

No.	Name		Club	100mH		Shot		High Jump		Long Jump		800m	Total Points		Pos	Event	East		Camb		Suffolk		Norfolk	
				Time	Pts	Dist	Pts	Height	Pts	Dist	Pts	Time	Pts			Entry	Points	Pos	Points	Pos	Points	Pos	Points	Pos
116	Emma	Fowler	Crewe and Nantwich AC	16.35	672	8.43	427	1.59	724	4.96	548	2.35.47	626	2997	1	O								
117	Sara	Henderson	City Of Norwich AC	18.18	470	7.56	371	1.38	491	4.64	464	2.59.08	374	2170	2	EN	2170	1					2170	1