

THE MANCHESTER MILE TRACK MEETING

*held at Sportcity, Manchester
on 19 June 2019 - Results*



Event held in Memory of David Coleman *Winners*

Fastest Man & Winner of The Manchester Mile Trophy

Rocco Zaman-Browne

Manchester Harriers & AC - 4:29.06

Fastest Woman & Winner of The Rose Bowl

& Fastest Senior Woman

Vicki Cronin

Trafford AC - 5:13.45

Fastest Male Vet - Richard Coen V40

Wilmslow RC - 4:35.49

Fastest Female Vet - Alina Stepanchuk

Salford Metropolitan AC - 5:27.25

Fastest U17 Boy - Joseph Farrelly

Manchester Harriers & AC - 5:08.39

*Best performance by a Manchester Harrier & Winner of
The Flat Mile Trophy - Rocco Zaman-Browne - 4:29.06*

Manchester Harriers & A.C.

THE MANCHESTER MILE TRACK MEETING

THE MILE – RACE 1

<i>Race Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Cat.Psn</i>	<i>Club</i>	<i>Time</i>
1	148	Gordon	Lisa	FV45	4	Didsbury Runners	7:15.08
2	146	Finn	Helen	FV60	1	Ivanhoe Runners	7:30.43
3	147	Gill	Mo	MV40	14	Chorlton Runners	7:43.26
4	156	Wilson	Andrew	MV55	6	Unattached	7:44.83
5	150	Kay	Geoff	MV65	2	Swinton RC	8:00.74
6	145	Das	Sara	FSNR	13	Swinton RC	8:06.35
7	153	Mitchell	Heather	FV65	1	Dewsbury RR	8:08.21
8	151	McDowell	Lindsey	FV40	6	Manchester H & AC	8:22.52
9	152	McNeill	Sian	FV40	7	Swinton RC	8:28.90
10	158	Beresford	Debbie	FV50	2	Manchester H & AC	8:34.41
11	144	Cross	Linda	FV50	3	Manchester H & AC	9:20.88

THE MILE – RACE 2

<i>Race Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Cat.Psn</i>	<i>Club</i>	<i>Time</i>
1	135	Merritt	Steven	MSNR	45	Didsbury Runners	6:07.44
2	136	Payne	Tony	MV55	5	Chorlton Runners	6:33.52
3	141	Walker	Catriona	FSNR	10	Chorlton Runners	6:37.02
4	131	Hedges	Simon	MV45	9	Chorlton Runners	6:40.92
5	127	Baba	Caroline	FV40	4	Manchester H & AC	6:43.26
6	140	Thompson	Victoria	FSNR	11	Chorlton Runners	6:50.31
7	139	Thear	Adrian	MV50	11	York Knavesmire H	6:52.93
8	129	Farrelly	Lindsey	FV40	5	Manchester H & AC	6:54.99
9	142	Woodhead	Wendy	FV35	5	Manchester H & AC	6:59.64
10	137	Qamar	Isabelle	FV45	3	Didsbury Runners	7:08.94
11	138	Roberts	Mike	MV50	12	Chorlton Runners	7:18.21
12	128	Coates	Hannah	FSNR	12	Chorlton Runners	7:34.03

THE MILE – RACE 3

<i>Race Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Cat.Psn</i>	<i>Club</i>	<i>Time</i>
1	124	Read	Kirsty	FV40	2	Hyde Village Striders	6:16.52
2	115	Crawshaw	Samuel	MV40	12	Chorlton Runners	6:16.67
3	126	Willemse	Masha	FSNR	6	Chorlton Runners	6:19.41
4	117	Davenport	Claire	FV35	4	Unattached	6:27.24
5	114	Buckley	Alex	FSNR	7	Chorlton Runners	6:32.82
6	120	Marsden	Antonia	FSNR	8	Didsbury Runners	6:33.54
7	118	Doe	Felicity	FSNR	9	Didsbury Runners	6:36.35
8	119	Lake	Simon	MV60	3	Royton RR	6:36.96
9	125	Smith	Debbie	FV45	2	Hyde Village Striders	6:51.83
10	116	Cunningham	Mike	MV70	1	Manchester H & AC	6:55.99
11	112	Beattie	Geoff	MV65	1	Sale H Manchester AC	7:06.42
12	113	Bradshaw	Arnold	MV70	2	Manchester H & AC	7:07.31
13	121	Merlo	Daniel	MV40	13	Rochdale H & AC	7:13.48

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THE MILE – RACE 4

<i>Race Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Cat.Psn</i>	<i>Club</i>	<i>Time</i>
1	105	Pendleton	Nick	MV40	11	Didsbury Runners	5:47.44
2	101	Hilton	Anthony	MSNR	40	Manchester H & AC	5:49.07
3	97	Chu	Jason	MSNR	41	Unattached	5:51.10
4	110	Walsh	Michael	MSNR	44	Unattached	6:04.32
5	102	Lord	Sean	MV45	7	Chorlton Runners	6:09.83
6	111	Yates	Jenny	FV50	1	Radcliffe AC	6:10.18
7	103	Mills	Rebecca	FV35	3	Swinton RC	6:15.97
8	104	Peachey	Chris	MV50	9	Chorlton Runners	6:16.22
9	108	Tout	Jonathan	MSNR	46	Chorlton Runners	6:19.76
10	96	Bueler	Angelique	FV40	3	Chorlton Runners	6:25.48
11	106	Perrot	Jacqueline	FV45	1	Chorlton Runners	6:28.85
12	100	Fielding	George	MV60	2	Swinton RC	6:29.59
13	107	Richardson	Glennis	FV55	1	Hyde Village Striders	6:31.03
14	98	Dalby	Ray	MV60	4	Rochdale H & AC	6:38.24

