

# The 68th Brampton to Carlisle 10 Mile Road Race at Brampton on Sunday 17th November 2019

## Brampton — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	493	Charlie Hulson		Liverpool Harriers	47:24	85	303	Jeff McGurty	V4016 South Shields Harriers & Ac	1:00:47
2	368	Philip Sesemann		Leeds City Athletic Club	47:45	86	293	Simon May	V4017 South Shields Harriers & Ac	1:00:52
3	57	Marc Brown		Salford Harriers & AC	49:41	87	247	Robert Keenan	Cumbernauld AAC	1:01:03
4	102	Karl Darcy		Salford Harriers & AC	50:22	88	490	Michael Irving	V4018 Dh Runners	1:01:22
5	314	Joe Monk		Preston Harriers	50:50	89	495	Alan Baxter	V4019 Dumfries Running Club	1:01:25
6	184	Matthew Grieve		Leeds City Athletic Club	51:36	90	547	Chris Stockdale	V4020 Tyne Bridge Harriers	1:01:26
7	21	Adrian Bailes		Birtley Ac	52:05	91	205	Peter Hearn	V55 3 Unattached	1:01:28
8	554	Tom Charlton		Tyne Bridge Harriers	52:11	92	616	Calum Mills	Heaton Harriers & Ac	1:01:31
9	776	Ricky Lightfoot		Ellenborough AC	52:24	93	581	Laura Gibson	L 5 Fife Athletic Club	1:01:32
10	371	Matthew Shaw	V40 1	Chorlton Runners	52:35	94	372	Nadia Shaw	L 6 Cumberland Ac	1:01:53
11	617	James McKenzie		Heaton Harriers & Ac	52:59	95	626	Ian Norman	V55 4 Heaton Harriers & Ac	1:01:57
12	392	Sam Stead		Keswick AC	53:02	96	259	Jonathan Law	Jesmond Joggers	1:02:03
13	610	James Meador		Heaton Harriers & Ac	53:02	97	12	Matthew Archer	Elvet Striders	1:02:07
14	190	Alistair Gudgin		Fife Athletic Club	53:06	98	529	Tom Crossley	V4021 Tyne Bridge Harriers	1:02:08
15	100	Steven Curley		Chorlton Runners	53:08	99	78	Matt Charlton	Dh Runners	1:02:20
16	329	David Norman	V40 2	Altrincham & District Athletic	53:25	100	483	Luke Wordsworth	Salford Harriers & AC	1:02:23
17	158	David Fulford	V40 3	Glaxo Hoad Hill Harriers	53:29	101	172	Paul Goodwin	V50 3 Kirkby Milers AC	1:02:24
18	242	Richard Johnson		Morpeth Harriers & Ac	53:48	102	289	Derek Martin	V50 4 Cumbernauld AAC	1:02:24
19	177	Paul Graves	V40 4	Dh Runners	53:50	103	351	Allan Renwick	V50 5 Elvet Striders	1:02:30
20	333	Louis Ohare	V45 1	Cumbernauld AAC	53:54	104	584	Kevin McQueen	V45 8 Dumfries Running Club	1:02:32
21	414	Calum Tinnion		Keswick AC	53:56	105	512	Gavin Bayne	V60 1 Morpeth Harriers & Ac	1:02:35
22	47	Guy Bracken	V55 1	North Shields Polytechnic	53:58	106	22	Steve Angus	V50 6 Keswick AC	1:03:02
23	284	Tom Harper		Kirkby Milers AC	54:08	107	17	George Arthur	V55 5 South Shields Harriers & Ac	1:03:04
24	343	Jeff Prest	V45 2	Trafford Athletic Club	54:14	108	789	Kevin Hull	V55 6 Border Harriers & Ac	1:03:11
25	429	Gary Wallace		Blackhill Bounders	54:16	109	800	Josh Wait	Carlisle Tri Club	1:03:13
26	18	John Ashcroft		Leeds City Athletic Club	54:24	110	582	Alan Gibson	V60 2 Fife Athletic Club	1:03:14
27	178	Nathan Gray		Border Harriers & Ac	54:27	111	261	Chris Lawrence	Jesmond Joggers	1:03:21
28	778	Amrk Benson		Netherhall AC	54:44	112	654	Graham Stephenson	Saltwell Harriers	1:03:25
29	557	Kevin Richardson		Tyne Bridge Harriers	55:37	113	157	Gemma Frost	L35 2 Sunderland Harriers & Ac	1:03:29
