



PENISTONE FOOTPATH RUNNERS & A.C. PRESENT THE 34th RUNNING OF THE

PENISTONE 10K ROAD RACE

Sunday, June 30th 2019 at 11.00 hours

Winner of the BARR Bill Reynolds Memorial Trophy 2017



A 10K road race held under UK Athletics Rules, chip timing.

Licence No 2019-37553

Race run on road and Trans Pennine Trail

Extensive prize list for all categories (Vets start V40 M & F in 5 year categories)

Goodie bag to all finishers

Car park

Changing and Showers

Bar

Headphones/MP3 players are banned in this event Course not suitable for wheelchairs

Entry Fees: £16 Affiliated Club Members - £ 18 Unattached runners. No refunds

Age: 15 and over on race day. Closing Date for pre-entries: 24th June 2019. Plus £2.00 on day

Race HQ, Registration, start and finish at Penistone Church Football Club,
Memorial Ground, Church View Road, Penistone, Sheffield,
S36 6AT (map ref SE249031)

Online entries at : www.pfrac.co.uk

Information Telephone: 07801730307 e-mail: keithhgordon@me.com

Numbers to be picked up on the day.

Race Information & Results on www.pfrac.co.uk

Details of all known Medical conditions must be entered on the back of your race number