

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### M35 & M45 - Men over 35 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Andrew Peat	Birchfld35 A	15:48	22	Richard Keep	Bournvil35 A	17:35
2	Daniel Robinson	BRAT 35 A	15:55	23	Mark Mckeown	Colchest35	17:39
3	Martin Williams	TiptonHa35 A	16:01	24	Mathew Holt	SalfordH35 B	17:43
4	Lee Fedden	Dulwich 35	16:16	25	A Tsolakis	BRAT 35 B	17:44
5	Oliver Harradence	RoyalSut35	16:23	26	Robert Cassy	Sheffld 35	17:47
6	James Samson	Datchet 35	16:28	27	Dan Ellis	MansfldH35	18:08
7	Oli Beale	Westbury35	16:29	28	Andrew Norton	SteelCit35	18:14
8	Mark Powell	Leiceste35	16:39	29	James Walters	Gloucest35	18:18
9	Ian Wood	Marshall35 A	16:43	30	Phillip Clamp	TiptonHa35 B	18:44
10	Adam Osborne	LeedsCit35	16:53	31	Paul Thacker	Cannock 35	18:59
11	Nick Baker	NorthDer35	16:55	32	Gordon Walker	Aldridge35	19:09
12	Alfred Waitthaka	Havering35	17:11	33	Paul Blakemore	WiganPho35	19:18
13	Gavin Tomlinson	Trafford35	17:12	34	Steve Withers	Marshall35 B	19:20
14	Tony Taylor	SalfordH35 A	17:15	35	Nick Burnside	SuttonIn35	19:28
15	Andrew Drake	Bristol 35	17:18	36	Russell Parkin	DerbyAC 35	19:46
16	Christian Evans	TelfordA35	17:25	37	Dave Mccarthy	Birchfld35 B	20:52
17	Philip Hoole	Rotherha35	17:25	38	Xenofon Gogouvis	Bournvil35 B	21:09
18	Peter Badger	Doncast 35	17:29	39	Sean Cordell	SalfordH35 C	22:29
19	Adam Cross	Halesowe35	17:30	40	Paul Samuels	Bournvil35 C	25:24
20	Matt Hibberd	Southamp35	17:33	41	Sandeep Dhani	BRAT 35 C	25:58
21	Rob Cartwright	Wolverha35	17:34				

### M35 & M45 - Men over 35 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Karl Welborn	BRAT 35 A	16:31	32:26	+ 1	26	Tim Kelly	Cannock 35	17:48	36:47	+ 5
2	Gary Whitehouse	TiptonHa35 A	17:07	33:08	+ 1	27	David Norman	Wolverha35	19:28	37:02	- 6
3	Michael Burrett	LeedsCit35	16:23	33:16	+ 7	28	Stuart Little	Sheffld 35	19:33	37:20	- 2
4	Ludovic Renou	Leiceste35	16:55	33:34	+ 4	29	Jason Tilley	Gloucest35	19:16	37:34	0
5	David Lee	Datchet 35	17:11	33:39	+ 1	30	Martin Fickling	MansfldH35	19:41	37:49	- 3
6	Martin Dawson	NorthDer35	17:02	33:57	+ 5	31	Mark Shaw	Aldridge35	19:22	38:31	+ 1
7	Alex Parker	Birchfld35 A	18:35	34:23	- 6	32	Andrew Kirschner	Marshall35 B	19:15	38:35	+ 2
8	Andrew Cooke	Bristol 35	17:14	34:32	+ 7	33	Stuart Whitehouse	TiptonHa35 B	20:42	39:26	- 3
9	John Lloyd	SalfordH35 A	17:29	34:44	+ 5	34	James Simpson	SuttonIn35	20:36	40:04	+ 1
10	Matthew Clarke	Marshall35 A	18:03	34:46	- 1	35	Danny Orrell	WiganPho35	21:18	40:36	- 2
11	Barry Lloyd	RoyalSut35	18:30	34:53	- 6	36	Stephen Mccann	Birchfld35 B	21:57	42:49	+ 1
12	Chris Palmer	Westbury35	18:28	34:57	- 5	37	Jon Seadon	Bournvil35 B	26:40	47:49	+ 1
13	Daniel Hayes	Trafford35	17:48	35:00	0	38	Richard Carney	BRAT 35 C	28:26	54:24	+ 3
14	Abayomi Adedimeji	BRAT 35 B	17:29	35:13	+ 11	39	Barrie Roberts	Bournvil35 C	29:11	54:35	+ 1
15	Steve Rand	Havering35	18:07	35:18	- 3						
16	Chris Griffiths	Rotherha35	17:54	35:19	+ 1	<b>Fastest runners over stage 2:</b>					
17	Paul O'brien	TelfordA35	17:55	35:20	- 1	1	Michael Burrett	LeedsCit35	16:23		
18	D Mcgillivray	Colchest35	17:41	35:20	+ 5	2	Karl Welborn	BRAT 35 A	16:31		
19	James Burrows	Dulwich 35	19:10	35:26	- 15	3	Ludovic Renou	Leiceste35	16:55		
20	Roger Mallard	Halesowe35	18:04	35:34	- 1	4	Martin Dawson	NorthDer35	17:02		
21	Pete Tallents	Doncast 35	18:14	35:43	- 3	5	Gary Whitehouse	TiptonHa35 A	17:07		
22	James Rose	SteelCit35	17:48	36:02	+ 6	6	David Lee	Datchet 35	17:11		
23	Garry Bell	Southamp35	18:43	36:16	- 3	7	Andrew Cooke	Bristol 35	17:14		
24	Richard Brook	SalfordH35 B	18:34	36:17	0	8	Abayomi Adedimeji	BRAT 35 B	17:29		
25	Paul Coughlan	Bournvil35 A	18:51	36:26	- 3	9	John Lloyd	SalfordH35 A	17:29		
						10	D Mcgillivray	Colchest35	17:41		

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## M35 & M45 - Men over 35 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Ben Gamble	TiptonHa35 A	16:28	49:36	+ 1
2	Johnny Cullen	BRAT 35 A	17:28	49:54	- 1
3	Liam O'brien	LeedsCit35	17:05	50:21	0
4	Stuart Robinson	SalfordH35 A	16:25	51:09	+ 5
5	James Connor	Havering35	15:53	51:11	+ 10
6	Jeff Prest	Trafford35	16:41	51:41	+ 7
7	Gareth Deacon	Leiceste35	18:24	51:58	- 3
8	Paul Woolley	Datchet 35	18:26	52:05	- 3
9	Tim Clayton	NorthDer35	18:35	52:32	- 3
10	Steve Dunsby	BRAT 35 B	17:30	52:43	+ 4
11	Matt Biggs	Birchfld35 A	18:30	52:53	- 4
12	Neil Turney	Bristol 35	18:29	53:01	- 4
13	C Finister	Marshall35 A	18:19	53:05	- 3
14	Damian Worsdall	Rotherha35	17:51	53:10	+ 2
15	Chris Bagshaw	TelfordA35	18:02	53:22	+ 2
16	Chris Taylor	RoyalSut35	18:41	53:34	- 5
17	Simon Wright	Doncast 35	18:07	53:50	+ 4
18	Andrew Lovelock	Colchest35	18:54	54:14	0
19	Andy Yapp	Halesowe35	18:48	54:22	+ 1
20	Thomas King	SteelCit35	18:21	54:23	+ 2
21	Stuart Hicks	Southamp35	18:19	54:35	+ 2
22	Tim Clothier	Westbury35	19:41	54:38	- 10
23	Owen Parry	Gloucest35	17:31	55:05	+ 6
24	Craig Pearson	Cannock 35	18:23	55:10	+ 2
25	Ross Rook	Dulwich 35	19:46	55:12	- 6
26	Paul Birkett	SalfordH35 B	19:23	55:40	- 2
27	Dave Smith	Wolverha35	18:53	55:55	0
28	John Mckee	Bournvil35 A	19:52	56:18	- 3
29	Kelly Dorset	Sheffld 35	20:21	57:41	- 1
30	Andy Ward	WiganPho35	17:36	58:12	+ 5
31	Matthew Bradbury	MansfldH35	20:43	58:32	- 1
32	Dean Hill	TiptonHa35 B	19:07	58:33	+ 1
33	Steve Blakemore	Aldridge35	20:29	59:00	- 2
34	Dean Cross	SuttonIn35	19:22	59:26	0
35	Windel Simpson	Birchfld35 B	22:00	1:04:49	+ 1
36	James Evans	Bournvil35 B	22:08	1:09:57	+ 1
37	Martin Cleaver	BRAT 35 C	21:49	1:16:13	+ 1
38	Ian Edgington	Bournvil35 C	29:58	1:24:33	+ 1

