

CITY OF MANCHESTER OPEN MEETING
(Organised by Sale Harriers Manchester)

21 January 2018



60m Hurdles Heat 1

1	242	Jack	Andrew	SEN	M	Sale Harriers Manchester	8.25
2	254	Liam	Collins	V35	M	Tynedale Harriers & Ac	8.29
3	149	Deo	Milandu	SEN	M	City Of Sheffield & Dearne Ac	8.49
4	104	Ben	Higgins	U20	M	Charnwood AC	8.54

60m Hurdles Heat 2

1	95	Ethan	Hall	U17	M	Crewe & Nantwich AC	9.35
2	159	David	Naylor	U17	M	Crewe & Nantwich AC	9.64
3	250	Lucas	Hayes	U17	M	Warrington AC	10.07

60m Hurdles Heat 3

1	241	Sophie	Bronze	SEN	F	Gateshead Harriers & AC	9.23
2	96	Rebecca	Hardy	U20	F	Warrington AC	9.50
3	271	Sián	Horrex	U20	F	Leeds City AC	9.76
4	202	Hollie	Stow	SEN	F	City Of Stoke Ac	9.89
5	48	Caitlin	Clamp	SEN	F	University of Manchester Athletics & Cross Cc	12.17

60m Hurdles Heat 4

1	267	Oliver	Ball	U15	M	Lancaster & Morecambe AC	9.64
2	222	Ben	Verbickas	U15	M	Crewe & Nantwich AC	9.95
3	32	Ben	Boocock	U15	M	Blackburn Harriers & AC	9.98
4	54	Jay	Cook	U15	M	Bury AC	11.27

60m Hurdles Heat 5

1	151	Emily	Misantoni	U17	F	Stockport Harriers & AC	9.49
2	233	Daisy	Worthington	U17	F	Bury AC	9.63
3	88	Amy	Garroch	U17	F	Bury AC	9.75
4	85	Shayon	Fryer-Francis	U17	F	Sale Harriers Manchester	9.96
5	132	Claudia	Lee	U17	F	East Cheshire Harriers & Tameside AC	10.58
6	12	Leah	Atack	U17	F	Leeds City AC	11.46

60m Hurdles Heat 6

1	248	Elle	Hinchliffe	U15	F	City Of Sheffield & Dearne Ac	9.33
2	262	Julia	Winogrodzka	U15	F	Bolton United Harriers & AC	9.58
3	113	Olivia	Hopwood	U15	F	Birchfield Harriers	9.99
4	43	Lois	Carroll	U15	F	Preston Harriers	10.06

60m Hurdles Heat 7

1	264	Sofija	Dragisic-Wood	U15	F	Sale Harriers Manchester	9.88
2	19	Abigael	Bamber	U15	F	Liverpool Pembroke & Sefton Harriers & AC	9.95
3	253	Kate	Smith	U15	F	Tynedale Harriers & Ac	9.96
4	115	Abigail	Howard	U15	F	Bury AC	10.10
5	68	Tamalyn	Dickinson	U15	F	Preston Harriers	DNF

60m Hurdles Heat 8

1	24	Jodi	Bemand	U15	F	West Cheshire AC	10.36
2	86	Ellise	Fryer-Francis	U15	F	Sale Harriers Manchester	10.72
3	68	Tamalyn	Dickinson	U15	F	Preston Harriers	10.91
4	22	Emily	Baxter	U15	F	Skyrac AC	11.19
5	94	Ella	Hall	U15	F	Bury AC	11.89

60m Heat 1

1	45	Michael	Causar	SEN	M	St Helens Sutton AC	6.97
2	272	Umar	Hameed	SEN	M	Sale Harriers Manchester	7.00
3	80	Jordan	Fairclough	SEN	M	Liverpool Harriers & AC	7.04
4	60	Sean	Crowie	SEN	M	Hillingdon AC	7.05
5	7	Morgan	Amed	U20	M	Coventry Godiva Harriers	7.13
6	130	Daniel	Lamb	U20	M	St Helens Sutton AC	7.17

60m Heat 2

1	195	Adel	Sesay	SEN	M	Rugby & Northampton AC	7.07
2	104	Ben	Higgins	U20	M	Charnwood AC	7.25
3	9	Diekumo	Anthony	SEN	M	Coventry Godiva Harriers	7.34
4	281	Daniel	Lavin	U20	M	Horwich RMI Harriers & AC	7.44
5	83	Haydn	Finn	SEN	M	Telford AC	7.59
6	39	Kyle	Calhoun	U20	M	Charnwood A C	DQ (162.7)

60m Heat 3

1	184	Harry	Richardson	SEN	M	Crewe & Nantwich AC	7.24
2	287	Ben	Basten	U17	M	Crewe & Nantwich AC	7.35
3	242	Jack	Andrew	SEN	M	Sale Harriers Manchester	7.38
4	93	Scott	Gunning	SEN	M	Swindon Harriers	7.48
5	282	Akinwumi	Akinloye	SEN	M	Corby AC	7.72
6	145	Stewart	Marshall	SEN	M	Coventry Godiva Harriers	7.72

60m Heat 4

1	81	James	Farr	U20	M	Crewe & Nantwich AC	7.21
2	120	Joshua	Ingham	SEN	M	Preston Harriers	7.35
3	30	Ackeel	Blake	U20	M	Wolverhampton & Bilston AC	7.47
4	276	Callum	Dowd	U20	M	Sale Harriers Manchester	7.54
5	189	Matthew	Salkeld	SEN	M	Border Harriers & AC	7.77
6	17	Neal	Baines	SEN	M	Mansfield Harriers & AC	DQ (162.7)

60m Heat 5

1	254	Liam	Collins	V35	M	Tynedale Harriers & Ac	7.39
2	301	Ian	Roberts	Sen	M	Wirral AC	7.60
3	273	Andrew	Parker	SEN	M	West Cheshire AC	7.61
4	90	Thomas	Grantham	SEN	M	City Of Sheffield & Dearne Ac	7.83
5	127	Aldo	Kriel	SEN	M	AVOHK(Hong Kong)	7.89
6	277	Ali	Bukhari	SEN	M	Uni. of Manchester Athletics & Cross Country	8.02

