

National Road Relays

at Sutton Park, Birmingham on Sunday 6th October 2019

- Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Frank Baddick	Newham&Ess	17:18	41	Joseph Massingham	RotherhamH	18:34
2	Escalantephillips	Cambridge& A	17:19	42	David Sheldon	CityOfStok A	18:36
3	Joshua Grace	AldershotF A	17:21	43	Daniel Bodman	AberdareVa	18:36
4	John Sanderson	Guildford&	17:22	44	Chris Busaileh	KentAc A	18:38
5	Jake Shelley	Shaftesbur	17:25	45	Jonothan Kay	BoltonUnit	18:38
6	Ian Crowewright	Brighton&H	17:30	46	Michael Gilbert	Cambridge& B	18:41
7	Alex Lepretre	HighgateHa A	17:36	47	Frederick Slemeck	HerculesWi B	18:42
8	Ben Cole	TonbridgeA A	17:38	48	Samuel Winters	MarshallMi B	18:43
9	Thomas Mortimer	Stroud&Dis	17:43	49	Ben Spratling	CityOfNorw	18:44
10	Daniel Mulryan	ThamesVall	17:45	50	Ben Waterman	EalingSout	18:45
11	Jack Millar	Bristol&We A	17:46	51	Matthew Jackson	LiverpoolH	18:46
12	Robert Warner	BlackburnH	17:46	52	Joseph Boden	WallaseyAC	18:46
13	James Tuttle	MarshallMi A	17:47	53	Daniel Bagley	HolmePierr	18:47
14	Alexander Tovey	Birchfield A	17:48	54	Will Beeston	TonbridgeA B	18:50
15	Chris Perry	ValeRoyalA A	17:48	55	Matthew McCormack	ValeRoyalA B	18:52
16	Philip Robertson	SaleHarrie A	17:49	56	Joseph Vis	SaleHarrie B	18:55
17	James Heneghan	CardiffAac	17:51	57	Nick Hardy	TiptonHarr B	18:59
18	Douglas Musson	NottsAc A	17:55	58	Daniel Melling	MorpethHar B	19:00
19	Matthew Bray	Bedford&Co A	17:57	59	Dale Annable	HeanorRC	19:02
20	Matthew Revier	Southampto	17:58	60	Jed Bartlett	Bristol&We B	19:04
21	Felix Mcgrath	NewcastleS	17:59	61	Oliver Harradence	RoyalSutto	19:06
22	Jay Ferns	TraffordAC	18:01	62	K Colemansmith	CharnwoodA	19:08
23	Luke Prior	AldershotF B	18:02	63	Charlie Haywood	HighgateHa B	19:09
24	Callum Elson	RoundhayRu	18:03	64	John Hobbs	ValleyStri	19:10
25	Paul Graham	Pontypridd	18:03	65	James Cripwell	GatesheadH	19:11
26	Joseph Bailey	SalfordHar A	18:04	66	Callum Rowlinson	SalfordHar B	19:16
27	Sam Hancox	MorpethHar A	18:05	67	Pete Benedickter	Bedford&Co B	19:29
28	Alexander Bellew	LeedsCityA B	18:08	68	Benedict Duncan	WorcesterA	19:36
29	Ossama Meslek	LeedsCityA A	18:12	69	Tom Collins	Medway&Mai	19:48
30	Ian Williams	TiptonHarr A	18:14	70	Adam Gooch	Altrincham	19:49
31	Tom Charlton	TyneBridge	18:15	71	Gareth Wainwright	Knowle&Dor	19:50
32	Benjamin Coop	BuryAC	18:17	72	Neil Phillips	KentAc B	19:50
33	Dave Archer	Hallamshir	18:18	73	Courtney Chessell	SwindonHar	19:51
34	Ross Franks	HerculesWi A	18:19	74	Jake Spilsbury	CityOfStok B	19:51
35	Thomas Beasley	Birchfield B	18:20	75	James Savage	ChorltonRu	19:54
36	Daniel Robinson	Birmingham	18:21	76	Tom Isherwood	Dudley&Sto	20:04
37	Joseph Tuffin	Rushcliffe	18:24	77	Ben Burnham	MansfieldH	20:22
38	Aaron Kettlewell	HolmfirthH	18:25	78	Tom Greaves	Warrington	21:15
39	Daniel Slater	LiverpoolP	18:29	79	Sam Godwin	NottsAc B	22:10
40	Miles Clisham	CoventryGo	18:30				

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at Sutton Park, Birmingham on Sunday 6th October 2019

- Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Gus Cockle	AldershotF A	17:47	35:08	+ 2
2	Phillip Crout	Shaftesbur	17:47	35:12	+ 3
3	Michael Ward	CardiffAac	17:22	35:13	+ 14
4	Matthew Bergin	Bedford&Co A	17:25	35:22	+ 15
5	Kevin Moore	Brighton&H	18:05	35:35	+ 1
6	James Dunce	Cambridge& A	18:23	35:42	- 4
7	Paul Mizon	MarshallMi A	17:56	35:43	+ 6
8	Alasdair Kinloch	TonbridgeA A	18:12	35:50	0
9	Andrew Watt	Bristol&We A	18:05	35:51	+ 2
10	Chris Parr	MorpethHar A	17:46	35:51	+ 17
11	Tom Foster	Guildford&	18:30	35:52	- 7
12	Robert Wilson	HighgateHa A	18:17	35:53	- 10
13	Ricky Harvie	AldershotF B	17:54	35:56	+ 5
14	Matthew Grieve	LeedsCityA A	17:46	35:58	+ 15
15	Matthew Barnes	SaleHarrie A	18:18	36:07	+ 1
16	Lee Stopford	Stroud&Dis	18:27	36:10	- 7
17	Freddie Hessian	NottsAc A	18:16	36:11	+ 1
18	Sam Johnson	Birchfield A	18:31	36:19	- 4
19	Conor Kissanewood	ThamesVall	18:35	36:20	- 9
20	Arun Dight	ValeRoyalA A	18:33	36:21	- 5
21	Peter Brookes	TiptonHarr A	18:16	36:30	+ 9
22	Ben Brewster	Southampto	18:34	36:32	- 2
23	Owen Hind	KentAc A	18:07	36:45	+ 21
24	Charlie Eastaugh	HerculesWi A	18:29	36:48	+ 10
25	M Mohamed	CoventryGo	18:20	36:50	+ 15
26	Karl Welborn	Birmingham	18:29	36:50	+ 10
27	Elliot Palmer	SalfordHar A	18:47	36:51	- 1
28	Jonathan Bradford	Birchfield B	18:32	36:52	+ 7
29	J Woodcockshaw	LeedsCityA B	18:54	37:02	- 1
30	Daniel Preston	LiverpoolH	18:28	37:14	+ 21
31	Daniel Kestrel	RotherhamH	18:45	37:19	+ 10
32	M Valeropalacios	RoundhayRu	19:17	37:20	- 8
33	Josh Birmingham	BuryAC	19:06	37:23	- 1
34	Finn Johnson	HerculesWi B	18:41	37:23	+ 13
35	Kieran Reay	TyneBridge	19:10	37:25	- 4
36	John Birch	Hallamshir	19:07	37:25	- 3
37	Nicolas Harhalakis	Cambridge& B	18:46	37:27	+ 9
38	Ian Salt	CityOfStok A	18:56	37:32	+ 4
39	C Richards	SalfordHar B	18:16	37:32	+ 27
40	C Davies	BlackburnH	19:49	37:35	- 28
41	Lewis Nagington	NewcastleS	19:37	37:36	- 20
42	Jeff Prest	TraffordAC	19:36	37:37	- 20
43	Joe Smith	TiptonHarr B	18:41	37:40	+ 14
44	Andrew How	Pontypridd	19:38	37:41	- 19
45	James Puxty	TonbridgeA B	18:57	37:47	+ 9
46	James Wignall	SaleHarrie B	18:54	37:49	+ 10
47	Ross Harrison	LiverpoolP	19:23	37:52	- 8
48	Henry Cochrane	Bristol&We B	18:52	37:56	+ 12
49	Wayne Bell	Newham&Ess	20:40	37:58	- 48
50	Niki Faulkner	HighgateHa B	18:59	38:08	+ 13
51	Stephen Dickens	Rushcliffe	19:47	38:11	- 14
52	Sam Coyne	CityOfNorw	19:28	38:12	- 3
53	OliverWay	EalingSout	19:28	38:13	- 3
54	Alexander Doyle	ValeRoyalA B	19:22	38:14	+ 1
55	Chad Lambert	MarshallMi B	19:38	38:21	- 7
56	Harry Brodie	Bedford&Co B	19:01	38:30	+ 11
57	Joseph Reardon	AberdareVa	19:56	38:32	- 14
58	Matthew Linsley	GatesheadH	19:27	38:38	+ 7
59	Declan Toomey	BoltonUnit	20:02	38:40	- 14
60	Mark Couldwell	CharnwoodA	19:38	38:46	+ 2
61	Cedric Hauben	KentAc B	19:06	38:56	+ 11
62	Fionn Kerry	HolmfirthH	20:33	38:58	- 24
63	David Norman	Altrincham	19:19	39:08	+ 7
64	David Song	ValleyStri	20:02	39:12	0
65	Ethan Pierce	SwindonHar	19:33	39:24	+ 8
66	T Osborne	Dudley&Sto	19:25	39:29	+ 10
67	Finley Smith	WorcesterA	20:04	39:40	+ 1
68	Ben Hobson	ChorltonRu	19:47	39:41	+ 7
69	C Patterson	HeanorRC	20:42	39:44	- 10
70	Chris Morgan	Knowle&Dor	19:57	39:47	+ 1
71	Tom Gillbanks	WallaseyAC	21:15	40:01	- 19
72	Nick Blunt	RoyalSutto	20:59	40:05	- 11
73	James Condlyffe	CityOfStok B	20:23	40:14	+ 1
74	Chris Rampling	Medway&Mai	20:43	40:31	- 5
75	Neil Cope	MansfieldH	20:19	40:41	+ 2
76	Andrew Soley	HolmePierr	21:59	40:46	- 23
77	Bruce Raeside	NottsAc B	19:19	41:29	+ 2
78	Paul Bagan	Warrington	20:31	41:46	0

