

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 30th October 2021

- M35 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Robert Meredith	TiptonHarr A	9:56	40:04	0
2	Bruno Lima	SalfordHar A	10:17	40:56	0
3	Aidan Johnson	RotherhamH A	10:24	41:58	+ 2
4	Bruce Raeside	NottsAc A	10:07	42:00	+ 3
5	Robin Phillips	WestburyHa	11:27	42:36	- 2
6	Graham Peacock	CharnwoodA A	11:35	43:00	- 2
7	Daniel Wheat	NewarkAc A	10:59	43:12	+ 1
8	Ian Stevens	DerbyAC A	11:39	43:29	- 2
9	Jon Smalley	SaleHarrie	11:26	43:58	+ 1
10	Daniel Brazier	TiptonHarr B	11:41	44:09	- 1
11	Stephen Waters	Shrewsbury	11:45	44:20	0
12	Amir Nanpazi	SheffieldR A	11:48	44:54	+ 1
13	Matt Gresty	Birmingham A	11:48	45:16	+ 2
14	Mark Fanning	AldridgeRc A	10:47	45:23	+ 4
15	Tim Holt	SteelCityS	11:51	45:24	+ 1
16	John Sutherns	HolmePierr	11:47	46:12	+ 1
17	John Lloyd	SalfordHar B	11:39	46:42	+ 2
18	Anthony Alldread	Rushcliffe A	13:50	47:05	- 4
19	Peter Everitt	NuneatonHa	14:53	47:55	- 7
20	Keith Charles	RotherhamH B	13:00	48:21	0
21	Carl Baxter	LongEatonR	11:59	48:22	+ 2
22	Steven Weston	NorthDerby	12:53	48:31	- 1
23	Neil Halstead	MansfieldH	11:05	49:09	+ 4
24	Wai(hombie) Shin	DerbyAC B	12:40	49:29	0
25	Matthew Nutt	FormulaOne	13:36	49:32	- 3
26	David Cross	BeestonAc	12:26	50:35	+ 2
27	Darran Furness	IlkestonRC	12:45	50:42	- 1
28	Allan Wilson	NottsAc B	13:53	50:52	- 3
29	Carl Braithwaite	NewarkAc B	13:01	51:47	0
30	Jason Buckley	Kimberley&	11:36	52:03	+ 1
31	Philip Brayford	AldridgeRc B	12:21	52:18	- 1
32	Anthony Marchant	BelperHarr	14:45	55:58	0

Fastest runners over stage 4:

1	Robert Meredith	TiptonHarr A	9:56
2	Bruce Raeside	NottsAc A	10:07
3	Bruno Lima	SalfordHar A	10:17
4	Aidan Johnson	RotherhamH A	10:24
5	Mark Fanning	AldridgeRc A	10:47
6	Daniel Wheat	NewarkAc A	10:59
7	Neil Halstead	MansfieldH	11:05
8	Jon Smalley	SaleHarrie	11:26
9	Robin Phillips	WestburyHa	11:27
10	Graham Peacock	CharnwoodA A	11:35

- M35 Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jonathan Carter	TiptonHarr A	10:03	50:07	0
2	Will Beauchamp	SalfordHar A	9:54	50:50	0
3	Alastair Watson	NottsAc A	9:30	51:30	+ 1
4	Richard Harris	RotherhamH A	10:49	52:47	- 1
5	Paul Harmer	CharnwoodA A	11:02	54:02	+ 1
6	Robert Lindsay	NewarkAc A	10:51	54:03	+ 1
7	Ewan Paton	WestburyHa	11:39	54:15	- 2
8	Peter Middleton	Shrewsbury	10:22	54:42	+ 3
9	Russell Parkin	DerbyAC A	11:41	55:10	- 1
10	Daniel Robinson	Birmingham A	10:06	55:22	+ 3
11	Aaron Steele	SaleHarrie	11:47	55:45	- 2
12	Darren Hands	TiptonHarr B	11:51	56:00	- 2
13	Christopher Moss	SheffieldR A	11:19	56:13	- 1
14	Michael Morley	AldridgeRc A	10:51	56:14	0
15	Malcolm Baggaley	SteelCityS	12:02	57:26	0
16	Matt Keyworth	HolmePierr	11:41	57:53	0
17	Paul Creighton	SalfordHar B	11:43	58:25	0
18	Daniel Hawley	LongEatonR	10:54	59:16	+ 3
19	Wayne Church	NorthDerby	12:10	1:00:41	+ 3
20	Andrew Ofor	NuneatonHa	13:19	1:01:14	- 1
21	David Nelson	BeestonAc	11:54	1:02:29	+ 5
22	Simon White	IlkestonRC	11:53	1:02:35	+ 5
23	Richard Bradbury	Rushcliffe A	15:58	1:03:03	- 5
24	Geoffrey Gregory	NewarkAc B	11:39	1:03:26	+ 5
25	Ryan Stocks	Kimberley&	12:22	1:04:25	+ 5
26	Steve Taylor	FormulaOne	15:18	1:04:50	- 1
27	Peter Dimpleby	AldridgeRc B	12:35	1:04:53	+ 4
28	Steve Leek	NottsAc B	14:10	1:05:02	0
29	Stephen Davies	MansfieldH	17:02	1:06:11	- 6
30	Godfrey Sequeira	DerbyAC B	18:00	1:07:29	- 6

