



169	283	Les Hill	V60 2	Dumfries Running Club	1:09:08	260	183	Robert Weightman	V60 4	Unattached	1:14:27
170	92	Adam Hart	V4024	Unattached	1:09:14	261	678	Neil Thompson	V4031	Tyne Bridge Harriers	1:14:33
171	119	Caroline Williams	L 21	Unattached	1:09:14	262	978	Stuart Pyne		Cumberland Ac	1:14:34
172	420	Ian Renouf		Unattached	1:09:16	263	771	Chris Checkley	V4533	Heaton Harriers & Ac	1:14:37
173	403	Tony Davis	V55 8	Derwent Ac Cockermouth	1:09:17	264	207	Sarah Davies	L50 9	Elvet Striders	1:14:38
174	361	Brian Anderson	V4025	Blackhill Bounders	1:09:18	265	716	Josh Waite	V5519	Unattached	1:14:42
175	280	Cj Clarke		Unattached	1:09:22	266	234	Lyne Valentine	L60 1	Sunderland Strollers	1:14:44
176	35	Kenny Leinster	V55 9	Caldergleng Harriers	1:09:31	267	424	Gavin Collingwood		Dumfries Harriers	1:14:46
177	402	Fiona Smith	L50 1	Border Harriers & Ac	1:09:37	268	971	Martyn Minchella	V4032	Cumberland Ac	1:14:52
178	245	Paul Bellingham	V5510	Morpeth Harriers & Ac	1:09:40	269	48	Andrew Henderson	V65 1	Caldergleng Harriers	1:14:56
179	256	Richard Kirby	V4523	Morpeth Harriers & Ac	1:09:41	270	952	Errick Hannah	V60 5	Cumberland Ac	1:14:57
180	419	Hazel Davies	L50 2	Bodyfit Cumbria RC	1:09:48	271	238	Brett Malloy		Derwent Ac Cockermouth	1:14:59
181	325	Michael Cookson		Unattached	1:09:49	272	337	John McGibbon	V5023	Dh Runners	1:15:03
182	439	Nicholas Cookson		Unattached	1:09:53	273	181	Kirsty Walker	L 47	Border Harriers & Ac	1:15:04
183	141	Graeme Davidson		Unattached	1:09:56	274	794	Daniel Gilholme	V4534	Stocksfield Striders	1:15:05
184	109	Ivan Thorn	V4524	North Shields Polytechnic	1:09:59	275	727	Hugh Parry	V5024	North Shields Polytechnic	1:15:06
185	348	Esther Illman	L 24	Kenilworth Runners	1:09:59	276	414	Sarah O'Leary	L3510	Eden Runners	1:15:06
186	241	Jason Stirling	V4525	North Shields Polytechnic	1:10:00	277	180	Peter Forsyth	V5025	Unattached	1:15:09
187	867	Andrew Soffley		Saltwell Harriers	1:10:01	278	220	Nina Wilson	L 49	Wallsend Harriers & Ac	1:15:13
188	206	Alan Huggon	V4526	Unattached	1:10:06	279	708	Dawn Cranston	L3511	Tyne Bridge Harriers	1:15:22
189	824	John Clarke	V5012	Saltwell Harriers	1:10:09	280	135	Janice Callister	L5010	Walney Wind Cheetahs	1:15:24
190	492	Tim Lee		Unattached	1:10:12	281	179	John Davis		Eden Runners	1:15:27
191	171	Mark Stout		Unattached	1:10:14	282	937	Susan Cain	L60 2	Cumberland Ac	1:15:32
192	346	Jonathan Buckley		Cumberland Ac	1:10:15	283	359	David Mitchell	V5026	Unattached	1:15:32
193	745	William Ewens		North Shields Polytechnic	1:10:17	284	202	Mark Payne		Elvet Striders	1:15:34
194	353	Ian Anderson	V4527	Dumfries Running Club	1:10:17	285	312	David Colpitts		Unattached	1:15:35
195	894	Tim Falconer	V5511	Alnwick Harriers	1:10:20	286	729	Clare Swift	L3512	North Shields Polytechnic	1:15:36
196	18	Richard Shillinglaw		Blyth Running Club	1:10:26	287	965	David McGarry	V4033	Cumberland Ac	1:15:38
197	954	Frank Hewer	V4528	Cumberland Ac	1:10:31	288	853	Mark O'Kelly		Saltwell Harriers	1:15:39
198	762	Cheryl Hall	L 25	North Shields Polytechnic	1:10:37	289	443	Tony Mills	V5027	Dh Runners	1:15:41
199	411	Brian Ramsay	V5013	Unattached	1:10:38	290	756	Alan Keegan	V4535	North Shields Polytechnic	1:15:47
200	763	Vanessa Strickland	L45 7	Border Harriers & Ac	1:10:46	291	52	Sharon Gregg	L4511	Caldergleng Harriers	1:15:54
201	11	Steve Dobby	V4529	Blyth Running Club	1:10:47	292	10	David Bradley	V60 6	Blyth Running Club	1:16:07
202	76	Kenny Chambers	V5512	Tyne Bridge Harriers	1:10:49	293	29	Lisa Scorer	L3513	Blyth Running Club	1:16:14
203	240	Viv Winter	L50 3	Derwent Ac Cockermouth	1:10:54	294	248	Mark Osborne	V5520	Eden Runners	1:16:19
204	225	John Goodenough		Unattached	1:10:55	295	294	Kathryn Metcalfe	L40 6	Eden Runners	1:16:22
205	46	Alan Cullie	V5014	Caldergleng Harriers	1:10:57	296	764	Debbie Charlton	L40 7	Keswick AC	1:16:23
206	51	Frances Ferguson	L50 4	Caldergleng Harriers	1:11:00	297	464	Mike Kelly	V5028	Unattached	1:16:23
207	223	Michael Jardine	V5513	Dumfries Running Club	1:11:01	298	373	Clare Magrath	L 58	Unattached	1:16:27
208	34	Jim Holmes	V5015	Caldergleng Harriers	1:11:05	299	726	Peter Hall	V5029	Cumberland Fell Runners	1:16:28
209	320	Robert Wells	V70 1	Bedford Harriers AC	1:11:15	300	31	Sandra Watson	L5011	Blyth Running Club	1:16:32
210	469	Teresa Medley	L45 8	Border Harriers & Ac	1:11:18	301	53	Alison Lessells	L3514	Caldergleng Harriers	1:16:40
211	968	Philipp Meloy	V4026	Cumberland Ac	1:11:18	302	728	Roger Mosedale	V5030	North Shields Polytechnic	1:16:44
212	0	???	???	???	1:11:29	303	885	Anne Macfarlane	L55 1	Dumfries Running Club	1:16:46
213	252	John Oakey	V4530	Eden Runners	1:11:30	304	134	Ian Jones	V60 7	Unattached	1:16:49
214	289	Amy Singleton	L35 5	Walney Wind Cheetahs	1:11:36	305	363	Noel Urwin	V5031	Unattached	1:16:51
215	175	Simone Baddeley	L35 6	Unattached	1:11:43	306	955	Hayley Hodgson	L 62	Cumberland Ac	1:16:55
216	983	Beverley Smith	L35 7	Cumberland Ac	1:11:44	307	664	Peter Davies	V4536	Tynedale Harriers & Ac	1:16:56
217	41	Eddie Reid	V5514	Caldergleng Harriers	1:11:50	308	833	Daniel Greensmith		Saltwell Harriers	1:16:58
218	2	Marc Brown		Unattached	1:12:04	309	488	Dave Kirby		Dh Runners	1:17:03
219	449	John Andrewwartha	V4027	Eden Runners	1:12:11	310	205	Darryl Quantz	V4537	Unattached	1:17:04