Fastest runners over stage 2:

1	Michael Ward	CardiffAac	17:22
2	Matthew Bergin	Bedford&Co A	17:25
3	Chris Parr	MorpethHar A	17:46
4	Matthew Grieve	LeedsCityA A	17:46
5	Phillip Crout	Shaftesbur	17:47
6	Gus Cockle	AldershotF A	17:47
7	Ricky Harvie	AldershotF B	17:54
8	Paul Mizon	MarshallMi A	17:56
9	Kevin Moore	Brighton&H	18:05
10	Andrew Watt	Bristol&We A	18:05

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- Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain							
1	Liam Dee	Shaftesbur		17:12	52:24	+	1	47	Jonathan Laybourn	HighgateHa B	19:26	57:34	+	3
2	Adam Clarke	AldershotF A		17:23	52:31	-	1	48	Luke Harreld	BuryAC	20:13	57:36	-	15
3	Ieuan Thomas	CardiffAac		17:31	52:44		0	49	Symon Murphy	Pontypridd	19:57	57:38	-	5
4	Philip Sesemann	LeedsCityA A		17:02	53:00	+	10	50	Alex Bradford	SaleHarrie B	19:54	57:43	-	4
5	Jack Gray	Cambridge& A		17:30	53:12	+	1	51	Ian Wood	MarshallMi B	19:28	57:49	+	4
6	Jack Goodwin	Bedford&Co A		17:57	53:19	-	2	52	Tom Holden	TiptonHarr B	20:16	57:56	-	9
7	William Richardson	Birchfield A		17:21	53:40	+	11	53	C Hepworth	EalingSout	19:52	58:05		0
8	Alexander Teuten	Southampto		17:27	53:59	+	14	54	Stuart Doyle	ValeRoyalA B	19:54	58:08		0
9	Robel Bahelbi	HighgateHa A		18:15	54:08	+	3	55	Anthony Johnson	KentAc B	19:14	58:10	+	6
10	William Cork	Brighton&H		18:40	54:15	-	5	56	Marlon Dunkley	Rushcliffe	20:09	58:20	-	5
11	Gavin Hill	SaleHarrie A		18:12	54:19	+	4	57	Charlie Mcmillan	GatesheadH	20:05	58:43	+	1
12	Elliott Hind	MarshallMi A		18:39	54:22	-	5	58	Jacob Droogmans	NewcastleS	21:10	58:46	-	17
13	Adam Stokes	Bristol&We A		18:40	54:31	-	4	59	Anthony Valentine	BoltonUnit	20:19	58:59		0
14	Jamie Goodge	TonbridgeA A		18:49	54:39	-	6	60	Michael Berks	Altrincham	19:58	59:06	+	3
15	George Dollner	Guildford&		18:50	54:42	-	4	61	Matthew Devlin	ChorltonRu	19:46	59:27	+	7
16	Phillip Winkler	MorpethHar A		18:55	54:46	-	6	62	Rav Panesar	ValleyStri	20:25	59:37	+	2
17	C Greenwood	KentAc A		18:12	54:57	+	6	63	Ben Foster	Dudley&Sto	20:30	59:59	+	3
18	Callum Charleston	AldershotF B		19:05	55:01	-	5	64	Clark Hind	HolmfirthH	21:04	1:00:02	-	2
19	Andrew Heyes	Hallamshir		17:37	55:02	+	17	65	Ben Lines	SwindonHar	20:48	1:00:12		0
20	Philip Nicholls	TiptonHarr A		18:42	55:12	+	1	66	Oliver Matharu	HolmePierr	19:36	1:00:22	+	10
21	Carl Hardman	SalfordHar A		18:27	55:18	+	6	67	Paul Harmer	CharnwoodA	21:39	1:00:25	-	7
22	Howell Craske	HerculesWi A		18:37	55:25	+	2	68	Jack Poland	WallaseyAC	20:35	1:00:36	+	3
23	Oliver Paulin	CoventryGo		18:39	55:29	+	2	69	Mark Wilkins	Medway&Mai	20:15	1:00:46	+	5
24	John Ashcroft	LeedsCityA B		18:37	55:39	+	5	70	Robbie Campbell	WorcesterA	21:09	1:00:49	-	3
25	Toby Clyde	ThamesVall		19:20	55:40	-	6	71	John Hayman	RoyalSutto	21:05	1:01:10	+	1
26	Jarratt Perkins	NottsAc A		19:38	55:49	-	9	72	Matt Eardley	CityOfStok B	21:02	1:01:16	+	1
27	Orlando Corea	Birchfield B		19:08	56:00	+	1	73	Robert Plant	HeanorRC	21:50	1:01:34	-	4
28	Tim Raynes	BlackburnH		18:27	56:02	+	12	74	David Carbutt	Knowle&Dor	21:58	1:01:45	-	4
29	Matt Rowlinson	ValeRoyalA A		19:46	56:07	-	9	75	Stephen Watmough	Warrington	20:41	1:02:27	+	3
30	Arron Larkin	RotherhamH		18:55	56:14	+	1	76	Gary Morley	MansfieldH	22:49	1:03:30	-	1
31	Oliver Newman	Cambridge& B		18:56	56:23	+	6	77	Bill Speake	NottsAc B	26:28	1:07:57		0
32	Alexander Mayne	CityOfStok A		19:00	56:32	+	6	Fastest runners over stage 3:						
33	Joseph Clark	HerculesWi B		19:11	56:34	+	1	1	Philip Sesemann	LeedsCityA A	17:02			
34	James Kingston	TonbridgeA B		18:50	56:37	+	11	2	Liam Dee	Shaftesbur	17:12			
35	Richard Burney	LiverpoolH		19:25	56:39	-	5	3	William Richardson	Birchfield A	17:21			
36	Ian News	Stroud&Dis		20:32	56:42	-	20	4	Adam Clarke	AldershotF A	17:23			
37	Michael Hedley	TyneBridge		19:20	56:45	-	2	5	Alexander Teuten	Southampto	17:27			
38	Xavier O'hare	TraffordAC		19:19	56:56	+	4	6	Jack Gray	Cambridge& A	17:30			
39	Chris Maher	LiverpoolP		19:11	57:03	+	8	7	Ieuan Thomas	CardiffAac	17:31			
40	Adam Slodowicz	SalfordHar B		19:36	57:08	-	1	8	Andrew Heyes	Hallamshir	17:37			
41	Steve Dunsby	Birmingham		20:25	57:15	-	15	9	Jack Goodwin	Bedford&Co A	17:57			
42	Steve Pinn	RoundhayRu		19:57	57:17	-	10	10	C Greenwood	KentAc A	18:12			
43	Rhys Boorman	AberdareVa		18:48	57:20	+	14	11	Gavin Hill	SaleHarrie A	18:12			
44	Adam Wilson	Bristol&We B		19:25	57:21	+	4							
45	Gary Crush	CityOfNorw		19:18	57:30	+	7							
46	Richard Henderson	Bedford&Co B		19:01	57:31	+	10							

