



MERSEYSIDE COUNTY ATHLETIC ASSOCIATION  
26th ANNUAL CROSS COUNTRY CHAMPIONSHIPS  
4th JANUARY 2020 @ Stadt Moers Park, Whiston

Results: U11B

Posn	Bib	Runner	Club	Time
1	27	Dominic POULSTON	Wirral AC	5.59
2	3	Jack DAVIES	Liverpool Harriers & AC	6.06
3	22	Joshua HATTON	Wirral AC	6.10
4	21	Malachi HARTY	Wirral AC	6.14
5	26	Michael PHELAN	Wirral AC	6.21
6	23	Theo KAYE	Wirral AC	6.31
7	14	Bobby BIRKETT	St Helens Sutton AC	6.34
8	7	Thomas HENDERSON	Liverpool Pembroke & Sefton H AC	6.35
9	5	Charlie RIGBY	Liverpool Harriers & AC	6.39
10	12	Harvey THOMPSON	Southport Waterloo AC	6.44
11	13	Oliver ALMOND	St Helens Sutton AC	6.45
12	1	Ewan COLE	Liverpool Harriers & AC	6.47
13	9	Harry WILLIAMS	Southport Waterloo Ac	7.10
14	8	Joseph COOPER	Southport Waterloo Ac	7.11
15	19	Harry GRIFFITHS	St Helens Sutton AC	7.17
16	6	Kieran EDMUNDS	Liverpool Pembroke & Sefton H AC	7.22
17	11	William JAMES	Southport Waterloo AC	7.26
18	10	Charles FLETCHER	Southport Waterloo AC	7.26
19	18	Ben GENNER	St Helens Sutton AC	7.43
20	4	Zachary PATINO	Liverpool Harriers & AC	7.50

	Teams	Counters	Points
1	Wirral AC	[1, 3, 4]	8
2	Liverpool Harriers & AC	[2, 9, 12]	23
3	St Helens Sutton AC	[7, 11, 15]	33
4	Southport Waterloo AC	[10, 13, 14]	37



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Results: U11G

Posn	Bib	Runner	Club	Time
1	54	Molly CARVELL	WESPA Fire Athletics	6.11
2	56	Lexie ELLIS	WESPA Fire Athletics	6.19
3	52	Leila VESEY	Wirral AC	6.29
4	35	Bailey HUGHES	Liverpool Harriers & AC	6.39
5	38	Eleanor REDMOND	Liverpool Harriers & AC	6.45
6	45	Ella COWAN	Wirral AC	6.51
7	57	Scarlet GRUNDY	WESPA Fire Athletics	7.07
8	43	Erin GRIFFIN	Southport Waterloo AC	7.09
9	53	Holly WEBSTER	Wirral AC	7.13
10	60	Lucy SMOUT	Wirral AC	7.19
11	42	Felicity FLETCHER	Southport Waterloo AC	7.24
12	48	May LEESON	Wirral AC	7.27
13	46	Ellie FRASER	Wirral AC	7.32
14	49	Isla NEAL	Wirral AC	7.35
15	34	Amelia GRIFFIN	Liverpool Harriers & AC	7.59
16	59	Maisie BROADLEY	Wirral AC	8.01
17	39	Lexi WEBB	Liverpool Harriers & AC	8.03
18	55	Fern CHAPMAN	WESPA Fire Athletics	8.07
19	41	Imogen MARSHALL	Liverpool Pembroke & Sefton H AC	8.09
20	51	Jessica TALBOT	Wirral AC	8.16
21	33	Lyla FOY	Liverpool Harriers & AC	9.01
22	36	Niamh MCKEOWN	Liverpool Harriers & AC	9.02

	Teams	Counters	Points
1	WESPA Fire Athletics	[1, 2, 7]	10
2	Wirral AC	[3, 6, 9]	18
3	Liverpool Harriers & AC	[4, 5, 15]	24



