

Sunderland Relays

Senior Men Relay Results

1	Morpeth Harriers - A	36.11		9	Gosforth Harriers -A	41.17		17	Heaton Harriers A	43.54	
	Tom Straghan	09.05	(3)		Ben Moore	09.54	(11)		James McKenzie	09.44	(9)
	Jordan Scott	08.55	(1)		Gareth Driscoll	10.29	(9)		Calum Mills	10.57	(10)
	Sam Hancox	08.44	(1)		Tom Coates	10.28	(9)		Andy Duguid	11.19	(11)
	James Young	09.27	(1)		Matt Ewycm	10.26	(9)		Thomas Bell	11.54	(17)
2	Sunderland Harriers -A	37.57		10	Tynedale Harriers & AC - A	42.18		18	Ashington Hirst Running Club -	44.32	
	Mark Smith	09.34	(7)		Andy Green	10.13	(15)		David Triplow	11.53	(27)
	Sean Mackie	09.50	(4)		Jaycec Shotton	11.44	(17)		Paul Slaughter	12.09	(23)
	Kevin Jeffress	09.22	(2)		Chris Jackson	10.12	(13)		Robert Morris	10.30	(20)
	Steven McMahon	09.11	(2)		Ben Heathcote	10.09	(10)		Chris Snowball	10.00	(18)
3	Durham City	39.37		11	Tyne Bridge Harriers - B	42.38		19	Sunderland Strollers - A	44.39	
	Jonathan Wilkinson	09.59	(12)		David Hartis	10.20	(16)		Chris Dwyer	10.12	(14)
	Ben Hosfield	10.21	(8)		Matt Walker	10.30	(11)		Steven Finnie	12.02	(18)
	Rob Everson	09.55	(6)		Chris West	10.56	(10)		Luke Kenedy	11.05	(18)
	Luke Pickering	09.22	(3)		Adrian Hall	10.52	(11)		Chris Rawle	11.20	(19)
4	North Shields Poly -A	39.58		12	Blyth Running Club - A	43.28		20	Jesmaon Joggers -A	44.57	
	Will Robson	09.01	(2)		Joseph Woods	09.30	(6)		Rob Willers	10.44	(17)
	Scott Ellis	09.59	(2)		Craig Harmon	11.55	(15)		Josh Mordecai	10.55	(16)
	Simon Ellis	11.08	(5)		Rob Sharratt	11.08	(15)		Chris Lawrence	11.54	(19)
	Paul West	09.50	(4)		Scott Povey	10.55	(12)		Stefan Haass	11.24	(20)
5	Tyne Bridge Harriers - A	40.09		13	Sunderland Harriers -B	43.30		21	South Shields Harriers - A	46.17	
	Lee Gifford	09.45	(10)		Chris Bell	11.04	(21)		Aaron Nicholls	11.00	(19)
	Chris Stockdale	10.06	(5)		Steven Duffy	10.12	(13)		Tom Colquitt	11.39	(19)
	Ian Pickett	09.48	(3)		Kris Cantle	10.45	(12)		Neil Yorston	13.13	(21)
	David Moir	10.30	(5)		Chris Davison	11.29	(13)		Chris Camps	10.25	(21)
6	Houghton Harriers - A	40.21		14	Elswick Harriers - A	43.37		22	Low Fell AC - A	47.12	
	Lee Dover	09.17	(5)		Richard Houghton	10.48	(18)		Keith McClean	11.49	(26)
	Adam Middleton	10.42	(7)		John Bell	10.33	(14)		Colin Greenwell	12.53	(25)
	Steve Johnson	10.34	(8)		Dave Armstrong	11.18	(16)		Danny Wade	11.55	(23)
	Cameron Allan	09.48	(6)		Ian Hardy	10.58	(14)		Richard Conder	10.35	(22)
7	Sunderland Harriers - Guest	40.27		15	Sunderland Harriers -C	43.42		23	Derwentside AC -B	48.01	
	Mick Barker	09.38	(8)		Allan McManus	11.28	(23)		Mark Davinson	11.03	(20)
	Lee Browel	10.18	(6)		Andrew Hughes	11.37	(20)		Michael Harrison	12.09	(21)
	Mark Donkin	10.32	(7)		Joe Pomfret	10.14	(17)		Brian Buckley	13.26	(24)
	Mark Hood	09.59	(7)		Nathon Reed	10.23	(15)		Dave Reay	11.23	(23)
8	Blackhill Bounders -A	41.13		16	Derwentside AC - A	43.46		24	Blackhill Bounders -B	49.11	
	Jordan Bell	09.08	(4)		John Donneky	10.03	(13)		Mark Thompson	11.22	(22)
	Gary Wallace	10.05	(3)		Mark Charlton	10.53	(12)		David Goodfellow	13.11	(24)
	Liam Reed	10.35	(4)		Scott Laight	11.31	(14)		Darc Pearson	12.00	(22)
	Stewy Bell	11.25	(8)		Graham Marshall	11.19	(16)		Stuart Gordon	12.38	(24)