THE MILE – RACE 5

<i>Race Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Cat.Psn</i>	<i>Club</i>	<i>Time</i>
1	84	Finn	John	MV50	4	Hatton Darts RC	5:24.45
2	93	Stansfield	Michael	MV40	6	East Cheshire H & Tameside AC	5:24.83
3	88	McHugh	Damien	MSNR	31	Didsbury Runners	5:28.65
4	89	Murray	Dave	MSNR	37	Chorlton Runners	5:42.55
5	91	Rathod	Dev	MV40	10	Chorlton Runners	5:43.93
6	90	Oakley	Hermione	FSNR	3	Swinton RC	5:52.72
7	79	Barber	Melanie	FV40	1	Manchester H & AC	5:55.29
8	94	Turner	Craig	MV50	8	Manchester H & AC	5:57.05
9	80	Barras	Tony	MV45	6	Hyde Village Striders	6:00.53
10	92	Santos	Mario	MSNR	43	Swinton RC	6:03.21
11	82	Brogan	Jason	MV45	8	Manchester H & AC	6:18.26
12	87	Makinson	Andrew	MSNR	47	Chorlton Runners	6:20.39
13	85	Long	Mike	MV55	4	Manchester H & AC	6:32.42
14	83	Dale	Alison	MV50	10	Bury AC	6:39.43

THE MILE – RACE 6

<i>Race Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Cat.Psn</i>	<i>Club</i>	<i>Time</i>
1	77	Stuart	James	MSNR	30	Didsbury Runners	5:26.15
2	74	Smith	Olly	MSNR	33	Didsbury Runners	5:36.13
3	69	Hill	Colin	MSNR	34	Didsbury Runner	5:36.24
4	76	Stredder	Ben	MV40	8	Unattached	5:36.44
5	70	Hulme	Lee	MSNR	35	Unattached	5:39.37
6	71	Levin	Dan	MSNR	36	Didsbury Runners	5:39.83
7	72	Martin	Daniel	MSNR	38	Swinton RC	5:43.59

THE MANCHESTER MILE TRACK MEETING

THE MILE – RACE 6 - continued

Race Psn	No.	Last Name	First Name	Category	Cat.Psn	Club	Time
8	62	Barber	Chris	MV45	4	Marple Runners	5:46.71
9	73	Ralston	Sophie	FSNR	2	Univ of Manchester A & CCC	5:49.53
10	68	Halligan	Keith	MV50	7	Hyde Village Striders	5:51.32
11	67	Finnie	William	MU17	2	Manchester H & AC	5:52.37
12	63	Beaumont	Leona	FV35	2	Chorlton Runners	5:57.93
13	78	Tollefson	Emma	FSNR	4	Chorlton Runners	5:59.30
14	66	Cordingley	Frank	MV55	3	Sale H Manchester AC	6:05.60
15	65	Bradley	Kathryn	FSNR	5	Penny Lane Striders	6:05.65

THE MILE – RACE 7

Race Psn	No.	Last Name	First Name	Category	Cat.Psn	Club	Time
1	52	Kelly	Luke	MSNR	20	Chorlton Runners	5:13.25
2	47	Davenport	Tony	MV40	3	Trafford AC	5:13.65
3	53	Luffman	Stuart	MSNR	22	Unattached	5:17.23
4	46	Barton	Nicholas	MSNR	24	Manchester Road Runners	5:19.53
5	60	Wallace	Richard	MV55	1	Trafford AC	5:21.62
6	49	Eskander	Miras	MV40	5	Northern Masters AC	5:23.55
7	55	Parkinson	Callum	MSNR	29	Hyde Village Striders	5:24.66
8	51	Fowler	Neil	MV50	5	Crewe & Nantwich AC	5:26.18
9	58	Stepanchuk	Alina	FV35	1	Salford Metropolitan AC	5:27.25
10	59	Taylor	Steven	MV60	1	Trafford AC	5:27.96
11	50	Farr	Matthew	MV40	7	Didsbury Runners	5:31.12
12	48	Doxey	Steven	MV55	2	Swinton RC	5:36.14
13	61	Yarwood	Dan	MV40	9	Fetch Everyone RC	5:39.03
14	56	Ryan	Neil	MSNR	39	Manchester H & AC	5:43.72
15	57	Sharpe	Ian	MV45	3	Chorlton Runners	5:45.30
16	54	Lynan	David	MV45	5	Penny Lane Striders	5:50.42
17	157	Lewis	Sofie	MSNR	42	Didsbury Runners	5:52.20