60m Heat 6

1	117	Alexander	Hughes	U20	M	Blackpool, Wyre & Fylde AC	7.47
2	65	Elliott	Davies	U20	M	Liverpool Harriers & AC	7.51
3	150	Hayley	Mills	SEN	F	University of Nottingham AC	7.65
4	165	Daniel	Nowosielski	SEN	M	West Cheshire AC	7.69
5	274	Chris	Burgess	SEN	M	Southport Waterloo AC	7.81
6	190	Dionne	Samuels	SEN	F	Birchfield Harriers & AC	7.94

60m Heat 7

1	279	Sam	Johnson	U20	M	Stockport Harriers & AC	7.69
2	118	Luke	Illidge	SEN	M	West Cheshire AC	7.92
3	42	David	Carpenter	SEN	M	Bingley Harriers & AC	7.92
4	215	Darren	Towart	SEN	M	Tynedale Harriers & Ac	8.02
5	286	Lucy	Evans	SEN	F	Sale Harriers Manchester	8.15
6	266	Jasmin	Plumpton	SEN	F	Uni. of Manchester Athletics & Cross Country	9.38

60m Heat 8

1	55	Harriet	Cooper	U20	F	Charnwood AC	7.98
2	306	Heidi	Jackson	SEN	F	City Of Stoke Ac	8.07
3	280	Luke	Farrant	U20	M	Buxton AC	8.09
4	1	Henry	Ackroyd	U20	M	Sedbergh School	8.40
5	162	Jason	Newell	SEN	M	Spenborough & District AC	8.49

60m Heat 9

1	39	Kyle	Calhoun	U20	M	Charnwood A C	7.25
2	314	Isaac	Banks	SEN	M	Unattached	7.29
3	254	Liam	Collins	V35	M	Tynedale Harriers & Ac	7.39
4	17	Neal	Baines	SEN	M	Mansfield Harriers & AC	7.50
5	145	Stewart	Marshall	SEN	M	Coventry Godiva Harriers	7.55
6	215	Darren	Towart	SEN	M	Tynedale Harriers & Ac	8.10

60m Heat 10

1	187	Louise	Robinson	U20	F	Birchfield Harriers & AC	8.27
2	136	Rebecca	Lister	U20	F	Leeds City AC	8.44
3	50	Louisa	Cole	SEN	F	Preston Harriers	8.51
4	275	Jessica	Fields	U20	F	Kingston upon Hull AC	8.77

60m Heat 11

1	229	Faith	Wood	U20	F	Blackpool, Wyre & Fylde AC	8.79
2	8	Wendy	Andrews	SEN	F	East Cheshire Harriers & Tameside AC	8.91

3	295	Tara	Proctor-Kinlen	SEN	F	Hyndburn AC	9.56
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60m Heat 12

1	96	Rebecca	Hardy	U20	F	Warrington AC	8.43
2	196	Imogen	Sharratt	SEN	F	West Cheshire AC	9.77
3	247	Davina	Storer	U20	F	West Cheshire AC	9.98
4	246	Heather	Miller	U20	F	West Cheshire AC	10.45

60m Heat 13

1	287	Ben	Basten	U17	M	Crewe & Nantwich AC	7.38
2	268	Shah-Ali	Zaidi	U17	M	Manchester Harriers & AC	7.51
3	155	Darian	Moore	U17	M	Worcester AC	7.59
4	256	Louis	Gyamfi	U17	M	Trafford AC	7.61
5	105	Lewis	Hindle	U17	M	Sale Harriers Manchester	7.66
6	116	Ben	Hughes	U17	M	Wigan & District Harriers & AC	7.68

60m Heat 14

1	183	Alex	Rhodes	U20	M	City of Stoke AC	7.50
2	259	Maciek	Filicha	U17	M	Leeds City AC	7.52
3	249	Louie	Hinchliffe	U17	M	City Of Sheffield & Dearne Ac	7.58
4	75	Connor	Eastlake	U17	M	City of Stoke AC	7.58
5	244	Evans Kwaku	Boasiako	U17	M	Oldham & Royton Harriers & AC	7.65
6	38	Jack	Brown-Schofield	U17	M	Stockport Harriers & AC	7.68

60m Heat 15

1	178	Emilio	Ramirez	U17	M	Stockport Harriers & AC	7.42
2	29	Zac	Blackwell	U17	M	Wigan & District Harriers & AC	7.57
3	218	Amari	Turner	U17	M	Manchester Harriers & AC	7.75
4	232	Andrew	Woodhouse	U17	M	Blackpool, Wyre & Fylde AC	7.80
5	52	Luke	Connolly	U17	M	Manchester Harriers & AC	7.96
6	291	Prince	Zola	U15	M	Sale Harriers Manchester	8.60

60m Heat 16

1	18	Sunny	Balogun	U17	M	Sedbergh School	7.81
2	313	Ethan	Hallas	U17	M	Preston Harriers	7.95
3	160	James	Naylor	U17	M	Sedbergh School	7.97
4	35	Alex	Booth	U17	M	Sedbergh School	7.97
5	315	Reuben	Singh	U17	M	Leeds City AC	8.01
6	133	William	Lewis	U17	M	Stockport Harriers & AC	8.15

60m Heat 17

1	175	Trinity	Perruzza-Powell	U17	F	Manchester Harriers & AC	7.64
2	47	Charlie	Churhouse	U17	M	Sedbergh School	7.85
3	263	Bibek	Chanda	U17	M	Hallamshire Harriers Sheffield	7.86
4	206	Trezequet	Taylor	U15	F	Trafford AC	7.88
5	128	Beth	Laidlaw	U17	F	Wigan & District Harriers & AC	8.33
6	307	Luke	Zakian	U17	M	Stockport Harriers & AC	8.38

60m Heat 18

1	158	Temi	Mustapha	U17	F	Lancaster & Morecambe AC	8.07
2	134	Lauren	Lewis	U17	F	Liverpool Pembroke & Sefton Harriers & AC	8.13
3	188	Lucy	Robinson	U17	F	Liverpool Harriers & AC	8.24
4	168	Sarah - Jane	Ollis	U17	F	Worcester AC	8.31
5	73	Eleanor	Duncan	U17	F	Worcester AC	8.65
6	227	Nekkisha	Wilson	U17	F	Blackpool, Wyre & Fylde AC	9.00