National Road Relays

at Sutton Park, Birmingham on Sunday 6th October 2019

- Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Richard Allen	AldershotF A	17:26	1:09:57	+ 1
2	Ciaran Lewis	CardiffAac	17:20	1:10:04	+ 1
3	Oliver Lockley	LeedsCityA A	17:26	1:10:26	+ 1
4	Dylan Evans	Shaftesbur	18:14	1:10:38	- 3
5	Omar Ahmed	Birchfield A	16:58	1:10:38	+ 2
6	Joe Smith	Cambridge& A	17:54	1:11:06	- 1
7	Jonathan Janes	Bedford&Co A	18:11	1:11:30	- 1
8	Mahamed Mahamed	Southampto	17:41	1:11:40	0
9	Nigel Martin	SaleHarrie A	17:29	1:11:48	+ 2
10	Daniel Studley	Bristol&We A	17:57	1:12:28	+ 3
11	Sean Renfer	HighgateHa A	18:42	1:12:50	- 2
12	George Lowry	MorpethHar A	18:06	1:12:52	+ 4
13	James Turner	Brighton&H	18:49	1:13:04	- 3
14	Thomas Comerford	MarshallMi A	18:49	1:13:11	- 2
15	Jamie Bryant	TonbridgeA A	18:45	1:13:24	- 1
16	Karl Darcy	SalfordHar A	18:18	1:13:36	+ 5
17	Dave Morgan	KentAc A	18:40	1:13:37	0
18	Linton Taylor	LeedsCityA B	18:00	1:13:39	+ 6
19	Alex Milne	HerculesWi A	18:15	1:13:40	+ 3
20	Matthew Merrick	AldershotF B	18:40	1:13:41	- 2
21	Sam Begg	Guildford&	19:00	1:13:42	- 6
22	Cameron Bell	Hallamshir	18:48	1:13:50	- 3
23	Ben Gamble	TiptonHarr A	19:10	1:14:22	- 3
24	Matthew Battley	CoventryGo	19:10	1:14:39	- 1
25	Lee Milburn	RotherhamH	18:51	1:15:05	+ 5
26	Michael Cameron	ThamesVall	19:32	1:15:12	- 1
27	Stuart King	NottsAc A	19:29	1:15:18	- 1
28	Michael Ellis	TonbridgeA B	19:01	1:15:38	+ 6
29	Ben Costello	BlackburnH	19:44	1:15:46	- 1
30	John Humphries	ValeRoyalA A	19:47	1:15:54	- 1
31	Gamar Adam	SalfordHar B	18:51	1:15:59	+ 9
32	Adam Bull	AberdareVa	18:40	1:16:00	+ 11
33	A Rutherford	LiverpoolH	19:26	1:16:05	+ 2
34	Daniel Swain	Birchfield B	20:11	1:16:11	- 7
35	Cameron Muir	CityOfStok A	19:41	1:16:13	- 3
36	Jordan Wood	Cambridge& B	19:57	1:16:20	- 5
37	Terence Fawden	HighgateHa B	18:50	1:16:24	+ 10
38	Sean Watson	CityOfNorw	18:59	1:16:29	+ 7
39	Mark Wynne	LiverpoolP	19:32	1:16:35	0
40	Ed Blythman	Bedford&Co B	19:08	1:16:39	+ 6
41	Andrew Parker	HerculesWi B	20:06	1:16:40	- 8
42	Jack Blackburn	Pontypridd	19:14	1:16:52	+ 7
43	Matthew Kotara	TraffordAC	19:57	1:16:53	- 5
44	Ben Carrington	Birmingham	19:41	1:16:56	- 3
45	Jevan Robertson	TyneBridge	20:14	1:16:59	- 8
46	Liam Dailey	Stroud&Dis	20:30	1:17:12	- 10
47	Daniel Gray	SaleHarrie B	19:30	1:17:13	+ 3
48	Steve Tuttle	MarshallMi B	19:26	1:17:15	+ 3
49	Nick Roberts	Bristol&We B	19:56	1:17:17	- 5
50	Stephen Corbishley	TiptonHarr B	19:30	1:17:26	+ 2
51	Byron Edwards	BuryAC	19:57	1:17:33	- 3
52	Robert Laing	KentAc B	19:46	1:17:56	+ 3
53	Richard Gibbs	RoundhayRu	21:14	1:18:31	- 11
54	Josh Betteley	ValeRoyalA B	20:48	1:18:56	0
55	Martin Reid	BoltonUnit	20:25	1:19:24	+ 4
56	Mukhtar Farah	EalingSout	21:24	1:19:29	- 3
57	Ian Bayliss	NewcastleS	20:49	1:19:35	+ 1
58	Jonathan Malley	GatesheadH	20:57	1:19:40	- 1
59	Andrew Haney	ChorltonRu	20:15	1:19:42	+ 2
60	Daniel Grant	ValleyStri	20:22	1:19:59	+ 2
61	Graham Moffatt	Rushcliffe	21:57	1:20:17	- 5
62	Eddie George	HolmePierr	20:07	1:20:29	+ 4
63	David Nation	Dudley&Sto	20:38	1:20:37	0
64	Luke Byrne	SwindonHar	20:33	1:20:45	+ 1
65	Kristian Watson	HeanorRC	19:13	1:20:47	+ 8
66	Luke Nuttall	CharnwoodA	20:30	1:20:55	+ 1
67	James Dale	WorcesterA	20:14	1:21:03	+ 3
68	Jacob Harman	HolmfirthH	22:15	1:22:17	- 4
69	Greg Jones	WallaseyAC	21:44	1:22:20	- 1
70	Daniel Malone	Knowle&Dor	21:41	1:23:26	+ 4
71	Benjamin Webb	Warrington	21:14	1:23:41	+ 4
72	Ben Horton	RoyalSutto	23:12	1:24:22	- 1
73	Quinn Austin	Medway&Mai	23:59	1:24:45	- 4
74	Martin Fickling	MansfieldH	21:34	1:25:04	+ 2
75	Roger Grand	CityOfStok B	24:48	1:26:04	- 3
76	Joshua Gardiner	NottsAc B	22:41	1:30:38	+ 1

Fastest runners over stage 4:

1	Omar Ahmed	Birchfield A	16:58
2	Ciaran Lewis	CardiffAac	17:20
3	Oliver Lockley	LeedsCityA A	17:26
4	Richard Allen	AldershotF A	17:26
5	Nigel Martin	SaleHarrie A	17:29
6	Mahamed Mahamed	Southampto	17:41
7	Joe Smith	Cambridge& A	17:54
8	Daniel Studley	Bristol&We A	17:57
9	Linton Taylor	LeedsCityA B	18:00
10	George Lowry	MorpethHar A	18:06

