

North West Road Relays at Edge Hill University on Sunday 8 September 2019

U11 Boys — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | | |
|---|-------------------------------|--------------|--|---|-------------------------------|--------------|
| 1 Trawden AC | 'A' | 22:03 | | 20 Vale Royal AC | 'B' | 26:14 |
| 1 Oliver Brown (8) 7:32 | 2 George Camara (1) 7:21 | | | 1 Leon Hardcastle (29) 8:59 | 2 Will Godwin (23) 8:29 | |
| 3 William Mccash (1) 7:10 | | | | 3 Samuel Bradley (21) 8:46 | | |
| 2 Sale Harriers Manchester | 'A' | 22:24 | | 21 Crewe & Nantwich AC | | 26:24 |
| 1 Liam O'brien (2) 7:20 | 2 Ed Spark (2) 7:39 | | | 1 Isaac Pickering (27) 8:37 | 2 Dylan Brooks (24) 9:40 | |
| 3 Ben Keeley (2) 7:25 | | | | 3 Benji Cole (22) 8:07 | | |
| 3 Liverpool Harriers & AC | 'A' | 22:56 | | 22 St Helens Sutton AC | 'A' | 26:44 |
| 1 Charlie Rigby (14) 7:42 | 2 Max Taylor (7) 7:50 | | | 1 Bobby Birkett (12) 7:40 | 2 Harry Griffiths (20) 9:21 | |
| 3 Jack Davies (3) 7:24 | | | | 3 Elijah Colley (23) 9:43 | | |
| 4 Macclesfield Harriers & AC | | 23:08 | | 23 Horwich R M I Harriers | 'A' | 27:09 |
| 1 Bobby Tomlinson (3) 7:23 | 2 Ceyhan Diken (6) 8:08 | | | 1 Harry Hewson (26) 8:32 | 2 Harvey Spencer (22) 8:54 | |
| 3 Gabriel Mcgrath (4) 7:37 | | | | 3 Tom Fitzpatrick (24) 9:43 | | |
| 5 Stockport Harriers & AC | | 23:10 | | 24 Salford Harriers & AC | 'B' | 27:46 |
| 1 Isaac Reed (1) 7:16 | 2 Leo Dewsbury (3) 8:00 | | | 1 Dylan Walker (28) 8:48 | 2 Ryley Holden (27) 10:48 | |
| 3 Dylan Hodgson (5) 7:54 | | | | 3 Marcus Lowrey (25) 8:10 | | |
| 6 Wirral AC | 'A' | 23:13 | | 25 Warrington A C | 'B' | 27:52 |
| 1 Theo Kaye (20) 7:55 | 2 Michael Phelan (4) 7:29 | | | 1 Archie Marwood (15) 7:46 | 2 Dylan Langley (25) 11:17 | |
| 3 Malachi Harty (6) 7:49 | | | | 3 Alfie Blizzard (26) 8:49 | | |
| 7 Sale Harriers Manchester | 'C' | 23:24 | | 26 East Cheshire H & Tameside AC | 'C' | 31:51 |
| 1 Daniel Oakes (16) 7:47 | 2 Jake Royle (5) 7:39 | | | 1 Ryan Obeye (31) 9:33 | 2 Alfie Millington (26) 9:53 | |
| 3 Alex Fraser (7) 7:58 | | | | 3 James Mottram (27) 12:25 | | |
| 8 East Cheshire H & Tameside AC | 'A' | 23:31 | | Non-Counters - | | |
| 1 Alfie Manser (13) 7:42 | 2 Thomas Snowdon (9) 7:56 | | | Wirral AC | 'B' | 25:27 |
| 3 Finley Partington (8) 7:53 | | | | 1 Ben Pould (17) 7:49 | 2 Alexander Calvert (17) 9:07 | |
| 9 Sale Harriers Manchester | 'B' | 23:33 | | 3 Charlie Kerr (18) 8:31 | | |
| 1 Ben Gardner (5) 7:27 | 2 Andrew Smith (8) 8:06 | | | Incomplete Teams: | | |
| 3 M Cullenbrown (9) 8:00 | | | | Blackburn Harriers & AC | 'B' | |
| 10 Salford Harriers & AC | 'A' | 23:47 | | 1 Loucas Lancashire (30) 9:07 | 2 Tom Hunt (28) 11:08 | |
| 1 Evan Grime (4) 7:26 | 2 Asa Backhouse (10) 8:17 | | | Trafford AC | | |
| 3 Gabriel Oakley (10) 8:04 | | | | 1 Evan Lewis (10) 7:38 | | |
| 11 Trawden AC | 'B' | 23:51 | | Horwich R M I Harriers | 'B' | |
| 1 Harry Jordan (19) 7:53 | 2 Seth Fentonclough (14) 8:19 | | | 1 Tom Finch (21) 8:04 | | |
| 3 Callum Singleton (11) 7:39 | | | | Liverpool Harriers & AC | 'B' | |
| 12 Wespa Fire Athletics | | 23:55 | | 1 Jack Mould (25) 8:29 | | |
| 1 Jac Chapman (6) 7:28 | 2 Alfie Carvell (11) 8:17 | | | St Helens Sutton AC | 'B' | |
| 3 Connor Hartley (12) 8:10 | | | | 1 Ethan Colley (32) 10:17 | | |
| 13 Warrington A C | 'A' | 23:58 | | Fastest of all legs | | |
| 1 Tyreece Swinton (9) 7:34 | 2 Spencer Astbury (12) 8:24 | | | 1 William Mccash TrawdenAC A 7:10 | | |
| 3 Benjamin Woods (13) 8:00 | | | | 2 Isaac Reed StockportH 7:16 | | |
| 14 Blackburn Harriers & AC | 'A' | 24:25 | | 3 Liam O'brien SaleHarrie A 7:20 | | |
| 1 Theo Robinson (7) 7:29 | 2 Felix Thompson (13) 8:41 | | | 4 George Camara TrawdenAC A 7:21 | | |
| 3 Charlie Haworth (14) 8:15 | | | | 5 Bobby Tomlinson Macclesfie 7:23 | | |
| 15 Vale Royal AC | 'A' | 24:52 | | 6 Jack Davies LiverpoolH A 7:24 | | |
| 1 Kyran Higginbotham (18) 7:51 | 2 Harry Williamson (15) 8:47 | | | 7 Ben Keeley SaleHarrie A 7:25 | | |
| 3 Thomas Messenger (15) 8:14 | | | | 8 Evan Grime SalfordHar A 7:26 | | |
| 16 East Cheshire H & Tameside AC | 'B' | 25:16 | | 9 Ben Gardner SaleHarrie B 7:27 | | |
| 1 Marshall Fleet (24) 8:27 | 2 Oliver Walker (16) 8:11 | | | 10 Jac Chapman WespaFireA 7:28 | | |
| 3 Elliot Singleton (16) 8:38 | | | | | | |
| 17 Southport Waterloo AC | | 25:17 | | | | |
| 1 Charles Fletcher (23) 8:09 | 2 William James (19) 8:49 | | | | | |
| 3 Harry Williams (17) 8:19 | | | | | | |
| 18 Blackpool Wyre & Fylde AC | | 25:33 | | | | |
| 1 Otis Leah (22) 8:06 | 2 Ewan Leitch (18) 8:52 | | | | | |
| 3 Billy Kershaw (19) 8:35 | | | | | | |
| 19 Lytham St Annes Rr Club | | 26:05 | | | | |
| 1 Jayden Richardson (11) 7:39 | 2 Adam Jackson (21) 9:47 | | | | | |
| 3 Max Walker (20) 8:39 | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

U11B Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | |
|---|--------------------|-----|------|------------------|------------------|----------------------------|------------------|------------|--------------------|------------|--------|--|--|
| 1 Macclesfield Harriers & AC | | | | 23:08 | | Fastest of all legs | | | | | | | |
| 1 | Bobby Tomlinson | (1) | 7:23 | 2 | Ceyhan Diken | (1) | 8:08 | 1 | Bobby Tomlinson | Macclesfie | 7:23 | | |
| 3 | Gabriel Mcgrath | (1) | 7:37 | | | | | 2 | Tyreece Swinton | Warrington | A 7:34 | | |
| 2 Warrington A C | | | | 'A' 23:58 | | 3 | Gabriel Mcgrath | Macclesfie | 7:37 | | | | |
| 1 | Tyreece Swinton | (2) | 7:34 | 2 | Spencer Astbury | (2) | 8:24 | 4 | Archie Marwood | Warrington | B 7:46 | | |
| 3 | Benjamin Woods | (2) | 8:00 | | | | | 5 | Kyran Higginbotham | ValeRoyalA | A 7:51 | | |
| 3 Vale Royal AC | | | | 'A' 24:52 | | 6 | Benjamin Woods | Warrington | A 8:00 | | | | |
| 1 | Kyran Higginbotham | (4) | 7:51 | 2 | Harry Williamson | (3) | 8:47 | 7 | Benji Cole | Crewe&Nant | 8:07 | | |
| 3 | Thomas Messenger | (3) | 8:14 | | | | | 8 | Ceyhan Diken | Macclesfie | 8:08 | | |
| 4 Vale Royal AC | | | | 'B' 26:14 | | 9 | Thomas Messenger | ValeRoyalA | A 8:14 | | | | |
| 1 | Leon Hardcastle | (6) | 8:59 | 2 | Will Godwin | (4) | 8:29 | 10 | Spencer Astbury | Warrington | A 8:24 | | |
| 3 | Samuel Bradley | (4) | 8:46 | | | | | | | | | | |
| 5 Crewe & Nantwich AC | | | | 26:24 | | | | | | | | | |
| 1 | Isaac Pickering | (5) | 8:37 | 2 | Dylan Brooks | (5) | 9:40 | | | | | | |
| 3 | Benji Cole | (5) | 8:07 | | | | | | | | | | |
| 6 Warrington A C | | | | 'B' 27:52 | | | | | | | | | |
| 1 | Archie Marwood | (3) | 7:46 | 2 | Dylan Langley | (6) | 11:17 | | | | | | |
| 3 | Alfie Blizzard | (6) | 8:49 | | | | | | | | | | |

U11B GM — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | | | |
|--|-------------------|------|------|------------------|----------------|---|--------------|--------------------|---------------|------------------|--------|---|------------------|------|-------|
| 1 Sale Harriers Manchester | | | | 'A' 22:24 | | 9 Salford Harriers & AC | | | | 'B' 27:46 | | | | | |
| 1 | Liam O'brien | (2) | 7:20 | 2 | Ed Spark | (1) | 7:39 | 1 | Dylan Walker | (11) | 8:48 | 2 | Ryley Holden | (10) | 10:48 |
| 3 | Ben Keeley | (1) | 7:25 | | | | | 3 | Marcus Lowrey | (9) | 8:10 | | | | |
| 2 Stockport Harriers & AC | | | | 23:10 | | 10 East Cheshire H & Tameside AC | | | | 'C' 31:51 | | | | | |
| 1 | Isaac Reed | (1) | 7:16 | 2 | Leo Dewsbury | (2) | 8:00 | 1 | Ryan Obeye | (12) | 9:33 | 2 | Alfie Millington | (9) | 9:53 |
| 3 | Dylan Hodgson | (2) | 7:54 | | | | | 3 | James Mottram | (10) | 12:25 | | | | |
| 3 Sale Harriers Manchester | | | | 'C' 23:24 | | Incomplete Teams: | | | | | | | | | |
| 1 | Daniel Oakes | (7) | 7:47 | 2 | Jake Royle | (3) | 7:39 | Trafford AC | | | | | | | |
| 3 | Alex Fraser | (3) | 7:58 | | | | | 1 | Evan Lewis | (5) | 7:38 | | | | |
| 4 East Cheshire H & Tameside AC | | | | 'A' 23:31 | | Horwich R M I Harriers | | | | | | | | | |
| 1 | Alfie Manser | (6) | 7:42 | 2 | Thomas Snowdon | (5) | 7:56 | 'B' | | | | | | | |
| 3 | Finley Partington | (4) | 7:53 | | | | | 1 | Tom Finch | (8) | 8:04 | | | | |
| 5 Sale Harriers Manchester | | | | 'B' 23:33 | | Fastest of all legs | | | | | | | | | |
| 1 | Ben Gardner | (4) | 7:27 | 2 | Andrew Smith | (4) | 8:06 | 1 | Isaac Reed | StockportH | 7:16 | | | | |
| 3 | M Cullenbrown | (5) | 8:00 | | | | | 2 | Liam O'brien | SaleHarrie | A 7:20 | | | | |
| 6 Salford Harriers & AC | | | | 'A' 23:47 | | 3 | Ben Keeley | SaleHarrie | A 7:25 | | | | | | |
| 1 | Evan Grime | (3) | 7:26 | 2 | Asa Backhouse | (6) | 8:17 | 4 | Evan Grime | SalfordHar | A 7:26 | | | | |
| 3 | Gabriel Oakley | (6) | 8:04 | | | | | 5 | Ben Gardner | SaleHarrie | B 7:27 | | | | |
| 7 East Cheshire H & Tameside AC | | | | 'B' 25:16 | | 6 | Evan Lewis | TraffordAC | 7:38 | | | | | | |
| 1 | Marshall Fleet | (9) | 8:27 | 2 | Oliver Walker | (7) | 8:11 | 7 | Jake Royle | SaleHarrie | C 7:39 | | | | |
| 3 | Elliot Singleton | (7) | 8:38 | | | | | = | Ed Spark | SaleHarrie | A 7:39 | | | | |
| 8 Horwich R M I Harriers | | | | 'A' 27:09 | | 9 | Alfie Manser | EastCheshi | A 7:42 | | | | | | |
| 1 | Harry Hewson | (10) | 8:32 | 2 | Harvey Spencer | (8) | 8:54 | 10 | Daniel Oakes | SaleHarrie | C 7:47 | | | | |
| 3 | Tom Fitzpatrick | (8) | 9:43 | | | | | | | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

U11B Lancs — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | |
|--|----------|---------------------|--------------|
| 1 Trawden AC | | 'A' | 22:03 |
| 1 Oliver Brown | (2) 7:32 | 2 George Camara | (1) 7:21 |
| 3 William Mccash | (1) 7:10 | | |
| 2 Trawden AC | | 'B' | 23:51 |
| 1 Harry Jordan | (4) 7:53 | 2 Seth Fentonclough | (3) 8:19 |
| 3 Callum Singleton | (2) 7:39 | | |
| 3 Blackburn Harriers & AC | | 'A' | 24:25 |
| 1 Theo Robinson | (1) 7:29 | 2 Felix Thompson | (2) 8:41 |
| 3 Charlie Haworth | (3) 8:15 | | |
| 4 Blackpool Wyre & Fylde AC | | | 25:33 |
| 1 Otis Leah | (5) 8:06 | 2 Ewan Leitch | (4) 8:52 |
| 3 Billy Kershaw | (4) 8:35 | | |
| 5 Lytham St Annes Rr Club | | | 26:05 |
| 1 Jayden Richardson | (3) 7:39 | 2 Adam Jackson | (5) 9:47 |
| 3 Max Walker | (5) 8:39 | | |

Incomplete Teams:

| | | |
|------------------------------------|----------|------------|
| Blackburn Harriers & AC | | 'B' |
| 1 Loucas Lancashire | (6) 9:07 | 2 Tom Hunt |
| | | (6) 11:08 |

Fastest of all legs

| | | | | |
|----|-------------------|------------|---|------|
| 1 | William Mccash | TrawdenAC | A | 7:10 |
| 2 | George Camara | TrawdenAC | A | 7:21 |
| 3 | Theo Robinson | BlackburnH | A | 7:29 |
| 4 | Oliver Brown | TrawdenAC | A | 7:32 |
| 5 | Jayden Richardson | LythamStAn | | 7:39 |
| = | Callum Singleton | TrawdenAC | B | 7:39 |
| 7 | Harry Jordan | TrawdenAC | B | 7:53 |
| 8 | Otis Leah | BlackpoolW | | 8:06 |
| 9 | Charlie Haworth | BlackburnH | A | 8:15 |
| 10 | Seth Fentonclough | TrawdenAC | B | 8:19 |

U11B Mersey — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | |
|--------------------------------------|----------|---------------------|--------------|
| 1 Liverpool Harriers & AC | | 'A' | 22:56 |
| 1 Charlie Rigby | (3) 7:42 | 2 Max Taylor | (2) 7:50 |
| 3 Jack Davies | (1) 7:24 | | |
| 2 Wirral AC | | 'A' | 23:13 |
| 1 Theo Kaye | (5) 7:55 | 2 Michael Phelan | (1) 7:29 |
| 3 Malachi Harty | (2) 7:49 | | |
| 3 Wespa Fire Athletics | | | 23:55 |
| 1 Jac Chapman | (1) 7:28 | 2 Alfie Carvell | (3) 8:17 |
| 3 Connor Hartley | (3) 8:10 | | |
| 4 Southport Waterloo AC | | | 25:17 |
| 1 Charles Fletcher | (6) 8:09 | 2 William James | (5) 8:49 |
| 3 Harry Williams | (4) 8:19 | | |
| 5 St Helens Sutton AC | | 'A' | 26:44 |
| 1 Bobby Birkett | (2) 7:40 | 2 Harry Griffiths | (6) 9:21 |
| 3 Elijah Colley | (6) 9:43 | | |
| Non-Counters- | | | |
| Wirral AC | | 'B' | 25:27 |
| 1 Ben Pould | (4) 7:49 | 2 Alexander Calvert | (4) 9:07 |
| 3 Charlie Kerr | (5) 8:31 | | |

Incomplete Teams:

| | | |
|------------------------------------|-----------|------------|
| Liverpool Harriers & AC | | 'B' |
| 1 Jack Mould | (7) 8:29 | |
| St Helens Sutton AC | | 'B' |
| 1 Ethan Colley | (8) 10:17 | |

Fastest of all legs

| | | | | |
|----|------------------|------------|---|------|
| 1 | Jack Davies | LiverpoolH | A | 7:24 |
| 2 | Jac Chapman | WespaFireA | | 7:28 |
| 3 | Michael Phelan | WirralAc | A | 7:29 |
| 4 | Bobby Birkett | StHelensSu | A | 7:40 |
| 5 | Charlie Rigby | LiverpoolH | A | 7:42 |
| 6 | Ben Pould | WirralAc | B | 7:49 |
| = | Malachi Harty | WirralAc | A | 7:49 |
| 8 | Max Taylor | LiverpoolH | A | 7:50 |
| 9 | Theo Kaye | WirralAc | A | 7:55 |
| 10 | Charles Fletcher | SouthportW | | 8:09 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

U11 Girls — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---------------|-----------|---|------|-----------------|-----------|---|------|-----------------|-----------|--|------|------------|-----------|---|------|---------------|----------|---|------|-----------------|-----------|---|------|---------------|-----------|---|------|-----------------|-----------|---|------|---------------|-----------|--|------|---------------------|-----------|--|------|
| <p>1 Wespa Fire Athletics 'A' 23:22 1 Holly Cross (1) 7:21 2 Lexie Ellis (2) 8:38 3 Molly Carvell (1) 7:23</p> <p>2 Liverpool Harriers & Ac 'A' 23:37 1 Bailey Hughes (4) 7:57 2 Erin Fay (1) 7:47 3 Valerie Teare (2) 7:53</p> <p>3 Wirral Ac 'A' 24:19 1 Leila Vesey (3) 7:48 2 Ruby McIlveen (3) 8:13 3 Ella Cowan (3) 8:18</p> <p>4 Salford Harriers & Ac 'A' 24:57 1 Sasha Bartalotta (7) 8:02 2 Sophia Nation (7) 8:39 3 Isla Cammish (4) 8:16</p> <p>5 West Cheshire AC 25:19 1 Ruby Phillips (2) 7:43 2 Holly Coates (5) 8:29 3 Grace Henderson (5) 9:07</p> <p>6 Liverpool Harriers & Ac 'B' 25:26 1 Eleanor Redmond (8) 8:03 2 Ruby Webster (6) 8:21 3 Poppy Clews (6) 9:02</p> <p>7 Warrington A C 25:27 1 Sinead Gregory (18) 8:39 2 Ellie Barker (12) 8:23 3 Cara Gregory (7) 8:25</p> <p>8 Wespa Fire Athletics 'B' 25:28 1 Emma Hull (17) 8:33 2 Olanna Quinn (14) 8:35 3 Isla Pastor (8) 8:20</p> <p>9 Trawden AC 'A' 25:30 1 Isabelle Perry (14) 8:21 2 Tamzin Osborne (8) 8:20 3 Agatha Taylor (9) 8:49</p> <p>10 Macclesfield Harriers & Ac 25:35 1 Ellie Dixon (5) 7:59 2 Emma Farmer (15) 9:14 3 Katie Farmer (10) 8:22</p> <p>11 Blackpool Wyre & Fylde Ac 'A' 25:37 1 Aimee Harling (12) 8:18 2 Kirsty Leitch (13) 8:47 3 Polly Kershaw (11) 8:32</p> <p>12 Lancaster & Morecambe Ac 25:38 1 Anna Nicholson (10) 8:11 2 Lottie Mason (10) 8:37 3 Demi Hanafin (12) 8:50</p> <p>13 Sale Harriers Manchester 'D' 25:57 1 Ava Bygrave (16) 8:31 2 Katie Robertson (11) 8:28 3 Grace Hill (13) 8:58</p> <p>14 Leigh Harriers & Ac 26:19 1 Gabriella Taylor (6) 8:00 2 Freya Cash (9) 8:45 3 Olivia Copper (14) 9:34</p> <p>15 Southport Waterloo Ac 26:56 1 Erin Griffin (26) 8:56 2 Megan Hulse (16) 8:46 3 Felicity Fletcher (15) 9:14</p> <p>16 Horwich R M I Harriers 'A' 27:02 1 Charlotte Vickers (27) 9:00 2 Isobelle Wilkinson (20) 9:18 3 Georgia Clarkson (16) 8:44</p> <p>17 Sale Harriers Manchester 'B' 27:22 1 Oonagh McManus (15) 8:25 2 Hannah Squibbs (17) 9:28 3 Sienna Jones (17) 9:29</p> <p>18 Wirral Ac 'C' 27:29 1 Isla Neal (30) 9:18 2 Alyssa Howard (24) 9:18 3 Ellie Fraser (18) 8:53</p> <p>19 Salford Harriers & Ac 'B' 27:31 1 Evie Johnson (29) 9:15 2 Imogen Pattison (21) 9:03 3 Isabelle Hope (19) 9:13</p> <p>20 Wirral Ac 'B' 27:33 1 Lillymay Oswald (22) 8:49 2 Maisie Broadley (23) 9:43 3 Reece Pankhurst (20) 9:01</p> <p>21 Trafford AC 27:40 1 Sadie McCormack (35) 9:39 2 Agnes Reekie (26) 9:08 3 Sophie Norman (21) 8:53</p> | <p>22 Sale Harriers Manchester 'C' 27:43 1 Carey Sullivan (21) 8:46 2 Roxy Mchugh (18) 9:16 3 Molly Irwin (22) 9:41</p> <p>23 Trawden AC 'B' 27:44 1 Leah Harvey (20) 8:40 2 Poppy Wynne (25) 9:59 3 Lottie Hesketh (23) 9:05</p> <p>24 Blackburn Harriers & Ac 'A' 27:52 1 Hannah Davies (13) 8:19 2 Charlotte Smith (19) 9:49 3 Lulu Sharp (24) 9:44</p> <p>25 East Cheshire H & Tameside Ac 'A' 28:01 1 Isla Herring (33) 9:34 2 Amelia Jones (29) 9:27 3 Ava Royle (25) 9:00</p> <p>26 East Cheshire H & Tameside Ac 'B' 28:05 1 Cecelia Smylie (23) 8:50 2 Imogen Mcburnie (32) 10:18 3 Meadow Wright (26) 8:57</p> <p>27 Wespa Fire Athletics 'D' 28:22 1 Ava Swift (32) 9:30 2 Fern Chapman (28) 9:24 3 Anya Oxporoughy (27) 9:28</p> <p>28 East Cheshire H & Tameside Ac 'C' 29:02 1 Anna Rooke (25) 8:52 2 Olivia Jones (27) 10:01 3 Sophia Gush (28) 10:09</p> <p>29 Horwich R M I Harriers 'B' 29:32 1 Olivia O'connor (28) 9:02 2 Alice Arrowsmith (30) 10:00 3 Gabriella Collings (29) 10:30</p> <p>30 Wespa Fire Athletics 'C' 29:36 1 Scarlett Grundy (19) 8:39 2 Darcy Goldborne (33) 10:48 3 Angelica Nuppori (30) 10:09</p> <p>31 Vale Royal Ac 'A' 29:45 1 Nancy Carrington (24) 8:52 2 Marth Bright (31) 10:15 3 Lauren Weedall (31) 10:38</p> <p>32 Vale Royal Ac 'B' 30:11 1 Lois Grace (31) 9:28 2 Abigail Fisher (34) 10:06 3 Evie Prior (32) 10:37</p> <p>33 Crewe & Nantwich Ac 31:29 1 Heidi Woods (37) 11:08 2 Lucy Harding (35) 10:17 3 Lois Jones Hamilton (33) 10:04</p> <p>34 Bury AC 32:39 1 Lucy Dent (11) 8:13 2 Summer Barlow (22) 10:15 3 iyanu omiyale (34) 14:11</p> <p>Incomplete Teams:</p> <p style="padding-left: 20px;">Sale Harriers Manchester 'A' 1 Imogen Hill (9) 8:07 2 Isobel Hall (4) 7:55</p> <p style="padding-left: 20px;">Blackburn Harriers & Ac 'B' 1 Alexa Hunt (38) 11:40 2 Leah Walker (36) 11:11</p> <p style="padding-left: 20px;">Vale Royal Ac 'C' 1 Emily Dixon (39) 11:47 2 Chloe Manley (37) 14:40</p> <p style="padding-left: 20px;">Liverpool Harriers & Ac 'C' 1 Grace Bomba (34) 9:37</p> <p style="padding-left: 20px;">East Cheshire H & Tameside Ac 'D' 1 Harriet Byrnes (36) 10:49</p> <p>Fastest of all legs</p> <table border="0" style="width: 100%; border-collapse: collapse;"> <tr><td>1 Holly Cross</td><td>WespaFire</td><td>A</td><td>7:21</td></tr> <tr><td>2 Molly Carvell</td><td>WespaFire</td><td>A</td><td>7:23</td></tr> <tr><td>3 Ruby Phillips</td><td>WestChesh</td><td></td><td>7:43</td></tr> <tr><td>4 Erin Fay</td><td>Liverpool</td><td>A</td><td>7:47</td></tr> <tr><td>5 Leila Vesey</td><td>WirralAc</td><td>A</td><td>7:48</td></tr> <tr><td>6 Valerie Teare</td><td>Liverpool</td><td>A</td><td>7:53</td></tr> <tr><td>7 Isobel Hall</td><td>SaleHarri</td><td>A</td><td>7:55</td></tr> <tr><td>8 Bailey Hughes</td><td>Liverpool</td><td>A</td><td>7:57</td></tr> <tr><td>9 Ellie Dixon</td><td>Macclesfi</td><td></td><td>7:59</td></tr> <tr><td>10 Gabriella Taylor</td><td>LeighHarr</td><td></td><td>8:00</td></tr> </table> | 1 Holly Cross | WespaFire | A | 7:21 | 2 Molly Carvell | WespaFire | A | 7:23 | 3 Ruby Phillips | WestChesh | | 7:43 | 4 Erin Fay | Liverpool | A | 7:47 | 5 Leila Vesey | WirralAc | A | 7:48 | 6 Valerie Teare | Liverpool | A | 7:53 | 7 Isobel Hall | SaleHarri | A | 7:55 | 8 Bailey Hughes | Liverpool | A | 7:57 | 9 Ellie Dixon | Macclesfi | | 7:59 | 10 Gabriella Taylor | LeighHarr | | 8:00 |
| 1 Holly Cross | WespaFire | A | 7:21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 Molly Carvell | WespaFire | A | 7:23 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 Ruby Phillips | WestChesh | | 7:43 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 Erin Fay | Liverpool | A | 7:47 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 Leila Vesey | WirralAc | A | 7:48 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 Valerie Teare | Liverpool | A | 7:53 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 Isobel Hall | SaleHarri | A | 7:55 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 Bailey Hughes | Liverpool | A | 7:57 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 Ellie Dixon | Macclesfi | | 7:59 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 Gabriella Taylor | LeighHarr | | 8:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

