

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

- Senior Mens Stage 1 — Final Results

Pos	Name	Club	Leg	Time			Time		
1	Alex Carter	TeamBathAC	A	18:07	62	Jonathan Hague	ExeterHarr	21:26	
2	Felix Mcgrath	NewcastleS	A	18:11	63	Jake Milovsorov	Shrewsbury	21:39	
3	Andrew Watt	Bristol&We	A	18:17	64	Archie Roberts	TiptonHarr	C	21:44
4	Daniel Robinson	Birmingham	A	18:20	65	Oliver Stone	RugeleyRun		21:46
5	Christopher Mcleod	Solihull&S		18:29	66	Jamie Penton	Cheltenham	D	21:52
6	Jack Pickett	Wolverhamp		18:38	67	Jeremy Mower	Gloucester		21:55
7	Ed Banks	Birchfield	A	18:40	68	Habib Farazmand	Knowle&Dor	B	21:56
8	Kristian Watson	HeanorRC	A	18:43	69	James Head	Tewkesbury		21:57
9	Alistair Mcdonnell	Rugby&Nort	A	18:46	70	Sam Godwin	NottsAc	C	21:58
10	Patrick Townsend	NottsAc	A	18:48	71	David Price	WorcesterA	B	22:00
11	Joseph Tuffin	Rushcliffe		18:56	72	Matthew Woodward	SwindonHar	B	22:04
12	Oliver Mott	Cheltenham	A	18:57	73	Andy Harrop	TelfordAc	B	22:05
13	Jamie Short	LeicesterC	A	18:57	74	Jack Hurst	SaffronAC		22:22
14	Benedict Duncan	WorcesterA	A	18:59	75	Jon Mould	Bournville	B	22:25
15	Thomas Beasley	Birchfield	B	19:00	76	Alex Stephenson	CobraRunni		22:27
16	Daniel Bagley	HolmePierr	A	19:02	77	Ian Cutler	Stroud&Dis	B	22:30
17	Milan Campion	NottsAc	B	19:03	78	Tim Livesley	KingsHeath	A	22:32
18	Oliver Harradence	RoyalSutto	A	19:04	79	Toby Close	Birmingham	C	22:46
19	Louie Boot	TiptonHarr	A	19:05	80	Darren Riley	SparkhillH		22:48
20	Ian Salt	CityOfStok	A	19:14	81	Adam Barnes	TiptonHarr	D	22:48
21	Scott Hudspith	CoventryGo	A	19:16	82	Daniel Jordan	TrenthamRc		22:49
22	Adam Soley	TiptonHarr	B	19:18	83	Arron Cox	HuncoteHar		22:52
23	T Osborne	Dudley&Sto	A	19:20	84	Lee D'arcy	HeanorRC	B	22:55
24	Chris Sharp	Knowle&Dor	A	19:26	85	Nick Hides	ClevedonAc	B	23:11
25	Alex Percy	HermitageH	A	19:36	86	Ainsley Wainwright	Knowle&Dor	C	23:12
26	K Colemansmith	CharnwoodA	A	19:39	87	Michael Williamson	Knowle&Dor	D	23:24
27	Adam White	LongEatonR		19:43	88	David Howells	SevernAc	B	23:28
28	Tim Spencer	Bromsgrove	A	19:45	89	Matthew Bradbury	MansfieldH	B	23:33
29	Harvey Speed	CoventryGo	B	19:47	90	Simon Rhodes	Birchfield	D	23:34
30	Ian Allen	SpaStrider	A	19:49	91	Colin Piper	SphinxAc	B	23:37
31	Courtney Chessell	SwindonHar	A	19:50	92	Andy Piddington	Birmingham	D	23:40
32	Olly Sheppard	Bristol&We	B	19:58	93	Robert Friel	TelfordHar		23:55
33	Marc Fallows	Cheltenham	B	20:12	94	Richard Beattie	Kenilworth	C	23:58
34	Tony Farnsworth	BlackPearJ		20:14	95	Luke Bennett	SpaStrider	B	24:06
35	Kristian Bayley	HalesowenA		20:16	96	Daniel Leng	Kenilworth	B	24:14
36	Joe Walton	TauntonAc		20:21	97	Jeremyshaun Trill	MasseyFerg	B	24:18
37	Dean Mawby	Leamington	B	20:28	98	Thomas Fortnum	Harborough	A	24:19
38	Luke Ingram	OwlsAc		20:29	99	Adam South	HalesowenT	A	24:24
39	Adam Smith	AldridgeRc		20:34	100	Karl Moore	WestBromwi		24:30
40	Dylan Gillett	TelfordAc	A	20:36	101	Daniel Stannard	SpaStrider	C	24:34
41	Neil Cope	MansfieldH	A	20:39	102	Russ Barnes	Kiddermins		24:39
42	Jake Guest	CityOfStok	B	20:41	103	Darran Furness	HeanorRC	C	25:01
43	William Mckemey	Bournville	A	20:43	104	Dave Ellis	Bournville	C	25:06
44	Ashley Fawke	Birmingham	B	20:44	105	Steve Handy	Northbrook	C	25:13
45	Stuart Lumsden	Northbrook	A	20:44	106	Adam Crompton	Stourbridg		25:24
46	Lee Rankin	Stroud&Dis	A	20:47	107	N Turnerhenke	Harborough	B	25:37
47	Dean Clarke	MasseyFerg	A	20:51	108	Craig Robinson	SphinxAc	A	25:38
48	Tom Radley	Cheltenham	C	20:52	109	Richard Shearing	Bournville	D	26:04
49	Paul Terleski	RoyalSutto	B	20:55	110	Tom Miller	Northbrook	B	26:58
50	Matt Biggs	Birchfield	C	20:56	111	Jort Vanmourik	Birmingham	E	27:09
51	George Crawford	Kenilworth	A	21:06	112	Kevin Davison	NewcastleS	B	27:28
52	Lee Gawler	Bristol&We	C	21:09	113	Paul Ward	KingsHeath	B	27:31
53	James Rose	SevernAc	A	21:11	114	John Treacy	CorbyAc		27:36
54	Henry Morton	Leamington	A	21:14	115	Ray Selwood	DudleyKing		27:46
55	Joshua Cannell	KetteringT		21:15	116	Matt Warren	HolmePierr	B	28:04
56	Neil Russell	Badgers	A	21:15	117	Aaron Harlow	HalesowenT	B	28:36
57	Phil Wolfe	Cannock&St		21:16	118	David Sansom	Birmingham	F	30:52
58	Julian Emery	NorthSomer		21:18	119	Paul Edwards	HolmePierr	C	31:32
59	Steve Wood	ClevedonAc	A	21:19	120	Barrie Roberts	Bournville	E	32:28
60	William Ganley	BittonRoad		21:24	121	Nathan Marchant	Bristol&We	D	46:16
61	Lewis Cherry	Rugby&Nort	B	21:25	122	Elliot Woolley	HermitageH	B	49:14