220	108	James Thompson	V5016	North Shields Polytechnic	1:12:14	311	103	Paul Burns		Unattached	1:17:10
221	869	Tim Hildreth	V5515	Saltwell Harriers	1:12:16	312	77	Lynne Cornell	L5012	Unattached	1:17:11
222	428	Andy Miller	V5017	Walney Wind Cheetahs	1:12:17	313	117	Amanda Hall	L3515	North Shields Polytechnic	1:17:12
223	807	Jayne Perry	L35 8	Garstang Running Club	1:12:18	314	766	Derek Johnstone	V5032	Dh Runners	1:17:15
224	329	Suzanne Smith	L45 9	Eden Runners	1:12:18	315	832	Amy Gallagher	L 65	Saltwell Harriers	1:17:16
225	730	Roy Young		North Shields Polytechnic	1:12:19	316	222	Dawn Broom	L5013	Penistone Footpath	1:17:23
226	790	John Deighton	L4510	Sunderland Strollers	1:12:22	317	221	John Broom	V4538	Penistone Footpath	1:17:24
227	491	Keith Forster		Unattached	1:12:26	318	36	Gerard Mullen	V5521	Caldergleng Harriers	1:17:25
228	981	Michael Sandelands	V4531	Cumberland Ac	1:12:26	319	430	Toby Harling	V4034	Dh Runners	1:17:31
229	101	Natalie Bell	L 36	Elvet Striders	1:12:30	320	672	Susan Murphy	L40 8	Tyne Bridge Harriers	1:17:32
230	461	Lauren Graham	L 37	Unattached	1:12:33	321	367	Kerry Grinbergs	L40 9	Eden Runners	1:17:33
231	486	Alexis Birchall		Heaton Harriers & Ac	1:12:33	322	266	Graeme Young	V4539	Galloway Harriers A A C	1:17:37
232	448	Mark Chandler		Unattached	1:12:35	323	876	Bill Wilson		Saltwell Harriers	1:17:39
233	719	Peter Campbell	V5516	Border Harriers & Ac	1:12:36	324	204	Claire Casson	L4010	Unattached	1:17:41
234	963	Graham Leggett	V5018	Cumberland Ac	1:12:40	325	163	Morag Casey	L4512	Garscube Harriers	1:17:42
235	795	Paul Griffin	V5019	Stocksfield Striders	1:12:41	326	162	Alan Cromarty	L 71	Garscube Harriers	1:17:42
236	985	Peter Telford	V4532	Cumberland Ac	1:12:45	327	715	Norman Clark	V65 2	Morpeth Harriers & Ac	1:17:44
237	55	Karen Allen	L35 9	Caldergleng Harriers	1:12:48	328	47	George Ferguson	V5522	Caldergleng Harriers	1:17:48
238	62	Jonathan Duffy	V5020	Alnwick Harriers	1:12:49	329	862	Nicola Shaverin	L4011	Saltwell Harriers	1:17:51
239	490	William Brough		Unattached	1:13:15	330	823	Keren Chapman	L 73	Saltwell Harriers	1:17:53
240	378	Jeff Heyes	V5517	Tri-Lakeland	1:13:17	331	276	Siobhan Brewer	L4513	Unattached	1:17:53
241	165	Charlotte Baston	L 39	Elswick Harriers	1:13:17	332	219	James McEachran	V4540	Unattached	1:18:13
242	37	Richard Lawton	V4028	Caldergleng Harriers	1:13:18	333	271	Lorna Gold	L5014	Fetch Everyone	1:18:16
243	994	Richard Williams	V4029	Cumberland Ac	1:13:20	334	775	Keith Hadden	V5523	Heaton Harriers & Ac	1:18:17
244	72	Andrew Davies	V4030	Elvet Striders	1:13:23	335	463	Georgina Farrer	L 76	Unattached	1:18:20
245	445	Dominic Davis		Derwent Ac Cockermouth	1:13:28	336	471	Allan Manson	V4035	Unattached	1:18:28
246	415	Jane Briggs	L50 5	Morpeth Harriers & Ac	1:13:30	337	75	Peter Hart	V4036	Elvet Striders	1:18:30
247	744	Paul Rochester		North Shields Polytechnic	1:13:30	338	93	Mark Foster	V4037	Elvet Striders	1:18:32
248	284	Gillian Tomlinson	L50 6	Unattached	1:13:34	339	360	Laura Benson	L 77	Eden Runners	1:18:33
249	936	David Cain	V60 3	Cumberland Ac	1:13:40	340	898	Cris Atwell	V5524	Alnwick Harriers	1:18:36
250	357	Mike Norris	V5021	Unattached	1:13:58	341	409	Alan Hodgson	V5525	Unattached	1:18:38
251	425	Paul Quinn	V5022	Walney Wind Cheetahs	1:14:00	342	405	Chris Knox	V5526	Dh Runners	1:18:40
252	702	Yamuna Thiru	L50 7	Tyne Bridge Harriers	1:14:04	343	872	Christine Waddington	L 78	Saltwell Harriers	1:18:41
253	242	Susanne Enhard	L50 8	Eden Runners	1:14:07	344	80	Matthew Carr	V4038	Elvet Striders	1:18:41
254	746	David Crowe		North Shields Polytechnic	1:14:15	345	457	Sarah McIntosh	L3516	Eden Runners	1:18:48
255	17	Robert Sharratt		Blyth Running Club	1:14:16	346	821	Paul Blackett	V4541	Saltwell Harriers	1:18:49
256	338	James Simpson		Eden Runners	1:14:16	347	50	Lorraine Buchanan	L3517	Caldergleng Harriers	1:18:53
257	688	Rachael Perowne	L40 5	Tyne Bridge Harriers	1:14:18	348	975	Tracey Owen	L4012	Cumberland Ac	1:18:53
258	250	Andrew Sanderson		Unattached	1:14:18	349	899	Stella Atherton	L4514	Cumberland Ac	1:18:55
259	70	Stephen Soulsby	V5518	Elvet Striders	1:14:22	350	815	Peter Leviston	V65 3	Barrow Striders	1:18:57

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

351	96David Browbank		Elvet Striders	1:19:00	442	438Andrew Jefferson	V4549 Carlisle Tri Club	1:25:20
352	285Lewis Black		Unattached	1:19:20	443	273Nicola Wood	L 121 Dumfries Harriers	1:25:29
353	158Stuart Dickson	V5033	Tyne Bridge Harriers	1:19:21	444	14Michael McKenna	Blyth Running Club	1:25:35
354	418Steven Singleton	V4039	Walney Wind Cheetahs	1:19:25	445	300Teresa Harris	L5015 Dh Runners	1:25:40
355	364Craig McDougall	V4542	Unattached	1:19:29	446	20Anita Brabazon	L 123 Blyth Running Club	1:25:41
356	233David Peacock	V5527	Eden Runners	1:19:36	447	827Karen Dalglish	L4021 Saltwell Harriers	1:25:44
357	215Chris Edwards		Elvet Striders	1:19:39	448	991Martin Trainor	Cumberland Ac	1:25:45
358	873Nicola Whitman	L3518	Saltwell Harriers	1:19:41	449	106Kim Bennett	L4521 Elvet Striders	1:25:47
359	66Michael Henry	V65 4	Alnwick Harriers	1:19:48	450	458Justyna Barrow	L3527 Unattached	1:25:49
360	468Ann Stuart	L55 2	Unattached	1:19:52	451	883Teresa Douglas	L60 4 Eden Runners	1:25:53
361	679Patrick Wallace	V5034	Tyne Bridge Harriers	1:19:53	452	900Stephen Atherton	V5045 Cumberland Ac	1:25:56
