AC	1:18:04
55	20	Claire Gilchrist	L55	2 Ferranti AAC	1:18:12
56	102	Nina Bojadzic	L35	14 Elvet Striders	1:18:12
57	541	Elissa Spoor	L45	8 Stocksfield Striders	1:18:22
58	432	Rachael Turnbull	L35	15 Stocksfield Striders	1:18:23
59	600	Lucy Matheson	L45	9 Tyne Bridge Harriers	1:18:34
60	644	Lorna Gold	L55	3 Cumberland Ac	1:18:40
61	183	Amy Gallagher	L	61 Saltwell Harriers	1:18:47
62	582	Louise Ruddick	L40	14 Unattached	1:18:54
63	288	Caroline Nettleton	L40	15 Unattached	1:19:02
64	592	Sally Little	L50	7 Unattached	1:19:18
65	434	Alison Lessells	L35	16 Calderglen Harriers	1:19:34
66	345	Yamuna Thiru	L55	4 Tyne Bridge Harriers	1:20:00
67	426	Julie Thomson	L40	16 Calderglen Harriers	1:20:02
68	192	Kim Kyle	L35	17 Newburn Running Club	1:20:11
69	383	Clare Tyler	L45	10 Unattached	1:20:12
70	69	Alyson Leader	L45	11 Dumbarton AAC	1:20:15
71	642	Jen Gibson	L35	18 Cumberland Ac	1:20:21
72	564	Emma Fraser	L40	17 Run Sandymoor	1:20:52
73	45	Laura Greaves	L40	18 North Shields Polytechnic	1:20:53
74	123	Pamela Parker	L55	5 Cumbernauld AAC	1:21:06
75	590	Nicola Carruthers	L40	19 Unattached	1:21:07
76	518	Joanne McKenzie	L55	6 Carlisle Tri Club	1:21:16
77	333	Christine Woods	L60	1 Durham City Harriers & Ac	1:21:18
78	6	Kim Matthews	L60	2 Elswick Harriers	1:21:36
79	427	Claire McSorley	L35	19 Calderglen Harriers	1:21:38
80	530	Olivia Kidd	L	80 Eden Runners	1:21:45
81	405	Trish Kay	L60	3 Aycliffe Running Club	1:21:49
82	511	Katie Bird	L	82 Eden Runners	1:21:53
83	280	Jennifer Hughes	L35	20 Heaton Harriers & Ac	1:21:55
84	143	Alison Cummings	L60	4 Blyth Running Club	1:22:27
85	385	Emma McCabe	L40	20 Elvet Striders	1:22:28
86	583	Ann Stuart	L60	5 Unattached	1:22:37
87	595	Georgina Brooke	L	87 Tyne Bridge Harriers	1:22:54
88	302	Theresa Miln	L55	7 Garscube Harriers	1:23:09
89	245	Natalia Powell	L	89 Derwent Valley Running Club	1:23:35
90	499	Maureen Dickson	L60	6 Unattached	1:23:51
91	669	Caron White	L45	12 Cumberland Ac	1:23:55
92	509	Sophie Jackson	L	92 Redcar Running Club	1:24:07
93	560	Julie Gate	L50	8 Eden Runners	1:24:13
94	462	Carol Elliot	L60	7 Dumfries Harriers	1:24:16
95	630	Karen Bowler	L70	1 Cumberland Ac	1:24:17
96	418	Carly Reid	L20	1 Calderglen Harriers	1:24:22
97	290	Rachel Mann	L40	21 Kendal Amateur Athletic Club	1:24:27
98	251	Andrea Sutherland	L35	21 Derwentside Ac	1:24:29
99	693	Sara McKnight	L45	13 Saltwell Harriers	1:24:41
100	111	Rachel Read	L55	8 Millom Striders	1:24:49
101	510	Elizabeth Clark	L55	9 Unattached	1:24:50
102	42	Quynh Nguyen	L40	22 North Shields Polytechnic	1:24:51
103	572	Marie Bell	L45	14 Heaton Harriers & Ac	1:24:53
104	628	Natalie Appleton	L	104 Cumberland Ac	1:25:04