60m Heat 19

1	97	Katie	Harris	U17	F	Worcester AC	8.56
2	324	Ella	Wilson	U17	F	Sale Harriers Manchester	8.62
3	12	Leah	Atack	U17	F	Leeds City AC	8.73
4	101	India	Hayden-Wood	U17	F	Sedbergh School	9.00

60m Heat 20

1	258	Lydia	Lycholat	U17	F	Wigan & District Harriers & AC	8.45
2	85	Shayon	Fryer-Francis	U17	F	Sale Harriers Manchester	8.62
3	219	Scout	Turner-Richards	U17	F	Sedbergh School	8.85
4	305	Omobolaji	Adenug-A	U17	F	Sale Harriers Manchester	8.88
5	132	Claudia	Lee	U17	F	East Cheshire Harriers & Tameside AC	9.38
6	157	Jenna	Murdoch	U17	F	Leeds City AC	9.72

60m Heat 21

1	234	Sophie	Yates	U17	F	East Cheshire Harriers & Tameside Ac	8.47
2	170	Success	Osuoha	U17	F	East Cheshire Harriers & Tameside AC	8.76
3	211	Lucy	Thompson	U17	F	East Cheshire Harriers & Tameside AC	8.84

60m Heat 22

1	285	Ben	Wallace	U15	M	Wirral AC	7.55
2	84	George	Foster	U15	M	City of Stoke AC	7.79
3	148	Gabriel	Mikoleizik	U15	M	West Cheshire AC	7.85
4	103	Joseph	Herbert	U15	M	Sale Harriers Manchester	8.00
5	293	Basil	Zola	U15	M	Sale Harriers Manchester	8.21

60m Heat 23

1	76	Zach	Eckersley	U15	M	Oldham & Royton Harriers & AC	7.86
2	302	Thomas	McKeen	U15	M	Warrington AC	8.03
3	252	Sam	Danson	U15	M	Macclesfield Harriers & AC	8.33
4	59	Daniel	Cross	U15	M	Wirral AC	8.63

60m Heat 24

1	100	Samuel	Harrison	U15	M	Liverpool Harriers & AC	8.53
2	77	Jacob	Edgehill	U15	M	Colwyn Bay AAC	8.79
3	292	Tim	Zola	U13	M	Sale Harriers Manchester	9.37
4	251	Thomas	Danson	U15	M	Macclesfield Harriers & AC	9.42

60m Heat 25

1	19	Abigael	Bamber	U15	F	Liverpool Pembroke & Sefton Harriers & AC	8.19
2	248	Elle	Hinchliffe	U15	F	City Of Sheffield & Dearne Ac	8.33
3	298	Joyce	Vangu	U15	F	Manchester Harriers & AC	8.37
4	283	Nina	Pickavance	U15	F	Wirral AC	8.39
5	43	Lois	Carroll	U15	F	Preston Harriers	8.53
6	304	Alesha	Azonubi	U15	F	Preston Harriers	8.56

60m Heat 26

1	245	Alice	Johnson	U15	F	Wirral AC	8.34
2	243	Mary-Jayne	Broomhead	U15	F	Blackpool, Wyre & Fylde AC	8.41
3	113	Olivia	Hopwood	U15	F	Birchfield Harriers	8.52
4	154	Annabel	Mobley	U15	F	Stockport Harriers & AC	8.56
5	179	Eleanor	Rayner	U15	F	Wakefield Harriers & District AC	8.68

60m Heat 27

1	318	Chantie	Arzoni	U15	F	Manchester Harriers & AC	8.40
2	21	Faye	Barraclough	U15	F	Leeds City AC	8.50
3	207	Claire-Tahillah	Tchifounga	U15	F	Manchester Harriers & AC	8.54
4	61	Hannah	Cunningham	U15	F	Wigan & District Harriers & AC	8.60
5	161	Holly	Nelson	U15	F	East Cheshire Harriers & Tameside AC	8.68
6	135	Megan	Lewis	U15	F	Blackpool, Wyre & Fylde AC	8.75

60m Heat 28

1	74	Lacey	Dutton	U15	F	Birchfield Harriers & AC	8.68
2	257	Ellie	Owen	U15	F	Blackpool, Wyre & Fylde AC	8.80
3	289	Lucy	Moore	U15	F	Wirral AC	8.87
4	181	Imogen	Reader	U15	F	Blackpool, Wyre & Fylde AC	8.94
5	284	Erin	Dillon	U15	F	Wirral AC	9.01
6	265	Ella	Taylor	U15	F	Stockport Harriers & AC	9.32

60m Heat 29

1	296	Libby	Warren	U15	F	Sale Harriers Manchester	8.67
2	166	Kelsey-Lili	Ogedengbe	U15	F	Wirral AC	8.75
3	69	Jena	Dickinson	U15	F	Bury AC	8.76
4	185	Jessica	Roache	U15	F	Blackpool, Wyre & Fylde AC	9.55
5	40	Kacie	Calvert	U15	F	Blackpool, Wyre & Fylde AC	9.70

60m Heat 30

1	331	Thea	Brown	U15	F	Sale Harriers Manchester	8.91
2	87	Holly	Garner	U15	F	Sale Harriers Manchester	9.00
3	36	Ella Louise	Brabham	U15	F	Stockport Harriers & AC	9.10
4	214	Keira	Tomes	U15	F	Blackpool, Wyre & Fylde AC	9.46
5	22	Emily	Baxter	U15	F	Skyrac AC	9.46

60m Heat 31

1	108	Emma	Holmes	U15	F	Vale Royal AC	8.98
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2	270	Scarlett	Ashton	U15	F	Wirral AC	9.02
3	303	Shauna	Clarke	U15	F	Warrington AC	9.06
4	58	Ella	Coverley	U15	F	Rushcliffe AC	9.10
5	199	Amelia	Smithers	U15	F	Warrington AC	9.28

60m Heat 32

1	204	Ellie	Sumner	U15	F	Preston Harriers	8.71
2	24	Jodi	Bemand	U15	F	West Cheshire AC	8.96
3	200	Scarlett	Stapleton	U15	F	Vale Royal AC	9.45
4	2	Lily Mae	Ahmed	U15	F	Liverpool Harriers & AC	9.46