### Fastest runners over stage 3:

1	James Connor	Havering35	15:53
2	Stuart Robinson	SalfordH35 A	16:25
3	Ben Gamble	TiptonHa35 A	16:28
4	Jeff Prest	Trafford35	16:41
5	Liam O'brien	LeedsCit35	17:05
6	Johnny Cullen	BRAT 35 A	17:28
7	Steve Dunsby	BRAT 35 B	17:30
8	Owen Parry	Gloucest35	17:31
9	Andy Ward	WiganPho35	17:36
10	Damian Worsdall	Rotherha35	17:51

## M35 & M45 - Men over 35 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Richard White	TiptonHa35 A	17:01	1:06:37	0
2	Karl Darcy	SalfordH35 A	15:29	1:06:38	+ 2
3	Ben Carrington	BRAT 35 A	17:19	1:07:13	- 1
4	Alan Buckley	LeedsCit35	17:17	1:07:38	- 1
5	Robert Warner	Havering35	16:45	1:07:56	0
6	Darren Russell	Trafford35	17:42	1:09:23	0
7	Nathan Warren	BRAT 35 B	17:46	1:10:29	+ 3
8	Robert Harris	Birchfld35 A	18:28	1:11:21	+ 3
9	Christopher Fox	Datchet 35	19:22	1:11:27	- 1
10	Scott Williams	Rotherha35	18:26	1:11:36	+ 4
11	Stephen Ratcliffe	Marshall35 A	18:43	1:11:48	+ 2
12	Stephen Millward	Gloucest35	16:43	1:11:48	+ 11
13	Rob Norman	TelfordA35	18:39	1:12:01	+ 2
14	Andrew Butler	Halesowe35	18:01	1:12:23	+ 5
15	Martin James	Doncast 35	18:38	1:12:28	+ 2
16	Andrew Lewis	Southamp35	18:27	1:13:02	+ 5
17	Simon Corker	RoyalSut35	19:31	1:13:05	- 1
18	Ged Mcmillan	Colchest35	18:58	1:13:12	0
19	Jonathan Cooper	SteelCit35	18:55	1:13:18	+ 1
20	Darren Stringer	Bristol 35	20:26	1:13:27	- 8
21	Owen Hurcombe	Cannock 35	18:56	1:14:06	+ 3
22	Matt Adcock	Leiceste35	22:15	1:14:13	- 15
23	Charles Foster	SalfordH35 B	18:39	1:14:19	+ 3
24	Ian Gawinowski	Westbury35	20:20	1:14:58	- 2
25	Grant Whigham	Bournvil35 A	18:50	1:15:08	+ 3
26	Wayne Church	NorthDer35	22:59	1:15:31	- 17
27	Jonathan Whittaker	Dulwich 35	20:21	1:15:33	- 2
28	Robert Edwards	Wolverha35	21:50	1:17:45	- 1
29	Paul Whittingham	SuttonIn35	18:54	1:18:20	+ 5
30	James Thompson	Sheffld 35	21:26	1:19:07	- 1
31	John Morrissey	WiganPho35	21:05	1:19:17	- 1
32	Brett Antill	Aldridge35	20:22	1:19:22	+ 1
33	Robert Sedgley	TiptonHa35 B	21:47	1:20:20	- 1
34	Glen Holland	MansfldH35	23:38	1:22:10	- 3
35	Paul Maguire	Birchfld35 B	19:13	1:24:02	0
36	Richard Shearing	Bournvil35 B	24:09	1:34:06	0
37	Ming Nham	BRAT 35 C	25:17	1:41:30	0

### Fastest runners over stage 4:

1	Karl Darcy	SalfordH35 A	15:29
2	Stephen Millward	Gloucest35	16:43
3	Robert Warner	Havering35	16:45
4	Richard White	TiptonHa35 A	17:01
5	Alan Buckley	LeedsCit35	17:17
6	Ben Carrington	BRAT 35 A	17:19
7	Darren Russell	Trafford35	17:42
8	Nathan Warren	BRAT 35 B	17:46
9	Andrew Butler	Halesowe35	18:01
10	Scott Williams	Rotherha35	18:26

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M35 & M45 - Men over 35 Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Phillip Nicholls	TiptonHa35 A	15:59	1:22:36	0
2	Bruno Lima	SalfordH35 A	16:18	1:22:56	0
3	Mark Ince	BRAT 35 A	16:38	1:23:51	0
4	Adam Stacey	LeedsCit35	16:56	1:24:34	0
5	Thomas Charles	Trafford35	16:22	1:25:45	+ 1
6	Martin Chester	Havering35	18:24	1:26:20	- 1
7	Ian Gutteridge	Datchet 35	18:11	1:29:38	+ 2
8	Steven Marshall	Rotherha35	18:18	1:29:54	+ 2
9	Christopher Hearn	Marshall35 A	18:10	1:29:58	+ 2
10	Dean Gapper	TelfordA35	17:58	1:29:59	+ 3
11	Max Sheppard	Gloucest35	18:20	1:30:08	+ 1
12	Nate Filer	Colchest35	17:02	1:30:14	+ 6
13	Simon Mcnamee	Birchfld35 A	20:13	1:31:34	- 5
14	Mark Rickards	RoyalSut35	18:37	1:31:42	+ 3
15	Kevin Newman	Doncast 35	19:21	1:31:49	0
16	James Fulcher	SteelCit35	18:37	1:31:55	+ 3
17	Rob Ryan	BRAT 35 B	21:51	1:32:20	- 10
18	Mark Egerton	SalfordH35 B	18:09	1:32:28	+ 5
19	Mark Hayter	Southamp35	19:34	1:32:36	- 3
20	Ben Holding	Bristol 35	20:23	1:33:50	0
21	Nicolas Hazelwood	Halesowe35	21:50	1:34:13	- 7
22	Derek Guess	Leiceste35	20:23	1:34:36	0
23	Stewart Bond	Bournvil35 A	19:50	1:34:58	+ 2
24	Andrew Todd	NorthDer35	20:11	1:35:42	+ 2
25	Martin Double	Dulwich 35	21:05	1:36:38	+ 2
26	Martyn Clare	Cannock 35	22:40	1:36:46	- 5
27	Conrad Watson	SuttonIn35	19:42	1:38:02	+ 2
28	Adam Guy	TiptonHa35 B	17:58	1:38:18	+ 5
29	Matt Lavis	Westbury35	23:45	1:38:43	- 5
30	Ben Key	Sheffd 35	19:44	1:38:51	0
31	Daniel Day	Aldridge35	19:54	1:39:16	+ 1
32	Darren Edwards	Wolverha35	22:08	1:39:53	- 4
33	Phil Waterworth	WiganPho35	20:48	1:40:05	- 2
34	Robert Lacey	MansfldH35	22:22	1:44:32	0
35	Rob Deakin	Birchfld35 B	20:37	1:44:39	0
36	Robert Mcmanus	Bournvil35 B	25:29	1:59:35	0

