

# Penistone 10k 2019

## Finisher List Penistone 10K

Rank	Bib	Name	Club		ARank	Time	ChipTime
<b>Penistone 10K</b>							
1.	118	Scott Hinchcliffe	Penistone Footpath Runners & Athletic	M	1.	0:33:26	0:33:25
2.	27	Gareth Cooke	Penistone Footpath Runners & Athletic	M	2.	0:34:48	0:34:46
3.	178	Dean Hanwell		M	3.	0:36:17	0:36:15
4.	196	Gary Brisco	Penistone Footpath Runners & Athletic	M	4.	0:36:30	0:36:28
5.	199	Michael Grain	Barnsley Harriers	M	5.	0:37:01	0:36:59
6.	189	Andrew Heppenstall	Penistone Footpath Runners & Athletic	M	6.	0:37:54	0:37:52
7.	84	James Round	Handsworth Roadhogs	M	7.	0:38:41	0:38:40
8.	73	Eliot Howarth		M U23	1.	0:39:00	0:38:57
9.	97	Philip Morris	Handsworth Roadhogs	M	8.	0:39:07	0:39:05
10.	146	Matthew Robinson	Penistone Footpath Runners & Athletic	M50	1.	0:39:11	0:39:09
11.	45	Fiona Davies	Rotherham Harriers and AC	F45	1.	0:39:12	0:39:09
12.	25	Keith Littlewood	Barnsley Athletic Club	M50	2.	0:39:33	0:39:30
13.	28	Dean Winter	Barnsley Athletic Club	M40	1.	0:39:43	0:39:40
14.	185	Angus Thomson	Barnsley Athletic Club	M	9.	0:40:31	0:40:28
15.	98	Stuart Nutting	Denby Dale Athletics Club	M	10.	0:40:50	0:40:48
16.	187	Ben Malcolm		M	11.	0:41:07	0:41:05
17.	170	Anthony Wright	Penistone Footpath Runners & Athletic	M50	3.	0:41:18	0:41:16
18.	1	Dominic Shepherd		M	12.	0:41:19	0:41:17
19.	111	Christina Laking	Barnsley Athletic Club	F	1.	0:41:22	0:41:20
20.	108	Adam Lawlor		M	13.	0:41:24	0:41:19
21.	139	Liam Tart	Barnsley Athletic Club	M50	4.	0:41:54	0:41:50
22.	21	Bridget Coomber	Denby Dale Athletics Club	F55	1.	0:42:02	0:42:00
23.	126	Dan Pearson		M	14.	0:42:15	0:42:11
24.	121	Lee Baggaley		M	15.	0:42:56	0:42:50
25.	19	Samantha Lesley Shaw	Penistone Footpath Runners & Athletic	F	2.	0:43:06	0:43:03
26.	182	James Mumford	Denby Dale Athletics Club	M	16.	0:43:30	0:43:28
27.	124	Lloyd Wilson		M	17.	0:43:39	0:43:33
28.	9	Richard Bowskill		M	18.	0:43:47	0:43:44
29.	217	Benjamin Horbury		M	19.	0:43:48	0:43:45
30.	53	Stephen Skidmore	Denby Dale Athletics Club	M60	1.	0:43:49	0:43:47
31.	89	Tom Fryers	Penistone Footpath Runners & Athletic	M U23	2.	0:44:11	0:44:07
32.	186	Jullian Williams	Penistone Footpath Runners & Athletic	M50	5.	0:44:12	0:44:09
33.	212	Tim Webster	Kingstone Runners Barnsley	M45	1.	0:44:16	0:44:04
34.	17	Thomas Szczepanski	Barnsley Harriers	M	20.	0:44:21	0:44:16
35.	207	Martin Cooper		M50	6.	0:44:32	0:44:28
36.	148	Louise Perrins	Totley AC	F	3.	0:44:41	0:44:37
37.	218	Ryan Copley		M	21.	0:44:44	0:44:40
38.	204	Gail Colville	Barnsley Athletic Club	F50	1.	0:44:47	0:44:45
39.	6	Lydia Race	Barnsley Athletic Club	F	4.	0:45:21	0:45:19
40.	77	Mark Wood	Barnsley Athletic Club	M40	2.	0:45:46	0:45:41
41.	31	Seb Perry	Northampton Road Runners	M45	2.	0:46:06	0:46:01
42.	181	Kate Townrow	Penistone Footpath Runners & Athletic	F40	1.	0:46:13	0:46:10
43.	215	Rebecca Timms	Penistone Footpath Runners & Athletic	F40	2.	0:46:13	0:46:11
44.	156	Nick Boxall		M	22.	0:46:18	0:46:08
45.	85	Robert Dyson		M40	3.	0:46:19	0:46:16
46.	141	Lee Spensley	Barnsley Athletic Club	M45	3.	0:46:53	0:46:49
47.	188	Andrew Jones		M	23.	0:46:55	0:46:49
48.	119	Richard Borysiewicz	Valley Hill Runners	M65	1.	0:46:57	0:46:52
49.	132	Darren Mansell	Penistone Footpath Runners & Athletic	M50	7.	0:46:59	0:46:53
50.	190	Glyn Smithers	Sheffield RC	M40	4.	0:47:08	0:46:55

