

X Border 10k at Carlisle on Sunday 28th January 2018

XBorder — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time				
1	637	Der Land Ceas Van		Tyne Bridge Harriers	34:54	91	198 Darren Fell	Unattached	46:43
2	259	Ben Hale		Northern Fells RC	35:28	92	316 Wayne Horsley	V4022 Unattached	46:45
3	249	Nathan Gray		Cumberland Ac	35:42	93	655 (No. 655)	L 13 Unattached	46:48
4	173	Dean Douglas		Unattached	36:36	94	289 David Henderson	V5010 Kirkcudbright Running Club	46:50
5	420	Nigel McCombie		Eden Runners	37:19	95	558 Michael Routledge	Unattached	46:52
6	314	Piotr Horodyski		Tk kf Kolejarz Bydgoszcz	37:52	96	480 Dave Murray	Chorlton Runners	47:04
7	390	Ross Mitchell		Unattached	38:06	97	784 Calum Macdonald	Unattached	47:06
8	667	Owain Williams		Edinburgh Athletics Club	38:24	98	180 Paul Dye	V5011 St Bees Triers	47:18
9	95	Mike Matthews		Border Reiver Runners	38:31	99	372 Kim Lancaster	L 14 South Shields Harriers	47:18
10	387	Michael Loudon		Unattached	38:35	100	751 (No. 751)	Unattached	47:18
11	253	Adam Greenup		Unattached	39:06	101	592 Lisa Spratling	L40 5 St Bees Triers	47:22
12	492	Grant Noble	V50 1	Scottish Vet Harriers	39:13	102	429 Danny McDougall	V4023 Unattached	47:27
13	731	Guy Bettinson	V40 1	St Bees Triers	39:16	103	414 Marc McAlindon	Unattached	47:29
14	643	Peter Walker	V50 2	Derwent AC	39:33	104	37 Matthew Bell	Unattached	47:35
15	374	Kyle Laurie		Unattached	39:36	105	26 Mally Barclay	V4024 Northern Fells RC	47:43
16	21	Aaron Baglee	V40 2	Eden Runners	39:41	106	342 Richard Johnston	V4025 Carlisle Tri	47:51
17	258	Stephen Hackley	V40 3	Derwent AC	39:44	107	505 Mark Parker	V4026 Lowfell Running Club	47:55
18	3	Scott Affleck		Unattached	39:48	108	45 Thomas Bentham	V4027 Unattached	48:00
19	312	Douglas Holmes	V40 4	Glasgow Triathlon Club	39:59	109	470 Wayne Moynan	Border Reiver Runners	48:01
20	101	James Christmas		Keswick AC	40:08	110	770 Rob Little	Unattached	48:05
21	214	Stephen Forster	V40 5	Unattached	40:12	111	267 Michael Hancock	V4028 Unattached	48:07
22	701	David Reay		Unattached	40:17	112	177 Bethany Duffy	L 16 Dh Runners	48:12
23	742	Craig Speirs	V40 6	Unattached	40:24	113	238 Mark Graham	V4029 Unattached	48:13
24	308	Lee Hodgson	V40 7	Unattached	40:32	114	274 Greg Harrison	V4030 Unattached	48:16
25	169	John Donaldson		Unattached	40:39	115	39 Amy Bell	L 17 Dalbeattie Running Club	48:19
26	586	John Slater		Unattached	40:43	116	121 Christopher Cook	Unattached	48:20
27	140	Craig Cuthbert		Unattached	40:46	117	747 Jonny Sunley	Unattached	48:23
28	641	Josh Waite		Carlisle Tri	40:47	118	725 Dave Thomas	Unattached	48:29
29	761	Graeme Fleming		Unattached	40:57	119	722 Andrew Allison	Unattached	48:29
30	188	Keith Elliot		Muckle Toon Joggers	41:08	120	209 Paul Fleming	Unattached	48:31
31	702	Karen Bridge	L 1	Eden Runners	41:13	121	766 Amanda Singleton	L45 1 Eden Runners	48:37
32	622	Martin Thomlinson		Muckle Toon Joggers	41:19	122	386 Sarah Lord	L40 6 Dh Runners	48:39
33	430	Peter McElvanney	V40 8	Gateshead Harriers & Ac	41:22	123	721 Nicholas Hutchinson	Unattached	48:43
34	220	Martin Gallagher	V40 9	Unattached	41:27	124	131 Allison Cruickshanks	L40 7 Kirkcudbright Running Club	48:46
35	170	Mark Donnelly		St Bees Triers	41:33	125	189 Robert Emmerson	Unattached	48:49
36	526	Andrew Potts	V4010	Unattached	41:34	126	718 Carl Deane	V4031 Dh Runners	48:50
37	306	Richard Hodgkins		Unattached	41:45	127	90 Peter Campbell	V5012 Border Harriers & Ac	49:01
38	61	John Brennand		Unattached	41:45	128	433 Clare McGlasson	L 21 St Bees Triers	49:02
39	621	Paul Thomason	V4011	Cumberland Ac	41:58	129	218 Wayne Fox	St Bees Triers	49:03
40	16	Lisa Atkinson	L 2	Gateshead Harriers & Ac	42:09	130	300 Aaron Hindmoor	Unattached	49:07
41	31	Simon Barwick	V4012	Unattached	42:10	131	215 Liz Forsyth	L40 8 Muckle Toon Joggers	49:09
42	255	Wayne Greig		Carlisle Tri	42:12	132	750 Steve Viney	V60 1 Unattached	49:09
43	774	Toddfiona	L40 1	Unattached	42:12	133	549 Gillian Robinson	L40 9 Gateshead Harriers & Ac	49:10