60m Heat 1 2nd round

1	195	Adel	Sesay	SEN	M	Rugby & Northampton AC	7.04
2	80	Jordan	Fairclough	SEN	M	Liverpool Harriers & AC	7.09
3	7	Morgan	Amed	U20	M	Coventry Godiva Harriers	7.10
4	184	Harry	Richardson	SEN	M	Crewe & Nantwich AC	7.21
5	81	James	Farr	U20	M	Crewe & Nantwich AC	7.26

60m Heat 2 2nd round

1	314	Isaac	Banks	SEN	M	Unattached	7.23
2	9	Diekumo	Anthony	SEN	M	Coventry Godiva Harriers	7.31
3	93	Scott	Gunning	SEN	M	Swindon Harriers	7.41
4	189	Matthew	Salkeld	SEN	M	Border Harriers & AC	7.66
5	274	Chris	Burgess	SEN	M	Southport Waterloo AC	7.82
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60m Heat 3 2nd round

1	358	Sagesse	Ngwie	U20	M	Trafford AC	7.37
2	256	Louis	Gyamfi	U17	M	Trafford AC	7.61
3	357	Ahmed	Simeen	U17	M	Trafford AC	7.74
4	18	Sunny	Balogun	U17	M	Sedbergh School	7.87
5	55	Harriet	Cooper	U20	F	Charnwood AC	7.94
6	47	Charlie	Churhouse	U17	M	Sedbergh School	7.96

60m Heat 4 2nd round

1	153	Matthew	Mitchell	U20	M	Sedbergh School	7.88
2	236	Bruno	Flores-Bortoluz	U17	M	Sedbergh School	8.03
3	98	Ethan	Harrison	U17	M	Southport Waterloo AC	8.06
4	35	Alex	Booth	U17	M	Sedbergh School	8.16

60m Heat 5 2nd round

1	332	Holly	Smith	U20	F	Liverpool Harriers & AC	8.32
2	50	Louisa	Cole	SEN	F	Preston Harriers	8.61
3	1	Henry	Ackroyd	U20	M	Sedbergh School	8.73
4	219	Scout	Turner-Richards	U17	F	Sedbergh School	8.87
5	101	India	Hayden-Wood	U17	F	Sedbergh School	9.10

60m Heat 6 2nd round

1	289	Lucy	Moore	U15	F	Wirral AC	8.85
2	283	Nina	Pickavance	U15	F	Wirral AC	8.86
3	284	Erin	Dillon	U15	F	Wirral AC	8.94
4	270	Scarlett	Ashton	U15	F	Wirral AC	8.98
5	245	Alice	Johnson	U15	F	Wirral AC	9.33

200M Heat 1

1	53	Mike	Coogan	SEN	M	East Cheshire Harriers & Tameside AC	23.17
2	254	Liam	Collins	V35	M	Tynedale Harriers & Ac	23.43
3	216	John	Trotman	U20	M	East Cheshire Harriers & Tameside Ac	23.79
4	215	Darren	Towart	SEN	M	Tynedale Harriers & Ac	25.64

200M Heat 2

1	27	Oliver	Biddle	SEN	M	Worcester AC	22.37
2	104	Ben	Higgins	U20	M	Charnwood AC	22.37
3	7	Morgan	Amed	U20	M	Coventry Godiva Harriers	22.49
4	197	Ben	Smith	U20	M	Notts AC	22.60

200M Heat 3

1	320	Joel	Richardson	SEN	M	Trafford AC	22.40
2	39	Kyle	Calhoun	U20	M	Charnwood A C	22.48
3	287	Ben	Basten	U17	M	Crewe & Nantwich AC	23.40
4	72	Cameron	Duff	U17	M	Warrington AC	23.59

200M Heat 4

1	169	Reality	Oshoha	U20	M	Oldham & Royton Harriers & AC	22.47
2	358	Sagesse	Ngwie	U20	M	Trafford AC	22.72
3	321	Matthew	Pagan	SEN	m	Shaftesbury Barnet Harriers	22.79
4	282	Akinwumi	Akinloye	SEN	M	Corby AC	24.48

200M Heat 5

1	106	Marcel	Hodge	SEN	M	Leicester Coritnian AC	23.36
2	102	Ben	Healy	U20	M	Knutsford Harriers & AC	23.59
3	30	Ackeel	Blake	U20	M	Wolverhampton & Bilston AC	24.25

200M Heat 6

1	51	Joseph	Connelly	U20	M	Carlisle Aspatria AC	23.38
2	93	Scott	Gunning	SEN	M	Swindon Harriers	23.42
3	145	Stewart	Marshall	SEN	M	Coventry Godiva Harriers	23.65
4	171	Emmanuel	Owolabi	SEN	M	St Mary's College AC	24.53

200M Heat 7

1	117	Alexander	Hughes	U20	M	Blackpool, Wyre & Fylde AC	23.42
2	120	Joshua	Ingham	SEN	M	Preston Harriers	23.53
3	153	Matthew	Mitchell	U20	M	Sedbergh School	25.71
4	127	Aldo	Kriel	SEN	M	AVOHK(Hong Kong)	25.72

200M Heat 8

1	301	Ian	Roberts	Sen	M	Wirral AC	24.25
2	150	Hayley	Mills	SEN	F	University of Nottingham AC	24.94
3	274	Chris	Burgess	SEN	M	Southport Waterloo AC	24.96
4	99	Natasha	Harrison	U20	F	Stockport Harriers & Ac	25.89

200M Heat 9

1	339	Katy	Wyper	SEN	F	Blackpool, Wyre & Fylde AC	24.91
2	125	Nardhia	Kidd-Walker	SEN	F	Birchfield Harriers & AC	25.51
3	55	Harriet	Cooper	U20	F	Charnwood AC	25.80
4	286	Lucy	Evans	SEN	F	Sale Harriers Manchester	26.58

200M Heat 10

1	146	Danielle	McGifford	SEN	F	Wigan & District Harriers & AC	25.41
2	353	Rushwan	Lewis	U20	M	Trafford AC	25.79
3	89	Leeroy	Golding	SEN	M	Pendle AC	26.54
4	322	Ruka	Shonibare	U17	F	Sale Harriers Manchester	26.93

200M Heat 11

1	340	Chayce	Smith	U20	F	Trafford AC	26.50
2	128	Beth	Laidlaw	U17	F	Wigan & District Harriers & AC	27.18
3	1	Henry	Ackroyd	U20	M	Sedbergh School	27.93
4	333	Ellie	Robinson	U20	F	Wigan & District Harriers & AC	28.09