### Fastest runners over stage 5:

1	Phillip Nicholls	TiptonHa35 A	15:59
2	Bruno Lima	SalfordH35 A	16:18
3	Thomas Charles	Trafford35	16:22
4	Mark Ince	BRAT 35 A	16:38
5	Adam Stacey	LeedsCit35	16:56
6	Nate Filer	Colchest35	17:02
7	Dean Gapper	TelfordA35	17:58
8	Adam Guy	TiptonHa35 B	17:58
9	Mark Egerton	SalfordH35 B	18:09
10	Christopher Hearn	Marshall35 A	18:10

## M35 & M45 - Men over 35 Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jonathon Carter	TiptonHa35 A	16:08	1:38:44	0
2	Chris Livesey	SalfordH35 A	15:51	1:38:47	0
3	James Marshall	BRAT 35 A	16:47	1:40:38	0
4	Mick Hill	LeedsCit35	16:06	1:40:40	0
5	Matt Berry	Trafford35	17:26	1:43:11	0
6	Barry Smith	Havering35	17:43	1:44:03	0
7	Paul Ward	TelfordA35	17:09	1:47:08	+ 3
8	Jeremy Vick	Marshall35 A	17:49	1:47:47	+ 1
9	Jason Gunn	Colchest35	17:46	1:48:00	+ 3
10	Mark Ferguson	Datchet 35	18:26	1:48:04	- 3
11	Stephen Schubeler	SteelCit35	17:39	1:49:34	+ 5
12	Steven Haines	Gloucest35	19:51	1:49:59	- 1
13	Martyn Whyman	Rotherha35	20:29	1:50:23	- 5
14	Simon Rhodes	Birchfld35 A	19:30	1:51:04	- 1
15	Steve Marcer	Southamp35	19:06	1:51:42	+ 4
16	Richard Gray	BRAT 35 B	20:19	1:52:39	+ 1
17	Steve Pennington	SalfordH35 B	20:16	1:52:44	+ 1
18	Roy Turton	Doncast 35	21:09	1:52:58	- 3
19	David Pearce	Leiceste35	18:27	1:53:03	+ 3
20	Ally Jarvis	RoyalSut35	21:27	1:53:09	- 6
21	Richard Bowles	Bristol 35	19:42	1:53:32	- 1
22	Matthew Allen	Halesowe35	20:23	1:54:36	- 1
23	Simon Newman	Bournvil35 A	20:10	1:55:08	0
24	Ian Monaghan	NorthDer35	20:11	1:55:53	0
25	Mark Pidcock	SuttonIn35	20:57	1:58:59	+ 2
26	Brian Rose	Sheffd 35	20:18	1:59:09	+ 4
27	Geoffrey Kitching	Cannock 35	22:59	1:59:45	- 1
28	Mark Fantom	TiptonHa35 B	22:09	2:00:27	0
29	Mike Mewse	Westbury35	21:53	2:00:36	0
30	Gary Budinger	Dulwich 35	24:53	2:01:31	- 5
31	Harvey Whittington	WiganPho35	22:30	2:02:35	+ 2
32	Marcus Nye	Aldridge35	24:15	2:03:31	- 1
33	Stephen Davies	MansfldH35	23:09	2:07:41	+ 1
34	Peter Lawton	Birchfld35 B	25:27	2:10:06	+ 1
35	Michael Woodall	Bournvil35 B	23:36	2:23:11	+ 1

### Fastest runners over stage 6:

1	Chris Livesey	SalfordH35 A	15:51
2	Mick Hill	LeedsCit35	16:06
3	Jonathon Carter	TiptonHa35 A	16:08
4	James Marshall	BRAT 35 A	16:47
5	Paul Ward	TelfordA35	17:09
6	Matt Berry	Trafford35	17:26
7	Stephen Schubeler	SteelCit35	17:39
8	Barry Smith	Havering35	17:43
9	Jason Gunn	Colchest35	17:46
10	Jeremy Vick	Marshall35 A	17:49

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## Men over 35 — Team Results — Final (nn) is team position after the appropriate stage.