44	630	Lee Todhunter		Unattached	42:28	134	477 Rachel Mumberson	L 24 Unattached	49:12
45	726	Ali Little		Unattached	42:30	135	753 Linda Aspinall	L45 2 Unattached	49:13
46	399	David Magri		Unattached	42:33	136	265 James Hamilton	Unattached	49:14
47	743	Colin Nicholl	V4013	Dh Runners	42:42	137	524 Michael Potter	V4032 Gateshead Harriers & Ac	49:20
48	628	Paul Todd	V4014	Cumberland Ac	42:47	138	773 Guy Dawson	V45 1 Unattached	49:22
49	511	Chris Paton		Gateshead Harriers & Ac	42:51	139	33 Kirsty Beattie	L 26 Unattached	49:23
50	208	Ben Fisher		Unattached	42:53	140	161 Liberto Paolo Di	Unattached	49:24
51	699	Alan Young		Unattached	42:53	141	43 Laura Benson	L 27 Eden Runners	49:24
52	537	Paul Reay		Unattached	43:07	142	82 Selena Cairns	L 28 Border Reiver Runners	49:26
53	116	Edward Conner	V4015	Unattached	43:14	143	369 Angela Kirtley	L50 2 Gateshead Harriers & Ac	49:29
54	564	Mateusz Rys		Unattached	43:15	144	391 Allan Lytollis	V4033 Unattached	49:30
55	292	Lee Hetherington	V50 3	South Shields Harriers	43:20	145	714 Paul Hodgkinson	Br02	49:41
56	233	Simon Glover		Unattached	43:21	146	568 Skye Sarahs	L 30 Dumfries RC	49:46
57	560	Mark Rutherford	V4016	Keswick AC	43:27	147	652 Paul Ward	V5013 Unattached	49:48
58	610	Vanessa Strickland	L40 2	Run Mums	43:38	148	539 Duncan Remington	V4034 Dh Runners	49:48
59	199	Colin Fell	V50 4	Northern Fells RC	43:43	149	499 Simon Oneil	V4035 Unattached	49:51
60	365	Howard Kirkbride	V50 5	Unattached	44:01	150	113 Andy Conley	V4036 Border Reiver Runners	49:55
61	657	Adam Wedgwood	V4017	Unattached	44:06	151	691 Jeni Wright	L 31 Unattached	49:58
62	66	Stacey Brown	L 5	Unattached	44:06	152	579 Michiel Simons	Sweatshop Running Club	50:03
63	14	Robbie Armstrong	V4018	Unattached	44:09	153	503 Cal Pannone	L40 10 Uoc Teamten	50:08
64	495	Ben Norris		Unattached	44:15	154	461 Timos Moraitinis	V4037 St Bees Triers	50:11
65	442	Georgie McRoberts	L 6	Unattached	44:16	155	40 Katie Bell	L 33 Unattached	50:14
66	65	Nick Brown		Unattached	44:20	156	551 Chris Robinson	V5014 Dh Runners	50:18
67	678	Viv Winter	L50 1	Derwent AC	44:24	157	648 Lesley Wallace	L50 3 Women On The Run	50:20
68	23	Michael Bain		Unattached	44:24	158	748 David Mason	V4038 Carlisle Tri	50:26
69	494	Mike Norris	V50 6	Unattached	44:24	159	60 James Brash	Dumfries RC	50:29
70	112	Martin Cockroft		Unattached	44:35	160	604 Pamela Stitt	L 35 Kirkcudbright Running Club	50:34
71	777	Nick Symonds	V50 7	Unattached	44:38	161	662 Steeve Whitehead	V4039 Unattached	50:38
72	609	Graeme Stott	V4019	Howgill Harriers	44:40	162	52 John Billett	V60 2 Dh Runners	50:45
73	776	Catherine Ballard	L 8	St Bees Triers	44:49	163	431 James McFadden	V4040 Unattached	50:47
74	712	Adam Armata		Unattached	44:53	164	608 Caitlin Stokes	L 36 Howgill Harriers	50:47
75	607	Emma Stockdale	L 9	Wigton Road Runner	44:58	165	77 Jessica Burn	L 37 St Bees Triers	50:47
76	682	Andrew Womack		Unattached	44:59	166	605 Shane Stobart	Cumberland Ac	50:49
77	455	Alex Mitchell	V4020	Eden Runners	45:00	167	41 Dhaou Karen Ben	L 38 Dh Runners	50:49
78	782	William Brough		Unattached	45:00	168	128 Gary Crombie	V4041 Unattached	50:49
79	384	Ian Logan		Gateshead Harriers & Ac	45:02	169	547 John Robertson	V4042 Dalbeattie Running Club	50:50
80	401	Lisa Major	L40 3	Unattached	45:20	170	285 Mark Hedley	Unattached	50:57
81	540	Liam Richardson		Unattached	45:54	171	305 Calvin Ho	Dalbeattie Running Club	50:59
82	693	Thomas Wright		Kirkcudbright Running Club	45:54	172	370 Chris Knox	V5015 Dh Runners	50:59
83	740	John Evans	V50 8	Unattached	46:03	173	165 Brett Dixon	Unattached	51:01
84	0	???		???	46:08	174	425 Tara McCully	L 39 Unattached	51:10
85	646	Alan Walker	V50 9	St Bees Triers	46:16	175	70 Colin Browne	V4043 Carlisle Tri	51:11
86	744	Lisa Martin	L 11	Derwent AC	46:22	176	10 Ryan Anderson	Unattached	51:12
87	767	Stephen Belford		Unattached	46:23	177	273 Emily Harrison	L 40 Kirkcudbright Running Club	51:13