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- Senior Men Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Jake Smith	CardiffAac	17:04	1:27:08	+ 1
2	Joe Morwood	AldershotF A	17:25	1:27:22	- 1
3	Emile Cairaess	LeedsCityA A	17:02	1:27:28	0
4	Marc Scott	Cambridge& A	16:46	1:27:52	+ 2
5	Mark Pearce	Shaftesbur	18:20	1:28:58	- 1
6	Michael Tanner	Birchfield A	18:47	1:29:25	- 1
7	Daniel Kashi	SaleHarrie A	18:40	1:30:28	+ 2
8	Alfred Yabsley	Bedford&Co A	19:03	1:30:33	- 1
9	Jarlath Mckenna	Bristol&We A	18:06	1:30:34	+ 1
10	Max Costley	Southampto	18:55	1:30:35	- 2
11	Alex Brown	MorpethHar A	18:38	1:31:30	+ 1
12	Ryan Driscoll	TonbridgeA A	18:15	1:31:39	+ 3
13	Gary Priestley	SalfordHar A	18:04	1:31:40	+ 3
14	Peter Chambers	HighgateHa A	18:51	1:31:41	- 3
15	Richard Mcdowell	HerculesWi A	18:06	1:31:46	+ 4
16	Tomer Tarragano	Brighton&H	18:49	1:31:53	- 3
17	Jim Allchin	KentAc A	18:20	1:31:57	0
18	Sam Eglan	AldershotF B	18:18	1:31:59	+ 2
19	Jamie Seddon	MarshallMi A	19:05	1:32:16	- 5
20	Ciaran Forde	LeedsCityA B	19:32	1:33:11	- 2
21	James Share	Guildford&	19:32	1:33:14	0
22	James Mccrae	Hallamshir	19:25	1:33:15	0
23	Miles Weatherseed	TonbridgeA B	18:06	1:33:44	+ 5
24	Luke Vine	TiptonHarr A	19:41	1:34:03	- 1
25	Chris Mcgurk	NottsAc A	19:12	1:34:30	+ 2
26	Harvey Speed	CoventryGo	19:57	1:34:36	- 2
27	David Rigby	SalfordHar B	18:40	1:34:39	+ 4
28	Aidan Johnson	RotherhamH	19:37	1:34:42	- 3
29	Ben Russell	LiverpoolH	18:53	1:34:58	+ 4
30	Andrew Miles	ValeRoyalA A	19:06	1:35:00	0
31	Michael Crone	ThamesVall	19:58	1:35:10	- 5
32	Karl Billington	BlackburnH	19:46	1:35:32	- 3
33	Luke Edwards	LiverpoolP	19:06	1:35:41	+ 6
34	Peter Miller	Cambridge& B	19:24	1:35:44	+ 2
35	Mike Harding	CityOfStok A	19:35	1:35:48	0
36	Mark Ince	Birmingham	19:01	1:35:57	+ 8
37	Peter Hawkings	HighgateHa B	19:47	1:36:11	0
38	Ben Griffiths	Birchfield B	20:02	1:36:13	- 4
39	Robert Tuer	HerculesWi B	19:49	1:36:29	+ 2
40	Juan Delgado	Pontypridd	19:42	1:36:34	+ 2
41	William Mullins	Bedford&Co B	19:56	1:36:35	- 1
42	Peter Bains	Bristol&We B	19:30	1:36:47	+ 7
43	Robert Meredith	TiptonHarr B	19:42	1:37:08	+ 7
44	Jacob Griffiths	AberdareVa	21:16	1:37:16	- 12
45	Daniel Pettitt	KentAc B	19:26	1:37:22	+ 7
46	Alex Jones	TraffordAC	20:40	1:37:33	- 3
47	Paul Turnbull	TyneBridge	20:38	1:37:37	- 2
48	Ibrahima Diallo	SaleHarrie B	20:32	1:37:45	- 1
49	Sam Todd	CityOfNorw	21:18	1:37:47	- 11
50	Lee Rankin	Stroud&Dis	21:02	1:38:14	- 4
51	Jeremy Vick	MarshallMi B	21:00	1:38:15	- 3
52	Franco Pardini	RoundhayRu	20:01	1:38:32	+ 1
53	Jack Griffiths	BuryAC	21:49	1:39:22	- 2
54	Steven Medd	GatesheadH	20:32	1:40:12	+ 4
55	Ethan O'shea	CharnwoodA	19:25	1:40:20	+ 11
56	Nick Steel	EalingSout	21:07	1:40:36	0
57	Tim Sharman	NewcastleS	21:03	1:40:38	0
58	William Mckay	ValeRoyalA B	21:51	1:40:47	- 4
59	Daryl Hibberd	ValleyStri	20:53	1:40:52	+ 1
60	Simon Byrne	SwindonHar	20:09	1:40:54	+ 4
61	Daniel Vasey	ChorltonRu	21:55	1:41:37	- 2
62	Michael Miller	HolmePierr	21:25	1:41:54	0
63	Shane Rice	HeanorRC	21:10	1:41:57	+ 2
64	David Ratcliffe	Dudley&Sto	21:27	1:42:04	- 1
65	Chris Harle	WorcesterA	21:28	1:42:31	+ 2
66	David Chrystal	BoltonUnit	23:14	1:42:38	- 11
67	Morgan Alexander	Rushcliffe	23:18	1:43:35	- 6
68	Marley Godden	Medway&Mai	19:33	1:44:18	+ 5
69	Leighton Sharman	Warrington	20:43	1:44:24	+ 2
70	Steve Brealey	WallaseyAC	22:05	1:44:25	- 1
71	Steven Whatmore	Knowle&Dor	21:59	1:45:25	- 1
72	Jordan Boam	MansfieldH	21:16	1:46:20	+ 2
73	Martin Clutterbuck	RoyalSutto	22:49	1:47:11	- 1
74	Ashley Dennett	CityOfStok B	22:00	1:48:04	+ 1
75	Craig Sheard	HolmfirthH	27:28	1:49:45	- 7
76	Steve Long	NottsAc B	20:12	1:50:50	0

Fastest runners over stage 5:

1	Marc Scott	Cambridge& A	16:46
2	Emile Cairaess	LeedsCityA A	17:02
3	Jake Smith	CardiffAac	17:04
4	Joe Morwood	AldershotF A	17:25
5	Gary Priestley	SalfordHar A	18:04
6	Jarlath Mckenna	Bristol&We A	18:06
7	Miles Weatherseed	TonbridgeA B	18:06
8	Richard Mcdowell	HerculesWi A	18:06
9	Ryan Driscoll	TonbridgeA A	18:15
10	Sam Eglan	AldershotF B	18:18

