

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 19th October 2019

Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Josh Cowperthwaite	Middlesbro	10:23				
2	Lee Milburn	RotherhamH A	10:31				
3	Alfie Manthorpe	CityOfShef A	10:35				
4	Callum Elson	RoundhayRu A	10:44				
5	Gamar Adam	SalfordHar	10:45				
6	Shane Robinson	LincolnWel A	10:47				
7	Daniel Preston	LiverpoolH A	10:49				
8	Daniel Kashi	SaleHarrie	10:52				
9	Michael Wilson	Sunderland A	10:59				
10	Connor Milnes	(Hallamshir A)	11:02				
11	Thomas Goulding	BirtleyAc A	11:04				
12	Ewan Spencer	Chesterfie	11:06				
13	Alex Botterill	CityOfYork A	11:07				
14	Simon O'meara	TraffordAC A	11:08				
15	Joseph Green	LincolnWel B	11:11				
16	Luke Pickering	HoughtonHa	11:13				
17	J SweetnamPowell	DISQUALIFIED	11:19				
18	Matt Lockyer	LeedsCityA B	11:23				
19	John Humphries	ValeRoyalA A	11:30				
20	Andrew Thake	Hallamshir B	11:42				
21	Daniel Garbutt	DurhamCity A	11:48				
22	Jonny Stephenson	GosforthHa A	11:56				
23	Will Smith	HalifaxHar A	11:58				
24	Ben Jones	DISQUALIFIED	12:00				
25	Darren Russell	TraffordAC B	12:10				
26	Mathew Hughes	LiverpoolH B	12:11				
27	Michael Edwards	Sunderland B	12:12				
28	Jonathan Stewart	LeedsCityA A	12:14				
29	Ross Blackburn	RothwellHa A	12:16				
30	Jacob Clark	DoncasterA A	12:17				
31	Philip Hoole	RotherhamH B	12:21				
32	Mariusz Felczerek	DoncasterA B	12:23				
33	Ciaran Murray	CityOfYork B	12:26				
34	Scott Bairstow	Keighley&C A	12:30				
35	*Not Declared*	Queensbury	12:31				
36	Jacob Stephenson	DurhamCity B	12:36				
37	Jacob Harman	HolmfirthH	12:38				
38	Ashley Crow	NorthDerby A	12:43				
39	Henry Carter	Spenboroug	12:45				
40	Simon Johnson	HalifaxHar B	13:05				
41	Chris Moss	SheffieldR A	13:09				
42	Jed Turner	SheffieldR B	13:18				
43	Russell Parkin	DerbyAC A	13:22				
44	Chris Lawson	SteelCityS B	13:25				
45	Colin Earl	Kimberwort A	13:42				
46	Tszsum Fung	CityOfShef B	13:52				
47	Christopher Cobb	RoundhayRu B	13:58				
48	Dylan Rickerby	RothwellHa B	13:58				
49	Ben Key	SheffieldR C	14:08				
50	Andrew Jackson	Keighley&C B	14:09				
51	Callum Manley	KingstonUp	14:10				
52	David Francis	BirtleyAc B	14:11				
53	Ian Monaghan	NorthDerby B	14:13				
54	Mark Nettleton	Barton&Dis A	14:20				
55	Michael O'donnell	SteelCityS C	14:34				
56	Gregory Skelton	Pontefract	14:37				
57	John Comrie	RotherhamH C	15:10				
58	Lee Weatherall	Kimberwort B	15:12				
59	Chris Hunt	NorthDerby C	15:35				
60	David Higginbottom	SheffieldR D	15:54				
61	Phil Kirkham	Barton&Dis B	17:12				

Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	Thomas Trimble	LincolnWel A	10:32	21:19	+ 5				
2	Ben Bergstrand	Middlesbro	11:09	21:32	- 1				
3	Robert Smyk	SalfordHar	10:51	21:36	+ 2				
4	James Wignall	SaleHarrie	10:50	21:42	+ 4				
5	Angus Mcmillan	CityOfYork A	10:42	21:49	+ 8				
6	Samuel Roberts	CityOfShef A	11:25	22:00	- 3				
7	Robert Smith	DISQUALIFIED	11:00	22:02	+ 3				
8	Richard Harris	RotherhamH A	11:33	22:04	- 6				
9	Max Brame	LiverpoolH A	11:28	22:17	- 2				
10	Andrew Powell	Sunderland A	11:25	22:24	- 1				
11	Cynog Williams	TraffordAC A	11:35	22:43	+ 3				
12	Ciaran Forde	LeedsCityA B	11:31	22:54	+ 6				
13	Alexander Cook	DurhamCity A	11:09	22:57	+ 8				
14	Philip Radford	Hallamshir B	11:26	23:08	+ 6				
15	Zak Scott	BirtleyAc A	12:08	23:12	- 4				
16	Andrew Scott	RoundhayRu A	12:30	23:14	- 12				
17	Jorge Thomas	HalifaxHar A	11:19	23:17	+ 6				
18	Josh Betteley	ValeRoyalA A	11:59	23:29	+ 1				
19	Mohamed Abshir	LeedsCityA A	11:32	23:46	+ 9				
20	Rory Graham	HoughtonHa	12:35	23:48	- 4				
21	Matthew Sutton	TraffordAC B	11:43	23:53	+ 4				
22	Craig Gunn	Sunderland B	11:44	23:56	+ 5				
23	Chris Bannister	DISQUALIFIED	13:01	24:20	- 6				
24	James Wardman	RothwellHa A	12:14	24:30	+ 5				
25	Michael Brown	Chesterfie	13:30	24:36	- 13				
26	Oliver Gabriele	GosforthHa A	12:47	24:43	- 4				
27	Michael Grimes	DurhamCity B	12:08	24:44	+ 9				
28	Chris Griffiths	RotherhamH B	12:34	24:55	+ 3				
29	Jonathan Fray	DoncasterA A	12:42	24:59	+ 1				
30	David Addenbrooke	SheffieldR A	12:02	25:11	+ 11				
31	*Not Declared*	Queensbury	12:42	25:13	+ 4				
32	Donald Mcmillan	CityOfYork B	13:00	25:26	+ 1				
33	Jonathan Sykes	HolmfirthH	13:17	25:55	+ 4				
34	Kevin Ogden	Spenboroug	13:36	26:21	+ 5				
35	John Conroy	Keighley&C A	14:01	26:31	- 1				
36	Dean Houlton	NorthDerby A	14:07	26:50	+ 2				
37	Kevin Doyle	Kimberwort A	13:09	26:51	+ 8				
38	Jon Buxton	DoncasterA B	14:34	26:57	- 6				
39	Matthew Burgon	DISQUALIFIED	15:00	27:00	- 15				
40	Chris Jordan	DerbyAC A	13:39	27:01	+ 3				
41	Lee Cattermole	HalifaxHar B	13:59	27:04	- 1				
42	Maz Kaczmarczyk	SteelCityS B	14:18	27:43	+ 2				
43	Kelly Dorset	SheffieldR B	14:30	27:48	- 1				
44	Karl Barker	Barton&Dis A	13:45	28:05	+ 10				
45	John McCarthy	RothwellHa B	14:10	28:08	+ 3				
46	James Carney	RoundhayRu B	14:16	28:14	+ 1				
47	David Kidd	Pontefract	13:52	28:29	+ 9				
48	Richard Parker	RotherhamH C	13:39	28:49	+ 9				
49	Ian Goulding	BirtleyAc B	14:41	28:52	+ 3				
50	Gary Podmore	SheffieldR C	14:59	29:07	- 1				
51	Lee Craven	KingstonUp	15:02	29:12	0				
52	Shane James	NorthDerby B	15:02	29:15	+ 1				
53	Russl Fairhurst	Keighley&C B	15:34	29:43	- 3				
54	Afif Elamrani	SheffieldR D	13:53	29:47	+ 6				
55	Richard Adrian Pegg	SteelCityS C	16:26	31:00	0				
56	Paul Greenwood	Kimberwort B	15:57	31:09	+ 2				
57	*Not Declared*	LincolnWel B	20:59	32:10	- 42				
58	Gary Bates	NorthDerby C	16:44	32:19	+ 1				
59	Nick Larke	Barton&Dis B	17:41	34:53	+ 2				