Fastest runners over stage 5:

1	Alastair Watson	NottsAc A	9:30
2	Will Beauchamp	SalfordHar A	9:54
3	Jonathan Carter	TiptonHarr A	10:03
4	Daniel Robinson	Birmingham A	10:06
5	Peter Middleton	Shrewsbury	10:22
6	Richard Harris	RotherhamH A	10:49
7	Michael Morley	AldridgeRc A	10:51
8	Robert Lindsay	NewarkAc A	10:51
9	Daniel Hawley	LongEatonR	10:54
10	Paul Harmer	CharnwoodA A	11:02

Fastest of all legs

1	Alastair Watson	NottsAc	A	9:30 (5)
2	Karl Darcy	SalfordHar	A	9:44 (3)
3	Alex Pilcher	DerbyAC	A	9:52 (1)
4	Will Beauchamp	SalfordHar	A	9:54 (5)
5	Robert Meredith	TiptonHarr	A	9:56 (4)
6	Stephen Mears	CharnwoodA	A	9:59 (1)
7	Martin Williams	TiptonHarr	A	10:00 (2)
8	Ian Williams	TiptonHarr	A	10:01 (3)
9	Jonathan Carter	TiptonHarr	A	10:03 (5)
10	Oliver Beale	WestburyHa		10:05 (2)
=	Jonathan Stewart	LeedsCityA		10:05 (1)

