

Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	229	ANDREW MCQUE	M	MV40	U/A	2:01:10	2:01:06		1	1	
2	2	72	MARK COLLIER	M	MV45	SALFORD HARRIERS	2:08:03	2:08:03		2	1	1
3	3	374	ROBERT WEST	M	MSEN	U/A	2:10:00	2:09:59		3	1	
4	4	102	MATT DRIVER	M	MSEN	HOLCOMBE HARRIERS	2:11:15	2:11:14		4	2	1
5	5	49	RICHARD BROWN	M	MV50	SALE HARRIERS	2:12:40	2:12:38		5	1	1
6	6	223	STEPHEN MCCARRON	M	MV45	SALE HARRIERS	2:13:49	2:13:48		6	2	2
7	7	183	RICHARD JOHNSON	M	MV50	ALTRINCHAM & DISTRICT AC	2:13:54	2:13:53		7	2	1
8	7	88	MATT DARNLEY	M	MV40	BRAMHALL RUNNERS	2:13:56	2:13:53		8	2	1
9	9	348	MICHAEL TAYLOR	M	MSEN	CHORLTON RUNNERS	2:14:48	2:14:47		9	3	1
10	10	46	GAVIN BRITTAIN	M	MSEN	STOCKPORT HARRIERS & AC	2:15:27	2:15:25		10	4	1
11	11	174	DANIEL HUGHES	M	MSEN	RED ROSE ROAD RUNNERS	2:17:53	2:17:50		11	5	1
12	12	322	PAUL SHARP	M	MSEN	MACCLESFIELD HARRIERS & AC	2:18:16	2:18:13		12	6	1
13	13	257	IAN NUTTALL	M	MV50	PRESTWICH AC	2:20:23	2:20:11		13	3	1
14	14	167	MARK HOLTON	M	MV40	WESHAM ROAD RUNNERS & AC	2:21:42	2:21:39		14	3	1
15	15	63	ROB CAWLEY	M	MV55	STOCKPORT HARRIERS & AC	2:23:59	2:23:58		15	1	2
16	16	43	MATTHEW BRENNAN	M	MSEN	PRESTWICH AC	2:25:56	2:25:55		16	7	2
17	17	179	MICHAEL HUTCHINS	M	MV40	SANDBACH STRIDERS	2:27:35	2:27:34		17	4	1
18	18	375	RICK WHITE	M	MV45	U/A	2:29:08	2:28:48		18	3	
19	19	237	HARRY MICHALAS	M	MSEN	U/A	2:29:17	2:29:13		19	8	
20	20	315	NESTOR SALAZAR	M	MSEN	WIRRAL AC	2:29:28	2:29:23		20	9	1
21	21	32	BRIAN BIRKMYRE	M	MSEN	CHORLTON RUNNERS	2:30:29	2:30:24		21	10	2
22	22	354	STUART THOMPSON	M	MV40	U/A	2:30:37	2:30:27		22	5	
23	24	64	GARETH CHADWICK	M	MV45	U/A	2:31:29	2:31:23		23	4	
24	26	376	TOM WHITE	M	MV40	RAMSBOTTOM RUNNING CLUB	2:31:34	2:31:31		24	6	1
25	25	157	RICK D HILL	M	MSEN	U/A	2:31:37	2:31:25		25	11	
26	23	78	KATIE-NIAMH CRAWFORD	F	FSEN	SHENLEY STRIDERS	2:31:38	2:31:11	1		1	1
27	27	321	DOMINIC SEXTON	M	MV55	U/A	2:31:58	2:31:53		26	2	
28	28	59	CAROLYN CAPSEY	F	FSEN	SWINTON RUNNING CLUB	2:33:38	2:33:17	2		2	1
29	30	202	MICHAEL LADYMAN	M	MSEN	CHORLTON RUNNERS	2:34:16	2:34:12		27	12	3
30	29	87	IAN DALE	M	MV55	ROYTON ROAD RUNNERS	2:34:45	2:34:04		28	3	1
31	31	84	JOE CURRAN	M	MV55	ACCRINGTON ROAD RUNNERS	2:35:19	2:35:04		29	4	1
32	32	4	CRAIG ANSELL	M	MV45	SWINTON RUNNING CLUB	2:35:54	2:35:23		30	5	1
33	33	347	PAUL TARGETT	M	MV55	HOLCOMBE HARRIERS	2:36:21	2:36:16		31	5	2
34	34	90	JEREMY DAVIES	M	MV45	MACCLESFIELD HARRIERS & AC	2:36:36	2:36:27		32	6	2
35	36	256	SIMON NIXON	M	MV50	U/A	2:36:42	2:36:36		33	4	
36	37	173	LEE HUBERT	M	MSEN	LONELY GOAT RUNNING CLUB	2:36:57	2:36:49		34	13	1
37	38	19	ANDREW BARON	M	MSEN	GLOSSOPDALE HARRIERS	2:36:57	2:36:51		35	14	1
38	39	197	KATIE KAY	F	FSEN	HYDE VILLAGE STRIDERS	2:37:04	2:36:55	3		3	1
39	35	255	DAVID NIGHTINGALE	M	MV45	SWINTON RUNNING CLUB	2:37:09	2:36:35		36	7	2
40	41	359	RUTH TOWNEND	F	FSEN	U/A	2:39:34	2:39:17	4		4	
41	42	110	CHLOE ELLIOTT	F	FSEN	ALTRINCHAM & DISTRICT AC	2:39:34	2:39:33	5		5	1
42	40	89	ANI DAS	M	MV40	SWINTON RUNNING CLUB	2:39:42	2:38:41		37	7	3
43	43	338	IAN STAINTHORPE	M	MV55	ROCHDALE HARRIERS & AC	2:40:03	2:39:45		38	6	1
