

Sunderland Relays

Senior Men Relay Results

1	Morpeth Harriers - A	36.29		9	Jarrow & Hebburn AC - A	43.23		17	Tyne Bridge Harriers - B	48.27	
	Ross Floyd	09.02	(2)		Jonathan Gilroy	10.15	(12)		Neil Thomson	12.11	(19)
	Jordan Scott	09.09	(1)		Steve Outterside	11.07	(12)		Paul Colver	13.34	(21)
	Dan Dixon	08.58	(1)		Carl Smith	10.41	(8)		Sean Kelly	12.17	(21)
	Lewis Timmins	09.20	(1)		Paddy McShane	11.20	(9)		David Moir	10.25	(17)
2	Sunderland Harriers - A	37.08		10	Elvet Striders - A	43.26		18	Elswick Harriers - A	48.46	
	Michael Barker	09.21	(5)		Stephen Jackson	09.00	(1)		Luke Hilliard	10.14	(11)
	Liam Taylor	09.01	(2)		Matthew Archer	11.00	(6)		Chris Pearce	11.29	(14)
	Craig Gunn	09.35	(2)		Marc Jones	12.21	(10)		Paul Taylor	11.58	(13)
	Steve Rankin	09.11	(2)		Michael Littlewood	11.05	(10)		Tom Hanson	15.05	(18)
3	Sunderland Harriers - B	37.15		11	Sunderland Guests	44.13		19	Sunderland Strollers - B	48.52	
	Andrew Powell	09.08	(3)		Mark Donkin	10.51	(14)		Ken Maynard	11.21	(15)
	Nathan Reed	09.29	(3)		Steven Potts	10.02	(9)		Terry Topping	13.11	(19)
	Sean Mackie	09.24	(3)		Richard Kemp	11.25	(9)		Jake McGill	12.44	(19)
	Joe Pomfret	09.14	(3)		Matthew Knowles	11.55	(11)		Pete Sissons	11.36	(19)
4	Tyne Bridge Harriers - A	39.21		12	South Shields - A	44.25		20	Prudhoe Plodders Running Clu	49.02	
	Marc Fenwick	09.19	(4)		Kevin Ayre	12.15	(20)		Seamus Kelleher	11.49	(17)
	Paul Turnbull	09.51	(4)		Max Tyrie	11.15	(18)		John Page	14.17	(22)
	Tom Elmer	10.09	(4)		Paul Owen	10.38	(15)		Thomas Shipley	12.01	(22)
	Paul OMara	10.02	(4)		Joe Hamilton	10.17	(12)		Chris Mulligan	10.55	(20)
5	Gosforth Harriers - A	40.13		13	Derwentside AC - A	45.16		21	Blyth RC - A	49.47	
	Al Johnson	09.31	(6)		John Gibson	10.32	(13)		David Stamp	12.45	(21)
	Ben Moore	10.03	(5)		Graham Marshall	11.07	(13)		Josh Fiddam	09.16	(15)
	James McCreesh	10.04	(5)		Craig Skeoch	13.16	(17)		Gary Todd	14.17	(18)
	Olive Gabriele	10.35	(5)		John Donnelly	10.21	(13)		Lewis Freeman	13.29	(21)
6	Sunderland Harriers - C	41.32		14	Houghton Harriers & A.C. - A	45.24		22	Elvet Striders - B	53.12	
	Michael Edwards	09.56	(8)		Jonny Evans	09.44	(7)		Marc Watson	13.36	(22)
	Sam Thurlbeck	10.18	(8)		Adam Middleton	10.26	(7)		Dave Frostie	11.56	(20)
	Kris Cantle	10.34	(6)		Alex Docherty	11.34	(7)		Joe Pennick	12.29	(20)
	David Wilkinson	10.44	(6)		Jimmy Groarc	13.40	(14)		Steve Ellis	15.11	(22)
7	Jesmond Joggers - A	42.53		15	Sunderland Harriers - D	45.59		23	Sunderland Strollers - C	56.50	
	Jonny Law	09.57	(10)		Allan McManus	11.52	(18)		Richard Schorah	14.28	(23)
	Chris Lawrence	11.21	(11)		Chris Bell	10.22	(16)		Chris Grassam	14.05	(23)
	Rob Willers	11.05	(11)		Aidan Crowe	11.39	(14)		Paul Riddell	14.52	(23)
	James Wilkins	10.30	(7)		Dale Wilkinson	12.06	(15)		David Langrish	13.25	(23)
8	Sunderland Strollers - A	43.19		16	Jesmond Joggers - B	46.31					
	Chris Dwyer	09.56	(9)		Matt Muller	11.23	(16)				
	Adrian Dee	11.14	(10)		Roy Bearpark	11.35	(17)				
	Neil Procter	11.18	(12)		Simon Wells	11.40	(16)				
	John Sayer	10.51	(8)		Geoff Blair	11.53	(16)				