



Amateur Athletic
Association

**ERRA MEN'S 12 STAGE AND
WOMEN'S 6 STAGE NATIONAL
ROAD RELAY CHAMPIONSHIPS
IN ASSOCIATION WITH ENGLAND ATHLETICS
SUTTON PARK, SUTTON COLDFIELD, BIRMINGHAM
SATURDAY 6TH APRIL 2019**

TIMETABLE

11.00	Under 17 Men 5k	11.05	Under 17 Women 5k
11.15	Under 15 Boys 5k	11.20	Under 15 Girls 5k
12.00 noon	Senior Men	6 x 5.38 miles (long) & 6 x 3.16 (short)	
12.20	Senior Women	2 x 5.38 miles (long) & 4 x 3.16 (short)	
12.25	5k Presentation		

OFFICIALS

REFEREE:-	Joe MOWER
ASSISTANT REFEREE:-	Graham HEELEY
CHIEF JUDGE:-	Arwel WILLIAMS
ASSCH JUDGE:-	Gareth BAGGULEY
CLERK OF COURSE:-	ALiam BRADLEY, Aldridge RC.
JUDGES:-	Anne BRIMAGE, David CORDELL, Peter CRAWSHAW, Noel McKAKLY, Fred PIDGEON, Jane PIDGEON, Ken TAYLOR, Jane VICK, John TEMPERTON, Nick FOLWELL, Sharon HERBERT. . .
CHIEF TIMEKEEPER:-	John VICKERS
TIMEKEEPERS:-	Pam BUNGAY, Roger EVERTON, Les VENMORE , Eddie GUTTERIDGE, Kevin JOHNS, David LINDSEY, Steve ROE, Donna BARRINGTON-SMITH.
CHANGE OVER CHIEF:-	Terry BAILEY.
START & CHANGE OVER STEWARDS:-	Kay ADCOCKS. Terry ALCOCK, Graham CURTIS, Paul FELTON, Cath McGRATH, Maryon O'DONNELL, Alan ROBINSON, Pam ROGERS Angie ROE, Neil VICK.
ANNOUNCER:-	George PATTERSON, Steve WINFIELD, Roland YEOMANS
RADIO COMMS:-	John HOW, John MURRAY (Stone), Sarah HOW (Bus).
REGISTRATION & RESULTS:-	Eileen INGHAM, Bill ADCOCKS.
CHILD LIAISON OFFICER	.Angie ROE
RESULTS:-	Graham FECITT (Sportsoft).
ADMIN:-	Jean SIMPSON John SIMPSON
STARTER:-	Graham HEELEY
PRESENTATION:-	Rita BROWNLIE, Mike NEIGHBOUR.
FIRST AID:-	AMBTRANS
CHAMPIONSHIP SEC:-	Ken SMITH.
ERRA Secretary-	Bob BRIMAGE.
ERRA Website:-	englishroadrunningassociation.co.uk
ERRA OFFICIALS COORDINATOR	Graham HEELEY
YOUNG ATHLETES COORDINATOR	Terry BAILEY

THE ENGLISH ROAD RUNNING ASSOCIATION (ERRA)

ERRA has now been in existence for more than 13 years. It evolved from the AAA of England Road Running Management Committee with the objective of having a similar organisation to represent road running at England level as ECCA does for cross country. ERRA is now described as a "Special Association" under the AAA's and is affiliated to England Athletics and will continue to flourish under the new arrangement for athletics in England. Many joint ventures are planned with England Athletics so that their partnership will be of benefit to road running in England.

The main activities of ERRA at present are as follows:

- organise the English National Road Running Championships, matches, competitions and Road Relays. The relays – both today's and the autumn relays – are English Championships, staged by ERRA. In the reorganisation ERRA became the Championship provider for English Road Running. So basically the relays are organised by the same organisation as in previous years.
- work with England Athletics on International road running affairs
- maintain the competition rules of UK Athletics in English Road Running Championships, matches and competitions.
- ensure events comply with the rules of the UK Athletics and International bodies in respect of doping
- record English performances for road running
- help coordinate road running fixtures in England and the United Kingdom
- advise and assist the Territorial Associations and their affiliated Clubs and Bodies in England on all matters relating to road running (including Championships)

ERRA GOVERNING BODY

The composition of the governing body for the English Road Running Association is as follows:

Three elected Officers	Chairman, Treasurer and Secretary
Nine Territorial representatives	Three from the Midlands, three from the North and three from the South

The Management team is as follows:

Chairman:	Mike Neighbour 6 Edney Close, Church Crookham, Fleet, Hampshire, GU52 6BW Tel: 01252 620945 email: mike_iillneighbour@hotmail.com .
Secretary:	Bob Brimage Tel: 07834280487 / 01516777380 email: bobbbrimage@hotmail.co.uk
Treasurer:	Jean Simpson MBE: Tel: 01617247928 email: jl.jdsimpson@btinternet.com .
Hon Championship Secretary:	Ken Smith, 18 Glenbeck Road, Whitefield, Manchester M45 7WN, Tel 01617963323 email: coach.ken@btinternet.com .

TERRITORIAL TEAM MANAGERS

Territorial Team Managers for 2019 are:

South:	Men: Vacant	Women: Vacant
North:	Men: Rob Cameron (07432 647603)	Women: Vacant
Midland:	Men: Bob Cyttau (01452 614783)	Women: Rita Brownlie (01564 824358)
Wales:	Men: Vacant	Women: Jackie Brace (01656 667864)

ACKNOWLEDGEMENTS

The English Road Running Association would like to thank:

England Athletics

Start Fitness

Birmingham City Council

AmbotansUK Ltd for their attendance

Our special guests for attending

**And finally the Athletes, Team Managers, Race Officials and Helpers
without whom the event would not be possible**

ERRA website: englishroadrunningassociation.co.uk

2019 CHAMPIONSHIPS

National Road Relays at Sutton Park, Birmingham

Men's 6 Stage & Women's 4 Stage

SUNDAY 6th October

Young Athlete's Relays

SUNDAY 6th October

ECCA Cross Country Relays

Mansfield

2nd November

2020 CHAMPIONSHIPS

ECCA National Championships

Nottingham

22nd February

ERRA Men's 12 Stage & Women's 6 Stage

Sutton Park

4th April

Northern Men's 12 Stage & Women's 6 Stage

TBC

21st March

Midland Men's 12 Stage & Women's 6 Stage

Sutton Park

21st March

ERRA Men's 12 Stage & Women's 6 Stage

Sutton Park

TBC

DECLARATIONS

All teams must be declared online by the team manager using the individual link provided. Provisional results will be prepared based on declarations received at start time, and Final results will be prepared using declarations received by 8:00 p.m.
No changes will be accepted after this - **it is team managers' responsibility to ensure that correct information is used.**

WEB ADDRESS FOR RESULTS

SPORTSOFT

www.race-results.co.uk

Results for each race will be posted once the presentation has been completed

IMPORTANT INFORMATION

A RACE NUMBERS

Each Club Team has its own individual numbers 1, 2, 3 etc.
Numbers must be worn on front and back.

Teams must be declared no later than half an hour before the event

The letter on the number (red for long legs, black for short) relates to the Leg being run:

MEN

Long Leg	1st 'A'	3rd 'C'	5th 'E'	7th 'J'	9th 'M'	11th 'T'
Short Leg	2nd 'B'	4th 'D'	6th 'H'	8th 'K'	10th 'P'	12th 'V'

WOMEN

Long Leg	1st 'A'	4th 'D'		
Short Leg	2nd 'B'	3rd 'C'	5th 'E'	6th 'H'

B ALTERATIONS TO TEAMS

Alterations during the race must be made 15 MINUTES before the commencement of the stage to be run and must be advised to the referee. Athletes names must come from the competition entry list.

C SAFETY OF RUNNERS ON THE COURSE

- All Team Managers should be aware that other than their actual leg runner, no other runners should be on the course running in either direction or across the course in front of the leading motorcycle or athletes whilst races are in progress.
All runners will be informed of this over the public announcement system.
- The start is slightly downhill and the road is narrow. These factors have been considered and assessed according to the numbers of teams taking part.
- All runners should therefore be aware that at the start of each race:
 1. the width of the road is narrow
 2. the start is slightly downhill
 3. if the grass is wet on either side of the road then there is the possibility of athletes slipping on these areas
- Could you please request your athletes and supporters to keep clear of the traffic area (200 – 400m) before the finish. This is becoming a very congested area and your co-operation would be very much appreciated.

D MASS START

There will be a mass start of all remaining runners at approximately 4:15 p.m. to 4:30p.m.

Team managers should ensure that their athletes are aware of this and are available to receive instructions from 4:00 p.m. onwards

E FOREIGN ATHLETES

Senior and Junior age group athletes who are registered with UKA as foreign athletes may represent their First Claim English Club in the ERRA Relays on condition that they can demonstrate bona fide and unbroken residence in the UK and have been registered with UKA 'in accordance with UKA handbook rule 21(5).

The ERRA is committed to the development of English endurance runners and expects Clubs to adopt the above principle when selecting teams but recognises the valuable contribution made to many clubs by those Foreign Athletes who have chosen to live in the UK"

Thank you for your help and cooperation.

PREVIOUS RESULTS - MEN'S 12 STAGE

Non – Sutton Park Results

1967	(Whetstone) 1 Coventry G 4-34.35	2 Derby & Co 4-35.03	3 Portsmouth 4-35.36
	Short Leg: D Ibbotson (Longwood) 16.23	Long Leg: R Taylor (Coventry) 27.08	
1968	(Leicester) 1 Coventry G 4-14.36	2 Derby & Co 4-16.44	3 Belgrave 4-16.55
	Short Leg: D Inns (Portsmouth) 13.54	Long Leg: M Freary (Bolton) 26.33	
1969	(Leicester) 1 Coventry G 4-05.01	2 Belgrave 4-07.023	Tipton 4-07.06
	Short Leg: W McKim (Tipton) 13.04	Long Leg: R Taylor (Coventry) 25.55	
1973	(Derby) 1 Birchfield 4-06.10	2 Tipton 4-06.39	3 Coventry G 4-09.06
	Short Leg: D Moorcroft (Coventry) 13.00	Long Leg: I Stewart (Birchfield) 26.24	

Results on the Sutton Park Course (5.38/2.995m, 1970-1972 slightly longer)

1970	1 Coventry G 4-13.52	2 City of Stoke 4-14.56	3 Manchester & D 4-16.06
	Short Leg: E Strong (Bristol) 14.26	Long Leg: I Stewart (Birchfield) 25.13	
1971	1 Birchfield 4-10.58	2 Coventry G 4-11.31	3 Tipton 4-13.17
	Short Leg: D Moorcroft (Coventry) 14.27	Long Leg: M Freary (Bolton) 25.47	
1972	1 Tipton 4-13.17	2 Birchfield 4-13.35	3 Coventry G 4-13.41
	Short Leg: A Rushmer (Tipton) 14.42	Long Leg: R Wilde (Manchester & D) 25.33	
1974	1 Tipton 4-06.35	2 Edinburgh S 4-07.06	3 Cardiff 4-07.15
	Short Leg: G Morgan (Cardiff) 14.11	Long Leg: B Foster (Gateshead) 24.28	
1975	1 Gateshead 4-06.11	2 Edinburgh S 4-06.32	3 Coventry G 4-06.42
	Short Leg: B Foster (Gateshead) 13.58	Long Leg: B Ford (Aldershot) 24.45	
1976	1 Gateshead 4-04.14	2 Liverpool 4-04.51	3 Tipton 4-08.49
	Short Leg: B Foster (Gateshead) 13.37	Long Leg: D Black (Small Heath) 25.00	
1977	1 Gateshead 4-05.00	2 Liverpool 4-07.41	3 Tipton 4-09.08
	Short Leg: B Foster (Gateshead) 13.48	Long Leg: B Ford (Aldershot) 25.03	
1978	1 Tipton 4-04.49	2 Aldershot 4-07.48	3 Wolv & B 4-08.01
	Short Leg: R Smedley (Birchfield) 13.54	Long Leg: I Stewart (Tipton) 24.38	
1979	1 Gateshead 4-03.25	2 Birchfield 4-04.44	3 Tipton 4-04.55
	Short Leg: M Densley (Birchfield) 14.09	Long Leg: B Foster (Gateshead) 24.33	
1980	1 Bristol 4-00.37	2 Tipton 4-01.51	3 Gateshead 4-03.44
	Short Leg: B Smith (Gateshead) 13.36	Long Leg: B Ford (Aldershot) 24.42	
1981	1 Tipton 4-05.33	2 Aldershot 4-8.10	3 Birchfield 4-10.09
	Short Leg: I Stewart (Invicta) 13.52	Long Leg: A Armitage (Charnwood) 25.11	
1982	1 Aldershot 4-03.01	2 Tipton 4-03.11	3 Gateshead 4-03.42
	Short Leg: B Smith (Gateshead) 13.43	Long Leg: D Moorcroft (Coventry) 24.27	
1983	1 Birchfield 4-05.16	2 Tipton 4-05.50	3 Staffs Moorlands 4-08.09
	Short Leg: K Newton (Sheffield) 14.06	Long Leg: S Harris (Shaftesbury) 24.56	
1984	1 Tipton 4-04.43	2 Gateshead 4-06.36	3 Birchfield 4-07.45
	Short Leg: M O'Reilly (Highgate) 13.59	Long Leg: R Partridge (Birchfield) 25.27	
1985	1 Tipton 4-04.52	2 Birchfield 4-05.09	3 Gateshead 4-07.02
	Short Leg: B Dee (Luton) 14.00	Long Leg: J Buckner (Charnwood) 24.51	
1986	1 Tipton 4-02.58	2 Birchfield 4-03.38	3 Gateshead 4-04.28
	Short Leg: P O'Callaghan (Wolves) 13.44	Long Leg: T Milovsorov (Tipton) 24.59	
1987	1 Gateshead 4-02.56	2 Tipton 4-04.02	3 Birchfield 4-04.04
	Short Leg: S Muggleston (Westbury) 13.55	Long Leg: K Forster (Gateshead) 25.31	
1988	1 Gateshead 4-02.01	2 Birchfield 4-02.53	3 Coventry G 4-03.04
	Short Leg: M Hawkins (Bingley) 13.54	Long Leg: C Mochrie (Leicester) 25.04	
		G Turnbull (Gateshead) 25.04	
		P Jenkins (Newport) 25.04	
1989	1 Tipton 4-03.49	2 Wolves & Bilston 4-05.00	3 Birchfield 4-05.46
	Short Leg: I Manners (Highgate) 13.59	Long Leg: E Martin (Basildon) 24.47	
	S Newport (Blackheath) 13.59		
1990	1 Tipton 4-03.43	2 Wolves & Bilston 4-07.09	3 Coventry G 4-07.52
	Short Leg: Rob Denmark (Gateshead) 13.42	Long Leg: P Evans (Belgrave) 24.58	
1991	1 Tipton 4-04.13	2 Shaftesbury 4-05.57	3 Swansea 4-06.17
	Short Leg: R Hollinsworth (Notts) 13.55	Long Leg: E Martin (Basildon) 25.03	
1992	1 Tipton 4-04.51	2 Coventry G 4-07.47	3 Swansea 4-08.08
	Short Leg: R Denmark (Basildon) 13.33	Long Leg: C Walker (Gateshead) 25.07	
1993	1 Shaftesbury B 4-06.24	2 Boxhill Racers 4-07.01	3 Swansea 4-07.07
	Short Leg: K McCluskey (Copeland) 13-41	Long Leg: J Sherban (Shaftesbury) 25.07	
1994	1 Swansea 4-06.26	2 Boxhill RR 4-07.28	3 Blackheath 4-07.47
	Short Leg: J Hobbs (Cardiff) 13.40	Long Leg: R Denmark (Basildon) 24-30	
1995	1 Blackheath 4-03.04	2 Bingley 4-05.56	3 Morpeth 4-06.10
	Short Leg: G Davey (Sale) 13.45	Long Leg: J Hobbs (Cardiff) 25.54	
1996	1 Bingley 4-02.06	2 Tipton 4-06.27	3 Cardiff 4-06.41
	Short Leg: J Solly (Herne Hill) 13.44	Long Leg: R Nerurkar (Bingley) 24.50	
	D Burrows (Birchfield) 13.44		
1997	1 Salford 4-06.37	2 Coventry G 4-06.45	3 Birchfield 4-07.53
	Short Leg: J Mayock (Cannock & S) 13.50	Long Leg: A Pearson (Longwood) 24.52	
1998	1 Birchfield 4-07.06	2 Salford 4-09.04	3 Tipton 4-10.04
	Short Leg: R Whalley (C of Stoke) 13.49	Long Leg: M Price (Sunderland) 25.49	

