

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	277	MAX WAINWRIGHT	M	MSEN	DARK PEAK FELL RUNNERS	0:38:35		1	1	1
2	138	BILLY HICKS	M	MSEN	MACCLESFIELD HARRIERS	0:40:31		2	2	1
3	152	MALCOLM JOHNSON	M	MV40	STOCKPORT HARRIERS	0:40:57		3	1	1
4	159	FINLAY LAM-GALL	M	MSEN	MACCLESFIELD HARRIERS	0:41:51		4	3	2
5	230	JACK REDVERS HARRIS	M	MSEN	PENNINE FELL RUNNERS	0:42:27		5	4	1
6	36	NATHANAEL BOOKER	M	MSEN	MACCLESFIELD HARRIERS	0:42:52		6	5	3
7	54	TOM BUSH	M	MSEN	PENNINE FELL RUNNERS	0:43:03		7	6	2
8	226	RUSSELL PRICE	M	MSEN	CHORLTON RUNNERS	0:43:26		8	7	1
9	64	LUKE COOK	M	MSEN	PENNINE FELL RUNNERS	0:43:34		9	8	3
10	149	EDWARD JAMES	M	MSEN	BELPER HARRIERS	0:43:37		10	9	1
11	177	MARTIN LUCASS	M	MSEN	CHORLTON RUNNERS	0:43:48		11	10	2
12	272	ADAM THOMPSON	M	MSEN	STOCKPORT HARRIERS	0:43:52		12	11	2
13	32	CHRIS BENTLEY	M	MSEN	MACCLESFIELD HARRIERS	0:43:56		13	12	4
14	43	CAROLINE BROCK	F	FSEN	STEEL CITY STRIDERS	0:44:16	1		1	1
15	49	MARK BURLEY	M	MSEN	MACCLESFIELD HARRIERS	0:44:17		14	13	5
16	279	ANDREW WAINWRIGHT	M	MV50	U/A	0:44:32		15	1	
17	245	PAUL SKUSE	M	MV40	GLOSSOPDALE HARRIERS	0:44:36		16	2	1
18	192	PAUL MIDDLEMAS	M	MSEN	STEEL CITY STRIDERS	0:44:44		17	14	1
19	67	JAMES CORDEN	M	MV45	STOCKPORT HARRIERS	0:44:46		18	1	3
20	156	LUKE KELLY	M	MSEN	CHORLTON RUNNERS	0:44:54		19	15	3
21	215	TOM PEERS	M	MSEN	STOCKPORT HARRIERS	0:44:56		20	16	4
22	155	MARK JONES	M	MSEN	MANCHESTER HARRIERS & AC	0:45:00		21	17	1
23	109	MATT FULLER	M	MSEN	MOUNTAIN EQUIPMENT	0:45:03		22	18	1
24	253	BEN SNELL	M	MSEN	MACCLESFIELD HARRIERS	0:45:04		23	19	6
25	107	PAUL FREEMAN	M	MSEN	U/A	0:45:41		24	20	
26	98	DAVID FARRINGTON	M	MSEN	MARPLE RUNNERS	0:45:48		25	21	1
27	184	ROB MASSEY	M	MSEN	BOLLINGTON HARRIERS	0:46:03		26	22	1
28	51	PHIL BURNS	M	MV40	STOCKPORT HARRIERS	0:46:19		27	3	5
29	168	MATT LEWIS	M	MV50	MACCLESFIELD HARRIERS	0:46:23		28	2	7
30	13	MIKE ASHBY	M	MV40	SALE HARRIERS MANCHESTER	0:46:33		29	4	1
31	56	BEN CALDWELL	M	MSEN	CHORLTON RUNNERS	0:46:40		30	23	4
32	216	JIM PENDRILL	M	MV45	WILMSLOW RC	0:46:44		31	2	1
33	58	SUSIE CHESHER	F	FSEN	U/A	0:46:52	2		2	
34	139	MIKE HILL	M	MV50	WILMSLOW RC	0:47:08		32	3	2
35	261	TOM STODDART	M	MV40	U/A	0:47:35		33	5	