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Rank	Bib	Name	Club	ARank	Time	ChipTime
51.	200	Wayne Parkinson	Penistone Footpath Runners & Athletic	M55 1.	0:47:10	0:47:07
52.	159	Richard Williams	Penistone Footpath Runners & Athletic	M 24.	0:47:14	0:47:09
53.	10	Dave Allemby	Barnsley Athletic Club	M60 2.	0:47:23	0:47:20
54.	65	Nick Wright	Penistone Footpath Runners & Athletic	M45 4.	0:47:25	0:47:12
55.	162	Dan Cooper	Penistone Footpath Runners & Athletic	M45 5.	0:47:38	0:47:31
56.	140	Bill Phillips	Penistone Footpath Runners & Athletic	M70 1.	0:47:41	0:47:37
57.	83	Matt Penn		M40 5.	0:47:49	0:47:40
58.	96	Elizabeth Kooper		F45 2.	0:48:02	0:47:56
59.	134	Dean Wallace	Barnsley Athletic Club	M60 3.	0:48:26	0:48:22
60.	160	Paul Gee	Penistone Footpath Runners & Athletic	M50 8.	0:48:28	0:48:23
61.	32	Vicky Hudson	Barnsley Athletic Club	F 5.	0:48:31	0:48:27
62.	60	Doug Scott	Kingstone Runners Barnsley	M55 2.	0:48:35	0:48:18
63.	183	Simon Firth	Doncaster Athletic Club	M50 9.	0:48:40	0:48:21
64.	123	Mark Graham	Penistone Footpath Runners & Athletic	M50 10.	0:48:43	0:48:37
65.	14	Mark Rawnsley	Kingstone Runners Barnsley	M50 11.	0:48:46	0:48:33
66.	115	Alan Noble	Barnsley Athletic Club	M45 6.	0:48:56	0:48:51
67.	86	Lee Hopkins	Penistone Footpath Runners & Athletic	M45 7.	0:48:58	0:48:52
68.	58	Matthew Broadhead	Steel City Striders RC	M40 6.	0:49:10	0:48:51
69.	202	Ashley Firth		M 25.	0:49:26	0:49:14
70.	93	Adam Lenton	Handsworth Roadhogs	M45 8.	0:49:28	0:49:23
71.	193	Christian Hopkins	Handsworth Roadhogs	M45 9.	0:49:30	0:49:24
72.	211	George Davis		M U23 3.	0:49:36	0:49:26
73.	88	James Fryers	Penistone Footpath Runners & Athletic	M U23 4.	0:49:39	0:49:34
74.	87	Paul Fryers	Penistone Footpath Runners & Athletic	M50 12.	0:49:40	0:49:34
75.	164	Darrell Harrison	Barnsley Athletic Club	M50 13.	0:50:19	0:50:15
76.	117	Kevin Manley	Barnsley Athletic Club	M65 2.	0:50:25	0:50:20
77.	168	Suzanne Mcgill		F40 3.	0:50:32	0:50:18
78.	56	Harris Faulkner		M 26.	0:51:02	0:50:56
79.	92	Nigel Bradbury	Barnsley Harriers	M50 14.	0:51:14	0:51:02
80.	127	Peter Mcevoy	Denby Dale Athletics Club	M60 4.	0:51:18	0:51:11
81.	5	Ian McNulty		M 27.	0:51:24	0:51:20
82.	125	Andrea Henson	Penistone Footpath Runners & Athletic	F45 3.	0:51:34	0:51:24
83.	55	Tabitha Howe		F 6.	0:52:01	0:51:55
84.	71	Ian Ellison		M45 10.	0:52:02	0:51:55
85.	203	Carwyn Jones		M40 7.	0:52:07	0:51:59
86.	180	Francis Lowe		M60 5.	0:52:17	0:51:56
87.	101	Nick Thornton	Penistone Footpath Runners & Athletic	M 28.	0:52:22	0:52:15
88.	122	Michael Ingham	Lonely Goat RC	M65 3.	0:52:26	0:52:19
89.	169	Tim Scofield		M 29.	0:52:29	0:52:20
90.	82	Rhianna Banford	Penistone Footpath Runners & Athletic	F 7.	0:52:32	0:52:26
91.	107	Darren Toomes	Abbey Runners	M50 15.	0:52:37	0:52:29
92.	39	Stuart Smith	Penistone Footpath Runners & Athletic	M60 6.	0:52:42	0:52:33
93.	79	Andrew Mason		M55 3.	0:53:02	0:52:49
94.	198	Joseph Willey		M45 11.	0:53:03	0:52:58
95.	163	Stuart Shepherd		M 30.	0:53:22	0:53:03
96.	179	Paul Wright		M 31.	0:53:29	0:53:07
97.	38	Paula Newton	Kingstone Runners Barnsley	F50 2.	0:53:32	0:53:19
98.	210	Mark Davis	Barnsley Harriers	M45 12.	0:53:53	0:53:43
99.	144	Susan Charlesworth	Penistone Footpath Runners & Athletic	F55 2.	0:54:00	0:53:54
100.	44	Colin Davies	Altrincham & District Athletic Club	M65 4.	0:54:07	0:54:03
101.	70	Heather Lindley	Penistone Footpath Runners & Athletic	F55 3.	0:54:11	0:53:59
102.	120	Elle Bergan	Barnsley Harriers	F 8.	0:54:27	0:54:15

