

Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	146	RICHARD COEN	M	MV40	WILMSLOW RUNNING CLUB	0:34:49	0:34:48		1	1	1
2	2	284	ADAM GOOCH	M	MSEN	ALTRINCHAM AND DISTRICT AC	0:35:02	0:35:02		2	1	1
3	3	455	LURIE LUSCOMBE	M	MSEN	LIVERPOOL HARRIERS & AC	0:35:20	0:35:16		3	2	1
4	4	36	JAMES BARNETT	M	MSEN	STOCKPORT HARRIERS & AC	0:36:17	0:36:13		4	3	1
5	5	516	ROBIN MUIR	M	MSEN	STOCKPORT HARRIERS & AC	0:36:43	0:36:43		5	4	2
6	6	354	BILLY HICKS	M	MSEN	MACCLESFIELD HARRIERS & AC	0:37:11	0:37:07		6	5	1
7	7	142	ANDREW CLEAL	M	MSEN	WILMSLOW RUNNING CLUB	0:37:19	0:37:15		7	6	2
8	8	148	MARK COLLIER	M	MV45	DAVENPORT RUNNERS	0:37:27	0:37:23		8	1	1
9	9	520	IAIN MURDOCH	M	MV40	STOCKPORT HARRIERS & AC	0:37:46	0:37:45		9	2	3
10	10	778	SCOTT WILSON	M	MSEN	MACCLESFIELD HARRIERS & AC	0:37:57	0:37:50		10	7	2
11	11	110	PHIL BURNS	M	MV40	STOCKPORT HARRIERS & AC	0:38:16	0:38:15		11	3	4
12	12	61	JONATHAN BEVINGTON	M	MSEN	CHORLTON RUNNERS	0:38:19	0:38:19		12	8	1
13	13	779	JAMES WILSON	M	MSEN	U/A	0:38:29	0:38:25		13	9	
14	14	690	JAMES SPEEDIE	M	MSEN	WILMSLOW RUNNING CLUB	0:38:37	0:38:32		14	10	3
15	15	47	CHARLIE BATHO	M	MV50	STOCKPORT HARRIERS & AC	0:38:48	0:38:46		15	1	5
16	16	672	GAVIN SIMPSON	M	MSEN	CHORLTON RUNNERS	0:39:08	0:39:05		16	11	2
17	17	424	JAMES KOK SHUN	M	MSEN	U/A	0:39:18	0:39:15		17	12	
18	18	138	SUSIE CHESHER	F	FSEN	U/A	0:39:21	0:39:18	1		1	
19	19	162	JAMES CORDEN	M	MV45	STOCKPORT HARRIERS & AC	0:39:38	0:39:38		18	2	6
20	20	469	THOMAS MARSHALL	M	MSEN	U/A	0:39:52	0:39:42		19	13	
21	21	795	ELLIOTT WYART	M	MSEN	U/A	0:39:55	0:39:48		20	14	
22	22	797	JAKE YOUNG	M	MSEN	U/A	0:39:59	0:39:53		21	15	
23	23	135	DAVID CHAMBERS	M	MV40	U/A	0:40:07	0:39:55		22	4	
24	24	74	IAN BOLTON	M	MSEN	IVANHOE RUNNERS	0:40:11	0:40:07		23	16	1
25	25	661	MATTHEW SHEA	M	MV40	U/A	0:40:18	0:40:14		24	5	
26	26	241	CRAIG FERGUSON	M	MSEN	MARPLE RUNNERS	0:40:25	0:40:25		25	17	1
27	27	738	M WALKER	M	MV45	U/A	0:40:36	0:40:36		26	3	
28	27	612	NICHOLAS RENDELL	M	MV40	U/A	0:40:39	0:40:36		27	6	
29	29	365	STEVEN HOLE	M	MSEN	STOCKPORT HARRIERS & AC	0:40:48	0:40:43		28	18	7
30	30	474	NATHAN MAYOH	M	MV45	STOCKPORT HARRIERS & AC	0:40:49	0:40:44		29	4	8
31	33	757	FAYE J WATERHOUSE	F	FSEN	STOCKPORT HARRIERS & AC	0:40:52	0:40:52	2		2	1
32	32	371	JARROD HOMER	M	MV50	WILMSLOW RUNNING CLUB	0:40:56	0:40:51		30	2	4
33	31	65	ALANNAH BIRTWISTLE	F	FSEN	MACCLESFIELD HARRIERS & AC	0:40:58	0:40:50	3		3	1
34	34	271	DAVID GEE	M	MV65	MANCHESTER HARRIERS	0:41:14	0:41:10		31	1	1
35	35	238	DAVID FARRINGTON	M	MSEN	MARPLE RUNNERS	0:41:23	0:41:18		32	19	2
36	36	447	NICK LIVINGSTONE	M	MSEN	POYNTON RUNNERS	0:41:27	0:41:20		33	20	1
37	36	713	STUART THOMPSON	M	MV40	U/A	0:41:29	0:41:20		34	7	
38	38	574	JON PEACH	M	MV50	MARPLE RUNNERS	0:41:40	0:41:30		35	3	3
39	39	569	JAMES PARROTT	M	MSEN	U/A	0:41:48	0:41:42		36	21	
40	39	210	GRAHAM DUCE	M	MV45	WILMSLOW RUNNING CLUB	0:41:48	0:41:42		37	5	5
41	41	63	TIM BILLINGTON	M	MV55	WILMSLOW RUNNING CLUB	0:41:55	0:41:55		38	1	6
42	42	445	JAMES LINDLEY	M	MSEN	U/A	0:42:19	0:42:12		39	22	
43	44	163	HEATHER CORDEN	F	FSEN	STOCKPORT HARRIERS & AC	0:42:20	0:42:16	4		4	2
44	44	431	SCOTT LANE	M	MV50	POYNTON RUNNERS	0:42:21	0:42:16		40	4	2
45	47	330	LOUISA HARRISON	F	FV45	WILMSLOW RUNNING CLUB	0:42:25	0:42:18	5		1	1
46	44	472	ROBERT MAXWELL	M	MV45	MACCLESFIELD HARRIERS & AC	0:42:26	0:42:16		41	6	3
47	42	775	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	0:42:26	0:42:12		42	23	1
48	48	72	NEIL BOLTON	M	MSEN	POYNTON RUNNERS	0:42:29	0:42:23		43	24	3
49	49	180	ALAN DAKIN	M	MV50	U/A	0:42:33	0:42:30		44	5	
50	52	711	BEN THOMPSON	M	MSEN	WILMSLOW STRIDERS	0:42:38	0:42:38		45	25	2
51	51	377	STEVE HUMPHRIES	M	MV45	STOCKPORT HARRIERS & AC	0:42:42	0:42:37		46	7	9
52	50	444	ROB LILLEY	M	MV45	POYNTON RUNNERS	0:42:45	0:42:36		47	8	4
53	53	282	MICHAEL GLENNON	M	MSEN	U/A	0:42:52	0:42:45		48	26	
54	54	680	MARK SMITH	M	MV45	STOCKPORT HARRIERS & AC	0:42:54	0:42:46		49	9	10
55	58	442	DAVID LEVIS	M	MV50	POYNTON RUNNERS	0:42:57	0:42:52		50	6	5
56	61	576	DARREN PEATFIELD	M	MV45	MARPLE RUNNERS	0:42:58	0:42:58		51	10	4
57	57	540	GAVIN NOLAN	M	MV45	U/A	0:42:59	0:42:51		52	11	
58	59	170	STEVEN COX	M	MV45	STOCKPORT HARRIERS & AC	0:43:00	0:42:54		53	12	11
59	55	27	PAUL ATKIN	M	MSEN	U/A	0:43:01	0:42:49		54	27	
60	55	353	NEIL HEY	M	MV50	MACCLESFIELD HARRIERS & AC	0:43:02	0:42:49		55	7	4
61	63	660	STEVE SHAUGHNESSY	M	MV60	STOCKPORT HARRIERS & AC	0:43:06	0:43:02		56	1	12
62	62	773	RICHARD WILLIAMS	M	MV40	MARPLE RUNNERS	0:43:10	0:43:01		57	8	5
63	64	772	JOHN WILLIAMS	M	MV40	BRAMHALL RUNNERS	0:43:20	0:43:11		58	9	1
64	60	38	JEREMY BARRON	M	MV40	U/A	0:43:21	0:42:55		59	10	
65	64	152	SEAN CONNELLY	M	MV50	MACCLESFIELD HARRIERS & AC	0:43:22	0:43:11		60	8	5
66	66	550	RAY O'KEEFE	M	MV50	MACCLESFIELD HARRIERS & AC	0:43:25	0:43:12		61	9	6
67	67	215	ANDY DYKINS	M	MV45	MACCLESFIELD HARRIERS & AC	0:43:27	0:43:14		62	13	7
68	68	437	ANDY LEE	M	MV45	POYNTON RUNNERS	0:43:27	0:43:23		63	14	6
69	69	327	PHIL HOWARD	M	MSEN	U/A	0:43:39	0:43:35		64	28	
70	71	518	IAN T MULLIGAN	M	MV50	STOCKPORT HARRIERS & AC	0:43:46	0:43:42		65	10	13
71	70	82	PAUL BRACKLEY	M	MSEN	U/A	0:43:47	0:43:38		66	29	
72	73	434	RICHARD LAWSON	M	MV45	WILMSLOW RUNNING CLUB	0:43:52	0:43:44		67	15	7
73	71	276	MATTHEW GIBBINS	M	MV40	SALFORD METS AC	0:44:00	0:43:42		68	11	1
74	75	491	ANDY MELVIN	M	MV50	STOCKPORT HARRIERS & AC	0:44:01	0:43:58		69	11	14
75	74	265	PAUL GARNETT	M	MV55	WILMSLOW RUNNING CLUB	0:44:04	0:43:56		70	2	8
76	76	544	PAUL NORRIS	M	MV60	WILMSLOW RUNNING CLUB	0:44:05	0:43:59		71	2	9
77	77	336	MICHAEL HARTE	M	MV45	STOCKPORT TRI CLUB	0:44:12	0:44:06		72	16	1
78	80	802	PHIL HAROLD	M	MV45	POYNTON RUNNERS	0:44:20	0:44:17		73	17	7

79	82	584	JENNIE PICKARD	F	FV45	STOCKPORT HARRIERS & AC	0:44:25	0:44:20	6		2	3
80	83	244	PAUL FISHER	M	MV40	U/A	0:44:35	0:44:21		74	12	