Fastest runners over stage 2:

1	Thomas Trimble	LincolnWel A	10:32
2	Angus Mcmillan	CityOfYork A	10:42
3	James Wignall	SaleHarrie	10:50
4	Robert Smyk	SalfordHar	10:51
5	Robert Smith	DISQUALIFIED	11:00
6	Alexander Cook	DurhamCity A	11:09
7	Ben Bergstrand	Middlesbro	11:09
8	Jorge Thomas	HalifaxHar A	11:19
9	Andrew Powell	Sunderland A	11:25
10	Samuel Roberts	CityOfShef A	11:25

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 19th October 2019

Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Jake Richardson	LincolnWel A	11:08	32:27	0	35	Alan Kirton	Keighley&C A	14:10	40:41	0
2	William Onek	SaleHarrie	11:01	32:43	+ 2	36	Gavin Edley	Kimberwort A	14:05	40:56	+ 1
3	James Mccrae	(Hallamshir A)	10:58	33:00	+ 4	37	Michael Greer	(SteelCitySA)	14:24	41:24	+ 2
4	Ben Palmer	Middlesbro	11:34	33:06	- 2	38	Nathan Doy	Pontefract	13:01	41:30	+ 9
5	Richard Burney	LiverpoolH A	11:00	33:17	+ 4	39	Gareth Irvine	SheffieldR B	14:17	42:05	+ 4
6	Aidan Johnson	RotherhamH A	11:24	33:28	+ 2	40	Colin Hardy	SteelCityS B	14:40	42:23	+ 2
7	David Byrne	CityOfShef A	11:44	33:44	- 1	41	Dean Furniss	RotherhamH C	13:38	42:27	+ 7
8	Kyle Mcleay	CityOfYork A	12:16	34:05	- 3	42	Ryan Tait	RoundhayRu B	14:15	42:29	+ 4
9	Nathan Reed	Sunderland A	11:43	34:07	+ 1	43	Daniel Teasel	NorthDerby B	13:54	43:09	+ 9
10	Jacob Yates	SalfordHar	12:32	34:08	- 7	44	Mark Baines	Barton&Dis A	15:23	43:28	0
11	Tyler Hutchinson	LeedsCityA B	11:20	34:14	+ 1	45	Andrew Baiden	RothwellHa B	15:29	43:37	0
12	Jeff Prest	TraffordAC A	11:43	34:26	- 1	46	Richard Ward	SheffieldR C	14:38	43:45	+ 4
13	Rob Everson	DurhamCity A	11:49	34:46	0	47	Steve Hunt	KingstonUp	14:35	43:47	+ 4
14	Lewis McConnell	BirtleyAc A	11:45	34:57	+ 1	48	Graeme Towers	BirtleyAc B	15:26	44:18	+ 1
15	Cameron Weaver	ValeRoyalA A	11:43	35:12	+ 3	49	Glynn Jones	DoncasterA B	17:29	44:26	- 11
16	James Carvello	RoundhayRu A	12:11	35:25	0	50	Rob Macdonald	HalifaxHar B	17:45	44:49	- 9
17	Jack Allison	LeedsCityA A	12:00	35:46	+ 2	51	Andrew Davies	DISQUALIFIED	14:46	45:46	+ 4
18	Rushwan Lewis	TraffordAC B	12:02	35:55	+ 3	52	Jeremy Wilkinson	Keighley&C B	16:06	45:49	+ 1
19	Michael King	HalifaxHar A	12:49	36:06	- 2	53	Christopher Keeler	Kimberwort B	14:46	45:55	+ 3
20	Joshua Panthradil	Hallamshir B	13:00	36:08	- 6	54	Andrew Todd	NorthDerby C	13:56	46:15	+ 4
21	Adam Middleton	HoughtonHa	12:46	36:34	- 1	55	Alan Pickard	SheffieldR D	18:25	48:12	- 1
22	Christopher Bell	Sunderland B	12:58	36:54	0	56	Robert Omara	Barton&Dis B	14:35	49:28	+ 3
23	Peter Badger	DoncasterA A	12:14	37:13	+ 6	Fastest runners over stage 3:					
24	Ben Burton	RotherhamH B	12:36	37:31	+ 4	1	James Mccrae	(Hallamshir A)	10:58		
25	Stephen Everett	DurhamCity B	13:00	37:44	+ 2	2	Richard Burney	LiverpoolH A	11:00		
26	Ben Wilkinson	SheffieldR A	13:01	38:12	+ 4	3	William Onek	SaleHarrie	11:01		
27	Paul Mcgough	RothwellHa A	13:54	38:24	- 3	4	Jake Richardson	LincolnWel A	11:08		
28	Jacob Buckley	Chesterfie	13:57	38:33	- 3	5	Tyler Hutchinson	LeedsCityA B	11:20		
29	*Not Declared*	Queensbury	13:57	39:10	+ 2	6	Aidan Johnson	RotherhamH A	11:24		
30	Neil Barker	Spenboroug	13:02	39:23	+ 4	7	Ben Palmer	Middlesbro	11:34		
31	Steve Boddy	GosforthHa A	14:45	39:28	- 5	8	Cameron Weaver	ValeRoyalA A	11:43		
32	Sean McCaffrey	HolmfirthH	13:34	39:29	+ 1	9	Nathan Reed	Sunderland A	11:43		
33	Patrick Langan	CityOfYork B	14:17	39:43	- 1	10	Jeff Prest	TraffordAC A	11:43		
34	Tom Topham	NorthDerby A	13:50	40:40	+ 2						

Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Joe Wilkinson	LincolnWel A	10:27	42:54	0	33	Martin Peck	Spenboroug	14:35	53:58	- 3
2	Cameron Bell	(Hallamshir A)	10:41	43:41	+ 1	34	Steven Lowndes	Kimberwort A	14:20	55:16	+ 2
3	Jake Creasey	Middlesbro	10:46	43:52	+ 1	35	Paul Neary	CityOfYork B	16:09	55:52	- 2
4	Alex Bradford	SaleHarrie	11:18	44:01	- 2	36	Matthew Blakeley	RoundhayRu B	13:24	55:53	+ 6
5	Joseph Ford	LiverpoolH A	11:13	44:30	0	37	James Thompson	SheffieldR B	13:48	55:53	+ 2
6	Mohamed Saleh	CityOfShef A	11:02	44:46	+ 1	38	Steven Bond	GosforthHa A	16:32	56:00	- 7
7	Gareth Sampson	RotherhamH A	11:53	45:21	- 1	39	Gary Elkington	NorthDerby B	13:54	57:03	+ 4
8	Luca Parker	CityOfYork A	11:28	45:33	0	40	Adam McAuley	SteelCityS B	14:46	57:09	0
9	Steve Rankin	Sunderland A	11:43	45:50	0	41	Colin Jobber	Barton&Dis A	14:16	57:44	+ 3
10	Adrian Bailes	BirtleyAc A	11:09	46:06	+ 4	42	Rich Wilkinson	RothwellHa B	14:39	58:16	+ 3
11	Alex Jones	TraffordAC A	12:00	46:26	+ 1	43	Lee Drummond	BirtleyAc B	14:26	58:44	+ 5
12	Jonathan Wills	RoundhayRu A	11:24	46:49	+ 4	44	Paul Mcwhirter	SheffieldR C	15:13	58:58	+ 2
13	Adam Curtis	SalfordHar	12:48	46:56	- 3	45	Paul Sutcliffe	HalifaxHar B	14:24	59:13	+ 5
14	Cameron Thomas	DurhamCity A	12:10	46:56	- 1	46	David Rivers	KingstonUp	17:07	1:00:54	+ 1
15	Simon Ellis	LeedsCityA B	13:03	47:17	- 4	47	Michael Reynolds	DoncasterA B	16:43	1:01:09	+ 2
16	Simon Deakin	LeedsCityA A	11:32	47:18	+ 1	48	Wayne Church	NorthDerby C	15:04	1:01:19	+ 6
17	Greg Kelly	TraffordAC B	12:26	48:21	+ 1	49	Earl Lever	Kimberwort B	15:54	1:01:49	+ 4
18	Matthew Hough	ValeRoyalA A	13:26	48:38	- 3	50	Stuart Jones	(SteelCityS C)	17:04	1:02:50	+ 1
19	Steven McMahon	Sunderland B	12:16	49:10	+ 3	51	Chris Ireland	SheffieldR D	16:27	1:04:39	+ 4
20	Dave Sedgwick	DoncasterA A	12:16	49:29	+ 3	52	Dave Wilson	Barton&Dis B	15:55	1:05:23	+ 4
21	Harry Keighley	HalifaxHar A	13:44	49:50	- 2	Fastest runners over stage 4:					
22	Sam Clegg	RotherhamH B	12:26	49:57	+ 2	1	Joe Wilkinson	LincolnWel A	10:27		
23	Steven Gascoyne	Chesterfie	11:56	50:29	+ 5	2	Cameron Bell	(Hallamshir A)	10:41		
24	Mark Gladwin	Hallamshir B	14:52	51:00	- 4	3	Jake Creasey	Middlesbro	10:46		
25	Dave Gibson	HoughtonHa	14:47	51:21	- 4	4	Mohamed Saleh	CityOfShef A	11:02		
26	Alex Plant	SheffieldR A	13:31	51:43	0	5	Adrian Bailes	BirtleyAc A	11:09		
27	*Not Declared*	Queensbury	12:54	52:04	+ 2	6	Joseph Ford	LiverpoolH A	11:13		
28	Jason Catterall	DurhamCity B	14:26	52:10	- 3	7	Alex Bradford	SaleHarrie	11:18		
29	Hadrian Knight	RothwellHa A	14:00	52:24	- 2	8	Jonathan Wills	RoundhayRu A	11:24		
30	Samuel Brown	(SteelCitySA)	12:16	53:40	+ 7	9	Luca Parker	CityOfYork A	11:28		
31	Roland Allatt	NorthDerby A	13:09	53:49	+ 3	10	Simon Deakin	LeedsCityA A	11:32		
32	Steve Lowe	Pontefract	12:26	53:56	+ 6						

