

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg	Time
1	Jonathon Mellor	LiverpoolH	A	17:08
2	Jake Heyward	CardiffAac		17:12
3	Ossama Meslek	LeedsCityA	B	17:18
4	Corey De'ath	TonbridgeA	A	17:19
5	John Beattie	Newham&Ess		17:21
6	Roger Poolman	HighgateHa	A	17:25
7	Tom Hook	CityOfNorw		17:27
8	Aduaqani Sharif	LiverpoolH	B	17:28
9	Ben Toomer	HerculesWi	A	17:30
10	Jack Morris	StockportH		17:31
11	Christopher Parr	GatesheadH		17:34
12	Jonathan Davies	ReadingAc		17:35
13	Ronny Wilson	LincolnWel	A	17:36
14	Douglas Musson	NottsAc		17:38
15	Alexander Tovey	Birchfield	A	17:40
16	Escalantephillips	Cambridge&	A	17:41
17	Sam Hancox	MorpethHar		17:44
18	Luke Cotter	RotherhamH		17:45
19	Nigel Martin	SaleHarrie		17:45
20	Wondiye Indelbu	LeedsCityA	A	17:47
21	Antonio Silva	ThamesVall		17:48
22	Marc Hobbs	SwanseaHar		17:49
23	Abdishakur Abdulle	Hillingdon		17:53
24	Stuart Hawkes	TiptonHarr	A	17:55
25	Jack Millar	Bristol&We	A	17:56
26	Stephen Ferroni	Brighton&H		18:05
27	Daniel Owen	Cheltenham		18:07
28	Ben Bradley	AldershotF	A	18:07
29	Jamie Bryant	TonbridgeA	B	18:08
30	Joseph Kilgour	DerbyAC		18:09
31	C Busaileh	HerneHillH		18:10
32	Tom Butler	Shaftesbur		18:12
33	Russell Bentley	KentAc	A	18:13
34	Oliver Paulin	CoventryGo		18:17
35	Matthew Bray	Bedford&Co		18:18
36	Charlie Davis	Blackheath		18:19
37	Callum Charleston	AldershotF	B	18:23
38	Daniel Robinson	Birmingham		18:25
39	Grant Cunliffe	Rossendale		18:30
40	Will Beauchamp	SalfordHar	A	18:33
41	Aaron Kettlewell	HolmfirthH		18:35
42	Robert Warner	BlackburnH	A	18:37
43	Michael Gilbert	Cambridge&	B	18:38
44	Philip Radford	Bristol&We	B	18:40
45	Alexander Birkett	KendalAmat		18:41
46	Jack Gregory	ReadingRoa		18:42
47	Benjamin Lee	ValeRoyalA	B	18:43
48	Finn Affleckbrodie	TyneBridge	A	18:44
49	Jonathan Laybourn	HighgateHa	B	18:44
50	Andrew Ridley	Birchfield	B	18:45
51	William Russell	HerculesWi	B	18:49
52	Richard Bartram	GuernseyAc		18:54
53	Matthew Bennett	Southampto		18:54
54	Ryan Page	LincolnWel	B	18:55
55	Jack Shayler	AbingdonAc		18:57
56	Matthew Sutherland	CentralAc		19:00
57	Mark Bostock	WakefieldD		19:03
58	Thomas Charles	TraffordAC		19:06
59	James Drakeford	Bournville		19:07
60	Alex Carter	TeamBathAC		19:09
61	Milan Champion	NottsAc	B	19:10
62	Benedict Duncan	WorcesterA		19:12
63	James Fradley	NewcastleS		19:13
64	James Bowler	KentAc	B	19:16
65	Cameron Weaver	ValeRoyalA	A	19:16
66	Steve Brookes	TiptonHarr	B	19:18
67	Steve Tuttle	MarshallMi		19:31
68	C Patterson	HeanorRC		19:32
69	Benjamin Coop	BuryAC		19:33
70	Kristian Bayley	HalesowenA		19:44
71	Sparrow Morley	TyneBridge	B	19:51
72	Ben Hobson	ChorltonRu		19:58
73	Tom Isherwood	Dudley&Sto		20:00
74	Neil Cope	MansfieldH		20:05
75	Joe Gebbie	BlackburnH	B	20:23
76	Benjamin Findlay	WindsorSlo		20:24
77	Mark Russell	SalfordHar	B	20:26

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Senior Men & Senior Women - Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Callum Johnson	GatesheadH	17:20	34:54	+ 10
2	Jack Gray	Cambridge& A	17:15	34:56	+ 14
3	Lucian Allison	LincolnWel A	17:23	34:59	+ 10
4	Dominic Brown	TonbridgeA A	17:44	35:03	0
5	C Rainsford	HighgateHa A	17:44	35:09	+ 1
6	Andrew Penney	HerculesWi A	17:46	35:16	+ 3
7	Andrew Davies	StockportH	17:46	35:17	+ 3
8	Joshua Grace	AldershotF A	17:13	35:20	+ 20
9	Kieran Clements	Shaftesbur	17:13	35:25	+ 23
10	Gordon Benson	LeedsCityA A	17:39	35:26	+ 10
11	Daniel Preston	LiverpoolH B	18:00	35:28	- 3
12	Samuel Mitchell	NottsAc	17:54	35:32	+ 2
13	George Lowry	MorpethHar	17:50	35:34	+ 4
14	Jamie Webb	LiverpoolH A	18:33	35:41	- 13
15	Thomas Beasley	Birchfield A	18:05	35:45	0
16	Michael Hoyle	LeedsCityA B	18:34	35:52	- 13
17	Owain Jones	Bristol&We A	18:03	35:59	+ 8
18	Rory Chesser	Newham&Ess	18:39	36:00	- 13
19	Mohamed Mohamed	Hillingdon	18:13	36:06	+ 4
20	Kieran Reilly	TonbridgeA B	18:03	36:11	+ 9
21	Larry Ryan	CardiffAac	18:59	36:11	- 19
22	Dominic Smith	SwanseaHar	18:28	36:17	0
23	Benjamin Davies	Bedford&Co	18:08	36:26	+ 12
24	Myles Edwards	ThamesVall	18:38	36:26	- 3
25	Max Heyden	AldershotF B	18:05	36:28	+ 12
26	Carl Smith	TyneBridge A	17:45	36:29	+ 22
27	Dom James	Cheltenham	18:26	36:33	0
28	Hedley Hardcastle	DerbyAC	18:25	36:34	+ 2
29	Joe Smith	TiptonHarr A	18:41	36:36	- 5
30	Edward Stockdale	ReadingAc	19:02	36:37	- 18
31	Anthony Johnson	KentAc A	18:26	36:39	+ 2
32	Thomas Cornthwaite	SalfordHar A	18:10	36:43	+ 8
33	William Cork	Brighton&H	18:39	36:44	- 7
34	Arron Larkin	RotherhamH	19:10	36:55	- 16
35	Thomas Trimble	LincolnWel B	18:01	36:56	+ 19
36	Ross Braden	Blackheath	18:38	36:57	0
37	Sean Renfer	HighgateHa B	18:22	37:06	+ 12
38	Oliver Newman	Cambridge& B	18:43	37:21	+ 5
39	Alasdair Russell	KendalAmat	18:41	37:22	+ 6
40	Jack Hindle	BlackburnH A	18:46	37:23	+ 2
41	Zakariya Mahamed	Southampto	18:29	37:23	+ 12
42	Christopher Fell	Rossendale	18:54	37:24	- 3
43	Simon Coombes	HerneHillH	19:22	37:32	- 12
44	Daniel Hamilton	AbingdonAc	18:39	37:36	+ 11
45	Stewart King	NottsAc B	18:29	37:39	+ 16
46	Chris Perry	ValeRoyalA A	18:28	37:44	+ 19
47	James Griggs	CoventryGo	19:30	37:47	- 13
48	Orlando Corea	Birchfield B	19:06	37:51	+ 2
49	Seb Briggs	ReadingRoa	19:16	37:58	- 3
50	George Beardmore	WorcesterA	18:47	37:59	+ 12
51	Lewis Byram	HolmfirthH	19:37	38:12	- 10
52	Matthew Hill	WakefieldD	19:11	38:14	+ 5
53	Scott Bremner	CentralAc	19:23	38:23	+ 3
54	Jeff Prest	TraffordAC	19:30	38:36	+ 4
55	Tom Holden	TiptonHarr B	19:19	38:37	+ 11
56	Daniel Jones	TeamBathAC	19:30	38:39	+ 4
57	Neil Fraser	HerculesWi B	19:51	38:40	- 6
58	Edward Mason	GuernseyAc	19:49	38:43	- 6
59	Ashley Fawke	Birmingham	20:18	38:43	- 21
60	Richard Bayliss	Bournville	19:37	38:44	- 1
61	Ben Harding	KentAc B	19:31	38:47	+ 3
62	Miles Chandler	Bristol&We B	20:12	38:52	- 18
63	Josh Betteley	ValeRoyalA B	20:36	39:19	- 16
64	Daniel Woodgate	MarshallMi	20:02	39:33	+ 3
65	Jordan Nixon	NewcastleS	20:26	39:39	- 2
66	Karl Billington	BlackburnH B	19:23	39:46	+ 9
67	Ash Harrell	CityOfNorw	22:22	39:49	- 60
68	Luke Harreld	BuryAC	20:18	39:51	+ 1
69	Charlie Blanch	ChorltonRu	19:56	39:54	+ 3
70	Ben Foster	Dudley&Sto	20:06	40:06	+ 3
71	Paul Turnbull	TyneBridge B	20:23	40:14	0
72	James Tidd	WindsorSlo	19:52	40:16	+ 4
73	David Turvey	HalesowenA	20:49	40:33	- 3
74	Jordan Boam	MansfieldH	20:40	40:45	0
75	Luke Betts	SaleHarrie	23:20	41:05	- 56
76	David Hudson	SalfordHar B	20:57	41:23	+ 1
77	Daniel Bladen	HeanorRC	23:28	43:00	- 9