200M Heat 12

1	306	Heidi	Jackson	SEN	F	City Of Stoke Ac	26.25
2	187	Louise	Robinson	U20	F	Birchfield Harriers & AC	27.08
3	230	Emily	Wood	U20	F	Herts Phoenix AC	27.69
4	144	Ruvimbo	Marongwe	U20	F	Leeds City AC	30.94

200M Heat 13

1	162	Jason	Newell	SEN	M	Spennborough & District AC	27.71
2	50	Louisa	Cole	SEN	F	Preston Harriers	27.79
3	275	Jessica	Fields	U20	F	Kingston upon Hull AC	28.81

200M Heat 14

1	91	Lauren	Gregory	U20	F	City Of Stoke Ac	27.64
2	346	Hannah	Mulholland	U20	F	Preston Harriers	28.70
3	20	Evie	Barclay	U20	F	Wigan & District Harriers & AC	29.38

200M Heat 15

1	167	Folu	Ogunyemi	SEN	F	Uni. of Manchester Athletics & Cross Country	28.49
2	141	Miriam	Luft	SEN	F	Preston Harriers	30.08
3	164	Chloe	Norman	U20	F	Blackpool, Wyre & Fylde AC	30.71

200M Heat 16

1	347	Ataba	mamman	U17	M	Oldham & Royton Harriers & AC	23.70
2	178	Emilio	Ramirez	U17	M	Stockport Harriers & AC	23.80
3	218	Amari	Turner	U17	M	Manchester Harriers & AC	24.50
4	345	Chris	Mulumba	U17	M	Sale Harriers Manchester	25.98

200M Heat 17

1	310	Abraham	Fobil	U15	m	Sale Harriers Manchester	23.91
2	29	Zac	Blackwell	U17	M	Wigan & District Harriers & AC	24.54
3	357	Ahmed	Simeen	U17	M	Trafford AC	24.95
4	256	Louis	Gyamfi	U17	M	Trafford AC	24.96

200M Heat 18

1	155	Darian	Moore	U17	M	Worcester AC	23.75
2	232	Andrew	Woodhouse	U17	M	Blackpool, Wyre & Fylde AC	24.81
3	313	Ethan	Hallas	U17	M	Preston Harriers	25.41
4	98	Ethan	Harrison	U17	M	Southport Waterloo AC	25.49

200M Heat 19

1	75	Connor	Eastlake	U17	M	City of Stoke AC	24.55
2	38	Jack	Brown-Schofield	U17	M	Stockport Harriers & AC	25.09
3	263	Bibek	Chanda	U17	M	Hallamshire Harriers Sheffield	25.32
4	307	Luke	Zakian	U17	M	Stockport Harriers & AC	28.47

200M Heat 20

1	236	Bruno	Flores-Bortoluz	U17	M	Sedbergh School	25.48
2	18	Sunny	Balogun	U17	M	Sedbergh School	25.80
3	35	Alex	Booth	U17	M	Sedbergh School	26.41

200M Heat 21

1	64	Alissa	Darbyshire	U17	F	Preston Harriers	27.32
2	168	Sarah - Jane	Ollis	U17	F	Worcester AC	27.50
3	46	Georgie	Chesworth	U17	F	Preston Harriers	27.77
4	227	Nekkisha	Wilson	U17	F	Blackpool, Wyre & Fylde AC	29.23

200M Heat 22

1	73	Eleanor	Duncan	U17	F	Worcester AC	27.67
2	158	Temi	Mustapha	U17	F	Lancaster & Morecambe AC	27.86
3	119	Drew	Illingworth-Turner	U17	F	Preston Harriers	27.91
4	25	Lela	Bendris	U17	F	Preston Harriers	28.26

200M Heat 23

1	71	Lucy	Diss	U17	F	Altrincham & District AC	27.19
2	61	Hannah	Cunningham	U15	F	Wigan & District Harriers & AC	28.28
3	288	Erin	Moffatt	U17	F	Lancaster & Morecambe AC	28.34
4	97	Katie	Harris	U17	F	Worcester AC	28.37

200M Heat 24

1	3	Holly	Aitchison	U17	F	Stockport Harriers & Ac	27.66
2	101	India	Hayden-Wood	U17	F	Sedbergh School	29.71
3	180	Lauren	Rayner	U17	F	Wakefield Harriers & District AC	29.88

200M Heat 25

1	305	Omobolaji	Adenug-A	U17	F	Sale Harriers Manchester	29.91
2	219	Scout	Turner-Richards	U17	F	Sedbergh School	29.94

200M Heat 26

1	285	Ben	Wallace	U15	M	Wirral AC	23.82
2	222	Ben	Verbickas	U15	M	Crewe & Nantwich AC	24.31
3	103	Joseph	Herbert	U15	M	Sale Harriers Manchester	25.83
4							

200M Heat 27

1	302	Thomas	McKeen	U15	M	Warrington AC	26.06
2	261	Joe	Benabeni	U15	M	Diane Modahl Sports Foundation	26.11
3	348	Harrison	Joynson	U13	M	WESPA	28.43
4	59	Daniel	Cross	U15	M	Wirral AC	29.63

200M Heat 28

1	84	George	Foster	U15	M	City of Stoke AC	25.34
2	13	Youssef	Attya	U15	M	Manchester Harriers & AC	26.77
3	359	Daniel	Akmuradewo	U15	M	Manchester Harriers & AC	27.39
4	100	Samuel	Harrison	U15	M	Liverpool Harriers & AC	28.22

200M Heat 29

1	148	Gabriel	Mikoleizik	U15	M	West Cheshire AC	25.51
2	267	Oliver	Ball	U15	M	Lancaster & Morecambe AC	25.66
3	355	Samuel	Asherby	U15	M	Salford Metropolitan AC	29.33

200M Heat 30

1	77	Jacob	Edgehill	U15	M	Colwyn Bay AAC	28.97
2	110	Seb	Holt	U15	M	Blackpool, Wyre & Fylde AC	29.60

200M Heat 31

1	344	Ellina	Connor	U15	F	Trafford AC	27.55
2	312	Olivia	Ashdown	U15	F	Sale Harriers Manchester	27.77
3	304	Alesha	Azonubi	U15	F	Preston Harriers	27.88
4	297	Charlotte	Wilkinson	U15	F	Sale Harriers Manchester	27.92

