

Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	137	IAN HARDING	M	MSEN	MORPETH HARRIERS & AC	2:01:38	2:01:38		1	1	1
2	2	218	PHIL MARSDEN	M	MSEN	HORWICH RMI HARRIERS	2:02:36	2:02:36		2	2	1
3	3	344	MICHAEL TAYLOR	M	MSEN	CHORLTON RUNNERS	2:06:45	2:06:44		3	3	1
4	4	70	STEPHEN CROOK	M	MV40	STOCKPORT HARRIERS	2:12:02	2:12:02		4	1	1
5	5	62	MARK COLLIER	M	MV40	U/A	2:12:11	2:12:09		5	2	
6	6	235	ANDREW MCMENEMY	M	MSEN	U/A	2:12:48	2:12:47		6	4	
7	7	238	SIMON MIDWOOD	M	MSEN	WAKEFIELD DISTRICT HARRIERS & AC	2:13:21	2:13:19		7	5	1
8	8	359	CHRIS WARD	M	MSEN	CHORLTON RUNNERS	2:15:56	2:15:53		8	6	2
9	9	92	BYRON EDWARDS	M	MV40	BURY AC	2:16:35	2:16:33		9	3	1
10	10	36	MATTHEW BRENNAN	M	MSEN	PRESTWICH AC	2:16:44	2:16:42		10	7	1
11	11	178	RICHARD JOHNSON	M	MV50	ALTRINCHAM & DISTRICT ATHLETICS CLUB	2:17:07	2:17:06		11	1	1
12	12	366	ROBERT WHITBY	M	MSEN	MACCLESFIELD HARRIERS AND AC	2:18:34	2:18:34		12	8	1
13	13	93	PAUL EDWARDS	M	MSEN	SPA STRIDERS	2:18:44	2:18:42		13	9	1
14	14	88	ELLIOT DRUMMOND	M	MSEN	SWINTON RC	2:20:54	2:20:53		14	10	1
15	15	320	CHRISTOPHER SMALL	M	MSEN	TRAFFORD ATHLETIC CLUB	2:22:01	2:21:57		15	11	1
16	16	264	MAURICE OBRIEN	M	MV45	U/A	2:22:08	2:22:05		16	1	
17	18	141	ROB HASLER	M	MSEN	MACCLESFIELD HARRIERS AND AC	2:23:24	2:23:24		17	12	2
18	17	312	PAUL SHARP	M	MSEN	MACCLESFIELD HARRIERS AND AC	2:23:24	2:23:23		18	13	3
19	19	6	CRAIG ANSELL	M	MV45	SWINTON RC	2:24:17	2:24:16		19	2	2
20	20	80	MATT DARNLEY	M	MV40	BRAMHALL RUNNERS	2:26:03	2:25:58		20	4	1
21	21	97	ROBERT FAIRBANKS	M	MV40	SALE HARRIERS MANCHESTER	2:26:57	2:26:57		21	5	1
22	22	342	NEIL TATE	M	MSEN	LYTHAM ST ANNES ROAD RUNNERS CLUB	2:27:29	2:27:05		22	14	1
23	23	292	BEN RACLE	M	MSEN	LONDON HEATHSIDE	2:29:11	2:29:09		23	15	1
24	24	25	SHANE BIRTLES	M	MSEN	U/A	2:29:53	2:29:52		24	16	
25	25	397	JAKE YOUNG	M	MSEN	U/A	2:31:47	2:31:43		25	17	
26	26	390	KEVIN WOODWARD	M	MV40	SWINTON RC	2:33:32	2:33:28		26	6	3
27	27	165	FRAN HOURIGAN	M	MV40	WIDNES RUNNING CLUB	2:33:37	2:33:31		27	7	1
28	28	237	HARRY MICHALAS	M	MSEN	U/A	2:34:24	2:34:22		28	18	
29	29	335	JONATHAN STRANGE	M	MSEN	WARRINGTON RUNNING CLUB	2:35:20	2:35:14		29	19	1
30	30	190	MELANIE KOTH	F	FV45	LYTHAM ST ANNES ROAD RUNNERS CLUB	2:35:51	2:35:48	1		1	1
31	31	368	TOM WHITE	M	MSEN	RAMSBOTTOM RUNNING CLUB	2:37:10	2:36:59		30	20	1
32	32	293	MAT RADBOURNE	M	MV45	U/A	2:37:43	2:37:36		31	3	
33	33	375	JOHN WILLIAMS	M	MV40	U/A	2:38:09	2:37:59		32	8	
34	34	267	ALEXANDER OGILVIE	M	MSEN	U/A	2:38:40	2:38:27		33	21	
35	35	66	STEFANO COSSU	M	MV40	WARRINGTON RUNNING CLUB	2:38:49	2:38:43		34	9	2
36	36	188	KIM KENNEDY	F	FSEN	U/A	2:38:55	2:38:48	2		1	
37	37	86	STEVEN DOXEY	M	MV55	SWINTON RC	2:39:14	2:39:13		35	1	4
38	38	173	JAMES HYNES	M	MV45	CROSSGATES HARRIERS	2:41:19	2:40:28		36	4	1
39	40	356	JOHN WAITING	M	MSEN	MARPLE RUNNERS	2:41:31	2:41:19		37	22	1
40	39	50	CAROLYN CAPSEY	F	FSEN	SWINTON RC	2:41:38	2:41:17	3		2	1
41	41	262	GARY OAKLEY	M	MSEN	SALFORD METROPOLITAN AC	2:41:40	2:41:22		38	23	1
42	43	3	DONNA AIREY	F	FSEN	CLAYTON LE MOORS HARRIERS	2:41:58	2:41:50	4		3	1
43	42	327	GREG SPANNER	M	MSEN	U/A	2:42:06	2:41:43		39	24	