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 30th October 2021

M35 — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Tipton Harriers 'A' 50:07</p> <p>1 Tom Holden (4) 10:07 3 Ian Williams (1) 10:01 5 Jonathan Carter (1) 10:03</p> <p>2 Salford Harriers & Ac 'A' 50:50</p> <p>1 Billy Mccartney (10) 10:28 3 Karl Darcy (2) 9:44 5 Will Beauchamp (2) 9:54</p> <p>3 Notts Ac 'A' 51:30</p> <p>1 Craig Taylor (12) 10:30 3 Mike Romanienko (7) 11:04 5 Alastair Watson (3) 9:30</p> <p>4 Rotherham Harriers & Ac 'A' 52:47</p> <p>1 Gareth Sampson (6) 10:13 3 Chris Griffiths (5) 10:58 5 Richard Harris (4) 10:49</p> <p>5 Charnwood A C 'A' 54:02</p> <p>1 Stephen Mears (2) 9:59 3 Spencer Newport (4) 10:39 5 Paul Harmer (5) 11:02</p> <p>6 Newark Ac 'A' 54:03</p> <p>1 Tom Marshall (7) 10:22 3 Grant Davies (8) 11:08 5 Robert Lindsay (6) 10:51</p> <p>7 Westbury Harriers 54:15</p> <p>1 Anthony Glover (11) 10:29 3 Alan Uren (3) 10:35 5 Ewan Paton (7) 11:39</p> <p>8 Shrewsbury Ac 54:42</p> <p>1 Jim Hickinbottom (5) 10:08 3 Antonio Gasparinho (11) 11:18 5 Peter Middleton (8) 10:22</p> <p>9 Derby AC 'A' 55:10</p> <p>1 Alex Pilcher (1) 9:52 3 John Rouse (6) 11:31 5 Russell Parkin (9) 11:41</p> <p>10 Birmingham Running Athletics & 'A' 55:22</p> <p>1 Matthew Pollard (16) 10:50 3 Martin Matthews (15) 11:26 5 Daniel Robinson (10) 10:06</p> <p>11 Sale Harriers Manchester 55:45</p> <p>1 Chris Standidge (8) 10:24 3 Andrew Curvis (10) 11:06 5 Aaron Steele (11) 11:47</p> <p>12 Tipton Harriers 'B' 56:00</p> <p>1 Gary Whitehouse (14) 10:44 3 Dean Hill (9) 11:07 5 Darren Hands (12) 11:51</p> <p>13 Sheffield Rc 'A' 56:13</p> <p>1 David Mills (13) 10:43 3 Robert Addenbrooke (13) 11:25 5 Christopher Moss (13) 11:19</p> <p>14 Aldridge Rc 'A' 56:14</p> <p>1 Simon Rhodes (28) 12:09 3 Lee Harris (18) 11:44 5 Michael Morley (14) 10:51</p> <p>15 Steel City Striders Rc 57:26</p> <p>1 Paul Middlemas (18) 11:01 3 Robert Bishop (16) 11:21 5 Malcolm Baggaley (15) 12:02</p> <p>16 Holme Pierrepont Rc 57:53</p> <p>1 Chris Rhodes (22) 11:30 3 Steve Moorhouse (17) 11:28 5 Matt Keyworth (16) 11:41</p> <p>17 Salford Harriers & Ac 'B' 58:25</p> <p>1 Paul Bannister (20) 11:06 3 Luke Wordsworth (19) 12:09 5 Paul Creighton (17) 11:43</p>	<p>18 Long Eaton RC 59:16</p> <p>1 Christopher Magee (24) 11:47 3 Stephen Horton (23) 12:02 5 Daniel Hawley (18) 10:54</p> <p>19 North Derbyshire Rc 1:00:41</p> <p>1 Christopher Leach (17) 10:54 3 Andrew Shelton (21) 12:31 5 Wayne Church (19) 12:10</p> <p>20 Nuneaton Harriers 1:01:14</p> <p>1 Andrew Massey (21) 11:12 3 Luke Melling (12) 11:05 5 Andrew Offor (20) 13:19</p> <p>21 Beeston Ac 1:02:29</p> <p>1 Harry Taylor (15) 10:48 3 Southernwarburton (28) 13:34 5 David Nelson (21) 11:54</p> <p>22 Ilkeston RC 1:02:35</p> <p>1 Richard Myers (29) 12:13 3 David Feely (26) 13:00 5 Simon White (22) 11:53</p> <p>23 Rushcliffe Ac 'A' 1:03:03</p> <p>1 Marlon Dunkley (9) 10:27 3 Steven Carr (14) 11:55 5 Richard Bradbury (23) 15:58</p> <p>24 Newark Ac 'B' 1:03:26</p> <p>1 Scott Jones (33) 13:56 3 Timothy Bagguley (29) 13:22 5 Geoffrey Gregory (24) 11:39</p> <p>25 Kimberley & District Striders 1:04:25</p> <p>1 Liam Johnson (25) 11:50 3 Rob Gooch (31) 14:12 5 Ryan Stocks (25) 12:22</p> <p>26 Formula One Circuit Crew 1:04:50</p> <p>1 Martin Hunt (19) 11:01 3 Mark Jacobs (22) 12:30 5 Steve Taylor (26) 15:18</p> <p>27 Aldridge Rc 'B' 1:04:53</p> <p>1 Gordon Walker (31) 12:16 3 Stephen Mccann (30) 15:34 5 Peter Dimpleby (27) 12:35</p> <p>28 Notts Ac 'B' 1:05:02</p> <p>1 Jamie Hutchinson (26) 11:52 3 David Oxland (25) 12:51 5 Steve Leek (28) 14:10</p> <p>29 Mansfield Harriers 1:06:11</p> <p>1 Stuart Whysall (32) 12:43 3 Jack Cooke (27) 11:40 5 Stephen Davies (29) 17:02</p> <p>30 Derby AC 'B' 1:07:29</p> <p>1 Philip Thompson (27) 12:01 3 Chris Jordan (24) 12:33 5 Godfrey Sequeira (30) 18:00</p> <p>Incomplete Teams:</p> <p>Rotherham Harriers & Ac 'B'</p> <p>1 Dean Furniss (30) 12:14 3 Richard Parker (20) 12:11 4 Philip Hoole (22) 10:56 4 Keith Charles (20) 13:00</p> <p>Belper Harriers</p> <p>1 Simon Lloyd (23) 11:40 3 Robert Norman (32) 15:17 2 Christian Bradshaw (31) 14:16 4 Anthony Marchant (32) 14:45</p> <p>Leeds City AC</p> <p>1 Jonathan Stewart (3) 10:05 2 David Burlton (3) 10:18</p>
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British Masters Cross Country Relays at Long Eaton, Derbyshire on Saturday 30th October 2021

- M45 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Mick Hill	LeedsC 45	10:04	10	Michael Lyons	Beeston45	11:54
2	James Mackie	Wirral 45	10:26	11	Paul Lewis	LongEat45B	12:05
3	David Hudson	Salford45	10:47	12	David Davies	W&B 45	12:52
4	David Cass	Sutton 45	10:51	13	James Ward	Rolls 45	12:58
5	Damian Davies	Newark 45	10:56	14	Andrew Wardle	Rushcli45 B	13:47
6	Graham Moffatt	Rushcli45 A	11:25	15	Andrew Law	Sparkhi45	14:06
7	James Read	Ilkestrn45	11:31	16	Tim Bournell	BelperM45	14:19
8	Adrian Fisher	SteelCi45	11:32	17	Guy Wilkes	LongEat45	15:48
9	Gary Morley	Mansfld45	11:38				