362	979Andrew Ridgway	V5035	Cumberland Ac	1:19:53	453	254Victoria Trotter	L 128 Unattached	1:26:05
363	487Steven Archibald	V4040	Carlisle Tri Club	1:19:55	454	699Joanne Wood	L4022 Tyne Bridge Harriers	1:26:13
364	182Alex Murgatroyd		Unattached	1:19:58	455	56Alexandra Hayden	L 130 Calderglen Harriers	1:26:13
365	314Beverley Armstrong	L4515	Dh Runners	1:20:10	456	160Elizabeth Clark	L5016 Unattached	1:26:16
366	891Ian Stephenson	V5528	Alnwick Harriers	1:20:13	457	560( No. 560 )	Unattached	1:26:17
367	705Chris Parkin	V5036	Tyne Bridge Harriers	1:20:15	458	875Frank Wilkinson	V5532 Saltwell Harriers	1:26:22
368	467Jonathan Cork		Border Reivers	1:20:23	459	330Paul Harris	V5046 Unattached	1:26:24
369	661Simon Woodrow	V60 8	Eden Runners	1:20:25	460	293Julia King	L65 2 Eden Runners	1:26:25
370	721Richard Eastoe	V60 9	Alnwick Harriers	1:20:33	461	804Sandra Duim	L55 8 Stocksfield Striders	1:26:30
371	315Brian Hazlewood	V4543	Dh Runners	1:20:35	462	797Mark Russell	V4550 Stocksfield Striders	1:26:39
372	291Nicky Butler	L55 3	Keswick AC	1:20:40	463	427Fiona Moore	L4023 Dh Runners	1:26:42
373	798Alex Lockey	V4041	Stocksfield Striders	1:20:44	464	407Anthea Christie	L4024 Unattached	1:26:46
374	840Emma Leggott	L 87	Saltwell Harriers	1:20:50	465	829Brian Estob	V4551 Saltwell Harriers	1:26:48
375	828Sophie Dowle	L 88	Saltwell Harriers	1:20:56	466	344Rob Streit	V4552 Unattached	1:26:52
376	0 ???		???	1:21:00	467	489Halen Millican	L3528 Border Harriers & Ac	1:26:54
377	305Ian McKillop	V4544	Unattached	1:21:04	468	128Stephen Ellis	V65 9 Elvet Striders	1:26:55
378	838David Jones		Saltwell Harriers	1:21:08	469	946Bev Faulder	L4025 Cumberland Ac	1:27:02
379	961Michael Kendall		Cumberland Ac	1:21:09	470	887Peter Ion	V75 1 Kendal Amateur Athletic Club	1:27:17
380	168Roz Layton	L65 1	Elvet Striders	1:21:11	471	836Jessica Heyworth	L 138 Saltwell Harriers	1:27:17
381	941Sian Dempster	L3519	Cumberland Ac	1:21:20	472	843Paul Lumley	V5047 Saltwell Harriers	1:27:18
382	671Kerry Reed	L4013	Tyne Bridge Harriers	1:21:24	473	935Nikki Byrne	L3529 Cumberland Ac	1:27:22
383	107Anna Mason	L4516	Elvet Striders	1:21:25	474	977Sheryl Parkinson	L3530 Cumberland Ac	1:27:22
384	822Samantha Bruce	L4517	Saltwell Harriers	1:21:27	475	960Richard Jewell	V4553 Cumberland Ac	1:27:47
385	281Nicola Smith	L3520	Unattached	1:21:28	476	244Robert Oliver	Galloway Harriers A A C	1:27:48
386	812Tony Jewell	V65 5	Bodyfit Cumbria RC	1:21:30	477	342Karen Littlejohn	L3531 Dumfries Running Club	1:27:49
387	831Sarah Fennah	L3521	Saltwell Harriers	1:21:32	478	447Thomas Keenan	V6013 Bellahouston Road Runners	1:27:55
388	879Craig Wood		Saltwell Harriers	1:21:32	479	212Simon Wilkinson	V4045 Unattached	1:27:57
389	7Michael Ashby	V5037	Blyth Running Club	1:21:33	480	246Malcolm Nicholson	V5048 Dh Runners	1:28:00
390	760Angela Gibson	L4014	North Shields Polytechnic	1:21:34	481	91Leeann Barber	L3532 Cumberland Ac	1:28:00
391	759Peter Atkinson	V5529	North Shields Polytechnic	1:21:36	482	89Lesley Wallace	L5017 Unattached	1:28:01
392	938Andrea Challenger	L4015	Cumberland Ac	1:21:37	483	174Lisa Sample	L3533 Elvet Striders	1:28:04
393	129Simon Gent	V4042	Unattached	1:21:49	484	23Anne Craddock	L60 5 Blyth Running Club	1:28:06
394	130Philip Young	V4545	Unattached	1:22:02	485	228Sarah Lupton	L 146 Unattached	1:28:07
395	38Gordon McInally	V5038	Calderglen Harriers	1:22:05	486	2?Marc Brown	Unattached	1:28:08
396	992Stephen Barlow	V4546	Cumberland Ac	1:22:08	487	150Alastair Elliott	V5049 Unattached	1:28:15
397	473Graham Skirrow	V5530	Alnwick Harriers	1:22:10	488	95Wendy Littlewood	L4026 Elvet Striders	1:28:21
398	120Louise Coultate	L 98	North Shields Polytechnic	1:22:12	489	450Chloe Carruthers	L 148 Unattached	1:28:23
399	942Christine Denwood	L55 4	Cumberland Ac	1:22:15	490	459Jessica Storey	L 149 Unattached	1:28:28
400	317John Woolridge	V65 6	Border Harriers & Ac	1:22:19	491	406Neil Haig	V5050 Unattached	1:28:29
401	116Gary Chandler	V5531	Dh Runners	1:22:24	492	295Matthew Rawlings	Unattached	1:28:29
402	442Alison Hatcher	L4016	Unattached	1:22:29	493	410Keith Palmer	V5051 Unattached	1:28:30
403	111David Dick	V4043	Unattached	1:22:32	494	964Jonny Martin	Cumberland Ac	1:28:32
404	288Phil Baston	V5039	Elswick Harriers	1:22:38	495	861Julie Schneider	L4027 Saltwell Harriers	1:28:42
405	122Ian Hedley		Unattached	1:22:40	496	327Audrey O'Kelly	L5018 Carlisle Tri Club	1:28:50
406	184Michael Lindsay	V5040	Wallsend Harriers & Ac	1:22:42	497	226Lorna Hannah	L4028 Unattached	1:28:52
407	474Carol Elliot	L55 5	Dumfries Harriers	1:22:50	498	323Gillian Bell	L4029 Tynedale Harriers & Ac	1:28:54
408	976Gary Palmer	V5041	Cumberland Ac	1:22:51	499	779Fiona Jardine	L5019 Dumfries Running Club	1:28:54
409	149Karen MaggioPoyntz	L4518	Walney Wind Cheetahs	1:22:53	500	859Matthew Harvey	Saltwell Harriers	1:28:56
410	140Graeme Walton	V4547	Elvet Striders	1:22:55	501	26Rachel Joseph	L4030 Blyth Running Club	1:28:58
411	326Neil Moffat	V6010	Dumfries Running Club	1:22:59	502	817Joanne Anderson	L4522 Saltwell Harriers	1:28:59
412	789Joanne Adamson	L3522	Heaton Harriers & Ac	1:23:00	503	86Joanne Patterson	L3534 Elvet Striders	1:29:06
413	874Danny Wilkinson	V5042	Saltwell Harriers	1:23:04	504	860Steve Rochelle	V5052 Saltwell Harriers	1:29:07
414	193Corrine Whaling	L3523	Elvet Striders	1:23:08	505	451Kate Glencross	L 158 Unattached	1:29:09