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

- Senior Mens Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jed Bartlett	Bristol&We A	19:04	55:24	0	64	James Booker	TiptonHarr C	21:27	1:07:38	+ 10
2	Sam Johnson	Birchfield A	18:14	55:30	+ 2	65	William Trippett	Stroud&Dis B	23:47	1:08:13	- 3
3	Stuart Spencer	NottsAc A	18:12	56:00	+ 4	66	Vladimir Venglar	Tewkesbury	23:56	1:08:41	+ 2
4	Alex Lee	Cheltenham A	19:24	56:32	- 2	67	Liam Dormann	RugeleyRun	25:21	1:08:45	- 10
5	Peter Brookes	TiptonHarr A	18:23	56:44	+ 9	68	Stephen Hogan	TiptonHarr D	25:27	1:09:06	- 9
6	Miles Clisham	CoventryGo A	19:12	56:50	0	69	James Ingram	TelfordAc B	24:50	1:09:17	- 6
7	Michael Tanner	Birchfield B	18:47	56:52	+ 4	70	Ian Mackenzie	Bournville B	25:18	1:09:46	- 6
8	Ben Musgrove	Rugby&Nort A	19:04	56:59	0	71	Connor Carrier	WorcesterA B	23:13	1:10:10	+ 10
9	Ben Carrington	Birmingham A	19:58	57:10	- 6	72	Nicholas Owen	KingsHeath A	24:44	1:10:28	0
10	Dale Annable	HeanorRC A	19:27	57:45	+ 2	73	Daniel Mayes	Knowle&Dor C	24:17	1:10:31	+ 2
11	Daniel Geisler	WorcesterA A	19:58	57:57	- 2	74	Dave Pearson	SparkhillH	24:20	1:10:50	+ 4
12	Bruce Raeside	NottsAc B	19:38	58:22	+ 5	75	Thomas Hunt	BlackPearJ	21:38	1:11:04	+ 19
13	Cameron Muir	CityOfStok A	19:56	58:25	+ 2	76	Neil Taylor	SevernAc B	24:30	1:11:08	+ 4
14	Oliver Sheppard	RoyalSutto A	21:32	58:49	- 9	77	Martin Mcguigan	TrenthamRc	23:10	1:11:37	+ 11
15	David Eagon	Bristol&We B	19:30	58:52	+ 8	78	Will Ravenhill	HuncoteHar	24:31	1:11:39	+ 5
16	Joel Dungworth	LeicesterC A	19:42	59:04	+ 6	79	Alan Mcdougall	MasseyFerg A	25:14	1:11:42	- 2
17	Stephen Corbishley	TiptonHarr B	20:03	59:07	+ 3	80	Ian Baynes	Kenilworth B	23:03	1:11:45	+ 10
18	Chris Morgan	Knowle&Dor A	20:03	59:20	+ 3	81	David Daniels	CobraRunni	24:03	1:11:51	+ 5
19	Marlon Dunkley	Rushcliffe	20:33	59:23	0	82	Jason Moss	ClevedonAc B	25:15	1:12:16	0
20	Jacob Droogmans	NewcastleS A	21:21	59:24	- 10	83	Andrew Connors	Knowle&Dor D	24:54	1:12:37	+ 2
21	Michael Bracken	Solihull&S	21:00	59:30	- 5	84	Peter Teevan	SpaStrider B	24:09	1:12:59	+ 7
22	Adam Saulbraddock	Wolverhamp	21:22	59:42	- 9	85	Dean Semple	MasseyFerg B	23:16	1:13:07	+ 12
23	James Egleston	TelfordAc A	19:40	1:00:13	+ 11	86	Andrew Williams	NottsAc C	26:45	1:13:13	- 10
24	Themis Bower	TeamBathAC A	19:57	1:00:25	+ 8	87	Xenofon Gogouvitis	Bournville C	24:25	1:13:22	+ 5
25	Ollie Jones	Cheltenham B	20:38	1:00:39	+ 3	88	David Maclean	Harborough A	23:50	1:13:33	+ 8
26	Ian Newns	Stroud&Dis A	20:42	1:00:57	+ 5	89	Joe Preece	Birmingham D	24:14	1:14:07	+ 9
27	Matt Bonney	Cannock&St	20:50	1:01:05	+ 3	90	Nick Hammond	HalesowenT A	25:51	1:14:23	- 1
28	Jon Fox	HolmePierr A	21:18	1:01:08	- 3	91	John Dill	SwindonHar B	29:08	1:14:36	- 21
29	Elliot Jones	Dudley&Sto A	21:24	1:01:17	- 3	92	Mark Williams	WestBromwi	23:09	1:14:38	+ 7
30	Mark Appleton	Bromsgrove A	20:51	1:01:21	+ 3	93	Michael Clark	HeanorRC C	25:25	1:14:40	0
31	Paul Harmer	CharnwoodA A	21:59	1:01:22	- 7	94	Billy Morton	SpaStrider C	25:44	1:15:24	+ 1
32	Jordan Thomas	CityOfStok B	21:51	1:01:51	- 5	95	Dave Carver	MansfieldH B	29:06	1:15:41	- 16
33	Paul Coughlan	Bournville A	20:24	1:01:55	+ 5	96	Jonathan Pearce	DudleyKing	24:49	1:17:22	+ 9
34	Andrew Drake	Bristol&We C	20:19	1:01:58	+ 5	97	Austin Wade	Northbrook C	25:37	1:17:47	+ 4
35	Chris Monk	MansfieldH A	23:11	1:01:59	- 17	98	Peter Norton	Kiddermins	30:00	1:17:57	- 11
36	Daniel Swain	Birchfield C	20:20	1:02:09	+ 5	99	Ben Tabram	Northbrook B	26:15	1:18:29	+ 4
37	Simon Dill	SwindonHar A	21:18	1:02:17	- 2	100	Robert Taylor	Stourbridg	26:35	1:18:52	+ 4
38	Matthew Hadlum	CoventryGo B	22:13	1:02:23	- 9	101	Will Meredith	HolmePierr C	23:52	1:19:30	+ 9
39	Michael Bland	LongEatonR	21:45	1:02:46	- 3	102	Barry Allen	SphinxAc A	25:40	1:20:42	+ 7
40	James Hoult	HalesowenA	21:46	1:02:55	- 3	103	Alex Edwards	Birmingham E	25:57	1:20:45	+ 5
41	Matthew Tonks	Badgers A	21:37	1:03:20	- 1	104	Stewart Crowton	Bournville D	28:26	1:21:20	+ 2
42	Dan Dalmedo	Birmingham B	21:11	1:03:21	+ 2	105	Chris Noon	HalesowenT B	26:40	1:24:30	+ 7
43	Adam Notley	SpaStrider A	21:45	1:03:52	- 1	106	James Ibbs	NewcastleS B	29:01	1:25:12	+ 5
44	John Hayman	RoyalSutto B	21:28	1:03:53	+ 3	107	Peter Gale	HolmePierr B	38:48	1:30:25	- 7
45	Antonio Gasparinho	Shrewsbury	22:04	1:04:14	- 2	108	Billy Cochrane	Bristol&We D	23:33	1:31:44	+ 9
46	Charlie Staveley	Leamington A	21:37	1:04:24	+ 6	109	Nick Ktori	KingsHeath B	25:14	1:31:45	+ 6
47	Oliver Jones	Northbrook A	21:54	1:04:29	+ 2	110	Paul Ruscoe	TelfordHar	27:23	1:34:50	+ 6
48	Jason Tilley	Gloucester	21:58	1:04:43	+ 3	111	Chris Davy	Birmingham F	35:23	1:36:39	+ 2
49	William Cheek	NorthSomerset	21:21	1:04:51	+ 9	112	Tony Hayward	Bournville E	36:17	1:40:37	+ 2
50	Morgan Potter	KetteringT	22:21	1:04:52	- 2	113	Scott Armston	HermitageH B	25:57	1:42:46	+ 5
51	Jason Collins	HermitageH A	23:05	1:05:20	- 5	Fastest runners over stage 3:					
52	Ash Tuck	BittonRoad	22:49	1:05:30	- 2	1	Stuart Spencer	NottsAc A	18:12		
53	George Debolla	Knowle&Dor B	21:04	1:05:33	+ 12	2	Sam Johnson	Birchfield A	18:14		
54	Steve Hall	Cheltenham C	22:37	1:05:40	- 1	3	Peter Brookes	TiptonHarr A	18:23		
55	Matthew Evans	ClevedonAc A	22:37	1:05:52	0	4	Michael Tanner	Birchfield B	18:47		
56	V Andreoulakis	Leamington B	21:16	1:06:14	+ 13	5	Ben Musgrove	Rugby&Nort A	19:04		
57	Oliver Flippance	Kenilworth A	22:21	1:06:16	+ 4	6	Jed Bartlett	Bristol&We A	19:04		
58	David Clarke	SevernAc A	23:16	1:06:26	- 4	7	Miles Clisham	CoventryGo A	19:12		
59	Adam Western	Birmingham C	22:02	1:06:35	+ 8	8	Alex Lee	Cheltenham A	19:24		
60	Daniel Day	AldridgeRc	23:34	1:06:50	- 4	9	Dale Annable	HeanorRC A	19:27		
61	Bilal Farah	OwlsAc	21:10	1:06:59	+ 12	10	David Eagon	Bristol&We B	19:30		
62	Clark Lawson	Cheltenham D	23:17	1:07:07	- 2						
63	Robin Clegg	HeanorRC B	23:03	1:07:32	+ 3						