44	44	183	GARY J JONES	M	MV55	BOLTON UNITED HARRIERS	2:43:25	2:42:57		40	2	1
45	45	263	HERMIONE OAKLEY	F	FSEN	SWINTON RC	2:43:47	2:43:32	5		4	2
46	46	142	ANDREW HAUGHTON	M	MV45	HYDE VILLAGE STRIDERS	2:44:11	2:43:52		41	5	1
47	47	377	KATIE WILLIAMSON	F	FV45	BURY AC	2:44:14	2:44:14	6		2	1
48	48	253	RICHARD MURRAY	M	MV45	WARRINGTON RUNNING CLUB	2:44:47	2:44:45		42	6	3
49	49	43	CHRIS BUTTERWORTH	M	MSEN	LONELY GOAT RC	2:44:53	2:44:51		43	25	1

50	50	284	JASON PIER	M	MV45	CLAYTON LE MOORS HARRIERS	2:45:04	2:44:57	44	7	1
51	51	193	PAUL LANCASHIRE	M	MSEN	WESHAM ROAD RUNNERS	2:45:30	2:45:20	45	26	1
52	52	149	RICHARD HEYES	M	MSEN	BRAMHALL RUNNERS	2:45:51	2:45:28	46	27	2
53	53	232	RICHARD MCKEE	M	MSEN	U/A	2:47:39	2:46:21	47	28	
54	53	107	ADAM FORD	M	MV40	U/A	2:47:40	2:46:21	48	10	
55	56	127	MATT GRICE	M	MV40	BURY AC	2:48:05	2:47:59	49	11	2
56	55	321	BENJAMIN SMITH	M	MSEN	RAMSBOTTOM RUNNING CLUB	2:48:06	2:47:57	50	29	2
57	58	381	GRAHAM WILSON	M	MV45	CROSSGATES HARRIERS	2:48:34	2:48:32	51	8	2
58	59	369	RICHARD WHITEHOUSE	M	MV45	CROSSGATES HARRIERS	2:48:37	2:48:33	52	9	1
59	57	336	TOM STRATTON	M	MSEN	U/A	2:48:41	2:48:18	53	30	
60	59	110	GLEN GANDY	M	MV50	MANCHESTER HARRIERS AND AC	2:48:55	2:48:33	54	2	1
61	61	123	MATTHEW GOWRIE	M	MSEN	U/A	2:49:16	2:49:04	55	31	
62	63	67	JOHN COURT	M	MV45	U/A	2:49:25	2:49:19	56	10	
63	62	201	NICOLA LLOYD	F	FV40	STOCKPORT HARRIERS	2:49:34	2:49:17	7	1	1
64	65	118	EMMA GILES	F	FV40	SELBY STRIDERS	2:50:21	2:50:09	8	2	1
65	67	134	CHRIS HAMILTON-DARDIS	M	MSEN	SWINTON RC	2:50:37	2:50:17	57	32	5
66	66	352	JOE TROOP	M	MSEN	U/A	2:50:40	2:50:10	58	33	
67	68	194	KRISTIAN LEE	M	MV40	RADCLIFFE AC	2:51:07	2:51:03	59	12	1
68	68	394	JENNY YATES	F	FV50	RADCLIFFE AC	2:51:08	2:51:03	9	1	1
69	70	300	JONATHAN ROBSON	M	MSEN	U/A	2:51:11	2:51:06	60	34	
70	64	294	ALAN REYNOLDS	M	MSEN	THE FELL DEVILS	2:51:17	2:49:55	61	35	1
71	71	251	ROBERT MORRISON	M	MV45	CLAYTON LE MOORS HARRIERS	2:51:31	2:51:21	62	11	2
72	74	169	NICOLE HOWARTH	F	FSEN	ROSSENDALE HARRIERS & AC	2:51:48	2:51:45	10	5	1
73	72	304	JOHN ROSS	M	MV50	WINSTON RUNNERS	2:51:52	2:51:32	63	3	1
74	75	111	CHERYL GARDNER	F	FV40	U/A	2:51:57	2:51:55	11	3	
75	73	307	NICHOLAS SAXTON	M	MSEN	ATHERTON RUNNING CLUB	2:52:08	2:51:40	64	36	1
76	76	266	MICHAEL OCONNELL	M	MV40	ST THERESAS AC	2:53:19	2:53:05	65	13	1
77	77	338	BEATA SUTHARD	F	FSEN	NORTHWICH RUNNING CLUB	2:54:00	2:53:51	12	6	1
78	81	249	MICHAEL MORAN	M	MV40	RAMSBOTTOM RUNNING CLUB	2:54:20	2:54:08	66	14	3
79	78	41	CAROLYN BURNEY	F	FV40	HOLCOMBE HARRIERS	2:54:23	2:53:55	13	4	1
80	82	163	GAVIN HOUGH	M	MV40	U/A	2:54:41	2:54:09	67	15	
81	80	114	DAVE GASKELL	M	MV45	KNUTSFORD TRI CLUB	2:54:43	2:54:02	68	12	1
82	79	182	RHYS JONES	M	MV40	U/A	2:54:43	2:54:01	69	16	
83	83	131	DEAN HAGUE	M	MV45	CRYSTAL PEAKS RUNNERS	2:54:54	2:54:41	70	13	1
84	84	371	SUZY WILD	F	FV40	SPECTRUM STRIDERS	2:55:07	2:54:43	14	5	1
85	85	51	JOE CARNE	M	MSEN	MANCHESTER FRONTRUNNERS	2:55:52	2:54:57	71	37	1
86	87	55	ELIZABETH CHESHIRE	F	FSEN	BURY AC	2:55:53	2:55:48	15	7	2
87	88	69	SUE CRABTREE	F	FV45	CROSSGATES HARRIERS	2:55:57	2:55:54	16	3	1
88	86	363	DAVID WEBB	M	MSEN	PENNY LANE STRIDERS	2:56:30	2:55:47	72	38	1