National Road Relays

at Sutton Park, Birmingham on Sunday 6th October 2019

- Senior Men Stage 6 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain
1	Graham Rush	LeedsCityA	A	17:18	1:44:46	+	2
2	Ellis Cross	AldershotF	A	17:57	1:45:19		0
3	Thomas Keen	Cambridge&	A	17:45	1:45:37	+	1
4	James Thie	CardiffAac		18:44	1:45:52	-	3
5	Thomas Butler	Shaftesbur		18:30	1:47:28		0
6	Ed Banks	Birchfield	A	18:25	1:47:50		0
7	Kurt Taylor	Bristol&We	A	18:09	1:48:43	+	2
8	Carl Avery	MorpethHar	A	17:22	1:48:52	+	3
9	William Onek	SaleHarrie	A	18:27	1:48:55	-	2
10	Jonathan Roberts	Southampto		18:22	1:48:57		0
11	Michael Channing	Bedford&Co	A	19:09	1:49:42	-	3
12	Kieran Reilly	TonbridgeA	A	18:10	1:49:49		0
13	Tom Jervis	HerculesWi	A	18:06	1:49:52	+	2
14	Alex Crossland	HighgateHa	A	18:29	1:50:10		0
15	Tom Cornthwaite	SalfordHar	A	18:34	1:50:14	-	2
16	Alex Pointon	AldershotF	B	18:21	1:50:20	+	2
17	Ben Harding	KentAc	A	18:25	1:50:22		0
18	Tom Eames	Brighton&H		18:50	1:50:43	-	2
19	Graham Jones	MarshallMi	A	19:22	1:51:38		0
20	Mohamed Abshir	LeedsCityA	B	18:48	1:51:59		0
21	Connor Milnes	Hallamshir		18:49	1:52:04	+	1
22	Matthew Mcdaniel	Guildford&		19:21	1:52:35	-	1
23	Dan Schofield	TonbridgeA	B	19:27	1:53:11		0
24	Adam Soley	TiptonHarr	A	19:14	1:53:17		0
25	Thomas Rogerson	LiverpoolH		18:40	1:53:38	+	4
26	Tim Hartley	NottsAc	A	19:12	1:53:42	-	1
27	Ben Fish	BlackburnH		18:24	1:53:56	+	5
28	Bruno Lima	SalfordHar	B	19:19	1:53:58	-	1
29	Joseph Mcleod	CoventryGo		19:31	1:54:07	-	3
30	Ryan Moore	ValeRoyalA	A	19:30	1:54:30		0
31	Gareth Sampson	RotherhamH		19:58	1:54:40	-	3
32	Duncan Coombs	Cambridge&	B	19:03	1:54:47	+	2
33	Tony O'Brien	LiverpoolP		19:08	1:54:49		0
34	Henry Brocklehurst	Birmingham		19:02	1:54:59	+	2
35	Ewan Short	Pontypridd		18:26	1:55:00	+	5
36	Dean Richardson	CityOfStok	A	19:52	1:55:40	-	1
37	Andrew Ridley	Birchfield	B	19:41	1:55:54	+	1
38	Harry Allen	Bristol&We	B	19:09	1:55:56	+	4
39	Oliver Kean	HighgateHa	B	19:47	1:55:58	-	2
40	Naol Abagibe	ThamesVall		21:18	1:56:28	-	9
41	Cameron Forrest	KentAc	B	19:15	1:56:37	+	4
42	Harvey Maguire	TiptonHarr	B	19:34	1:56:42	+	1
43	Matthew Nicholson	Bedford&Co	B	20:09	1:56:44	-	2
44	George Gay	CityOfNorw		19:32	1:57:19	+	5
45	Matthew Gibbons	HerculesWi	B	21:35	1:58:04	-	6
46	Jonathan Wills	RoundhayRu		19:39	1:58:11	+	6
47	Greg Kelly	TraffordAC		20:48	1:58:21	-	1
48	Shaun Pinch	AberdareVa		21:19	1:58:35	-	4
49	Tony Carter	TyneBridge		21:36	1:59:13	-	2
50	Rob Fairbanks	SaleHarrie	B	21:58	1:59:43	-	2
51	Jason Barry	Stroud&Dis		21:40	1:59:54	-	1
52	Stephen Ratcliffe	MarshallMi	B	21:48	2:00:03	-	1
53	J Taylorcaldwell	EalingSout		19:34	2:00:10	+	3
54	Stephen Mears	CharnwoodA		20:08	2:00:28	+	1
55	Jonathan Young	ValleyStri		19:54	2:00:46	+	4
56	Steven Asquith	GatesheadH		20:40	2:00:52	-	2
57	Paul Johnston	BuryAC		21:59	2:01:21	-	4
58	Omer Homer	SwindonHar		20:53	2:01:47	+	2
59	F Macdonaldoulds	ChorltonRu		20:38	2:02:15	+	2
60	Andrew Walker	NewcastleS		21:39	2:02:17	-	3
61	Luke Sheppard	WorcesterA		19:57	2:02:28	+	4
62	Gareth Williams	ValeRoyalA	B	21:47	2:02:34	-	4
63	Robert Meyer	Medway&Mai		18:31	2:02:49	+	5
64	James Kirkwood	HolmePierr		21:48	2:03:42	-	2
65	Adam Bodin	Dudley&Sto		22:09	2:04:13	-	1
66	Chris Povey	BoltonUnit		22:13	2:04:51		0
67	Luke Gamble	Warrington		20:48	2:05:12	+	2
68	Nick Woolley	Knowle&Dor		19:53	2:05:18	+	3
69	Paul Wright	MansfieldH		19:08	2:05:28	+	3
70	Ryan Blake	HeanorRC		24:13	2:06:10	-	7
71	Alex Norton	WallaseyAC		22:30	2:06:55	-	1
72	Kevin Baker	Rushcliffe		24:09	2:07:44	-	5
73	Sam Crawford	RoyalSutto		21:34	2:08:45		0
74	Jordan Thomas	CityOfStok	B	21:04	2:09:08		0
75	Alex Robinson	HolmfirthH		21:39	2:11:24		0
76	Steven Leek	NottsAc	B	25:55	2:16:45		0

Fastest runners over stage 6:

1	Graham Rush	LeedsCityA	A	17:18
2	Carl Avery	MorpethHar	A	17:22
3	Thomas Keen	Cambridge&	A	17:45
4	Ellis Cross	AldershotF	A	17:57
5	Tom Jervis	HerculesWi	A	18:06
6	Kurt Taylor	Bristol&We	A	18:09
7	Kieran Reilly	TonbridgeA	A	18:10
8	Alex Pointon	AldershotF	B	18:21
9	Jonathan Roberts	Southampto		18:22
10	Ben Fish	BlackburnH		18:24

