

The Helmsley 10k Challenge at Helmsley on Sunday 21st April 2019

Helmsley — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	173	Tom Charlton		Tyne Bridge Harriers	34:42
2	318	Ben Bergstrand	U20 1	Middleton Harriers Ac	35:28
3	165	Tristan Learoyd		New Markse Harriers	35:56
4	28	Scott Hargreaves		Bridlington Road Runners	36:22
5	208	Pete Pearson		York Knavesmire Harriers	36:44
6	127	Stephen Kirk		Unattached	37:00
7	139	Gary Grounds	V45 1	Hartlepool Burn Road Harriers	37:10
8	312	Thomas Pilley		Victoria Park Harrier And Tow	37:49
9	196	Brian Davis	V40 1	Ryedale Tri Team	38:10
10	294	Richard Purser		York Knavesmire Harriers	39:07
11	88	Simon Cave	V40 2	Ripon Runners	39:24
12	175	Ben Myers		Pickering	39:25
13	95	John Wiley		Unattached	39:41
14	93	Jonathan Hart		Unattached	40:06
15	325	Douglas Scott	V45 2	Ripon Runners	40:08
16	125	Peter Baker	V40 3	City Of Hull Ac	40:29
17	263	Emma Macalister	HALL 1	Unattached	40:29
18	317	Trevor Bosomworth	V45 3	Ripon Runners	40:32
19	247	Jonathon Archer	V40 4	Stockton Striders AC	40:37
20	83	Tristan Salter		Unattached	41:05
21	30	Craig Gath	V40 5	Easingwold	41:06
22	288	Tom Willows		Low Fell Rc	41:13
23	355	Matt Williams		Unattached	41:21
24	293	Brendan Anglim	V45 4	Hardley Runners	41:29
25	217	Philip Teece	V55 1	Darlington Harriers	41:30
26	34	James Harrison	V45 5	Unattached	41:32
27	187	Will Retchless		Bedale & Aiskew Runners	41:38
28	330	Sam Browes		Unattached	41:40
29	266	Marwan Khoueiry	V45 6	Wakefield District H & Ac	41:44
30	298	Toby Antcliff	U20 2	City Of York Ac	41:48
31	353	Tom Dawson	V45 7	Knutsford Tri Club	42:01
32	180	Joe Paxton		Unattached	42:57
33	66	Michael Hernandez	V50 1	Ripon Runners	43:01
34	158	Stephen Hirst	V55 2	Unattached	43:01
35	122	Darren Clements		North York Moors Ac	43:02
36	323	David Bints	V45 8	Ripon Runners	43:25
37	295	Oscar Anglim	U20 3	Unattached	43:29
38	370	Jake Timms		Falmouth Road Runners	43:53
39	291	Anna Tuffs	L 2	Unattached	44:01
40	140	Ben Grounds	U17 1	Hartlepool Burn Road Harriers	44:05
41	299	Matt Carter		Valley Striders AC	44:05
42	14	Jazz Edeson	V55 3	Driffild Striders	44:13
43	322	Andy Robson		Unattached	44:15
44	251	Kate Whitworth	L40 1	Unattached	44:29
45	101	Nick Griffin	V50 2	York Knavesmire Harriers	44:30
46	60	Graham Jones	V45 9	Hartlepool Burn Road Harriers	44:34
47	198	Stephen Robson		York Knavesmire Harriers	44:35
48	286	Eleanor Tait	L 4	Victoria Park Harrier And Tow	44:38
49	237	Richard Clayton	V45 10	Unattached	44:39
50	374	Paul Meigh		Rugby Triathlon	44:46
51	281	Paul Goodwin	V40 6	Unattached	44:47
52	166	Pete Downes	V55 4	York Knavesmire Harriers	44:55
53	307	Neil Scruton	V70 1	Scarborough Athletic Club	45:04
54	371	Ben Warrack	V45 11	Unattached	45:28
55	280	Stuart Turton	V40 7	North York Moors Ac	45:32
56	186	Adam Campbell	V40 8	Unattached	45:32
57	8	Stuart Jones	V55 5	Steel City Striders	46:02