- M45 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jonathan Walton	LeedsC 45	10:26	20:30	0	16	Matt Peel	LongEat45	14:36	30:24	+ 1
2	Jan Bailey	Newark 45	10:11	21:07	+ 3	17	Richard Hickling	BelperM45	17:41	32:00	- 1
3	Mark Collier	Salford45	10:44	21:31	0	Fastest runners over stage 2:					
4	Mark Sutton	Wirral 45	11:49	22:15	- 2	1	Jan Bailey	Newark 45	10:11		
5	Mark Outram	Ilkestrn45	11:38	23:09	+ 2	2	Jonathan Walton	LeedsC 45	10:26		
6	Nicholas Bayley	Rushcli45 A	11:47	23:12	0	3	Mark Collier	Salford45	10:44		
7	Paul Hillman	Sutton 45	12:34	23:25	- 3	4	Mark Outram	Ilkestrn45	11:38		
8	Phillip Shaw	Mansfld45	12:00	23:38	+ 1	5	Gareth Briggs	W&B 45	11:42		
9	Tom Bassindale	SteelCi45	12:13	23:45	- 1	6	Nicholas Bayley	Rushcli45 A	11:47		
10	Barrie Humphriss	Beeston45	12:31	24:25	0	7	Mark Sutton	Wirral 45	11:49		
11	Gareth Briggs	W&B 45	11:42	24:34	+ 1	8	Phillip Shaw	Mansfld45	12:00		
12	Gary King	LongEat45B	14:09	26:14	- 1	9	Tom Bassindale	SteelCi45	12:13		
13	Ian Page	Rolls 45	14:00	26:58	0	10	Barrie Humphriss	Beeston45	12:31		
14	Nicholas Quilty	Rushcli45 B	13:46	27:33	0						
15	Robert Mills	Sparkhi45	14:28	28:34	0						

- M45 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Alan Buckley	LeedsC 45	10:36	31:06	0	17	Andrew Snodgrass	BelperM45	15:31	47:31	0
2	James Kovacs	Salford45	10:49	32:20	+ 1	Fastest runners over stage 3:					
3	Adrian Dix	Newark 45	11:43	32:50	- 1	1	Alan Buckley	LeedsC 45	10:36		
4	Stephen Spence	Wirral 45	11:30	33:45	0	2	James Kovacs	Salford45	10:49		
5	David Gandee	Rushcli45 A	11:40	34:52	+ 1	3	Stephen Spence	Wirral 45	11:30		
6	Dean Cross	Sutton 45	12:03	35:28	+ 1	4	David Gandee	Rushcli45 A	11:40		
7	Wei Chen	SteelCi45	12:24	36:09	+ 2	5	Adrian Dix	Newark 45	11:43		
8	Richard Iliffe	Ilkestrn45	13:08	36:17	- 3	6	Mark Lay	LongEat45B	11:55		
9	David Norman	W&B 45	12:26	37:00	+ 2	7	Dean Cross	Sutton 45	12:03		
10	Graeme Baguley	Mansfld45	13:55	37:33	- 2	8	Wei Chen	SteelCi45	12:24		
11	Mark Lay	LongEat45B	11:55	38:09	+ 1	9	David Norman	W&B 45	12:26		
12	Alec Maclean	Beeston45	14:24	38:49	- 2	10	Richard Iliffe	Ilkestrn45	13:08		
13	David Johnson	Rolls 45	14:14	41:12	0						
14	Morgan Alexander	Rushcli45 B	14:09	41:42	0						
15	James Hannon	Sparkhi45	13:41	42:15	0						
16	Peter Machin	LongEat45	14:25	44:49	0						

- M45 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Martin Roscoe	LeedsC 45	10:46	41:52	0	15	David Sewell	LongEat45	14:16	59:05	+ 1
2	Shaun Chambers	Salford45	11:31	43:51	0	16	Adrian Fowler	BelperM45	14:11	1:01:42	+ 1
3	Gareth Owens	Newark 45	12:19	45:09	0	Fastest runners over stage 4:					
4	Andrew Fraser	Wirral 45	11:37	45:22	0	1	Martin Roscoe	LeedsC 45	10:46		
5	Danny Mcintyre	Rushcli45 A	11:58	46:50	0	2	Shaun Chambers	Salford45	11:31		
6	Waynemichael Lowe	Sutton 45	11:47	47:15	0	3	Andrew Fraser	Wirral 45	11:37		
7	Mark Lambert	Ilkestrn45	11:57	48:14	+ 1	4	Waynemichael Lowe	Sutton 45	11:47		
8	David Naisbitt	SteelCi45	12:20	48:29	- 1	5	Mark Lambert	Ilkestrn45	11:57		
9	Richard Wright	W&B 45	12:05	49:05	0	6	Danny Mcintyre	Rushcli45 A	11:58		
10	Andy Wetherill	Mansfld45	12:00	49:33	0	7	Andy Wetherill	Mansfld45	12:00		
11	Simon Barnes	Beeston45	12:19	51:08	+ 1	8	Richard Wright	W&B 45	12:05		
12	Marc Kinch	LongEat45B	13:45	51:54	- 1	9	Gareth Owens	Newark 45	12:19		
13	Nigel Granville	Rolls 45	14:59	56:11	0	10	Simon Barnes	Beeston45	12:19		
14	Andrew Manning	Sparkhi45	14:33	56:48	+ 1						