National Road Relays

at Sutton Park, Birmingham on Sunday 6th October 2019

Senior Men — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Leeds City AC 'A' 1:44:46</p> <p>1 Ossama Meslek (29) 18:12 2 Matthew Grieve (14) 17:46 3 Philip Sesemann (4) 17:02 4 Oliver Lockley (3) 17:26 5 Emile Caires (3) 17:02 6 Graham Rush (1) 17:18</p>	<p>14 Highgate Harriers 'A' 1:50:10</p> <p>1 Alex Lepretre (7) 17:36 2 Robert Wilson (12) 18:17 3 Robel Bahelbi (9) 18:15 4 Sean Renfer (11) 18:42 5 Peter Chambers (14) 18:51 6 Alex Crossland (14) 18:29</p>
<p>2 Aldershot Farnham & District 'A' 1:45:19</p> <p>1 Joshua Grace (3) 17:21 2 Gus Cockle (1) 17:47 3 Adam Clarke (2) 17:23 4 Richard Allen (1) 17:26 5 Joe Morwood (2) 17:25 6 Ellis Cross (2) 17:57</p>	<p>15 Salford Harriers & AC 'A' 1:50:14</p> <p>1 Joseph Bailey (26) 18:04 2 Elliot Palmer (27) 18:47 3 Carl Hardman (21) 18:27 4 Karl Darcy (16) 18:18 5 Gary Priestley (13) 18:04 6 Tom Comthwaite (15) 18:34</p>
<p>3 Cambridge & Coleridge AC 'A' 1:45:37</p> <p>1 Escalante Phillips (2) 17:19 2 James Dunce (6) 18:23 3 Jack Gray (5) 17:30 4 Joe Smith (6) 17:54 5 Marc Scott (4) 16:46 6 Thomas Keen (3) 17:45</p>	<p>16 Aldershot Farnham & District 'B' 1:50:20</p> <p>1 Luke Prior (23) 18:02 2 Ricky Harvie (13) 17:54 3 Callum Charleston (18) 19:05 4 Matthew Merrick (20) 18:40 5 Sam Eglan (18) 18:18 6 Alex Pointon (16) 18:21</p>
<p>4 Cardiff Aac 1:45:52</p> <p>1 James Heneghan (17) 17:51 2 Michael Ward (3) 17:22 3 Ieuan Thomas (3) 17:31 4 Ciaran Lewis (2) 17:20 5 Jake Smith (1) 17:04 6 James Thie (4) 18:44</p>	<p>17 Kent AC 'A' 1:50:22</p> <p>1 Chris Busaileh (44) 18:38 2 Owen Hind (23) 18:07 3 C Greenwood (17) 18:12 4 Dave Morgan (17) 18:40 5 Jim Allchin (17) 18:20 6 Ben Harding (17) 18:25</p>
<p>5 Shaftesbury Barnet Harriers 1:47:28</p> <p>1 Jake Shelley (5) 17:25 2 Phillip Crout (2) 17:47 3 Liam Dee (1) 17:12 4 Dylan Evans (4) 18:14 5 Mark Pearce (5) 18:20 6 Thomas Butler (5) 18:30</p>	<p>18 Brighton & Hove AC 1:50:43</p> <p>1 Ian Crowewright (6) 17:30 2 Kevin Moore (5) 18:05 3 William Cork (10) 18:40 4 James Turner (13) 18:49 5 Tomer Tarragano (16) 18:49 6 Tom Eames (18) 18:50</p>
<p>6 Birchfield Harriers 'A' 1:47:50</p> <p>1 Alexander Tovey (14) 17:48 2 Sam Johnson (18) 18:31 3 William Richardson (7) 17:21 4 Omar Ahmed (5) 16:58 5 Michael Tanner (6) 18:47 6 Ed Banks (6) 18:25</p>	<p>19 Marshall Milton Keynes AC 'A' 1:51:38</p> <p>1 James Tuttle (13) 17:47 2 Paul Mizon (7) 17:56 3 Elliot Hind (12) 18:39 4 Thomas Comerford (14) 18:49 5 Jamie Seddon (19) 19:05 6 Graham Jones (19) 19:22</p>
<p>7 Bristol & West AC 'A' 1:48:43</p> <p>1 Jack Millar (11) 17:46 2 Andrew Watt (9) 18:05 3 Adam Stokes (13) 18:40 4 Daniel Studley (10) 17:57 5 Jarlath McKenna (9) 18:06 6 Kurt Taylor (7) 18:09</p>	<p>20 Leeds City AC 'B' 1:51:59</p> <p>1 Alexander Bellew (28) 18:08 2 J Woodcockshaw (29) 18:54 3 John Ashcroft (24) 18:37 4 Linton Taylor (18) 18:00 5 Ciaran Forde (20) 19:32 6 Mohamed Abshir (20) 18:48</p>
<p>8 Morpeth Harriers & AC 'A' 1:48:52</p> <p>1 Sam Hancox (27) 18:05 2 Chris Parr (10) 17:46 3 Phillip Winkler (16) 18:55 4 George Lowry (12) 18:06 5 Alex Brown (11) 18:38 6 Carl Avery (8) 17:22</p>	<p>21 Hallamshire Harriers Sheffield 1:52:04</p> <p>1 Dave Archer (33) 18:18 2 John Birch (36) 19:07 3 Andrew Heyes (19) 17:37 4 Cameron Bell (22) 18:48 5 James McCrae (22) 19:25 6 Connor Milnes (21) 18:49</p>
<p>9 Sale Harriers Manchester 'A' 1:48:55</p> <p>1 Philip Robertson (16) 17:49 2 Matthew Barnes (15) 18:18 3 Gavin Hill (11) 18:12 4 Nigel Martin (9) 17:29 5 Daniel Kashi (7) 18:40 6 William Onek (9) 18:27</p>	<p>22 Guildford & Godalming AC 1:52:35</p> <p>1 John Sanderson (4) 17:22 2 Tom Foster (11) 18:30 3 George Dollner (15) 18:50 4 Sam Begg (21) 19:00 5 James Share (21) 19:32 6 Matthew McDaniel (22) 19:21</p>
<p>10 Southampton AC 1:48:57</p> <p>1 Matthew Revier (20) 17:58 2 Ben Brewster (22) 18:34 3 Alexander Teuten (8) 17:27 4 Mahamed Mahamed (8) 17:41 5 Max Costley (10) 18:55 6 Jonathan Roberts (10) 18:22</p>	<p>23 Tonbridge AC 'B' 1:53:11</p> <p>1 Will Beeston (54) 18:50 2 James Puxty (45) 18:57 3 James Kingston (34) 18:50 4 Michael Ellis (28) 19:01 5 Miles Weatherseed (23) 18:06 6 Dan Schofield (23) 19:27</p>
<p>11 Bedford & County AC 'A' 1:49:42</p> <p>1 Matthew Bray (19) 17:57 2 Matthew Bergin (4) 17:25 3 Jack Goodwin (6) 17:57 4 Jonathan Janes (7) 18:11 5 Alfred Yabsley (8) 19:03 6 Michael Channing (11) 19:09</p>	<p>24 Tipton Harriers 'A' 1:53:17</p> <p>1 Ian Williams (30) 18:14 2 Peter Brookes (21) 18:16 3 Philip Nicholls (20) 18:42 4 Ben Gamble (23) 19:10 5 Luke Vine (24) 19:41 6 Adam Soley (24) 19:14</p>
<p>12 Tonbridge AC 'A' 1:49:49</p> <p>1 Ben Cole (8) 17:38 2 Alasdair Kinloch (8) 18:12 3 Jamie Goodge (14) 18:49 4 Jamie Bryant (15) 18:45 5 Ryan Driscoll (12) 18:15 6 Kieran Reilly (12) 18:10</p>	<p>25 Liverpool Harriers & AC 1:53:38</p> <p>1 Matthew Jackson (51) 18:46 2 Daniel Preston (30) 18:28 3 Richard Burney (35) 19:25 4 A Rutherford (33) 19:26 5 Ben Russell (29) 18:53 6 Thomas Rogerson (25) 18:40</p>
<p>13 Hercules Wimbledon AC 'A' 1:49:52</p> <p>1 Ross Franks (34) 18:19 2 Charlie Eastaugh (24) 18:29 3 Howell Craske (22) 18:37 4 Alex Milne (19) 18:15 5 Richard McDowell (15) 18:06 6 Tom Jervis (13) 18:06</p>	<p>26 Notts AC 'A' 1:53:42</p> <p>1 Douglas Musson (18) 17:55 2 Freddie Hessian (17) 18:16 3 Jarratt Perkins (26) 19:38 4 Stuart King (27) 19:29 5 Chris Mcgurk (25) 19:12 6 Tim Hartley (26) 19:12</p>

