

The Helmsley 10k Challenge at Helmsley on Sunday 1st April 2018

Helmsley — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	254	Joe Dale		Victoria Park Harriers	35:53
2	266	Shaun O'Gardy	V40 1	New Marske Harriers Club	37:37
3	137	Scott Hargreaves		Bridlington Road Runners	38:12
4	263	Richard Purser		York Knavesmire Harriers	38:33
5	36	Tim Crossland	V40 2	Unattached	38:47
6	252	Tom Pilley		Victoria Park Harriers	38:48
7	286	Robert Ward	V40 3	York Knavesmire Harriers	38:55
8	151	Helen Cross	L35 1	York Tri Club	39:26
9	282	Laurence Griffin	U20 1	York Knavesmire Harriers	39:54
10	65	Mike Jefferies		Richmond & Zetland Harriers	39:55
11	141	Simon Cave	V40 4	Ripon Runners	39:57
12	168	Simon Rycroft	V45 1	Pickering Running Club	39:58
13	176	Peter Baker	V40 5	City Of Hull Ac	40:30
14	274	Simon Jones	V45 2	Pickering Running Club	40:34
15	77	Craig Gath	V40 6	Easingwold Running Club	40:57
16	60	Matthew Middleton		Scarborough Athletic Club	41:02
17	245	Douglas Scott	V45 3	Ripon Runners	41:06
18	262	Kevin McLoughlin	V50 1	North York Moors Ac	41:17
19	264	Philip Teece	V55 1	Darlington H & Ac	41:33
20	150	Jonathan Hart		Unattached	41:36
21	175	Ben Myers		Pickering Running Club	41:39
22	144	Simon Middleton	V45 4	York Postal Harriers	41:51
23	197	Cameron Choules	V45 5	Easingwold Running Club	42:08
24	279	Thomas Almond		Reigate Priory RC	42:12
25	188	Paul Castle	V40 7	Ilkley Harriers Ac	42:14
26	226	Bernadette Caygill	L40 1	Darlington H & Ac	42:18
27	273	Russ Grayson	V40 8	Pickering Running Club	43:05
28	277	Graham Jones	V45 6	Hartlepool Burn Road Harriers	43:07
29	304	Sam Browes		Unattached	43:30
30	185	Michael Hernandez	V45 7	Ripon Runners	43:35
31	288	James Stokes		Unattached	43:43
32	285	David Leese		York Knavesmire Harriers	43:55
33	238	Mark Harney	V50 2	York Knavesmire Harriers	43:57
34	244	David Binks	V45 8	Ripon Runners	44:10
35	41	Jazz Edeson	V55 2	Driffild Striders	44:20
36	211	Mark Higham	V40 9	Unattached	44:40
37	29	Nick Griffin	V50 3	York Knavesmire Harriers	44:57
38	293	Garry Owens	V60 1	Northumberland Fell Runners	45:04
39	109	Kari Munro	L35 2	Ripon Runners	45:07
40	256	Paul Peacock	V50 4	Unattached	45:15
41	294	Alica Appleyard	L 4	Unattached	45:21
42	253	Nick Allenby	V4010	Unattached	45:25
43	64	Sally Houghton	L50 1	Ripon Runners	45:38
44	100	Andrew Tomlinson		York Knavesmire Harriers	46:04
45	73	Richard Knott	V50 5	Easingwold Running Club	46:10
46	135	Daz Mendoza	V55 3	Unattached	46:23
47	45	Stuart Jones	V55 4	Steel City Striders Rc	47:01
48	93	Pete Downes	V55 5	York Knavesmire Harriers	47:05
49	113	Finlay Pennington		Stockton Striders	47:06
50	250	Matthew Dunn	V4011	Unattached	47:06
51	40	Richard Johnson	V45 9	Unattached	47:08
52	110	Paul Smith	V55 6	Pickering Running Club	47:08
53	128	Thomas Bytheway	U17 1	Unattached	47:15
54	206	Maio Davide Di	V4012	Easingwold Running Club	47:16
