

Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	294	ADAM THOMPSON	M	MSEN	STOCKPORT HARRIERS	0:37:36	0:37:35		1	1	1
2	2	155	CRAIG JONES	M	MV40	MANCHESTER YMCA HARRIERS	0:38:19	0:38:18		2	1	1
3	3	166	JONATHAN LANCASTER	M	MSEN	CHORLTON RUNNERS	0:38:52	0:38:49		3	2	1
4	4	91	CRAIG FERGUSON	M	MSEN	MARPLE RUNNERS	0:39:11	0:39:10		4	3	1
5	5	31	PHIL BURNS	M	MV40	STOCKPORT HARRIERS	0:39:55	0:39:54		5	2	2
6	6	217	IAIN MURDOCH	M	MV40	STOCKPORT HARRIERS	0:40:18	0:40:18		6	3	3
7	7	9	PAUL ARMSTRONG	M	MSEN	U/A	0:40:28	0:40:27		7	4	
8	8	42	PHIL CARPENTER	M	MSEN	STOCKPORT HARRIERS	0:40:36	0:40:34		8	5	4
9	9	147	NICK JACKSON	M	MSEN	MANCHESTER YMCA HARRIERS	0:40:37	0:40:35		9	6	2
10	11	246	NICHOLAS PILLING	M	MSEN	U/A	0:40:43	0:40:43		10	7	
11	10	129	JOSEPH HAYES	M	MSEN	MANCHESTER YMCA HARRIERS	0:40:44	0:40:42		11	8	3
12	12	81	JAKE DUKES	M	MSEN	U/A	0:41:06	0:41:04		12	9	
13	13	297	PHILIP TOMKINSON	M	MSEN	MANCHESTER YMCA HARRIERS	0:41:16	0:41:15		13	10	4
14	14	35	PAUL BROOKS	M	MV40	STOCKPORT HARRIERS	0:41:16	0:41:16		14	4	5
15	15	211	MATTHEW MORAN	M	MSEN	BRAMHALL RUNNERS	0:41:24	0:41:24		15	11	1
16	16	304	MARLOW UPTON	M	MSEN	MANCHESTER YMCA HARRIERS	0:41:29	0:41:28		16	12	5
17	17	127	STEVE HATTON	M	MSEN	MANCHESTER FRONTRUNNERS	0:41:59	0:41:56		17	13	1
18	18	257	MARTIN RIMMER	M	MSEN	MANCHESTER YMCA HARRIERS	0:41:59	0:41:58		18	14	6
19	19	104	JOE GASKIN	M	MSEN	MANCHESTER YMCA HARRIERS	0:42:45	0:42:44		19	15	7
20	20	244	MATTHEW PHILLIPS	M	MSEN	U/A	0:42:46	0:42:45		20	16	
21	21	152	DAMIAN JONES	M	MSEN	DAVENPORT RUNNERS	0:42:49	0:42:47		21	17	1
22	22	118	JOEL GROCOCK	M	MV40	U/A	0:42:59	0:42:57		22	5	
23	23	184	GREG LORD	M	MSEN	U/A	0:43:04	0:43:03		23	18	
24	24	191	CHRISTOPHER MARCH	M	MSEN	MANCHESTER YMCA HARRIERS	0:43:25	0:43:20		24	19	8
25	25	66	ALICE DAVIES	F	FSEN	STOCKPORT HARRIERS	0:43:27	0:43:27	1		1	1
26	26	270	STEVE SHAUGHNESSY	M	MV60	STOCKPORT HARRIERS	0:43:30	0:43:30		25	1	6
27	27	293	CRAIG THOMPSON	M	MSEN	SPENBOROUGH & DISTRICT AC	0:43:51	0:43:47		26	20	1
28	28	142	STEVE HUMPHRIES	M	MV45	STOCKPORT HARRIERS	0:43:54	0:43:50		27	1	7
29	29	116	PHIL GREENOUGH	M	MV40	U/A	0:44:02	0:43:59		28	6	
30	31	281	ANDREW SMITH	M	MSEN	U/A	0:44:12	0:44:08		29	21	
31	32	197	SEAN MCCAFFREY	M	MV50	HOLMFIRTH HARRIERS	0:44:12	0:44:11		30	1	1
32	30	134	CHRIS HORKAN	M	MSEN	U/A	0:44:20	0:44:07		31	22	
33	33	258	CHRIS ROBBO	M	MV45	STOCKPORT HARRIERS	0:44:23	0:44:21		32	2	1
34	34	88	DAVID FARRINGTON	M	MSEN	MARPLE RUNNERS	0:44:30	0:44:29		33	23	2
