

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

## - Senior Womens Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Bryony Gunn	Birchfiel A	14:55	62	Amanda Adkins	Northbroo A 19:04
2	Natalie Griffiths	Bristol&W A	15:19	63	Beverley Armstrong	Mansfield B 19:05
3	Jane Evans	Knowle&Do A	15:25	64	Helen Beecham	AldridgeR A 19:11
4	A Murraygourlay	TauntonAc	15:26	65	Mia Weston	Hermitage A 19:16
5	Mia Atkinson	Charnwood A	15:32	66	Tamara Hardman	Rugby&Nor B 19:22
6	Hannah Robinson	NottsAc A	15:33	67	Grace Vido	Glouceste B 19:29
7	Claire Martin	TelfordAc	15:47	68	Lucy Jenkinson	Harboroug B 19:31
8	Tessa Clarke	Wolverham A	15:47	69	Fiona Bradymiller	ClcStride B 19:34
9	Molly Browne	Birmingha A	15:51	70	Laura Leslie	Bournvill B 19:38
10	Megan Mcbrien	RoyalSutt A	16:15	71	Michelle Ruddock	BlackPear A 19:39
11	Polly Keen	NuneatonH	16:16	72	Leah Hopton	Cheltenha B 19:40
12	Sophie Goodfellow	Newcastle A	16:16	73	Georgia Delaney	RoyalSutt B 19:47
13	Elsie Butler	Charnwood B	16:25	74	Victoria Watkins	Worcester A 19:49
14	Lizzie Rayner	SwindonHa	16:28	75	Emily Reed	CoventryG B 19:57
15	Lynne Hill	TiptonHar A	16:28	76	Sarah Tyler	HolmePier B 20:02
16	Megan Rothman	Leamington A	16:38	77	Zoe Shepherd	Rugby&Nor C 20:09
17	Natalie Hoffman	HolmePier C	16:48	78	Emma Hawkey	Bournvill C 20:10
18	Mandy Vernon	CityOfSto B	16:49	79	Elaine Simpson	NottsAc C 20:11
19	Joanne Birtwistle	NottsAc B	16:49	80	Julie Bonshor	Charnwood C 20:14
20	Lucy Calrow	Wolverham B	16:50	81	Sarah Price	Leamington B 20:24
21	Emily Williams	Kettering	16:53	82	Sally Eason	Northbroo B 20:29
22	Rebecca Pierce	Bristol&W B	16:54	83	Kerry Queenan	HeanorRC B 20:31
23	Becki Timmings	Bromsgrov A	16:59	84	Carrie Creamer	Wolverham C 20:34
24	Liz Sanigar	BittonRoa	17:00	85	Elizabeth Blake	Sparkhill A 20:43
25	Samantha Munday	TrenthamH	17:06	86	Kay Fearn	Kiddermin 20:52
26	Julia Belyavin	Bristol&W C	17:07	87	Jude Baum	SpaStride C 21:04
27	Bethany Walker	TiptonHar B	17:15	88	Jill Phillips	TrenthamR B 21:09
28	Hannah Eveleigh	Harboroug A	17:16	89	Kerry Allen	KingsHeat A 21:14
29	Gabrielle Coveney	HolmePier A	17:16	90	Sarah Bradbury	Mansfield C 21:21
30	Lynne Callaghan	TrenthamR A	17:18	91	Zoe Gough	ClcStride C 21:39
31	Lucy Matthews	CityOfSto A	17:19	92	Heather Wesson	HeanorRC C 21:41
32	Jessie Lutwyche	Birchfiel B	17:20	93	Ann Kite	Stourbrid B 21:56
33	Louise Cocking	Mansfield A	17:26	94	Denise Weekes	Centurion C 22:04
34	Sally Gray	Cannock&S	17:33	95	Rebecca Jones	Bournvill D 22:06
35	C Harlanmarks	Bournvill A	17:37	96	Kirstie Murray	Northbroo C 22:14
36	Simone Jones	Halesowen	17:41	97	Claire Wilkes	KingsHeat B 22:15
37	Kimberley Newcombe	Stroud&Di A	17:48	98	Lizzie Watts	MasseyFer A 22:20
38	Fiona Ferguson	SpaStride A	17:51	99	Lorraine Parsons	SpaStride B 22:31
39	Sarah Sheppard	Cheltenha A	17:53	100	Emilyjane Elwell	WestBromw A 22:32
40	Emma Garnett	Kenilwort A	17:53	101	Cheryl Everard	Newcastle B 22:33
41	Rachel Farquhar	Birmingha B	17:54	102	Collette O'keefe	SphinxAc A 22:54
42	Janine Thomas	Centurion A	17:56	103	Kerry Richardson	TelfordHa A 23:01
43	Georgina Mitchell	Birchfiel C	18:00	104	Katie Price	Knowle&Do C 23:14
44	Kelsey Moloney	HeanorRC A	18:05	105	Paula Alder	DudleyKin B 23:19
45	Grace Allen	Stourbrid A	18:11	106	Lisa Hawkins	Newcastle C 23:54
46	Laura Croker	ClevedonA A	18:14	107	Nicola Tautscher	Bournvill F 24:06
47	Helen Heley	SilsonAc	18:17	108	Margaret Crosswell	Worcester B 24:37
48	C Toddmcintyre	Rushcliff	18:22	109	Samantha Horsfall	Centurion B 24:51
49	Jennifer Vaughan	Kenilwort B	18:22	110	Kate Facey	WestBromw B 25:07
50	Amelia Starling	CoventryG A	18:25	111	Farrah Huntercoley	DudleyKin A 25:14
51	Briony Bishop	Glouceste A	18:29	112	Claire O'brien	AldridgeR B 25:18
52	Sarah Chaundler	Birmingha C	18:36	113	Mel Brocklebank	Harboroug C 25:23
53	Rebecca Harris	Badgers A	18:38	114	Anna Mcmanus	Bournvill E 25:44
54	Amanda O'leary	Knowle&Do B	18:39	115	Tania Willoughby	TelfordHa B 26:07
55	Merryn Hilton	Stroud&Di B	18:41	116	Pauline Dable	Kenilwort C 26:24
56	Liza Barry	ClcStride A	18:44	117	Sarah Goodland	SphinxAc B 27:12
57	Sarah Travis	Birchfiel D	18:46	118	Gill Millicheap	Sparkhill B 27:37
58	S Mcgarrymasters	Solihull&	18:48	119	C Wickenden	HalesTri 27:56
59	Kate Williams	TiptonHar C	18:55	120	Carol Martin	MasseyFer B 28:06
60	Becky Dillon	BlackPear B	18:58	121	Sallyanne Tully	SphinxAc C 30:31
61	Caroline Carroll	Rugby&Nor A	19:00			