Fastest runners over stage 2:

1	Joshua Grace	AldershotF A	17:13
2	Kieran Clements	Shaftesbur	17:13
3	Jack Gray	Cambridge& A	17:15
4	Callum Johnson	GatesheadH	17:20
5	Lucian Allison	LincolnWel A	17:23
6	Gordon Benson	LeedsCityA A	17:39
7	Dominic Brown	TonbridgeA A	17:44
8	C Rainsford	HighgateHa A	17:44
9	Carl Smith	TyneBridge A	17:45
10	Andrew Penney	HerculesWi A	17:46
11	Andrew Davies	StockportH	17:46

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Senior Men & Senior Women - Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Thomas Keen	Cambridge& A	17:49	52:45	+ 1
2	Aaron Scott	LincolnWel A	17:47	52:46	+ 1
3	Robel Bahelbi	HighgateHa A	18:07	53:16	+ 2
4	Howell Craske	HerculesWi A	18:04	53:20	+ 2
5	Steven Vernon	StockportH	18:05	53:22	+ 2
6	Alex Howard	TonbridgeA A	18:19	53:22	- 2
7	Luke Prior	AldershotF A	18:10	53:30	+ 1
8	Linton Taylor	LeedsCityA A	18:10	53:36	+ 2
9	William Rylehodes	Shaftesbur	18:22	53:47	0
10	Daniel Cliffe	LiverpoolH A	18:10	53:51	+ 4
11	Taylor Glover	MorpethHar	18:26	54:00	+ 2
12	Stuart Spencer	NottsAc	18:29	54:01	0
13	Alasdair Kinloch	TonbridgeA B	17:55	54:06	+ 7
14	Eoin Pierce	Newham&Ess	18:12	54:12	+ 4
15	Richard Weir	DerbyAC	17:41	54:15	+ 13
16	Ed Banks	Birchfield A	18:35	54:20	- 1
17	Harry Allen	Bristol&We A	18:24	54:23	0
18	Owen Hind	KentAc A	17:58	54:37	+ 13
19	Steven Asquith	GatesheadH	19:44	54:38	- 18
20	Max Brame	LiverpoolH B	19:11	54:39	- 9
21	William Fuller	Blackheath	17:42	54:39	+ 15
22	Peter Brookes	TiptonHarr A	18:07	54:43	+ 7
23	Alex Pointon	AldershotF B	18:19	54:47	+ 2
24	Elliott Lawrence	SwanseaHar	18:53	55:10	- 2
25	C Richards	SalfordHar A	18:34	55:17	+ 7
26	Alex Lee	Cheltenham	18:47	55:20	+ 1
27	Alan Buckley	LeedsCityA B	19:32	55:24	- 11
28	Marc Fenwick	TyneBridge A	18:56	55:25	- 2
29	Stephen Morris	CardiffAac	19:19	55:30	- 8
30	Jake Richardson	LincolnWel B	18:34	55:30	+ 5
31	Aramias Zeration	Hillingdon	19:25	55:31	- 12
32	Daniel Kestrel	RotherhamH	18:58	55:53	+ 2
33	William Mullins	Bedford&Co	19:30	55:56	- 10
34	Tim Raynes	BlackburnH A	18:36	55:59	+ 6
35	Tomer Tarragano	Brighton&H	19:24	56:08	- 2
36	David Lewis	ReadingAc	19:32	56:09	- 6
37	Henry Murdoch	HighgateHa B	19:08	56:14	0
38	Oliver Sewell	Cambridge& B	18:55	56:16	0
39	Ben Norris	NottsAc B	18:46	56:25	+ 6
40	D Garciasines	ThamesVall	20:02	56:28	- 16
41	Calum Steer	AbingdonAc	18:54	56:30	+ 3
42	Christopher Hilton	Southampto	19:09	56:32	- 1
43	Michael Tanner	Birchfield B	18:42	56:33	+ 5
44	Ryan Burling	GuernseyAc	17:53	56:36	+ 14
45	Scott Green	CentralAc	18:17	56:40	+ 8
46	Harry Dexter	ValeRoyalA A	18:58	56:42	0
47	Lewis Laylee	HerneHillH	19:13	56:45	- 4
48	Joseph Johnston	Rossendale	19:27	56:51	- 6
49	Harry Foster	KendalAmat	19:36	56:58	- 10
50	Harvey Speed	CoventryGo	19:22	57:09	- 3
51	Finn Johnson	HerculesWi B	18:31	57:11	+ 6
52	Christopher Law	HolmfirthH	19:34	57:46	- 1
53	Louie Boot	TiptonHarr B	19:11	57:48	+ 2
54	Johnny Cullen	Birmingham	19:14	57:57	+ 5
55	Aaron Pritchard	TeamBathAC	19:23	58:02	+ 1
56	Dame Dibaba	KentAc B	19:20	58:07	+ 5
57	Piers Arnold	CityOfNorw	18:21	58:10	+ 10
58	Paul Mizon	MarshallMi	18:45	58:18	+ 6
59	Christopher Lucas	ReadingRoa	20:32	58:30	- 10
60	Michael Jeavons	WorcesterA	20:32	58:31	- 10
61	Benjamin Khan	WakefieldD	20:31	58:45	- 9
62	Simon O'meara	TraffordAC	20:12	58:48	- 8
63	Kevin Morris	Bournville	20:15	58:59	- 3
64	Marc Hartley	BlackburnH B	19:43	59:29	+ 2
65	Alexander Doyle	ValeRoyalA B	20:18	59:37	- 2
66	Gareth Raven	SaleHarrie	18:42	59:47	+ 9
67	Gary Scott	ChorltonRu	20:08	1:00:02	+ 2
68	Byron Edwards	BuryAC	20:39	1:00:30	0
69	Jacob Droogmans	NewcastleS	20:54	1:00:33	- 4
70	Kevin Richardson	TyneBridge B	20:23	1:00:37	+ 1
71	Elliot Jones	Dudley&Sto	20:38	1:00:44	- 1
72	Kieran Best	WindsorSlo	21:03	1:01:19	0
73	Dan Ellis	MansfieldH	20:57	1:01:42	+ 1
74	Matthew Wilkinson	HalesowenA	21:30	1:02:03	- 1
75	Ben Rhodes	HeanorRC	20:32	1:03:32	+ 2
76	Charles Foster	SalfordHar B	22:32	1:03:55	0