200M Heat 32

1	79	Lauren	Etchells	U15	F	Durham City Harriers & AC	27.60
2	208	Emily	Thomas	U15	F	Liverpool Harriers & AC	27.61
3	245	Alice	Johnson	U15	F	Wirral AC	27.70
4	176	Kianna	Proctor	U15	F	Preston Harriers	28.57

200M Heat 33

1	283	Nina	Pickavance	U15	F	Wirral AC	27.95
2	179	Eleanor	Rayner	U15	F	Wakefield Harriers & District AC	28.70
3	257	Ellie	Owen	U15	F	Blackpool, Wyre & Fylde AC	28.99
4	331	Thea	Brown	U15	F	Sale Harriers Manchester	30.09

200M Heat 34

1	61	Hannah	Cunningham	U15	F	Wigan & District Harriers & AC	27.96
2	154	Annabel	Mobley	U15	F	Stockport Harriers & AC	28.48
3	166	Kelsey-Lili	Ogedengbe	U15	F	Wirral AC	28.43
4	181	Imogen	Reader	U15	F	Blackpool, Wyre & Fylde AC	29.56

200M Heat 35

1	253	Kate	Smith	U15	F	Tynedale Harriers & Ac	28.61
2	69	Jena	Dickinson	U15	F	Bury AC	28.73
3	21	Faye	Barraclough	U15	F	Leeds City AC	29.34
4	135	Megan	Lewis	U15	F	Blackpool, Wyre & Fylde AC	39.54

200M Heat 36

1	341	Amani-Valli	Carter	U15	F	Preston Harriers	27.90
2	121	Stephanie	Jones	U15	F	West Cheshire AC	28.22
3	114	Leah	Howard	U15	F	Blackpool, Wyre & Fylde AC	29.63
4	36	Ella Louise	Brabham	U15	F	Stockport Harriers & AC	29.89

200M Heat 37

1	243	Mary-Jayne	Broomhead	U15	F	Blackpool, Wyre & Fylde AC	28.66
2	58	Ella	Coverley	U15	F	Rushcliffe AC	31.39
3	200	Scarlett	Stapleton	U15	F	Vale Royal AC	31.84
4							

200M Heat 38

1	113	Olivia	Hopwood	U15	F	Birchfield Harriers	29.00
2	2	Lily Mae	Ahmed	U15	F	Liverpool Harriers & AC	32.21
3	185	Jessica	Roache	U15	F	Blackpool, Wyre & Fylde AC	32.74
4	214	Keira	Tomes	U15	F	Blackpool, Wyre & Fylde AC	33.71

600M Heat 1

1	210	Lee	Thompson	SEN	M	City Of Sheffield & Dearne Ac	01:18.67
2	326	Michael	Rimmer	SEN	M	Liverpool Pembroke & Sefton Harriers & AC	01:19.64
3	323	Adam	Walker-Khan	SEN	M	Birchfield Harriers & AC	01:20.75
4	192	James	Saxton	SEN	M	Wakefield Harriers & District AC	01:22.09
5	329	Tom	Clarke	SEN	M	Liverpool Harriers & AC	01:23.59
8							

600M Heat 2

1	172	Michael	Parry	SEN	M	Colwyn Bay AAC	01:22.52
2	321	Matthew	Pagan	SEN	m	Shaftesbury Barnet Harriers	01:22.79

3	67	Seamus	Derbyshire	U20	M	City Of Stoke AC	01:23.34
4	320	Joel	Richardson	SEN	M	Trafford AC	01:23.60
5	354	Rocco	Zaman-Browne	U20	M	Manchester Harriers & AC	01:23.72
6	351	Joseph	Morrison	U20	M	West Cheshire AC	01:23.96

600M Heat 3

1	90	Thomas	Grantham	SEN	M	City Of Sheffield & Dearne Ac	01:26.99
2	280	Luke	Farrant	U20	M	Buxton AC	01:27.65
3	327	Mackenzie	Woodward	U17	M	Liverpool Harriers & AC	01:28.24
4	317	Elliott	Roberts	SEN	M	Preston Harriers	01:28.75
5	279	Sam	Johnson	U20	M	Stockport Harriers & AC	01:30.21
6	56	Reuben	Copley	U20	M	Sedbergh School	01:30.74

600M Heat 4

1	189	Matthew	Salkeld	SEN	M	Border Harriers & AC	01:28.07
2	349	Tommy	Oladiti	U20	M	Diane Modahl Sports Foundation	01:30.00
3	352	Harry	Hayes	U20	M	Preston Harriers	01:30.89
4	338	Stephen	Freeman	SEN	M	Liverpool Harriers & AC	01:34.98

600M Heat 5

1	325	Aimee	Platt	SEN	F	Sale Harriers Manchester	01:34.64
2	186	Holly	Roberts	U20	F	Colwyn Bay AC	01:40.33
3	334	Reuben	Woodford	V45	M	Colwyn Bay AAC	01:40.96
4	146	Danielle	McGifford	SEN	F	Wigan & District Harriers & AC	01:42.79
5	337	Olivia	McDermott	SEN	F	Salford Metropolitan AC	01:43.74
6	20	Evie	Barclay	U20	F	Wigan & District Harriers & AC	01:51.88

600M Heat 6

1	11	Alex	Armstrong-Bond	U17	M	Sale Harriers Manchester	01:36.46
2	356	Tess	McHugh	U17	F	Sale Harriers Manchester	01:38.66
3	336	Charlotte	Speakman-Farnwo	U17	F	Bury AC	01:44.84
4	180	Lauren	Rayner	U17	F	Wakefield Harriers & District AC	01:46.19
5	240	Alice	Dale	U17	F	Sale Harriers Manchester	01:46.59
6	343	Megan	Mahoney	U17	F	Preston Harriers	01:59.18

600M Heat 7

1	107	Roman	Hodgson	U15	M	Colwyn Bay AAC	01:35.74
2	311	Samuel	Gyan	U15	M	Diane Modahl Sports Foundation	01:39.55
3	228	Benjamin	Withers	U15	M	Blackpool, Wyre & Fylde AC	01:41.37
4	330	Zachary	Locke	U15	M	Knutsford Academy	01:58.82