88	543	Seema Ritson	L40 4	Dh Runners	46:27	178	75 Morven Bulloch	L 41 Unattached	51:14
89	151	Tristan Davidson		Unattached	46:33	179	550 Judith Robinson	L50 4 Gateshead Harriers & Ac	51:15
90	53	David Billington	V4021	Unattached	46:43	180	172 Leanne Doswell	L 43 Unattached	51:16

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Sport
Soft

181	241	Charlie Graham	V70	1	Annan & District AC	51:17	278	467 (No. 467)	V5025	Pudsey Pacers	55:54
182	434	Megan McKeand	L	44	Kirkcudbright Running Club	51:18	279	508 Angie Parkin	L4026	Jog Scotland	55:56
183	745	Michelle Hannah	L	45	Unattached	51:26	280	489 Anthony Nicholson	V4063	Dh Runners	55:57
184		2 Criag Waller			Unattached	51:26	281	376 Vera Lee-Shephard	L5012	Unattached	55:59
185	392	Hamish Macdonald	V60	3	Dumfries RC	51:26	282	135 Olwen Cunningham	L4027	St Bees Triers	56:01
186	361	Viki Kent-Carlile	L	46	Carlisle Tri	51:26	283	501 Sarah Pagan	L	94 Unattached	56:03
187	463	Brian Morris	V4044		Lothian Running Club / Scottis	51:27	284	149 Emma Davidson	L	95 Unattached	56:11
188	445	Ian Mercer	V5016		Border Reiver Runners	51:27	285	697 Kevin Young		Unattached	56:11
189	231	Rowane Glendinning	L	47	Unattached	51:27	286	561 Gemma Ryan	L	96 Run Mums	56:11
190	281	Ellie Hatt	L	48	Border Reiver Runners	51:27	287	423 Kathryn McCrorie	L4028	Jog Scotland	56:11
191	359	Mikey Kendall			Unattached	51:33	288	164 Tina Diddee	L4029	Gateshead Harriers & Ac	56:11
192	296	Rebecca Hilland	L	49	St Bees Triers	51:34	289	409 Kirsty Martindale	L	102 Border Reiver Runners	56:19
193	696	Rachel Young	L	50	Unattached	51:36	290	484 Wendy Navin	L4031	St Bees Triers	56:19
194	364	Pheona Kerr	L4011		Kirkcudbright Running Club	51:38	291	36 Joanna Bedwell	L4032	Border Reiver Runners	56:19
195	94	Dennis Cartwright	V4045		Eden Runners	51:41	292	184 Hannah Edwards	L	102 Border Reiver Runners	56:19
196	519	Steven Pilmer			Unattached	51:41	293	422 Olga McCready	L5013	Dumfries RC	56:19
197	675	Craig Wilson			Unattached	51:41	294	250 Dawn Gray	L4033	Unattached	56:19
198	124	Michael Cooper	V4046		Unattached	51:41	295	727 Carole Baker	L4034	Unattached	56:19
199	642	Emma Walker	L4012		Derwent AC	51:48	296	580 Catherine Simpson	L4035	Ph Racing	56:19
200	660	Philip White	V4047		Unattached	51:56	297	191 Mark Evans	V4064	Unattached	56:29
201	741	Jeff Box	V5017		Unattached	51:57	298	763 (No. 763)		Unattached	56:31
202	584	Michelle Sinsheimer	L	53	Glasgow South Roadrunners	52:01	299	46 Gail Beveridge	L5014	Jog Scotland	56:38
203		7 Dan Alexander			Unattached	52:11	300	707 Jonathan Cork		Border Reiver Runners	56:38
204	156	Andrew Davis	V5018		Dumfries RC	52:25	301	765 Alison Rowsell	L55	1 Eden Runners	56:38
205	705	Stuart Walsh	V4048		Unattached	52:26	302	632 Julie Townsley	L	109 St Bees Triers	56:38
206	145	Richard Darling	V4049		Unattached	52:29	303	217 Dave Foulkes	V4065	Unattached	56:38
207	788	Ben Judge			Unattached	52:36	304	6 Andrew Aislabie	V5026	Unattached	56:38
208	775	Piotr Kadziolka			Unattached	52:36	305	248 Paul Mortimer	V5027	Pudsey Pacers	56:38
209	107	Sharon Clark	L4013		Wigton Road Runner	52:40	306	317 Clare Houghton	L5015	Unattached	56:38
210	152	Jackie Davies	L	55	Eden Rehab Runners	52:46	307	510 David Parsons		Unattached	56:38
211	25	Pauline Ballantyne	L50	5	Run Mums	52:46	308	576 Kirstin Shaw	L	111 Dumfries RC	56:56
212	708	Peter Gray	V4050		Border Reiver Runners	52:46	309	733 Mark Ryan		Unattached	56:57
213	228	Steven Gilmour	V4051		Unattached	52:46	310	486 Philip Nelson		Unattached	57:00
214	277	Simon Hartog	V5019		Unattached	52:46	311	736 Lucinda Dunning	L60	1 Border Reiver Runners	57:00
215	542	Jay Ritchie			Dh Runners	52:51	312	458 Kelly Monaghan	L	113 Unattached	57:02
216	133	Louise Cumbley	L4014		Castle Douglas Community RC	52:54	313	403 Carole Mallett	L5016	Lomond Hill Runners	57:06
217	257	Joy Gudgin	L50	6	Jog Scotland	52:58	314	120 Samantha Cook	L4036	Unattached	57:11
218	756 (No. 756)		L	59	Border Reiver Runners	53:00	315	110 Laura Clements	L4037	St Bees Triers	57:12