25	Tyne Bridge Harriers - C	51.18	
	Andy Anderson	15.00	(29)
	Stuart Dickson	13.45	(27)
	Mick Bell	11.32	(26)
	David Daniell	11.01	(25)
26	Claremont Road Runners - A	52.40	
	Tom Tinsley	11.35	(24)
	David Cydall	12.02	(22)
	Howard MacLennan	13.08	(25)
	David Wooton	15.55	(26)
27	Ashington Hirst Running Club -	54.54	
	Matthew Carney	11.47	(25)
	Peter Cobb	13.33	(26)
	Duncan Henderson	16.01	(27)
	Kyle Shaw	13.33	(27)
	Blyth Running Club -B	44.56	
	Tom Moffett	13.32	(28)
	David Stamp	16.40	(28)
	Joe Frazer	14.44	(28)
	Morpeth Harriers - B	08.53	
	Taylor Glover	08.53	(1)
	Heaton Harriers - B	21.05	
	George Routledge	21.05	(30)

Sunderland Relays

Senior Men fastest legs

<i>Name</i>	<i>Club Name</i>	<i>Time</i>	<i>Name</i>	<i>Club Name</i>	<i>Time</i>
1 Sam Hancox	Morpeth Harriers - A	08.44	61 Calum Mills	Heaton Harriers A	10.57
2 Taylor Glover	Morpeth Harriers - B	08.53	62 Ian Hardy	Elswick Harriers - A	10.58
3 Jordan Scott	Morpeth Harriers - A	08.55	63 Aaron Nicholls	South Shields Harriers - A	11.00
4 Will Robson	North Shields Poly -A	09.01	64 David Daniell	Tyne Bridge Harriers - C	11.01
5 Tom Straghan	Morpeth Harriers - A	09.05	65 Mark Davinson	Derwentside AC -B	11.03
6 Jordan Bell	Blackhill Bounders -A	09.08	66 Chris Bell	Sunderland Harriers -B	11.04
7 Steven McMahon	Sunderland Harriers -A	09.11	67 Luke Kenedy	Sunderland Strollers - A	11.05
8 Lee Dover	Houghton Harriers - A	09.17	68 Rob Sharratt	Blyth Running Club - A	11.08
9 Kevin Jeffress	Sunderland Harriers -A	09.22	69 Simon Ellis	North Shields Poly -A	11.08
10 Luke Pickering	Durham City	09.22	70 Dave Armstrong	Elswick Harriers - A	11.18
11 James Young	Morpeth Harriers - A	09.27	71 Andy Duguid	Heaton Harriers A	11.19
12 Joseph Woods	Blyth Running Club - A	09.30	72 Graham Marshall	Derwentside AC - A	11.19
13 Mark Smith	Sunderland Harriers -A	09.34	73 Chris Rawle	Sunderland Strollers - A	11.20
14 Mick Barker	Sunderland Harriers - Gue	09.38	74 Mark Thompson	Blackhill Bounders -B	11.22
15 James McKenzie	Heaton Harriers A	09.44	75 Dave Reay	Derwentside AC -B	11.23
16 Lee Gifford	Tyne Bridge Harriers - A	09.45	76 Stefan Haass	Jesmaon Joggers -A	11.24
17 Cameron Allan	Houghton Harriers - A	09.48	77 Stewy Bell	Blackhill Bounders -A	11.25
18 Ian Pickett	Tyne Bridge Harriers - A	09.48	78 Allan McManus	Sunderland Harriers -C	11.28
19 Sean Mackie	Sunderland Harriers -A	09.50	79 Chris Davison	Sunderland Harriers -B	11.29
20 Paul West	North Shields Poly -A	09.50	80 Scott Laight	Derwentside AC - A	11.31
21 Ben Moore	Gosforth Harriers -A	09.54	81 Mick Bell	Tyne Bridge Harriers - C	11.32
22 Rob Everson	Durham City	09.55	82 Tom Tinsley	Claremont Road Runners	11.35
23 Mark Hood	Sunderland Harriers - Gue	09.59	83 Andrew Hughes	Sunderland Harriers -C	11.37
24 Jonathan Wilkinson	Durham City	09.59	84 Tom Colquitt	South Shields Harriers - A	11.39
25 Scott Ellis	North Shields Poly -A	09.59	85 Jaycec Shotton	Tynedale Harriers & AC -	11.44