30	341	Gregory Poulton		Birtley Ac	55:39	114	433	Paul Waterston	V50 7 Morpeth Harriers & Ac	1:03:33
31	467	Robert Hodgson		Border Harriers & Ac	55:41	115	217	Colin Holden	V50 8 Dumfries Running Club	1:03:34
32	212	Andrew Heppell	V40 5	Gosforth Harriers & Ac	55:46	116	98	Philip Cueto	V4022 Derwent Ac Cockermouth	1:03:36
33	11	Zak Anderson	U20 1	Cumberland Fell Runners	55:54	117	532	Dave Hartis	V4023 Tyne Bridge Harriers	1:03:38
34	257	Alison Lavender	L 1	Oswestry Olympians	56:00	118	518	Kevin McCaig	V55 7 Dumfries Running Club	1:03:52
35	31	Andrew Bell		Elswick Harriers	56:02	119	609	Jason Wall	V4024 Heaton Harriers & Ac	1:04:05
36	766	Nathan Postill		Border Harriers & Ac	56:03	120	117	Patrick Drought	V45 9 North Shields Polytechnic	1:04:12
37	632	David Young	V45 3	Saltwell Harriers	56:05	121	412	Gary Thorpe	V55 8 Ambleside Ac	1:04:16
38	126	Mark Emmerson		Dh Runners	56:07	122	207	Jonathan Hemingway	Eden Runners	1:04:18
39	29	Samuel Beckett		Crook & Dist Sports Ac	56:12	123	465	Kirstie Anderson	L45 1 Tynedale Harriers & Ac	1:04:26
40	44	Steven Bowyer	V40 6	Blackhill Bounders	56:32	124	682	Ian Baxter	V50 9 Blyth Running Club	1:04:28
41	559	Lee Gifford		Tyne Bridge Harriers	56:38	125	59	Rachel Brown	L 9 Border Harriers & Ac	1:04:30
42	544	Jevan Robertson		Tyne Bridge Harriers	56:41	126	304	Michael McKean	Unattached	1:04:42
43	198	Bruce Hardy	V40 7	Derwent Ac Cockermouth	56:42	127	531	Neil Eyes	Tyne Bridge Harriers	1:04:46
44	494	Stephen Weston	V40 8	Dh Runners	56:45	128	447	Jenna Wilkinson	L 10 Sunderland Harriers & Ac	1:04:48
45	533	Tim Kelso	V40 9	Tyne Bridge Harriers	56:47	129	527	Andy Chiu	Tyne Bridge Harriers	1:04:49
46	437	Graeme Watt	V4010	Elvet Striders	56:59	130	665	Andrew Buchanan	Calderglen Harriers	1:04:53
47	313	Alex Money		Unattached	57:06	131	188	James Grinbergs	V4025 Eden Runners	1:04:56
48	218	Michael Holliday		Dh Runners	57:13	132	794	Chloe Price	L 11 Birtley Ac	1:04:58
49	398	John Surtees		Aycliffe Running Club	57:36	133	526	Steve Attley	V4510 Tyne Bridge Harriers	1:04:59
50	310	Daniel Mills		Keswick AC	57:52	134	3	Rachel Adamson	L 12 Tyne Bridge Harriers	1:05:02
51	438	Callum Waugh		Unattached	57:56	135	666	Ian Hughes	V5010 Calderglen Harriers	1:05:04
52	405	Liam Taylor		Helm Hill Runners	58:02	136	477	Joanna Beckett	L35 3 Crook & Dist Sports Ac	1:05:04
53	375	Annabel Simpson	L 2	Fife Athletic Club	58:09	137	769	Adam Dixon	Unattached	1:05:11
54	168	Martyn Glancy		Cumbernauld AAC	58:20	138	424	Matthew Tyson	Dh Runners	1:05:17
55	146	Gary Flannighan		Unattached	58:24	139	326	Paul Nickells	V55 9 Eden Runners	1:05:22
56	624	Jordon Cairns		Heaton Harriers & Ac	58:24	140	780	Mike Russell	V5011 Elswick Harriers	1:05:34
57	119	Tom Dunlop		Derwent Ac Cockermouth	58:29	141	570	David Robson	V4026 Stocksfield Striders	1:05:39
58	270	Michael Littlewood	V45 4	Elvet Striders	58:30	142	374	Jack Shawcross	Heaton Harriers & Ac	1:05:42
59	758	Kevin Wallace	V45 5	Cumberland Ac	58:32	143	221	Mark Hopkins	V5012 Tri-Lakeland	1:05:49
60	222	Patrick Houghton		North Shields Polytechnic	58:38	144	196	Gemma Harcombe	Moore L 14New Marske Harriers Club	1:05:51
