



# Mid Lancs Track and Field League

## Stanley Park Arena - Blackpool

### 24th August 2019



#### Senior Men 100m Heat 1

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1	James Barlow	Kendal AC	96	11.7	G
2	Declan Taylor	Preston Harriers	267	12.0	
3	Daniel Shuttleworth	Kendal AC	98	12.1	S
4	Christopher Burgess	Southport Waterloo AC	169	12.2	B
5	Frank Shepherd	Lancaster Morecambe AC	101	21.0	

#### Senior Men 100m Heat 2

1	Luke Parkinson	Pendle AC	287	12.5	
2	John Wright	Chorley Athletic & Tri	88	12.6	
3	Daniel Cope	Kirkby Milers	99	12.8	
4	Rick Cordwell	Chorley Athletic & Tri	81	13.0	
5	Harrison Lion	Blackpool Wyre Fylde AC	50	13.1	

#### Senior Men 200m

1	James Barlow	Kendal AC	96	23.8	G
2	Christopher Burgess	Southport Waterloo AC	169	24.9	S
3	Luke Parkinson	Pendle AC	287	24.9	
4	Graham Boreham	Southport Waterloo AC	163	25.3	B
5	Daniel Shuttleworth	Kendal AC	98	25.7	
6	Steve Goodwill	Burnley AC	179	25.8	
7	Daniel Cope	Kirkby Milers	99	26.7	

#### Senior Men 400m

1	Graham Boreham	Southport Waterloo AC	163	55.0	G
2	John Wright	Chorley Athletic & Tri	88	57.3	S
3	Steve Goodwill	Burnley AC	179	57.5	B
4	Rick Cordwell	Chorley Athletic & Tri	81	59.1	

#### Senior Men 800m

1	Gareth Woodcock	Guest	291	2:15.5	
2	Luke Turner	Hoad Hill Harriers	209	2:19.6	G
3	Jeffrey Chadwick	Hoad Hill Harriers	204	2:30.5	S

#### Senior Men 1500m

1	Rick Cordwell	Chorley Athletic & Tri	81	6:03.8	G
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#### Senior Men 3000m

1	James Corbishley	Hoad Hill Harriers	91	10:22.8	G
2	Keith Swift	Southport Waterloo AC	211	11:26.9	S

#### Senior Men Long Jump

1	Trevor Alexanderson	Guest	251	6.85	
2	Declan Taylor	Preston Harriers	267	5.83	
3	Daniel Cope	Kirkby Milers	99	4.71	G

#### Senior Men Triple Jump

1	James Ellis	Kirkby Milers	186	8.94	G
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#### Senior Men Shot Putt

1	Anthony Kent	Blackburn H & AC	20	11.20	G
2	Lee Doyle	L'pool Pembroke Sefton	217	10.37	S
3	David Brown	L'pool Pembroke Sefton	104	9.08	B
4	Nathan Billington	Blackburn H & AC	9	8.55	
5	Jamie Thomson	Blackpool Wyre Fylde AC	61	8.30	

#### Senior Men Discus Throw

1	Anthony Kent	Blackburn H & AC	20	39.20	G
2	David Brown	L'pool Pembroke Sefton	104	27.32	S
3	Lee Doyle	L'pool Pembroke Sefton	217	26.71	B
4	Jamie Thomson	Blackpool Wyre Fylde AC	61	22.73	

#### Senior Men Hammer Throw

1	Anthony Kent	Blackburn H & AC	20	46.73	G
2	Nathan Billington	Blackburn H & AC	9	33.91	S
3	Jamie Thomson	Blackpool Wyre Fylde AC	61	28.39	B
4	David Brown	L'pool Pembroke Sefton	104	25.81	

#### Under 17 Men 100m

1	James Nicholas	Blackpool Wyre Fylde AC	54	11.8	G
2	Ryan Wilson	Barrow & Furness AC	7	11.9	S
3	Harry Steele	L'pool Pembroke Sefton	190	11.9	B
4	Ethan Downes	Blackburn H & AC	271	12.0	
5	Matthew Hughes	L'pool Pembroke Sefton	107	12.2	
6	Will Whiteside	Preston Harriers	160	12.3	

#### Under 17 Men 200m

1	James Nicholas	Blackpool Wyre Fylde AC	54	23.6	G
2	Osasu Fernandez	Burnley AC	180	23.9	S
3	Harry Steele	L'pool Pembroke Sefton	190	23.9	B
4	Matthew Hughes	L'pool Pembroke Sefton	107	24.4	
5	Scott Sinclair	Blackpool Wyre Fylde AC	60	25.2	
6	Jake Evans	Blackpool Wyre Fylde AC	254	25.6	

#### Under 17 Men 400m

1	Osasu Fernandez	Burnley AC	180	55.8	G
2	Bill Steel	L'pool Pembroke Sefton	264	57.6	
3	Joseph Smalley	Blackpool Wyre Fylde AC	272	57.9	
4	Ethan Barbarewicz	Blackburn H & AC	8	67.8	S

#### Under 17 Men 800m

1	Ryan Heneghan	Guest	290	2:09.7	
2	Se Loughlin	L'pool Pembroke Sefton	202	2:16.3	G
3	Michael Kain	L'pool Pembroke Sefton	108	2:17.1	S
4	Ethan Barbarewicz	Blackburn H & AC	8	2:17.8	B