26 Chris Snowball	Ashington Hirst Running C	10.00	86 Matthew Carney	Ashington Hirst Running C	11.47
27 John Donnelly	Derwentside AC - A	10.03	87 Keith McClean	Low Fell AC - A	11.49
28 Gary Wallace	Blackhill Bounders -A	10.05	88 David Triplow	Ashington Hirst Running C	11.53
29 Chris Stockdale	Tyne Bridge Harriers - A	10.06	89 Chris Lawrence	Jesmaon Joggers -A	11.54
30 Ben Heathcote	Tynedale Harriers & AC -	10.09	90 Thomas Bell	Heaton Harriers A	11.54
31 Chris Jackson	Tynedale Harriers & AC -	10.12	91 Craig Harmon	Blyth Running Club - A	11.55
32 Chris Dwyer	Sunderland Strollers - A	10.12	92 Danny Wade	Low Fell AC - A	11.55
33 Steven Duffy	Sunderland Harriers -B	10.12	93 Darc Pearson	Blackhill Bounders -B	12.00
34 Andy Green	Tynedale Harriers & AC -	10.13	94 Steven Finnie	Sunderland Strollers - A	12.02
35 Joe Pomfret	Sunderland Harriers -C	10.14	95 David Cydall	Claremont Road Runners	12.02
36 Lee Browel	Sunderland Harriers - Gue	10.18	96 Paul Slaughter	Ashington Hirst Running C	12.09
37 David Hartis	Tyne Bridge Harriers - B	10.20	97 Michael Harrison	Derwentside AC -B	12.09
38 Ben Hosfield	Durham City	10.21	98 Stuart Gordon	Blackhill Bounders -B	12.38
39 Nathan Reed	Sunderland Harriers -C	10.23	99 Colin Greenwell	Low Fell AC - A	12.53
40 Chris Camps	South Shields Harriers - A	10.25	100 Howard MacLennan	Claremont Road Runners	13.08
41 Matt Ewycm	Gosforth Harriers -A	10.26	101 David Goodfellow	Blackhill Bounders -B	13.11
42 Tom Coates	Gosforth Harriers -A	10.28	102 Neil Yorston	South Shields Harriers - A	13.13
43 Gareth Driscoll	Gosforth Harriers -A	10.29	103 Brian Buckley	Derwentside AC -B	13.26
44 Matt Walker	Tyne Bridge Harriers - B	10.30	104 Tom Moffett	Blyth Running Club -B	13.32
45 Robert Morris	Ashington Hirst Running C	10.30	105 Kyle Shaw	Ashington Hirst Running C	13.33
46 David Moir	Tyne Bridge Harriers - A	10.30	106 Peter Cobb	Ashington Hirst Running C	13.33
47 Mark Donkin	Sunderland Harriers - Gue	10.32	107 Stuart Dickson	Tyne Bridge Harriers - C	13.45
48 John Bell	Elswick Harriers - A	10.33	108 Joe Frazer	Blyth Running Club -B	14.44
49 Steve Johnson	Houghton Harriers - A	10.34	109 Andy Anderson	Tyne Bridge Harriers - C	15.00
50 Richard Conder	Low Fell AC - A	10.35	110 David Wooton	Claremont Road Runners	15.55
51 Liam Reed	Blackhill Bounders -A	10.35	111 Duncan Henderson	Ashington Hirst Running C	16.01
52 Adam Middleton	Houghton Harriers - A	10.42	112 David Stamp	Blyth Running Club -B	16.40
53 Rob Willers	Jesmaon Joggers -A	10.44	113 George Routledge	Heaton Harriers - B	21.05
54 Kris Cattle	Sunderland Harriers -B	10.45			
55 Richard Houghton	Elswick Harriers - A	10.48			
56 Adrian Hall	Tyne Bridge Harriers - B	10.52			
57 Mark Charlton	Derwentside AC - A	10.53			
58 Josh Mordecai	Jesmaon Joggers -A	10.55			
59 Scott Povey	Blyth Running Club - A	10.55			
60 Chris West	Tyne Bridge Harriers - B	10.56			