81	84	190	ROB DAWES	M	MSEN	U/A	0:44:38	0:44:29		75	30	
82	78	360	ROBERT HIRST	M	MV40	U/A	0:44:38	0:44:09		76	13	
83	78	716	DAVID THOMSON	M	MSEN	U/A	0:44:40	0:44:09		77	31	
84	80	799	BENJAMIN YUSUF	M	MSEN	U/A	0:44:49	0:44:17		78	32	
85	86	500	JEREMY MIRAMS	M	MV45	STOCKPORT HARRIERS & AC	0:44:50	0:44:38		79	18	15
86	87	696	PETE STOCK	M	MV60	WILMSLOW RUNNING CLUB	0:44:51	0:44:45		80	3	10
87	85	137	BENJAMIN CHARLES	M	MSEN	STOCKPORT TRI CLUB	0:44:53	0:44:31		81	33	2
88	89	304	JANET GRINT	F	FV40	STOCKPORT TRI CLUB	0:45:02	0:45:02	7		1	1
89	93	273	LOUISE GELDART	F	FSEN	STOCKPORT HARRIERS & AC	0:45:07	0:45:03	8		5	4
90	95	560	TONY PARK	M	MV55	STOCKPORT HARRIERS & AC	0:45:09	0:45:09		82	3	16
91	89	173	MIKE CROPPER	M	MSEN	U/A	0:45:10	0:45:02		83	34	
92	89	311	DEAN HAGUE	M	MV45	CRYSTAL PEAKS RUNNERS	0:45:12	0:45:02		84	19	1
93	95	31	KATHRINE BANCROFT	F	FSEN	U/A	0:45:15	0:45:09	9		6	
94	94	150	SEAN COLLINS	M	MSEN	U/A	0:45:17	0:45:07		85	35	
95	98	218	JANINE ELLIS	F	FV50	WILMSLOW RUNNING CLUB	0:45:24	0:45:20	10		1	2
96	89	42	PAUL BARTON	M	MV40	U/A	0:45:31	0:45:02		86	14	
97	102	715	HELEN THOMPSON	F	FSEN	POYNTON RUNNERS	0:45:34	0:45:28	11		7	1
98	100	117	JESSICA CAMP	F	FSEN	GLOSSOPDALE HARRIERS	0:45:36	0:45:27	12		8	1
99	98	473	MATTHEW MAY	M	MV40	U/A	0:45:36	0:45:20		87	15	
100	97	426	JAN KRZYZOSIAK	M	MSEN	U/A	0:45:36	0:45:13		88	36	
101	88	333	NEIL HARRISON	M	MV40	U/A	0:45:37	0:44:57		89	16	
102	100	103	DAN BROWNHILL	M	MV40	POYNTON RUNNERS	0:45:38	0:45:27		90	17	8
103	107	718	ANDREW TIMMINS	M	MV40	U/A	0:45:41	0:45:41		91	18	
104	103	542	DAVID NORBURY	M	MSEN	U/A	0:45:43	0:45:29		92	37	
105	105	379	ALISTAIR HUNTER	M	MV45	SCARAB TRI CLUB	0:45:43	0:45:30		93	20	1
106	103	403	OWEN JONES	M	MV40	U/A	0:45:44	0:45:29		94	19	
107	106	369	TONY HOLT	M	MV55	WESTERN AUSTRALIA MARATHON CLUB	0:45:45	0:45:33		95	4	1
108	111	712	KATIE THOMPSON	F	FSEN	WILMSLOW STRIDERS	0:45:48	0:45:48	13		9	1
109	108	134	DAVID CHADDERTON	M	MV70	STOCKPORT HARRIERS & AC	0:45:49	0:45:42		96	1	17
110	111	33	LAYLA BANNARD-SMITH	F	FSEN	U/A	0:45:52	0:45:48	14		10	
111	109	283	JOSEPH GLENNON	M	MSEN	U/A	0:45:52	0:45:43		97	38	
112	110	349	NICK HEATON	M	MV45	BRAMHALL RUNNERS	0:45:56	0:45:45		98	21	2
113	111	350	JONATHAN HEDWAT	M	MSEN	U/A	0:45:57	0:45:48		99	39	
114	114	717	LUKE TIDSEY	M	MSEN	U/A	0:45:59	0:45:49		100	40	
115	117	666	GARY SIDGWICK	M	MSEN	DAVENPORT RUNNERS	0:45:59	0:45:50		101	41	2
116	114	743	PAUL WALLACE	M	MSEN	U/A	0:46:00	0:45:49		102	42	
117	118	517	KEITH MULHOLLAND	M	MV50	MACCLESFIELD HARRIERS & AC	0:46:05	0:45:55		103	12	8
118	119	658	STEVEN SHARP	M	MV55	U/A	0:46:07	0:45:57		104	5	
119	119	281	SALLY GILLIVER	F	FV55	WILMSLOW RUNNING CLUB	0:46:11	0:45:57	15		1	3
120	125	230	GAVIN EYQUEM	M	MSEN	STOCKPORT HARRIERS & AC	0:46:16	0:46:13		105	43	18
121	121	441	MATT LEECH	M	MV40	U/A	0:46:18	0:46:02		106	20	
122	126	71	ALAN BOCKING	M	MV65	MANCHESTER HARRIERS	0:46:22	0:46:16		107	2	2
123	124	195	MARC DELUCE	M	MV55	U/A	0:46:30	0:46:12		108	6	
124	127	114	STEVE BYFORD	M	MSEN	U/A	0:46:31	0:46:19		109	44	
125	131	556	MARK OXBOROUGH-SHARP	M	MSEN	U/A	0:46:34	0:46:25		110	45	
126	122	735	JOHN WAITING	M	MSEN	MARPLE RUNNERS	0:46:36	0:46:06		111	46	6
127	122	439	JON LEE	M	MV50	U/A	0:46:39	0:46:06		112	13	
128	133	85	JONO BRAIN	M	MSEN	U/A	0:46:43	0:46:32		113	47	
129	130	487	LIAM MELLON	M	MSEN	HYDE VILLAGE STRIDERS	0:46:47	0:46:23		114	48	1
130	129	291	PETER GOUGH	M	MV50	U/A	0:46:47	0:46:22		115	14	
131	128	477	RICHARD MCCALMONT	M	MV50	U/A	0:46:47	0:46:21		116	15	
132	132	678	IAN SMALLWOOD	M	MV55	WILMSLOW RUNNING CLUB	0:46:53	0:46:31		117	7	11
133	137	385	ALEX JACKSON	M	MSEN	U/A	0:46:57	0:46:41		118	49	
134	139	149	JAMES COLLINS	M	MSEN	U/A	0:46:59	0:46:48		119	50	
135	135	418	MIKE KINNEAR	M	MSEN	U/A	0:47:00	0:46:35		120	51	
136	138	78	ANNETTE BOWDEN	F	FV45	MARPLE RUNNERS	0:47:05	0:46:46	16		3	1
137	141	719	ANDY TITLEY	M	MV55	STOCKPORT HARRIERS & AC	0:47:05	0:46:57		121	8	19
138	140	28	STEVE AUGHTON	M	MV45	BRAMHALL RUNNERS	0:47:05	0:46:55		122	22	3
139	145	604	SALLY PRICE	F	FV40	WILMSLOW RUNNING CLUB	0:47:11	0:47:07	17		2	4
140	144	223	MARK EVANS	M	MSEN	U/A	0:47:12	0:47:05		123	52	
141	133	513	LEIGH MORRIS	M	MV45	U/A	0:47:16	0:46:32		124	23	
142	146	776	JOHN WILLIAMS	M	MSEN	MARPLE RUNNERS	0:47:29	0:47:08		125	53	7
143	148	485	CHELSEA MEARS-GRAHAM	F	FSEN	MARPLE RUNNERS	0:47:30	0:47:20	18		11	2
144	147	784	ROBERT WINDSCHEFFEL	M	MV40	U/A	0:47:30	0:47:14		126	21	
145	152	75	ANDREA BOOTH	F	FV45	POYNTON RUNNERS	0:47:30	0:47:25	19		4	2
146	155	235	LAURA FAIRHURST	F	FSEN	WILMSLOW RUNNING CLUB	0:47:33	0:47:28	20		12	5
147	152	748	PHILLIP WARBURTON	M	MSEN	U/A	0:47:33	0:47:25		127	54	
148	142	549	JAMES NUTTALL	M	MSEN	U/A	0:47:35	0:47:02		128	55	
149	148	619	GLENNIS RICHARDSON	F	FV55	HYDE VILLAGE STRIDERS	0:47:36	0:47:20	21		2	1
150	151	54	LAURA BELL	F	FSEN	WINSTON RUNNERS	0:47:37	0:47:22	22		13	1
151	143	450	PAUL LOMAX	M	MV55	U/A	0:47:43	0:47:04		129	9	
152	150	90	JAMES BRIDGFORD	M	MSEN	U/A	0:47:44	0:47:21		130	56	
153	154	14	MARK ALMOND	M	MV45	U/A	0:47:44	0:47:27		131	24	
154	156	599	JONATHAN PRAGER	M	MV50	U/A	0:47:45	0:47:32		132	16	
155	159	364	PHIL HOLDEN	M	MV40	U/A	0:47:49	0:47:35		133	22	
156	163	465	DAN MARGOLAN	M	MV45	U/A	0:47:51	0:47:44		134	25	
157	162	125	ROBIN CARRUTHERS	M	MV50	U/A	0:47:53	0:47:42		135	17	

158	158	649	SIMON RUSHTON	M	MV50	MARPLE RUNNERS	0:47:55	0:47:34	136	18	8
159	157	671	ANDREW SIMPSON	M	MV45	U/A	0:47:58	0:47:33	137	26	
160	166	590	ADAM POTTS	M	MV45	BRAMHALL RUNNERS	0:48:01	0:48:01	138	27	4
161	160	108	ALAN BUDENBERG	M	MV50	U/A	0:48:07	0:47:40	139	19	
162	164	50	PAUL BAYLEY	M	MV55	U/A	0:48:13	0:48:00	140	10	
163	160	248	CHRIS FLOYD	M	MV40	U/A	0:48:18	0:47:40	141	23	
164	164	268	JACK W GASKELL	M	MSEN	U/A	0:48:20	0:48:00	142	57	