<b>1 Tipton Harriers M35</b>		<b>'A' 1:38:44</b>		<b>14 Birchfield Harriers M35</b>		<b>'A' 1:51:04</b>	
1	Martin Williams (3) 16:01	2	Gary Whitehouse (2) 17:07	1	Andrew Peat (1) 15:48	2	Alex Parker (7) 18:35
3	Ben Gamble (1) 16:28	4	Richard White (1) 17:01	3	Matt Biggs (11) 18:30	4	Robert Harris (8) 18:28
5	Phillip Nicholls (1) 15:59	6	Jonathon Carter (1) 16:08	5	Simon McNamee (13) 20:13	6	Simon Rhodes (14) 19:30
<b>2 Salford Harriers &amp; Ac M35</b>		<b>'A' 1:38:47</b>		<b>15 Southampton AC M35</b>		<b>1:51:42</b>	
1	Tony Taylor (14) 17:15	2	John Lloyd (9) 17:29	1	Matt Hibberd (20) 17:33	2	Garry Bell (23) 18:43
3	Stuart Robinson (4) 16:25	4	Karl Darcy (2) 15:29	3	Stuart Hicks (21) 18:19	4	Andrew Lewis (16) 18:27
5	Bruno Lima (2) 16:18	6	Chris Livesey (2) 15:51	5	Mark Hayter (19) 19:34	6	Steve Marcer (15) 19:06
<b>3 Birmingham Running A&amp;T M35</b>		<b>'A' 1:40:38</b>		<b>16 Birmingham Running A&amp;T M35</b>		<b>'B' 1:52:39</b>	
1	Daniel Robinson (2) 15:55	2	Karl Welborn (1) 16:31	1	A Tsolakis (25) 17:44	2	Abayomi Adedimeji (14) 17:29
3	Johnny Cullen (2) 17:28	4	Ben Carrington (3) 17:19	3	Steve Dunsby (10) 17:30	4	Nathan Warren (7) 17:46
5	Mark Ince (3) 16:38	6	James Marshall (3) 16:47	5	Rob Ryan (17) 21:51	6	Richard Gray (16) 20:19
<b>4 Leeds City AC M35</b>		<b>1:40:40</b>		<b>17 Salford Harriers &amp; Ac M35</b>		<b>'B' 1:52:44</b>	
1	Adam Osborne (10) 16:53	2	Michael Burrett (3) 16:23	1	Mathew Holt (24) 17:43	2	Richard Brook (24) 18:34
3	Liam O'Brien (3) 17:05	4	Alan Buckley (4) 17:17	3	Paul Birkett (26) 19:23	4	Charles Foster (23) 18:39
5	Adam Stacey (4) 16:56	6	Mick Hill (4) 16:06	5	Mark Egerton (18) 18:09	6	Steve Pennington (17) 20:16
<b>5 Trafford AC M35</b>		<b>1:43:11</b>		<b>18 Doncaster AC M35</b>		<b>1:52:58</b>	
1	Gavin Tomlinson (13) 17:12	2	Daniel Hayes (13) 17:48	1	Peter Badger (18) 17:29	2	Pete Tallents (21) 18:14
3	Jeff Prest (6) 16:41	4	Darren Russell (6) 17:42	3	Simon Wright (17) 18:07	4	Martin James (15) 18:38
5	Thomas Charles (5) 16:22	6	Matt Berry (5) 17:26	5	Kevin Newman (15) 19:21	6	Roy Turton (18) 21:09
<b>6 Havering Ac M35</b>		<b>1:44:03</b>		<b>19 Leicester Coritanian Ac M35</b>		<b>1:53:03</b>	
1	Alfred Waitbaka (12) 17:11	2	Steve Rand (15) 18:07	1	Mark Powell (8) 16:39	2	Ludovic Renou (4) 16:55
3	James Connor (5) 15:53	4	Robert Warner (5) 16:45	3	Gareth Deacon (7) 18:24	4	Matt Adcock (22) 22:15
5	Martin Chester (6) 18:24	6	Barry Smith (6) 17:43	5	Derek Guess (22) 20:23	6	David Pearce (19) 18:27
<b>7 Telford Ac M35</b>		<b>1:47:08</b>		<b>20 Royal Sutton Coldfield M35</b>		<b>1:53:09</b>	
1	Christian Evans (16) 17:25	2	Paul O'Brien (17) 17:55	1	Oliver Harradence (5) 16:23	2	Barry Lloyd (11) 18:30
3	Chris Bagshaw (15) 18:02	4	Rob Norman (13) 18:39	3	Chris Taylor (16) 18:41	4	Simon Corker (17) 19:31
5	Dean Gapper (10) 17:58	6	Paul Ward (7) 17:09	5	Mark Rickards (14) 18:37	6	Ally Jarvis (20) 21:27
<b>8 Marshall Milton Keynes Ac M35</b>		<b>'A' 1:47:47</b>		<b>21 Bristol &amp; West Ac M35</b>		<b>1:53:32</b>	
1	Ian Wood (9) 16:43	2	Matthew Clarke (10) 18:03	1	Andrew Drake (15) 17:18	2	Andrew Cooke (8) 17:14
3	C Finister (13) 18:19	4	Stephen Ratcliffe (11) 18:43	3	Neil Turney (12) 18:29	4	Darren Stringer (20) 20:26
5	Christopher Hearn (9) 18:10	6	Jeremy Vick (8) 17:49	5	Ben Holding (20) 20:23	6	Richard Bowles (21) 19:42
<b>9 Colchester Harriers Ac M35</b>		<b>1:48:00</b>		<b>22 Halesowen Acc M35</b>		<b>1:54:36</b>	
1	Mark Mckeown (23) 17:39	2	D Mcgillivray (18) 17:41	1	Adam Cross (19) 17:30	2	Roger Mallard (20) 18:04
3	Andrew Lovelock (18) 18:54	4	Ged Mcmillan (18) 18:58	3	Andy Yapp (19) 18:48	4	Andrew Butler (14) 18:01
5	Nate Filer (12) 17:02	6	Jason Gunn (9) 17:46	5	Nicolas Hazelwood (21) 21:50	6	Matthew Allen (22) 20:23
<b>10 Datchet Dashers M35</b>		<b>1:48:04</b>		<b>23 Bournville Harriers M35</b>		<b>'A' 1:55:08</b>	
1	James Samson (6) 16:28	2	David Lee (5) 17:11	1	Richard Keep (22) 17:35	2	Paul Coughlan (25) 18:51
3	Paul Woolley (8) 18:26	4	Christopher Fox (9) 19:22	3	John Mckeon (28) 19:52	4	Grant Whigham (25) 18:50
5	Ian Gutteridge (7) 18:11	6	Mark Ferguson (10) 18:26	5	Stewart Bond (23) 19:50	6	Simon Newman (23) 20:10
<b>11 Steel City Striders Rc M35</b>		<b>1:49:34</b>		<b>24 North Derbyshire Rc M35</b>		<b>1:55:53</b>	
1	Andrew Norton (28) 18:14	2	James Rose (22) 17:48	1	Nick Baker (11) 16:55	2	Martin Dawson (6) 17:02
3	Thomas King (20) 18:21	4	Jonathan Cooper (19) 18:55	3	Tim Clayton (9) 18:35	4	Wayne Church (26) 22:59
5	James Fulcher (16) 18:37	6	Stephen Schubeler (11) 17:39	5	Andrew Todd (24) 20:11	6	Ian Monaghan (24) 20:11
<b>12 Gloucester Ac M35</b>		<b>1:49:59</b>		<b>25 Sutton In Ashfield M35</b>		<b>1:58:59</b>	
1	James Walters (29) 18:18	2	Jason Tilley (29) 19:16	1	Nick Burnside (35) 19:28	2	James Simpson (34) 20:36
3	Owen Parry (23) 17:31	4	Stephen Millward (12) 16:43	3	Dean Cross (34) 19:22	4	Paul Whittingham (29) 18:54
5	Max Sheppard (11) 18:20	6	Steven Haines (12) 19:51	5	Conrad Watson (27) 19:42	6	Mark Pidcock (25) 20:57
<b>13 Rotherham Harriers &amp; Ac M35</b>		<b>1:50:23</b>		<b>26 Sheffield Rc M35</b>		<b>1:59:09</b>	
1	Philip Hoole (17) 17:25	2	Chris Griffiths (16) 17:54	1	Robert Cassy (26) 17:47	2	Stuart Little (28) 19:33
3	Damian Worsdall (14) 17:51	4	Scott Williams (10) 18:26	3	Kelly Dorset (29) 20:21	4	James Thompson (30) 21:26
5	Steven Marshall (8) 18:18	6	Martyn Whyman (13) 20:29	5	Ben Key (30) 19:44	6	Brian Rose (26) 20:18

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

**27 Cannock & Stafford Ac M35 1:59:45**  
 1 Paul Thacker (31) 18:59 2 Tim Kelly (26) 17:48  
 3 Craig Pearson (24) 18:23 4 Owen Hurcombe (21) 18:56  
 5 Martyn Clare (26) 22:40 6 Geoffrey Kitching (27) 22:59

**28 Tipton Harriers M35 'B' 2:00:27**  
 1 Phillip Clamp (30) 18:44 2 Stuart Whitehouse (33) 20:42  
 3 Dean Hill (32) 19:07 4 Robert Sedgley (33) 21:47  
 5 Adam Guy (28) 17:58 6 Mark Fantom (28) 22:09

**29 Westbury Harriers M35 2:00:36**  
 1 Oli Beale (7) 16:29 2 Chris Palmer (12) 18:28  
 3 Tim Clothier (22) 19:41 4 Ian Gawinowski (24) 20:20  
 5 Matt Lavis (29) 23:45 6 Mike Mewse (29) 21:53