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Results: U13G

Posn	Bib	Runner	Club	Time
1	132	Megumi HOSHIKO	Wirral AC	15.03
2	141	Holly CROSS	WESPA Fire Athletics	15.13
3	142	Sophie Isobel FLUDGER	WESPA Fire Athletics	15.40
4	113	Beatrix COLE	Liverpool Harriers & AC	15.50
5	125	Emily DEAN	Southport Waterloo AC	15.53
6	111	Lara BELLINGHAM	Liverpool Harriers & AC	15.54
7	138	Evie SMITH	Wirral AC	15.56
8	118	Valerie TEARE	Liverpool Harriers & AC	15.58
9	137	Emma POULSTON	Wirral AC	16.12
10	145	Sophie HASLAM	UP 1 West Cheshire Athletic Club	16.23
11	139	Sarah SMITH	Wirral AC	16.45
12	117	Rosie SWINNERTON	Liverpool Harriers & AC	16.50
13	140	Sarah THEOBALD	Wirral AC	17.09
14	143	Sofia GRUNDY	WESPA Fire Athletics	17.21
15	114	Christiana KELLY	Liverpool Harriers & AC	18.03
16	116	Kylah O'SHEA	Liverpool Harriers & AC	18.06
17	131	Delilah HARTY	Wirral AC	18.30
18	133	Tomoko HOSHIKO	Wirral AC	18.31
19	135	Amber NEAL	Wirral AC	18.31
20	124	Tiana CHAMBERS	Southport Waterloo AC	18.47
21	130	Emma HULL	WESPA Fire Athletics	19.01
22	146	Lily BIRKETT	St Helens Sutton AC	19.05
23	126	Hannah KEENAN	Southport Waterloo AC	19.44
24	127	Amelia THOMPSON	Southport Waterloo AC	19.49
25	119	Lottie THREADGOLD	Liverpool Harriers & AC	19.50
26	112	Samantha BIRCH	Liverpool Harriers & AC	20.54
27	128	Chloe-Leigh MARK	St Helens Sutton AC	21.05
28	129	Niamh WARING	St Helens Sutton AC	22.25
		<i>UP=runner from unplaced club</i>		

	Teams	Counters	Points
1	Wirral AC	[1, 7, 9, 11]	28
2	Liverpool Harriers & AC	[4, 6, 8, 12]	30
3	WESPA Fire Athletics	[2, 3, 14, 21]	40
4	Southport Waterloo AC	[5, 20, 23, 24]	72



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Results: U13B

Posn	Bib	Runner	Club	Time
1	108	Oberon KEARNEY	Wirral AC	13.55
2	80	Montgomery BARR	Southport Waterloo AC	13.56
3	104	Oscar KEWLEY	WESPA Fire Athletics	14.12
4	94	Ben CRONSHAW	Wirral AC	14.20
5	96	Louis HATTON	Wirral AC	14.25
6	69	Riley MALONE	Liverpool Harriers & AC	14.31
7	73	Max WEBSTER	Liverpool Harriers & AC	14.34
8	98	Jack TALBOT	Wirral AC	14.36
9	97	Jack HEAP	Wirral AC	14.37
10	71	Swithin SAMARADIWAKARA	Liverpool Harriers & AC	14.38
11	67	James EVANS	Liverpool Harriers & AC	14.42
12	92	Gabriel MULLEN	St Helens Sutton AC	14.45
13	72	Max TAYLOR	Liverpool Harriers & AC	14.59
14	88	Luke WARD	Southport Waterloo AC	15.01
15	103	Noel FORD	WESPA Fire Athletics	15.03
16	102	Jac CHAPMAN	WESPA Fire Athletics	15.11
17	105	Luca NOORPURI	WESPA Fire Athletics	15.13
18	66	Tom BYRNE	Liverpool Harriers & AC	15.30
19	83	Reuben DONNELLY	Southport Waterloo AC	15.35
20	99	Ben WILLIAMS	Wirral AC	15.45
21	109	Ben LEATHERBARROW	Liverpool Harriers & AC	16.02
22	87	Joseph WAKE	Southport Waterloo AC	16.10
23	101	Aaron HAWLEY HIGGINS UP 1	Knowsley Harriers	16.11
24	93	William VOSE	St Helens Sutton AC	16.25
25	65	Bobby BURNEY	Liverpool Harriers & AC	16.28
26	107	Thomas GILCHRIST	Wirral AC	16.30
27	78	Benjamin TURNER-BONE	Liverpool Pembroke & Sefton H AC	16.54
28	79	Evan WILLIAMS	Liverpool Pembroke & Sefton H AC	17.09
29	70	Joshua PATINO	Liverpool Harriers & AC	17.18
30	68	Orlando HUDSON	Liverpool Harriers & AC	17.19
31	85	Stephen MORGAN	Southport Waterloo AC	17.20
32	89	Joseph COLLEY	St Helens Sutton AC	17.38
33	95	Joseph GRIFFITHS	Wirral AC	17.56
34	91	Liam JOHNSON	St Helens Sutton AC	18.20
35	86	Sammy PICKERILL	Southport Waterloo AC	18.31
36	76	Benjie STEELE	Liverpool Pembroke & Sefton H AC	19.54
37	100	Luke CULSHAW	Kirkby Milers AC	20.50
38	84	Daniel JONES	Southport Waterloo AC	20.59
39	81	Jack BRADSHAW	Southport Waterloo AC	21.07
40	90	Charlie GRIFFITHS	St Helens Sutton AC	21.09
41	77	Charlie STEELE	Liverpool Pembroke & Sefton H AC	23.55
		<i>UP=runner from unplaced club</i>		
		Teams	Counters	Points
1		Wirral AC	[1, 4, 5, 8]	18
2		Liverpool Harriers & AC	[6, 7, 10, 11]	34
3		WESPA Fire Athletics	[3, 15, 16, 17]	51
4		Southport Waterloo AC	[2, 14, 19, 22]	57
5		St Helens Sutton AC	[12, 24, 32, 34]	102
6		Liverpool Pembroke & Sefton H AC	[27, 28, 36, 41]	132