Sunderland Relays

Veterans Men Relay Results

1	Sunderland Harriers - A	38.18		9	Houghton Harriers - A	45.56		17	Wallsend Harriers - A	50.53	
	Ian Dixon	09.12	(1)		David Gribben	11.15	(13)		Mick Seldon	11.40	(16)
	Robert Walker	09.35	(1)		Alan Foster	11.05	(11)		James Torbett	11.18	(12)
	Michael Thompson	09.54	(1)		Dave Coulson	11.34	(9)		Alan Heslington	14.19	(17)
	Paul Blakey	09.37	(1)		Shaun McGrath	12.02	(9)		Michael Lindsey	13.36	(17)
2	Morpeth Harriers - A	41.08		10	Sunderland Strollers - A	46.39		18	Durham City	51.21	
	Lee Bennett	10.00	(3)		Ritchie Gerry	11.26	(14)		Steve Everett	10.04	(4)
	Fergus Bates	10.08	(2)		Michael Dixon	11.48	(14)		Jason Catterall	11.02	(7)
	Rob Hancox	10.29	(2)		Mike Hobson	11.48	(13)		Sim Horsfield	13.30	(10)
	Paul Walker	10.31	(2)		Richard Barmer	11.37	(10)		Brian Brown	16.45	(18)
3	Sunderland Harriers - B	41.29		11	Birtley AC - A	46.44		19	Elswick Harriers - A	52.15	
	Tim Field	10.11	(5)		Karl Oakes	11.11	(11)		Mark McNally	12.22	(20)
	Paul Merrison	10.35	(4)		David Francis	11.53	(13)		Harry Matthews	12.52	(19)
	Steven Gordon	10.26	(3)		Shaun Mason	12.24	(14)		Graham Lesley	14.41	(20)
	Brian Bewick	10.17	(3)		Rob Wilson	11.16	(11)		Peter Sloan	12.20	(19)
4	Morpeth Harriers - A	42.57		12	South Shields Harriers - B	47.17		20	Houghton Harriers - B	52.53	
	Paul Waterston	10.40	(8)		George Henderson	11.29	(15)		Innes Hodgson	12.09	(19)
	Graeme Thorpe	10.18	(5)		Jeff McGurthy	11.54	(15)		Jimmy Groak	13.58	(20)
	Paul Bellingham	11.38	(6)		Paul Doxford	11.33	(12)		Peter Szencil	13.00	(19)
	Dave Swinburn	10.21	(4)		Andy Walker	12.21	(12)		Phil McCluskey	13.46	(20)
5	Gosforth Harriers - A	43.18		13	Ashington Hirst Running Club -	48.28		21	Aurora Harriers - A	62.25	
	Andy Heppell	09.42	(2)		Nic Crofts	11.56	(18)		Dave Watts	13.10	(21)
	Neil Ramsay	10.30	(3)		Alan Stewart	13.05	(18)		Brian Usher	13.34	(21)
	Richard McQuad	11.43	(4)		Gary Caldwell	11.39	(15)		Kenneth Pyle	14.56	(21)
	Steve Boddy	11.23	(5)		Iain Singer	11.48	(13)		Mark Drury	20.45	(21)
6	North Shields Poly - A	43.19		14	Blyth Running Club - A	49.07					
	Greg Penn	10.25	(6)		Steve Dobby	11.51	(17)				
	Paul Davies	10.40	(6)		Tony Dunn	12.40	(16)				
	James Thompson	11.43	(7)		Michael Ashby	13.19	(18)				
	Gary Robson	10.31	(6)		Tony Horsley	11.17	(14)				
7	Sunderland Harriers - C	44.18		15	Sunderland Harriers - D	49.23					
	Graeme Pullan	10.27	(7)		Paul Redman	11.01	(10)				
	Karl Robinson	11.45	(10)		Vince Emmet	13.44	(17)				
	Darren Stoker	11.09	(8)		Dale Wilkinson	12.07	(16)				
	Martin Blenkinsopp	10.57	(7)		Tony Allinson	12.31	(15)				
8	South Shields Harriers - A	44.24		16	Blackhill Bounders - A	50.08					
	Paul Emmerson	11.14	(12)		Ian Young	10.41	(9)				
	Gavin Mulvaney	10.20	(8)		Brian Anderson	11.21	(9)				
	Lee Hetherington	10.42	(5)		David Walton	12.51	(11)				
	Mick Jones	12.08	(8)		Stuart Smith	15.15	(16)				