165	169	126	SARAH CARTER	F	FSEN	U/A	0:48:23	0:48:14	23	14	
166	167	307	TOM GURNEY	M	MSEN	U/A	0:48:30	0:48:08	143	58	
167	171	145	STEPHEN COATES	M	MV50	POYNTON RUNNERS	0:48:30	0:48:17	144	20	9
168	172	529	ARON MYERS	M	MSEN	WILMSLOW STRIDERS	0:48:34	0:48:21	145	59	3
169	174	745	ROB J WALLIS	M	MSEN	POYNTON RUNNERS	0:48:37	0:48:26	146	60	10
170	173	4	PAUL ADKINS	M	MV65	BRAMHALL RUNNERS	0:48:46	0:48:22	147	3	5
171	170	97	RICHARD J BROWN	M	MV45	MACCLESFIELD HARRIERS & AC	0:48:47	0:48:15	148	28	9
172	178	571	DEREK PATON	M	MV55	U/A	0:48:49	0:48:38	149	11	
173	179	801	STEVE LITTLE	M	MV40	U/A	0:48:52	0:48:39	150	24	
174	177	186	KARL DAVIES	M	MSEN	U/A	0:48:54	0:48:32	151	61	
175	175	422	MARK KNIGHT	M	MSEN	U/A	0:48:55	0:48:30	152	62	
176	176	258	ANDREW FREER	M	MV40	U/A	0:48:55	0:48:31	153	25	
177	184	228	SAMUEL EVANS	M	MSEN	BRAMHALL RUNNERS	0:49:00	0:48:46	154	63	6
178	187	659	STEPHEN SHARROCKS	M	MV50	STOCKPORT HARRIERS & AC	0:49:01	0:48:53	155	21	20
179	182	787	JEREMY WOODHAM	M	MV45	MARPLE RUNNERS	0:49:03	0:48:44	156	29	9
180	180	747	COLIN WALTON	M	MV55	WILMSLOW RUNNING CLUB	0:49:04	0:48:42	157	12	12
181	186	34	SAUL BARKER	M	MV45	U/A	0:49:06	0:48:52	158	30	
182	180	460	MARK LYNCH	M	MV50	MARPLE RUNNERS	0:49:06	0:48:42	159	22	10
183	187	254	WILL FOTHERINGHAM	M	MV45	U/A	0:49:06	0:48:53	160	31	
184	167	742	DAVID WALL	M	MV45	U/A	0:49:07	0:48:08	161	32	
185	190	96	LOIS BROOKS	F	FSEN	BRAMHALL RUNNERS	0:49:11	0:49:00	24	15	1
186	185	630	PHILIPPA ROBINSON	F	FSEN	BELLE VUE RACERS	0:49:14	0:48:50	25	16	1
187	192	102	LIAM BROWNE	M	MV50	U/A	0:49:15	0:49:02	162	23	
188	193	798	PAN YOUNG	M	MV40	BRAMHALL RUNNERS	0:49:18	0:49:04	163	26	7
189	183	233	STEVE FAIRCLOUGH	M	MV50	BRAMHALL RUNNERS	0:49:19	0:48:45	164	24	8
190	196	231	DAVID EYRE	M	MSEN	U/A	0:49:25	0:49:12	165	64	
191	193	252	ALAN FOSTER	M	MV55	U/A	0:49:25	0:49:04	166	13	
192	189	69	DANIEL BLENKLEY	M	MSEN	START2JOG	0:49:27	0:48:56	167	65	1
193	200	692	TONY SPENCER	M	MV55	U/A	0:49:31	0:49:27	168	14	
194	195	803	GOLDIE MORAN	F	FV40	U/A	0:49:34	0:49:10	26	3	
195	199	168	PAUL COWELL	M	MV50	BRAMHALL RUNNERS	0:49:38	0:49:26	169	25	9
196	205	677	CHRIS SMALLMAN	M	MSEN	U/A	0:49:40	0:49:35	170	66	
197	207	585	CLARE PICKFORD	F	FV40	U/A	0:49:45	0:49:37	27	4	
198	197	505	DAVID MOORES	M	MV40	U/A	0:49:47	0:49:18	171	27	
199	204	139	KATHRYN E CLAPHAM	F	FSEN	U/A	0:49:50	0:49:33	28	17	
200	198	277	PHILIP GIBBONS	M	MV40	U/A	0:49:50	0:49:23	172	28	
201	210	62	ANNA BEVINGTON	F	FSEN	U/A	0:49:51	0:49:43	29	18	
202	202	545	GREG NORRIS	M	MSEN	U/A	0:49:53	0:49:29	173	67	
203	206	693	NEIL STANIFORTH	M	MSEN	MARPLE RUNNERS	0:49:54	0:49:36	174	68	11
204	203	41	AMY BARTER	F	FSEN	STOCKPORT HARRIERS & AC	0:49:56	0:49:30	30	19	5
205	190	355	PHIL HIGGINBOTTOM	M	MV50	DAVENPORT RUNNERS	0:49:58	0:49:00	175	26	3
206	211	172	HELEN CROFT	F	FV40	BRAMHALL RUNNERS	0:49:58	0:49:47	31	5	2
207	208	324	TONY HARDY	M	MV60	U/A	0:49:59	0:49:39	176	4	
208	213	530	GARY MYERS	M	MV40	WILMSLOW STRIDERS	0:50:07	0:49:51	177	29	1
209	201	679	PAUL A SMITH	M	MV40	U/A	0:50:14	0:49:28	178	30	
210	216	704	KATE SUTTON	F	FV55	WILMSLOW RUNNING CLUB	0:50:17	0:49:59	32	3	6
211	214	782	IAN WIMSETT	M	MV60	EALING EAGLES RUNNING CLUB	0:50:17	0:49:54	179	5	1
212	218	507	DEBBIE MORETON	F	FV45	VALE ROYAL ATHLETICS CLUB	0:50:19	0:50:10	33	5	1
213	215	461	MARTIN LYNCH	M	MV40	U/A	0:50:19	0:49:56	180	31	
214	209	734	JULIE VIRGIN	F	FV50	MANCHESTER FRONTRUNNERS	0:50:24	0:49:41	34	2	1
215	217	22	AARON PARMAR	M	MSEN	U/A	0:50:33	0:50:04	181	69	
216	220	736	ROB WAKEFIELD	M	MV40	U/A	0:50:39	0:50:24	182	32	
217	222	780	CATHERINE WILSON	F	FV50	MACCLESFIELD HARRIERS & AC	0:50:40	0:50:27	35	3	2
218	231	315	PAUL HAINES	M	MV45	STOCKPORT HARRIERS & AC	0:50:42	0:50:37	183	33	21
219	227	204	ANDREW DODD	M	MV45	WILMSLOW STRIDERS	0:50:46	0:50:34	184	34	2
220	228	390	IAN JEFFERIES	M	MV55	POYNTON RUNNERS	0:50:47	0:50:35	185	15	11
221	224	20	IAN ARCHER	M	MV45	U/A	0:50:47	0:50:31	186	35	
222	235	673	PETER SINCLAIR	M	MV55	STOCKPORT HARRIERS & AC	0:50:50	0:50:44	187	16	22
223	239	664	COLIN SHORE	M	MV45	STOCKPORT TRI CLUB	0:50:53	0:50:53	188	36	3
224	232	49	RICHARD BAYLES	M	MSEN	U/A	0:50:55	0:50:41	189	70	
225	212	113	JONATHAN BUTCHER	M	MV65	POYNTON RUNNERS	0:50:56	0:49:50	190	4	12
226	219	555	TOM O'SHEA BROWN	M	MSEN	U/A	0:50:56	0:50:18	191	71	
227	230	35	ANTHONY BARKER	M	MV40	U/A	0:51:00	0:50:36	192	33	
228	240	11	MELANIE ALLEN	F	FSEN	U/A	0:51:03	0:50:54	36	20	
229	225	617	SCOTT RICHARDSON	M	MSEN	U/A	0:51:06	0:50:33	193	72	
230	225	410	CHRISTOPHER SW KENNEDY	M	MSEN	U/A	0:51:06	0:50:33	194	73	
231	234	84	BEN BRADLEY	M	MSEN	MACCLESFIELD HARRIERS & AC	0:51:06	0:50:43	195	74	10
232	220	392	ANDREW JERRISON	M	MV40	U/A	0:51:06	0:50:24	196	34	
233	246	405	JOHN KALNINS	M	MV45	U/A	0:51:09	0:50:59	197	37	
234	244	147	RACHEL COLLEY	F	FSEN	U/A	0:51:09	0:50:57	37	21	
235	246	197	MIKE DEVERELL	M	MV40	U/A	0:51:12	0:50:59	198	35	
236	223	45	DAVE BATES	M	MSEN	U/A	0:51:14	0:50:29	199	75	

237	237	420	ADAM KNEESHAW	M	MSEN	U/A	0:51:15	0:50:48	200	76	
238	233	551	KEVIN OFFER	M	MV60	SCARAB TRI CLUB	0:51:16	0:50:42	201	6	2
239	228	356	NICK HIGHAM	M	MSEN	U/A	0:51:17	0:50:35	202	77	
240	256	159	MARC COOKSON	M	MSEN	BRAMHALL RUNNERS	0:51:18	0:51:18	203	78	10
241	245	494	GARY MILLER	M	MSEN	U/A	0:51:19	0:50:58	204	79	
242	246	708	PETE TENDYRA	M	MSEN	U/A	0:51:20	0:50:59	205	80	
243	242	164	ANDY CORDES	M	MV50	STOCKPORT HARRIERS & AC	0:51:22	0:50:56	206	27	23
244	235	490	JAMES MELLOR	M	MSEN	U/A	0:51:26	0:50:44	207	81	
245	262	155	ADAM CONROY	M	MSEN	U/A	0:51:28	0:51:26	208	82	
246	241	593	RACHAEL POWELL	F	FV40	MARPLE RUNNERS	0:51:30	0:50:55	38	6	3
247	251	499	PAUL MINTON	M	MSEN	BELLE VUE RACERS	0:51:31	0:51:04	209	83	1
248	249	174	MARK CROSSLAND	M	MV50	WILMSLOW RUNNING CLUB	0:51:32	0:51:01	210	28	13
249	250	412	EMMA LOUISE KERWIN	F	FSEN	BELLE VUE RACERS	0:51:32	0:51:02	39	22	2