THE MILE – RACE 8

Race Psn	No.	Last Name	First Name	Category	Cat.Psn	Club	Time
1	35	Farrelly	Joseph	MU17	1	Manchester H & AC	5:08.39
2	34	Dearnley-Lane	Jon	MSNR	16	Rochdale H & AC	5:09.02
3	33	Clarke	Chris	MSNR	17	Chorlton Runners	5:09.50
4	41	Porter	Andy	MV50	2	Bramhall Runners	5:11.18
5	43	Sutton	Dan	MSNR	19	Swinton RC	5:12.97
6	32	Bennett	Giles	MV50	3	Bury AC	5:18.79
7	31	Atkinson	Matt	MSNR	23	Manchester H & AC	5:19.23
8	38	Hargreaves	Michael	MSNR	26	Chorlton Runners	5:20.35
9	40	Kerrigan	David	MV40	4	Swinton RC	5:20.61
10	44	Tomkinson	Philip	MSNR	28	Manchester YMCA H	5:22.52
11	45	Welch	Steven	MSNR	32	Chorlton Runners	5:33.03
12	42	Sexton	Dominic	MV50	6	Hyde Village Striders	5:34.02

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THE MILE – RACE 9

Race Psn	No.	Last Name	First Name	Category	Cat.Psn	Club	Time
1	23	Marcroft	Greg	MSNR	8	Trafford AC	4:46.38
2	19	Edwards	Byron	MV45	1	Bury AC	4:48.20
3	15	Bird	Dan	MSNR	9	Swinton RC	4:48.68
4	28	Ryan	Phil	MV50	1	Unattached	4:55.86
5	8	Price	Russell	MSNR	12	Chorlton Runners	4:58.26
6	25	Mohammed	Fahmi	MSNR	13	Blackley & North Manchester AC	5:00.16
7	24	McDermott	Dougal	MSNR	14	Salford Metropolitan AC	5:02.62
8	29	Vasey	Daniel	MSNR	15	Chorlton Runners	5:02.73
9	20	Frehar	Petr	MV45	2	Unattached	5:10.58
10	30	Woodcock	Gareth	MSNR	18	Trafford AC	5:12.33
11	18	Cronin	Vicki	FSNR	1	Trafford AC	5:13.45
12	16	Bradley	Tom	MSNR	21	Hatton Darts RC	5:15.17
13	21	Jones	Mark	MSNR	25	Manchester H & AC	5:20.11
14	17	Brereton	Oliver	MSNR	27	Salford Metropolitan AC	5:20.71

THE MILE – RACE 10

Race Psn	No.	Last Name	First Name	Category	Cat.Psn	Club	Time
1	14	Zaman-Browne	Rocco	MSNR	1	Manchester H & AC	4:29.06
2	6	Lima	Bruno	MSNR	2	Salford H & AC	4:30.41
3	2	Coen	Richard	MV40	1	Wilmslow RC	4:35.49
4	1	Griffiths	Thomas	MSNR	3	St Helens Sutton AC	4:38.26
5	5	Lewis	George	MSNR	4	East Cheshire H & TAC	4:39.55
6	11	Twigg	David	MSNR	5	St Helens Sutton AC	4:40.71
7	10	Shaw	Daniel	MSNR	6	Bolton Utd H & AC	4:42.41
8	3	Foster	Leon	MSNR	7	Leeds City AC	4:43.06
9	9	Russell	Darren	MV40	2	Trafford AC	4:43.73
10	12	Ullah	Daniel	MSNR	10	Birchfield Harriers	4:49.23
11	13	Wall	James	MSNR	11	Trafford AC	4:50.10

POSITIONS BY CATEGORY – WOMEN

Category	Cat.Psn	No.	Race	Last Name	First Name	Club	Race Psn	Overall Psn	Time
FSNR	1	18	9	Cronin	Vicki	Trafford AC	11	28	5:13.45
FSNR	2	73	6	Ralston	Sophie	Univ of Manchester A& CCC	9	68	5:49.53
FSNR	3	90	5	Oakley	Hermione	Swinton RC	6	74	5:52.72
FSNR	4	78	6	Tollefson	Emma	Chorlton Runners	13	78	5:59.30
FSNR	5	65	6	Bradley	Kathryn	Penny Lane Striders	15	83	6:05.65
FSNR	6	126	3	Willemse	Masha	Chorlton Runners	3	92	6:19.41
FSNR	7	114	3	Buckley	Alex	Chorlton Runners	5	101	6:32.82
FSNR	8	120	3	Marsden	Antonia	Didsbury Runners	6	103	6:33.54
FSNR	9	118	3	Doe	Felicity	Didsbury Runners	7	104	6:36.35
FSNR	10	141	2	Walker	Catriona	Chorlton Runners	3	106	6:37.02
FSNR	11	140	2	Thompson	Victoria	Chorlton Runners	6	111	6:50.31
FSNR	12	128	2	Coates	Hannah	Chorlton Runners	12	124	7:34.03
FSNR	13	145	1	Das	Sara	Swinton RC	6	128	8:06.35

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FV35	1	58	7	Stepanchuk	Alina	Salford Metropolitan AC	9	47	5:27.25
FV35	2	63	6	Beaumont	Leona	Chorlton Runners	12	77	5:57.93
FV35	3	103	4	Mills	Rebecca	Swinton RC	7	87	6:15.97
FV35	4	117	3	Davenport	Claire	Unattached	4	96	6:27.24
FV35	5	142	2	Woodhead	Wendy	Manchester H & AC	9	116	6:59.64