35	35	89	BETHAN FAULKNER	F	FSEN	ROCHDALE TRIATHLON CLUB	0:44:50	0:44:47	2		2	1
36	36	251	KRIS POLIWODZINSKI	M	MSEN	U/A	0:45:07	0:45:04		34	24	
37	37	317	RICHARD WILLIAMS	M	MV40	MARPLE RUNNERS	0:45:08	0:45:07		35	7	3
38	38	215	IAN T MULLIGAN	M	MV50	STOCKPORT HARRIERS	0:45:15	0:45:11		36	2	8
39	39	233	PHILIP OLDHAM	M	MSEN	U/A	0:45:24	0:45:20		37	25	
40	40	231	PETE OGLE	M	MV45	MARPLE RUNNERS	0:45:32	0:45:29		38	3	4
41	43	90	SIMON FENNELL	M	MV50	BRAMHALL RUNNERS	0:45:44	0:45:44		39	3	2
42	42	101	SIMON GARDNER	M	MV45	MANCHESTER YMCA HARRIERS	0:45:44	0:45:43		40	4	9
43	41	3	DAVID AHEARN	M	MSEN	PENNINE FELL RUNNERS	0:45:46	0:45:40		41	26	1
44	44	54	SARAH CRANDON	F	FSEN	MANCHESTER YMCA HARRIERS	0:45:55	0:45:50	3		3	1
45	45	207	JEREMY MIRAMS	M	MV45	STOCKPORT HARRIERS	0:46:07	0:46:04		42	5	9
46	46	125	DECLAND HARRISON	M	MSEN	U/A	0:46:17	0:46:15		43	27	
47	47	241	DARREN PEATFIELD	M	MV45	MARPLE RUNNERS	0:46:31	0:46:28		44	6	5
48	48	324	HANNAH BRIERLEY	F	FSEN	MANCHESTER YMCA HARRIERS	0:46:32	0:46:29	4		4	2
49	49	146	MARTIN JACKSON	M	MSEN	U/A	0:46:35	0:46:31		45	28	

50	50	10	REBECCA AVANESSIAN	F	FV40	MANCHESTER YMCA HARRIERS	0:46:44	0:46:41	5	1	3	
51	51	248	JAKE PLATT	M	MSEN	STOCKPORT HARRIERS	0:46:46	0:46:42		46	29	10
52	52	198	STEVE MCCOMBE	M	MV50	U/A	0:46:56	0:46:53		47	4	
53	53	236	TONY PARK	M	MV55	STOCKPORT HARRIERS	0:47:06	0:46:58		48	1	11
54	54	179	NICOLA LLOYD	F	FV40	STOCKPORT HARRIERS	0:47:19	0:47:17	6	2	2	
55	55	67	JAMES DAY	M	MSEN	U/A	0:47:37	0:47:35		49	30	
56	56	8	ALI ALSAADI	M	MV40	CHORLTON RUNNERS	0:47:54	0:47:38		50	8	2
57	57	103	RICHARD GARRETT	M	MV45	U/A	0:47:58	0:47:53		51	7	
58	57	33	GLYN BRITTON	M	MV45	U/A	0:48:03	0:47:53		52	8	
59	59	27	ANDREW BOWLER	M	MSEN	MANCHESTER YMCA HARRIERS	0:48:05	0:47:57		53	31	10
60	61	190	JAMES MALONE	M	MV40	BELLE VUE RACERS	0:48:14	0:48:01		54	9	1
61	60	218	VIKKI MURPHY	F	FV45	BRAMHALL RUNNERS	0:48:14	0:48:00	7	1	1	
62	62	287	ROB STUTCHFIELD	M	MV40	MARPLE RUNNERS	0:48:17	0:48:10		55	10	6
63	63	314	GEOFF WELLS	M	MV55	STOCKPORT HARRIERS	0:48:21	0:48:18		56	2	12
64	64	311	BEN WATSON	M	MSEN	MANCHESTER YMCA HARRIERS	0:48:35	0:48:29		57	32	11
65	66	25	GAVIN BOWERS	M	MSEN	MARPLE RUNNERS	0:48:39	0:48:34		58	33	7
66	65	94	JAMES FLEET	M	MSEN	U/A	0:48:40	0:48:31		59	34	
67	69	316	JOEL WHITE	M	MSEN	CHORLTON RUNNERS	0:48:44	0:48:44		60	35	3
68	70	44	AMY CARR	F	FSEN	MANCHESTER FRONTRUNNERS	0:48:48	0:48:45	8	5	1	