**30 Dulwich Runners Ac M35 2:01:31**  
 1 Lee Fedden (4) 16:16 2 James Burrows (19) 19:10  
 3 Ross Rook (25) 19:46 4 Jonathan Whittaker (27) 20:21  
 5 Martin Double (25) 21:05 6 Gary Budinger (30) 24:53

**31 Wigan Phoenix M35 2:02:35**  
 1 Paul Blakemore (33) 19:18 2 Danny Orrell (35) 21:18  
 3 Andy Ward (30) 17:36 4 John Morrissey (31) 21:05  
 5 Phil Waterworth (33) 20:48 6 Harvey Whittington (31) 22:30

**32 Aldridge Rc M35 2:03:31**  
 1 Gordon Walker (32) 19:09 2 Mark Shaw (31) 19:22  
 3 Steve Blakemore (33) 20:29 4 Brett Antill (32) 20:22  
 5 Daniel Day (31) 19:54 6 Marcus Nye (32) 24:15

**33 Mansfield Harriers M35 2:07:41**  
 1 Dan Ellis (27) 18:08 2 Martin Fickling (30) 19:41  
 3 Matthew Bradbury (31) 20:43 4 Glen Holland (34) 23:38  
 5 Robert Lacey (34) 22:22 6 Shephen Davies (33) 23:09

**34 Birchfield Harriers M35 'B' 2:10:06**  
 1 Dave Mccarthy (37) 20:52 2 Stephen Mccann (36) 21:57  
 3 Windel Simpson (35) 22:00 4 Paul Maguire (35) 19:13  
 5 Rob Deakin (35) 20:37 6 Peter Lawton (34) 25:27

**35 Bournville Harriers M35 'B' 2:23:11**  
 1 Xenofon Gogouvtis (38) 21:09 2 Jon Seadon (37) 26:40  
 3 James Evans (36) 22:08 4 Richard Shearing (36) 24:09  
 5 Robert Mcmanus (36) 25:29 6 Michael Woodall (35) 23:36

### Incomplete Teams:

#### Wolverhampton & Bilston M35

1 Rob Cartwright (21) 17:34 2 David Norman (27) 19:28  
 3 Dave Smith (27) 18:53 4 Robert Edwards (28) 21:50  
 5 Darren Edwards (32) 22:08

#### Birmingham Running A&T M35 'C'

1 Sandeep Dhami (41) 25:58 2 Richard Carney (38) 28:26  
 3 Martin Cleaver (37) 21:49 4 Ming Nham (37) 25:17

#### Bournville Harriers M35 'C'

1 Paul Samuels (40) 25:24 2 Barrie Roberts (39) 29:11  
 3 Ian Edgington (38) 29:58

#### Marshall Milton Keynes Ac M35 'B'

1 Steve Withers (34) 19:20 2 Andrew Kirschner (32) 19:15

#### Derby AC M35

1 Russell Parkin (36) 19:46

#### Salford Harriers & Ac M35 'C'

1 Sean Cordell (39) 22:29

### Fastest of all legs

1 Karl Darcy	SalfordH35	A	15:29
2 Andrew Peat	Birchfld35	A	15:48
3 Chris Livesey	SalfordH35	A	15:51
4 James Connor	Havering35		15:53
5 Daniel Robinson	BRAT 35	A	15:55
6 Phillip Nicholls	TiptonHa35	A	15:59
7 Martin Williams	TiptonHa35	A	16:01
8 Mick Hill	LeedsCit35		16:06
9 Jonathon Carter	TiptonHa35	A	16:08
10 Lee Fedden	Dulwich 35		16:16

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M35 & M45 - Men over 45 Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Jonathan Walton	LeedsCit45	A	16:44		
2	Simon Coombes	HemeHil45	B	16:47		
3	Stuart Doyle	ValeRoya45	A	16:53		
4	Simon Saxby	WoldsVet45		16:58		
5	James Smith	Southamp45	A	17:06		
6	Gordon Lee	Leiceste45	A	17:09		
7	Richard Ross	LesCroup45	A	17:10		
8	Paul Gaylor	Aldersho45		17:32		
9	Ben Reynolds	ThamesHa45		17:35		
10	Jonathan Jennings	Birmingh45	A	18:03		
11	Matthew Bland	Havering45		18:05		
12	Mark Turner	Halesow45		18:12		
13	Chris Allcock	Mansfiel45	A	18:14		
14	Derek Crewe	SalfordH45		18:30		
15	Charles Lound	Dulwich45		18:33		
16	Gareth Briggs	Wolverha45		18:34		
17	Dean Norton	Rotherha45		18:39		
18	Paul Newton	RedhillR45		18:42		
19	Keith Littlewood	Barnsley45		18:43		
20	Adrian Fisher	SteelCit45		18:44		
21	Richard Noble	Westbury45		18:46		
22	Mike Mansfield	Glouces45		18:50		
23	Steven Smith	Aberdare45		18:50		
24	Simon Fortnam	Stroud&D45		18:53		
25	Gurmal Singh	WestBrom45	A	18:58		
26	Richard Turner	Trafford45		19:01		
27	Mark Connell	Mansfiel45	B	19:02		
28	Hugh Davies	Worceste45	A	19:06		
29	Iain Wood	RoyalSut45		19:09		
30	Daniel Newman	Warringt45		19:22		
31	David Neal	NeneVall45	A	19:22		
32	Paul Dellar	Colches45		19:27		
33	Derek Lee	HerneHil45	A	19:36		
34	Philip Edwards	Worceste45	B	19:47		
35	Huw Jones	Birmingh45	B	20:00		
36	Tobin Bird	Tonbridg45		20:17		
37	Richard Watts	Sheffiel45		21:02		
38	Ian Mackenzie	Bournvil45		21:04		
39	Barry Warne	NeneVall45	B	21:12		
40	Howard Long	Southamp45	B	21:17		
41	Kevin Adams	Aldridge45		21:45		
42	C Hamerhodes	Nuneaton45		21:49		
43	Andy Manning	Sparkhil45		22:00		
44	Gary Clifton	WestBrom45	B	22:25		
45	John Anderson	Northwic45		24:07		
46	Myles Holdsworth	LeedsCit45	B	25:16		