PREVIOUS RESULTS - MEN'S 12 STAGE

1999	1 Tipton 4-06.22 Short Leg: A Passey (Brom & Red) 13.44	2 Salford 4-11.18 2 Tipton 4-10.32	3 Morpeth 4-11.41 Long Leg: M Morgan (Swansea) 25.34 3 London Irish 4-11.39
2000	1 Salford 4-08.04 Short Leg: J Kimtai (Tipton) 13.54	2 Belgrave 4-10.33	3 Salford 4-12.34 Long Leg: M Miles (Belgrave) 25.45
2001	1 Tipton 4-10.27 Short Leg: C Davies (Telford) 14.03	2 Birchfield 4-11.17	3 Morpeth 4-12.12 Long Leg: Alan Graffin (Belgrave) 25.45
2002	1 Belgrave 4-04.51 Short Leg: Andy Graffin (Belgrave) 14.03	2 Tipton 4-11.02	3 Birchfield 4-12.49 Long Leg: M McCarthy (London Irish) 25.48
2003	1 Aldershot F & D 4-10.15 Short Leg: C Davies (Telford) 13.23	2 Belgrave 4-11.47	3 Salford 4-26.31 Long Leg: C Thompson (AFD) 25-27
2004	1 Belgrave 4-08.36 Short Leg: S Hepples (NEB) 14.15	2 Birchfield 4-12.13	3 Leeds City AC 4-15.59 Long Leg: C Davies (Telford) 25-21
2005	1 Newham & EB 4-10.08 Short Leg: C Thompson (AFD) 14.02	2 Sale 4-11.39	3 Belgrave 4-12.09 Long Leg: M Farah (NEB) 25-27
2006	1 Leeds City AC 4:11:31 Short Leg: N McCormick (Morpeth) 13:39	2 Morpeth Harriers 4-13.42	3 Belgrave Harriers 4-14.43 Long Leg: J Ndayisenga(Birchfield) 25:21
2007	1 Leeds City AC 4-09.40 Short Leg: A Baddeley (Harrow AC) 13.39	2 Notts AC 4-11.01	3 Belgrave Harriers 4:11.58 Long Leg: J Ndayisenga(Birchfield) 25.33
2008	1 Belgrave Harriers 4-04.43 Short Leg: Jonny Taylor (Morpeth H) 13.57	2 Newham & Essex Beagles 4-09:54	3 Tipton Harriers 4-11.48 Long Leg: Phil Wicks (Belgrave H) 25.13
2009	1 Newham & Essex Beagles 4-09:12	2 Tipton Harriers 4:11:26	3 Shettleston Harriers 4:12:01 Long Leg: Moumin Geele Newham&EB 25:37
2010	1 Tipton Harriers 4.10.36 Short Leg: Nick McCormick (Morpeth) 13.49	2 Newham & Essex Beagles 4.10.58	3 Morpeth Harriers 4.11.02 Long Leg: Philip Nicholls (Tipton) 25.48
2011	1 Tipton Harriers 4.10.17 Short Leg: Ross Murray (Gateshead) 14:00	2 Leeds City AC 4:13:12	3 Notts AC 4.14.13 Long Leg: Patrick Martin (Stockport) 26:01
2012	1 Leeds City AC 4:13:10 Short Leg: Stephen Mitchell (Bristol&W) 14:13	2 Cardiff AAC 4:14:55	3 Notts AC 4.15.56 Long Leg: Joe MacDonald (Cardiff AAC) 26:01
2013	Shorter course (5.08m/2.69m)		
2014	1 Leeds City AC 3:50:41 Short Leg: Niall Brooks (Sale) 12:39	2 Morpeth Harriers & AC 3:51:38	3 Aldershot Farnham & District 3:51:57 Long Leg: Andrew Butchart (Centria AC) 24:20
2015	Longer course (5.57m/3.19m)		
2015	Morpeth Harriers & AC 4:21:52 Short Leg: Samuel Mitchell (NottsAc) 15:01	2 Notts AC 4:23:06	3 Leeds City AC 4:25:34 Long Leg: Michael Callegari (Shaftesbury) 26:41
2016	New course (5.38m/3.165m)		
2016	1 Highgate Harriers 4:16:30 Short Leg: Ross Murray (Gateshead) 15:14	2 AFD 4:17:15	3 Bristol And West AC 4:18:08 Long Leg:Dewi Griffiths (Swansea) 25:28
2017	1 Swansea Harriers 4:15:06 Short Leg: Douglas Musson(NottsAc) 14:46	2 Bristol & West AC 4:19:55	3 Liverpool Harriers & AC 4:20:51 Long Leg:Dewi Griffiths (Swansea) 25:10
2018	1 Tonbridge AC 4:17:24 Short Leg: Kieran Wood(Cambridge&C) 15:06	2 Highgate Harriers 4:18:56	3 Swansea Harriers 4:19:42 Long Leg:Alex Yee (KentAc) 24:57

Top Individual short legs 1974-2013

Pos	Name	Club	Time	Date
1	C Davies	Telford	13.23	2004
2	R Denmark	Basildon	13.33	1992
3	B Smith	Gateshead	13.36	1980
4	B Foster	Gateshead	13.37	1976
5=	A Baddeley	Harrow AC	13:39	2008
	Nick McCormick		13:39	2007
7=	I Hamer	Swansea	13.40	1992
	J Hobbs	Cardiff	13.40	1994
9	K McCluskey	Copeland	13.41	1993
10=	P O'Callaghan	Wolvs & B	13.44	1986
	D Burrows	Birchfield	13.44	1996
	J Solly	Herne Hill	13.44	1996
	A Passey	Bromsgrove	13.44	1999
14	G Davey	Sale	13.45	1995
15=	D Heath	Blackheath	13.47	1999
	C Thompson	AFD	13.47	2003
17=	R Hollingsworth	Notts	13.49	1992
	D Mead	Belgrave	13.49	1994
	R Whalley	C of Stoke	13.49	1998
	M Miles	Belgrave	13.49	1999
	N McCormick	Morpeth	13.49	2011
22=	I Stewart	Invicta	13.50	1982
	J Mayock	Can & St	13.50	1997

Top Individual long legs 1974-2013

Name	Club	Time	Date
1	D Moorcroft	Coventry	24.27 1982
2	B Foster	Gateshead	24.28 1974
3	R Denmark	Basildon	24.30 1994
4	N Rose	Bristol	24.36 1979
5	I Stewart	Tipton	24.38 1978
6	B Ford	AFD	24.42 1980
7	E Martin	Basildon	24.47 1989
8=	A Hutton	Edinburgh S	24.50 1982
	R Nerurkar	Bingley	24.50 1996
10=	J Goater	Shaftesbury	24.51 1979
	J Buckner	Charmwood	24.51 1985
12	A Pearson	Longwood	24.52 1997
13	S Jones	Bristol	24.53 1980
14=	S Kenyon	Bolton	24.54 1979
	J Hobbs	Cardiff	24.54 1995
16=	D Black	Small Heath	24.56 1974
	S Harris	Shaftesbury	24.56 1983
18	P Evans	Belgrave	24.58 1990
19=	T Milovsarov	Tipton	24.59 1986
	G Tromans	Coventry	24.59 1997
21	B Smith	Gateshead	25.00 1986
22	S Anders	St Helens	25.03 1986

Top Ten teams on 1974-2013 course

1	Bristol	4-00.37	1980	6	Aldershot	4-03.01	1982
2	Tipton	4-01.51	1980	7=	Coventry	4-03.04	1988
3	Gateshead	4-02.01	1988		Blackheath	4-03.04	1995
4	Bingley	4-02.06	1996	9	Belgrave	4-04.51	2002
5	Birchfield	4-02.53	1988	10	Wolves & Bilston	4-05.00	1989

AAA CHAMPIONSHIPS – WOMEN'S 6 STAGE

Women's Results – Sutton Park (2.995m course)

2000	1 Shaft Barnet 1-40.33	2 Birchfield 1-42.10	3 Tipton 1-44.00
	Fastest Leg: H Yelling (Hounslow) 15.58		
2001	1 Charnwood 1-42.47	2 Sale 1-42.49	3 Shaft Barnet 1-43.12
	Fastest Leg: H Yelling (Hounslow) 15.47		
2002	1 Bristol 1-39.22	2 Shaft Barnet 1-41.32	3 Liverpool 1-43.29
	Fastest Leg: L Elliott (Shaftesbury Barnet) 15.55		
2003	1 Sale HM 1-41.00	2 WSEH 1-44.56	3 Chester- Le -St 1-45.32
	Fastest Leg: H Yelling (Windsor, SHE) 15.59		
2004	1 Coventry Godiva 1-42.46	2 Tipton 1-43.13	3 Shaft Barnet 1-45.51
	Fastest Leg: H Clitheroe (Preston) 15.41		
2005	1 Bristol & West 1-43.32	2 Shaft Barnet 1-45.04	3 City of Glasgow 1-45.09
	Fastest Leg: K Reed (Bristol & West) 15.42		
2006	1 Chester-le-Street 1-44.12	2 Winch & D 1-44.42	3 Bristol & West 1-44.41
	Fastest Leg: H Dean (Hallamshire) 16.16		
2007	1 Charnwood 1-41.14	2 AFD 1-41.23	3 Chester-Le Street 1-41.56
	Fastest Leg: S Twell (Aldershot) 15:57		
2008	1 AFD 1-41.48	2 Chester Le Street 1-41.52	3 Winchester & District 1-4.45
	Fastest Leg: Juliet Potter (Charnwood) 16:06		
2009	1 Charnwood AC 1-38.14	2 AFD 1-38.21	3 Bristol & West 1-40.44
	Fastest Leg: S Twell (Aldershot) 15:15		
2010	1 AFD 1-40:30	2 Swansea Harriers 1:44:27	3 Coventry Godiva Harriers 1:45:40
	Fastest Leg: S Twell (Aldershot) 15:22		
2011	1 AFD 1.41.21	2 Charnwood AC 1.45.46	3 Swansea Harriers 1.47.25
	Fastest Leg: C Purdue (AFD) 15.23		
2012	1 AFD 1.36.30	2 Swansea Harriers 1.41.27	3 Leeds City AC 1.42.42
	Fastest Leg: C Purdue (AFD) 15.29		
2013	1 AFD 1.37.56	2 Bristol & West 1-44.13	3 Birchfield Harriers 1.45.00
	Fastest Leg: Katrina Wootton (Coventry) 15:39		

Top individual legs

1	Steph Twell	AFD	15:15	2009	7	Katrina Wootton	Coventry	15:39	2013
2	Steph Twell	AFD	15:22	2010	8=	Helen Clitheroe	Preston	15:41	2004
3	Charlotte Purdue	AFD	15:23	2011	8=	Lauren Howarth	Leigh	15:41	2011
4	Charlotte Purdue	AFD	15:29	2012	10	Katie Reed	B&W	15:42	2005
5	Charlotte Purdue	AFD	15:31	2009	11	Hayley Yelling	Hounslow	15:47	2001
6	Katrina Wootton	Bed C	15:38	2009	12	Sonia O'Sullivan	THH	15:55	2001

2014 Shorter course (2.69m)

2014	1 AFD 1:27:00	2 Swansea Harriers 1:29:28	3 Bristol & West Ac 1:32:03
	Fastest Leg: Emelia Gorecka (AFD) 13:51		