FV40	1	79	5	Barber	Melanie	Manchester H & AC	7	75	5:55.29
FV40	2	124	3	Read	Kirsty	Hyde Village Striders	1	89	6:16.52
FV40	3	96	4	Bueler	Angelique	Chorlton Runners	10	95	6:25.48
FV40	4	127	2	Baba	Caroline	Manchester H & AC	5	110	6:43.26
FV40	5	129	2	Farrelly	Lindsey	Manchester H & AC	8	114	6:54.99
FV40	6	151	1	McDowell	Lindsey	Manchester H & AC	8	130	8:22.52
FV40	7	152	1	McNeill	Sian	Swinton RC	9	131	8:28.90

FV45	1	106	4	Perrot	Jacqueline	Chorlton Runners	11	97	6:28.85
FV45	2	125	3	Smith	Debbie	Hyde Village Striders	9	112	6:51.83
FV45	3	137	2	Qamar	Isabelle	Didsbury Runners	10	119	7:08.94
FV45	4	148	1	Gordon	Lisa	Didsbury Runners	1	121	7:15.08

FV50	1	111	4	Yates	Jenny	Radcliffe AC	6	86	6:10.18
FV50	2	158	1	Beresford	Debbie	Manchester H & AC	10	132	8:34.41
FV50	3	144	1	Cross	Linda	Manchester H & AC	11	133	9:20.88

FV55	1	107	4	Richardson	Glennis	Hyde Village Striders	13	99	6:31.03
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FV60	1	146	1	Finn	Helen	Ivanhoe Runners	2	123	7:30.43
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FV65	1	153	1	Mitchell	Heather	Dewsbury RR	7	129	8:08.21
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POSITIONS BY CATEGORY - MEN

Category	Cat.Psn	No.	Race	Last Name	First Name	Club	Race Psn	Overall Psn	Time
MSNR	1	14	10	Zaman-Browne	Rocco	Manchester H & AC	1	1	4:29.06
MSNR	2	6	10	Lima	Bruno	Salford H & AC	2	2	4:30.41
MSNR	3	1	10	Griffiths	Thomas	St Helens Sutton AC	4	4	4:38.26
MSNR	4	5	10	Lewis	George	East Cheshire H & Tameside	5	5	4:39.55
MSNR	5	11	10	Twigg	David	St Helens Sutton AC	6	6	4:40.71
MSNR	6	10	10	Shaw	Daniel	Bolton Utd H & AC	7	7	4:42.41
MSNR	7	3	10	Foster	Leon	Leeds City AC	8	8	4:43.06
MSNR	8	23	9	Marcroft	Greg	Trafford AC	1	10	4:46.38
MSNR	9	15	9	Bird	Dan	Swinton RC	3	12	4:48.68
MSNR	10	12	10	Ullah	Daniel	Birchfield Harriers	10	13	4:49.23
MSNR	11	13	10	Wall	James	Trafford AC	11	14	4:50.10
MSNR	12	8	9	Price	Russell	Chorlton Runners	5	16	4:58.26
MSNR	13	25	9	Mohammed	Fahmi	Blackley&North Manchester	6	17	5:00.16
MSNR	14	24	9	McDermott	Dougal	Salford Metropolitan AC	7	18	5:02.62
MSNR	15	29	9	Vasey	Daniel	Chorlton Runners	8	19	5:02.73
MSNR	16	34	8	Dearnley-Lane	Jon	Rochdale H & AC	2	21	5:09.02

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MSNR	17	33	8	Clarke	Chris	Chorlton Runners	3	22	5:09.50
MSNR	18	30	9	Woodcock	Gareth	Trafford AC	10	25	5:12.33
MSNR	19	43	8	Sutton	Dan	Swinton RC	5	26	5:12.97
MSNR	20	52	7	Kelly	Luke	Chorlton Runners	1	27	5:13.25
MSNR	21	16	9	Bradley	Tom	Hatton Darts RC	12	30	5:15.17
MSNR	22	53	7	Luffman	Stuart	Unattached	3	31	5:17.23
MSNR	23	31	8	Atkinson	Matt	Manchester H & AC	7	33	5:19.23
MSNR	24	46	7	Barton	Nicholas	Manchester Road Runners	4	34	5:19.53
MSNR	25	21	9	Jones	Mark	Manchester H & AC	13	35	5:20.11
MSNR	26	38	8	Hargreaves	Michael	Chorlton Runners	8	36	5:20.35
MSNR	27	17	9	Brereton	Oliver	Salford Metropolitan AC	14	38	5:20.71
MSNR	28	44	8	Tomkinson	Philip	Manchester YMCA H	10	40	5:22.52
MSNR	29	55	7	Parkinson	Callum	Hyde Village Striders	7	43	5:24.66
MSNR	30	77	6	Stuart	James	Didsbury Runners	1	45	5:26.15
MSNR	31	88	5	McHugh	Damien	Didsbury Runners	3	49	5:28.65
MSNR	32	45	8	Welch	Steven	Chorlton Runners	11	51	5:33.03
MSNR	33	74	6	Smith	Olly	Didsbury Runners	2	53	5:36.13
MSNR	34	69	6	Hill	Colin	Didsbury Runner	3	55	5:36.24
MSNR	35	70	6	Hulme	Lee	Unattached	5	58	5:39.37
MSNR	36	71	6	Levin	Dan	Didsbury Runners	6	59	5:39.83
MSNR	37	89	5	Murray	Dave	Chorlton Runners	4	60	5:42.55
MSNR	38	72	6	Martin	Daniel	Swinton RC	7	61	5:43.59
MSNR	39	56	7	Ryan	Neil	Manchester H & AC	14	62	5:43.72
MSNR	40	101	4	Hilton	Anthony	Manchester H & AC	2	67	5:49.07
MSNR	41	97	4	Chu	Jason	Unattached	3	70	5:51.10
MSNR	42	157	7	Lewis	Sofie	Didsbury Runners	17	72	5:52.20
MSNR	43	92	5	Santos	Mario	Swinton RC	10	80	6:03.21
MSNR	44	110	4	Walsh	Michael	Unattached	4	81	6:04.32
MSNR	45	135	2	Merritt	Steven	Didsbury Runners	1	84	6:07.44
MSNR	46	108	4	Tout	Jonathan	Chorlton Runners	9	93	6:19.76
MSNR	47	87	5	Makinson	Andrew	Chorlton Runners	12	94	6:20.39