## M35 & M45 - Men over 45 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Martin Roscoe	LeedsCit45	A	17:25	34:09	0	29	M Pitcairnknowles	Tonbridg45	19:48	40:05	+ 7	
2	Gavin Mcdermott	Leiceste45	A	17:05	34:14	+ 4	30	Subodh Dave	RoyalSut45	21:13	40:22	- 1	
3	Paul Cheetham	ThamesHa45		17:04	34:39	+ 6	31	Kevin Dickinson	RedhillR45	21:57	40:39	- 13	
4	Jonathan Ratcliffe	HemeHil45	B	18:23	35:10	- 2	32	Allen Bunney	Aberdare45	21:52	40:42	- 9	
5	Mike Macdougall	WoldsVet45		18:14	35:12	- 1	33	Scott Augur	Southamp45	B	19:45	41:02	+ 7
6	Simon Cooper	Aldersho45		17:45	35:17	+ 2	34	Owen Jarman	Worceste45	B	21:50	41:37	0
7	Emyr Morgan	LesCroup45	A	18:27	35:37	0	35	Craig Linacre	Mansfiel45	B	23:01	42:03	- 8
8	Paul Boycleslie	Southamp45	A	18:33	35:39	- 3	36	Christopher Heggs	Sheffiel45		21:07	42:09	+ 1
9	Mark Russell	SalfordH45		17:33	36:03	+ 5	37	Marcelo Fortes	HerneHil45	A	23:24	43:00	- 4
10	Stephen Davies	Dulwich45		17:31	36:04	+ 5	38	Steven Hargrave	Nuneaton45		21:15	43:04	+ 4
11	Richard Wright	Wolverha45		17:56	36:30	+ 5	39	Steve Hammond	Aldridge45		21:25	43:10	+ 2
12	Phillip Shaw	Mansfiel45	A	18:33	36:47	+ 1	40	Jim Clarke	Bournvil45		22:15	43:19	- 2
13	Paddy Allaway	Birmingh45	A	18:48	36:51	- 3	41	Paul Parkin	NeneVall45	B	22:46	43:58	- 2
14	David Lewis	Halesow45		18:52	37:04	- 2	42	David Shepherd	Northwic45		20:41	44:48	+ 3
15	Simon Scully	Rotherha45		18:28	37:07	+ 2	43	James Hannon	Sparkhil45		23:54	45:54	0
16	Brian Dooley	ValeRoya45	A	20:35	37:28	- 13	44	Paul Mansell	WestBrom45	B	25:42	48:07	0
17	Nick Booker	SteelCit45		18:44	37:28	+ 3	<b>Fastest runners over stage 2:</b>						
18	Tony Pecoraro	Havering45		19:35	37:40	- 7	1	Paul Cheetham	ThamesHa45		17:04		
19	Melvin Wallace	Barnsley45		19:12	37:55	0	2	Gavin Mcdermott	Leiceste45	A	17:05		
20	Keith Marley	Colches45		18:42	38:09	+ 12	3	Martin Roscoe	LeedsCit45	A	17:25		
21	Ian Cutler	Stroud&D45		19:27	38:20	+ 3	4	Stephen Davies	Dulwich45		17:31		
22	Nick Hitchings	Worceste45	A	19:30	38:36	+ 6	5	Mark Russell	SalfordH45		17:33		
23	Austin Blackburn	Glouces45		20:16	39:06	- 1	6	Simon Cooper	Aldersho45		17:45		
24	Ewan Paton	Westbury45		20:25	39:11	- 3	7	Richard Wright	Wolverha45		17:56		
25	David Norman	Warringt45		19:51	39:13	+ 5	8	Mike Macdougall	WoldsVet45		18:14		
26	Sean Beard	NeneVall45	A	20:06	39:28	+ 5	9	Jonathan Ratcliffe	HerneHil45	B	18:23		
27	Damian Cartland	Birmingh45	B	19:30	39:30	+ 8	10	Emyr Morgan	LesCroup45	A	18:27		
28	Karl Moore	WestBrom45	A	20:46	39:44	- 3							

# The 32nd BMAF Road Relays at Sutton Park on Saturday 18th May 2019

## M35 & M45 - Men over 45 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Chris Southam	Leiceste45 A	17:46	52:00	+ 1
2	Andy Weir	ThamesHa45	17:28	52:07	+ 1
3	Trevor Wilks	LeedsCit45 A	18:46	52:55	- 2
4	Darren Bradley	Aldersho45	17:53	53:10	+ 2
5	Richard Baker	LesCroup45 A	17:44	53:21	+ 2
6	David Blackman	Southamp45 A	18:02	53:41	+ 2
7	Philip Leybourne	SalfordH45	17:40	53:43	+ 2
8	Stephen Dring	WoldsVet45	18:53	54:05	- 3
9	David Adam	HerneHil45 B	19:37	54:47	- 5
10	Tom Kenderdine	Halesow45	18:08	55:12	+ 4
11	Dave Carver	Mansfiel45 A	18:32	55:19	+ 1
12	Garry Palmer	Wolverha45	19:06	55:36	- 1
13	Adam Western	Birmingh45 A	18:57	55:48	0
14	Mark Foster	Dulwich45	20:34	56:38	- 4
15	Chris Harle	Worceste45 A	18:13	56:49	+ 7
16	Allen Smalls	Colches45	18:43	56:52	+ 4
17	Darren Cottier	ValeRoya45 A	19:31	56:59	- 1
18	Liam Tart	Barnsley45	19:48	57:43	+ 1
19	Gary Atkins	Havering45	20:07	57:47	- 1
20	Alan Pitt	Stroud&D45	20:08	58:28	+ 1
21	Neil Schofield	SteelCit45	21:03	58:31	- 4
22	Andrew Eblet	Rotherha45	21:40	58:47	- 7
23	Christopher Mooney	NeneVall45 A	19:38	59:06	+ 3
24	Stephen Burthem	Warringt45	20:37	59:50	+ 1
25	Simon Nash	RedhillR45	19:18	59:57	+ 6
26	Paul Corderoy	Glouces45	20:55	1:00:01	- 3
27	Andy Piddington	Birmingh45 B	20:40	1:00:10	0
28	Lee Walters	Aberdare45	20:01	1:00:43	+ 4
29	Stefan Sternkopf	Worceste45 B	19:30	1:01:07	+ 5
30	Andy Marshall	Westbury45	22:36	1:01:47	- 6
31	Dave Jones	WestBrom45 A	22:38	1:02:22	- 3
32	Neil Hotson	Southamp45 B	22:30	1:03:32	+ 1
33	Oliver Kirkland	Bournvil45	20:24	1:03:43	+ 7
34	Scott Shurmer	Tonbridg45	24:06	1:04:11	- 5
35	Shaun Arrowsmith	Mansfiel45 B	23:29	1:05:32	0
36	Stephen White	Nuneaton45	22:31	1:05:35	+ 2
37	David Marr	NeneVall45 B	22:42	1:06:40	+ 4
38	Mat Simister	Northwic45	21:53	1:06:41	+ 4
39	Leslie Reeves	Aldridge45	24:46	1:07:56	0
40	Neal Matthews	Sheffield45	26:01	1:08:10	- 4
41	Edward O'Neill	Sparkhil45	22:34	1:08:28	+ 2
42	Philip Colver	WestBrom45 B	24:30	1:12:37	+ 2

**Fastest runners over stage 3:**

1	Andy Weir	ThamesHa45	17:28
2	Philip Leybourne	SalfordH45	17:40
3	Richard Baker	LesCroup45 A	17:44
4	Chris Southam	Leiceste45 A	17:46
5	Darren Bradley	Aldersho45	17:53
6	David Blackman	Southamp45 A	18:02
7	Tom Kenderdine	Halesow45	18:08
8	Chris Harle	Worceste45 A	18:13
9	Dave Carver	Mansfiel45 A	18:32
10	Allen Smalls	Colches45	18:43