219	613	Dave Sturgeon			Unattached	53:02	316	237 Lottie Grace	L	117 Unattached	57:17
220	158	Karen Deighan	L4015		Jog Scotland	53:04	317	304 Po Ho	L4038	Dalbeattie Running Club	57:19
221	591	Jen Soweby	L50	7	Unattached	53:07	318	596 Dave Steele		Carlisle Tri	57:20
222	735	Ian Bell			Unattached	53:07	319	168 Al Docherty	V4066	Ern	57:23
223	728	Brian Champkins	V4052		Border Reiver Runners	53:10	320	13 Gayle Andrews	L	119 Unattached	57:23
224	650	Aleaasha Wallace	L	62	Unattached	53:19	321	625 Lynne Thomson	L4039	Unattached	57:23
225	269	Jayne Hanson	L50	8	Unattached	53:19	322	58 Jenna Boyko	L	121 Unattached	57:26
226	552	Martin Robinson			Unattached	53:19	323	162 Nikki Dickinson	L	122 Unattached	57:32
227	358	Jennie Kelton	L	64	Unattached	53:30	324	373 Jim Latimer	V4067	Unattached	57:32
228	574	Karen Scott	L	65	Dumfries RC	53:35	325	4 Nicola Agnew	L	123 Dalbeattie Running Club	57:35
229	352	Karen Joynson	L4016		Gateshead Harriers & Ac	53:35	326	319 Greig Houston	V4068	Unattached	57:35
230	723	Mark Ashton	V5020		Unattached	53:35	327	627 Paul Todd	V4069	Dh Runners	57:35
231	338	Andy Johnson			Unattached	53:41	328	715 Paul Harris	V5028	Unattached	57:40
232	381	Karen Littlejohn	L	67	Dumfries RC	53:44	329	89 Steve Campbell	V60	5 Unattached	57:40
233	781	Christopher Adams	L4017		Unattached	53:45	330	251 Nicole Gray	L	124 Unattached	57:40
234	353	Paul Jukes	V4053		Unattached	53:47	331	93 Shona Carey	L	125 Dh Runners	57:40
235	457	Wayse Molavian	V4054		Gateshead Harriers & Ac	53:50	332	29 Robin Barrie	L	126 Team Macuff	57:45
236	176	Louise Duffy	L4018		Dh Runners	53:51	333	340 Sam Johnston		Unattached	57:47
237	354	Marg Jukes	L4019		Unattached	54:00	334	197 Clare Feeney-Johnson	L4040	Women On The Run	57:52
238	734	Lucy Dunning	L	71	Border Reiver Runners	54:16	335	614 Jude Swan	L	128 Women On The Run	57:52
239	496	Claire Nugent	L	72	Unattached	54:30	336	783 Darren Whittaker		Unattached	57:55
240	315	Maciej Horodyski	V60	4	Unattached	54:33	337	706 Estelle Bailey	L4041	Border Reiver Runners	57:55
241	437	Helen McManus	L4020		Unattached	54:36	338	48 Paul Bewley	V4070	Unattached	57:55
242	534	Susie Raven	L	74	Gateshead Harriers & Ac	54:39	339	47 Lynn Bewley	L4042	Unattached	57:55
243	669	Scott Williamson			Unattached	54:40	340	768 Jemma Amin	L35	2 South Shields Harriers	57:59
244	762	Audrey O'Kelly	L50	9	Carlisle Tri	54:45	341	739 Neil Gillespie	V4071	Unattached	58:01
245	92	Sean Carey			Unattached	54:45	342	242 Andy Graham		Border Reiver Runners	58:04
246	563	Damian Rys			Unattached	54:47	343	143 John Dalton	V5029	Jog Scotland	58:07
247	441	Ashley McCann			Unattached	54:49	344	659 Barry White	V4072	Gateshead Harriers & Ac	58:07
248	535	Barry Rayson			Unattached	54:51	345	24 Lucy Baker	L4043	Howgill Harriers	58:07
249	478	Andy Munro			Unattached	54:53	346	567 Suzanne Sansom	L4044	Howgill Harriers	58:14
250	752	Sally McNaughan	L4021		Unattached	54:56	347	406 Claire Marshall	L	134 Run Mums	58:14
251	719	Jane Charteries	L4022		Jog On The Tyne	54:59	348	780 Debbie Mellin	L45	3 Unattached	58:14
252	122	Jill Cooke	L4023		Run Mums	55:04	349	221 Linda Gant	L60	2 St Bees Triers	58:18
253	225	David Gibson			Jog Scotland	55:12	350	337 Tony Jewell	V60	6 Body Fit Running Club	58:18
254	710	Kevin Mackie	V4055		Unattached	55:12	351	175 Billy Duff	V60	7 Falkland Trail Runners	58:20
255	450	Marie Milligan	L	79	Unattached	55:16	352	85 Karen Campbell	L5017	Falkland Trail Runners	58:20
256	421	Tanya McCoy	L	80	Unattached	55:16	353	363 Hamish Kerr	V4073	Unattached	58:22
257	270	Natasha Harbinson	L	81	Unattached	55:18	354	362 Fraser Kerr		Unattached	58:24
258	96	Mandy Cazes	L	82	Unattached	55:19	355	606 Elaine Stockdale	L	138 Wigton Road Runner	58:27
259	709	Sonia McMillan	L50	10	Border Reiver Runners	55:21	356	178 Allyson Duncan	L4045	Unattached	58:34
260	462	Tony Morgan	V4056		Unattached	55:23	357	600 Elaine Stewart	L5018	Unattached	58:38