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 19th October 2019

Senior Men

— Team Results — Final

(nn) is team position after the appropriate stage.

1 Lincoln Wellington AC				'A'	42:54	17 Vale Royal Ac				'A'	48:38
1	Shane Robinson	(6)	10:47	2	Thomas Trimble	(1)	10:32	1	John Humphries	(19)	11:30
3	Jake Richardson	(1)	11:08	4	Joe Wilkinson	(1)	10:27	3	Cameron Weaver	(15)	11:43
2 Middlesbrough AC					43:52	18 Sunderland Harriers & Ac				'B'	49:10
1	Josh Cowperthwaite	(1)	10:23	2	Ben Bergstrand	(2)	11:09	1	Michael Edwards	(27)	12:12
3	Ben Palmer	(4)	11:34	4	Jake Creasey	(3)	10:46	3	Christopher Bell	(22)	12:58
3 Sale Harriers Manchester					44:01	19 Doncaster AC				'A'	49:29
1	Daniel Kashi	(8)	10:52	2	James Wignall	(4)	10:50	1	Jacob Clark	(30)	12:17
3	William Onek	(2)	11:01	4	Alex Bradford	(4)	11:18	3	Peter Badger	(23)	12:14
4 Liverpool Harriers & Ac				'A'	44:30	20 Halifax Harriers & Ac				'A'	49:50
1	Daniel Preston	(7)	10:49	2	Max Brame	(9)	11:28	1	Will Smith	(23)	11:58
3	Richard Burney	(5)	11:00	4	Joseph Ford	(5)	11:13	3	Michael King	(19)	12:49
5 City Of Sheffield & Dearne Ac				'A'	44:46	21 Rotherham Harriers & Ac				'B'	49:57
1	Alfie Manthorpe	(3)	10:35	2	Samuel Roberts	(6)	11:25	1	Philip Hoole	(31)	12:21
3	David Byrne	(7)	11:44	4	Mohamed Saleh	(6)	11:02	3	Ben Burton	(24)	12:36
6 Rotherham Harriers & Ac				'A'	45:21	22 Chesterfield & District Ac					50:29
1	Lee Milburn	(2)	10:31	2	Richard Harris	(8)	11:33	1	Ewan Spencer	(12)	11:06
3	Aidan Johnson	(6)	11:24	4	Gareth Sampson	(7)	11:53	3	Jacob Buckley	(28)	13:57
7 City Of York Ac				'A'	45:33	23 Hallamshire Harriers Sheffield				'B'	51:00
1	Alex Botterill	(13)	11:07	2	Angus Mcmillan	(5)	10:42	1	Andrew Thake	(20)	11:42
3	Kyle Mcleay	(8)	12:16	4	Luca Parker	(8)	11:28	3	Joshua Panthradil	(20)	13:00
8 Sunderland Harriers & Ac				'A'	45:50	24 Houghton Harriers & Ac					51:21
1	Michael Wilson	(9)	10:59	2	Andrew Powell	(10)	11:25	1	Luke Pickering	(16)	11:13