Fastest runners over stage 3:			
1	Richard Weir	DerbyAC	17:41
2	William Fuller	Blackheath	17:42
3	Aaron Scott	LincolnWel A	17:47
4	Thomas Keen	Cambridge& A	17:49
5	Ryan Burling	GuernseyAc	17:53
6	Alasdair Kinloch	TonbridgeA B	17:55
7	Owen Hind	KentAc A	17:58
8	Howell Craske	HerculesWi A	18:04
9	Steven Vernon	StockportH	18:05
10	Robel Bahelbi	HighgateHa A	18:07
11	Peter Brookes	TiptonHarr A	18:07

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Senior Men & Senior Women - Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Lloyd Kempson	Cambridge& A	18:01	1:10:46	0	45	Daniel Galpin	GuernseyAc	19:34	1:16:10	- 1
2	James Straw	LincolnWel A	18:03	1:10:49	0	46	Jonathan Dry	KendalAmat	19:20	1:16:18	+ 3
3	Patrick Martin	StockportH	17:29	1:10:51	+ 2	47	James Senior	CityOfNorw	18:14	1:16:24	+ 10
4	Jonathan Hay	AldershotF A	17:33	1:11:03	+ 3	48	Scott Hudspith	CoventryGo	19:21	1:16:30	+ 2
5	Graham Rush	LeedsCityA A	17:30	1:11:06	+ 3	49	Sam Wilkinson	Brighton&H	20:36	1:16:44	- 14
6	M Nicholls	TonbridgeA A	18:00	1:11:22	0	50	Paul Hughes	AbingdonAc	20:19	1:16:49	- 9
7	Jake Shelley	Shaftesbur	17:40	1:11:27	+ 2	51	Joseph Clark	HerculesWi B	19:42	1:16:53	0
8	Robert Wilson	HighgateHa A	18:24	1:11:40	- 5	52	Jeff Cunningham	HerneHillH	20:12	1:16:57	- 5
9	Tom Jervis	HerculesWi A	18:24	1:11:44	- 5	53	Ben Gamble	TiptonHarr B	19:17	1:17:05	0
10	Omar Ahmed	Birchfield A	17:40	1:12:00	+ 6	54	Joe Hartley	KentAc B	19:09	1:17:16	+ 2
11	Alexander Brown	MorpethHar	18:15	1:12:15	0	55	Kai Sunman	HolmfirthH	20:00	1:17:46	- 3
12	Alex Pilcher	DerbyAC	18:10	1:12:25	+ 3	56	Jonathan Peters	MarshallMi	19:34	1:17:52	+ 2
13	Tom Bains	TiptonHarr A	17:46	1:12:29	+ 9	57	Mark Ince	Birmingham	19:57	1:17:54	- 3
14	Jamie Goodge	TonbridgeA B	18:25	1:12:31	- 1	58	Robert Howorth	TeamBathAC	20:23	1:18:25	- 3
15	Ricky Challinor	LiverpoolH A	18:42	1:12:33	- 5	59	Callum Rowlinson	SaleHarrie	18:51	1:18:38	+ 7
16	Cameron Smith	NottsAc	18:39	1:12:40	- 4	60	Luke Sheppard	WorcesterA	20:42	1:19:13	0
17	Jordan Weaver	KentAc A	18:13	1:12:50	+ 1	61	Ryan Holt	TyneBridge B	19:03	1:19:40	+ 9
18	Jarlath Mckenna	Bristol&We A	18:29	1:12:52	- 1	62	Matthew Pollard	Bournville	20:50	1:19:49	+ 1
19	Thomas Rogerson	LiverpoolH B	18:27	1:13:06	+ 1	63	Matt Rowlinson	ValeRoyalA B	20:18	1:19:55	+ 2
20	Liam Lloyd	SwanseaHar	18:07	1:13:17	+ 4	64	Alex Jones	TraffordAC	21:23	1:20:11	- 2
21	Luke Conway	Newham&Ess	19:16	1:13:28	- 7	65	Thomas Marchant	BlackburnH B	20:45	1:20:14	- 1
22	Marcus Shantry	AldershotF B	19:00	1:13:47	+ 1	66	Robert Meredith	Dudley&Sto	20:08	1:20:52	+ 5
23	Richard Webb	Blackheath	19:19	1:13:58	- 2	67	Josh Birmingham	BuryAC	20:24	1:20:54	+ 1
24	Adrian Holliday	LeedsCityA B	18:35	1:13:59	+ 3	68	Jamie Smith	ReadingRoa	22:43	1:21:13	- 9
25	Alex Bampton	Cheltenham	18:43	1:14:03	+ 1	69	F Macdonaldoulds	ChorltonRu	21:15	1:21:17	- 2
26	Josh Lunn	Bedford&Co	18:13	1:14:09	+ 7	70	Sean Allen	NewcastleS	20:55	1:21:28	- 1
27	Michael Hedley	TyneBridge A	18:48	1:14:13	+ 1	71	M Clutterbuck	WindsorSlo	20:29	1:21:48	+ 1
28	Tom North	LincolnWel B	18:53	1:14:23	+ 2	72	Chris Allcock	MansfieldH	21:45	1:23:27	+ 1
29	Simeon Greenwood	GatesheadH	19:54	1:14:32	- 10	73	AndyButler	HalesowenA	21:25	1:23:28	+ 1
30	Jonathan Johnson	RotherhamH	18:40	1:14:33	+ 2	74	Daz Hewitt	WakefieldD	25:09	1:23:54	- 13
31	Peter Chambers	HighgateHa B	18:33	1:14:47	+ 6	75	Jamie Fletcher	HeanorRC	21:24	1:24:56	0
32	Josh Tighe	SalfordHar A	19:34	1:14:51	- 7	76	Chris Tully	SalfordHar B	21:16	1:25:11	0
33	Sullivan Smith	Cambridge& B	18:44	1:15:00	+ 5	Fastest runners over stage 4:					
34	Anthony Woodward	NottsAc B	18:44	1:15:09	+ 5	1	Patrick Martin	StockportH	17:29		
35	Jacob Brown	ValeRoyalA A	18:34	1:15:16	+ 11	2	Graham Rush	LeedsCityA A	17:30		
36	Ben Costello	BlackburnH A	19:25	1:15:24	- 2	3	Jonathan Hay	AldershotF A	17:33		
37	Matthew Missen	Birchfield B	18:53	1:15:26	+ 6	4	Jake Shelley	Shaftesbur	17:40		
38	Lewis Millar	CentralAc	18:50	1:15:30	+ 7	5	Omar Ahmed	Birchfield A	17:40		
39	Abdirahman Hamud	Hillingdon	20:01	1:15:32	- 8	6	Tom Bains	TiptonHarr A	17:46		
40	Michael Cameron	ThamesVall	19:09	1:15:37	0	7	M Nicholls	TonbridgeA A	18:00		
41	Matthieu Marshall	Southampto	19:12	1:15:44	+ 1	8	Lloyd Kempson	Cambridge& A	18:01		
42	Owain Edwards	CardiffAac	20:17	1:15:47	- 13	9	James Straw	LincolnWel A	18:03		
43	Mark Booth	ReadingAc	19:42	1:15:51	- 7	10	Liam Lloyd	SwanseaHar	18:07		
44	Robert Webb	Rossendale	19:08	1:15:59	+ 4						