58	150	Julia Johnson	L55 1	Penistone Footpath Running Clu	46:03
59	96	Richard Barge		Unattached	46:20
60	11	Paul Smith	V55 6	Pickering	46:21
61	267	Elliot Hutchinson	U20 4	Unattached	46:31
62	141	Matthew Bessey		Easingwold	46:33
63	345	Paul Stockdale	V40 9	Unattached	46:38
64	331	Holly Stuart	L 6	Unattached	46:49
65	339	Katy Stokes	L 7	Unattached	46:49
66	338	Lorenzo Pasqualini		Unattached	46:50
67	155	Martin Briggs	V45 12	Unattached	46:52
68	25	Richard Johnson	V45 13	Unattached	47:02
69	262	Calvin Nicholson	V45 14	Billingham Marsh Hse H & Ac	47:11
70	342	James Farrant		Unattached	47:23
71	301	Martin Holding	V50 3	Wakefield District H & Ac	47:42
72	372	Paul Russel		Unattached	47:57
73	169	James Chambers		York Knavesmire Harriers	48:01
74	176	Anna Jones	L45 1	Unattached	48:06
75	327	Nicola Carr	L 9	Scarborough Athletic Club	48:19
76	57	Darren Lambert	V45 15	Unattached	48:19
77	92	Andrew Garside	V40 10	Unattached	48:26
78	365	Paul Readman	V40 11	Unattached	48:31
79	10	Paul Simpson		Unattached	48:32
80	113	Stefan Durkin	V50 4	York Knavesmire Harriers	48:32
81	375	Theo Hopper		York Knavesmire Harriers	48:43
82	106	Aldis Rancans	V50 5	Unattached	48:47
83	368	Ben Teasdale	U20 5	Unattached	48:47
84	249	Ian Mortimer	V45 16	Unattached	48:52
85	86	Andrew Boyes	V60 1	Driffild Striders	49:00
86	244	Allan McFarlane	V50 6	Unattached	49:03
87	359	Nash Docwra	V50 7	Unattached	49:08
88	328	Alan Richardson	V60 2	Unattached	49:09
89	107	Lisa Briggs	L35 1	Dartford Road Runners	49:11
90	68	Neil Mayfield	V45 17	Unattached	49:20
91	276	Carl Robinson	V50 8	Unattached	49:26
92	120	Richard Stokes	V60 3	Unattached	49:36
93	115	Malcolm Denison	V55 7	Unattached	49:55
94	193	Stuart Coleman	V40 12	Unattached	49:56
95	221	Matthew Sonley		Unattached	49:58
96	220	Mike Sonley	V55 8	Unattached	49:58
97	275	Paul Thompson		Unattached	50:00
98	49	Steve Green	V45 18	Unattached	50:03
99	335	David Tertit		Thirk And Sowerby Harriers	50:03
100	38	Alan Simpson	V45 19	Thirk And Sowerby Harriers	50:04
101	270	Tim Selves	V50 9	Unattached	50:04
102	260	Phillip Gaffney		Unattached	50:18
103	308	Joanna Anderson	L 11	Unattached	50:21
104	272	Jessica Hartley	L 12	Unattached	50:33
105	354	Luke Boase		Unattached	50:34
106	369	Alice Railton	L 13	Unattached	50:42
107	118	Shaun Kelly		Unattached	50:45
108	75	Annika Davidson	L40 2	Corsham Running Club	50:47
109	358	Paul Chapman	V40 13	Thirk And Sowerby Harriers	50:50
110	319	Andrew Flowers	V50 10	Unattached	50:54
111	297	Stuart Jackson		Unattached	51:07
112	133	John Corvesor	V50 11	Stockton Striders AC	51:08
113	194	Harriet Lowndes	L 15	Victoria Park Harrier And Tow	51:10
114	98	Katie Abel	L 16	Stockton Striders AC	51:11
115	100	Mike Ullathorne	V50 12	Unattached	51:16
116	151	Martin Hughes	V55 9	Penistone Footpath Running Clu	51:17
117	352	Kevin Sharp		East Hull Harriers	51:17
118	207	Alice Lewis	L60 1	Dursley Running Club	51:27
119	232	Michael Hetherton	V70 2	Pickering	51:30