415	871Laura Towers	L 105	Saltwell Harriers	1:23:10	506	889Ruary Slater	Alnwick Harriers	1:29:11
416	44William Buchanan	V65 7	Calderglen Harriers	1:23:13	507	401Carolyn Burns	L4523 Eden Runners	1:29:16
417	854Lisa Pery	L4017	Saltwell Harriers	1:23:17	508	737Claire Surray	L3535 North Shields Polytechnic	1:29:22
418	844Michelle Masson	L4018	Saltwell Harriers	1:23:20	509	422Rachael Chamberlain	L4031 Bodyfit Cumbria RC	1:29:23
419	839Ellie Layton	L 108	Saltwell Harriers	1:23:25	510	865Rebecca Jones	L4032 Unattached	1:29:29
420	841Claire Lloyd	L3524	Saltwell Harriers	1:23:25	511	736John Brettell	V6014 North Shields Polytechnic	1:29:34
421	825Shaun Coyne		Saltwell Harriers	1:23:27	512	485Hamish Macdonald	V6015 Dumfries Running Club	1:29:44
422	781Lisa Coulthard	L4019	Unattached	1:23:30	513	850Bob Najafi	V6016 Low Fell Running Club	1:29:49
423	697Paul McMorrow	V5043	Tyne Bridge Harriers	1:23:37	514	998Malcolm Wood	V5533 Cumberland Ac	1:29:56
424	802Helen Guy	L3525	Stocksfield Striders	1:23:43	515	957Stephen Jackson	V6017 Cumberland Ac	1:29:58
425	693Gemma Finnie		Tyne Bridge Harriers	1:23:49	516	720Gay Eastoe	L65 3 Alnwick Harriers	1:30:00
426	279Stuart Black		Dumfries Harriers	1:23:56	517	12David Falkous	V5053 Blyth Running Club	1:30:02
427	801Rachael Turnbull	L 112	Stocksfield Striders	1:24:03	518	232Samantha Cook	L4033 Unattached	1:30:06
428	944Nicholas Downes	V4044	Cumberland Ac	1:24:06	519	199Wendy Gass	L4524 Unattached	1:30:07
429	355Adrian Potts		Unattached	1:24:08	520	304Kim Firstbrook	L60 6 Tynedale Harriers & Ac	1:30:27
430	800Alison Dennis	L55 6	Stocksfield Striders	1:24:12	521	343Stephen Kay	V5534 Eden Runners	1:30:48
431	660John McGlynn	V6012	Scottish Athletics	1:24:15	522	663Craig Parkinson	V5535 Unattached	1:30:50
432	980Emma Rowntree	L4020	Cumberland Ac	1:24:15	523	446Carol Keenan	L60 7 Bellahouston Road Runners	1:31:05
433	235Skye Sarahs	L 115	Dumfries Running Club	1:24:16	524	940Jeff Dandy	V5054 Cumberland Ac	1:31:07
434	780Beverley Blythe	L4519	Alnwick Harriers	1:24:20	525	287Carolyn Davies	L4525 Dumfries Harriers	1:31:20
435	350Alison Bibby	L4520	Derwent Ac Cockermonth	1:24:22	526	282Oliver Castell	Unattached	1:31:23
436	341Kim Clark	L60 3	Keswick AC	1:24:36	527	742Colin Brown	V4554 North Shields Polytechnic	1:31:24
437	78Alex Brown	V4548	Elvet Striders	1:24:39	528	881Lisa Young	L4034 Saltwell Harriers	1:31:38
438	303Tony Lowery	V5044	Eden Runners	1:24:46	529	185Sharon Read	L4035 Unattached	1:31:47
439	125Mick Martin	V65 8	Unattached	1:24:50	530	137Abbie Smith	L 171 Unattached	1:32:16
440	731Kristy Wonders	L3526	North Shields Polytechnic	1:25:12	531	888Marie Milligan	L3536 Unattached	1:32:18
441	65Louise Callaghan	L55 7	Alnwick Harriers	1:25:17	532	826Neil Curry	Saltwell Harriers	1:32:19

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533	799Lyn Brown	L60 8	Stocksfield Striders	1:32:20	595	299Harjit Johal	L40 43	Unattached	1:42:30
534	54Morgan Beaton	U20 5	Calderglen Harriers	1:32:24	596	302Lynn Goodwin	L50 25	Dumfries Harriers	1:42:30
535	857Alex Roberts	L70 1	Saltwell Harriers	1:32:33	597	723Christine Farnsworth	L65 5	Elvet Striders	1:42:46
536	263Daniel Alexander		Unattached	1:32:34	598	948Ann Garside	L45 31	Cumberland Ac	1:42:59
537	752Joanne Watson	L40 36	North Shields Polytechnic	1:32:41	599	479Laura Hanby	L40 44	Dumfries Running Club	1:43:01
538	133Debra Thompson	L50 20	Elvet Striders	1:32:42	600	429Ginny Willan	L45 32	Dh Runners	1:43:08
539	32Russell Couper	V50 55	Calderglen Harriers	1:33:12	601	959Adele Jenkins	L60 9	Cumberland Ac	1:43:12
540	33Chas Steven	V55 36	Calderglen Harriers	1:33:13	602	856Rosie Reynolds	L35 45	Saltwell Harriers	1:43:20
541	311Samantha McCrone	L45 26	Unattached	1:33:14	603	863Alison Slaymaker	L45 33	Saltwell Harriers	1:43:20
542	339Clare Weir	L35 37	Unattached	1:33:23	604	949Rebecca Glynn	L 217	Cumberland Ac	1:43:26
543	784Steve Campbell	V60 18	Unattached	1:33:27	605	973Wendy Navin	L45 34	Cumberland Ac	1:43:30
544	886Sean McGleenan	V60 19	Dumfries Running Club	1:33:29	606	810Kevin Whitemore	V70 3	Eden Runners	1:43:33
545	724Su-Wan Lewis	L50 21	Blaydon Harriers	1:33:36	607	982Alyson Sibbald	L45 35	Cumberland Ac	1:43:46
546	851Caroline Najafi	L55 9	Saltwell Harriers	1:33:38	608	878Joanne Wollaston	L45 36	Saltwell Harriers	1:43:53
547	352Emma Davidson	L35 38	Unattached	1:33:38	609	868Andrew Swanston	V50 57	Saltwell Harriers	1:43:53
548	725Eric Lewis	V55 37	Blaydon Harriers	1:33:39	610	104Sophie Dennis	L 221	Elvet Striders	1:44:28
549	216Dawn Slater	L55 10	Unattached	1:33:40	611	6Mark Allison	V45 58	Blyth Running Club	1:44:34
550	884Christopher Ryan	V60 20	Clydesdale Harriers	1:33:53	612	340June Scott	L 222	Dumfries Running Club	1:44:44
551	170Carolyn Galula	L45 27	Elvet Striders	1:33:59	613	999Laura Wylie	L 223	Cumberland Ac	1:44:44
552	100Lee Stephenson	V45 55	Elvet Striders	1:34:01	614	962Tracey Kennett	L45 37	Cumberland Ac	1:44:44
553	98Kimberley Wilson	L 184	Elvet Striders	1:34:05	615	265Rhiannon Breed	L 225	Dumfries Running Club	1:44:47
554	97Robin Linton		Unattached	1:34:05	616	28Lynn Munro	L65 6	Blyth Running Club	1:44:57
555	188Robert Farmer	V45 56	Unattached	1:34:11	617	270Jo Billett	L60 10	Dh Runners	1:45:12
556	465Gemma Stewart	L 185	Unattached	1:34:37	618	186Debbie Rimmer	L50 26	Unattached	1:45:33