105	268	Kerrie Fiddler	L50	9 Dh Runners	1:25:06
106	274	Danielle Cooper	L35	22 Blyth Running Club	1:25:09
107	439	Joanne Watson	L45	15 North Shields Polytechnic	1:25:10
108	145	Janice Stewart	L45	16 Blyth Running Club	1:25:12
109	436	Carolle Speed	L50	10 Unattached	1:25:24
110	361	Lisa Scorer	L40	23 Blyth Running Club	1:25:59
111	114	Gillian Donaldson	L50	11 Saltwell Harriers	1:26:08
112	266	Barbara Bone	L	112 Heaton Harriers & Ac	1:26:39
113	129	Claire Mason	L50	10 Blyth Running Club	1:26:43
114	155	Mhairi Donnelly	L35	23 Heaton Harriers & Ac	1:26:44
115	638	Bev Faulder	L45	17 Cumberland Ac	1:26:46
116	116	Helen Mullarkey	L55	11 Saltwell Harriers	1:26:53
117	64	Joanne Camps	L40	24 South Shields Harriers & Ac	1:27:03
118	101	Lottie Collier	L35	24 Elvet Striders	1:27:09
119	3	Catherine Ramsay	L40	25 Unattached	1:27:10
120	241	Susan Browning	L50	12 Blyth Running Club	1:27:38
121	519	Heather Barrass	L40	26 Blyth Running Club	1:27:57
122	673	Laura Wylie	L35	25 Cumberland Ac	1:28:10
123	315	Linda Bulfin	L40	27 North Shields Polytechnic	1:28:14
124	566	Caroline Bowron	L35	26 Unattached	1:28:14
125	615	Gill Parkin	L55	12 Tyne Bridge Harriers	1:28:16
126	292	Paula Atkinson	L45	18 South Shields Harriers & Ac	1:28:24
127	507	Marie Milligan	L40	28 Unattached	1:28:24
128	198	Leanne Hymers	L35	27 Newburn Running Club	1:28:47
129	401	Hannah Jenner	L	129 North Shields Polytechnic	1:28:48
130	219	Theresa Rugman-Jones	L50	13 Elvet Striders	1:28:53
131	636	Elizabeth Dodd	L40	29 Cumberland Ac	1:29:05
132	484	Karen Littlejohn	L35	28 Dumfries Running Club	1:29:10
133	593	Ria Knox	L35	29 Tyne Bridge Harriers	1:29:22
134	264	Lisa Love	L40	30 Unattached	1:30:07
135	479	Sally Nutter	L45	19 Keswick AC	1:30:30
136	478	Nicky Butler	L55	13 Keswick AC	1:30:30
137	500	Sharon Barry	L50	14 Unattached	1:30:41
138	142	Heather Barker	L	138 Unattached	1:30:47
139	414	Mary Cox	L65	2 Garscube Harriers	1:31:23
140	186	Steph Greenwell	L	140 Elvet Striders	1:31:43
141	166	Kirsty Nelson	L45	20 Elvet Striders	1:32:06
142	228	Rebecca Jones	L45	21 Saltwell Harriers	1:32:19
143	194	Julie Schneider	L45	22 Saltwell Harriers	1:32:36
144	505	Becky Grocott	L35	30 Newburn Running Club	1:32:52
145	609	Caroline Meaney	L35	31 Tyne Bridge Harriers	1:32:55
146	115	Samantha Bruce	L45	23 Saltwell Harriers	1:33:03
147	488	Carole Watt	L60	8 North Shields Polytechnic	1:33:13
148	525	Patricia Milton	L60	9 Unattached	1:33:21
149	103	Wendy Littlewood	L40	31 Elvet Striders	1:33:30
150	371	Julia Whittle	L50	15 Calderglen Harriers	1:34:14
151	204	Karen Satterley	L45	24 Newburn Running Club	1:34:30
152	663	Helen Sparks	L35	32 Cumberland Ac	1:34:31