44	44	207	NICOLA V LLOYD	F	FV40	STOCKPORT HARRIERS & AC	2:40:25	2:40:21	6		1	1
45	45	182	BEV JACKSON	F	FV55	ALTRINCHAM & DISTRICT AC	2:40:27	2:40:25	7		1	2
46	46	265	PETE OPENSHAW	M	MV55	KNUTSFORD TRI CLUB	2:40:39	2:40:26		39	7	1
47	48	356	RACHEL TOMALIN	F	FV40	U/A	2:41:04	2:40:46	8		2	
48	47	8	JO ASKEY	F	FV45	SANDBACH STRIDERS	2:41:12	2:40:41	9		1	1
49	49	153	JOSHUA HENSHAW	M	MSEN	STOCKPORT TRI CLUB	2:41:47	2:41:40		40	15	1

50	51	282	NATHAN POULTON	M	MV40	HYDE VILLAGE STRIDERS	2:42:05	2:41:55	41	8	1
51	50	53	MICHAEL BURKE	M	MV45	SWINTON RUNNING CLUB	2:42:21	2:41:49	42	8	4
52	52	195	GARY JOYCE	M	MV40	U/A	2:42:25	2:42:18	43	9	
53	55	273	PAUL PLUMMER	M	MV45	STOCKPORT TRI CLUB	2:42:56	2:42:52	44	9	2
54	53	47	ROSE BROAD	F	FV40	U/A	2:43:11	2:42:32	10	3	
55	54	21	ANDREANA BATEMAN	F	FV40	U/A	2:43:21	2:42:51	11	4	
56	56	60	JOSEPH CARNE	M	MSEN	MANCHESTER FRONTRUNNERS	2:44:19	2:44:01	45	16	1
57	57	140	REBECCA GRAY	F	FSEN	HYDE PARK HARRIERS	2:44:28	2:44:19	12	6	1
58	58	371	ALICE M WELCH	F	FV40	ALTRINCHAM & DISTRICT AC	2:44:48	2:44:36	13	5	3
59	59	203	PAUL LANCASHIRE	M	MSEN	WESHAM ROAD RUNNERS & AC	2:44:52	2:44:47	46	17	2
60	60	251	DAVID MYERS	M	MV45	MARPLE RUNNERS	2:45:06	2:44:50	47	10	1
61	61	345	RYAN TAIT	M	MSEN	ROUNDHAY RUNNERS	2:45:07	2:44:54	48	18	1
62	62	94	DUNCAN DICKINSON	M	MV55	ALTRINCHAM & DISTRICT AC	2:45:24	2:45:11	49	8	2
63	65	118	JOHN FELTON	M	MV50	OLDHAM & ROYTON HARRIERS AC	2:46:10	2:46:06	50	5	1
64	64	352	PAUL THOMASON	M	MV45	U/A	2:46:15	2:46:04	51	11	
65	63	240	PAUL MINTON	M	MSEN	BELLE VUE RACERS	2:46:38	2:45:32	52	19	1
66	66	380	JOHN E WILLIAMS	M	MV40	U/A	2:47:00	2:46:49	53	10	
67	67	172	MARK HOWARTH	M	MV45	RUN SANDYMOOR	2:47:14	2:46:51	54	12	1
68	69	298	ANDY RENSHAW	M	MV40	U/A	2:47:36	2:47:25	55	11	
69	69	35	MARIUS BLAZAUSKAS	M	MSEN	U/A	2:47:46	2:47:25	56	20	
70	68	122	MICHAEL FISHER	M	MSEN	U/A	2:47:48	2:46:59	57	21	
71	71	259	HERMIONE OAKLEY	F	FSEN	SWINTON RUNNING CLUB	2:48:03	2:47:40	14	7	2
72	72	131	DAVE GASKELL	M	MV45	U/A	2:48:12	2:47:58	58	13	
73	73	101	KATE DOYLE	F	FV40	U/A	2:48:15	2:47:59	15	6	
74	74	129	PAUL GALLAGHER	M	MV55	ACCRINGTON ROAD RUNNERS	2:48:16	2:48:13	59	9	2
75	75	330	NICOLA SIMPSON	F	FSEN	SOUTHPORT & WATERLOO AC	2:48:18	2:48:15	16	8	1
76	76	324	EMMA SHARPLES	F	FSEN	U/A	2:49:13	2:48:33	17	9	
77	77	367	ROB WALLACE	M	MSEN	WESHAM ROAD RUNNERS & AC	2:49:40	2:49:36	60	22	3
78	78	51	SAN BUCKLEY	F	FV45	THE FELL DEVILS	2:50:29	2:50:10	18	2	1
79	80	258	HAYLEY NUTTALL	F	FV45	PRESTWICH AC	2:51:02	2:50:50	19	3	1
80	79	132	JOE GAVIN	M	MV40	GLOSSOPDALE HARRIERS	2:51:13	2:50:30	61	12	2
81	81	312	FELICITY ROTHWELL	F	FSEN	U/A	2:51:37	2:51:25	20	10	
82	83	313	IAN SADLER	M	MV60	PENNY LANE STRIDERS	2:52:14	2:52:06	62	1	1
83	82	116	GAZ EVANS	M	MSEN	SWINTON RUNNING CLUB	2:52:28	2:51:56	63	23	5
84	85	205	FRAN LEWIS	F	FV40	STOCKPORT TRI CLUB	2:53:00	2:52:44	21	7	1
85	84	34	ANDY BLACKBURN	M	MV45	U/A	2:53:12	2:52:17	64	14	
86	87	241	LIAM J MODEN	M	MV50	ACCRINGTON ROAD RUNNERS	2:53:33	2:53:19	65	6	3
87	86	58	BEN CAPSEY	M	MV40	U/A	2:53:34	2:53:13	66	13	