250	254	175	ROBERT CROSSLAND	M	MSEN	U/A	0:51:33	0:51:05	211	84	
251	238	80	JONATHAN BOWLES	M	MSEN	U/A	0:51:34	0:50:49	212	85	
252	251	259	DAVID FRENCH	M	MV50	MARPLE RUNNERS	0:51:35	0:51:04	213	29	12
253	260	402	MARY JONES	F	FV45	GOYT VALLEY STRIDERS	0:51:36	0:51:24	40	6	1
254	255	670	DAVID SIMMONS	M	MV45	PRESTWICH AC	0:51:39	0:51:12	214	38	1
255	251	633	CARMEN ROBINSON	F	FV45	U/A	0:51:39	0:51:04	41	7	
256	242	245	STEPHEN FLACKE	M	MSEN	U/A	0:51:42	0:50:56	215	86	
257	256	44	NIKKI J BATEMAN	F	FV40	U/A	0:51:44	0:51:18	42	7	
258	261	119	CHRIS CANNON	M	MV60	WILMSLOW RUNNING CLUB	0:51:44	0:51:25	216	7	14
259	263	611	ROSALIND REEVES	F	FV50	POYNTON RUNNERS	0:51:46	0:51:28	43	4	3
260	264	478	ANGELA MCCARTHY	F	FV55	WILMSLOW RUNNING CLUB	0:51:47	0:51:32	44	4	7
261	258	429	RICHARD LAMB	M	MV50	POYNTON RUNNERS	0:51:51	0:51:21	217	30	13
262	268	351	MARK HETHERINGTON	M	MV40	POYNTON RUNNERS	0:52:05	0:51:46	218	36	14
263	259	370	DALEY HOLT	M	MSEN	U/A	0:52:05	0:51:22	219	87	
264	264	492	EARL MESSAM	M	MSEN	U/A	0:52:07	0:51:32	220	88	
265	266	381	NEIL HURREN	M	MV40	MARPLE RUNNERS	0:52:08	0:51:38	221	37	13
266	267	602	LISA PREECE	F	FV45	POYNTON RUNNERS	0:52:08	0:51:42	45	8	4
267	271	635	VICKY ROCHE	F	FSEN	U/A	0:52:17	0:51:56	46	23	
268	273	449	SUZANNE LOCKWOOD	F	FSEN	U/A	0:52:18	0:52:02	47	24	
269	275	796	JANET WYLES	F	FV50	WILMSLOW RUNNING CLUB	0:52:20	0:52:03	48	5	8
270	277	522	LAURA MURISON	F	FV45	U/A	0:52:21	0:52:09	49	9	
271	114	294	WAYNE GRANT	M	MV40	GOYT VALLEY STRIDERS	0:52:22	0:45:49	222	38	1
272	273	60	JONATHAN BEST	M	MV40	U/A	0:52:24	0:52:02	223	39	
273	269	10	ADAM ALEXANDER	M	MSEN	U/A	0:52:27	0:51:49	224	89	
274	278	120	GEMMA CARE	F	FSEN	VEGAN RUNNERS UK	0:52:28	0:52:12	50	25	1
275	270	359	DANIEL HINKS	M	MSEN	U/A	0:52:29	0:51:50	225	90	
276	288	407	MIKE KELLY	M	MV45	MARPLE RUNNERS	0:52:37	0:52:37	226	39	14
277	272	687	TOM SMITH	M	MSEN	POYNTON RUNNERS	0:52:37	0:52:01	227	91	15
278	278	622	FRAN RILEY	F	FSEN	U/A	0:52:43	0:52:12	51	26	
279	290	154	TONY CONROY	M	MV45	U/A	0:52:44	0:52:42	228	40	
280	285	16	VICKY ANDERSON	F	FV45	WILMSLOW STRIDERS	0:52:45	0:52:31	52	10	2
281	276	179	JAMES CUTHBERT	M	MV55	U/A	0:52:47	0:52:07	229	17	
282	283	564	ROB PARKIN	M	MV45	CONGLETON HARRIERS	0:52:48	0:52:28	230	41	1
283	284	380	KELLY HURLSTONE	F	FSEN	CONGLETON HARRIERS	0:52:50	0:52:29	53	27	1
284	282	765	PAUL WHITE	M	MV45	U/A	0:53:01	0:52:26	231	42	
285	286	32	CRAIG BANKS	M	MSEN	STOCKPORT HARRIERS & AC	0:53:02	0:52:33	232	92	24
286	289	443	SARA LEWIN	F	FSEN	MARPLE RUNNERS	0:53:03	0:52:40	54	28	4
287	287	37	FRANCES BARNETT	F	FSEN	U/A	0:53:04	0:52:34	55	29	
288	280	128	ROSIE CARTWRIGHT	F	FSEN	U/A	0:53:05	0:52:17	56	30	
289	296	101	ANDY BROWN	M	MV65	STOCKPORT HARRIERS & AC	0:53:10	0:53:01	233	5	25
290	291	257	MATT FRANCIS	M	MV45	U/A	0:53:11	0:52:48	234	43	
291	135	758	EDDY WEBB	M	MV45	GOYT VALLEY STRIDERS	0:53:13	0:46:35	235	44	2
292	292	432	AMANDA LANE	F	FV45	POYNTON RUNNERS	0:53:17	0:52:51	57	11	5
293	281	652	MATT SANDERS	M	MV40	U/A	0:53:27	0:52:25	236	40	
294	294	578	RACHAEL E PEERS	F	FSEN	WILMSLOW RUNNING CLUB	0:53:30	0:52:59	58	31	9
295	293	638	GORDON ROGAN	M	MV55	MARPLE RUNNERS	0:53:35	0:52:58	237	18	15
296	300	744	ANDY WALLACE	M	MV60	POYNTON RUNNERS	0:53:40	0:53:17	238	8	16
297	302	1	JILL ABBOTT	F	FV55	MACCLESFIELD HARRIERS & AC	0:53:41	0:53:22	59	5	3
298	304	305	BEN GROVE	M	MSEN	U/A	0:53:42	0:53:24	239	93	
299	305	188	RICK DAVIES	M	MV50	U/A	0:53:48	0:53:26	240	31	
300	298	681	BREESHEY SMITH	F	FV50	BRAMHALL RUNNERS	0:53:51	0:53:12	60	6	3
301	297	295	LIAM GRAY	M	MSEN	U/A	0:53:53	0:53:05	241	94	
302	309	263	IAN GALLOWAY	M	MV45	MARPLE RUNNERS	0:53:54	0:53:33	242	45	16
303	301	191	JUDY DAWKINS	F	FV40	U/A	0:53:55	0:53:19	61	8	
304	298	13	EMILY ALLSOPP	F	FSEN	U/A	0:53:55	0:53:12	62	32	
305	305	800	ALEX YUSUF	M	MSEN	U/A	0:53:57	0:53:26	243	95	
306	316	694	PAUL STARKIE	M	MV40	U/A	0:53:59	0:53:53	244	41	
307	312	595	JON POWER	M	MV45	MARPLE RUNNERS	0:54:01	0:53:41	245	46	17
308	313	623	CHRISTINE RITCHIE	F	FV60	MACCLESFIELD HARRIERS & AC	0:54:03	0:53:47	63	1	4
309	302	676	JOANNE SLINGER	F	FV40	U/A	0:54:04	0:53:22	64	9	
310	310	212	ROB DUNLEY	M	MV40	POYNTON RUNNERS	0:54:05	0:53:38	246	42	17
311	314	201	KATHRYN A L DEWICK	F	FV40	BOLLINGTON HARRIERS	0:54:05	0:53:51	65	10	1
312	314	200	PAUL DEWICK	M	MV40	U/A	0:54:06	0:53:51	247	43	
313	295	519	DAVID MURCH	M	MV45	U/A	0:54:06	0:53:00	248	47	
314	317	225	JO EVANS	F	FSEN	BOLLINGTON HARRIERS	0:54:09	0:53:54	66	33	2
315	321	729	MIKE. R. UTTING	M	MV45	BRAMHALL RUNNERS	0:54:13	0:54:02	249	48	11

316	308	682	JAMIE SMITH	M	MV70	WILMSLOW RUNNING CLUB	0:54:13	0:53:29	250	2	15
317	322	523	VIKKI MURPHY	F	FV45	BRAMHALL RUNNERS	0:54:14	0:54:03	67	12	4
318	305	702	RICK SUTER	M	MSEN	U/A	0:54:17	0:53:26	251	96	
319	325	205	SALLY ANN DODD	F	FV40	WILMSLOW STRIDERS	0:54:20	0:54:07	68	11	1
320	311	314	ANDREW HAIGH	M	MV50	MACCLESFIELD HARRIERS & AC	0:54:25	0:53:39	252	32	11
321	327	726	ALAN TURNER	M	MV50	WILMSLOW RUNNING CLUB	0:54:31	0:54:10	253	33	16
322	324	582	JOHN PHELAN	M	MV50	U/A	0:54:32	0:54:06	254	34	
323	329	700	SUE STRANG	F	FV55	WILMSLOW RUNNING CLUB	0:54:37	0:54:17	69	6	10
324	336	335	KATIE HARROP	F	FSEN	U/A	0:54:38	0:54:29	70	34	
325	326	789	STEVEN WOODWARD	M	MV40	MARPLE RUNNERS	0:54:41	0:54:08	255	44	18
326	322	705	GARY SWINDELLS	M	MSEN	POYNTON RUNNERS	0:54:45	0:54:03	256	97	18
327	332	629	TOM ROBINSON	M	MSEN	U/A	0:54:47	0:54:23	257	98	
328	318	488	NICK MELLOR	M	MV40	U/A	0:54:49	0:53:58	258	45	
329	337	446	TERI LIVINGSTONE	F	FSEN	POYNTON RUNNERS	0:54:49	0:54:30	71	35	6
330	319	386	PAUL JACKSON	M	MV40	U/A	0:54:50	0:53:59	259	46	
331	340	269	STEPHEN GATENBY	M	MV40	U/A	0:54:50	0:54:37	260	47	
332	339	468	CATRIONA MARSHALL	F	FV50	WILMSLOW RUNNING CLUB	0:54:50	0:54:34	72	7	11