U11G Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | |
|---|----------------------------|--|-------------------------------------|
| 1 West Cheshire AC | 25:19 | | Incomplete Teams: |
| 1 Ruby Phillips (1) 7:43 | 2 Holly Coates (1) 8:29 | | Vale Royal Ac 'C' |
| 3 Grace Henderson (1) 9:07 | | | 1 Emily Dixon (7) 11:47 |
| 2 Warrington A C | 25:27 | | 2 Chloe Manley (7) 14:40 |
| 1 Sinead Gregory (3) 8:39 | 2 Ellie Barker (2) 8:23 | | |
| 3 Cara Gregory (2) 8:25 | | | Fastest of all legs |
| 3 Macclesfield Harriers & Ac | 25:35 | | 1 Ruby Phillips WestChesh 7:43 |
| 1 Ellie Dixon (2) 7:59 | 2 Emma Farmer (3) 9:14 | | 2 Ellie Dixon Macclesfi 7:59 |
| 3 Katie Farmer (3) 8:22 | | | 3 Katie Farmer Macclesfi 8:22 |
| 4 Vale Royal Ac 'A' | 29:45 | | 4 Ellie Barker Warringto 8:23 |
| 1 Nancy Carrington (4) 8:52 | 2 Marth Bright (4) 10:15 | | 5 Cara Gregory Warringto 8:25 |
| 3 Lauren Weedall (4) 10:38 | | | 6 Holly Coates WestChesh 8:29 |
| 5 Vale Royal Ac 'B' | 30:11 | | 7 Sinead Gregory Warringto 8:39 |
| 1 Lois Grace (5) 9:28 | 2 Abigail Fisher (5) 10:06 | | 8 Nancy Carrington ValeRoyal A 8:52 |
| 3 Evie Prior (5) 10:37 | | | 9 Grace Henderson WestChesh 9:07 |
| 6 Crewe & Nantwich Ac | 31:29 | | 10 Emma Farmer Macclesfi 9:14 |
| 1 Heidi Woods (6) 11:08 | 2 Lucy Harding (6) 10:17 | | |
| 3 Lois Jones Hamilton (6) 10:04 | | | |

U11G GM — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | |
|---|-------------------------------|--|---|-------------------------------|
| 1 Salford Harriers & Ac 'A' | 24:57 | | 11 East Cheshire H & Tameside Ac 'C' | 29:02 |
| 1 Sasha Bartalotta (2) 8:02 | 2 Sophia Nation (2) 8:39 | | 1 Anna Rooke (9) 8:52 | 2 Olivia Jones (11) 10:01 |
| 3 Isla Cammish (1) 8:16 | | | 3 Sophia Gush (11) 10:09 | |
| 2 Sale Harriers Manchester 'D' | 25:57 | | 12 Horwich R M I Harriers 'B' | 29:32 |
| 1 Ava Bygrave (6) 8:31 | 2 Katie Robertson (4) 8:28 | | 1 Olivia O'connor (11) 9:02 | 2 Alice Arrowsmith (13) 10:00 |
| 3 Grace Hill (2) 8:58 | | | 3 Gabriella Collings (12) 10:30 | |
| 3 Leigh Harriers & Ac | 26:19 | | 13 Bury AC | 32:39 |
| 1 Gabriella Taylor (1) 8:00 | 2 Freya Cash (3) 8:45 | | 1 Lucy Dent (4) 8:13 | 2 Summer Barlow (9) 10:15 |
| 3 Olivia Copper (3) 9:34 | | | 3 iyanu omiyale (13) 14:11 | |
| 4 Horwich R M I Harriers 'A' | 27:02 | | Incomplete Teams: | |
| 1 Charlotte Vickers (10) 9:00 | 2 Isobelle Wilkinson (7) 9:18 | | Sale Harriers Manchester 'A' | |
| 3 Georgia Clarkson (4) 8:44 | | | 1 Imogen Hill (3) 8:07 | 2 Isobel Hall (1) 7:55 |
| 5 Sale Harriers Manchester 'B' | 27:22 | | East Cheshire H & Tameside Ac 'D' | |
| 1 Oonagh Mcmanus (5) 8:25 | 2 Hannah Squibbs (5) 9:28 | | 1 Harriet Byrnes (15) 10:49 | |
| 3 Sienna Jones (5) 9:29 | | | Fastest of all legs | |
| 6 Salford Harriers & Ac 'B' | 27:31 | | 1 Isobel Hall SaleHarri A 7:55 | |
| 1 Evie Johnson (12) 9:15 | 2 Imogen Pattison (8) 9:03 | | 2 Gabriella Taylor LeighHarr 8:00 | |
| 3 Isabelle Hope (6) 9:13 | | | 3 Sasha Bartalotta SalfordHa A 8:02 | |
| 7 Trafford AC | 27:40 | | 4 Imogen Hill SaleHarri A 8:07 | |
| 1 Sadie McCormack (14) 9:39 | 2 Agnes Reekie (10) 9:08 | | 5 Lucy Dent BuryAC 8:13 | |
| 3 Sophie Norman (7) 8:53 | | | 6 Isla Cammish SalfordHa A 8:16 | |
| 8 Sale Harriers Manchester 'C' | 27:43 | | 7 Oonagh Mcmanus SaleHarri B 8:25 | |
| 1 Carey Sullivan (7) 8:46 | 2 Roxy Mchugh (6) 9:16 | | 8 Katie Robertson SaleHarri D 8:28 | |
| 3 Molly Irwin (8) 9:41 | | | 9 Ava Bygrave SaleHarri D 8:31 | |
| 9 East Cheshire H & Tameside Ac 'A' | 28:01 | | 10 Sophia Nation SalfordHa A 8:39 | |
| 1 Isla Herring (13) 9:34 | 2 Amelia Jones (12) 9:27 | | | |
| 3 Ava Royle (9) 9:00 | | | | |
| 10 East Cheshire H & Tameside Ac 'B' | 28:05 | | | |
| 1 Cecelia Smyile (8) 8:50 | 2 Imogen Mcburnie (14) 10:18 | | | |
| 3 Meadow Wright (10) 8:57 | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

U11G Lancs — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|--|--|
| <p>1 Trawden AC 'A' 25:30</p> <p>1 Isabelle Perry (4) 8:21 2 Tamzin Osborne (1) 8:20 3 Agatha Taylor (1) 8:49</p> <p>2 Blackpool Wyre & Fylde Ac 'A' 25:37</p> <p>1 Aimee Harling (2) 8:18 2 Kirsty Leitch (3) 8:47 3 Polly Kershaw (2) 8:32</p> <p>3 Lancaster & Morecambe Ac 25:38</p> <p>1 Anna Nicholson (1) 8:11 2 Lottie Mason (2) 8:37 3 Demi Hanafin (3) 8:50</p> <p>4 Trawden AC 'B' 27:44</p> <p>1 Leah Harvey (5) 8:40 2 Poppy Wynne (5) 9:59 3 Lottie Hesketh (4) 9:05</p> <p>5 Blackburn Harriers & Ac 'A' 27:52</p> <p>1 Hannah Davies (3) 8:19 2 Charlotte Smith (4) 9:49 3 Lulu Sharp (5) 9:44</p> | <p>Incomplete Teams:</p> <p>Blackburn Harriers & Ac 'B'</p> <p>1 Alexa Hunt (6) 11:40 2 Leah Walker (6) 11:11</p> <p>Fastest of all legs</p> <p>1 Anna Nicholson Lancaster 8:11 2 Aimee Harling Blackpool A 8:18 3 Hannah Davies Blackburn A 8:19 4 Tamzin Osborne TrawdenAC A 8:20 5 Isabelle Perry TrawdenAC A 8:21 6 Polly Kershaw Blackpool A 8:32 7 Lottie Mason Lancaster 8:37 8 Leah Harvey TrawdenAC B 8:40 9 Kirsty Leitch Blackpool A 8:47 10 Agatha Taylor TrawdenAC A 8:49</p> |
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U11G Mersey — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|--|---|
| <p>1 Wespa Fire Athletics 'A' 23:22</p> <p>1 Holly Cross (1) 7:21 2 Lexie Ellis (2) 8:38 3 Molly Carvell (1) 7:23</p> <p>2 Liverpool Harriers & Ac 'A' 23:37</p> <p>1 Bailey Hughes (3) 7:57 2 Erin Fay (1) 7:47 3 Valerie Teare (2) 7:53</p> <p>3 Wirral Ac 'A' 24:19</p> <p>1 Leila Vesey (2) 7:48 2 Ruby McIlveen (3) 8:13 3 Ella Cowan (3) 8:18</p> <p>4 Liverpool Harriers & Ac 'B' 25:26</p> <p>1 Eleanor Redmond (4) 8:03 2 Ruby Webster (4) 8:21 3 Poppy Clews (4) 9:02</p> <p>5 Wespa Fire Athletics 'B' 25:28</p> <p>1 Emma Hull (5) 8:33 2 Olanna Quinn (5) 8:35 3 Isla Pastor (5) 8:20</p> <p>6 Southport Waterloo Ac 26:56</p> <p>1 Erin Griffin (8) 8:56 2 Megan Hulse (6) 8:46 3 Felicity Fletcher (6) 9:14</p> <p>7 Wirral Ac 'C' 27:29</p> <p>1 Isla Neal (9) 9:18 2 Alyssa Howard (8) 9:18 3 Ellie Fraser (7) 8:53</p> | <p>8 Wirral Ac 'B' 27:33</p> <p>1 Lillymay Oswald (7) 8:49 2 Maisie Broadley (7) 9:43 3 Reeve Pankhurst (8) 9:01</p> <p>9 Wespa Fire Athletics 'D' 28:22</p> <p>1 Ava Swift (10) 9:30 2 Fern Chapman (9) 9:24 3 Anya Oxborough (9) 9:28</p> <p>10 Wespa Fire Athletics 'C' 29:36</p> <p>1 Scarlett Grundy (6) 8:39 2 Darcy Goldborne (10) 10:48 3 Angelica Nuppori (10) 10:09</p> <p>Incomplete Teams:</p> <p>Liverpool Harriers & Ac 'C'</p> <p>1 Grace Bomba (11) 9:37</p> <p>Fastest of all legs</p> <p>1 Holly Cross WespaFire A 7:21 2 Molly Carvell WespaFire A 7:23 3 Erin Fay Liverpool A 7:47 4 Leila Vesey WirralAc A 7:48 5 Valerie Teare Liverpool A 7:53 6 Bailey Hughes Liverpool A 7:57 7 Eleanor Redmond Liverpool B 8:03 8 Ruby McIlveen WirralAc A 8:13 9 Ella Cowan WirralAc A 8:18 10 Isla Pastor WespaFire B 8:20</p> |
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North West Road Relays at Edge Hill University on Sunday 8 September 2019

Under 13 Girls — Team Results — Final (nn) is team position after the appropriate stage.

| | |
|--|---|
| 1 Stockport Harriers & AC 'A' 32:12 | 22 Wespa Fire Athletics 'A' 37:06 |
| 1 Freya Murdoch (1) 10:29 | 1 Charley Topping (33) 12:49 |
| 2 Ella Buckley (2) 11:01 | 2 Scarlett Quinn (32) 12:40 |
| 3 Sophie Ellwood (1) 10:42 | 3 S Fludger (22) 11:37 |
| 2 Sale Harriers Manchester 'A' 32:30 | 23 Vale Royal AC 'B' 37:20 |
| 1 Ava Clough (3) 10:38 | 1 Zoe Broughton (25) 12:12 |
| 2 Sara Clough (1) 10:28 | 2 Erin Carney (24) 12:43 |
| 3 Isabella Appleby (2) 11:24 | 3 Ruby Carrington (23) 12:25 |
| 3 East Cheshire Harriers & Tames 'A' 34:09 | 24 Warrington A C 'B' 37:22 |
| 1 Emily Bowker (2) 10:37 | 1 Imogen Wharton (17) 11:56 |
| 2 Darcy Slattery (3) 11:41 | 2 Evie Owen (23) 12:54 |
| 3 Maria Rooke (3) 11:51 | 3 Esme Heavey (24) 12:32 |
| 4 Warrington A C 'A' 34:15 | 25 Trawden AC 'B' 37:26 |
| 1 Alice Nicholson (6) 11:06 | 1 Leila Smithurst (23) 12:01 |
| 2 Nia Wharton (4) 11:37 | 2 Lucy Murgatroyd (28) 13:17 |
| 3 Harriet Bell (4) 11:32 | 3 Gemma Kenniford (25) 12:08 |
| 5 Kendal Amateur AC 'A' 34:27 | 26 Leigh Harriers & AC 37:51 |
| 1 Sophie Cowin (4) 10:39 | 1 Jasmine Barlow (18) 11:57 |
| 2 M Martindale (5) 12:16 | 2 Gracie Patrick (25) 13:01 |
| 3 Kate Collin (5) 11:32 | 3 Georgina Hilton (26) 12:53 |
| 6 Horwich R M I Harriers 'A' 34:47 | 27 Liverpool Pembroke & Sefton H 'B' 38:11 |
| 1 C Wilkinson (5) 10:56 | 1 Erin Frost (27) 12:25 |
| 2 Lois Bowl (6) 12:01 | 2 Iris Davidson (22) 12:20 |
| 3 Emma Bradley (6) 11:50 | 3 Hannah Williamson (27) 13:26 |
| 7 Salford Harriers & AC 'A' 34:58 | 28 Sale Harriers Manchester 'C' 38:14 |
| 1 Jasmine Wright (16) 11:56 | 1 Holly Nolan (22) 11:59 |
| 2 Elena Bartalotta (10) 11:32 | 2 Scarlett Wright (31) 13:25 |
| 3 Marissa Caldwell (7) 11:30 | 3 Megan Johnson (28) 12:50 |
| 8 Sale Harriers Manchester 'D' 35:06 | 29 Liverpool Pembroke & Sefton H 'A' 38:15 |
| 1 Eva Karalius (7) 11:07 | 1 Amy English (32) 12:47 |
| 2 Elizabeth Sinclair (7) 11:52 | 2 Anna Yates (36) 13:38 |
| 3 Bethany Tittensor (8) 12:07 | 3 Sarah Yates (29) 11:50 |
| 9 West Cheshire AC 35:33 | 30 Lancaster & Morecambe AC 38:35 |
| 1 Jessica Lark (8) 11:13 | 1 Evie Robinson (26) 12:19 |
| 2 Cerys Rowlands (9) 12:02 | 2 M Parrington (33) 13:35 |
| 3 Aimee Phillips (9) 12:18 | 3 Erin Gillan (30) 12:41 |
| 10 Kendal Amateur AC 'B' 35:37 | 31 Trafford AC 38:40 |
| 1 Lara Smith (15) 11:54 | 1 Martha McCormack (30) 12:34 |
| 2 Ella Martindale (16) 12:08 | 2 Daisy Atkiss (27) 12:38 |
| 3 Elsie Barker (10) 11:35 | 3 Fay Lewis (31) 13:28 |
| 11 Liverpool Harriers & AC 'A' 35:38 | 32 Blackpool Wyre & Fylde AC 'B' 39:06 |
| 1 Rosie Swinnerton (20) 11:58 | 1 Megan Tipler (36) 12:56 |
| 2 Lara Bellingham (8) 11:09 | 2 Niamh Gorman (37) 13:31 |
| 3 Kylagh O'shea (11) 12:31 | 3 Louisa Bradburn (32) 12:39 |
| 12 Trawden AC 'A' 35:42 | 33 Liverpool Pembroke & Sefton H 'C' 39:19 |
| 1 C Robertshaw (12) 11:41 | 1 Olwyn Benson (38) 13:31 |
| 2 Isobel Beechey (15) 12:19 | 2 Eve Hannaway (35) 12:40 |
| 3 Ruby Fort (12) 11:42 | 3 Katy Nicholson (33) 13:08 |
| 13 Stockport Harriers & AC 'B' 35:45 | 34 Blackburn Harriers & AC 39:22 |
| 1 Niamh Mackintosh (11) 11:34 | 1 Imogen Robinson (21) 11:58 |
| 2 Lucy Salter (19) 12:44 | 2 Faith Gillibrand (13) 11:57 |
| 3 Ellena Walker (13) 11:27 | 3 Isabelle Hartley (34) 15:27 |
| 14 Vale Royal AC 'A' 35:50 | 35 East Cheshire Harriers & Tames 'B' 39:36 |
| 1 Darcie Hudson (13) 11:43 | 1 Alice Cunningham (31) 12:41 |
| 2 Sophie Harding (12) 12:02 | 2 Kayla Corbett (26) 12:29 |
| 3 Eabha Lee (14) 12:05 | 3 Harriann Fleet (35) 14:26 |
| 15 Southport Waterloo AC 'A' 35:52 | 36 Wespa Fire Athletics 'B' 39:40 |
| 1 Hannah Keenan (24) 12:04 | 1 Sofia Grundy (29) 12:32 |
| 2 Lucy Mitchell (17) 12:00 | 2 Georgia Andrews (29) 12:47 |
| 3 Emily Dean (15) 11:48 | 3 Bella Khanijay (36) 14:21 |
| 16 Wirral AC 'A' 36:17 | 37 St Helens Sutton AC 40:01 |
| 1 Megumi Hoshiko (9) 11:16 | 1 Chloe Leigh Mark (37) 13:17 |
| 2 Libby Anderson (11) 12:18 | 2 Lily Birkett (34) 12:38 |
| 3 Delilah Harty (16) 12:43 | 3 Daisy Ward (37) 14:06 |
| 17 Bury AC 36:29 | 38 Vale Royal AC 'C' 40:15 |
| 1 Lucy Hill (14) 11:54 | 1 Anna Smith (39) 13:47 |
| 2 Lola Potts (21) 12:37 | 2 Isabelle Maundrill (38) 13:17 |
| 3 Anna Gisbourne (17) 11:58 | 3 Isabelle Prior (38) 13:11 |
| 18 Wirral AC 'B' 36:38 | 39 Horwich R M I Harriers 'B' 40:37 |
| 1 Holly Sutcliffe (19) 11:57 | 1 Isla Kirkby (42) 14:21 |
| 2 Sarah Theobald (20) 12:28 | 2 Ruby Haslam (40) 14:02 |
| 3 Amber Neal (18) 12:13 | 3 Emma Lucey (39) 12:14 |
| 19 Liverpool Harriers & AC 'B' 36:43 | 40 Southport Waterloo AC 'B' 42:11 |
| 1 Eve O'mahoney (28) 12:26 | 1 Charlotte Hughes (43) 14:34 |
| 2 Beatrix Cole (18) 11:45 | 2 Natasha Murphy (39) 13:47 |
| 3 Lottie Cowdell (19) 12:32 | 3 Apphia Keenan (40) 13:50 |
| 20 Sale Harriers Manchester 'B' 36:47 | Incomplete Teams: |
| 1 Ellie Gildart (10) 11:32 | Horwich R M I Harriers 'C' |
| 2 Madison Holt (14) 12:27 | 1 C Fitzgerald (41) 14:20 |
| 3 Lily Oldale (20) 12:48 | 2 Pip Nuttall (41) 14:06 |
| 21 Blackpool Wyre & Fylde AC 'A' 37:03 | Salford Harriers & AC 'B' |
| 1 Ella Leonard (35) 12:55 | 1 Sophia Roiditis (34) 12:50 |
| 2 Jessica Ramsden (30) 12:27 | |
| 3 Gracie Scott (21) 11:41 | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Liverpool Harriers & AC

'C'

1 Lottie Threadgold (40) 13:59

Fastest of all legs

| | | | | |
|----|-----------------|------------|---|-------|
| 1 | Sara Clough | SaleHarrie | A | 10:28 |
| 2 | Freya Murdoch | StockportH | A | 10:29 |
| 3 | Emily Bowker | EastCheshi | A | 10:37 |
| 4 | Ava Clough | SaleHarrie | A | 10:38 |
| 5 | Sophie Cowin | KendalAmat | A | 10:39 |
| 6 | Sophie Ellwood | StockportH | A | 10:42 |
| 7 | C Wilkinson | HorwichRMI | A | 10:56 |
| 8 | Ella Buckley | StockportH | A | 11:01 |
| 9 | Alice Nicholson | Warrington | A | 11:06 |
| 10 | Eva Karalius | SaleHarrie | D | 11:07 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Cumbria — Team Results — Final (nn) is team position after the appropriate stage.

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|----------------------------|--------------|------------|--------------|----------------------------|-----------------|-----|-------|---|-----------------|------------|---|-------|
| 1 Kendal Amateur AC | | 'A' | 34:27 | Fastest of all legs | | | | | | | | |
| 1 | Sophie Cowin | (1) | 10:39 | 2 | MMartindale | (1) | 12:16 | 1 | Sophie Cowin | KendalAmat | A | 10:39 |
| 3 | Kate Collin | (1) | 11:32 | | | | | 2 | Kate Collin | KendalAmat | A | 11:32 |
| 2 Kendal Amateur AC | | 'B' | 35:37 | 3 | Elsie Barker | | | 3 | Elsie Barker | KendalAmat | B | 11:35 |
| 1 | Lara Smith | (2) | 11:54 | 2 | Ella Martindale | (2) | 12:08 | 4 | Lara Smith | KendalAmat | B | 11:54 |
| 3 | Elsie Barker | (2) | 11:35 | | | | | 5 | Ella Martindale | KendalAmat | B | 12:08 |
| | | | | | | | | 6 | M Martindale | KendalAmat | A | 12:16 |

Cheshire — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | | | |
|-----------------------------------|-------------------|------------|--------------|----------------------------|--------------------|------------|--------------|---|--------------------|------------|-------|-------|--------------------|-----|-------|
| 1 Warrington A C | | 'A' | 34:15 | 7 Vale Royal AC | | 'C' | 40:15 | | | | | | | | |
| 1 | Alice Nicholson | (1) | 11:06 | 2 | Nia Wharton | (1) | 11:37 | 1 | Anna Smith | (7) | 13:47 | 2 | Isabelle Maundrill | (7) | 13:17 |
| 3 | Harriet Bell | (1) | 11:32 | | | | | 3 | Isabelle Prior | (7) | 13:11 | | | | |
| 2 Sale Harriers Manchester | | 'D' | 35:06 | Fastest of all legs | | | | | | | | | | | |
| 1 | Eva Karalius | (2) | 11:07 | 2 | Elizabeth Sinclair | (2) | 11:52 | 1 | Alice Nicholson | Warrington | A | 11:06 | | | |
| 3 | Bethany Tittensor | (2) | 12:07 | | | | | 2 | Eva Karalius | SaleHarrie | D | 11:07 | | | |
| 3 West Cheshire AC | | | 35:33 | 3 | Jessica Lark | (3) | 12:02 | 3 | Jessica Lark | WestCheshi | | 11:13 | | | |
| 1 | Jessica Lark | (3) | 11:13 | 2 | Cerys Rowlands | (3) | 12:02 | 4 | Harriet Bell | Warrington | A | 11:32 | | | |
| 3 | Aimee Phillips | (3) | 12:18 | | | | | 5 | Nia Wharton | Warrington | A | 11:37 | | | |
| 4 Vale Royal AC | | 'A' | 35:50 | 5 | Darcie Hudson | (4) | 12:02 | 6 | Darcie Hudson | ValeRoyalA | A | 11:43 | | | |
| 1 | Darcie Hudson | (4) | 11:43 | 2 | Sophie Harding | (4) | 12:02 | 7 | Elizabeth Sinclair | SaleHarrie | D | 11:52 | | | |
| 3 | Eabha Lee | (4) | 12:05 | | | | | 8 | Imogen Wharton | Warrington | B | 11:56 | | | |
| 5 Vale Royal AC | | 'B' | 37:20 | 8 | Erin Carney | (6) | 12:43 | 9 | Sophie Harding | ValeRoyalA | A | 12:02 | | | |
| 1 | Zoe Broughton | (6) | 12:12 | 2 | Erin Carney | (6) | 12:43 | = | Cerys Rowlands | WestCheshi | | 12:02 | | | |
| 3 | Ruby Carrington | (5) | 12:25 | | | | | | | | | | | | |
| 6 Warrington A C | | 'B' | 37:22 | | | | | | | | | | | | |
| 1 | Imogen Wharton | (5) | 11:56 | 2 | Evie Owen | (5) | 12:54 | | | | | | | | |
| 3 | Esmé Heavey | (6) | 12:32 | | | | | | | | | | | | |

