

Pos	Bib	Name	M/F	Pos	AG	NSRRA	Club	Chip	Gun
Knighton 20									
1.	40	Nicholas Barry	M	1.	MSe		Sale Harriers	1:53:39	1:53:40
2.	101	Oliver Harradence	M	2.	MSe		Royal Sutton Coldfield	1:55:50	1:55:50
3.	67	Chris Fitzpatrick	M	3.	M40		Helsby Rc	2:02:31	2:02:32
4.	150	Lee Goodwin	M	4.	M40			2:03:27	2:03:29
5.	192	Russell Simpson	M	5.	M40		Royal Sutton Coldfield	2:05:14	2:05:15
6.	293	Phillip Hilsdon	M	6.	M40	165	Stafford Harriers	2:07:46	2:07:48
7.	103	Vincent Van Woerkom	M	7.	M40			2:08:27	2:08:28
8.	25	Bruce Johnson	M	8.	MSe	644	Newcastle (Staffs) Ac	2:08:50	2:08:51
9.	280	Pravesh Patel	M	9.	MSe			2:10:02	2:10:03
10.	49	Thomas Orton	M	10.	MSe		Cannock & Stafford Ac	2:10:07	2:10:08
11.	331	Nicholas Hackett	M	11.	M40		South Cheshire Harriers	2:10:18	2:10:22
12.	191	Oliver Sheppard	M	12.	MSe		Royal Sutton Coldfield	2:10:30	2:10:31
13.	21	Daniel Brazier	M	13.	MSe		Wolverhampton &	2:10:35	2:10:35
14.	50	Daniel Jordan	M	14.	M45	127	Trentham RC	2:10:48	2:10:50
15.	52	Iain Wedge	M	15.	M50		Chester Tri	2:11:35	2:11:36
16.	175	James Smith	M	16.	MSe		Barrow Runners	2:11:42	2:11:44
17.	28	David Waple	M	17.	MSe			2:11:53	2:11:54
18.	182	Ian Wood	M	18.	M45		Royal Sutton Coldfield	2:12:20	2:12:21
19.	189	Mark Rickards	M	19.	MSe		Royal Sutton Coldfield	2:12:58	2:12:59
20.	135	Phil Boardman	M	20.	MSe		Dudley & Stourbridge	2:13:46	2:13:48
21.	226	David Morris	M	21.	MSe		South Cheshire Harriers	2:14:01	2:14:05
22.	329	Bradley Smith	M	22.	MSe		South Cheshire Harriers	2:14:07	2:14:10
23.	269	Matt Harper	M	23.	M40	702	Newcastle (Staffs) Tri	2:14:47	2:14:49
24.	232	Hal Roberts	M	24.	MSe		Steel City Striders	2:14:58	2:15:02
25.	180	Peter Nimmo	M	25.	MSe			2:15:06	2:15:09
26.	87	Paul Swan	M	26.	M55	76	Stone Master	2:15:15	2:15:17
27.	181	Phil Cape	M	27.	M40	869C	Stone Master	2:15:16	2:15:20
28.	6	Phil Rowley	M	28.	M45		Newcastle (Staffs) Tri	2:16:28	2:16:31
29.	305	Robert Norman	M	29.	M40		Telford Ac	2:16:48	2:16:51
30.	335	Mathew Richardson	M	30.	MSe			2:16:45	2:16:54
31.	22	Mark Steele	M	31.	M45		Newcastle (Staffs) Ac	2:17:17	2:17:21
32.	16	Terry Wall	M	32.	M50	402	Boalloy Running Club	2:17:46	2:17:49
33.	263	Steven Crowe	M	33.	MSe		South Cheshire Harriers	2:18:27	2:18:32
34.	185	Richard Naylor	M	34.	M45		Royal Sutton Coldfield	2:20:25	2:20:28
35.	183	Nicholas Hill	M	35.	M40		Sneyd Striders	2:20:33	2:20:34
36.	261	Jonathan Male	M	36.	M40		Barrow Runners	2:21:01	2:21:03
37.	128	Paul Glover	M	37.	M45	831	Stone Master	2:21:03	2:21:06
38.	106	Russ Gibbons	M	38.	MSe		South Cheshire Harriers	2:21:07	2:21:12
39.	190	Martin Clutterbuck	M	39.	M45		Royal Sutton Coldfield	2:21:31	2:21:34
40.	302	Andrew Watson	M	40.	M45			2:21:34	2:21:37
41.	148	Luke Woodward	M	41.	MSe	388	Trentham RC	2:21:52	2:21:55
42.	114	Tim Hulse	M	42.	M50	706	Stone Master	2:22:07	2:22:10
43.	227	Tony Taylor	M	43.	M50		Sandbach Striders	2:22:20	2:22:23
44.	239	Tracie Trueman	F	1.	F50		Lawley Running Club	2:22:29	2:22:36
45.	217	Martin Cross	M	44.	MSe	818	Stone Master	2:22:42	2:22:46
46.	285	Matthew Ketteringham	M	45.	M45		Lawley Running Club	2:23:11	2:23:17
47.	212	Anna Hollingworth	F	2.	F35	825	Stone Master	2:23:27	2:23:31