61	66	Chris Camps		South Shields Harriers & Ac	58:42	145	688	Steven French	V4027 Blyth Running Club	1:05:59
62	7	Stephen Allan	V45 6	Cumbernauld AAC	58:45	146	87	Tom Colquitt	South Shields Harriers & Ac	1:06:00
63	46	Matthew Boyle		Morpeth Harriers & Ac	58:48	147	742	Ian McDougall	V5510 Cumberland Ac	1:06:08
64	148	Eddie Fletcher		Keswick AC	58:49	148	401	Thomas Taggart	Eden Runners	1:06:10
65	415	Kane Tinnion		Unattached	59:03	149	718	Peter Bennett	V4511 Cumberland Ac	1:06:13
66	409	David Thompson	V4011	Unattached	59:04	150	201	Paul Hart	V5013 Dumfries Running Club	1:06:14
67	719	Daniel Brew		Cumberland Ac	59:06	151	209	Vaughan Hemy	V5014 North Shields Polytechnic	1:06:33
68	132	Peter Fairclough		St Helens Striders	59:08	152	720	Antony Briscoe	V5511 Cumberland Ac	1:06:45
69	139	Paul Ferguson	V4012	Netherhall AC	59:08	153	468	Stephen Hackley	V4028 Derwent Ac Cockermouth	1:06:48
70	24	Andrew Ball	V4013	Elswick Harriers	59:20	154	149	Hailey Fletcher	L 15 Sedburgh School RC	1:06:50
71	309	Tracy Millmore	L35 1	Birtley Ac	59:25	155	802	John Taylor	V4029 Blaydon Harriers & Ac	1:06:55
72	6	Graham Airey	V4014	Keswick AC	59:38	156	775	David Hewitson	V5015 Unattached	1:06:56
73	543	Ian Pickett	V4015	Tyne Bridge Harriers	59:45	157	300	Lindsay McEwan	V4512 Elvet Striders	1:06:58
74	550	Chris West		Tyne Bridge Harriers	1:00:00	158	792	Graeme Innes	Unattached	1:06:59
75	130	Andy F		Unattached	1:00:02	159	58	Marc Brown	Unattached	1:07:00
76	753	Shane Stobart		Cumberland Ac	1:00:03	160	693	Henry Madden	Blyth Running Club	1:07:05
77	65	Georgia Campbell	L 4	Jarrow & Hebburn Ac	1:00:05	161	399	Tracey Surtees	L 16 Aycliffe Running Club	1:07:06
78	299	Ross McEachern	V50 1	Cumbernauld AAC	1:00:08	162	234	Daniel Jackson	Unattached	1:07:19
79	684	Peter Brown	V45 7	Blyth Running Club	1:00:15	163	4	Stephen Addison	Elswick Harriers	1:07:26
80	83	Matthew Clark		Helm Hill Runners	1:00:17	164	446	Letha Whitham	L 17 Blaydon Harriers & Ac	1:07:26
81	72	Alex Chalmers	V50 2	Garscube Harriers	1:00:20	165	167	Stuart Gillespie	Dumfries Running Club	1:07:30
82	37	Thomas Birchall		Unattached	1:00:34	166	187	David Grimshaw	V4513 Unattached	1:07:32
83	558	Andrew Keers		Tyne Bridge Harriers	1:00:35	167	379	Peter Sloan	V60 3 Elswick Harriers	1:07:35
84	402	Richard Tailford	V55 2	Tyne Bridge Harriers	1:00:45	168	697	Richard Shillinglaw	V4030 Blyth Running Club	1:07:37
						169	546	Colin Rogerson	V4514 Tyne Bridge Harriers	1:07:38





534	760Malcolm Wood	V5536	Cumberland Ac	1:27:11	612	116Anabel Drought	L4537	North Shields Polytechnic	1:37:17
535	142Kerrie Fiddler	L5020	Dh Runners	1:27:12	613	195Lorna Hannah	L4039	Unattached	1:37:21
536	686David Falkous	V5055	Blyth Running Club	1:27:19	614	181Clare Greenwood	L608	Walney Wind Cheetahs	1:37:35
537	644Helen Mullarkey	L5512	Saltwell Harriers	1:27:26	615	8Annabelle Allen	L5517	Bodyfit Cumbria RC	1:37:40
538	232Barbara Ingman	L651	North Shields Polytechnic	1:27:33	616	39Alison Birkett	L4538	Unattached	1:37:42
539	530J Carrion-Weiss	L167	Tyne Bridge Harriers	1:27:35	617	161Patricia Gallagher	L609	Dh Runners	1:37:42