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 30th October 2021

- M45 Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	14	Name	Club	13:37	1:12:42 +	1
1	Greg Hull	LeedsC 45	11:52	53:44	0	15	Steve Wakefield	Rolls 45	16:49	1:13:00 -	2
2	Gary Dale	Salford45	11:56	55:47	0	16	David Horton	BelperM45	12:39	1:14:21	0
3	Craig Phillips	Wirral 45	10:58	56:20 +	1	Fastest runners over stage 5:					
4	Lewis Hopkinson	Newark 45	11:12	56:21 -	1	1	Daniel Nugent	Mansfld45		10:13	
5	Nick Burnside	Sutton 45	11:36	58:51 +	1	2	Ian Hunter	Ilkestrn45		10:56	
6	Ian Hunter	Ilkestrn45	10:56	59:10 +	1	3	Craig Phillips	Wirral 45		10:58	
7	Jonathan Maston	Rushcli45 A	12:47	59:37 -	2	4	Lewis Hopkinson	Newark 45		11:12	
8	Daniel Nugent	Mansfld45	10:13	59:46 +	2	5	Nick Burnside	Sutton 45		11:36	
9	David Smith	W&B 45	11:47	1:00:52	0	6	David Smith	W&B 45		11:47	
10	Chris Lawson	SteelCi45	12:30	1:00:59 -	2	7	Greg Hull	LeedsC 45		11:52	
11	Charlie Pearce	Beeston45	13:36	1:04:44	0	8	Gary Dale	Salford45		11:56	
12	Gary Jordan	LongEat45B	13:22	1:05:16	0	9	Chris Lawson	SteelCi45		12:30	
13	Patrick Finnegan	Sparkhi45	15:17	1:12:05 +	1	10	David Horton	BelperM45		12:39	

M45 — Team Results — Final

(nn) is team position after the appropriate stage.