153	487	Wendy Gass	L50	16 Unattached	1:34:34
154	534	Samantha Cook	L45	25 Unattached	1:34:34
155	652	Kimberly Kelly	L	155 Cumberland Ac	1:34:36
156	433	Rebecca Tindle	L40	32 North Shields Polytechnic	1:35:07
157	360	Alyson Robson	L45	26 Blyth Running Club	1:35:15
158	620	Jessica Anderson	L65	3 Tyne Bridge Harriers	1:35:30
159	26	Debra Thompson	L55	14 Elvet Striders	1:35:46
160	655	Karen McLean	L60	10 Cumberland Ac	1:35:57
161	667	Elisa Trainor	L35	33 Cumberland Ac	1:35:57

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft

162	32 Aileen Scott	L50 17	Elvet Striders	1:36:37	187	491 Gillian McDougall	L50 24	Unattached	1:43:45
163	59 Lisa Ridley	L50 18	Unattached	1:36:45	188	493 Wendy Beesley	L50 25	Dh Runners	1:43:46
164	651 Robyn Jewell	L45 27	Cumberland Ac	1:37:09	189	496 Mary Messenger	L50 26	Dh Runners	1:43:47
165	476 Kerry Jardine	L 165	Dumfries Running Club	1:38:09	190	516 Gill Harding	L60 12	Dh Runners	1:43:50
166	475 Fiona Jardine	L55 15	Dumfries Running Club	1:38:09	191	277 Carla Telfer	L45 31	Bellahouston Road Runners	1:43:58
167	304 Sue Hodgson	L50 19	Unattached	1:38:14	192	550 Rachel Martin	L35 37	Unattached	1:43:59
168	301 Shabana Ahmed	L35 34	Unattached	1:38:15	193	118 Nichola Stewart	L45 32	Unattached	1:44:14
169	574 Louise Farmer	L45 28	Unattached	1:38:26	194	193 Val Braybrooks	L60 13	Halmer Harriers	1:44:52
170	577 Laura Knowles	L35 35	Unattached	1:39:03	195	657 Amie Meloy	L40 35	Cumberland Ac	1:45:12
171	250 Gail Jones	L55 16	Unattached	1:39:26	196	676 Kate Pearson	L40 36	Cumberland Ac	1:45:12
172	153 Caroline Najafi	L60 11	Saltwell Harriers	1:39:40	197	653 Tracey Kennett	L45 33	Cumberland Ac	1:45:13
173	338 Lisa Elstob	L50 20	Saltwell Harriers	1:39:52	198	262 Anabel Drought	L50 27	North Shields Polytechnic	1:46:57
174	271 Joanne Biddlecombe	L40 33	Saltwell Harriers	1:39:54	199	556 Annabelle Allen	L55 18	Bodyfit Cumbria RC	1:47:39
175	202 Ann Clanachan	L70 2	Garscube Harriers	1:40:04	200	160 Lesley Grieve	L65 4	Millom Striders	1:48:35
176	25 Sophie Dennis	L35 36	Elvet Striders	1:40:33	201	569 Wendy Boyer	L45 34	Unattached	1:49:03
177	551 Janice Talbot	L55 17	Bodyfit Cumbria RC	1:41:28	202	617 Michelle Nemeth	L45 35	Tyne Bridge Harriers	1:49:13
178	283 Sharon Coxon	L45 29	Unattached	1:41:37	203	367 Kathryn Sinsheimer	L60 14	Unattached	1:50:04
179	324 Suzanne Forster	L50 21	Dh Runners	1:41:41	204	104 Sharon Pattison	L45 36	Unattached	1:51:03
180	235 Laura Farmer	L 180	Unattached	1:41:43	205	413 Cheryl Charlton	L40 37	Jarrow & Hebburn Ac	1:53:34
181	210 Natalie Bingham	L 181	Dh Runners	1:41:58	206	75 Carol Davison	L50 28	Elvet Striders	1:56:49