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Results: U15G

Posn	Bib	Runner	Club	Time
1	205	Keira BRADY-JONES	Wirral AC	16.19
2	185	Harriett BAIN	Liverpool Harriers & AC	17.43
3	188	Ella MCMUTRIE	Liverpool Harriers & AC	17.58
4	190	Grace TOBIN	Liverpool Harriers & AC	18.22
5	202	Gabrielle PHELAN	Wirral AC	18.28
6	204	Zara WHITE	Wirral AC	18.35
7	199	Emma FILDES	Wirral AC	18.40
8	186	Emma GITTENS	Liverpool Harriers & AC	19.28
9	201	Ella HEAP	Wirral AC	19.38
10	196	Lucy CLITHEROE	UP 1 St Helens Sutton AC	19.55
11	203	Emma THEOBALD	Wirral AC	20.11
12	189	Megan MCMUTRIE	Liverpool Harriers & AC	20.17
13	200	Anna FRASER	Wirral AC	20.26
14	197	Taylor MASSEY	St Helens Sutton AC	20.35
15	187	Mae LAWLESS	Liverpool Harriers & AC	21.31
16	193	Eleanor JAMES	Southport Waterloo AC	21.32
17	191	Emily WILLIAMSON	Liverpool Pembroke & Sefton H AC	21.55
18	195	Hollie BRUSSELS	St Helens Sutton AC	22.27
19	192	Holly BRADSHAW	Southport Waterloo AC	26.44
		<i>UP=runner from unplaced club</i>		

	Teams	Counters	Points
1	Liverpool Harriers & AC	[2, 3, 4, 8]	17
2	Wirral AC	[1, 5, 6, 7]	19



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Results: U15B

Posn	Bib	Runner	Club	Time
1	179	William STRICKLEY	Wirral AC	14.58
2	153	Liam MCCAY	Liverpool Harriers & AC	15.03
3	172	Ethan BRADY-JONES	Wirral AC	15.25
4	160	Michael HENDERSON	Liverpool Pembroke & Sefton H AC	15.30
5	173	Jamie DUMBARTON	Wirral AC	16.00
6	180	Jack BERNHEM UP 1	UTS Running Club	16.09
7	178	Jack STRICKLEY	Wirral AC	16.14
8	164	Andrew STORCH	Liverpool Pembroke & Sefton H AC	16.18
9	162	Gideon LUCAS	Liverpool Pembroke & Sefton H AC	16.20
10	155	Benjamin ROACH	Liverpool Harriers & AC	16.30
11	152	Alex KELLY	Liverpool Harriers & AC	16.51
12	165	Michael DOBSON	St Helens Sutton AC	16.59
13	158	Iwan WILLIAMS	Liverpool Harriers & AC	17.33
14	163	James READ	Liverpool Pembroke & Sefton H AC	17.34
15	161	Conrad LUCAS	Liverpool Pembroke & Sefton H AC	17.35
16	175	Tj JONES	Wirral AC	17.43
17	154	Josh REDMOND	Liverpool Harriers & AC	17.59
18	157	Joseph YATES	Liverpool Harriers & AC	18.55
19	176	Harry KAYE	Wirral AC	18.58
20	170	Leo NILSSON	Wallasey Athletic Club	19.06
21	167	Aiden HAMPSON	Wallasey Athletic Club	19.10
22	169	Greg HILL	Wallasey Athletic Club	20.09
23	168	Louie HAZLEHURST	Wallasey Athletic Club	20.38
24	166	Thomas SUMNER	St Helens Sutton AC	22.13
25	171	Ben SHARP	Wallasey Athletic Club	22.35
		<i>UP=runner from unplaced club</i>		

	Teams	Counters	Points
1	Wirral AC	[1, 3, 5, 7]	16
2	Liverpool Pembroke & Sefton H AC	[4, 8, 9, 14]	35
3	Liverpool Harriers & AC	[2, 10, 11, 13]	36
4	Wallasey Athletic Club	[20, 21, 22, 23]	86