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Senior Men & Senior Women - Senior Men Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jack Martin	StockportH	17:22	1:28:13	+ 2
2	Philip Sesemann	LeedsCityA A	17:10	1:28:16	+ 3
3	Ellis Cross	AldershotF A	17:27	1:28:30	+ 1
4	Paul Aste	Cambridge& A	18:11	1:28:57	- 3
5	Tom Straw	LincolnWel A	18:13	1:29:02	- 3
6	Ryan Driscoll	TonbridgeA A	17:52	1:29:14	0
7	Mark Pearce	Shaftesbur	17:57	1:29:24	0
8	Alex Crossland	HighgateHa A	18:26	1:30:06	0
9	Jonathan Cornish	HerculesWi A	18:28	1:30:12	0
10	Daniel Jarvis	LiverpoolH A	17:50	1:30:23	+ 5
11	Sam Johnson	DerbyAC	18:03	1:30:28	+ 1
12	Jordan Scott	MorpethHar	18:39	1:30:54	- 1
13	Jonathan Goringe	Birchfield A	18:56	1:30:56	- 3
14	Ian Williams	TiptonHarr A	18:32	1:31:01	- 1
15	Michael Ellis	TonbridgeA B	18:40	1:31:11	- 1
16	Tom Mower	KentAc A	18:31	1:31:21	+ 1
17	Tim Hartley	NottsAc	18:45	1:31:25	- 1
18	Steve Mitchell	Bristol&We A	19:01	1:31:53	0
19	Philip Sewell	AldershotF B	18:25	1:32:12	+ 3
20	Richard Burney	LiverpoolH B	19:26	1:32:32	- 1
21	Joseph Massingham	RotherhamH	18:02	1:32:35	+ 9
22	MatthewHarvey	SwanseaHar	19:20	1:32:37	- 2
23	Will Rial	Newham&Ess	19:15	1:32:43	- 2
24	A Brucelittlewood	Blackheath	18:46	1:32:44	- 1
25	Alexander Bellew	LeedsCityA B	19:06	1:33:05	- 1
26	Douglas Wight	Cheltenham	19:12	1:33:15	- 1
27	Tom Charlton	TyneBridge A	19:03	1:33:16	0
28	Oliver Saville	Bedford&Co	19:24	1:33:33	- 2
29	Chris Darling	Cambridge& B	18:38	1:33:38	+ 4
30	Conan Mccaughey	CentralAc	18:24	1:33:54	+ 8
31	Bruno Lima	SalfordHar A	19:07	1:33:58	+ 1
32	HarryBaxter	LincolnWel B	19:54	1:34:17	- 4
33	Matthew Linsley	GatesheadH	19:54	1:34:26	- 4
34	Arun Dight	ValeRoyalA A	19:12	1:34:28	+ 1
35	Andres Chau	HighgateHa B	19:46	1:34:33	- 4
36	Jarratt Perkins	NottsAc B	19:32	1:34:41	- 2
37	William Bryan	Southampto	18:58	1:34:42	+ 4
38	James Thie	CardiffAac	19:01	1:34:48	+ 4
39	AlexJolly	Birchfield B	19:25	1:34:51	- 2
40	Hugo Cayssials	ThamesVall	19:19	1:34:56	0
41	Fahad Abdi	Hillingdon	19:35	1:35:07	- 2
42	Jack White	CityOfNorw	18:45	1:35:09	+ 5
43	C Davies	BlackburnH A	19:49	1:35:13	- 7
44	Howard Bristow	Brighton&H	18:37	1:35:21	+ 5
45	Ryan O'brien	ReadingAc	19:58	1:35:49	- 2
46	Phillip Wilson	TiptonHarr B	18:51	1:35:56	+ 7
47	Joseph Mcleod	CoventryGo	19:35	1:36:05	+ 1
48	David Lewin	HerculesWi B	19:34	1:36:27	+ 3
49	AndrewButtery	Rossendale	20:31	1:36:30	- 5
50	Christopher Way	GuernseyAc	20:43	1:36:53	- 5
51	Tim Lawrence	KentAc B	19:46	1:37:02	+ 3
52	Reuben Copley	KendalAmat	20:48	1:37:06	- 6
53	Philip Robertson	SaleHarrie	18:39	1:37:17	+ 6
54	Steve Dunsby	Birmingham	19:45	1:37:39	+ 3
55	James Tuttle	MarshallMi	19:52	1:37:44	+ 1
56	Lavell Pierre	HolmfirthH	20:32	1:38:18	- 1
57	Cameron Weir	AbingdonAc	21:49	1:38:38	- 7
58	Deron Fagan	HerneHillH	21:45	1:38:42	- 6
59	Themis Bower	TeamBathAC	20:56	1:39:21	- 1
60	Paul Thompson	Bournville	20:01	1:39:50	+ 2
61	John Humphries	ValeRoyalA B	20:34	1:40:29	+ 2
62	Alasdair Blain	TyneBridge B	21:03	1:40:43	- 1
63	Chris Harle	WorcesterA	21:52	1:41:05	- 3
64	Paul Bradshaw	BlackburnH B	20:58	1:41:12	+ 1
65	David Nation	Dudley&Sto	20:21	1:41:13	+ 1
66	Jon Evans	BuryAC	20:49	1:41:43	+ 1
67	Lawrence Hopkins	TraffordAC	21:51	1:42:02	- 3

68	Paul Molloy	ChorltonRu	21:05	1:42:22	+ 1
69	Tim Sharman	NewcastleS	21:08	1:42:36	+ 1
70	Jack Goddard	WindsorSlo	21:14	1:43:02	+ 1
71	Daniel Franks	WakefieldD	19:56	1:43:50	+ 3
72	Ian Giggs	ReadingRoa	22:55	1:44:08	- 4
73	Adam Cross	HalesowenA	20:54	1:44:22	0
74	Andy Wetherill	MansfieldH	21:22	1:44:49	- 2
75	Luke Wordsworth	SalfordHar B	21:54	1:47:05	+ 1
76	Andrew Basey	HeanorRC	23:56	1:48:52	- 1

Fastest runners over stage 5:

1	Philip Sesemann	LeedsCityA A	17:10
2	Jack Martin	StockportH	17:22
3	Ellis Cross	AldershotF A	17:27
4	Daniel Jarvis	LiverpoolH A	17:50
5	Ryan Driscoll	TonbridgeA A	17:52
6	Mark Pearce	Shaftesbur	17:57
7	Joseph Massingham	RotherhamH	18:02
8	Sam Johnson	DerbyAC	18:03
9	Paul Aste	Cambridge& A	18:11
10	Tom Straw	LincolnWel A	18:13