3	Nathan Reed	(9)	11:43	4	Steve Rankin	(9)	11:43	3	Adam Middleton	(21)	12:46
9 Birtley Ac				'A'	46:06	25 Sheffield Rc				'A'	51:43
1	Thomas Goulding	(11)	11:04	2	Zak Scott	(15)	12:08	1	Chris Moss	(41)	13:09
3	Lewis McConnell	(14)	11:45	4	Adrian Bailes	(10)	11:09	3	Ben Wilkinson	(26)	13:01
10 Trafford AC				'A'	46:26	26 Queensbury RC					52:04
1	Simon O'meara	(14)	11:08	2	Cynog Williams	(11)	11:35	1	Undeclared	(35)	12:31
3	Jeff Prest	(12)	11:43	4	Alex Jones	(11)	12:00	3	Undeclared	(29)	13:57
11 Roundhay Runners				'A'	46:49	27 Durham City Harriers & Ac				'B'	52:10
1	Callum Elson	(4)	10:44	2	Andrew Scott	(16)	12:30	1	Jacob Stephenson	(36)	12:36
3	James Carvello	(16)	12:11	4	Jonathan Wills	(12)	11:24	3	Stephen Everett	(25)	13:00
12 Salford Harriers & Ac					46:56	28 Rothwell Harriers & Ac				'A'	52:24
1	Gamar Adam	(5)	10:45	2	Robert Smyk	(3)	10:51	1	Ross Blackburn	(29)	12:16
3	Jacob Yates	(10)	12:32	4	Adam Curtis	(13)	12:48	3	Paul McGough	(27)	13:54
13 Durham City Harriers & Ac				'A'	46:56	29 North Derbyshire Rc				'A'	53:49
1	Daniel Garbutt	(21)	11:48	2	Alexander Cook	(13)	11:09	1	Ashley Crow	(38)	12:43
3	Rob Everson	(13)	11:49	4	Cameron Thomas	(14)	12:10	3	Tom Topham	(34)	13:50
14 Leeds City AC				'B'	47:17	30 Pontefract Ac					53:56
1	Matt Lockyer	(18)	11:23	2	Ciaran Forde	(12)	11:31	1	Gregory Skelton	(56)	14:37
3	Tyler Hutchinson	(11)	11:20	4	Simon Ellis	(15)	13:03	3	Nathan Doy	(38)	13:01
15 Leeds City AC				'A'	47:18	31 Spenborough & Dist Ac					53:58
1	Jonathan Stewart	(28)	12:14	2	Mohamed Abshir	(19)	11:32	1	Henry Carter	(39)	12:45
3	Jack Allison	(17)	12:00	4	Simon Deakin	(16)	11:32	3	Neil Barker	(30)	13:02
16 Trafford AC				'B'	48:21	32 Kimberworth Striders				'A'	55:16
1	Darren Russell	(25)	12:10	2	Matthew Sutton	(21)	11:43	1	Colin Earl	(45)	13:42
3	Rushwan Lewis	(18)	12:02	4	Greg Kelly	(17)	12:26	3	Gavin Edley	(36)	14:05
								4	Kevin Doyle	(37)	13:09
									Steven Lowndes	(34)	14:20