#### Under 17 Men 1500m

1	Max Swarbrick	Blackpool Wyre Fylde AC	225	4:50.1	G
2	Harry Wilkin	Blackburn H & AC	295	5:02.8	

#### Under 17 Men 4x100m Relay

1	.	Southport Waterloo AC	165	49.0	G
2	.	Blackburn H & AC	271	62.4	

#### Under 17 Men Long Jump

1	Scott Sinclair	Blackpool Wyre Fylde AC	60	5.95	G
2	Ben Branton	Blackburn H & AC	222	5.43	S
3	Drumayne Moore	Southport Waterloo AC	175	5.02	B
4	Sam Coupland	Southport Waterloo AC	165	0.00	

#### Under 17 Men High Jump

1	Sandy Clarkson	L'pool Pembroke Sefton	106	1.85	G
2	Sam Coupland	Southport Waterloo AC	165	1.80	S

#### Under 17 Men Triple Jump

1	Scott Sinclair	Blackpool Wyre Fylde AC	60	13.09	G
2	Will Whiteside	Preston Harriers	160	11.70	S

#### Under 17 Men Shot Putt

1	Bill Steel	L'pool Pembroke Sefton	264	12.79	
2	Toby Wilson	Barrow & Furness AC	6	9.17	G
3	Finley McKenna	L'pool Pembroke Sefton	110	8.98	S

#### Under 17 Men Discus Throw

1	Finley McKenna	L'pool Pembroke Sefton	110	34.17	G
2	Will Whiteside	Preston Harriers	160	31.66	S
3	Toby Wilson	Barrow & Furness AC	6	30.67	B
4	Sam Coupland	Southport Waterloo AC	165	27.59	
5	Ryan Wilson	Barrow & Furness AC	7	0.00	

#### Under 17 Men Javelin Throw

1	Bill Steel	L'pool Pembroke Sefton	264	42.45	
2	Drumayne Moore	Southport Waterloo AC	175	22.96	G



**Mid Lancs Track and Field League**  
**Stanley Park Arena - Blackpool**  
**24th August 2019**



**Under 15 Boys 100m Heat 1**

1	James Bell	Carlisle Aspatria	73	12.3	G
2	Charlie Auty	Blackpool Wyre Fylde AC	37	12.4	S
3	Daniel Shuttleworth	Preston Harriers	154	12.4	B
4	Mathew Poole	Blackpool Wyre Fylde AC	56	12.6	
5	Nathan Fitzgerald	Southport Waterloo AC	268	12.6	
6	James Ince	Preston Harriers	144	12.6	
7	Rhys Hulse	Southport Waterloo AC	269	13.0	

**Under 15 Boys 100m Heat 2**

1	James Clark	Preston Harriers	265	12.6	
2	Henry Manson	Blackpool Wyre Fylde AC	256	12.7	
3	Mark Jozsa	Preston Harriers	147	12.9	
4	Samuel Potts	Blackpool Wyre Fylde AC	184	13.4	
5	Marcus Burgess	Southport Waterloo AC	168	13.5	
6	Derri Henderson	Kirkby Milers	187	13.7	
7	Peter Efosa	Burnley AC	181	15.4	

**Under 15 Boys 200m Heat 1**

1	James Bell	Carlisle Aspatria	73	24.9	G
2	Henry Manson	Blackpool Wyre Fylde AC	256	25.3	
3	Charlie Auty	Blackpool Wyre Fylde AC	37	25.5	S
4	Rhys Hulse	Southport Waterloo AC	269	25.7	
5	James Clark	Preston Harriers	265	26.0	
6	Nathan Higham	Preston Harriers	206	26.1	B
7	Nathan Fitzgerald	Southport Waterloo AC	268	26.6	
8	Rafael Eaton	Blackpool Wyre Fylde AC	42	26.8	

**Under 15 Boys 200m Heat 2**

1	Mark Jozsa	Preston Harriers	147	26.9	
2	Samuel Potts	Blackpool Wyre Fylde AC	184	27.6	
3	Robbie Tiffen	Carlisle Aspatria	78	27.6	
4	Francis Ball	Lytham St. Annes RR	294	27.6	
5	Derri Henderson	Kirkby Milers	187	28.1	
6	Alexander Steele	L'pool Pembroke Sefton	189	29.5	
7	Peter Efosa	Burnley AC	181	31.6	

**Under 15 Boys 400m**

1	Hayden Mercer	Blackburn H & AC	22	57.9	G
2	Mathew Poole	Blackpool Wyre Fylde AC	56	59.7	S
3	Derri Henderson	Kirkby Milers	187	60.7	B
4	Rafael Eaton	Blackpool Wyre Fylde AC	42	60.9	

**Under 15 Boys 800m**

1	Hayden Mercer	Blackburn H & AC	22	2:14.3	G
2	Rafael Eaton	Blackpool Wyre Fylde AC	42	2:17.5	S
3	Mitchell Alston	Preston Harriers	279	2:26.4	
4	Codie Dewhurst	Blackburn H & AC	17	2:33.1	B
5	Sebastian Burton	Blackburn H & AC	13	2:34.1	
6	Ben Dilworth	Preston Harriers	137	2:35.6	
7	George Denye	Preston Harriers	136	2:36.4	
8	Umair Rafiq	Blackburn H & AC	24	2:37.0	