600M Heat 8

1	350	Laure	Kidukula	U15	F	Sale Harriers Manchester	01:39.21
2	28	Imogen	Blackwell	U15	F	Preston Harriers	01:40.60
3	328	Abigail	Earnshaw	U15	F	Preston Harriers	01:40.65
4	126	Sophie	Kilpatrick	U15	F	Manchester Harriers & AC	01:42.52
5	61	Hannah	Cunningham	U15	F	Wigan & District Harriers & AC	01:42.83

6	193	Mollie	Scaramuzza	U15	F	Holmfirth Harriers AC	01:58.11
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600M Heat 9

1	205	Ava	Taperell	U15	F	Sedbergh School	01:39.12
2	182	Emily	Reynolds	U15	F	Preston Harriers	01:52.04
3	70	Rebecca	Dilworth	U15	F	Macclesfield Harriers & AC	01:53.32
4	265	Ella	Taylor	U15	F	Stockport Harriers & AC	01:54.63
5	142	Charlotte	Mahoney	U15	F	Preston Harriers	01:56.15
6	199	Amelia	Smithers	U15	F	Warrington AC	01:56.99
7	92	Ella	Grundy	U15	F	Colwyn Bay AC	02:00.70
8	74	Lacey	Dutton	U15	F	Birchfield Harriers & AC	02:04.83
9	303	Shauna	Clarke	U15	F	Warrington AC	02:04.96

POLE VAULT Pool A

1	237	Brook	Whyatt	U17	M	Sale Harriers Manchester	2.50
2	239	Tony	Murray	U15	M	City of Sheffield & Dearne Ac	2.30
3	260	Shona	Wilkinson	U13	F	Sale Harriers Manchester	1.80

POLE VAULT Pool B

1	237	Brook	Whyatt	U17	M	Sale Harriers Manchester	2.48
2	239	Tony	Murray	U15	M	City of Sheffield & Dearne Ac	2.45

POLE VAULT Pool C

1	290	Luke	Cutts	SEN	M	City Of Sheffield & Dearne Ac	5.20
2	294	Nicolas	Cole	SEN	M	City Of Sheffield & Dearne Ac	4.70
3	309	Abigail	Roberts	SEN	F	City Of Sheffield & Dearne Ac	3.70
4	149	Deo	Milandu	SEN	M	City Of Sheffield & Dearne Ac	NHR

POLE VAULT Pool D

1	290	Luke	Cutts	SEN	M	City Of Sheffield & Dearne Ac	5.41
2	149	Deo	Milandu	SEN	M	City Of Sheffield & Dearne Ac	4.20
3	309	Abigail	Roberts	SEN	F	City Of Sheffield & Dearne Ac	3.80
4	294	Nicolas	Cole	SEN	M	City Of Sheffield & Dearne Ac	NHR

LONG JUMP Pool A

1	138	Matthew	Liu	U15	M	Liverpool Harriers & AC	4.83
2	85	Shayon	Fryer-Francis	U17	F	Sale Harriers Manchester	4.83
3	6	Lola	Allward	U15	F	Liverpool Harriers & AC	4.74
4	269	Kresten	Calvert	U15	M	Wirral AC	4.69
5	252	Sam	Danson	U15	M	Macclesfield Harriers & AC	4.67
6	240	Alice	Dale	U17	F	Sale Harriers Manchester	4.50
7	86	Ellise	Fryer-Francis	U15	F	Sale Harriers Manchester	4.38
8	121	Stephanie	Jones	U15	F	West Cheshire AC	4.38
9	213	Milly	Tinsley	U15	F	Wigan & District Harriers & AC	4.36
10	77	Jacob	Edgehill	U15	M	Colwyn Bay AAC	4.36
11	238	Alana	Birch	U17	F	Salford Metropolitan AC	4.31
12	54	Jay	Cook	U15	M	Bury AC	4.27

13	166	Kelsey-Lili	Ogedengbe	U15	F	Wirral AC	4.26
14	115	Abigail	Howard	U15	F	Bury AC	4.23
15	114	Leah	Howard	U15	F	Blackpool, Wyre & Fylde AC	4.21
16	264	Sofija	Dragisic-Wood	U15	F	Sale Harriers Manchester	4.14
17	258	Lydia	Lycholat	U17	F	Wigan & District Harriers & AC	4.08
18	202	Hollie	Stow	SEN	F	City Of Stoke Ac	4.05
19	22	Emily	Baxter	U15	F	Skyrac AC	4.03
20	68	Tamalyn	Dickinson	U15	F	Preston Harriers	4.02
21	21	Faye	Barraclough	U15	F	Leeds City AC	4.01
22	251	Thomas	Danson	U15	M	Macclesfield Harriers & AC	3.89
23	58	Ella	Coverley	U15	F	Rushcliffe AC	3.86
24	270	Scarlett	Ashton	U15	F	Wirral AC	3.85
25	140	Natalia	Luczak	U15	F	Blackpool, Wyre & Fylde AC	3.84
26	203	Bethany	Stringer	U15	F	Wakefield Harriers & District AC	3.82
27	108	Emma	Holmes	U15	F	Vale Royal AC	3.67
28	94	Ella	Hall	U15	F	Bury AC	3.64
29	200	Scarlett	Stapleton	U15	F	Vale Royal AC	3.58
30	199	Amelia	Smithers	U15	F	Warrington AC	3.58
31	157	Jenna	Murdoch	U17	F	Leeds City AC	3.54
32	59	Daniel	Cross	U15	M	Wirral AC	3.29