36	266	NICK SYRETT	M	MV40	CHORLTON RUNNERS	0:47:45		34	6	5
37	221	SIMON PICKARD	M	MV45	STOCKPORT HARRIERS	0:47:47		35	3	6
38	7	JAMES AIRD	M	MSEN	U/A	0:47:54		36	24	
39	264	ALICE SWIFT	F	FSEN	CHORLTON RUNNERS	0:47:57	3		3	1
40	271	LAURENCE TENDLER	M	MV40	BOLLINGTON HARRIERS	0:48:13		37	7	2
41	23	NIGEL BARNES	M	MV45	STEEL CITY STRIDERS	0:48:36		38	4	2
42	292	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	0:48:42		39	25	1
43	228	FRANCIS PYATT	M	MSEN	MACCLESFIELD HARRIERS	0:48:53		40	26	8
44	178	MARTIN LUNDY	M	MV55	MARPLE RUNNERS	0:48:59		41	1	2
45	100	ASHLEY FLINT	M	MSEN	BELPER HARRIERS	0:49:06		42	27	2
46	106	SIMON FOX	M	MV50	MACCLESFIELD HARRIERS	0:49:08		43	4	9
47	65	ED COOPER	M	MSEN	U/A	0:49:23		44	28	
48	222	ALEX PIGOTT	M	MSEN	CHORLTON RUNNERS	0:49:26		45	29	6
49	211	ANDY PAISLEY	M	MV45	BELPER HARRIERS	0:49:38		46	5	3
50	33	ALANNAH BIRTWISTLE	F	FSEN	MACCLESFIELD HARRIERS	0:49:44	4		4	1
51	34	FIONA BLAGG	F	FSEN	BOLLINGTON HARRIERS	0:50:04	5		5	1
52	41	HANNAH BRIDGER	F	FSEN	MACCLESFIELD HARRIERS	0:50:08	6		6	2
53	4	DAVID AHEARN	M	MSEN	PENNINE FELL RUNNERS	0:50:16		47	30	4
54	136	NEIL HEY	M	MV50	MACCLESFIELD HARRIERS	0:50:28		48	5	10
55	93	GRAHAM DUCE	M	MV45	WILMSLOW RC	0:50:30		49	6	3
56	268	KATIA TASTAGH	F	FSEN	MOUNTAIN EQUIPMENT	0:50:31	7		7	1
57	81	JEREMY DAVIES	M	MV45	MACCLESFIELD HARRIERS	0:50:37		50	7	11
58	117	KRISTY GILL	F	FV40	MACCLESFIELD HARRIERS	0:50:39	8		1	3
59	208	KATHLEEN O'DONNELL	F	FV40	MACCLESFIELD HARRIERS	0:51:01	9		2	4
60	154	ELEANOR JOHNSTONE	F	FSEN	PENNINE FELL RUNNERS	0:51:15	10		8	1
61	8	TOM ALLABY	M	MSEN	BOLLINGTON HARRIERS	0:51:18		51	31	3
62	28	CARL BARTON	M	MV45	DISLEY RUNNERS	0:51:22		52	8	1
63	257	TOM STANWAY	M	MSEN	U/A	0:51:28		53	32	
64	127	MIGUEL GUTIERREZ	M	MSEN	U/A	0:51:35		54	33	
65	263	PAUL STUART	M	MV50	STEEL CITY STRIDERS	0:51:38		55	6	3
66	233	KERRY RILEY	F	FSEN	WEST CHESHIRE AC	0:51:39	11		9	1
67	47	JOE BUCKMAN	M	MSEN	STEEL CITY STRIDERS	0:51:40		56	34	4
68	198	IAN T MULLIGAN	M	MV50	STOCKPORT HARRIERS	0:51:41		57	7	7
69	223	RUSS PLATT	M	MV50	WARRINGTON ROAD RUNNERS	0:51:42		58	8	1
70	144	JONATHON D HOWE	M	MSEN	CHORLTON RUNNERS	0:51:43		59	35	7
71	61	NEIL CLARKE	M	MV55	MACCLESFIELD HARRIERS	0:51:48		60	2	12