333	328	615	SIMON RICHARDS	M	MV40	U/A	0:54:57	0:54:16	261	48	
334	332	515	ALISTAIR MORTON	M	MV50	U/A	0:54:58	0:54:23	262	35	
335	342	404	ALISON JORDAN	F	FV40	U/A	0:55:02	0:54:47	73	12	
336	329	419	ADRIAN KIRK	M	MV40	U/A	0:55:02	0:54:17	263	49	
337	320	237	JAMES FARMER	M	MSEN	POYNTON RUNNERS	0:55:03	0:54:01	264	99	19
338	341	448	EMMA LOCK	F	FSEN	POYNTON RUNNERS	0:55:03	0:54:44	74	36	7
339	331	435	GRAEME LAWTON	M	MSEN	U/A	0:55:04	0:54:18	265	100	
340	345	296	JENNIFER GRAYSTON	F	FV40	U/A	0:55:05	0:54:49	75	13	
341	338	627	DANIEL ROBERTS	M	MSEN	U/A	0:55:05	0:54:33	266	101	
342	335	596	HAZEL POWER	F	FV50	U/A	0:55:08	0:54:27	76	8	
343	334	348	BARRY HEAP	M	MV50	BRAMHALL RUNNERS	0:55:15	0:54:24	267	36	12
344	351	361	DAVID HOBSON	M	MSEN	U/A	0:55:16	0:55:01	268	102	
345	353	395	DAVID JOHN	M	MV50	U/A	0:55:18	0:55:02	269	37	
346	355	533	JENNIE NEILL	F	FSEN	U/A	0:55:18	0:55:06	77	37	
347	346	495	EMMA MILLINGTON	F	FSEN	U/A	0:55:21	0:54:50	78	38	
348	348	143	PHILIP CLIFF	M	MSEN	U/A	0:55:25	0:54:55	270	103	
349	355	786	RUTH WOODALL	F	FV40	U/A	0:55:28	0:55:06	79	14	
350	342	309	CHRIS GUYMER	M	MSEN	U/A	0:55:29	0:54:47	271	104	
351	351	749	GRAHAM S WARBURTON	M	MV45	U/A	0:55:31	0:55:01	272	49	
352	342	614	DAN REYNOLDS	M	MSEN	U/A	0:55:32	0:54:47	273	105	
353	349	326	CHRISTOPHER HARESHAPE	M	MV55	U/A	0:55:35	0:54:57	274	19	
354	347	695	ANTONY STATHAM	M	MSEN	U/A	0:55:35	0:54:52	275	106	
355	353	769	KAREN WILEMAN	F	FV40	U/A	0:55:36	0:55:02	80	15	
356	364	52	SARAH BEATTIE	F	FV45	BRAMHALL RUNNERS	0:55:38	0:55:26	81	13	5
357	349	310	DAVID GUYMER	M	MSEN	U/A	0:55:39	0:54:57	276	107	
358	360	251	DEBBIE FORSTER	F	FV45	U/A	0:55:44	0:55:14	82	14	
359	358	73	MALCOLM BOLTON	M	MV60	U/A	0:55:45	0:55:09	277	9	
360	359	607	JOSEPH QUICK	M	MSEN	U/A	0:55:48	0:55:13	278	108	
361	367	6	CHRISTINE AHMED	F	FSEN	U/A	0:55:49	0:55:37	83	39	
362	373	774	BETHANY WILLIAMS	F	FSEN	U/A	0:55:49	0:55:49	84	40	
363	355	710	DARREN THOMAS	M	MV40	U/A	0:55:55	0:55:06	279	50	
364	362	401	STEPHANIE JONES	F	FV45	U/A	0:55:57	0:55:20	85	15	
365	363	634	ALISTAIR ROBINSON	M	MSEN	U/A	0:56:04	0:55:22	280	109	
366	365	297	NINA GREEN	F	FV55	STOCKPORT HARRIERS & AC	0:56:06	0:55:28	86	7	6
367	370	603	PIPPA PRICE	F	FV50	U/A	0:56:11	0:55:44	87	9	
368	361	760	MICHELLE WEIR	F	FV40	DAVENPORT RUNNERS	0:56:12	0:55:16	88	16	1
369	380	476	COLIN MCARDLE	M	MV50	BRAMHALL RUNNERS	0:56:12	0:55:57	281	38	13
370	377	475	ROSIE MCARDLE	F	FV40	BRAMHALL RUNNERS	0:56:13	0:55:55	89	17	6
371	382	329	ANN HARRIS	F	FV65	MACCLESFIELD HARRIERS & AC	0:56:16	0:56:07	90	1	5
372	375	165	MATHEW CORDES	M	MSEN	U/A	0:56:16	0:55:50	282	110	
373	370	363	ANDREW HODSON	M	MV45	MARPLE RUNNERS	0:56:16	0:55:44	283	50	19
374	378	625	NICHOLAS ROBERTS	M	MV50	STOCKPORT TRI CLUB	0:56:19	0:55:56	284	39	4
375	366	94	PHILIP BROADBENT	M	MV45	U/A	0:56:21	0:55:29	285	51	
376	368	261	JOSIE GALBRAITH	F	FV45	CONGLETON HARRIERS	0:56:23	0:55:42	91	16	2
377	376	767	NICOLA WHITWORTH	F	FV40	U/A	0:56:23	0:55:51	92	18	
378	373	425	MATTHEW KOKIET	M	MSEN	U/A	0:56:33	0:55:49	286	111	
379	369	654	REBECCA SCANLON	F	FV40	U/A	0:56:35	0:55:43	93	19	
380	391	751	LEE WARD	M	MV45	U/A	0:56:44	0:56:36	287	52	
381	380	648	MARIA RUSHTON	F	FV50	MARPLE RUNNERS	0:56:46	0:55:57	94	10	5
382	389	454	JULIE LUCAS	F	FV55	WILMSLOW RUNNING CLUB	0:56:46	0:56:31	95	8	12
383	372	663	ROSS SHELLEY	M	MV40	U/A	0:56:50	0:55:47	288	51	
384	378	756	DAVID WATERHOUSE	M	MV60	U/A	0:56:51	0:55:56	289	10	
385	386	55	ALICIA BELLISHAW	F	FV40	U/A	0:56:53	0:56:20	96	20	
386	383	270	FAYE GAUNT	F	FSEN	BOALLOY	0:56:55	0:56:13	97	41	1
387	400	510	DIPIKA MORGAN	F	FV40	MACCLESFIELD HARRIERS & AC	0:56:55	0:56:48	98	21	6
388	384	628	SARA ROBINSON	F	FSEN	U/A	0:56:58	0:56:15	99	42	
389	385	224	PETER EVANS	M	MV55	U/A	0:56:59	0:56:18	290	20	
390	388	750	ALISON WARD	F	FV45	U/A	0:57:00	0:56:28	100	17	
391	400	631	DAVID ROBINSON	M	MV50	POYNTON RUNNERS	0:57:03	0:56:48	291	40	20
392	398	207	HELEN DOYLE	F	FV45	U/A	0:57:04	0:56:46	101	18	
393	390	302	DENISE GREGORY	F	FV50	BRAMHALL RUNNERS	0:57:09	0:56:35	102	11	7
394	396	646	ANDREA ROWSON	F	FV45	MARPLE RUNNERS	0:57:11	0:56:42	103	19	6

395	395	453	EMMA LOVERIDGE	F	FSEN	MARPLE RUNNERS	0:57:11	0:56:38	104	43	7
396	403	253	HELEN FOTHERINGHAM	F	FV40	POYNTON RUNNERS	0:57:12	0:56:58	105	22	8
397	402	528	WARREN MYERS	M	MSEN	U/A	0:57:14	0:56:52	292	112	
398	387	316	MARTIN HALL	M	MV60	U/A	0:57:15	0:56:25	293	11	
399	407	115	JENNIFER BYFORD	F	FSEN	U/A	0:57:15	0:57:06	106	44	
400	393	131	JOHN CAULFIELD	M	MV50	POYNTON RUNNERS	0:57:18	0:56:37	294	41	21
401	398	306	MARK GRUNDY	M	MV55	BRAMHALL RUNNERS	0:57:21	0:56:46	295	21	14
402	404	321	ZOE HANCOCK	F	FV40	U/A	0:57:23	0:57:03	107	23	
403	411	56	LINDSAY BENNISON	F	FV50	U/A	0:57:25	0:57:14	108	12	
404	408	158	GEMMA COOKE	F	FSEN	U/A	0:57:26	0:57:07	109	45	
405	391	686	SANDRA SMITH	F	FV45	MARPLE RUNNERS	0:57:27	0:56:36	110	20	8
406	393	746	PETA L WALSH	F	FV55	STOCKPORT HARRIERS & AC	0:57:29	0:56:37	111	9	7
407	421	732	BEN VERDON	M	MSEN	U/A	0:57:39	0:57:25	296	113	
408	396	761	TIM WELCH	M	MV40	U/A	0:57:39	0:56:42	297	52	
409	416	193	JAMES DEIGHTON	M	MV40	MARPLE RUNNERS	0:57:41	0:57:19	298	53	20
410	414	683	TOBY SMITH	M	MV40	MARPLE RUNNERS	0:57:41	0:57:17	299	54	21
411	417	194	CAITLIN DEIGHTON	F	FSEN	MARPLE RUNNERS	0:57:42	0:57:22	112	46	9
412	419	24	IAN ASHCROFT	M	MV70	WILMSLOW RUNNING CLUB	0:57:44	0:57:24	300	3	17
413	419	605	ANDREW PROWSE	M	MSEN	U/A	0:57:44	0:57:24	301	114	
414	412	665	KATHLEEN SHORE	F	FSEN	U/A	0:57:48	0:57:15	113	47	
415	405	308	SARAH GUSELLI	F	FV40	START2JOG	0:57:50	0:57:05	114	24	1
416	410	579	CLAIRE PEERS	F	FSEN	U/A	0:57:55	0:57:11	115	48	
417	413	287	LUCY GOSTELOW	F	FV45	U/A	0:57:56	0:57:16	116	21	
418	414	755	BRIAN WASSALL	M	MV45	BOALLOY	0:57:57	0:57:17	302	53	1
419	424	387	MICHAEL JARVIS	M	MV40	U/A	0:58:03	0:57:39	303	55	