Sunderland Relays

Veterans Men fastest legs

<i>Name</i>	<i>Club Name</i>	<i>Time</i>	<i>Name</i>	<i>Club Name</i>	<i>Time</i>
1 Ian Dixon	Sunderland Harriers - A	09.12	61 Peter Sloan	Elswick Harriers - A	12.20
2 Robert Walker	Sunderland Harriers - A	09.35	62 Andy Walker	South Shields Harriers - B	12.21
3 Paul Blakey	Sunderland Harriers - A	09.37	63 Mark McNally	Elswick Harriers - A	12.22
4 Andy Heppell	Gosforth Harriers - A	09.42	64 Shaun Mason	Birtley AC - A	12.24
5 Michael Thompson	Sunderland Harriers - A	09.54	65 Tony Allinson	Sunderland Harriers - D	12.31
6 Lee Bennett	Morpeth Harriers - A	10.00	66 Tony Dunn	Blyth Running Club - A	12.40
7 Steve Everett	Durham City	10.04	67 David Walton	Blackhill Bounders - A	12.51
8 Fergus Bates	Morpeth Harriers - A	10.08	68 Harry Matthews	Elswick Harriers - A	12.52
9 Tim Field	Sunderland Harriers - B	10.11	69 Peter Szencil	Houghton Harriers - B	13.00
10 Brian Bewick	Sunderland Harriers - B	10.17	70 Alan Stewart	Ashington Hirst Running C	13.05
11 Graeme Thorpe	Morpeth Harriers - A	10.18	71 Dave Watts	Aurora Harriers - A	13.10
12 Gavin Mulvaney	South Shields Harriers - A	10.20	72 Michael Ashby	Blyth Running Club - A	13.19
13 Dave Swinburn	Morpeth Harriers - A	10.21	73 Sim Horsfield	Durham City	13.30
14 Greg Penn	North Shields Poly - A	10.25	74 Brian Usher	Aurora Harriers - A	13.34
15 Steven Gordon	Sunderland Harriers - B	10.26	75 Michael Lindsey	Wallsend Harriers - A	13.36
16 Graeme Pullan	Sunderland Harriers - C	10.27	76 Vince Emmet	Sunderland Harriers - D	13.44
17 Rob Hancox	Morpeth Harriers - A	10.29	77 Phil McCluskey	Houghton Harriers - B	13.46
18 Neil Ramsay	Gosforth Harriers - A	10.30	78 Jimmy Groak	Houghton Harriers - B	13.58
19 Gary Robson	North Shields Poly - A	10.31	79 Alan Heslington	Wallsend Harriers - A	14.19
20 Paul Walker	Morpeth Harriers - A	10.31	80 Graham Lesley	Elswick Harriers - A	14.41
21 Paul Merrison	Sunderland Harriers - B	10.35	81 Kenneth Pyle	Aurora Harriers - A	14.56