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 19th October 2019

33 City Of York Ac	'B'	55:52
1 Ciaran Murray (33) 12:26	2 Donald Mcmillan (32) 13:00	
3 Patrick Langan (33) 14:17	4 Paul Neary (35) 16:09	

34 Roundhay Runners	'B'	55:53
1 Christopher Cobb (47) 13:58	2 James Carney (46) 14:16	
3 Ryan Tait (42) 14:15	4 Matthew Blakeley (36) 13:24	

35 Sheffield Rc	'B'	55:53
1 Jed Turner (42) 13:18	2 Kelly Dorset (43) 14:30	
3 Gareth Irvine (39) 14:17	4 James Thompson (37) 13:48	

36 Gosforth Harriers & Ac	'A'	56:00
1 Jonny Stephenson (22) 11:56	2 Oliver Gabriele (26) 12:47	
3 Steve Boddy (31) 14:45	4 Steven Bond (38) 16:32	

37 North Derbyshire Rc	'B'	57:03
1 Ian Monaghan (53) 14:13	2 Shane James (52) 15:02	
3 Daniel Teasel (43) 13:54	4 Gary Elkington (39) 13:54	

38 Steel City Striders Rc	'B'	57:09
1 Chris Lawson (44) 13:25	2 Maz Kaczmarczyk (42) 14:18	
3 Colin Hardy (40) 14:40	4 Adam McAuley (40) 14:46	

39 Barton & District Ac	'A'	57:44
1 Mark Nettleton (54) 14:20	2 Karl Barker (44) 13:45	
3 Mark Baines (44) 15:23	4 Colin Jobber (41) 14:16	

40 Rothwell Harriers & Ac	'B'	58:16
1 Dylan Rickerby (48) 13:58	2 John McCarthy (45) 14:10	
3 Andrew Baiden (45) 15:29	4 Rich Wilkinson (42) 14:39	

41 Birtley Ac	'B'	58:44
1 David Francis (52) 14:11	2 Ian Goulding (49) 14:41	
3 Graeme Towers (48) 15:26	4 Lee Drummond (43) 14:26	

42 Sheffield Rc	'C'	58:58
1 Ben Key (49) 14:08	2 Gary Podmore (50) 14:59	
3 Richard Ward (46) 14:38	4 Paul Mcwhirter (44) 15:13	

43 Halifax Harriers & Ac	'B'	59:13
1 Simon Johnson (40) 13:05	2 Lee Cattermole (41) 13:59	
3 Rob Macdonald (50) 17:45	4 Paul Sutcliffe (45) 14:24	

44 Kingston Upon Hull Ac				1:00:54	
1	Callum Manley	(51)	14:10	2	Lee Craven (51) 15:02
3	Steve Hunt	(47)	14:35	4	David Rivers (46) 17:07