Gtr Manchester — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | | | |
|---|------------------|------------|--------------|--|------------------|--------------|--------------|-------------------------------|------------------|------------|-------|-------|---------------|------|-------|
| 1 Stockport Harriers & AC | | 'A' | 32:12 | 11 Trafford AC | | 38:40 | | | | | | | | | |
| 1 | Freya Murdoch | (1) | 10:29 | 2 | Ella Buckley | (2) | 11:01 | 1 | Martha McCormack | (11) | 12:34 | 2 | Daisy Atkiss | (11) | 12:38 |
| 3 | Sophie Ellwood | (1) | 10:42 | | | | | 3 | Fay Lewis | (11) | 13:28 | | | | |
| 2 Sale Harriers Manchester | | 'A' | 32:30 | 12 East Cheshire Harriers & Tames | | 'B' | 39:36 | | | | | | | | |
| 1 | Ava Clough | (3) | 10:38 | 2 | Sara Clough | (1) | 10:28 | 1 | Alice Cunningham | (12) | 12:41 | 2 | Kayla Corbett | (10) | 12:29 |
| 3 | Isabella Appleby | (2) | 11:24 | | | | | 3 | Harriann Fleet | (12) | 14:26 | | | | |
| 3 East Cheshire Harriers & Tames | | 'A' | 34:09 | 13 Horwich R M I Harriers | | 'B' | 40:37 | | | | | | | | |
| 1 | Emily Bowker | (2) | 10:37 | 2 | Darcy Slattery | (3) | 11:41 | 1 | Isla Kirkby | (15) | 14:21 | 2 | Ruby Haslam | (13) | 14:02 |
| 3 | Maria Rooke | (3) | 11:51 | | | | | 3 | Emma Lucey | (13) | 12:14 | | | | |
| 4 Horwich R M I Harriers | | 'A' | 34:47 | Incomplete Teams: | | | | | | | | | | | |
| 1 | C Wilkinson | (4) | 10:56 | 2 | Lois Bowl | (4) | 12:01 | Horwich R M I Harriers | | 'C' | | | | | |
| 3 | Emma Bradley | (4) | 11:50 | | | | | 1 | C Fitzgerald | (14) | 14:20 | 2 | Pip Nuttall | (14) | 14:06 |
| 5 Salford Harriers & AC | | 'A' | 34:58 | Salford Harriers & AC | | 'B' | | | | | | | | | |
| 1 | Jasmine Wright | (8) | 11:56 | 2 | Elena Bartalotta | (5) | 11:32 | 1 | Sophia Roiditis | (13) | 12:50 | | | | |
| 3 | Marissa Caldwell | (5) | 11:30 | | | | | | | | | | | | |
| 6 Stockport Harriers & AC | | 'B' | 35:45 | Fastest of all legs | | | | | | | | | | | |
| 1 | Niamh Mackintosh | (6) | 11:34 | 2 | Lucy Salter | (7) | 12:44 | 1 | Sara Clough | SaleHarrie | A | 10:28 | | | |
| 3 | Ellena Walker | (6) | 11:27 | | | | | 2 | Freya Murdoch | StockportH | A | 10:29 | | | |
| 7 Bury AC | | | 36:29 | 3 | Emily Bowker | (3) | 11:41 | 3 | Emily Bowker | EastCheshi | A | 10:37 | | | |
| 1 | Lucy Hill | (7) | 11:54 | 2 | Lola Potts | (8) | 12:37 | 4 | Ava Clough | SaleHarrie | A | 10:38 | | | |
| 3 | Anna Gisbourne | (7) | 11:58 | | | | | 5 | Sophie Ellwood | StockportH | A | 10:42 | | | |
| 8 Sale Harriers Manchester | | 'B' | 36:47 | 4 | Madison Holt | (6) | 12:27 | 6 | C Wilkinson | HorwichRMI | A | 10:56 | | | |
| 1 | Ellie Gildart | (5) | 11:32 | | | | | 7 | Ella Buckley | StockportH | A | 11:01 | | | |
| 3 | Lily Oldale | (8) | 12:48 | | | | | 8 | Isabella Appleby | SaleHarrie | A | 11:24 | | | |
| 9 Leigh Harriers & AC | | | 37:51 | 5 | Gracie Patrick | (9) | 13:01 | 9 | Ellena Walker | StockportH | B | 11:27 | | | |
| 1 | Jasmine Barlow | (9) | 11:57 | 2 | Gracie Patrick | (9) | 13:01 | 10 | Marissa Caldwell | SalfordHar | A | 11:30 | | | |
| 3 | Georgina Hilton | (9) | 12:53 | | | | | | | | | | | | |
| 10 Sale Harriers Manchester | | 'C' | 38:14 | | | | | | | | | | | | |
| 1 | Holly Nolan | (10) | 11:59 | 2 | Scarlett Wright | (12) | 13:25 | | | | | | | | |
| 3 | Megan Johnson | (10) | 12:50 | | | | | | | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Lancashire — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|---|---|
| <p>1 Trawden AC 'A' 35:42</p> <p>1 C Robertshaw (1) 11:41 2 Isobel Beechey (2) 12:19</p> <p>3 Ruby Fort (1) 11:42</p> <p>2 Blackpool Wyre & Fylde AC 'A' 37:03</p> <p>1 Ella Leonard (6) 12:55 2 Jessica Ramsden (4) 12:27</p> <p>3 Gracie Scott (2) 11:41</p> <p>3 Trawden AC 'B' 37:26</p> <p>1 Leila Smithurst (3) 12:01 2 Lucy Murgatroyd (3) 13:17</p> <p>3 Gemma Kenniford (3) 12:08</p> <p>4 Liverpool Pembroke & Sefton H 'A' 38:15</p> <p>1 Amy English (5) 12:47 2 Anna Yates (6) 13:38</p> <p>3 Sarah Yates (4) 11:50</p> <p>5 Lancaster & Morecambe AC 38:35</p> <p>1 Evie Robinson (4) 12:19 2 MParrington (5) 13:35</p> <p>3 Erin Gillan (5) 12:41</p> <p>6 Blackpool Wyre & Fylde AC 'B' 39:06</p> <p>1 Megan Tipler (7) 12:56 2 Niamh Gorman (7) 13:31</p> <p>3 Louisa Bradburn (6) 12:39</p> | <p>7 Blackburn Harriers & AC 39:22</p> <p>1 Imogen Robinson (2) 11:58 2 Faith Gillibrand (1) 11:57</p> <p>3 Isabelle Hartley (7) 15:27</p> <p>Fastest of all legs</p> <p>1 Gracie Scott BlackpoolW A 11:41</p> <p>= C Robertshaw TrawdenAC A 11:41</p> <p>3 Ruby Fort TrawdenAC A 11:42</p> <p>4 Sarah Yates LiverpoolP A 11:50</p> <p>5 Faith Gillibrand BlackburnH 11:57</p> <p>6 Imogen Robinson BlackburnH 11:58</p> <p>7 Leila Smithurst TrawdenAC B 12:01</p> <p>8 Gemma Kenniford TrawdenAC B 12:08</p> <p>9 Isobel Beechey TrawdenAC A 12:19</p> <p>= Evie Robinson Lancaster& 12:19</p> |
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Merseyside — Team Results — Final

(nn) is team position after the appropriate stage.

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|---|---|
| <p>1 Liverpool Harriers & AC 'A' 35:38</p> <p>1 Rosie Swinnerton (3) 11:58 2 Lara Bellingham (1) 11:09</p> <p>3 Kylagh O'shea (1) 12:31</p> <p>2 Southport Waterloo AC 'A' 35:52</p> <p>1 Hannah Keenan (4) 12:04 2 Lucy Mitchell (3) 12:00</p> <p>3 Emily Dean (2) 11:48</p> <p>3 Wirral AC 'A' 36:17</p> <p>1 Megumi Hoshiko (1) 11:16 2 Libby Anderson (2) 12:18</p> <p>3 Delilah Harty (3) 12:43</p> <p>4 Wirral AC 'B' 36:38</p> <p>1 Holly Sutcliffe (2) 11:57 2 Sarah Theobald (5) 12:28</p> <p>3 Amber Neal (4) 12:13</p> <p>5 Liverpool Harriers & AC 'B' 36:43</p> <p>1 Eve O'mahoney (6) 12:26 2 Beatrix Cole (4) 11:45</p> <p>3 Lottie Cowdell (5) 12:32</p> <p>6 Wespa Fire Athletics 'A' 37:06</p> <p>1 Charley Topping (8) 12:49 2 Scarlett Quinn (8) 12:40</p> <p>3 S Fludger (6) 11:37</p> <p>7 Liverpool Pembroke & Sefton H 'B' 38:11</p> <p>1 Erin Frost (5) 12:25 2 Iris Davidson (6) 12:20</p> <p>3 Hannah Williamson (7) 13:26</p> <p>8 Liverpool Pembroke & Sefton H 'C' 39:19</p> <p>1 Olwyn Benson (10) 13:31 2 Eve Hannaway (10) 12:40</p> <p>3 Katy Nicholson (8) 13:08</p> <p>9 Wespa Fire Athletics 'B' 39:40</p> <p>1 Sofia Grundy (7) 12:32 2 Georgia Andrews (7) 12:47</p> <p>3 Bella Khanijay (9) 14:21</p> | <p>10 St Helens Sutton AC 40:01</p> <p>1 Chloeleigh Mark (9) 13:17 2 Lily Birkett (9) 12:38</p> <p>3 Daisy Ward (10) 14:06</p> <p>11 Southport Waterloo AC 'B' 42:11</p> <p>1 Charlotte Hughes (12) 14:34 2 Natasha Murphy (11) 13:47</p> <p>3 Apphia Keenan (11) 13:50</p> <p>Incomplete Teams:</p> <p>Liverpool Harriers & AC 'C'</p> <p>1 Lottie Threadgold (11) 13:59</p> <p>Fastest of all legs</p> <p>1 Lara Bellingham LiverpoolH A 11:09</p> <p>2 Megumi Hoshiko WirralAc A 11:16</p> <p>3 S Fludger WespaFireA A 11:37</p> <p>4 Beatrix Cole LiverpoolH B 11:45</p> <p>5 Emily Dean SouthportW A 11:48</p> <p>6 Holly Sutcliffe WirralAc B 11:57</p> <p>7 Rosie Swinnerton LiverpoolH A 11:58</p> <p>8 Lucy Mitchell SouthportW A 12:00</p> <p>9 Hannah Keenan SouthportW A 12:04</p> <p>10 Amber Neal WirralAc B 12:13</p> |
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North West Road Relays at Edge Hill University on Sunday 8 September 2019

Under 13 Boys — Team Results — Final (nn) is team position after the appropriate stage.

| | |
|---|--|
| <p>1 Wirral Ac 'A' 30:05 1 Jack Talbot (8) 10:19 2 Ben Cronshaw (2) 10:04 3 Oberon Kearney (1) 9:42</p> <p>2 Trawden AC 'A' 30:16 1 Ben Stratton (5) 10:13 2 Stanley Stephenson (1) 9:52 3 Harry Smith (2) 10:11</p> <p>3 Liverpool Harriers & Ac 'A' 30:56 1 Max Webster (4) 10:07 2 Riley Malone (3) 10:20 3 Jame Evans (3) 10:29</p> <p>4 Wespa Fire Athletics 'A' 31:46 1 Oscar Kewley (2) 9:50 2 Noel Ford (4) 10:39 3 Jamie Barnes (4) 11:17</p> <p>5 Warrington A C 'A' 31:47 1 Jack Marwood (7) 10:18 2 Matthew Seddon (8) 10:47 3 Rory Gregory (5) 10:42</p> <p>6 Sale Harriers Manchester 'A' 31:53 1 Matthew Gardner (6) 10:13 2 Tomas Hobson (10) 11:16 3 Oscar Schofield (6) 10:24</p> <p>7 Trafford AC 32:17 1 Charlie Stanway (1) 9:45 2 James Walton (5) 10:48 3 Owen Reekie (7) 11:44</p> <p>8 Vale Royal Ac 'A' 32:25 1 Robbie Price (3) 10:06 2 Theo Wassall (7) 10:53 3 Alfie Murray (8) 11:26</p> <p>9 Southport Waterloo Ac 'A' 32:32 1 Luke Ward (13) 10:46 2 Joseph Wake (24) 12:01 3 Montgomery Barr (9) 9:45</p> <p>10 Liverpool Harriers & Ac 'B' 32:47 1 Bobby Burney (11) 10:43 2 Ben Leatherbarrow (13) 11:18 3 Tom Byrne (10) 10:46</p> <p>11 Kendal Amateur AC 'A' 32:58 1 Alfie Addison (16) 10:49 2 Joshua Todd (14) 11:17 3 Oliver Willoughby (11) 10:52</p> <p>12 Liverpool Pembroke & Sefton H 'A' 33:02 1 Toby Farrer (28) 11:20 2 Ethan Tinsley (18) 11:04 3 Thomas Walsh (12) 10:38</p> <p>13 Wirral Ac 'B' 33:05 1 Ben Grantham (12) 10:45 2 Ben Williams (11) 10:50 3 Christopher Clark (13) 11:30</p> <p>14 St Helens Sutton Ac 'A' 33:06 1 William Vose (25) 11:18 2 Liam Johnson (19) 11:10 3 Gabriel Mullen (14) 10:38</p> <p>15 Trawden AC 'B' 33:13 1 Matthew Fleming (10) 10:25 2 Daniel Brown (12) 11:26 3 Callum Osborne (15) 11:22</p> <p>16 Blackburn Harriers & Ac 'A' 33:29 1 Daniel Smith (27) 11:20 2 Benjamin Ham (17) 10:55 3 Benjamin Livesey (16) 11:14</p> <p>17 Wespa Fire Athletics 'B' 33:40 1 Thomas Gilchrist (33) 11:32 2 Tyler Piercy (27) 11:29 3 Luca Noorpuri (17) 10:39</p> <p>18 Macclesfield Harriers & Ac 33:45 1 Jack Everett (22) 11:08 2 Oli Nettle (28) 11:56 3 Dylan Mcgrath (18) 10:41</p> <p>19 Crewe & Nantwich Ac 'A' 33:48 1 Archie Varley (40) 12:18 2 William Cole (32) 11:20 3 Harry Parkermclain (20) 10:10</p> <p>20 Leigh Harriers & Ac 33:58 1 Ethan Davies (14) 10:47 2 Samuel Barlow (9) 10:38 3 William Cooper (21) 12:33</p> <p>21 Lancaster & Morecambe Ac 34:05 1 Oliver Ball (20) 11:00 2 Freddie Gittins (23) 11:45 3 Allan Sumner (22) 11:20</p> | <p>22 East Cheshire Harriers & Tames 'A' 34:08 1 Edward Rankin (36) 11:50 2 Bobby Burton (25) 11:06 3 Cole Wright (23) 11:12</p> <p>23 Bury AC 'B' 34:11 1 Samuel Howard (17) 10:50 2 Finley Collings (21) 11:45 3 Ben Gardner (24) 11:36</p> <p>24 Bury AC 'A' 34:17 1 Thomas Donnelly (15) 10:47 2 Jayden Barlow (29) 12:20 3 Adam Warren (25) 11:10</p> <p>25 Horwich R M I Harriers 'A' 34:37 1 Harrison Stokes (29) 11:21 2 Ben Topham (31) 11:48 3 Harvey Kenny (26) 11:28</p> <p>26 Blackburn Harriers & Ac 'B' 35:08 1 Oliver Gill (24) 11:12 2 Matthew Smith (22) 11:26 3 George Ramsden (27) 12:30</p> <p>27 East Cheshire Harriers & Tames 'B' 35:22 1 Alfie Bundy (31) 11:28 2 Tim Elgar (30) 11:40 3 Joe Taylor (28) 12:14</p> <p>28 Vale Royal Ac 'B' 35:25 1 Tom Taylor (32) 11:31 2 Rhys Bowden (26) 11:27 3 Oliver Shaw (29) 12:27</p> <p>29 Crewe & Nantwich Ac 'B' 35:58 1 Samuel Pickering (37) 11:59 2 Henry Smith (34) 11:57 3 Frankie Simpson (30) 12:02</p> <p>30 Lytham St Annes Rr Club 36:29 1 Oliver Thomson (35) 11:44 2 Finlay Hughes (33) 12:05 3 Eric Wrigley (31) 12:40</p> <p>31 Liverpool Pembroke & Sefton H 'B' 36:36 1 James Gardner (34) 11:43 2 Matthew Carroll (36) 12:43 3 Asger Anderson (32) 12:10</p> <p>32 Southport Waterloo Ac 'B' 38:05 1 Stephen Morgan (26) 11:19 2 Jack Bradshaw (40) 15:21 3 Reuben Donnelly (33) 11:25</p> <p>33 Horwich R M I Harriers 'B' 38:54 1 Martin Arnotsmith (30) 11:23 2 Josh Topham (35) 12:37 3 Aleksander Clayden (34) 14:54</p> <p>34 St Helens Sutton Ac 'B' 40:44 1 Joseph Colley (38) 12:14 2 Charlie Griffiths (39) 13:53 3 Saul Hockenhull (35) 14:37</p> <p>35 East Cheshire Harriers & Tames 'C' 41:05 1 Patrick Mannion (41) 12:33 2 Ethan Sykes (37) 12:20 3 Joe Hamey (36) 16:12</p> <p>36 Blackburn Harriers & Ac 'C' 42:53 1 Findlay Carroll (39) 12:17 2 Daniel Nuttall (38) 13:17 3 Issac Smith (37) 17:19</p> <p>37 Salford Harriers & Ac 43:14 1 Jamie Barber (42) 20:27 2 Joseph Cammish (41) 11:34 3 Jj O'brien (38) 11:13</p> <p>Disqualified -</p> <p style="padding-left: 40px;">Sale Harriers Manchester 'B' 33:47 1 James O'brien (18) 10:54 2 Finlay Day (20) 11:35 3 DISQUALIFIED (19) 11:18</p> <p>Incomplete Teams:</p> <p style="padding-left: 40px;">West Cheshire AC 1 Luke Parker (9) 10:22 2 Reece Munro (6) 10:29</p> <p style="padding-left: 40px;">Warrington A C 'B' 1 Jacob Pryor (23) 11:11 2 Thomas Welsby (15) 10:56</p> <p style="padding-left: 40px;">Liverpool Harriers & Ac 'C' 1 Freddie Barden (21) 11:02 2 James Davis (16) 11:11</p> |
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North West Road Relays at Edge Hill University on Sunday 8 September 2019

Kendal Amateur AC

'B'

1 Alfie Todd (19) 10:59

Fastest of all legs

| | | | | |
|----|--------------------|------------|---|-------|
| 1 | Oberon Kearney | WirralAc | A | 9:42 |
| 2 | Montgomery Barr | SouthportW | A | 9:45 |
| = | Charlie Stanway | TraffordAC | | 9:45 |
| 4 | Oscar Kewley | WespaFireA | A | 9:50 |
| 5 | Stanley Stephenson | TrawdenAC | A | 9:52 |
| 6 | Ben Cronshaw | WirralAc | A | 10:04 |
| 7 | Robbie Price | ValeRoyalA | A | 10:06 |
| 8 | Max Webster | LiverpoolH | A | 10:07 |
| 9 | Harry Parkermclain | Crewe&Nant | A | 10:10 |
| 10 | Harry Smith | TrawdenAC | A | 10:11 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Cumbria — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | |
|-------------------------------|-------------------------|------------|--------------|----------------------------|--------------------|
| 1 Kendal Amateur AC | | 'A' | 32:58 | Fastest of all legs | |
| 1 Alfie Addison (1) 10:49 | 2 Joshua Todd (1) 11:17 | | | 1 Alfie Addison | KendalAmat A 10:49 |
| 3 Oliver Willoughby (1) 10:52 | | | | 2 Oliver Willoughby | KendalAmat A 10:52 |
| Incomplete Teams: | | | | 3 Alfie Todd | KendalAmat B 10:59 |
| Kendal Amateur AC | | 'B' | | 4 Joshua Todd | KendalAmat A 11:17 |
| 1 Alfie Todd (2) 10:59 | | | | | |

Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | |
|---|----------------------------|--------------|--------------|----------------------------|---------------------------|
| 1 Warrington A C | | 'A' | 31:47 | Incomplete Teams: | |
| 1 Jack Marwood (2) 10:18 | 2 Matthew Seddon (3) 10:47 | | | West Cheshire AC | |
| 3 Rory Gregory (1) 10:42 | | | | 1 Luke Parker (3) 10:22 | 2 Reece Munro (1) 10:29 |
| 2 Vale Royal Ac | | 'A' | 32:25 | Warrington A C | |
| 1 Robbie Price (1) 10:06 | 2 Theo Wassall (2) 10:53 | | | 'B' | |
| 3 Alfie Murray (2) 11:26 | | | | 1 Jacob Pryor (5) 11:11 | 2 Thomas Welsby (4) 10:56 |
| 3 Macclesfield Harriers & Ac | | 33:45 | | Fastest of all legs | |
| 1 Jack Everett (4) 11:08 | 2 Oli Nettle (6) 11:56 | | | 1 Robbie Price | ValeRoyalA A 10:06 |
| 3 Dylan Mcgrath (3) 10:41 | | | | 2 Harry Parkermclain | Crewe&Nant A 10:10 |
| 4 Crewe & Nantwich Ac | | 'A' | 33:48 | 3 Jack Marwood | Warrington A 10:18 |
| 1 Archie Varley (8) 12:18 | 2 William Cole (7) 11:20 | | | 4 Luke Parker | WestCheshi 10:22 |
| 3 Harry Parkermclain (4) 10:10 | | | | 5 Reece Munro | WestCheshi 10:29 |
| 5 Vale Royal Ac | | 'B' | 35:25 | 6 Dylan Mcgrath | Macclesfie 10:41 |
| 1 Tom Taylor (6) 11:31 | 2 Rhys Bowden (5) 11:27 | | | 7 Rory Gregory | Warrington A 10:42 |
| 3 Oliver Shaw (5) 12:27 | | | | 8 Matthew Seddon | Warrington A 10:47 |
| 6 Crewe & Nantwich Ac | | 'B' | 35:58 | 9 Theo Wassall | ValeRoyalA A 10:53 |
| 1 Samuel Pickering (7) 11:59 | 2 Henry Smith (8) 11:57 | | | 10 Thomas Welsby | Warrington B 10:56 |
| 3 Frankie Simpson (6) 12:02 | | | | | |

Gtr Manchester — Team Results — Final (nn) is team position after the appropriate stage.

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|---|-----------------------------|--------------|--------------|--|-----------------------------|------------------|
| 1 Sale Harriers Manchester | | 'A' | 31:53 | 10 East Cheshire Harriers & Tames 'C' | | 41:05 |
| 1 Matthew Gardner (2) 10:13 | 2 Tomas Hobson (3) 11:16 | | | 1 Patrick Mannion (11) 12:33 | 2 Ethan Sykes (11) 12:20 | |
| 3 Oscar Schofield (1) 10:24 | | | | 3 Joe Harney (11) 16:12 | | |
| 2 Trafford AC | | 32:17 | | 11 Salford Harriers & Ac | | 43:14 |
| 1 Charlie Stanway (1) 9:45 | 2 James Walton (1) 10:48 | | | 1 Jamie Barber (12) 20:27 | 2 Joseph Cammish (12) 11:34 | |
| 3 Owen Reekie (2) 11:44 | | | | 3 J O'brien (12) 11:13 | | |
| 3 Leigh Harriers & Ac | | 33:58 | | Disqualified - | | |
| 1 Ethan Davies (3) 10:47 | 2 Samuel Barlow (2) 10:38 | | | Sale Harriers Manchester | | 'B' 33:47 |
| 3 William Cooper (4) 12:33 | | | | 1 James O'brien (6) 10:54 | 2 Finlay Day (4) 11:35 | |
| 4 East Cheshire Harriers & Tames | | 'A' | 34:08 | 3 DISQUALIFIED (3) 11:18 | | |
| 1 Edward Rankin (10) 11:50 | 2 Bobby Burton (6) 11:06 | | | Fastest of all legs | | |
| 3 Cole Wright (5) 11:12 | | | | 1 Charlie Stanway | TraffordAC 9:45 | |
| 5 Bury AC | | 'B' | 34:11 | 2 Matthew Gardner | SaleHarrie A 10:13 | |
| 1 Samuel Howard (5) 10:50 | 2 Finley Collings (5) 11:45 | | | 3 Oscar Schofield | SaleHarrie A 10:24 | |
| 3 Ben Gardner (6) 11:36 | | | | 4 Samuel Barlow | LeighHarri 10:38 | |
| 6 Bury AC | | 'A' | 34:17 | 5 Ethan Davies | LeighHarri 10:47 | |
| 1 Thomas Donnelly (4) 10:47 | 2 Jayden Barlow (7) 12:20 | | | = Thomas Donnelly | BuryAC A 10:47 | |
| 3 Adam Warren (7) 11:10 | | | | 7 James Walton | TraffordAC 10:48 | |
| 7 Horwich R M I Harriers | | 'A' | 34:37 | 8 Samuel Howard | BuryAC B 10:50 | |
| 1 Harrison Stokes (7) 11:21 | 2 Ben Topham (9) 11:48 | | | 9 James O'brien | SaleHarrie B 10:54 | |
| 3 Harvey Kenny (8) 11:28 | | | | 10 Bobby Burton | EastCheshi A 11:06 | |
| 8 East Cheshire Harriers & Tames | | 'B' | 35:22 | | | |
| 1 Alfie Bundy (9) 11:28 | 2 Tim Elgar (8) 11:40 | | | | | |
| 3 Joe Taylor (9) 12:14 | | | | | | |
| 9 Horwich R M I Harriers | | 'B' | 38:54 | | | |
| 1 Martin Arnottsmith (8) 11:23 | 2 Josh Topham (10) 12:37 | | | | | |
| 3 Aleksander Clayden (10) 14:54 | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Lancashire — Team Results — Final (nn) is team position after the appropriate stage.

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| <p>1 Trawden AC 'A' 30:16</p> <p>1 Ben Stratton (1) 10:13 2 Stanley Stephenson (1) 9:52 3 Harry Smith (1) 10:11</p> <p>2 Liverpool Pembroke & Sefton H 'A' 33:02</p> <p>1 Toby Farrer (6) 11:20 2 Ethan Tinsley (4) 11:04 3 Thomas Walsh (2) 10:38</p> <p>3 Trawden AC 'B' 33:13</p> <p>1 Matthew Fleming (2) 10:25 2 Daniel Brown (2) 11:26 3 Callum Osborne (3) 11:22</p> <p>4 Blackburn Harriers & Ac 'A' 33:29</p> <p>1 Daniel Smith (5) 11:20 2 Benjamin Ham (3) 10:55 3 Benjamin Livesey (4) 11:14</p> <p>5 Lancaster & Morecambe Ac 34:05</p> <p>1 Oliver Ball (3) 11:00 2 Freddie Gittins (6) 11:45 3 Allan Sumner (5) 11:20</p> <p>6 Blackburn Harriers & Ac 'B' 35:08</p> <p>1 Oliver Gill (4) 11:12 2 Matthew Smith (5) 11:26 3 George Ramsden (6) 12:30</p> <p>7 Lytham St Annes Rr Club 36:29</p> <p>1 Oliver Thomson (8) 11:44 2 Finlay Hughes (7) 12:05 3 Eric Wrigley (7) 12:40</p> | <p>8 Liverpool Pembroke & Sefton H 'B' 36:36</p> <p>1 James Gardner (7) 11:43 2 Matthew Carroll (8) 12:43 3 Asger Anderson (8) 12:10</p> <p>9 Blackburn Harriers & Ac 'C' 42:53</p> <p>1 Findlay Carroll (9) 12:17 2 Daniel Nuttall (9) 13:17 3 Issac Smith (9) 17:19</p> <p>Fastest of all legs</p> <table style="width: 100%; border-collapse: collapse;"> <tbody> <tr><td>1 Stanley Stephenson</td><td>TrawdenAC</td><td>A</td><td>9:52</td></tr> <tr><td>2 Harry Smith</td><td>TrawdenAC</td><td>A</td><td>10:11</td></tr> <tr><td>3 Ben Stratton</td><td>TrawdenAC</td><td>A</td><td>10:13</td></tr> <tr><td>4 Matthew Fleming</td><td>TrawdenAC</td><td>B</td><td>10:25</td></tr> <tr><td>5 Thomas Walsh</td><td>LiverpoolP</td><td>A</td><td>10:38</td></tr> <tr><td>6 Benjamin Ham</td><td>BlackburnH</td><td>A</td><td>10:55</td></tr> <tr><td>7 Oliver Ball</td><td>Lancaster&</td><td></td><td>11:00</td></tr> <tr><td>8 Ethan Tinsley</td><td>LiverpoolP</td><td>A</td><td>11:04</td></tr> <tr><td>9 Oliver Gill</td><td>BlackburnH</td><td>B</td><td>11:12</td></tr> <tr><td>10 Benjamin Livesey</td><td>BlackburnH</td><td>A</td><td>11:14</td></tr> </tbody> </table> | 1 Stanley Stephenson | TrawdenAC | A | 9:52 | 2 Harry Smith | TrawdenAC | A | 10:11 | 3 Ben Stratton | TrawdenAC | A | 10:13 | 4 Matthew Fleming | TrawdenAC | B | 10:25 | 5 Thomas Walsh | LiverpoolP | A | 10:38 | 6 Benjamin Ham | BlackburnH | A | 10:55 | 7 Oliver Ball | Lancaster& | | 11:00 | 8 Ethan Tinsley | LiverpoolP | A | 11:04 | 9 Oliver Gill | BlackburnH | B | 11:12 | 10 Benjamin Livesey | BlackburnH | A | 11:14 |
| 1 Stanley Stephenson | TrawdenAC | A | 9:52 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 Harry Smith | TrawdenAC | A | 10:11 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 Ben Stratton | TrawdenAC | A | 10:13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 Matthew Fleming | TrawdenAC | B | 10:25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 Thomas Walsh | LiverpoolP | A | 10:38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 Benjamin Ham | BlackburnH | A | 10:55 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 Oliver Ball | Lancaster& | | 11:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 Ethan Tinsley | LiverpoolP | A | 11:04 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 Oliver Gill | BlackburnH | B | 11:12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 Benjamin Livesey | BlackburnH | A | 11:14 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Merseyside — Team Results — Final (nn) is team position after the appropriate stage.