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

## - Senior Womens Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Carli Baldwin	Birchfiel A	15:50	30:45	0	67	Cathlyn Bone	Birmingha C	20:57	39:33 - 15
2	Juliet Potter	Charnwood A	15:14	30:46	+ 3	68	Ann Gould	HolmePier B	19:38	39:40 + 8
3	Kate Drew	TauntonAc	15:42	31:08	+ 1	69	Eve Walpole	Leamingto B	19:27	39:51 + 12
4	Hannah Pollak	Bristol&W A	16:20	31:39	- 2	70	Alison Buttle	BlackPear A	20:24	40:03 + 1
5	Lucie Taitharris	TelfordAc	16:23	32:10	+ 2	71	Karen Lewing	Worcester A	20:21	40:10 + 3
6	Jessica Humphreys	Wolverham A	16:40	32:27	+ 2	72	Rheaellen Cooper	Rugby&Nor B	21:06	40:28 - 6
7	Lauren Charlton	Newcastle A	16:15	32:31	+ 5	73	Louise Bennett	Rugby&Nor C	20:28	40:37 + 4
8	Jennifer Dale	Birmingha A	16:42	32:33	+ 1	74	Sarah Morris	BlackPear B	21:47	40:45 - 14
9	Catherine Charlton	NottsAc A	17:11	32:44	- 3	75	Jo Green	Bournvill C	20:39	40:49 + 3
10	Katrina Entwistle	Bristol&W B	16:22	33:16	+ 12	76	Holly Sides	Wolverham C	20:23	40:57 + 8
11	Katie Hughes	WestburyH	16:12	33:18	+ 14	77	Kathryn Stuart	SphinxAc A	18:13	41:07 + 25
12	Beth Sykes	Bromsgrov A	16:24	33:23	+ 11	78	Georgina Riley	HeanorRC B	20:49	41:20 + 5
13	Olivia Harris	RoyalSutt A	17:11	33:26	- 3	79	Sarah Wilson	ClcStride B	21:49	41:23 - 10
14	Susie Mcmanus	Birchfiel B	16:07	33:27	+ 18	80	Laura Kirwan	AldridgeR A	22:21	41:32 - 16
15	Louise Dawson	CityOfSto B	16:43	33:32	+ 3	81	Emma Donnelly	Sparkhill A	21:22	42:05 + 4
16	Rebecca Turton	TiptonHar A	17:06	33:34	- 1	82	Lisa Murphy	KingsHeat A	20:57	42:11 + 7
17	Claudia Nevett	Kettering	16:59	33:52	+ 4	83	Jaeda Goodman	Bournvill D	20:12	42:18 + 12
18	Hollie Elliott	Charnwood B	17:27	33:52	- 5	84	Stacey Hawkins	TelfordHa A	19:30	42:31 + 19
19	Amy Neill	CityOfSto A	16:43	34:02	+ 12	85	Trudy Wells	Glouceste B	23:05	42:34 - 18
20	Jo Grant	NuneatonH	18:05	34:21	- 9	86	Emily Evans	Birchfiel D	23:55	42:41 - 29
21	Bethany Tabor	Wolverham B	17:37	34:27	- 1	87	Fiona Townsend	Hermitage A	23:28	42:44 - 22
22	Grace Knapp	SwindonHa	18:03	34:31	- 8	88	Jo Arden	Northbroo B	23:08	43:37 - 6
23	Lisa Newing	BittonRoa	17:48	34:48	+ 1	89	Susan Pinder	HeanorRC C	22:29	44:10 + 3
24	Zara Blower	Leamingto A	18:25	35:03	- 8	90	Victoria Faulkner	Mansfield C	23:06	44:27 0
25	Nina Skilton	Cannock&S	17:32	35:05	+ 9	91	Helen Ranford	Newcastle B	22:24	44:57 + 10
26	Larna Partridge	TiptonHar B	18:05	35:20	+ 1	92	Natalie Dellar	SpaStride B	22:50	45:21 + 7
27	Joanne Stanfield	TrenthamR A	18:04	35:22	+ 3	93	Heidi Melia	TrenthamR B	24:38	45:47 - 5
28	Hannah D'ambrosio	Cheltenham A	17:33	35:26	+ 11	94	Pia Singh	Northbroo C	23:50	46:04 + 2
29	Alice Watson	Bristol&W C	18:25	35:32	- 3	95	Briony Thomas	Centurion C	24:08	46:12 - 1
30	Annie Testar	Stroud&Di A	17:49	35:37	+ 7	96	Nicola Hunt	MasseyFer A	24:03	46:23 + 2
31	Rosie Marsh	Knowle&Do A	20:14	35:39	- 28	97	Deborah Parker	Worcester B	22:05	46:42 + 11
32	May Roberts	Mansfield A	18:18	35:44	+ 1	98	Marie Major	Kiddermin	25:54	46:46 - 12
33	Rhian Littlewood	Bournvill A	18:11	35:48	+ 2	99	Vicki Stevens	Newcastle C	23:06	47:00 + 7
34	Amy Brammar	Birmingha B	18:00	35:54	+ 7	100	Beverley Ward	WestBromw A	25:12	47:44 0
35	Lisa Chan	HolmePier C	19:10	35:58	- 18	101	Jackie Bulman	Kenilwort C	21:55	48:19 + 15
36	Inca Padfield	Stroud&Di B	17:23	36:04	+ 19	102	Caroline Edwards	Knowle&Do C	25:48	49:02 + 2
37	Kidst Lema	CoventryG A	17:42	36:07	+ 13	103	Kathryn Houliston	SpaStride C	28:25	49:29 - 16
38	Jane Phillips	Kenilwort A	18:16	36:09	+ 2	104	Sue Desborough	AldridgeR B	24:12	49:30 + 8
39	Anna Midgley	Glouceste A	17:41	36:10	+ 12	105	Linda Howl	Bournvill F	25:41	49:47 + 2
40	Sarah Costin	NottsAc B	19:40	36:29	- 21	106	Maxine Bradbury	Centurion B	24:59	49:50 + 3
41	Sarah Richards	ClcStride A	17:52	36:36	+ 15	107	Karen Whitehouse	KingsHeat B	27:56	50:11 - 10
42	Yvonne Scarrott	Harboroug A	19:23	36:39	- 14	108	Collette Flynn	Sparkhill B	22:48	50:25 + 10
43	Michelle Noble	HolmePier A	19:32	36:48	- 14	109	Maxine Barker	DudleyKin A	25:27	50:41 + 2
44	Anne Hurrell	SpaStride A	19:00	36:51	- 6	110	Joanne Congerton	HalesTri	22:55	50:51 + 9
45	Trudy Tuffin	Rushcliff	19:12	37:34	+ 3	111	Lin Farrow	Harboroug C	26:07	51:30 + 2
46	Michelle Dale	Halesowen	19:55	37:36	- 10	112	Esme Long	MasseyFer B	25:14	53:20 + 8
47	Andrea Burnett	Centurion A	19:44	37:40	- 5	113	Deborah Meredith	TelfordHa B	27:37	53:44 + 2
48	Lara Penbreath	Stourbrid A	19:33	37:44	- 3	114	Jo Channer	SphinxAc C	24:09	54:40 + 7
49	Elaine Wilkins	HeanorRC A	19:48	37:53	- 5	115	Clare Mullin	Bournvill E	29:29	55:13 - 1
50	Lorna Alani	Bournvill B	18:20	37:58	+ 20	116	J Robinsonmorriss	DudleyKin B	32:16	55:35 - 11
51	Penny Oliver	CoventryG B	18:09	38:06	+ 24	117	Michelle Cresswell	WestBromw B	33:23	58:30 - 7
52	Abigail Pearce	Rugby&Nor A	19:06	38:06	+ 9	118	Catrin Davies	SphinxAc B	31:41	58:53 - 1
53	Claire Magee	Knowle&Do B	19:28	38:07	+ 1	<b>Fastest runners over stage 2:</b>				
54	Danel JvRensberg	Birchfiel C	20:10	38:10	- 11	1	Juliet Potter	Charnwood A	15:14	
55	Helen Ball	ClevedonA A	19:56	38:10	- 9	2	Kate Drew	TauntonAc	15:42	
56	Gemma Burman	Harboroug B	18:43	38:14	+ 12	3	Carli Baldwin	Birchfiel A	15:50	
57	Rebecca Freeman	Solihull&	19:30	38:18	+ 1	4	Susie Mcmanus	Birchfiel B	16:07	
58	Emma Quekett	Cheltenham B	18:58	38:38	+ 14	5	Katie Hughes	WestburyH	16:12	
59	Rachel Armstrong	Kenilwort B	20:20	38:42	- 10	6	Lauren Charlton	Newcastle A	16:15	
60	Victoria Charlton	TiptonHar C	19:50	38:45	- 1	7	Hannah Pollak	Bristol&W A	16:20	
61	Katy Clemons	Badgers A	20:14	38:52	- 8	8	Katrina Entwistle	Bristol&W B	16:22	
62	Susan Torrance	SilsonAc	20:48	39:05	- 15	9	Lucie Taitharris	TelfordAc	16:23	
63	Ami Nash	NottsAc C	18:57	39:08	+ 16	10	Beth Sykes	Bromsgrov A	16:24	
64	Caitlin O'connor	RoyalSutt B	19:27	39:14	+ 9					
65	Helen Pritchett	Mansfield B	20:13	39:18	- 2					
66	Sarah Duffy	Northbroo A	20:17	39:21	- 4					