MU17	1	35	8	Farrelly	Joseph	Manchester H & AC	1	20	5:08.39
MU17	2	67	6	Finnie	William	Manchester H & AC	11	73	5:52.37

MV40	1	2	10	Coen	Richard	Wilmslow RC	3	3	4:35.49
MV40	2	9	10	Russell	Darren	Trafford AC	9	9	4:43.73
MV40	3	47	7	Davenport	Tony	Trafford AC	2	29	5:13.65
MV40	4	40	8	Kerrigan	David	Swinton RC	9	37	5:20.61
MV40	5	49	7	Eskander	Miras	Northern Masters AC	6	41	5:23.55
MV40	6	93	5	Stansfield	Michael	East Cheshire H & Tameside	2	44	5:24.83
MV40	7	50	7	Farr	Matthew	Didsbury Runners	11	50	5:31.12
MV40	8	76	6	Stredder	Ben	Unattached	4	56	5:36.44
MV40	9	61	7	Yarwood	Dan	Fetch Everyone RC	13	57	5:39.03

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MV40	10	91	5	Rathod	Dev	Chorlton Runners	5	63	5:43.93
MV40	11	105	4	Pendleton	Nick	Didsbury Runners	1	66	5:47.44
MV40	12	115	3	Crawshaw	Samuel	Chorlton Runners	2	90	6:16.67
MV40	13	121	3	Merlo	Daniel	Rochdale H & AC	13	120	7:13.48
MV40	14	147	1	Gill	Mo	Chorlton Runners	3	125	7:43.26

MV45	1	19	9	Edwards	Byron	Bury AC	2	11	4:48.20
MV45	2	20	9	Frehar	Petr	Unattached	9	23	5:10.58
MV45	3	57	7	Sharpe	Ian	Chorlton Runners	15	64	5:45.30
MV45	4	62	6	Barber	Chris	Marple Runners	8	65	5:46.71
MV45	5	54	7	Lynan	David	Penny Lane Striders	16	69	5:50.42
MV45	6	80	5	Barras	Tony	Hyde Village Striders	9	79	6:00.53
MV45	7	102	4	Lord	Sean	Chorlton Runners	5	85	6:09.83
MV45	8	82	5	Brogan	Jason	Manchester H & AC	11	91	6:18.26
MV45	9	131	2	Hedges	Simon	Chorlton Runners	4	109	6:40.92

MV50	1	28	9	Ryan	Phil	Unattached	4	15	4:55.86
MV50	2	41	8	Porter	Andy	Bramhall Runners	4	24	5:11.18
MV50	3	32	8	Bennett	Giles	Bury AC	6	32	5:18.79
MV50	4	84	5	Finn	John	Hatton Darts RC	1	42	5:24.45
MV50	5	51	7	Fowler	Neil	Crewe & Nantwich AC	8	46	5:26.18
MV50	6	42	8	Sexton	Dominic	Hyde Village Striders	12	52	5:34.02
MV50	7	68	6	Halligan	Keith	Hyde Village Striders	10	71	5:51.32
MV50	8	94	5	Turner	Craig	Manchester H & AC	8	76	5:57.05
MV50	9	104	4	Peachey	Chris	Chorlton Runners	8	88	6:16.22
MV50	10	83	5	Dale	Alison	Bury AC	14	108	6:39.43
MV50	11	139	2	Thear	Adrian	York Knivesmire H	7	113	6:52.93
MV50	12	138	2	Roberts	Mike	Chorlton Runners	11	122	7:18.21

MV55	1	60	7	Wallace	Richard	Trafford AC	5	39	5:21.62
MV55	2	48	7	Doxey	Steven	Swinton RC	12	54	5:36.14
MV55	3	66	6	Cordingley	Frank	Sale H Manchester AC	14	82	6:05.60
MV55	4	85	5	Long	Mike	Manchester H & AC	13	100	6:32.42
MV55	5	136	2	Payne	Tony	Chorlton Runners	2	102	6:33.52
MV55	6	156	1	Wilson	Andrew	Unattached	4	126	7:44.83