Overall Results

Pos	Bib	Name	M/F	Pos	AG	NSRRA	Club	Chip	Gun
48.	89	Richard Hunter	M	46.	MSe		Shropshire Shufflers	2:23:24	2:23:47
49.	292	Joanne Bentley	F	3.	F40		Stone Master	2:23:46	2:23:50
50.	295	James Simpson	M	47.	M45	109	South Cheshire Harriers	2:23:48	2:23:51
51.	100	Christopher Arnold	M	48.	MSe		Lawley Running Club	2:23:45	2:23:53
52.	171	Mark Williamson	M	49.	M45		Stone Master	2:24:30	2:24:35
53.	330	Mary Heald	F	4.	FSe		Knowle and Dorridge	2:25:03	2:25:06
54.	31	Kenneth Day	M	50.	MSe		Kirkby Milers	2:25:24	2:25:25
55.	105	Keith Harrison	M	51.	M55	736	Sneyd Striders	2:25:58	2:26:03
56.	145	David Carbutt	M	52.	MSe		Knowle and Dorridge	2:26:22	2:26:25
57.	153	John Pemberton	M	53.	M50		Sandbach Striders	2:26:31	2:26:37
58.	323	Mike O'Brien	M	54.	M40		South Cheshire Harriers	2:26:39	2:26:44
59.	321	Nick Hooper	M	55.	M50		Black Pear Joggers	2:26:46	2:26:51
60.	207	Warren Thomas	M	56.	M45		Trentham RC	2:26:57	2:27:01
61.	64	Ian Cawley	M	57.	M40	715	Lonely Goats RC	2:26:58	2:27:01
62.	332	Amy Gamble	F	5.	F40	289	Stone Master	2:28:25	2:28:30
63.	278	Richard Handley	M	58.	MSe			2:29:08	2:29:13
64.	254	Kirsty Stephenson	F	6.	F40		Stone Master	2:29:10	2:29:14
65.	272	Christopher Nixon	M	59.	M50	771	Newcastle (Staffs) Ac	2:29:56	2:30:02
66.	328	Carol Bird	F	7.	F55	999	Congleton Harriers & Ac	2:29:59	2:30:03
67.	276	Michael Beasley	M	60.	M55	737	Stone Master	2:30:01	2:30:09
68.	291	David Mccallum	M	61.	MSe			2:30:54	2:31:04
69.	129	Mark Beckett	M	62.	M40		South Cheshire Harriers	2:31:10	2:31:20
70.	78	Donato Esposito	M	63.	M55		Bournville Harriers	2:32:37	2:32:40
71.	267	Richard Crump	M	64.	MSe		Stafford Harriers	2:33:08	2:33:18