**Under 15 Boys 1500m**

1	Luke Rawcliffe	Blackpool Wyre Fylde AC	57	4:25.7	G
2	Daniel Valentine	Preston Harriers	157	4:27.9	S
3	Justin Corbishley	Hoad Hill Harriers	90	4:43.6	B
4	Dexta Thompson	Blackburn H & AC	197	4:44.0	
5	Michael Henderson	L'pool Pembroke Sefton	196	4:46.6	
6	Nicholas Usher	L'pool Pembroke Sefton	223	4:52.4	
7	Tom Murphy	Chorley Athletic & Tri	276	4:59.4	
8	Greg Barnard-MacKenzie	Barrow & Furness AC	289	5:01.4	

**Under 15 Boys 80m Hurdles**

1	Daniel Shuttleworth	Preston Harriers	154	11.9	G
2	Joel Elphick	Blackpool Wyre Fylde AC	43	12.6	S
3	Marcus Burgess	Southport Waterloo AC	168	16.7	B
4	Codie Dewhurst	Blackburn H & AC	17	17.0	

**Under 15 Boys Long Jump**

1	James Ince	Preston Harriers	144	5.47	G
2	George Lowe	Preston Harriers	150	5.34	S
3	Henry Manson	Blackpool Wyre Fylde AC	256	5.33	
4	Joel Elphick	Blackpool Wyre Fylde AC	43	5.20	B
5	Rhys Hulse	Southport Waterloo AC	269	5.16	
6	Robbie Tiffen	Carlisle Aspatria	78	4.70	
7	George Mackenzie	Blackpool Wyre Fylde AC	52	4.61	
8	Mark Jozsa	Preston Harriers	147	4.61	
9	Seb Holt	Blackpool Wyre Fylde AC	45	2.72	

**Under 15 Boys High Jump**

1	Jacob Garrity	L'pool Pembroke Sefton	200	1.70	G
2	George Lowe	Preston Harriers	150	1.60	S
3	Joel Elphick	Blackpool Wyre Fylde AC	43	1.60	B
4	George Mackenzie	Blackpool Wyre Fylde AC	52	1.60	
5	Seb Holt	Blackpool Wyre Fylde AC	45	1.50	
6	Alexander Steele	L'pool Pembroke Sefton	189	1.45	
7	Michael Henderson	L'pool Pembroke Sefton	196	1.45	
8	Kyle Taylor Pomfret	Blackburn H & AC	191	1.40	

**Under 15 Boys Shot Putt**

1	Isaac Delaney	Preston Harriers	135	14.20	G
2	Will Waters	Blackpool Wyre Fylde AC	284	12.03	
3	James Bell	Carlisle Aspatria	73	9.31	S
4	Kieran Howard	Blackpool Wyre Fylde AC	47	8.82	B

**Under 15 Boys Discus Throw**

1	Isaac Delaney	Preston Harriers	135	35.49	G
2	Will Waters	Blackpool Wyre Fylde AC	284	30.19	
3	Kieran Howard	Blackpool Wyre Fylde AC	47	24.20	S
4	Seb Holt	Blackpool Wyre Fylde AC	45	18.77	B
5	George Mackenzie	Blackpool Wyre Fylde AC	52	15.75	

**Under 15 Boys Javelin Throw**

1	Kieran Howard	Blackpool Wyre Fylde AC	47	23.06	G
2	Sebastian Burton	Blackburn H & AC	13	21.47	S

**Under 15 Boys Hammer Throw**

1	George Lowe	Preston Harriers	150	33.05	G
2	Sebastian Burton	Blackburn H & AC	13	24.46	S

**Under 13 Boys 100m Heat 1**

1	Harry Appleton	Preston Harriers	126	13.7	G
2	Jack Richardson	Blackpool Wyre Fylde AC	58	13.9	S
3	Daniel Nuttall	Blackburn H & AC	32	13.9	B
4	Anton Gildea	Preston Harriers	139	14.1	
5	Logan Campbell	Preston Harriers	131	14.5	

**Under 13 Boys 100m Heat 2**

1	Kieran Bowden	Pendle AC	122	14.8	
2	Harry Sambrook	Blackburn H & AC	26	15.3	
3	William Wareing	Lancaster Morecambe AC	262	15.5	
4	Isaac Ormerod	Blackpool Wyre Fylde AC	198	15.5	
5	Isaac Burford	L'pool Pembroke Sefton	263	15.6	
6	Alfie Feeley	Hyndburn AC	94	16.1	

**Under 13 Boys 200m**

1	Harry Appleton	Preston Harriers	126	28.2	G
2	Jack Richardson	Blackpool Wyre Fylde AC	58	28.6	S
3	Anton Gildea	Preston Harriers	139	28.7	B
4	Luke Ward	Southport Waterloo AC	167	29.2	
5	Kieran Bowden	Pendle AC	122	29.6	
6	Matthew Carroll	L'pool Pembroke Sefton	216	30.2	
7	Harry Sambrook	Blackburn H & AC	26	30.8	

**Under 13 Boys 800m**

1	Lewis Townley	Preston Harriers	195	2:21.6	G
2	Jack Thomas Winstanley	Preston Harriers	161	2:33.2	S
3	William Moorhouse	Preston Harriers	194	2:37.9	B
4	Harry Sambrook	Blackburn H & AC	26	2:41.3	
5	Matthew Carroll	L'pool Pembroke Sefton	216	2:45.1	
6	Findlay Carroll	Blackburn H & AC	15	3:00.1	
7	Alfie Feeley	Hyndburn AC	94	3:04.0	



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## Stanley Park Arena - Blackpool