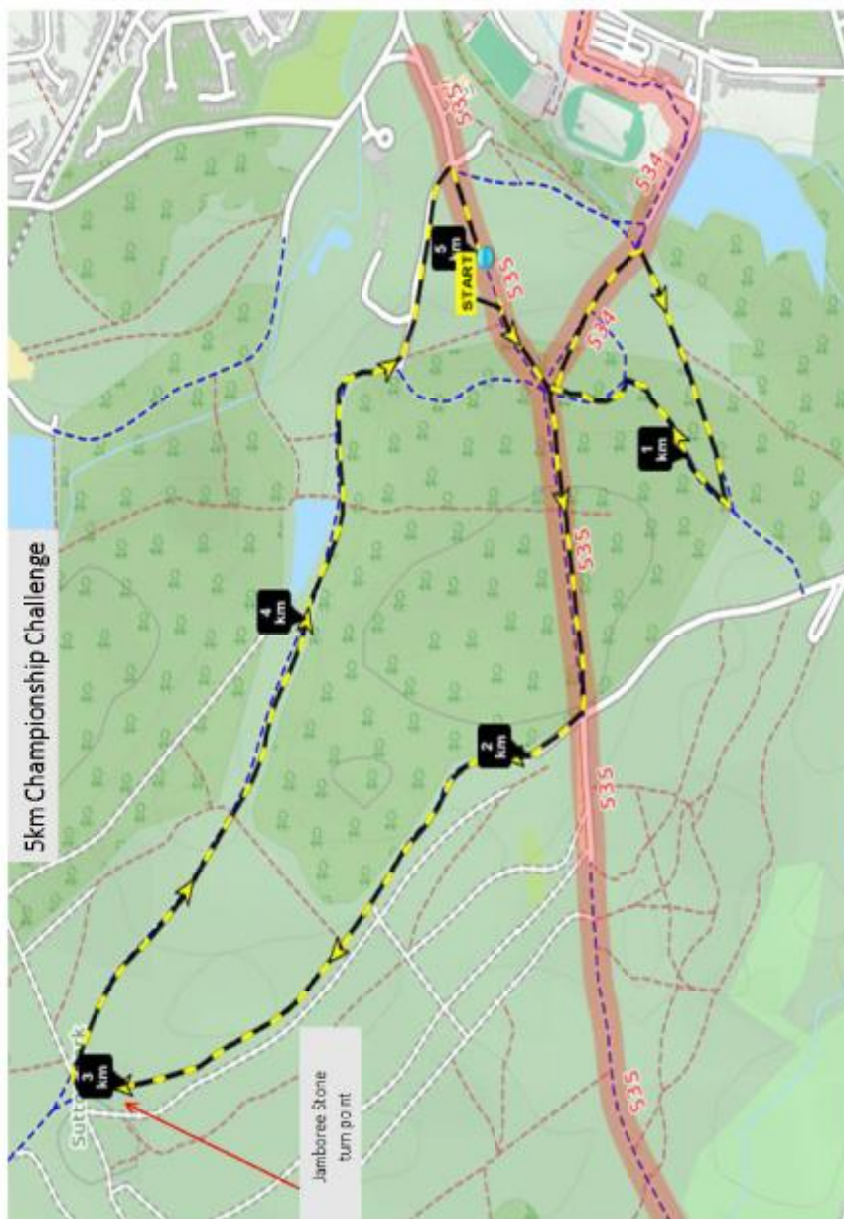
2015 Longer course (2@5.57m/4@3.19m)

2015	1 AFD 2:13:49	2 Bristol And West AC 2:16:44	3 Swansea Harriers 2:17:01
	Short Leg: Laura Weightman (Morpeth) 16:44	Long Leg: Emelia Gorecka (AFD) 29:53	

2016 New course (5.38m/3.165m)

2016	1 AFD 2:08:44	2 Leeds City AC 2:13:41	3 Cambridge & Coleridge AC 2:16:32
	Short Leg: Susan Partridge (LeedsCity) 17:01	Long Leg: Stephanie Twell (Aldershot) 28:31	
2017	1 Leeds City Ac 2:12:44	2 Swansea Harriers 2:16:21	3 Winchester & District AC 2:16:35
	Short Leg: Kate Maltby(Bristol&W) 16:38	Long Leg: Verity Ockenden (SwanseaHa) 29:45	
2018	1 Leeds City Ac 2:11:27	2 Cambridge & Coleridge Ac 2:14:19	Rotherham Harriers & Ac 2:15:45
	Short Leg: Julia Paternain (Cambridge) 17:02	Long Leg: VTracy Barlow(ThamesVal) 29:07	

COURSE MAP - 5K



ERRA UNDER 17 5K CHAMPIONSHIPS

UNDER 17 RACE MEN

ABERDARE VALLEY AAC	Black & amber
1 Joe Reardon 2 Iwan Smith	
ALDRSHOT FARNHAM & DISTRICT	Red, green & white
3 Luke Vanoudtshoorn	
BANBURY HARRIERS AC	Red, green & white
4 Daniel Roberts	
BARNSLEY ATHLETIC CLUB	Turquoise red
5 Scott Nutter	
BIRCHFIELD HARRIERS	Black with stag motif
6 Jamie Cooper 7 Ben Parker	
BURY ATHLETIC CLUB	Black & white quarters
8 Brandon Quinton	
COOKHAM RUNNING CLUB	Blue & white
9 Ben Reynolds	
DONCASTER ATHLETIC CLUB	White, royal blue trim
10 George Rowland	
LEEDS CITY ATHLETIC CLUB	Royal blue
11 Ethan Hussey	
MORPETH HARRIERS & AC	Royal blue/2 white bands
12 Rowan Bennett	
NEWCASTLE STAFFS AC	Red, white & blue
13 Elliot Smith 14 Lewis Nagington	
TELFORD AC	Yellow with red & blue side
15 Jacob Horne 16 Benjamin Naudi 17 Luke Moses	
TIPTON HARRIERS	Green & white hoops
18 Sunny Dhaliwal 19 Lynden Hunt 20 Dylan Wootton	
WARRINGTON AC	Red
21 Joseph Buckley	
WOODFORD GREEN & ESSEX LADIES	White & green
22 Kieran Allgood 23 Rhys Edwards 24 Ben Sloan 25 Sam Sloan	
26 Liam Waldron 27 Thomas Adolphus	
WREAKE & SOAR VALLEY	Blue
28 Xavi Salcedo	

ERRA UNDER 15 5K CHAMPIONSHIPS

UNDER 17 RACE WOMEN

HIGHGATE HARRIERS 101 Milly Dunne	Black & white
KINGSTON UPON HULL AC 102 Jodie Martin	Navy blue, gold trim
NEWCASTLE STAFFS AC 103 Scarlett Cotton 104 Nadine Tomkinson 105 Misha Twardochleb 106 Elizabeth Clarkson	Red, white & blue
ROTHERHAM HARRIERS AND AC 107 Keiva Rennocks	Black & white
WOODFORD GREEN & ESSEX LADIES 108 Ellen Savidge	White & green

UNDER 15 RACE BOYS

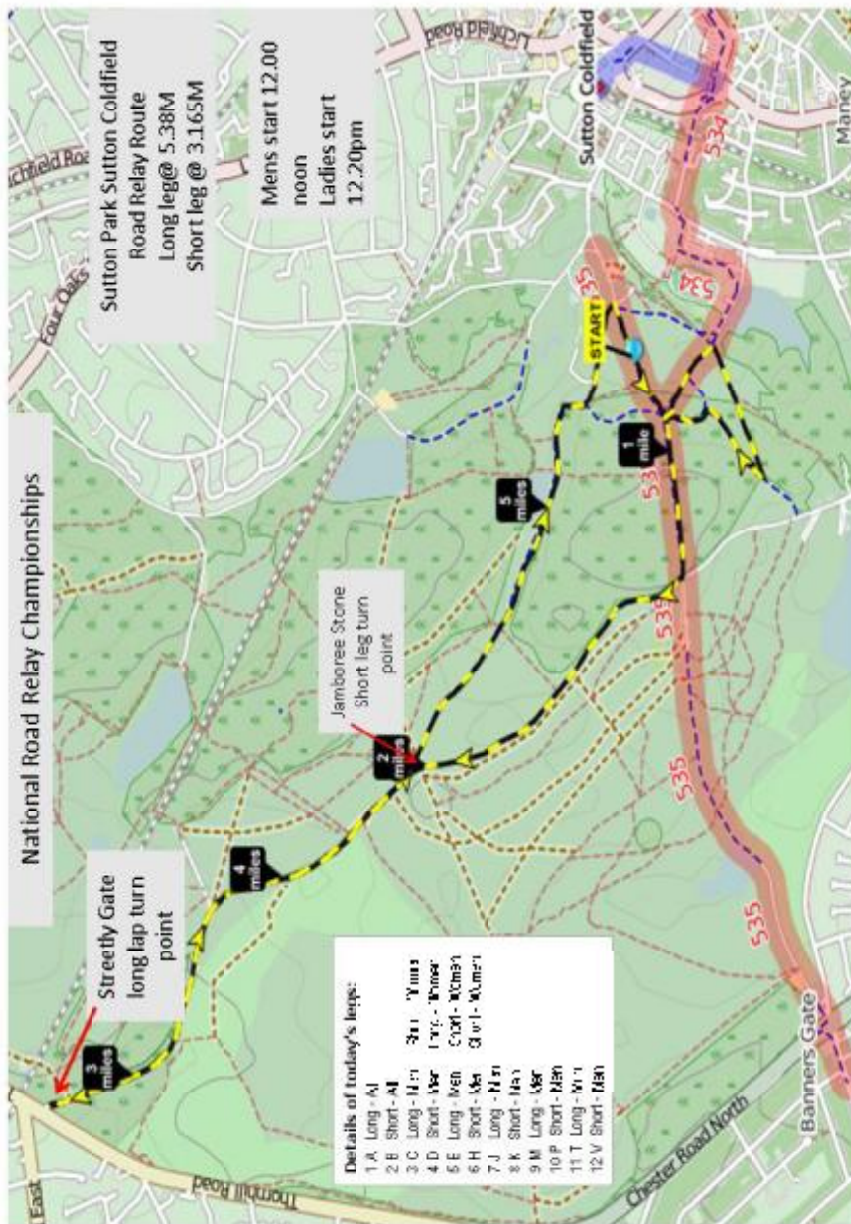
ALDERSHOT FARNHAM & DISTRICT 201 Rudi Morrell 202 Woody Jerome 203 Ryan Martin 204 Alastair Rushforth 205 Charlie Wagstaff	Red, green & white
BIRCHFIELD HARRIERS 206 Finley White	Black with stag motif
EXETER HARRIERS 207 Oliver Capps	White, maroon band
GUILDFORD & GODALMING AC 208 R Rivero-Stevenet	Green & black
HIGHGATE HARRIERS 209 Theo Machin-Paley	Black & white
KENDAL AMATEUR ATHLETIC CLUB 210 Fraser Sproul	Green/red
ROTHERHAM HARRIERS AND AC 211 Joshua Wragg	Black & white
ROYAL SUTTON COLDFIELD ATHLETIC 212 Ethan Patel 213 Jack Wakefield 214 Jack Newman	Royal blue, white stripe
RUSHCLIFFE AC 215 James Wardle	Blue & white
SALFORD HARRIERS & AC 216 Lucas Milliken	Red/diagonal white stripe
TIPTON HARRIERS 217 Thomas Bentley	Green & white hoops
WIRRAL AC 218 Ethan Brady-Jones 219 Tj Jones 220 Daniel Hayes	2 green hoops on white
WOLVERHAMPTON & BILSTON 221 Tyler Francis	Red, yellow & green

ERRA UNDER 15 5K CHAMPIONSHIPS

UNDER 15 RACE GIRLS

ALDRSHOT FARNHAM & DISTRICT	Red, green & white
301 Rosie Kelly 302 Rachel Gillett 303 Niamh McLoughlin 304 Pippa Roessler	
BIRTLEY AC	Royal blue/yellow side panels
305 Katie Francis	
COOKHAM RUNNING CLUB	Blue & white
306 Jemima Ridley	
HIGHGATE HARRIERS	Black & white
307 Ellen Donald	
KINGSTON UPON HULL AC	Navy blue, gold trim
308 Hall Ella Shaw	
RUSHCLIFFE AC	Blue & white
309 Lizzy Edge	
STROUD & DISTRICT AC	Green, red & blue band
310 Lexie Bull 311 Emma Bendle 312 Florence Fuller	
TIPTON HARRIERS	Green & white hoops
313 R Shadforth-Groucutt	
VALEROYAL AC	Blue
314 Cerys Dingle	
VALLEY STRIDERS AC	White, black lettering
315 Tallynicole Diamond	
WIRRAL AC	2 green hoops on white
316 Keira Brady-Jones 317 Zara White 318 Ellenmary Kearney 319 Scarlett Liddy	
WOODFORD GREEN & ESSEX LADIES	White & green
320 Miya Maeda 321 Jessica Adams	

COURSE MAP - RELAYS



ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

ABERDARE VALLEY AAC

Daniel Bodman
Gavin Colcombe
Iwan Gardiner
Carl Hill
Hwyel Jones
John Mullaney
Ben Smith
Lee Walters

Steven Bridges
Michael Cope
Richard Gardiner
Darran Hiscox
Ryan Jones
Gavin Patterson
Steven Smith

Black & amber

Adam Bull
Paul Davies
Samuel Gregory
David Hughes
Adrian Lewis
Shaun Pinch
Luke Spencer

Carl Cable
Darren Edwards
Liam Griffiths
Matthew Jacklin
Richard Lloyd
Andrew Reddy
Tim Spencer

team 1

Ian Clarke
Matthew Evans
Ashleigh Harper
Tom James
Owain Morris
Peter Ryder
Stephen Thomas