182	294 Rosie Reynolds	L40 34	Saltwell Harriers	1:42:17	207	425 Hayley Fleming	L35 38	Unattached	1:57:11
183	643 Rebecca Glynn	L 183	Cumberland Ac	1:42:36	208	175 Linda Hague	L55 19	Saltwell Harriers	2:02:28
184	640 Gillian Fletcher	L50 22	Cumberland Ac	1:42:50	209	416 Kate Mukungu	L45 37	Jarrow & Hebburn Ac	2:07:45
185	637 Brenda Elliott	L50 23	Cumberland Ac	1:42:50	210	212 Shelley Myers	L35 39	Millom Striders	2:15:58
186	113 Nicola Shaverin	L45 30	Saltwell Harriers	1:42:54					

Brampton - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Garscube Harriers	38	—	4	Lesley Bell	16	Gillian Blee	18	Emily Tomasso
2	Tyne Bridge Harriers	54	—	5	Kathryn Stevenson	21	Hannah Stewart	28	Ria Harrison
3	South Shields Harriers & Ac	80	—	14	Jackie Murdy	23	Claire Ocallaghan	43	Foden Kelly Beard
4	Elswick Harriers	97	—	10	Judith Nutt	15	Susanne Stephenson	72	Kim Matthews
5	Elvet Striders	100	—	20	Anna Basu	25	Corrine Whaling	55	Nina Bojadzic
6	Cumberland Ac	110	—	30	Beverley Smith	32	Susan Holliday	48	Susan Cain
7	Heaton Harriers & Ac	123	—	24	Laura Smith	49	Laura Percy	50	Deborah Hicks
8	Calderglen Harriers	153	—	29	Karen Allen	61	Alison Lessells	63	Julie Thomson
9	Eden Runners	172	—	22	Suzanne Smith	74	Olivia Kidd	76	Katie Bird
10	North Shields Polytechnic	174	—	13	Natasha Newson	68	Laura Greaves	93	Quynh Nguyen
11	Dh Runners	187	—	45	Beverley Armstrong	46	Julie Dodd	96	Kerrie Fiddler
12	Saltwell Harriers	252	—	60	Amy Gallagher	91	Sara McKnight	101	Gillian Donaldson
13	Blyth Running Club	274	—	78	Alison Cummings	97	Danielle Cooper	99	Janice Stewart
14	Keswick AC	290	—	47	Anja Coulthard	121	Sally Nutter	122	Nicky Butler
15	Dumfries Running Club	302	—	38	Gemma Leadbetter	119	Karen Littlejohn	145	Kerry Jardine
16	Newburn Running Club	307	—	64	Kim Kyle	115	Leanne Hymers	128	Becky Grocott
17	Jarrow & Hebburn Ac	359	—	12	Rachel Breheny	172	Cheryl Charlton	175	Kate Mukungu
18	Millom Striders	438	—	92	Rachel Read	170	Lesley Grieve	176	Shelley Myers

Brampton - Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Garscube Harriers	26	—	1	Lesley Bell	12	Gillian Blee	13	Emily Tomasso
2	South Shields Harriers & Ac	59	—	10	Jackie Murdy	17	Claire Ocallaghan	32	Foden Kelly Beard
3	Tyne Bridge Harriers	62	—	2	Kathryn Stevenson	29	Alexandra Battersby	31	Sarah Hamblin
4	Elswick Harriers	75	—	6	Judith Nutt	11	Susanne Stephenson	58	Kim Matthews
5	Elvet Striders	76	—	15	Anna Basu	19	Corrine Whaling	42	Nina Bojadzic
6	Cumberland Ac	83	—	22	Beverley Smith	24	Susan Holliday	37	Susan Cain
7	Calderglen Harriers	117	—	21	Karen Allen	47	Alison Lessells	49	Julie Thomson