72	181	ANGELA MARKLEY	F	FV40	MACCLESFIELD HARRIERS	0:51:51	12		3	5
73	121	WAYNE GRANT	M	MV40	GOYT VALLEY STRIDERS	0:52:04		61	8	1

74	275	DAVID VERYARD	M	MV55	BAKEWELL	0:52:10		62	3	1
75	300	JONATHAN WRIGHT	M	MV40	U/A	0:52:12		63	9	
76	114	PHIL GAYES	M	MV45	U/A	0:52:13		64	9	
77	260	DANIEL STOCKTON	M	MSEN	THE FELL DEVILS	0:52:16		65	36	1
78	25	LEE BARRATT	M	MV45	STOCKPORT HARRIERS	0:52:18		66	10	8
79	72	IAN CRUTCHLEY	M	MSEN	GLOSSOPDALE HARRIERS	0:52:20		67	37	2
80	37	TERENCE BOON	M	MSEN	U/A	0:52:37		68	38	
81	92	NICHOLAS DRINKALL	M	MSEN	CHORLTON RUNNERS	0:52:46		69	39	8
82	99	PAUL FENTON	M	MV40	MACCLESFIELD HARRIERS	0:52:47		70	10	13
83	278	ALISON WAINWRIGHT	F	FV50	DARK PEAK FELL RUNNERS	0:52:52	13		1	1
84	9	SIMON ALLEN	M	MV45	DARK PEAK FELL RUNNERS	0:52:59		71	11	2
85	16	MATT BAILEY	M	MV40	MACCLESFIELD HARRIERS	0:53:03		72	11	14
86	77	GARY DANIELS	M	MV40	CHORLTON RUNNERS	0:53:06		73	12	9
87	27	ZOE BARTON	F	FV40	GLOSSOPDALE HARRIERS	0:53:06	14		4	1
88	224	MARK PLATTON	M	MV50	STEEL CITY STRIDERS	0:53:07		74	9	5
89	10	RICHARD APPLEWHITE	M	MV40	MACCLESFIELD HARRIERS	0:53:11		75	13	1
90	207	RAY O'KEEFE	M	MV50	MACCLESFIELD HARRIERS	0:53:17		76	10	15
91	248	MARK SMITH	M	MV45	STOCKPORT HARRIERS	0:53:19		77	12	9
92	30	JO BEDNALL	F	FV50	BUXTON AC	0:53:21	15		2	1
93	17	CRAIG BAIRD	M	MV45	STEEL CITY STRIDERS	0:53:22		78	13	6
94	276	ANDREW VINCENT	M	MV55	BOLLINGTON HARRIERS	0:53:22		79	4	4
95	214	JIM PAXMAN	M	MV60	DARK PEAK FELL RUNNERS	0:53:30		80	1	3
96	19	JON BALE	M	MV55	CHESHIRE HILL RACERS	0:53:38		81	5	1
97	134	PAUL HEMPSTOCK	M	MV40	CHORLTON RUNNERS	0:53:43		82	14	10
98	163	RACHAEL LAWRANCE	F	FV40	MACCLESFIELD HARRIERS	0:53:51	16		5	6
99	84	WILL DAY	M	MV50	STEEL CITY STRIDERS	0:53:54		83	11	7
100	262	JASON STOTT	M	MV45	WILMSLOW STRIDERS	0:53:55		84	14	2
101	53	JOHN BURT	M	MV60	U/A	0:54:13		85	2	
102	195	KEITH MORGAN	M	MV50	ASHBOURNE RC	0:54:19		86	12	1
103	142	GARETH HOBBS	M	MV50	BOLLINGTON HARRIERS	0:54:21		87	13	5
104	153	FIONA JOHNSON	F	FV40	STOCKPORT HARRIERS	0:54:23	17		6	1
105	116	ROSS GILES	M	MSEN	CHORLTON RUNNERS	0:54:27		88	40	11
106	38	NICOLA BOOTH	F	FSEN	BOLLINGTON HARRIERS	0:54:33	18		10	2
107	174	SEAN LORD	M	MV45	CHORLTON RUNNERS	0:54:36		89	15	12