LONG JUMP POOL B

1	278	Craig	Jones	SEN	M	Liverpool Harriers & AC	7.03
2	45	Michael	Causer	SEN	M	St Helens Sutton AC	6.93
3	242	Jack	Andrew	SEN	M	Sale Harriers Manchester	6.54
4	5	Shane	Alleyne	SEN	M	University of Manchester Athletics & Cross Cc	6.26
5	130	Daniel	Lamb	U20	M	St Helens Sutton AC	6.24
6	51	Joseph	Connelly	U20	M	Carlisle Aspatria AC	6.05
7	65	Elliott	Davies	U20	M	Liverpool Harriers & AC	5.96
8	300	Tobi	Adeniji	U20	M	Halifax Harriers & AC	5.90
9	81	James	Farr	U20	M	Crewe & Nantwich AC	5.72
10	236	Bruno	Flores-Bortoluz	U17	M	Sedbergh School	5.70
11	224	Katie	Waterworth	U20	F	Stockport Harriers & AC	5.59
12	143	Niall	Maloney	U17	M	Horwich RMI Harriers & AC	5.57
13	95	Ethan	Hall	U17	M	Crewe & Nantwich AC	5.41
14	316	Joseph	Gray	SEN	M	Gateshead Harriers & AC	5.23
15	319	Bethan	Murray	U20	F	Stockport Harriers & AC	5.20
16	185	Jessica	Roache	U15	F	Blackpool, Wyre & Fylde AC	5.20
17	332	Holly	Smith	U20	F	Liverpool Harriers & AC	5.10
18	217	Christopher	Turner	U15	M	Amber Valley & Erewash AC	5.04
19	136	Rebecca	Lister	U20	F	Leeds City AC	5.01
20	160	James	Naylor	U17	M	Sedbergh School	4.97
21	153	Matthew	Mitchell	U20	M	Sedbergh School	4.91
22	33	Melissa	Booth	U15	F	Sale Harriers Manchester	4.90
23	233	Daisy	Worthington	U17	F	Bury AC	4.88
24	151	Emily	Misantoni	U17	F	Stockport Harriers & AC	4.84
25	3	Holly	Aitchison	U17	F	Stockport Harriers & Ac	4.83

26	133	William	Lewis	U17	M	Stockport Harriers & AC	4.81
27	6	Lola	Allward	U15	F	Liverpool Harriers & AC	4.80
28	134	Lauren	Lewis	U17	F	Liverpool Pembroke & Sefton Harriers & AC	4.70
29	241	Sophie	Bronze	SEN	F	Gateshead Harriers & AC	4.59
30	288	Erin	Moffatt	U17	F	Lancaster & Morecambe AC	4.49

HIGH JUMP Pool A

1	300	Tobi	Adeniji	U20	M	Halifax Harriers & AC	1.90
2	342	Samuel	Ebonine	U17	M	Sale Harriers Manchester	1.85
3	335	Owen	Southern	U17	M	Liverpool Pembroke & Sefton Harriers & AC	1.80
4	5	Shane	Alleyne	SEN	M	University of Manchester Athletics & Cross C	1.80
5	177	James	Quin	U17	M	Unattached	1.75
6	209	Aron	Thomas	U17	M	Sale Harriers Manchester	1.75
7	137	Alan	Littler	SEN	M	West Cheshire AC	1.65
8	57	Bernice	Coulson	SEN	F	Wigan & District Harriers & AC	1.60
9	231	Bethany	Woodhead	U20	F	Sale Harriers Manchester	1.55
10	225	Evie	Wild	U17	F	Stockport Harriers & AC	1.55
11	123	Autumn	Joseph	U17	F	Harrogate Harriers & AC	1.55
12	141	Miriam	Luft	SEN	F	Preston Harriers	1.50
13	250	Lucas	Hayes	U17	M	Warrington AC	1.50
14	15	Imogen	Ayres	U17	F	Liverpool Pembroke & Sefton Harriers & AC	1.45
15	299	Lucy	Adeniji	U17	F	Halifax Harriers & AC	1.45
16	162	Jason	Newell	SEN	M	Spenborough & District AC	1.40

HIGH JUMP POOL B

1	269	Kresten	Calvert	U15	M	Wirral AC	1.71
2	271	Sián	Horrex	U20	F	Leeds City AC	1.58
3=	78	Megan	Ellison	U17	F	Vale Royal AC	1.50
3=	136	Rebecca	Lister	U20	F	Leeds City AC	1.50
5	114	Leah	Howard	U15	F	Blackpool, Wyre & Fylde AC	1.50
6=	129	Wendy	Laing	SEN	F	Leigh Harriers & AC	1.45
6=	62	Yacine	Da Silva	U17	F	Sale Harriers Manchester	1.45
7	202	Hollie	Stow	SEN	F	City Of Stoke Ac	1.45
9	110	Seb	Holt	U15	M	Blackpool, Wyre & Fylde AC	1.45
10	213	Milly	Tinsley	U15	F	Wigan & District Harriers & AC	1.40
11	313	Ethan	Hallas	U17	M	Preston Harriers	1.35
11	179	Eleanor	Rayner	U15	F	Wakefield Harriers & District AC	1.35
13	140	Natalia	Luczak	U15	F	Blackpool, Wyre & Fylde AC	1.35
14	108	Emma	Holmes	U15	F	Vale Royal AC	1.30
15	24	Jodi	Bemand	U15	F	West Cheshire AC	1.30
16	203	Bethany	Stringer	U15	F	Wakefield Harriers & District AC	1.25
17	40	Kacie	Calvert	U15	F	Blackpool, Wyre & Fylde AC	1.25
18	185	Jessica	Roache	U15	F	Blackpool, Wyre & Fylde AC	1.15
19=	94	Ella	Hall	U15	F	Bury AC	1.15
19=	193	Mollie	Scaramuzza	U15	F	Holmfirth Harriers AC	1.40

SHOT PUTT

1	116	Ben	Hughes	U17	M	Wigan & District Harriers & AC	10.63
2	212	Sophie	Tilley	U17	F	Sale Harriers Manchester	10.14
3	233	Daisy	Worthington	U17	F	Bury AC	10.10
4	151	Emily	Misantoni	U17	F	Stockport Harriers & AC	9.39
5	12	Leah	Atack	U17	F	Leeds City AC	8.97
6	34	Nathan	Booth	U20	M	Sale Harriers Manchester	8.44
7	255	Olivia	Towart	U15	F	Tynedale Harriers & Ac	8.20
8	324	Ella	Wilson	U17	F	Sale Harriers Manchester	8.19
9	54	Jay	Cook	U15	M	Bury AC	8.05
10	86	Ellise	Fryer-Francis	U15	F	Sale Harriers Manchester	8.05
11	157	Jenna	Murdoch	U17	F	Leeds City AC	7.82
12	3	Holly	Aitchison	U17	F	Stockport Harriers & Ac	7.52
13	88	Amy	Garroch	U17	F	Bury AC	7.45
14	115	Abigail	Howard	U15	F	Bury AC	7.37
15	74	Lacey	Dutton	U15	F	Birchfield Harriers & AC	7.31
16	132	Claudia	Lee	U17	F	East Cheshire Harriers & Tameside AC	7.08