540	634Lisa Elstob	L4525	Saltwell Harriers	1:27:38	618	264Diane Letheren	L5518	Women On The Run	1:37:59
541	633Vicky Cuthbertson	L4028	Saltwell Harriers	1:27:42	619	476Gillian McDougall	L4539	Unattached	1:38:04
542	796Victoria Todhunter	L4029	Unattached	1:27:46	620	378Dawn Slater	L5519	Unattached	1:38:04
543	386Philip Solomon		Unattached	1:27:53	621	278Lisa Lumsdon	L4040	Elvet Striders	1:38:14
544	413Rebecca Thorpe	L3535	Millom Striders	1:27:56	622	713Joanne Stobbart	L5520	Blyth Running Club	1:38:25
545	45Samantha Boyce	L4030	Unattached	1:27:58	623	305Jason Meecham	V4555	Elswick Harriers	1:38:54
546	174Rebekah Goupillot	L173	Unattached	1:28:01	624	159Julie Gaffney	L5521	Cumberland Ac	1:39:49
547	231Kate Imrie	L174	Dh Runners	1:28:01	625	442Matthew Welsh		Unattached	1:39:49
548	80Howard Christley	V6028	Unattached	1:28:06	626	366June Scott	L228	Dumfries Running Club	1:40:44
549	224David Howes		Bamsley Harriers	1:28:10	627	572Karen Stewart	L3540	Stocksfield Striders	1:40:47
550	574Jeff Danby	V5056	Cumberland Ac	1:28:16	628	426Georgia Walker	L4540	Unattached	1:40:49
551	731Stephen Jackson	V6029	Cumberland Ac	1:28:17	629	569Rebecca Sans	L3541	Stocksfield Striders	1:40:49
552	49James Brash		Dumfries Running Club	1:28:25	630	246Gemma Keeley	L3542	Unattached	1:41:10
553	271Wendy Littlewood	L4031	Elvet Striders	1:28:31	631	274Christopher Lowe		Unattached	1:41:10
554	266Karen Lillie	L5021	Unattached	1:28:38	632	272Sue Long	L6010	Unattached	1:41:14
555	250Olivia Kidd	L177	Eden Runners	1:28:38	633	501Valerie Braybrooks	L6011	Halmer Harriers	1:41:25
556	729Bev Faulder	L4526	Cumberland Ac	1:28:43	634	743Karen McLean	L5522	Cumberland Ac	1:41:30
557	659Russell Couper	V5057	Calderglenn Harriers	1:29:03	635	357Karen Rose	L5025	Unattached	1:41:35
558	466Gordon Thorburn	V5537	Dh Runners	1:29:05	636	138Clare Feeney-Johnson	L5026	Women On The Run	1:41:35
559	471Gleenda Howson	L4527	Dh Runners	1:29:07	637	239Robyn Jewell	L4041	Cumberland Ac	1:41:52
560	715Andrea Wilson	L4032	Blyth Running Club	1:29:50	638	798Tracy Lazonby	L4541	Unattached	1:42:04
561	307Mary Messenger	L5022	Dh Runners	1:29:54	639	55Bethany Brown	L240	Dumfries Running Club	1:42:05
562	163Wendy Gass	L4528	Unattached	1:30:36	640	764Joseph Walker	V706	Cumberland Ac	1:42:24
563	791Elizabeth Clark	L5023	Unattached	1:30:42	641	752Helen Sparks	L3543	Cumberland Ac	1:42:25
564	561Carol Keenan	L605	Bellahouston Harriers	1:31:05	642	320Julie Muir	L4042	Unattached	1:42:36
565	104Mark Davidson	V4552	Unattached	1:31:19	643	403Janice Talbot	L5027	Bodyfit Cumbria RC	1:42:50
566	763Martin Trainor		Cumberland Ac	1:31:24	644	730Rebecca Glynn	L244	Cumberland Ac	1:42:53
567	553Chantel Wilson	L185	Tyne Bridge Harriers	1:31:30	645	522Jessica Anderson	L6012	Tyne Bridge Harriers	1:43:21
568	228Suzanne Hughes-Rudd	L4529	Bodyfit Cumbria RC	1:31:41	646	524Sandy Anderson	V6511	Tyne Bridge Harriers	1:43:21
569	197Gill Harding	L5513	Dh Runners	1:31:43	647	137Rachael Fearon	L4043	Cumberland Ac	1:43:28
570	721Emma Bzik	L4033	Cumberland Ac	1:31:44	648	650Rosie Reynolds	L3544	Saltwell Harriers	1:43:46