108	11	ELIZABETH ARDEN LINGFORD	F	FV55	U/A	0:54:44	19		1	
109	78	NEIL DANIELS	M	MV45	DISLEY RUNNERS	0:54:46		90	16	2
110	94	JAMES EDEN	M	MSEN	CHORLTON RUNNERS	0:54:49		91	41	13
111	135	DOMINIC HESLOP	M	MSEN	U/A	0:54:51		92	42	
112	97	JO ELLIS	F	FV40	PENNINE FELL RUNNERS	0:54:57	20		7	2
113	42	REBECCA BRIMAGE	F	FV40	STOCKPORT HARRIERS	0:55:00	21		8	2
114	108	ANDREA FROST	F	FV50	MACCLESFIELD HARRIERS	0:55:10	22		3	7
115	294	TANIA WILSON	F	FV55	BUXTON AC	0:55:15	23		2	2
116	205	GORDON NICOLL	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB	0:55:16		93	6	1
117	170	GUY LINGFORD	M	MV60	U/A	0:55:41		94	3	
118	296	BEN WOOD	M	MV40	MACCLESFIELD HARRIERS	0:55:43		95	15	16
119	147	KATHRYN HUTCHINSON	F	FSEN	MACCLESFIELD HARRIERS	0:55:51	24		11	8
120	286	STEWART WAUDBY	M	MV40	MACCLESFIELD HARRIERS	0:55:52		96	16	17
121	48	JORDAN BULLOCK	M	MSEN	U/A	0:55:54		97	43	
122	73	KIERAN CUMMINGS	M	MV40	CHORLTON RUNNERS	0:56:00		98	17	14
123	255	MARK STANBRIDGE	M	MV50	MACCLESFIELD HARRIERS	0:56:19		99	14	18
124	103	CHRIS FLOYD	M	MV40	LYME RUNNERS	0:56:20		100	18	1
125	157	DENNIS KENTROP	M	MV50	MACCLESFIELD HARRIERS	0:56:22		101	15	19
126	240	IAN SHARPE	M	MV45	CHORLTON RUNNERS	0:56:37		102	17	15
127	293	MELS WILLIAMSON	F	FV40	CHORLTON RUNNERS	0:56:38	25		9	2
128	15	PETER BAILEY	M	MV55	BUXTON AC	0:56:44		103	7	1
129	141	JOANNE HINE	F	FSEN	DISLEY RUNNERS	0:56:50	26		12	1
130	95	ZULMA EDMONDSON	F	FV40	CHORLTON RUNNERS	0:57:01	27		10	3
131	267	JENNIFER SZCZEPANIAK SLOANE	F	FSEN	U/A	0:57:15	28		13	
132	239	GORDON SHARP	M	MV65	THE FELL DEVILS	0:57:39		104	1	2
133	146	JEN HULLEY	F	FV40	STOCKPORT HARRIERS	0:57:40	29		11	3
134	199	LINDA MURGATOYD	F	FV50	PENNINE FELL RUNNERS	0:57:41	30		4	3
135	167	FIONA LESLIE	F	FV50	CHORLTON RUNNERS	0:57:42	31		5	4
136	69	ALEX CRITCHER	M	MV40	GLOSSOPDALE HARRIERS	0:57:45		105	19	3
137	203	AMANDA NAVIN	F	FSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB	0:57:46	32		14	1
138	133	NICHOLAS HEATON	M	MV45	BRAMHALL RUNNERS	0:57:49		106	18	1
139	187	ESTELLE MCGUIRE	F	FV50	STOCKPORT HARRIERS	0:57:50	33		6	4
140	18	SIMON A BAKER	M	MV40	U/A	0:57:52		107	20	
141	269	JILL TAVINI	F	FV45	STOCKPORT HARRIERS	0:57:53	34		1	5