National Road Relays

at Sutton Park, Birmingham on Sunday 6th October 2019

27 Blackburn Harriers & AC	1:53:56	41 Kent AC	'B' 1:56:37
1 Robert Warner (12) 17:46	2 C Davies (40) 19:49	1 Neil Phillips (72) 19:50	2 Cedric Hauben (61) 19:06
3 Tim Raynes (28) 18:27	4 Ben Costello (29) 19:44	3 Anthony Johnson (55) 19:14	4 Robert Laing (52) 19:46
5 Karl Billington (32) 19:46	6 Ben Fish (27) 18:24	5 Daniel Pettitt (45) 19:26	6 Cameron Forrest (41) 19:15
28 Salford Harriers & AC	'B' 1:53:58	42 Tipton Harriers	'B' 1:56:42
1 Callum Rowlinson (66) 19:16	2 C Richards (39) 18:16	1 Nick Hardy (57) 18:59	2 Joe Smith (43) 18:41
3 Adam Slodowicz (40) 19:36	4 Gamar Adam (31) 18:51	3 Tom Holden (52) 20:16	4 Stephen Corbishley (50) 19:30
5 David Rigby (27) 18:40	6 Bruno Lima (28) 19:19	5 Robert Meredith (43) 19:42	6 Harvey Maguire (42) 19:34
29 Coventry Godiva Harriers	1:54:07	43 Bedford & County AC	'B' 1:56:44
1 Miles Clisham (40) 18:30	2 MMohamed (25) 18:20	1 Pete Benedickter (67) 19:29	2 Harry Brodie (56) 19:01
3 Oliver Paulin (23) 18:39	4 Matthew Battley (24) 19:10	3 Richard Henderson (46) 19:01	4 Ed Blythman (40) 19:08
5 Harvey Speed (26) 19:57	6 Joseph Mcleod (29) 19:31	5 William Mullins (41) 19:56	6 Matthew Nicholson (43) 20:09
30 Vale Royal AC	'A' 1:54:30	44 City Of Norwich AC	1:57:19
1 Chris Pery (15) 17:48	2 Arun Dight (20) 18:33	1 Ben Spratling (49) 18:44	2 Sam Coyne (52) 19:28
3 Matt Rowlinson (29) 19:46	4 John Humphries (30) 19:47	3 Gary Crush (45) 19:18	4 Sean Watson (38) 18:59
5 Andrew Miles (30) 19:06	6 Ryan Moore (30) 19:30	5 Sam Todd (49) 21:18	6 George Gay (44) 19:32
31 Rotherham Harriers & AC	1:54:40	45 Hercules Wimbledon AC	'B' 1:58:04
1 Joseph Massingham (41) 18:34	2 Daniel Kestrel (31) 18:45	1 Frederick Slemeck (47) 18:42	2 Finn Johnson (34) 18:41
3 Arron Larkin (30) 18:55	4 Lee Milburn (25) 18:51	3 Joseph Clark (33) 19:11	4 Andrew Parker (41) 20:06
5 Aidan Johnson (28) 19:37	6 Gareth Sampson (31) 19:58	5 Robert Tuer (39) 19:49	6 Matthew Gibbons (45) 21:35
32 Cambridge & Coleridge AC	'B' 1:54:47	46 Roundhay Runners	1:58:11
1 Michael Gilbert (46) 18:41	2 Nicolas Harhalakis (37) 18:46	1 Callum Elson (24) 18:03	2 M Valeropalacios (32) 19:17
3 Oliver Newman (31) 18:56	4 Jordan Wood (36) 19:57	3 Steve Pinn (42) 19:57	4 Richard Gibbs (53) 21:14
5 Peter Miller (34) 19:24	6 Duncan Coombs (32) 19:03	5 Franco Pardini (52) 20:01	6 Jonathan Wills (46) 19:39
33 Liverpool Pembroke & Sefton H	1:54:49	47 Trafford AC	1:58:21
1 Daniel Slater (39) 18:29	2 Ross Harrison (47) 19:23	1 Jay Ferns (22) 18:01	2 Jeff Prest (42) 19:36
3 Chris Maher (39) 19:11	4 Mark Wynne (39) 19:32	3 Xavier O'hare (38) 19:19	4 Matthew Kotara (43) 19:57
5 Luke Edwards (33) 19:06	6 Tony Obrien (33) 19:08	5 Alex Jones (46) 20:40	6 Greg Kelly (47) 20:48
34 Birmingham Running Athletics &	1:54:59	48 Aberdare Valley Aac	1:58:35
1 Daniel Robinson (36) 18:21	2 Karl Welborn (26) 18:29	1 Daniel Bodman (43) 18:36	2 Joseph Reardon (57) 19:56
3 Steve Dunsby (41) 20:25	4 Ben Carrington (44) 19:41	3 Rhys Boorman (43) 18:48	4 Adam Bull (32) 18:40
5 Mark Ince (36) 19:01	6 Henry Brocklehurst (34) 19:02	5 Jacob Griffiths (44) 21:16	6 Shaun Pinch (48) 21:19
35 Pontypridd Roadents AC	1:55:00	49 Tyne Bridge Harriers	1:59:13
1 Paul Graham (25) 18:03	2 Andrew How (44) 19:38	1 Tom Charlton (31) 18:15	2 Kieran Reay (35) 19:10
3 Symon Murphy (49) 19:57	4 Jack Blackburn (42) 19:14	3 Michael Hedley (37) 19:20	4 Jevan Robertson (45) 20:14
5 Juan Delgado (40) 19:42	6 Ewan Short (35) 18:26	5 Paul Turnbull (47) 20:38	6 Tony Carter (49) 21:36
36 City Of Stoke AC	'A' 1:55:40	50 Sale Harriers Manchester	'B' 1:59:43
1 David Sheldon (42) 18:36	2 Ian Salt (38) 18:56	1 Joseph Vis (56) 18:55	2 James Wignall (46) 18:54
3 Alexander Mayne (32) 19:00	4 Cameron Muir (35) 19:41	3 Alex Bradford (50) 19:54	4 Daniel Gray (47) 19:30
5 Mike Harding (35) 19:35	6 Dean Richardson (36) 19:52	5 Ibrahima Diallo (48) 20:32	6 Rob Fairbanks (50) 21:58
37 Birchfield Harriers	'B' 1:55:54	51 Stroud & District AC	1:59:54
1 Thomas Beasley (35) 18:20	2 Jonathan Bradford (28) 18:32	1 Thomas Mortimer (9) 17:43	2 Lee Stopford (16) 18:27
3 Orlando Corea (27) 19:08	4 Daniel Swain (34) 20:11	3 Ian Newns (36) 20:32	4 Liam Dailey (46) 20:30
5 Ben Griffiths (38) 20:02	6 Andrew Ridley (37) 19:41	5 Lee Rankin (50) 21:02	6 Jason Barry (51) 21:40
38 Bristol & West AC	'B' 1:55:56	52 Marshall Milton Keynes AC	'B' 2:00:03
1 Jed Bartlett (60) 19:04	2 Henry Cochrane (48) 18:52	1 Samuel Winters (48) 18:43	2 Chad Lambert (55) 19:38
3 Adam Wilson (44) 19:25	4 Nick Roberts (49) 19:56	3 Ian Wood (51) 19:28	4 Steve Tuttle (48) 19:26
5 Peter Bains (42) 19:30	6 Harry Allen (38) 19:09	5 Jeremy Vick (51) 21:00	6 Stephen Ratcliffe (52) 21:48
39 Highgate Harriers	'B' 1:55:58	53 Ealing Southall & Middlesex AC	2:00:10
1 Charlie Haywood (63) 19:09	2 Niki Faulkner (50) 18:59	1 Ben Waterman (50) 18:45	2 Oliver Way (53) 19:28
3 Jonathan Laybourn (47) 19:26	4 Terence Fawden (37) 18:50	3 C Hepworth (53) 19:52	4 Mukhtar Farah (56) 21:24
5 Peter Hawkings (37) 19:47	6 Oliver Kean (39) 19:47	5 Nick Steel (56) 21:07	6 J Taylorcaldwell (53) 19:34
40 Thames Valley Harriers	1:56:28	54 Charnwood A C	2:00:28
1 Daniel Mulryan (10) 17:45	2 Conor Kissanewood (19) 18:35	1 K Colemansmith (62) 19:08	2 Mark Couldwell (60) 19:38
3 Toby Clyde (25) 19:20	4 Michael Cameron (26) 19:32	3 Paul Harmer (67) 21:39	4 Luke Nuttall (66) 20:30
5 Michael Crone (31) 19:58	6 Naol Abagibe (40) 21:18	5 Ethan O'shea (55) 19:25	6 Stephen Mears (54) 20:08