72.	334	Nathaniel Williams	M	65.	MSe			2:33:43	2:33:48
73.	333	Neil Scott	M	66.	M50			2:33:43	2:33:49
74.	122	Egidija Pope	F	8.	F35	830	Stone Master	2:34:27	2:34:32
75.	243	Robert Minton	M	67.	MSe		Biddulph Running Club	2:34:39	2:34:51
76.	15	Robin Zoka	M	68.	MSe		South Cheshire Harriers	2:35:04	2:35:15
77.	136	Ian Hodgkinson	M	69.	M45		Stafford Harriers	2:35:29	2:35:39
78.	86	Mike Allsopp	M	70.	M50		Market Drayton Rc	2:35:33	2:35:43
79.	256	David Nimmo	M	71.	MSe	330	South Cheshire Harriers	2:35:50	2:35:55
80.	167	Stuart Parton	M	72.	MSe	761	Stoke F.I.T	2:35:58	2:36:07
81.	289	Angela Mensing	F	9.	F45		Stone Master	2:36:27	2:36:36
82.	277	Indira Natarajan	M	73.	M50	811	Stone Master	2:36:36	2:36:43
83.	99	David Dunsmore	M	74.	M45	789	Stone Master	2:36:51	2:36:54
84.	165	David Alan Smith	M	75.	M40	886	South Cheshire Harriers	2:37:12	2:37:22
85.	222	Peter Williams	M	76.	MSe		Wilmslow Striders	2:37:16	2:37:26
86.	10	Gillian Russon	F	10.	F50	151	Cannock & Stafford Ac	2:37:57	2:38:05
87.	274	Dominic Ashton	M	77.	M45		West Bromwich Harriers	2:37:57	2:38:13
88.	303	Andrew Jackson	M	78.	M40	739	NSRRA	2:38:10	2:38:18
89.	187	Matthew Stenson	M	79.	M50		Royal Sutton Coldfield	2:38:46	2:38:48
90.	95	Martin Coleman	M	80.	M45		Sandbach Striders	2:38:48	2:39:08
91.	237	Emma Brogan	F	11.	FSe		Manchester Harriers	2:40:00	2:40:08
92.	178	Mark Davies	M	81.	M40		West Cheshire Ac	2:40:14	2:40:16
93.	219	Spencer Holland	M	82.	M45	778	Stafford Harriers	2:40:34	2:40:43
94.	197	Lynsey Kelly	F	12.	F40		Wolverhampton &	2:40:53	2:41:02
95.	270	Rich Keen	M	83.	MSe		Michelin Ac	2:40:57	2:41:12
96.	200	Jessica Haney	F	13.	FSe		South Cheshire Harriers	2:41:04	2:41:13