69	68	219	DAVE MURRAY	M	MSEN	CHORLTON RUNNERS	0:48:50	0:48:39		61	36	4
70	66	34	CHRIS BROGAN	M	MV45	U/A	0:48:51	0:48:34		62	9	
71	73	159	FAEZ KAISER	M	MV45	BRAMHALL RUNNERS	0:49:00	0:48:54		63	10	3
72	71	173	SCOTT LIDDELL	M	MV60	U/A	0:49:04	0:48:50		64	2	
73	72	289	JAMES TALBOT	M	MSEN	U/A	0:49:09	0:48:53		65	37	
74	75	299	ED TONGE	M	MSEN	U/A	0:49:12	0:49:07		66	38	
75	74	186	JACK LOUGHLIN	M	MSEN	U/A	0:49:13	0:49:06		67	39	
76	76	286	SIMON STONEHOUSE	M	MV50	U/A	0:49:18	0:49:13		68	5	
77	77	123	TOM HAMPSON	M	MSEN	MANCHESTER YMCA HARRIERS	0:49:21	0:49:14		69	40	12
78	78	156	LEE JONES	M	MV45	BRAMHALL RUNNERS	0:49:22	0:49:16		70	11	4
79	79	53	DAVID CRABTREE	M	MSEN	U/A	0:49:27	0:49:18		71	41	
80	80	55	AMY CRITCHLOW	F	FSEN	U/A	0:49:30	0:49:24	9	6		
81	81	144	NEIL HURREN	M	MV40	MARPLE RUNNERS	0:49:45	0:49:40		72	11	8
82	84	259	EMMA C ROBERTS	F	FSEN	U/A	0:49:58	0:49:54	10	7		
83	82	83	ZULMA EDMONDSON	F	FV40	MANCHESTER YMCA HARRIERS	0:49:58	0:49:53	11	3	4	
84	82	283	GRAHAM SPARROW	M	MV45	U/A	0:50:06	0:49:53		73	12	
85	85	130	NICK HEATON	M	MV45	BRAMHALL RUNNERS	0:50:07	0:49:59		74	13	5
86	86	228	JAMES NUTTALL	M	MSEN	U/A	0:50:21	0:50:13		75	42	
87	87	30	JOANNE BRETT	F	FV50	U/A	0:50:27	0:50:19	12	1		
88	88	202	ISAAC MCNICHOLAS	M	MV40	U/A	0:50:37	0:50:25		76	12	
89	89	235	JESSICA PAGE	F	FSEN	U/A	0:50:41	0:50:37	13	8		
90	90	26	IAN BOWKER	M	MV50	U/A	0:50:51	0:50:45		77	6	
91	91	52	JONATHAN COVERLEY	M	MV40	U/A	0:50:55	0:50:50		78	13	
92	92	78	SARAH DONOHOE	F	FSEN	MANCHESTER YMCA HARRIERS	0:51:03	0:50:55	14	9	5	
93	93	47	IAN COLLYER	M	MV45	U/A	0:51:26	0:51:17		79	14	
94	96	175	STEPHEN LIMB	M	MV40	U/A	0:51:41	0:51:35		80	14	
95	95	279	VICKY SMITH	F	FSEN	U/A	0:51:46	0:51:31	15	10		
96	97	203	ELLE MECROW	F	FSEN	MANCHESTER YMCA HARRIERS	0:51:47	0:51:43	16	11	6	
97	94	98	ANDREW FREER	M	MV40	U/A	0:51:50	0:51:26		81	15	
98	100	38	LIAM BROWNE	M	MV50	LONELY GOATS RC	0:52:01	0:51:52		82	7	1
99	99	76	CHRIS DOAR	M	MSEN	U/A	0:52:03	0:51:50		83	43	

100	97	106	DANIEL GIANFERRARI	M	MV40	U/A	0:52:08	0:51:43		84	16	
101	101	308	AMANDA J WARD	F	FV50	U/A	0:52:12	0:52:07	17		2	
102	103	201	JAMES M MCLELLAN	M	MV40	U/A	0:52:23	0:52:18		85	17	
103	102	296	DAMIEN MARTIN TOLAN	M	MV40	BELLE VUE RACERS	0:52:24	0:52:09		86	18	1
104	104	153	ROBIN JONES	F	FSEN	MANCHESTER YMCA HARRIERS	0:52:28	0:52:20	18		12	7
105	105	151	MATTHEW JOHNSTONE	M	MV40	U/A	0:52:34	0:52:30		87	19	
106	106	138	STUART HUGHES	M	MV40	U/A	0:52:41	0:52:34		88	20	
107	107	240	CHRIS PEACHEY	M	MV50	CHORLTON RUNNERS	0:52:46	0:52:35		89	8	5