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Senior Men & Senior Women - Senior Men Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Ross Millington	StockportH	16:54	1:45:07	0
2	Emile Cairess	LeedsCityA A	17:16	1:45:32	0
3	Richard Allen	AldershotF A	17:10	1:45:40	0
4	Henry Pearce	TonbridgeA A	17:26	1:46:40	+ 2
5	Shane Robinson	LincolnWel A	17:58	1:47:00	0
6	Norman Shreeve	Cambridge& A	18:42	1:47:39	- 2
7	Phillip Crout	Shaftesbur	18:23	1:47:47	0
8	Dejene Gezimu	LiverpoolH A	17:28	1:47:51	+ 2
9	Charlie Haywood	HighgateHa A	18:42	1:48:48	- 1
10	Thomas Dodd	Birchfield A	18:08	1:49:04	+ 3
11	Kevin Farrow	DerbyAC	18:39	1:49:07	0
12	Thomas Straughan	MorpethHar	18:27	1:49:21	0
13	Belal Ahmed	HerculesWi A	19:12	1:49:24	- 4
14	Steven Fennell	TonbridgeA B	18:21	1:49:32	+ 1
15	Alastair Watson	NottsAc	18:22	1:49:47	+ 2
16	Martin Williams	TiptonHarr A	18:54	1:49:55	- 2
17	C Greenwood	KentAc A	18:46	1:50:07	- 1
18	Michael Wilsmore	Bristol&We A	18:23	1:50:16	0
19	Macgregor Cox	AldershotF B	18:34	1:50:46	0
20	Lee Milburn	RotherhamH	18:40	1:51:15	+ 1
21	Paul Tobin	SwanseaHar	19:01	1:51:38	+ 1
22	Joseph Ford	LiverpoolH B	19:23	1:51:55	- 2
23	James Dunce	TyneBridge A	18:46	1:52:02	+ 4
24	Ben Cockburn	Blackheath	19:36	1:52:20	0
25	Michael Salter	LeedsCityA B	19:20	1:52:25	0
26	D Kingclutterbuck	Newham&Ess	19:54	1:52:37	- 3
27	Jonathan Janes	Bedford&Co	19:09	1:52:42	+ 1
28	Dave Aubrey	Cheltenham	19:37	1:52:52	- 2
29	Michael Wright	CentralAc	19:03	1:52:57	+ 1
30	Ben Fish	BlackburnH A	17:58	1:53:11	+ 13
31	Matthew Fox	Cambridge& B	19:36	1:53:14	- 2
32	Logan Smith	CityOfNorw	18:42	1:53:51	+ 10
33	James Cripwell	GatesheadH	19:31	1:53:57	0
34	Elliot Richards	CardiffAac	19:09	1:53:57	+ 4
35	Rory Grant	Birchfield B	19:12	1:54:03	+ 4
36	Stuart Doyle	ValeRoyalA A	19:44	1:54:12	- 2
37	James Laing	Hillingdon	19:06	1:54:13	+ 4
38	James Turner	Brighton&H	18:58	1:54:19	+ 6
39	William Dedoncker	HighgateHa B	19:47	1:54:20	- 4
40	Philip Leybourne	SalfordHar A	20:23	1:54:21	- 9
41	Marc Thorpe	LincolnWel B	20:28	1:54:45	- 9
42	Jim Davies	Southampto	20:18	1:55:00	- 5
43	Oliver Newton	ThamesVall	20:30	1:55:26	- 3
44	Richard Carpenter	TiptonHarr B	19:32	1:55:28	+ 2
45	Frederick Slemeck	HerculesWi B	19:10	1:55:37	+ 3
46	Ryan Faulkner	ReadingAc	20:11	1:56:00	- 1
47	James Wignall	SaleHarrie	19:03	1:56:20	+ 6
48	James Dickinson	NottsAc B	21:56	1:56:37	- 12
49	Joshua Whitehead	Rossendale	20:15	1:56:45	0
50	Alexander Rowe	GuernseyAc	20:24	1:57:17	0
51	Adam Walmsley	CoventryGo	21:23	1:57:28	- 4
52	Tom Hartley	KendalAmat	20:33	1:57:39	0
53	Neil Phillips	KentAc B	20:42	1:57:44	- 2
54	Thomas Cuthbertson	MarshallMi	20:08	1:57:52	+ 1
55	Andrew Warburton	HerneHillH	19:23	1:58:05	+ 3
56	Steve Green	HolmfirthH	20:18	1:58:36	0
57	A Tsolakis	Birmingham	21:04	1:58:43	- 3
58	John Howorth	TeamBathAC	20:12	1:59:33	+ 1
59	Richard Keep	Bournville	21:09	2:00:59	+ 1
60	Joshua Holgate	BlackburnH B	19:48	2:01:00	+ 4
61	T Osborne	Dudley&Sto	19:49	2:01:02	+ 4
62	George Thompson	ValeRoyalA B	20:35	2:01:04	- 1
63	Alex Black	TyneBridge B	20:50	2:01:33	- 1
64	Adam Pollock	WorcesterA	20:51	2:01:56	- 1
65	Andrew Caruana	AbingdonAc	23:19	2:01:57	- 8
66	David Wyeth	ChorltonRu	20:03	2:02:25	+ 2
67	James Saxton	WakefieldD	18:45	2:02:35	+ 4
68	Daniel Hayes	TraffordAC	20:43	2:02:45	- 1
69	Paul Johnston	BuryAC	22:21	2:04:04	- 3
70	Richard Longley	NewcastleS	21:50	2:04:26	- 1
71	Sebastien Pencole	WindsorSlo	21:31	2:04:33	- 1
72	Ben Whalley	ReadingRoa	21:09	2:05:17	0
73	Tom Kenderdine	HalesowenA	21:24	2:05:46	0
74	Gary Morley	MansfieldH	22:21	2:07:10	0
75	Paul Stephens	SalfordHar B	22:42	2:09:47	0
76	R Charlesworth	HeanorRC	25:36	2:14:28	0

Fastest runners over stage 6:

1	Ross Millington	StockportH	16:54
2	Richard Allen	AldershotF A	17:10
3	Emile Cairess	LeedsCityA A	17:16
4	Henry Pearce	TonbridgeA A	17:26
5	Dejene Gezimu	LiverpoolH A	17:28
6	Ben Fish	BlackburnH A	17:58
7	Shane Robinson	LincolnWel A	17:58
8	Thomas Dodd	Birchfield A	18:08
9	Steven Fennell	TonbridgeA B	18:21
10	Alastair Watson	NottsAc	18:22