89	91	261	KEVIN O'HARA	M	MV40	MANCHESTER HARRIERS AND AC	2:56:41	2:56:18	73	17	2
90	93	68	HELEN COUTIE	F	FV50	HORSFORTH HARRIERS	2:57:00	2:56:24	17	2	1
91	89	384	CONNIE WOODALL	F	FSEN	U/A	2:57:06	2:56:08	18	8	
92	90	186	KARIM KASSAM	M	MSEN	U/A	2:57:07	2:56:10	74	39	
93	92	38	SAN BUCKLEY	F	FV45	LYME RUNNERS	2:57:45	2:56:22	19	4	1
94	94	103	SINEAD FERGUSON	F	FV40	SALE HARRIERS MANCHESTER	2:58:00	2:57:47	20	6	1
95	97	4	PAUL ANDERSON	M	MV45	MOSSLEY AFC RUNNING CLUB	2:59:11	2:58:49	75	14	1
96	96	100	JOHN FELTON	M	MV50	OLDHAM AND ROYTON H & AC	2:59:11	2:58:48	76	4	1
97	95	279	PARESH PATEL	M	MV40	VEGAN RUNNERS UK	2:59:54	2:58:11	77	18	1
98	98	87	KATE DOYLE	F	FV40	U/A	3:00:27	2:59:08	21	7	
99	100	207	DAVID LORD	M	MV55	TRAWDEN AC	3:00:34	3:00:27	78	3	1

100	101	303	LUCY ROSA	F	FSEN	NORTHWICH RUNNING CLUB	3:00:37	3:00:28	22	9	2	
101	103	247	GARY MOORE	M	MV45	CLAYTON LE MOORS HARRIERS	3:00:53	3:00:47		79	15	3
102	99	318	GREG SINNOTT	M	MSEN	U/A	3:01:17	3:00:17		80	40	
103	102	33	ALAN BRADY	M	MV65	SPECTRUM STRIDERS	3:01:33	3:00:45		81	1	1
104	107	367	COLIN WHITE	M	MV45	CLAYTON LE MOORS HARRIERS	3:01:37	3:01:31		82	16	4
105	107	301	DANY L ROBSON	F	FV45	U/A	3:01:39	3:01:31	23		5	
106	104	340	CLARE SZUMINSKI	F	FV50	U/A	3:01:43	3:00:50	24		3	
107	106	276	MICHAEL PARTINGTON	M	MV45	ASTLEY AND TYLDSLEY ROAD RUNNERS	3:01:48	3:01:16		83	17	1
108	105	44	TONY RYAN	M	MV60	PRESTWICH AC	3:01:53	3:01:07		84	1	2
109	110	272	CARLA OUSEY	F	FV45	SALE HARRIERS MANCHESTER	3:02:12	3:02:02	25		6	2
110	109	277	AMANDA PARTINGTON	F	FV45	ASTLEY AND TYLDSLEY ROAD RUNNERS	3:02:16	3:01:44	26		7	1
111	111	206	ANNE MARIE LORD	F	FV50	OLDHAM AND ROYTON H & AC	3:02:31	3:02:11	27		4	1
112	114	313	STEPHEN SHARROCKS	M	MV50	STOCKPORT HARRIERS	3:03:14	3:02:54		85	5	2
113	117	124	MICHAEL A GRAYSON	M	MV50	ST THERESAS AC	3:03:39	3:03:25		86	6	2
114	118	168	HANNAH HOWARD	F	FSEN	SWINTON RC	3:03:46	3:03:27	28		10	3
115	113	361	TONY WARDLE	M	MV50	VALE ROYAL AC	3:03:51	3:02:31		87	7	1
116	116	222	MERCEDES MARTIN-NEVADO	F	FV45	HORSFORTH HARRIERS	3:03:51	3:03:16	29		8	2
117	118	322	DANNY SMITH	M	MV55	ROUNDHAY RUNNERS	3:03:53	3:03:27		88	4	1
118	112	240	DEREK MILLINGTON	M	MV40	U/A	3:03:56	3:02:27		89	19	
119	120	254	ALAN MYLER	M	MSEN	WIDNES RUNNING CLUB	3:03:57	3:03:34		90	41	2
120	122	20	JON BERRY	M	MV45	U/A	3:04:05	3:04:00		91	18	
121	115	75	LEE CRYER	M	MV45	U/A	3:04:08	3:03:02		92	19	
122	121	379	AARON J WILSON	M	MSEN	LIVERPOOL RUNNING CLUB	3:04:39	3:03:55		93	42	1
123	123	350	RACHEL TOMALIN	F	FSEN	U/A	3:05:40	3:05:16	30		11	
124	126	287	ADAM POTTS	M	MV45	BRAMHALL RUNNERS	3:05:44	3:05:33		94	20	3
125	128	291	IRFAN QURESHI	M	MV50	BURY AC	3:05:53	3:05:48		95	8	3
126	127	112	LOIS GARDNER	F	FSEN	CHORLTON RUNNERS	3:05:53	3:05:46	31		12	1
127	125	21	SADIE BESLEY	F	FV40	U/A	3:06:32	3:05:23	32		8	
128	124	229	ROBERT MCDOWELL	M	MV55	U/A	3:06:32	3:05:22		96	5	
129	131	306	ELAINE SARGENT	F	FV45	RUN FREE FELLRUNNERS	3:06:38	3:06:25	33		9	1
130	132	302	RACHEL RONGONG	F	FV45	FETCH EVERYONE	3:06:41	3:06:27	34		10	1
131	134	351	ROBERT TOMLIN	M	MV50	PRESTWICH AC	3:07:06	3:06:56		97	9	3
132	136	116	JOHN GIBBS	M	MSEN	RADCLIFFE AC	3:07:11	3:07:07		98	43	2