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Results: U17W & U20W

Posn	Bib	Runner	Club	Age	Time
1	263	Ella MCNIVEN	Liverpool Harriers & AC	U20W	18.44
2	237	Olivia LOGAN	Southport Waterloo AC	U17W	18.49
3	240	Ellen-Mary KEARNEY	Wirral AC	U17W	19.13
4	242	Lucy MILLING	Southport Waterloo AC	U17W	19.56
5	241	Rachel THEOBALD	Wirral AC	U17W	20.04
6	262	Faye IRELAND	Liverpool Harriers & AC	U20W	20.25
7	243	Isabel HODDER	Wirral AC	U17W	21.01
8	264	Jade MORGAN	Liverpool Harriers & AC	U20W	21.14
9	261	Niamh DONNELLY	Liverpool Harriers & AC	U20W	21.20
10	236	Lilly-Ann GRAYSON	Southport Waterloo AC	U17W	21.52
11	233	Faye HANNAWAY	UP 1 Liverpool Pembroke & Sefton H AC	U17W	23.10
12	234	Phoebe LUCAS	Liverpool Pembroke & Sefton H AC	U17W	23.46
13	239	Lucy HIGNETT	Wirral AC	U17W	24.04
14	232	Faye ROBINSON	Liverpool Harriers & AC	U17W	24.11
15	238	Freya WALSH	Southport Waterloo AC	U17W	24.28
		<i>UP=runner from unplaced club</i>			

	Teams	Counters	Points
1	Wirral AC	[3, 5, 7]	15
2	Liverpool Harriers & AC	[1, 6, 8]	15
3	Southport Waterloo AC	[2, 4, 10]	16



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Results: U17M

Posn	Bib	Runner	Club	Time
1	219	Charlie ROBERTS	St Helens Sutton AC	20.21
2	214	Finan JOHNSTON	Liverpool Harriers & AC	20.35
3	216	Charlie TEARE	Liverpool Harriers & AC	20.46
4	226	Louis JOHNSTON	Wirral AC	20.58
5	224	Joshua HALE	Wirral AC	21.01
6	225	Daniel HAYES	Wirral AC	21.27
7	212	Matthew BRENNAN	Liverpool Harriers & AC	21.39
8	221	Luke HAMPSHIRE	Wallasey Athletic Club	21.43
9	213	Jamie FORD	Liverpool Harriers & AC	22.11
10	228	Charlie DEAKIN UP 1	Kirkby Milers AC	22.23
11	211	Hamza ALI	Liverpool Harriers & AC	22.53
12	218	Michael BRUSSELS	St Helens Sutton AC	23.31
13	215	Harry SWEENEY	Liverpool Harriers & AC	23.58
14	220	Finlay AUSTIN	Wallasey Athletic Club	27.09
15	223	Samuel JACKSON	Wallasey Athletic Club	32.02
		<i>UP=runner from unplaced club</i>		

	Teams	Counters	Points
1	Liverpool Harriers & AC	[2, 3, 7]	12
2	Wirral AC	[4, 5, 6]	15
3	Wallasey Athletic Club	[8, 14, 15]	37