420	425	768	DEBBIE WHYTE	F	FV40	U/A	0:58:03	0:57:46	117	25	
421	405	568	HOLLY PARRISH	F	FSEN	U/A	0:58:05	0:57:05	118	49	
422	423	219	WILL ELLIS	M	MSEN	U/A	0:58:07	0:57:38	304	115	
423	409	18	ADAM ANDREW	M	MSEN	U/A	0:58:08	0:57:09	305	116	
424	417	196	JEFF DENNY	M	MV60	U/A	0:58:13	0:57:22	306	12	
425	436	610	JOANNE REDFERN	F	FV45	U/A	0:58:17	0:58:13	119	22	
426	432	506	VALERIE A MORGAN	F	FV65	U/A	0:58:22	0:58:04	120	2	
427	437	382	OLIVIA F HUTTON	F	FSEN	U/A	0:58:23	0:58:14	121	50	
428	435	375	GEOFFREY HULL	M	MV65	MACCLESFIELD HARRIERS & AC	0:58:25	0:58:11	307	6	12
429	434	95	EMMA BRODIE	F	FV40	DAVENPORT RUNNERS	0:58:32	0:58:07	122	26	2
430	422	567	CHARLOTTE PARRISH	F	FSEN	U/A	0:58:32	0:57:33	123	51	
431	427	525	GRAHAM MURRAY	M	MV55	MARPLE RUNNERS	0:58:33	0:57:55	308	22	22
432	426	526	TRACY MURRAY	F	FV50	MARPLE RUNNERS	0:58:33	0:57:54	124	13	10
433	445	451	EMMA LORD	F	FV45	MACCLESFIELD HARRIERS & AC	0:58:38	0:58:38	125	23	7
434	429	594	EMMA LOUISE POWELL	F	FSEN	U/A	0:58:39	0:57:56	126	52	
435	443	211	SUZANNE DUDLEY	F	FV45	U/A	0:58:43	0:58:32	127	24	
436	431	502	JO MOHAN	F	FV45	START2JOG	0:58:48	0:58:01	128	25	2
437	430	608	JON RADCLIFFE	M	MSEN	U/A	0:58:48	0:57:58	309	117	
438	443	362	NICOLA HODGSON	F	FSEN	U/A	0:58:51	0:58:32	129	53	
439	439	293	JUDE GRADY	F	FSEN	POYNTON RUNNERS	0:58:57	0:58:21	130	54	9
440	438	731	TRACY VARDY	F	FV40	U/A	0:58:58	0:58:15	131	27	
441	433	415	GARETH KIMBER	M	MV40	U/A	0:59:00	0:58:06	310	56	
442	445	317	SANDY HALL	F	FV45	CONGLETON HARRIERS	0:59:00	0:58:38	132	26	3
443	427	791	TOM WRIGHT	M	MSEN	U/A	0:59:02	0:57:55	311	118	
444	451	416	TRACY KIMBER	F	FV40	U/A	0:59:02	0:59:02	133	28	
445	441	312	STEVEN HAIG	M	MV45	DAVENPORT RUNNERS	0:59:03	0:58:27	312	54	4
446	448	181	PAUL DALE	M	MV65	U/A	0:59:08	0:58:53	313	7	
447	440	538	JENS NIELSEN	M	MV55	U/A	0:59:10	0:58:25	314	23	
448	442	566	SAMANTHA PARRISH	F	FSEN	U/A	0:59:28	0:58:28	134	55	
449	447	313	MARIA HAIGH	F	FV50	U/A	0:59:32	0:58:47	135	14	
450	449	580	LAURA PERKIN	F	FSEN	U/A	0:59:38	0:58:54	136	56	
451	455	397	BARRY JOHNSON	M	MV60	POYNTON RUNNERS	0:59:40	0:59:12	315	13	22
452	458	25	ELAINE ASHTON	F	FV45	SWINTON RUNNING CLUB	0:59:41	0:59:16	137	27	1
453	460	565	KATIE PARLATT	F	FSEN	U/A	0:59:45	0:59:18	138	57	
454	466	598	KIRSTIN W PRAGER	F	FV45	U/A	0:59:46	0:59:34	139	28	
455	452	557	ANDREW OXENHAM	M	MSEN	U/A	0:59:47	0:59:09	316	119	
456	461	601	TONY PRATT	M	MV50	MARPLE RUNNERS	0:59:56	0:59:22	317	42	23
457	450	456	JENN LUTTON	F	FSEN	WINSTON RUNNERS	0:59:57	0:58:56	140	58	2
458	465	430	CATHERINE LAMBERT	F	FV50	POYNTON RUNNERS	0:59:59	0:59:32	141	15	10
459	459	57	RACHAEL BENSON	F	FV50	BRAMHALL RUNNERS	0:59:59	0:59:17	142	16	8
460	474	722	MONIKA TREAGUST	F	FV40	U/A	0:59:59	0:59:48	143	29	
461	477	232	JILL FAIRBAIRN	F	FV65	U/A	1:00:06	0:59:54	144	3	
462	468	217	LOUISE ELLIS	F	FV50	U/A	1:00:08	0:59:39	145	17	
463	463	182	LEE DALLOW	M	MV40	U/A	1:00:10	0:59:27	318	57	
464	453	483	LAUREN ROSE MCILROY	F	FV40	U/A	1:00:12	0:59:10	146	30	
465	456	667	SUSIE SIDLEY	F	FSEN	POYNTON RUNNERS	1:00:13	0:59:13	147	59	11
466	456	222	TONY ELLWOOD	M	MV45	U/A	1:00:13	0:59:13	319	55	
467	453	221	JULIE ELLWOOD	F	FV45	U/A	1:00:13	0:59:10	148	29	
468	469	707	CLAIRE TANNER	F	FV45	U/A	1:00:13	0:59:40	149	30	
469	481	127	JULIA CARTER	F	FV45	GOYT VALLEY STRIDERS	1:00:13	0:59:58	150	31	2
470	472	399	CLAIRE JOLLY	F	FSEN	DISLEY RUNNERS	1:00:15	0:59:45	151	60	1
471	475	220	ROLAND ELLISON	M	MV45	U/A	1:00:16	0:59:52	320	56	
472	462	192	ELAINE DE FRIES	F	FV55	MARPLE RUNNERS	1:00:16	0:59:26	152	10	11
473	467	140	CLAIRE CLARK	F	FV40	U/A	1:00:16	0:59:37	153	31	

474	470	535	DAVID J NEWTON	M	MV55	MACCLESFIELD HARRIERS & AC	1:00:16	0:59:43	321	24	13
475	480	332	EMILY HARRISON	F	FV45	U/A	1:00:23	0:59:57	154	32	
476	473	91	SALLY BRIGGS	F	FV40	BRAMHALL RUNNERS	1:00:25	0:59:46	155	32	9
477	463	440	NATALIE LEEB	F	FSEN	DAVENPORT RUNNERS	1:00:26	0:59:27	156	61	3
478	476	641	KATHRYN ROGERS	F	FV50	BRAMHALL RUNNERS	1:00:31	0:59:53	157	18	10
479	478	133	BRENDA CHADDERTON	F	FV70	MARPLE RUNNERS	1:00:31	0:59:55	158	1	12
480	483	548	ANDREW NURNEY	M	MV45	U/A	1:00:32	1:00:05	322	57	
481	478	89	TRACEY BRERETON	F	FV45	MARPLE RUNNERS	1:00:33	0:59:55	159	33	13
482	471	7	KATE AIKEN	F	FSEN	U/A	1:00:36	0:59:44	160	62	
483	482	616	LISA RICHARDS	F	FSEN	NORTHWICH RUNNING CLUB	1:00:37	1:00:04	161	63	1
484	484	328	HAZEL HARRINGTON	F	FV55	BRAMHALL RUNNERS	1:00:44	1:00:11	162	11	11
485	491	2	HELEN ABBOTT	F	FSEN	MACCLESFIELD HARRIERS & AC	1:00:44	1:00:22	163	64	8
486	490	752	PATRICK WARDLE	M	MV50	U/A	1:00:44	1:00:21	323	43	
487	487	266	SARAH GARNETT	F	FV40	DISLEY RUNNERS	1:00:45	1:00:16	164	33	1
488	488	754	HELEN WASSALL	F	FV45	BOALLOY	1:00:56	1:00:17	165	34	2
489	491	229	LOUISE EWBank	F	FSEN	MARPLE RUNNERS	1:00:57	1:00:22	166	65	14
490	497	352	CATHERINE HETHERINGTON	F	FV40	POYNTON RUNNERS	1:00:58	1:00:37	167	34	12
491	496	396	RHONA JOHNSON	F	FV55	POYNTON RUNNERS	1:01:01	1:00:34	168	12	13
492	486	561	KATHRYN A PARKER	F	FV40	U/A	1:01:03	1:00:14	169	35	
493	491	503	RUTH MOLLOY	F	FV45	U/A	1:01:05	1:00:22	170	35	
494	494	512	BETHANY MORLEY-HARDING	F	FSEN	U/A	1:01:05	1:00:26	171	66	
495	485	286	SIMON GOODWIN	M	MV45	SWINTON RUNNING CLUB	1:01:07	1:00:12	324	58	1
496	489	504	EMMA MOONEY	F	FV40	MARPLE RUNNERS	1:01:12	1:00:19	172	36	15
497	498	43	EMMA BARTON	F	FV40	U/A	1:01:13	1:00:42	173	37	
498	495	323	REBECCA HARDMAN	F	FSEN	U/A	1:01:19	1:00:30	174	67	
499	500	552	KATHRYN OGDEN	F	FV40	U/A	1:01:23	1:00:49	175	38	
500	499	87	TONY BRAY	M	MV65	U/A	1:01:27	1:00:43	325	8	
501	502	9	STEPHEN ALCOCK	M	MV40	U/A	1:01:42	1:00:57	326	58	
502	502	457	BERNADETT LYNAS	F	FSEN	U/A	1:01:42	1:00:57	176	68	
503	505	643	CATHRYN ROSTRON	F	FV40	U/A	1:01:43	1:01:13	177	39	
504	501	171	CRESSIDA CRABTREE	F	FSEN	MARPLE RUNNERS	1:01:43	1:00:56	178	69	16