88	88	199	BENJAMIN KENNY	M	MSEN	U/A	2:54:24	2:54:15	67	24	
89	90	81	LISA CROSBY	F	FV45	PENNY LANE STRIDERS	2:54:46	2:54:40	22	4	1
90	91	104	MIKE DUNCOMBE	M	MV60	ALTRINCHAM & DISTRICT AC	2:54:56	2:54:41	68	2	3
91	92	213	DAVID LORD	M	MV55	TRAWDEN AC	2:55:07	2:55:02	69	10	1
92	88	99	MIKE DONIGAN	M	MV40	SWINTON RUNNING CLUB	2:55:15	2:54:15	70	14	6
93	92	29	SADIE BESLEY	F	FV45	U/A	2:55:33	2:55:02	23	5	
94	94	139	ROBERT GRAHAM	M	MSEN	U/A	2:56:12	2:55:38	71	25	
95	95	170	CRAIG HORSFALL	M	MV45	U/A	2:56:31	2:55:50	72	15	
96	97	378	LEE WILKINSON	M	MV40	SOUTH CHESHIRE HARRIERS	2:56:31	2:55:59	73	15	1
97	96	125	ADAM FRASER	M	MV45	U/A	2:56:39	2:55:58	74	16	
98	98	188	LEE JONES	M	MV45	BRAMHALL RUNNERS	2:56:48	2:56:24	75	17	2
99	99	361	GARETH TRIMBLE	M	MV45	WILMSLOW RUNNING CLUB	2:56:55	2:56:34	76	18	1

100	100	66	BENJAMIN CLARK	M	MSEN	U/A	2:57:13	2:56:50	77	26	
101	101	309	JULIE ROBERTSON	F	FV45	U/A	2:57:22	2:57:12	24	6	
102	102	334	JULIE SMITH	F	FV50	THE FELL DEVILS	2:58:02	2:57:44	25	1	2
103	103	299	JULIA REYNOLDS	F	FV45	SALE HARRIERS	2:58:23	2:58:15	26	7	1
104	104	253	LOUISE NASH	F	FV50	SALTAIRE STRIDERS	2:58:26	2:58:18	27	2	1
105	105	310	DANY ROBSON	F	FV45	U/A	2:58:48	2:58:43	28	8	
106	106	323	GORDON SHARP	M	MV65	THE FELL DEVILS	2:59:24	2:59:06	78	1	1
107	107	337	RYAN SPROAT	M	MSEN	HYDE VILLAGE STRIDERS	2:59:48	2:59:10	79	27	2
108	108	365	PAUL VARLEY	M	MSEN	U/A	3:00:00	2:59:51	80	28	
109	108	130	RACH GARNER	F	FV45	PRESTWICH AC	3:00:03	2:59:51	29	9	2
110	111	50	NICOLA BRUNDRETT	F	FV40	STOCKPORT TRI CLUB	3:00:36	2:59:57	30	8	2
111	110	6	SCOTT ARMSTRONG	M	MV45	STOCKPORT TRI CLUB	3:00:37	2:59:56	81	19	3
112	112	198	ABIGAIL KEEBLE	F	FSEN	U/A	3:00:39	3:00:28	31	11	
113	113	366	RICHARD WALKER	M	MV45	U/A	3:01:29	3:01:02	82	20	
114	113	228	VINCENT MCLAUGHLIN	M	MSEN	U/A	3:01:29	3:01:02	83	29	
115	115	40	OLIVER BOWDEN	M	MSEN	HOWFEN RUNNERS	3:01:48	3:01:12	84	30	1
116	117	95	STEPHEN DIPPNALL	M	MSEN	U/A	3:01:58	3:01:30	85	31	
117	116	329	JENNIFER SIMPKIN	F	FSEN	U/A	3:02:12	3:01:26	32	12	
118	120	357	ROBERT TOMLIN	M	MV55	PRESTWICH AC	3:02:24	3:02:14	86	11	3
119	121	67	MICHAEL CLARK	M	MSEN	U/A	3:02:51	3:02:33	87	32	
120	118	176	KEZIAH HUNT-EARLE	F	FSEN	U/A	3:03:14	3:02:11	33	13	
121	119	175	DANIEL HUNT-EARLE	M	MSEN	U/A	3:03:14	3:02:12	88	33	
122	124	281	ADAM POTTS	M	MV45	BRAMHALL RUNNERS	3:03:18	3:03:05	89	21	3
123	123	373	BRITTA WERNER	F	FV40	VEGAN RUNNERS UK	3:03:22	3:02:57	34	9	1
124	125	134	MARK GODDEN	M	MV60	MACCLESFIELD HARRIERS & AC	3:03:33	3:03:14	90	3	3
125	122	79	HELEN CROFT	F	FV40	BRAMHALL RUNNERS	3:03:42	3:02:43	35	10	1
126	126	290	SARAH-LOUISE PROUDMORE	F	FV50	CONGLETON HARRIERS	3:03:48	3:03:35	36	3	1
127	127	109	KIRSTY EGAN	F	FSEN	U/A	3:04:13	3:04:06	37	14	
128	129	238	GRAEME MILES	M	MSEN	HYDE PARK HARRIERS	3:04:33	3:04:25	91	34	1
129	128	61	JOHN CARROLL	M	MSEN	U/A	3:05:33	3:04:12	92	35	
130	130	388	MARIA E WYLENZEK	F	FSEN	SWINTON RUNNING CLUB	3:07:27	3:06:30	38	15	3
131	131	277	CARLY POLLARD	F	FSEN	U/A	3:07:28	3:07:07	39	16	
132	133	114	JASMINE EMSLIE	F	FV40	PRESTWICH AC	3:07:43	3:07:28	40	11	3