MV60	1	59	7	Taylor	Steven	Trafford AC	10	48	5:27.96
MV60	2	100	4	Fielding	George	Swinton RC	12	98	6:29.59
MV60	3	119	3	Lake	Simon	Royton RR	8	105	6:36.96
MV60	4	98	4	Dalby	Ray	Rochdale H & AC	14	107	6:38.24

MV65	1	112	3	Beattie	Geoff	Sale H Manchester AC	11	117	7:06.42
MV65	2	150	1	Kay	Geoff	Swinton RC	5	127	8:00.74

MV70	1	116	3	Cunningham	Mike	Manchester H & AC	10	115	6:55.99
MV70	2	113	3	Bradshaw	Arnold	Manchester H & AC	12	118	7:07.31

THE MANCHESTER MILE TRACK MEETING

POSITIONS FOR ALL COMPETITORS BASED ON TIME:

Overall Psn	Race Psn	Race	No.	Last Name	First Name	Category	Cat. Psn	Club	Time
1	1	10	14	Zaman-Browne	Rocco	MSNR	1	Manchester H & AC	4:29.06
2	2	10	6	Lima	Bruno	MSNR	2	Salford H & AC	4:30.41
3	3	10	2	Coen	Richard	MV40	1	Wilmslow RC	4:35.49
4	4	10	1	Griffiths	Thomas	MSNR	3	St Helens Sutton AC	4:38.26
5	5	10	5	Lewis	George	MSNR	4	East Cheshire H & Tameside AC	4:39.55
6	6	10	11	Twigg	David	MSNR	5	St Helens Sutton AC	4:40.71
7	7	10	10	Shaw	Daniel	MSNR	6	Bolton Utd H & AC	4:42.41
8	8	10	3	Foster	Leon	MSNR	7	Leeds City AC	4:43.06
9	9	10	9	Russell	Darren	MV40	2	Trafford AC	4:43.73
10	1	9	23	Marcroft	Greg	MSNR	8	Trafford AC	4:46.38
11	2	9	19	Edwards	Byron	MV45	1	Bury AC	4:48.20
12	3	9	15	Bird	Dan	MSNR	9	Swinton RC	4:48.68
13	10	10	12	Ullah	Daniel	MSNR	10	Birchfield Harriers	4:49.23
14	11	10	13	Wall	James	MSNR	11	Trafford AC	4:50.10
15	4	9	28	Ryan	Phil	MV50	1	Unattached	4:55.86
16	5	9	8	Price	Russell	MSNR	12	Chorlton Runners	4:58.26
17	6	9	25	Mohammed	Fahmi	MSNR	13	Blackley & North Manchester	5:00.16
18	7	9	24	McDermott	Dougal	MSNR	14	Salford Metropolitan AC	5:02.62
19	8	9	29	Vasey	Daniel	MSNR	15	Chorlton Runners	5:02.73
20	1	8	35	Farrelly	Joseph	MU17	1	Manchester H & AC	5:08.39
21	2	8	34	Dearnley-Lane	Jon	MSNR	16	Rochdale H & AC	5:09.02
22	3	8	33	Clarke	Chris	MSNR	17	Chorlton Runners	5:09.50
23	9	9	20	Frehar	Petr	MV45	2	Unattached	5:10.58
24	4	8	41	Porter	Andy	MV50	2	Bramhall Runners	5:11.18
25	10	9	30	Woodcock	Gareth	MSNR	18	Trafford AC	5:12.33
26	5	8	43	Sutton	Dan	MSNR	19	Swinton RC	5:12.97
27	1	7	52	Kelly	Luke	MSNR	20	Chorlton Runners	5:13.25
28	11	9	18	Cronin	Vicki	FSNR	1	Trafford AC	5:13.45
29	2	7	47	Davenport	Tony	MV40	3	Trafford AC	5:13.65
30	12	9	16	Bradley	Tom	MSNR	21	Hatton Darts RC	5:15.17
31	3	7	53	Luffman	Stuart	MSNR	22	Unattached	5:17.23
32	6	8	32	Bennett	Giles	MV50	3	Bury AC	5:18.79
33	7	8	31	Atkinson	Matt	MSNR	23	Manchester H & AC	5:19.23
34	4	7	46	Barton	Nicholas	MSNR	24	Manchester Road Runners	5:19.53
35	13	9	21	Jones	Mark	MSNR	25	Manchester H & AC	5:20.11
36	8	8	38	Hargreaves	Michael	MSNR	26	Chorlton Runners	5:20.35
37	9	8	40	Kerrigan	David	MV40	4	Swinton RC	5:20.61
38	14	9	17	Brereton	Oliver	MSNR	27	Salford Metropolitan AC	5:20.71
39	5	7	60	Wallace	Richard	MV55	1	Trafford AC	5:21.62
40	10	8	44	Tomkinson	Philip	MSNR	28	Manchester YMCA H	5:22.52
41	6	7	49	Eskander	Miras	MV40	5	Northern Masters AC	5:23.55
42	1	5	84	Finn	John	MV50	4	Hatton Darts RC	5:24.45
43	7	7	55	Parkinson	Callum	MSNR	29	Hyde Village Striders	5:24.66