55	265	James Farrant		Unattached	47:19
56	57	Robin Newby	V4510	St Albans Striders	47:20
57	14	Kevin Richardson		Unattached	47:24
58	178	Stu McGarva		Unattached	47:36
59	283	Katy Stokes	L 6	Unattached	47:43
60	284	Lorentom Pasqualini	L 7	Unattached	47:43
61	63	Matthew Bessey		Easingwold Running Club	47:48
62	258	Ian Swannell	V4511	Unattached	47:51
63	231	Chris Darley	V4013	Unattached	47:56
64	247	Nic Tinson	V55 7	Unattached	48:01
65	74	Mark May	V50 6	Scarborough Athletic Club	48:04
66	46	Ian Mortimer	V4014	Unattached	48:13
67	124	Mark Waters		Unattached	48:20
68	67	Nicholas Clark	V4512	Unattached	48:26
69	177	Naomi Boynton	L 8	York Acorn RC	48:30
70	303	David Waddington	V50 7	Easingwold Running Club	48:34
71	76	Paul Simpson		Unattached	48:52
72	95	Jo Davey	L45 1	Wetherby Runners	48:58
73	153	Adam Campbell	V4015	Unattached	49:08
74	280	John Atkinson	V4016	Unattached	49:17
75	307	Crawford Gamble		Unattached	49:22
76	170	Joe Brown	V4513	Unattached	49:26
77	305	Matthew Browes		Unattached	49:38
78	90	Maria Clemmit	L 10	North York Moors Ac	50:11
79	15	Richard Simms	V4017	Unattached	50:28
80	112	David Knight		Unattached	50:30
81	87	Richard Stokes	V60 2	Unattached	50:33
82	62	Paul White	V70 1	Valley Striders	50:36
83	272	Richard Hegarty		Unattached	50:39
84	314	Alistair Lunn		Easingwold Running Club	50:41
85	162	Mike Smith	V50 8	York Knavesmire Harriers	50:52
86	91	Simon Quartermaine	V50 9	Unattached	51:00
87	85	Kirsty Naylor	L35 3	Thirsk & Sowerby Harriers	51:14
88	55	Kelly Gaughan	L 12	Unattached	51:26
89	290	Paul Readman	V4018	Unattached	51:31
90	158	Alice Railton	L 13	Unattached	51:43
91	192	Jonathan Steele	V4019	Tadcaster Harriers	51:45
92	239	Calvin Nicholson	V4514	Unattached	51:46
93	248	Freya Brewer	L45 2	Unattached	51:53
94	145	Michael Hetherton	V70 2	Pickering Running Club	51:58
95	11	James Russell		Unattached	51:59
96	37	Natalie Crossland	L40 2	Unattached	52:02
97	224	Craig Lightfoot	V55 8	Unattached	52:17
98	261	Richard Beckett	V4020	Selby Striders	52:26
99	236	Elizabeth Sellers	L 16	Unattached	52:28
100	130	Anna Jones	L45 3	Unattached	52:30
101	129	Nigel Jones	V5010	Unattached	52:30
102	3	Neil Mayfield	V4515	Unattached	52:35
103	167	Debbie Rycroft	L45 4	Pickering Running Club	52:45
104	4	Louise Mayfield	L45 5	Unattached	53:07
105	237	Toby Belstone	V4021	Unattached	53:11
106	101	Neil Gilbertson	V4516	Unattached	53:12
107	179	Pauline Whittaker	L50 2	Richmond & Zetland Harriers	53:14
108	308	Ben Teasdale	U20 2	Unattached	53:21
109	267	Kevin Brown	V5011	Unattached	53:23
110	111	Max Railton		Unattached	53:25
111	189	Anthony Bissell		Barnsley Harriers	53:28
112	190	Jo Bissell	L35 4	Barnsley Harriers	53:29
113	103	Angie Benson	L55 1	Ripon Runners	53:30
114	27	Hannah Anderson	L35 5	Unattached	53:31
115	155	Rachel Carter	L20 1	Unattached	53:33
116	164	Mike Ullathorne	V5012	Unattached	53:38
117	287	Deborah Pickford	L45 6	York Knavesmire Harriers	53:44