133	135	12	DALE BAKER	M	MSEN	U/A	3:07:59	3:07:32	93	36	
134	134	250	ADAM MURRAY	M	MSEN	U/A	3:08:05	3:07:31	94	37	
135	132	42	NIGEL BRADY	M	MV50	U/A	3:08:10	3:07:22	95	7	
136	137	306	CRAIG RIMMER	M	MSEN	U/A	3:08:57	3:08:32	96	38	
137	136	377	DAVID WHITTAKER	M	MV45	CONGLETON HARRIERS	3:09:07	3:08:15	97	22	1
138	139	293	IRFAN QURESHI	M	MV50	BURY AC	3:09:28	3:09:17	98	8	1
139	138	383	MICHAEL WINSTANLEY	M	MV70	ROCHDALE HARRIERS & AC	3:09:34	3:09:06	99	1	2
140	140	339	MARK STANBRIDGE	M	MV50	MACCLESFIELD HARRIERS & AC	3:09:48	3:09:29	100	9	4
141	141	243	PHIL MOORHOUSE	M	MSEN	VEGAN RUNNERS UK	3:09:49	3:09:49	101	39	1
142	142	163	KATE HOLDEN	F	FV45	ROCHDALE TRI CLUB	3:10:14	3:10:06	41	10	1
143	143	166	ANTOINETTE HOLTON	F	FSEN	WESHAM ROAD RUNNERS & AC	3:10:23	3:10:12	42	17	1
144	145	272	ALEKSANDRA PIEKARSKA	F	FSEN	MANCHESTER FRONTRUNNERS	3:10:52	3:10:49	43	18	1
145	147	113	EMMA ELMERHEBI	F	FV45	MANCHESTER YMCA HARRIERS	3:11:15	3:11:12	44	11	1
146	144	148	SIMON HARROP	M	MV55	U/A	3:11:17	3:10:38	102	12	
147	148	261	MICHAEL OCONNELL	M	MV45	ST.THERESAS AC	3:11:49	3:11:27	103	23	1
148	146	30	RACHEL BILLINGTON	F	FV40	SWINTON RUNNING CLUB	3:11:57	3:11:00	45	12	4
149	149	149	HAZEL HATFIELD	F	FSEN	LOSTOCK AC	3:12:47	3:11:59	46	19	1

150	150	248	TRISH MURDIN	F	FSEN	ROYTON ROAD RUNNERS	3:12:52	3:12:15	47	20	1
151	152	264	VANESSA OLDHAM	F	FV45	ACCRINGTON ROAD RUNNERS	3:12:54	3:12:40	48	12	1
152	151	307	ADAM J ROBERTS	M	MV50	U/A	3:12:58	3:12:23	104	10	
153	156	246	CAROLINE MULLINEAUX	F	FV40	RADCLIFFE	3:13:36	3:13:29	49	13	1
154	154	136	KAREN GOLDSWAIN	F	FV55	ROSSENDALE HARRIERS & AC	3:13:46	3:13:15	50	2	1
155	155	156	GAIL HILL	F	FV45	MACCLESFIELD HARRIERS & AC	3:13:48	3:13:20	51	13	1
156	157	138	HELEN GOWIN	F	FV50	MACCLESFIELD HARRIERS & AC	3:13:50	3:13:34	52	4	2
157	153	210	MARTIN LOMAS	M	MV50	ASTLEY & TYLDESLEY ROAD RUNNERS	3:14:05	3:13:09	105	11	1
158	161	121	JOHN FISHER	M	MSEN	PRESTWICH AC	3:14:55	3:14:42	106	40	4
159	160	305	HELEN RIGBY	F	FV55	U/A	3:15:02	3:14:31	53	3	
160	162	296	MARK RATCLIFFE	M	MV55	WINSTON RUNNERS	3:15:09	3:14:48	107	13	1
161	158	165	SHAUN HOLME	M	MV50	BLACKLEY W2R	3:15:11	3:14:20	108	12	1
162	163	196	LAURA JUMP	F	FSEN	U/A	3:15:17	3:15:01	54	21	
163	158	74	EDDIE CORCORAN	M	MV45	BLACKLEY W2R	3:15:28	3:14:20	109	24	2
164	164	92	RISONETE DAY	F	FV40	U/A	3:15:45	3:15:10	55	14	
165	165	171	HANNAH HOWARD	F	FSEN	SWINTON RUNNING CLUB	3:16:08	3:15:11	56	22	5
166	166	285	KATHRYN PRAYLE	F	FV45	U/A	3:16:20	3:15:19	57	14	
167	167	20	IAN BARTON	M	MV60	TRAWDEN AC	3:16:27	3:15:37	110	4	2
168	169	384	STEVEN WOODBRIDGE	M	MSEN	U/A	3:16:42	3:16:14	111	41	
169	172	111	LUCY ELLIS	F	FSEN	MACCLESFIELD HARRIERS & AC	3:16:52	3:16:31	58	23	3
170	168	212	NJAL LONG	M	MSEN	U/A	3:16:59	3:15:56	112	42	
171	170	151	LUCY HELSBY	F	FSEN	KIRKBY MILERS AC	3:17:07	3:16:22	59	24	1
172	171	145	TREVOR HALLAM	M	MV40	U/A	3:17:18	3:16:30	113	16	
173	173	181	DENISE IRVING-LANG	F	FV40	SWINTON RUNNING CLUB	3:17:31	3:16:32	60	15	6
174	174	155	JILLIAN HEYWOOD	F	FV45	ROYTON ROAD RUNNERS	3:17:38	3:17:07	61	15	2
175	175	93	ERNESTO DE LA FUENTE	M	MSEN	U/A	3:17:59	3:17:55	114	43	