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

- Senior Mens Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	William Richardson	Birchfield A	17:28	1:12:58	+ 1
2	Kurt Taylor	Bristol&We A	18:15	1:13:39	- 1
3	Freddie Hessian	NottsAc A	18:25	1:14:25	0
4	Ian Williams	TiptonHarr A	18:15	1:14:59	+ 1
5	George Watson	Cheltenham A	18:39	1:15:11	- 1
6	Oliver Paulin	CoventryGo A	18:35	1:15:25	0
7	Dominic Jones	Rugby&Nort A	18:49	1:15:48	+ 1
8	Orlando Corea	Birchfield B	19:37	1:16:29	- 1
9	Mark Ince	Birmingham A	19:45	1:16:55	0
10	C Patterson	HeanorRC A	20:15	1:18:00	0
11	James Dale	WorcesterA A	20:17	1:18:14	0
12	Adam Wilson	Bristol&We B	19:38	1:18:30	+ 3
13	Richard Carpenter	TiptonHarr B	19:43	1:18:50	+ 4
14	Thomas Hendricken	CityOfStok A	20:45	1:19:10	- 1
15	David Keasey	NottsAc B	20:56	1:19:18	- 3
16	Nicholas Woolley	Knowle&Dor A	20:29	1:19:49	+ 2
17	Lee Stopford	Stroud&Dis A	18:55	1:19:52	+ 9
18	John Howorth	TeamBathAC A	19:29	1:19:54	+ 6
19	Douglas Wight	Cheltenham B	19:24	1:20:03	+ 6
20	Marc Scott	Rushcliffe	20:41	1:20:04	- 1
21	Pravesh Patel	Wolverhamp	20:41	1:20:23	+ 1
22	P Bouttierbutler	LeicesterC A	21:38	1:20:42	- 6
23	Ben Horton	RoyalSutto A	22:08	1:20:57	- 9
24	Henry Cochrane	Bristol&We C	19:03	1:21:01	+ 10
25	Chris Bagshaw	TelfordAc A	20:54	1:21:07	- 2
26	Eddie George	HolmePierr A	20:09	1:21:17	+ 2
27	Benjamin Brereton	NewcastleS A	22:24	1:21:48	- 7
28	Prince Laryea	Solihull&S	22:40	1:22:10	- 7
29	Jake Spilsbury	CityOfStok B	20:30	1:22:21	+ 3
30	James Perrin	Cannock&St	21:21	1:22:26	- 3
31	Martin Lewis	CharnwoodA A	21:06	1:22:28	0
32	Luke Byrne	SwindonHar A	20:49	1:23:06	+ 5
33	David Ratcliffe	Dudley&Sto A	21:50	1:23:07	- 4
34	J Malcolmroberts	Birchfield C	21:07	1:23:16	+ 2
35	James Ashley	Bournville A	21:41	1:23:36	- 2
36	Jordan Boam	MansfieldH A	21:45	1:23:44	- 1
37	James Denne	Gloucester	19:16	1:23:59	+ 11
38	A Tsolakis	Birmingham B	20:41	1:24:02	+ 4
39	Chris Mckeown	SpaStrider A	20:11	1:24:03	+ 4
40	Kevin Fisher	Bromsgrove A	22:52	1:24:13	- 10
41	Jamie Langley	Leamington A	20:21	1:24:45	+ 5
42	Bill Nock	HalesowenA	22:44	1:25:39	- 2
43	David Lewis	LongEatonR	23:06	1:25:52	- 4
44	Andrew Siggers	Kenilworth A	19:47	1:26:03	+ 13
45	Joe Willgoss	Cheltenham C	20:34	1:26:14	+ 9
46	Jack Wilkinson	NorthSomer	21:31	1:26:22	+ 3
47	Steve Marklew	RoyalSutto B	22:45	1:26:38	- 3
48	Carl Holyoak	Badgers A	23:26	1:26:46	- 7
49	John Jones	Shrewsbury	22:55	1:27:09	- 4
50	Gary Hope	SevernAc A	20:47	1:27:13	+ 8
51	David Carbutt	Knowle&Dor B	21:55	1:27:28	+ 2
52	Simon Clarke	CoventryGo B	25:20	1:27:43	- 14
53	Jack Watson	KetteringT	22:58	1:27:50	- 3
54	Sean Duffy	Northbrook A	23:52	1:28:21	- 7
55	Tom Abrahams	ClevedonA A	22:55	1:28:47	0
56	Mark Kendrick	HermitageH A	23:29	1:28:49	- 5
57	Mark Shaw	AldridgeRc	22:22	1:29:12	+ 3
58	Brian Mcevoy	Birmingham C	22:40	1:29:15	+ 1
59	Paul Bennett	BittonRoad	23:51	1:29:21	- 7
60	Daniel Lewis	TiptonHarr C	21:59	1:29:37	+ 4
61	Jordan King	Leamington B	23:46	1:30:00	- 5
62	Matthew Wood	Cheltenham D	22:57	1:30:04	0
63	N Hitchcroft	Stroud&Dis B	22:37	1:30:50	+ 2
64	Peter Edwards	HeanorRC B	24:05	1:31:37	- 1
65	Scott Hazell	MasseyFerg A	20:17	1:31:59	+ 14
66	Richard Lycett	RugeleyRun	23:53	1:32:38	+ 1
67	Alan Whitby	Tewkesbury	24:25	1:33:06	- 1
68	Tom Bentley	WorcesterA B	22:57	1:33:07	+ 3
69	Jonathon Bellman	Bournville B	23:30	1:33:16	+ 1
70	Chris Callow	KingsHeath A	23:24	1:33:52	+ 2
71	Adam Tatton	TelfordAc B	25:41	1:34:58	- 2
72	Neil Sheward	Kenilworth B	23:18	1:35:03	+ 8
73	Robert Sedgley	TiptonHarr D	25:58	1:35:04	- 5
74	Daniel Doyle	OwlsAc	28:21	1:35:20	- 13
75	Warren Thomas	TrenthamRc	23:58	1:35:35	+ 2
76	Alex Jenkins	SevernAc B	24:42	1:35:50	0
77	Ian Thompson	HuncoteHar	24:14	1:35:53	+ 1
78	Guy Walton	CobraRunni	24:10	1:36:01	+ 3
79	David Long	WestBromwi	21:28	1:36:06	+ 13
80	Patrick Finnegan	SparkhillH	25:45	1:36:35	- 6
81	Steven Dix	HalesowenT A	23:05	1:37:28	+ 9
82	Chris Davies	ClevedonAc B	25:41	1:37:57	0
83	Mark Rose	BlackPearJ	27:19	1:38:23	- 8
84	Ian Voaden	Knowle&Dor D	25:47	1:38:24	- 1
85	Ian Spencer	SwindonHar B	24:29	1:39:05	+ 6
86	James Evans	Bournville C	25:44	1:39:06	+ 1
87	Graeme Rolfe	Harborough A	25:57	1:39:30	+ 1
88	Paul Winwood	Knowle&Dor C	28:59	1:39:30	- 15
89	Jan Hall	MasseyFerg B	27:06	1:40:13	- 4
90	Gary Davies	DudleyKing	23:06	1:40:28	+ 6
91	Martin Ludford	Birmingham D	26:32	1:40:39	- 2
92	Mark Fickling	MansfieldH B	25:17	1:40:58	+ 3
93	Paul Mercer	HeanorRC C	27:09	1:41:49	0
94	Nicholas Clarke	NottsAc C	30:02	1:43:15	- 8
95	Robert Woodward	Stourbridg	24:50	1:43:42	+ 5
96	Douglas Rattray	SpaStrider B	30:44	1:43:43	- 12
97	Sam Palmer	SphinxAc A	23:01	1:43:43	+ 5
98	Terence Bedington	Kiddermins	26:35	1:44:32	0
99	Kyle Bedoe	Northbrook C	27:53	1:45:40	- 2
100	Chris Allen	HolmePierr C	26:26	1:45:56	+ 1
101	Kevin Coughlan	Northbrook B	27:53	1:46:22	- 2
102	C Wilsonbarradell	HalesowenT B	25:18	1:49:48	+ 3
103	David Lithgow	SpaStrider C	34:27	1:49:51	- 9
104	Stuart Bird	Bournville D	30:00	1:51:20	0
105	Sandeep Dhami	Birmingham E	31:56	1:52:41	- 2
106	Kevin Ford	HolmePierr B	23:07	1:53:32	+ 1
107	Pab Maddox	NewcastleS B	32:08	1:57:20	- 1
108	Ian Maxwell	TelfordHar	27:36	2:02:26	+ 2
109	Mark Cond	KingsHeath B	34:48	2:06:33	0
110	Simon Fawke	Birmingham F	29:55	2:06:34	+ 1
111	Alan Hudson	HermitageH B	25:40	2:08:26	+ 2

Fastest runners over stage 4:

1	William Richardson	Birchfield A	17:28
2	Ian Williams	TiptonHarr A	18:15
3	Kurt Taylor	Bristol&We A	18:15
4	Freddie Hessian	NottsAc A	18:25
5	Oliver Paulin	CoventryGo A	18:35
6	George Watson	Cheltenham A	18:39
7	Dominic Jones	Rugby&Nort A	18:49
8	Lee Stopford	Stroud&Dis A	18:55
9	Henry Cochrane	Bristol&We C	19:03
10	James Denne	Gloucester	19:16

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

- Senior Mens Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Andrew Peat	Birchfield A	18:33	1:31:31	0	62	Steve Hammond	AldridgeRc	25:38	1:54:50	- 5
2	William Christofi	Bristol&We A	18:49	1:32:28	0	63	Tony Weatherson	HeanorRC B	23:37	1:55:14	+ 1
3	Tim Hartley	NottsAc A	19:06	1:33:31	0	64	Robert Humphries	RugeleyRun	23:32	1:56:10	+ 2
4	Charlie Jones	Cheltenham A	18:56	1:34:07	+ 1	65	Sam Weaver	Bournville B	23:51	1:57:07	+ 4
5	Martin Williams	TiptonHarr A	19:19	1:34:18	- 1	66	Clive Poole	Stroud&Dis B	27:14	1:58:04	- 3
6	Matthew Battley	CoventryGo A	19:33	1:34:58	0	67	Simon Bryan	TrenthamRc	22:39	1:58:14	+ 8
7	Ben Hope	Rugby&Nort A	20:26	1:36:14	0	68	Simon Neale	MasseyFerg A	26:20	1:58:19	- 3
8	Henry Brocklehurst	Birmingham A	19:34	1:36:29	+ 1	69	Vincent Charles	OwlsAc	24:04	1:59:24	+ 5
9	Andrew Ridley	Birchfield B	20:28	1:36:57	- 1	70	Myles Wilson	TiptonHarr D	25:05	2:00:09	+ 3
10	Jake Watson	WorcesterA A	19:50	1:38:04	+ 1	71	Neil Parry	HuncoteHar	24:40	2:00:33	+ 6
11	Felix Rusby	Bristol&We B	19:46	1:38:16	+ 1	72	Pete Matthews	Kenilworth B	25:32	2:00:35	0
12	Harvey Maguire	TiptonHarr B	20:06	1:38:56	+ 1	73	Stephen Cleary	CobraRunni	25:32	2:01:33	+ 5
13	Ben Rhodes	HeanorRC A	21:40	1:39:40	- 3	74	Stuart Cobourne	HalesowenT A	24:48	2:02:16	+ 7
14	Eliot Taylor	Cheltenham B	19:48	1:39:51	+ 5	75	David Page	WestBromwi	26:11	2:02:17	+ 4
15	Peter Grist	TeamBathAC A	20:06	1:40:00	+ 3	76	Paul Daymond	KingsHeath A	29:00	2:02:52	- 6
16	Matt Eardley	CityOfStok A	21:16	1:40:26	- 2	77	Kevin Probyn	SevernAc B	27:18	2:03:08	- 1
17	Gary Polhill	Knowle&Dor A	20:57	1:40:46	- 1	78	Mark Pierce	SwindonHar B	24:11	2:03:16	+ 7
18	Andy Cooke	Bristol&We C	19:47	1:40:48	+ 6	79	Ryan Lyttle	BlackPearJ	25:07	2:03:30	+ 4
19	Barry Lloyd	RoyalSutto A	20:10	1:41:07	+ 4	80	Huw Jones	Birmingham D	22:59	2:03:58	+ 11
20	John Muddeman	NottsAc B	22:23	1:41:41	- 5	81	Andy Law	SparkhillH	27:35	2:04:10	- 1
21	Niall Mcnamara	Rushcliffe	21:42	1:41:46	- 1	82	Phil Wood	Knowle&Dor D	26:12	2:04:36	+ 2
22	Jason Barry	Stroud&Dis A	21:56	1:41:48	- 5	83	Craig Linacre	MansfieldH B	23:52	2:04:50	+ 9
23	David Pearce	LeicesterC A	21:16	1:41:58	- 1	84	Peter Attenborough	Harborough A	25:24	2:04:54	+ 3
24	Ethan O'shea	CharnwoodA A	19:52	1:42:20	+ 7	85	Nigel Charman	ClevedonAc B	27:38	2:05:35	- 3
25	Tim Sharman	NewcastleS A	20:49	1:42:37	+ 2	86	Pete Makepeace	Knowle&Dor C	26:15	2:05:45	+ 2
26	Ashley Atkinson	Wolverhamp	22:27	1:42:50	- 5	87	David Hickman	DudleyKing	25:35	2:06:03	+ 3
27	Simon Byrne	SwindonHar A	20:06	1:43:12	+ 5	88	Paul O'brien	TelfordAc B	31:13	2:06:11	- 17
28	Ashley Dennett	CityOfStok B	21:23	1:43:44	+ 1	89	Peter Hickman	Bournville C	27:17	2:06:23	- 3
29	H Hardysmith	Cannock&St	21:24	1:43:50	+ 1	90	Dave Lee	MasseyFerg B	27:04	2:07:17	- 1
30	David Nation	Dudley&Sto A	20:47	1:43:54	+ 3	91	John Sutherns	HolmePierr C	22:42	2:08:38	+ 9
31	James Kirkwood	HolmePierr A	22:41	1:43:58	- 5	92	James Hartwright	SpaStrider B	25:19	2:09:02	+ 4
32	Luke Moses	TelfordAc A	23:14	1:44:21	- 7	93	Bill Speake	NottsAc C	27:06	2:10:21	+ 1
33	Jack Dawson	Solihull&S	22:37	1:44:47	- 5	94	James Bellamy	Stourbridg	27:30	2:11:12	+ 1
34	Simon Ludford	SpaStrider A	20:54	1:44:57	+ 5	95	Paul Robbins	Northbrook C	26:48	2:12:28	+ 4
35	Matt Chambers	MansfieldH A	21:31	1:45:15	+ 1	96	Scott Puplett	Kiddermins	28:20	2:12:52	+ 2
36	Tom Bunn	Bournville A	22:02	1:45:38	- 1	97	Johnpaul Hunt	SpaStrider C	24:04	2:13:55	+ 6
37	Philip Gould	Leamington A	21:25	1:46:10	+ 4	98	Eamon O'hanlon	HeanorRC C	32:28	2:14:17	- 5
38	Damian Cartland	Birmingham B	22:16	1:46:18	0	99	Mark Norman	SphinxAc A	31:29	2:15:12	- 2
39	Alex Parker	Birchfield C	23:47	1:47:03	- 5	100	Andrew Soley	HolmePierr B	23:07	2:16:39	+ 6
40	Jonathan Lewis	HalesowenA	21:27	1:47:06	+ 2	101	Bob Adams	Northbrook B	30:20	2:16:42	0
41	Steven Haines	Gloucester	23:25	1:47:24	- 4	102	Jonathan Simpson	HalesowenT B	27:35	2:17:23	0
42	Adam Parr	Bromsgrove A	23:33	1:47:46	- 2	103	Harry Fowler	Birmingham E	26:37	2:19:18	+ 2
43	Roger Mullins	Cheltenham C	21:44	1:47:58	+ 2	104	Stephen Doswell	Bournville D	30:31	2:21:51	0
44	Stuart Hopkins	Kenilworth A	22:00	1:48:03	0	105	Kevin Oakley	NewcastleS B	28:20	2:25:40	+ 2
45	Andy Dickenson	LongEatonR	23:18	1:49:10	- 2	106	Robin Chebsey	TelfordHar	29:12	2:31:38	+ 2
46	Daniel Malone	Knowle&Dor B	21:45	1:49:13	+ 5	107	Alex Groves	KingsHeath B	27:29	2:34:02	+ 2
47	Mark Repton	Badgers A	22:35	1:49:21	+ 1	108	Matthew Dumelow	HermitageH B	30:35	2:39:01	+ 3
48	Ian Wood	RoyalSutto B	22:56	1:49:34	- 1	Fastest runners over stage 5:					
49	Kestutis Pitchers	NorthSomer	23:34	1:49:56	- 3	1	Andrew Peat	Birchfield A	18:33		
50	Adrian England	SevernAc A	23:07	1:50:20	0	2	William Christofi	Bristol&We A	18:49		
51	Matt Wooden	Shrewsbury	23:29	1:50:38	- 2	3	Charlie Jones	Cheltenham A	18:56		
52	Ryan Twigg	HermitageH A	22:09	1:50:58	+ 4	4	Tim Hartley	NottsAc A	19:06		
53	Matt Crocker	ClevedonAc A	22:17	1:51:04	+ 2	5	Martin Williams	TiptonHarr A	19:19		
54	Steven Turvey	Northbrook A	22:53	1:51:14	0	6	Matthew Battley	CoventryGo A	19:33		
55	Dean Hill	TiptonHarr C	21:45	1:51:22	+ 5	7	Henry Brocklehurst	Birmingham A	19:34		
56	Pierre Lemarquer	Leamington B	22:02	1:52:02	+ 5	8	Felix Rusby	Bristol&We B	19:46		
57	Chris Grimley	Birmingham C	22:50	1:52:05	+ 1	9	Andy Cooke	Bristol&We C	19:47		
58	Arwel Roberts	BittonRoad	23:25	1:52:46	+ 1	10	Eliot Taylor	Cheltenham B	19:48		
59	Peter Carmichael	Cheltenham D	23:16	1:53:20	+ 3						
60	Alex Hills	WorcesterA B	20:31	1:53:38	+ 8						
61	Thomas Jawad	KetteringT	26:30	1:54:20	- 8						