118	268	Amy Leonard	L 26	Unattached	53:45
119	142	Raymond Lightle	V65 1	Bedale & Aiskew Runners	53:50
120	154	Alison Carter	L50 3	Stockton Striders	53:52
121	122	Angela Turnbull	L45 7	Unattached	54:01
122	259	Hannah Cave	L17 1	Ripon Runners	54:02
123	276	Rebecca Dent	L20 2	Scarborough Athletic Club	54:15
124	257	Jeremy Scott	V4517	Nidd Valley Road Runners	54:15
125	79	David Tervit	V4518	Thirsk & Sowerby Harriers	54:18
126	281	Eleanor Griffin	L 31	Unattached	54:19
127	220	Baz Watson	V4519	Unattached	54:35
128	291	Terence Neal	V55 9	Unattached	54:38
129	246	David Robinson	V5510	FRA	54:47
130	292	Samantha Head	L 32	Unattached	54:48
131	84	Jane Cowley	L55 2	Easingwold Running Club	54:53
132	255	Stephen Daniel	V4520	Easingwold Running Club	54:53
133	75	Alison Holden-Jones	L40 3	Unattached	54:56
134	194	Claire Johnson	L35 6	York Triathlon Club	55:05
135	172	Mark Butcher		Unattached	55:07
136	300	Emily Watson	L 36	Unattached	55:22
137	306	Andrew Hart		New Marske Harriers Club	55:24
138	44	Andrew Tattersall	V5013	Vocalink Running Club	55:26
139	69	Richard Stangroom		Unattached	55:29
140	242	Tim Waudby	V4022	Unattached	55:35
141	200	Jim Johnson	V4521	Unattached	55:39
142	278	Laura Jones	L20 3	Hartlepool Burn Road Harriers	55:56
143	214	Stephen Harrison	V4522	Unattached	56:02
144	240	Sarah Tolhurst	L40 4	Unattached	56:04
145	78	Alan Simpson	V4523	Thirsk & Sowerby Harriers	56:32
146	8	David Waite	V5014	Stainland Lions Road Runners	56:33
147	171	Roger Berriman		Unattached	56:35
148	201	Jess Thurlow	L 39	Unattached	56:36
149	59	Michael Styán	V5015	Low Fell Rc	56:38
150	7	Diane Waite	L50 4	Stainland Lions Road Runners	56:39
151	249	Harriet Lowndes	L 41	Unattached	56:53
152	132	William Sigsworth	V60 3	North East Veterans Ac	56:54
153	234	Elizabeth Chambers	L35 7	Easingwold Running Club	57:00
154	228	Paul Dunn	V5016	Unattached	57:03
155	213	Anna Harrison	L17 2	Thirsk & Sowerby Harriers	57:06
156	309	Ian Wardle	V4023	Unattached	57:07
157	119	Jenny Fenwick	L35 8	Unattached	57:17
158	133	Elizabeth Jordan	L55 3	Stockton Striders	57:18
159	219	Dale Donley		Unattached	57:19
160	26	Liz Matthews	L55 4	York Knavesmire Harriers	57:20
161	233	Megan Remmer	L45 8	Easingwold Running Club	57:27
162	33	Sally Mendoza	L 48	Unattached	57:31
163	230	Helena Conlin	L50 5	Ripon Runners	57:42
164	10	Carla Ramsay	L35 9	Unattached	57:43
165	98	Leanne Allsopp	L3510	Goodgym Race Team	57:44
166	114	Lucy Knight	L 52	Unattached	57:45
167	173	Philip Jackson	V65 2	Pickering Running Club	57:45
168	20	Clare Moffatt	L40 5	York Knavesmire Harriers	58:01
169	202	Michelle Sprent	L40 6	Richmond & Zetland Harriers	58:08
170	81	Jessica Ellins	L 55	Unattached	58:14
171	31	Gareth Pennell	V5511	Unattached	58:14
172	140	Jenny Sims	L 56	Unattached	58:31
173	204	George Sims		Unattached	58:32
174	169	Annie Brown	L17 3	Unattached	58:39