108	108	275	PHILIP SHONE	M	MV55	U/A	0:53:07	0:52:55		90	3	
109	110	99	DAVID FRENCH	M	MV50	MARPLE RUNNERS	0:53:10	0:53:03		91	9	9
110	109	20	IZZY BELL	F	FSEN	MARPLE RUNNERS	0:53:12	0:52:56	19		13	1
111	114	253	RACHAEL POWELL	F	FV40	MARPLE RUNNERS	0:53:22	0:53:17	20		4	2
112	111	167	GRAEME LAWTON	M	MSEN	U/A	0:53:26	0:53:04		92	44	
113	113	315	JAMES WESTALL	M	MV55	U/A	0:53:27	0:53:14		93	4	
114	112	266	ANDREW ROCHE	M	MV40	U/A	0:53:29	0:53:12		94	21	
115	115	85	JO EDWARDS	F	FV55	VALE ROYAL ATHLETICS CLUB	0:54:03	0:53:56	21		1	1
116	116	19	RICHARD BEALE	M	MV40	U/A	0:54:09	0:53:57		95	22	
117	117	111	LAURA GODDARD	F	FSEN	U/A	0:54:13	0:54:00	22		14	
118	120	135	ANDY HOWARD	M	MSEN	U/A	0:54:21	0:54:14		96	45	
119	118	68	LOREN DEAN-AUSTIN	F	FSEN	U/A	0:54:21	0:54:10	23		15	
120	121	29	MARK BRENNAN	M	MV60	FELL RUNNERS ASSOCIATION	0:54:23	0:54:20		97	3	1
121	121	252	JOHN D POLLARD	M	MV65	GLOSSOPDALE HARRIERS	0:54:27	0:54:20		98	1	1
122	119	84	JOE EDWARDS	M	MSEN	U/A	0:54:37	0:54:11		99	46	
123	124	239	TONY PAYNE	M	MV55	CHORLTON RUNNERS	0:54:37	0:54:26		100	5	6
124	125	45	PAUL CLIFFORD	M	MV55	WINSTON RUNNERS	0:54:40	0:54:33		101	6	1
125	125	278	PETE SINCLAIR	M	MV55	STOCKPORT HARRIERS	0:54:40	0:54:33		102	7	13
126	127	180	JAYNE LOMAX	F	FV50	VALE ROYAL ATHLETICS CLUB	0:54:43	0:54:37	24		3	2
127	123	95	PETER FLINT	M	MSEN	U/A	0:54:48	0:54:23		103	47	
128	128	220	DAVID MYERS	M	MV45	MARPLE RUNNERS	0:54:52	0:54:45		104	15	10
129	129	36	ANDT BROWN	M	MV55	U/A	0:54:56	0:54:46		105	8	
130	130	65	GLYN DAVIES	M	MV50	WARRINGTON RUNNING CLUB	0:55:06	0:54:59		106	10	1
131	131	212	DEBBIE MORETON	F	FV45	VALE ROYAL ATHLETICS CLUB	0:55:07	0:55:02	25		2	3
132	133	56	HELEN CROFT	F	FV40	BRAMHALL RUNNERS	0:55:18	0:55:06	26		5	2
133	132	305	CONOR VALLELLY	M	MSEN	BELLE VUE RACERS	0:55:20	0:55:03		107	48	2
134	135	2	NATASHA ADDISON	F	FSEN	MANCHESTER YMCA HARRIERS	0:55:22	0:55:13	27		16	8
135	134	74	NOA DIAZ	F	FSEN	LONELY GOATS RC	0:55:27	0:55:08	28		17	1
136	136	195	TONY MATHER	M	MV50	U/A	0:55:43	0:55:31		108	11	
137	139	148	MARY JEAL	F	FV55	GLOSSOPDALE HARRIERS	0:55:44	0:55:41	29		2	1
138	138	214	ALISTAIR MORTON	M	MV50	U/A	0:55:48	0:55:39		109	12	
139	137	216	BRIAN MURBY	M	MV55	U/A	0:56:02	0:55:37		110	9	
140	141	261	VICKY ROBINSON	F	FSEN	U/A	0:56:10	0:55:58	30		18	
141	140	323	DEVIN REED	M	MV55	U/A	0:56:13	0:55:57		111	10	
142	143	126	KATHERINE HARVEY	F	FV60	PENNINE FELL RUNNERS	0:56:13	0:56:06	31		1	1