505	507	234	ANN-MARIE FAIRCLOUGH	F	FV55	MARPLE RUNNERS	1:01:47	1:01:14	179	13	17
506	511	144	EMMA CLIFF	F	FSEN	U/A	1:01:49	1:01:19	180	70	
507	505	464	MARTYN MANCEY-JOHNSON	M	MSEN	U/A	1:01:51	1:01:13	327	120	
508	509	202	ALEXIS DINSMOR	F	FV65	STOCKPORT HARRIERS & AC	1:01:57	1:01:16	181	4	8
509	504	408	CHARLOTTE KELLY	F	FSEN	GOYT VALLEY STRIDERS	1:02:02	1:00:59	182	71	3
510	517	400	JANE JONES	F	FV50	U/A	1:02:09	1:01:50	183	19	
511	516	40	SARAH BARSTED	F	FV45	U/A	1:02:09	1:01:49	184	36	
512	510	543	JOHN NORMANSELL	M	MV60	DAVENPORT RUNNERS	1:02:15	1:01:18	328	14	5
513	507	104	TIM BROWNING	M	MV40	U/A	1:02:16	1:01:14	329	59	
514	512	177	LUCY CUNLIFFE	F	FSEN	U/A	1:02:16	1:01:20	185	72	
515	513	64	CHERYL BIRCHENOUGH	F	FV45	U/A	1:02:24	1:01:25	186	37	
516	514	256	ERIKA FRAME	F	FV50	BRAMHALL RUNNERS	1:02:27	1:01:40	187	20	12
517	515	77	MICHALA BOOTH	F	FV40	DAVENPORT RUNNERS	1:02:46	1:01:48	188	40	4
518	518	366	DAMIAN HOLLAND	M	MV50	U/A	1:02:51	1:01:52	330	44	
519	522	118	SUE CAMPBELL	F	FV65	U/A	1:02:59	1:02:21	189	5	
520	528	300	CATHERINE GREEN	F	FSEN	U/A	1:03:01	1:02:48	190	73	
521	519	124	DEREK CARRUTHERS	M	MV55	U/A	1:03:01	1:02:10	331	25	
522	529	299	CHRIS GREEN	M	MV40	U/A	1:03:03	1:02:49	332	60	
523	526	166	RICHARD COULBY	M	MV55	STOCKPORT TRI CLUB	1:03:15	1:02:43	333	26	5
524	525	343	ROBERT HATTON	M	MSEN	MARPLE RUNNERS	1:03:18	1:02:41	334	121	24
525	523	458	CLAIRE LYNCH	F	FV45	MARPLE RUNNERS	1:03:19	1:02:29	191	38	18
526	520	423	LIZ KNOTT	F	FSEN	U/A	1:03:21	1:02:18	192	74	
527	524	508	MORAG E MORGAN	F	FV65	BRAMHALL RUNNERS	1:03:24	1:02:34	193	6	13
528	521	236	CLAIRE FARMER	F	FSEN	POYNTON RUNNERS	1:03:25	1:02:20	194	75	14
529	530	53	ANDREW BEATTY	M	MSEN	U/A	1:03:39	1:02:50	335	122	
530	527	553	NICK OLDFIELD	M	MV40	MARPLE RUNNERS	1:03:45	1:02:45	336	61	25
531	531	30	AMANDA AYLWARD	F	FV45	DAVENPORT RUNNERS	1:03:49	1:02:55	195	39	5
532	532	720	WENDY TOREVELL	F	FV60	BRAMHALL RUNNERS	1:03:50	1:03:05	196	2	14
533	535	511	JO HELEN MORLEY	F	FV40	DAVENPORT RUNNERS	1:03:59	1:03:08	197	41	6
534	533	288	ALISON GOUGH	F	FV55	DAVENPORT RUNNERS	1:04:00	1:03:07	198	14	7
535	536	459	SARAH LYNCH	F	FV40	U/A	1:04:04	1:03:11	199	42	
536	537	498	LAURA MILLWARD	F	FV40	U/A	1:04:04	1:03:18	200	43	
537	539	730	KARINA UTTLEY	F	FV45	U/A	1:04:06	1:03:33	201	40	
538	533	184	MATTHEW DAVIES	M	MSEN	U/A	1:04:08	1:03:07	337	123	
539	541	83	MAGS BRADBURY	F	FV40	U/A	1:04:09	1:03:44	202	44	
540	546	534	HARRY NEWTON	M	MV80	MACCLESFIELD HARRIERS & AC	1:04:33	1:04:07	338	1	14
541	542	470	MICHELLE MASSEY	F	FSEN	START2JOG	1:04:34	1:03:47	203	76	3
542	538	3	ARTHUR ADAMS	M	MV65	U/A	1:04:36	1:03:31	339	9	
543	540	319	LIS HALPIN	F	FV40	POYNTON RUNNERS	1:04:37	1:03:35	204	45	15
544	554	597	ROY POWNALL	M	MV70	WILMSLOW RUNNING CLUB	1:04:40	1:04:25	340	4	18
545	544	303	SIAN GRIFFITHS	F	FV55	MARPLE RUNNERS	1:04:41	1:03:54	205	15	19
546	555	48	SIMON BAXENDALE	M	MV55	U/A	1:04:43	1:04:26	341	27	
547	543	17	KAREN ANDREW	F	FV50	MARPLE RUNNERS	1:04:47	1:03:53	206	21	20
548	553	239	JACQUELINE M FAWCETT	F	FV50	U/A	1:04:47	1:04:24	207	22	
549	558	136	CAROL CHAPPELL	F	FV45	GOYT VALLEY STRIDERS	1:04:51	1:04:32	208	41	4
550	549	183	GEORGINA DANIEL	F	FSEN	U/A	1:04:56	1:04:17	209	77	
551	545	383	ALEX JABORE	F	FSEN	U/A	1:05:00	1:03:58	210	78	
552	547	413	JOANNE KHAN	F	FSEN	U/A	1:05:03	1:04:10	211	79	

553	562	345	ANDREW HAWKYARD	M	MV40	POYNTON RUNNERS	1:05:04	1:04:41	342	62	23
554	550	637	CATHRYN RODWAY	F	FV40	START2JOG	1:05:08	1:04:18	212	46	4
555	551	785	SARAH E WOOD	F	FV40	U/A	1:05:10	1:04:22	213	47	
556	561	66	SAM BLACOW	F	FSEN	BRAMHALL RUNNERS	1:05:11	1:04:40	214	80	15
557	548	467	ELIZABETH MARSDEN	F	FSEN	U/A	1:05:15	1:04:15	215	81	
558	564	340	SARAH HARVEY	F	FV50	POYNTON RUNNERS	1:05:21	1:04:52	216	23	16
559	567	688	NATALIE SMITH	F	FSEN	U/A	1:05:22	1:05:12	217	82	
560	565	411	KAREN KENT	F	FV50	POYNTON RUNNERS	1:05:22	1:04:55	218	24	17
561	568	344	JESSICA HATTON	F	FSEN	U/A	1:05:25	1:05:13	219	83	
562	563	655	LAURA SCOTT	F	FV45	U/A	1:05:25	1:04:43	220	42	
563	552	169	SIMONE COWPER	F	FSEN	POYNTON RUNNERS	1:05:27	1:04:23	221	84	18
564	556	697	DAWN A STONE	F	FV40	U/A	1:05:29	1:04:27	222	48	
565	557	187	CAITLIN DAVIES	F	FV45	U/A	1:05:30	1:04:29	223	43	
566	558	583	JOANNE PICHEL	F	FV45	U/A	1:05:30	1:04:32	224	44	
567	560	739	LISA WALKER	F	FV45	U/A	1:05:35	1:04:35	225	45	
568	569	781	JANET WIMSETT	F	FV60	EALING EAGLES RUNNING CLUB	1:05:45	1:05:15	226	3	1
569	571	493	EMILY MILLER	F	FSEN	U/A	1:06:00	1:05:41	227	85	
570	570	589	EMILY A PORTER	F	FV40	U/A	1:06:06	1:05:22	228	49	
571	566	482	TINA MCGARRIE	F	FV45	U/A	1:06:10	1:05:10	229	46	
572	579	792	JACKIE WRIGHT	F	FV45	U/A	1:06:18	1:06:12	230	47	
573	581	338	CAROLE HARTLEY	F	FV45	U/A	1:06:19	1:06:13	231	48	
574	576	325	LESLEY HARENAPE	F	FV55	U/A	1:06:19	1:06:06	232	16	
575	573	341	SADIE HATFIELD	F	FV45	WILMSLOW STRIDERS	1:06:22	1:05:45	233	49	3
576	574	320	SHEILA HAMBLETON	F	FV70	U/A	1:06:25	1:05:53	234	2	
577	578	185	KATHERYN DAVIES	F	FV50	POYNTON RUNNERS	1:06:34	1:06:09	235	25	19
578	577	242	ELLIE FIELD	F	FSEN	U/A	1:06:38	1:06:07	236	86	
579	572	93	CATHERINE BRINDLEY	F	FV40	U/A	1:06:39	1:05:42	237	50	
580	575	272	SARAH GEE	F	FV40	U/A	1:06:57	1:05:56	238	51	
581	584	111	NICOLA BURT	F	FSEN	U/A	1:06:58	1:06:19	239	87	
582	585	132	OSCAR CAWLEY	M	MSEN	U/A	1:07:11	1:06:21	343	124	
583	579	606	HELEN PRUNTY	F	FSEN	POYNTON RUNNERS	1:07:13	1:06:12	240	88	20
584	583	662	EMMA SHELLEY	F	FSEN	POYNTON RUNNERS	1:07:13	1:06:14	241	89	21
585	581	109	GEORGE BULMAN	M	MV50	U/A	1:07:14	1:06:13	344	45	
586	587	409	VERONICA KELSEY	F	FSEN	U/A	1:07:14	1:06:34	242	90	
587	586	337	EMMA HARTE	F	FSEN	U/A	1:07:17	1:06:27	243	91	
588	588	645	PETER ROWLEY	M	MV70	U/A	1:07:18	1:06:38	345	5	
589	591	737	JASON WALKER	M	MV45	POYNTON RUNNERS	1:07:20	1:06:52	346	59	24
590	590	39	NICOLA BARRY	F	FV40	U/A	1:07:24	1:06:51	244	52	