557	466Ben Sissen		Unattached	1:34:37	619	996Julie Wilson	L45 38	Cumberland Ac	1:45:52
558	435Heather Herring	L40 37	Unattached	1:34:40	620	990Barbara Thompson	L60 11	Cumberland Ac	1:46:15
559	262Kev Iveson		Carlisle Tri Club	1:34:40	621	482Sophie Wilson	L 231	Eden Runners	1:46:17
560	57Allison Johnston	L50 22	Calderglen Harriers	1:35:20	622	110Danielle Glassey	L 232	Elvet Striders	1:46:24
561	974Catherine Nicholson	L45 28	Cumberland Ac	1:35:32	623	187Steph Greenwell	L 233	Elvet Striders	1:46:24
562	667Matthew Pearson		Tyne Bridge Harriers	1:35:37	624	662Jacqueline Woodrow	L55 13	Eden Runners	1:46:36
563	931Jackie Bennett	L40 38	Cumberland Ac	1:35:59	625	819Phil Askew		Saltwell Harriers	1:46:39
564	208Stephen Long	V60 21	Dh Runners	1:36:24	626	834Hannah Hague	L 235	Saltwell Harriers	1:47:26
565	972Sarah Morris	L40 39	Cumberland Ac	1:36:27	627	835Linda Hague	L55 14	Saltwell Harriers	1:47:27
566	43Philip Marshal	V55 38	Calderglen Harriers	1:36:32	628	808Margaret Laurie	L60 12	Dumfries Running Club	1:47:37
567	484Dawn McDonald	L50 23	Dumfries Running Club	1:36:38	629	480Satpal Burns	L45 39	Dumfries Running Club	1:47:37
568	483Richard McDougal	V65 10	Dumfries Running Club	1:36:53	630	362Susan Ball	L50 27	Dumfries Running Club	1:48:33
569	718Ray Austin	V65 11	Unattached	1:37:00	631	354Julie Corbett	L45 40	Dumfries Running Club	1:48:33
570	783Anabel Drought	L45 29	North Shields Polytechnic	1:37:04	632	155Michelle Turnbull	L40 45	Blyth Running Club	1:49:30
571	316Leslie Nixon	V60 22	Unattached	1:37:04	633	966Karen McLean	L35 46	Cumberland Ac	1:50:05
572	264Angela Watson	L40 40	Eden Runners	1:37:14	634	852Mags O'Donnell	L35 47	Saltwell Harriers	1:50:15
573	989John Thompson	V60 23	Cumberland Ac	1:37:14	635	191Amy Brass	L40 46	Elvet Striders	1:50:34
574	247Georgie McRoberts	L35 39	Unattached	1:37:18	636	24Lesley Falkous	L40 47	Blyth Running Club	1:50:56
575	950Tracey Godwin	L40 41	Cumberland Ac	1:37:26	637	830Lisa Estob	L45 41	Saltwell Harriers	1:50:56
576	993Chris Whitby	V50 56	Cumberland Ac	1:37:40	638	239John Lupton	V55 39	Unattached	1:51:15
577	177Lesley Tickell	L35 40	Unattached	1:37:42	639	164Sharon Pattison	L40 48	Unattached	1:52:15
578	803Mary Blanden	L65 4	Stocksfield Striders	1:37:46	640	370Jacqueline Kirkbride	L50 28	Cumberland Ac	1:52:27
579	734Heather Gould	L55 11	North Shields Polytechnic	1:38:27	641	805Colleen Hind	L45 42	Stocksfield Striders	1:52:37
580	947Shane Fox		Cumberland Ac	1:38:32	642	820Julie Bentley	L50 29	Saltwell Harriers	1:52:40
581	313Emma Parker	L35 41	Unattached	1:38:38	643	123Helen Hedley	L35 48	Team Coco	1:52:58
582	943Elizabeth Dodd	L35 42	Cumberland Ac	1:38:45	644	772Bill Brown	V75 2	Heaton Harriers & Ac	1:53:39
583	967Amie Meloy	L35 43	Cumberland Ac	1:38:49	645	969Andrea Messenger	L 252	Cumberland Ac	1:57:40
584	334Darren Benson	V40 46	Unattached	1:38:51	646	846Emily Moralee	L 253	Saltwell Harriers	1:57:57
585	452Andrea Armstrong	L45 30	Unattached	1:38:55	647	847Amy Moyer	L35 49	Saltwell Harriers	1:57:57
586	176Nicola Hopper	L35 44	Unattached	1:39:15	648	845Graham McMullen	V50 58	Saltwell Harriers	1:57:57
587	275Craig Robison		Dumfries Harriers	1:39:22	649	877Yvonne Wilson	L50 30	Saltwell Harriers	2:00:55
588	478Robert Wilson	V60 24	Dumfries Running Club	1:39:56	650	665Rachel McMillan	L35 50	Tyne Bridge Harriers	2:01:11
589	934Emma Bromley	L 204	Cumberland Ac	1:40:02	651	268Helen Potter	L40 49	Unattached	2:01:12
590	767James Nicholson	V70 2	Elvet Striders	1:40:05	652	882John Foster	V65 12	Unattached	2:05:17
591	30Joanne Stobbart	L50 24	Blyth Running Club	1:40:34	653	866Janis Smith	L35 51	Saltwell Harriers	2:06:35
592	684Roger Heath	V45 57	Tyne Bridge Harriers	1:40:58	654	816Louise Siddoway	L40 50	Prudoe Plodders	2:07:57
593	842Kathy Lumley	L40 42	Saltwell Harriers	1:41:02	655	196Margaret Thompson	L65 7	Elvet Striders	2:10:12
594	178Val Braybrooks	L55 12	Halmer Harriers	1:42:10					

# The 67th Brampton to Carlisle Road Race at Brampton on Sunday 18th November 2018

## Brampton - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time		
1	400	Thomas Cornthwaite		Salford Harriers & AC	50:13		
2	436	Marc Brown		Salford Harriers & AC	50:17		
3	1	James Douglas		Border Harriers & Ac	50:53		
4	476	Ricky Lightfoot		Ellenborough AC	51:03		
5	349	Joe Monk		Preston Harriers	51:27		
6	437	James Bowness		Trafford Athletic Club	52:48		
7	776	James Meader		Heaton Harriers & Ac	53:56		
8	209	Stephen Jackson		Elvet Striders	53:59		
9	203	Adam Pratt		Tynedale Harriers & Ac	54:21		
10	749	Guy Bracken	V55 1	North Shields Polytechnic	54:29		
11	444	Mickey Breen		Corstophine Aac	54:51		
12	416	Matthew Briggs	U20 1	Morpeth Harriers & Ac	54:58		
13	674	Sparrow Morley		Tyne Bridge Harriers	55:47		
14	412	Mark Benson		Netherhall AC	55:54		
15	673	Simon Kristiansen		Tyne Bridge Harriers	55:58		
16	132	Steven Bowyer	V40 1	Blackhill Bounders	56:17		
17	290	Tom Day		Keswick AC	56:37		
18	433	Steven Berry		Border Harriers & Ac	56:41		
19	375	Paul Graham	V40 2	Netherhall AC	56:43		
20	371	Mark Leadbeater		Lancaster & Morecambe Ac	56:59		
21	214	Stuart Scott		Helensburgh AAC	57:19		
22	692	Tim Kelso	V40 3	Tyne Bridge Harriers	57:34		
23	333	Tom Marper		Kirkby Milers AC	57:36		
24	689	Ian Pickett	V40 4	Tyne Bridge Harriers	57:42		