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

- Senior Mens Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Omar Ahmed	Birchfield A	16:59	1:48:30	0	59	Tony James	KetteringT	22:24	2:16:44	+ 2
2	Andrew Chambers	Bristol&We A	18:19	1:50:47	0	60	Jeremy Burton	WorcesterA B	23:16	2:16:54	0
3	Alastair Watson	NottsAc A	17:52	1:51:23	0	61	Michael Ede	Cheltenham D	24:58	2:18:18	- 2
4	Jonathon Carter	TiptonHarr A	18:59	1:53:17	+ 1	62	Mark O'rourke	AldridgeRc	24:05	2:18:55	0
5	Richard Dare	Cheltenham A	19:24	1:53:31	- 1	63	AdyTurton	Bournville B	22:39	2:19:46	+ 2
6	Joseph Mcleod	CoventryGo A	20:04	1:55:02	0	64	Lewis Whiting	HeanorRC B	24:32	2:19:46	- 1
7	James Marshall	Birmingham A	19:11	1:55:40	+ 1	65	Simon Allen	OwlsAc	20:49	2:20:13	+ 4
8	Jack Bond	Rugby&Nort A	20:30	1:56:44	- 1	66	Thomas Watts	MasseyFerg A	23:21	2:21:40	+ 2
9	Ben Griffiths	Birchfield B	20:35	1:57:32	0	67	Stephen Snow	HuncoteHar	22:20	2:22:53	+ 4
10	Otis Mondir	Bristol&We B	19:33	1:57:49	+ 1	68	Douglas Alcock	TrenthamRc	25:13	2:23:27	- 1
11	Luke Sheppard	WorcesterA A	20:16	1:58:20	- 1	69	Stewart Kibble	RugeleyRun	28:01	2:24:11	- 5
12	Marcus England	Cheltenham B	19:16	1:59:07	+ 2	70	C Jurevicius	Stroud&Dis B	26:40	2:24:44	- 4
13	Aaron Pritchard	TeamBathAC A	19:14	1:59:14	+ 2	71	Mark Alldritt	Kenilworth B	24:42	2:25:17	+ 1
14	Thomas Mortimer	Stroud&Dis A	17:48	1:59:36	+ 8	72	Aaron Bishop	SwindonHar B	22:35	2:25:51	+ 6
15	Casey Maddock	CityOfStok A	19:39	2:00:05	+ 1	73	Paul Sheppard	CobraRunni	24:33	2:26:06	0
16	R Michaelsonyeates	Knowle&Dor A	19:22	2:00:08	+ 1	74	Ben Burns	ClevedonAc B	21:50	2:27:25	+ 11
17	Peter Bains	Bristol&We C	19:54	2:00:42	+ 1	75	Gary Smith	WestBromwi	25:20	2:27:37	0
18	Shaun Barnsley	TiptonHarr B	21:57	2:00:53	- 6	76	Jamie Mcallister	Harborough A	22:50	2:27:44	+ 8
19	Ashley Deeming	HeanorRC A	22:16	2:01:56	- 6	77	Graham Hamer	HalesowenT A	25:39	2:27:55	- 3
20	Peter Robinson	NottsAc B	20:36	2:02:17	0	78	Stuart Parker	BlackPearJ	24:38	2:28:08	+ 1
21	Martin Makin	LeicesterC A	20:45	2:02:43	+ 2	79	Nick Price	Birmingham D	24:39	2:28:17	+ 1
22	Sam Crawford	RoyalSutto A	21:37	2:02:44	- 3	80	Stephen Hale	SevernAc B	25:29	2:28:37	- 3
23	Daniel Brazier	Wolverhamp	20:27	2:03:17	+ 3	81	James Oggelsby	KingsHeath A	26:41	2:29:33	- 5
24	Nyle Clinton	SwindonHar A	20:16	2:03:28	+ 3	82	Paul Dolan	TiptonHarr D	30:30	2:30:39	- 12
25	Graham Moffatt	Rushcliffe	21:44	2:03:30	- 4	83	James Hannon	SparkhillH	26:41	2:30:51	- 2
26	Ian Bayliss	NewcastleS A	21:13	2:03:50	- 1	84	Richard Tonks	DudleyKing	24:50	2:30:53	+ 3
27	Paul Wright	MansfieldH A	19:15	2:04:30	+ 8	85	Jason Pitcher	Knowle&Dor C	25:55	2:31:40	+ 1
28	Philip Nind	HolmePierr A	20:41	2:04:39	+ 3	86	Oliver Kirkland	Bournville C	25:20	2:31:43	+ 3
29	Ross Connor	CityOfStok B	21:19	2:05:03	- 1	87	Gary Welsh	Knowle&Dor D	27:54	2:32:30	- 5
30	Neil Smith	SpaStrider A	20:27	2:05:24	+ 4	88	Chris Wilson	SpaStrider B	24:22	2:33:24	+ 4
31	Michael Kingsbury	CharnwoodA A	23:33	2:05:53	- 7	89	Shaun Middleton	MansfieldH B	28:37	2:33:27	- 6
32	Dean Gapper	TelfordAc A	21:45	2:06:06	0	90	Rob Macdonald	HolmePierr C	25:37	2:34:15	+ 1
33	Harry Walters	Dudley&Sto A	22:14	2:06:08	- 3	91	Brian Boyle	MasseyFerg B	27:36	2:34:53	- 1
34	George Falcus	Cannock&St	22:45	2:06:35	- 5	92	Steven Leek	NottsAc C	25:36	2:35:57	+ 1
35	Nick Lewis	Birmingham B	20:18	2:06:36	+ 3	93	Richard Gray	Birmingham E	18:53	2:38:11	+ 10
36	Isaac Rothman	Leamington A	20:40	2:06:50	+ 1	94	Robert Stewart	HolmePierr B	23:26	2:40:05	+ 6
37	Paul Thompson	Bournville A	21:52	2:07:30	- 1	95	Paul Ingram	Kiddermins	28:26	2:41:18	+ 1
38	Peter Dear	HalesowenA	21:53	2:08:59	+ 2	96	Matt Leydon	SpaStrider C	28:25	2:42:20	+ 1
39	Stanley Doxey	Kenilworth A	21:02	2:09:05	+ 5	97	Andrew Basey	HeanorRC C	28:30	2:42:47	+ 1
40	Thomas Symmons	Solihull&S	24:34	2:09:21	- 7	98	Anthony Obrien	SphinxAc A	28:00	2:43:12	+ 1
41	Peter Dimpleby	Birchfield C	22:24	2:09:27	- 2	99	Fraser Barrett	Northbrook C	33:04	2:45:32	- 4
42	Matthew Howard	NorthSomer	19:47	2:09:43	+ 7	100	Francis Mason	Northbrook B	29:25	2:46:07	+ 1
43	Calvin Scoltock	Bromsgrove A	22:41	2:10:27	- 1	101	Robert Styles	Bournville D	29:52	2:51:43	+ 3
44	James Walters	Gloucester	23:09	2:10:33	- 3	102	Richard Longley	NewcastleS B	29:21	2:55:01	+ 3
45	Russell Forsbrook	Cheltenham C	22:39	2:10:37	- 2	103	David Bagwell	KingsHeath B	24:12	2:58:14	+ 4
46	Darren John	Knowle&Dor B	21:36	2:10:49	0	104	Ian Simmonds	TelfordHar	28:22	3:00:00	+ 2
47	Peter Stephens	SevernAc A	20:41	2:11:01	+ 3						
48	Mark Lay	LongEatonR	22:13	2:11:23	- 3						
49	Luke Murray	ClevedonAc A	20:32	2:11:36	+ 4						
50	Richard Naylor	RoyalSutto B	22:06	2:11:40	- 2						
51	Steve Waters	Shrewsbury	21:12	2:11:50	0						
52	Chris Burrows	Birmingham C	21:37	2:13:42	+ 5						
53	Brad Cox	BittonRoad	21:26	2:14:12	+ 5						
54	David Pallett	HermitageH A	23:39	2:14:37	- 2						
55	Terry Moynihan	Northbrook A	23:35	2:14:49	- 1						
56	David Hill	Badgers A	25:47	2:15:08	- 9						
57	Zabie Hassan	TiptonHarr C	23:52	2:15:14	- 2						
58	Mat Holt	Leamington B	23:44	2:15:46	- 2						