261	193	Stewart Fairley	V5021		Unattached	55:24	358	167 Jane Dobson	L4046	Unattached	58:38
262	772	Wellisjennifer	L35	1	Run Mums	55:26	359	786 Ria Cavrie	L35	3 Unattached	58:38
263	779	Shieldssandi	L	85	Kirkcudbright Running Club	55:28	360	688 Belinda Worrall	L	143 Unattached	58:38
264	136	Raymond Currie	V5022		Unattached	55:30	361	454 Helen Mitchell	L	144 Eden Rehab Runners	58:45
265	183	Stephen Easthill	V4057		Unattached	55:31	362	327 Valerie Welden	L4047	Unattached	58:45
266	764	Stuart Miller	V4058		Unattached	55:33	363	290 Heather Herring	L4048	Unattached	58:45
267	243	Gavin Graham	V4059		Unattached	55:35	364	557 Jennifer Ross	L	147 Dumfries RC	58:54
268	335	Fiona Jardine	L50	11	Dumfries RC	55:37	365	294 Jeanette Hewitson	L5019	South Shields Harriers	58:54
269	28	Graeme Barham	V4060		Gateshead Harriers & Ac	55:38	366	186 Angi Effard	L5020	South Shields Harriers	58:54
270	98	Gary Chandler	V5023		Unattached	55:40	367	460 Heather Moorhouse	L	150 Women On The Run	58:54
271	439	Tanya McNaught	L	87	Unattached	55:42	368	235 Phil Gordon		Hatch Warren Runners	58:54
272	347	David Johnstone	V5024		Muckle Toon Joggers	55:43	369	408 Lorna Martin	L	151 Hatch Warren Runners	58:54
273	396	Martin Mackay	V4061		Fife AC	55:45	370	554 Stephen Rock	V60	8 Unattached	58:54
274	114	Steve Conley	V4062		Unattached	55:47	371	738 Lisa Seales	L	152 Unattached	58:54
275	166	Emily Dobson	L	88	Unattached	55:49	372	521 Julian Ponsford	V5030	Dh Runners	58:54
276	544	Jill Ritson	L4024		Women On The Run	55:50	373	83 Jean Callender	L5021	Unattached	58:54
277	459	Fiona Moore	L4025		Dh Runners	55:52	374	84 John Callender	V5031	Unattached	58:54

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375	518 Sarah Phillips	L 154	Muckle Toon Joggers	58:59	472	498 Anne O'Hagan	L5031	Glasgow Triathlon Club	1:02:32
376	778 Julie Baty	L35 4	Kirkcudbright Running Club	59:02	473	640 Rachel Wadge	L4074	Unattached	1:02:32
377	555 Steve Rolls	V4074	Unattached	59:04	474	301 Matthew Hindmoor		Unattached	1:02:32
378	626 Jamie Tiffin	L 156	Unattached	59:06	475	405 Louise Marshall	L 224	British Military Fitness	1:02:32
379	80 Emma Bzik	L 157	Body Fit Running Club	59:06	476	571 Alex Scott	L 225	Unattached	1:02:42
380	211 Jonny Forbes	V4075	Unattached	59:15	477	276 Elizabeth Hart	L 226	Unattached	1:02:42
381	181 Neil Dyson	V5032	Kirkcudbright Running Club	59:16	478	588 Karen Smith	L4075	Eden Rehab Runners	1:02:48
382	307 Brenda Hodgson	L4049	Unattached	59:20	479	601 Helen Taylor	L4076	Unattached	1:02:49
383	321 Alan Huggon	V4076	Border Reiver Runners	59:20	480	55 Kristy Blaen	L 229	Muckle Toon Joggers	1:02:54
384	247 Aileen Grant	L 159	Muckle Toon Joggers	59:22	481	51 Josette Billett	L60 4	Dh Runners	1:02:54
385	598 Jacquie Stewart	L5022	Unattached	59:24	482	385 Diana Lord	L60 5	Dalbeattie Running Club	1:02:54
386	684 Kel Wood	V4077	Fylde Coast Runner	59:24	483	590 Dot Smith	L60 6	Dalbeattie Running Club	1:03:08
387	541 Julie Riley	L4050	St Bees Triers	59:24	484	677 Susan Winn	L4077	Women On The Run	1:03:14
388	531 Tricia Radcliffe	L5023	St Bees Triers	59:28	485	279 Andrew Harvey	V5039	Unattached	1:03:15
389	297 Joanne Hills	L4051	Pennine Way School	59:32	486	565 Stefan Sabuda	V4085	Unattached	1:03:23
390	523 Shane Postlethwaite	V5033	Border Reiver Runners	59:41	487	148 Lynne Davidson	L 234	Unattached	1:03:27
391	760 Cliff Thorburn	V55 1	Dh Runners	59:41	488	323 Anne Hutchison	L 235	Unattached	1:03:28
392	638 Brianna Vandrey	L 164	Unattached	59:44	489	302 Lydia Hindmoor	L 236	Unattached	1:03:28
393	54 Lynsey Blacklock	L 165	Unattached	59:44	490	367 Beci Kirkbride	L 237	Unattached	1:03:31
394	15 Luke Asbridge		Unattached	59:45	491	366 Aimee Kirkbride	L 238	Unattached	1:03:32
395	476 Jacqueline Mulloy	L4052	Border Reiver Runners	59:51	492	446 David Milburn	V4086	Unattached	1:03:33
396	615 Andy Sweetman	V5034	Border Reiver Runners	59:51	493	538 Andrea Reese	L4078	Darlington Harriers	1:03:35
397	512 Roland Peacock	V70 2	Gateshead Harriers & Ac	59:56	494	711 Neville Lishman	V4087	Unattached	1:03:38