25	676	Graeme Kafka		Tyne Bridge Harriers	57:46		
26	272	Kevin Wilson		Wallsend Harriers & Ac	57:48		
27	218	Daniel Hornsby		Border Harriers & Ac	57:52		
28	131	Jevan Robertson		Tyne Bridge Harriers	57:54		
29	309	Michael Kay		Unattached	57:59		
30	292	Andrew Gibson		Shettleston Harriers	58:02		
31	670	Paul O'Mara		Tyne Bridge Harriers	58:03		
32	462	Phil Whitehead		Carlisle Tri Club	58:05		
33	42	David Watt	V55 2	Caldergleng Harriers	58:20		
34	706	Mark Toward		Tyne Bridge Harriers	58:24		
35	298	Zak Anderson	U20 2	Cumberland Fell Runners	58:29		
36	434	Nathan Postill	U20 3	Border Harriers & Ac	58:37		
37	231	Chris Stockdale		Tyne Bridge Harriers	58:44		
38	198	Graham Airey	V40 5	Keswick AC	59:03		
39	366	Tom Martin		Metro Aberdeen RC	59:16		
40	167	Andrew Ball	V40 6	Elswick Harriers	59:24		
41	94	Michael Littlewood	V40 7	Elvet Striders	59:34		
42	227	Richard Houghton		Elswick Harriers	59:39		
43	481	Chris Neil		Unattached	59:46		
44	440	Mark Baddeley	V40 8	Lincoln Wellington	59:50		
45	21	Steve Angus	V45 1	Keswick AC	59:53		
46	423	Stephen Hall	V40 9	North Shields Polytechnic	59:56		
47	460	Anton Mirafasari		Jarrow & Hebburn Ac	1:00:00		
48	712	Paul Hilton	V50 1	Tyne Bridge Harriers	1:00:13		
49	984	Shane Stobbart		Cumberland Ac	1:00:15		
50	249	Alan Heron		Bellahouston Road Runners	1:00:21		
51	347	Graeme Fleming		Unattached	1:00:28		
52	413	Kevin Farmer		Caldergleng Harriers	1:00:30		
53	296	Colin Holden	V50 2	Dumfries Running Club	1:00:33		
54	777	Ian Robinson		Heaton Harriers & Ac	1:00:36		
55	477	Alan Baxter	V4010	Dumfries Running Club	1:00:46		
56	157	Kevin Wallace	V45 2	Cumberland Ac	1:00:46		
57	761	Gregory Penn	V55 3	North Shields Polytechnic	1:00:48		
58	404	Paul Waterston	V50 3	Morpeth Harriers & Ac	1:01:02		
59	454	Jordan Hull		Border Harriers & Ac	1:01:09		
60	432	Ian Harkness		Dh Runners	1:01:20		
61	713	Peter Kullar		Tyne Bridge Harriers	1:01:25		
62	63	Dominic Harris		Alnwick Harriers	1:01:38		
63	83	Peter Hearn	V55 4	Tynedale Harriers & Ac	1:01:44		
64	374	Paul Harrison	V4011	Low Fell Running Club	1:01:46		
65	809	James Coulthard		Unattached	1:01:51		
66	475	Kevin McQueen	V45 3	Dumfries Running Club	1:01:52		
67	677	Dave Hartis		Tyne Bridge Harriers	1:01:54		
68	286	Bruce Hardy	V4012	Derwent Ac Cockerhmouth	1:01:56		
69	243	Phil Walker	V50 4	Morpeth Harriers & Ac	1:02:13		
70	16	Scott Povey		Blyth Running Club	1:02:14		
71	778	Kevin McCaig	V55 5	Dumfries Running Club	1:02:24		
72	751	David Stainthorpe	V45 4	North Shields Polytechnic	1:02:47		
73	211	Richard Conder		Low Fell Running Club	1:02:49		
74	19	Graham Wood	V45 5	Blyth Running Club	1:02:56		
75	260	Daniel Brew		Unattached	1:02:57		
76	675	Christopher West		Tyne Bridge Harriers	1:03:04		
77	148	Philip Lee	V4013	Kendal Amateur Athletic Club	1:03:09		
78	453	Kevin Hull	V55 6	Border Harriers & Ac	1:03:15		
79	417	Tom Dunlop		Derwent Ac Cockerhmouth	1:03:24		
80	372	Mark Hopkins	V50 5	Tri-Lakeland	1:03:24		
81	67	Ian Marriott		Low Fell Running Club	1:03:27		
82	695	Alasdair Blain		Tyne Bridge Harriers	1:03:34		
83	694	David Daniels	V45 6	Tyne Bridge Harriers	1:03:37		
84	755	David Quinn		North Shields Polytechnic	1:04:05		
					85 818Riccardo Antico	Saltwell Harriers	1:04:09
					86 785James Hamilton	Carlisle Tri Club	1:04:13
					87 64Jason Dawson	V45 7 Alnwick Harriers	1:04:17
					88 369Daniel Wade	V4014 Low Fell Running Club	1:04:24
					89 811Carl Douglas	V4015 Unattached	1:04:33
					90 318John Williams	V45 8 Eden Runners	1:04:40
					91 895Laurence Reeves	Alnwick Harriers	1:04:45
					92 74Allan Renwick	V45 9 Elvet Striders	1:05:06
					93 893Jon Archer	Alnwick Harriers	1:05:09
					94 322David Postill	V4510 Carlisle Tri Club	1:05:11
					95 683Philip Scott	Tyne Bridge Harriers	1:05:16
					96 82Matt Charlton	Dh Runners	1:05:19
					97 358Joe Chambers	Springburn Harriers	1:05:27
					98 39Andrew Buchanan	Caldergleng Harriers	1:05:29
					99 40Ian Hughes	V4511 North Shields Polytechnic	1:05:33
					100 782Patrick Drought	V4512 North Shields Polytechnic	1:05:33
					101 8Ian Baxter	V50 6 Blyth Running Club	1:05:35
					102 757Ben Willcox	V4016 North Shields Polytechnic	1:05:37
					103 87Matthew Archer	Elvet Striders	1:05:55
					104 307Will Lloyd	Tynedale Harriers & Ac	1:06:00
					105 297John Messenger	V4017 Northern Fells RC	1:06:01
					106 257Andrew Christie	Red Rose Road Runners	1:06:02
					107 796Adam Hucklesby	Stocksfield Striders	1:06:03
					108 849Peter Mullarkey	V60 1 Saltwell Harriers	1:06:04
					109 735Steve Colby	North Shields Polytechnic	1:06:06
					110 261Simon Gora	Garstang Running Club	1:06:07
					111 668Andy Chiu	Tyne Bridge Harriers	1:06:13
					112 105Richard Foster	Unattached	1:06:14
					113 99Paul Foster	Vegan Runners Uk	1:06:17
					114 858Paul Smith	Saltwell Harriers	1:06:18
					115 774Paul Stutt	V4513 Heaton Harriers & Ac	1:06:19
					116 308Kevin Scott	V4514 Dh Runners	1:06:27
					117 13Steven French	V50 7 Blyth Running Club	1:06:34
					118 933Antony Briscoe	V55 7 Cumberland Ac	1:06:36
					119 987Paul Thomason	V4018 Cumberland Ac	1:06:40
					120 328Adam Dixon	Unattached	1:06:45
					121 896Ian Simon	V4515 Alnwick Harriers	1:06:54
					122 258Kevin Steven	South Shields Harriers	1:07:00
					123 426Stephen Hackley	V4019 Derwent Ac Cockerhmouth	1:07:09