ALDERSHOT FARNHAM & DISTRICT

Richard Allen
Ben Bradley
Ellis Cross
Ricky Harvie
Matthew Merrick
James Quinlan
Shaun Smith
Joe Wade

Ian Bailey
Callum Charleston
Harvey Dixon
Jonathan Hay
Joe Morwood
Dan Rickards
Tobias Smith

Red, green & white

Jack Boswell
Adam Clarke
Sam Eglan
Max Heyden
Jack Pearson
Paul Rodgers
Mark Symes

Michael Boucher
Gus Cuckle
George Gathercole
Richard Lovejoy
Alex Pointon
Philip Sewell
Chris Thompson

team 2

Thomas Bowerman
Macgregor Cox
Joshua Grace
Rian Mccawley
Luke Prior
Alistair Smith
Andrew Vernon

BEDFORD & COUNTY AC

Benjamin Alcock
Michael Channing
Jack Douglas
Jack Goodwin
Steven Herring
Josh Lunn
Christopher Riley
Alfred Yabsley

Pete Benedickter
Benjamin Davies
Craig Emmerson
Michael Harrison
Andrew Inskip
William Mackay
Oliver Saville

Blue, white side trim

Matthew Bergin
Elliot Dee
Gary Evans
Andrew Headley
Jonathan Janes
William Mullins
Joe Strange

Andrew Blair
Darren Deed
John Eves
Stephen Headley
Sam Kneerobinson
Matthew Nicholson
Chris Thornley

team 3

Matthew Bray
Massi Dendani
Cameron Gillies
Richard Henderson
Matt Leach
Charlie Palmer
Ewan Wilson

BIRCHFIELD HARRIERS

Kadar Abdullahi
Jonathan Bradford
Teklay Gebrekidan
Harry Halford
Alfie Meade
Jonathon Read
Patrick Taylor

Omer Ahmed
Orlando Corea
Elliot Giles
Jack Hallas
Matthew Missen
Simon Rhodes
Alexander Tovey

Black with stag motif

Ed Banks
Peter Dimpleby
Jonathan Goringe
Lee Harris
Mike Morley
William Richardson
Daniel Ullah

Thomas Beasley
Yahye Dirir
Rory Grant
Sam Johnson
Alex Parker
Andrew Ridley

team 4

Matt Biggs
Thomas Dodd
Ben Griffiths
Alex Jolly
Andrew Peat
Michael Tanner

BIRMINGHAM RUNNING A&T

Abayomi Adedimeji
Chris Burrows
Mark Connell
Ashley Fawke
Huw Jones
Jonathan Lundy
Daniel Robinson
Adam Western

C Ashford
Richard Carney
Ciaran Connor
Richard Gray
Andy Kenchington
James Marshall
Nick Seagrave

Black & red vest

Colin Bailey
Ben Carrington
Johnny Cullen
Chris Grimley
Simon Lanckham
Martin Matthews
A Tsolakis

Ben Beaumont
Damian Cartland
Robert Dowse
Mark Ince
Nick Lewis
Brian Mcevoy
Nathan Warren

team 5

Robin Biles
Toby Close
Steve Dunsby
Jonathan Jennings
Martin Ludford
Nick Price
Karl Welborn

BLACKBURN HARRIERS & AC

Mark Almond
John Chaplin
John Foster
Joshua Holgate
Paul Jeffries
Mat Nuttall
Jacob Watson

Karl Billington
John Cookson
Joe Gebbie
Calum Holmes
James Marchant
Matthew Poole

Blue & white

Thomas Blaney
Ben Costello
Paul Guinan
John Horrocks
Thomas Marchant
Tim Raynes

Paul Bradshaw
C Davies
Marc Hartley
Joseph Howe
Daniel Maynard
Dominic Walton

team 6

Paul Brindle
Ben Fish
Jack Hindle
Zachary Howe
Jonny Murphy
Robert Warner

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

BLACKHEATH & BROMLEY HARRIERS **Black with maroon & blue hoops** **team 7**

Marco Arcuri	Timothy Ayres	Joss Barber	Ross Braden	Danny Brewer
A Brucelittlewood	Richard Byford	Ben Cockburn	Nicolas Corry	Charlie Davis
Thomas Desborough		Rob Donohue	Luca Ercolani	William Fuller
Alex Gibbins	James Habbergham	Richard Hall	Steve Hough	Dan Kennedy
Alex Leggatt	Daniel Marks	Lewis Mills	Callum Myatt	Timothy Nash
Scott Overall	William Ruiz	Ifetobi Salako	Josh Schofield	Paul Sharpe
Christopher Tuck	Jonathan Vintner	Richard Webb		

BOURNVILLE HARRIERS **Teal** **team 8**

James Ashley	Richard Bayliss	Stewart Bond	Henry Brocklehurst	Tom Bunn
C Collins	Paul Coughlan	Stewart Crowton	Ben Dodd	Ian Faddy
Stephen Forcer	Adrian Fowler	Stuart Harkness	Andrew Hoole	Steven Howard
Iain Jones	Richard Keep	Kevin Morris	Jon Mould	Matthew Pollard
Dave Powner	Barrie Roberts	Sean Rose	Paul Samuels	Matthew Slater
Jonathan Stanforth	Paul Thompson	Harry Thorpe	Andrew Wheeler	Grant Whigham
Simeon Whiting				

BRACKNELL AC **Blue/gold** **team 9**

Jamie Ashton	John Cooper	Maxwell Cooper	James Daly	John Daniel
Adam Dart	Juan Delazar	Harry Digby	Aaron Enser	Ilias Hadeq
Scott Halsted	Gareth Jones	Richard Larsen	Oli Lum	Steve Payne
Bruce Poll	Matt Seddon	Zak Seddon	Lewis Williams	Benjamin Wills
Shaun Wyllie				

BRISTOL & WEST AC **White/red** **teams 10&11**

Harry Allen	David Awde	Peter Bains	Joe Ballard	Jack Bancroft
Jed Bartlett	Kieran Batty	Dave Bedwell	Alberto Beltran	Sam Bentley
Maciej Bialogonski	Matthew Bond	Graham Breen	Niko Brooke	Greg Chance
Michael Chandler	Miles Chandler	William Christofi	Billy Cochrane	Henry Cochrane
Andy Cooke	Andrew Drake	James Dyrda	David Eagon	Mark Edwards
Torran Elson	Luke Evans	Shon Evans	Darren Garman	Neville Gascoigne
Jon Goodland	Steve Goss	J Habgoodcoote	Anthony Hall	Ben Holding
Daniel Hurley	Callum Jones	Owain Jones	Neil Kennedy	Harry Lane
Sean Lee	Peter Legrice	Neil Light	Nathan Lomaxcooke	Jack Longstaff
Ben Maliphant	Andrew Malloy	Jarlath Mckenna	Jack Millar	Otis Mondir
Josh Moody	Tom Newman	Richard Peters	Brad Pontin	Andrew Reynolds
Nick Roberts	Tony Roper	Henry Sly	Dean Smith	Gary Standing
Robert Stewart	Daniel Studley	Kurt Taylor	Mark Taylor	Daniel Titheradge
Neil Turney	Scott Watkins	Tim Watson	Andrew Watt	Tim White
Michael Wilsmore	Adam Wilson			

BROMSGROVE & REDDITCH **Red, 2 blue diagonals** **team 12**

Mark Appleton	Peter Ball	Stephen Brooks	Paul Collins	Jamie Dancyger
Nigel Edgington	Paul Edmonds	Kevin Fisher	Andrew Freeman	David Gemmell
Mark Graham	Carl Grinnell	Dean Hartshorne	Carl Hatton	Peter Hawcroft
Matthew Henney	James Hood	Anthony Howell	Ian Keyte	Sam Lake
Kevin Lanckham	Patrick Mackie	Robert Mole	Gavin Moorhead	Adrian Passey
Ben Passey	Leonard Quartly	Gareth Richardson	Tom Richardson	Ashley Ross
Calvin Scoltock	Tim Spencer	Mark Tanner	Darryll Thomas	Anthony Warner
Joshua Wiseman				

CAMBRIDGE & COLERIDGE AC **Turquoise/white** **team 13**

Cameron Ackroyd	Paul Aste	Duncan Coombs	Chris Darling	Escalantephillips
Michael Gilbert	Jack Gray	Tim Harrison	Thomas Keen	Lloyd Kempson
Chris Molloy	Oliver Newman	Kevin O'holleran	Kevin O'holleran	Oliver Park
Richard Park	James Reed	Harry Topham	Joseph Turner	Max Williams
Jordan Wood				

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

CAMBUSLANG HARRIERS

Alasdair Campbell
 Ryan Donnelly
 Craig Jardine
 Struan Paton
 Gordon Robertson
 Chris Upton

Red vest with white hoop

Brendan Carey
 Kevan Harvey
 Jamie Mckinnon
 Iain Reid
 Fraser Stewart

team 14

Justin Carter
 Ben Hukins
 Mick O'hagan
 Fergus Roberts
 Ryan Thomson

CARDIFF AAC

Rowan Axe
 Owen Haswell
 Owen Locke
 Kevin Seaward

Blue, white, red

Owain Edwards
 Carwyn Jones
 Dan Nash
 Jake Smith

team 15

Iestyn Harriet
 Ciaran Lewis
 Larry Ryan
 James Vincent

CENTRAL AC

Andrew Butchart
 Scott Green
 Jack Kerr
 Lewis Millar

Yellow with blue side panel

Iain Davies
 Hamish Hickey
 Murray MacIarty
 Cameron Milne

team 16

Telfer Gray
 Ross Houston
 Scott McDonald

CHELTENHAM & COUNTY HARRIERS

David Aubrey
 M Derryhouse
 Russell Forsbrook
 Dom James
 Andy Kyle
 Daniel Owen
 Dan Schofield
 Phil Whyte

White with 2 black hoops

Chris Booth
 Matthew Evans
 Andy Gore
 Ollie Jones
 Alex Lee
 Oliver Powell
 George Watson

team 17

Richard Decamps
 Jonathan Floyd
 George Hawthorne
 Luke Kearns
 Dan Minors
 Andy Prohett
 Joe Willgoss

CHORLTON RUNNERS

Adam Atkins
 Sam Edwards
 Jonathon Harris
 Gary Scott

Black

Jonathan Bevington
 Will Fossard
 Rob Lee
 Daniel Vasey

team 18

Steven Curley
 Michael Hargreaves
 Christopher Rayner

CORSTORPHINE AAC

Stephen Addison
 Jon Carpenter
 Malcolm Lang
 C O'brien

White with black side stripes

Alastair Brockie
 Tom Cunningham
 Donald Macaulay

team 19

Stuart Campbell
 Aaron Hoyle
 Ross Milne

COVENTRY GODIVA HARRIERS

Howard Andersen
 Amittai Benisrael
 Martyn Brunt
 Peter Eccleston
 M Mohamed
 Rob Richardson
 Mark Sykes

Mens red with yellow bands

Jeremy Barnes
 Nick Bennett
 Simon Clarke
 Scott Hudspith
 Jose Ortizgonzalez
 Alistair Smith
 John Wilson

team 20

Matthew Battley
 Jason Brotherhood
 David Conway
 Joseph Mcleod
 Jack Pegler
 Toby Spencer

DUDLEY & STOURBRIDGE HARRIERS

Darran Bishop
 David Eades
 Simon Hughes
 Greg Middleton
 Simon Vines

Gold/royal blue

Darrell Bodin
 Ben Foster
 Elliot Jones
 Philip Nation

team 21

Jan Cox
 Martin Harrigan
 Robert Meredith
 David Ratcliffe

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

EALING SOUTHALL & MIDDLESEX AC **Green with amber diagonal** **team 22**

Akira Anzaijackson	Sam Ashcroft	Reece Asik	Robert Brown	Mukhtar Farah
Peter Flewitt	Joe Gilbert	C Hepworth	Elliot Jones	Mark Kencroft
George Kerry	Manish Kunwar	Nicholas Landeau	Santosh Rai	Martin Shelley
Nick Steel	J Taylorcaldwell	Ben Waterman	Philip York	

GATESHEAD HARRIERS & AC **White, red band** **team 23**

Daniel Alexander	Jeremy Armstrong	Steven Asquith	C Burrows	Ross Christie
Kevin Connolly	James Cripwell	William Dixon	Simon Findlay	Conrad Franks
Steve Gray	Simeon Greenwood	Peter Grimoldby	Alan Johnson	Callum Johnson
Daniel Johnson	Matthew Linsley	Jonathan Malley	John Mcconnell	Philip Mckeown
Steven Medd	David Old	Christopher Paton	James Porteous	Andrew Roen
Martin Slater	Devon Stead	John Stephenson	Ewan Waite	David Wakefield
Paul Waller	Steven Wellings	Gus Withers		

GUILDFORD & GODALMING AC **Green, black trim** **team 24**

James Adams	Alastair Atkinson	Andrew Baker	Sam Begg	Robin Boon
Terry Booth	Mark Brown	Samuel Cheeseman		George Dollner
Tom Foster	Ben Friend	Alistair Gibson	Callum Gillett	Ben Gilmore
Simon Goldsworthy	Thomas Griffiths	Brad Hammonds	Kit Hawtin	Bradley Haycock
Adam Hewitt	Colin High	Rob Ingoldby	Nathan Janmohamed	
Lee Lintern	Rob Marcus	Matthew Mcdaniel	Jonathan Monk	Brian O'kane
Philip Pryke	Bruce Rainford	John Sanderson	Paul Sanderson	Ben Sunckell
Andrew Taylor	Mark Tennyson	Marc Woodall		

HALESOWEN ACC **Old gold, brown & white hoops** **team 25**

Matthew Allen	Paul Allen	Tim Bailey	Kristian Bayley	Paul Bradley
Andrew Butler	R Cadwallader	Andrew Carruthers	Daniel Cleary	Nigel Crompton
Adam Cross	Sam Cruchley	Peter Dear	Oliver Dodd	Simonrobert Duck
Thomas Gill	Richard Guest	Mark Hadley	Nicolas Hazelwood	Mark Higgins
John Hill	James Hoult	Tom Kenderdine	David Lewis	Jonathan Lewis
Roger Mallard	Kevin Monk	Bill Nock	James Parker	Philip Scarr
Mateusz Sliwinski	Marc Turner	David Turvey	Kieran Walker	Matthew Wilkinson
Andy Yapp				