398	633 Paul Troughton		Unattached	59:56	495	595 Tony Spruce	V4088	Five 0 Runners	1:03:47
399	185 Nicola Edwards	L4053	Unattached	59:58	496	137 Petrina Currie	L 240	Unattached	1:03:50
400	418 Colin McCartney	V4078	Kirkcudbright Running Club	59:58	497	22 Amanda Baillie	L 241	Unattached	1:03:54
401	138 Cheryl Currie	L 168	Unattached	1:00:02	498	256 Lynsey Grieve	L 242	Unattached	1:03:56
402	206 Anna Firth	L4054	Derwent AC	1:00:02	499	212 Lorna Forrester	L 243	Unattached	1:03:56
403	123 Katherine Cooper	L4055	Unattached	1:00:09	500	713 Teresa Harris	L5032	Dh Runners	1:04:08
404	100 Michelle Chisholm	L 171	Falkland Trail Runners	1:00:09	501	559 Leanne Ruddick	L 245	Howgill Harriers	1:04:15
405	72 Ellen Bruce	L5024	Saltwell	1:00:10	502	325 Victoria Irving	L4079	Border Reiver Runners	1:04:17
406	205 Karen Finlinson	L4056	Unattached	1:00:10	503	394 Margaret Macintosh	L5033	Glasgow Triathlon Club	1:04:17
407	562 Sue Ryding	L4057	Unattached	1:00:11	504	700 Gary Youngest		Gateshead Harriers & Ac	1:04:25
408	787 Louise CoxO'Shea	L35 5	Unattached	1:00:11	505	190 Alison Evans	L4080	Run Mums	1:04:30
409	481 Amanda Murray	L4058	Notts Women Runners	1:00:12	506	379 David Little	V5040	Border Reiver Runners	1:04:34
410	581 Victoria Simpson	L 177	Unattached	1:00:16	507	91 Carrie Cannon	L 249	Run Mums	1:04:38
411	482 Rachel Murray	L 178	Unattached	1:00:16	508	757 (No. 757)	L 250	Border Reiver Runners	1:04:38
412	291 Nadine Hetherington	L4059	Fylde Coast Runner	1:00:16	509	673 Iain Wilson	V4089	Unattached	1:04:39
413	382 Terry Lobb	V5035	Fylde Coast Runner	1:00:21	510	631 Caroline Towers	L 251	Run Mums	1:04:42
414	275 Heather Harrison	L4060	Dh Runners	1:00:22	511	634 Helen Turner	L4081	Run Mums	1:04:42
415	341 Vicky Johnston	L4061	St Bees Triers	1:00:24	512	585 ?lan Slater	V5041	Unattached	1:04:46
416	645 Colin Walker	V4079	Wigton Road Runner	1:00:26	513	577 Petra Sheard	L5034	Unattached	1:04:50
417	232 Ross Glendinning		Unattached	1:00:28	514	261 Joanne Hall	L4082	Unattached	1:04:53
418	202 Kerrie Fiddler	L5025	Unattached	1:00:36	515	260 Darren Hall	V4090	Unattached	1:04:53
419	263 Cindy Halliday	L60 3	Unattached	1:00:38	516	298 Laura Hind	L 255	Unattached	1:04:59
420	236 Audrey Gordon	L4062	Unattached	1:00:38	517	108 Edward Clark	V5042	Unattached	1:05:06
421	452 Beverley Milnes	L4063	These Girls Can Run	1:00:44	518	155 Yeolande Davies	L5035	Dumfries RC	1:05:06
422	99 Colin Charlton		Unattached	1:00:44	519	583 Kathryn Sinsheimer	L60 7	Unattached	1:05:09
423	380 Katie Little	L 186	Border Reiver Runners	1:00:48	520	522 Catriona Porter	L4083	Women On The Run	1:05:20
424	636 Andrea Turney	L 187	Unattached	1:00:50	521	436 Martin McLocklan	V4091	Unattached	1:05:20
425	245 Donna Grant	L 188	Unattached	1:00:56	522	407 Andrew Marshall		Unattached	1:05:20
426	444 Angela Medd	L 189	Unattached	1:00:59	523	62 Graham Brierley	V5043	Border Reiver Runners	1:05:22
427	69 Stephanie Brown	L 190	Unattached	1:00:59	524	785 Richard Claydon	V70 3	Border Harriers & Ac	1:05:28
428	157 Stephanie Dawson	L 191	Run Mums	1:00:59	525	483 Geetha Narayanan	L4084	Unattached	1:05:35
429	318 Sarah Watson	L 192	Unattached	1:01:01	526	204 Marie Findlay	L4085	Unattached	1:05:54
430	216 Lisa Foster	L4064	Unattached	1:01:02	527	644 Helen Walker	L 261	Wigton Road Runner	1:06:17
431	703 James Drysdale		Unattached	1:01:02	528	339 Lynda Johnston	L 262	Unattached	1:06:18
432	432 David McGinn	V4080	Unattached	1:01:02	529	443 Deborah McTaggart	L 263	Unattached	1:06:20
433	79 Ruth Buxton	L5026	Women On The Run	1:01:06	530	686 Myrian Wood	L5036	Blengdale Runners AC	1:06:25
434	9 Belinda Amos	L4065	Ready Steady Go Pitreavie	1:01:07	531	729 David Willey	V6011	Blengdale Runners AC	1:06:25
435	105 Ronnie Clancy	V60 9	Unattached	1:01:16	532	737 Philip McKay	V5044	Unattached	1:06:31
436	104 Pauline Clancy	L5027	Unattached	1:01:18	533	527 Helen Prudham	L 265	South Shields Harriers	1:06:44