Fastest runners over stage 6:			
1	Omar Ahmed	Birchfield A	16:59
2	Thomas Mortimer	Stroud&Dis A	17:48
3	Alastair Watson	NottsAc A	17:52
4	Andrew Chambers	Bristol&We A	18:19
5	Richard Gray	Birmingham E	18:53
6	Jonathon Carter	TiptonHarr A	18:59
7	James Marshall	Birmingham A	19:11
8	Aaron Pritchard	TeamBathAC A	19:14
9	Paul Wright	MansfieldH A	19:15
10	Marcus England	Cheltenham B	19:16

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

Senior Mens — Team Results — Final (nn) is team position after the appropriate stage.

1 Birchfield Harriers		'A' 1:48:30		14 Stroud & District Ac		'A' 1:59:36	
1 EdBanks (7) 18:40	2 Alex Tovey (4) 18:36	1 Lee Rankin (46) 20:47	2 Alastair Cambell (31) 19:28	3 Sam Johnson (2) 18:14	4 William Richardson (1) 17:28	3 Ian Newns (26) 20:42	4 Lee Stopford (17) 18:55
5 Andrew Peat (1) 18:33	6 Omar Ahmed (1) 16:59	5 Jason Barry (22) 21:56	6 Thomas Mortimer (14) 17:48				
2 Bristol & West Ac		'A' 1:50:47		15 City Of Stoke Ac		'A' 2:00:05	
1 Andrew Watt (3) 18:17	2 Harry Allen (1) 18:03	1 Ian Salt (20) 19:14	2 David Sheldon (15) 19:15	3 Jed Bartlett (1) 19:04	4 Kurt Taylor (2) 18:15	3 Cameron Muir (13) 19:56	4 Thomas Hendricken (14) 20:45
5 William Christofi (2) 18:49	6 Andrew Chambers (2) 18:19	5 Matt Eardley (16) 21:16	6 Casey Maddock (15) 19:39				
3 Notts Ac		'A' 1:51:23		16 Knowle & Dorridge RC		'A' 2:00:08	
1 Patrick Townsend (10) 18:48	2 Anthony Woodward (7) 19:00	1 Chris Sharp (24) 19:26	2 Gareth Wainwright (21) 19:51	3 Stuart Spencer (3) 18:12	4 Freddie Hessian (3) 18:25	3 Chris Morgan (18) 20:03	4 Nicholas Woolley (16) 20:29
5 Tim Hartley (3) 19:06	6 Alastair Watson (3) 17:52	5 Gary Polhill (17) 20:57	6 R Michaelsonyeates (16) 19:22				
4 Tipton Harriers		'A' 1:53:17		17 Bristol & West Ac		'C' 2:00:42	
1 Louie Boot (19) 19:05	2 Luke Vine (14) 19:16	1 Lee Gawler (52) 21:09	2 Rob Farley (39) 20:30	3 Peter Brookes (5) 18:23	4 Ian Williams (4) 18:15	3 Andrew Drake (34) 20:19	4 Henry Cochrane (24) 19:03
5 Martin Williams (5) 19:19	6 Jonathon Carter (4) 18:59	5 Andy Cooke (18) 19:47	6 Peter Bains (17) 19:54				
5 Cheltenham & County Harriers		'A' 1:53:31		18 Tipton Harriers		'B' 2:00:53	
1 Oliver Mott (12) 18:57	2 Dom James (2) 18:11	1 Adam Soley (22) 19:18	2 Nick Hardy (20) 19:46	3 Alex Lee (4) 19:24	4 George Watson (5) 18:39	3 Stephen Corbishley (17) 20:03	4 Richard Carpenter (13) 19:43
5 Charlie Jones (4) 18:56	6 Richard Dare (5) 19:24	5 Harvey Maguire (12) 20:06	6 Shaun Bamsley (18) 21:57				
6 Coventry Godiva Harriers		'A' 1:55:02		19 Heanor RC		'A' 2:01:56	
1 Scott Hudspith (21) 19:16	2 MMohamed (6) 18:22	1 Kristian Watson (8) 18:43	2 Joe Rainsford (12) 19:35	3 Miles Clisham (6) 19:12	4 Oliver Paulin (6) 18:35	3 Dale Annable (10) 19:27	4 C Patterson (10) 20:15
5 Matthew Battley (6) 19:33	6 Joseph Mcleod (6) 20:04	5 Ben Rhodes (13) 21:40	6 Ashley Deeming (19) 22:16				
7 Birmingham Running Athletics & Harriers		'A' 1:55:40		20 Notts Ac		'B' 2:02:17	
1 Daniel Robinson (4) 18:20	2 Karl Welborn (3) 18:52	1 Milan Champion (17) 19:03	2 Jarratt Perkins (17) 19:41	3 Ben Carrington (9) 19:58	4 Mark Ince (9) 19:45	3 Bruce Raeside (12) 19:38	4 David Keasey (15) 20:56
5 Henry Brocklehurst (8) 19:34	6 James Marshall (7) 19:11	5 John Muddeman (20) 22:23	6 Peter Robinson (20) 20:36				
8 Rugby & Northampton Ac		'A' 1:56:44		21 Leicester Coritanian Ac		'A' 2:02:43	
1 Alistair McDonnell (9) 18:46	2 Elisha Demello (8) 19:09	1 Jamie Short (13) 18:57	2 Thomas Hughes (22) 20:25	3 Ben Musgrove (8) 19:04	4 Dominic Jones (7) 18:49	3 Joel Dungworth (16) 19:42	4 P Bouttierrebutler (22) 21:38
5 Ben Hope (7) 20:26	6 Jack Bond (8) 20:30	5 David Pearce (23) 21:16	6 Martin Makin (21) 20:45				
9 Birchfield Harriers		'B' 1:57:32		22 Royal Sutton Coldfield AC		'A' 2:02:44	
1 Thomas Beasley (15) 19:00	2 Jonathan Bradford (11) 19:05	1 Oliver Harradence (18) 19:04	2 Shaun Evans (5) 18:13	3 Michael Tanner (7) 18:47	4 Orlando Corea (8) 19:37	3 Oliver Sheppard (14) 21:32	4 Ben Horton (23) 22:08
5 Andrew Ridley (9) 20:28	6 Ben Griffiths (9) 20:35	5 Barry Lloyd (19) 20:10	6 Sam Crawford (22) 21:37				
10 Bristol & West Ac		'B' 1:57:49		23 Wolverhampton & Bilston		2:03:17	
1 Olly Sheppard (32) 19:58	2 Jonny Suttle (23) 19:24	1 Jack Pickett (6) 18:38	2 Jack Bonser (13) 19:42	3 David Eagon (15) 19:30	4 Adam Wilson (12) 19:38	3 Adam Saulbraddock (22) 21:22	4 Pravesh Patel (21) 20:41
5 Felix Rusby (11) 19:46	6 Otis Mondir (10) 19:33	5 Ashley Atkinson (26) 22:27	6 Daniel Brazier (23) 20:27				
11 Worcester Ac		'A' 1:58:20		24 Swindon Harriers		'A' 2:03:28	
1 Benedict Duncan (14) 18:59	2 George Beardmore (9) 19:00	1 Courtney Chessell (31) 19:50	2 Ethan Pierce (35) 21:09	3 Daniel Geisler (11) 19:58	4 James Dale (11) 20:17	3 Simon Dill (37) 21:18	4 Luke Byrne (32) 20:49
5 Jake Watson (10) 19:50	6 Luke Sheppard (11) 20:16	5 Simon Byrne (27) 20:06	6 Nyle Clinton (24) 20:16				
12 Cheltenham & County Harriers		'B' 1:59:07		25 Rushcliffe Ac		2:03:30	
1 Marc Fallows (33) 20:12	2 Dave Aubrey (28) 19:49	1 Joseph Tuffin (11) 18:56	2 Stephen Dickens (19) 19:54	3 Ollie Jones (25) 20:38	4 Douglas Wight (19) 19:24	3 Marlon Dunkley (19) 20:33	4 Marc Scott (20) 20:41
5 Eliot Taylor (14) 19:48	6 Marcus England (12) 19:16	5 Niall McNamara (21) 21:42	6 Graham Moffatt (25) 21:44				
13 Team Bath AC		'A' 1:59:14		26 Newcastle Staffs Ac		'A' 2:03:50	
1 Alex Carter (1) 18:07	2 Robert Howorth (32) 22:21	1 Felix Mcgrath (2) 18:11	2 Lewis Nagington (10) 19:52	3 Themis Bower (24) 19:57	4 John Howorth (18) 19:29	3 Jacob Droogmans (20) 21:21	4 Benjamin Brereton (27) 22:24
5 Peter Grist (15) 20:06	6 Aaron Pritchard (13) 19:14	5 Tim Sharman (25) 20:49	6 Ian Bayliss (26) 21:13				