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|--|--|------------------|----------|---|------|-------------------|------------|---|------|----------------|------------|---|------|----------------|----------|---|-------|---------------|------------|---|-------|---------------|----------|---|-------|----------------|------------|---|-------|--------------|------------|---|-------|------------------|------------|---|-------|--------------|------------|---|-------|-----------------|------------|---|-------|
| <p>1 Wirral Ac 'A' 30:05</p> <p>1 Jack Talbot (3) 10:19 2 Ben Cronshaw (1) 10:04 3 Oberon Kearney (1) 9:42</p> <p>2 Liverpool Harriers & Ac 'A' 30:56</p> <p>1 Max Webster (2) 10:07 2 Riley Malone (2) 10:20 3 Jame Evans (2) 10:29</p> <p>3 Wespa Fire Athletics 'A' 31:46</p> <p>1 Oscar Kewley (1) 9:50 2 Noel Ford (3) 10:39 3 Jamie Barnes (3) 11:17</p> <p>4 Southport Waterloo Ac 'A' 32:32</p> <p>1 Luke Ward (5) 10:46 2 Joseph Wake (7) 12:01 3 Montgomery Barr (4) 9:45</p> <p>5 Liverpool Harriers & Ac 'B' 32:47</p> <p>1 Bobby Burney (4) 10:43 2 Ben Leatherbarrow (4) 11:18 3 Tom Byrne (5) 10:46</p> <p>6 St Helens Sutton Ac 'A' 33:06</p> <p>1 William Vose (7) 11:18 2 Liam Johnson (6) 11:10 3 Gabriel Mullen (6) 10:38</p> <p>7 Wespa Fire Athletics 'B' 33:40</p> <p>1 Thomas Gilchrist (9) 11:32 2 Tyler Piercy (8) 11:29 3 Luca Noorpuri (7) 10:39</p> <p>8 Southport Waterloo Ac 'B' 38:05</p> <p>1 Stephen Morgan (8) 11:19 2 Jack Bradshaw (10) 15:21 3 Reuben Donnelly (8) 11:25</p> | <p>9 St Helens Sutton Ac 'B' 40:44</p> <p>1 Joseph Colley (10) 12:14 2 Charlie Griffiths (9) 13:53 3 Saul Hockenhull (9) 14:37</p> <p>Incomplete Teams:</p> <p>Liverpool Harriers & Ac 'C'</p> <p>1 Freddie Barden (6) 11:02 2 James Davis (5) 11:11</p> <p>Fastest of all legs</p> <table style="width: 100%; border-collapse: collapse;"> <tbody> <tr><td>1 Oberon Kearney</td><td>WirralAc</td><td>A</td><td>9:42</td></tr> <tr><td>2 Montgomery Barr</td><td>SouthportW</td><td>A</td><td>9:45</td></tr> <tr><td>3 Oscar Kewley</td><td>WespaFireA</td><td>A</td><td>9:50</td></tr> <tr><td>4 Ben Cronshaw</td><td>WirralAc</td><td>A</td><td>10:04</td></tr> <tr><td>5 Max Webster</td><td>LiverpoolH</td><td>A</td><td>10:07</td></tr> <tr><td>6 Jack Talbot</td><td>WirralAc</td><td>A</td><td>10:19</td></tr> <tr><td>7 Riley Malone</td><td>LiverpoolH</td><td>A</td><td>10:20</td></tr> <tr><td>8 Jame Evans</td><td>LiverpoolH</td><td>A</td><td>10:29</td></tr> <tr><td>9 Gabriel Mullen</td><td>StHelensSu</td><td>A</td><td>10:38</td></tr> <tr><td>10 Noel Ford</td><td>WespaFireA</td><td>A</td><td>10:39</td></tr> <tr><td>= Luca Noorpuri</td><td>WespaFireA</td><td>B</td><td>10:39</td></tr> </tbody> </table> | 1 Oberon Kearney | WirralAc | A | 9:42 | 2 Montgomery Barr | SouthportW | A | 9:45 | 3 Oscar Kewley | WespaFireA | A | 9:50 | 4 Ben Cronshaw | WirralAc | A | 10:04 | 5 Max Webster | LiverpoolH | A | 10:07 | 6 Jack Talbot | WirralAc | A | 10:19 | 7 Riley Malone | LiverpoolH | A | 10:20 | 8 Jame Evans | LiverpoolH | A | 10:29 | 9 Gabriel Mullen | StHelensSu | A | 10:38 | 10 Noel Ford | WespaFireA | A | 10:39 | = Luca Noorpuri | WespaFireA | B | 10:39 |
| 1 Oberon Kearney | WirralAc | A | 9:42 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 Montgomery Barr | SouthportW | A | 9:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 Oscar Kewley | WespaFireA | A | 9:50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 Ben Cronshaw | WirralAc | A | 10:04 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 Max Webster | LiverpoolH | A | 10:07 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 Jack Talbot | WirralAc | A | 10:19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 Riley Malone | LiverpoolH | A | 10:20 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 Jame Evans | LiverpoolH | A | 10:29 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 Gabriel Mullen | StHelensSu | A | 10:38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 Noel Ford | WespaFireA | A | 10:39 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = Luca Noorpuri | WespaFireA | B | 10:39 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Non Scoring — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|---|---|
| <p>1 Wirral Ac 'B' 33:05</p> <p>1 Ben Grantham (1) 10:45 2 Ben Williams (1) 10:50 3 Christopher Clark (1) 11:30</p> <p>Fastest of all legs</p> <p>1 Ben Grantham WirralAc B 10:45</p> | <p>2 Ben Williams WirralAc B 10:50 3 Christopher Clark WirralAc B 11:30</p> |
|---|---|

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Under 15 Girls — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|---|--|
| <p>1 Vale Royal AC 'A' 30:05</p> <p>1 Grace Roberts (1) 9:57 3 Holly Weedall (1) 9:33</p> <p>2 Wirral AC 'A' 31:45</p> <p>1 Gabby Phelan (3) 10:27 3 Keira Bradyjones (2) 9:55</p> <p>3 Warrington A C 'A' 32:04</p> <p>1 Emily Entwistle (7) 10:38 3 Lucie Davies (3) 11:23</p> <p>4 Liverpool Harriers & AC 'A' 32:09</p> <p>1 Harriet Bain (4) 10:32 3 Ella Mcmutrie (4) 10:52</p> <p>5 Vale Royal AC 'B' 32:13</p> <p>1 Hope Smith (2) 10:24 3 Isobel Ashcroft (5) 11:02</p> <p>6 Sale Harriers Manchester 'A' 32:14</p> <p>1 Olivia Brown (16) 11:05 3 Isabelle Burke (6) 10:28</p> <p>7 Horwich R M I Harriers 'A' 32:41</p> <p>1 Lucy Dixon (5) 10:34 3 Eva Baldwin (7) 10:45</p> <p>8 Sale Harriers Manchester 'B' 32:43</p> <p>1 Olivia Nolan (8) 10:43 3 Taylor Edwards (8) 10:52</p> <p>9 West Cheshire AC 'A' 33:04</p> <p>1 Imogen Pughe (14) 10:59 3 Carys Roberts (9) 10:57</p> <p>10 Trawden AC 'A' 33:05</p> <p>1 Abigail Stratton (9) 10:52 3 Joss Waiting (10) 10:48</p> <p>11 Salford Harriers & AC 'A' 33:10</p> <p>1 Nicola Mason (10) 10:55 3 Sophia Bratt (11) 11:23</p> <p>12 Leigh Harriers & AC 'A' 33:14</p> <p>1 Melissa Ince (11) 10:56 3 Megan Short (12) 11:36</p> <p>13 Blackpool Wyre & Fylde AC 33:48</p> <p>1 Maddison Betmead (12) 10:56 3 Betty Kershaw (13) 11:30</p> <p>14 Bury AC 34:31</p> <p>1 Reilly Carson (19) 11:15 3 Freya Potts (14) 10:41</p> <p>15 East Cheshire Harriers & Tames 34:48</p> <p>1 Matilda Byrnes (15) 11:04 3 Imogen Gush (15) 12:15</p> <p>16 Blackburn Harriers & AC 'A' 34:51</p> <p>1 Leah Hoole (22) 11:27 3 Keira Haxton (16) 11:31</p> <p>17 Warrington A C 'B' 34:57</p> <p>1 Maisie Bell (27) 11:55 3 Evavictoria Ferris (17) 11:35</p> <p>18 Liverpool Harriers & AC 'B' 35:17</p> <p>1 IBlakemoreclark (32) 12:09 3 Emma Gittens (18) 11:17</p> <p>19 Vale Royal AC 'C' 35:27</p> <p>1 Alice Gale (6) 10:37 3 Tilly Gibbs (19) 13:08</p> <p>20 Blackburn Harriers & AC 'B' 35:28</p> <p>1 Kate Cookson (17) 11:11 3 Molly Nicholls (20) 12:09</p> <p>21 Macclesfield Harriers & AC 35:37</p> <p>1 Amelia Wilson (26) 11:54 3 Rebecca Dilworth (21) 10:55</p> | <p>22 Salford Harriers & AC 'B' 35:55</p> <p>1 Maya Mansfield (24) 11:51 3 Millie Bayman (22) 12:11</p> <p>23 Sale Harriers Manchester 'C' 35:56</p> <p>1 Akira Edgson (20) 11:17 3 Isabelle Kerrison (23) 12:27</p> <p>24 Trafford AC 'A' 36:20</p> <p>1 Olivia Russell (23) 11:49 3 Lila Wainwright (24) 11:54</p> <p>25 Trawden AC 'B' 36:22</p> <p>1 Alice Fleming (36) 12:27 3 Ellie Singleton (25) 11:54</p> <p>26 West Cheshire AC 'B' 36:23</p> <p>1 Martha Willetts (31) 12:08 3 Sarah Kefford (26) 12:17</p> <p>27 Wirral AC 'B' 36:52</p> <p>1 Anna Fraser (33) 12:17 3 Eliza Barnes (27) 11:40</p> <p>28 Liverpool Pembroke & Sefton H 36:54</p> <p>1 Chloe Bousfield (42) 12:58 3 Kate Sutcliffe (28) 11:19</p> <p>29 Southport Waterloo AC 'A' 37:21</p> <p>1 Elizabeth Wake (29) 11:59 3 Eleanor James (29) 12:33</p> <p>30 Vale Royal AC 'D' 37:26</p> <p>1 Eloise Babbington (37) 12:31 3 THigginbotham (30) 12:15</p> <p>31 Blackburn Harriers & AC 'C' 37:41</p> <p>1 Caroline Woodworth (30) 12:04 3 Eleanor Allsopp (31) 13:06</p> <p>32 Warrington A C 'C' 37:43</p> <p>1 Molly Wormald (21) 11:23 3 Ruby Smith (32) 13:57</p> <p>33 Stockport Harriers & AC 'A' 37:55</p> <p>1 Isabel Brundrett (28) 11:57 3 Lauren Dewsbury (33) 12:46</p> <p>34 Liverpool Harriers & AC 'C' 38:04</p> <p>1 Megan Mcmutrie (34) 12:19 3 Alicia Evans (34) 13:32</p> <p>35 Stockport Harriers & AC 'B' 38:33</p> <p>1 Mary Seymour (39) 12:43 3 Libby Martin (35) 12:57</p> <p>36 Lancaster & Morecambe AC 38:47</p> <p>1 Niamh Barnsleyryan (35) 12:24 3 Mia Brayshaw (36) 12:36</p> <p>37 Southport Waterloo AC 'B' 39:55</p> <p>1 Holly Bradshaw (41) 12:53 3 Jemima Fletcher (37) 13:17</p> <p>Incomplete Teams:</p> <p>Leigh Harriers & AC 'B'</p> <p>1 Lily Edwards (25) 11:53 2 Madison Davies (23) 11:59</p> <p>St Helens Sutton AC</p> <p>1 Lucy Clitheroe (18) 11:13 2 Taylor Massey (27) 13:14</p> <p>Trafford AC 'B'</p> <p>1 Amy Nunn (44) 13:27 2 Undeclared (38) 12:37</p> <p>Liverpool Harriers & AC 'D'</p> <p>1 Emilia Smith (38) 12:40 2 Ella Holmes (41) 15:21</p> <p>Kendal Amateur AC</p> <p>1 Sarah Smith (13) 10:57</p> |
|---|--|

North West Road Relays at Edge Hill University on Sunday 8 September 2019

West Cheshire AC

1 Henrietta Duffey (40) 12:52

'C'

Wirral AC

1 Emma Theobald (43) 13:10

'C'

Salford Harriers & AC

1 Lauren Birchall (45) 13:57

'C'

Fastest of all legs

| | | | | |
|----|------------------|------------|---|-------|
| 1 | Holly Weedall | ValeRoyalA | A | 9:33 |
| 2 | Keira Bradyjones | WirralAc | A | 9:55 |
| 3 | Grace Roberts | ValeRoyalA | A | 9:57 |
| 4 | Orla Gregory | Warrington | A | 10:03 |
| 5 | Hope Smith | ValeRoyalA | B | 10:24 |
| 6 | Gabby Phelan | WirralAc | A | 10:27 |
| 7 | Isabelle Burke | SaleHarrie | A | 10:28 |
| 8 | Harriet Bain | LiverpoolH | A | 10:32 |
| 9 | Lucy Dixon | HorwichRMI | A | 10:34 |
| 10 | Ellie Bushill | ValeRoyalA | A | 10:35 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Cumbria — Team Results — Final

Kendal Amateur AC
1 Sarah Smith (1) 10:57

Fastest of all legs

1 Sarah Smith KendalAmat 10:57

Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

1 Vale Royal AC 'A' 30:05
1 Grace Roberts (1) 9:57
3 Holly Weedall (1) 9:33

2 Warrington A C 'A' 32:04
1 Emily Entwistle (4) 10:38
3 Lucie Davies (2) 11:23

3 Vale Royal AC 'B' 32:13
1 Hope Smith (2) 10:24
3 Isobel Ashcroft (3) 11:02

4 West Cheshire AC 'A' 33:04
1 Imogen Pughe (5) 10:59
3 Carys Roberts (4) 10:57

5 Warrington A C 'B' 34:57
1 Maisie Bell (8) 11:55
3 Evavictoria Ferris (5) 11:35

6 Vale Royal AC 'C' 35:27
1 Alice Gale (3) 10:37
3 Tilly Gibbs (6) 13:08

7 Macclesfield Harriers & AC 35:37
1 Amelia Wilson (7) 11:54
3 Rebecca Dilworth (7) 10:55

8 West Cheshire AC 'B' 36:23
1 Martha Willetts (9) 12:08
3 Sarah Kefford (8) 12:17

9 Vale Royal AC 'D' 37:26
1 Eloise Babbington (10) 12:31
3 THigginbotham (9) 12:15
2 Molly Roberts (10) 12:40

10 Warrington A C 'C' 37:43
1 Molly Wormald (6) 11:23
3 Ruby Smith (10) 13:57
2 Amelia Smithers (7) 12:23

Incomplete Teams:

West Cheshire AC 'C'
1 Henrietta Duffey (11) 12:52

Fastest of all legs

| | | | |
|--------------------|------------|---|-------|
| 1 Holly Weedall | ValeRoyalA | A | 9:33 |
| 2 Grace Roberts | ValeRoyalA | A | 9:57 |
| 3 Orla Gregory | Warrington | A | 10:03 |
| 4 Hope Smith | ValeRoyalA | B | 10:24 |
| 5 Ellie Bushill | ValeRoyalA | A | 10:35 |
| 6 Alice Gale | ValeRoyalA | C | 10:37 |
| 7 Emily Entwistle | Warrington | A | 10:38 |
| 8 Ellie Hudson | ValeRoyalA | B | 10:47 |
| 9 Rebecca Dilworth | Macclesfie | | 10:55 |
| 10 Carys Roberts | WestCheshi | A | 10:57 |

Gtr Manchester — Team Results — Final

(nn) is team position after the appropriate stage.

1 Sale Harriers Manchester 'A' 32:14
1 Olivia Brown (6) 11:05
3 Isabelle Burke (1) 10:28
2 Jasmine Reed (2) 10:41

2 Horwich R M I Harriers 'A' 32:41
1 Lucy Dixon (1) 10:34
3 Eva Baldwin (2) 10:45
2 Isabella Merritt (5) 11:22

3 Sale Harriers Manchester 'B' 32:43
1 Olivia Nolan (2) 10:43
3 Taylor Edwards (3) 10:52
2 Elizabeth Hill (4) 11:08

4 Salford Harriers & AC 'A' 33:10
1 Nicola Mason (3) 10:55
3 Sophia Bratt (4) 11:23
2 Isabelle Bryan (3) 10:52

5 Leigh Harriers & AC 'A' 33:14
1 Melissa Ince (4) 10:56
3 Megan Short (5) 11:36
2 Nieve Robinson (1) 10:42

6 Bury AC 34:31
1 Reilly Carson (7) 11:15
3 Freya Potts (6) 10:41
2 Grace Gibson (9) 12:35

7 East Cheshire Harriers & Tames 34:48
1 Matilda Byrnes (5) 11:04
3 Imogen Gush (7) 12:15
2 May Mannion (6) 11:29

8 Salford Harriers & AC 'B' 35:55
1 Maya Mansfield (10) 11:51
3 Millie Bayman (8) 12:11
2 Emily Birchall (8) 11:53

9 Sale Harriers Manchester 'C' 35:56
1 Akira Edgson (8) 11:17
3 Isabelle Kerrison (9) 12:27
2 C Safranauskas (7) 12:12

10 Trafford AC 'A' 36:20
1 Olivia Russell (9) 11:49
3 Lila Wainwright (10) 11:54
2 M Guardascione (11) 12:37

11 Stockport Harriers & AC 'A' 37:55
1 Isabel Brundrett (12) 11:57
3 Lauren Dewsbury (11) 12:46
2 Jess Jones (12) 13:12

12 Stockport Harriers & AC 'B' 38:33
1 Mary Seymour (13) 12:43
3 Libby Martin (12) 12:57
2 Poppy Brook (13) 12:53

Incomplete Teams:

Leigh Harriers & AC 'B'
1 Lily Edwards (11) 11:53
2 Madison Davies (10) 11:59

Trafford AC 'B'
1 Amy Nunn (14) 13:27
2 Undeclared (14) 12:37

Salford Harriers & AC 'C'
1 Lauren Birchall (15) 13:57

Fastest of all legs

| | | | |
|------------------|------------|---|-------|
| 1 Isabelle Burke | SaleHarrie | A | 10:28 |
| 2 Lucy Dixon | HorwichRMI | A | 10:34 |
| 3 Jasmine Reed | SaleHarrie | A | 10:41 |
| = Freya Potts | BuryAC | | 10:41 |
| 5 Nieve Robinson | LeighHarri | A | 10:42 |
| 6 Olivia Nolan | SaleHarrie | B | 10:43 |
| 7 Eva Baldwin | HorwichRMI | A | 10:45 |
| 8 Isabelle Bryan | SalfordHar | A | 10:52 |
| = Taylor Edwards | SaleHarrie | B | 10:52 |
| 10 Nicola Mason | SalfordHar | A | 10:55 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Lancashire — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|---|--|
| <p>1 Trawden AC 'A' 33:05</p> <p>1 Abigail Stratton (1) 10:52 2 Isabel Holt (1) 11:25 3 Joss Waiting (1) 10:48</p> <p>2 Blackpool Wyre & Fylde AC 33:48</p> <p>1 Maddison Betmead (2) 10:56 2 Olivia Sellars (2) 11:22 3 Betty Kershaw (2) 11:30</p> <p>3 Blackburn Harriers & AC 'A' 34:51</p> <p>1 Leah Hoole (4) 11:27 2 Hollieella Cubbon (4) 11:53 3 Keira Haxton (3) 11:31</p> <p>4 Blackburn Harriers & AC 'B' 35:28</p> <p>1 Kate Cookson (3) 11:11 2 Eva Knowles (3) 12:08 3 Molly Nicholls (4) 12:09</p> <p>5 Trawden AC 'B' 36:22</p> <p>1 Alice Fleming (7) 12:27 2 Paige Singleton (5) 12:01 3 Ellie Singleton (5) 11:54</p> <p>6 Liverpool Pembroke & Sefton H 36:54</p> <p>1 Chloe Bousfield (8) 12:58 2 Alicia Woods (7) 12:37 3 Kate Sutcliffe (6) 11:19</p> | <p>7 Blackburn Harriers & AC 'C' 37:41</p> <p>1 Caroline Woodworth(5) 12:04 2 Kiera Booth (6) 12:31 3 Eleanor Allsopp (7) 13:06</p> <p>8 Lancaster & Morecambe AC 38:47</p> <p>1 Niamh Barnsleyryan (6) 12:24 2 Pippa Darlington (8) 13:47 3 Mia Brayshaw (8) 12:36</p> <p>Fastest of all legs</p> <p>1 Joss Waiting TrawdenAC A 10:48 2 Abigail Stratton TrawdenAC A 10:52 3 Maddison Betmead BlackpoolW 10:56 4 Kate Cookson BlackburnH B 11:11 5 Kate Sutcliffe LiverpoolP 11:19 6 Olivia Sellars BlackpoolW 11:22 7 Isabel Holt TrawdenAC A 11:25 8 Leah Hoole BlackburnH A 11:27 9 Betty Kershaw BlackpoolW 11:30 10 Keira Haxton BlackburnH A 11:31</p> |
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Merseyside — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|---|--|
| <p>1 Wirral AC 'A' 31:45</p> <p>1 Gabby Phelan (1) 10:27 2 Emma Fildes (2) 11:23 3 Keira Bradyjones (1) 9:55</p> <p>2 Liverpool Harriers & AC 'A' 32:09</p> <p>1 Harriet Bain (2) 10:32 2 Grace Tobin (1) 10:45 3 Ella Mcmutrie (2) 10:52</p> <p>3 Liverpool Harriers & AC 'B' 35:17</p> <p>1 I Blakemoreclark (5) 12:09 2 Caitlin O'brien (3) 11:51 3 Emma Gittens (3) 11:17</p> <p>4 Wirral AC 'B' 36:52</p> <p>1 Anna Fraser (6) 12:17 2 Zara White (7) 12:55 3 Eliza Barnes (4) 11:40</p> <p>5 Southport Waterloo AC 'A' 37:21</p> <p>1 Elizabeth Wake (4) 11:59 2 Libbie Simpson (6) 12:49 3 Eleanor James (5) 12:33</p> <p>6 Liverpool Harriers & AC 'C' 38:04</p> <p>1 Megan Mcmutrie (7) 12:19 2 Mae Lawless (5) 12:13 3 Alicia Evans (6) 13:32</p> <p>7 Southport Waterloo AC 'B' 39:55</p> <p>1 Holly Bradshaw (9) 12:53 2 Annabel Lockie (8) 13:45 3 Jemima Fletcher (7) 13:17</p> | <p>Incomplete Teams:</p> <p>St Helens Sutton AC</p> <p>1 Lucy Clitheroe (3) 11:13 2 Taylor Massey (4) 13:14</p> <p>Liverpool Harriers & AC 'D'</p> <p>1 Emilia Smith (8) 12:40 2 Ella Holmes (9) 15:21</p> <p>Wirral AC 'C'</p> <p>1 Emma Theobald (10) 13:10</p> <p>Fastest of all legs</p> <p>1 Keira Bradyjones WirralAc A 9:55 2 Gabby Phelan WirralAc A 10:27 3 Harriet Bain LiverpoolH A 10:32 4 Grace Tobin LiverpoolH A 10:45 5 Ella Mcmutrie LiverpoolH A 10:52 6 Lucy Clitheroe StHelensSu 11:13 7 Emma Gittens LiverpoolH B 11:17 8 Emma Fildes WirralAc A 11:23 9 Eliza Barnes WirralAc B 11:40 10 Caitlin O'brien LiverpoolH B 11:51</p> |
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North West Road Relays at Edge Hill University on Sunday 8 September 2019

Under 17 Women — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|--|---|
| <p>1 Salford Harriers & AC 'A' 30:11</p> <p>1 Evie Collier (6) 10:59 2 Samantha Mason (1) 9:19</p> <p>3 T Brockleylangford (1) 9:53</p> <p>2 Wirral AC 'A' 32:27</p> <p>1 Rachel Theobald (3) 10:44 2 Scarlett Liddy (6) 11:48</p> <p>3 Ellenmary Kearney (2) 9:55</p> <p>3 Salford Harriers & AC 'B' 32:49</p> <p>1 Amelia Bratt (7) 10:59 2 Emily Russell (2) 10:55</p> <p>3 C Haywoodpercival (3) 10:55</p> <p>4 Leigh Harriers & AC 'A' 34:19</p> <p>1 Rebecca Pollitt (13) 11:14 2 Katie Morley (3) 11:06</p> <p>3 Olivia Anderson (4) 11:59</p> <p>5 Trafford AC 34:24</p> <p>1 Caitlin Doohan (8) 11:00 2 Rebecca Young (7) 11:37</p> <p>3 Sophia Utzinger (5) 11:47</p> <p>6 Liverpool Harriers & AC 'A' 34:30</p> <p>1 Faye O'hare (1) 10:19 2 Tamzin Dentith (4) 12:05</p> <p>3 Isabel Leyland (6) 12:06</p> <p>7 Stockport Harriers & AC 'A' 34:32</p> <p>1 E Hulley (11) 11:07 2 Lauren Burgess (12) 12:10</p> <p>3 Amy West (7) 11:15</p> <p>8 Sale Harriers Manchester 'A' 34:50</p> <p>1 Jasmine Stockton (10) 11:06 2 Charlotte Lord (8) 11:34</p> <p>3 Ava Taylor (8) 12:10</p> <p>9 Blackburn Harriers & AC 35:21</p> <p>1 Eleesha Charnley (2) 10:40 2 Rebecca Ramsden (15) 13:01</p> <p>3 A Davies (9) 11:40</p> <p>10 Wirral AC 'B' 35:23</p> <p>1 Isabel Hodder (9) 11:05 2 Lucy Hignett (11) 11:54</p> <p>3 Rachel Hurst (10) 12:24</p> <p>11 Lancaster & Morecambe AC 35:42</p> <p>1 Alice Sands (16) 12:03 2 Sasha Oldham (14) 11:37</p> <p>3 Kirsty Hamilton (11) 12:02</p> <p>12 West Cheshire AC 35:51</p> <p>1 Lucia Pyne (15) 11:25 2 Georgia Broomfield (5) 11:06</p> <p>3 Abigail Cartwright (12) 13:20</p> <p>13 Liverpool Pembroke & Sefton H 35:53</p> <p>1 Faye Hannaway (17) 12:11 2 Jenny Williamson (13) 11:07</p> <p>3 Phoebe Lucas (13) 12:35</p> | <p>14 Macclesfield Harriers & AC 35:59</p> <p>1 Libby Greeney (18) 12:18 2 Ellie Stockdale (16) 12:48</p> <p>3 Rebecca Main (14) 10:53</p> <p>15 Bury AC 38:43</p> <p>1 Erin Kenyon (21) 12:41 2 Charlie Ireland (17) 13:15</p> <p>3 Bola Akinrayajo (15) 12:47</p> <p>Incomplete Teams:</p> <p>Salford Harriers & AC 'C'</p> <p>1 Anna Potter (12) 11:10 2 Jessica Birchall (9) 11:39</p> <p>Vale Royal AC 'A'</p> <p>1 Beth Latham (14) 11:24 2 Rebecca Nixon (10) 11:31</p> <p>East Cheshire Harriers & Tame</p> <p>1 Megan Lewis (4) 10:57</p> <p>Sale Harriers Manchester 'B'</p> <p>1 E Colquhounlynn (5) 10:58</p> <p>Stockport Harriers & AC 'B'</p> <p>1 Josie Driver (19) 12:28</p> <p>Liverpool Harriers & AC 'B'</p> <p>1 Faye Robinson (20) 12:32</p> <p>Fastest of all legs</p> <p>1 Samantha Mason SalfordHa A 9:19</p> <p>2 T Brockleylangford SalfordHa A 9:53</p> <p>3 Ellenmary Kearney WirralAc A 9:55</p> <p>4 Faye O'hare Liverpool A 10:19</p> <p>5 Eleesha Charnley Blackburn 10:40</p> <p>6 Rachel Theobald WirralAc A 10:44</p> <p>7 Rebecca Main Macclesfi 10:53</p> <p>8 Emily Russell SalfordHa B 10:55</p> <p>= C Haywoodpercival SalfordHa B 10:55</p> <p>10 Megan Lewis EastChesh 10:57</p> |
|--|---|