## M35 & M45 - Men over 45 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Mark Johnson	Leiceste45 A	16:37	1:08:37	0
2	Justin Reid	ThamesHa45	17:18	1:09:25	0
3	Mark Symes	Aldersho45	17:01	1:10:11	+ 1
4	Ian Grime	SalfordH45	17:05	1:10:48	+ 3
5	Matthew Hurford	LesCroup45 A	17:51	1:11:12	0
6	Richard Harris	WoldsVet45	17:28	1:11:33	+ 2
7	Ben Paviour	HerneHil45 B	16:54	1:11:41	+ 2
8	Gregory Hull	LeedsCit45 A	18:59	1:11:54	- 5
9	Robin Biles	Birmingh45 A	17:56	1:13:44	+ 4
10	R Cadwallader	Halesow45	18:53	1:14:05	0
11	Roger Grand	Wolverha45	18:35	1:14:11	+ 1
12	Mike Hodges	Southamp45 A	21:15	1:14:56	- 6
13	Paul Rodgers	Colches45	18:34	1:15:26	+ 3
14	Gary Morley	Mansfiel45 A	20:40	1:15:59	- 3
15	Gary Richardson	ValeRoya45 A	19:16	1:16:15	+ 2
16	David O'Brien	Worceste45 A	19:41	1:16:30	- 1
17	David Brooksbank	Barnsley45	19:39	1:17:22	+ 1
18	James Storey	SteelCit45	18:54	1:17:25	+ 3
19	Andrea Ceccolini	Dulwich45	20:50	1:17:28	- 5
20	Steve Walker	Havering45	20:00	1:17:47	- 1
21	Ian Whyman	Rotherha45	20:36	1:19:23	+ 1
22	Andrew Robson	NeneVall45 A	20:43	1:19:49	+ 1
23	Adrian Lewis	Aberdare45	19:09	1:19:52	+ 5
24	David Gresswell	Glouces45	20:17	1:20:18	+ 2
25	C Jurevicius	Stroud&D45	21:53	1:20:21	- 5
26	David Pound	Worceste45 B	21:39	1:22:46	+ 3
27	Eric Fowler	Nuneaton45	18:47	1:24:22	+ 9
28	David Sansom	Birmingh45 B	24:40	1:24:50	- 1
29	Ian Derrick	Westbury45	23:19	1:25:06	+ 1
30	David Kendall	WestBrom45 A	23:34	1:25:56	+ 1
31	Sidney Delara	Southamp45 B	23:20	1:26:52	+ 1
32	Guy Marston	Bournvil45	23:31	1:27:14	+ 1
33	Cain Bradley	Tonbridg45	23:28	1:27:39	+ 1
34	Alan Wilcox	Northwic45	22:52	1:29:33	+ 4
35	Mark Burr	Mansfiel45 B	24:54	1:30:26	0
36	Chris Hunt	NeneVall45 B	23:49	1:30:29	+ 1
37	David Higginbottom	Sheffield45	22:45	1:30:55	+ 3
38	John Goulding	Sparkhil45	23:20	1:31:48	+ 3
39	Simon Hudson	Aldridge45	24:54	1:32:50	0
40	Pete Donnelly	WestBrom45 B	23:16	1:35:53	+ 2

**Fastest runners over stage 4:**

1	Mark Johnson	Leiceste45 A	16:37
2	Ben Paviour	HerneHil45 B	16:54
3	Mark Symes	Aldersho45	17:01
4	Ian Grime	SalfordH45	17:05
5	Justin Reid	ThamesHa45	17:18
6	Richard Harris	WoldsVet45	17:28
7	Matthew Hurford	LesCroup45 A	17:51
8	Robin Biles	Birmingh45 A	17:56
9	Paul Rodgers	Colches45	18:34
10	Roger Grand	Wolverha45	18:35

# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### Men over 45 — Team Results — Final

(nn) is team position after the appropriate stage.

<p><b>1 Leicester Coritnian Ac M45 'A' 1:08:37</b></p> <p>1 Gordon Lee (6) 17:09    2 Gavin McDermott (2) 17:05            3 Chris Southam (1) 17:46    4 Mark Johnson (1) 16:37</p>	<p><b>17 Barnsley AC M45 1:17:22</b></p> <p>1 Keith Littlewood (19) 18:43    2 Melvin Wallace (19) 19:12            3 Liam Tart (18) 19:48    4 David Brooksbank (17) 19:39</p>
<p><b>2 Thames Hare &amp; Hounds M45 1:09:25</b></p> <p>1 Ben Reynolds (9) 17:35    2 Paul Cheetham (3) 17:04            3 Andy Weir (2) 17:28    4 Justin Reid (2) 17:18</p>	<p><b>18 Steel City Striders M45 1:17:25</b></p> <p>1 Adrian Fisher (20) 18:44    2 Nick Booker (17) 18:44            3 Neil Schofield (21) 21:03    4 James Storey (18) 18:54</p>
<p><b>3 Aldershot Farnham &amp; D M45 1:10:11</b></p> <p>1 Paul Gaylor (8) 17:32    2 Simon Cooper (6) 17:45            3 Darren Bradley (4) 17:53    4 Mark Symes (3) 17:01</p>	<p><b>19 Dulwich Runners Ac M45 1:17:28</b></p> <p>1 Charles Lound (15) 18:33    2 Stephen Davies (10) 17:31            3 Mark Foster (14) 20:34    4 Andrea Ceccolini (19) 20:50</p>
<p><b>4 Salford Harriers M45 1:10:48</b></p> <p>1 Derek Crewe (14) 18:30    2 Mark Russell (9) 17:33            3 Philip Leybourne (7) 17:40    4 Ian Grime (4) 17:05</p>	<p><b>20 Havering Ac M45 1:17:47</b></p> <p>1 Matthew Bland (11) 18:05    2 Tony Pecoraro (18) 19:35            3 Gary Atkins (19) 20:07    4 Steve Walker (20) 20:00</p>
<p><b>5 Les Croupiers M45 'A' 1:11:12</b></p> <p>1 Richard Ross (7) 17:10    2 Emyr Morgan (7) 18:27            3 Richard Baker (5) 17:44    4 Matthew Hurford (5) 17:51</p>	<p><b>21 Rotherham Harriers &amp; Ac M45 1:19:23</b></p> <p>1 Dean Norton (17) 18:39    2 Simon Scully (15) 18:28            3 Andrew Eblet (22) 21:40    4 Ian Whyman (21) 20:36</p>
<p><b>6 Wolds Veteran Rc M45 1:11:33</b></p> <p>1 Simon Saxby (4) 16:58    2 Mike Macdougall (5) 18:14            3 Stephen Dring (8) 18:53    4 Richard Harris (6) 17:28</p>	<p><b>22 Nene Valley Harriers M45 'A' 1:19:49</b></p> <p>1 David Neal (31) 19:22    2 Sean Beard (26) 20:06            3 Christopher Mooney (23) 19:38    4 Andrew Robson (22) 20:43</p>
<p><b>7 Herne Hill Harriers M45 'B' 1:11:41</b></p> <p>1 Simon Coombes (2) 16:47    2 Jonathan Ratcliffe (4) 18:23            3 David Adam (9) 19:37    4 Ben Paviour (7) 16:54</p>	<p><b>23 Aberdare Valley Aac M45 1:19:52</b></p> <p>1 Steven Smith (23) 18:50    2 Allen Bunney (32) 21:52            3 Lee Walters (28) 20:01    4 Adrian Lewis (23) 19:09</p>
<p><b>8 Leeds City AC M45 'A' 1:11:54</b></p> <p>1 Jonathan Walton (1) 16:44    2 Martin Roscoe (1) 17:25            3 Trevor Wilks (3) 18:46    4 Gregory Hull (8) 18:59</p>	<p><b>24 Gloucester Ac M45 1:20:18</b></p> <p>1 Mike Mansfield (22) 18:50    2 Austin Blackburn (23) 20:16            3 Paul Corderoy (26) 20:55    4 David Gresswell (24) 20:17</p>
<p><b>9 Birmingham Running A&amp;T M45 'A' 1:13:44</b></p> <p>1 Jonathan Jennings (10) 18:03    2 Paddy Allaway (13) 18:48            3 Adam Western (13) 18:57    4 Robin Biles (9) 17:56</p>	<p><b>25 Stroud &amp; District M45 1:20:21</b></p> <p>1 Simon Fortnam (24) 18:53    2 Ian Cutler (21) 19:27            3 Alan Pitt (20) 20:08    4 C Jurevicius (25) 21:53</p>
<p><b>10 Halesowen Acc M45 1:14:05</b></p> <p>1 Mark Turner (12) 18:12    2 David Lewis (14) 18:52            3 Tom Kenderdine (10) 18:08    4 R Cadwallader (10) 18:53</p>	<p><b>26 Worcester Ac M45 'B' 1:22:46</b></p> <p>1 Philip Edwards (34) 19:47    2 Owen Jarman (34) 21:50            3 Stefan Sternkopf (29) 19:30    4 David Pound (26) 21:39</p>
<p><b>11 Wolverhampton &amp; Bilston M45 1:14:11</b></p> <p>1 Gareth Briggs (16) 18:34    2 Richard Wright (11) 17:56            3 Gary Palmer (12) 19:06    4 Roger Grand (11) 18:35</p>	<p><b>27 Nuneaton Harriers M45 1:24:22</b></p> <p>1 CHamerhodes (42) 21:49    2 Steven Hargrave (38) 21:15            3 Stephen White (36) 22:31    4 Eric Fowler (27) 18:47</p>
<p><b>12 Southampton AC M45 'A' 1:14:56</b></p> <p>1 James Smith (5) 17:06    2 Paul Boydeslie (8) 18:33            3 David Blackman (6) 18:02    4 Mike Hodges (12) 21:15</p>	<p><b>28 Birmingham Running A&amp;T M45 'B' 1:24:50</b></p> <p>1 Huw Jones (35) 20:00    2 Damian Cartland (27) 19:30            3 Andy Piddington (27) 20:40    4 David Sansom (28) 24:40</p>
<p><b>13 Colchester Harriers Ac M45 1:15:26</b></p> <p>1 Paul Dellar (32) 19:27    2 Keith Marley (20) 18:42            3 Allen Smalls (16) 18:43    4 Paul Rodgers (13) 18:34</p>	<p><b>29 Westbury Harriers M45 1:25:06</b></p> <p>1 Richard Noble (21) 18:46    2 Ewan Paton (24) 20:25            3 Andy Marshall (30) 22:36    4 Ian Derrick (29) 23:19</p>
<p><b>14 Mansfield Harriers M45 'A' 1:15:59</b></p> <p>1 Chris Allcock (13) 18:14    2 Phillip Shaw (12) 18:33            3 Dave Carver (11) 18:32    4 Gary Morley (14) 20:40</p>	<p><b>30 West Bromwich Harriers M45 'A' 1:25:56</b></p> <p>1 Gurmalsingh (25) 18:58    2 Karl Moore (28) 20:46            3 Dave Jones (31) 22:38    4 David Kendall (30) 23:34</p>
<p><b>15 Vale Royal Ac M45 'A' 1:16:15</b></p> <p>1 Stuart Doyle (3) 16:53    2 Brian Dooley (16) 20:35            3 Darren Cottier (17) 19:31    4 Gary Richardson (15) 19:16</p>	<p><b>31 Southampton AC M45 'B' 1:26:52</b></p> <p>1 Howard Long (40) 21:17    2 Scott Augur (33) 19:45            3 Neil Hotson (32) 22:30    4 Sidney Delara (31) 23:20</p>
<p><b>16 Worcester Ac M45 'A' 1:16:30</b></p> <p>1 Hugh Davies (28) 19:06    2 Nick Hitchings (22) 19:30            3 Chris Harle (15) 18:13    4 David O'Brien (16) 19:41</p>	<p><b>32 Bournville Harriers M45 1:27:14</b></p> <p>1 Ian Mackenzie (38) 21:04    2 Jim Clarke (40) 22:15            3 Oliver Kirkland (33) 20:24    4 Guy Marston (32) 23:31</p>