571	755Ellie Thompsett	L4034	Cumberland Ac	1:31:45	649	738Tracey Kennett	L4542	Cumberland Ac	1:44:02
572	732Adele Jenkins	L606	Cumberland Ac	1:31:57	650	740Tracey Knowles	L5028	Cumberland Ac	1:44:09
573	38Katie Bird	L191	Unattached	1:32:01	651	290Rachel Martin	L3545	Unattached	1:44:26
574	560Tom Keenan	V6030	Bellahouston Harriers	1:32:09	652	459Lesley Wylde	L5523	Unattached	1:45:07
575	91Brian Corway	V4553	Unattached	1:32:15	653	312Patricia Milton	L5524	Unattached	1:45:07
576	573Christopher Ryan	V6031	Clydesdale Harriers	1:32:17	654	615Bill Brown	V751	Heaton Harriers & Ac	1:45:45
577	85Hannah Coates	L192	Chorlton Runners	1:32:18	655	641Gareth Lilley		Saltwell Harriers	1:45:58
578	702Lynne Bate	L4530	Blyth Running Club	1:32:19	656	566Mary Blandin	L652	Stocksfield Striders	1:46:37
579	695Paul Ridley	V4554	Blyth Running Club	1:32:28	657	452Susan Winn	L5029	Unattached	1:47:20
580	726William Cunningham	V5058	Cumberland Ac	1:32:32	658	635Hannah Hague	L255	Saltwell Harriers	1:47:29
581	511Fiona Jardine	L5024	Dumfries Running Club	1:32:36	659	515Christine Farnsworth	L653	Elvet Striders	1:47:47
582	419Rosemary Todhunter	L607	Allen Valley Striders	1:32:37	660	551Ian Windsor	V4071	Tyne Bridge Harriers	1:47:57
583	728Elizabeth Dodd	L3536	Cumberland Ac	1:32:43	661	175Helen Graham	L257	Eden Runners	1:48:17
584	656Sarah Taylor	L197	Saltwell Harriers	1:32:44	662	709Lynn Munro	L654	Blyth Running Club	1:48:31
585	462Anguskathryn	L3537	Blyth Running Club	1:32:46	663	33Sarah Bennett	L259	Cumberland Ac	1:49:13
586	342James Prescott	V5538	Unattached	1:32:58	664	756Barbara Thompsett	L6013	Cumberland Ac	1:49:24
587	587John Davidson	V6032	North East Veterans Ac	1:33:24	665	636Linda Hague	L5525	Saltwell Harriers	1:49:27
588	651Julie Schneider	L4531	Saltwell Harriers	1:33:30	666	106Sally Davies	L4044	Women On The Run	1:50:21
589	153Stephanie Foudy	L4532	Eden Runners	1:33:44	667	629Julie Bentley	L5526	Saltwell Harriers	1:51:39
590	288Hannah Marshall	L3538	Elswick Harriers	1:33:51	668	648Jade Newton	L264	Saltwell Harriers	1:51:40
591	757John Thompson	V6033	Cumberland Ac	1:34:01	669	628Phil Askew		Saltwell Harriers	1:51:41
592	365Catherine Scott	L5514	Elvet Striders	1:34:10	670	642Emily Moralee	L265	Saltwell Harriers	1:52:18
593	647Caroline Najafi	L5515	Saltwell Harriers	1:34:12	671	707Fiona McKenna	L3546	Blyth Running Club	1:52:49
594	646Bob Najafi	V6510	Saltwell Harriers	1:34:14	672	291Miss Marzec	L4543	Prudhoe Plodders RC	1:52:50
595	567Anne Jones	L5516	Stocksfield Striders	1:34:14	673	147Hayley Fleming	L268	Unattached	1:53:14
596	456Fiona Wood	L4035	Elvet Striders	1:34:15	674	61Tanya Bushell	L4045	Women On The Run	1:53:14
597	255Ellie Krukowski	L4036	Unattached	1:34:20	675	404Lesley Talbot	L5030	Bodyfit Cumbria RC	1:54:52
598	230Anna Humphreys	L207	Derwent Ac Cocker mouth	1:34:28	676	355Iwona Rogalska	L4046	Unattached	1:56:02
599	82Alison Clark	L3539	Unattached	1:34:32	677	455Catherine Wood	L272	Dh Runners	1:56:45
600	517Sharon Reay	L4533	Fordy Runs	1:34:40	678	631Michelle Cameron	L4047	Saltwell Harriers	1:56:50
601	176Michelle Graham	L4037	Unattached	1:34:49	679	34Debbie Benson	L4544	Unattached	2:00:35