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Posn	Bib	Runner	Club	Age	Time
1	284	Kirsty LONGLEY	Liverpool Pembroke & Sefton H AC	V35	29.39
2	349	Sophie TARVER	Wirral AC		30.00
3	346	Emily KEARNEY	Wirral AC		30.26
4	277	Sarah HOWARD	Liverpool Harriers & AC		31.57
5	279	Alex O'BRIEN	Liverpool Harriers & AC	V35	32.29
6	342	Katie BAGLEY	Wirral AC	V35	32.49
7	282	Charlotte WILSON DEWHURST	Liverpool Harriers & AC		33.33
8	317	Rachael FAIRCLOUGH	St Helens Striders		33.42
9	374	Sarah KEARNEY	Wirral AC	V45	33.50
10	281	Danielle WEBB	Liverpool Harriers & AC		34.19
11	318	Kelly HAMILTON	St Helens Striders		35.03
12	325	Jade SMITH	St Helens Sutton AC		35.25
13	321	Hannah WHITTAKER	St Helens Striders		35.40
14	329	Liz MAHON	UTS Running Club	V35	35.49
15	333	Rebecca BLACKLOCK	Wallasey Athletic Club		36.08
16	371	Heather LANGHAM	UP 1 Leeds City Athletic Club		36.13
17	272	Louise JACKSON	Knowsley Harriers		36.48
18	350	Penny THORN	Wirral AC	V45	37.01
19	327	Jo IRVIN	UTS Running Club	V35	37.03
20	314	Kylie BARLOW	St Helens Striders		37.12
21	379	Sharon SAMSON	Penny Lane Striders	V35	37.14
22	373	Liz WHITFIELD	Spectrum Striders	V35	37.41
23	347	Sarah PHELAN	Wirral AC	V35	37.55
24	322	Rachel WILCOCK	St Helens Striders		38.02
25	381	Lenka VIDAMOUR	Penny Lane Striders	V35	38.07
26	316	Lisa CHEERS	St Helens Striders	V35	38.13
27	344	Margaret COOPER	Wirral AC	V45	38.19
28	340	Helen STANSFIELD	Wallasey Athletic Club	V35	38.34
29	311	Nicola SIMPSON	Southport Waterloo AC	V35	38.36
30	301	Dawn FAIRCLOUGH	Liverpool Running Club	V35	38.54
31	355	Kirsty GILLER	Kirkby Milers AC		38.54
32	324	Sonya MONAGHAN	St Helens Sutton AC	V45	39.04
33	375	Myka HEARD	Penny Lane Striders	V45	39.33
34	369	Sarah TREBLE	Kirkby Milers AC		39.57
35	312	Michelle SPENCER	Southport Waterloo AC	V35	40.28
36	276	Katie POWNELL	Knowsley Harriers		40.45
37	331	Katherine ANDREWS	Wallasey Athletic Club	V35	40.54
38	304	Karen JONES	Pensby Runners	V45	40.57
39	328	Alison MACDONALD	UTS Running Club	V45	41.27
40	335	Michelle ALTY	Wallasey Athletic Club	V45	41.43
41	273	Kelly MARRIN	Knowsley Harriers	V45	41.54
42	309	Carole JAMES	Southport Waterloo AC	V55	41.56
43	293	Ruth HEWITT	Liverpool Running Bugs	V35	41.58
44	307	Claudia PAGOULATOU	Pensby Runners	V45	41.59
45	361	Helen KELSALL	Kirkby Milers AC	V35	42.04
46	378	Charlotte RAWCLIFFE	Penny Lane Striders	V35	42.13
47	345	Uyai IKPATT	Wirral AC	V35	42.33
48	376	Supanki KAMALANATHAN	Penny Lane Striders		42.36
49	308	Kate RICHARDSON	Pensby Runners	V35	42.45
50	332	Julie BARBAT	Wallasey Athletic Club	V55	42.53
51	357	Lucy HELSBY	Kirkby Milers AC		43.01
52	334	Jane BREALEY	Wallasey Athletic Club	V35	43.11
53	278	Michelle MURPHY	Liverpool Harriers & AC	V45	43.15



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Posn	Bib	Runner	Club	Age	Time
54	368	Charlotte SMITH	Kirkby Milers AC	V35	43.19
55	341	Donna ADLARD	Wirral AC	V45	43.24
56	348	Anne ROSBOTTOM	Wirral AC	V45	43.40
57	338	Mary REES	Wallasey Athletic Club	V65+	43.44
58	382	Samantha BENTALL	Penny Lane Striders	V45	43.57
59	310	Catherine MCELHINNEY	Southport Waterloo AC	V45	43.57
60	337	Jannine MCARD	Wallasey Athletic Club	V45	44.06
61	326	Ann GRIFFITHS	UTS Running Club	V35	44.16
62	380	Becky VARNOUSE	Penny Lane Striders	V35	44.49
63	363	Bhav MISTRY	Kirkby Milers AC	V45	44.56
64	275	Anja POWNELL	Knowsley Harriers		45.08
65	285	Kirsty MACKENZIE	Liverpool Pembroke & Sefton H AC		45.37
66	287	Kasia BOYDELL	Liverpool Running Bugs	V35	46.03
67	351	Lynne DOYLE	Kirkby Milers AC	V45	46.36
68	289	Sinead CAIRNS	Liverpool Running Bugs		46.39
69	306	Carole MORRISON	Pensby Runners	V55	46.42
70	313	Gemma ADEN	St Helens Striders	V35	46.53
71	320	Kerry RILEY	St Helens Striders	V35	47.34
72	319	Joanne HERRIOTT	St Helens Striders	V35	47.49
73	292	Tracey GOBLE	Liverpool Running Bugs	V45	48.12
74	274	Karen PARRY	Knowsley Harriers	V45	48.28
75	353	Susan EVANS	Kirkby Milers AC	V45	49.01
76	305	Helen MEASURES	Pensby Runners	V35	49.26
77	367	Jayne RUSSELL	Kirkby Milers AC	V35	49.27
78	365	Carol PLATT	Kirkby Milers AC	V55	50.06
79	362	Amanda LEE	Kirkby Milers AC	V45	51.06
80	377	Anne OXBROUGH	Penny Lane Striders	V35	51.47
81	339	Sandra RILEY	Wallasey Athletic Club	V45	52.54
82	360	Karen KELLY	Kirkby Milers AC	V35	53.20
83	297	Hannah TWIGG	Liverpool Running Bugs		54.55
84	364	Rachel MURRAY	Kirkby Milers AC	V35	55.09
85	286	Claire BIRKETT	Liverpool Running Bugs	V35	55.09
86	354	Rachel FISHER	Kirkby Milers AC	V35	55.12
87	296	Zara THOMPSON	Liverpool Running Bugs		56.11
88	330	Deborah PINK	UTS Running Club	V45	56.18
89	359	Katharine IRELAND	Kirkby Milers AC	V35	56.52
90	352	Clare EVANS	Kirkby Milers AC	V35	58.58
91	356	Ann GREEN	Kirkby Milers AC	V55	63.09
92	290	Tracey CARR	Liverpool Running Bugs	V55	63.38
93	294	Paula NEED	Liverpool Running Bugs	V45	63.38
94	295	Dhopate REENA	Liverpool Running Bugs	V35	63.38
95	366	Emma ROBERTSON	Kirkby Milers AC	V35	65.03
96	271	Elaine CARDEN	Kirkby Milers AC	V55	65.03
97	358	Catherine HUGHES	Kirkby Milers AC	V55	65.03