### 24th August 2019



#### Under 13 Boys 1500m

1	Ben Stratton	Blackburn H & AC	29	5:00.5	G
2	Jack Lamb	Chorley Athletic & Tri	260	5:01.3	
3	Montgomery Barr	Southport Waterloo AC	162	5:05.2	S
4	Luke Ward	Southport Waterloo AC	167	5:10.5	B
5	Isaac Earnshaw	Preston Harriers	138	5:12.4	
6	William Wareing	Lancaster Morecambe AC	262	5:16.3	
7	Caleb Tregay	Burnley AC	71	5:44.0	

#### Under 13 Boys 75m Hurdles

1	Daniel Nuttall	Blackburn H & AC	32	16.3	G
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#### Under 13 Boys Long Jump

1	Travis Harfield	Chorley Athletic & Tri	83	4.77	G
2	Jay Whiteside	Preston Harriers	159	4.62	S
3	Kieran Bowden	Pendle AC	122	4.32	B
4	Logan Campbell	Preston Harriers	131	3.86	
5	William Wareing	Lancaster Morecambe AC	262	3.75	
6	Luke Ward	Southport Waterloo AC	167	3.45	
7	Alfie Feeley	Hyndburn AC	94	3.41	
8	Findlay Carroll	Blackburn H & AC	15	3.29	

#### Under 13 Boys High Jump

1	Jay Whiteside	Preston Harriers	159	1.59	G
2	Travis Harfield	Chorley Athletic & Tri	83	1.45	S
3	Bertie Ellison	Lancaster Morecambe AC	176	1.25	B
4	Matthew Carroll	L'pool Pembroke Sefton	216	1.20	

#### Under 13 Boys Shot Putt

1	Jay Whiteside	Preston Harriers	159	8.25	G
2	Harry Appleton	Preston Harriers	126	7.61	S
3	Toby Mansfield	Blackburn H & AC	34	5.20	B

#### Under 13 Boys Discus Throw

1	Toby Mansfield	Blackburn H & AC	34	15.03	G
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#### Under 13 Boys Javelin Throw

1	Travis Harfield	Chorley Athletic & Tri	83	41.19	G
2	Logan Campbell	Preston Harriers	131	24.61	S
3	Caleb Tregay	Burnley AC	71	21.99	B
4	Findlay Carroll	Blackburn H & AC	15	19.16	
5	Toby Mansfield	Blackburn H & AC	34	18.77	

#### Senior Women 100m

1	Anita Saunders	Pendle AC	124	13.7	G
2	Olivia Hanby	Blackpool Wyre Fylde AC	44	14.2	S

#### Senior Women 200m

1	Anita Saunders	Pendle AC	124	28.2	G
2	Millie Chadwick	Barrow & Furness AC	3	28.7	S
3	Olivia Hanby	Blackpool Wyre Fylde AC	44	29.2	B

#### Senior Women 400m

1	Chloe Norman	Blackpool Wyre Fylde AC	183	66.4	G
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#### Senior Women 1500m

1	Joanne Nelson	Blackburn H & AC	253	4:56.2	
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#### Senior Women Long Jump

1	Micaela Brindle	Guest	292	5.50	
2	Anita Saunders	Pendle AC	124	3.70	G

#### Senior Women High Jump

1	Millie Chadwick	Barrow & Furness AC	3	1.40	G
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#### Senior Women Triple Jump

1	Olivia Hanby	Blackpool Wyre Fylde AC	44	9.17	G
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#### Senior Women Shot Putt

1	Anna Peers	Blackburn H & AC	36	11.38	G
2	Alex Baker	Pendle AC	278	9.73	
3	Katy Coupland	Southport Waterloo AC	164	7.28	S
4	Helen Goodwill	Burnley AC	68	6.28	B
5	Nicola Swift	L'pool Pembroke Sefton	114	6.14	

#### Senior Women Discus Throw

1	Sarah Henton	Blackburn H & AC	293	36.26	
2	Anna Peers	Blackburn H & AC	36	33.96	G
3	Katy Coupland	Southport Waterloo AC	164	28.34	S
4	Abigail Brown	Blackburn H & AC	35	27.35	B
5	Lynn Baker	Pendle AC	121	22.40	
6	Helen Goodwill	Burnley AC	68	21.63	
7	Nicola Swift	L'pool Pembroke Sefton	114	14.11	

#### Senior Women Javelin Throw

1	Anna Peers	Blackburn H & AC	36	37.94	G
2	Alex Baker	Pendle AC	278	29.72	
3	Millie Chadwick	Barrow & Furness AC	3	25.70	S
4	Katy Coupland	Southport Waterloo AC	164	17.73	B
5	Lynn Baker	Pendle AC	121	16.72	

#### Senior Women Hammer Throw

1	Helen Goodwill	Burnley AC	68	22.61	G
2	Lynn Baker	Pendle AC	121	21.61	S
3	Nicola Swift	L'pool Pembroke Sefton	114	14.21	B

#### Under 17 Women 100m Heat 1

1	Mary-Jane Broomhead	Blackpool Wyre Fylde AC	39	13.1	G
2	Kianna Proctor	Preston Harriers	153	13.1	S
3	Lucy Fyffe	Chorley Athletic & Tri	82	13.4	B
4	Lois Carroll	Preston Harriers	132	13.5	
5	Imogen Reader	Blackpool Wyre Fylde AC	173	13.8	
6	Lisa Barlow	Kendal AC	97	13.8	