176	175	333	MALCOLM SMITH	M	MV50	U/A	3:18:30	3:17:55	115	13	
177	177	71	JUSTIN COLEMAN	M	MV45	SWINTON RUNNING CLUB	3:18:57	3:18:01	116	25	7
178	178	389	DENNIS YARWOOD	M	MV50	SPECTRUM STRIDERS	3:19:19	3:18:47	117	14	1
179	180	349	LOIS TAYLOR	F	FSEN	CHORLTON RUNNERS	3:19:24	3:19:16	62	25	1
180	179	36	EGLE BLAZAUSKIENE	F	FSEN	U/A	3:19:29	3:19:08	63	26	
181	184	231	KATI MEAGHER	F	FSEN	U/A	3:20:50	3:20:20	64	27	
182	186	224	PAMELA MCCULLAGH	F	FV45	ACCRINGTON ROAD RUNNERS	3:21:02	3:20:46	65	16	2
183	183	152	PAT HELSBY	F	FV60	KIRKBY MILERS AC	3:21:04	3:20:19	66	1	2
184	181	100	JIM DONOHOE	M	MV60	ACCRINGTON ROAD RUNNERS	3:21:08	3:20:04	118	5	4
185	182	68	COLIN CLARKE	M	MV50	U/A	3:21:22	3:20:09	119	15	
186	185	235	JEAN MELLOR	F	FV45	SWINTON RUNNING CLUB	3:21:29	3:20:30	67	17	7
187	187	311	FRANK ROGERS	M	MV45	BELLE VUE RACERS	3:21:52	3:21:46	120	26	2
188	188	215	JAMES LOVE	M	MV45	ASTLEY & TYLDESLEY ROAD RUNNERS	3:22:33	3:21:48	121	27	2
189	189	44	VICTORIA BRIDES	F	FSEN	HORSFORTH HARRIERS	3:22:35	3:21:52	68	28	1
190	191	325	PATRICK SHAW	M	MSEN	U/A	3:22:44	3:22:11	122	44	
191	192	112	ROLAND ELLISON	M	MV45	U/A	3:22:54	3:22:17	123	28	
192	190	69	PAUL COCKSON	M	MSEN	BLACKLEY W2R	3:23:00	3:21:54	124	45	3
193	194	331	RYAN SKEER	M	MSEN	U/A	3:23:10	3:22:56	125	46	
194	193	232	CHLOE MEDDINGS	F	FSEN	U/A	3:23:20	3:22:34	69	29	
195	195	263	STEVEN O'FLAHERTY	M	MSEN	U/A	3:23:44	3:23:28	126	47	
196	196	353	JOANNA THOMPSON	F	FV40	MACCLESFIELD HARRIERS & AC	3:24:06	3:23:46	70	16	4
197	199	189	MELANIE A JONES	F	FV45	PRESTWICH AC	3:24:20	3:24:11	71	18	4
198	199	184	CAROLINE JOHNSTON	F	FV45	PRESTWICH AC	3:24:20	3:24:11	72	19	5
199	198	230	ANGELA MEAD	F	FV40	U/A	3:24:39	3:23:53	73	17	

200	197	162	PHIL HOLDEN	M	MV55	TIME2 RUN	3:24:45	3:23:48	127	14	1
201	201	1	SAMINA AHMAD	F	FV45	MILESHYCLUB	3:25:05	3:24:15	74	20	1
202	202	364	MIKE UTTING	M	MV50	BRAMHALL RUNNERS	3:25:57	3:24:55	128	16	4
203	203	249	VIKKI MURPHY	F	FV50	BRAMHALL RUNNERS	3:25:58	3:24:56	75	5	2
204	204	48	LAUREN BRODIE	F	FSEN	U/A	3:26:20	3:25:08	76	30	
205	205	262	CARY O'DONNELL	M	MV60	WINSTON RUNNERS	3:26:21	3:25:37	129	6	2
206	208	318	JANE SCOTT	F	FV45	LYME RUNNERS	3:26:22	3:25:58	77	21	1
207	207	340	ALISON STANKARD	F	FV45	RBR CLUB	3:26:47	3:25:57	78	22	1
208	206	13	LORNA BAKER	F	FV40	U/A	3:26:47	3:25:56	79	18	
209	209	190	AMY JONES	F	FSEN	BLACKLEY W2R	3:27:23	3:26:18	80	31	1
210	210	276	GRAHAM POLLARD	M	MV45	U/A	3:27:33	3:26:39	130	29	
211	211	381	CLARE WILSON	F	FV40	U/A	3:27:38	3:27:08	81	19	
212	212	344	KATHARINE TAGGART	F	FV40	ST HELENS STRIDERS	3:27:57	3:27:19	82	20	1
213	213	233	PETER MEDLICOTT	M	MV45	ST HELENS STRIDERS	3:27:59	3:27:20	131	30	1
214	215	160	LAURA K HOFFMAN	F	FSEN	U/A	3:28:16	3:27:22	83	32	
215	214	11	SAM BAGNALL	F	FSEN	RUN THE JOULES	3:28:17	3:27:21	84	33	1
216	218	76	CAREN COVERLEY	F	FV50	U/A	3:28:28	3:27:39	85	6	
217	217	350	RACHEL TAYLOR	F	FV45	U/A	3:28:28	3:27:37	86	23	
218	218	283	GEORGINA LOUISE POWELL	F	FV45	U/A	3:28:30	3:27:39	87	24	
219	216	96	MATT DIXON	M	MSEN	U/A	3:28:30	3:27:23	132	48	