*UP=runner from unplaced club*

	Teams	Counters	Points
1	Wirral AC	[2, 3, 6, 9]	20
2	Liverpool Harriers & AC	[4, 5, 7, 10]	26
3	St Helens Striders	[8, 11, 13, 20]	52
4	Wallasey Athletic Club	[15, 28, 37, 40]	120
5	Penny Lane Striders	[21, 25, 33, 46]	125
6	UTS Running Club	[14, 19, 39, 61]	133



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4th JANUARY 2020 @ Stadt Moers Park, Whiston

Results: SW

Posn	Bib	Runner	Club	Age	Time
7		Knowsley Harriers	[17, 36, 41, 64]		158
8		Kirkby Milers AC	[31, 34, 45, 51]		161
9		Southport Waterloo AC	[29, 35, 42, 59]		165
10		Pensby Runners	[38, 44, 49, 69]		200
11		Liverpool Running Bugs	[43, 66, 68, 73]		250



MERSEYSIDE COUNTY ATHLETIC ASSOCIATION  
26th ANNUAL CROSS COUNTRY CHAMPIONSHIPS  
4th JANUARY 2020 @ Stadt Moers Park, Whiston

Results: U20M

Posn	Bib	Runner	Club	Time
1	252	Joseph NIVEN	Liverpool Pembroke & Sefton H AC	35.18
2	257	Mathew DWERRYHOUSE	Liverpool Harriers & AC	36.03
3	258	Fernando IZQUIERDO-BERNARD	Wirral AC	37.28
4	255	Arran KEARNEY	Wirral AC	38.13
5	253	Alex NORTON UP 1	Wallasey Athletic Club	39.03
6	254	Martin HURST	Wirral AC	42.34
		<i>UP=runner from unplaced club</i>		

	Teams	Counters	Points
1	Wirral AC	[3, 4, 6]	13



MERSEYSIDE COUNTY ATHLETIC ASSOCIATION  
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Results: SM

Posn	Bib	Runner	Club	Age	Time
1	571	Philip ROBERTSON	Sale Harriers Manchester		42.15
2	401	Richard BURNEY	Liverpool Harriers & AC	V35	43.11
3	478	James TARTT	Southport Waterloo AC	V35	43.41
4	463	Ben JOHNSON	Southport Waterloo AC		44.07
5	500	Jon-jo DOHERTY	St Helens Sutton AC		44.17
6	410	Lee SIEMASZKO	Liverpool Harriers & AC	V35	44.20
7	407	Thomas ROGERSON	Liverpool Harriers & AC		44.59
8	416	Chris MAHER	Liverpool Pembroke & Sefton H AC		45.01
9	402	Greg COOKE	Liverpool Harriers & AC		45.45
10	409	Andy SALMON	Liverpool Harriers & AC		46.27
11	419	Kevin USHER	Liverpool Pembroke & Sefton H AC	V45	46.33
12	466	Andrew KERSHAW	Southport Waterloo AC		46.42
13	408	Alistair RUTHERFORD	Liverpool Harriers & AC		47.12
14	487	Peter FAIRCLOUGH	St Helens Striders		47.14
15	534	John HEAP	Wirral AC	V45	47.49
16	460	David HAMILTON	Southport Waterloo AC	V45	47.55
17	396	Robert OWENS	Knowsley Harriers	V35	48.13
18	537	James MACKIE	Wirral AC	V45	48.15
19	530	Robert DELLER	Wirral AC		48.33
20	495	Steven ANDERS	St Helens Sutton AC	V35	48.38
21	435	Lawrence ECCLES	Penny Lane Striders	V35	48.55
22	508	Matt GOODWIN	UTS Running Club	V35	49.00
23	525	Jay WALKER	Wallasey Athletic Club	V35	49.07
24	404	Laurie LUSCOMBE	Liverpool Harriers & AC		49.13
25	403	Matthew HUGHES	Liverpool Harriers & AC		49.25
26	488	Kane GREEN	St Helens Striders	V35	49.31
27	560	Michael POWELL	Kirkby Milers AC		49.53
28	441	Paul GRAY	Penny Lane Striders	V45	49.56
29	406	Colin POTTS	Liverpool Harriers & AC	V45	50.05
30	539	Stephen SPENCE	Wirral AC	V45	50.10
31	524	Rob PEARSE	Wallasey Athletic Club	V45	50.29
32	451	John HUNT	Pensby Runners	V45	50.35
33	415	Thomas HARKIN	Liverpool Pembroke & Sefton H AC	V45	50.42
34	557	Steven MCKENZIE	Kirkby Milers AC	V35	50.51
35	405	Lee MIDGHALL	Liverpool Harriers & AC	V45	51.09
36	529	Richard DAVIES	Wirral AC	V35	51.12
37	540	Michael WILKINSON	Wirral AC		51.16
38	519	Steve BREALEY	Wallasey Athletic Club	V35	51.18
39	576	Ian MAGILL	Liverpool Running Club	V45	51.24
40	503	Andrew WILSON	St Helens Sutton AC	V45	51.33
41	566	James WILLIAMS	Kirkby Milers AC	V35	51.42
42	548	James ELLIS	Kirkby Milers AC	V35	52.00
43	496	Chris BIRKETT	St Helens Sutton AC	V35	52.00
44	482	Steven WILKINSON	Southport Waterloo AC	V45	52.44
45	473	Gareth SIMPSON	Southport Waterloo AC	V35	52.52
46	536	Mark HULMSTON	Wirral AC	V45	52.56
47	475	John SPRACKLAND	Southport Waterloo AC	V55	53.06
48	443	Lee Warburton	Penny Lane Striders	V45	53.18
49	493	Mark RILEY	St Helens Striders		53.33
50	555	Andrew MCGLONE	Kirkby Milers AC	V35	53.39
51	581	Gary WILTON	Kirkby Milers AC	V35	54.03
52	483	Kieran ALLEN	St Helens Striders	V35	54.08
53	545	Liam BROWN	Kirkby Milers AC		54.16