#### Under 17 Women 100m Heat 2

1	Natalia Luczak	Blackpool Wyre Fylde AC	51	13.8	
2	Ellie Owen	Blackpool Wyre Fylde AC	281	14.2	
3	Chloe Parsons	Blackpool Wyre Fylde AC	55	15.1	

#### Under 17 Women 200m

1	Kianna Proctor	Preston Harriers	153	26.6	G
2	Lucy Fyffe	Chorley Athletic & Tri	82	27.0	S
3	Alesha Azonubi	Preston Harriers	127	27.9	B
4	Lisa Barlow	Kendal AC	97	28.4	
5	Imogen Reader	Blackpool Wyre Fylde AC	173	28.6	
6	Ellie Owen	Blackpool Wyre Fylde AC	281	29.7	

#### Under 17 Women 300m

1	Kianna Proctor	Preston Harriers	153	41.9	G
2	Niamh Doyle	L'pool Pembroke Sefton	221	46.3	S
3	Megan Mahoney	Preston Harriers	215	48.9	B
4	Emily Reid	Chorley Athletic & Tri	220	59.3	

#### Under 17 Women 800m

1	Annabelle Taylor	Carlisle Aspatria	259	2:53.9	
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#### Under 17 Women 1500m

1	Libby Huxley	Preston Harriers	143	5:18.6	G
2	Bethany Reid	Chorley Athletic & Tri	219	5:30.3	S
3	Amy Heaton	Chorley Athletic & Tri	296	6:15.4	

#### Under 17 Women 4x100m Relay

1	.	Blackpool Wyre Fylde AC	39	54.2	G
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#### Under 17 Women Long Jump

1	Natalia Luczak	Blackpool Wyre Fylde AC	51	4.79	G
2	Leah Howard	Blackpool Wyre Fylde AC	46	4.77	S
3	Martha Simms	L'pool Pembroke Sefton	113	4.68	B
4	Evie Parkinson	Preston Harriers	172	4.64	
5	Annabelle Taylor	Carlisle Aspatria	259	4.60	
6	Imogen Mansfield	Blackburn H & AC	33	4.57	
7	Lois Carroll	Preston Harriers	132	4.48	
8	Liberty Thompson	Blackburn H & AC	31	4.11	

#### Under 17 Women High Jump

1	Niamh Doyle	L'pool Pembroke Sefton	221	1.55	G
2	Leah Howard	Blackpool Wyre Fylde AC	46	1.50	S
3	Liberty Thompson	Blackburn H & AC	31	1.45	B
4	Imogen Ayres	L'pool Pembroke Sefton	210	1.45	

#### Under 17 Women Triple Jump

1	Martha Simms	L'pool Pembroke Sefton	113	10.21	G
2	Evie Parkinson	Preston Harriers	172	10.00	S
3	Georgia Norman	Blackpool Wyre Fylde AC	182	9.64	B
4	Lois Carroll	Preston Harriers	132	9.29	
5	Heather Harling	Preston Harriers	141	0.00	

#### Under 17 Women Shot Putt

1	Jessica Groves	L'pool Pembroke Sefton	274	9.14	
2	Chloe Parsons	Blackpool Wyre Fylde AC	55	6.78	G
7 3	Bethany Swift	L'pool Pembroke Sefton	116	6.12	S

#### Under 17 Women Discus Throw

1	Kacie Calvert	Blackpool Wyre Fylde AC	40	19.96	G
2	Bethany Reid	Chorley Athletic & Tri	219	13.06	S
3	Emily Reid	Chorley Athletic & Tri	220	8.28	B

#### Under 17 Women Javelin Throw

1	Leah Howard	Blackpool Wyre Fylde AC	46	29.08	G
2	Kacie Calvert	Blackpool Wyre Fylde AC	40	27.34	S
3	Liberty Thompson	Blackburn H & AC	31	19.86	B
4	Bethany Swift	L'pool Pembroke Sefton	116	17.40	

#### Under 17 Women Hammer Throw

1	Jessica Groves	L'pool Pembroke Sefton	274	37.63	
2	Charlotte Jones	Blackpool Wyre Fylde AC	66	29.47	G
3	Bethany Swift	L'pool Pembroke Sefton	116	11.26	S

#### Under 15 Girls 100m Heat 1

1	Lucy Poole	Chorley Athletic & Tri	86	13.0	G
2	Evie Noblett	Preston Harriers	151	13.0	S
3	Emily Rankin	Preston Harriers	266	13.1	
4	Isabel Caven	Preston Harriers	133	13.6	B
5	Iona Cossens	Blackpool Wyre Fylde AC	41	14.0	
6	Gracie Rutter	Blackpool Wyre Fylde AC	65	14.6	

#### Under 15 Girls 100m Heat 2

1	Kasie Dee Mitchell	Pendle AC	178	14.1	
2	Amelia Duoon	Preston Harriers	280	14.4	
3	Jessica Keenan	Southport Waterloo AC	171	14.4	
4	Elizabeth Wareing	Lancaster Morecambe AC	261	14.4	
5	Daisie-Mae Keane	Blackpool Wyre Fylde AC	48	14.5	
6	Gabriella Bell	Blackpool Wyre Fylde AC	38	14.6	

#### Under 15 Girls 100m Heat 3

1	Donalia Mbewe	Preston Harriers	188	14.3	
2	Skye Greenacre	Blackburn H & AC	185	14.6	
3	Emily Rigby	Blackpool Wyre Fylde AC	59	14.9	
4	Kitty Mason	Blackpool Wyre Fylde AC	53	15.2	
5	Olivia Owen	L'pool Pembroke Sefton	285	15.3	