220	220	342	SUZANNE STOKES	F	FV50	U/A	3:28:31	3:27:40	88	7	
221	222	208	LINZI LLOYD-HENRY	F	FV55	PRESTWICH AC	3:28:44	3:28:15	89	4	6
222	221	126	HEATHER FULTON	F	FSEN	HYDE PARK HARRIERS	3:28:45	3:27:58	90	34	2
223	223	41	GARRY BOWER	M	MV45	ROYTON ROAD RUNNERS	3:29:07	3:28:25	133	31	2
224	224	301	WAYNE RICHARDS	M	MV55	U/A	3:29:56	3:29:33	134	15	
225	225	236	CAROLINE MERCER	F	FV40	ROSSENDALE HARRIERS & AC	3:31:05	3:30:19	91	21	2
226	226	219	PAIGE MALLABOURN-EDMONDSON	F	FSEN	U/A	3:31:30	3:31:14	92	35	
227	231	154	ASH HEWITT	M	MSEN	ROUNDHAY RUNNERS	3:32:39	3:32:26	135	49	1
228	228	271	SEAN PICKLES	M	MV50	ROSSENDALE HARRIERS & AC	3:32:45	3:32:13	136	17	1
229	229	123	LINDSAY FOOTE	F	FV40	ROSSENDALE HARRIERS & AC	3:32:46	3:32:15	93	22	3
230	227	245	DAN MULLARKEY	M	MSEN	SWINTON RUNNING CLUB	3:32:49	3:31:50	137	50	8
231	231	144	MIKE HALL	M	MV55	BOLLINGTON HARRIERS	3:32:54	3:32:26	138	16	1
232	230	143	AMANDA GREENWOOD	F	FV45	U/A	3:33:11	3:32:17	94	25	
233	234	385	SHARON WRIGHT	F	FV45	U/A	3:33:23	3:33:04	95	26	
234	233	369	PETA WALSH	F	FV60	STOCKPORT HARRIERS & AC	3:33:32	3:32:56	96	2	2
235	235	16	SARAH BARNARD	F	FV40	U/A	3:33:41	3:33:07	97	23	
236	236	33	LINDSEY BISHOP	F	FSEN	U/A	3:34:08	3:33:23	98	36	
237	237	319	JENNY SCOTT	F	FSEN	U/A	3:34:08	3:33:25	99	37	
238	239	214	EMMA LORD	F	FV45	MACCLESFIELD HARRIERS & AC	3:34:11	3:33:52	100	27	5
239	240	26	EVANGELINE BEATTY	F	FV45	U/A	3:34:28	3:33:55	101	28	
240	238	142	HANNAH GREENWAY	F	FSEN	U/A	3:34:32	3:33:49	102	38	
241	245	39	GLENN BOTTOMLEY	M	MV40	U/A	3:35:56	3:35:45	139	17	
242	241	191	CATHERINE JONES	F	FV55	BOLTON UNITED HARRIERS	3:36:12	3:35:10	103	5	1
243	242	192	SOPHIE JONES	F	FSEN	BRAMHALL RUNNERS	3:36:13	3:35:11	104	39	3
244	244	65	JOHN CHESTER	M	MV40	U/A	3:36:23	3:35:38	140	18	
245	247	97	KERRY DOHERTY	F	FV45	STOCKPORT TRI CLUB	3:36:39	3:35:59	105	29	3
246	243	177	NICOLA HUNTER	F	FSEN	SOLEMOTHER	3:36:39	3:35:31	106	40	1
247	248	137	KENNY GOODLIFFE	M	MV40	U/A	3:36:46	3:36:03	141	19	
248	248	55	ANDREW BUTLER	M	MV40	ROYTON ROAD RUNNERS	3:36:46	3:36:03	142	20	3
249	250	27	KATIE BENSON	F	FV40	NORTH BOLTON RUNNERS	3:36:57	3:36:11	107	24	1

250	246	150	MICHELLE HEAVENS	F	FV45	BLACKLEY W2R	3:37:00	3:35:53	108	30	2
251	252	38	JOANNE BOTTOMLEY	F	FV45	U/A	3:37:14	3:37:04	109	31	
252	251	86	SIMON M DAKIN	M	MV55	DAVENPORT RUNNERS	3:37:28	3:36:47	143	17	1
253	253	85	PAUL CURTIS	M	MV45	U/A	3:38:03	3:37:28	144	32	
254	255	45	DENISE BRIEN	F	FV50	BLACKLEY W2R	3:38:49	3:37:54	110	8	3
255	254	297	LEE RAWLINSON	M	MV45	U/A	3:39:03	3:37:50	145	33	
256	256	360	JANE TREGONNING	F	FV45	RIBBYHALL TRI CLUB	3:39:18	3:38:32	111	32	1
257	257	52	DENISE BUCKLEY	F	FV50	U/A	3:40:48	3:39:54	112	9	
258	258	5	ROBERT ARCHER	M	MV50	U/A	3:40:49	3:40:12	146	18	
259	259	187	MARTIN JONES	M	MSEN	ROYTON ROAD RUNNERS	3:42:26	3:41:45	147	51	4
260	260	180	TANYA HUTCHINSON	F	FSEN	MARPLE RUNNERS	3:42:49	3:42:01	113	41	1
261	261	222	GARETH MCCAFFERY	M	MSEN	ROYTON ROAD RUNNERS	3:42:50	3:42:02	148	52	5
262	263	275	KATHARINE POINTON	F	FSEN	U/A	3:43:30	3:42:34	114	42	
263	262	204	MARIA LESTER	F	FV40	U/A	3:43:31	3:42:15	115	25	
