

A Race 20:15

Number	Name	Club	Time	Position
50	Gregory Jayasuria	Middlesbrough & Cleveland Harriers	04:18.58	1
64	Adam Mitchell	Darlington H & AC	04:28.31	2
65	Sparrow Morley	Tyne Bridge Harriers	04:28.37	3
87	Cameron Thomas	Durham City Harriers & AC	04:32.99	4
96	Adam Ord	Durham City Harriers & AC	04:33.75	5
4	Paul Allan	Darlington H & AC	04:35.22	6
76	Tom Rutherford	Durham City Harriers & AC	04:35.73	7
44	Mick Hill	Leeds City Athletic Club	04:37.27	8
46	Danielle Hodgkinson	Wallsend Harriers & AC	04:37.52	9
5	Steven Asquith	Gateshead Harriers & AC	04:38.66	10
34	Andy Graham	Wallsend Harriers & AC	04:49.71	11

B Race 20:05

Number	Name	Club	Time	Position
81	John Surtees	Aycliffe Running Club	04:44.54	1
61	Steven Medd	Gateshead Harriers & AC	04:45.90	2
84	Welsey Tarn	Darlington H & AC	04:46.08	3
79	Bailey Spence	Middlesbrough Athletic Club (Mandale)	04:47.40	4
77	Phil Ryan	Unattached	04:47.56	5
2	Andrew Alderson	Blaydon Harriers & AC	04:50.92	6
85	Robert Teasdale	Crook & Dist Sports Ac	04:52.42	7
47	Duncan Hughes	Blackhill Bounders	04:54.99	8
10	Ethan Bond	Gosforth Harriers & AC	04:55.04	9
24	Will Collinson	Blaydon Harriers & AC	04:59.94	10
73	Dillon Revell	Sunderland Harriers & AC	05:05.29	11

C Race 19:55

Number	Name	Club	Time	Position
56	Shaun Marshall	Darlington H & AC	04:51.53	1
70	Leon Reeve	Richmond & Zetland Harriers	04:53.04	2
19	Max Butler	Billingham Marsh Hse H & AC	05:09.05	3

58	Derek McGirl	Durham City Harriers & AC	05:13.10	4
88	Chloe Wellings	Gateshead Harriers & AC	05:15.29	5
40	Shona Haston	Teesdale AC	05:23.96	6
69	Garry Reay	Jarrow & Hebburn AC	05:32.65	7
35	Gemma Harcombe-Moore	Hartlepool Burn Road Harriers	05:37.61	8

D Race 19:45

Number	Name	Club	Time	Position
45	Alex Hird	Crook & Dist Sports AC	05:10.00	1
53	Dave Jones	Quakers Running Club	05:12.94	2
28	Matthew Diment	Blyth Running Club	05:13.36	3
21	Jason Catterall	Durham City Harriers & AC	05:16.02	4
36	Adam Harker	Darlington H & AC	05:18.05	5
90	Dylan Wilson	Darlington H & AC	05:21.38	6
20	Richard Campbell	Aycliffe Running Club	05:22.12	7
6	Benjamin Asquith	Gateshead Harriers & AC	05:23.95	8
37	Andy Harrison	Darlington H & AC	05:24.11	9
13	Hannah Bowyer	Blackhill Bounders	05:34.28	10
83	Andrew Talbot	Aycliffe Running Club	05:43.14	11

E Race 19:35

Number	Name	Club	Time	Position
15	Victor Brudenell	North York Moors AC	05:32.07	1
91	Harry Wilson	Darlington H & AC	05:33.74	2
29	Tony Dunn	Blyth Running Club	05:34.44	3
52	Zara patsy Jones	Darlington H & AC	05:47.61	4
41	Andrew Heaviside	Crook & Dist Sports AC	05:53.42	5
55	Howard MacLennan	Claremont Road Runners	05:59.02	6
43	Geoff Hewitson	Crook & Dist Sports AC	06:01.63	7
26	Andrew Davies	Elvet Striders	06:07.01	8
63	Caitlin Minns	Darlington H & AC	06:07.69	9
86	Caroline Teasdale	Crook & Dist Sports Ac	06:17.02	10

F Race 19:25				
Number	Name	Club	Time	Position
38	Ashton Harrison	Darlington H & AC	05:55.82	1
54	Mark Lowe	Lonely Goat RC	05:57.67	2
62	Mark Milner	Darlington H & AC	05:59.90	3
16	Tori Buckley	Darlington H & AC	06:09.31	4
12	Erin Bowyer	Blackhill Bounders	06:14.84	5
80	Darren Stockdale	Darlington H & AC	06:27.20	6
78	Dave Smith	Darlington H & AC	06:36.74	7
1	Nicola Alderson	Blaydon Harriers & AC	06:57.02	8
32	Iain Girard	Darlington H & AC	07:07.73	9

G Race 19:10				
Number	Name	Club	Time	Position
95	Joanne Tonkin	Unattached	06:52.35	1
42	Gerry Hehir	Crook & Dist Sports AC	07:03.28	2
94	Charlotte Welton	Unattached	07:06.45	3
22	George Cawkwell	Crook & Dist Sports AC	07:32.07	4
89	Harry Whitehouse	Scarborough Athletic Club	07:44.55	5
68	Danny Oakley	Unattached	07:49.23	6
7	Ian Barnes	Darlington H & AC	07:54.03	7
60	Julie McGrath	Hartlepool Burn Road Harriers	08:13.90	8
59	Chris McGrath	Hartlepool Burn Road Harriers	08:29.23	9

Men

Number	Name	Club	Time	Position
50	Gregory Jayasuria	Middlesbrough & Cleveland Harriers	04:18.58	1
64	Adam Mitchell	Darlington H & AC	04:28.31	2
65	Sparrow Morley	Tyne Bridge Harriers	04:28.37	3

Women

Number	Name	Club	Time	Position
46	Danielle Hodgkinson	Wallsend Harriers & AC	04:37.52	1
88	Chloe Wellings	Gateshead Harriers & AC	05:15.29	2
40	Shona Haston	Teesdale AC	05:23.96	3