National Road Relays

at Sutton Park, Birmingham on Sunday 6th October 2019

<p>55 Valley Striders AC 2:00:46</p> <p>1 John Hobbs (64) 19:10 2 David Song (64) 20:02 3 Rav Panesar (62) 20:25 4 Daniel Grant (60) 20:22 5 Daryl Hibberd (59) 20:53 6 Jonathan Young (55) 19:54</p>	<p>69 Mansfield Harriers 2:05:28</p> <p>1 Ben Burnham (77) 20:22 2 Neil Cope (75) 20:19 3 Gary Morley (76) 22:49 4 Martin Fickling (74) 21:34 5 Jordan Boam (72) 21:16 6 Paul Wright (69) 19:08</p>
<p>56 Gateshead Harriers & AC 2:00:52</p> <p>1 James Cripwell (65) 19:11 2 Matthew Linsley (58) 19:27 3 Charlie Mcmillan (57) 20:05 4 Jonathan Malley (58) 20:57 5 Steven Medd (54) 20:32 6 Steven Asquith (56) 20:40</p>	<p>70 Heanor RC 2:06:10</p> <p>1 Dale Annable (59) 19:02 2 C Patterson (69) 20:42 3 Robert Plant (73) 21:50 4 Kristian Watson (65) 19:13 5 Shane Rice (63) 21:10 6 Ryan Blake (70) 24:13</p>
<p>57 Bury AC 2:01:21</p> <p>1 Benjamin Coop (32) 18:17 2 Josh Birmingham (33) 19:06 3 Luke Harreld (48) 20:13 4 Byron Edwards (51) 19:57 5 Jack Griffiths (53) 21:49 6 Paul Johnston (57) 21:59</p>	<p>71 Wallasey AC 2:06:55</p> <p>1 Joseph Boden (52) 18:46 2 Tom Gillbanks (71) 21:15 3 Jack Poland (68) 20:35 4 Greg Jones (69) 21:44 5 Steve Brealey (70) 22:05 6 Alex Norton (71) 22:30</p>
<p>58 Swindon Harriers 2:01:47</p> <p>1 Courtney Chessell (73) 19:51 2 Ethan Pierce (65) 19:33 3 Ben Lines (65) 20:48 4 Luke Byrne (64) 20:33 5 Simon Byrne (60) 20:09 6 Omer Homer (58) 20:53</p>	<p>72 Rushcliffe AC 2:07:44</p> <p>1 Joseph Tuffin (37) 18:24 2 Stephen Dickens (51) 19:47 3 Marlon Dunkley (56) 20:09 4 Graham Moffatt (61) 21:57 5 Morgan Alexander (67) 23:18 6 Kevin Baker (72) 24:09</p>
<p>59 Chorlton Runners 2:02:15</p> <p>1 James Savage (75) 19:54 2 Ben Hobson (68) 19:47 3 Matthew Devlin (61) 19:46 4 Andrew Haney (59) 20:15 5 Daniel Vasey (61) 21:55 6 F Macdonaldoulds (59) 20:38</p>	<p>73 Royal Sutton Coldfield AC 2:08:45</p> <p>1 Oliver Harradence (61) 19:06 2 Nick Blunt (72) 20:59 3 John Hayman (71) 21:05 4 Ben Horton (72) 23:12 5 Martin Clutterbuck (73) 22:49 6 Sam Crawford (73) 21:34</p>
<p>60 Newcastle Staffs AC 2:02:17</p> <p>1 Felix Mcgrath (21) 17:59 2 Lewis Nagington (41) 19:37 3 Jacob Droogmans (58) 21:10 4 Ian Bayliss (57) 20:49 5 Tim Sharmar (57) 21:03 6 Andrew Walker (60) 21:39</p>	<p>74 City Of Stoke AC 'B' 2:09:08</p> <p>1 Jake Spilsbury (74) 19:51 2 James Condlyffe (73) 20:23 3 Matt Eardley (72) 21:02 4 Roger Grand (75) 24:48 5 Ashley Dennett (74) 22:00 6 Jordan Thomas (74) 21:04</p>
<p>61 Worcester AC 2:02:28</p> <p>1 Benedict Duncan (68) 19:36 2 Finley Smith (67) 20:04 3 Robbie Campbell (70) 21:09 4 James Dale (67) 20:14 5 Chris Harle (65) 21:28 6 Luke Sheppard (61) 19:57</p>	<p>75 Holmfirth Harriers AC 2:11:24</p> <p>1 Aaron Kettlewell (38) 18:25 2 Fionn Kerry (62) 20:33 3 Clark Hind (64) 21:04 4 Jacob Harman (68) 22:15 5 Craig Sheard (75) 27:28 6 Alex Robinson (75) 21:39</p>
<p>62 Vale Royal AC 'B' 2:02:34</p> <p>1 Matthew McCormack (55) 18:52 2 Alexander Doyle (54) 19:22 3 Stuart Doyle (54) 19:54 4 Josh Betteley (54) 20:48 5 William Mckay (58) 21:51 6 Gareth Williams (62) 21:47</p>	<p>76 Notts AC 'B' 2:16:45</p> <p>1 Sam Godwin (79) 22:10 2 Bruce Raeside (77) 19:19 3 Bill Speake (77) 26:28 4 Joshua Gardiner (76) 22:41 5 Steve Long (76) 20:12 6 Steven Leek (76) 25:55</p>
<p>63 Medway & Maidstone AC 2:02:49</p> <p>1 Tom Collins (69) 19:48 2 Chris Rampling (74) 20:43 3 Mark Wilkins (69) 20:15 4 Quinn Austin (73) 23:59 5 Marley Godden (68) 19:33 6 Robert Meyer (63) 18:31</p>	<p>Incomplete Teams:</p> <p style="text-align: center;">Altrincham & District AC</p> <p>1 Adam Gooch (70) 19:49 2 David Norman (63) 19:19 3 Michael Berks (60) 19:58</p> <p style="text-align: center;">Newham & Essex Beagles AC</p> <p>1 Frank Baddick (1) 17:18 2 Wayne Bell (49) 20:40</p> <p style="text-align: center;">Morpeth Harriers & AC 'B'</p> <p>1 Daniel Melling (58) 19:00</p>
<p>64 Holme Pierrepont RC 2:03:42</p> <p>1 Daniel Bagley (53) 18:47 2 Andrew Soley (76) 21:59 3 Oliver Matharu (66) 19:36 4 Eddie George (62) 20:07 5 Michael Miller (62) 21:25 6 James Kirkwood (64) 21:48</p>	<p>Fastest of all legs</p> <p>1 Marc Scott Cambridge & A 16:46 (5) 2 Omar Ahmed Birchfield A 16:58 (4) 3 Emile Caisse Leeds City A A 17:02 (5) = Philip Sesemann Leeds City A A 17:02 (3) 5 Jake Smith Cardiff Aac 17:04 (5) 6 Liam Dee Shaftesbur 17:12 (3) 7 Graham Rush Leeds City A A 17:18 (6) = Frank Baddick Newham & Ess 17:18 (1) 9 Escalantephillips Cambridge & A 17:19 (1) 10 Ciaran Lewis Cardiff Aac 17:20 (4)</p>
<p>65 Dudley & Stourbridge Harriers 2:04:13</p> <p>1 Tom Isherwood (76) 20:04 2 T Osborne (66) 19:25 3 Ben Foster (63) 20:30 4 David Nation (63) 20:38 5 David Ratcliffe (64) 21:27 6 Adam Bodin (65) 22:09</p>	<p>66 Bolton United Harriers & AC 2:04:51</p> <p>1 Jonathan Kay (45) 18:38 2 Declan Toomey (59) 20:02 3 Anthony Valentine (59) 20:19 4 Martin Reid (55) 20:25 5 David Chrystal (66) 23:14 6 Chris Povey (66) 22:13</p>
<p>67 Warrington A C 2:05:12</p> <p>1 Tom Greaves (78) 21:15 2 Paul Bagan (78) 20:31 3 Stephen Watmough (75) 20:41 4 Benjamin Webb (71) 21:14 5 Leighton Sharman (69) 20:43 6 Luke Gamble (67) 20:48</p>	<p>68 Knowle & Dorridge RC 2:05:18</p> <p>1 Gareth Wainwright (71) 19:50 2 Chris Morgan (70) 19:57 3 David Carbutt (74) 21:58 4 Daniel Malone (70) 21:41 5 Steven Whatmore (71) 21:59 6 Nick Woolley (68) 19:53</p>