264	264	15	NATALIE BANNISTER	F	FSEN	U/A	3:46:11	3:45:20	116	43	
265	265	386	SONYA WRIGLEY	F	FV40	U/A	3:46:36	3:45:44	117	26	
266	267	31	JO BIRKMYRE	F	FV45	CHORLTON RUNNERS	3:46:49	3:46:19	118	33	2
267	266	286	JOANNE PRENDERGAST	F	FV45	BLACKLEY W2R	3:46:55	3:45:49	119	34	4
268	268	128	STEVE GALLAGHER	M	MV55	BLACKLEY W2R	3:47:28	3:46:20	149	18	4
269	269	227	GAVIN MCKAY	M	MSEN	U/A	3:47:38	3:46:38	150	53	
270	269	209	EMMA LOCK	F	FSEN	POYNTON RUNNERS	3:47:38	3:46:38	120	44	1
271	271	288	CLAIR E PRIESTLEY	F	FV45	U/A	3:48:06	3:46:50	121	35	
272	272	335	SOPHIE SMITHDALE	F	FV40	U/A	3:48:06	3:46:51	122	27	
273	273	107	JANICE EASTWOOD	F	FV45	WHITCHURCH WHIPPETS	3:48:10	3:46:56	123	36	1
274	276	387	JAYNE WYCHE	F	FV50	U/A	3:49:03	3:48:05	124	10	
275	274	291	KIRSTY L QUIGLEY	F	FSEN	U/A	3:49:17	3:48:02	125	45	
276	275	270	SARAH PICKERILL	F	FV40	SOUTHPORT & WATERLOO AC	3:49:17	3:48:03	126	28	2
277	277	268	MARY-ANNE PARKINSON	F	FV50	SHAW HILL HARRIERS	3:49:51	3:48:49	127	11	1
278	279	62	RACHEL CARTWRIGHT	F	FV40	WARRINGTON RUNNING CLUB	3:50:54	3:50:31	128	29	1
279	278	304	NICOLA RICHARDSON	F	FV40	U/A	3:51:04	3:49:59	129	30	
280	280	135	SAMANTHA GODFREY	F	FSEN	U/A	3:51:48	3:51:25	130	46	
281	281	178	KEVIN HUTCHINGS	M	MV50	ROYTON ROAD RUNNERS	3:52:07	3:51:29	151	19	6
282	282	216	JULIE LUCKMAN	F	FV50	U/A	3:52:37	3:51:57	131	12	
283	283	242	PAMELA MOFFAT	F	FV45	U/A	3:53:23	3:52:28	132	37	
284	284	302	NICOLA RICHARDS	F	FV45	U/A	3:53:25	3:52:30	133	38	
285	286	247	ALEXANDRA M MUNRO	F	FV45	MARPLE RUNNERS	3:53:31	3:52:44	134	39	2
286	285	77	CRESSIDA CRABTREE	F	FSEN	MARPLE RUNNERS	3:53:31	3:52:43	135	47	3
287	286	217	BERNADETT LYNAS	F	FSEN	MARPLE RUNNERS	3:53:32	3:52:44	136	48	4
288	288	287	BECKIE PRENDERGAST	F	FSEN	U/A	3:54:20	3:53:14	137	49	
289	289	303	AMANDA RICHARDSON	F	FV50	ROYTON ROAD RUNNERS	3:55:39	3:55:04	138	13	3
290	291	91	PAUL DAVIES	M	MV50	HYDE VILLAGE STRIDERS	3:55:54	3:55:39	152	20	3
291	290	346	WILL TAIT	M	MSEN	U/A	3:56:10	3:55:23	153	54	
292	292	7	ELAINE ASHTON	F	FV45	SWINTON RUNNING CLUB	3:56:46	3:55:46	139	40	8
293	293	370	KATH WARD	F	FV55	U/A	3:57:12	3:56:08	140	6	
294	294	54	ELLEN BUTCHER	F	FV40	ROSSENDALE HARRIERS & AC	3:58:34	3:57:46	141	31	4
295	295	363	HAYLEY TYLDESLEY	F	FV50	BOLLINGTON HARRIERS	3:58:44	3:58:12	142	14	1
296	296	119	JULIE FELTON	F	FV50	OLDHAM & ROYTON HARRIERS AC	3:58:44	3:58:37	143	15	1
297	297	161	HAYLEY HOGG	F	FSEN	RAMSBOTTOM RUNNING CLUB	3:59:51	3:59:24	144	50	1
298	298	226	RACHEL MCGHEE	F	FV45	RBR CLUB	4:00:34	3:59:41	145	41	2
299	299	70	AMANDA COLEMAN	F	FV45	SWINTON RUNNING CLUB	4:00:51	3:59:56	146	42	9

300	300	194	KERRIE JONES	F	FV45	SWINTON RUNNING CLUB	4:01:18	4:00:04	147	43	10	
301	301	382	KAREN WINDLE	F	FV55	TRAWDEN AC	4:01:23	4:00:35	148	7	1	
302	302	372	JOANNE WELLS	F	FV45	PRESTWICH AC	4:02:51	4:02:23	149	44	7	
303	303	83	IAN CUMMINGS	M	MV45	SWINTON RUNNING CLUB	4:03:30	4:02:30		154	34	9
304	304	390	ALEX YUSUF	M	MV55	U/A	4:04:05	4:03:08		155	19	
305	305	308	HELEN ROBERTS	F	FV40	U/A	4:05:08	4:04:23	150		32	
306	306	158	CHRIS HILL	M	MV45	U/A	4:05:42	4:05:23		156	35	