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Senior Men — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Stockport Harriers & AC 1:45:07</p> <p>1 Jack Morris (10) 17:31 3 Steven Vernon (5) 18:05 5 Jack Martin (1) 17:22</p>	<p>14 Tonbridge AC</p> <p>1 Jamie Bryant (29) 18:08 3 Alasdair Kinloch (13) 17:55 5 Michael Ellis (15) 18:40</p>	<p>'B' 1:49:32</p> <p>2 Kieran Reilly (20) 18:03 4 Jamie Goodge (14) 18:25 6 Steven Fennell (14) 18:21</p>	
<p>2 Leeds City AC 'A' 1:45:32</p> <p>1 Wondiye Indelbu (20) 17:47 3 Linton Taylor (8) 18:10 5 Philip Sesemann (2) 17:10</p>	<p>15 Notts AC</p> <p>1 Douglas Musson (14) 17:38 3 Stuart Spencer (12) 18:29 5 Tim Hartley (17) 18:45</p>	<p>1:49:47</p> <p>2 Samuel Mitchell (12) 17:54 4 Cameron Smith (16) 18:39 6 Alastair Watson (15) 18:22</p>	
<p>3 Aldershot Farnham & District 'A' 1:45:40</p> <p>1 Ben Bradley (28) 18:07 3 Luke Prior (7) 18:10 5 Ellis Cross (3) 17:27</p>	<p>16 Tipton Harriers</p> <p>1 Stuart Hawkes (24) 17:55 3 Peter Brookes (22) 18:07 5 Ian Williams (14) 18:32</p>	<p>'A' 1:49:55</p> <p>2 Joe Smith (29) 18:41 4 Tom Bains (13) 17:46 6 Martin Williams (16) 18:54</p>	
<p>4 Tonbridge AC 'A' 1:46:40</p> <p>1 Corey De'ath (4) 17:19 3 Alex Howard (6) 18:19 5 Ryan Driscoll (6) 17:52</p>	<p>17 Kent AC</p> <p>1 Russell Bentley (33) 18:13 3 Owen Hind (18) 17:58 5 Tom Mower (16) 18:31</p>	<p>'A' 1:50:07</p> <p>2 Anthony Johnson (31) 18:26 4 Jordan Weaver (17) 18:13 6 C Greenwood (17) 18:46</p>	
<p>5 Lincoln Wellington AC 'A' 1:47:00</p> <p>1 Ronny Wilson (13) 17:36 3 Aaron Scott (2) 17:47 5 Tom Straw (5) 18:13</p>	<p>18 Bristol & West AC</p> <p>1 Jack Millar (25) 17:56 3 Harry Allen (17) 18:24 5 Steve Mitchell (18) 19:01</p>	<p>'A' 1:50:16</p> <p>2 Owain Jones (17) 18:03 4 Jarlath McKenna (18) 18:29 6 Michael Wilsmore (18) 18:23</p>	
<p>6 Cambridge & Coleridge AC 'A' 1:47:39</p> <p>1 Escalantephillips (16) 17:41 3 Thomas Keen (1) 17:49 5 Paul Aste (4) 18:11</p>	<p>19 Aldershot Farnham & District 'B' 1:50:46</p> <p>1 Callum Charleston (37) 18:23 3 Alex Pointon (23) 18:19 5 Philip Sewell (19) 18:25</p>	<p>2 Max Heyden (25) 18:05 4 Marcus Shantry (22) 19:00 6 Macgregor Cox (19) 18:34</p>	
<p>7 Shaftesbury Barnet Harriers 1:47:47</p> <p>1 Tom Butler (32) 18:12 3 William Rylehodes (9) 18:22 5 Mark Pearce (7) 17:57</p>	<p>20 Rotherham Harriers & AC 1:51:15</p> <p>1 Luke Cotter (18) 17:45 3 Daniel Kestrel (32) 18:58 5 Joseph Massingham (21) 18:02</p>	<p>2 Arron Larkin (34) 19:10 4 Jonathan Johnson (30) 18:40 6 Lee Milburn (20) 18:40</p>	
<p>8 Liverpool Harriers & AC 'A' 1:47:51</p> <p>1 Jonathon Mellor (1) 17:08 3 Daniel Cliffe (10) 18:10 5 Daniel Jarvis (10) 17:50</p>	<p>21 Swansea Harriers 1:51:38</p> <p>1 Marc Hobbs (22) 17:49 3 Elliott Lawrence (24) 18:53 5 Matthew Harvey (22) 19:20</p>	<p>2 Dominic Smith (22) 18:28 4 Liam Lloyd (20) 18:07 6 Paul Tobin (21) 19:01</p>	
<p>9 Highgate Harriers 'A' 1:48:48</p> <p>1 Roger Poolman (6) 17:25 3 Robel Bahelbi (3) 18:07 5 Alex Crossland (8) 18:26</p>	<p>22 Liverpool Harriers & AC 'B' 1:51:55</p> <p>1 Aduaqani Sharif (8) 17:28 3 Max Brame (20) 19:11 5 Richard Burney (20) 19:26</p>	<p>2 Daniel Preston (11) 18:00 4 Thomas Rogerson (19) 18:27 6 Joseph Ford (22) 19:23</p>	
<p>10 Birchfield Harriers 'A' 1:49:04</p> <p>1 Alexander Tovey (15) 17:40 3 Ed Banks (16) 18:35 5 Jonathan Goringe (13) 18:56</p>	<p>23 Tyne Bridge Harriers 'A' 1:52:02</p> <p>1 Finn Affleckbrodie (48) 18:44 3 Marc Fenwick (28) 18:56 5 Tom Charlton (27) 19:03</p>	<p>2 Carl Smith (26) 17:45 4 Michael Hedley (27) 18:48 6 James Dunce (23) 18:46</p>	
<p>11 Derby AC 1:49:07</p> <p>1 Joseph Kilgour (30) 18:09 3 Richard Weir (15) 17:41 5 Sam Johnson (11) 18:03</p>	<p>24 Blackheath & Bromley Harriers 1:52:20</p> <p>1 Charlie Davis (36) 18:19 3 William Fuller (21) 17:42 5 A Brucelittlewood (24) 18:46</p>	<p>2 Ross Braden (36) 18:38 4 Richard Webb (23) 19:19 6 Ben Cockburn (24) 19:36</p>	
<p>12 Morpeth Harriers & AC 1:49:21</p> <p>1 Sam Hancox (17) 17:44 3 Taylor Glover (11) 18:26 5 Jordan Scott (12) 18:39</p>	<p>25 Leeds City AC 'B' 1:52:25</p> <p>1 Ossama Meslek (3) 17:18 3 Alan Buckley (27) 19:32 5 Alexander Bellew (25) 19:06</p>	<p>2 Michael Hoyle (16) 18:34 4 Adrian Holliday (24) 18:35 6 Michael Salter (25) 19:20</p>	
<p>13 Hercules Wimbledon AC 'A' 1:49:24</p> <p>1 Ben Toomer (9) 17:30 3 Howell Craske (4) 18:04 5 Jonathan Cornish (9) 18:28</p>	<p>26 Newham & Essex Beagles AC 1:52:37</p> <p>1 John Beattie (5) 17:21 3 Eoin Pierce (14) 18:12 5 Will Rial (23) 19:15</p>	<p>2 Rory Chesser (18) 18:39 4 Luke Conway (21) 19:16 6 D Kingclutterbuck (26) 19:54</p>	