Overall Results

Pos	Bib	Name	M/F	Pos	AG	NSRRA	Club	Chip	Gun
97.	88	Mark Smith	M	84.	M50			2:41:01	2:41:15
98.	151	James Leech	M	85.	MSe			2:41:12	2:41:22
99.	325	Mike Chatting	M	86.	MSe		Unattached	2:41:15	2:41:27
100.	301	Liam Dormann	M	87.	MSe		Rugeley Runners	2:41:14	2:41:28
101.	288	Rob Humphries	M	88.	MSe		Rugeley Runners	2:41:15	2:41:28
102.	36	Richard Coates	M	89.	M50		Stafford Tri Club	2:41:22	2:41:35
103.	144	Peter Sherratt	M	90.	MSe	722	Biddulph Running Club	2:41:56	2:42:08
104.	82	Danny Mccarron	M	91.	M55		Chorlton Runners	2:42:05	2:42:14
105.	198	Stewart Waddy	M	92.	M40			2:42:21	2:42:24
106.	236	Sandra Griffiths	F	14.	F35			2:42:09	2:42:25
107.	218	Mark Roberts	M	93.	MSe	887	Newcastle (Staffs) Ac	2:42:14	2:42:29
108.	221	Emily Batkin	F	15.	FSe		Vegan Runners UK	2:44:41	2:44:58
109.	223	Libby Dudleston	F	16.	F40			2:45:25	2:45:44
110.	317	Sam Thompson	M	94.	MSe		Michelin Ac	2:46:08	2:46:24
111.	84	John Burgess	M	95.	M50		Chorlton Runners	2:46:22	2:46:31
112.	315	Alex Buckley	F	17.	FSe		Chorlton Runners	2:46:22	2:46:31
113.	299	Noel Henderson	M	96.	M60		Newark Striders RC	2:46:51	2:47:04
114.	33	Richard Brown	M	97.	M45		Macclesfield Harriers	2:47:12	2:47:33
115.	79	Graeme Spencer	M	98.	M50		South Cheshire Harriers	2:47:57	2:48:03
116.	157	Emma Wentworth	F	18.	F40	294	Buxton Ac	2:48:17	2:48:28
117.	233	Carl Thomas	M	99.	MSe		Blythe Bridge RC	2:48:18	2:48:30
118.	127	Jill Phillips	F	19.	F55	244	Trentham RC	2:48:36	2:48:43
119.	14	Mark Harrison	M	100.	M45		Cheadle RC	2:49:19	2:49:24
120.	311	Charlie Cox	M	101.	MSe		Cheadle RC	2:49:21	2:49:25
121.	264	John Alcock	M	102.	MSe	266	Blythe Bridge RC	2:50:43	2:50:55
122.	126	Juliett Richardson	F	20.	F40	892	Trentham RC	2:51:37	2:51:45
123.	117	Jason Riley	M	103.	M45		Newcastle (Staffs) Tri	2:52:10	2:52:24
124.	312	Jason Barker	M	104.	M45			2:52:49	2:53:06
125.	196	Neil Jones	M	105.	M45		Newport & District RC	2:52:45	2:53:07
126.	225	Stephen Low	M	106.	M40		Wrekin Road Runners	2:53:14	2:53:29
127.	132	Graham Tapp	M	107.	MSe			2:53:28	2:53:38
128.	133	Daniel Bailey	M	108.	MSe		Thunder Runners	2:53:28	2:53:38
129.	19	Kevin Uzzell	M	109.	M70	354	Stone Master	2:53:35	2:53:39
130.	85	David Weldon	M	110.	M40			2:53:43	2:53:53
131.	265	Craig Carpenter	M	111.	MSe	300	Stone Master	2:53:49	2:54:03
132.	80	Stephen Moody	M	112.	M50	327	Stoke F.I.T	2:54:19	2:54:27
133.	294	Kate John	F	21.	F40			2:54:16	2:54:30
134.	18	Debbie McDermott	F	22.	F50	858	Stafford Harriers	2:54:20	2:54:40
135.	170	Darren Storey	M	113.	M50	757	Newcastle (Staffs) Ac	2:54:35	2:54:47
136.	3	Colin Rathbone	M	114.	M75		Vale Royal	2:54:44	2:54:50
137.	250	Tony Jeffs	M	115.	M55		Midland Masters AC	2:55:40	2:55:54
138.	228	Steve Chapman	M	116.	MSe	667		2:55:43	2:56:00
139.	205	Sam Williams	M	117.	MSe			2:55:39	2:56:01
140.	13	Peter Jeffers	M	118.	M40		Uttoxeter Road Runners	2:56:54	2:57:12
141.	161	Andrew Watkins	M	119.	M45			2:57:02	2:57:16
142.	46	Rowena Jukes	F	23.	F35		Biddulph Running Club	2:57:29	2:57:56
143.	268	Richard Wyness	M	120.	MSe		Uttoxeter Road Runners	2:57:44	2:58:02
144.	275	Dominic Sacker	M	121.	M40		Uttoxeter Road Runners	2:57:48	2:58:06
145.	149	Tony Taylor	M	122.	M45			2:58:27	2:58:36