# Midland Counties Road Relays

## at Sutton Park on Saturday 21st September 2019

### - Senior Womens Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Elizabeth Watters	Birchfiel A	15:41	46:26	0	64	Laura Gale	Bournvill C	19:44	1:00:33	+ 11
2	Hannah Taunton	TauntonAc	15:21	46:29	+ 1	65	Catherine Hough	Mansfield B	21:18	1:00:36	0
3	I Talbotprice	Bristol&W A	15:49	47:28	+ 1	66	Cheryl Graham	TiptonHar C	21:55	1:00:40	- 6
4	Eleanor Here	Charnwood A	16:52	47:38	- 2	67	Helen Jones	Rugby&Nor C	20:10	1:00:47	+ 6
5	Anne Kenchington	Birmingha A	16:26	48:59	+ 3	68	Joanne Hackett	Wolverham C	20:24	1:01:21	+ 8
6	Hannah Hobbs	WestburyH	15:50	49:08	+ 5	69	Nicola Weager	ClcStride B	20:08	1:01:31	+ 10
7	Charlotte Monk	Wolverham A	17:19	49:46	- 1	70	Carol Blower	Leamingto B	21:54	1:01:45	- 1
8	Kelly Butler	Birchfiel B	16:26	49:53	+ 6	71	Clare Bovill	Sparkhill A	19:41	1:01:46	+ 10
9	Elizabeth Clarkson	Newcastle A	17:28	49:59	- 2	72	Rita Fisher	HeanorRC B	20:39	1:01:59	+ 6
10	Becca Peach	NottsAc A	17:47	50:31	- 1	73	Tina Wickens	Glouceste B	19:26	1:02:00	+ 12
11	Lucy Wallace	Bristol&W B	17:21	50:37	- 1	74	Diana Fox	BlackPear B	21:18	1:02:03	0
12	Donna Sherwin	CityOfSto B	17:21	50:53	+ 3	75	Lauren Matthews	Worcester A	22:07	1:02:17	- 4
13	Amy Hadley	TiptonHar A	17:46	51:20	+ 3	76	Hannah Wheeler	Hermitage A	19:58	1:02:42	+ 11
14	Kate Mcbrien	RoyalSutt A	18:03	51:29	- 1	77	Emma Handley	SphinxAc A	21:45	1:02:52	0
15	Rachel Gifford	Knowle&Do A	16:15	51:54	+ 16	78	Millie Flynn	KingsHeat A	21:13	1:03:24	+ 4
16	Rachel Underhill	Cheltenha A	16:49	52:15	+ 12	79	Fiona Barker	Bournvill D	21:46	1:04:04	+ 4
17	Becky Palmer	Wolverham B	18:23	52:50	+ 4	80	Lizi Chambers	AldridgeR A	22:34	1:04:06	0
18	Natalie Egginton	Charnwood B	19:22	53:14	0	81	Eleanor Rees	SilsonAc	27:02	1:06:07	- 19
19	Tabi Collins	BittonRoa	18:37	53:25	+ 4	82	Georgina Westwood	TelfordHa A	24:23	1:06:54	+ 2
20	Jess Pierce	SwindonHa	19:08	53:39	+ 2	83	Amanda Heading	HeanorRC C	22:56	1:07:06	+ 6
21	Maryse Haynes	Birmingha B	17:45	53:39	+ 13	84	Melissa Fagan	Northbroo B	23:57	1:07:34	+ 4
22	Mollie Scott	Mansfield A	18:04	53:48	+ 10	85	Rebecca Selvey	Worcester B	21:31	1:08:13	+ 12
23	Jade Holt	Leamingto A	18:54	53:57	+ 1	86	Kerrie Flippance	Kenilwort C	21:25	1:09:44	+ 15
24	Myshola Kirkham	CoventryG A	17:56	54:03	+ 13	87	Nicola Brownsword	Newcastle B	25:19	1:10:16	+ 4
25	Liz Vaughan	Bromsgrov A	20:42	54:05	- 13	88	Verity Hill	SpaStride B	26:11	1:11:32	+ 4
26	Ellie Mortimer	Stroud&Di A	18:31	54:08	+ 4	89	Thomasina Copcutt	Mansfield C	27:16	1:11:43	+ 1
27	Helen Knight	ClcStride A	17:43	54:19	+ 14	90	Nancy Ingram	Kiddermin	25:24	1:12:10	+ 8
28	Emma Clarke	Bristol&W C	18:52	54:24	+ 1	91	Heather Davies	WestBromw A	24:35	1:12:19	+ 9
29	Victoria Read	Bournvill A	18:37	54:25	+ 4	92	Helen Dorgan	Centurion B	22:30	1:12:20	+ 14
30	Sarah Taylor	TrenthamR A	19:05	54:27	- 3	93	Zoe Hankey	TrenthamR B	27:15	1:13:02	0
31	K Burnettnichol	Kenilwort A	18:38	54:47	+ 7	94	Helen Pugh	SpaStride C	23:44	1:13:13	+ 9
32	Amy Walker	Glouceste A	18:45	54:55	+ 7	95	Kim Archerclarke	Centurion C	27:16	1:13:28	0
33	Holly Dykes	CityOfSto A	20:59	55:01	- 14	96	Helen Rowe	MasseyFer A	27:07	1:13:30	0
34	Becky Harris	NottsAc B	18:43	55:12	+ 6	97	Belinda Lowe	KingsHeat B	23:24	1:13:35	+ 10
35	Katie Dolan	TiptonHar B	20:02	55:22	- 9	98	Manisha Pearce	Sparkhill B	23:12	1:13:37	+ 10
36	Melanie Hill	NuneatonH	21:02	55:23	- 16	99	Lissy Calvert	Knowle&Do C	24:41	1:13:43	+ 3
37	Maria Shaw	Harboroug A	18:46	55:25	+ 5	100	Sarah Cobourne	HalesTri	23:13	1:14:04	+ 10
38	Lucy Stevens	Rugby&Nor A	17:31	55:37	+ 14	101	Emma Mitchell	Northbroo C	28:10	1:14:14	- 7
39	Joanne Stevenson	Stroud&Di B	19:34	55:38	- 3	102	Stacy Sharman	Newcastle C	27:34	1:14:34	- 3
40	Emma Cupitt	HolmePier A	19:08	55:56	+ 3	103	Louise Mcallister	Harboroug C	23:35	1:15:05	+ 8
41	Hazel Cane	Cannock&S	21:32	56:37	- 16	104	Tori Bryant	DudleyKin A	25:12	1:15:53	+ 5
42	Caitlin Mcmorrow	Birchfiel C	18:33	56:43	+ 12	105	Miriam Stevens	Bournvill E	21:41	1:16:54	+ 10
43	Susan Cox	SpaStride A	19:57	56:48	+ 1	106	Lesley Pymm	Bournvill F	29:16	1:19:03	- 1
44	Lorna Almond	Bournvill B	18:51	56:49	+ 6	107	Jackie Stuart	SphinxAc C	25:24	1:20:04	+ 7
45	Lucy Cambridge	Halesowen	19:34	57:10	+ 1	108	Judith Toase	AldridgeR B	30:59	1:20:29	- 4
46	Samanthajane Crowe	HeanorRC A	19:22	57:15	+ 3	109	Claire Hancox	DudleyKin B	25:37	1:21:12	+ 7
47	Kerry Thompson	Knowle&Do B	19:22	57:29	+ 6	110	Cal Oddy	MasseyFer B	30:19	1:23:39	+ 2
48	Kerry Hemmings	Centurion A	20:23	58:03	- 1	111	Jennifer Robinson	TelfordHa B	30:45	1:24:29	+ 2
49	Megan Judge	BlackPear A	18:02	58:05	+ 21	112	Holly Cooper	SphinxAc B	27:07	1:26:00	+ 6
50	Rachel Castledine	HolmePier C	22:15	58:13	- 15	113	Katie Downward	WestBromw B	37:36	1:36:06	+ 4
51	Tabatha Trigg	Stourbrid A	20:32	58:16	- 3	<b>Fastest runners over stage 3:</b>					
52	Clare Hawling	Cheltenha B	19:43	58:21	+ 6	1	Hannah Taunton	TauntonAc	15:21		
53	Editha Vanloon	HolmePier B	19:08	58:48	+ 15	2	Elizabeth Watters	Birchfiel A	15:41		
54	Cheryl Dewis	Badgers A	19:59	58:51	+ 7	3	I Talbotprice	Bristol&W A	15:49		
55	Sally Richards	ClevedonA A	20:53	59:03	0	4	Hannah Hobbs	WestburyH	15:50		
56	Sarah Maston	Rushcliff	21:52	59:26	- 11	5	Rachel Gifford	Knowle&Do A	16:15		
57	Lucy Williams	Kenilwort B	20:47	59:29	+ 2	6	Kelly Butler	Birchfiel B	16:26		
58	Sarah Mcnaney	Northbroo A	20:15	59:36	+ 8	7	Anne Kenchington	Birmingha A	16:26		
59	Samantha Garside	NottsAc C	20:30	59:38	+ 4	8	Rachel Underhill	Cheltenha A	16:49		
60	Helen Close	Birmingha C	20:25	59:58	+ 7	9	Eleanor Here	Charnwood A	16:52		
61	Lianne Brooks	Harboroug B	21:56	1:00:10	- 5	10	Charlotte Monk	Wolverham A	17:19		
62	Angela Copson	Rugby&Nor B	19:54	1:00:22	+ 10						
63	Rachel Thebridge	RoyalSutt B	21:11	1:00:25	+ 1						