#### Under 15 Girls 200m Heat 1

1	Lucy Poole	Chorley Athletic & Tri	86	26.1	G
2	Evie Noblett	Preston Harriers	151	26.6	S
3	Iona Cossens	Blackpool Wyre Fylde AC	41	29.0	B
4	Elizabeth Wareing	Lancaster Morecambe AC	261	29.4	
5	Rebecca O'Donovan	Barrow & Furness AC	5	29.5	
6	Katelyn Swift	L'pool Pembroke Sefton	115	30.7	

#### Under 15 Girls 200m Heat 2

1	Pippa Darlington	Lancaster Morecambe AC	288	29.6	
2	Daisie-Mae Keane	Blackpool Wyre Fylde AC	48	29.7	
3	Kitty Mason	Blackpool Wyre Fylde AC	53	30.6	
4	Gabriella Bell	Blackpool Wyre Fylde AC	38	30.7	
5	Lucie Broomby	Carlisle Aspatria	75	32.0	
6	Aimee Worthington	Lancaster Morecambe AC	213	32.6	
7	Ishana Mohan	Barrow & Furness AC	4	33.2	

#### Under 15 Girls 300m

1	Lucy Poole	Chorley Athletic & Tri	86	43.5	G
2	Charlotte Mahoney	Preston Harriers	212	46.3	S
3	Laura Brown	Barrow & Furness AC	1	47.9	B
4	Ishana Mohan	Barrow & Furness AC	4	51.9	

#### Under 15 Girls 800m

1	Laura Brown	Barrow & Furness AC	1	2:29.9	G
2	Leah Hoole	Blackburn H & AC	193	2:30.2	S
3	Alex Holmes	Guest	286	2:30.9	
4	Elizabeth Wareing	Lancaster Morecambe AC	261	2:31.8	
5	Brogane Murphy	Lytham St.Annes RR	203	2:39.7	B
6	Jessica Lane	Preston Harriers	149	2:40.1	
7	Pippa Darlington	Lancaster Morecambe AC	288	2:42.0	
8	Molly Nicholls	Blackburn H & AC	205	2:44.3	
9	Caitlin Bowden	Pendle AC	123	2:57.9	

#### Under 15 Girls 1500m

1	Abigail Stratton	Blackburn H & AC	28	5:14.8	G
2	Keira Haxton	Blackburn H & AC	19	5:15.0	S
3	Kate Cookson	Blackburn H & AC	16	5:19.8	B
4	Lara Ingram-Weston	Chorley Athletic & Tri	218	5:32.1	
5	Aimee Worthington	Lancaster Morecambe AC	213	5:45.6	
6	Niamh Barnsley-Ryan	Lancaster Morecambe AC	207	6:01.4	

#### Under 15 Girls 75m Hurdles Heat 1

1	Emily Rankin	Preston Harriers	266	11.7	
2	Katie Irving	Carlisle Aspatria	76	13.5	S
3	Gracie Rutter	Blackpool Wyre Fylde AC	65	13.9	B
4	Jessica Keenan	Southport Waterloo AC	171	16.2	

#### Under 15 Girls 75m Hurdles Heat 2

1	Isabel Caven	Preston Harriers	133	12.5	G
2	Rebecca Fisher	Lytham St.Annes RR	119	13.9	B
3	Blythe Cordwell	Chorley Athletic & Tri	80	14.2	

#### Under 15 Girls 4x100m Relay

1	.	Blackpool Wyre Fylde AC	48	52.9	G
2	.	Chorley Athletic & Tri	86	55.8	S
3	.	Blackpool Wyre Fylde AC	38	56.0	B

#### Under 15 Girls Long Jump

1	Heather Harling	Preston Harriers	141	4.54	G
2	Rebecca O'Donovan	Barrow & Furness AC	5	4.47	S
3	Gracie Rutter	Blackpool Wyre Fylde AC	65	4.23	B
4	Jessica Keenan	Southport Waterloo AC	171	4.18	
5	Laura Brown	Barrow & Furness AC	1	4.10	
6	Donalia Mbewe	Preston Harriers	188	4.06	
7	Emily Rigby	Blackpool Wyre Fylde AC	59	3.85	
8	Keira Booth	Blackburn H & AC	12	3.76	
9	Daisie-Mae Keane	Blackpool Wyre Fylde AC	48	3.74	
10	Skye Greenacre	Blackburn H & AC	185	3.70	
11	Caitlin Bowden	Pendle AC	123	3.61	
12	Ishana Mohan	Barrow & Furness AC	4	3.60	
13	Lucie Broomby	Carlisle Aspatria	75	3.33	
14	Iona Cossens	Blackpool Wyre Fylde AC	41	0.00	



# Mid Lancs Track and Field League

## Stanley Park Arena - Blackpool

### 24th August 2019



#### Under 15 Girls High Jump

1	Ruth Usher	L'pool Pembroke Sefton	224	1.50	G
2	Millie O'Hanlon	L'pool Pembroke Sefton	111	1.45	S
3	Isabel Caven	Preston Harriers	133	1.40	B
4	Katie Irving	Carlisle Aspatria	76	1.40	
5	Skye Greenacre	Blackburn H & AC	185	1.35	
6	Emily Rankin	Preston Harriers	266	1.30	
7	Abigail Parker	L'pool Pembroke Sefton	201	1.30	
8	Kate Cookson	Blackburn H & AC	16	1.30	
9	Heather Harling	Preston Harriers	141	1.25	
10	Caitlin Bowden	Pendle AC	123	1.15	