North West Road Relays

at Edge Hill University on Sunday 8 September 2019

Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | |
|---|--------------------------------|--------------|--------------------------------|---------|
| 1 West Cheshire AC | | 35:51 | Fastest of all legs | |
| 1 Lucia Pyne (2) 11:25 | 2 Georgia Broomfield (1) 11:06 | | 1 Rebecca Main Macclesfi | 10:53 |
| 3 Abigail Cartwright (1) 13:20 | | | 2 Georgia Broomfield WestChesh | 11:06 |
| 2 Macclesfield Harriers & AC | | 35:59 | 3 Beth Latham ValeRoyal | A 11:24 |
| 1 Libby Greeney (3) 12:18 | 2 Ellie Stockdale (3) 12:48 | | 4 Lucia Pyne WestChesh | 11:25 |
| 3 Rebecca Main (2) 10:53 | | | 5 Rebecca Nixon ValeRoyal | A 11:31 |
| Incomplete Teams: | | | 6 Libby Greeney Macclesfi | 12:18 |
| Vale Royal AC | | 'A' | 7 Ellie Stockdale Macclesfi | 12:48 |
| 1 Beth Latham (1) 11:24 | 2 Rebecca Nixon (2) 11:31 | | 8 Abigail Cartwright WestChesh | 13:20 |

Gtr Manchester — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | |
|--------------------------------------|-----------------------------|------------|--------------|--|------------------------------|
| 1 Salford Harriers & AC | | 'A' | 30:11 | Incomplete Teams: | |
| 1 Evie Collier (3) 10:59 | 2 Samantha Mason (1) 9:19 | | | Salford Harriers & AC | |
| 3 T Brockleylangford (1) 9:53 | | | | 1 Anna Potter (8) 11:10 | 2 Jessica Birchall (6) 11:39 |
| 2 Salford Harriers & AC | | 'B' | 32:49 | East Cheshire Harriers & Tame | |
| 1 Amelia Bratt (4) 10:59 | 2 Emily Russell (2) 10:55 | | | 1 Megan Lewis (1) 10:57 | |
| 3 C Haywoodpercival (2) 10:55 | | | | Sale Harriers Manchester | |
| 3 Leigh Harriers & AC | | 'A' | 34:19 | Stockport Harriers & AC | |
| 1 Rebecca Pollitt (9) 11:14 | 2 Katie Morley (3) 11:06 | | | 1 Josie Driver (10) 12:28 | |
| 3 Olivia Anderson (3) 11:59 | | | | Fastest of all legs | |
| 4 Trafford AC | | | 34:24 | 1 Samantha Mason SalfordHa | A 9:19 |
| 1 Caitlin Doohan (5) 11:00 | 2 Rebecca Young (4) 11:37 | | | 2 T Brockleylangford SalfordHa | A 9:53 |
| 3 Sophia Utzinger (4) 11:47 | | | | 3 Emily Russell SalfordHa | B 10:55 |
| 5 Stockport Harriers & AC | | 'A' | 34:32 | = C Haywoodpercival SalfordHa | B 10:55 |
| 1 E Hulley (7) 11:07 | 2 Lauren Burgess (7) 12:10 | | | 5 Megan Lewis EastChesh | 10:57 |
| 3 Amy West (5) 11:15 | | | | 6 E Colquhounlynn SaleHarri | B 10:58 |
| 6 Sale Harriers Manchester | | 'A' | 34:50 | 7 Amelia Bratt SalfordHa | B 10:59 |
| 1 Jasmine Stockton (6) 11:06 | 2 Charlotte Lord (5) 11:34 | | | = Evie Collier SalfordHa | A 10:59 |
| 3 Ava Taylor (6) 12:10 | | | | 9 Caitlin Doohan TraffordA | 11:00 |
| 7 Bury AC | | | 38:43 | 10 Jasmine Stockton SaleHarri | A 11:06 |
| 1 Erin Kenyon (11) 12:41 | 2 Charlie Ireland (8) 13:15 | | | = Katie Morley LeighHarr | A 11:06 |
| 3 Bola Akinayajo (7) 12:47 | | | | | |

Lancashire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | |
|---------------------------------------|-----------------------------|--------------|------------------------------|-------|
| 1 Blackburn Harriers & AC | | 35:21 | Fastest of all legs | |
| 1 Eleesha Charnley (1) 10:40 | 2 Rebecca Ramsden (2) 13:01 | | 1 Eleesha Charnley Blackburn | 10:40 |
| 3 A Davies (1) 11:40 | | | 2 Sasha Oldham Lancaster | 11:37 |
| 2 Lancaster & Morecambe AC | | 35:42 | 3 A Davies Blackburn | 11:40 |
| 1 Alice Sands (2) 12:03 | 2 Sasha Oldham (1) 11:37 | | 4 Kirsty Hamilton Lancaster | 12:02 |
| 3 Kirsty Hamilton (2) 12:02 | | | 5 Alice Sands Lancaster | 12:03 |
| | | | 6 Rebecca Ramsden Blackburn | 13:01 |

Merseyside — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | |
|--------------------------------------|----------------------------|------------|--------------|--|------------------------------|--------------|
| 1 Wirral AC | | 'A' | 32:27 | 4 Liverpool Pembroke & Sefton H | | 35:53 |
| 1 Rachel Theobald (2) 10:44 | 2 Scarlett Liddy (2) 11:48 | | | 1 Faye Hannaway (4) 12:11 | 2 Jenny Williamson (4) 11:07 | |
| 3 Ellenmary Kearney (1) 9:55 | | | | 3 Phoebe Lucas (4) 12:35 | | |
| 2 Liverpool Harriers & AC | | 'A' | 34:30 | Incomplete Teams: | | |
| 1 Faye O'hare (1) 10:19 | 2 Tamzin Dentith (1) 12:05 | | | Liverpool Harriers & AC | | |
| 3 Isabel Leyland (2) 12:06 | | | | 1 Faye Robinson (5) 12:32 | 'B' | |
| 3 Wirral AC | | 'B' | 35:23 | | | |
| 1 Isabel Hodder (3) 11:05 | 2 Lucy Hignett (3) 11:54 | | | | | |
| 3 Rachel Hurst (3) 12:24 | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Under 15 Boys — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--|------------|-------------|------------|---|------|---|------------|------------|---|------|---|----------|----------|---|------|---|--------------|------------|--|------|---|------------|------------|---|------|---|-------------|------------|---|------|---|-----------------|------------|---|------|---|------------------|------------|---|------|---|--------------|------------|---|------|----|-------------------|------------|---|------|
| <p>1 Vale Royal Ac 'A' 27:40 1 Dylan Carney (4) 9:23 3 Patrick Griffith (1) 9:18</p> <p>2 Kendal Amateur AC 'A' 28:23 1 Thomas Brailsford (5) 9:26 3 James Bowen (2) 9:17</p> <p>3 Wirral Ac 'A' 28:38 1 Ethan Bradyjones (7) 9:31 3 Tj Jones (3) 9:05</p> <p>4 Salford Harriers & Ac 'A' 28:50 1 Max Lowrey (1) 9:03 3 Ethan Nation (4) 10:29</p> <p>5 Liverpool Harriers & Ac 'A' 28:54 1 Liam Mccay (3) 9:12 3 Alex Kelly (5) 9:49</p> <p>6 Lancaster & Morecambe Ac 'A' 29:38 1 Tobias Swarbrick (6) 9:28 3 Jack Collett (6) 9:40</p> <p>7 Macclesfield Harriers & Ac 29:41 1 Undeclared (12) 10:03 3 Undeclared (7) 9:38</p> <p>8 Liverpool Pembroke & Sefton H 'B' 29:41 1 Stanley Benson (15) 10:12 3 Oscar Davidson (8) 9:47</p> <p>9 Wirral Ac 'B' 30:01 1 Jamie Dumbarton (10) 9:56 3 William Sutcliffe (9) 9:56</p> <p>10 Horwich R M I Harriers 'A' 30:11 1 Isaac Battye (9) 9:40 3 Ethan Isaacs (10) 10:09</p> <p>11 Blackburn Harriers & Ac 'A' 30:21 1 Hayden Mercer (8) 9:38 3 Dexta Thompson (11) 10:15</p> <p>12 Stockport Harriers & Ac 31:03 1 Finley Mayoh (2) 9:06 3 Jack Catterall (12) 10:15</p> <p>13 Liverpool Harriers & Ac 'B' 31:41 1 Iwan Williams (16) 10:25 3 Ben Roach (13) 10:36</p> <p>14 West Cheshire AC 32:11 1 Nathan Broomfield (21) 11:07 3 Henry Robinson (14) 10:54</p> <p>15 Crewe & Nantwich Ac 32:34 1 Kacper Mikulski (18) 10:50 3 Elliot Davieshayes (15) 10:38</p> <p>16 Blackburn Harriers & Ac 'B' 32:48 1 Theo Watson (20) 11:03 3 Jack Pagetfowler (16) 10:44</p> | <p>17 Horwich R M I Harriers 'B' 32:54 1 Jack Barrago (17) 10:27 3 Benjamin Hall (17) 10:18</p> <p>18 Vale Royal Ac 'B' 33:22 1 Ben Fisher (24) 11:20 3 Josh Williamson (18) 10:39</p> <p>19 East Cheshire Harriers & Tames 'A' 33:23 1 James Mcgraw (14) 10:09 3 Kayle Herring (19) 12:37</p> <p>20 Wirral Ac 'C' 33:25 1 Harry Kaye (22) 11:09 3 Harry Hollis (20) 11:26</p> <p>21 Liverpool Pembroke & Sefton H 'C' 34:07 1 Conrad Lucas (26) 11:35 3 Jack Crichton (21) 12:15</p> <p>22 Bury AC 35:14 1 Joe Hamer (27) 11:53 3 Matthew Lowe (22) 11:43</p> <p>23 Liverpool Pembroke & Sefton H 'A' 35:28 1 Daniel Rathbone (28) 12:30 3 Oliver Farrer (23) 12:00</p> <p>24 Lancaster & Morecambe Ac 'B' 37:13 1 Freddie Calvert (19) 10:51 3 William Staveley (24) 12:44</p> <p>Incomplete Teams:</p> <p>Sale Harriers Manchester 1 Luke Chinoy (13) 10:06 2 Charlie Tittensor (12) 10:22</p> <p>Blackburn Harriers & Ac 'C' 1 Saul Sharp (23) 11:11 2 Umair Rafiq (21) 11:11</p> <p>Kendal Amateur AC 'B' 1 Henry Hunter (11) 9:56</p> <p>Salford Harriers & Ac 'B' 1 Freddie Oldfield (25) 11:21</p> <p>Fastest of all legs</p> <table border="0" style="width: 100%;"> <tr><td>1</td><td>Jake Wilson</td><td>ValeRoyalA</td><td>A</td><td>8:59</td></tr> <tr><td>2</td><td>Max Lowrey</td><td>SalfordHar</td><td>A</td><td>9:03</td></tr> <tr><td>3</td><td>Tj Jones</td><td>WirralAc</td><td>A</td><td>9:05</td></tr> <tr><td>4</td><td>Finley Mayoh</td><td>StockportH</td><td></td><td>9:06</td></tr> <tr><td>5</td><td>Liam Mccay</td><td>LiverpoolH</td><td>A</td><td>9:12</td></tr> <tr><td>6</td><td>James Bowen</td><td>KendalAmat</td><td>A</td><td>9:17</td></tr> <tr><td>7</td><td>Matthew Russell</td><td>SalfordHar</td><td>A</td><td>9:18</td></tr> <tr><td>=</td><td>Patrick Griffith</td><td>ValeRoyalA</td><td>A</td><td>9:18</td></tr> <tr><td>9</td><td>Dylan Carney</td><td>ValeRoyalA</td><td>A</td><td>9:23</td></tr> <tr><td>10</td><td>Thomas Brailsford</td><td>KendalAmat</td><td>A</td><td>9:26</td></tr> </table> | 1 | Jake Wilson | ValeRoyalA | A | 8:59 | 2 | Max Lowrey | SalfordHar | A | 9:03 | 3 | Tj Jones | WirralAc | A | 9:05 | 4 | Finley Mayoh | StockportH | | 9:06 | 5 | Liam Mccay | LiverpoolH | A | 9:12 | 6 | James Bowen | KendalAmat | A | 9:17 | 7 | Matthew Russell | SalfordHar | A | 9:18 | = | Patrick Griffith | ValeRoyalA | A | 9:18 | 9 | Dylan Carney | ValeRoyalA | A | 9:23 | 10 | Thomas Brailsford | KendalAmat | A | 9:26 |
| 1 | Jake Wilson | ValeRoyalA | A | 8:59 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Max Lowrey | SalfordHar | A | 9:03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Tj Jones | WirralAc | A | 9:05 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Finley Mayoh | StockportH | | 9:06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Liam Mccay | LiverpoolH | A | 9:12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | James Bowen | KendalAmat | A | 9:17 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Matthew Russell | SalfordHar | A | 9:18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = | Patrick Griffith | ValeRoyalA | A | 9:18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | Dylan Carney | ValeRoyalA | A | 9:23 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | Thomas Brailsford | KendalAmat | A | 9:26 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Cumbria — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | |
|----------------------------|----------|---------------|--------------|----------------------------|------------|---|------|
| 1 Kendal Amateur AC | | 'A' | 28:23 | Fastest of all legs | | | |
| 1 Thomas Brailsford | (1) 9:26 | 2 Harry Bowen | (1) 9:40 | 1 James Bowen | KendalAmat | A | 9:17 |
| 3 James Bowen | (1) 9:17 | | | 2 Thomas Brailsford | KendalAmat | A | 9:26 |
| Incomplete Teams: | | | | 3 Harry Bowen | KendalAmat | A | 9:40 |
| Kendal Amateur AC | | 'B' | | 4 Henry Hunter | KendalAmat | B | 9:56 |
| 1 Henry Hunter | (2) 9:56 | | | | | | |

Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | |
|---|-----------|-----------------|--------------|----------------------------|------------|---|-------|
| 1 Vale Royal Ac | | 'A' | 27:40 | Fastest of all legs | | | |
| 1 Dylan Carney | (1) 9:23 | 2 Jake Wilson | (1) 8:59 | 1 Jake Wilson | ValeRoyalA | A | 8:59 |
| 3 Patrick Griffith | (1) 9:18 | | | 2 Patrick Griffith | ValeRoyalA | A | 9:18 |
| 2 Macclesfield Harriers & Ac | | | 29:41 | 3 Dylan Carney | ValeRoyalA | A | 9:23 |
| 1 Undeclared | (2) 10:03 | 2 Undeclared | (2) 10:00 | 4 *Not Declared* | George Da | | 9:38 |
| 3 Undeclared | (2) 9:38 | | | 5 *Not Declared* | George Da | | 10:00 |
| 3 West Cheshire AC | | | 32:11 | 6 *Not Declared* | George Da | | 10:03 |
| 1 Nathan Broomfield | (4) 11:07 | 2 Sammy Hollins | (3) 10:10 | 7 Sammy Hollins | WestCheshi | | 10:10 |
| 3 Henry Robinson | (3) 10:54 | | | 8 Elliot Davieshayes | Crewe&Nant | | 10:38 |
| 4 Crewe & Nantwich Ac | | | 32:34 | 9 Josh Williamson | ValeRoyalA | B | 10:39 |
| 1 Kacper Mikulski | (3) 10:50 | 2 Isaac Leydon | (4) 11:06 | 10 Kacper Mikulski | Crewe&Nant | | 10:50 |
| 3 Elliot Davieshayes | (4) 10:38 | | | | | | |
| 5 Vale Royal Ac | | 'B' | 33:22 | | | | |
| 1 Ben Fisher | (5) 11:20 | 2 James Dixon | (5) 11:23 | | | | |
| 3 Josh Williamson | (5) 10:39 | | | | | | |

Gtr Manchester — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | |
|---|-----------|-------------------|--------------|----------------------------------|------------|---------------------|-----------|
| 1 Salford Harriers & Ac | | 'A' | 28:50 | Incomplete Teams: | | | |
| 1 Max Lowrey | (1) 9:03 | 2 Matthew Russell | (1) 9:18 | Sale Harriers Manchester | | | |
| 3 Ethan Nation | (1) 10:29 | | | 1 Luke Chinoy | (4) 10:06 | 2 Charlie Tittensor | (3) 10:22 |
| 2 Horwich R M I Harriers | | 'A' | 30:11 | Salford Harriers & Ac | | | |
| 1 Isaac Battye | (3) 9:40 | 2 Joshua Houghton | (2) 10:22 | 'B' | | | |
| 3 Ethan Isaacs | (2) 10:09 | | | 1 Freddie Oldfield | (7) 11:21 | | |
| 3 Stockport Harriers & Ac | | | 31:03 | Fastest of all legs | | | |
| 1 Finley Mayoh | (2) 9:06 | 2 Harvey Murphy | (5) 11:42 | 1 Max Lowrey | SalfordHar | A | 9:03 |
| 3 Jack Catterall | (3) 10:15 | | | 2 Finley Mayoh | StockportH | | 9:06 |
| 4 Horwich R M I Harriers | | 'B' | 32:54 | 3 Matthew Russell | SalfordHar | A | 9:18 |
| 1 Jack Barrago | (6) 10:27 | 2 Lucas Collings | (6) 12:09 | 4 Isaac Battye | HorwichRMI | A | 9:40 |
| 3 Benjamin Hall | (4) 10:18 | | | 5 Luke Chinoy | SaleHarrie | | 10:06 |
| 5 East Cheshire Harriers & Tames | | 'A' | 33:23 | 6 Ethan Isaacs | HorwichRMI | A | 10:09 |
| 1 James Mcgraw | (5) 10:09 | 2 James Harney | (4) 10:37 | = James Mcgraw | EastCheshi | A | 10:09 |
| 3 Kayle Herring | (5) 12:37 | | | 8 Jack Catterall | StockportH | | 10:15 |
| 6 Bury AC | | | 35:14 | 9 Benjamin Hall | HorwichRMI | B | 10:18 |
| 1 Joe Hamer | (8) 11:53 | 2 Nathan Ardin | (7) 11:38 | 10 Charlie Tittensor | SaleHarrie | | 10:22 |
| 3 Matthew Lowe | (6) 11:43 | | | = Joshua Houghton | HorwichRMI | A | 10:22 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Lancashire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | |
|----------|--|------------|--------------------------------|
| 1 | Lancaster & Morecambe Ac | 'A' | 29:38 |
| 1 | Tobias Swarbrick (1) | 9:28 | 2 Thomas Mcgrattan (1) 10:30 |
| 3 | Jack Collett (1) | 9:40 | |
| 2 | Blackburn Harriers & Ac | 'A' | 30:21 |
| 1 | Hayden Mercer (2) | 9:38 | 2 Kyle Taylorpomfret (2) 10:28 |
| 3 | Dexta Thompson (2) | 10:15 | |
| 3 | Blackburn Harriers & Ac | 'B' | 32:48 |
| 1 | Theo Watson (4) | 11:03 | 2 Codie Dewhurst (3) 11:01 |
| 3 | Jack Pagetfowler (3) | 10:44 | |
| 4 | Liverpool Pembroke & Sefton H | 'A' | 35:28 |
| 1 | Daniel Rathbone (6) | 12:30 | 2 James Read (5) 10:58 |
| 3 | Oliver Farrer (4) | 12:00 | |
| 5 | Lancaster & Morecambe Ac | 'B' | 37:13 |
| 1 | Freddie Calvert (3) | 10:51 | 2 Toby Nicholson (6) 13:38 |
| 3 | William Staveley (5) | 12:44 | |

Incomplete Teams:

| | |
|------------------------------------|-------------------------|
| Blackburn Harriers & Ac | 'C' |
| 1 Saul Sharp (5) 11:11 | 2 Umair Rafiq (4) 11:11 |

Fastest of all legs

| | | | | |
|----|--------------------|------------|---|-------|
| 1 | Tobias Swarbrick | Lancaster& | A | 9:28 |
| 2 | Hayden Mercer | BlackburnH | A | 9:38 |
| 3 | Jack Collett | Lancaster& | A | 9:40 |
| 4 | Dexta Thompson | BlackburnH | A | 10:15 |
| 5 | Kyle Taylorpomfret | BlackburnH | A | 10:28 |
| 6 | Thomas Mcgrattan | Lancaster& | A | 10:30 |
| 7 | Jack Pagetfowler | BlackburnH | B | 10:44 |
| 8 | Freddie Calvert | Lancaster& | B | 10:51 |
| 9 | James Read | LiverpoolP | A | 10:58 |
| 10 | Codie Dewhurst | BlackburnH | B | 11:01 |

Merseyside — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | |
|----------|--|------------|-------------------------------|
| 1 | Wirral Ac | 'A' | 28:38 |
| 1 | Ethan Bradyjones (2) | 9:31 | 2 William Strickley (2) 10:02 |
| 3 | Tj Jones (1) | 9:05 | |
| 2 | Liverpool Harriers & Ac | 'A' | 28:54 |
| 1 | Liam Mccay (1) | 9:12 | 2 Josh Redmond (1) 9:53 |
| 3 | Alex Kelly (2) | 9:49 | |
| 3 | Liverpool Pembroke & Sefton H | 'B' | 29:41 |
| 1 | Stanley Benson (3) | 10:12 | 2 Michael Henderson (3) 9:42 |
| 3 | Oscar Davidson (3) | 9:47 | |
| 4 | Liverpool Harriers & Ac | 'B' | 31:41 |
| 1 | Iwan Williams (4) | 10:25 | 2 Ben Taylor (4) 10:40 |
| 3 | Ben Roach (4) | 10:36 | |
| 5 | Wirral Ac | 'C' | 33:25 |
| 1 | Harry Kaye (5) | 11:09 | 2 Oliver Lea (6) 10:50 |
| 3 | Harry Hollis (5) | 11:26 | |
| 6 | Liverpool Pembroke & Sefton H | 'C' | 34:07 |
| 1 | Conrad Lucas (6) | 11:35 | 2 Gideon Lucas (5) 10:17 |
| 3 | Jack Crichton (6) | 12:15 | |

Fastest of all legs

| | | | | |
|----|-------------------|------------|---|-------|
| 1 | Tj Jones | WirralAc | A | 9:05 |
| 2 | Liam Mccay | LiverpoolH | A | 9:12 |
| 3 | Ethan Bradyjones | WirralAc | A | 9:31 |
| 4 | Michael Henderson | LiverpoolP | B | 9:42 |
| 5 | Oscar Davidson | LiverpoolP | B | 9:47 |
| 6 | Alex Kelly | LiverpoolH | A | 9:49 |
| 7 | Josh Redmond | LiverpoolH | A | 9:53 |
| 8 | William Strickley | WirralAc | A | 10:02 |
| 9 | Stanley Benson | LiverpoolP | B | 10:12 |
| 10 | Gideon Lucas | LiverpoolP | C | 10:17 |

Non Scoring — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | |
|----------|-----------------------|------------|----------------------------|
| 1 | Wirral Ac | 'B' | 30:01 |
| 1 | Jamie Dumbarton (1) | 9:56 | 2 Jack Strickley (1) 10:09 |
| 3 | William Sutcliffe (1) | 9:56 | |