1 Leeds City AC M45	53:44	12 Long Eaton Rc M45	'B'	1:05:16
1 Mick Hill (1) 10:04	2 Jonathan Walton (1) 10:26	1 Paul Lewis (11) 12:05	2 Gary King (12) 14:09	
3 Alan Buckley (1) 10:36	4 Martin Roscoe (1) 10:46	3 Mark Lay (11) 11:55	4 Marc Kinch (12) 13:45	
5 Greg Hull (1) 11:52		5 Gary Jordan (12) 13:22		
2 Salford Harriers M45	55:47	13 Sparkhill Harriers M45	1:12:05	
1 David Hudson (3) 10:47	2 Mark Collier (3) 10:44	1 Andrew Law (15) 14:06	2 Robert Mills (15) 14:28	
3 James Kovacs (2) 10:49	4 Shaun Chambers (2) 11:31	3 James Hannon (15) 13:41	4 Andrew Manning (14) 14:33	
5 Gary Dale (2) 11:56		5 Patrick Finnegan (13) 15:17		
3 Wirral Ac M45	56:20	14 Long Eaton Rc M45	1:12:42	
1 James Mackie (2) 10:26	2 Mark Sutton (4) 11:49	1 Guy Wilkes (17) 15:48	2 Matt Peel (16) 14:36	
3 Stephen Spence (4) 11:30	4 Andrew Fraser (4) 11:37	3 Peter Machin (16) 14:25	4 David Sewell (15) 14:16	
5 Craig Phillips (3) 10:58		5 Phil Abbott (14) 13:37		
4 Newark Ac M45	56:21	15 Rolls Royce Harriers M45	1:13:00	
1 Damian Davies (5) 10:56	2 Jan Bailey (2) 10:11	1 James Ward (13) 12:58	2 Ian Page (13) 14:00	
3 Adrian Dix (3) 11:43	4 Gareth Owens (3) 12:19	3 David Johnson (13) 14:14	4 Nigel Granville (13) 14:59	
5 Lewis Hopkinson (4) 11:12		5 Steve Wakefield (15) 16:49		
5 Sutton In Ashfield M45	58:51	16 Belper Harriers M45	1:14:21	
1 David Cass (4) 10:51	2 Paul Hillman (7) 12:34	1 Tim Boursnell (16) 14:19	2 Richard Hicking (17) 17:41	
3 Dean Cross (6) 12:03	4 Waynemichael Lowe (6) 11:47	3 Andrew Snodgrass (17) 15:31	4 Adrian Fowler (16) 14:11	
5 Nick Burnside (5) 11:36		5 David Horton (16) 12:39		
6 Ilkeston RCM45	59:10	Incomplete Teams:		
1 James Read (7) 11:31	2 Mark Outram (5) 11:38	Rushcliffe Ac M45	'B'	
3 Richard Iliffe (8) 13:08	4 Mark Lambert (7) 11:57	1 Andrew Wardle (14) 13:47	2 Nicholas Quilty (14) 13:46	
5 Ian Hunter (6) 10:56		3 Morgan Alexander (14) 14:09		
7 Rushcliffe Ac M45	'A'	Fastest of all legs		
1 Graham Moffatt (6) 11:25	2 Nicholas Bayley (6) 11:47	1 Mick Hill LeedsC 45 10:04 (1)		
3 David Gandee (5) 11:40	4 Danny McIntyre (5) 11:58	2 Jan Bailey Newark 45 10:11 (2)		
5 Jonathan Maston (7) 12:47		3 Daniel Nugent Mansfld45 10:13 (5)		
8 Mansfield Harriers M45	59:46	4 Jonathan Walton LeedsC 45 10:26 (2)		
1 Gary Morley (9) 11:38	2 Phillip Shaw (8) 12:00	= James Mackie Wirral 45 10:26 (1)		
3 Graeme Baguley (10) 13:55	4 Andy Wetherill (10) 12:00	6 Alan Buckley LeedsC 45 10:36 (3)		
5 Daniel Nugent (8) 10:13		7 Mark Collier Salford45 10:44 (2)		
9 Wolverhampton & Bilston 45	1:00:52	8 Martin Roscoe LeedsC 45 10:46 (4)		
1 David Davies (12) 12:52	2 Gareth Briggs (11) 11:42	9 David Hudson Salford45 10:47 (1)		
3 David Norman (9) 12:26	4 Richard Wright (9) 12:05	10 James Kovacs Salford45 10:49 (3)		
5 David Smith (9) 11:47				
10 Steel City Striders M45	1:00:59			
1 Adrian Fisher (8) 11:32	2 Tom Bassindale (9) 12:13			
3 Wei Chen (7) 12:24	4 David Naisbitt (8) 12:20			
5 Chris Lawson (10) 12:30				
11 Beeston Ac M45	1:04:44			
1 Michael Lyons (10) 11:54	2 Barrie Humphriss (10) 12:31			
3 Alec Maclean (12) 14:24	4 Simon Barnes (11) 12:19			
5 Charlie Pearce (11) 13:36				

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 30th October 2021

- M55 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Stephen Watmough	Warrtn 55	10:52	10	Richard Jones	Shrews 55	12:27
2	Chris Southam	Leiceste55	11:04	11	Paul Hendrick	Rushcli55	12:35
3	David Williams	Guildfd 55	11:19	12	Neil Cort	Ilkeston55	12:36
4	Jonathan Grainger	Soton M55	11:24	13	Richard Cliff	LongEato55	13:06
5	Ian Fraser	ECH 55	11:49	14	Wayne Cranton	HolmePie55	13:33
6	Jed Turner	Sheffld55	11:55	15	Peter Weldon	Mansfld55 A	14:17
7	Nick Luke	Sutton 55	11:57	16	Steve Beddoe	NorthDe55	14:45
8	Simon Nash	Redhill55	12:00	17	Roger Morgan	Belper 55	14:53
9	Darren Riley	Sparkhi55	12:18	18	Orys Seniuk	Salford55	16:00

- M55 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	David Norman	Warrtn 55	11:23	22:15	0	16	Jim Feeney	Belper 55	14:21	29:14	+ 1
2	Paul Whittingham	Sutton 55	11:18	23:15	+ 5	17	Ian Lilley	NorthDe55	14:33	29:18	- 1
3	Rob Sheen	Leiceste55	12:14	23:18	- 1	18	Gary Thomason	Salford55	14:46	30:46	0
4	Paul Johnson	Soton M55	12:13	23:37	0	Fastest runners over stage 2:					
5	Geoff Lowry	Sheffld55	12:05	24:00	+ 1	1	Paul Whittingham	Sutton 55	11:18		
6	David Renshaw	Guildfd 55	12:48	24:07	- 3	2	David Norman	Warrtn 55	11:23		
7	Saul Gallagher	ECH 55	12:41	24:30	- 2	3	Sean Henry	HolmePie55	12:04		
8	Kevin Francis	Shrews 55	12:27	24:54	+ 2	4	Geoff Lowry	Sheffld55	12:05		
9	Andrew Wadsworth	Sparkhi55	13:02	25:20	0	5	Paul Johnson	Soton M55	12:13		
10	Sean Henry	HolmePie55	12:04	25:37	+ 4	6	Rob Sheen	Leiceste55	12:14		
11	Steve Gelderd	Redhill55	13:46	25:46	- 3	7	Kevin Francis	Shrews 55	12:27		
12	Neil Emery	Rushcli55	13:37	26:12	- 1	8	Saul Gallagher	ECH 55	12:41		
13	Paul Robinson	Ilkeston55	14:04	26:40	- 1	9	David Renshaw	Guildfd 55	12:48		
14	Alan Maplethorpe	LongEato55	13:35	26:41	- 1	10	Andrew Wadsworth	Sparkhi55	13:02		
15	Mark Burr	Mansfld55 A	14:54	29:11	0						