THE MANCHESTER MILE TRACK MEETING

44	2	5	93	Stansfield	Michael	MV40	6	East Cheshire H & Tameside AC	5:24.83
45	1	6	77	Stuart	James	MSNR	30	Didsbury Runners	5:26.15
46	8	7	51	Fowler	Neil	MV50	5	Crewe & Nantwich AC	5:26.18
47	9	7	58	Stepanchuk	Alina	FV35	1	Salford Metropolitan AC	5:27.25
48	10	7	59	Taylor	Steven	MV60	1	Trafford AC	5:27.96
49	3	5	88	McHugh	Damien	MSNR	31	Didsbury Runners	5:28.65
50	11	7	50	Farr	Matthew	MV40	7	Didsbury Runners	5:31.12
51	11	8	45	Welch	Steven	MSNR	32	Chorlton Runners	5:33.03
52	12	8	42	Sexton	Dominic	MV50	6	Hyde Village Striders	5:34.02
53	2	6	74	Smith	Olly	MSNR	33	Didsbury Runners	5:36.13
54	12	7	48	Doxey	Steven	MV55	2	Swinton RC	5:36.14
55	3	6	69	Hill	Colin	MSNR	34	Didsbury Runner	5:36.24
56	4	6	76	Stredder	Ben	MV40	8	Unattached	5:36.44
57	13	7	61	Yarwood	Dan	MV40	9	Fetch Everyone RC	5:39.03
58	5	6	70	Hulme	Lee	MSNR	35	Unattached	5:39.37
59	6	6	71	Levin	Dan	MSNR	36	Didsbury Runners	5:39.83
60	4	5	89	Murray	Dave	MSNR	37	Chorlton Runners	5:42.55
61	7	6	72	Martin	Daniel	MSNR	38	Swinton RC	5:43.59
62	14	7	56	Ryan	Neil	MSNR	39	Manchester H & AC	5:43.72
63	5	5	91	Rathod	Dev	MV40	10	Chorlton Runners	5:43.93
64	15	7	57	Sharpe	Ian	MV45	3	Chorlton Runners	5:45.30
65	8	6	62	Barber	Chris	MV45	4	Marple Runners	5:46.71
66	1	4	105	Pendleton	Nick	MV40	11	Didsbury Runners	5:47.44
67	2	4	101	Hilton	Anthony	MSNR	40	Manchester H & AC	5:49.07
68	9	6	73	Ralston	Sophie	FSNR	2	Univ of Manchester A & CCC	5:49.53
69	16	7	54	Lynan	David	MV45	5	Penny Lane Striders	5:50.42
70	3	4	97	Chu	Jason	MSNR	41	Unattached	5:51.10
71	10	6	68	Halligan	Keith	MV50	7	Hyde Village Striders	5:51.32
72	17	7	157	Lewis	Sofie	MSNR	42	Didsbury Runners	5:52.20
73	11	6	67	Finnie	William	MU17	2	Manchester H & AC	5:52.37
74	6	5	90	Oakley	Hermione	FSNR	3	Swinton RC	5:52.72
75	7	5	79	Barber	Melanie	FV40	1	Manchester H & AC	5:55.29
76	8	5	94	Turner	Craig	MV50	8	Manchester H & AC	5:57.05
77	12	6	63	Beaumont	Leona	FV35	2	Chorlton Runners	5:57.93
78	13	6	78	Tollefson	Emma	FSNR	4	Chorlton Runners	5:59.30
79	9	5	80	Barras	Tony	MV45	6	Hyde Village Striders	6:00.53
80	10	5	92	Santos	Mario	MSNR	43	Swinton RC	6:03.21
81	4	4	110	Walsh	Michael	MSNR	44	Unattached	6:04.32
82	14	6	66	Cordingley	Frank	MV55	3	Sale H Manchester AC	6:05.60
83	15	6	65	Bradley	Kathryn	FSNR	5	Penny Lane Striders	6:05.65
84	1	2	135	Merritt	Steven	MSNR	45	Didsbury Runners	6:07.44
85	5	4	102	Lord	Sean	MV45	7	Chorlton Runners	6:09.83
86	6	4	111	Yates	Jenny	FV50	1	Radcliffe AC	6:10.18
87	7	4	103	Mills	Rebecca	FV35	3	Swinton RC	6:15.97
88	8	4	104	Peachey	Chris	MV50	9	Chorlton Runners	6:16.22