133	129	199	KATIE LEWIS	F	FV40	U/A	3:07:18	3:05:52	35		9	
134	135	144	STEWART HAWORTH	M	MSEN	U/A	3:07:22	3:06:58		99	44	
135	139	185	MICHAL KACZMAREK	M	MSEN	SALFORD METROPOLITAN AC	3:07:25	3:07:23		100	45	2
136	133	59	ASHLEY CLIFFE	M	MV45	DAVENPORT RUNNERS	3:07:34	3:06:53		101	21	1
137	140	140	ANDREW HARVEY	M	MV40	CROSSGATES HARRIERS	3:07:36	3:07:24		102	20	3
138	142	325	JULIE SMITH	F	FV50	CROSSGATES HARRIERS	3:07:37	3:07:33	36		5	2
139	141	357	STUART WALDRAM	M	MV45	RAMSBOTTOM RUNNING CLUB	3:07:40	3:07:28		103	22	4
140	137	289	PHILL PRINCE	M	MV40	U/A	3:07:43	3:07:20		104	21	
141	130	355	TONY USHER	M	MV45	RAMSBOTTOM RUNNING CLUB	3:08:00	3:06:23		105	23	5
142	145	305	LYNDA ROWLINSON	F	FV55	SALE HARRIERS MANCHESTER	3:08:25	3:08:15	37		1	3
143	143	85	FIONA DICKIE	F	FV45	HORSFORTH HARRIERS	3:08:28	3:07:52	38		11	3
144	144	299	JULIE ROBERTSON	F	FV45	U/A	3:08:29	3:08:01	39		12	
145	146	378	JULIE WILSON	F	FV50	CROSSGATES HARRIERS	3:08:31	3:08:18	40		6	3
146	149	8	AMANDA ARMSTRONG	F	FSEN	PRESTWICH AC	3:08:42	3:08:26	41		13	1
147	150	200	JOHN LINSTAD	M	MSEN	PRESTWICH AC	3:08:43	3:08:27		106	46	4
148	147	195	KEITH LEMON	M	MV45	HALIFAX HARRIERS AC	3:08:47	3:08:20		107	24	1
149	148	215	HANNI MAEER	F	FSEN	HALIFAX HARRIERS AC	3:08:50	3:08:25	42		14	1

150	138	219	SUE MARSH	F	FV40	HYDE VILLAGE STRIDERS	3:08:53	3:07:21	43	10	1
151	151	187	MARK KELLETT	M	MSEN	U/A	3:09:27	3:08:43	108	47	
152	154	147	DIANE HENNIGAN	F	FV45	PENNY LANE STRIDERS	3:09:46	3:09:33	44	13	1
153	155	148	NEIL HENNIGAN	M	MV40	PENNY LANE STRIDERS	3:09:47	3:09:37	109	22	2
154	152	83	KAREN DAY	F	FV45	ROCHDALE TRI CLUB	3:09:51	3:08:50	45	14	1
155	152	119	SEAN GLAISTER	M	MV50	CHORLTON RUNNERS	3:09:54	3:08:50	110	10	3
156	156	319	MICHELLE SMALE	F	FV55	ST THERESAS AC	3:10:07	3:09:51	46	2	1
157	157	374	NATALIE WILLIAMS	F	FSEN	ROCHDALE TRI CLUB	3:11:38	3:10:36	47	15	2
158	160	203	JOANNE LOFTUS	F	FV40	ST THERESAS AC	3:11:52	3:11:37	48	11	2
159	161	392	BEN WRIGLEY	M	MSEN	WESHAM ROAD RUNNERS	3:12:25	3:12:00	111	48	2
160	158	226	LEWIS MCAFEE	M	MSEN	LYTHAM ST ANNES ROAD RUNNERS CLUB	3:12:33	3:11:19	112	49	2
161	159	143	SUSAN HAWITT	F	FV50	LYTHAM ST ANNES ROAD RUNNERS CLUB	3:12:33	3:11:20	49	7	2
162	163	281	BRUCE PENHALE	M	MV55	TRAFFORD ATHLETIC CLUB	3:13:26	3:12:57	113	6	2
163	164	117	JAMES GILES	M	MSEN	U/A	3:13:43	3:13:16	114	50	
164	162	58	HAZEL CLARK	F	FV40	KENDAL AAC	3:14:08	3:12:43	50	12	1
165	165	175	DENISE IRVING-LANG	F	FV40	SWINTON RC	3:14:20	3:14:00	51	13	4
166	167	234	WENDY MCMAHON	F	FSEN	GLOSSOPDALE HARRIERS	3:14:35	3:14:18	52	16	1
167	166	120	DANIEL GLEAVE	M	MV45	GAINSBOROUGH AND MORTON STRIDERS	3:14:38	3:14:08	115	25	1
168	169	48	IAIN CAMPBELL	M	MSEN	U/A	3:14:55	3:14:30	116	51	
169	168	60	DAVID COLE	M	MSEN	BELLE VUE RACERS	3:14:55	3:14:23	117	52	1
170	171	214	PHIN MACKNESS	M	MV40	U/A	3:15:54	3:15:50	118	23	
171	172	382	HAYLEY WINDER	F	FV40	MANCHESTER TRIATHON CLUB	3:16:33	3:16:28	53	14	1
172	170	73	PAUL CROWE	M	MSEN	MANCHESTER FRONTRUNNERS	3:16:38	3:15:40	119	53	2
173	175	204	SHAUN LOFTUS	M	MV50	ST THERESAS AC	3:17:04	3:16:51	120	11	3
174	176	96	SAM EVANS	M	MSEN	U/A	3:17:22	3:16:59	121	54	