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Rank	Bib	Name	Club		ARank	Time	ChipTime
103.	177	Dale Smedley		M	32.	0:54:28	0:54:10
104.	72	Zoe Goddard	Kingstone Runners Barnsley	F55	4.	0:54:32	0:54:16
105.	109	Charles Watson		M	33.	0:54:49	0:54:46
106.	131	Liam Milner		M	34.	0:54:51	0:54:42
107.	150	Paul Hellewell		M	35.	0:54:51	0:54:28
108.	147	Chris Wood		M	36.	0:54:58	0:54:35
109.	105	Alejandro Vidal		M	37.	0:55:09	0:54:56
110.	106	Pablo Garcia		M45	13.	0:55:10	0:54:57
111.	46	David Brookes		M60	7.	0:55:14	0:54:59
112.	135	Colin Mansell		M55	4.	0:55:24	0:55:05
113.	91	Tracy Woodward	Penistone Footpath Runners & Athletic	F45	4.	0:55:42	0:55:31
114.	171	Valentina Wright	Penistone Footpath Runners & Athletic	F45	5.	0:55:49	0:55:43
115.	94	Stephen Burnley	Barnsley Harriers	M50	16.	0:55:53	0:55:40
116.	195	Hazel Wardle		F50	3.	0:55:54	0:55:32
117.	3	Daryl Le-Vine		M	38.	0:55:59	0:55:50
118.	54	Caroline Jane Entwistle	Penistone Footpath Runners & Athletic	F40	4.	0:56:09	0:56:04
119.	7	Robert Barker		M	39.	0:56:24	0:56:21
120.	137	Helen Turner	Penistone Footpath Runners & Athletic	F40	5.	0:56:28	0:56:13
121.	103	Beccy Coates		F40	6.	0:57:02	0:56:47
122.	49	Simon James Gleadhall	Steel City Striders RC	M50	17.	0:57:08	0:56:47
123.	176	Keith Gordon	Penistone Footpath Runners & Athletic	M70	2.	0:57:09	0:56:53
124.	149	Sue Hall	Penistone Footpath Runners & Athletic	F60	1.	0:57:17	0:57:05
125.	29	William Storey		M	40.	0:57:17	0:56:58
126.	154	Chloe Worth		F40	7.	0:57:21	0:57:09
127.	18	Sarah Everett	Denby Dale Athletics Club	F45	6.	0:57:24	0:57:15
128.	30	David Barzycki		M65	5.	0:57:27	0:57:15
129.	136	Ryan Senior		M45	14.	0:57:27	0:57:11
130.	192	John Exley	Kingstone Runners Barnsley	M55	5.	0:57:35	0:57:20
131.	36	Simon Loveitt	Handsworth Roadhogs	M55	6.	0:57:38	0:57:29
132.	205	Hayley Roach		F45	7.	0:58:04	0:57:53
133.	52	Ruth Blackburn	Barnsley Harriers	F	9.	0:58:11	0:58:00
134.	214	Ian Fenton		M	41.	0:58:30	0:58:15
135.	129	Simon Scott		M45	15.	0:58:34	0:58:28
136.	114	Alison Noble	Barnsley Athletic Club	F40	8.	0:58:34	0:58:27
137.	37	Marian Benge	Handsworth Roadhogs	F50	4.	0:58:35	0:58:26
138.	153	Michael Hall	Holmfirth Harriers AC	M55	7.	0:59:11	0:58:50
139.	59	Marie Hemingway	Barnsley Harriers	F40	9.	0:59:44	0:59:32
140.	206	Sarah Halstead	Penistone Footpath Runners & Athletic	F50	5.	0:59:56	0:59:44
141.	100	Norman Roper	Denby Dale Athletics Club	M65	6.	1:00:00	0:59:51
142.	99	Jennifer Nutting	Denby Dale Athletics Club	F40	10.	1:00:01	0:59:51
143.	11	Rachel Liptrot	Vegan Runners UK	F	10.	1:00:06	0:59:54
144.	16	Raymond Howarth	Rotherham Harriers and AC	M65	7.	1:00:07	0:59:55
145.	194	Esther Goldsworthy		F40	11.	1:00:08	0:59:56
146.	201	Bryan Hague	Penistone Footpath Runners & Athletic	M60	8.	1:00:23	1:00:17
147.	34	James Storey		M	42.	1:00:46	1:00:26
148.	48	Steve Dommett	Penistone Footpath Runners & Athletic	M55	8.	1:01:00	1:00:51
149.	113	Andrew Johnson		M40	8.	1:01:05	1:00:53
150.	138	Katie Ashton		F	11.	1:01:13	1:01:01
151.	165	Jayne Manley	Barnsley Athletic Club	F45	8.	1:01:18	1:01:12
152.	15	Tracy Rawnsley	Kingstone Runners Barnsley	F50	6.	1:01:21	1:01:05
153.	67	Rebecca Broadbent	Penistone Footpath Runners & Athletic	F55	5.	1:01:22	1:01:07
154.	184	Keith Binney	Barnsley Athletic Club	M70	3.	1:01:36	1:01:29