THE MANCHESTER MILE TRACK MEETING

89	1	3	124	Read	Kirsty	FV40	2	Hyde Village Striders	6:16.52
90	2	3	115	Crawshaw	Samuel	MV40	12	Chorlton Runners	6:16.67
91	11	5	82	Brogan	Jason	MV45	8	Manchester H & AC	6:18.26
92	3	3	126	Willemse	Masha	FSNR	6	Chorlton Runners	6:19.41
93	9	4	108	Tout	Jonathan	MSNR	46	Chorlton Runners	6:19.76
94	12	5	87	Makinson	Andrew	MSNR	47	Chorlton Runners	6:20.39
95	10	4	96	Bueler	Angelique	FV40	3	Chorlton Runners	6:25.48
96	4	3	117	Davenport	Claire	FV35	4	Unattached	6:27.24
97	11	4	106	Perrot	Jacqueline	FV45	1	Chorlton Runners	6:28.85
98	12	4	100	Fielding	George	MV60	2	Swinton RC	6:29.59
99	13	4	107	Richardson	Glennis	FV55	1	Hyde Village Striders	6:31.03
100	13	5	85	Long	Mike	MV55	4	Manchester H & AC	6:32.42
101	5	3	114	Buckley	Alex	FSNR	7	Chorlton Runners	6:32.82
102	2	2	136	Payne	Tony	MV55	5	Chorlton Runners	6:33.52
103	6	3	120	Marsden	Antonia	FSNR	8	Didsbury Runners	6:33.54
104	7	3	118	Doe	Felicity	FSNR	9	Didsbury Runners	6:36.35
105	8	3	119	Lake	Simon	MV60	3	Royton RR	6:36.96
106	3	2	141	Walker	Catriona	FSNR	10	Chorlton Runners	6:37.02
107	14	4	98	Dalby	Ray	MV60	4	Rochdale H & AC	6:38.24
108	14	5	83	Dale	Alison	MV50	10	Bury AC	6:39.43
109	4	2	131	Hedges	Simon	MV45	9	Chorlton Runners	6:40.92
110	5	2	127	Baba	Caroline	FV40	4	Manchester H & AC	6:43.26
111	6	2	140	Thompson	Victoria	FSNR	11	Chorlton Runners	6:50.31
112	9	3	125	Smith	Debbie	FV45	2	Hyde Village Striders	6:51.83
113	7	2	139	Thear	Adrian	MV50	11	York Knavesmire H	6:52.93
114	8	2	129	Farrelly	Lindsey	FV40	5	Manchester H & AC	6:54.99
115	10	3	116	Cunningham	Mike	MV70	1	Manchester H & AC	6:55.99
116	9	2	142	Woodhead	Wendy	FV35	5	Manchester H & AC	6:59.64
117	11	3	112	Beattie	Geoff	MV65	1	Sale H Manchester AC	7:06.42
118	12	3	113	Bradshaw	Arnold	MV70	2	Manchester H & AC	7:07.31
119	10	2	137	Qamar	Isabelle	FV45	3	Didsbury Runners	7:08.94
120	13	3	121	Merlo	Daniel	MV40	13	Rochdale H & AC	7:13.48
121	1	1	148	Gordon	Lisa	FV45	4	Didsbury Runners	7:15.08
122	11	2	138	Roberts	Mike	MV50	12	Chorlton Runners	7:18.21
123	2	1	146	Finn	Helen	FV60	1	Ivanhoe Runners	7:30.43
124	12	2	128	Coates	Hannah	FSNR	12	Chorlton Runners	7:34.03
125	3	1	147	Gill	Mo	MV40	14	Chorlton Runners	7:43.26
126	4	1	156	Wilson	Andrew	MV55	6	Unattached	7:44.83
127	5	1	150	Kay	Geoff	MV65	2	Swinton RC	8:00.74
128	6	1	145	Das	Sara	FSNR	13	Swinton RC	8:06.35
129	7	1	153	Mitchell	Heather	FV65	1	Dewsbury RR	8:08.21
130	8	1	151	McDowell	Lindsey	FV40	6	Manchester H & AC	8:22.52
131	9	1	152	McNeill	Sian	FV40	7	Swinton RC	8:28.90
132	10	1	158	Beresford	Debbie	FV50	2	Manchester H & AC	8:34.41
133	11	1	144	Cross	Linda	FV50	3	Manchester H & AC	9:20.88

THE MANCHESTER MILE TRACK MEETING

*Manchester Harriers & A.C. thank the
Officials and all who helped*

Referee: Carol Brown

Starter: David Brown

Marksman: Jeanie Jones

Judges: Brenda Bradshaw, Rachel Cooper, Scott Cooper
Cathy Flitcroft, Jim Jones, Lydia Kelly

Timekeepers: **Chief** Mike Wolfendale,
Dave Flitcroft, George Lawson, Mike Welford

Groundstaff: courtesy of Sportcity

Photo Finish: Derek Nicholson, Ian Burton, Emilie Cooper, Tess Ptonka

Announcer: Nick Bishop

First Aid: Debbie Beresford

Registration: Peter Ferguson, Beverley O'Donnell

Presentations: Club President George Lawson
& sub-four minute miler Malcolm Plant

Other duties covered including:

Entries, Set-up, Hospitality, Registration, Presentation, t-shirts:
Debbie Beresford, Arnold Bradshaw, Brenda Bradshaw, David Gregory,
Mavis Gregory, Lydia Kelly, Malcolm Plant, Dave Wood.

*..... and a big thank you to all the
competitors for supporting this event.
We do hope you will come back next year.*

*Results will be sent to Sportsoft (www.race-results.co.uk) the Power
of Ten and AW (Athletics Weekly) and will be posted on the Club's
website www.manchesterharriers.co.uk and on www.bbresults.co.uk.*

Queries:

*Please contact Manchester Harriers & AC
by telephone (Brenda): 0161-796 6310
or by email (Brenda): arnoldbradshaw@btinternet.com*