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

## - Senior Womens Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Hayley Carruthers	Birchfiel A	14:14	1:00:40	0
2	Gemma Steel	Charnwood A	15:02	1:02:40	+ 2
3	Kirsty Booth	TauntonAc	16:59	1:03:28	- 1
4	Catie O'donoghue	Bristol&W A	17:06	1:04:34	- 1
5	Floren Scrafton	WestburyH	15:27	1:04:35	+ 1
6	Beccy Tipping	Birmingha A	16:26	1:05:25	- 1
7	Amelia Samuels	Wolverham A	16:11	1:05:57	0
8	Sarah Conway	Birchfiel B	16:56	1:06:49	0
9	Kerry Marchant	Newcastle A	16:54	1:06:53	0
10	Lisa Deacon	NottsAc A	16:46	1:07:17	0
11	Sarah Everitt	Bristol&W B	17:11	1:07:48	0
12	Joanne Donnelly	CityOfSto B	17:24	1:08:17	0
13	Naomi Eaton	Cheltenha A	16:22	1:08:37	+ 3
14	Felicity Sharp	Knowle&Do A	17:40	1:09:34	+ 1
15	Catherine Holden	TiptonHar A	18:21	1:09:41	- 2
16	Ellen Humpherson	RoyalSutt A	18:13	1:09:42	- 2
17	Paula Richardson	CoventryG A	16:46	1:10:49	+ 7
18	Mel James	Birmingha B	17:11	1:10:50	+ 3
19	Rachel Sykes	SwindonHa	17:38	1:11:17	+ 1
20	Emily Chandler	Stroud&Di A	17:13	1:11:21	+ 6
21	Aimee Seager	Charnwood B	18:09	1:11:23	- 3
22	Deborah Thomas	TrenthamR A	17:10	1:11:37	+ 8
23	Gemma Collier	Glouceste A	16:47	1:11:42	+ 9
24	Monica Williamson	Leamington A	17:53	1:11:50	- 1
25	Kirsty Huntington	Mansfield A	18:14	1:12:02	- 3
26	Marie Matthews	Kenilwort A	17:15	1:12:02	+ 5
27	Claire Denner	Wolverham B	19:17	1:12:07	- 10
28	Alison Price	Bournvill A	17:53	1:12:18	- 1
29	Rachel Vines	ClcStride A	18:14	1:12:33	- 2
30	Victoria Hughes	CityOfSto A	17:41	1:12:42	+ 3
31	Emma Williams	NottsAc B	17:39	1:12:51	+ 3
32	Louise Cronin	Bristol&W C	18:28	1:12:52	- 4
33	Claire Lewis	HolmePier A	17:57	1:13:53	+ 7
34	Jenny Wales	Bromsgrov A	19:51	1:13:56	- 9
35	Jacquie Hanmer	Harboroug A	18:32	1:13:57	+ 2
36	Mairi Walker	SpaStride A	17:20	1:14:08	+ 7
37	Helen Clark	BittonRoa	20:58	1:14:23	- 18
38	Tilly Lea	Rugby&Nor A	18:55	1:14:32	0
39	Jackie Bradshaw	Halesowen	17:25	1:14:35	+ 6
40	Sophie Booth	BlackPear A	16:35	1:14:40	+ 9
41	Susannah Davies	TiptonHar B	19:34	1:14:56	- 6
42	Clare Third	Bournvill B	18:43	1:15:32	+ 2
43	Susan Kneillboxley	Cannock&S	19:10	1:15:47	- 2
44	Carolyn Derbyshire	NuneatonH	20:29	1:15:52	- 8
45	Savannah Causer	Birchfiel C	19:20	1:16:03	- 3
46	Diane Rankin	Stroud&Di B	21:42	1:17:20	- 7
47	Nicola Jones	HolmePier C	19:20	1:17:33	+ 3
48	Phoebe Packham	Stourbrid A	19:28	1:17:44	+ 3
49	Nicola Evans	Knowle&Do B	20:28	1:17:57	- 2
50	Janet Atkinson	HolmePier B	19:12	1:18:00	+ 3
51	Joanne Potter	HeanorRC A	21:01	1:18:16	- 5
52	Hazel Murray	Birmingha C	18:48	1:18:46	+ 8
53	Kathryn Morton	Cheltenha B	20:31	1:18:52	- 1
54	Amanda King	Harboroug B	18:44	1:18:54	+ 7
55	Louise Andrews	Kenilwort B	19:40	1:19:09	+ 2
56	Esther Holyoak	Badgers A	20:23	1:19:14	- 2
57	Donna Davies	ClevedonA A	20:20	1:19:23	- 2
58	Suzanne Rathbone	Rushcliff	20:08	1:19:34	- 2
59	Alison Fergusson	Centurion A	22:09	1:20:12	- 11
60	Amelia Mullins	ClcStride B	19:06	1:20:37	+ 9
61	Lottie Graham	Northbroo A	21:04	1:20:40	- 3
62	Olivia Sheehan	Rugby&Nor B	20:41	1:21:03	0
63	E Cavendishtribe	RoyalSutt B	20:39	1:21:04	0
64	Alison Davies	Bournvill C	20:57	1:21:30	0
65	Danni Braine	Wolverham C	20:14	1:21:35	+ 3
66	Laura Gould	Leamington B	20:25	1:22:10	+ 4
67	Minerva Chesser	Rugby&Nor C	21:53	1:22:40	0
68	Donna Davenport	NottsAc C	23:08	1:22:46	- 9
69	Abigail Frayling	Sparkhill A	21:04	1:22:50	+ 2
70	Sharon Armitage	Mansfield B	22:35	1:23:11	- 5
71	Rachael Alexander	Worcester A	21:14	1:23:31	+ 4
72	Karen Kiteley	AldridgeR A	19:37	1:23:43	+ 8
73	Linda Soderlund	KingsHeat A	20:29	1:23:53	+ 5
74	Kirsty Hessey	HeanorRC B	22:10	1:24:09	- 2
75	Laura Woolcock	Hermitage A	21:32	1:24:14	+ 1
76	E Skolimowska	BlackPear B	22:18	1:24:21	- 2
77	Jude Glynn	Bournvill D	20:55	1:24:59	+ 2
78	Victoria O'brien	SphinxAc A	22:58	1:25:50	- 1
79	Hannah Creamer	TelfordHa A	19:33	1:26:27	+ 3
80	Olivia Ferrie	SilsonAc	21:02	1:27:09	+ 1
81	Linda Roulston	HeanorRC C	22:03	1:29:09	+ 2
82	Stef Lunn	Kenilwort C	20:34	1:30:18	+ 4
83	Lucy Hartwright	SpaStride B	20:18	1:31:50	+ 5
84	Molly Smith	Harboroug C	18:08	1:33:13	+ 19
85	Sharon Tomkinson	Newcastle B	24:00	1:34:16	+ 2
86	Helen Hodge	Northbroo B	27:13	1:34:47	- 2
87	Diane Jenkins	Centurion B	23:11	1:35:31	+ 5
88	Cathy McKeown	MasseyFer A	22:26	1:35:56	+ 8
89	Carole Clark	Worcester B	28:18	1:36:31	- 4
90	Sarah Connors	Knowle&Do C	22:51	1:36:34	+ 9
91	Rebecca Marks	Sparkhill B	23:14	1:36:51	+ 7
92	Deborah Moran	Kiddermin	24:54	1:37:04	- 2
93	Amy Butler	SpaStride C	24:19	1:37:32	+ 1
94	Elaine Donnelly	WestBromw A	25:26	1:37:45	- 3
95	Clare Colquhoun	Centurion C	25:04	1:38:32	0
96	Danielle Walters	HalesTri	26:48	1:40:52	+ 4
97	Margaret Taylor	Newcastle C	27:26	1:42:00	+ 5
98	Aimee Pugh	DudleyKin A	26:41	1:42:34	+ 6
99	Suzanne Bunn	Bournvill E	26:19	1:43:13	+ 6
100	Rachael Allen	SphinxAc C	23:12	1:43:16	+ 7
101	Abigail Wright	AldridgeR B	24:37	1:45:06	+ 7
102	Helen Noke	DudleyKin B	27:05	1:48:17	+ 7
103	Mary Bench	SphinxAc B	23:36	1:49:36	+ 9
104	Jo Weaver	TelfordHa B	28:20	1:52:49	+ 7
105	Claire Daniels	Bournvill F	33:49	1:52:52	+ 1
106	Sonia Karamat	MasseyFer B	35:54	1:59:33	+ 4
107	Tara Donnelley	WestBromw B	28:22	2:04:28	+ 6