#### Under 15 Girls Shot Putt

1	Evie Noblett	Preston Harriers	151	9.52	G
2	Blythe Cordwell	Chorley Athletic & Tri	80	8.61	S
3	Isabella Buraimo	Preston Harriers	129	8.29	B
4	Molly Parkinson	Preston Harriers	152	7.93	
5	Roisin O'Connor	L'pool Pembroke Sefton	275	7.64	
6	Chloe Molyneux	Chorley Athletic & Tri	85	7.27	
7	Lucie Broomby	Carlisle Aspatria	75	7.26	
8	Grace Bontoft	Blackburn H & AC	11	7.25	
9	Rebecca O'Donovan	Barrow & Furness AC	5	6.92	
10	Kate Cookson	Blackburn H & AC	16	6.73	

#### Under 15 Girls Discus Throw

1	Nicole Saunders	Blackburn H & AC	27	30.59	G
2	Rebecca Fisher	Lytham St.Annes RR	119	21.55	S
3	Molly Parkinson	Preston Harriers	152	20.04	B
4	Katelyn Swift	L'pool Pembroke Sefton	115	19.73	
5	Verity Glassey	Preston Harriers	140	16.93	
6	Grace Bontoft	Blackburn H & AC	11	16.35	
7	Chloe Molyneux	Chorley Athletic & Tri	85	16.31	
8	Emily Sim	Lancaster Morecambe AC	102	14.32	

#### Under 15 Girls Javelin Throw

1	Roisin O'Connor	L'pool Pembroke Sefton	275	27.60	
2	Emily Sim	Lancaster Morecambe AC	102	26.01	G
3	Emmaß Tunstall	Preston Harriers	155	25.31	S
4	Nicole Saunders	Blackburn H & AC	27	25.22	B
5	Molly Parkinson	Preston Harriers	152	23.34	
6	Chloe Molyneux	Chorley Athletic & Tri	85	23.20	
7	Isabella Buraimo	Preston Harriers	129	20.93	

#### Under 15 Girls Hammer Throw

1	Emma Harrison	Preston Harriers	142	42.24	G
2	Nicole Saunders	Blackburn H & AC	27	36.65	S
3	Grace Bontoft	Blackburn H & AC	11	31.33	B
4	Blythe Cordwell	Chorley Athletic & Tri	80	28.21	
5	Emily Sim	Lancaster Morecambe AC	102	20.66	
6	Katelyn Swift	L'pool Pembroke Sefton	115	17.45	

#### Under 13 Girls 100m Heat 1

1	Cerys Allen	Preston Harriers	125	13.7	G
2	Molly Caffrey	Preston Harriers	270	14.4	
3	Evie Kitchen	Preston Harriers	148	14.5	B
4	Layla Westwell	Lancaster Morecambe AC	103	14.8	
5	Amelia Burton	Blackburn H & AC	14	14.8	
6	Millee Schofield	Hyndburn AC	282	14.8	
7	Keira Tomes	Blackpool Wyre Fylde AC	62	14.9	

#### Under 13 Girls 100m Heat 2

1	Millie Turner	Blackpool Wyre Fylde AC	63	14.5	B
2	Rubie Linley	Blackpool Wyre Fylde AC	49	15.0	
3	Lola Robertson	Chorley Athletic & Tri	87	15.1	
4	Lucy Rishton	Blackburn H & AC	25	15.2	
5	Amara Thorpe	Lytham St.Annes RR	117	15.6	
6	Lucy Bell	Carlisle Aspatria	72	15.6	
7	Olivia Caven	Preston Harriers	134	16.0	

#### Under 13 Girls 100m Heat 3

1	Hannah Bushby	Barrow & Furness AC	2	14.4	S
2	Grace Oates	Blackpool Wyre Fylde AC	174	15.0	
3	Ava Jones	Preston Harriers	146	15.0	
4	Marcia Rutter	Blackpool Wyre Fylde AC	64	15.5	
5	Alice Lamb	Chorley Athletic & Tri	84	15.6	
# 6	Rosie Walsh	Blackpool Wyre Fylde AC	257	15.9	
7	Clemmie Tierney	Lytham St.Annes RR	192	16.1	

#### Under 13 Girls 200m Heat 1

1	Cerys Allen	Preston Harriers	125	28.8	G
2	Layla Westwell	Lancaster Morecambe AC	103	30.2	S
3	Evie Kitchen	Preston Harriers	148	30.4	B
4	Rubie Linley	Blackpool Wyre Fylde AC	49	31.4	
5	Hannah Keenan	Southport Waterloo AC	170	31.4	
6	Grace Oates	Blackpool Wyre Fylde AC	174	31.8	
7	Lucy Bell	Carlisle Aspatria	72	32.5	

#### Under 13 Girls 200m Heat 2

1	Molly Caffrey	Preston Harriers	270	29.5	
2	Millee Schofield	Hyndburn AC	282	30.4	
3	Zoe Green	Burnley AC	69	31.5	
4	Millie Turner	Blackpool Wyre Fylde AC	63	31.8	
5	Ruby Caffrey	Preston Harriers	277	33.1	
6	Clemmie Tierney	Lytham St.Annes RR	192	33.8	
7	Rosie Walsh	Blackpool Wyre Fylde AC	257	34.5	