120	222	David Barnes	V60 4	Horwich Rmi Harriers	51:34
121	200	Bridget Houlston	L40 3	Pickering	51:40
122	69	Louise Mayfield	L45 2	Unattached	51:42
123	326	Mark Raven	V55 10	Unattached	51:44
124	152	Kevin Penny	V60 5	City Of Hull Ac	51:46
125	349	Jonathan Steele	V45 20	Tadcaster Harriers	51:58
126	53	Peter McEvoy	V60 6	Denby Dale	52:04
127	58	Jill Holt	L50 1	Ripon Runners	52:11
128	23	Max Railton		Unattached	52:12
129	292	Simon Robson		Unattached	52:15
130	170	Freya Brewer	L45 3	Unattached	52:17
131	201	Clare Davison	L50 2	Unattached	52:22
132	346	David Hudson	V40 14	Unattached	52:30
133	39	Graeme Everard	V50 13	Unattached	52:32
134	33	Angie Benson	L55 2	Ripon Runners	52:32
135	9	Kirsty Naylor	L35 2	Thirk And Sowerby Harriers	52:47
136	206	Liz Simpson	L35 3	Stockton Striders AC	52:50
137	157	Victoria Fawcett	L45 4	Hartlepool Burn Road Harriers	53:04
138	360	Jessie Richmond	L 27	Unattached	53:22
139	305	Paul Phillips	V40 15	Unattached	53:25
140	132	Erwin Dorland	V55 11	York Acom Running Club	53:35
141	168	Doug Pearce	V45 21	Easingwold	53:39
142	130	Jane Kay	L50 3	Baldon Runners	53:44
143	350	Kathryn Reeves	L 29	Unattached	53:52
144	351	Andy Reeves		Unattached	53:52
145	154	Canis Etherington	L 30	Unattached	53:57
146	189	Helen Cox	L45 5	Ripon Runners	54:03
147	84	Claire Schofield	L40 4	Unattached	54:08
148	320	David Robinson	V50 14	North York Moors Ac	54:13
149	191	Jenny Baker	L40 5	Unattached	54:18
150	184	Alexandra Whapples	L50 4	Vocalink	54:20
151	303	Toby Belsom	V45 22	Unattached	54:21
152	42	Lorna Humphreys	L35 4	Unattached	54:23
153	37	Kelly Gaughan	L 36	Pickering	54:27
154	344	Ian Wardle	V40 16	Unattached	54:29
155	190	Beth Constantine	L20 1	Ripon Runners	54:30
156	46	Andrew Harrop	V50 15	Horsforth Harriers	54:36
157	212	Peter Lyth	V60 7	York Knavesmire Harriers	54:43
158	172	Debbie Pickford	L45 6	York Knavesmire Harriers	54:43
159	174	Karen Butcher	L40 6	Selby Striders	54:47
160	97	Michael Lloyd	V55 12	Crook AC	54:48
161	379	Daisy Lund	L 40	ESM	54:55
162	233	Rod Collier	V45 23	Unattached	55:09
163	282	Julie Heyes	L35 5	Unattached	55:14
164	250	Darren McCreery	V40 17	Unattached	55:18
165	31	Tim Waudby	V40 18	Unattached	55:26
166	45	Emma Harrop	L50 5	Horsforth Harriers	55:32
167	56	Raymond Lightle	V65 1	Bedale & Aiskew Runners	55:36
168	47	Michael Ratcliffe	V55 13	Unattached	55:44
169	90	Mike Naylor		Unattached	55:51
170	324	Neil Gilbertson	V45 24	York Triathlon Club	55:55
171	236	Stephanie Houlston	L40 7	Unattached	55:59
172	55	Diane Waite	L50 6	Stainland Lions	56:08
173	199	Ellie Griffin	L 45	Unattached	56:08
174	54	David Waite	V50 16	Stainland Lions	56:09
175	41	Paul Piercy	V40 19	Unattached	56:17
176	231	Jon Zigmund	V65 2	Unattached	56:24
177	241	Ella Foster	L17 1	City Of York Ac	56:29
178	304	Kyle Dyer	U20 6	Unattached	56:31
179	121	Ellie May	L35 6	Unattached	56:47
180	223	Ewa Molka	L35 7	Unattached	56:48