143	145	5	PHILIP AINLEY	M	MV45	CHORLTON RUNNERS	0:56:15	0:56:07		112	16	7
144	143	158	NAOMI JOSLIN-TAN	F	FSEN	U/A	0:56:16	0:56:06	32		19	
145	142	110	HAYLEY GODDARD	F	FSEN	U/A	0:56:19	0:56:04	33		20	
146	149	75	JOANNA DIXON	F	FSEN	CHORLTON RUNNERS	0:56:24	0:56:21	34		21	1
147	146	192	FIGORELLA MARGIOTTA-MILLS	F	FSEN	U/A	0:56:32	0:56:11	35		22	
148	147	16	JOANNE BARROW	F	FSEN	U/A	0:56:34	0:56:15	36		23	
149	151	24	EVE J BOUGHTON	F	FV40	U/A	0:56:35	0:56:26	37		6	

150	153	205	RACHEL MEREDITH	F	FSEN	MANCHESTER YMCA HARRIERS	0:56:40	0:56:32	38		24	9
151	150	162	JOE KENNEDY	M	MV40	DISLEY RUNNERS	0:56:40	0:56:24		113	23	1
152	148	226	STEPHANIE NIELD	F	FSEN	SWINTON RUNNING CLUB	0:56:40	0:56:19	39		25	1
153	154	290	AIMEE TEARE	F	FSEN	DAVENPORT RUNNERS	0:56:51	0:56:42	40		26	1
154	152	206	LEE METCALFE	M	MSEN	U/A	0:56:53	0:56:28		114	49	
155	155	131	SIMON HEDGES	M	MV45	CHORLTON RUNNERS	0:56:56	0:56:43		115	17	8
156	157	196	GARETH MCCAFFERY	M	MSEN	ROYTON ROAD RUNNER	0:57:04	0:56:49		116	50	1
157	155	86	EMMA ELMERHEBI	F	FV45	MANCHESTER YMCA HARRIERS	0:57:04	0:56:43	41		3	10
158	158	309	MARY WARNER	F	FSEN	MARPLE RUNNERS	0:57:25	0:57:05	42		27	3
159	160	255	PIPPA L PRICE	F	FV50	U/A	0:57:30	0:57:11	43		4	
160	161	80	JOHN P DUFFY	M	MV55	U/A	0:57:31	0:57:23		117	11	
161	163	182	ANDY LORD	M	MV55	MARPLE RUNNERS	0:57:35	0:57:26		118	12	11
162	159	107	NICK GIANFERRARI	M	MV45	U/A	0:57:36	0:57:10		119	18	
163	161	121	BENN HAILES	M	MSEN	U/A	0:57:42	0:57:23		120	51	
164	164	172	JOANNE LESSELLS	F	FV50	U/A	0:57:55	0:57:34	44		5	
165	164	70	JOHN DEAVILLE	M	MV50	U/A	0:57:56	0:57:34		121	13	
166	168	188	BERNADETT LYNAS	F	FSEN	MARPLE RUNNERS	0:58:03	0:57:51	45		28	4
167	166	154	STEPHANIE L JONES	F	FV45	U/A	0:58:06	0:57:49	46		4	
168	166	21	KATHERINE BERRY	F	FV40	U/A	0:58:10	0:57:49	47		7	
169	168	124	STUART HANCOCK	M	MV45	UK RUNCHAT	0:58:10	0:57:51		122	19	1
170	170	64	DAVID DARTON	M	MV60	MANCHESTER FRONTRUNNERS	0:58:40	0:58:20		123	4	2
171	171	229	MIKE O'BRIEN	M	MV60	MANCHESTER YMCA HARRIERS	0:58:50	0:58:39		124	5	13
172	172	61	PAUL DALE	M	MV65	U/A	0:58:56	0:58:45		125	2	
173	174	210	DARREN MONKS	M	MSEN	U/A	0:59:00	0:58:50		126	52	
174	173	319	STEVEN WOODWARD	M	MV40	MARPLE RUNNERS	0:59:08	0:58:46		127	24	12
175	175	274	DAVID SHOESMITH	M	MV65	MARPLE RUNNERS	0:59:09	0:59:03		128	3	13
176	175	157	ALISON JORDAN	F	FV40	U/A	0:59:22	0:59:03	48		8	
177	177	133	LYNWENN M HOLMAN	F	FSEN	U/A	0:59:37	0:59:09	49		29	