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Results: SM

Posn	Bib	Runner	Club	Age	Time
54	551	Kevin HARRISON	Kirkby Milers AC	V35	54.29
55	511	John HARRIS	UTS Running Club		54.35
56	427	Ian HEWITT	Liverpool Running Bugs	V35	54.45
57	391	Tadie ABEKI	Knowsley Harriers	V35	54.46
58	547	Mark DUNN	Kirkby Milers AC	V35	54.47
59	411	Greg CALLAGHAN	Liverpool Pembroke & Sefton H AC	V55	54.53
60	521	Phil DABNER	Wallasey Athletic Club	V45	55.08
61	510	Robert HARDY	UTS Running Club	V45	55.16
62	453	Ralph PAWLING	Pensby Runners		55.27
63	533	Dave GAIN	Wirral AC		55.28
64	437	Nigel GRANT	Penny Lane Striders	V55	55.35
65	520	Phil CUTHBERT	Wallasey Athletic Club	V45	55.50
66	452	Gary PARKER	Pensby Runners		56.06
67	504	Richard BURROWS	UTS Running Club		56.09
68	502	Ian ROBERTS	St Helens Sutton AC	V45	56.33
69	446	Patrick CORRIGAN	Pensby Runners	V55	56.42
70	464	Robert JOHNSON	Southport Waterloo AC	V55	56.48
71	550	Adam FITZSIMMONS	Kirkby Milers AC		56.49
72	492	James OWENS	St Helens Striders		56.49
73	477	Richard TALBOT	Southport Waterloo AC	V45	57.02
74	457	Neil ADSHEAD	Southport Waterloo AC	V55	57.26
75	578	Dean WILSON	Liverpool Running Club	V35	57.39
76	491	Philip LAWRENSON	St Helens Striders	V45	57.41
77	430	Christopher LEE	Liverpool Running Bugs	V45	57.46
78	455	Ian SHORROCK	Pensby Runners	V35	57.48
79	531	Anthony DEVOY	Wirral AC	V55	58.00
80	470	Sam MORAN	Southport Waterloo AC		58.20
81	497	Matt BLAKE	St Helens Sutton AC		58.28
82	549	Gary FISHER	Kirkby Milers AC	V35	58.37
83	564	Lee WALMSLEY	Kirkby Milers AC	V45	58.40
84	518	Chris BOWERS	Wallasey Athletic Club	V35	58.47
85	392	Graham DEANE	Knowsley Harriers	V35	58.57
86	580	Matthew WHALLEY	Kirkby Milers AC		59.04
87	490	Andrew LAWRENSON	St Helens Striders		59.09
88	544	Andrew BOULGER	Kirkby Milers AC	V45	59.24
89	449	David GREEN	Pensby Runners	V35	59.56
90	417	Chris PEDDER	Liverpool Pembroke & Sefton H AC	V55	60.30
91	526	Simon WARD	Wallasey Athletic Club	V45	60.34
92	559	Nick MORTON	Kirkby Milers AC		60.38
93	413	Daniel GILBODY	Liverpool Pembroke & Sefton H AC		60.42
94	456	John SUCKLEY	Pensby Runners	V55	60.47
95	517	John BASSETT	Wallasey Athletic Club	V45	61.24
96	574	Robert BURKE	Liverpool Running Club	V45	61.52
97	432	Ashley STILLWELL	Liverpool Running Bugs		61.59
98	506	Jonathan FISHER	UTS Running Club	V35	62.06
99	573	Paul BROWN	Liverpool Running Club	V35	62.13
100	553	John LEE	Kirkby Milers AC	V45	62.15
101	412	Andrew CONWAY	Liverpool Pembroke & Sefton H AC	V45	62.16
102	509	Roger GRAHAM	UTS Running Club	V45	62.40
103	421	Abir ALI	Liverpool Running Bugs	V45	62.48
104	394	John MCCAFFREY	Knowsley Harriers	V35	62.49
105	523	Steve NORTON	Wallasey Athletic Club	V55	63.15
106	485	Anthony DAGNALL	St Helens Striders	V55	63.21