- M55 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Gareth Deacon	Leiceste55	11:27	34:45	+ 2	15	Robert Booth	NorthDe55	14:13	43:31	+ 2
2	Mark Tennyson	Guildfd 55	10:49	34:56	+ 4	16	Geoff Voce	Mansfld55 A	14:55	44:06	- 1
3	Scott Augur	Soton M55	11:48	35:25	+ 1	17	Chris Jackson	Belper 55	15:40	44:54	- 1
4	David Gill	Warrtn 55	13:17	35:32	- 3	Fastest runners over stage 3:					
5	Mikko Juusola	Sheffld55	11:45	35:45	0	1	Mark Tennyson	Guildfd 55	10:49		
6	Paul Castledine	Sutton 55	12:36	35:51	- 4	2	Gareth Deacon	Leiceste55	11:27		
7	Simon Grundy	ECH 55	12:26	36:56	0	3	Mikko Juusola	Sheffld55	11:45		
8	Haydn Jones	Shrews 55	12:16	37:10	0	4	Scott Augur	Soton M55	11:48		
9	Rob Hand	HolmePie55	12:25	38:02	+ 1	5	Haydn Jones	Shrews 55	12:16		
10	David Pearson	Sparkhi55	13:17	38:37	- 1	6	Rob Hand	HolmePie55	12:25		
11	Kevin Baker	Rushcli55	12:29	38:41	+ 1	7	Simon Grundy	ECH 55	12:26		
12	Edmond Murden	LongEato55	12:44	39:25	+ 2	8	Kevin Baker	Rushcli55	12:29		
13	David Walsh	Redhill55	13:43	39:29	- 2	9	Paul Castledine	Sutton 55	12:36		
14	Alan Bower	Ilkeston55	16:22	43:02	- 1	10	Edmond Murden	LongEato55	12:44		

- M55 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Phillip Makepeace	Leiceste55	10:52	45:37	0	15	Malcolm Weir	Belper 55	13:24	58:18	+ 2
2	Terry Booth	Guildfd 55	10:49	45:45	0	16	David Hicken	NorthDe55	15:32	59:03	- 1
3	Rob Bentley	Soton M55	11:01	46:26	0	17	Ivan Colton	Mansfld55 A	15:29	59:35	- 1
4	Colin Bishop	Warrtn 55	11:21	46:53	0	Fastest runners over stage 4:					
5	Chris Ireland	Sheffld55	11:23	47:08	0	1	Terry Booth	Guildfd 55	10:49		
6	Tim Clayton	Sutton 55	11:58	47:49	0	2	Phillip Makepeace	Leiceste55	10:52		
7	Martin Hargreaves	Shrews 55	12:04	49:14	+ 1	3	Rob Bentley	Soton M55	11:01		
8	Alan Kennedy	ECH 55	13:07	50:03	- 1	4	Colin Bishop	Warrtn 55	11:21		
9	Paul Newton	Redhill55	12:45	52:14	+ 4	5	Chris Ireland	Sheffld55	11:23		
10	Andrew Dickenson	LongEato55	12:54	52:19	+ 2	6	Tim Clayton	Sutton 55	11:58		
11	Tahir Akhtar	Sparkhi55	13:58	52:35	- 1	7	Martin Hargreaves	Shrews 55	12:04		
12	David Sweet	Rushcli55	14:05	52:46	- 1	8	Paul Newton	Redhill55	12:45		
13	Mark Rose	HolmePie55	14:55	52:57	- 4	9	Andrew Dickenson	LongEato55	12:54		
14	Thomas Tillson	Ilkeston55	14:33	57:35	0	10	Alan Kennedy	ECH 55	13:07		

British Masters Cross Country Relays at Long Eaton, Derbyshire on Saturday 30th October 2021