Overall Results

Pos	Bib	Name	M/F	Pos	AG	NSRRA	Club	Chip	Gun
146.	251	Ashley Wilks	M	123.	MSe		Vegan Runners UK	2:58:39	2:58:56
147.	258	Graeme Alexander	M	124.	MSe			2:58:42	2:59:02
148.	42	Kevin Brierley	M	125.	M50		Lawley Running Club	2:59:09	2:59:16
149.	156	Andrew Cartwright	M	126.	M50		Lawley Running Club	2:59:10	2:59:17
150.	97	Peter Taylor	M	127.	M45		Bromsgrove and	2:59:25	2:59:49
151.	290	Andrew Storey	M	128.	M50		Newport & District RC	2:59:53	3:00:15
152.	255	Maria Jensen	F	24.	F40			3:00:15	3:00:32
153.	306	Ian Oakley	M	129.	M45		NSRRA	3:00:36	3:00:52
154.	215	Jason Barrett	M	130.	M45	822	Stone Master	3:01:05	3:01:20
155.	282	Emma Butler	F	25.	FSe		Chorlton Runners	3:01:42	3:01:51
156.	83	Sarah Wright	F	26.	F50		Bitton Road Runners	3:02:12	3:02:19
157.	307	Joanne Lutner	F	27.	F40		Newport & District RC	3:02:15	3:02:40
158.	12	Oliver Clarke	M	131.	MSe	284	Newcastle (Staffs) Ac	3:03:19	3:03:32
159.	68	Dene Muir	M	132.	M45		Lawley Running Club	3:03:29	3:03:36
160.	327	Ann Carney	F	28.	F55		Chorlton Runners	3:03:34	3:03:43
161.	76	Peter Weatherill	M	133.	M45		Uknetrunner	3:03:49	3:04:00
162.	234	Amanda Anderson-Holton	F	29.	F40		Knutsford Tri Club	3:03:55	3:04:01
163.	173	Phil Cliff	M	134.	M55	170	South Cheshire Harriers	3:04:09	3:04:32
164.	53	Kerry Podmore	F	30.	F40	605	South Cheshire Harriers	3:04:24	3:04:46
165.	160	Simon Cope	M	135.	M50			3:04:51	3:04:58
166.	74	Matthew Price	M	136.	M45			3:04:51	3:04:58
167.	26	Teresa Wood	F	31.	F45			3:04:47	3:05:16
168.	286	John Archer	M	137.	M65		Winston Runners	3:04:42	3:06:19
169.	177	Bob Jones	M	138.	M60		Dudley Kingswinford RC	3:06:20	3:06:38
170.	300	Jonathan Paramor	M	139.	M65		Manchester Ymca	3:06:43	3:07:07
171.	45	David Fern	M	140.	M65		Peel Road Runners	3:07:06	3:07:16
172.	29	Liz Phillips	F	32.	F50		Shelton Striders	3:07:18	3:07:40
173.	229	Steven Fallows	M	141.	M40		Sandbach Striders	3:07:29	3:07:50
174.	176	Joshua Graves	M	142.	MSe		Rising Brook Runner	3:07:57	3:08:03
175.	8	Jonathan Clemens	M	143.	M50		Knutsford Tri Club	3:07:48	3:08:07
176.	326	Annabel Montgomery	F	33.	F45		Newport & District	3:07:44	3:08:09
177.	141	Melonie Deakin	F	34.	F45	84	Stafford Harriers	3:07:51	3:08:13
178.	210	Rebecca Southall	F	35.	F40	820	Stone Master	3:08:03	3:08:14
179.	245	Trevor Allport	M	144.	M60		Midland Masters AC	3:08:20	3:08:34
180.	244	Janet Allport	F	36.	F60		Midland Masters AC	3:08:21	3:08:35
181.	34	Leah Parkes	F	37.	FSe			3:08:31	3:08:51
182.	35	Robert Bowen	M	145.	M40			3:08:45	3:09:06
183.	137	Zoe Duquette	F	38.	F35			3:09:32	3:09:46
184.	115	Chris Smallman Gough	M	146.	M50			3:09:39	3:09:53
185.	116	Alice Durrant	F	39.	F35		Chorlton Runners	3:10:00	3:10:09
186.	319	Stephanie Goodchild	F	40.	F50		Manchester Ymca	3:10:16	3:10:37
187.	220	Christine Shubotham	F	41.	F60		Michelin Ac	3:10:27	3:10:49
188.	7	Cathy McKeown	F	42.	F55		Massey Ferguson RC	3:11:18	3:11:36
189.	20	Mick Williams	M	147.	M60	693	NSRRA	3:12:13	3:12:33
190.	304	Jody Brooks	F	43.	FSe		Congleton Harriers & Ac	3:12:49	3:12:59
191.	216	Holly Zoka	F	44.	FSe			3:13:24	3:13:35
192.	30	Matthew Henning	M	148.	M45		Shelton Striders	3:13:20	3:13:42
193.	313	Martina McConville	F	45.	F35			3:13:42	3:13:42
194.	314	Becky Colborn	F	46.	FSe			3:13:26	3:13:43