142	218	JACQUELINE PERROT	F	FV45	CHORLTON RUNNERS	0:58:03	35		2	5
143	273	OSCAR TREVANA	M	MSEN	MACCLESFIELD HARRIERS	0:58:06		108	44	20
144	200	VIKKI MURPHY	F	FV45	BRAMHALL RUNNERS	0:58:10	36		3	1
145	137	RICHARD S HICKLING	M	MV50	BELPER HARRIERS	0:58:17		109	16	4
146	162	DAVID A LARKIN	M	MV40	MACCLESFIELD HARRIERS	0:58:19		110	21	21
147	83	MARK DAY	M	MV45	MARPLE RUNNERS	0:58:21		111	19	3

148	90	ANDREW DODD	M	MV45	WILMSLOW STRIDERS	0:58:22		112	20	3
149	219	ROGER PHILLIPS	M	MV55	U/A	0:58:27		113	8	
150	165	ANGELA LEONARD	F	FV55	MACCLESFIELD HARRIERS	0:58:29	37		3	9
151	148	BEV JACKSON	F	FV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB	0:58:30	38		4	2
152	270	GWENLLIAN TAWY	F	FSEN	CHORLTON RUNNERS	0:58:31	39		15	6
153	209	DAVID OLLEREARNSHAW	M	MV55	U/A	0:58:37		114	9	
154	250	JULIE SMITH	F	FV50	THE FELL DEVILS	0:58:39	40		7	1
155	285	LUKE WATSON	M	MV45	CHORLTON RUNNERS	0:58:40		115	21	16
156	145	TIM HUDSON	M	MSEN	U/A	0:58:42		116	45	
157	123	CLARE GRIFFIN	F	FV45	MACCLESFIELD HARRIERS	0:58:59	41		4	10
158	35	ALAN BOCKING	M	MV65	CHESHIRE HILL RACERS	0:59:05		117	2	2
159	24	GRAHAM BARNES	M	MV60	U/A	0:59:07		118	4	
160	280	ALISON WAINWRIGHT	F	FSEN	CHORLTON RUNNERS	0:59:09	42		16	7
161	291	SIMON WILES	M	MV50	STEEL CITY STRIDERS	0:59:14		119	17	8
162	151	HELEN JEFFERY	F	FSEN	CONGLETON HARRIERS	0:59:19	43		17	1
163	46	SAN BUCKLEY	F	FV45	LYME RUNNERS	0:59:38	44		5	1
164	284	FRED WARDLE	M	MV60	MACCLESFIELD HARRIERS	0:59:44		120	5	22
165	232	MATT RIDGE	M	MV45	TOTLEY ATHLETICS CLUB	0:59:49		121	22	1
166	166	ROB LEPPARD	M	MV45	BOLLINGTON HARRIERS	1:00:05		122	23	6
167	68	SAM CRAWSHAW	M	MV40	CHORLTON RUNNERS	1:00:18		123	22	17
168	172	TREVOR LONGMAN	M	MV65	MACCLESFIELD HARRIERS	1:00:20		124	3	23
169	227	SARAH PROUDMORE	F	FV45	CONGLETON HARRIERS	1:00:26	45		6	2
170	244	SPENCE SIVEWRIGHT	M	MV55	MACCLESFIELD HARRIERS	1:00:42		125	10	24
171	40	ALAN BRETNALL	M	MV65	PENNINE FELL RUNNERS	1:00:46		126	4	5
172	26	AMY BARTER	F	FSEN	STOCKPORT HARRIERS	1:00:48	46		18	6
173	251	PAUL SMITHAM	M	MV55	CHORLTON RUNNERS	1:00:50		127	11	18
174	283	ROB WALLIS	M	MV50	BUXTON AC	1:00:54		128	18	2
175	31	JUDE BEK	F	FSEN	CHORLTON RUNNERS	1:01:07	47		19	8