8	Heaton Harriers & Ac	117	—	18	Laura Smith	38	Deborah Hicks	61	Jennifer Hughes
9	North Shields Polytechnic	136	—	9	Natasha Newson	54	Laura Greaves	73	Quynh Nguyen
10	Dh Runners	144	—	34	Beverley Armstrong	35	Julie Dodd	75	Kerrie Fiddler
11	Blyth Running Club	216	—	62	Alison Cummings	76	Danielle Cooper	78	Janice Stewart
12	Keswick AC	233	—	36	Anja Coulthard	98	Sally Nutter	99	Nicky Butler
13	Saltwell Harriers	235	—	71	Sara McKnight	80	Gillian Donaldson	84	Helen Mullarkey
14	Dumfries Running Club	244	—	28	Gemma Leadbetter	96	Karen Littlejohn	120	Fiona Jardine
15	Newburn Running Club	247	—	50	Kim Kyle	93	Leanne Hymers	104	Becky Grocott
16	Jarrow & Hebburn Ac	299	—	8	Rachel Breheny	144	Cheryl Charlton	147	Kate Mukungu

The 69th Brampton to Carlisle 10Mile Road Race at Carlisle on Sunday 21st November 2021

Brampton - Ladies (Vets) — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	326	Lesley Bell	L45	1 Garscube Harriers	1:01:16
2	43	Kathryn Stevenson	L45	2 Tyne Bridge Harriers	1:01:33
3	80	Tracy Millmore	L35	1 Birtley Ac	1:01:39
4	224	Katy Barden	L40	1 Gala Harriers	1:03:08
5	295	Kim Simpson	L35	2 Durham City Harriers & Ac	1:03:43
6	340	Judith Nutt	L40	2 Elswick Harriers	1:03:45
7	686	Fiona Todd	L45	3 Border Harriers & Ac	1:04:24
8	71	Rachel Breheny	L40	3 Jarrow & Hebbum Ac	1:05:28
9	125	Natasha Newson	L35	3 North Shields Polytechnic	1:06:40
10	344	Jackie Murdy	L55	1 South Shields Harriers & Ac	1:07:07
11	31	Susanne Stephenson	L50	1 Elswick Harriers	1:07:12
12	296	Gillian Blee	L40	4 Garscube Harriers	1:07:24
13	297	Emily Tomasso	L40	5 Garscube Harriers	1:08:07
14	331	Gemma Harcombe-Moore	L35	4 New Marske Harriers Club	1:08:28
15	91	Anna Basu	L45	4 Elvet Striders	1:08:38
16	215	Suzanne Smith	L50	2 Eden Runners	1:09:06
17	697	Claire Ocallyaghan	L40	6 South Shields Harriers & Ac	1:09:13
18	404	Laura Smith	L35	5 Heaton Harriers & Ac	1:09:16
19	92	Corrine Whaling	L40	7 Elvet Striders	1:09:30
20	76	Emma Blair	L40	8 Garscube Harriers	1:11:12
21	450	Karen Allen	L35	6 Calderglen Harriers	1:11:31
22	662	Beverley Smith	L35	7 Cumberland Ac	1:11:34
23	523	Karen Maggio-Poyntz	L50	3 Walney Wind Cheetahs	1:11:45
24	648	Susan Holliday	L40	9 Cumberland Ac	1:11:50
25	70	Charlene Kelly	L35	8 Dumbarton AAC	1:11:53
26	695	Martha Lovatt	L35	9 Garscube Harriers	1:12:44
27	687	Carolyn Millican	L35	10 Border Harriers & Ac	1:13:05
28	46	Gemma Leadbetter	L35	11 Dumfries Running Club	1:14:47
29	249	Alexandra Battersby	L35	12 Tyne Bridge Harriers	1:15:10
30	503	Helen Waddington	L50	4 Ilkley Harriers Ac	1:15:12
31	625	Sarah Hamblin	L45	5 Tyne Bridge Harriers	1:15:21
32	538	Foden Kelly Beard	L40	10 South Shields Harriers & Ac	1:15:23