### Fastest runners over stage 4:

1	Hayley Carruthers	Birchfiel A	14:14
2	Gemma Steel	Charnwood A	15:02
3	Floren Scrafton	WestburyH	15:27
4	Amelia Samuels	Wolverham A	16:11
5	Naomi Eaton	Cheltenha A	16:22
6	Beccy Tipping	Birmingha A	16:26
7	Sophie Booth	BlackPear A	16:35
8	Paula Richardson	CoventryG A	16:46
9	Lisa Deacon	NottsAc A	16:46
10	Gemma Collier	Glouceste A	16:47

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

## Senior Womens — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Birchfield Harriers</b>	<b>'A'</b>	<b>1:00:40</b>	<b>17 Coventry Godiva Harriers</b>	<b>'A'</b>	<b>1:10:49</b>
1 Bryony Gunn (1) 14:55	2 Carli Baldwin (1) 15:50		1 Amelia Starling (50) 18:25	2 Kidst Lema (37) 17:42	
3 Elizabeth Watters (1) 15:41	4 Hayley Carruthers (1) 14:14		3 Myshola Kirkham (24) 17:56	4 Paula Richardson (17) 16:46	
<b>2 Charnwood A C</b>	<b>'A'</b>	<b>1:02:40</b>	<b>18 Birmingham Running Athletics</b>	<b>'B'</b>	<b>1:10:50</b>
1 Mia Atkinson (5) 15:32	2 Juliet Potter (2) 15:14		1 Rachel Farquhar (41) 17:54	2 Amy Brammar (34) 18:00	
3 Eleanor Here (4) 16:52	4 Gemma Steel (2) 15:02		3 Maryse Haynes (21) 17:45	4 Mel James (18) 17:11	
<b>3 Taunton Ac</b>		<b>1:03:28</b>	<b>19 Swindon Harriers</b>		<b>1:11:17</b>
1 A Murraygourlay (4) 15:26	2 Kate Drew (3) 15:42		1 Lizzie Rayner (14) 16:28	2 Grace Knapp (22) 18:03	
3 Hannah Taunton (2) 15:21	4 Kirsty Booth (3) 16:59		3 Jess Pierce (20) 19:08	4 Rachel Sykes (19) 17:38	
<b>4 Bristol &amp; West Ac</b>	<b>'A'</b>	<b>1:04:34</b>	<b>20 Stroud &amp; District Ac</b>	<b>'A'</b>	<b>1:11:21</b>
1 Natalie Griffiths (2) 15:19	2 Hannah Pollak (4) 16:20		1 Kimberley Newcombe (37) 17:48	2 Annie (26) 18:31	
3 I Talbotprice (3) 15:49	4 Catie O'donoghue (4) 17:06		Testar (30) 17:49	3 Ellie Mortimer (26) 18:31	
<b>5 Westbury Harriers</b>		<b>1:04:35</b>	<b>21 Charnwood A C</b>	<b>'B'</b>	<b>1:11:23</b>
1 Samantha Munday (25) 17:06	2 Katie Hughes (11) 16:12		1 Elsie Butler (13) 16:25	2 Hollie Elliott (18) 17:27	
3 Hannah Hobbs (6) 15:50	4 Floren Scrafton (5) 15:27		3 Natalie Egginton (18) 19:22	4 Aimee Seager (21) 18:09	
<b>6 Birmingham Running Athletics</b>	<b>'A'</b>	<b>1:05:25</b>	<b>22 Trentham Rc</b>	<b>'A'</b>	<b>1:11:37</b>
1 Molly Browne (9) 15:51	2 Jennifer Dale (8) 16:42		1 Lynne Callaghan (30) 17:18	2 Joanne Stanfield (27) 18:04	
3 Anne Kenchington (5) 16:26	4 Beccy Tipping (6) 16:26		3 Sarah Taylor (30) 19:05	4 Deborah Thomas (22) 17:10	
<b>7 Wolverhampton &amp; Bilston</b>	<b>'A'</b>	<b>1:05:57</b>	<b>23 Gloucester Ac</b>	<b>'A'</b>	<b>1:11:42</b>
1 Tessa Clarke (8) 15:47	2 Jessica Humphreys (6) 16:40		1 Briony Bishop (51) 18:29	2 Anna Midgley (39) 17:41	
3 Charlotte Monk (7) 17:19	4 Amelia Samuels (7) 16:11		3 Amy Walker (32) 18:45	4 Gemma Collier (23) 16:47	
<b>8 Birchfield Harriers</b>	<b>'B'</b>	<b>1:06:49</b>	<b>24 Leamington Cycling &amp; AC</b>	<b>'A'</b>	<b>1:11:50</b>
1 Jessie Lutwyche (32) 17:20	2 Susie Mcmanus (14) 16:07		1 Megan Rothman (16) 16:38	2 Zara Blower (24) 18:25	
3 Kelly Butler (8) 16:26	4 Sarah Conway (8) 16:56		3 Jade Holt (23) 18:54	4 Monica Williamson (24) 17:53	
<b>9 Newcastle Staffs Ac</b>	<b>'A'</b>	<b>1:06:53</b>	<b>25 Mansfield Harriers</b>	<b>'A'</b>	<b>1:12:02</b>
1 Sophie Goodfellow (12) 16:16	2 Lauren Charlton (7) 16:15		1 Louise Cocking (33) 17:26	2 May Roberts (32) 18:18	
3 Elizabeth Clarkson (9) 17:28	4 Kerry Marchant (9) 16:54		3 Mollie Scott (22) 18:04	4 Kirsty Huntington (25) 18:14	
<b>10 Notts Ac</b>	<b>'A'</b>	<b>1:07:17</b>	<b>26 Kenilworth Runners</b>	<b>'A'</b>	<b>1:12:02</b>
1 Hannah Robinson (6) 15:33	2 Catherine Charlton (9) 17:11		1 Emma Garnett (40) 17:53	2 Jane Phillips (38) 18:16	
3 Becca Peach (10) 17:47	4 Lisa Deacon (10) 16:46		3 K Burnetnichol (31) 18:38	4 Marie Matthews (26) 17:15	
<b>11 Bristol &amp; West Ac</b>	<b>'B'</b>	<b>1:07:48</b>	<b>27 Wolverhampton &amp; Bilston</b>	<b>'B'</b>	<b>1:12:07</b>
1 Rebecca Pierce (22) 16:54	2 Katrina Entwistle (10) 16:22		1 Lucy Calrow (20) 16:50	2 Bethany Tabor (21) 17:37	
3 Lucy Wallace (11) 17:21	4 Sarah Everitt (11) 17:11		3 Becky Palmer (17) 18:23	4 Claire Denner (27) 19:17	
<b>12 City Of Stoke Ac</b>	<b>'B'</b>	<b>1:08:17</b>	<b>28 Bournville Harriers</b>	<b>'A'</b>	<b>1:12:18</b>
1 Mandy Vernon (18) 16:49	2 Louise Dawson (15) 16:43		1 C Harlanmarks (35) 17:37	2 Rhian Littlewood (33) 18:11	
3 Donna Sherwin (12) 17:21	4 Joanne Donnelly (12) 17:24		3 Victoria Read (29) 18:37	4 Alison Price (28) 17:53	
<b>13 Cheltenham &amp; County Harriers</b>	<b>'A'</b>	<b>1:08:37</b>	<b>29 Clc Striders</b>	<b>'A'</b>	<b>1:12:33</b>
1 Sarah Sheppard (39) 17:53	2 Hannah D'ambrosio (28) 17:33		1 Liza Barry (56) 18:44	2 Sarah Richards (41) 17:52	
3 Rachel Underhill (16) 16:49	4 Naomi Eaton (13) 16:22		3 Helen Knight (27) 17:43	4 Rachel Vines (29) 18:14	
<b>14 Knowle &amp; Dorridge Rc</b>	<b>'A'</b>	<b>1:09:34</b>	<b>30 City Of Stoke Ac</b>	<b>'A'</b>	<b>1:12:42</b>
1 Jane Evans (3) 15:25	2 Rosie Marsh (31) 20:14		1 Lucy Matthews (31) 17:19	2 Amy Neill (19) 16:43	
3 Rachel Gifford (15) 16:15	4 Felicity Sharp (14) 17:40		3 Holly Dykes (33) 20:59	4 Victoria Hughes (30) 17:41	
<b>15 Tipton Harriers</b>	<b>'A'</b>	<b>1:09:41</b>	<b>31 Notts Ac</b>	<b>'B'</b>	<b>1:12:51</b>
1 Lynne Hill (15) 16:28	2 Rebecca Turton (16) 17:06		1 Joanne Birtwistle (19) 16:49	2 Sarah Costin (40) 19:40	
3 Amy Hadley (13) 17:46	4 Catherine Holden (15) 18:21		3 Becky Harris (34) 18:43	4 Emma Williams (31) 17:39	
<b>16 Royal Sutton Coldfield AC</b>	<b>'A'</b>	<b>1:09:42</b>	<b>32 Bristol &amp; West Ac</b>	<b>'C'</b>	<b>1:12:52</b>
1 Megan McBrien (10) 16:15	2 Olivia Harris (13) 17:11		1 Julia Belyavin (26) 17:07	2 Alice Watson (29) 18:25	
3 Kate McBrien (14) 18:03	4 Ellen Humpherson (16) 18:13		3 Emma Clarke (28) 18:52	4 Louise Cronin (32) 18:28	