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

181	43 Helen Scott	L45 7	Unattached	56:48	270	32 Karen Newton	L55 11	Easingwold	1:04:04
182	373 Nagda Guerin	L 50	Unattached	56:48	271	126 Simon Quinnell	V4023	Unattached	1:04:05
183	81 Lisa Walbridge	L45 8	Unattached	56:54	272	285 Helen Bowerman	L50 17	City Of York Ac	1:04:09
184	240 Fiona Alder	L60 2	Ripon Runners	57:03	273	197 Keran Hodgson	L45 21	Stockton Striders	1:04:10
185	192 Christopher Garton		Unattached	57:11	274	348 Anne Wilkinson	L40 12	Unattached	1:04:32
186	340 Angus Tuirner	V5017	Unattached	57:13	275	269 Julie Scandrett	L50 18	Unattached	1:04:38
187	188 Anne Hartley	L55 3	Unattached	57:16	276	119 Katherine Richardson	L 108	Ripon Runners	1:04:42
188	283 Jane Marshall	L45 9	York Acom Running Club	57:20	277	4 Julie Poultney	L60 5	Unattached	1:05:30
189	147 David Pearson	V5514	Unattached	57:24	278	22 Heath List	V5020	Rothwell Harriers & AC	1:05:32
190	366 Richard Beckett	V4020	Selby Striders	57:31	279	76 Janet Sims	L60 6	Unattached	1:05:40
191	259 Anita Oldham	L50 7	Ripon Runners	57:32	280	51 Patricia Anderson	L60 7	Unattached	1:05:43
192	87 Benita Boyes	L50 8	Driffield Striders	57:38	281	102 Barbara Griffin	L50 19	Unattached	1:05:48
193	367 Faith Coy	L45 10	Thirsk And Sowerby Harriers	57:40	282	80 Alan Gibson	V5518	Stainland Lions	1:05:52
194	265 Angela Shepherd	L55 4	Tadcaster Harriers	57:42	283	210 Sarah Willis	L 113	Unattached	1:05:52
195	123 Heidi Baker	L40 8	Bridlington Road Runners	57:45	284	91 Nicky Naylor	L 114	Unattached	1:05:56
196	161 Sandra Cass	L50 9	Quaker Running Club	58:00	285	35 Helen Beal	L55 12	Unattached	1:06:03
197	311 Alison Denos	L45 11	Unattached	58:07	286	211 Samantha Lyth	L50 20	York Knavesmire Harriers	1:06:09
198	253 Louise Parkin	L 62	Unattached	58:13	287	104 Gavin Morley		Stockton Striders AC	1:06:16
199	16 Jessica Ellins	L 63	Unattached	58:16	288	203 Jo Pickard	L35 11	Unattached	1:06:33
200	333 Steven Lloyd		Unattached	58:38	289	336 Kathy Boothman	L45 22	Unattached	1:06:34
201	334 Danny Liv		Unattached	58:39	290	219 Anna Sonley	L 119	Unattached	1:06:35
202	40 Sue Everard	L55 5	Unattached	58:47	291	94 Jonathan Willis	V5519	Unattached	1:06:40
203	117 Kate Towse	L35 8	Pickering	58:59	292	329 Poppy Bourke	L40 13	Malton RC	1:07:07
204	5 Philippa Hutton	L55 6	Easingwold	59:01	293	300 Cherie Carter	L 121	Unattached	1:07:26
205	146 Lorna Hughes	L 67	Unattached	59:09	294	252 Tom Whitworth	V4527	Unattached	1:07:32
206	145 Tom Hughes		Unattached	59:09	295	364 Janet Pugh	L50 21	Unattached	1:07:33
207	74 Luke Fletcher	V4021	Unattached	59:10	296	287 Jason Hill	V4528	Unattached	1:07:46
208	279 Claire Johnson	L35 9	York Triathlon Club	59:10	297	179 Lee Allen	V4529	Unattached	1:07:55
209	332 Andrew Chapman		Unattached	59:12	298	116 Barry Doyle	V5520	Unattached	1:07:57
210	29 David Paver	V65 3	City Of York Ac	59:17	299	89 Angela Hoe	L55 13	Unattached	1:08:19