Midland Counties Road Relays

at Sutton Park on Saturday 21st September 2019

<p>27 Mansfield Harriers 'A' 2:04:30</p> <p>1 Neil Cope (41) 20:39 3 Chris Monk (35) 23:11 5 Matt Chambers (35) 21:31</p>	<p>2 Luke Duffy (18) 18:09 4 Jordan Boam (36) 21:45 6 Paul Wright (27) 19:15</p>	<p>41 Birchfield Harriers 'C' 2:09:27</p> <p>1 Matt Biggs (50) 20:56 3 Daniel Swain (36) 20:20 5 Alex Parker (39) 23:47</p>	<p>2 Michael Gayle (41) 20:53 4 J Malcolm roberts (34) 21:07 6 Peter Dimbleby (41) 22:24</p>
<p>28 Holme Pierrepont Rc 'A' 2:04:39</p> <p>1 Daniel Bagley (16) 19:02 3 Jon Fox (28) 21:18 5 James Kirkwood (31) 22:41</p>	<p>2 Andrew Barron (25) 20:48 4 Eddie George (26) 20:09 6 Philip Nind (28) 20:41</p>	<p>42 North Somerset Ac 2:09:43</p> <p>1 Julian Emery (58) 21:18 3 William Cheek (49) 21:21 5 Kestutis Pitchers (49) 23:34</p>	<p>2 Sam Gentry (58) 22:12 4 Jack Wilkinson (46) 21:31 6 Matthew Howard (42) 19:47</p>
<p>29 City Of Stoke Ac 'B' 2:05:03</p> <p>1 Jake Guest (42) 20:41 3 Jordan Thomas (32) 21:51 5 Ashley Dennett (28) 21:23</p>	<p>2 Alexander Mayne (27) 19:19 4 Jake Spilsbury (29) 20:30 6 Ross Connor (29) 21:19</p>	<p>43 Bromsgrove & Redditch 'A' 2:10:27</p> <p>1 Tim Spencer (28) 19:45 3 Mark Appleton (30) 20:51 5 Adam Parr (42) 23:33</p>	<p>2 Peter Ball (33) 20:45 4 Kevin Fisher (40) 22:52 6 Calvin Scoltock (43) 22:41</p>
<p>30 Spa Striders 'A' 2:05:24</p> <p>1 Ian Allen (30) 19:49 3 Adam Notley (43) 21:45 5 Simon Ludford (34) 20:54</p>	<p>2 Steven Taylor (42) 22:18 4 Chris Mckeown (39) 20:11 6 Neil Smith (30) 20:27</p>	<p>44 Gloucester Ac 2:10:33</p> <p>1 Jeremy Mower (67) 21:55 3 Jason Tilley (48) 21:58 5 Steven Haines (41) 23:25</p>	<p>2 Owen Parry (51) 20:50 4 James Denne (37) 19:16 6 James Walters (44) 23:09</p>
<p>31 Charnwood A C 'A' 2:05:53</p> <p>1 K Colemansmith (26) 19:39 3 Paul Harmer (31) 21:59 5 Ethan O'shea (24) 19:52</p>	<p>2 Mark Couldwell (24) 19:44 4 Martin Lewis (31) 21:06 6 Michael Kingsbury (31) 23:33</p>	<p>45 Cheltenham & County Harriers 'C' 2:10:37</p> <p>1 Tom Radley (48) 20:52 3 Steve Hall (54) 22:37 5 Roger Mullins (43) 21:44</p>	<p>2 Martin Soakell (53) 22:11 4 Joe Willgoss (45) 20:34 6 Russell Forsbrook (45) 22:39</p>
<p>32 Telford Ac 'A' 2:06:06</p> <p>1 Dylan Gillett (40) 20:36 3 James Egleston (23) 19:40 5 Luke Moses (32) 23:14</p>	<p>2 Christian Evans (34) 19:57 4 Chris Bagshaw (25) 20:54 6 Dean Gapper (32) 21:45</p>	<p>46 Knowle & Dorridge RC 'B' 2:10:49</p> <p>1 Habib Farazmand (68) 21:56 3 George Debolla (53) 21:04 5 Daniel Malone (46) 21:45</p>	<p>2 Patrick Moss (65) 22:33 4 David Carbutt (51) 21:55 6 Darren John (46) 21:36</p>
<p>33 Dudley & Stourbridge Harriers 'A' 2:06:08</p> <p>1 T Osborne (23) 19:20 3 Elliot Jones (29) 21:24 5 David Nation (30) 20:47</p>	<p>2 Ben Foster (26) 20:33 4 David Ratcliffe (33) 21:50 6 Harry Walters (33) 22:14</p>	<p>47 Severn Ac 'A' 2:11:01</p> <p>1 James Rose (53) 21:11 3 David Clarke (58) 23:16 5 Adrian England (50) 23:07</p>	<p>2 William Richmond (54) 21:59 4 Gary Hope (50) 20:47 6 Peter Stephens (47) 20:41</p>
<p>34 Cannock & Stafford Ac 2:06:35</p> <p>1 Phil Wolfe (57) 21:16 3 Matt Bonney (27) 20:50 5 H Hardysmith (29) 21:24</p>	<p>2 Christopher Perrin (30) 18:59 4 James Perrin (30) 21:21 6 George Falcus (34) 22:45</p>	<p>48 Long Eaton RC 2:11:23</p> <p>1 Adam White (27) 19:43 3 Michael Bland (39) 21:45 5 Andy Dickenson (45) 23:18</p>	<p>2 Paul Allcock (36) 21:18 4 David Lewis (43) 23:06 6 Mark Lay (48) 22:13</p>
<p>35 Birmingham Running Athletics & 'B' 2:06:36</p> <p>1 Ashley Fawke (44) 20:44 3 Dan Dalmedo (42) 21:11 5 Damian Cartland (38) 22:16</p>	<p>2 Jamie Abbiss (44) 21:26 4 A Tsolakis (38) 20:41 6 Nick Lewis (35) 20:18</p>	<p>49 Clevedon Ac 'A' 2:11:36</p> <p>1 Steve Wood (59) 21:19 3 Matthew Evans (55) 22:37 5 Matt Crocker (53) 22:17</p>	<p>2 Gary Lewis (55) 21:56 4 Tom Abrahams (55) 22:55 6 Luke Murray (49) 20:32</p>
<p>36 Leamington Cycling & AC 'A' 2:06:50</p> <p>1 Henry Morton (54) 21:14 3 Charlie Staveley (46) 21:37 5 Philip Gould (37) 21:25</p>	<p>2 Ian Mclaughlin (52) 21:33 4 Jamie Langley (41) 20:21 6 Isaac Rothman (36) 20:40</p>	<p>50 Royal Sutton Coldfield AC 'B' 2:11:40</p> <p>1 Paul Terleski (49) 20:55 3 John Hayman (44) 21:28 5 Ian Wood (48) 22:56</p>	<p>2 Russell Simpson (47) 21:30 4 Steve Marklew (47) 22:45 6 Richard Naylor (50) 22:06</p>
<p>37 Bournville Harriers 'A' 2:07:30</p> <p>1 William Mckemey (43) 20:43 3 Paul Coughlan (33) 20:24 5 Tom Bunn (36) 22:02</p>	<p>2 Jonathan Stanforth (38) 20:48 4 James Ashley (35) 21:41 6 Paul Thompson (37) 21:52</p>	<p>51 Shrewsbury Ac 2:11:50</p> <p>1 Jake Milovsorov (63) 21:39 3 Antonio Gasparinho (45) 22:04 5 Matt Wooden (51) 23:29</p>	<p>2 Dan Elliot (43) 20:31 4 John Jones (49) 22:55 6 Steve Waters (51) 21:12</p>
<p>38 Halesowen Acc 2:08:59</p> <p>1 Kristian Bayley (35) 20:16 3 James Hoult (40) 21:46 5 Jonathan Lewis (40) 21:27</p>	<p>2 Mateusz Sliwinski (37) 20:53 4 Bill Nock (42) 22:44 6 Peter Dear (38) 21:53</p>	<p>52 Birmingham Running Athletics & 'C' 2:13:42</p> <p>1 Toby Close (79) 22:46 3 Adam Western (59) 22:02 5 Chris Grimley (57) 22:50</p>	<p>2 Ben Beaumont (67) 21:47 4 Brian Mcevoy (58) 22:40 6 Chris Burrows (52) 21:37</p>
<p>39 Kenilworth Runners 'A' 2:09:05</p> <p>1 George Crawford (51) 21:06 3 Oliver Flippance (57) 22:21 5 Stuart Hopkins (44) 22:00</p>	<p>2 Sam Leadley (61) 22:49 4 Andrew Siggers (44) 19:47 6 Stanley Doxey (39) 21:02</p>	<p>53 Bitton Road Runners 2:14:12</p> <p>1 William Ganley (60) 21:24 3 Ash Tuck (52) 22:49 5 Arwel Roberts (58) 23:25</p>	<p>2 Curtis Gore (50) 21:17 4 Paul Bennett (59) 23:51 6 Brad Cox (53) 21:26</p>
<p>40 Solihull & Small Heath AC 2:09:21</p> <p>1 Christopher Mcleod (5) 18:29 3 Michael Bracken (21) 21:00 5 Jack Dawson (33) 22:37</p>	<p>2 Keelan Hopewell (16) 20:01 4 Prince Laryea (28) 22:40 6 Thomas Symmons (40) 24:34</p>	<p>54 Hermitage Harriers 'A' 2:14:37</p> <p>1 Alex Percy (25) 19:36 3 Jason Collins (51) 23:05 5 Ryan Twigg (52) 22:09</p>	<p>2 Fraser Harris (46) 22:39 4 Mark Kendrick (56) 23:29 6 David Pallett (54) 23:39</p>