M55 — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Leicester Coritanian M55 45:37</p> <p>1 Chris Southam (2) 11:04 2 Rob Sheen (3) 12:14 3 Gareth Deacon (1) 11:27 4 Phillip Makepeace (1) 10:52</p> <p>2 Guildford & Godalming Ac M55 45:45</p> <p>1 David Williams (3) 11:19 2 David Renshaw (6) 12:48 3 Mark Tennyson (2) 10:49 4 Terry Booth (2) 10:49</p> <p>3 Southampton AC M55 46:26</p> <p>1 Jonathan Grainger (4) 11:24 2 Paul Johnson (4) 12:13 3 Scott Augur (3) 11:48 4 Rob Bentley (3) 11:01</p> <p>4 Warrington AC M55 46:53</p> <p>1 Stephen Watmough (1) 10:52 2 David Norman (1) 11:23 3 David Gill (4) 13:17 4 Colin Bishop (4) 11:21</p> <p>5 Sheffield Rc M55 47:08</p> <p>1 Jed Turner (6) 11:55 2 Geoff Lowry (5) 12:05 3 Mikko Juusola (5) 11:45 4 Chris Ireland (5) 11:23</p> <p>6 Sutton In Ashfield M55 47:49</p> <p>1 Nick Luke (7) 11:57 2 Paul Whittingham (2) 11:18 3 Paul Castledine (6) 12:36 4 Tim Clayton (6) 11:58</p> <p>7 Shrewsbury Ac M55 49:14</p> <p>1 Richard Jones (10) 12:27 2 Kevin Francis (8) 12:27 3 Haydn Jones (8) 12:16 4 Martin Hargreaves (7) 12:04</p> <p>8 East Cheshire H & Tameside 55 50:03</p> <p>1 Ian Fraser (5) 11:49 2 Saul Gallagher (7) 12:41 3 Simon Grundy (7) 12:26 4 Alan Kennedy (8) 13:07</p> <p>9 Redhill Road Runners M55 52:14</p> <p>1 Simon Nash (8) 12:00 2 Steve Gelderd (11) 13:46 3 David Walsh (13) 13:43 4 Paul Newton (9) 12:45</p> <p>10 Long Eaton RC M55 52:19</p> <p>1 Richard Cliff (13) 13:06 2 Alan Maplethorpe (14) 13:35 3 Edmond Murden (12) 12:44 4 Andrew Dickenson (10) 12:54</p> <p>11 Sparkhill Harriers M55 52:35</p> <p>1 Darren Riley (9) 12:18 2 Andrew Wadsworth (9) 13:02 3 David Pearson (10) 13:17 4 Tahir Akhtar (11) 13:58</p>	<p>12 Rushcliffe Ac M55 52:46</p> <p>1 Paul Hendrick (11) 12:35 2 Neil Emery (12) 13:37 3 Kevin Baker (11) 12:29 4 David Sweet (12) 14:05</p> <p>13 Holme Pierrepont Rc M55 52:57</p> <p>1 Wayne Cranton (14) 13:33 2 Sean Henry (10) 12:04 3 Rob Hand (9) 12:25 4 Mark Rose (13) 14:55</p> <p>14 Ilkeston RC M55 57:35</p> <p>1 Neil Cort (12) 12:36 2 Paul Robinson (13) 14:04 3 Alan Bower (14) 16:22 4 Thomas Tillson (14) 14:33</p> <p>15 Belper Harriers M55 58:18</p> <p>1 Roger Morgan (17) 14:53 2 Jim Feeny (16) 14:21 3 Chris Jackson (17) 15:40 4 Malcolm Weir (15) 13:24</p> <p>16 North Derbyshire Rc M55 59:03</p> <p>1 Steve Beddoe (16) 14:45 2 Ian Lilley (17) 14:33 3 Robert Booth (15) 14:13 4 David Hicken (16) 15:32</p> <p>17 Mansfield Harriers M55 'A' 59:35</p> <p>1 Peter Weldon (15) 14:17 2 Mark Burr (15) 14:54 3 Geoff Voce (16) 14:55 4 Ivan Colton (17) 15:29</p> <p>Incomplete Teams:</p> <p style="padding-left: 20px;">Salford Harriers & Ac M55</p> <p>1 Orys Seniuk (18) 16:00 2 Gary Thomason (18) 14:46</p> <p>Fastest of all legs</p> <p>1 Mark Tennyson Guildfd 55 10:49 (3) = Terry Booth Guildfd 55 10:49 (4) 3 Phillip Makepeace Leiceste55 10:52 (4) = Stephen Watmough Warrtn 55 10:52 (1) 5 Rob Bentley Soton M55 11:01 (4) 6 Chris Southam Leiceste55 11:04 (1) 7 Paul Whittingham Sutton 55 11:18 (2) 8 David Williams Guildfd 55 11:19 (1) 9 Colin Bishop Warrtn 55 11:21 (4) 10 Chris Ireland Sheffld55 11:23 (4) = David Norman Warrtn 55 11:23 (2)</p>
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