211	12 Gareth Pennell	V5515	Unattached	59:21	300	142 Mike Punchard	V6015	Pickering	1:08:20
212	361 Elizabeth Siddell	L 69	Unattached	59:21	301	72 Martino Erica Di	L40 14	Unattached	1:08:22
213	377 Jaime Agudo		Unattached	59:30	302	52 Jackie Bennett	L50 22	Stockton Striders	1:08:23
214	378 Julia Geise	L 70	Unattached	59:30	303	362 Malcolm Kilner	V5521	Unattached	1:08:26
215	128 Kelly Swannell	L40 9	Unattached	59:41	304	85 Amanda McGarrity	L40 15	Unattached	1:08:30
216	129 Ian Swannell	V4525	Unattached	59:46	305	341 Marcus Sadler	V5021	Unattached	1:08:31
217	1 Jane Maloney	L55 7	Easingwold	59:46	306	59 Stuart Cornforth	V4530	Unattached	1:08:53
218	248 Clare Moffatt	L45 12	York Knavesmire Harriers	59:47	307	111 Leigh Ellar	L45 23	Unattached	1:08:57
219	290 Catherine Dale	L45 13	Unattached	59:48	308	227 Kevin Barry	V5522	Unattached	1:09:10
220	239 Nicola Wise	L60 3	Pickering	59:54	309	363 Michael Pugh	V5022	Unattached	1:09:20
221	135 Cheryl Dabrowski	L45 14	Unattached	59:56	310	114 Lynne Pollard	L65 3	Unattached	1:09:46
222	19 Nicky Mason	L45 15	Unattached	1:00:03	311	67 Karen Lennox	L45 24	Ripon Runners	1:09:55
223	347 Shirley Steele	L60 4	Tadcaster Harriers	1:00:04	312	65 Fiona Hernandez	L45 25	Ripon Runners	1:09:55
224	181 John Long	V60 8	East Hull Harriers	1:00:18	313	337 Sandra Stokes	L55 14	Unattached	1:10:13
225	246 Simon Hodgson	V5516	Unattached	1:00:27	314	245 Jackie Hodgson	L50 23	Unattached	1:10:34
226	254 David Leayrod	V60 9	New Markse Harriers	1:00:28	315	171 Amanda Greenwood	L40 16	Lonely Goat	1:10:37
227	44 Norman Roper	V65 4	Denby Dale	1:00:34	316	314 Rachael Foreman	L35 12	Lonely Goat	1:10:37
228	77 Alan Sims	V65 5	Unattached	1:00:38	317	273 Charlotte Tomlin	L 135	Unattached	1:10:40
229	182 Ann Long	L65 1	East Hull Harriers	1:00:50	318	289 Clair Williams	V5023	Unattached	1:10:53
230	310 Gareth Roberts	V5517	Unattached	1:00:52	319	296 Clare Nicholson	L50 24	Unattached	1:10:54
231	108 Julia Spittle	L65 2	Swaledale Road Runners	1:00:55	320	156 Deborah Briggs	L50 25	Unattached	1:11:01
232	209 Kevin Tate	V6010	Unattached	1:01:00	321	195 Elizabeth Myers	L55 15	Stockton Striders AC	1:11:13
233	131 Geoffrey Kay	V70 3	Baildon Runners	1:01:05	322	3 Janice Cann	L55 16	Unattached	1:12:36
234	213 Kirstie Handley	L45 16	Unattached	1:01:07	323	26 Amanda Robinson	L50 26	New Markse Harriers	1:13:01
235	214 Steve Couhig	V4526	Unattached	1:01:07	324	258 Lisa Chapman	L45 26	New Markse Harriers	1:13:02
236	71 Val Gaughan	L50 10	Unattached	1:01:14	325	226 Michelle O'Grady	L35 13	New Markse Harriers	1:13:02
237	162 Janet Bowlby	L50 11	Quaker Running Club	1:01:15	326	313 Michelle Bytheway	L45 27	Unattached	1:13:10
238	15 Liz Matthews	L55 8	York Knavesmire Harriers	1:01:33	327	238 Dean Wise	V6016	Pickering	1:13:30
239	78 Rob Davies	V6011	Unattached	1:01:35	328	160 Amy Gallilee	L 144	Stockton Striders AC	1:13:46