437	103 Joanne Clancy	L 197	Dundee Road Runners	1:01:18	534	286 Michelle Hemson	L4086	Unattached	1:06:52
438	102 Mairi Clancy	L 198	Tyne Bridge Harriers	1:01:18	535	68 Linda Brown	L4087	Wigton Road Runner	1:06:56
439	573 Tanya Scott	L 199	Unattached	1:01:23	536	755 Haugheyalice	L4088	Border Reiver Runners	1:06:57
440	303 Cathy Hinkins	L 200	Women On The Run	1:01:23	537	754 Elaine Wilson	L4089	Border Reiver Runners	1:06:57
441	424 Tony McCully	V6010	Unattached	1:01:23	538	410 Kate Mattinson	L 270	Eden Rehab Runners	1:07:02
442	419 Cathy McCleary	L4066	Unattached	1:01:25	539	448 Susan Milburn	L4090	Unattached	1:07:03
443	685 Rachel Wood	L 202	Unattached	1:01:28	540	203 Hannah Fiddler	L 272	Unattached	1:07:03
444	130 Kath Crozier	L 203	Unattached	1:01:28	541	44 Lesley Bentham	L4091	Unattached	1:07:07
445	656 Nicky Watson	L 204	Unattached	1:01:30	542	268 Sarah Hanlon	L4092	Tynedale Harriers	1:07:10
446	222 Michael Gault	V4081	Unattached	1:01:32	543	125 Peter Cornwall		Unattached	1:07:12
447	326 Niki Iveson	L 205	Unattached	1:01:32	544	192 Cath Fairlam	L4093	Unattached	1:07:13
448	345 Rebecca Johnstone	L 206	Unattached	1:01:37	545	5 Lynn Ailano	L4094	Jarrow And Hebburn	1:07:22
449	475 Nicole Mullen	L 207	Unattached	1:01:40	546	616 Gabriella Szabo	L5037	Kirkcudbright Running Club	1:07:23
450	163 Andy Dickson	V5036	Dumfries RC	1:01:40	547	639 Helen Waddell	L5038	Kirkcudbright Running Club	1:07:23
451	320 Samantha Howe	L4067	Unattached	1:01:41	548	746 John Nicol		Unattached	1:07:26
452	356 Susan Kelly	L4068	Gateshead Harriers & Ac	1:01:43	549	360 Melissa Kenney	L 279	Unattached	1:07:36
453	174 Karen Dowling	L5028	Gateshead Harriers & Ac	1:01:46	550	456 Michelle Moffat	L4095	Unattached	1:07:36
454	196 Drusilla Farr	L 211	Pennine Way School	1:01:46	551	74 Lynsey Buckle	L 281	Unattached	1:07:55
455	724 Gabrielle Kane	L5029	St Bees Triers	1:01:48	552	668 Amanda Williams	L 282	Jog Scotland	1:08:07
456	32 Paul Beal		Unattached	1:01:48	553	759 Emma Thorburn	L 283	Unattached	1:08:08
457	516 Adele Pemberton	L 213	Unattached	1:01:49	554	71 Kevin Bruce	V5045	Saltwell	1:08:14
458	1 Diane Ackley	L4069	Unattached	1:01:49	555	368 Linda Kirkcaldy	L4096	Anster Allsorts / Jog Scotland	1:08:18
459	63 Andrew Briscoe	V4082	Unattached	1:01:53	556	109 Gill Clegg	L5039	Uk Runchat	1:08:18
460	8 Annabelle Allen	L5030	Body Fit Running Club	1:01:58	557	471 Yvonne Wilson	L 286	Unattached	1:08:18
461	355 Heather Keiller	L4070	Unattached	1:02:00	558	635 Jill Turner	L4097	Unattached	1:08:20
462	720 Alison Pescod	L4071	Dh Runners	1:02:00	559	139 Declan Curtis	V4092	Unattached	1:08:20
463	672 Ian Wilson	V4083	Blengdale Runners AC	1:02:02	560	413 Ashleigh McAdams	L 288	Five 0 Runners	1:08:20
464	210 Paul Flynn	V5037	Five 0 Runners	1:02:17	561	240 Leigh Graham	L4098	Unattached	1:08:20
465	468 Jessica Morton	L 218	Five 0 Runners	1:02:18	562	309 Susan Holliday	L4099	Unattached	1:08:23
466	115 Pamela Conner	L4072	Unattached	1:02:19	563	127 Paul Cretney	V5046	Unattached	1:08:24
467	126 Rebecca Crellin	L 220	Cumberland Fell Runners	1:02:20	564	556 Karen Rose	L5040	Women On The Run	1:08:25
468	647 Ginny Walkingshaw	L4073	Unattached	1:02:24	565	78 Tanya Bushell	L40100	Women On The Run	1:08:28
469	154 Chris Davies		5-0 Runners	1:02:30	566	153 Victoria Davies	L40101	Five 0 Runners	1:08:28
470	147 Tony Davidson	V5038	Five 0 Runners	1:02:32	567	681 Nicola Wixon	L 294	Dalbeattie Running Club	1:08:36
471	224 Garry Geoghegan	V4084	Unattached	1:02:32	568	619 Lorna Taylor	L40102	Jogdalgetybay	1:08:44

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

569	262 Heather Hall	L 296	Kirkcudbright Running Club	1:09:02	611	334 Carole Jardine	L5051 Unattached	1:15:43
570	730 Sarah Dickinson	L 297	Unattached	1:09:03	612	570 Rebecca Schubert	L 338 Pennine Way School	1:15:46
571	545 Lisa Roberts	L 298	Unattached	1:09:03	613	227 Mark Gillatt	V5047 Unattached	1:16:22
572	469 Stephanie Mottram	L40103	Kirkcudbright Running Club	1:09:03	614	525 Rosie Potter	L5052 Unattached	1:16:22