33	10	Angela Malcolm	L50	5 Fife Athletic Club	1:15:28
34	265	Beverley Armstrong	L45	6 Dh Runners	1:15:35
35	171	Julie Dodd	L50	6 Dh Runners	1:16:26
36	353	Anja Coulthard	L40	11 Keswick AC	1:16:37
37	632	Susan Cain	L65	1 Cumberland Ac	1:16:50
38	279	Deborah Hicks	L40	12 Heaton Harriers & Ac	1:17:21
39	395	Monika Molnar	L35	13 Unattached	1:17:30
40	5	Leeann Barber	L40	13 Cumberland Ac	1:18:03
41	13	Gillian McCaffer	L45	7 Motherwell AC	1:18:04
42	20	Claire Gilchrist	L55	2 Ferranti AAC	1:18:12
43	102	Nina Bojadzic	L35	14 Elvet Striders	1:18:12
44	541	Elissa Spoons	L45	8 Stocksfield Striders	1:18:22
45	432	Rachael Turnbull	L35	15 Stocksfield Striders	1:18:23
46	600	Lucy Matheson	L45	9 Tyne Bridge Harriers	1:18:34
47	644	Lorna Gold	L55	3 Cumberland Ac	1:18:40
48	582	Louise Ruddick	L40	14 Unattached	1:18:54
49	288	Caroline Nettleton	L40	15 Unattached	1:19:02
50	592	Sally Little	L50	7 Unattached	1:19:18
51	434	Alison Lessells	L35	16 Calderglen Harriers	1:19:34
52	345	Yamuna Thiru	L55	4 Tyne Bridge Harriers	1:20:00
53	426	Julie Thomson	L40	16 Calderglen Harriers	1:20:02
54	192	Kim Kyle	L35	17 Newburn Running Club	1:20:11
55	383	Clare Tyler	L45	10 Unattached	1:20:12
56	69	Alyson Leader	L45	11 Dumbarton AAC	1:20:15
57	642	Jen Gibson	L35	18 Cumberland Ac	1:20:21
58	564	Emma Fraser	L40	17 Run Sandymoor	1:20:52
59	45	Laura Greaves	L40	18 North Shields Polytechnic	1:20:53
60	123	Pamela Parker	L55	5 Cumbernauld AAC	1:21:06
61	590	Nicola Carruthers	L40	19 Unattached	1:21:07
62	518	Joanne McKenzie	L55	6 Carlisle Tri Club	1:21:16
63	333	Christine Woods	L60	1 Durham City Harriers & Ac	1:21:18
64	6	Kim Matthews	L60	2 Elswick Harriers	1:21:36
65	427	Claire McSorley	L35	19 Calderglen Harriers	1:21:38
66	405	Trish Kay	L60	3 Aycliffe Running Club	1:21:49
67	280	Jennifer Hughes	L35	20 Heaton Harriers & Ac	1:21:55
68	143	Alison Cummings	L60	4 Blyth Running Club	1:22:27
69	385	Emma McCabe	L40	20 Elvet Striders	1:22:28
70	583	Ann Stuart	L60	5 Unattached	1:22:37
71	302	Theresa Miln	L55	7 Garscube Harriers	1:23:09
72	499	Maureen Dickson	L60	6 Unattached	1:23:51
73	669	Caron White	L45	12 Cumberland Ac	1:23:55
74	560	Julie Gate	L50	8 Eden Runners	1:24:13
75	462	Carol Elliot	L60	7 Dumfries Harriers	1:24:16
76	630	Karen Bowler	L70	1 Cumberland Ac	1:24:17
77	290	Rachel Mann	L40	21 Kendal Amateur Athletic Club	1:24:27
78	251	Andrea Sutherland	L35	21 Derwentside Ac	1:24:29
79	693	Sara McKnight	L45	13 Saltwell Harriers	1:24:41
80	111	Rachel Read	L55	8 Millom Striders	1:24:49
81	510	Elizabeth Clark	L55	9 Unattached	1:24:50
82	42	Quynh Nguyen	L40	22 North Shields Polytechnic	1:24:51
83	572	Marie Bell	L45	14 Heaton Harriers & Ac	1:24:53