307	307	267	CHRIS PAKNIK-RILEY	M	MSEN	U/A	4:05:51	4:05:25		157	55	
308	308	327	BARBARA SHUTTLEWORTH	F	FV60	U/A	4:06:24	4:05:56	151		3	
309	309	201	JULIA KOVACS	F	FV50	BLACKLEY W2R	4:07:27	4:06:19	152		16	5
310	310	117	RITA FEELEY	F	FV55	U/A	4:07:46	4:06:37	153		8	
311	311	57	DEBBIE CAIL	F	FV45	SWINTON RUNNING CLUB	4:08:13	4:07:15	154		45	11
312	312	73	TANIA COMPTON	F	FSEN	BLYTHE BRIDGE RUNNING CLUB	4:08:24	4:08:05	155		51	1
313	314	336	JENNY SOUTH	F	FSEN	U/A	4:09:39	4:08:55	156		52	
314	313	220	CHRIS MASON	M	MSEN	U/A	4:09:58	4:08:38		158	56	
315	315	146	AMANDA HAMER	F	FV50	BLACKLEY W2R	4:10:16	4:09:06	157		17	6
316	316	295	NATALIE RALPH	F	FSEN	SWINTON RUNNING CLUB	4:10:52	4:09:49	158		53	12
317	317	274	JO PODOLANSKI	F	FV50	BRAMHALL RUNNERS	4:11:42	4:10:28	159		18	4
318	318	193	CATH JONES	F	FV55	BRAMHALL RUNNERS	4:11:43	4:10:31	160		9	5
319	319	343	BECKY STYLES	F	FV45	STOCKPORT TRI CLUB	4:11:45	4:11:45	161		46	4
320	320	168	CHERYL HONEYBOURNE	F	FV40	SWINTON RUNNING CLUB	4:14:56	4:13:52	162		33	13
321	321	14	TERESA BANKS	F	FV40	SWINTON RUNNING CLUB	4:17:32	4:16:16	163		34	14
322	322	147	NEIL HARGREAVES	M	MV70	U/A	4:24:26	4:23:32		159	2	
323	323	260	KARYN OAKLEY	F	FV40	BLYTHE BRIDGE RUNNING CLUB	4:25:31	4:25:13	164		35	2
324	323	211	EMMA LONCZYK	F	FV40	BLYTHE BRIDGE RUNNING CLUB	4:25:31	4:25:13	165		36	3
325	326	225	CHRIS MCFADDEN	F	FSEN	VEGAN RUNNERS UK	4:26:54	4:26:28	166		54	2
326	327	22	SARAH BATEMAN	F	FSEN	VEGAN RUNNERS UK	4:26:56	4:26:33	167		55	3
327	325	186	ALISON JONES	F	FV45	RBR CLUB	4:27:42	4:26:23	168		47	3
328	328	292	MARK QUINN	M	MV45	LONELY GOAT RUNNING CLUB	4:28:39	4:27:28		160	36	2
329	329	379	GLEN WILKINSON	M	MV45	KNOWSLEY HARRIERS	4:28:40	4:27:29		161	37	1
330	331	105	SARAH DURKIN	F	FSEN	U/A	4:28:52	4:28:10	169		56	
331	330	9	EMILY ATKINSON	F	FSEN	RED ROSE ROAD RUNNERS	4:29:00	4:27:47	170		57	1
332	332	300	SAM RICHARD	F	FV45	U/A	4:35:28	4:35:04	171		48	
333	333	37	KATE BOOTH	F	FV40	RBR CLUB	4:54:23	4:53:04	172		37	4
334	334	206	NICHOLA LLOYD	F	FV45	RBR CLUB	4:54:24	4:53:05	173		49	5
335	336	326	CAROLINE SHEPHERD	F	FV40	HEATON RUNNERS	4:54:32	4:53:27	174		38	1
336	335	28	MIA BERRY	F	FSEN	U/A	4:54:46	4:53:25	175		58	
337	337	351	MICHAEL THIRSK	M	MV60	STOCKPORT HARRIERS & AC	4:54:50	4:53:29		162	7	3
DNF		106	KIM EASTHAM	F	FV50	MACCLESFIELD HARRIERS & AC						
DNF		332	CHRISTINE SMITH	F	FV45	ROSSENDALE HARRIERS & AC						
DNF		17	CLAIRE BARNES	F	FV40	HEATON RUNNERS						
DNF		108	EDDIE EDWARDS	M	MV50	PRESTWICH AC						
DNF		294	MATHEW RADBOURNE	M	MV45	DENBY DALE ATHLETICS CLUB						
DNF		355	STUART G THOMPSON	M	MV40	U/A						
DNF		25	EMMA BEARDWELL	F	FV40	U/A						
DNF		2	KATIE ALDERTON	F	FSEN	U/A						
DNF		3	MEG ALDERTON	F	FSEN	U/A						
DNF		252	SIMON MYERSCOUGH	M	MSEN	U/A						
DNF		289	LISA PRITCHARD	F	FV40	LONELY GOAT RUNNING CLUB						
DNF		284	SARAH POWNALL	F	FSEN	U/A						

DNF	56	DANIEL BUTTERWORTH	M	MSEN	U/A
DNF	82	PAUL CROWE	M	MV40	MANCHESTER FRONTRUNNERS
DNF	24	GREGG BEARDWELL	M	MSEN	U/A
DNF	164	KIRSTY HOLLAND	F	FSEN	WESHAM ROAD RUNNERS & AC