175	173	133	HEIDI HAIGH	F	FV45	LYTHAM ST ANNES ROAD RUNNERS CLUB	3:17:51	3:16:35	54	15	3
176	178	225	JIM MAULE-FFINCH	M	MV40	U/A	3:17:58	3:17:04	122	24	
177	177	129	JENNY GRINDROD	F	FV50	ROCHDALE TRI CLUB	3:18:03	3:17:00	55	8	3
178	179	310	CHLOE SHANKLAND	F	FSEN	WARRINGTON RUNNING CLUB	3:18:08	3:17:06	56	17	1
179	174	64	TIM CORLESS-CARTER	M	MSEN	U/A	3:18:11	3:16:48	123	55	
180	180	150	WENDY HIGGINS	F	FV50	ST THERESAS AC	3:18:22	3:17:42	57	9	3
181	183	24	RACHEL BILLINGTON	F	FSEN	SWINTON RC	3:18:23	3:18:06	58	18	5
182	181	151	GAIL HILL	F	FV45	MACCLESFIELD HARRIERS AND AC	3:18:35	3:17:49	59	16	1
183	182	121	MARK GODDEN	M	MV60	MACCLESFIELD HARRIERS AND AC	3:18:39	3:17:50	124	2	4
184	184	324	MALCOLM SMITH	M	MV50	U/A	3:19:17	3:18:16	125	12	
185	185	365	BRITTA WERNER	F	FV40	VEGAN RUNNERS UK	3:19:35	3:18:42	60	15	1
186	186	230	JONNA MCFADDEN	F	FV40	VEGAN RUNNERS UK	3:19:35	3:18:44	61	16	2
187	187	47	DAVID CALLAN	M	MSEN	PRESTWICH AC	3:19:37	3:19:15	126	56	5
188	190	128	ASHLEY GRINDROD	F	FSEN	FARSLEY FLYERS	3:19:52	3:19:46	62	19	1
189	189	155	DENISE HODGKINSON	F	FV50	U/A	3:20:35	3:19:23	63	10	
190	188	145	KAYLEA HAYNES	F	FSEN	GLOSSOPDALE HARRIERS	3:20:39	3:19:22	64	20	2
191	191	259	STEPHANIE NIELD	F	FSEN	SWINTON RC	3:20:40	3:20:19	65	21	6
192	193	136	SUZANNE M HARBOURNE	F	FV45	CROSSGATES HARRIERS	3:21:28	3:21:15	66	17	4
193	192	242	LAURA MINGINS	F	FSEN	U/A	3:21:52	3:20:52	67	22	
194	194	126	DAVID GREEN	M	MV50	U/A	3:22:43	3:21:29	127	13	
195	195	125	TIFFANY GREEN	F	FSEN	U/A	3:22:45	3:21:32	68	23	
196	197	278	JENNI PARTINGTON	F	FV40	U/A	3:22:59	3:22:52	69	17	
197	196	158	ANDREW HODSON	M	MV45	MARPLE RUNNERS	3:23:20	3:22:38	128	26	2
198	198	360	HANNAH WARDLE	F	FV40	U/A	3:23:42	3:23:24	70	18	
199	200	208	EMMA LOVERIDGE	F	FSEN	MARPLE RUNNERS	3:24:11	3:23:29	71	24	1

200	201	258	JANE NICHOLSON	F	FV55	PENNY LANE STRIDERS	3:24:29	3:23:44	72	3	2
201	199	329	SIMON STAFFORD	M	MV50	U/A	3:24:37	3:23:26	129	14	
202	202	172	SIMON HUGHES	M	MSEN	MARPLE RUNNERS	3:24:52	3:24:09	130	57	3
203	204	166	JO HOVELL	F	FSEN	CROSSGATES HARRIERS	3:25:13	3:24:59	73	25	5
204	203	32	GARY BRADLEY	M	MV45	RAMSBOTTOM RUNNING CLUB	3:25:28	3:24:48	131	27	6
205	206	2	PHILIP AINLEY	M	MV45	CHORLTON RUNNERS	3:26:09	3:25:38	132	28	4
206	205	296	MELANIE RIDGEWELL	F	FV40	U/A	3:26:18	3:25:24	74	19	
207	208	34	NIGEL BRADY	M	MV50	U/A	3:26:26	3:26:04	133	15	
208	207	95	MARTIN ELLIS	M	MV55	HALIFAX HARRIERS AC	3:27:00	3:26:03	134	7	2
209	209	191	TOMASZ KRAZYNSKI	M	MV50	U/A	3:27:10	3:26:05	135	16	
210	212	42	DANIELLE BUTLER	F	FSEN	MOSSLEY AFC RUNNING CLUB	3:27:12	3:26:20	75	26	1
211	213	341	LOUISA SZUMINSKI	F	FSEN	MOSSLEY AFC RUNNING CLUB	3:27:12	3:26:23	76	27	2
212	214	104	ALASTAIR FIELDING	M	MSEN	DAVENPORT RUNNERS	3:27:12	3:26:30	136	58	2
213	211	298	ADAM J ROBERTS	M	MV45	U/A	3:27:21	3:26:17	137	29	
214	216	345	CHRIS J THOMAS	M	MV45	MARPLE RUNNERS	3:27:40	3:27:02	138	30	4
215	216	231	BRENDA MCGRATH	F	FSEN	RAMSBOTTOM RUNNING CLUB	3:27:41	3:27:02	77	28	1
216	210	227	PATRICK MCBRIDE	M	MV45	BOLTON TRIATHLON CLUB	3:27:43	3:26:15	139	31	1
217	215	217	KATE MARRITT	F	FV40	U/A	3:27:45	3:26:47	78	20	