# Midland Counties Road Relays

## at Sutton Park on Saturday 21st September 2019

<b>33 Holme Pierrepont Rc</b>	<b>'A'</b> 1:13:53	<b>50 Holme Pierrepont Rc</b>	<b>'B'</b> 1:18:00
1 Gabrielle Coveney (29) 17:16	2 Michelle Noble (43) 19:32	1 Sarah Tyler (76) 20:02	2 Ann Gould (68) 19:38
3 Emma Cupitt (40) 19:08	4 Claire Lewis (33) 17:57	3 Editha Vanloon (53) 19:08	4 Janet Atkinson (50) 19:12
<b>34 Bromsgrove &amp; Redditch</b>	<b>'A'</b> 1:13:56	<b>51 Heanor RC</b>	<b>'A'</b> 1:18:16
1 Becki Timmings (23) 16:59	2 Beth Sykes (12) 16:24	1 Kelsey Moloney (44) 18:05	2 Elaine Wilkins (49) 19:48
3 Liz Vaughan (25) 20:42	4 Jenny Wale (34) 19:51	3 Samantha Crowe (46) 19:22	4 Joanne Potter (51) 21:01
<b>35 Harborough Ac</b>	<b>'A'</b> 1:13:57	<b>52 Birmingham Running Athletics</b>	<b>'C'</b> 1:18:46
1 Hannah Eveleigh (28) 17:16	2 Yvonne Scarrott (42) 19:23	1 Sarah Chaundler (52) 18:36	2 Cathlyn Bone (67) 20:57
3 Maria Shaw (37) 18:46	4 Jacqui Hanmer (35) 18:32	3 Helen Close (60) 20:25	4 Hazel Murray (52) 18:48
<b>36 Spa Striders</b>	<b>'A'</b> 1:14:08	<b>53 Cheltenham &amp; County Harriers</b>	<b>'B'</b> 1:18:52
1 Fiona Ferguson (38) 17:51	2 Anne Hurrell (44) 19:00	1 Leah Hopton (72) 19:40	2 Emma Quekett (58) 18:58
3 Susan Cox (43) 19:57	4 Mairi Walker (36) 17:20	3 Clare Hawling (52) 19:43	4 Kathryn Morton (53) 20:31
<b>37 Bitton Road Runners</b>	<b>1:14:23</b>	<b>54 Harborough Ac</b>	<b>'B'</b> 1:18:54
1 Liz Sanigar (24) 17:00	2 Lisa Newing (23) 17:48	1 Lucy Jenkinson (68) 19:31	2 Gemma Burman (56) 18:43
3 Tabi Collins (19) 18:37	4 Helen Clark (37) 20:58	3 Lianne Brooks (61) 21:56	4 Amanda King (54) 18:44
<b>38 Rugby &amp; Northampton Ac</b>	<b>'A'</b> 1:14:32	<b>55 Kenilworth Runners</b>	<b>'B'</b> 1:19:09
1 Caroline Carroll (61) 19:00	2 Abigail Pearce (52) 19:06	1 Jennifer Vaughan (49) 18:22	2 Rachel Armstrong (59) 20:20
3 Lucy Stevens (38) 17:31	4 Tilly Lea (38) 18:55	3 Lucy Williams (57) 20:47	4 Louise Andrews (55) 19:40
<b>39 Halesowen Acc</b>	<b>1:14:35</b>	<b>56 Badgers</b>	<b>'A'</b> 1:19:14
1 Simone Jones (36) 17:41	2 Michelle Dale (46) 19:55	1 Rebecca Harris (53) 18:38	2 Katy Clemons (61) 20:14
3 Lucy Cambridge (45) 19:34	4 Jackie Bradshaw (39) 17:25	3 Cheryl Dewis (54) 19:59	4 Esther Holyoak (56) 20:23
<b>40 Black Pear Joggers</b>	<b>'A'</b> 1:14:40	<b>57 Clevedon Ac</b>	<b>'A'</b> 1:19:23
1 Michelle Ruddock (71) 19:39	2 Alison Buttle (70) 20:24	1 Laura Croker (46) 18:14	2 Helen Ball (55) 19:56
3 Megan Judge (49) 18:02	4 Sophie Booth (40) 16:35	3 Sally Richards (55) 20:53	4 Donna Davies (57) 20:20
<b>41 Tipton Harriers</b>	<b>'B'</b> 1:14:56	<b>58 Rushcliffe Ac</b>	<b>1:19:34</b>
1 Bethany Walker (27) 17:15	2 Lorna Partridge (26) 18:05	1 C Toddmcintyre (48) 18:22	2 Trudy Tuffin (45) 19:12
3 Katie Dolan (35) 20:02	4 Susannah Davies (41) 19:34	3 Sarah Maston (56) 21:52	4 Suzanne Rathbone (58) 20:08
<b>42 Bournville Harriers</b>	<b>'B'</b> 1:15:32	<b>59 Centurion Rc</b>	<b>'A'</b> 1:20:12
1 Laura Leslie (70) 19:38	2 Lorna Alani (50) 18:20	1 Janine Thomas (42) 17:56	2 Andrea Burnett (47) 19:44
3 Lorna Almond (44) 18:51	4 Clare Third (42) 18:43	3 Kerry Hemmings (48) 20:23	4 Alison Fergusson (59) 22:09
<b>43 Cannock &amp; Stafford Ac</b>	<b>1:15:47</b>	<b>60 Clc Striders</b>	<b>'B'</b> 1:20:37
1 Sally Gray (34) 17:33	2 Nina Skilton (25) 17:32	1 Fiona Bradymiller (69) 19:34	2 Sarah Wilson (79) 21:49
3 Hazel Cane (41) 21:32	4 Susan Kneillboxley (43) 19:10	3 Nicola Weager (69) 20:08	4 Amelia Mullins (60) 19:06
<b>44 Nuneaton Harriers</b>	<b>1:15:52</b>	<b>61 Northbrook AC</b>	<b>'A'</b> 1:20:40
1 Polly Keen (11) 16:16	2 Jo Grant (20) 18:05	1 Amanda Adkins (62) 19:04	2 Sarah Duffy (66) 20:17
3 Melanie Hill (36) 21:02	4 Carolyn Derbyshire (44) 20:29	3 Sarah Mcnane (58) 20:15	4 Lottie Graham (61) 21:04
<b>45 Birchfield Harriers</b>	<b>'C'</b> 1:16:03	<b>62 Rugby &amp; Northampton Ac</b>	<b>'B'</b> 1:21:03
1 Georgina Mitchell (43) 18:00	2 Danel Jv Rensberg (54) 20:10	1 Tamara Hardman (66) 19:22	2 Rheaellen Cooper (72) 21:06
3 Caitlin Mcmorrow (42) 18:33	4 Savannah Causer (45) 19:20	3 Angela Copson (62) 19:54	4 Olivia Sheehan (62) 20:41
<b>46 Stroud &amp; District Ac</b>	<b>'B'</b> 1:17:20	<b>63 Royal Sutton Coldfield AC</b>	<b>'B'</b> 1:21:04
1 Meryn Hilton (55) 18:41	2 Inca Padfield (36) 17:23	1 Georgia Delaney (73) 19:47	2 Caitlin O'connor (64) 19:27
3 Joanne Stevenson (39) 19:34	4 Diane Rankin (46) 21:42	3 Rachel Thebridge (63) 21:11	4 E Cavendishtribe (63) 20:39
<b>47 Holme Pierrepont Rc</b>	<b>'C'</b> 1:17:33	<b>64 Bournville Harriers</b>	<b>'C'</b> 1:21:30
1 Natalie Hoffman (17) 16:48	2 Lisa Chan (35) 19:10	1 Emma Hawkey (78) 20:10	2 Jo Green (75) 20:39
3 Rachel Castledine (50) 22:15	4 Nicola Jones (47) 19:20	3 Laura Gale (64) 19:44	4 Alison Davies (64) 20:57
<b>48 Stourbridge Rc</b>	<b>'A'</b> 1:17:44	<b>65 Wolverhampton &amp; Bilston</b>	<b>'C'</b> 1:21:35
1 Grace Allen (45) 18:11	2 Lara Penbreath (48) 19:33	1 Carrie Creamer (84) 20:34	2 Holly Sides (76) 20:23
3 Tabatha Trigg (51) 20:32	4 Phoebe Packham (48) 19:28	3 Joanne Hackett (68) 20:24	4 Danni Braine (65) 20:14
<b>49 Knowle &amp; Dorridge Rc</b>	<b>'B'</b> 1:17:57	<b>66 Leamington Cycling &amp; AC</b>	<b>'B'</b> 1:22:10
1 Amanda O'leary (54) 18:39	2 Claire Magee (53) 19:28	1 Sarah Price (81) 20:24	2 Eve Walpole (69) 19:27
3 Kerry Thompson (47) 19:22	4 Nicola Evans (49) 20:28	3 Carol Blower (70) 21:54	4 Laura Gould (66) 20:25