Overall Results

Pos	Bib	Name	M/F	Pos	AG	NSRRA	Club	Chip	Gun
195.	125	Steve Carter	M	149.	M45			3:13:35	3:13:59
196.	297	Shane Rankin	M	150.	M40			3:14:00	3:14:00
197.	309	Michelle Massey	F	47.	FSe		Chase Harriers	3:14:19	3:14:31
198.	4	Emma Dutton	F	48.	F35	704	Stone Master	3:14:21	3:14:46
199.	93	Emma Shillabeer	F	49.	F45		St Helens Tri	3:14:32	3:14:47
200.	92	Matt Shillabeer	M	151.	M45		St Helens Tri	3:14:32	3:14:47
201.	279	Eddie Smith	M	152.	M65		Stafford Harriers	3:14:46	3:15:06
202.	65	Sasha Talbot	F	50.	F45		Market Drayton Rc	3:14:54	3:15:12
203.	249	Craig Turner	M	153.	M50		Manchester Harriers	3:15:55	3:16:03
204.	27	Michael Wood	M	154.	M50			3:15:51	3:16:21
205.	273	Sonneva Benstead	F	51.	F35			3:16:21	3:16:36
206.	146	Mark Goodwin	M	155.	M45			3:19:09	3:19:26
207.	130	Lindsey Chilton-Merryweather	F	52.	FSe	873	Blythe Bridge RC	3:19:43	3:19:54
208.	168	Joanne Oliver	F	53.	F45		Stafford Harriers	3:19:38	3:20:01
209.	166	Lindsey Foster	F	54.	F50		Stafford Harriers	3:19:39	3:20:02
210.	164	Gill Hodgkinson	F	55.	F45		Stafford Harriers	3:19:39	3:20:02
211.	316	Katie Payne	F	56.	F35		Sandbach Striders	3:20:13	3:20:34
212.	242	Luke Alldritt	M	156.	MSe			3:20:55	3:21:17
213.	70	James Staton	M	157.	M40		Lawley Running Club	3:21:20	3:21:28
214.	47	Ben Harper	M	158.	MSe		Lawley Running Club	3:21:20	3:21:28
215.	77	Melanie Cook	F	57.	F45		Sutton in Ashfield	3:21:29	3:21:40
216.	98	Louise Houlston	F	58.	F40			3:22:13	3:22:29
217.	266	Laura Carpenter	F	59.	FSe	311	Stone Master	3:22:14	3:22:30
218.	155	Clare Steele	F	60.	F35		Stoke F.I.T	3:22:18	3:22:44
219.	179	Laura Slack	F	61.	FSe		Stone Master	3:22:20	3:22:47
220.	206	Andrew Pemberton	M	159.	M45		Stoke F.I.T	3:22:21	3:22:48
221.	241	Donna Harris	F	62.	F50	800	Chase Harriers	3:23:02	3:23:14
222.	110	Jan Peake	M	160.	M45		Sandbach Striders	3:23:04	3:23:21
223.	109	Christopher Holden	M	161.	MSe		Sandbach Striders	3:23:07	3:23:23
224.	201	Ralph Humphries	M	162.	M55		Newport & District RC	3:25:41	3:26:05
225.	23	Lynne Frith	F	63.	F55		Newcastle (Staffs) Ac	3:26:06	3:26:31
226.	32	Katie Brookes	F	64.	F35		Biddulph Running Club	3:26:17	3:26:44
227.	39	Andy Cowden	M	163.	M55		Bere Alston Trekkers	3:27:21	3:27:39
228.	231	Gillian Fallows	F	65.	F35		Sandbach Striders	3:27:27	3:27:49
229.	262	Debs Clarke	F	66.	F45		Newcastle (Staffs) Tri	3:28:24	3:28:39
230.	203	Martin Murdoch	M	164.	M45		Newport & District RC	3:28:45	3:29:09
231.	119	Jim Hawkins	M	165.	M50			3:32:00	3:32:24
232.	213	Fiona Hilton	F	67.	F50		Tattenhall Runners	3:32:27	3:32:52
233.	214	Martin Hilton	M	166.	M50		Tattenhall Runners	3:32:27	3:32:53
234.	43	Jackie Popland	F	68.	F60		Bedford Harriers Ac	3:33:56	3:34:22
235.	193	Alison Jackson-Hedges	F	69.	F40	852	Trentham RC	3:37:46	3:38:07
236.	202	Susan Payton	F	70.	F55		Dudley Kingswinford RC	3:37:59	3:38:17
237.	147	Jayne Ford	F	71.	F55		Stone Master	3:38:11	3:38:33
238.	194	Sarah Jackson-Hedges	F	72.	F45	713	Trentham RC	3:38:34	3:38:54
239.	104	Julie Nokes	F	73.	F55	47	Stafford Harriers	3:38:52	3:39:17
240.	247	Judith Gibson	F	74.	F40	631	Blythe Bridge RC	3:41:21	3:41:33
241.	59	Sarah Armstrong	F	75.	F35			3:41:08	3:41:38
242.	322	Jo Hill	F	76.	F45		Chorlton Runners	3:42:41	3:42:54
243.	72	Lisa Bennett	F	77.	F40			3:43:53	3:44:21