176	202	DAVID MYERS	M	MV45	MARPLE RUNNERS	1:01:10		129	24	4
177	295	RICHARD WISE	M	MV55	BOLLINGTON HARRIERS	1:01:15		130	12	7
178	243	PETER SINCLAIR	M	MV55	STOCKPORT HARRIERS	1:01:16		131	13	10
179	91	PAUL DOYLE	M	MV40	WILMSLOW STRIDERS	1:01:17		132	23	4
180	185	ANGELA MCCARTHY	F	FV55	WILMSLOW RC	1:01:29	48		5	1
181	102	VICTORIA FLOYD	F	FSEN	U/A	1:01:36	49		20	
182	297	HAYLEY WOOD	F	FSEN	CHORLTON RUNNERS	1:01:58	50		21	9
183	96	JANINE ELLIS	F	FV50	WILMSLOW RC	1:02:00	51		8	2
184	197	NADINE MULLER	F	FSEN	MARPLE RUNNERS	1:02:02	52		22	1
185	52	CAROLINE J BURRELL	F	FV45	U/A	1:02:09	53		7	
186	194	RUTH MITCHELL	F	FSEN	CHORLTON RUNNERS	1:02:49	54		23	10
187	213	VICKI PALMER	F	FSEN	CHORLTON RUNNERS	1:02:51	55		24	11
188	119	MARK GODDEN	M	MV60	MACCLESFIELD HARRIERS	1:02:57		133	6	25
189	281	DAVID WALKER	M	MV65	MACCLESFIELD HARRIERS	1:03:03		134	5	26
190	22	BRIAN BARNES	M	MV55	CHORLTON RUNNERS	1:03:31		135	14	19
191	302	HELEN GILBERT	F	FV45	GOYT VALLEY STRIDERS	1:03:34	56		8	1
192	140	GAIL HILL	F	FV45	MACCLESFIELD HARRIERS	1:03:36	57		9	11
193	1	PAUL ADAMS	M	MV55	CHORLTON RUNNERS	1:03:40		136	15	20
194	14	LISA ASHWOOD	F	FV45	DISLEY RUNNERS	1:03:48	58		10	2
195	212	LINDSAY PALMER	F	FV50	GLOSSOPDALE HARRIERS	1:03:49	59		9	2
196	126	SARAH GUISE	F	FV50	BUXTON AC	1:03:57	60		10	3
197	237	LINETTE RUSTON	F	FV40	GOYT VALLEY STRIDERS	1:04:14	61		12	2
198	249	HELEN SMITH	F	FSEN	RIPLEY RC	1:05:00	62		25	1
199	101	ANDREW FLOYD	M	MSEN	U/A	1:05:09		137	46	
200	115	GEOFF GILBERT	M	MV65	U/A	1:05:23		138	6	
201	87	KATHRYN DEWICK	F	FV40	BOLLINGTON HARRIERS	1:05:25	63		13	3
202	238	PETER SESTIC	M	MV50	U/A	1:05:48		139	19	
203	104	JOANNE FOSTER	F	FV50	MACCLESFIELD HARRIERS	1:05:49	64		11	1
204	206	SARAH NUTT	F	FSEN	U/A	1:06:00	65		26	
205	80	CLARE DAVIES	F	FV45	MACCLESFIELD HARRIERS	1:06:01	66		11	12
206	196	CHRISTOPHER O. L. MORRIS	M	MV40	U/A	1:06:13		140	24	
207	59	JULIA CHIDLEY	F	FV45	U/A	1:06:21	67		12	
208	62	SARAH CLARKE	F	FSEN	CHORLTON RUNNERS	1:06:47	68		27	12
209	79	GOGS DAVIES	M	MV45	VEGAN RUNNERS	1:06:56		141	25	1
210	301	HEATHER FRYER-WINDER	F	FV50	BUXTON AC	1:07:00	69		12	4
211	112	HEATHER GALLOWAY	F	FSEN	MACCLESFIELD HARRIERS	1:07:06	70		28	13
212	89	JOANNA DIXON	F	FSEN	CHORLTON RUNNERS	1:07:17	71		29	13