602	451Deborah Wilmot	L4534	Elswick Harriers	1:34:51	680	279John Lupton	V5540	Unattached	2:03:02
603	747Catherine Nicholson	L4535	Cumberland Ac	1:34:52	681	535Jamie Lee		Tyne Bridge Harriers	2:10:41
604	480Rachael Chamberlain	L4038	Bodyfit Cumbria RC	1:34:57	682	643Amy Moyer	L3547	Saltwell Harriers	2:13:55
605	765Chris Whitby	V5059	Cumberland Ac	1:35:45	683	652Janis Smith	L3548	Saltwell Harriers	2:13:55
606	660Chas Steven	V5539	Calderglenn Harriers	1:35:53	684	733Alan Jenkinson	V6512	Cumberland Ac	2:14:50
607	799Malcolm Nicholson	V5060	Dh Runners	1:35:55	685	744Sharon Messenger	L5031	Cumberland Ac	2:14:50
608	725Sally Crelling	L214	Cumberland Ac	1:35:56	686	410Margaret Thompson	L701	Elvet Striders	2:16:05
609	637Nasreen Bashir	L4536	Saltwell Harriers	1:35:57	687	710Tracy Nicholson	L4048	Blyth Running Club	2:16:55
610	767Sean McGleenan	V6034	Dumfries Running Club	1:37:03	688	739Jacqueline Kirkbride	L5032	Cumberland Ac	2:27:34
611	327Leslie Nixon	V6035	Dh Runners	1:37:17	689	735Valerie Johnstone	L5527	Cumberland Ac	2:27:34

## Brampton - Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Leeds City Athletic Club	34	—	2 Philip Sesemann	6 Matthew Grieve	26 John Ashcroft
2 Heaton Harriers & Ac	75	—	11 James McKenzie	13 James Meader	51 Jordon Cairns
3 Tyne Bridge Harriers	77	—	8 Tom Charlton	29 Kevin Richardson	40 Lee Gifford
4 Keswick AC	81	—	12 Sam Stead	21 Calum Tinnion	48 Daniel Mills
5 Border Harriers & Ac	93	—	27 Nathan Gray	31 Robert Hodgson	35 Nathan Postill
6 Salford Harriers & AC	93	—	3 Marc Brown	4 Karl Darcy	86 Luke Wordsworth
7 Dh Runners	99	—	19 Paul Graves	37 Mark Emmerson	43 Stephen Weston
8 Cumbernauld AAC	127	—	20 Louis Ohare	50 Martyn Glancy	57 Stephen Allan
9 Morpeth Harriers & Ac	167	—	18 Richard Johnson	58 Matthew Boyle	91 Gavin Bayne
10 Cumberland Ac	181	—	54 Kevin Wallace	60 Daniel Brew	67 Shane Stobbart
11 Elvet Striders	181	—	45 Graeme Watt	53 Michael Littlewood	83 Matthew Archer
12 North Shields Polytechnic	182	—	22 Guy Bracken	55 Patrick Houghton	105 Patrick Drought
13 Derwent Ac Cockermouth	195	—	42 Bruce Hardy	52 Tom Dunlop	101 Philip Cueto
14 South Shields Harriers & Ac	205	—	56 Chris Camps	74 Jeff McGurty	75 Simon May
15 Elswick Harriers	214	—	34 Andrew Bell	63 Andrew Ball	117 Mike Russell
16 Chorlton Runners	238	—	10 Matthew Shaw	15 Steven Curley	213 Dave Murray
17 Blackhill Bounders	256	—	25 Gary Wallace	39 Steven Bowyer	192 Brian Anderson
18 Dumfries Running Club	268	—	78 Alan Baxter	90 Kevin McQueen	100 Colin Holden
19 Saltwell Harriers	276	—	36 David Young	98 Graham Stephenson	142 Peter Mullarkey
20 Blyth Running Club	298	—	69 Peter Brown	108 Ian Baxter	121 Steven French
21 Eden Runners	335	—	107 Jonathan Hemingway	112 James Grinbergs	116 Paul Nickells
22 Jesmond Joggers	338	—	82 Jonathan Law	97 Chris Lawrence	159 Simon Wells
23 Crook & Dist Sports Ac	346	—	38 Samuel Beckett	140 Michael Dunn	168 Gary Hall
24 Calderglen Harriers	380	—	111 Andrew Buchanan	114 Ian Hughes	155 Martin Howell
25 Carlisle Tri Club	408	—	95 Josh Wait	144 Ben Harper	169 Mark Chandler