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Rank	Bib	Name	Club	ARank	Time	ChipTime
155.	145	Paul Steele		M45 16.	1:01:37	1:01:22
156.	47	Jane Brookes		F55 6.	1:01:48	1:01:33
157.	57	Laura Bennett	Barnsley Harriers	F 12.	1:02:05	1:01:55
158.	174	Shaun Turton		M 43.	1:02:25	1:02:10
159.	208	Nicola Cartwright	Pudsey Pacers RC	F40 12.	1:02:45	1:02:26
160.	112	Malcolm Rhodes	Rotherham Harriers and AC	M70 4.	1:02:54	1:02:48
161.	151	David Needham	Penistone Footpath Runners & Athletic	M70 5.	1:03:02	1:02:56
162.	161	Annabel		F 13.	1:03:56	1:03:44
163.	20	Elizabeth Rose Woolley		F 14.	1:04:00	1:03:45
164.	43	Roger Davies	Altrincham & District Athletic Club	M65 8.	1:04:10	1:04:00
165.	216	Siobhan Eastwood		F 15.	1:04:17	1:04:08
166.	133	Julie Gough	Kingstone Runners Barnsley	F60 2.	1:04:18	1:04:02
167.	74	Amie Garforth		F 16.	1:04:43	1:04:27
168.	76	Joy Nicholls		F 17.	1:04:45	1:04:35
169.	75	Tim Dodd		M 44.	1:04:46	1:04:35
170.	41	John Partridge		M50 18.	1:05:28	1:05:14
171.	166	Sam Robinson	Blackwater Valley Runners	F 18.	1:05:48	1:05:43
172.	197	Jane Cockerton	Penistone Footpath Runners & Athletic	F55 7.	1:07:23	1:07:12
173.	158	Garry Carr	Barnsley Harriers	M50 19.	1:09:20	1:09:06
174.	213	Sophie Flether		F 19.	1:09:28	1:09:07
175.	191	Laura Mills	Barnsley Athletic Club	F 20.	1:09:33	1:09:24
176.	172	June Sims	Barnsley Athletic Club	F65 1.	1:09:34	1:09:26
177.	152	Donna Waddington		F 21.	1:10:29	1:10:22
178.	8	Michelle Barker		F 22.	1:10:42	1:10:39
179.	155	Bryan Worth		M 45.	1:11:01	1:10:48
180.	142	Caroline Spensley	Barnsley Athletic Club	F45 9.	1:11:12	1:11:03
181.	13	Owain Jones		M 46.	1:11:13	1:11:03
182.	209	Charlotte Kendrick		F40 13.	1:12:21	1:12:04
183.	68	Alison Green	Penistone Footpath Runners & Athletic	F55 8.	1:13:02	1:12:45
184.	110	Angela Davis	Barnsley Harriers	F50 7.	1:13:06	1:12:54
185.	104	Leanne Fox		F40 14.	1:13:08	1:12:57
186.	116	Paul Greenway	Handsworth Roadhogs	M45 17.	1:15:02	1:14:53
187.	219	Simon Mason		M 47.	1:15:27	1:15:09
188.	61	Christina Scott	Kingstone Runners Barnsley	F55 9.	1:17:32	1:17:14
189.	143	Bethany Hanson	Lonely Goat RC	F U23 1.	1:26:15	1:26:05

Number of records: 189