#### Under 13 Girls 800m

1	Hannah Bushby	Barrow & Furness AC	2	2:35.2	G
2	Sophie Cowin	Kendal AC	199	2:36.4	S
3	Poppi Niamh Watson	Preston Harriers	158	2:39.3	B
4	Zoe Green	Burnley AC	69	2:39.7	
5	Hannah Keenan	Southport Waterloo AC	170	2:42.5	
6	Amelia Burton	Blackburn H & AC	14	2:49.2	
7	Lola Robertson	Chorley Athletic & Tri	87	2:51.1	
8	Ava Jones	Preston Harriers	146	2:52.2	
9	Eve Coulson	Blackburn H & AC	214	2:54.8	
10	Ruby Caffrey	Preston Harriers	277	2:59.2	
11	Jessica Ramsden	Blackpool Wyre Fylde AC	208	3:01.3	

#### Under 13 Girls 1500m

1	Faith Gillibrand	Blackburn H & AC	18	5:53.3	G
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#### Under 13 Girls 70m Hurdles Heat 1

1	Marcia Rutter	Blackpool Wyre Fylde AC	64	12.8	G
2	Keira Tomes	Blackpool Wyre Fylde AC	62	12.8	S
3	Amelia Burton	Blackburn H & AC	14	13.2	
4	Apphia Keenan	Southport Waterloo AC	166	13.2	
5	Charlotte Fisher	Lytham St.Annes RR	118	14.3	

#### Under 13 Girls 70m Hurdles Heat 2

1	Aimee Broomby	Carlisle Aspatria	74	13.1	B
2	Niamh Gater	Blackburn H & AC	283	13.4	
3	Ruth Harbord	Hyndburn AC	92	13.4	
4	Lola Robertson	Chorley Athletic & Tri	87	13.9	
5	Zoe Green	Burnley AC	69	16.1	

#### Under 13 Girls 4x100m Relay

1	.	Blackpool Wyre Fylde AC	63	59.2	G
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Mid Lancs Track and Field League  
Stanley Park Arena - Blackpool  
24th August 2019



**Under 13 Girls Long Jump**

1	Cerys Allen	Preston Harriers	125	4.47	G
2	Hannah Bushby	Barrow & Furness AC	2	3.96	S
7 3	Keira Tomes	Blackpool Wyre Fylde AC	62	3.90	B
4	Lucy Rishton	Blackburn H & AC	25	3.80	
5	Apphia Keenan	Southport Waterloo AC	166	3.80	
6	Millie Turner	Blackpool Wyre Fylde AC	63	3.74	
7	Niamh Gater	Blackburn H & AC	283	3.73	
8	Olivia Caven	Preston Harriers	134	3.73	
9	Molly Caffrey	Preston Harriers	270	3.54	
10	Hannah Keenan	Southport Waterloo AC	170	3.54	
11	Marcia Rutter	Blackpool Wyre Fylde AC	64	3.45	
12	Ava Jones	Preston Harriers	146	3.35	
13	Elizabeth Buraimo	Preston Harriers	128	3.33	
14	Clemmie Tierney	Lytham St.Annes RR	192	3.30	
15	Amara Thorpe	Lytham St.Annes RR	117	3.28	
16	Evie Kitchen	Preston Harriers	148	3.26	
17	Alice Lamb	Chorley Athletic & Tri	84	3.13	
18	Ruby Caffrey	Preston Harriers	277	3.12	
19	Lucy Bell	Carlisle Aspatria	72	3.11	

**Under 13 Girls High Jump**

1	Aimee Broomby	Carlisle Aspatria	74	1.41	G
2	Charlotte Fisher	Lytham St.Annes RR	118	1.25	S
3	Elizabeth Buraimo	Preston Harriers	128	1.25	B
4	Olivia Caven	Preston Harriers	134	1.15	

**Under 13 Girls Shot Putt**

1	Tilly Pollard	Blackburn H & AC	23	7.81	G
2	Madison Bontoft	Blackburn H & AC	10	6.72	S
3	Heide Sagar-Moss	Hyndburn AC	95	6.02	B
4	Sophia Ince	Preston Harriers	145	5.86	
5	Alice Lamb	Chorley Athletic & Tri	84	5.78	
6	Amelia Southam	Burnley AC	120	5.66	
7	Holly Applegate	Burnley AC	67	4.17	

**Under 13 Girls Discus Throw**

1	Tilly Pollard	Blackburn H & AC	23	24.35	G
2	Ruth Harbord	Hyndburn AC	92	15.26	S
3	Madison Bontoft	Blackburn H & AC	10	15.22	B
4	Holly Applegate	Burnley AC	67	14.32	
5	Kady Thompson	Blackburn H & AC	30	13.73	
6	Charlotte Fisher	Lytham St.Annes RR	118	13.02	

**Under 13 Girls Javelin Throw**

1	Sophia Ince	Preston Harriers	145	23.34	G
2	Kady Thompson	Blackburn H & AC	30	19.82	S
3	Ruth Harbord	Hyndburn AC	92	18.60	B
4	Madison Bontoft	Blackburn H & AC	10	16.55	
5	Aimee Broomby	Carlisle Aspatria	74	15.00	
6	Amelia Southam	Burnley AC	120	14.82	
7	Sydney Ellison	Lancaster Morecambe AC	177	12.39	
8	Apphia Keenan	Southport Waterloo AC	166	11.24	
9	Holly Applegate	Burnley AC	67	8.04	