Midland Counties Road Relays

at Sutton Park on Saturday 21st September 2019

55 Northbrook AC		'A'	2:14:49	69 Rugeley Runners		2:24:11
1 Stuart Lumsden (45) 20:44	2 Liam Mills (49) 21:51	1 Oliver Stone (65) 21:46	2 Wesley Southall (57) 21:38	3 Oliver Jones (47) 21:54	3 Liam Dormann (67) 25:21	4 Richard Lycett (66) 23:53
5 Steven Turvey (54) 22:53	6 Terry Moynihan (55) 23:35	5 Robert Humphries (64) 23:32	6 Stewart Kibble (69) 28:01			
56 Badgers		'A'	2:15:08	70 Stroud & District Ac		'B' 2:24:44
1 Neil Russell (56) 21:15	2 Ryan Bennett (40) 20:28	1 Ian Cutler (77) 22:30	2 Liam Dailey (62) 21:56	3 Matthew Tonks (41) 21:37	3 William Trippett (65) 23:47	4 N Hitchcroft (63) 22:37
5 Mark Repton (47) 22:35	6 David Hill (56) 25:47	5 Clive Poole (66) 27:14	6 C Jurevicius (70) 26:40			
57 Tipton Harriers		'C'	2:15:14	71 Kenilworth Runners		'B' 2:25:17
1 Archie Roberts (64) 21:44	2 Andrew Prole (74) 24:27	1 Daniel Leng (96) 24:14	2 Hermandeep Purewal (90) 24:28	3 James Booker (64) 21:27	3 Ian Baynes (80) 23:03	4 Neil Sheward (72) 23:18
5 Dean Hill (55) 21:45	6 Zabie Hassan (57) 23:52	5 Pete Matthews (72) 25:32	6 Mark Alldritt (71) 24:42			
58 Leamington Cycling & AC		'B'	2:15:46	72 Swindon Harriers		'B' 2:25:51
1 Dean Mawby (37) 20:28	2 Dave Potter (69) 24:30	1 Matthew Woodward (72) 22:04	2 Nathan White (70) 23:24	3 V Andreoulakis (56) 21:16	3 John Dill (91) 29:08	4 Ian Spencer (85) 24:29
5 Pierre Lemarquer (56) 22:02	6 Mat Holt (58) 23:44	5 Mark Pierce (78) 24:11	6 Aaron Bishop (72) 22:35			
59 Kettering Town Harriers		2:16:44	73 Cobra Running & Triathlon Club		2:26:06	
1 Joshua Cannell (55) 21:15	2 Edward Cannell (48) 21:16	1 Alex Stephenson (76) 22:27	2 Carson Tweedie (86) 25:21	3 Morgan Potter (50) 22:21	3 David Daniels (81) 24:03	4 Guy Walton (78) 24:10
5 Thomas Jawad (61) 26:30	6 Tony James (59) 22:24	5 Stephen Cleary (73) 25:32	6 Paul Sheppard (73) 24:33			
60 Worcester Ac		'B'	2:16:54	74 Clevedon Ac		'B' 2:27:25
1 David Price (71) 22:00	2 Adam Pollock (81) 24:57	1 Nick Hides (85) 23:11	2 Andy Heyes (82) 23:50	3 Connor Carrier (71) 23:13	3 Jason Moss (82) 25:15	4 Chris Davies (82) 25:41
5 Alex Hills (60) 20:31	6 Jeremy Burton (60) 23:16	5 Nigel Charman (85) 27:38	6 Ben Burns (74) 21:50			
61 Cheltenham & County Harriers		'D'	2:18:18	75 West Bromwich Harriers		2:27:37
1 Jamie Penton (66) 21:52	2 Chris Hayes (60) 21:58	1 Karl Moore (100) 24:30	2 Thomas Heyes (99) 26:59	3 Clark Lawson (62) 23:17	3 Mark Williams (92) 23:09	4 David Long (79) 21:28
5 Peter Carmichael (59) 23:16	6 Michael Ede (61) 24:58	5 David Page (75) 26:11	6 Gary Smith (75) 25:20			
62 Aldridge Rc		2:18:55	76 Harborough Ac		'A' 2:27:44	
1 Adam Smith (39) 20:34	2 Gordon Walker (56) 22:42	1 Thomas Fortnum (98) 24:19	2 Garry Hodgkins (96) 25:24	3 Daniel Day (60) 23:34	3 David Maclean (88) 23:50	4 Graeme Rolfe (87) 25:57
5 Steve Hammond (62) 25:38	6 Mark O'rourke (62) 24:05	5 Peter Attenborough (84) 25:24	6 Jamie Mcallister (76) 22:50			
63 Bournville Harriers		'B'	2:19:46	77 Halesowen Tri		'A' 2:27:55
1 Jon Mould (75) 22:25	2 Joe Phillips (64) 22:03	1 Adam South (99) 24:24	2 Joshua Beardsmore (89) 24:08	3 Ian Mackenzie (70) 25:18	3 Nick Hammond (90) 25:51	4 Steven Dix (81) 23:05
5 Sam Weaver (65) 23:51	6 Ady Turton (63) 22:39	5 Stuart Cobourne (74) 24:48	6 Graham Hamer (77) 25:39			
64 Heanor RC		'B'	2:19:46	78 Black Pear Joggers		2:28:08
1 Lee D'arcy (84) 22:55	2 Robert Plant (66) 21:34	1 Tony Farnsworth (34) 20:14	2 David Shacklock (94) 29:12	3 Robin Clegg (63) 23:03	3 Thomas Hunt (75) 21:38	4 Mark Rose (83) 27:19
5 Tony Weatherston (63) 23:37	6 Lewis Whiting (64) 24:32	5 Ryan Lyttle (79) 25:07	6 Stuart Parker (78) 24:38			
65 Owls Ac		2:20:13	79 Birmingham Running Athletics & 'D'		2:28:17	
1 Luke Ingram (38) 20:29	2 Lee Garner (73) 25:20	1 Andy Piddington (92) 23:40	2 Andrew Saker (98) 26:13	3 Bilal Farah (61) 21:10	3 Joe Preece (89) 24:14	4 Martin Ludford (91) 26:32
5 Vincent Charles (69) 24:04	6 Simon Allen (65) 20:49	5 Huw Jones (80) 22:59	6 Nick Price (79) 24:39			
66 Massey Ferguson Rc		'A'	2:21:40	80 Severn Ac		'B' 2:28:37
1 Dean Clarke (47) 20:51	2 Rosstomas Cooper (77) 25:37	1 David Howells (88) 23:28	2 John Withers (80) 23:10	3 Alan McDougall (79) 25:14	3 Neil Taylor (76) 24:30	4 Alex Jenkins (76) 24:42
5 Simon Neale (68) 26:20	6 Thomas Watts (66) 23:21	5 Kevin Probyn (77) 27:18	6 Stephen Hale (80) 25:29			
67 Huncote Harriers		2:22:53	81 Kings Heath Rc - The Lions		'A' 2:29:33	
1 Arron Cox (83) 22:52	2 Steve Nash (83) 24:16	1 Tim Livesley (78) 22:32	2 Scott Williams (72) 23:12	3 Will Ravenhill (78) 24:31	3 Nicholas Owen (72) 24:44	4 Chris Callow (70) 23:24
5 Neil Parry (71) 24:40	6 Stephen Snow (67) 22:20	5 Paul Daymond (76) 29:00	6 James Oggelsby (81) 26:41			
68 Trentham Rc		2:23:27	82 Tipton Harriers		'D' 2:30:39	
1 Daniel Jordan (82) 22:49	2 Lee Jones (88) 25:38	1 Adam Barnes (81) 22:48	2 Phillip Wilson (59) 20:51	3 Martin Mcguigan (77) 23:10	3 Stephen Hogan (68) 25:27	4 Robert Sedgley (73) 25:58
5 Simon Bryan (67) 22:39	6 Douglas Alcock (68) 25:13	5 Myles Wilson (70) 25:05	6 Paul Dolan (82) 30:30			