Overall Results

Pos	Bib	Name	M/F	Pos	AG	NSRRA	Club	Chip	Gun
244.	154	Ellie Spencer	F	78.	FSe		South Cheshire Harriers	3:44:26	3:44:49
245.	324	Liz Tideswell	F	79.	F45		Potters Trotters	3:44:38	3:45:08
246.	138	Julie Holmes	F	80.	F45			3:44:40	3:45:09
247.	60	Dan Harmer	M	167.	MSe		Go Team	3:45:06	3:45:34
248.	259	Jennifer Goodwin	F	81.	FSe		Uttoxeter Road Runners	3:45:25	3:45:43
249.	298	Nicole Henderson	F	82.	F55		Newark Striders RC	3:48:17	3:48:30
250.	41	Nicky Brierley	F	83.	F50		Lawley Running Club	3:50:56	3:51:04
251.	140	Kathryn Purslow	F	84.	F35		Dudley Kingswinford RC	3:54:46	3:54:59
252.	131	Helen Cann	F	85.	F45		Stone Master	3:54:53	3:55:22
253.	246	Steve Plant	M	168.	M50		Stone Master	3:54:55	3:55:23
254.	281	John Munton-Davies	M	169.	M45	742	Newcastle (Staffs) Ac	3:56:11	3:56:30
255.	54	Dawn Watkins	F	86.	F45		Stone Master	3:58:13	3:58:41
256.	134	Sharon Brandwood	F	87.	F50		Stone Master	3:58:12	3:58:41
257.	296	Ian Fothergill	M	170.	M55	696	Biddulph Running Club	3:58:03	3:58:45
258.	55	David Brain	M	171.	M45		Stone Master	3:58:35	3:58:46
259.	123	Jennifer Webber	F	88.	F40	874	Mow Cop Runners	3:58:36	3:58:52
260.	318	Kerry-Ann Maddock	F	89.	F40		Trentham RC	3:59:15	3:59:37
261.	320	Donna Hesbrook-Edwards	F	90.	F45		Newport & District RC	4:01:51	4:02:15
262.	310	Chelle Farmer	F	91.	F40			4:03:54	4:04:14
263.	240	Susan Walker	F	92.	F35		Market Drayton Rc	4:04:47	4:05:05
264.	257	Emma Carr	F	93.	FSe	612	Mow Cop Runners	4:07:48	4:08:04
265.	73	Jane Morris	F	94.	F55		Wrekin Road Runners	4:15:54	4:16:07
266.	143	Lynda Cartwright	F	95.	F50	821	Stone Master	4:18:06	4:18:31
267.	159	Tim Slater	M	172.	M40	752	NSRRA	4:21:16	4:21:42
268.	158	Alfred Slater	M	173.	M70	480	NSRRA	4:21:17	4:21:43
269.	260	Lorraine Gillan	F	96.	F60		Market Drayton Rc	4:25:59	4:26:29
270.	61	Hazel Barlow	F	97.	F55	999	Michelin Ac	4:38:37	4:39:04

Knighton 20 Relay

1.	401	North Wales Develpoment		1.				1:57:29	1:58:09
2.	417	Fast Bats		2.				2:00:53	2:00:53
3.	415	Bats Out Of Hell		3.				2:13:17	2:14:05
4.	406	Newcastle Tri Male 1		4.				2:14:49	2:14:49
5.	403	Ding Bats		5.				2:16:11	2:16:11
6.	402	North Wales Develpoment		6.				2:21:21	2:21:21
7.	411	Bat In A Flash		7.				2:23:04	2:23:04
8.	422	Envisage 1		8.				2:34:30	2:34:30
9.	421	Flying Foxes		9.				2:43:37	2:43:37
10.	416	Bats In A Flap		10.				2:44:03	2:44:03
11.	410	Flappy Bats		11.				2:49:36	2:49:36
12.	413	Feeling Fresh		12.				2:52:51	2:55:26
13.	414	Bat Attitude		13.				2:57:42	2:57:42
14.	409	Newcastle Tri Spaniels		14.				2:58:24	2:58:24
15.	419	Bat Girls		15.				2:58:27	2:58:27
16.	412	Bat's Away		16.				3:01:37	3:01:37
17.	420	Ninja Bats		17.				3:06:02	3:06:02
18.	407	Newcastle Tri Ladies 1		18.				3:28:38	3:28:38
19.	418	Bat Will Do		19.				3:38:44	3:38:44
20.	408	Little Pinkies		20.				3:39:31	3:39:31

Knighton 20 2019

Overall Results

ANDREW
VICKERMAN
EVENT
TIMING

Pos	Bib	Name	M/F	Pos	AG	NSRRA	Club	Chip	Gun
21.	404	Team fish		21.				3:44:17	3:44:17
22.	405	Young and Old		22.				3:49:49	3:49:49

Number of records: 292