178	179	96	DEBBIE A FORSTER	F	FV45	DISLEY RUNNERS	0:59:39	0:59:31	50		5	1
179	180	40	ANTONY BYATT	M	MV50	VEGAN RUNNERS UK	0:59:44	0:59:35		129	14	1
180	178	77	LISA DONNELLY	F	FV40	BELLE VUE RACERS	0:59:47	0:59:28	51		9	1
181	181	242	SARAH PEGRAM	F	FSEN	DAVENPORT RUNNERS	1:00:00	0:59:52	52		30	2
182	183	249	HAYLEY PLATT	F	FSEN	U/A	1:00:06	0:59:54	53		31	
183	185	73	PAUL DEWICK	M	MV40	U/A	1:00:10	0:59:55		130	25	
184	182	72	KATHRYN DEWICK	F	FV40	U/A	1:00:10	0:59:53	54		10	
185	186	87	GLENN FAIRHALL	M	MV40	U/A	1:00:13	0:59:56		131	26	
186	183	256	AINE QUINN	F	FSEN	CHORLTON RUNNERS	1:00:14	0:59:54	55		32	2
187	187	1	ALYSON ADAMS	F	FV50	BRAMHALL RUNNERS	1:00:14	1:00:02	56		6	3
188	188	277	MATILDA SIMON	F	FV60	GOYT VALLEY STRIDERS	1:00:27	1:00:05	57		2	1
189	189	194	SIOBHAN MARTIN	F	FSEN	U/A	1:00:36	1:00:07	58		33	
190	190	300	STEVEN TOWNLEY	M	MV55	U/A	1:00:38	1:00:17		132	13	
191	191	4	LAURA AHEARN	F	FSEN	MARPLE RUNNERS	1:00:45	1:00:33	59		34	5
192	192	284	JOANNA SPENCER	F	FSEN	U/A	1:01:14	1:00:53	60		35	
193	193	165	RICHARD KNOWLES	M	MV45	TOTLEY AC	1:01:28	1:01:09		133	20	1
194	194	48	JOSEPH CONNOR	M	MSEN	BRAMHALL RUNNERS	1:01:43	1:01:28		134	53	6
195	195	187	CRAIG LUPTON	M	MV60	U/A	1:02:07	1:01:42		135	6	
196	197	105	TAYLOR GIACOMA	F	FV40	MARPLE RUNNERS	1:02:13	1:01:52	61		11	6
197	196	318	SAMUEL WINTERBOTTOM	M	MSEN	U/A	1:02:16	1:01:45		136	54	
198	200	310	SUSAN ANN WARNOCK	F	FV65	MARPLE RUNNERS	1:02:16	1:02:04	62		1	7
199	199	225	GEOFFREY NICHOLLS	M	MV65	ETON MANOR AC	1:02:17	1:02:02		137	4	1

200	198	32	LIZ BRIERLEY	F	FSEN	U/A	1:02:27	1:01:57	63	36		
201	201	163	ZARKA KHAN	F	FSEN	DIDSBURY RUNNERS	1:02:43	1:02:20	64	37	1	
202	204	93	DEBBIE FLEET	F	FV45	U/A	1:02:51	1:02:41	65	6		
203	202	62	GEORGINA DANIEL	F	FSEN	MARPLE RUNNERS	1:02:52	1:02:26	66	38	8	
204	203	288	LISA SWEENEY	F	FSEN	U/A	1:02:53	1:02:30	67	39		
205	207	37	DAVE BROWN	M	MV55	WARRINGTON RUNNING CLUB	1:03:11	1:03:02		138	14	2
206	208	292	KAY THOMPSON	F	FV40	WARRINGTON RUNNING CLUB	1:03:12	1:03:04	68		12	1
207	205	79	LIZ DOYLE	F	FV55	U/A	1:03:19	1:02:51	69		3	
208	206	303	KATE UNDERWOOD	F	FV45	U/A	1:03:23	1:02:58	70		7	
209	209	170	ALAN LEONARD	M	MV45	MANCHESTER TRIATHLON CLUB	1:03:33	1:03:15		139	21	1
210	210	223	JENNIE NEILL	F	FSEN	U/A	1:03:34	1:03:17	71		40	
211	212	183	RACHEL LORD	F	FSEN	MARPLE RUNNERS	1:03:39	1:03:31	72		41	9
212	211	119	LIZ HADFIELD	F	FSEN	U/A	1:03:48	1:03:20	73		42	
213	214	199	SARAH MCCOURT	F	FSEN	U/A	1:03:49	1:03:41	74		43	