175	218	Graeme Laughland	V5017	Unattached	58:56
176	94	Mark Raven	V5512	Unattached	59:01
177	195	Helen Bullivant	L50 6	Unattached	59:01
178	203	Karen Smith	L50 7	Swift Tees	59:01
179	216	Matthew Smith		Unattached	59:05
180	241	Sarah Cox	L 60	Unattached	59:41

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

181	275	Sally Kingscott	L50	8	Scarborough Athletic Club	59:57	235	118	Helen Dearlove	L50	18	Unattached	1:07:32
182	152	Bob Howe	V70	3	North York Moors Ac	1:00:08	236	301	Paula Handley	L40	11	Unattached	1:07:33
183	260	Emma Cave	L40	7	Unattached	1:00:12	237	104	Sue Hatfield	L45	15	York Acorn RC	1:07:35
184	156	Gerald Orchard	V60	4	York Acorn RC	1:00:14	238	105	Melissa Pateman	L	101	Unattached	1:07:36
185	199	Nicky Mason	L45	9	Unattached	1:00:18	239	210	Mike Punchard	V60	6	Pickering Running Club	1:07:45
186	174	Nicki Buckett	L45	10	Richmond & Zetland Harriers	1:00:26	240	16	Elaine Burgess	L50	19	Unattached	1:07:57
187	139	Alan Sims	V65	3	Unattached	1:00:36	241	215	Andrew Sangster	V45	24	Unattached	1:07:59
188	270	Keith Pryterch	V55	13	Unattached	1:00:36	242	193	Shirley Steele	L60	3	Tadcaster Harriers	1:08:42
189	18	Simon Hodgson	V55	14	Unattached	1:00:40	243	123	Anne Jones	L35	13	Unattached	1:09:01
190	163	Sam Shepherdson	L45	11	Scarborough Athletic Club	1:00:48	244	48	Nicola Wise	L55	14	Pickering Running Club	1:09:04
191	102	Joanne Neighbour	L50	9	Unattached	1:00:54	245	243	Sally Harrison	L45	16	Unattached	1:09:06
192	143	Lucy Turner	L35	11	Unattached	1:01:09	246	235	Nicola Lees	L45	17	Unattached	1:10:28
193	61	Barry Pickering	V70	4	Selby Striders	1:01:10	247	196	Lynn Humpleby	L35	14	Unattached	1:11:00
194	35	Philippa Hutton	L55	5	Easingwold Running Club	1:01:15	248	187	Rosie Fox	L	109	Unattached	1:11:29
195	32	Helen Rutter	L45	12	Yorkshire Wolds Runners	1:01:27	249	217	Katie Boddy	L	110	Unattached	1:11:29
196	38	Wendy Marsh	L40	8	Unattached	1:01:27	250	127	David Foster	V60	7	Bridlington Road Runners	1:11:33
197	9	Jon Zigmond	V65	4	Unattached	1:01:46	251	22	Helen McGee	L35	15	Unattached	1:11:37
198	89	Kerri Muldowney	L40	9	Unattached	1:01:52	252	19	Jackie Hodgson	L50	20	Unattached	1:11:52
199	223	Amy Stenson	L	72	Unattached	1:01:54	253	149	Tony Boyle	V40	25	Unattached	1:12:01
200	222	Jonathan Willis	V55	15	Unattached	1:02:03	254	42	Julie Poultney	L55	15	Unattached	1:12:06
201	121	Helen Scott	L40	10	Unattached	1:02:07	255	43	Mark Poultney	V50	20	Unattached	1:12:07
202	146	John Edwards	V70	5	Unattached	1:02:33	256	70	Amanda Crocker	L50	21	Unattached	1:12:35
203	289	Daisy Lund	L35	12	Ealing Legless	1:02:52	257	116	Kelvin Pugh	V45	25	Unattached	1:12:35
204	296	Chad Scatchard			Unattached	1:03:02	258	297	Jane Marshall	L45	18	York Acorn RC	1:12:57
205	298	Aimee Eves	L	75	Unattached	1:03:09	259	30	Catherine Page	L55	16	St Theresa's Ac	1:13:37
206	312	Thomas West			Unattached	1:03:13	260	180	Christine Jones	L55	17	Unattached	1:13:52