45 Doncaster AC	'B'	1:01:09
1 Mariuz Felczerek (32) 12:23	2 Jon Buxton (38) 14:34	
3 Glynn Jones (49) 17:29	4 Michael Reynolds (47) 16:43	

46 North Derbyshire Rc	'C'	1:01:19
1 Chris Hunt (59) 15:35	2 Gary Bates (58) 16:44	
3 Andrew Todd (54) 13:56	4 Wayne Church (48) 15:04	

47 Kimberworth Striders	'B'	1:01:49
1 Lee Weatherall (58) 15:12	2 Paul Greenwood (56) 15:57	
3 Christopher Keeler (53) 14:46	4 Earl Lever (49) 15:54	

48 Sheffield Rc	'D'	1:04:39
1 David Higginbottom (60) 15:54	2 Afif Elamrani (54) 13:53	
3 Alan Pickard (55) 18:25	4 Chris Ireland (51) 16:27	

49 Barton & District Ac	'B'	1:05:23
1 Phil Kirkham (61) 17:12	2 Nick Larke (59) 17:41	
3 Robert Omara (56) 14:35	4 Dave Wilson (52) 15:55	

Disqualified -

Hallamshire Harriers Sheffield	'A'	43:41
1 Connor Milnes (10) 11:02	2 DISQUALIFIED (7) 11:00	
3 James McCrae (3) 10:58	4 Cameron Bell (2) 10:41	

Steel City Striders Rc	'A'	53:40
1 DISQUALIFIED (24) 12:00	2 DISQUALIFIED (39) 15:00	
3 Michael Greer (37) 14:24	4 Samuel Brown (30) 12:16	

Steel City Striders Rc	'C'	1:02:50
1 Michael O'donnell (55) 14:34	2 Richard Adrian Pegg (55) 16:26	
3 DISQUALIFIED (51) 14:46	4 Stuart Jones (50) 17:04	

Incomplete Teams:

Holmfirth Harriers Ac	
1 Jacob Harman (37) 12:38	2 Jonathan Sykes (33) 13:17
3 Sean McCaffrey (32) 13:34	

Keighley & Craven Ac	'A'
1 Scott Bairstow (34) 12:30	2 John Conroy (35) 14:01
3 Alan Kirton (35) 14:10	

Rotherham Harriers & Ac	'C'
1 John Comrie (57) 15:10	2 Richard Parker (48) 13:39
3 Dean Furniss (41) 13:38	

Keighley & Craven Ac	'B'
1 Andrew Jackson (50) 14:09	2 Russl Fairhurst (53) 15:34
3 Jeremy Wilkinson (52) 16:06	

Steel City Striders Rc	'D'
1 DISQUALIFIED (17) 11:19	2 DISQUALIFIED (23) 13:01

Derby AC	'A'
1 Russell Parkin (43) 13:22	2 Chris Jordan (40) 13:39

Lincoln Wellington AC	'B'
1 Joseph Green (15) 11:11	2 Undeclared (57) 20:59

Liverpool Harriers & Ac	'B'
1 Mathew Hughes (26) 12:11	

City Of Sheffield & Dearne Ac	'B'
1 Tszsum Fung (46) 13:52	

Fastest of all legs

1 Josh Cowperthwaite	Middlesbro	10:23	(1)
2 Joe Wilkinson	LincolnWel	A	10:27 (4)
3 Lee Milburn	RotherhamH	A	10:31 (1)
4 Thomas Trimble	LincolnWel	A	10:32 (2)
5 Alfie Manthorpe	CityOfShef	A	10:35 (1)
6 Cameron Bell	Hallamshir	A	10:41 (4)
7 Angus Mcmillan	CityOfYork	A	10:42 (2)
8 Callum Elson	RoundhayRu	A	10:44 (1)
9 Gamar Adam	SalfordHar		10:45 (1)
10 Jake Creasey	Middlesbro		10:46 (4)