218	219	115	GAYLE GERRARD	F	FV45	BURNDEN ROAD RUNNERS	3:28:00	3:27:30	79	18	1
219	223	146	FRANKIE HEATON-PIKE	M	MSEN	WIDNES RUNNING CLUB	3:28:03	3:27:59	140	59	3
220	224	159	KATE HOLDEN	F	FSEN	CROSSGATES HARRIERS	3:28:24	3:28:10	80	29	6
221	220	391	LIBBY WORSLEY	F	FSEN	PRESTWICH AC	3:28:27	3:27:37	81	30	2
222	218	309	JAMES SCULLY	M	MV45	MANCHESTER FRONTRUNNERS	3:28:31	3:27:28	141	32	1
223	222	333	WAYNE STEVENS	M	MV45	HALIFAX HARRIERS AC	3:28:53	3:27:57	142	33	3
224	227	39	MICHAEL BUHAGIAR	M	MSEN	U/A	3:29:09	3:28:46	143	60	
225	225	99	EVVIE FEINGOLD	F	FV45	PRESTWICH AC	3:29:12	3:28:20	82	19	3
226	221	212	PHILLIP LYNCH	M	MSEN	U/A	3:29:19	3:27:50	144	61	
227	226	315	HAYLEY SHIACH	F	FV40	PRESTWICH AC	3:29:29	3:28:40	83	21	4
228	228	349	DAMIEN TOLAN	M	MV40	BELLE VUE RACERS	3:29:41	3:29:04	145	25	2
229	232	135	ROB N HARBOURNE	M	MV55	CROSSGATES HARRIERS	3:29:46	3:29:35	146	8	4
230	231	177	DAVE JACKSON	M	MSEN	U/A	3:29:53	3:29:20	147	62	
231	229	90	NICOLA DYKES	F	FSEN	WARRINGTON RUNNING CLUB	3:30:11	3:29:11	84	31	2
232	230	52	DARREN CARTER	M	MSEN	WARRINGTON RUNNING CLUB	3:30:30	3:29:19	148	63	4
233	234	37	JENNIFER BROADLEY	F	FSEN	U/A	3:30:40	3:30:09	85	32	
234	233	160	PHIL HOLDEN	M	MV55	U/A	3:31:18	3:30:08	149	9	
235	238	106	LAUREN FLOYD	F	FSEN	U/A	3:31:47	3:30:58	86	33	
236	238	270	ZOE ORMEROD	F	FSEN	U/A	3:31:59	3:30:58	87	34	
237	235	216	ISOBEL MANN	F	FV40	HYDE VILLAGE STRIDERS	3:32:00	3:30:52	88	22	2
238	236	221	JOANNE MARTIN	F	FV40	U/A	3:32:00	3:30:53	89	23	
239	236	82	CAROLINE DAY	F	FSEN	ROUNDHAY RUNNERS	3:32:07	3:30:53	90	35	1
240	240	210	MILLIE LOXTON	F	FSEN	DIDSBURY RUNNERS	3:32:23	3:31:07	91	36	1
241	241	49	JANET CAMPBELL	F	FV55	RAMSBOTTOM RUNNING CLUB	3:32:25	3:31:45	92	4	2
242	242	132	STEVEN HAIG	M	MV45	DAVENPORT RUNNERS	3:32:44	3:32:01	150	34	3
243	243	91	KIM EASTHAM	F	FV50	MACCLESFIELD HARRIERS AND AC	3:33:49	3:33:04	93	11	2
244	244	153	ZOE HINCHLIFFE	F	FV45	U/A	3:34:42	3:33:44	94	20	
245	245	71	SARAH CROSS	F	FSEN	U/A	3:35:01	3:33:51	95	37	
246	247	387	ANTHONY WOODS	M	MV45	PENNY LANE STRIDERS	3:35:35	3:34:50	151	35	3
247	248	273	ANNE OXBROUGH	F	FSEN	PENNY LANE STRIDERS	3:35:36	3:34:52	96	38	3
248	246	317	EMMA SIMMS	F	FSEN	U/A	3:35:40	3:34:25	97	39	
249	250	105	SIMON FINCH	M	MV45	SWINTON RC	3:35:49	3:35:07	152	36	6

250	252	56	FIONA E CHICK	F	FV45	U/A	3:35:54	3:35:13	98	21	
251	253	57	HANNAH E CHICK	F	FSEN	U/A	3:35:57	3:35:16	99	40	
252	251	161	AMANDA HOLTEY	F	FV40	VEGAN RUNNERS UK	3:36:02	3:35:11	100	24	3
253	249	255	LAURA NEGUS	F	FSEN	DIDSBURY RUNNERS	3:36:11	3:34:56	101	41	2
254	255	5	STEVEN ANDREWS	M	MV45	U/A	3:36:50	3:36:44	153	37	
255	255	245	ZOE MOLYNEUX	F	FSEN	RAMSBOTTOM RUNNING CLUB	3:36:58	3:36:44	102	42	3
256	259	373	SAM WILLIAMS	M	MSEN	U/A	3:37:25	3:37:08	154	64	
257	254	290	ISABELLE QAMAR	F	FV45	U/A	3:37:33	3:36:16	103	22	
258	258	202	LINZI LLOYD-HENRY	F	FV55	PRESTWICH AC	3:37:53	3:37:04	104	5	5
259	257	337	REBECCA STYLES	F	FV45	STOCKPORT TRIATHLON CLUB	3:38:09	3:36:54	105	23	1
260	264	326	NATALIE SOWTER	F	FSEN	U/A	3:38:17	3:37:58	106	43	
261	260	223	MIKE MASON	M	MV50	U/A	3:38:17	3:37:20	155	17	
262	263	246	HELEN MOORE	F	FV50	WIDNES WASPS LRC	3:38:20	3:37:31	107	12	1