207	5	Kevin Barry	V55	16	Unattached	1:03:17	261	83	Mandy Walker	L35	16	Unattached	1:14:01
208	166	Michael Williams	V50	18	Road Runners Club	1:03:18	262	198	Sally Raines	L45	19	Unattached	1:14:10
209	66	Fiona Alder	L60	1	Ripon Runners	1:03:42	263	136	Heather Mendoza	L55	18	Unattached	1:14:34
210	299	Alison Watson	L55	6	Swift Tees	1:03:43	264	13	Linda McCulloch	L40	12	Unattached	1:15:06
211	160	Dave Paver	V60	5	City Of York Ac	1:04:04	265	12	Zoe Sampson	L40	13	Unattached	1:15:06
212	82	Jane Maloney	L55	7	Easingwold Running Club	1:04:09	266	232	Jill Wass	L45	20	Unattached	1:15:13
213	311	David Smith	U20	3	Unattached	1:04:18	267	80	Sarah Tock	L45	21	Beverley Ac	1:15:30
214	157	Julie Bushell	L50	10	York Acorn RC	1:04:20	268	147	Bernice Edwards	L40	14	Unattached	1:15:56
215	6	Julie Scandrett	L50	11	Unattached	1:04:49	269	148	Helen Boyle	L40	15	Unattached	1:16:05
216	52	Karen Newton	L55	8	Easingwold Running Club	1:04:50	270	58	Bernadette Newby	L45	22	St Albans Striders	1:16:24
217	117	J Whatmore	L55	9	Unattached	1:04:51	271	205	Andrea Richardson	L45	23	Unattached	1:16:40
218	56	Valerie Gaughan	L50	12	Unattached	1:04:53	272	184	Fiona Hernandez	L45	24	Ripon Runners	1:16:41
219	251	Christine Bullivant	L55	10	Swift Tees	1:04:57	273	99	Charlotte Evans	L	130	Unattached	1:16:55
220	125	Waters Sharon Dobson	L45	13	Unattached	1:05:03	274	96	Chloe Hought	L	131	Unattached	1:16:58
221	313	Natalie Gobbi	L	86	Easingwold Running Club	1:05:35	275	47	Dean Wise	V60	8	Pickering Running Club	1:17:15
222	21	David Whapples	V50	19	Vocalink Running Club	1:05:55	276	310	Alasdair McWilliam	V45	26	Slinn Allstars	1:18:24
223	23	Jayne Batt	L55	11	Unattached	1:06:13	277	183	Sharon Husband	L50	22	Unattached	1:22:33
224	92	Denise Walker	L50	13	Unattached	1:06:21	278	207	Debra Baker	L50	23	Unattached	1:22:40
225	271	Karen Thrippleton	L50	14	Unattached	1:06:40	279	51	Ian Codling	V75	1	Thirsk & Sowerby Harriers	1:23:24
226	295	Sally Edwards	L50	15	Pickering Running Club	1:06:42	280	225	Helen Tyreman	L55	19	New Marske Harriers Club	1:23:27
227	269	Alison Pryterch	L55	12	Unattached	1:06:49	281	2	Diane Hall	L55	20	New Marske Harriers Club	1:23:27
228	138	Janet Sims	L60	2	Unattached	1:06:51	282	1	Graham Hall	V60	9	New Marske Harriers Club	1:23:29
229	86	Janice Walker	L50	16	Yorkshire Wolds Runners	1:06:54	283	182	Kerry Smith	L40	16	Unattached	1:24:07
230	191	Helen Bowerman	L45	14	City Of York Ac	1:06:58	284	208	Lisa Robinson	L40	17	Unattached	1:26:40
231	302	Jon Handley	V40	24	Unattached	1:07:15	285	126	Abbey Bryan	L	138	Unattached	1:27:06
232	17	Mary Schofield	L50	17	Unattached	1:07:23	286	181	Teresa Murphy	L45	25	Unattached	1:27:28
233	212	Karen Moody	L55	13	Unattached	1:07:25	287	120	Nicola Smith	L40	18	Unattached	1:30:22
234	221	Pippa Hard	L	97	Ripon Roar	1:07:30	288	50	Marian Codling	L75	1	Thirsk & Sowerby Harriers	1:30:41