26 Stocksfield Striders	526	—	118 David Robson	199 Danny Gilholme	209 Ian Brown
27 Garscube Harriers	537	—	71 Alex Chalmers	186 Iain Aird	280 John Malaughlin
28 Low Fell Rc	603	—	157 Neil Morris	161 Garry Paterson	285 Bill Doidge
29 Walney Wind Cheetahs	609	—	188 Philip Low	207 Christopher Puntton	214 Paul Quinn
30 Dumbarton AAC	695	—	167 Stephen Cole	263 William Ferguson	265 William Goldie

## Brampton - Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Cumbernauld AAC	44	—	5 Louis Ohare	17 Stephen Allan	22 Ross McEachern
2 Dh Runners	44	—	4 Paul Graves	12 Stephen Weston	28 Michael Irving
3 Tyne Bridge Harriers	59	—	13 Tim Kelso	21 Ian Pickett	25 Richard Tailford
4 Elvet Striders	64	—	14 Graeme Watt	15 Michael Littlewood	35 Allan Renwick
5 South Shields Harriers & Ac	92	—	26 Jeff McGurty	27 Simon May	39 George Arthur
6 Dumfries Running Club	108	—	29 Alan Baxter	36 Kevin McQueen	43 Colin Holden
7 North Shields Polytechnic	116	—	6 Guy Bracken	48 Patrick Drought	62 Vaughan Hemy
8 Derwent Ac Cockermouth	119	—	11 Bruce Hardy	44 Philip Cueto	64 Stephen Hackley
9 Blyth Running Club	131	—	23 Peter Brown	50 Ian Baxter	58 Steven French
10 Cumberland Ac	135	—	16 Kevin Wallace	59 Ian McDougall	60 Peter Bennett
11 Keswick AC	138	—	20 Graham Airey	38 Steve Angus	80 Michael Mallen
12 Elswick Harriers	141	—	19 Andrew Ball	55 Mike Russell	67 Peter Sloan
13 Heaton Harriers & Ac	149	—	31 Ian Norman	47 Jason Wall	71 Phil Green
14 Eden Runners	175	—	51 James Grinbergs	54 Paul Nickells	70 Mike Bell
15 Saltwell Harriers	185	—	9 David Young	73 Peter Mullarkey	103 Ian Swanston
16 Blackhill Bounders	233	—	10 Steven Bowyer	111 Brian Anderson	112 Stephen McDonald
17 Calderglen Harriers	245	—	53 Ian Hughes	83 Martin Howell	109 Jim Holmes
18 Morpeth Harriers & Ac	254	—	37 Gavin Bayne	42 Paul Waterston	175 Norman Clark
19 Stocksfield Striders	299	—	56 David Robson	117 Danny Gilholme	126 Ian Brown
20 Garscube Harriers	317	—	24 Alex Chalmers	106 Iain Aird	187 John Malaughlin
21 Crook & Dist Sports Ac	341	—	72 Michael Dunn	95 Darren Fairclough	174 Gerry Hehir
22 Low Fell Rc	363	—	84 Neil Morris	87 Garry Paterson	192 Bill Doidge
23 Walney Wind Cheetahs	373	—	108 Philip Low	129 Paul Quinn	136 Andy Miller
24 Carlisle Tri Club	376	—	75 Ben Harper	149 Lee Lewis	152 Colin Browne
25 Dumbarton AAC	434	—	92 Stephen Cole	170 William Ferguson	172 William Goldie

## Brampton - Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Border Harriers & Ac	59	—	9 Rachel Brown	24 Fiona Todd	26 Carolyn Millican
2 Tyne Bridge Harriers	81	—	12 Rachel Adamson	28 Joanne Lee	41 Rachael Perowne
3 Cumberland Ac	87	—	6 Nadia Shaw	29 Beverley Smith	52 Susan Cain
4 Elswick Harriers	106	—	19 Andrea Banner	37 Robyn Naylor	50 Susanne Stephenson
5 Eden Runners	113	—	21 Karen Bridge	39 Susanne Enhard	53 Kathryn Metcalfe
6 Birtley Ac	114	—	3 Tracy Millmore	11 Chloe Price	100 Kelly Bentley
7 Keswick AC	116	—	35 Rachel Mellor	38 Lindsay Walker	43 Trudy Beetham
8 Calderglen Harriers	126	—	31 Karen Allen	36 Kirsty Wilson	59 Alison Lessells