22 Paul Waterston	Morpeth Harriers - A	10.40	82 Stuart Smith	Blackhill Bounders - A	15.15
23 Paul Davies	North Shields Poly - A	10.40	83 Brian Brown	Durham City	16.45
24 Ian Young	Blackhill Bounders - A	10.41	84 Mark Drury	Aurora Harriers - A	20.45
25 Lee Hetherington	South Shields Harriers - A	10.42			
26 Martin Blenkinsopp	Sunderland Harriers - C	10.57			
27 Paul Redman	Sunderland Harriers - D	11.01			
28 Jason Catterall	Durham City	11.02			
29 Alan Foster	Houghton Harriers - A	11.05			
30 Darren Stoker	Sunderland Harriers - C	11.09			
31 Karl Oakes	Birtley AC - A	11.11			
32 Paul Emmerson	South Shields Harriers - A	11.14			
33 David Gribben	Houghton Harriers - A	11.15			
34 Rob Wilson	Birtley AC - A	11.16			
35 Tony Horsley	Blyth Running Club - A	11.17			
36 James Torbett	Wallsend Harriers - A	11.18			
37 Brian Anderson	Blackhill Bounders - A	11.21			
38 Steve Boddy	Gosforth Harriers - A	11.23			
39 Ritchie Gerry	Sunderland Strollers - A	11.26			
40 George Henderson	South Shields Harriers - B	11.29			
41 Paul Doxford	South Shields Harriers - B	11.33			
42 Dave Coulson	Houghton Harriers - A	11.34			
43 Richard Barmer	Sunderland Strollers - A	11.37			
44 Paul Bellingham	Morpeth Harriers - A	11.38			
45 Gary Caldwell	Ashington Hirst Running C	11.39			
46 Mick Seldon	Wallsend Harriers - A	11.40			
47 Richard McQuad	Gosforth Harriers - A	11.43			
48 James Thompson	North Shields Poly - A	11.43			
49 Karl Robinson	Sunderland Harriers - C	11.45			
50 Mike Hobson	Sunderland Strollers - A	11.48			
51 Michael Dixon	Sunderland Strollers - A	11.48			
52 Iain Singer	Ashington Hirst Running C	11.48			
53 Steve Dobby	Blyth Running Club - A	11.51			
54 David Francis	Birtley AC - A	11.53			
55 Jeff McGurthy	South Shields Harriers - B	11.54			
56 Nic Crofts	Ashington Hirst Running C	11.56			
57 Shaun McGrath	Houghton Harriers - A	12.02			
58 Dale Wilkinson	Sunderland Harriers - D	12.07			
59 Mick Jones	South Shields Harriers - A	12.08			
60 Innes Hodgson	Houghton Harriers - B	12.09			