84	268	Kerrie Fiddler	L50	9 Dh Runners	1:25:06
85	274	Danielle Cooper	L35	22 Blyth Running Club	1:25:09
86	439	Joanne Watson	L45	15 North Shields Polytechnic	1:25:10
87	145	Janice Stewart	L45	16 Blyth Running Club	1:25:12
88	436	Carolle Speed	L50	10 Unattached	1:25:24
89	361	Lisa Scorer	L40	23 Blyth Running Club	1:25:59
90	114	Gillian Donaldson	L50	11 Saltwell Harriers	1:26:08
91	129	Claire Mason	L55	10 Blyth Running Club	1:26:43
92	155	Mhairi Donnelly	L35	23 Heaton Harriers & Ac	1:26:44
93	638	Bev Faulder	L45	17 Cumberland Ac	1:26:46
94	116	Helen Mullarkey	L55	11 Saltwell Harriers	1:26:53
95	64	Joanne Camps	L40	24 South Shields Harriers & Ac	1:27:03
96	101	Lottie Collier	L35	24 Elvet Striders	1:27:09
97	3	Catherine Ramsay	L40	25 Unattached	1:27:10
98	241	Susan Browning	L50	12 Blyth Running Club	1:27:38
99	519	Heather Barrass	L40	26 Blyth Running Club	1:27:57
100	673	Laura Wylie	L35	25 Cumberland Ac	1:28:10
101	315	Linda Bulfin	L40	27 North Shields Polytechnic	1:28:14
102	566	Caroline Bowron	L35	26 Unattached	1:28:14
103	615	Gill Parkin	L55	12 Tyne Bridge Harriers	1:28:16
104	292	Paula Atkinson	L45	18 South Shields Harriers & Ac	1:28:24
105	507	Marie Milligan	L40	28 Unattached	1:28:24
106	198	Leanne Hymers	L35	27 Newburn Running Club	1:28:47
107	219	Theresa Rugman-Jones	L50	13 Elvet Striders	1:28:53
108	636	Elizabeth Dodd	L40	29 Cumberland Ac	1:29:05
109	484	Karen Littlejohn	L35	28 Dumfries Running Club	1:29:10
110	593	Ria Knox	L35	29 Tyne Bridge Harriers	1:29:22
111	264	Lisa Love	L40	30 Unattached	1:30:07
112	479	Sally Nutter	L45	19 Keswick AC	1:30:30
113	478	Nicky Butler	L55	13 Keswick AC	1:30:30
114	500	Sharon Barry	L50	14 Unattached	1:30:41
115	414	Mary Cox	L65	2 Garscube Harriers	1:31:23
116	166	Kirsty Nelson	L45	20 Elvet Striders	1:32:06
117	228	Rebecca Jones	L45	21 Saltwell Harriers	1:32:19
118	194	Julie Schneider	L45	22 Saltwell Harriers	1:32:36
119	505	Becky Grocott	L35	30 Newburn Running Club	1:32:52
120	609	Caroline Meaney	L35	31 Tyne Bridge Harriers	1:32:55
121	115	Samantha Bruce	L45	23 Saltwell Harriers	1:33:03
122	488	Carole Watt	L60	8 North Shields Polytechnic	1:33:13
123	525	Patricia Milton	L60	9 Unattached	1:33:21
124	103	Wendy Littlewood	L40	31 Elvet Striders	1:33:30
125	371	Julia Whittle	L50	15 Calderglen Harriers	1:34:14
126	204	Karen Satterley	L45	24 Newburn Running Club	1:34:30
127	663	Helen Sparks	L35	32 Cumberland Ac	1:34:31
128	487	Wendy Gass	L50	16 Unattached	1:34:34
129	534	Samantha Cook	L45	25 Unattached	1:34:34
130	433	Rebecca Tindle	L40	32 North Shields Polytechnic	1:35:07
131	360	Alyson Robson	L45	26 Blyth Running Club	1:35:15