240	99 Jill Abel	L55 9	Unattached	1:01:37	329	159 Tony Gallilee	V5024	Stockton Striders AC	1:13:47
241	61 John Edwards	V70 4	Unattached	1:01:38	330	21 Linda McGarrity	L55 17	Unattached	1:14:15
242	302 Donald Buffham	V6012	Otley AC	1:01:44	331	64 Tony Boyle	V4024	Unattached	1:14:33
243	134 Fran Corvesor	L50 12	Stockton Striders AC	1:01:52	332	138 Debbie Sadler	L40 17	Unattached	1:14:46
244	105 Helen Johnston	L45 17	Stockton Striders AC	1:01:52	333	62 Bernice Edwards	L40 18	Unattached	1:15:29
245	124 Katy Cornforth	L40 10	Unattached	1:01:53	334	63 Helen Boyle	L40 19	Unattached	1:15:29
246	149 Jeff Harris	V6013	Unattached	1:02:04	335	70 Michelle Waudby	L 149	Unattached	1:15:43
247	343 Sally Kingscott	L50 13	Scarborough Athletic Club	1:02:05	336	321 Alan Rawling	V4531	Unattached	1:16:47
248	234 Briana Hutton	L20 2	Unattached	1:02:10	337	103 Lynne Ackroyd	L60 8	Unattached	1:17:16
249	380 Lynn Humbleby	L40 11	Unattached	1:02:11	338	306 Suzanne Clarke	L55 18	Unattached	1:17:16
250	277 Jayne Robinson	L45 18	Unattached	1:02:12	339	112 Diane Zbadynski	L50 27	Coyac	1:17:16
251	204 Liz Baker	L45 19	Easingwold	1:02:14	340	274 Joanne Tomlin	L70 1	Unattached	1:17:52
252	216 Gillian Borthwick	L50 14	Stockton Striders	1:02:22	341	48 Helen Tyreman	L55 19	New Markse Harriers	1:18:24
253	315 Geoffrey Davies	V65 6	Unattached	1:02:50	342	225 Graham Hall	V6017	New Markse Harriers	1:18:25
254	316 Jonathan Davies	V4022	Unattached	1:02:50	343	255 Cathrine Learoyd	L60 9	New Markse Harriers	1:18:28
255	183 David Whapples	V5018	Vocalink	1:02:55	344	215 Deanne Whitehead	L55 20	Unattached	1:18:43
256	202 Liz Turnbull	L35 10	Unattached	1:02:55	345	2 Sharon Husband	L50 28	Unattached	1:18:44
257	177 Jack Hernandez		Ripon Runners	1:03:04	346	268 Kat Smith	L35 14	Pickering	1:18:47
258	230 R McEvoy	V65 7	Unattached	1:03:04	347	242 Teresa Murphy	L50 29	Unattached	1:19:08
259	27 Janet Madden	L45 20	Unattached	1:03:05	348	13 Dot Carr	L70 2	Unattached	1:20:12
260	178 Lolly Hernandez	L 97	Ripon Runners	1:03:05	349	309 Anna Harvey	L 161	Rothwell Harriers & AC	1:20:19
261	235 Ruth Gordon	L50 15	Unattached	1:03:08	350	278 Louise Byass	L45 28	Unattached	1:21:03
262	79 Carol Lord	L55 10	Stainland Lions	1:03:11	351	261 Jessica Hazel	L 163	Unattached	1:21:52
263	143 Richard Wheeler	V6014	Unattached	1:03:27	352	271 Edward Martin		Unattached	1:21:52
264	356 James Feaver		Unattached	1:03:29	353	163 Georgina Parkinson	L40 20	Unattached	1:22:14
265	357 Stephanie Lis	L 100	Unattached	1:03:29	354	82 Ian Walbridge	V4532	Unattached	1:22:14
266	148 Mary Schofield	L50 16	Unattached	1:03:42	355	376 Emma Reynolds	L 165	Unattached	1:22:14
267	50 Chris McCreery		Unattached	1:04:00	356	153 Gillian Michael	L50 30	Unattached	1:23:35
268	136 Paul Smith	V5019	Unattached	1:04:03	357	7 Jacquie Kelly	L65 4	Unattached	1:25:33
269	137 Abbi Ollive	L 102	Unattached	1:04:04	358	243 Kerry Smith	L40 21	Unattached	1:25:33

