

STEEL CITY CUP TIMETABLE 2019

TRACK		
10:45	70mH	U11B+G
	70mH	U13G
11:00	75mH	U13B
		U15G
11:15	80mH	U15B
		U17W
11:25	100mH	U17M
11:40	800m	U17M/U20M/SenM
		U15B + U17W/U20W/SenW
		U15G
		U13B
		U13G
		U11B
		U11G
		U11G
12:30	TRACK BREAK	
13:00	100m	U17W/U20W/SenW
		U17M/U20M.SenM
		U15G
		U15B
		U13G
		U13B
		U11G
		U11B
14:00	400m	Male
		Female
14:20	1500m	SenM
		U13B/U13G/U15G/SenW
14:40	200m	U17M/U20M.SenM
		U17W/U20W/SenW
		U11B
		U11G
		U13B
		U13G
		U15B
		U15G

FIELD		
10:30	Hammer 1	U20W/SenW/SenM
10:30	Long Jump 1	U11 B+G
10:45	High Jump 1	U11B+G U13B+G
11:00	Pole Vault 1	Base Openng height
11:15	Hammer 2	U15B/U15G/U17W
12:00	Javelin 1	U17M+W/U20M+W/SenM+W
12:00	High Jump 2	U15B+G
12:00	Long Jump 2	U13B+G
12:30	Shot 1	U11B+G U13B+G
13:00	Discus 1	U17M+W/U20M+W/SenM+W
13:15	High Jump 3	U17M+W/U20M+W/SenM+W
13:00	Javelin 2	U13B+G
13:45	Long Jump 3	U15B+G
14:00	Discus 2	U13B+G U15B+G
14:30	Pole Vault 2	2.30 Opening height
14:30	Javelin 3	U11B+G
14:45	Shot 2	U15B+G
15:00	Long Jump 4	U17M+W/U20M+W/SenM+W
15:30	Javelin 4	U15B+G
15:45	Shot 3	U17M+W/U20M+W/SenM+W

TIMES ARE FOR GUIDANCE ONLY AND MAY VARY.

Please listen to announcements for any variations