132	620	Jessica Anderson	L65	3 Tyne Bridge Harriers	1:35:30
133	26	Debra Thompson	L55	14 Elvet Striders	1:35:46
134	655	Karen McLean	L60	10 Cumberland Ac	1:35:57
135	667	Elisa Trainor	L35	33 Cumberland Ac	1:35:57
136	32	Aileen Scott	L50	17 Elvet Striders	1:36:37
137	59	Lisa Ridley	L50	18 Unattached	1:36:45
138	651	Robyn Jewell	L45	27 Cumberland Ac	1:37:09
139	475	Fiona Jardine	L55	15 Dumfries Running Club	1:38:09
140	304	Sue Hodgson	L50	19 Unattached	1:38:14
141	301	Shabana Ahmed	L35	34 Unattached	1:38:15
142	574	Louise Farmer	L45	28 Unattached	1:38:26
143	577	Laura Knowles	L35	35 Unattached	1:39:03
144	250	Gail Jones	L55	16 Unattached	1:39:26
145	153	Caroline Najafi	L60	11 Saltwell Harriers	1:39:40
146	338	Lisa Elstob	L50	20 Saltwell Harriers	1:39:52
147	271	Joanne Biddlecombe	L40	33 Saltwell Harriers	1:39:54
148	202	Ann Clanachan	L70	2 Garscube Harriers	1:40:04
149	25	Sophie Dennis	L35	36 Elvet Striders	1:40:33
150	551	Janice Talbot	L55	17 Bodyfit Cumbria RC	1:41:28
151	283	Sharon Coxon	L45	29 Unattached	1:41:37
152	324	Suzanne Forster	L50	21 Dh Runners	1:41:41
153	294	Rosie Reynolds	L40	34 Saltwell Harriers	1:42:17
154	640	Gillian Fletcher	L50	22 Cumberland Ac	1:42:50
155	637	Brenda Elliott	L50	23 Cumberland Ac	1:42:50
156	113	Nicola Shaverin	L45	30 Saltwell Harriers	1:42:54
157	491	Gillian McDougall	L50	24 Unattached	1:43:45
158	493	Wendy Beesley	L50	25 Dh Runners	1:43:46
159	496	Mary Messenger	L50	26 Dh Runners	1:43:47
160	516	Gill Harding	L60	12 Dh Runners	1:43:50
161	277	Carla Telfer	L45	31 Bellahouston Road Runners	1:43:58
162	550	Rachel Martin	L35	37 Unattached	1:43:59
163	118	Nichola Stewart	L45	32 Unattached	1:44:14
164	193	Val Braybrooks	L60	13 Halmer Harriers	1:44:52
165	657	Amie Meloy	L40	35 Cumberland Ac	1:45:12
166	676	Kate Pearson	L40	36 Cumberland Ac	1:45:12
167	653	Tracey Kennett	L45	33 Cumberland Ac	1:45:13
168	262	Anabel Drought	L50	27 North Shields Polytechnic	1:46:57
169	556	Annabelle Allen	L55	18 Bodyfit Cumbria RC	1:47:39

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

170	160	Lesley Grieve	L65 4	Millom Striders	1:48:35
171	569	Wendy Boyer	L45 34	Unattached	1:49:03
172	617	Michelle Nemeth	L45 35	Tyne Bridge Harriers	1:49:13
173	367	Kathryn Sinsheimer	L60 14	Unattached	1:50:04
174	104	Sharon Pattison	L45 36	Unattached	1:51:03
175	413	Cheryl Charlton	L40 37	Jarrow & Hebbum Ac	1:53:34
176	75	Carol Davison	L50 28	Elvet Striders	1:56:49
177	425	Hayley Fleming	L35 38	Unattached	1:57:11
178	175	Linda Hague	L55 19	Saltwell Harriers	2:02:28
179	416	Kate Mukungu	L45 37	Jarrow & Hebbum Ac	2:07:45
180	212	Shelley Myers	L35 39	Millom Striders	2:15:58