					124 112Jason Catterall	V4516 Durham City Harriers & Ac	1:07:10
					125 201Jason Wall	V4517 Heaton Harriers & Ac	1:07:18
					126 691Steve Attley	V4518 Tyne Bridge Harriers	1:07:22
					127 773Jack Shawcross	Heaton Harriers & Ac	1:07:23
					128 890Allan Foggon	Alnwick Harriers	1:07:24
					129 686John Hurse	Tyne Bridge Harriers	1:07:28
					130 356Sam Connelly	Unattached	1:07:51
					131 814Mark Crawford	V4519 Richmond & Zetland H	1:07:54
					132 431Tony Gill	V4520 Border Reivers	1:07:58
					133 159John Sutcliffe	V4020 North Shields Polytechnic	1:07:58
					134 267Geoffrey Chapman	V50 8 Eden Runners	1:07:59
					135 45Christopher McCarron	U20 4 Caldergleng Harriers	1:08:02
					136 335Stuart Gillespie	Dumfries Running Club	1:08:06
					137 698Colin Rogerson	V4521 Tyne Bridge Harriers	1:08:12
					138 930Peter Bennett	V4522 Cumberland Ac	1:08:16
					139 717Josh Waite	Carlisle Tri Club	1:08:25
					140 970Peter Milligan	Cumberland Ac	1:08:26
					141 368James Grinbergs	V4021 Eden Runners	1:08:33
					142 319Nathan Thompson	Unattached	1:08:35
					143 932David Bowness	V4022 Cumberland Ac	1:08:36
					144 472Ranjit Thomas	V50 9 Dumfries Running Club	1:08:36
					145 754Andy Fury	North Shields Polytechnic	1:08:42
					146 255Martin Gallagher	V4023 Unattached	1:08:45
					147 269Peter Walker	V5010 Derwent Ac Cockerhmouth	1:08:53
					148 740Tommy Brannon	V5011 North Shields Polytechnic	1:09:02
					149 283Les Hill	V60 2 Dumfries Running Club	1:09:08
					150 92Adam Hart	V4024 Unattached	1:09:14
					151 420Ian Renouf	Unattached	1:09:16
					152 403Tony Davis	V55 8 Derwent Ac Cockerhmouth	1:09:17
					153 361Brian Anderson	V4025 Blackhill Bounders	1:09:18
					154 280Cj Clarke	Unattached	1:09:22
					155 35Kenny Leinster	V55 9 Caldergleng Harriers	1:09:31
					156 245Paul Bellingham	V5510 Morpeth Harriers & Ac	1:09:40
					157 256Richard Kirby	V4523 Morpeth Harriers & Ac	1:09:41
					158 325Michael Cookson	Unattached	1:09:49
					159 439Nicholas Cookson	Unattached	1:09:53
					160 141Graeme Davidson	Unattached	1:09:56
					161 109Ivan Thorn	V4524 North Shields Polytechnic	1:09:59
					162 241Jason Stirland	V4525 North Shields Polytechnic	1:10:00
					163 867Andrew Softley	Saltwell Harriers	1:10:01
					164 206Alan Huggon	V4526 Unattached	1:10:06
					165 824John Clarke	V5012 Saltwell Harriers	1:10:09
					166 492Tim Lee	Unattached	1:10:12
					167 171Mark Stout	Unattached	1:10:14
					168 346Jonathan Buckley	Cumberland Ac	1:10:15

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169	745	William Ewens		North Shields Polytechnic	1:10:17	260	75	Peter Hart	V4036	Elvet Striders	1:18:30
170	353	Ian Anderson	V4527	Dumfries Running Club	1:10:17	261	93	Mark Foster	V4037	Elvet Striders	1:18:32
171	894	Tim Falconer	V5511	Alnwick Harriers	1:10:20	262	898	Cris Atwell	V5524	Alnwick Harriers	1:18:36
172	18	Richard Shillinglaw		Blyth Running Club	1:10:26	263	409	Alan Hodgson	V5525	Unattached	1:18:38
173	954	Frank Hewer	V4528	Cumberland Ac	1:10:31	264	405	Chris Knox	V5526	Dh Runners	1:18:40
174	411	Brian Ramsay	V5013	Unattached	1:10:38	265	80	Matthew Carr	V4038	Elvet Striders	1:18:41
175	11	Steve Dobby	V4529	Blyth Running Club	1:10:47	266	821	Paul Blackett	V4541	Saltwell Harriers	1:18:49
176	76	Kenny Chambers	V5512	Tyne Bridge Harriers	1:10:49	267	815	Peter Leviston	V65 3	Barrow Striders	1:18:57
177	225	John Goodenough		Unattached	1:10:55	268	96	David Browbank		Elvet Striders	1:19:00
178	46	Alan Cullie	V5014	Calderglen Harriers	1:10:57	269	285	Lewis Black		Unattached	1:19:20
179	223	Michael Jardine	V5513	Dumfries Running Club	1:11:01	270	158	Stuart Dickson	V5033	Tyne Bridge Harriers	1:19:21
180	34	Jim Holmes	V5015	Calderglen Harriers	1:11:05	271	418	Steven Singleton	V4039	Walney Wind Cheetahs	1:19:25
181	320	Robert Wells	V70 1	Bedford Harriers AC	1:11:15	272	364	Craig McDougall	V4542	Unattached	1:19:29
182	968	Philip Meloy	V4026	Cumberland Ac	1:11:18	273	233	David Peacock	V5527	Eden Runners	1:19:36
183	252	John Oakey	V4530	Eden Runners	1:11:30	274	215	Chris Edwards		Elvet Striders	1:19:39
184	41	Eddie Reid	V5514	Calderglen Harriers	1:11:50	275	66	Michael Henry	V65 4	Alnwick Harriers	1:19:48
185	2	Marc Brown		Unattached	1:12:04	276	679	Patrick Wallace	V5034	Tyne Bridge Harriers	1:19:53
186	449	John Andrewartha	V4027	Eden Runners	1:12:11	277	979	Andrew Ridgway	V5035	Cumberland Ac	1:19:53
187	108	James Thompson	V5016	North Shields Polytechnic	1:12:14	278	487	Steven Archibald	V4040	Carlisle Tri Club	1:19:55
188	869	Tim Hildreth	V5515	Saltwell Harriers	1:12:16	279	182	Alex Murgatroyd		Unattached	1:19:58
189	428	Andy Miller	V5017	Walney Wind Cheetahs	1:12:17	280	891	Ian Stephenson	V5528	Alnwick Harriers	1:20:13
190	730	Roy Young		North Shields Polytechnic	1:12:19	281	705	Chris Parkin	V5036	Tyne Bridge Harriers	1:20:15
191	491	Keith Forster		Unattached	1:12:26	282	467	Jonathan Cork		Border Reivers	1:20:23
192	981	Michael Sandelands	V4531	Cumberland Ac	1:12:26	283	661	Simon Woodrow	V60 8	Eden Runners	1:20:25
193	486	Alexis Birchall		Heaton Harriers & Ac	1:12:33	284	721	Richard Eastoe	V60 9	Alnwick Harriers	1:20:33
194	448	Mark Chandler		Unattached	1:12:35	285	315	Brian Hazlewood	V4543	Dh Runners	1:20:35
195	719	Peter Campbell	V5516	Border Harriers & Ac	1:12:36	286	798	Alex Locky	V4041	Stocksfield Striders	1:20:44