Fastest of all legs

| | | | | |
|---|-------------------|----------|---|-------|
| 1 | William Sutcliffe | WirralAc | B | 9:56 |
| = | Jamie Dumbarton | WirralAc | B | 9:56 |
| 3 | Jack Strickley | WirralAc | B | 10:09 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Senior Women — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | |
|---|---------------------------------|----------------|---|--------------------------------|----------------|
| 1 Wirral AC | 'A' | 54:44 | 22 West Cheshire AC | 'A' | 1:06:01 |
| 1 Sophie Tarver (3) 18:09 | 2 Sarah Kearney (2) 19:35 | | 1 Kerry Riley (15) 20:43 | 2 Eleanor Robinson (16) 21:59 | |
| 3 Emily Kearney (1) 17:00 | | | 3 Debra Bemand (22) 23:19 | | |
| 2 Salford Harriers & AC | 'A' | 56:32 | 23 Trawden AC | 'A' | 1:06:02 |
| 1 Sinead Bent (5) 18:29 | 2 Sarah Carroll (1) 18:32 | | 1 Joanne Perry (29) 22:52 | 2 Dawn Tibbs (28) 23:13 | |
| 3 Catherine Hooper (2) 19:31 | | | 3 C Singleton (23) 19:57 | | |
| 3 Vale Royal AC | 'A' | 58:17 | 24 Wilmslow RC | | 1:06:11 |
| 1 Holly Smith (4) 18:16 | 2 Sophie Smith (3) 19:31 | | 1 Diane Bygrave (19) 21:06 | 2 Laura Fairhurst (21) 22:37 | |
| 3 Ellie Grinnell (3) 20:30 | | | 3 Sally Price (24) 22:28 | | |
| 4 Blackburn Harriers & AC | 'A' | 58:59 | 25 Blackburn Harriers & AC | 'C' | 1:07:22 |
| 1 Annabel Ralph (8) 19:32 | 2 Maddie Elliott (4) 20:09 | | 1 Lindsay Davies (30) 23:06 | 2 Hannah Cookson (24) 22:01 | |
| 3 Joanne Nelson (4) 19:18 | | | 3 Charlotte Atkinson (25) 22:15 | | |
| 5 Liverpool Harriers & AC | 'A' | 59:32 | 26 Liverpool Pembroke & Sefton H | 'B' | 1:07:40 |
| 1 Danielle Webb (16) 20:45 | 2 Hannah Delaney (5) 19:18 | | 1 Victoria Gilbody (35) 23:45 | 2 Joanna Durkin (26) 21:49 | |
| 3 Sarah Howard (5) 19:29 | | | 3 Rachel Yates (26) 22:06 | | |
| 6 Salford Harriers & AC | 'B' | 1:00:26 | 27 Wirral AC | 'B' | 1:08:06 |
| 1 Rebecca Mason (12) 20:23 | 2 L Haywoodpercival (8) 20:06 | | 1 Margaret Cooper (26) 22:04 | 2 Felicity Hale (29) 24:18 | |
| 3 Kate Knox (6) 19:57 | | | 3 Sarah Phelan (27) 21:44 | | |
| 7 Bury AC | 'A' | 1:00:35 | 28 Macclesfield Harriers & AC | | 1:08:09 |
| 1 Caitlin Cole (10) 19:54 | 2 Rachel Marshall (7) 20:22 | | 1 Sue Stockdale (40) 24:09 | 2 Catherine Wilson (32) 24:07 | |
| 3 Katie Geelan (7) 20:19 | | | 3 Hannah Bridger (28) 19:53 | | |
| 8 Leigh Harriers & AC | 'A' | 1:01:26 | 29 Penny Lane Striders | 'A' | 1:09:55 |
| 1 Abigail Howarth (1) 17:21 | 2 Eve Williams (11) 24:09 | | 1 Sharon Samson (25) 21:59 | 2 Annmarie Williams (27) 23:45 | |
| 3 Louisa Thompson (8) 19:56 | | | 3 Sarah Jackson (29) 24:11 | | |
| 9 Helsby RC | | 1:02:14 | 30 Salford Harriers & AC | 'C' | 1:10:40 |
| 1 Hannah Cowley (2) 17:37 | 2 Tracy Woods (14) 24:48 | | 1 Becki Robinson (21) 21:23 | 2 Natalia Rodriguez (25) 23:59 | |
| 3 June Whitehead (9) 19:49 | | | 3 Amanda McCartney (30) 25:18 | | |
| 10 Liverpool Pembroke & Sefton H | 'C' | 1:02:30 | 31 Trafford AC | 'B' | 1:11:01 |
| 1 Tiffany Penfold (6) 18:39 | 2 Lynn Rees (9) 22:05 | | 1 Louise Mangan (31) 23:12 | 2 Sue Exon (36) 26:02 | |
| 3 Laura Purdy (10) 21:46 | | | 3 Liz Ellyard (31) 21:47 | | |
| 11 Trafford AC | 'A' | 1:02:37 | 32 Preston Harriers | 'B' | 1:11:16 |
| 1 Sarah Hudak (7) 19:24 | 2 Amyrose Cauley (6) 20:46 | | 1 Laura Conn (37) 23:52 | 2 Vicki Sherrington (31) 24:08 | |
| 3 Melanie Monks (11) 22:27 | | | 3 Emma Essexcrosby (32) 23:16 | | |
| 12 Vale Royal AC | 'B' | 1:02:45 | 33 Lymm Runners | | 1:13:05 |
| 1 Clara Pettitt (20) 21:12 | 2 Anna Begbie (12) 20:59 | | 1 Jodi Wrigley (33) 23:39 | 2 Gaynor Seymour (34) 24:57 | |
| 3 Hollie Carrington (12) 20:34 | | | 3 Jennifer Todd (33) 24:29 | | |
| 13 Liverpool Harriers & AC | 'B' | 1:02:47 | 34 Southport Waterloo AC | 'A' | 1:13:17 |
| 1 d Wilson (9) 19:44 | 2 Millie Raine (10) 21:39 | | 1 Zana Ladipo (28) 22:46 | 2 C Mcelhinney (30) 24:37 | |
| 3 Jade Morgan (13) 21:24 | | | 3 Julie Mcsloy (34) 25:54 | | |
| 14 Blackburn Harriers & AC | 'B' | 1:04:19 | 35 Trawden AC | 'B' | 1:13:46 |
| 1 Carly Edwards (18) 21:00 | 2 Ellen Sagarhesketh (17) 21:52 | | 1 Justine Jordan (44) 24:48 | 2 Jenny Mcandrew (39) 25:19 | |
| 3 Rachael Gavin (14) 21:27 | | | 3 Julie Townson (35) 23:39 | | |
| 15 Keswick AC | 'A' | 1:04:34 | 36 Vale Royal AC | 'C' | 1:13:59 |
| 1 Catherine Evans (13) 20:28 | 2 Claire Warner (19) 22:28 | | 1 Liz Gale (38) 23:59 | 2 Paula Manley (41) 26:32 | |
| 3 Lindsay Walker (15) 21:38 | | | 3 Sharon Wilson (36) 23:28 | | |
| 16 Bury AC | 'B' | 1:05:06 | 37 Blackpool Wyre & Fylde AC | 'A' | 1:14:29 |
| 1 Nicola Harland (23) 21:50 | 2 Elizabeth Cheshire (22) 22:43 | | 1 Laura Lawler (42) 24:29 | 2 Fran Connolly (37) 25:06 | |
| 3 Sarah Thomas (16) 20:33 | | | 3 Gina Whiteley (37) 24:54 | | |
| 17 Wallasey AC | 'A' | 1:05:12 | 38 West Cheshire AC | 'B' | 1:14:53 |
| 1 Helen Stansfield (24) 21:52 | 2 Katherine Andrews (20) 21:32 | | 1 Elizabeth McMahon (43) 24:37 | 2 Ellen McMahon (33) 23:51 | |
| 3 Elaine Opara (17) 21:48 | | | 3 Alex Duffey (38) 26:25 | | |
| 18 Altrincham & District AC | | 1:05:33 | 39 Royton Road Runners | 'A' | 1:15:09 |
| 1 Alice Welch (22) 21:28 | 2 Charlotte Bent (15) 21:12 | | 1 Jillian Heywood (48) 25:52 | 2 Karen Jones (49) 27:45 | |
| 3 Danielle Beard (18) 22:53 | | | 3 Janet Jobey (39) 21:32 | | |
| 19 Warrington A C | | 1:05:39 | 40 Wirral AC | 'C' | 1:15:21 |
| 1 Undeclared (11) 20:15 | 2 Undeclared (13) 22:06 | | 1 Esther Lindsay (32) 23:26 | 2 Uyailk patt (35) 25:21 | |
| 3 Undeclared (19) 23:18 | | | 3 Kelly Clark (40) 26:34 | | |
| 20 Preston Harriers | 'A' | 1:05:49 | 41 Penny Lane Striders | 'B' | 1:15:28 |
| 1 Katey Foster (17) 20:49 | 2 Emma Hargreaves (18) 22:05 | | 1 Samantha Bentall (41) 24:12 | 2 Karen Culshaw (42) 26:37 | |
| 3 Victoria Duckett (20) 22:55 | | | 3 SKamalanathan (41) 24:39 | | |
| 21 Wallasey AC | 'B' | 1:05:56 | 42 Keswick AC | 'B' | 1:16:55 |
| 1 Rebecca Blacklock (14) 20:30 | 2 Michelle Alty (23) 24:14 | | 1 Jane Elliott (45) 24:51 | 2 Sue Mccauley (47) 27:54 | |
| 3 Sallie Holt (21) 21:12 | | | 3 Louise Brown (42) 24:10 | | |

North West Road Relays

at Edge Hill University on Sunday 8 September 2019

43 Preston Harriers 'C' 1:17:22
1 Julie Tyrer (47) 25:00 2 S Audisriddell (45) 27:21
3 Susan Ashcroft (43) 25:01

44 Manchester Harriers & AC 'C' 1:18:23
1 Wendy Woodhead (34) 23:41 2 Maria Royal (40) 26:48
3 Deborah Beresford (44) 27:54

45 Manchester Harriers & AC 'A' 1:19:54
1 Caroline Baba (39) 24:03 2 Ann McLaughlin (38) 25:55
3 Jacqui Molloy (45) 29:56

46 Blackpool Wyre & Fylde AC 'B' 1:21:15
1 Kirsty Holland (49) 26:07 2 Amanda Fuller (48) 26:49
3 Julie Sinclair (46) 28:19

47 Wallasey AC 'C' 1:22:35
1 Jane Brealey (46) 24:55 2 Alison Engle (44) 27:03
3 Nicola Chapman (47) 30:37

48 Manchester Harriers & AC 'B' 1:23:02
1 Lindsey Farrelly (36) 23:46 2 Maria Stripling (43) 27:50
3 Linda Cross (48) 31:26

49 Preston Harriers 'D' 1:25:07
1 Alex Proffitt (51) 29:36 2 Hollie Suffolk (50) 27:31
3 Sue Wickham (49) 28:00

50 Royton Road Runners 'B' 1:25:27
1 Bernadette Ball (52) 29:56 2 Elaine Whitehead (53) 29:27
3 Martina Naismith (50) 26:04

51 Blackpool Wyre & Fylde AC 'C' 1:29:13
1 Deborah Terras (53) 30:12 2 Jenny Burtonwood (52) 27:40
3 Nickola Walker (51) 31:21

Incomplete Teams:

Leigh Harriers & AC 'B'
1 Rachel Pollitt (27) 22:28 2 Dianne Denney (46) 30:10

Blackpool Wyre & Fylde AC 'D'
1 Cheryl Rickwood (50) 27:16 2 Tracey Sharrock (51) 30:13

Fastest of all legs

| | | | | |
|---|-----------------|------------|---|-------|
| 1 | Emily Kearney | WirralAc | A | 17:00 |
| 2 | Abigail Howarth | LeighHarri | A | 17:21 |
| 3 | Hannah Cowley | HelsbyRC | | 17:37 |
| 4 | Sophie Tarver | WirralAc | A | 18:09 |
| 5 | Holly Smith | ValeRoyalA | A | 18:16 |
| 6 | Sinead Bent | SalfordHar | A | 18:29 |
| 7 | Sarah Carroll | SalfordHar | A | 18:32 |
| 8 | Tiffany Penfold | LiverpoolP | C | 18:39 |
| 9 | Joanne Nelson | BlackburnH | A | 19:18 |
| = | Hannah Delaney | LiverpoolH | A | 19:18 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Cumbria — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | | | | |
|---------------------|---------------------|--------------------|---|----------------------------|---------------|-----------|-----------------|-----------|---|-------|
| 1 Keswick AC | | 'A' 1:04:34 | | Fastest of all legs | | | | | | |
| 1 | Catherine Evans (1) | 20:28 | 2 | Claire Warner (1) | 22:28 | 1 | Catherine Evans | KeswickAc | A | 20:28 |
| 3 | Lindsay Walker (1) | 21:38 | | | | 2 | Lindsay Walker | KeswickAc | A | 21:38 |
| 2 Keswick AC | | 'B' 1:16:55 | | 3 | Claire Warner | KeswickAc | A | 22:28 | | |
| 1 | Jane Elliott (2) | 24:51 | 2 | Sue Mccauley (2) | 27:54 | 4 | Louise Brown | KeswickAc | B | 24:10 |
| 3 | Louise Brown (2) | 24:10 | | | | 5 | Jane Elliott | KeswickAc | B | 24:51 |
| | | | | | | 6 | Sue Mccauley | KeswickAc | B | 27:54 |

Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | | | | | |
|---|-----------------------|--------------------|---|----------------------------|----------------|--------------------|-----------------------|------------|-------|-------------------|-------|
| 1 Vale Royal AC | | 'A' 58:17 | | 8 Vale Royal AC | | 'C' 1:13:59 | | | | | |
| 1 | Holly Smith (2) | 18:16 | 2 | Sophie Smith (1) | 19:31 | 1 | Liz Gale (7) | 23:59 | 2 | Paula Manley (9) | 26:32 |
| 3 | Ellie Grinnell (1) | 20:30 | | | | 3 | Sharon Wilson (8) | 23:28 | | | |
| 2 Helsby RC | | 1:02:14 | | 9 West Cheshire AC | | 'B' 1:14:53 | | | | | |
| 1 | Hannah Cowley (1) | 17:37 | 2 | Tracy Woods (4) | 24:48 | 1 | Elizabeth McMahon (9) | 24:37 | 2 | Ellen McMahon (7) | 23:51 |
| 3 | June Whitehead (2) | 19:49 | | | | 3 | Alex Duffey (9) | 26:25 | | | |
| 3 Vale Royal AC | | 'B' 1:02:45 | | Fastest of all legs | | | | | | | |
| 1 | Clara Pettitt (5) | 21:12 | 2 | Anna Begbie (2) | 20:59 | 1 | Hannah Cowley | HelsbyRC | | 17:37 | |
| 3 | Hollie Carrington (3) | 20:34 | | | | 2 | Holly Smith | ValeRoyalA | A | 18:16 | |
| 4 Warrington A C | | 1:05:39 | | 3 | Sophie Smith | ValeRoyalA | A | 19:31 | | | |
| 1 | Undeclared (3) | 20:15 | 2 | Undeclared (3) | 22:06 | 4 | June Whitehead | HelsbyRC | | 19:49 | |
| 3 | Undeclared (4) | 23:18 | | | | 5 | Hannah Bridger | Macclesfie | | 19:53 | |
| 5 West Cheshire AC | | 'A' 1:06:01 | | 6 | *Not Declared* | | | | 20:15 | | |
| 1 | Kerry Riley (4) | 20:43 | 2 | Eleanor Robinson (5) | 21:59 | 7 | Ellie Grinnell | ValeRoyalA | A | 20:30 | |
| 3 | Debra Bemand (5) | 23:19 | | | | 8 | Hollie Carrington | ValeRoyalA | B | 20:34 | |
| 6 Macclesfield Harriers & AC | | 1:08:09 | | 9 | Kerry Riley | WestCheshi | A | 20:43 | | | |
| 1 | Sue Stockdale (8) | 24:09 | 2 | Catherine Wilson (6) | 24:07 | 10 | Anna Begbie | ValeRoyalA | B | 20:59 | |
| 3 | Hannah Bridger (6) | 19:53 | | | | | | | | | |
| 7 Lymm Runners | | 1:13:05 | | | | | | | | | |
| 1 | Jodi Wrigley (6) | 23:39 | 2 | Gaynor Seymour (8) | 24:57 | | | | | | |
| 3 | Jennifer Todd (7) | 24:29 | | | | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Gtr Manchester — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | |
|---------------------------------------|--------------------------------|----------------|--|-------------------------------|----------------|
| 1 Salford Harriers & AC | 'A' | 56:32 | 12 Manchester Harriers & AC | 'C' | 1:18:23 |
| 1 Sinead Bent (2) 18:29 | 2 Sarah Carroll (1) 18:32 | | 1 Wendy Woodhead (12) 23:41 | 2 Maria Royal (12) 26:48 | |
| 3 Catherine Hooper (1) 19:31 | | | 3 Deborah Beresford (12) 27:54 | | |
| 2 Salford Harriers & AC | 'B' | 1:00:26 | 13 Manchester Harriers & AC | 'A' | 1:19:54 |
| 1 Rebecca Mason (5) 20:23 | 2 L Haywoodpercival (4) 20:06 | | 1 Caroline Baba (14) 24:03 | 2 Ann McLaughlin (11) 25:55 | |
| 3 Kate Knox (2) 19:57 | | | 3 Jacqui Molloy (13) 29:56 | | |
| 3 Bury AC | 'A' | 1:00:35 | 14 Manchester Harriers & AC | 'B' | 1:23:02 |
| 1 Caitlin Cole (4) 19:54 | 2 Rachel Marshall (3) 20:22 | | 1 Lindsey Farrelly (13) 23:46 | 2 Maria Stripling (13) 27:50 | |
| 3 Katie Geelan (3) 20:19 | | | 3 Linda Cross (14) 31:26 | | |
| 4 Leigh Harriers & AC | 'A' | 1:01:26 | 15 Royton Road Runners | 'B' | 1:25:27 |
| 1 Abigail Howarth (1) 17:21 | 2 Eve Williams (5) 24:09 | | 1 Bernadette Ball (16) 29:56 | 2 Elaine Whitehead (16) 29:27 | |
| 3 Louisa Thompson (4) 19:56 | | | 3 Martina Naismith (15) 26:04 | | |
| 5 Trafford AC | 'A' | 1:02:37 | Incomplete Teams: | | |
| 1 Sarah Hudak (3) 19:24 | 2 Amyrose Cauley (2) 20:46 | | Leigh Harriers & AC | | |
| 3 Melanie Monks (5) 22:27 | | | 'B' | | |
| 6 Bury AC | 'B' | 1:05:06 | 1 Rachel Pollitt (10) 22:28 | 2 Dianne Denney (14) 30:10 | |
| 1 Nicola Harland (9) 21:50 | 2 Elizabeth Cheshire (8) 22:43 | | Fastest of all legs | | |
| 3 Sarah Thomas (6) 20:33 | | | 1 Abigail Howarth | LeighHarri | A 17:21 |
| 7 Altrincham & District AC | | 1:05:33 | 2 Sinead Bent | SalfordHar | A 18:29 |
| 1 Alice Welch (8) 21:28 | 2 Charlotte Bent (6) 21:12 | | 3 Sarah Carroll | SalfordHar | A 18:32 |
| 3 Danielle Beard (7) 22:53 | | | 4 Sarah Hudak | TraffordAC | A 19:24 |
| 8 Wilmslow RC | | 1:06:11 | 5 Catherine Hooper | SalfordHar | A 19:31 |
| 1 Diane Bygrave (6) 21:06 | 2 Laura Fairhurst (7) 22:37 | | 6 Caitlin Cole | BuryAC | A 19:54 |
| 3 Sally Price (8) 22:28 | | | 7 Louisa Thompson | LeighHarri | A 19:56 |
| 9 Salford Harriers & AC | 'C' | 1:10:40 | 8 Kate Knox | SalfordHar | B 19:57 |
| 1 Becki Robinson (7) 21:23 | 2 Natalia Rodriguez (9) 23:59 | | 9 L Haywoodpercival | SalfordHar | B 20:06 |
| 3 Amanda McCartney (9) 25:18 | | | 10 Katie Geelan | BuryAC | A 20:19 |
| 10 Trafford AC | 'B' | 1:11:01 | | | |
| 1 Louise Mangan (11) 23:12 | 2 Sue Exon (10) 26:02 | | | | |
| 3 Liz Ellyard (10) 21:47 | | | | | |
| 11 Royton Road Runners | 'A' | 1:15:09 | | | |
| 1 Jillian Heywood (15) 25:52 | 2 Karen Jones (15) 27:45 | | | | |
| 3 Janet Jobey (11) 21:32 | | | | | |

Lancashire — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | |
|--|---------------------------------|----------------|---|-------------------------------|----------------|
| 1 Blackburn Harriers & AC | 'A' | 58:59 | 10 Blackpool Wyre & Fylde AC | 'B' | 1:21:15 |
| 1 Annabel Ralph (1) 19:32 | 2 Maddie Elliott (1) 20:09 | | 1 Kirsty Holland (10) 26:07 | 2 Amanda Fuller (10) 26:49 | |
| 3 Joanne Nelson (1) 19:18 | | | 3 Julie Sinclair (10) 28:19 | | |
| 2 Blackburn Harriers & AC | 'B' | 1:04:19 | 11 Preston Harriers | 'D' | 1:25:07 |
| 1 Carly Edwards (3) 21:00 | 2 Ellen Sagarheshketh (2) 21:52 | | 1 Alex Proffitt (12) 29:36 | 2 Hollie Suffolk (11) 27:31 | |
| 3 Rachael Gavin (2) 21:27 | | | 3 Sue Wickham (11) 28:00 | | |
| 3 Preston Harriers | 'A' | 1:05:49 | 12 Blackpool Wyre & Fylde AC | 'C' | 1:29:13 |
| 1 Katey Foster (2) 20:49 | 2 Emma Hargreaves (3) 22:05 | | 1 Deborah Terras (13) 30:12 | 2 Jenny Burtonwood (13) 27:40 | |
| 3 Victoria Duckett (3) 22:55 | | | 3 Nickola Walker (12) 31:21 | | |
| 4 Trawden AC | 'A' | 1:06:02 | Incomplete Teams: | | |
| 1 Joanne Perry (4) 22:52 | 2 Dawn Tibbs (5) 23:13 | | Blackpool Wyre & Fylde AC | | |
| 3 C Singleton (4) 19:57 | | | 'D' | | |
| 5 Blackburn Harriers & AC | 'C' | 1:07:22 | 1 Cheryl Rickwood (11) 27:16 | 2 Tracey Sharrock (12) 30:13 | |
| 1 Lindsay Davies (5) 23:06 | 2 Hannah Cookson (4) 22:01 | | Fastest of all legs | | |
| 3 Charlotte Atkinson (5) 22:15 | | | 1 Joanne Nelson | BlackburnH | A 19:18 |
| 6 Preston Harriers | 'B' | 1:11:16 | 2 Annabel Ralph | BlackburnH | A 19:32 |
| 1 Laura Conn (6) 23:52 | 2 Vicki Sherrington (6) 24:08 | | 3 C Singleton | TrawdenAC | A 19:57 |
| 3 Emma Essexcrosby (6) 23:16 | | | 4 Maddie Elliott | BlackburnH | A 20:09 |
| 7 Trawden AC | 'B' | 1:13:46 | 5 Katey Foster | PrestonHar | A 20:49 |
| 1 Justine Jordan (8) 24:48 | 2 Jenny Mcandrew (8) 25:19 | | 6 Carly Edwards | BlackburnH | B 21:00 |
| 3 Julie Townson (7) 23:39 | | | 7 Rachael Gavin | BlackburnH | B 21:27 |
| 8 Blackpool Wyre & Fylde AC | 'A' | 1:14:29 | 8 Ellen Sagarheshketh | BlackburnH | B 21:52 |
| 1 Laura Lawler (7) 24:29 | 2 Fran Connolly (7) 25:06 | | 9 Hannah Cookson | BlackburnH | C 22:01 |
| 3 Gina Whiteley (8) 24:54 | | | 10 Emma Hargreaves | PrestonHar | A 22:05 |
| 9 Preston Harriers | 'C' | 1:17:22 | | | |
| 1 Julie Tyrer (9) 25:00 | 2 S Audisriddell (9) 27:21 | | | | |
| 3 Susan Ashcroft (9) 25:01 | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Merseyside — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | |
|--|-------------------------------|----------------|---------------------------------|----------------------------|----------------|
| 1 Wirral AC | 'A' | 54:44 | 10 Southport Waterloo AC | 'A' | 1:13:17 |
| 1 Sophie Tarver (1) 18:09 | 2 Sarah Kearney (1) 19:35 | | 1 Zana Ladipo (9) 22:46 | 2 C Mcelhinney (10) 24:37 | |
| 3 Emily Kearney (1) 17:00 | | | 3 Julie Mcsloy (10) 25:54 | | |
| 2 Liverpool Harriers & AC | 'A' | 59:32 | 11 Wirral AC | 'C' | 1:15:21 |
| 1 Danielle Webb (5) 20:45 | 2 Hannah Delaney (2) 19:18 | | 1 Esther Lindesay (10) 23:26 | 2 Uyailkpatt (11) 25:21 | |
| 3 Sarah Howard (2) 19:29 | | | 3 Kelly Clark (11) 26:34 | | |
| 3 Liverpool Pembroke & Sefton H | 'C' | 1:02:30 | 12 Penny Lane Striders | 'B' | 1:15:28 |
| 1 Tiffany Penfold (2) 18:39 | 2 Lynn Rees (3) 22:05 | | 1 Samantha Bentall (12) 24:12 | 2 Karen Culshaw (12) 26:37 | |
| 3 Laura Purdy (3) 21:46 | | | 3 SKamalanathan (12) 24:39 | | |
| 4 Liverpool Harriers & AC | 'B' | 1:02:47 | 13 Wallasey AC | 'C' | 1:22:35 |
| 1 dWilson (3) 19:44 | 2 Millie Raine (4) 21:39 | | 1 Jane Brealey (13) 24:55 | 2 Alison Engle (13) 27:03 | |
| 3 Jade Morgan (4) 21:24 | | | 3 Nicola Chapman (13) 30:37 | | |
| 5 Wallasey AC | 'A' | 1:05:12 | Fastest of all legs | | |
| 1 Helen Stansfield (6) 21:52 | 2 Katherine Andrews (5) 21:32 | | 1 Emily Kearney | WirralAc | A 17:00 |
| 3 Elaine Opara (5) 21:48 | | | 2 Sophie Tarver | WirralAc | A 18:09 |
| 6 Wallasey AC | 'B' | 1:05:56 | 3 Tiffany Penfold | LiverpoolP | C 18:39 |
| 1 Rebecca Blacklock (4) 20:30 | 2 Michelle Alty (6) 24:14 | | 4 Hannah Delaney | LiverpoolH | A 19:18 |
| 3 Sallie Holt (6) 21:12 | | | 5 Sarah Howard | LiverpoolH | A 19:29 |
| 7 Liverpool Pembroke & Sefton H | 'B' | 1:07:40 | 6 Sarah Kearney | WirralAc | A 19:35 |
| 1 Victoria Gilbody (11) 23:45 | 2 Joanna Durkin (7) 21:49 | | 7 d Wilson | LiverpoolH | B 19:44 |
| 3 Rachel Yates (7) 22:06 | | | 8 Rebecca Blacklock | WallaseyAC | B 20:30 |
| 8 Wirral AC | 'B' | 1:08:06 | 9 Danielle Webb | LiverpoolH | A 20:45 |
| 1 Margaret Cooper (8) 22:04 | 2 Felicity Hale (9) 24:18 | | 10 Sallie Holt | WallaseyAC | B 21:12 |
| 3 Sarah Phelan (8) 21:44 | | | | | |
| 9 Penny Lane Striders | 'A' | 1:09:55 | | | |
| 1 Sharon Samson (7) 21:59 | 2 Annmarie Williams (8) 23:45 | | | | |
| 3 Sarah Jackson (9) 24:11 | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Under 17 Men — Team Results — Final

(nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|-----------|-----------------|-----------|-------|---|-----------------|-----------|-------|---|----------------|-----------|---------|---|-----------|-----------|-------|---|----------------|-----------|---------|---|------------|-----------|---------|---|-----------------|-----------|-------|---|----------------|-----------|---------|---|--------------|-----------|---------|---|----------------|-----------|---------|
| <p>1 Vale Royal Ac 'A' 49:36</p> <p>1 William Ashfield (7) 16:45 2 Edward Pettitt (1) 16:24 3 Raif Serif (1) 16:27</p> <p>2 Salford Harriers & Ac 'A' 49:57</p> <p>1 Lucas Milliken (5) 16:36 2 Samuel Bryan (2) 16:38 3 Sam Hopkins (2) 16:43</p> <p>3 Horwich R M I Harriers 'A' 51:23</p> <p>1 Toby Middleton (3) 16:19 2 Robert Seddon (3) 17:32 3 Luke Brindle (3) 17:32</p> <p>4 Trafford AC 'A' 51:30</p> <p>1 Alexander Bailey (10) 17:16 2 Joseph Mangan (6) 17:36 3 Bradley Giblin (4) 16:38</p> <p>5 Blackburn Harriers & Ac 51:34</p> <p>1 Sam Hodgkinson (13) 17:38 2 Jamie Teare (7) 17:33 3 MRamsden (5) 16:23</p> <p>6 Lancaster & Morecambe Ac 51:45</p> <p>1 Matthew Knowles (1) 16:11 2 William Pyle (4) 18:03 3 Lukas Eichmeyer (6) 17:31</p> <p>7 Liverpool Harriers & Ac 'A' 52:23</p> <p>1 Charlie Teare (12) 17:29 2 Matthew Brennan (10) 18:00 3 Finan Johnston (7) 16:54</p> <p>8 Liverpool Pembroke & Sefton H 'A' 52:24</p> <p>1 Fletcher Foster (8) 17:08 2 Mark Roberts (5) 17:29 3 Oliver Sutcliffe (8) 17:47</p> <p>9 Kendal Amateur AC 53:04</p> <p>1 Daniel Sanderson (15) 17:45 2 Jacob Smith (8) 17:33 3 Ollie Sanders (9) 17:46</p> <p>10 Warrington A C 53:20</p> <p>1 Joel Birchall (11) 17:25 2 Isaaq Ataullah (15) 18:49 3 Joe Roberts (10) 17:06</p> <p>11 Trafford AC 'B' 53:29</p> <p>1 Lewis Royle (19) 18:18 2 Joseph Bentall (13) 17:46 3 Seb Patrick (11) 17:25</p> <p>12 Sale Harriers Manchester 53:49</p> <p>1 Alex James (18) 18:17 2 Zac Gaillemir (16) 18:41 3 G Safranauskas (12) 16:51</p> <p>13 Macclesfield Harriers & Ac 53:50</p> <p>1 Finley Proffitt (2) 16:15 2 Jake Roberts (9) 19:12 3 Laurence Manley (13) 18:23</p> | <p>14 Salford Harriers & Ac 'B' 53:52</p> <p>1 Charlie Mansfield (20) 18:25 2 Joshua Dutton (14) 17:48 3 Oliver Cook (14) 17:39</p> <p>15 Stockport Harriers & Ac 'A' 54:28</p> <p>1 Jacob Wooddoyle (14) 17:39 2 Alex Macfarlane (19) 19:41 3 Harry Ellwood (15) 17:08</p> <p>16 Stockport Harriers & Ac 'B' 54:53</p> <p>1 Tobin Rose (21) 18:28 2 Cameron Murdoch (18) 18:36 3 Edward Corden (16) 17:49</p> <p>17 West Cheshire AC 56:26</p> <p>1 Fraser Campbell (23) 19:23 2 Matthew Douglass (20) 18:41 3 Isaac Tait (17) 18:22</p> <p>18 Liverpool Harriers & Ac 'B' 57:27</p> <p>1 Joseph Byrne (17) 18:07 2 Harry Sweeney (17) 18:53 3 Conal McMahon (18) 20:27</p> <p>19 Wirral Ac 58:45</p> <p>1 Daniel Hayes (16) 17:52 2 Joshua Hale (11) 17:43 3 Daniel Cross (19) 23:10</p> <p>20 Liverpool Pembroke & Sefton H 'B' 59:25</p> <p>1 Se Loughlin (22) 19:11 2 Michael Kain (21) 19:29 3 Jared Nicholls (20) 20:45</p> <p>Incomplete Teams:</p> <p>Bury AC</p> <p>1 Oliver Donnelly (6) 16:41 2 Jake Allen (12) 19:15</p> <p>St Helens Sutton Ac</p> <p>1 Charlie Roberts (4) 16:34</p> <p>Vale Royal Ac 'B'</p> <p>1 Sam Stephens (9) 17:14</p> <p>Blackpool Wyre & Fylde Ac</p> <p>1 J Mathiasdavey (24) 20:54</p> <p>Fastest of all legs</p> <table border="0" style="width: 100%;"> <tr><td>1</td><td>Matthew Knowles</td><td>Lancaster</td><td>16:11</td></tr> <tr><td>2</td><td>Finley Proffitt</td><td>Macclesfi</td><td>16:15</td></tr> <tr><td>3</td><td>Toby Middleton</td><td>HorwichRM</td><td>A 16:19</td></tr> <tr><td>4</td><td>M Ramsden</td><td>Blackburn</td><td>16:23</td></tr> <tr><td>5</td><td>Edward Pettitt</td><td>ValeRoyal</td><td>A 16:24</td></tr> <tr><td>6</td><td>Raif Serif</td><td>ValeRoyal</td><td>A 16:27</td></tr> <tr><td>7</td><td>Charlie Roberts</td><td>StHelensS</td><td>16:34</td></tr> <tr><td>8</td><td>Lucas Milliken</td><td>SalfordHa</td><td>A 16:36</td></tr> <tr><td>9</td><td>Samuel Bryan</td><td>SalfordHa</td><td>A 16:38</td></tr> <tr><td>=</td><td>Bradley Giblin</td><td>TraffordA</td><td>A 16:38</td></tr> </table> | 1 | Matthew Knowles | Lancaster | 16:11 | 2 | Finley Proffitt | Macclesfi | 16:15 | 3 | Toby Middleton | HorwichRM | A 16:19 | 4 | M Ramsden | Blackburn | 16:23 | 5 | Edward Pettitt | ValeRoyal | A 16:24 | 6 | Raif Serif | ValeRoyal | A 16:27 | 7 | Charlie Roberts | StHelensS | 16:34 | 8 | Lucas Milliken | SalfordHa | A 16:36 | 9 | Samuel Bryan | SalfordHa | A 16:38 | = | Bradley Giblin | TraffordA | A 16:38 |
| 1 | Matthew Knowles | Lancaster | 16:11 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Finley Proffitt | Macclesfi | 16:15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Toby Middleton | HorwichRM | A 16:19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | M Ramsden | Blackburn | 16:23 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Edward Pettitt | ValeRoyal | A 16:24 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Raif Serif | ValeRoyal | A 16:27 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Charlie Roberts | StHelensS | 16:34 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Lucas Milliken | SalfordHa | A 16:36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | Samuel Bryan | SalfordHa | A 16:38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = | Bradley Giblin | TraffordA | A 16:38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Cumbria — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | |
|------------------------------|-------------------------|--------------|----------------------------|-----------------|
| 1 Kendal Amateur AC | | 53:04 | Fastest of all legs | |
| 1 Daniel Sanderson (1) 17:45 | 2 Jacob Smith (1) 17:33 | | 1 Jacob Smith | KendalAma 17:33 |
| 3 Ollie Sanders (1) 17:46 | | | 2 Daniel Sanderson | KendalAma 17:45 |
| | | | 3 Ollie Sanders | KendalAma 17:46 |

Cheshire — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | |
|---|------------------------------|--------------|----------------------------|-------------------|
| 1 Vale Royal Ac | | 49:36 | Fastest of all legs | |
| 1 William Ashfield (2) 16:45 | 2 Edward Pettitt (1) 16:24 | | 1 Finley Proffitt | Macclesfi 16:15 |
| 3 Raif Serif (1) 16:27 | | | 2 Edward Pettitt | ValeRoyal A 16:24 |
| 2 Warrington A C | | 53:20 | | |
| 1 Joel Birchall (4) 17:25 | 2 Isaaq Ataullah (3) 18:49 | | 3 Raif Serif | ValeRoyal A 16:27 |
| 3 Joe Roberts (2) 17:06 | | | 4 William Ashfield | ValeRoyal A 16:45 |
| 3 Macclesfield Harriers & Ac | | 53:50 | | |
| 1 Finley Proffitt (1) 16:15 | 2 Jake Roberts (2) 19:12 | | 5 Joe Roberts | Warringto 17:06 |
| 3 Laurence Manley (3) 18:23 | | | 6 Sam Stephens | ValeRoyal B 17:14 |
| 4 West Cheshire AC | | 56:26 | | |
| 1 Fraser Campbell (5) 19:23 | 2 Matthew Douglass (4) 18:41 | | 7 Joel Birchall | Warringto 17:25 |
| 3 Isaac Tait (4) 18:22 | | | 8 Isaac Tait | WestChesh 18:22 |
| | | | 9 Laurence Manley | Macclesfi 18:23 |
| | | | 10 Matthew Douglass | WestChesh 18:41 |

Incomplete Teams:

| | | |
|--------------------------|--|------------|
| Vale Royal Ac | | 'B' |
| 1 Sam Stephens (3) 17:14 | | |

Gtr Manchester — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | |
|--------------------------------------|-----------------------------|--------------|-----------------------------|------------------------|
| 1 Salford Harriers & Ac | | 49:57 | Incomplete Teams: | |
| 1 Lucas Milliken (2) 16:36 | 2 Samuel Bryan (1) 16:38 | | Bury AC | |
| 3 Sam Hopkins (1) 16:43 | | | 1 Oliver Donnelly (3) 16:41 | 2 Jake Allen (4) 19:15 |
| 2 Horwich R M I Harriers | | 51:23 | Fastest of all legs | |
| 1 Toby Middleton (1) 16:19 | 2 Robert Seddon (2) 17:32 | | 1 Toby Middleton | HorwichRM A 16:19 |
| 3 Luke Brindle (2) 17:32 | | | 2 Lucas Milliken | SalfordHa A 16:36 |
| 3 Trafford AC | | 51:30 | | |
| 1 Alexander Bailey (4) 17:16 | 2 Joseph Mangan (3) 17:36 | | 3 Bradley Giblin | TraffordA A 16:38 |
| 3 Bradley Giblin (3) 16:38 | | | = Samuel Bryan | SalfordHa A 16:38 |
| 4 Trafford AC | | 53:29 | | |
| 1 Lewis Royle (7) 18:18 | 2 Joseph Bentall (5) 17:46 | | 5 Oliver Donnelly | BuryAC 16:41 |
| 3 Seb Patrick (4) 17:25 | | | 6 Sam Hopkins | SalfordHa A 16:43 |
| 5 Sale Harriers Manchester | | 53:49 | | |
| 1 Alex James (6) 18:17 | 2 Zac Gaillemine (7) 18:41 | | 7 G Safranauskas | SaleHarri 16:51 |
| 3 G Safranauskas (5) 16:51 | | | 8 Harry Ellwood | Stockport A 17:08 |
| 6 Salford Harriers & Ac | | 53:52 | | |
| 1 Charlie Mansfield (8) 18:25 | 2 Joshua Dutton (6) 17:48 | | 9 Alexander Bailey | TraffordA A 17:16 |
| 3 Oliver Cook (6) 17:39 | | | 10 Seb Patrick | TraffordA B 17:25 |
| 7 Stockport Harriers & Ac | | 54:28 | | |
| 1 Jacob Wooddoyle (5) 17:39 | 2 Alex Macfarlane (9) 19:41 | | | |
| 3 Harry Ellwood (7) 17:08 | | | | |
| 8 Stockport Harriers & Ac | | 54:53 | | |
| 1 Tobin Rose (9) 18:28 | 2 Cameron Murdoch (8) 18:36 | | | |
| 3 Edward Corden (8) 17:49 | | | | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Lancashire — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | | | | | | | |
|---------------------------------------|-----------------|-----|-------|--------------|----------------------------|-----|-------|---|-----------------|-----------|-------|
| 1 Blackburn Harriers & Ac | | | | 51:34 | Fastest of all legs | | | | | | |
| 1 | Sam Hodkinson | (2) | 17:38 | 2 | Jamie Teare | (2) | 17:33 | 1 | Matthew Knowles | Lancaster | 16:11 |
| 3 | M Ramsden | (1) | 16:23 | | | | | 2 | M Ramsden | Blackburn | 16:23 |
| 2 Lancaster & Morecambe Ac | | | | 51:45 | | | | | | | |
| 1 | Matthew Knowles | (1) | 16:11 | 2 | William Pyle | (1) | 18:03 | 3 | Lukas Eichmeyer | Lancaster | 17:31 |
| 3 | Lukas Eichmeyer | (2) | 17:31 | | | | | 4 | Jamie Teare | Blackburn | 17:33 |
| Incomplete Teams: | | | | | | | | 5 | Sam Hodkinson | Blackburn | 17:38 |
| Blackpool Wyre & Fylde Ac | | | | | | | | 6 | William Pyle | Lancaster | 18:03 |
| 1 | J Mathiasdavey | (3) | 20:54 | | | | | 7 | J Mathiasdavey | Blackpool | 20:54 |

Merseyside — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | | | | | | | |
|--|------------------|-----|-------|------------------|----------------------------|-----|-------|----------------------------|------------------|-----------|---------|
| 1 Liverpool Harriers & Ac | | | | 'A' 52:23 | Incomplete Teams: | | | | | | |
| 1 | Charlie Teare | (3) | 17:29 | 2 | Matthew Brennan | (2) | 18:00 | St Helens Sutton Ac | | | |
| 3 | Finan Johnston | (1) | 16:54 | | | | | 1 | Charlie Roberts | (1) | 16:34 |
| 2 Liverpool Pembroke & Sefton H 'A' | | | | 52:24 | Fastest of all legs | | | | | | |
| 1 | Fletcher Foster | (2) | 17:08 | 2 | Mark Roberts | (1) | 17:29 | 1 | Charlie Roberts | StHelensS | 16:34 |
| 3 | Oliver Sutcliffe | (2) | 17:47 | | | | | 2 | Finan Johnston | Liverpool | A 16:54 |
| 3 Liverpool Harriers & Ac | | | | 'B' 57:27 | | | | | | | |
| 1 | Joseph Byrne | (5) | 18:07 | 2 | Harry Sweeney | (4) | 18:53 | 3 | Fletcher Foster | LpoolPS | A 17:08 |
| 3 | Conal McMahon | (3) | 20:27 | | | | | 4 | Charlie Teare | Liverpool | A 17:29 |
| 4 Wirral Ac | | | | 58:45 | | | | | | | |
| 1 | Daniel Hayes | (4) | 17:52 | 2 | Joshua Hale | (3) | 17:43 | = | Mark Roberts | LpoolPS | A 17:29 |
| 3 | Daniel Cross | (4) | 23:10 | | | | | 6 | Joshua Hale | WirralAc | 17:43 |
| 5 Liverpool Pembroke & Sefton H 'B' | | | | 59:25 | | | | | | | |
| 1 | Se Loughlin | (6) | 19:11 | 2 | Michael Kain | (5) | 19:29 | 7 | Oliver Sutcliffe | LpoolPS | A 17:47 |
| 3 | Jared Nicholls | (5) | 20:45 | | | | | 8 | Daniel Hayes | WirralAc | 17:52 |
| | | | | | | | | 9 | Matthew Brennan | Liverpool | A 18:00 |
| | | | | | | | | 10 | Joseph Byrne | Liverpool | B 18:07 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Senior Men — Team Results — Final (nn) is team position after the appropriate stage.

| | |
|--|---|
| <p>1 Salford Harriers & AC 'B' 1:02:02</p> <p>1 Elliot Palmer (2) 15:23 2 Karl Darcy (1) 15:25 3 Gamar Adam (1) 15:53 4 Joseph Bailey (1) 15:21</p> <p>2 Liverpool Pembroke & Sefton H 'B' 1:04:24</p> <p>1 Mark Wynne (7) 16:01 2 Daniel Slater (3) 15:53 3 Chris Maher (2) 16:16 4 Tony Obrien (2) 16:14</p> <p>3 St Helens Sutton AC 'A' 1:04:37</p> <p>1 Matthew Crehan (1) 15:05 2 Thomas Griffiths (2) 16:15 3 Steven Anders (3) 17:20 4 Jonjo Doherty (3) 15:57</p> <p>4 Liverpool Harriers & AC 'A' 1:04:46</p> <p>1 Daniel Preston (8) 16:01 2 Max Brame (7) 16:17 3 Andy Salmon (4) 16:41 4 Thomas Rogerson (4) 15:47</p> <p>5 Vale Royal AC 'A' 1:04:52</p> <p>1 Matt Rowlinson (13) 16:25 2 Alexander Doyle (10) 16:15 3 John Humphries (7) 16:36 4 Arun Dight (5) 15:36</p> <p>6 Blackburn Harriers & AC 'A' 1:05:31</p> <p>1 Karl Billington (12) 16:24 2 Joshua Holgate (12) 16:55 3 Marc Hartley (11) 16:32 4 Tim Raynes (6) 15:40</p> <p>7 Salford Harriers & AC 'C' 1:05:44</p> <p>1 Carl Hardman (6) 15:53 2 Adam Slodowicz (6) 16:18 3 Robert Smyk (5) 17:01 4 Ian Grime (7) 16:32</p> <p>8 Bury AC 'A' 1:06:18</p> <p>1 Benjamin Coop (3) 15:33 2 Jon Evans (8) 16:48 3 Luke Harreld (6) 16:53 4 Byron Edwards (8) 17:04</p> <p>9 Trafford AC 'A' 1:06:30</p> <p>1 Cynog Williams (17) 16:46 2 Matthew Sutton (15) 16:44 3 Jack Wilkinson (15) 17:03 4 Thomas Charles (9) 15:57</p> <p>10 Warrington A C 'A' 1:06:41</p> <p>1 Joseph Buckley (4) 15:35 2 Jordan Jones (5) 16:23 3 Daniel Fox (10) 17:51 4 Tom Greaves (10) 16:52</p> <p>11 Ribble Valley Harriers 1:06:53</p> <p>1 Ben Walmsley (18) 16:46 2 Stephen Hall (21) 17:17 3 Matthew Lalor (12) 15:58 4 Nick Gaskell (11) 16:52</p> <p>12 Altrincham & District AC 'A' 1:07:16</p> <p>1 Matt Gawne (29) 17:18 2 Adam Gooch (18) 16:23 3 Andy Pickford (17) 17:37 4 Ben Riddell (12) 15:58</p> <p>13 Vale Royal AC 'B' 1:07:21</p> <p>1 Ryan Moore (15) 16:40 2 Cameron Weaver (17) 16:58 3 Stuart Doyle (14) 16:55 4 Nathan Williams (13) 16:48</p> <p>14 Rossendale Harriers & AC 'A' 1:07:26</p> <p>1 Joseph Johnston (9) 16:10 2 Robert Webb (9) 16:27 3 Kurtis Mitton (19) 19:04 4 Grant Cunliffe (14) 15:45</p> <p>15 Liverpool Pembroke & Sefton H 'A' 1:08:27</p> <p>1 Luke Edwards (10) 16:17 2 Ian Roberts (14) 17:10 3 Daniel Jones (13) 16:49 4 Michael Gall (15) 18:11</p> <p>16 Salford Harriers & AC 'A' 1:08:31</p> <p>1 David Rigby (5) 15:40 2 Stuart Robinson (4) 16:17 3 Philip Leybourne (8) 17:35 4 Philip West (16) 18:59</p> | <p>17 Wallasey AC 'A' 1:08:45</p> <p>1 Greg Jones (24) 17:05 2 Joseph Boden (11) 15:50 3 Rob Pearse (9) 16:47 4 Matt Gillbanks (17) 19:03</p> <p>18 Blackburn Harriers & AC 'B' 1:08:50</p> <p>1 C Davies (20) 16:49 2 Dominic Walton (22) 17:15 3 Paul Bradshaw (16) 17:08 4 Joe Gebbie (18) 17:38</p> <p>19 Wirral AC 'A' 1:09:17</p> <p>1 Harley Henshaw (22) 16:56 2 Alan Woods (23) 17:10 3 Arran Kearney (18) 17:28 4 James Mackie (19) 17:43</p> <p>20 Salford Harriers & AC 'D' 1:09:30</p> <p>1 Matt Holt (28) 17:15 2 David Hudson (25) 17:48 3 Benjamin Rix (23) 17:09 4 Billy Mccartney (20) 17:18</p> <p>21 Liverpool Harriers & AC 'B' 1:10:20</p> <p>1 Adrian Roach (27) 17:14 2 James Wootton (20) 16:47 3 Theo Johnson (20) 17:41 4 Ryan Whiston (21) 18:38</p> <p>22 Blackburn Harriers & AC 'C' 1:10:26</p> <p>1 Calum Holmes (36) 17:56 2 Paul Brindle (30) 17:52 3 John Horrocks (27) 17:19 4 Thomas Blaney (22) 17:19</p> <p>23 Leigh Harriers & AC 'A' 1:10:58</p> <p>1 Domenic Howarth (19) 16:48 2 Robert Thorpe (16) 16:43 3 Kristian Wade (24) 18:50 4 Phillip Williams (23) 18:37</p> <p>24 Kirkby Milers AC 'A' 1:10:59</p> <p>1 Tom Marper (14) 16:36 2 Ryan Jones (13) 16:48 3 James Ellis (22) 18:41 4 Kevin Harrison (24) 18:54</p> <p>25 Vale Royal AC 'C' 1:11:05</p> <p>1 George Thompson (23) 17:04 2 William Mckay (28) 18:13 3 Aaron Doyle (25) 17:22 4 Gareth Williams (25) 18:26</p> <p>26 Penny Lane Striders 'A' 1:12:06</p> <p>1 Martin Swensson (11) 16:19 2 Phil Riding (29) 19:27 3 David Willshire (31) 18:22 4 Jay Clarke (26) 17:58</p> <p>27 West Cheshire AC 'A' 1:12:11</p> <p>1 Sion Roberts (21) 16:54 2 David Dentith (26) 18:14 3 Jac Goodall (28) 18:11 4 Paul Morrison (27) 18:52</p> <p>28 Southport Waterloo AC 'A' 1:12:19</p> <p>1 Steve Ward (51) 19:15 2 Michael Taylor (44) 18:53 3 David Mulvee (30) 15:45 4 Robert Mcgrath (28) 18:26</p> <p>29 Salford Harriers & AC 'E' 1:12:30</p> <p>1 Glyn Billington (33) 17:39 2 M Brocklehurst (32) 18:33 3 Tommi Baker (32) 18:05 4 Charles Foster (29) 18:13</p> <p>30 Warrington A C 'B' 1:12:38</p> <p>1 Jack Stubbings (34) 17:47 2 Jack Wadsworth (31) 18:11 3 Benjamin Webb (29) 17:26 4 J Leatherbarrow (30) 19:14</p> <p>31 Liverpool Pembroke & Sefton H 'C' 1:12:59</p> <p>1 Jonathon Bride (26) 17:10 2 Harry Doran (19) 16:47 3 Phil Macdonald (21) 17:48 4 Daniel Gilbody (31) 21:14</p> <p>32 Altrincham & District AC 'B' 1:13:01</p> <p>1 Richard Lane (41) 18:13 2 Nick Bugler (37) 19:06 3 Dan Martell (37) 18:26 4 Gareth Turner (32) 17:16</p> |
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North West Road Relays

at Edge Hill University on Sunday 8 September 2019

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|--|---------------------------------|---|-------------------------------|
| 33 Blackburn Harriers & AC | 'D' 1:13:42 | 50 Altrincham & District AC | 'C' 1:18:51 |
| 1 Jack Hindle (16) 16:41 | 2 Paul Guinan (27) 18:33 | 1 James Pattison (56) 19:35 | 2 Nick Burke (57) 20:42 |
| 3 Mat Nuttall (33) 19:15 | 4 Daniel Maynard (33) 19:13 | 3 Michael Berks (52) 18:49 | 4 Steven Renny (50) 19:45 |
| 34 East Cheshire Harriers & Tames | 1:14:07 | 51 Blackpool Wyre & Fylde AC | 'A' 1:19:12 |
| 1 Scott Matthews (31) 17:27 | 2 Gavin Browne (24) 17:11 | 1 Greg Seddon (55) 19:34 | 2 Stephen Dunn (55) 19:59 |
| 3 Darren Smith (26) 18:28 | 4 Michael Stansfield (34) 21:01 | 3 Christopher Wylie (55) 20:01 | 4 Mark Warner (51) 19:38 |
| 35 Trafford AC | 'B' 1:14:08 | 52 Royton Road Runners | 'B' 1:19:21 |
| 1 Harry Sinclair (32) 17:30 | 2 Dan Atkinson (33) 19:03 | 1 Carl O'callaghan (58) 20:03 | 2 Neil Brock (52) 19:17 |
| 3 Jacob Fletcher (42) 19:58 | 4 Alex Jones (35) 17:37 | 3 Paul Ashton (54) 19:55 | 4 David Ellis (52) 20:06 |
| 36 Lytham St Annes Rr Club | 1:14:17 | 53 Helsby RC | 1:20:05 |
| 1 Paul Veevers (45) 18:28 | 2 Thomas Howarth (36) 18:34 | 1 Nathan Woods (42) 18:15 | 2 John Whitehead (56) 22:00 |
| 3 Jonathan Tuck (35) 18:41 | 4 Ross Mckelvie (36) 18:34 | 3 Chris Fitzpatrick (53) 18:55 | 4 Peter Rodriguez (53) 20:55 |
| 37 Wirral AC | 'B' 1:14:38 | 54 Penny Lane Striders | 'B' 1:20:43 |
| 1 Connor Ohagan (50) 19:02 | 2 Mark Hulmston (40) 18:36 | 1 Colin Walsh (47) 18:46 | 2 Andrew Biddle (50) 20:13 |
| 3 Richard Davies (38) 18:27 | 4 Simon Dunk (37) 18:33 | 3 Nigel Grant (51) 19:41 | 4 Martin Hirrell (54) 22:03 |
| 38 Preston Harriers | 'A' 1:14:49 | 55 Liverpool Pembroke & Sefton H | 'D' 1:20:59 |
| 1 Simon Collins (30) 17:21 | 2 Darren Kinder (39) 20:14 | 1 Greg Callaghan (46) 18:38 | 2 John Halson (51) 20:25 |
| 3 Alex Venables (36) 18:09 | 4 Simon Robinson (38) 19:05 | 3 Chris Pedder (57) 20:41 | 4 Andrew Conway (55) 21:15 |
| 39 Macclesfield Harriers & AC | 1:15:09 | 56 Warrington RC | 1:22:00 |
| 1 Peter Goodfellow (40) 18:12 | 2 Dave Wilson (47) 20:37 | 1 D Schofield (35) 17:50 | 2 Geoff Douglass (58) 22:52 |
| 3 Chris Goodfellow (46) 19:01 | 4 Billy Hicks (39) 17:19 | 3 Edwin Drost (50) 17:55 | 4 Paul Kelly (56) 23:23 |
| 40 Trawden AC | 1:15:27 | 57 St Helens Striders | 1:22:33 |
| 1 Shaun Heys (37) 18:05 | 2 Mark Taylor (42) 19:42 | 1 Craig Whittaker (63) 21:14 | 2 Dylan Redican (53) 18:11 |
| 3 Adam Holda (34) 17:19 | 4 James Osborne (40) 20:21 | 3 Mark Hamilton (59) 22:32 | 4 Kevin Outten (57) 20:36 |
| 41 Royton Road Runners | 'A' 1:15:40 | 58 Southport Waterloo AC | 'B' 1:22:43 |
| 1 Dave Peart (53) 19:26 | 2 George Booth (43) 18:41 | 1 Jason Oliver (62) 20:46 | 2 Graham Liu (60) 21:08 |
| 3 Martin Thompson (43) 18:50 | 4 Shane Reading (41) 18:43 | 3 John Sprackland (58) 19:21 | 4 Gary Kenny (58) 21:28 |
| 42 Wilmslow RC | 1:15:49 | 59 Manchester Harriers & AC | 1:23:12 |
| 1 Paul Hawkins (39) 18:09 | 2 Jeremy Bygrave (35) 18:43 | 1 Matt Atkinson (54) 19:32 | 2 Craig Turner (59) 21:45 |
| 3 Markus Daalgard (40) 19:23 | 4 Graham Screawn (42) 19:34 | 3 David Dyer (60) 20:42 | 4 Chris Sewart (59) 21:13 |
| 43 Salford Harriers & AC | 'F' 1:16:06 | 60 Royton Road Runners | 'C' 1:23:35 |
| 1 Jacob Yates (44) 18:22 | 2 Joseph Foster (41) 19:22 | 1 Robert Nixon (68) 22:21 | 2 Bryan Lawton (65) 21:38 |
| 3 Adam Curtis (41) 18:44 | 4 Daniel Lewis (43) 19:38 | 3 Barry Greaves (61) 19:37 | 4 Ian Dale (60) 19:59 |
| 44 West Cheshire AC | 'B' 1:16:27 | 61 Salford Harriers & AC | 'G' 1:24:26 |
| 1 Andrew Clague (49) 18:54 | 2 Rory Willson (48) 19:57 | 1 Paul Stephens (43) 18:18 | 2 Gary Thomason (61) 24:33 |
| 3 Neil Hershaw (45) 18:44 | 4 Curtis Rodway (44) 18:52 | 3 James O'connor (62) 21:28 | 4 Paul Creighton (61) 20:07 |
| 45 Vale Royal AC | 'D' 1:16:40 | 62 Kirkby Milers AC | 'C' 1:25:02 |
| 1 Richard Murray (48) 18:51 | 2 Matthew Hough (38) 18:37 | 1 Mark Dunn (52) 19:24 | 2 Matthew Whalley (54) 20:06 |
| 3 Lee Carrington (39) 18:45 | 4 Steven Caldwell (45) 20:27 | 3 Lee Walmsley (56) 20:11 | 4 Jamie Alexander (62) 25:21 |
| 46 Kirkby Milers AC | 'B' 1:16:50 | 63 Southport Waterloo AC | 'C' 1:28:55 |
| 1 David Edwards (60) 20:17 | 2 Nathan Vengdasalam (46) 18:16 | 1 Brian Davey (65) 21:53 | 2 David Marsh (64) 22:05 |
| 3 Tony Landry (47) 19:23 | 4 Gary Fisher (46) 18:54 | 3 Mark Lowe (64) 23:30 | 4 Paul Hill (63) 21:27 |
| 47 Bury AC | 'B' 1:18:25 | 64 Penny Lane Striders | 'C' 1:29:40 |
| 1 Jack Griffiths (38) 18:06 | 2 Paul Johnston (34) 18:40 | 1 Terry Lynch (69) 22:34 | 2 Richard Stafford (66) 22:44 |
| 3 Matthew Garside (44) 20:21 | 4 Anthony Hallahan (47) 21:18 | 3 Malcolm Balmer (63) 21:25 | 4 Andrew Troy (64) 22:57 |
| 48 Blackburn Harriers & AC | 'E' 1:18:32 | 65 Preston Harriers | 'B' 1:30:39 |
| 1 Paul Jeffries (59) 20:07 | 2 Ben Makin (45) 18:23 | 1 Paul Younger (66) 21:56 | 2 Andy Lea (62) 21:44 |
| 3 John Foster (48) 19:54 | 4 John Chaplin (48) 20:08 | 3 Chris Miles (65) 23:51 | 4 Dougie Potter (65) 23:08 |
| 49 St Helens Sutton AC | 'B' 1:18:45 | 66 Blackburn Harriers & AC | 'F' 1:30:47 |
| 1 William Beesley (57) 19:45 | 2 Jake Healy (49) 19:11 | 1 Andrew Knowles (67) 22:06 | 2 Allan Hartley (67) 24:48 |
| 3 John Greenall (49) 19:31 | 4 Ian Hayburn (49) 20:18 | 3 John Cookson (66) 20:51 | 4 Evan Cook (66) 23:02 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