263	261	84	JOANNA DEGISI	F	FV40	VEGAN RUNNERS UK	3:38:32	3:37:21	108	25	4
264	262	72	LIAM CROSSEY	M	MSEN	U/A	3:38:35	3:37:24	156	65	
265	266	61	JUSTIN COLEMAN	M	MV45	SWINTON RC	3:40:45	3:40:27	157	38	7
266	265	358	EMMA WALKER	F	FV45	BURNDEN ROAD RUNNERS	3:41:20	3:40:08	109	24	2
267	267	54	JONATHAN CHAPMAN	M	MV45	GAINSBOROUGH AND MORTON STRIDERS	3:41:20	3:40:48	158	39	2
268	270	89	SUZANNE DUDLEY	F	FV45	U/A	3:42:05	3:41:53	110	25	
269	269	271	NICHOLAS OUSBY	M	MSEN	BLACKLEY AND NORTH MANCHESTER ATHLETICS CLUB	3:42:30	3:41:29	159	66	1
270	271	380	ADELE WILSON	F	FV40	U/A	3:42:37	3:42:00	111	26	
271	268	174	JULIE INKER	F	FSEN	HYDE VILLAGE STRIDERS	3:42:53	3:41:26	112	44	3
272	273	353	REBECCA TURTON	F	FV45	RAMSBOTTOM RUNNING CLUB	3:43:01	3:42:17	113	26	4
273	274	139	EVE HART	F	FSEN	RAMSBOTTOM RUNNING CLUB	3:43:42	3:42:55	114	45	5
274	272	314	MANDY SHEPHERD	F	FV40	U/A	3:43:42	3:42:15	115	27	
275	275	220	JULIA MARTIN	F	FV45	RAMSBOTTOM RUNNING CLUB	3:43:43	3:42:57	116	27	6
276	277	77	KAT CURLETT	F	FSEN	CHORLTON RUNNERS	3:44:18	3:43:39	117	46	2
277	276	233	LAURA MCKINNEY	F	FV40	U/A	3:44:34	3:43:14	118	28	
278	278	101	JULIE FELTON	F	FV50	OLDHAM AND ROYTON H & AC	3:45:25	3:45:02	119	13	2
279	281	243	SARAH L MINNOCK	F	FSEN	BRAMLEY BREEZERS	3:45:44	3:45:39	120	47	1
280	283	14	CHARLOTTE BARKER	F	FSEN	RAMSBOTTOM RUNNING CLUB	3:46:24	3:45:45	121	48	7
281	279	167	DEBBIE HOWARD	F	FV45	U/A	3:46:29	3:45:14	122	28	
282	280	31	DAVID BOYLE	M	MV40	U/A	3:46:53	3:45:28	160	26	
283	284	241	SARAH MILLS	F	FV40	U/A	3:47:03	3:46:31	123	29	
284	287	29	SARA BOTT	F	FV50	OLDHAM AND ROYTON H & AC	3:47:13	3:46:51	124	14	3
285	282	23	KATH BIDDLE	F	FV45	U/A	3:47:13	3:45:43	125	29	
286	285	157	CRAIG HODSON	M	MSEN	U/A	3:47:45	3:46:35	161	67	
287	286	395	HANNAH YOUNG	F	FSEN	U/A	3:47:47	3:46:39	126	49	
288	289	209	CLARE LOWERY	F	FV55	WARRINGTON RUNNING CLUB	3:49:21	3:48:48	127	6	3
289	290	53	RACHEL CARTWRIGHT	F	FV40	WARRINGTON RUNNING CLUB	3:49:23	3:48:51	128	30	4
290	288	28	SAM BOOTH	F	FV45	RAMSBOTTOM RUNNING CLUB	3:49:32	3:48:20	129	30	8
291	291	113	EMMA GARRATT	F	FSEN	RAMSBOTTOM RUNNING CLUB	3:49:34	3:48:55	130	50	9
292	292	286	TRACEY PIPER	F	FSEN	ST THERESAS AC	3:51:13	3:50:35	131	51	4
293	295	192	KAREN LAM	F	FV45	U/A	3:52:24	3:51:47	132	31	
294	293	18	GREGG BEARDWELL	M	MSEN	U/A	3:52:59	3:51:31	162	68	
295	294	19	EMMA BEARDWELL	F	FSEN	U/A	3:53:03	3:51:35	133	52	
296	296	323	ZOE SMITH	F	FV40	KIPPAX HARRIERS	3:53:51	3:53:16	134	31	1
297	297	280	VALERIE M PELL	F	FV60	KIPPAX HARRIERS	3:54:02	3:53:26	135	1	2
298	302	12	DALE BAKER	M	MSEN	U/A	3:55:36	3:55:28	163	69	
299	300	11	LORNA BAKER	F	FV40	U/A	3:55:55	3:54:51	136	32	

300	298	330	ALISON STANKARD	F	FV40	U/A	3:55:55	3:54:48	137	33	
301	298	98	RUTH FEARN	F	FV55	U/A	3:55:56	3:54:48	138	7	
302	301	74	LINDSEY CRYER	F	FV40	U/A	3:56:00	3:54:54	139	34	
303	304	385	STEVEN WOODBRIDGE	M	MSEN	U/A	3:56:46	3:56:39	164	70	
304	303	13	TERESA BANKS	F	FV40	SWINTON RC	3:57:28	3:56:32	140	35	7
305	305	364	JOANNE WELLS	F	FV45	PRESTWICH AC	3:57:28	3:56:40	141	32	6
306	306	45	STEPHANIE CALDWELL	F	FV65	PRESTWICH AC	3:57:28	3:56:41	142	1	7