573	383 Michelle Loftus	L5041	South Shields Harriers	1:09:10	615	88 Manda Campbell	L 340 Unattached	1:17:30
574	438 Susan McNally	L5042	Jarrow And Hebburn	1:09:10	616	11 Louise Anderton	L40113 Howgill Harriers	1:17:38
575	266 Sarah Hamilton	L40104	Dh Runners	1:09:14	617	42 Fiona Bennie	L 342 Jog Scotland	1:17:56
576	59 Frances Braithwaite	L 303	Dh Runners	1:09:17	618	287 Anthony Hemson	V5048 Unattached	1:18:09
577	328 Joanna Jablonska	L 304	Unattached	1:09:38	619	244 Kirsty Graham	L 343 Pennine Way School	1:18:39
578	200 Julie Fell	L40105	Unattached	1:09:50	620	520 Lillian Pollock	L6012 Border Reiver Runners	1:18:39
579	572 Teresa Scott	L 306	Run Mums	1:09:50	621	313 Laura Hopkins	L 345 Pennine Way School	1:18:42
580	81 Jane Cairns	L40106	Unattached	1:09:50	622	12 Emma Andrews	L 346 Unattached	1:20:42
581	20 Sophie Badrick	L 308	Unattached	1:10:02	623	182 Janet Dyson	L5053 Kirkcudbright Running Club	1:20:42
582	57 Katie Boichat	L 309	Unattached	1:10:02	624	694 Victoria Wright	L5054 Kirkcudbright Running Club	1:20:43
583	530 Lori Quayle	L40107	Unattached	1:10:16	625	664 Karen Wilkinson	L40114 Unattached	1:20:46
584	679 Susan Winter	L40108	Unattached	1:10:16	626	566 Alison Saddler	L40115 Unattached	1:20:46
585	716 Laura Cairns	L 312	Unattached	1:10:24	627	87 Donna Campbell	L40116 Dalbeattie Running Club	1:20:48
586	331 Nicola Jackson	L5043	Dh Runners	1:10:26	628	670 Katie Green	L 352 Dalbeattie Running Club	1:20:49
587	404 Marianne Manson	L 314	Unattached	1:10:32	629	692 Chris Wright	V4093 Unattached	1:20:59
588	466 Suzi Morrow	L40109	Jog Scotland	1:10:43	630	536 Cheryl Reah	L 353 South Shields Harriers	1:21:16
589	426 Karen McDonald	L5044	Jog Peebles	1:10:43	631	64 Gaynor Briscoe	L40117 Unattached	1:21:59
590	602 Susan Stewart	L5045	Jog Peebles	1:10:43	632	18 Jo Ayre	L 355 Unattached	1:21:59
591	500 Koren Ozdemir	L5046	Unattached	1:10:50	633	252 Amy Greenup	L 356 Unattached	1:22:00
592	479 Maureen Murray	L60 8	Border Reiver Runners	1:11:11	634	67 Clare Brown	L40118 Run Mums	1:25:17
593	771 Linda Farquhar	L70 1	St Bees Triers	1:11:15	635	553 Lara Robson-Parrot	L 358 Pennine Way School	1:25:35
594	589 Nicola Smith	L 321	Unattached	1:11:23	636	229 Rachel Girard	L40119 Darlington Harriers	1:27:13
595	230 Heather Glendinning	L5047	Unattached	1:11:24	637	666 Robert Williams	V6013 Unattached	1:27:29
596	732 Carole Holdich	L60 9	Dh Runners	1:11:53	638	474 Teresa Mulholland	L40120 Pennine Way School	1:29:08
597	447 Sara Milburn	L6010	Dh Runners	1:12:14	639	344 Elaine Johnston	L5055 Pennine Way School	1:29:08
598	134 Hannah Cundall	L 325	Unattached	1:12:23	640	587 Somer Slater	L 362 Unattached	1:29:38
599	73 Emma Bruce	L 326	Saltwell	1:13:08	641	585 ?Ian Slater	V5049 Unattached	1:29:38
600	769 Wyn Clayton	L70 2	Women On The Run	1:13:25	642	485 Michelle Naylor	L40121 Pennine Way School	1:29:58
601	280 Sarah Hastie	L 328	Unattached	1:13:27	643	56 Sue Blair	L5056 Pennine Way School	1:29:58
602	465 Fiona Morrison	L40110	Perth Road Runners	1:13:31	644	689 Jane Worth	L 365 Pennine Way School	1:30:15
603	388 Karen Loy	L5048	Kirkcudbright Running Club	1:13:32	645	343 Jackie Johnston	L5057 Pennine Way School	1:30:20
604	435 Kim McLachlan	L40111	Kirkcudbright Running Club	1:13:32	646	97 Romana Cecchi	L5058 Pennine Way School	1:30:20
605	582 Hilary Singelton	L40112	Unattached	1:13:33	647	49 Shazz Bil	L40122 Dh Runners	1:31:13
606	683 Robin Wombill	V6012	Perth Road Runners	1:14:18	648	50 Chris Bil	V4094 Unattached	1:31:13
607	758 K McLaughlin Flynn	L5049	Unattached	1:14:20	649	674 Emma Wilson	L40123 Kirkcudbright Running Club	1:32:21
608	472 Jayne Muir	L5050	Unattached	1:14:29	650	179 Angela Durham	L40124 Kirkcudbright Running Club	1:32:21
609	427 Susanne McDougall	L70 3	Dh Runners	1:15:18	651	624 Will Thompson	Unattached	1:44:02
610	393 Fiona Macfarlane	L6011	Unattached	1:15:42	652	569 Kiran Sathi	L 371 Pennine Way School	1:44:35