# Midland Counties Road Relays

## at Sutton Park on Saturday 21st September 2019

<b>67 Rugby &amp; Northampton Ac</b>	<b>'C'</b>	<b>1:22:40</b>	<b>84 Harborough Ac</b>	<b>'C'</b>	<b>1:33:13</b>
1 Zoe Shepherd (77) 20:09	2 Louise Bennett (73) 20:28		1 Mel Brocklebank (113) 25:23	2 Lin Farrow (111) 26:07	
3 Helen Jones (67) 20:10	4 Minerva Chesser (67) 21:53		3 Louise Mcallister (103) 23:35	4 Molly Smith (84) 18:08	
<b>68 Notts Ac</b>	<b>'C'</b>	<b>1:22:46</b>	<b>85 Newcastle Staffs Ac</b>	<b>'B'</b>	<b>1:34:16</b>
1 Elaine Simpson (79) 20:11	2 Ami Nash (63) 18:57		1 Cheryl Everard (101) 22:33	2 Helen Ranford (91) 22:24	
3 Samantha Garside (59) 20:30	4 Donna Davenport (68) 23:08		3 Nicola Brownsword (87) 25:19	4 Sharon Tomkinson (85) 24:00	
<b>69 Sparkhill Harriers</b>	<b>'A'</b>	<b>1:22:50</b>	<b>86 Northbrook AC</b>	<b>'B'</b>	<b>1:34:47</b>
1 Elizabeth Blake (85) 20:43	2 Emma Donnelly (81) 21:22		1 Sally Eason (82) 20:29	2 Jo Arden (88) 23:08	
3 Clare Bovill (71) 19:41	4 Abigail Frayling (69) 21:04		3 Melissa Fagan (84) 23:57	4 Helen Hodge (86) 27:13	
<b>70 Mansfield Harriers</b>	<b>'B'</b>	<b>1:23:11</b>	<b>87 Centurion Rc</b>	<b>'B'</b>	<b>1:35:31</b>
1 Beverley Armstrong (63) 19:05	2 Helen Pritchett (65) 20:13		1 Samantha Horsfall (109) 24:51	2 Maxine Bradbury (106) 24:59	
3 Catherine Hough (65) 21:18	4 Sharon Armitage (70) 22:35		3 Helen Dorgan (92) 22:30	4 Diane Jenkins (87) 23:11	
<b>71 Worcester Ac</b>	<b>'A'</b>	<b>1:23:31</b>	<b>88 Massey Ferguson</b>	<b>'A'</b>	<b>1:35:56</b>
1 Victoria Watkins (74) 19:49	2 Karen Lewing (71) 20:21		1 Lizzie Watts (98) 22:20	2 Nicola Hunt (96) 24:03	
3 Lauren Matthews (75) 22:07	4 Rachael Alexander (71) 21:14		3 Helen Rowe (96) 27:07	4 Cathy McKeown (88) 22:26	
<b>72 Aldridge Rc</b>	<b>'A'</b>	<b>1:23:43</b>	<b>89 Worcester Ac</b>	<b>'B'</b>	<b>1:36:31</b>
1 Helen Beecham (64) 19:11	2 Laura Kirwan (80) 22:21		1 Margaret Crosswell (108) 24:37	2 Deborah Parker (97) 22:05	
3 Lizi Chambers (80) 22:34	4 Karen Kiteley (72) 19:37		3 Rebecca Selvey (85) 21:31	4 Carole Clark (89) 28:18	
<b>73 Kings Heath Rc - The Lions</b>	<b>'A'</b>	<b>1:23:53</b>	<b>90 Knowle &amp; Dorridge Rc</b>	<b>'C'</b>	<b>1:36:34</b>
1 Kerry Allen (89) 21:14	2 Lisa Murphy (82) 20:57		1 Katie Price (104) 23:14	2 Caroline Edwards (102) 25:48	
3 Millie Flynn (78) 21:13	4 Linda Soderlund (73) 20:29		3 Lissy Calvert (99) 24:41	4 Sarah Connors (90) 22:51	
<b>74 Heanor RC</b>	<b>'B'</b>	<b>1:24:09</b>	<b>91 Sparkhill Harriers</b>	<b>'B'</b>	<b>1:36:51</b>
1 Kerry Queenan (83) 20:31	2 Georgina Riley (78) 20:49		1 Gill Millicheap (118) 27:37	2 Collette Flynn (108) 22:48	
3 Rita Fisher (72) 20:39	4 Kirsty Hessey (74) 22:10		3 Manisha Pearce (98) 23:12	4 Rebecca Marks (91) 23:14	
<b>75 Hermitage Harriers</b>	<b>'A'</b>	<b>1:24:14</b>	<b>92 Kidderminster &amp; Stourport</b>	<b>1:37:04</b>	
1 Mia Weston (65) 19:16	2 Fiona Townsend (87) 23:28		1 Kay Feame (86) 20:52	2 Marie Major (98) 25:54	
3 Hannah Wheeler (76) 19:58	4 Laura Woolcock (75) 21:32		3 Nancy Ingram (90) 25:24	4 Deborah Moran (92) 24:54	
<b>76 Black Pear Joggers</b>	<b>'B'</b>	<b>1:24:21</b>	<b>93 Spa Striders</b>	<b>'C'</b>	<b>1:37:32</b>
1 Becky Dillon (60) 18:58	2 Sarah Morris (74) 21:47		1 Jude Baum (87) 21:04	2 Kathryn Houliston (103) 28:25	
3 Diana Fox (74) 21:18	4 E Skolimowska (76) 22:18		3 Helen Pugh (94) 23:44	4 Amy Butler (93) 24:19	
<b>77 Bournville Harriers</b>	<b>'D'</b>	<b>1:24:59</b>	<b>94 West Bromwich Harriers</b>	<b>'A'</b>	<b>1:37:45</b>
1 Rebecca Jones (95) 22:06	2 Jaeda Goodman (83) 20:12		1 Emily Jane Elwell (100) 22:32	2 Beverley Ward (100) 25:12	
3 Fiona Barker (79) 21:46	4 Jude Glynn (77) 20:55		3 Heather Davies (91) 24:35	4 Elaine Donnelly (94) 25:26	
<b>78 Sphinx Ac</b>	<b>'A'</b>	<b>1:25:50</b>	<b>95 Centurion Rc</b>	<b>'C'</b>	<b>1:38:32</b>
1 Collette O'keefe (102) 22:54	2 Kathryn Stuart (77) 18:13		1 Denise Weekes (94) 22:04	2 Briony Thomas (95) 24:08	
3 Emma Handley (77) 21:45	4 Victoria O'brien (78) 22:58		3 Kim Archer Clarke (95) 27:16	4 Clare Colquhoun (95) 25:04	
<b>79 Telford Harriers</b>	<b>'A'</b>	<b>1:26:27</b>	<b>96 Halesowen Tri</b>	<b>1:40:52</b>	
1 Kerry Richardson (103) 23:01	2 Stacey Hawkins (84) 19:30		1 C Wickenden (119) 27:56	2 Joanne Congerton (110) 22:55	
3 Georgina Westwood (82) 24:23	4 Hannah Creamer (79) 19:33		3 Sarah Cobourne (100) 23:13	4 Danielle Walters (96) 26:48	
<b>80 Silson Ac</b>	<b>1:27:09</b>		<b>97 Newcastle Staffs Ac</b>	<b>'C'</b>	<b>1:42:00</b>
1 Helen Heley (47) 18:17	2 Susan Torrance (62) 20:48		1 Lisa Hawkins (106) 23:54	2 Vicki Stevens (99) 23:06	
3 Eleanor Rees (81) 27:02	4 Olivia Ferrie (80) 21:02		3 Stacy Sharman (102) 27:34	4 Margaret Taylor (97) 27:26	
<b>81 Heanor RC</b>	<b>'C'</b>	<b>1:29:09</b>	<b>98 Dudley Kingswinford Rc</b>	<b>'A'</b>	<b>1:42:34</b>
1 Heather Wesson (92) 21:41	2 Susan Pinder (89) 22:29		1 Farrah Huntercoley (111) 25:14	2 Maxine Barker (109) 25:27	
3 Amanda Heading (83) 22:56	4 Linda Roulston (81) 22:03		3 Tori Bryant (104) 25:12	4 Aimee Pugh (98) 26:41	
<b>82 Kenilworth Runners</b>	<b>'C'</b>	<b>1:30:18</b>	<b>99 Bournville Harriers</b>	<b>'E'</b>	<b>1:43:13</b>
1 Pauline Dable (116) 26:24	2 Jackie Bulman (101) 21:55		1 Anna Mcmanus (114) 25:44	2 Clare Mullin (115) 29:29	
3 Kerrie Flippance (86) 21:25	4 Stef Lunn (82) 20:34		3 Miriam Stevens (105) 21:41	4 Suzanne Bunn (99) 26:19	
<b>83 Spa Striders</b>	<b>'B'</b>	<b>1:31:50</b>	<b>100 Sphinx Ac</b>	<b>'C'</b>	<b>1:43:16</b>
1 Lorraine Parsons (99) 22:31	2 Natalie Dellar (92) 22:50		1 Sallyanne Tully (121) 30:31	2 Jo Channer (114) 24:09	
3 Verity Hill (88) 26:11	4 Lucy Hartwright (83) 20:18		3 Jackie Stuart (107) 25:24	4 Rachael Allen (100) 23:12	

# Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

## 101 Aldridge Rc

'B' 1:45:06

1 Claire O'Brien (112) 25:18	2 Sue Desborough (104) 24:12
3 Judith Toase (108) 30:59	4 Abigail Wright (101) 24:37

## 102 Dudley Kingswinford Rc

'B' 1:48:17

1 Paula Alder (105) 23:19	2 J Robinsonmorriss (116) 32:16
3 Claire Hancox (109) 25:37	4 Helen Noke (102) 27:05

## 103 Sphinx Ac

'B' 1:49:36

1 Sarah Goodland (117) 27:12	2 Catrin Davies (118) 31:41
3 Holly Cooper (112) 27:07	4 Mary Bench (103) 23:36

## 104 Telford Harriers

'B' 1:52:49

1 Tania Willoughby (115) 26:07	2 Deborah Meredith (113) 27:37
3 Jennifer Robinson (111) 30:45	4 Jo Weaver (104) 28:20

## 105 Bournville Harriers

'F' 1:52:52

1 Nicola Tautscher (107) 24:06	2 Linda Howell (105) 25:41
3 Lesley Pymm (106) 29:16	4 Claire Daniels (105) 33:49

## 106 Massey Ferguson

'B' 1:59:33

1 Carol Martin (120) 28:06	2 Esme Long (112) 25:14
3 Cal Oddy (110) 30:19	4 Sonia Karamat (106) 35:54

## 107 West Bromwich Harriers

'B' 2:04:28

1 Kate Facey (110) 25:07	2 Michelle Cresswell (117) 33:23
3 Katie Downward (113) 37:36	4 Tara Donnelley (107) 28:22

## Incomplete Teams:

### Tipton Harriers

1 Kate Williams (59) 18:55	2 Victoria Charlton (60) 19:50
3 Cheryl Graham (66) 21:55	

### Gloucester Ac

1 Grace Vido (67) 19:29	2 Trudy Wells (85) 23:05
3 Tina Wickens (73) 19:26	

### Mansfield Harriers

1 Sarah Bradbury (90) 21:21	2 Victoria Faulkner (90) 23:06
3 Thomasina Copcutt (89) 27:16	

### Trentham Rc

1 Jill Phillips (88) 21:09	2 Heidi Melia (93) 24:38
3 Zoe Hankey (93) 27:15	

### Kings Heath Rc - The Lions

1 Claire Wilkes (97) 22:15	2 Karen Whitehouse (107) 27:56
3 Belinda Lowe (97) 23:24	

### Northbrook AC

1 Kirstie Murray (96) 22:14	2 Pia Singh (94) 23:50
3 Emma Mitchell (101) 28:10	

### Telford Ac

1 Claire Martin (7) 15:47	2 Lucie Taitharris (5) 16:23
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### Kettering Town Harriers

1 Emily Williams (21) 16:53	2 Claudia Nevett (17) 16:59
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### Coventry Godiva Harriers

1 Emily Reed (75) 19:57	2 Penny Oliver (51) 18:09
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### Solihull & Small Heath AC

1 S Mcgarrymasters (58) 18:48	2 Rebecca Freeman (57) 19:30
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### Birchfield Harriers

1 Sarah Travis (57) 18:46	2 Emily Evans (86) 23:55
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### Charnwood A C

1 Julie Bonshor (80) 20:14
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### Clc Striders

1 Zoe Gough (91) 21:39
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### Stourbridge Rc

1 Ann Kite (93) 21:56
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## Fastest of all legs

1 Hayley Carruthers	Birchfield	A	14:14 (4)
2 Bryony Gunn	Birchfield	A	14:55 (1)
3 Gemma Steel	Charnwood	A	15:02 (4)
4 Juliet Potter	Charnwood	A	15:14 (2)
5 Natalie Griffiths	Bristol&W	A	15:19 (1)
6 Hannah Taunton	TauntonAc		15:21 (3)
7 Jane Evans	Knowle&Do	A	15:25 (1)
8 A Murraygourlay	TauntonAc		15:26 (1)
9 Floren Scrafton	WestburyH		15:27 (4)
10 Mia Atkinson	Charnwood	A	15:32 (1)