MERSEYSIDE COUNTY ATHLETIC ASSOCIATION  
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Results: SM

Posn	Bib	Runner	Club	Age	Time
107	436	Nigel FOO	Penny Lane Striders	V45	63.25
108	445	Robert CHALMERS	Pensby Runners	V35	63.35
109	498	Greg CARNS	St Helens Sutton AC	V45	63.37
110	471	Martin SMYTH	Southport Waterloo AC	V45	63.48
111	438	Terry LYNCH	Penny Lane Striders	V45	64.18
112	462	Clive JAMES	Southport Waterloo AC	V55	64.33
113	398	Chris WILLS	Knowsley Harriers	V35	64.37
114	546	John DIGGLE	Kirkby Milers AC	V35	65.36
115	395	William MERRITT	Knowsley Harriers	V55	65.47
116	467	Graham LIU	Southport Waterloo AC	V55	66.35
117	522	Aaren HAMPSON	Wallasey Athletic Club	V35	66.44
118	556	Michael MCINTYRE	Kirkby Milers AC	V35	67.42
119	440	Joe MCGLYNN	Penny Lane Striders	V55	68.01
120	424	Andy DUFF	Liverpool Running Bugs	V45	68.12
121	505	Andrew COTGRAVE	UTS Running Club	V35	68.24
122	542	Chris ALEXANDER	Kirkby Milers AC		69.16
123	448	Andie GOW	Pensby Runners	V65+	69.36
124	454	Richard SHAYLE	Pensby Runners	V45	69.59
125	543	David BARROW	Kirkby Milers AC	V55	70.09
126	425	Andrew GLEN	Liverpool Running Bugs	V55	70.35
127	431	Chris OWEN	Liverpool Running Bugs		71.37
128	459	Mark GILLAN	Southport Waterloo AC		72.42
129	433	Craig TESSYMAN	Liverpool Running Bugs	V35	73.58
130	423	Kieron CARR	Liverpool Running Bugs	V45	73.59
131	393	Daniel ISSAWI	Knowsley Harriers		75.16
132	579	Nicholas MCCOLE	Kirkby Milers AC	V45	75.29
133	450	Nigel HOWARD	Pensby Runners	V55	77.02
134	426	Tony HART	Liverpool Running Bugs	V45	77.31
135	461	Billy HARGREAVES	Southport Waterloo AC	V65+	81.21

	Teams	Counters	Points
1	Liverpool Harriers & AC	[2, 6, 7, 9, 10, 13]	47
2	Southport Waterloo AC	[3, 4, 12, 16, 44, 45]	124
3	Wirral AC	[15, 18, 19, 30, 36, 37]	155
4	Kirkby Milers AC	[27, 34, 41, 42, 50, 51]	245
5	St Helens Sutton AC	[5, 20, 40, 43, 68, 81]	257
6	St Helens Striders	[14, 26, 49, 52, 72, 76]	289
7	Liverpool Pembroke & Sefton H AC	[8, 11, 33, 59, 90, 93]	294
8	Wallasey Athletic Club	[23, 31, 38, 60, 65, 84]	301
9	Penny Lane Striders	[21, 28, 48, 64, 107, 111]	379
10	Pensby Runners	[32, 62, 66, 69, 78, 89]	396
11	UTS Running Club	[22, 55, 61, 67, 98, 102]	405
12	Knowsley Harriers	[17, 57, 85, 104, 113, 115]	491
13	Liverpool Running Bugs	[56, 77, 97, 103, 120, 126]	579