591	591	331	ANTHONY HARRISON	M	MSEN	U/A	1:07:28	1:06:52	347	125	
592	593	240	NATALIE FENTON	F	FSEN	U/A	1:07:34	1:06:53	245	92	
593	589	213	JOHN DUNLOP	M	MV40	U/A	1:07:35	1:06:48	348	63	
594	597	639	FRANCES ROGERS	F	FV40	POYNTON RUNNERS	1:07:36	1:07:11	246	53	22
595	595	260	HOWARD FRIEND	M	MV55	VEGAN RUNNERS UK	1:07:53	1:07:01	349	28	1
596	594	59	SARAH BERRY	F	FSEN	U/A	1:07:58	1:06:54	247	93	
597	596	367	LYNDSEY HOLLAND	F	FV50	U/A	1:08:01	1:07:06	248	26	
598	600	298	REBECCA S GREEN	F	FV45	U/A	1:08:04	1:07:15	249	50	
599	599	153	ADAM CONNOR	M	MV50	U/A	1:08:06	1:07:12	350	46	
600	597	684	JANETTE PATRICIA SMITH	F	FV55	U/A	1:08:07	1:07:11	250	17	
601	601	122	WENDY CARR	F	FV50	U/A	1:08:22	1:07:22	251	27	
602	602	570	MICHAEL J PATE	M	MV55	U/A	1:08:39	1:07:38	351	29	
603	604	347	KATHRYN HEALD	F	FSEN	HYDE VILLAGE STRIDERS	1:08:40	1:07:51	252	94	2
604	603	793	PAT WRIGHT	F	FV70	U/A	1:08:44	1:07:43	253	3	
605	608	99	JENNY BROWN	F	FV50	MARPLE RUNNERS	1:08:48	1:07:57	254	28	21
606	606	724	ALEX TURNER	F	FSEN	DAVENPORT RUNNERS	1:08:52	1:07:55	255	95	8
607	607	588	CLAIRE POLLITT	F	FV40	DAVENPORT RUNNERS	1:08:52	1:07:56	256	54	9
608	605	762	CHRIS WELLINGTON	M	MSEN	U/A	1:08:58	1:07:53	352	126	
609	610	406	KIRSTY KAMBITES	F	FV40	U/A	1:09:07	1:08:20	257	55	
610	609	157	SAMANTHA A COOK	F	FV50	U/A	1:09:10	1:08:11	258	29	
611	613	727	JENNY TURNER	F	FV40	U/A	1:09:29	1:08:42	259	56	
612	615	156	LUCY COOK	F	FV40	U/A	1:09:36	1:08:53	260	57	
613	611	92	JULIE BRINDLE	F	FV55	U/A	1:09:37	1:08:32	261	18	
614	612	29	HEATHER AUTY	F	FV55	U/A	1:09:38	1:08:34	262	19	
615	618	706	EMMA SYKES	F	FSEN	U/A	1:09:41	1:09:21	263	96	
616	614	537	NATASHA NIELD	F	FV40	U/A	1:09:43	1:08:49	264	58	
617	617	484	JANETTE MCMILLAN	F	FV40	U/A	1:09:46	1:09:13	265	59	
618	622	539	KAREN NOLAN	F	FV45	U/A	1:09:48	1:09:48	266	51	
619	616	699	SARAH STOTT	F	FV50	WILMSLOW STRIDERS	1:09:51	1:09:12	267	30	4
620	620	216	EMILY ELLARBY	F	FSEN	U/A	1:10:16	1:09:42	268	97	
621	619	26	KARINA ASHWORTH	F	FV65	POYNTON RUNNERS	1:10:18	1:09:41	269	7	23
622	621	199	CLARE DEVINE	F	FV40	U/A	1:10:24	1:09:45	270	60	
623	623	21	ROSA ARCHER	F	FV50	U/A	1:10:30	1:09:50	271	31	
624	625	388	JOANNE JARVIS	F	FSEN	U/A	1:10:42	1:10:05	272	98	
625	624	292	JASON GOULD	M	MV40	START2JOG	1:10:53	1:10:03	353	64	2
626	627	759	KAREN WEBBER	F	FSEN	U/A	1:11:08	1:10:23	273	99	
627	626	685	CLARE F SMITH	F	FV50	MARPLE RUNNERS	1:11:15	1:10:22	274	32	22
628	628	279	RACHEL GILL	F	FV45	U/A	1:11:23	1:10:31	275	52	
629	631	790	TIM WOOLFORD	M	MV55	U/A	1:11:34	1:11:02	354	30	
630	633	471	DEBORAH MAWMAN	F	FV55	U/A	1:11:34	1:11:06	276	20	
631	630	438	SHELLEY LEE	F	FV50	MACCLESFIELD HARRIERS & AC	1:11:59	1:11:01	277	33	9

632	632	563	VICKY PARKER	F	FV40	POYNTON RUNNERS	1:11:59	1:11:04	278	61	24	
633	633	632	CLAIRE ROBINSON	F	FV45	POYNTON RUNNERS	0.04999	0.049375	279	53	25	
634	629	466	ANNA B MARSDEN	F	FV65	U/A	0.04999	0.0492593	280	8		
635	635	741	STEVEN WALL	M	MV50	U/A	0.05029	0.0496412		355	47	
636	637	76	ADRIAN BOOTH	M	MSEN	U/A	0.05031	0.0497338		356	127	
637	636	391	NEIL JENKINSON	M	MV55	POYNTON RUNNERS	0.05031	0.0497222		357	31	25
638	638	112	DIANE BUTCHER	F	FV60	POYNTON RUNNERS	0.05059	0.049838	281	4	26	
639	639	624	KIRSTIE ROBERTS	F	FV45	U/A	0.05066	0.0499769	282	54		
640	640	668	KAREN SILLS	F	FV50	U/A	0.05084	0.0501157	283	34		
641	642	701	CINDY STYLES	F	FV55	U/A	0.05109	0.050463	284	21		
642	641	740	TAMMY WALKER	F	FV40	U/A	0.05109	0.0503241	285	62		
643	643	496	LAURA MILLINGTON	F	FV60	U/A	0.0511	0.0504861	286	5		
644	644	709	HOLLY TETLOW	F	FV45	START2JOG	0.05119	0.0505903	287	55	5	
645	645	723	BECKY TUNE	F	FSEN	START2JOG	0.0512	0.0506019	288	100	6	
646	646	554	SHELAGH O'SHEA	F	FV60	U/A	0.05144	0.050706	289	6		
647	649	417	BARBARA KINGDON	F	FV55	U/A	0.0515	0.0510069	290	22		
648	647	794	CLAIRE WRIGHT	F	FSEN	POYNTON RUNNERS	0.0515	0.0507292	291	101	27	
649	648	642	JOHN ROPER	M	MV55	U/A	0.05163	0.0508796		358	32	
650	653	86	SUSIE BRAIN	F	FV40	U/A	0.05164	0.0511574	292	63		
651	654	414	MAUREEN KIDD	F	FV55	U/A	0.05167	0.0511806	293	23		
652	650	278	ALLAN GIBBS-MONAGHAN	M	MV40	LIVERPOOL RUNNING BUGS	0.0517	0.0510995		359	65	1
653	650	68	MARGARET BLAND	F	FV50	U/A	0.05172	0.0510995	294	35		
654	652	346	RUSSELL HAYNES	M	MV60	U/A	0.05174	0.0511343		360	15	
655	657	394	AMY JERVIS	F	FSEN	U/A	0.05249	0.0520602	295	102		
656	656	393	MARK JERVIS	M	MV45	U/A	0.05249	0.0520139		361	60	
657	655	592	DIANA POWELL	F	FV60	BRAMHALL RUNNERS	0.05253	0.0518287	296	7	16	
658	659	573	JILL PATTERSON	F	FSEN	START2JOG	0.05279	0.0521644	297	103	7	
659	658	209	CHRIS DRAPER	F	FV60	BRAMHALL RUNNERS	0.0528	0.0521296	298	8	17	
660	661	290	JANET GOUGH	F	FV50	U/A	0.05302	0.052338	299	36		
661	660	547	GILL NURNEY	F	FV45	U/A	0.05302	0.0523264	300	56		
662	662	301	SARA GREENWOOD	F	FV40	U/A	0.05302	0.0525231	301	64		
663	663	669	ADRIAN SIMMONDS	M	MV50	DAVENPORT RUNNERS	0.05331	0.0527083		362	48	6
664	664	728	CATHERINE TYE	F	FV40	U/A	0.05348	0.0528356	302	65		
665	665	764	ALEX WHITE	F	FV40	U/A	0.05381	0.0531713	303	66		
666	666	206	YVONNE DOHERTY	F	FV40	U/A	0.05417	0.0537616	304	67		
667	667	618	LORNA RICHARDSON	F	FV40	U/A	0.05418	0.0540278	305	68		
668	668	531	RACHEL MYERS	F	FSEN	MARPLE RUNNERS	0.05542	0.0548032	306	104	23	
669	670	559	CHRISTOPHER S PAPE	M	MV40	U/A	0.05667	0.0559838		363	66	
670	669	558	EMMA PAPE	F	FV40	U/A	0.05669	0.0559722	307	69		
671	671	19	JENNIFER ANNELY	F	FSEN	DAVENPORT RUNNERS	0.06013	0.0595255	308	105	10	
672	671	255	JENNY FOWLER	F	FV40	DAVENPORT RUNNERS	0.06014	0.0595255	309	70	11	
673	674	562	HILARY PARKER	F	FV40	DAVENPORT RUNNERS	0.06193	0.0612037	310	71	12	
674	673	674	ANN SINGLETON	F	FSEN	U/A	0.06197	0.0611921	311	106		
675	675	23	NICOLE ARMITAGE	F	FSEN	U/A	0.06844	0.0676505	312	107		
DNF	0	600	JAMES PRATT	M	MSEN	STOCKPORT HARRIERS & AC						