HEANOR RC **Yellow, blue horizontal band** **team 26**

Dale Annable	Ryan Ball	Andrew Basey	Daniel Bladon	R Charlesworth
Michael Clark	Robin Clegg	Chris Cotton	Ashley Deeming	Peter Edwards
John Flint	Darran Furness	Carl Hughes	Matthew Jackson	Liam Johnson
Jack Lawrence	Paul Mercer	Andy Nelson	Eamon O'hlanon	Cory Parker
C Patterson	Robert Plant	John Queenan	Joe Rainsford	Shane Rice
Lewis Whiting				

HEATON HARRIERS & AC **White with green trim** **team 27**

Andrew Bell	Andy Bell	Robert Brown	Andy Burden	Jordon Cairns
David Coe	Philip Green	Phillip Jamieson	James Mckenzie	James Meader
Calum Mills	John Moore	Ian Norman	Ian Robinson	Jack Shawcross
Les Smith	Charlie Townsend	Daniel Wood		

HERCULES WIMBLEDON AC **Gold, red diagonal sash** **team 28**

Belal Ahmed	Jonathan Comish	Howell Craske	Jonny Earl	Charlie Eastaugh
D Evangelidis	Ross Franks	Robbie Hynes	Tom Jervis	Finn Johnson
David Lewin	Ross Matheson	Richard Mcdowell	Ross Murray	Elliot Palmer
Andrew Penney	Zachary Purnell	Justin Reid	Alex Robinson	William Russell
Frederick Slemeck	Ben Toomer	Joe Toomey		

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

HERNE HILL HARRIERS

Alan Barnes
 Andrew Clarke
 Carl Delaney
 Andrew Grigg
 Gary Ironmonger
 Sam Knight
 Raj Paranandi
 Andrew Warburton

Jack Brochie
 Simon Coombes
 Jack Dickenson
 Fraser Hagell
 Mohammed Ismail
 David Mulvee
 Bryn Reynolds

Red & black hoops

Angus Butler
 Edward Crowther
 Eric Dol
 Dan Hallam
 Jasper Johnson
 Matthew Munro
 Matthew Robertson

Matthew Cartwright
 Mike Cummings
 Joe Elliott
 Peter Hart
 Richard Keeble
 Gavern Newsum
 Ian Strong

team 29

Trevor Chilton
 Jeff Cunningham
 Deron Fagan
 Alex Hobley
 Jonathan Key
 Keith Newton
 Simon Thompson

HIGHGATE HARRIERS

Russ Ashford
 Tom Cowling
 William Dedoncker
 Peter Hawkings
 Alex Lepretre
 Morgan Mitchell
 Ben Pochee
 Danny Russell
 Robert Wilson

Robel Bahelbi
 Alex Crossland
 Shaun Dixon
 Charlie Haywood
 Laurent Liote
 Victor Mound
 Brahma Pochee
 Dom Smith

Black & white

Alex Bampton
 Tom Crowley
 Niki Faulkner
 James Johnson
 Andrew Maud
 Henry Murdoch
 Roger Poolman
 Fergal Smithwick

Peter Chambers
 Michael Dan
 Terence Fawden
 Oliver Kean
 James Millett
 Benjamin Noad
 C Rainsford
 Murray Strain

teams 30&31

Andres Chau
 Darryl Davison
 Nick Gold
 Jonathan Laybourn
 Matt Mintrom
 Auden Nordtveit
 Sean Renfer
 Barnaby Walker

HILLINGDONAC

Fahad Abdi
 Edward Campbell
 Abdirahman Hamud
 Richard Mann
 David Smith
 Philip Warburton

Abdishakur Abdulle
 Joe Carton
 Steve Hiron
 Mayank Mishra
 Dominic Speight
 Stephen Woodford

White with red diagonal

Martin Bateman
 Paul Corney
 Liam Holbrook
 Mohamed Mohamed
 Mark Speight
 Aramias Zeration

John Bignell
 Charlie Edwards
 James Laing
 Robert Thompson

team 32

Bradley Birch
 Scott Farley
 Paul Leppard
 Andy Moore
 Peter Warburton

HOLME PIERREPONT RC

Chris Allen
 Neil Devonport
 David Hodson
 Alex Loach
 Michael Miller
 Chris Rhodes
 Craig Taylor

Daniel Bagley
 S Eatherington
 Jonathon Irvine
 Anthony Madge
 Rob Nason
 Simon Ross

Navy blue with red chestband

Javier Cabrero
 Alex Ferrari
 Keith Jamieson
 Duncan Martindale
 Howard Partridge
 Anthony Squire

Neil Cooper
 Kevin Ford
 Richard Kelsey
 Oliver Matharu
 John Partridge
 Robert Stewart

team 33

Gary Cragg
 Colin Hallam
 Alan Kember
 Wayne Mcaneaney
 Nickesh Patel
 John Sutherns

HOLMFIRTH HARRIERS AC

Lewis Byram
 Clark Hind
 Lavell Pierre
 Christopher Taylor

Ted Chamberlain
 Aaron Kettlewell
 Alex Robinson
 Luke White

Amber, black badge on front

Steve Green
 Christopher Law
 Michael Sanderson

Jacob Harman
 Mark Law
 Craig Sheard

team 34

Philip Hewitt
 Samuel Oshea
 Kai Sunman

KENTAC

Jim Allchin
 Russell Bentley
 Barnaby Day
 Jake English
 John Gilbert
 Joe Hartley
 Sumin Lee
 Dave Morgan
 Neil Phillips
 Jonathan Tipper

N Armitagehookes
 James Bowler
 Dame Dibaba
 Sam Evans
 Richard Giles
 Owen Hind
 Peter Lighting
 Matthew Moroney
 Will Pitt
 Jordan Weaver

Navy blue with white horse

Stuart Beaney
 Chris Busaileh
 Alex Dudney
 Sean Fitzpatrick
 C Greenwood
 Anthony Johnson
 Tom Marshall
 Tom Mower
 Ben Reeves
 Alex Yee

Roger Beardsworth
 Ben Cook
 Michael Eagling
 Cameron Forrest
 Ben Harding
 Robert Laing
 Ben Mcgeown
 Sam O'connell
 Niall Stewart

teams 35&36

Jonathan Beatty
 Rowan Crichton
 Ian Ellwood
 Calum Fraser
 Matthew Harper
 Tim Lawrence
 Chris Minns
 Daniel Pettitt
 Thomas Thain

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

LEEDSCITY AC

Mohamed Abshir
 Darran Bilton
 Joseph Cook
 Ben Douglas
 Ciaran Forde
 Mick Hill
 Gregory Hull
 Will Marshall
 Martin Roscoe
 Philip Sesemann
 Joe Townsend

Jack Allison
 Alan Buckley
 C Corcoran
 Thomas Edwards
 Leon Foster
 Myles Holdsworth
 Wondiyi Indelbu
 Alisdair Mcleod
 Josh Rowe
 Chris Smith
 Patrick Vis

Royal blue, two yellow diags

John Ashcroft
 Michael Burrett
 Timothy Davies
 Simon Ellis
 Adam Grice
 Adrian Holliday
 Oliver Lockley
 Ossama Meslek
 Joshua Rowe
 Adam Stacey
 Trevor Wilks

Alexander Bellew
 Emile Caires
 Alexander Davy
 Martin Farran
 Matthew Grieve
 Nick Hooker
 Matt Lockyer
 Liam O'brien
 Graham Rush
 Linton Taylor
 JWoodcockshaw

teams 37&38

Gordon Benson
 Jason Cherriman
 Simon Deakin
 Sean Flanagan
 Matthew Harrison
 Michael Hoyle
 Abinizer Markos
 Adam Osborne
 Michael Salter
 Robert Torch

LIVERPOOL HARRIERS & AC

Nzimah Akpan
 Richard Burney
 Kevin Cornwell
 Dejene Gezimu
 Matthew Jackson
 Colin Potts
 Paul Sankey
 James Wootton

Alan Ashton
 Ricky Challinor
 Daniel Corrigan
 Callum Grant
 Aaron Jarvis
 Daniel Preston
 Adualqani Sharif

Yellow vest

Kevin Bell
 Daniel Cliffe
 David Devine
 Frederick Groves
 Daniel Jarvis
 Thomas Rogerson
 Lee Siemaszko

Max Brame
 Robbie Collins
 Michael Fitzimmons
 James Horman
 Mark Keeley
 A Rutherford
 Jamie Webb

team 39

Peter Brame
 John Connolly
 Joseph Ford
 Charlie Hulson
 Jonathon Mellor
 Andy Salmon
 Max Wharton

LIVERPOOL PEMBROKE & SEFTON H White, red & black hoops

Greg Callaghan
 John Halson
 Paul Milburn

Andrew Conway
 Ross Harrison
 Tony Obrien

Luke Edwards
 Adam Jones
 Mark Wynne

Michael Gall
 Daniel Jones

Daniel Gilbody
 Chris Maher

team 40

LIVERPOOL RC

Rob Armes
 Kyle Harrison
 David Lawton
 Jon Reynolds
 James Toohey
 Paul Wilson

Robert Burke
 Matt Helme
 Ian Magill
 Alex Rigby
 Tim Waldron
 Thomas Wilson

Blue & white

Matthew Clair
 Tony Holmes
 John Mannion
 Jamie Rutherford
 Jake Williams
 Kenny Worrall

Graham Cushion
 Marc Jacques
 Carl Murphy
 Kevin Shannon
 Aaron Wilson

Jonathan Fisher
 Robert Kelly
 Philip O'rourke
 Adam Simkin
 Dean Wilson

team 41

MARSHALL MILTON KEYNES AC

Matthew Clarke
 Mark Dowson
 Steve Martin
 Jamie Seddon
 C Webber

Thomas Comerford
 Elliot Hind
 Paul Mizon
 Ross Threlfall
 Samuel Winters

Orange & black

Thomas Cuthbertson
 Graham Jones
 Mark Palsler
 James Tuttle
 Steve Withers

Andrew Kirschner
 Jonathan Peters
 Steve Tuttle
 Ian Wood

Thomas Dell
 S Kirschnerheavens
 Stephen Ratcliffe
 Jeremy Vick
 Daniel Woodgate

team 42

MORPETH HARRIERS & AC

Joe Armstrong
 Alex Brown
 Sam Hancox
 James Johnson
 Mark Long
 Jordan Scott
 Graeme Thorpe
 James Young

Carl Avery
 Alistair Douglass
 Ian Harding
 Richard Johnson
 Dean Lonsdale
 Mark Snowball
 Lewis Timmins

Royal blue, 2 white bands

Fergus Bates
 Ross Floyd
 Andrew Hebden
 Andrew Lawrence
 George Lowry
 Thomas Straughan
 Paul Waterston

Lee Bennett
 Taylor Glover
 Kieran Hedley
 Rory Leonard
 Nick McCormick
 David Swinburne
 Adrian Whitwam

Matthew Briggs
 Robert Hancox
 Tom Innes
 Tony Lewis
 Adam Pratt
 Karl Taylor
 Phillip Winkler

team 43

NEWHAM & ESSEX BEAGLES AC

Wayne Bell
 Samater Farah
 Eoin Pierce

Patrick Chesser
 Olivier Heaslip
 Niall Sheehan

Yellow & black

Luke Conway
 D Kingclutterbuck
 Edgars Sumskis

Jad Elhoussami
 James Mccarthy
 Joshua Trigwell

Mo Farah
 Daniel Mees
 Francois Turpault

team 44

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

NOTTSAC

Ben Abbott
 Anthony Carbutt
 Jake Dyer
 Tim Hutton
 David Keasey
 Chris McGurk
 Peter Mumford
 David Oxland
 Peter Robinson
 Stuart Spencer
 Martin Whitehouse

Tom Bailey
 Nicholas Clarke
 Harry Foster
 Freddie Hessian
 Stuart King
 Samuel Mitchell
 Douglas Musson
 Colin Palmer
 James Rushton
 Jonathan Thewlis
 Andrew Williams

PONTYPRIDDROADENTSAC

Stephen Bartlett
 Carl Goose
 Andrew Hughes
 Laurence Pole
 Philip Williams

Darren Bishop
 Paul Graham
 Ben Jones
 Samuel Richards

READINGAC

Aaron Baker
 Gareth Crossley
 Ryan Faulkner
 Shreyas Kanyady
 Duncan Prior
 Colin Simpson
 Martin Turton

C Blatchfordkemp
 Elliot Davies
 Dan Foster
 Michael Lennon
 Matthew Rawlings
 Eddie Steveni
 Alec Vessey

RIPLEYRC

Nathan Andrew
 Tom Carter
 Joe Henstock
 Matthew Nicholls
 Dean Taylor

Matt Baker
 Michael Corrigan
 Christian Howitt
 Martin Penny
 Mick Wareham

ROTHERHAMHARRIERS & AC

Nigel Brookes
 Howard Darwin
 Tom Halloway
 Jonathan Johnson
 Lee Milburn
 Gareth Sampson
 David Tune

Sam Clegg
 Steve Dawson
 Richard Harris
 Arron Larkin
 Peter Neal
 Richard Self
 Scott Williams

ROYAL SUTTON COLDFIELDAC

Rob Andrew
 Dean England
 Ben Horton
 Iain Mackie
 Russell Simpson
 Ian Wood

Martin Clutterbuck
 Shaun Evans
 Paul Jenkins
 Steve Marklew
 Matthew Stenson

SALEHARRIERSMANCHESTER

Nathan Ball
 Robert Fairbanks
 David Marsh
 David Rich
 Jake Spilsbury

Matthew Barnes
 Steven Henderson
 Nigel Martin
 Philip Robertson
 Joseph Vis

Green, white, gold

Michael Benford
 Pete Deacon
 Joshua Gardiner
 Jonathan Hiorns
 Steven Leek
 Richard Mitson
 Rob Needham
 Jarratt Perkins
 Cameron Smith
 Paul Thompson
 Matthew Williams