213	265	KATH C SWINDELLS	F	FV50	LYME RUNNERS	1:07:24	72		13	2
214	169	STEPHEN M LINDLEY	M	MV45	LYME RUNNERS	1:07:24		142	26	2
215	76	LAURA DALTON	F	FSEN	MACCLESFIELD HARRIERS	1:07:26	73		30	14
216	110	JOSIE GALBRAITH	F	FV45	CONGLETON HARRIERS	1:07:45	74		13	3
217	120	BEVERLEY GOLDEN	F	FV40	BUXTON AC	1:08:01	75		14	5
218	118	RACHEL GILLILAND	F	FV50	MACCLESFIELD HARRIERS	1:08:30	76		14	15
219	274	MIKE UTTING	M	MV45	BRAMHALL RUNNERS	1:08:35		143	27	1
220	20	ANGELA BAMFORD	F	FV55	ALTRINCHAM & DISTRICT ATHLETIC CLUB	1:09:15	77		6	3
221	122	TRACY GREGORY	F	FV50	BUXTON AC	1:09:22	78		15	6

222	5	LAURA AHEARN	F	FSEN	MARPLE RUNNERS	1:09:33	79		31	2
223	229	NAOMI RABIN	F	FSEN	STEEL CITY STRIDERS	1:09:54	80		32	2
224	191	TIM MEEKINGS	M	MV40	SALE HARRIERS MANCHESTER	1:09:56		144	25	2
225	128	ANDREW HAIGH	M	MV50	MANCHESTER HARRIERS & AC	1:10:04		145	20	2
226	259	EMMA STEPHENSON	F	FSEN	U/A	1:10:06	81		33	
227	247	JULIE SMITH	F	FV50	MACCLESFIELD HARRIERS	1:10:07	82		16	16
228	193	SARAH MILES	F	FV40	MACCLESFIELD HARRIERS	1:10:46	83		15	17
229	176	JULIE LUCAS	F	FV55	WILMSLOW RC	1:11:12	84		7	3
230	290	DEBBIE JAYNE WHYTE	F	FV40	U/A	1:11:39	85		16	
231	282	ADAM WALLACE	M	MV45	U/A	1:11:52		146	28	
232	57	JULIA CARTER	F	FV45	GOYT VALLEY STRIDERS	1:12:09	86		14	3
233	131	SAMANTHA HARTLEY	F	FSEN	CHORLTON RUNNERS	1:12:18	87		34	14
234	298	FRANCIS WOOFF	M	MV55	CHORLTON RUNNERS	1:12:18		147	16	21
235	66	CATHERINE COOPER	F	FV55	LYME RUNNERS	1:12:18	88		8	3
236	161	ANDREW LANGDON	M	MV40	BOLLINGTON HARRIERS	1:12:58		148	26	8
237	182	TOM MARLER	M	MSEN	CHORLTON RUNNERS	1:13:03		149	47	22
238	63	HANNAH COATES	F	FSEN	CHORLTON RUNNERS	1:13:46	89		35	15
239	6	HANNAH AHLE	F	FSEN	CHORLTON RUNNERS	1:15:16	90		36	16
240	50	ANGELA BURLEY	F	FV60	NOTTS WOMEN RUNNERS	1:15:31	91		1	1
241	256	ANDREW STANWAY	M	MV45	U/A	1:15:35		150	29	
242	12	ELISABETH ARROWSMITH	F	FV55	U/A	1:17:24	92		9	
243	220	SUMMER PHILLIPS	F	FV40	VEGAN RUNNERS	1:19:40	93		17	1
244	130	SARAH HARTLEY	F	FV40	U/A	1:21:24	94		18	
245	189	KATIE MCINNES	F	FSEN	CHORLTON RUNNERS	1:25:02	95		37	17
246	60	MAX CHRISTIAN	M	MV40	U/A	1:26:14		151	27	
247	55	HEATHER CAIRNS	F	FV45	LYME RUNNERS	1:26:24	96		15	4