National Road Relays

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27 Bedford & County AC 1:52:42 1 Matthew Bray (35) 18:18 2 Benjamin Davies (23) 18:08 3 William Mullins (33) 19:30 4 Josh Lunn (26) 18:13 5 Oliver Saville (28) 19:24 6 Jonathan Janes (27) 19:09	41 Lincoln Wellington AC 'B' 1:54:45 1 Ryan Page (54) 18:55 2 Thomas Trimble (35) 18:01 3 Jake Richardson (30) 18:34 4 Tom North (28) 18:53 5 Harry Baxter (32) 19:54 6 Marc Thorpe (41) 20:28
28 Cheltenham & County Harriers 1:52:52 1 Daniel Owen (27) 18:07 2 Dom James (27) 18:26 3 Alex Lee (26) 18:47 4 Alex Bampton (25) 18:43 5 Douglas Wight (26) 19:12 6 Dave Aubrey (28) 19:37	42 Southampton AC 1:55:00 1 Matthew Bennett (53) 18:54 2 Zakariya Mahamed (41) 18:29 3 Christopher Hilton (42) 19:09 4 Matthieu Marshall (41) 19:12 5 William Bryan (37) 18:58 6 Jim Davies (42) 20:18
29 Central AC 1:52:57 1 Matthew Sutherland (56) 19:00 2 Scott Bremner (53) 19:23 3 Scott Green (45) 18:17 4 Lewis Millar (38) 18:50 5 Conan Mccaughey (30) 18:24 6 Michael Wright (29) 19:03	43 Thames Valley Harriers 1:55:26 1 Antonio Silva (21) 17:48 2 Myles Edwards (24) 18:38 3 D Garciarasines (40) 20:02 4 Michael Cameron (40) 19:09 5 Hugo Cayssials (40) 19:19 6 Oliver Newton (43) 20:30
30 Blackburn Harriers & AC 'A' 1:53:11 1 Robert Warner (42) 18:37 2 Jack Hindle (40) 18:46 3 Tim Raynes (34) 18:36 4 Ben Costello (36) 19:25 5 C Davies (43) 19:49 6 Ben Fish (30) 17:58	44 Tipton Harriers 'B' 1:55:28 1 Steve Brookes (66) 19:18 2 Tom Holden (55) 19:19 3 Louie Boot (53) 19:11 4 Ben Gamble (53) 19:17 5 Phillip Wilson (46) 18:51 6 Richard Carpenter (44) 19:32
31 Cambridge & Coleridge AC 'B' 1:53:14 1 Michael Gilbert (43) 18:38 2 Oliver Newman (38) 18:43 3 Oliver Sewell (38) 18:55 4 Sullivan Smith (33) 18:44 5 Chris Darling (29) 18:38 6 Matthew Fox (31) 19:36	45 Hercules Wimbledon AC 'B' 1:55:37 1 William Russell (51) 18:49 2 Neil Fraser (57) 19:51 3 Finn Johnson (51) 18:31 4 Joseph Clark (51) 19:42 5 David Lewin (48) 19:34 6 Frederick Slemeck (45) 19:10
32 City Of Norwich AC 1:53:51 1 Tom Hook (7) 17:27 2 Ash Harrell (67) 22:22 3 Piers Arnold (57) 18:21 4 James Senior (47) 18:14 5 Jack White (42) 18:45 6 Logan Smith (32) 18:42	46 Reading AC 1:56:00 1 Jonathan Davies (12) 17:35 2 Edward Stockdale (30) 19:02 3 David Lewis (36) 19:32 4 Mark Booth (43) 19:42 5 Ryan O'brien (45) 19:58 6 Ryan Faulkner (46) 20:11
33 Gateshead Harriers & AC 1:53:57 1 Christopher Parr (11) 17:34 2 Callum Johnson (1) 17:20 3 Steven Asquith (19) 19:44 4 Simeon Greenwood (29) 19:54 5 Matthew Linsley (33) 19:54 6 James Cripwell (33) 19:31	47 Sale Harriers Manchester 1:56:20 1 Nigel Martin (19) 17:45 2 Luke Betts (75) 23:20 3 Gareth Raven (66) 18:42 4 Callum Rowlinson (59) 18:51 5 Philip Robertson (53) 18:39 6 James Wignall (47) 19:03
34 Cardiff Aac 1:53:57 1 Jake Heyward (2) 17:12 2 Larry Ryan (21) 18:59 3 Stephen Morris (29) 19:19 4 Owain Edwards (42) 20:17 5 James Thie (38) 19:01 6 Elliot Richards (34) 19:09	48 Notts Ac 'B' 1:56:37 1 Milan Champion (61) 19:10 2 Stewart King (45) 18:29 3 Ben Norris (39) 18:46 4 Anthony Woodward (34) 18:44 5 Jarratt Perkins (36) 19:32 6 James Dickinson (48) 21:56
35 Birchfield Harriers 'B' 1:54:03 1 Andrew Ridley (50) 18:45 2 Orlando Corea (48) 19:06 3 Michael Tanner (43) 18:42 4 Matthew Missen (37) 18:53 5 Alex Jolly (39) 19:25 6 Rory Grant (35) 19:12	49 Rossendale Harriers & AC 1:56:45 1 Grant Cunliffe (39) 18:30 2 Christopher Fell (42) 18:54 3 Joseph Johnston (48) 19:27 4 Robert Webb (44) 19:08 5 Andrew Buttery (49) 20:31 6 Joshua Whitehead (49) 20:15
36 Vale Royal AC 'A' 1:54:12 1 Cameron Weaver (65) 19:16 2 Chris Perry (46) 18:28 3 Harry Dexter (46) 18:58 4 Jacob Brown (35) 18:34 5 Arun Dight (34) 19:12 6 Stuart Doyle (36) 19:44	50 Guernsey AC 1:57:17 1 Richard Bartram (52) 18:54 2 Edward Mason (58) 19:49 3 Ryan Burling (44) 17:53 4 Daniel Galpin (45) 19:34 5 Christopher Way (50) 20:43 6 Alexander Rowe (50) 20:24
37 Hillingdon AC 1:54:13 1 Abdishakur Abdulle (23) 17:53 2 Mohamed Mohamed (19) 18:13 3 Aramias Zeration (31) 19:25 4 Abdirahman Hamud (39) 20:01 5 Fahad Abdi (41) 19:35 6 James Laing (37) 19:06	51 Coventry Godiva Harriers 1:57:28 1 Oliver Paulin (34) 18:17 2 James Griggs (47) 19:30 3 Harvey Speed (50) 19:22 4 Scott Hudspith (48) 19:21 5 Joseph Mcleod (47) 19:35 6 Adam Walmsley (51) 21:23
38 Brighton & Hove AC 1:54:19 1 Stephen Ferroni (26) 18:05 2 William Cork (33) 18:39 3 Tomer Tarragano (35) 19:24 4 Sam Wilkinson (49) 20:36 5 Howard Bristow (44) 18:37 6 James Turner (38) 18:58	52 Kendal Amateur AC 1:57:39 1 Alexander Birkett (45) 18:41 2 Alasdair Russell (39) 18:41 3 Harry Foster (49) 19:36 4 Jonathan Dry (46) 19:20 5 Reuben Copley (52) 20:48 6 Tom Hartley (52) 20:33
39 Highgate Harriers 'B' 1:54:20 1 Jonathan Laybourn (49) 18:44 2 Sean Renfer (37) 18:22 3 Henry Murdoch (37) 19:08 4 Peter Chambers (31) 18:33 5 Andres Chau (35) 19:46 6 William Dedoncker (39) 19:47	53 Kent AC 'B' 1:57:44 1 James Bowler (64) 19:16 2 Ben Harding (61) 19:31 3 Dame Dibaba (56) 19:20 4 Joe Hartley (54) 19:09 5 Tim Lawrence (51) 19:46 6 Neil Phillips (53) 20:42
40 Salford Harriers & AC 'A' 1:54:21 1 Will Beauchamp (40) 18:33 2 Thomas Cornthwaite (32) 18:10 3 C Richards (25) 18:34 4 Josh Tighe (32) 19:34 5 Bruno Lima (31) 19:07 6 Philip Leybourne (40) 20:23	54 Marshall Milton Keynes AC 1:57:52 1 Steve Tuttle (67) 19:31 2 Daniel Woodgate (64) 20:02 3 Paul Mizon (58) 18:45 4 Jonathan Peters (56) 19:34 5 James Tuttle (55) 19:52 6 Thomas Cuthbertson (54) 20:08