214	215	271	MICHELLE SHAW	F	FSEN	SOUTH CHESHIRE HARRIERS	1:04:05	1:03:53	75		44	1
215	213	320	ADRIAN WOOLARD	M	MV50	U/A	1:04:06	1:03:40		140	15	
216	217	115	TOM GREEN	M	MSEN	U/A	1:04:24	1:04:13		141	55	
217	216	100	ELAINE DE FRIES	F	FV55	MARPLE RUNNERS	1:04:26	1:04:00	76		4	10
218	223	178	SIMON LINNEGAR	M	MSEN	U/A	1:04:29	1:04:26		142	56	
219	219	243	CHARLOTTE PETRUCCI	F	FSEN	MARPLE RUNNERS	1:04:30	1:04:15	77		45	11
220	218	92	AIDAN FITZGERALD	M	MSEN	U/A	1:04:31	1:04:14		143	57	
221	219	181	DAVID LONG	M	MSEN	U/A	1:04:32	1:04:15		144	58	
222	219	141	LAURE HUMBERT	F	FSEN	U/A	1:04:33	1:04:15	78		46	
223	222	169	NATALIE LEEB	F	FSEN	DAVENPORT RUNNERS	1:04:36	1:04:23	79		47	3
224	224	51	DONNA COTTON	F	FV45	U/A	1:04:40	1:04:29	80		8	
225	224	128	MARK HAYES	M	MSEN	U/A	1:04:41	1:04:29		145	59	
226	226	145	ALEX JABORE	F	FSEN	U/A	1:05:00	1:04:34	81		48	
227	228	295	JENNIFER THORNTON	F	FSEN	U/A	1:05:08	1:04:47	82		49	
228	230	291	SARAH THOMAS	F	FSEN	DAVENPORT RUNNERS	1:05:08	1:04:54	83		50	4
229	227	23	MICHALA BOOTH	F	FV40	DAVENPORT RUNNERS	1:05:10	1:04:45	84		13	5
230	229	230	LISA O'FARRELL	F	FV45	U/A	1:05:14	1:04:51	85		9	
231	232	120	STEVEN HAIG	M	MV45	DAVENPORT RUNNERS	1:05:17	1:05:05		146	22	2
232	231	7	FELICITY ALLEN	F	FV45	U/A	1:05:26	1:05:02	86		10	
233	233	285	LAURA STEVENSON	F	FSEN	U/A	1:05:40	1:05:19	87		51	
234	234	322	RICHARD JENNINGS	M	MSEN	U/A	1:06:08	1:05:43		147	60	
235	235	234	CRAIG ORRELL	M	MV45	U/A	1:06:22	1:05:58		148	23	
236	236	321	CHARLES WRIGLEY	M	MV45	U/A	1:06:43	1:06:12		149	24	
237	237	268	FRANCES ROGERS	F	FV40	U/A	1:06:46	1:06:22	88		14	
238	238	168	COLIN LEA	M	MV50	MANCHESTER FRONTRUNNERS	1:06:48	1:06:28		150	16	3
239	239	112	SUE GODDARD	F	FV60	U/A	1:06:51	1:06:38	89		3	
240	242	139	EMILY HUGHES	F	FSEN	U/A	1:07:02	1:06:49	90		52	
241	243	185	PANDORA LOUGHEED	F	FSEN	U/A	1:07:02	1:06:50	91		53	
242	241	113	SARAH GOODMAN	F	FSEN	U/A	1:07:08	1:06:42	92		54	
243	240	136	AMY HRYCAN	F	FSEN	U/A	1:07:10	1:06:41	93		55	
244	244	260	MARY ROBERTS	F	FV55	U/A	1:07:39	1:07:14	94		5	
245	246	49	ADAM CONNOR	M	MV50	U/A	1:08:05	1:07:51		151	17	
246	248	280	JANETTE SMITH	F	FV55	U/A	1:08:05	1:07:54	95		6	
247	245	97	SUE FOSTER	F	FV45	U/A	1:08:10	1:07:49	96		11	
248	246	269	ALISON SACKVILLE-FORD	F	FV45	U/A	1:08:10	1:07:51	97		12	
249	249	122	SHEILA HAMBLETON	F	FV70	U/A	1:08:30	1:08:12	98		1	

250	251	164	LIZ KNOTT	F	FSEN	U/A	1:08:40	1:08:18	99	56	