George Birt
 James Dickinson
 Sam Godwin
 Peter Hodgkinson
 Gareth Little
 James Moroney
 Alistair Nelson
 Bruce Raeside
 Colin Smithmcgloin
 Patrick Townsend
 Allan Wilson

teams 45&46

Milan Campion
 William Dixon
 Tim Hartley
 Sami Ibeggazene
 Steve Long
 John Muddeman
 Ben Norris
 J Robinson
 Bill Speake
 Alastair Watson
 Anthony Woodward

Black & white harlequin

Jack Blackburn
 Billygeorge Hayton
 Gareth Jones
 Ewan Short

Jake Brookesmith
 Samuel Howelljones
 Simon Lewis
 James Spencer

team 47

Rhodri Evans
 Simon Miles
 Daniel Thrift

Red & blue, white

Mark Booth
 Jonathan Davies
 James Fox
 David Lewis
 Alexander Reeve
 Edward Stockdale

Marcus Cleare
 Rory Domville
 Nick Huskinson
 m Martinezzde
 Adam Smith
 Alex Sutton

team 48

Peter Cook
 Isaac Farnworth
 Luc Jolly
 Ryan O'brien
 Sam Rodda
 Robert Tan

Green, 2 yellow diagonals

Luke Beresford
 Danny Elliott
 Matt Jackson
 Colin Smith
 Ian Wartonwoods

Jay Bird
 Simon English
 Matt Jones
 Wayne Smithurst
 RichardWest

team 49

Ryan Braddock
 Ian Hawley
 Harvey Martin
 Paul Sorrell

Black & white

John Comrie
 James Gallacher
 Rhian Hastey
 Steven Marshall
 David Nuttall
 Peter Shaw
 Damian Worsdall

Luke Cotter
 Chris Griffiths
 Simon Holt
 John Massingham
 Simon Oak
 JackStokes

team 50

Kyle Craib
 Ben Hague
 Philip Hoole
 Joseph Massingham
 Richard Parker
 Carl Taylor

Royal blue, white stripe

Simon Corker
 Oliver Harradence
 Alex Jones
 Richard Naylor
 Chris Taylor

Sam Crawford
 Ali Hasip
 Barry Lloyd
 Mark Rickards
 Paul Terleski

team 51

Subodh Dave
 John Hayman
 Dean Lucas
 Oliver Sheppard
 Frederic Tremblay

Green, red & white

Luke Betts
 Gavin Hill
 Ben Mcintyre
 Glen Savage
 Alan White

Alex Bradford
 Daniel Kashi
 William Onek
 Adam Sciacca
 James Wignall

team 52

Richard Clancy
 Patrick Magner
 Gareth Raven
 Adam Spilsbury

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

SALFORD HARRIERS & AC

Gamar Adam Joseph Bailey
 Glyn Billington Paul Birkett
 Marc Brown Simon Bruton
 Sean Cordell Tom Cornthwaite
 Jon Dance Tommy Daniels
 Terry Dermody Mathew Dickinson
 Grant Gunnanderson
 Louis Hopkins David Hudson
 Philip Leybourne Bruno Lima
 Andrew Marsden Andrew Martin
 Gerry O'Neill Stanley Owen
 Phillip Quibell Trevor Rayner
 Stuart Robinson Mark Russell
 Paul Stephens Tony Taylor
 Chris Tully Philip West

Red/diagonal white stripe

Tommi Baker Paul Bannister
 Roland Bowness D Brocklehurst
 Gareth Chew Robert Clarke
 Jeremy Cosway Derek Crewe
 Karl Darcy Stewart Darlington
 Mark Egerton Charles Foster
 Carl Hardman Michael Heaney
 Robert Hughes Grant Johnson
 Chris Livesey John Lloyd
 Billy Mccartney David Milliken
 Steve Pennington Jan Pichl
 C Richards David Rigby
 John Seed Adam Slodowicz
 Thomas Temple Gary Thomason
 Luke Wordsworth

teams 53&54

William Beauchamp
 Richard Brook
 Mark Collier
 Adam Curtis
 Christopher Dawson
 Ian Grime
 Matt Holt
 James Kovacs
 Jack Luscombe
 James O'connor
 Gary Priestley
 Benjamin Rix
 Robert Smyk
 Josh Tighe

SERPENTINE RC

Jeremy Agnew N Barberisnegra
 Peter Clarke Simon Craddock
 John Franklin Juan Frias
 Xavier Gruot M Harrisontosatto
 Milan Misak Callan Moody
 Christopher Oddy Tony Payne
 Benjamin Tolputt Hugh Torry
 Christopher Wright

Red & gold

Julian Barbour Nicolas Besson
 Daniel Depalol Georgy Dzhgarkava
 Will Green Andrew Greenleaf
 Glenn Hughes Marcin Kacperczyk
 Jonathan Moscrop Martin O'connell
 Jonathan Poole Tim Powell
 Nicholas Torry Joost Vogel

team 55

Michele Bottone
 David Evans
 Kit Grierson
 Ryan Mccrickerd
 Scott O'connor
 Andrew Reeves
 Rick Weston

SHAFESBURY BARNET HARRIERS

Ronan Breen Tom Butler
 Phillip Crout Jeremy Dempsey
 Richard Goodman David Greenstein
 Richard Horton Anthony Jackson
 Robert Lightowler Ashok Mathur
 Mark Pearce Zachary Randall
 Jake Shelley Adam Thorpe
 Ben Winfield

Black & white stripes

Michael Callegari Kieran Clements
 Dylan Evans Thomas Fulton
 Oliver Greenstein Sam Griffiths
 Thomas Kearns Rufus Kent
 Ted Ntibazonkiza Tim Parkin
 Robert Rigby Benjamin Rochford
 Daniel Watts Glen Watts

team 56

Jack Crabtree
 Bradley Goater
 George Groom
 Julian Lamy
 Omar Parsons
 William Rylehodes
 Samuel Wiggins

SOUTH LONDON HARRIERS

Pawel Bal Billy Casserley
 Neil Danby Robert Drake
 Daniel Gaffney Ollie Garrod
 Joseph Lyne Stuart Major
 Paul Prothero Kevin Quinn
 Joel Wiles Callum Wilson

White & maroon

Ben Coldray Joe Croft
 Edward Eliot Ryan Evans
 Tom Higgs Gary Laybourne
 Lyndon Meredith Gareth Parr
 Alix Ramsier Simon Richardson
 Jono Wood Dylan Wymmer

team 57

Will Cullen
 Marka Finbow
 James Lyne
 Simon Pontin
 Andy Tindall

SOUTHAMPTON AC

Matthew Bennett Ben Brewster
 Peter Costley Sam Costley
 James Heneghan Matt Hibberd
 Jamie Knapp Kristian Lynam
 Matthieu Marshall Peter Merritt
 Jonathan Roberts Riccardo Rubini
 Oliver Smith Tom Stevens
 Richard Waldron Alex Wallclarke

Red & white vertical stripes

William Bryan Matt Coffey
 Thomas Cully Jim Davies
 Christopher Hilton Rikki James
 Mahamed Mahamed
 Steven Phillips Matthew Revier
 Max Satterly Stephen Simpson
 Alexander Teuten Sanuel Tyas

team 58

Max Costley
 C Dornenvall
 Gareth Kleyacz
 Zakariya Mahamed
 Matthew Ridsen
 James Smith
 Steven Underwood

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

STEEL CITY STRIDERS RC

Malcolm Baggaley
Steve Canning
James Fulcher
James Hogg
John Leawilson
Conor O'boyle
Phil Skelton
David Whittaker

Chris Bannister
Stuart Carrack
Martyn Goldsack
Tim Holt
Alasdair Menmuir
Matt Rimmer
James Smith

Green & gold

Robert Bishop
Ronan Charlton
Mark Gray
B Jones
Paul Middlemas
James Rose
Luke Smith

Kristoff Boynton
Matt Connell
Michael Greer
Tony Ker
Sam Needham
Nick Scarlett
J Sweetnampowell

team 59

Samuel Brown
Tom Cudmore
Chris Guy
Thomas King
Andrew Norton
Stephen Schubeleer
Liam Turner

SUTTON IN ASHFIELD H & AC

Gary Berzins
Dean Cross
David Herbert
Dan Nugent
Paul Whittingham

Gary Bird
Daniel Crow
Chris Holmes
Mark Pidcock

White & red/green

Ben Burnham
Callum Denbywhitt
Nick Luke
Richard Robinson

Nick Burnside
Paul Dobbs
Shaun Martin
James Simpson

team 60

David Cass
Paul Frith
Anton Newell
Conrad Watson

SWANSEA HARRIERS

Richard Copp
Marc Hobbs
Christian Lovatt
Daniel Rothwell
Paul Tobin

Morgan Davies
Jonathan Hopkins
Angus Maclean
Conor Smith

White vest, two green bands

Dewi Griffiths
Kristian Jones
Phillip Matthews
Dominic Smith

Joshua Griffiths
Elliott Lawrence
Martin Powell
Guy Smith

team 61

Matthew Harvey
Liam Lloyd
Alex Price
Jonathan Tobin

SWINDON HARRIERS

Mark Bellamy
Steve Connolly
John Dill
Aaron Girdlestone
Raitis Kraslovskis
James Newton
Chris Reade

Luke Byrne
Oliver Cooke
Simon Dill
Elliot Hill
S Martinezgonzalez
Gary O'brien
Matthew Ryder

Black & white

Simon Byrne
Ciaran Cooper
Elliot Doughty
Dominic Hodge
Nick McCormack
Daniel Patel
Andrew Sherman

Courtney Chessell
William Crisp
Collin Fox
Omer Homer
Jason McGinley
Ethan Pierce
Ian Spencer

team 62

Nyle Clinton
Darren Davidse
Simon Gilbert
Tom Hunton
Robin New
Mark Pierce
Martin Townsend

THAMES VALLEY HARRIERS

Mohamud Aadan
Hugo Cayssials
Douthwaite
Richard Hooley
Andrew Mitchell
Calum Nicol
Paulos Surafel
Sayed Yusuf

Naol Abagibe
Robert Collins
James Ellis
Ryan Keane
Abdiqadir Mohamed
Stephen Norris
Petros Surafel

Black with light blue

Greg Bennett
Michael Crone
D Garciarasines
Conor Kissanewood
Sage Pearcehiggins
Chris Thomas

John Borton
Manuel Dasilva
Henry Hart
Charles Mcfadzean
Daniel Mulryan
Antonio Silva
Robert Vallance

team 63

Michael Cameron
Matthew
Jake Hooley
Kirill Mikhaylov
Oliver Newton
Chris Smith
Philip Wetton

TIPTON HARRIERS

Andy Acha
Dean Bate
Steve Brookes
Jonathon Carter
Paul Dolan
Carl Gayle
Aidan Haibiker
Laurence Heathcock
Jonathan Hunt
Paul Lucas
Stephen Pearson
Joe Smith
Paul Walker
Matt Whitehouse
Phillip Wilson

Tom Acha
Andy Bentley
Aaron Brown
Phil Clamp
Mark Fantom
Alan Grice
Adam Hancock
Andrew Henderson
James Jefferson
Gareth Maguire
Archie Roberts
Adam Soley
Matthew West
Stuart Whitehouse

Green & white hoops

Tom Bains
James Booker
Thomas Brown
Stephen Corbishley
Richard Field
Gareth Griffiths
Nick Hardy
Dean Hill
Daniel Lewis
Harvey Maguire
Paul Rogers
Adam Spellacy
Richard White
Ian Williams

Adam Barnes
Louie Boot
Sean Byrne
George Cunningham
Karl Fletcher
Luke Gunn
Zabie Hassan
Phil Hinch
Iain Lewis
Aedan O'brien
Robert Sedgley
John Strouger
Gary Whitehouse
Martin Williams

teams 64&65

Shaun Barnsley
Peter Brookes
Richard Carpenter
Ben Gamble
Adam Guy
Stuart Hawkes
Tom Holden
Karl Lewis
David Orme
Lee Slater
Luke Vine
Greg Whitehouse
Myles Wilson

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

TONBRIDGEAC

Daniel Bradley
Ben Cole
George Duggan
Luke Fisher
Nathan Marsh
Cameron Payas
Kieran Reilly
James Taylor

Dominic Brown
Greg Cole
Michael Ellis
Alex Howard
Sean Molloy
Henry Pearce
Julian Rendall
Miles Weatherseed

Blue/white

Stuart Brown
Samuel Crick
Robbie Farnhamrose
Jack Keywood
Benjamin Murphy
B Pitcairnknoles
Luca Russo
Jamie Bryant
Corey De'ath
Alasdair Kinloch
Euan Nicholls
Dane Poore
Jordan Saul

team 66

Donald Carter
Ryan Driscoll
Steven Fennell
Harry Lawson
M Nicholls
James Puxty
Dan Schofield

TRAFFORDAC

Dan Atkinson
Blake Ellis
Dan Hill
Michael Hutchinson
Greg Marcroft
Darren Russell
Gavin Tomlinson
Gareth Woodcock

Matt Berry
Jay Ferns
Graham Hogg
Alex Jones
Xavier O'hare
Ian Salisbury
Richard Turner

White with blue & gold sash

Neil Canham
Jacob Fletcher
Graham Holbrook
Greg Kelly
Mac O'malley
Ryan Sciacca
Richard Wallace
Jack Cooper
Mike Harris
Lawrence Hopkins
Benjamin Langley
Simon O'meara
Matthew Sutton
Craig Wheeler

team 67

Tony Davenport
Daniel Hayes
David Horniman
Rushwan Lewis
Jeff Prest
Paul Taylor
Jack Wilkinson

TYNEBRIDGEHARRIERS

Alex Black
Tom Charlton
Marc Fenwick
Ryan Holt
Alex Lockwood
Matt Poole
Alastair Spanner
Chris West