National Road Relays

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55 Herne Hill Harriers

1 C Busaileh (31) 18:10	2 Simon Coombes (43) 19:22
3 Lewis Laylee (47) 19:13	4 Jeff Cunningham (52) 20:12
5 Deron Fagan (58) 21:45	6 Andrew Warburton (55) 19:23

1:58:05

56 Holmfirth Harriers AC

1 Aaron Kettlewell (41) 18:35	2 Lewis Byram (51) 19:37
3 Christopher Law (52) 19:34	4 Kai Sunman (55) 20:00
5 Lavell Pierre (56) 20:32	6 Steve Green (56) 20:18

1:58:36

57 Birmingham Running Athletics &

1:58:43

1 Daniel Robinson (38) 18:25	2 Ashley Fawke (59) 20:18
3 Johnny Cullen (54) 19:14	4 Mark Ince (57) 19:57
5 Steve Dunsby (54) 19:45	6 A Tsolakis (57) 21:04

58 Team Bath AC

1 Alex Carter (60) 19:09	2 Daniel Jones (56) 19:30
3 Aaron Pritchard (55) 19:23	4 Robert Howorth (58) 20:23
5 Themis Bower (59) 20:56	6 John Howorth (58) 20:12

1:59:33

59 Bournville Harriers

1 James Drakeford (59) 19:07	2 Richard Bayliss (60) 19:37
3 Kevin Morris (63) 20:15	4 Matthew Pollard (62) 20:50
5 Paul Thompson (60) 20:01	6 Richard Keep (59) 21:09

2:00:59

60 Blackburn Harriers & AC

1 Joe Gebbie (75) 20:23	2 Karl Billington (66) 19:23
3 Marc Hartley (64) 19:43	4 Thomas Marchant (65) 20:45
5 Paul Bradshaw (64) 20:58	6 Joshua Holgate (60) 19:48

'B' 2:01:00

61 Dudley & Stourbridge Harriers

1 Tom Isherwood (73) 20:00	2 Ben Foster (70) 20:06
3 Elliot Jones (71) 20:38	4 Robert Meredith (66) 20:08
5 David Nation (65) 20:21	6 T Osborne (61) 19:49

2:01:02

62 Vale Royal AC

1 Benjamin Lee (47) 18:43	2 Josh Betteley (63) 20:36
3 Alexander Doyle (65) 20:18	4 Matt Rowlinson (63) 20:18
5 John Humphries (61) 20:34	6 George Thompson (62) 20:35

'B' 2:01:04

63 Tyne Bridge Harriers

1 Sparrow Morley (71) 19:51	2 Paul Turnbull (71) 20:23
3 Kevin Richardson (70) 20:23	4 Ryan Holt (61) 19:03
5 Alasdair Blain (62) 21:03	6 Alex Black (63) 20:50

'B' 2:01:33

64 Worcester AC

1 Benedict Duncan (62) 19:12	2 George Beardmore (50) 18:47
3 Michael Jeavons (60) 20:32	4 Luke Sheppard (60) 20:42
5 Chris Harle (63) 21:52	6 Adam Pollock (64) 20:51

2:01:56

65 Abingdon AC

1 Jack Shayler (55) 18:57	2 Daniel Hamilton (44) 18:39
3 Calum Steer (41) 18:54	4 Paul Hughes (50) 20:19
5 Cameron Weir (57) 21:49	6 Andrew Caruana (65) 23:19

2:01:57

66 Chorlton Runners

1 Ben Hobson (72) 19:58	2 Charlie Blanch (69) 19:56
3 Gary Scott (67) 20:08	4 F Macdonaldoulds (69) 21:15
5 Paul Molloy (68) 21:05	6 David Wyeth (66) 20:03

2:02:25

67 Wakefield District H & AC

1 Mark Bostock (57) 19:03	2 Matthew Hill (52) 19:11
3 Benjamin Khan (61) 20:31	4 Daz Hewitt (74) 25:09
5 Daniel Franks (71) 19:56	6 James Saxton (67) 18:45

2:02:35

68 Trafford AC

1 Thomas Charles (58) 19:06	2 Jeff Prest (54) 19:30
3 Simon O'meara (62) 20:12	4 Alex Jones (64) 21:23
5 Lawrence Hopkins (67) 21:51	6 Daniel Hayes (68) 20:43

2:02:45

69 Bury AC

1 Benjamin Coop (69) 19:33	2 Luke Harrelld (68) 20:18
3 Byron Edwards (68) 20:39	4 Josh Birmingham (67) 20:24
5 Jon Evans (66) 20:49	6 Paul Johnston (69) 22:21

2:04:04

70 Newcastle Staffs AC

1 James Fradley (63) 19:13	2 Jordan Nixon (65) 20:26
3 Jacob Droogmans (69) 20:54	4 Sean Allen (70) 20:55
5 Tim Sharnan (69) 21:08	6 Richard Longley (70) 21:50

2:04:26

71 Windsor Slough Eton & Hounslow

1 Benjamin Findlay (76) 20:24	2 James Tidd (72) 19:52
3 Kieran Best (72) 21:03	4 M Clutterbuck (71) 20:29
5 Jack Goddard (70) 21:14	6 Sebastien Pencole (71) 21:31

2:04:33

72 Reading Roadrunners

1 Jack Gregory (46) 18:42	2 Seb Briggs (49) 19:16
3 Christopher Lucas (59) 20:32	4 Jamie Smith (68) 22:43
5 Ian Giggs (72) 22:55	6 Ben Whalley (72) 21:09

2:05:17

73 Halesowen Acc

1 Kristian Bayley (70) 19:44	2 David Turvey (73) 20:49
3 Matthew Wilkinson (74) 21:30	4 Andy Butler (73) 21:25
5 Adam Cross (73) 20:54	6 Tom Kenderdine (73) 21:24

2:05:46

74 Mansfield Harriers

1 Neil Cope (74) 20:05	2 Jordan Boam (74) 20:40
3 Dan Ellis (73) 20:57	4 Chris Allcock (72) 21:45
5 Andy Wetherill (74) 21:22	6 Gary Morley (74) 22:21

2:07:10

75 Salford Harriers & AC

1 Mark Russell (77) 20:26	2 David Hudson (76) 20:57
3 Charles Foster (76) 22:32	4 Chris Tully (76) 21:16
5 Luke Wordsworth (75) 21:54	6 Paul Stephens (75) 22:42

'B' 2:09:47

76 Heanor RC

1 C Patterson (68) 19:32	2 Daniel Bladen (77) 23:28
3 Ben Rhodes (75) 20:32	4 Jamie Fletcher (75) 21:24
5 Andrew Basey (76) 23:56	6 R Charlesworth (76) 25:36

2:14:28

Incomplete Teams:

Bristol & West AC

1 Philip Radford (44) 18:40	2 Miles Chandler (62) 20:12
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'B'

Fastest of all legs

1 Ross Millington	StockportH	16:54
2 Jonathon Mellor	LiverpoolH	A 17:08
3 Richard Allen	AldershotF	A 17:10
= Philip Sesemann	LeedsCityA	A 17:10
5 Jake Heyward	CardiffAac	17:12
6 Joshua Grace	AldershotF	A 17:13
= Kieran Clements	Shaftesbur	17:13
8 Jack Gray	Cambridge&	A 17:15
9 Emile Cairss	LeedsCityA	A 17:16
10 Ossama Meslek	LeedsCityA	B 17:18