67 Rochdale Harriers & AC 'B' 1:33:32
 1 Undeclared (73) 23:57 2 Undeclared (70) 25:30
 3 Undeclared (69) 23:14 4 Undeclared (67) 20:51

68 Royton Road Runners 'D' 1:35:52
 1 Simon Howard (71) 23:45 2 Gary Smith (68) 24:35
 3 John Fay (68) 24:05 4 Adam Farrell (68) 23:27

69 Southport Waterloo AC 'D' 1:43:38
 1 Simon Clarke (72) 23:49 2 Mark Gillan (69) 24:58
 3 Graham Padden (70) 26:42 4 Lee Coupland (69) 28:09

70 Royton Road Runners 'E' 1:44:15
 1 Bernie Allen (74) 27:14 2 Stewart Jones (74) 32:19
 3 Adam Bolton (72) 24:06 4 Lee Higginbottom (70) 20:36

71 Royton Road Runners 'F' 1:44:24
 1 Tim Dickinson (75) 29:54 2 Neil Bradley (73) 28:31
 3 Adam Stopford (73) 25:27 4 Dave Bardsley (71) 20:32

Incomplete Teams:

Salford Harriers & AC 'H'
 1 Jeremy Cosway (61) 20:40 2 Sean Cordell (63) 23:16
 3 Roland Bowness (67) 25:15

Penny Lane Striders 'D'
 1 John Brown (70) 23:12 2 Stephen Cain (72) 27:56
 3 Simon Heron (71) 24:36

Blackpool Wyre & Fylde AC 'B'
 1 Nick Hume (64) 21:45 2 Robert Massey (71) 27:53

Trafford AC 'C'
 1 Jeff Prest (25) 17:06

Fastest of all legs

| | | | | |
|----|----------------|------------|---|-------|
| 1 | Matthew Crehan | StHelensSu | A | 15:05 |
| 2 | Joseph Bailey | SalfordHar | B | 15:21 |
| 3 | Elliot Palmer | SalfordHar | B | 15:23 |
| 4 | Karl Darcy | SalfordHar | B | 15:25 |
| 5 | Benjamin Coop | BuryAC | A | 15:33 |
| 6 | Joseph Buckley | War'ton AC | A | 15:35 |
| 7 | Arun Dight | ValeRoyalA | A | 15:36 |
| 8 | Tim Raynes | BlackburnH | A | 15:40 |
| = | David Rigby | SalfordHar | A | 15:40 |
| 10 | David Mulvee | SouthportW | A | 15:45 |
| = | Grant Cunliffe | Rossendale | A | 15:45 |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Cheshire — Team Results — Final

(nn) is team position after the appropriate stage.

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| <p>1 Vale Royal AC 'A' 1:04:52</p> <p>1 Matt Rowlinson (2) 16:25 3 John Humphries (1) 16:36</p> | <p>9 West Cheshire AC 'B' 1:16:27</p> <p>1 Andrew Clague (12) 18:54 3 Neil Hershaw (9) 18:44 2 Rory Willson (10) 19:57 4 Curtis Rodway (9) 18:52</p> |
| <p>2 Warrington A C 'A' 1:06:41</p> <p>1 Joseph Buckley (1) 15:35 3 Daniel Fox (2) 17:51 2 Jordan Jones (1) 16:23 4 Tom Greaves (2) 16:52</p> | <p>10 Vale Royal AC 'D' 1:16:40</p> <p>1 Richard Murray (11) 18:51 3 Lee Carrington (7) 18:45 2 Matthew Hough (8) 18:37 4 Steven Caldwell (10) 20:27</p> |
| <p>3 Vale Royal AC 'B' 1:07:21</p> <p>1 Ryan Moore (3) 16:40 3 Stuart Doyle (3) 16:55 2 Cameron Weaver (3) 16:58 4 Nathan Williams (3) 16:48</p> | <p>11 Helsby RC 1:20:05</p> <p>1 Nathan Woods (10) 18:15 3 Chris Fitzpatrick (12) 18:55 2 John Whitehead (11) 22:00 4 Peter Rodriguez (11) 20:55</p> |
| <p>4 Vale Royal AC 'C' 1:11:05</p> <p>1 George Thompson (5) 17:04 3 Aaron Doyle (4) 17:22 2 William Mckay (5) 18:13 4 Gareth Williams (4) 18:26</p> | <p>12 Warrington RC 1:22:00</p> <p>1 D Schofield (7) 17:50 3 Edwin Drost (11) 17:55 2 Geoff Douglass (12) 22:52 4 Paul Kelly (12) 23:23</p> |
| <p>5 West Cheshire AC 'A' 1:12:11</p> <p>1 Sion Roberts (4) 16:54 3 Jac Goodall (5) 18:11 2 David Dentith (4) 18:14 4 Paul Morrison (5) 18:52</p> | <p>Fastest of all legs</p> <p>1 Joseph Buckley War'ton AC A 15:35 2 Arun Dight ValeRoyalA A 15:36 3 Alexander Doyle ValeRoyalA A 16:15 4 Jordan Jones War'ton AC A 16:23 5 Matt Rowlinson ValeRoyalA A 16:25 6 John Humphries ValeRoyalA A 16:36 7 Ryan Moore ValeRoyalA B 16:40 8 Nathan Williams ValeRoyalA B 16:48 9 Tom Greaves War'ton AC A 16:52 10 Sion Roberts WestCheshi A 16:54</p> |
| <p>6 Warrington A C 'B' 1:12:38</p> <p>1 Jack Stubbings (6) 17:47 3 Benjamin Webb (6) 17:26 2 Jack Wadsworth (6) 18:11 4 J Leatherbarrow (6) 19:14</p> | |
| <p>7 Macclesfield Harriers & AC 1:15:09</p> <p>1 Peter Goodfellow (9) 18:12 3 Chris Goodfellow (10) 19:01 2 Dave Wilson (9) 20:37 4 Billy Hicks (7) 17:19</p> | |
| <p>8 Wilmslow RC 1:15:49</p> <p>1 Paul Hawkins (8) 18:09 3 Markus Daalgard (8) 19:23 2 Jeremy Bygrave (7) 18:43 4 Graham Screawn (8) 19:34</p> | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Gtr Manchester — Team Results — Final

(nn) is team position after the appropriate stage.

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|---|---|
| <p>1 Salford Harriers & AC 'B' 1:02:02</p> <p>1 ElliotPalmer (1) 15:23 2 Karl Darcy (1) 15:25 3 Gamar Adam (1) 15:53 4 Joseph Bailey (1) 15:21</p> | <p>15 Altrincham & District AC 'C' 1:18:51</p> <p>1 James Pattison (18) 19:35 2 Nick Burke (16) 20:42 3 Michael Berks (15) 18:49 4 Steven Renny (15) 19:45</p> |
| <p>2 Salford Harriers & AC 'C' 1:05:44</p> <p>1 Carl Hardman (3) 15:53 2 Adam Slodowicz (2) 16:18 3 Robert Smyk (2) 17:01 4 Ian Grime (2) 16:32</p> | <p>16 Royton Road Runners 'B' 1:19:21</p> <p>1 Carl O'callaghan (19) 20:03 2 Neil Brock (15) 19:17 3 Paul Ashton (16) 19:55 4 David Ellis (16) 20:06</p> |
| <p>3 Bury AC 'A' 1:06:18</p> <p>1 Benjamin Coop (2) 15:33 2 Jon Evans (3) 16:48 3 Luke Harrelld (3) 16:53 4 Byron Edwards (3) 17:04</p> | <p>17 Manchester Harriers & AC 1:23:12</p> <p>1 Matt Atkinson (17) 19:32 2 Craig Turner (17) 21:45 3 David Dyer (17) 20:42 4 Chris Sewart (17) 21:13</p> |
| <p>4 Trafford AC 'A' 1:06:30</p> <p>1 Cynog Williams (4) 16:46 2 Matthew Sutton (4) 16:44 3 Jack Wilkinson (4) 17:03 4 Thomas Charles (4) 15:57</p> | <p>18 Royton Road Runners 'C' 1:23:35</p> <p>1 Robert Nixon (21) 22:21 2 Bryan Lawton (20) 21:38 3 Barry Greaves (18) 19:37 4 Ian Dale (18) 19:59</p> |
| <p>5 Altrincham & District AC 'A' 1:07:16</p> <p>1 Matt Gawne (8) 17:18 2 Adam Gooch (6) 16:23 3 Andy Pickford (5) 17:37 4 Ben Riddell (5) 15:58</p> | <p>19 Salford Harriers & AC 'G' 1:24:26</p> <p>1 Paul Stephens (14) 18:18 2 Gary Thomason (18) 24:33 3 James O'connor (19) 21:28 4 Paul Creighton (19) 20:07</p> |
| <p>6 Salford Harriers & AC 'D' 1:09:30</p> <p>1 Matt Holt (7) 17:15 2 David Hudson (8) 17:48 3 Benjamin Rix (6) 17:09 4 Billy Mccartney (6) 17:18</p> | <p>20 Rochdale Harriers & AC 'B' 1:33:32</p> <p>1 Undeclared (23) 23:57 2 Undeclared (22) 25:30 3 Undeclared (22) 23:14 4 Undeclared (20) 20:51</p> |
| <p>7 Leigh Harriers & AC 'A' 1:10:58</p> <p>1 Domenic Howarth (5) 16:48 2 Robert Thorpe (5) 16:43 3 Kristian Wade (7) 18:50 4 Phillip Williams (7) 18:37</p> | <p>21 Royton Road Runners 'D' 1:35:52</p> <p>1 Simon Howard (22) 23:45 2 Gary Smith (21) 24:35 3 John Fay (21) 24:05 4 Adam Farrell (21) 23:27</p> |
| <p>8 Salford Harriers & AC 'E' 1:12:30</p> <p>1 Glyn Billington (11) 17:39 2 M Brocklehurst (9) 18:33 3 Tommi Baker (9) 18:05 4 Charles Foster (8) 18:13</p> | <p>22 Royton Road Runners 'E' 1:44:15</p> <p>1 Bernie Allen (24) 27:14 2 Stewart Jones (24) 32:19 3 Adam Bolton (23) 24:06 4 Lee Higginbottom (22) 20:36</p> |
| <p>9 Altrincham & District AC 'B' 1:13:01</p> <p>1 Richard Lane (13) 18:13 2 Nick Bugler (12) 19:06 3 Dan Martell (10) 18:26 4 Gareth Turner (9) 17:16</p> | <p>23 Royton Road Runners 'F' 1:44:24</p> <p>1 Tim Dickinson (25) 29:54 2 Neil Bradley (23) 28:31 3 Adam Stopford (24) 25:27 4 Dave Bardsley (23) 20:32</p> |
| <p>10 East Cheshire Harriers & Tames 1:14:07</p> <p>1 Scott Matthews (9) 17:27 2 Gavin Browne (7) 17:11 3 Darren Smith (8) 18:28 4 Michael Stansfield (10) 21:01</p> | <p>Incomplete Teams:</p> <p>Salford Harriers & AC 'H'</p> <p>1 Jeremy Cosway (20) 20:40 2 Sean Cordell (19) 23:16 3 Roland Bowness (20) 25:15</p> <p>Trafford AC 'C'</p> <p>1 Jeff Prest (6) 17:06</p> |
| <p>11 Trafford AC 'B' 1:14:08</p> <p>1 Harry Sinclair (10) 17:30 2 Dan Atkinson (10) 19:03 3 Jacob Fletcher (12) 19:58 4 Alex Jones (11) 17:37</p> | <p>Fastest of all legs</p> <p>1 Joseph Bailey SalfordHar B 15:21 2 Elliot Palmer SalfordHar B 15:23 3 Karl Darcy SalfordHar B 15:25 4 Benjamin Coop BuryAC A 15:33 5 Gamar Adam SalfordHar B 15:53 = Carl Hardman SalfordHar C 15:53 7 Thomas Charles TraffordAC A 15:57 8 Ben Riddell Altrincham A 15:58 9 Adam Slodowicz SalfordHar C 16:18 10 Adam Gooch Altrincham A 16:23</p> |
| <p>12 Royton Road Runners 'A' 1:15:40</p> <p>1 Dave Peart (16) 19:26 2 George Booth (14) 18:41 3 Martin Thompson (13) 18:50 4 Shane Reading (12) 18:43</p> | |
| <p>13 Salford Harriers & AC 'F' 1:16:06</p> <p>1 Jacob Yates (15) 18:22 2 Joseph Foster (13) 19:22 3 Adam Curtis (11) 18:44 4 Daniel Lewis (13) 19:38</p> | |
| <p>14 Bury AC 'B' 1:18:25</p> <p>1 Jack Griffiths (12) 18:06 2 Paul Johnston (11) 18:40 3 Matthew Garside (14) 20:21 4 Anthony Hallahan (14) 21:18</p> | |

North West Road Relays at Edge Hill University on Sunday 8 September 2019

Lancashire — Team Results — Final

(nn) is team position after the appropriate stage.

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| <p>1 Blackburn Harriers & AC 'A' 1:05:31</p> <p>1 Karl Billington (2) 16:24 2 Joshua Holgate (2) 16:55 3 Marc Hartley (1) 16:32 4 Tim Raynes (1) 15:40</p> <p>2 Ribble Valley Harriers 1:06:53</p> <p>1 Ben Walmsley (4) 16:46 2 Stephen Hall (3) 17:17 3 Matthew Lalor (2) 15:58 4 Nick Gaskell (2) 16:52</p> <p>3 Rossendale Harriers & AC 'A' 1:07:26</p> <p>1 Joseph Johnston (1) 16:10 2 Robert Webb (1) 16:27 3 Kurtis Mitton (4) 19:04 4 Grant Cunliffe (3) 15:45</p> <p>4 Blackburn Harriers & AC 'B' 1:08:50</p> <p>1 C Davies (5) 16:49 2 Dominic Walton (4) 17:15 3 Paul Bradshaw (3) 17:08 4 Joe Gebbie (4) 17:38</p> <p>5 Blackburn Harriers & AC 'C' 1:10:26</p> <p>1 Calum Holmes (7) 17:56 2 Paul Brindle (6) 17:52 3 John Horrocks (5) 17:19 4 Thomas Blaney (5) 17:19</p> <p>6 Blackburn Harriers & AC 'D' 1:13:42</p> <p>1 Jack Hindle (3) 16:41 2 Paul Guinan (5) 18:33 3 Mat Nuttall (6) 19:15 4 Daniel Maynard (6) 19:13</p> <p>7 Lytham St Annes Rr Club 1:14:17</p> <p>1 Paul Veevers (9) 18:28 2 Thomas Howarth (7) 18:34 3 Jonathan Tuck (8) 18:41 4 Ross Mckelvie (7) 18:34</p> <p>8 Preston Harriers 'A' 1:14:49</p> <p>1 Simon Collins (6) 17:21 2 Darren Kinder (8) 20:14 3 Alex Venables (9) 18:09 4 Simon Robinson (8) 19:05</p> <p>9 Trawden AC 1:15:27</p> <p>1 Shaun Heys (8) 18:05 2 Mark Taylor (9) 19:42 3 Adam Holda (7) 17:19 4 James Osborne (9) 20:21</p> | <p>10 Blackburn Harriers & AC 'E' 1:18:32</p> <p>1 Paul Jeffries (11) 20:07 2 Ben Makin (10) 18:23 3 John Foster (10) 19:54 4 John Chaplin (10) 20:08</p> <p>11 Blackpool Wyre & Fylde AC 'A' 1:19:12</p> <p>1 Greg Seddon (10) 19:34 2 Stephen Dunn (11) 19:59 3 Christopher Wylie (11) 20:01 4 Mark Warner (11) 19:38</p> <p>12 Preston Harriers 'B' 1:30:39</p> <p>1 Paul Younger (13) 21:56 2 Andy Lea (12) 21:44 3 Chris Miles (12) 23:51 4 Dougie Potter (12) 23:08</p> <p>13 Blackburn Harriers & AC 'F' 1:30:47</p> <p>1 Andrew Knowles (14) 22:06 2 Allan Hartley (13) 24:48 3 John Cookson (13) 20:51 4 Evan Cook (13) 23:02</p> <p>Incomplete Teams:</p> <p style="text-align: center;">Blackpool Wyre & Fylde AC 'B'</p> <p>1 Nick Hume (12) 21:45 2 Robert Massey (14) 27:53</p> <p>Fastest of all legs</p> <p>1 Tim Raynes BlackburnH A 15:40 2 Grant Cunliffe Rossendale A 15:45 3 Matthew Lalor RibbleVall 15:58 4 Joseph Johnston Rossendale A 16:10 5 Karl Billington BlackburnH A 16:24 6 Robert Webb Rossendale A 16:27 7 Marc Hartley BlackburnH A 16:32 8 Jack Hindle BlackburnH D 16:41 9 Ben Walmsley RibbleVall 16:46 10 C Davies BlackburnH B 16:49</p> |
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North West Road Relays at Edge Hill University on Sunday 8 September 2019

Merseyside — Team Results — Final

(nn) is team position after the appropriate stage.

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| <p>1 Liverpool Pembroke & Sefton H 'B' 1:04:24</p> <p>1 Mark Wynne (2) 16:01 2 Daniel Slater (2) 15:53 3 Chris Maher (1) 16:16 4 Tony Obrien (1) 16:14</p> | <p>14 St Helens Sutton AC 'B' 1:18:45</p> <p>1 William Beesley (16) 19:45 2 Jake Healy (14) 19:11 3 John Greenall (14) 19:31 4 Ian Hayburn (14) 20:18</p> |
| <p>2 St Helens Sutton AC 'A' 1:04:37</p> <p>1 Matthew Crehan (1) 15:05 2 Thomas Griffiths (1) 16:15 3 Steven Anders (2) 17:20 4 Jonjo Doherty (2) 15:57</p> | <p>15 Penny Lane Striders 'B' 1:20:43</p> <p>1 Colin Walsh (12) 18:46 2 Andrew Biddle (15) 20:13 3 Nigel Grant (15) 19:41 4 Martin Hirrell (15) 22:03</p> |
| <p>3 Liverpool Harriers & AC 'A' 1:04:46</p> <p>1 Daniel Preston (3) 16:01 2 Max Brame (3) 16:17 3 Andy Salmon (3) 16:41 4 Thomas Rogerson (3) 15:47</p> | <p>16 Liverpool Pembroke & Sefton H 'D' 1:20:59</p> <p>1 Greg Callaghan (11) 18:38 2 John Halson (16) 20:25 3 Chris Pedder (17) 20:41 4 Andrew Conway (16) 21:15</p> |
| <p>4 Liverpool Pembroke & Sefton H 'A' 1:08:27</p> <p>1 Luke Edwards (4) 16:17 2 Ian Roberts (6) 17:10 3 Daniel Jones (5) 16:49 4 Michael Gall (4) 18:11</p> | <p>17 St Helens Striders 1:22:33</p> <p>1 Craig Whittaker (19) 21:14 2 Dylan Redican (17) 18:11 3 Mark Hamilton (19) 22:32 4 Kevin Outten (17) 20:36</p> |
| <p>5 Wallasey AC 'A' 1:08:45</p> <p>1 Greg Jones (8) 17:05 2 Joseph Boden (4) 15:50 3 Rob Pearse (4) 16:47 4 Matt Gillbanks (5) 19:03</p> | <p>18 Southport Waterloo AC 'B' 1:22:43</p> <p>1 Jason Oliver (18) 20:46 2 Graham Liu (19) 21:08 3 John Sprackland (18) 19:21 4 Gary Kenny (18) 21:28</p> |
| <p>6 Wirral AC 'A' 1:09:17</p> <p>1 Harley Henshaw (7) 16:56 2 Alan Woods (9) 17:10 3 Arran Kearney (6) 17:28 4 James Mackie (6) 17:43</p> | <p>19 Kirkby Milers AC 'C' 1:25:02</p> <p>1 Mark Dunn (15) 19:24 2 Matthew Whalley (18) 20:06 3 Lee Walmsley (16) 20:11 4 Jamie Alexander (19) 25:21</p> |
| <p>7 Liverpool Harriers & AC 'B' 1:10:20</p> <p>1 Adrian Roach (10) 17:14 2 James Wootton (8) 16:47 3 Theo Johnson (7) 17:41 4 Ryan Whiston (7) 18:38</p> | <p>20 Southport Waterloo AC 'C' 1:28:55</p> <p>1 Brian Davey (20) 21:53 2 David Marsh (20) 22:05 3 Mark Lowe (21) 23:30 4 Paul Hill (20) 21:27</p> |
| <p>8 Kirkby Milers AC 'A' 1:10:59</p> <p>1 Tom Mapper (6) 16:36 2 Ryan Jones (5) 16:48 3 James Ellis (9) 18:41 4 Kevin Harrison (8) 18:54</p> | <p>21 Penny Lane Striders 'C' 1:29:40</p> <p>1 Terry Lynch (21) 22:34 2 Richard Stafford (21) 22:44 3 Malcolm Balmer (20) 21:25 4 Andrew Troy (21) 22:57</p> |
| <p>9 Penny Lane Striders 'A' 1:12:06</p> <p>1 Martin Swensson (5) 16:19 2 Phil Riding (10) 19:27 3 David Willshire (11) 18:22 4 Jay Clarke (9) 17:58</p> | <p>22 Southport Waterloo AC 'D' 1:43:38</p> <p>1 Simon Clarke (23) 23:49 2 Mark Gillan (22) 24:58 3 Graham Padden (22) 26:42 4 Lee Coupland (22) 28:09</p> |
| <p>10 Southport Waterloo AC 'A' 1:12:19</p> <p>1 Steve Ward (14) 19:15 2 Michael Taylor (12) 18:53 3 David Mulvee (10) 15:45 4 Robert McGrath (10) 18:26</p> | <p>Incomplete Teams:</p> <p style="text-align: center;">Penny Lane Striders 'D'</p> <p>1 John Brown (22) 23:12 2 Stephen Cain (23) 27:56 3 Simon Heron (23) 24:36</p> |
| <p>11 Liverpool Pembroke & Sefton H 'C' 1:12:59</p> <p>1 Jonathon Bride (9) 17:10 2 Harry Doran (7) 16:47 3 Phil Macdonald (8) 17:48 4 Daniel Gilbody (11) 21:14</p> | <p>Fastest of all legs</p> <p>1 Matthew Crehan StHelensSu A 15:05 2 David Mulvee SouthportW A 15:45 3 Thomas Rogerson LiverpoolH A 15:47 4 Joseph Boden WallaseyAC A 15:50 5 Daniel Slater LiverpoolP B 15:53 6 Jonjo Doherty StHelensSu A 15:57 7 Daniel Preston LiverpoolH A 16:01 = Mark Wynne LiverpoolP B 16:01 9 Tony Obrien LiverpoolP B 16:14 10 Thomas Griffiths StHelensSu A 16:15</p> |
| <p>12 Wirral AC 'B' 1:14:38</p> <p>1 Connor Ohagan (13) 19:02 2 Mark Hulmston (11) 18:36 3 Richard Davies (12) 18:27 4 Simon Dunk (12) 18:33</p> | |
| <p>13 Kirkby Milers AC 'B' 1:16:50</p> <p>1 David Edwards (17) 20:17 2 Nathan Vengdasalam (13) 18:16 3 Tony Landry (13) 19:23 4 Gary Fisher (13) 18:54</p> | |

Non Scoring — Team Results — Final (nn) is team position after the appropriate stage.

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|---|---|
| <p>1 Salford Harriers & AC 'A' 1:08:31</p> <p>1 David Rigby (1) 15:40 2 Stuart Robinson (1) 16:17 3 Philip Leybourne (1) 17:35 4 Philip West (1) 18:59</p> | <p>Fastest of all legs</p> <p>1 David Rigby SalfordHar A 15:40 2 Stuart Robinson SalfordHar A 16:17 3 Philip Leybourne SalfordHar A 17:35 4 Philip West SalfordHar A 18:59</p> |
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