9 Elvet Striders	138	—	33 Corrine Whaling	34 Anna Basu	71 Jean Bradley
10 Crook & Dist Sports Ac	146	—	13 Joanna Beckett	58 Caroline Teasdale	75 Kimberley Clay
11 Dh Runners	149	—	32 Caroline Charlton	47 Joanne Hazell	70 Seema Ritson
12 Sunderland Harriers & Ac	153	—	7 Gemma Frost	10 Jenna Wilkinson	136 Catherine Purdy
13 Heaton Harriers & Ac	156	—	30 Laura Smith	46 Nina Cameron	80 Deborah Hicks
14 Tri-Lakeland	165	—	22 Viv Winter	54 Dawn Pritchard	89 Siobhan Brewer
15 Bodyfit Cumbria RC	186	—	27 Hazel Davies	61 Lisa Benn	98 Juliet Grieves
16 Walney Wind Cheetahs	207	—	57 Amy Singleton	73 Karen MaggioPoyntz	77 Sandra Garnett
17 Jesmond Joggers	217	—	45 Kate Black	63 Kate Robson	109 Isobel Chen
18 Dumfries Running Club	235	—	69 Sue Jeffrey	74 Annie Macfarlane	92 Gemma Leadbetter
19 Blyth Running Club	253	—	60 Sandra Watson	78 Lisa Scorer	115 Alyson Robson
20 Derwent Ac Cockermouth	257	—	25 Elizabeth Watson	104 Louise Firby	128 Deborah Hallsworth
21 Saltwell Harriers	309	—	40 Holly Argent	134 Samantha Bruce	135 Rebecca Jones
22 North Shields Polytechnic	310	—	96 Laura Greaves	103 Louise Coultate	111 Cristina Tyley
23 Carlisle Tri Club	313	—	86 Carmel Bones	101 Jill Gardiner	126 Julie Ross
24 Stocksfield Striders	318	—	62 Elissa Spoons	81 Rachael Turnbull	175 Anne Jones
25 Women On The Run	601	—	188 Diane Letheren	197 Clare Feeney-Johnson	216 Sally Davies

## Brampton - Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Eden Runners	60	—	7 Karen Bridge	21 Susanne Enhard	32 Kathryn Metcalfe
2 Keswick AC	62	—	19 Rachel Mellor	20 Lindsay Walker	23 Trudy Beetham
3 Tyne Bridge Harriers	70	—	14 Joanne Lee	22 Rachael Perowne	34 Yamuna Thiru
4 Elvet Striders	80	—	17 Corrine Whaling	18 Anna Basu	45 Jean Bradley
5 Cumberland Ac	89	—	15 Beverley Smith	31 Susan Cain	43 Andrea Challenger
6 Crook & Dist Sports Ac	89	—	4 Joanna Beckett	36 Caroline Teasdale	49 Kimberley Clay
7 Elswick Harriers	90	—	6 Andrea Banner	29 Susanne Stephenson	55 Arabella Pearce
8 Tri-Lakeland	101	—	8 Viv Winter	33 Dawn Pritchard	60 Siobhan Brewer
9 Border Harriers & Ac	101	—	10 Fiona Todd	12 Carolyn Millican	79 Hayley Millican
10 Bodyfit Cumbria RC	119	—	13 Hazel Davies	39 Lisa Benn	67 Juliet Grieves
11 Calderglen Harriers	131	—	16 Karen Allen	37 Alison Lessells	78 Lorraine Buchanan
12 Walney Wind Cheetahs	132	—	35 Amy Singleton	47 Karen MaggioPoyntz	50 Sandra Garnett
13 Dh Runners	144	—	26 Joanne Hazell	44 Seema Ritson	74 Beverley Armstrong
14 Heaton Harriers & Ac	162	—	25 Nina Cameron	53 Deborah Hicks	84 Mandy Hood
15 Blyth Running Club	170	—	38 Sandra Watson	51 Lisa Scorer	81 Alyson Robson
16 North Shields Polytechnic	215	—	66 Laura Greaves	72 Louise Coultate	77 Cristina Tyley
17 Carlisle Tri Club	219	—	58 Carmel Bones	70 Jill Gardiner	91 Julie Ross
18 Stocksfield Striders	225	—	40 Elissa Spoons	54 Rachael Turnbull	131 Anne Jones
19 Dumfries Running Club	232	—	48 Annie Macfarlane	62 Gemma Leadbetter	122 Fiona Jardine
20 Saltwell Harriers	300	—	97 Samantha Bruce	98 Rebecca Jones	105 Helen Mullarkey
21 Women On The Run	456	—	142 Diane Letheren	150 Clare Feeney-Johnson	164 Sally Davies