Alasdair Blain
Tom Crossley
Lee Gifford
John Hurse
Mark Lyon
Kieran Reay
Richard Tailford

White & black

Craig Boggon
David Daniels
Adrian Hall
Graeme Kafka
Pierre Mccarthy
Kevin Richardson
Douglas Tickner
Connor Braithwaite
James Dunce
Charles Hazlerigg
Tim Kelso
Nicholas Pearson
Philip Scott
Paul Turnbull

team 68

Finn Brodie
Tom Elmer
Paul Hilton
Peter Kullar
Ian Pickett
Carl Smith
Matt Walker

VALLEYSTRIDERSAC

Jonathan Ball
Sean Fitzgerald
John Hobbs
Andrew May
David Song

Ross Bibby
Paul Fotherby
Bob Jackson
Kevin McMullan
James Tarran

White, black lettering

Matthew Chadwick
Matthew Hallam
Jeremy Ladyman
Rav Panesar
Gwilym Thomas
Richard Drake
David Herdsman
Huw Lippiatt
Adam Parton
Tom Thomas

team 69

Daniel Fisher
Daryl Hibberd
Gary Mann
Paul Smith
Tom Venning

VICTORIAPARK & TOWER HAMLETS

Andrew Barrington
James Cordwell
Paul Gaimster
William Kirk
Bruno Mustone
Selyhammer

Simeon Bennett
Joseph Dale
Scott Greenwood
Tony Lashmar
John Payne
Duncan Steen

White, blue & green diagonals

James Bewley
Sam Duggan
Michael Hughes
Tony Maccowall
Samuel Priestley
Andy Waterman
Ewan Cameron
Gareth Evans
Andrew Hutson
Paul Martelletti
Jonny Scott
Ben Wickham

team 70

Neil Cook
Stephen Fabes
David Jones
Aaron Mcgrady
Carl
A Withstandley

WALLASEYAC

Tony Barbat
Chris Bowers
Stephen Cole
Matt Gillbanks
Nicholas Holt
Alex Norton
Jack Poland
Paul Witt

John Bassett
Mark Carruthers
Stephen Cosgrove
Tom Gillbanks
Greg Jones
Steve Norton
Keith Simpson

Red

Peter Bird
Ray Clark
Phil Dabner
Dermot Gough
Danny Lawson
Colin Palmer
John Thelwell
Phil Bird
Pete Clarke
Xavier Desse
Kevin Hall
Connor Mcardle
Rob Pearse
Jay Walker

team 71

Joseph Boden
Stephen Clarke
Isaac Fellick
Jon Hogg
Derek Mcardle
Karl Pickstock
Philip Walton

ERRA MEN'S 12 STAGE ROAD RELAY CHAMPIONSHIPS

WORCESTER AC

George Beardmore Tom Bentley
 Philip Edwards Matt Fairlamb
 Nick Hitchings Michael Jeavons
 Ray Miles Joshua Murray
 Luke Sheppard Finley Smith
 Jake Watson Anthony Wilson

Yellow, red & black

Robbie Campbell Connor Carrier
 Daniel Geisler Chris Harle
 Ben Jones Robert Jones
 David O'Brien Andrew Peach
 Thomas Stock Mark Teague

team 72

Hugh Davies
 Alex Hills
 Kevin Mcmillan
 Adam Pollock
 Richard Walsh

YORK KNAVESMIRE HARRIERS

Jamie Arkle Russell Bowry
 Stewart Creasey Kim Critchley
 Glynn Ellwood Simon Fricke
 Giles Hawking Rory Henderson
 Andrew Lowson Richard Lowson
 Jonathan Pinder Richard Purser
 Tom Sinclair Neil Strange

Yellow & black quarters

Tim Buckley Stephen Clarke
 Mike Crosby Pete Downes
 Stuart Grange Gareth Green
 Darren Hendley Toby Hone
 John Nodder Darren Noyland
 Tom Ratcliffe Chris Roberts
 Peter Walker Robert Ward

team 73

Simon Collins
 Phillip Elliott
 Laurence Griffin
 Abbas Khan
 Luke Osborn
 Ewan Sewell
 Nick Zissler

OUR RESULTS

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Leg 5		:	
Leg 6		:	
Leg 7		:	
Leg 8		:	
Leg 9		:	
Leg 10		:	
Leg 11		:	
Leg 12		:	
Total		: :	

ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

WOMENS 6 STAGE

ABERDARE VALLEY AAC

Cheryl Bunney Nina Davies
Ceri Jones Corrina Jones
Holly Ryder Nadine Winstone

Black & amber

Aimee Ferguson Clare Griffiths
Vicky Jones Louise Miskell

team 201

Holli Jehu
Kelly Morgan

ABINGDON AC

Katy Adams Rachael Ayerst
Cordelia Parker Vicky Tilling

Yellow with maroon & black

Fiona Bunn Cordellia Halfhead

team 202

Katharine Harris

ALDRSHOT FARNHAM & DISTRICT

Katriona Brown Niamh Brown
Maisie Grice Amy Griffiths
Evie Highton Tilly Horton
Sofie Kent Hannah Kitchen
Bryony Proctor Charlotte Purdue
Nancy Scott Louise Small
Katie Stevens Maddie Sturgess
Emily Wicks

Red, green & white

Wendy Fitzpatrick Laura Gent
Lauren Hall Lucy Harris
E Hoskerthornhill Katie Hughes
Anna Moller Emily Moyes
Sally Ratcliffe Niamh Reidsmith
Elizabeth Squibbs Katie Standen
Georgia Tuckfield Stephanie Twell

teams 203&204

Emelia Gorecka
Jo Harvey
Ruth Jones
Megan Newton
Lucy Rochford
Emma Stevens
Anna Weston

BELGRAVE HARRIERS

Rachel Brown Mimi Cordenloyd
Emma Howsham Tish Jones
Keri Mackenzie Fiona Maddocks

Claret & gold

Geogina Fenn Katieellen French
J Levertaviciute Jessica Lowe
Rose O'Brien Alice Reed

team 205

Lizzie Goldiescot
Justine Lynch
Jess Reed

BIRCHFIELD HARRIERS

Karys Amory Tamara Armoush
Val Carter Sarah Conway
Clare Grice Bryony Gunn
Laura Hopcroft Emma Lines
Susie Mcmanus Caitlin Mcmorrow
Chloe Richardson Nicole Roberts
Sarah Travis Sara Treacy

Black with stag motif

Carli Baldwin Sarah Capewell
Julia Cooke Louisa Davidson
Beverley Hartigan Georgie Hartigan
Jessie Lutwyche Sarah Mcdonald
Geogina Mitchell Rae Nicholls
Kathryn Salt Mari Smith
Frances Vickers Debbie Walters

teams 206&207

Hayley Carruthers
Sara Ellen
Bethan Hinett
Robyn Mcdowall
Giulia Nicoli
Rebecca Straw
Elizabeth Watters

BIRMINGHAM RUNNING A&T

Molly Browne Annie Byrne
Anne Kenchington Eloise Lee

Black & red vest

Jennifer Dale Sophie Dalley
Hazel Murray Helen Pike

team 208

Rosie Forster

BLACKBURN HARRIERS & AC

Freya Black Carmen Byrne
Maddie Elliott Janine Fallon
Alison Lundy Victoria Mousley
Ellen Sagarhesketh Rachel Wood

Blue & white

Hannah Cookson Charlie Coy
Rachael Gavin Nichola Hartley
Samantha Murray Joanne Nelson

team 209

Lindsay Davies
Jessica Judd
Pauline Powell

BOURNVILLE HARRIERS

Lorna Alani Katie Alldritrose
Lynda Batchelor Grainne Bermingham
Sarah Clayton Leonie Clitherow
Kiri Elliott Joan Feely
Jaeda Goodman Linda Goulding
C Harlanmarks Marianne Hensman
Mathilde Housley Linda Howell
Susannah Latouche Laura Leslie
Clare Mullin Sharon Newman
Anushka Puri Lesley Pym
Suz West Emma Whigham

Teal

Caroline Ankcom Monica Baptista
Jess Bond
Nicola Cumley Claire Daniels
Laura Gale Aine Garvey
Jo Green C Greenhouse
Sara Hewison Rebekah Hilton
Rachel Hursey Rebecca Jones
Anna Mcmanus Louisa Moore
Kerry Oliver Sam Pretlove
Sarah Rockwebster Miriam Stevens
Joanne Whiting P Williamson

teams 210-212

Fiona Barker
Elizabeth Bradley
Alison Davies
Jude Glynn
Hannah Guest
Emma Hopkins
Maeye Kenny
Nicola Morris
Alison Price
Nicola Sykes

ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

BRISTOL & WEST AC

Tracy Allan
Stephanie Barnes
Lucy Bird
Louise Cronin
Sarah Everitt
Natalie Griffiths
Alison Hurford
Fiona Marks
Helen Newberry
Amy Partridge
Kathy Stringer

Jenny Anderson
Julia Belyavin
Molly Chilton
Alice Doggrell
Anna Ford
Suzanne Harding
Clare Jolliffe
Leona Mills
Mel Newbery
Becky Pierce
I Talbotrice

White & red

Rebecca Awde
Hayley Bennett
Emma Clarke
Kate Druett
Elaina Gard
Ellen Harrison
Emma Jolliffe
Isabelle Morgan
Ruth Nunn
Hannah Pollak
C Taylorgreen

Naomi Aylwin
Meriel Bergin
Fleur Cockley
A Duranmingo
Antonia Gooder
Rosie Hattersley
Caitlin Lloyd
Daisy Mummery
Catie O'donoghue
Kate Reed
Sorrell Walsh

teams 213-215

Danni Bailey
C Birmingham
Latife Comlek
Katrina Entwistle
Annabel Granger
Nicola Hodges
Kate Maltby
Rosey Mushens
Emmajane Orchard
Jenny Spink

BROMSGROVE & REDDITCH

Jane Anderson
Tamara Freeman
Natasha Newton
Becki Timmings

Charlotte Ball
Sally Hogan
Megan Nicod
Jenny Wales

Red, 2 blue diagonals

Alice Batteny
Jo Hounsellhardy
Alison Pickup
C Warrington

Ellen Bowen
A Mijoviccouldwell
Dagmar Prinzing

team 216

Lucy Bristow
Mary Morris
Sarah Richardson

CAMBRIDGE & COLERIDGE AC

Justine Anthony
Emma Etheridge
Zoe Macdonald

Holly Archer
Rebecca Frake
Nicola McBride

Turquoise & white

C Christensen
Rebecca Hair
Siobhan Skinner

Belinda Dow
Fiona Hughes

team 217

Lucy Dowsett
Victoria Knight

CARDIFF AAC

Emily Brown
Annwen Gammon

Megan Carterdavies
Zoe Holloway

Blue, white, red

Heddwen Daniel
Naomi Reid

Rebecca Evans
Laura Wright

team 218

Kiara Frizelle

CHORLTON RUNNERS

Hannah Ahle
Kate Harvest
Stephanie Stevens

Alison Barbuti
Maria Kaczmarek
Emma Tollefson

Black

Leona Beaumont
Gemma Larkin
Sue Waring

Jude Bek
Sarah Renshaw
Chloe Wilkinson

team 219

Madeleine Dickson
Fiona Roberts
Stephanie Wise

CITY OF NORWICH AC

Sarah Astin
Leanne Finch
Danielle Nimmock
Charlotte Rose

Mabel Beckett
Sarah Griffiths
Julia Parsley
Ella Sharrock

Red & gold vertical stripes

Harriet Carr
Lauren Howe
Alice Rees
Millie Solway

Jane Clarke
Iona Lake
Emma Risbey

team 220

Lucy Emmett
Kathryn Mathias
Isabel Rodriguez

COVENTRY GODIVA HARRIERS

Kate Anderson
Jayne Mallows

Sally Boon
Linda McDonald

Mens red with yellow bands

Isobel Davis
Jayne Mumford

Mistianne Feeney
Penny Oliver

team 221

Myshola Kirkham

DERBY AC

Jill Burke
Sarah Holford
Rachel Oliviant
Emily Weeks

Jasmine Cooper
Bethan Hudson
Lisa Palmerblount
Natalie Weir

White, green & red

Chrisse Dover
Louise Insley
Paula Parkin
Veska Wills

Amanda Hewitt
Alexandra Kiltie
Leonie Shipley

team 222

Tracey Hinxman
Rebecca Miller
Steph Spencer

HALLAMSHIRE H SHEFFIELD

Hannah Fletcher
Rachel Poole

Lily Fletcher
Charlotte Slack

Red & white

Julia Jagger
Nicola Squires

Rachael Lundgren
Caitlin Tevendale

team 223

Mary Mccarthy
H Whitelamhodes

HARBOROUGH AC

Lianne Brooks
Tracey Southwell

Gemma Burman
Marise Taylor

Yellow

Hannah Eveleigh
C Voelkerling

Lin Farrow
Sarah Ward

team 224

Louise Mcallister

ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

HEANORRC

Samanthajane Crowe
Deborah Kirk
Mollie O'hanlon
Rachael Shelbourn

Rose Leivers
Susan Pinder
Danielle Smith

Yellow, blue horizontal band

Rita Fisher
Jayne Lynas
Joanne Potter
Kathryn Spendlove

Amanda Heading
Kelsey Moloney
Kerry Queenan
Sarah Whittle

team 225

Kirsty Hessey
Karen O'hanlon
Paige Roadley

HERNE HILL HARRIERS

Catherine Ansell
Jessica Craig
Sarah Grover
Katie Kedward
Saskia Millard
Katie Snowden
Zoe Tompkins
Olivia Zeltner

Katie Balme
Fiona Demauny
Helen Hadjam
Lara Langston
Ella Newton
Olivia Stillman
Stacey Ward

Red & black hoops

Alex Brown
Jordan Foster
A Hargreaves
Natasha Lodge
Mollie O'sullivan
Nikki Sturzaker
Julia Wedmore