# The 32nd BMAF Road Relays

## at Sutton Park on Saturday 18th May 2019

### 33 Tonbridge Ac M45

1 Tobin Bird (36) 20:17    2 M Pitcairnknowles (29) 19:48  
3 Scott Shurmer (34) 24:06    4 Cain Bradley (33) 23:28

### 34 Northwich RC M45

1 John Anderson (45) 24:07    2 David Shepherd (42) 20:41  
3 Mat Simister (38) 21:53    4 Alan Wilcox (34) 22:52

### 35 Mansfield Harriers M45

1 Mark Connell (27) 19:02    2 Craig Linacre (35) 23:01  
3 Shaun Arrowsmith (35) 23:29    4 Mark Burr (35) 24:54

### 36 Nene Valley Harriers M45

1 Barry Wame (39) 21:12    2 Paul Parkin (41) 22:46  
3 David Marr (37) 22:42    4 Chris Hunt (36) 23:49

### 37 Sheffield Rc M45

1 Richard Watts (37) 21:02    2 Christopher Heggs (36) 21:07  
3 Neal Matthews (40) 26:01    4 David Higginbottom (37) 22:45

### 38 Sparkhill Harriers M45

1 Andy Manning (43) 22:00    2 James Hannon (43) 23:54  
3 Edward O'Neill (41) 22:34    4 John Goulding (38) 23:20

### 39 Aldridge Rc M45

1 Kevin Adams (41) 21:45    2 Steve Hammond (39) 21:25  
3 Leslie Reeves (39) 24:46    4 Simon Hudson (39) 24:54

### 40 West Bromwich Harriers M45

1 Gary Clifton (44) 22:25    2 Paul Mansell (44) 25:42  
3 Philip Colver (42) 24:30    4 Pete Donnelly (40) 23:16

**1:27:39**

**1:29:33**

**'B' 1:30:26**

**'B' 1:30:29**

**1:30:55**

**1:31:48**

**1:32:50**

**'B' 1:35:53**

### Incomplete Teams:

#### Warrington AC M45

1 Daniel Newman (30) 19:22    2 David Norman (25) 19:51  
3 Stephen Burthem (24) 20:37

#### Redhill Road Runners M45

1 Paul Newton (18) 18:42    2 Kevin Dickinson (31) 21:57  
3 Simon Nash (25) 19:18

#### Royal Sutton Coldfield M45

1 Iain Wood (29) 19:09    2 Subodh Dave (30) 21:13

#### Herne Hill Harriers M45

1 Derek Lee (33) 19:36    2 Marcelo Fortes (37) 23:24

#### Trafford AC M45

1 Richard Turner (26) 19:01

#### Leeds City AC M45

1 Myles Holdsworth (46) 25:16

### Fastest of all legs

1	Mark Johnson	Leiceste45	A	16:37
2	Jonathan Walton	LeedsCit45	A	16:44
3	Simon Coombes	HerneHil45	B	16:47
4	Stuart Doyle	ValeRoya45	A	16:53
5	Ben Paviour	HerneHil45	B	16:54
6	Simon Saxby	WoldsVet45		16:58
7	Mark Symes	Aldersho45		17:01
8	Paul Cheetham	ThamesHa45		17:04
9	Gavin Mcdermott	Leiceste45	A	17:05
=	Ian Grime	SalfordH45		17:05