307	307	228	SHARON MCCANN	F	FV45	DRIFFIELD STRIDERS	3:58:30	3:56:58	143	33	1
308	308	102	LISA FENTON	F	FV40	LABC RUNNERS	3:59:27	3:58:54	144	36	1
309	309	328	JENNY ST ROMAINE	F	FV50	HALIFAX HARRIERS AC	4:01:04	4:00:07	145	15	2
310	310	269	MARK OLIVER	M	MV50	U/A	4:01:40	4:00:46	165	18	
311	311	282	KATHERINE M PENROSE	F	FV65	KIPPAX HARRIERS	4:01:55	4:01:22	146	2	3
312	312	248	ALEXANDRA MOORE	F	FV45	U/A	4:03:18	4:01:58	147	34	
313	313	339	JO SUTHERLAND	F	FV40	PENNY LANE STRIDERS	4:04:27	4:03:40	148	37	4
314	315	386	SARAH WOODIWISS	F	FV45	BURNDEN ROAD RUNNERS	4:05:10	4:03:59	149	35	3
315	314	10	EMILY ATKINSON	F	FSEN	RED ROSE ROAD RUNNERS	4:05:11	4:03:49	150	53	1
316	317	274	EMMA PALMER	F	FV50	RAMSBOTTOM RUNNING CLUB	4:05:34	4:04:52	151	16	10
317	319	236	MARISSA MCPHILLIPS	F	FV45	RAMSBOTTOM RUNNING CLUB	4:05:41	4:04:57	152	36	11
318	316	170	CHRIS HUGHES	M	MV55	RAMSBOTTOM RUNNING CLUB	4:05:43	4:04:35	166	10	7
319	318	250	DAVID MORRIS	M	MV55	BLACKBURN HARRIERS	4:05:46	4:04:56	167	11	1
320	320	224	KIM MATTHEWS	F	FSEN	U/A	4:08:14	4:06:45	153	54	
321	321	275	TRACEY PARSONS	F	FV50	ST THERESAS AC	4:09:51	4:09:13	154	17	5
322	322	138	NEIL HARGREAVES	M	MV70+	U/A	4:11:30	4:10:16	168	1	
323	323	283	SHARON PETERKIN	F	FV40	RADCLIFFE AC	4:12:19	4:11:18	155	38	2
324	324	27	ALAN BOLTON	M	MV50	U/A	4:16:12	4:15:42	169	19	
325	325	26	ALANNAH BOLTON	F	FSEN	U/A	4:16:14	4:15:44	156	55	
326	326	94	EDDIE EDWARDS	M	MV50	PRESTWICH AC	4:17:07	4:17:07	170	20	6
327	327	198	TONY LEVER	M	MV65	U/A	4:19:48	4:18:17	171	2	
328	328	346	STUART THOMPSON	M	MV40	U/A	4:21:15	4:20:14	172	27	
329	330	79	AMANDA L DARBYSHIRE	F	FSEN	RADCLIFFE AC	4:21:50	4:20:53	157	56	3
330	330	78	STEVEN DARBYSHIRE	M	MSEN	U/A	4:21:53	4:20:53	173	71	
331	329	213	ALEX J MACIVER	M	MSEN	KNUTSFORD TRI CLUB	4:22:09	4:20:42	174	72	2
332	332	257	CAROLINE NEWTON	F	FSEN	WARRINGTON RUNNING CLUB	4:24:00	4:22:40	158	57	5
333	333	316	BARBARA SHUTTLEWORTH	F	FV60	U/A	4:24:27	4:23:40	159	2	
334	334	308	SARAH SCHOFIELD	F	FV40	U/A	4:30:52	4:29:32	160	39	
335	335	162	CHERYL HONEYBOURNE	F	FV40	SWINTON RC	4:52:41	4:51:47	161	40	8
336	336	189	STEVE KILLELAY	M	MV55	GAINSBOROUGH AND MORTON STRIDERS	4:53:09	4:52:39	175	12	3
337	337	154	CAROLE HODGKINSON	F	FV65	VETERAN RUNNERS UK	4:57:58	4:56:53	162	3	1
338	338	152	CATHY HILL	F	FSEN	U/A	4:58:30	4:57:25	163	58	
DNF		108	NADINE FRANCIS	F	FSEN	WARRINGTON RUNNING CLUB					
DNF		295	DAVE RICKART	M	MV55	WARRINGTON RUNNING CLUB					
DNF		109	SAMANTHA FRETWELL	F	FV40	U/A					
DNF		1	ANDREA ACKROYD	F	FV45	HALIFAX HARRIERS AC					
DNF		22	SIMON BESWICK	M	MV40	ROCHDALE TRI CLUB					
DNF		383	EWAN WINSTON	M	MSEN	ROCHDALE TRI CLUB					
DNF		362	LOUISE WARWICK	F	FSEN	PRESTWICH AC					
DNF		332	IAN STATTER	M	MV45	FYLDE COAST RUNNERS					
DNF		252	RUTH MUIR	F	FV40	ST THERESAS AC					
DNF		63	ELAINE COLLINS	F	FSEN	NORTHWICH RUNNING CLUB					
DNF		268	IAN OLIVER	M	MV55	ROCHDALE TRI CLUB					

DNF	239	ROBERT MILLINGTON	M	MSEN	U/A
DNF	370	NICK WHITEHOUSE	M	MSEN	U/A
DNF	156	VIKKI HODKINSON	F	FSEN	U/A
DNF	171	MARK HUGHES	M	MV45	LYTHAM ST ANNES ROAD RUNNERS CLUB
DNF	311	PAMELA SHARP	F	FV40	U/A
DNF	389	STEVEN WOODWARD	M	MV40	MARPLE RUNNERS