Kate Brown
Monika Gajek
J Haywardbhikha
Steph Mccall
Swann Phelippeau
Suzanne Swaine
Stacy Wheat

teams 226&227

Helena Corbin
Georgie Grgec
Annabel Hobday
Evie Modernott
Shannon Sinclair
Chloe Tighe
Jessica Winfield

HIGHGATE HARRIERS

Catherine Airey
Nina Griffith
Megan Wilson

Sarah Bailey
Kani Hinshelwood

Black & white

Emma Burgess
Rebecca Johnson

Natasha Cendrowicz
Molly Renfer

team 228

Yasmin Goater
Hannah Viner

HOLME PIERREPONT RC

Janet Atkinson
Michelle Noble

Emma Cupitt
Lindsay Simpson

Navy blue with red chestband

Ann Gould
Claire Lewis

team 229

Suze Moore

HOLMFIRTH HARRIERS AC

Helen Berry
Lucy Farquhar
Lorraine Smith
Liz Woodfield

Erica Byram
Deborah Hall
Zoe Storr

Amber, black badge on front

Lucy Byram
Claire Leaver
Margaret Sykes

Helena Croft
Clare Locke
Olivia Sykes

team 230

Lesley Ewart
Jordan Mullinger
Ruby Sykes

KENT AC

Isabel Bradley
Eliza Grant

Victoria Buck
Sarah Hanley

Navy blue with white horse of

Joanne Campbell
Alexa Parker

Abby Clyndes
Katie Rowland

team 231

Susie Fairbrass
Georgina Wiley

KETTERING TOWN HARRIERS

Elana Albery
F Guglielmi

Karen Albery
M Mulholland

Red & white

Samantha Brockway
Kerry Munn

Natasha Brown
Trudi Pike

team 232

Elaine Fairbrother
Paula Sinnott

LEEDSCITY AC

Leila Armoush
Lucy Crookes
Sarah Hodgson
Georgia Malir
Claudia Stanton
Charlotte Wills

Rachel Atherton
Celia Demaria
Sarah Kemshall
Jessica Nixon
Stevie Stockton

Royal blue, two yellow diags

Emily Birchall
Claire Duck
Heather Langham
Bronwen Owen
Alison Varley

Harriet Buswell
Rachael Dyson
Alice Leake
Susan Partridge
Jennifer Walsh

teams 233&234

Emma Clayton
Rachel Friend
Amicia Lee
Heather Sellars
Charlotte Webster

LES CROUPIERS

Tamara Beach
Helen Oliver

Catherine Beecher
Sally Pugsley

Red with green band

Aelwen Blythe
Connaire Stephanie

Shelley Brace
Sophie Walton

team 235

Angela Champion

LIVERPOOL HARRIERS & AC

Megan Ball
Elizabeth Egan
Jade Morgan
Emily Rowe

Maria Barrett
Emily Gray
Alex O'brien
d Wilson

Yellow vest

Rachael Burns
Hannah Hughes
Abbie Oliver

Jessica Cook
Faye Ireland
Jennifer Platt

team 236

Hannah Delaney
Lucy Miller
Millie Raine

LIVERPOOL PEMBROKE & SEFTON H White, red & black hoops

Debra Campbell
Tiffany Penfold

Harriet Foley
Laura Purdy

Vicky Gilbody
Hilary Honeyball

team 237

Kirsty Longley

ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

MORPETH HARRIERS & AC

Jill Bennett Robyn Bennett
 Josie Cram Rachelle Falloon
 Emma Holt Gracie Hufton
 Mhairi MacLennan Hannah Rank

Royal blue, 2 white bands

Jane Briggs Alison Brown Claire Calverley
 Gemma Floyd Vicky Gibbs Jane Hodgson
 Jane Kirby Catriona Macdonald Lorna Macdonald
 Laura Weightman

team 238

NOTTS AC

Joanne Birtwistle Laura Boulby
 Sarah Costin Donna Davenport
 Samantha Garside Becky Harris
 Michelle Kruger Tracey Lack
 Lucy Niemz Sharon Orridge
 Rebecca Pritchard Louise Read
 Joanne Spencer Madeleine Tomes

Green, white, gold

Kirsty Bradshaw Catherine Charlton Megan Clarke
 Lisa Deacon Lisa Dickinson Joanne Finch
 Samantha Harrison Lucy Holt Wendy Kane
 Julie Lambourne Katie Lord Sarah Mackness
 s Ottleydela Becca Peach E Pennington
 Sonka Reimers Hannah Robinson Ella Shirley
 Kelly Weall Rachel Whelan Emma Williams

teams 239&240

PENISTONE FOOTPATH RUNNERS

Dawn Broom Jill Carlton
 Jill Scrivens Rebecca Timms

White, black & red

Julia Cobham Lesley Latchem Rachael Mayston

team 241

PETERBOROUGH AC

Verity Carrick Sarah Caskey
 Daniella Hart Louise Morgan

White vest, royal & gold

Hannah Chapman Ellen Ellard Chloe Finlay
 Wendy Perkins Maggie Skinner Sophie Watson

team 242

RIPLEY RC

Amy Bradley Esther Broughton
 Sarah Hill Rebecca Lineker

Green with 2 yellow diags

Alison Butlin Cathy Cresswell Jayne Fitzpatrick
 Eleanor Robinson Emily Tomlinson J Whartonhowett

team 243

ROTHERHAM HARRIERS & AC

Jenny Blizard Stephanie Burns
 Nicola Devine D Elliott
 Natasha Hatswell Hannah Holmes
 Sarah Lowery Gillian Neal
 Jenny Reed Cyane Robinson

Black & white

Naomi Clegg Sophie Cowper Fiona Davies
 Jessica Freeman Lori Handbury Natalie Harris
 Samantha Hughes Zara Knappy Robyn Lancelley
 Olivia Neal Emma Parkinson Keri Pearson
 Fiona Topliss Georgina Weston

teams 244&245

ROYAL SUTTON COLDFIELD AC

Andrea Deathridge Georgia Delaney
 Holly Kelley Orlaith Kilgannon
 Rachel Thebridge Laura Whittle

Royal blue, white stripe

Helen Elsoueidi Megan Evans Ellen Humpherston
 Jenni Lloyd Kate McBrien Gemma Sidaway

team 246

RUGBY & NORTHAMPTON AC

Rosanna Andrews Emma Bond
 Tori Green Helen Jones
 Tilly Lea Hollie Moore
 Zoe Shepherd Sophie Wilkinson

Sky blue & black

Minerva Chesser Alison Cobb Angela Copson
 E Katsogianni Lorna Latimer Katie Lea
 Gabrielle Moriarty Fleur Odonough Olivia Sheehan
 Catherine Williams

team 247

SALE HARRIERS MANCHESTER

Fiona Askew Lydia Briggs
 Megan Davies Jenny Evans
 Catherine Jones Bethlouse Newton
 Caroline Wheeler

Green, red & white

Anne Chinoy Jenny Clink J Cordingley
 Danielle Fegan Sarah Goulden Harriet Hamilton
 Julia Reynolds Wendy Terry Emma Tilley

team 248

SALFORD HARRIERS & AC

Beth Barlow Amelia Beaman
 Carla Davies L Haywoodpercival
 Hayley Kuter Ruth Ollershaw
 Jaymie Shenton Beverley Simons

Red/diagonal white stripe

Sinead Bent Sarah Carroll Julie Cook
 Catherine Hooper E Kilcourse Kate Knox
 Marloes Peeters Becki Robinson Tessa Robinson
 Sophie Wood

team 249

ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

SERPENTINERC

Marta Bagnati
Anna Harding
Sarah Pemberton

Ahlem Bengueblia
Anna Hollingsworth
Sonia Pignorel

Jo Burkett
Christine Kennedy
Megan Roberts

Laura Carmichael
Margaret King
Natalasha Sheel

S Flanagan
Catherine Meyer

Red & gold

team 250

SOUTHAMPTONAC

Nicci Bolinger
M Joneswalters

Bryher Bowness
Hannah Polden

Laura Brenton
Anna Sharp

Jordan Folk
Lucy Short

Louise Jackson
Sarah Winstone

Red & white vertical stripes

team 251

STEEL CITY STRIDERSRC

Gillian Allen
Helen Burgess
S Evans
Chloe Haines
Emma Nicholson
Charlotte Roper
Poppy Tovey

Kimberley Bateman
Isabelle Carter
L Fletcher
Jeni Harvey
Abbie Pearse
Leisha Shiner
Sarah Ward

Nicola Birch
Rio Cooper
Nicola Galley
Heather Hatton
Jennifer Rich
Jennie Stevens

Caroline Brock
Fran Cummins
Valeria Gasparini
Charlotte Maddox
Frances Roberts
Jo Taylor

teams 252&253

Lucy Broom
Amy Earnshaw
Claire Grisdale
Katie Morris
Caitlin Robertson
Mandy Taylor

SWANSEA HARRIERS

Alaw Beynonthomas
Sophie Harris
Helen Marshall
Andrea Whitcombe

Helenmarie Davies
Cari Hughes
Hannah Munday
Sarah Worley

White vest, two green bands

team 254

Rachel Davies
Caryl Jones
Verity Ockenden

Sian Edwards
Linos Jones
Isobel Parryjones

A Goodricklatham
Elinor Kirk
Gemma Seaman

THAMES HARE & HOUNDS

Amy Aronson
Vicki Filsell
Hedgethorne
Ruby Woolfe

V Barthelmiss
Anna Garnier
Lauren Major

White, black saltire

team 255

Jessica Davies
Amy Groeneveld
Bethanie Murray

Claire Day
Sarah Hazel
Natalie Seymour

Rebekah Edgar
Katy
Cherry Wang

THAMES VALLEY HARRIERS

Kirsty Addy
Cattermole
Katie Knowles
Heather Timmins

Stephanie Ainley
Ana Dasilva
Fran Lou
Madeleine Turner

Black with light blue

team 256

Chloe Baker
Lisa Dasilva
Katie Olding
Rosie Vallance

Amelia Casey
Laura Farrar
Lara Scerri
Maryna Voloshyna

Annabel
Alice Harray
Fiona Thompson

TIPTON HARRIERS

Joanne Acha
Joanne Cooper
Amie Fithern
Lynne Hill
Daniela Sedgley
Sallyann Walker

Penelope Barber
Susannah Davies
Charlotte Fletcher
Claire Hodgkiss
Susan Streethall
Kate Williams

Green & white hoops

teams 257&258

Katie Briggs
Katie Dolan
Elizabeth Groucutt
Catherine Holden
Linsey Swinburne

Julie Caddick
Sarah Dolan
Amy Hadley
Rosa Lewis
Rebecca Turton

Victoria Charlton
Tina Edwards
Samantha Hale
Larna Partridge
Bethany Walker

TONBRIDGEAC

Elle Baker
Claire Day
L Pitcairnknowles
Lucy Thompson

Chloe Bird
Ashley Gibson
P Pitcairnknowles
Liz Weeks

Blue/white

team 259

Abianne Coates
Kirandeep Marsh
C Richardson
Alice Wood

Charlotte Cohen
J O'reilly
Sian Robertson

Alex Crockford
E Pitcairnknowles
Nicole Taylor

TRAFFORDAC

A Baker
Nicole Davenport
Sarah Hudak
Rachel McDonnell

Emily Beedham
Joanne Dawes
Catherine Hurst
Melanie Monks

White with blue & gold sash

team 260

Ruth Beresford
Beth Donnelly
Teresa Kemp
Sally Woolhouse

Amyrose Cauley
Sue Exon
Joanne Lott

Vicki Cronin
Karen Hill
Louise Mangan

ERRA WOMEN'S 6 STAGE ROAD RELAY CHAMPIONSHIPS

VALEROYALAC

Julie Annable Chloe Broad
 Cara Gibbons Emily Lowery
 Emmalouise Pyatt Sophie Smith

Blue & yellow quarters

K Brough Pauline Davies
 Kate Moulds Amelia Pettitt
 Carole Williams

team 261

Katie Gerrard
 Clara Pettitt

VALLEYSTRIDERSAC

Elizabeth Adams Rachel Bentley
 Samantha Harris Chloe Hudson
 Rachel Mackie Sarah Mann
 Sue Sunderland Ruth Warren

White, black lettering

Pascale Fotherby Stephanie Gledhill
 Myra Jones Leila Kara
 Anna Milburn Carole Schofield
 A Watsonusher

team 262

Sarah Grant
 Aileen Loftus
 Amanda Spencer

VICTORIAPARK & TOWER HAMLETS

Susan Bint Kelly Clark
 Cheryl Evans K Gundersen
 Jess Lowe Charlotte Maling
 Rachel Thomas Holly Weir

White, blue & green diagonals

Mandy Dohren Sophie Donges
 Jo Hall Faye Jeacocke
 Hazel Nortonhale Jo Singer

team 263

Amelia Evans
 Martha Lloyd
 Hannah Somani

WESTBROMWICH HARRIERS

Heather Davies Tara Donnelly
 Kate Facey Josie Howell
 Beverley Ward

Maroon & white

Elaine Donnelly Katie Downward
 Rosemary Rhodes Emma Sheldon

team 264

Emilyjane Elwell
 Alison Smith

WORCESTER AC

Rachael Alexander Margaret Crosswell
 Nicola Turner Kirsty White

Yellow, red & black

C Hutchinson Deborah Parker

team 265

Emma Robertson

WYCOMBE PHOENIX HARRIERS & AC

Alexandra Cook Zoe Doyle
 Lucy Rogers Laura Street

Blue & red

Jess Gray Nicki Johnson
 Philippa Woolven

team 266

Jenny Roberts

YORK KNAVESMIRE HARRIERS

Emily Baines Melanie Ellwood
 Corrie Percival Louise Pinder
 Lou Stringer Megan Thomson

Yellow & black quarters

Jessica Green Shelley Hughes
 Clare Rowntree Victoria Sewell
 Della Wilson Eva Zehentner

team 267

Ellie Page
 Hannah Strange

OUR RESULTS

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Leg 5		:	
Leg 6		:	
Total		: :	