Midland Counties Road Relays

at Sutton Park on Saturday 21st September 2019

<p>83 Sparkhill Harriers 2:30:51</p> <p>1 Darren Riley (80) 22:48 2 Will Silkstone (78) 23:42 3 Dave Pearson (74) 24:20 4 Patrick Finnegan (80) 25:45 5 Andy Law (81) 27:35 6 James Hannon (83) 26:41</p>	<p>97 Heanor RC 'C' 2:42:47</p> <p>1 Darran Furness (103) 25:01 2 Chris Cotton (93) 24:14 3 Michael Clark (93) 25:25 4 Paul Mercer (93) 27:09 5 Eamon O'hanlon (98) 32:28 6 Andrew Basey (97) 28:30</p>
<p>84 Dudley Kingswinford Rc 2:30:53</p> <p>1 Ray Selwood (115) 27:46 2 Mark Garrett (105) 24:47 3 Jonathan Pearce (96) 24:49 4 Gary Davies (90) 23:06 5 David Hickman (87) 25:35 6 Richard Tonks (84) 24:50</p>	<p>98 Sphinx Ac 'A' 2:43:12</p> <p>1 Craig Robinson (108) 25:38 2 Graeme Mulvaney (109) 29:24 3 Barry Allen (102) 25:40 4 Sam Palmer (97) 23:01 5 Mark Norman (99) 31:29 6 Anthony Obrien (98) 28:00</p>
<p>85 Knowle & Dorridge RC 'C' 2:31:40</p> <p>1 Ainsley Wainwright (86) 23:12 2 Paul Bentley (75) 23:02 3 Daniel Mayes (73) 24:17 4 Paul Winwood (88) 28:59 5 Pete Makepeace (86) 26:15 6 Jason Pitcher (85) 25:55</p>	<p>99 Northbrook AC 'C' 2:45:32</p> <p>1 Steve Handy (105) 25:13 2 David Mills (101) 26:57 3 Austin Wade (97) 25:37 4 Kyle Bedoe (99) 27:53 5 Paul Robbins (95) 26:48 6 Fraser Barrett (99) 33:04</p>
<p>86 Bournville Harriers 'C' 2:31:43</p> <p>1 Dave Ellis (104) 25:06 2 David Harte (92) 23:51 3 Xenofon Gogouvitis (87) 24:25 4 James Evans (86) 25:44 5 Peter Hickman (89) 27:17 6 Oliver Kirkland (86) 25:20</p>	<p>100 Northbrook AC 'B' 2:46:07</p> <p>1 Tom Miller (110) 26:58 2 Craig Murray (103) 25:16 3 Ben Tabram (99) 26:15 4 Kevin Coughlan (101) 27:53 5 Bob Adams (101) 30:20 6 Francis Mason (100) 29:25</p>
<p>87 Knowle & Dorridge RC 'D' 2:32:30</p> <p>1 Michael Williamson (87) 23:24 2 Robert Houlston (85) 24:19 3 Andrew Connors (83) 24:54 4 Ian Voaden (84) 25:47 5 Phil Wood (82) 26:12 6 Gary Welsh (87) 27:54</p>	<p>101 Bournville Harriers 'D' 2:51:43</p> <p>1 Richard Shearing (109) 26:04 2 Guy Marston (106) 26:50 3 Stewart Crowton (104) 28:26 4 Stuart Bird (104) 30:00 5 Stephen Doswell (104) 30:31 6 Robert Styles (101) 29:52</p>
<p>88 Spa Striders 'B' 2:33:24</p> <p>1 Luke Bennett (95) 24:06 2 Jason Hemming (91) 24:44 3 Peter Teevan (84) 24:09 4 Douglas Rattray (96) 30:44 5 James Hartwright (92) 25:19 6 Chris Wilson (88) 24:22</p>	<p>102 Newcastle Staffs Ac 'B' 2:55:01</p> <p>1 Kevin Davison (112) 27:28 2 Andy Worsley (111) 28:43 3 James Ibbs (106) 29:01 4 Pab Maddox (107) 32:08 5 Kevin Oakley (105) 28:20 6 Richard Longley (102) 29:21</p>
<p>89 Mansfield Harriers 'B' 2:33:27</p> <p>1 Matthew Bradbury (89) 23:33 2 Jack Cooke (79) 23:02 3 Dave Carver (95) 29:06 4 Mark Fickling (92) 25:17 5 Craig Linacre (83) 23:52 6 Shaun Middleton (89) 28:37</p>	<p>103 Kings Heath Rc - The Lions 'B' 2:58:14</p> <p>1 Paul Ward (113) 27:31 2 Ken Burdon (115) 39:00 3 Nick Ktori (109) 25:14 4 Mark Cond (109) 34:48 5 Alex Groves (107) 27:29 6 David Bagwell (103) 24:12</p>
<p>90 Holme Pierrepont Rc 'C' 2:34:15</p> <p>1 Paul Edwards (119) 31:32 2 Matt Wynn (110) 24:06 3 Will Meredith (101) 23:52 4 Chris Allen (100) 26:26 5 John Sutherns (91) 22:42 6 Rob Macdonald (90) 25:37</p>	<p>104 Telford Harriers 3:00:00</p> <p>1 Robert Friel (93) 23:55 2 Steve Walker (116) 43:32 3 Paul Ruscoe (110) 27:23 4 Ian Maxwell (108) 27:36 5 Robin Chebsey (106) 29:12 6 Ian Simmonds (104) 28:22</p>
<p>91 Massey Ferguson Rc 'B' 2:34:53</p> <p>1 Jeremyshaun Trill (97) 24:18 2 Peter Paprcka (97) 25:33 3 Dean Semple (85) 23:16 4 Jan Hall (89) 27:06 5 Dave Lee (90) 27:04 6 Brian Boyle (91) 27:36</p>	<p>Incomplete Teams:</p> <p style="text-align: center;">Telford Ac 'B'</p> <p>1 Andy Harrop (73) 22:05 2 Matthew Vaughan (63) 22:22 3 James Ingram (69) 24:50 4 Adam Tatton (71) 25:41 5 Paul O'Brien (88) 31:13</p>
<p>92 Notts Ac 'C' 2:35:57</p> <p>1 Sam Godwin (70) 21:58 2 David Oxland (76) 24:30 3 Andrew Williams (86) 26:45 4 Nicholas Clarke (94) 30:02 5 Bill Speake (93) 27:06 6 Steven Leek (92) 25:36</p>	<p style="text-align: center;">Stourbridge Rc</p> <p>1 Adam Crompton (106) 25:24 2 Jamie Grainger (104) 26:53 3 Robert Taylor (100) 26:35 4 Robert Woodward (95) 24:50 5 James Bellamy (94) 27:30</p>
<p>93 Birmingham Running Athletics & 'E' 2:38:11</p> <p>1 Jort Vanmourik (111) 27:09 2 Robert Rose (108) 27:39 3 Alex Edwards (103) 25:57 4 Sandeep Dhami (105) 31:56 5 Harry Fowler (103) 26:37 6 Richard Gray (93) 18:53</p>	<p style="text-align: center;">Halesowen Tri 'B'</p> <p>1 Aaron Harlow (117) 28:36 2 Richard Turvey (112) 29:14 3 Chris Noon (105) 26:40 4 C Wilson Barradell (102) 25:18 5 Jonathan Simpson (102) 27:35</p>
<p>94 Holme Pierrepont Rc 'B' 2:40:05</p> <p>1 Matt Warren (116) 28:04 2 Tom Davies (100) 23:33 3 Peter Gale (107) 38:48 4 Kevin Ford (106) 23:07 5 Andrew Soley (100) 23:07 6 Robert Stewart (94) 23:26</p>	<p style="text-align: center;">Hermitage Harriers 'B'</p> <p>1 Elliot Woolley (122) 49:14 2 David Woolcock (118) 27:35 3 Scott Armston (113) 25:57 4 Alan Hudson (111) 25:40 5 Matthew Dumelow (108) 30:35</p>
<p>95 Kidderminster & Stourport 2:41:18</p> <p>1 Russ Barnes (102) 24:39 2 Brian Currier (87) 23:18 3 Peter Norton (98) 30:00 4 Terence Bedington (98) 26:35 5 Scott Pulett (96) 28:20 6 Paul Ingram (95) 28:26</p>	<p style="text-align: center;">Coventry Godiva Harriers 'B'</p> <p>1 Harvey Speed (29) 19:47 2 Thomas Keenan (29) 20:23 3 Matthew Hadlum (38) 22:13 4 Simon Clarke (52) 25:20</p>
<p>96 Spa Striders 'C' 2:42:20</p> <p>1 Daniel Stannard (101) 24:34 2 Alex Laing (95) 25:06 3 Billy Morton (94) 25:44 4 David Lithgow (103) 34:27 5 John Paul Hunt (97) 24:04 6 Matt Leydon (96) 28:25</p>	<p style="text-align: center;">Tewkesbury RC</p> <p>1 James Head (69) 21:57 2 Simon Crilley (68) 22:48 3 Vladimir Venglar (66) 23:56 4 Alan Whitby (67) 24:25</p>
<p>97 Spa Striders 'C' 2:42:20</p> <p>1 Daniel Stannard (101) 24:34 2 Alex Laing (95) 25:06 3 Billy Morton (94) 25:44 4 David Lithgow (103) 34:27 5 John Paul Hunt (97) 24:04 6 Matt Leydon (96) 28:25</p>	<p style="text-align: center;">Birmingham Running Athletics & 'F'</p> <p>1 David Sansom (118) 30:52 2 Richard Carney (113) 30:24 3 Chris Davy (111) 35:23 4 Simon Fawke (110) 29:55</p>

Midland Counties Road Relays at Sutton Park on Saturday 21st September 2019

Bristol & West Ac

'D'

1 Nathan Marchant (121) 46:16 2 Andrew Reynolds (117) 21:55
3 Billy Cochrane (108) 23:33

Bournville Harriers

'E'

1 Barrie Roberts (120) 32:28 2 Jon Seadon (114) 31:52
3 Tony Hayward (112) 36:17

Taunton Ac

1 Joe Walton (36) 20:21 2 William Nicolle (45) 21:50

Rugby & Northampton Ac

'B'

1 Lewis Cherry (61) 21:25 2 Adam Bebbington (71) 24:04

Kenilworth Runners

'C'

1 Richard Beattie (94) 23:58 2 Wayne Briggs (84) 23:30

Sphinx Ac

'B'

1 Colin Piper (91) 23:37 2 Sergio Torija (102) 28:34

Corby Ac

1 John Treacy (114) 27:36 2 Martin Stanners (107) 25:22

Exeter Harriers

1 Jonathan Hague (62) 21:26

Saffron AC

1 Jack Hurst (74) 22:22

Birchfield Harriers

'D'

1 Simon Rhodes (90) 23:34

Harborough Ac

'B'

1 N Tumerhenke (107) 25:37

Fastest of all legs

1	Omar Ahmed	Birchfield	A	16:59	(6)
2	William Richardson	Birchfield	A	17:28	(4)
3	Thomas Mortimer	Stroud&Dis	A	17:48	(6)
4	Alastair Watson	NottsAc	A	17:52	(6)
5	Harry Allen	Bristol&We	A	18:03	(2)
6	Alex Carter	TeamBathAC	A	18:07	(1)
7	Luke Duffy	MansfieldH	A	18:09	(2)
8	Dom James	Cheltenham	A	18:11	(2)
=	Felix Mcgrath	NewcastleS	A	18:11	(1)
10	Stuart Spencer	NottsAc	A	18:12	(3)