251	250	132	CHLOE J HEWLETT	F	FSEN	ACRE STREET RUNNERS	1:08:40	1:08:17	100	57	1
252	253	263	BRIAN ROBINSON	M	MV75	U/A	1:08:50	1:08:39		152	1
253	254	41	ANGELA BYRON	F	FV40	KIRKBY MILERS	1:09:01	1:08:44	101	15	1
254	255	161	KAREN KELLY	F	FV40	KIRKBY MILERS	1:09:03	1:08:45	102	16	2
255	252	63	ANGELA DANIEL	F	FV40	MARPLE RUNNERS	1:09:04	1:08:34	103	17	12
256	257	272	ALEX SHAW	M	MSEN	MARPLE RUNNERS	1:10:36	1:10:19		153	61
257	256	46	LYNDA CLIFFORD	F	FV50	WINSTON RUNNERS	1:10:37	1:10:17	104	7	1
258	258	117	DARREN GRIFFITH	M	MV45	U/A	1:10:51	1:10:27		154	25
259	260	176	LISA LINGARD	F	FV45	U/A	1:10:52	1:10:30	105	13	
260	259	312	KAREN WEBBER	F	FSEN	U/A	1:10:56	1:10:29	106	58	
261	262	11	SID BAILEY	M	MV60	DEESTRIDERS	1:11:28	1:11:16		155	7
262	261	213	MORAG E MORGAN	F	FV65	BRAMHALL RUNNERS	1:11:34	1:11:07	107	2	4
263	264	28	ANNA L BRADSHAW	F	FV50	AVON VALLEY RUNNERS	1:11:39	1:11:21	108	8	1
264	263	171	FIONA LESLIE	F	FV50	CHORLTON RUNNERS	1:11:40	1:11:20	109	9	3
265	265	17	NICOLA BARRY	F	FV40	U/A	1:12:08	1:11:50	110	18	
266	266	114	JULIA GRAHAM	F	FSEN	U/A	1:12:57	1:12:27	111	59	
267	267	298	HANNAH TOMLINSON	F	FSEN	MARPLE RUNNERS	1:13:06	1:12:38	112	60	13
268	268	18	NEIL BARRY	M	MV45	LONELY GOATS RC	1:13:07	1:12:48		156	26
269	269	301	BETH UNDERDOWN	F	FSEN	U/A	1:13:21	1:12:52	113	61	
270	270	109	CLAUDE GIERL	F	FV60	ETON MANOR AC	1:13:51	1:13:22	114	4	1
271	271	22	SARAH BERRY	F	FSEN	U/A	1:14:39	1:14:16	115	62	
272	272	250	DANE POGSON	M	MSEN	U/A	1:15:06	1:14:37		157	62
273	273	177	MICHELLE LINGARD	F	FV50	U/A	1:16:21	1:15:58	116	10	
274	274	262	RACHEL ROBINSON	F	FV45	U/A	1:18:11	1:17:41	117	14	
275	275	6	ZEKI AL-KHISHALI	M	MSEN	U/A	1:19:08	1:18:55		158	63
276	276	221	MATT NAGLER	M	MV40	MARPLE RUNNERS	1:19:33	1:19:02		159	27
277	277	276	ADRIAN SIMMONDS	M	MV50	DAVENPORT RUNNERS	1:19:51	1:19:35		160	18
278	278	264	RUTH ROBINSON	F	FV70	U/A	1:21:34	1:21:22	118	2	
279	279	265	SANDRA ROBINSON	F	FV40	MANCHESTER YMCA HARRIERS	1:22:03	1:21:38	119	19	11
280	279	208	MARY MODEN	F	FV50	U/A	1:22:06	1:21:38	120	11	
281	281	237	HILARY PARKER	F	FV40	DAVENPORT RUNNERS	1:28:33	1:28:03	121	20	6
282	282	71	JENNIFER S DELANEY	F	FSEN	MANCHESTER YMCA HARRIERS	1:32:36	1:32:12	122	63	12
283	283	247	BRIAN S PLATT	M	MV80	U/A	1:35:39	1:35:13		161	1
DNF		12	RACHEL M BAILEY	F	FSEN	U/A					
DNF		306	BECCA VEAL	F	FSEN	MANCHESTER YMCA HARRIERS					
DNF		13	CHRIS BAILEY	M	MSEN	U/A					
DNF		273	JONATHAN SHAW	M	MV55	U/A					
DNF		140	SIMON HUGHES	M	MSEN	MARPLE RUNNERS					