196	963	Graham Leggett	V5018	Cumberland Ac	1:12:40	287	305	Ian McKillop	V4544	Unattached	1:21:04
197	795	Paul Griffin	V5019	Stocksfield Striders	1:12:41	288	838	David Jones		Saltwell Harriers	1:21:08
198	985	Peter Telford	V4532	Cumberland Ac	1:12:45	289	961	Michael Kendall		Cumberland Ac	1:21:09
199	62	Jonathan Duffy	V5020	Alnwick Harriers	1:12:49	290	812	Tony Jewell	V65 5	Bodyfit Cumbria RC	1:21:30
200	490	William Brough		Unattached	1:13:15	291	879	Craig Wood		Saltwell Harriers	1:21:32
201	378	Jeff Heyes	V5517	Tri-Lakeland	1:13:17	292	7	Michael Ashby	V5037	Blyth Running Club	1:21:33
202	37	Richard Lawton	V4028	Calderglen Harriers	1:13:18	293	759	Peter Atkinson	V5529	North Shields Polytechnic	1:21:36
203	994	Richard Williams	V4029	Cumberland Ac	1:13:20	294	129	Simon Gent	V4042	Unattached	1:21:49
204	72	Andrew Davies	V4030	Elvet Striders	1:13:23	295	130	Philip Young	V4545	Unattached	1:22:02
205	445	Dominic Davis		Derwent Ac Cockermonth	1:13:28	296	38	Gordon McInally	V5038	Calderglen Harriers	1:22:05
206	744	Paul Rochester		North Shields Polytechnic	1:13:30	297	992	Stephen Barlow	V4546	Cumberland Ac	1:22:08
207	936	David Cain	V60 3	Cumberland Ac	1:13:40	298	473	Graham Skirrow	V5530	Alnwick Harriers	1:22:10
208	357	Mike Norris	V5021	Unattached	1:13:58	299	317	John Woolridge	V65 6	Border Harriers & Ac	1:22:19
209	425	Paul Quinn	V5022	Walney Wind Cheetahs	1:14:00	300	116	Gary Chandler	V5531	Dh Runners	1:22:24
210	746	David Crowe		North Shields Polytechnic	1:14:15	301	111	David Dick	V4043	Unattached	1:22:32
211	17	Robert Sharratt		Blyth Running Club	1:14:16	302	288	Phil Baston	V5039	Elswick Harriers	1:22:38
212	338	James Simpson		Eden Runners	1:14:16	303	122	Ian Hedley		Unattached	1:22:40
213	250	Andrew Sanderson		Unattached	1:14:18	304	184	Michael Lindsay	V5040	Wallsend Harriers & Ac	1:22:42
214	70	Stephen Soulsby	V5518	Elvet Striders	1:14:22	305	976	Gary Palmer	V5041	Cumberland Ac	1:22:51
215	183	Robert Weightman	V60 4	Unattached	1:14:27	306	140	Graeme Walton	V4547	Elvet Striders	1:22:55
216	678	Neil Thompson	V4031	Tyne Bridge Harriers	1:14:33	307	326	Neil Moffat	V6010	Dumfries Running Club	1:22:59
217	978	Stuart Pyne		Cumberland Ac	1:14:34	308	874	Danny Wilkinson	V5042	Saltwell Harriers	1:23:04
218	771	Chris Checkley	V4533	Heaton Harriers & Ac	1:14:37	309	44	William Buchanan	V65 7	Calderglen Harriers	1:23:13
219	716	Josh Waite	V5519	Unattached	1:14:42	310	825	Shaun Coyne		Saltwell Harriers	1:23:27
220	424	Gavin Collingwood		Dumfries Harriers	1:14:46	311	697	Paul McMorrow	V5043	Tyne Bridge Harriers	1:23:37
221	971	Martyn Minchella	V4032	Cumberland Ac	1:14:52	312	693	Gemma Finnie		Tyne Bridge Harriers	1:23:49
222	48	Andrew Henderson	V65 1	Calderglen Harriers	1:14:56	313	279	Stuart Black		Dumfries Harriers	1:23:56
223	952	Errick Hannah	V60 5	Cumberland Ac	1:14:57	314	944	Nicholas Downes	V4044	Cumberland Ac	1:24:06
224	238	Brett Malloy		Derwent Ac Cockermonth	1:14:59	315	355	Adrian Potts	V6011	Unattached	1:24:08
225	337	John McGibbon	V5023	Dh Runners	1:15:03	316	660	John McGlynn	V6012	Scottish Athletics	1:24:15
226	794	Daniel Gilholme	V4534	Stocksfield Striders	1:15:05	317	78	Alex Brown	V4548	Elvet Striders	1:24:39
227	727	Hugh Parry	V5024	North Shields Polytechnic	1:15:06	318	303	Tony Lowery	V5044	Eden Runners	1:24:46
228	180	Peter Forsyth	V5025	Unattached	1:15:09	319	125	Mick Martin	V65 8	Unattached	1:24:50
229	179	John Davis		Eden Runners	1:15:27	320	438	Andrew Jefferson	V4549	Carlisle Tri Club	1:25:20
230	359	David Mitchell	V5026	Unattached	1:15:32	321	14	Michael McKenna		Blyth Running Club	1:25:35
231	202	Mark Payne		Elvet Striders	1:15:34	322	991	Martin Trainor		Cumberland Ac	1:25:45
232	312	David Colpitts		Unattached	1:15:35	323	900	Stephen Atherton	V5045	Cumberland Ac	1:25:56
233	965	David McGarry	V4033	Cumberland Ac	1:15:38	324	875	Frank Wilkinson	V5532	Saltwell Harriers	1:26:22
234	853	Mark O'Kelly		Saltwell Harriers	1:15:39	325	330	Paul Harris	V5046	Unattached	1:26:24
235	443	Tony Mills	V5027	Dh Runners	1:15:41	326	797	Mark Russell	V4550	Stocksfield Striders	1:26:39
236	756	Alan Keegan	V4535	North Shields Polytechnic	1:15:47	327	829	Brian Estob	V4551	Saltwell Harriers	1:26:48
237	10	David Bradley	V60 6	Blyth Running Club	1:16:07	328	344	Rob Streit	V4552	Unattached	1:26:52
238	248	Mark Osborne	V5520	Eden Runners	1:16:19	329	128	Stephen Ellis	V65 9	Elvet Striders	1:26:55
239	464	Mike Kelly	V5028	Unattached	1:16:23	330	887	Peter Ion	V75 1	Kendal Amateur Athletic Club	1:27:17
240	726	Peter Hall	V5029	Cumberland Fell Runners	1:16:28	331	843	Paul Lumley	V5047	Saltwell Harriers	1:27:18
241	728	Roger Mosedale	V5030	North Shields Polytechnic	1:16:44	332	960	Richard Jewell	V4553	Cumberland Ac	1:27:47
242	134	Ian Jones	V60 7	Unattached	1:16:49	333	244	Robert Oliver		Galloway Harriers A A C	1:27:48
243	363	Noel Urwin	V5031	Unattached	1:16:51	334	447	Thomas Keenan	V6013	Bellahouston Road Runners	1:27:55
244	664	Peter Davies	V4536	Tynedale Harriers & Ac	1:16:56	335	212	Simon Wilkinson	V4045	Unattached	1:27:57
245	833	Daniel Greensmith		Saltwell Harriers	1:16:58	336	246	Malcolm Nicholson	V5048	Dh Runners	1:28:00
246	488	Dave Kirby		Dh Runners	1:17:03	337	2	Marc Brown		Unattached	1:28:08
247	205	Darryl Quantz	V4537	Unattached	1:17:04	338	150	Alastair Elliott	V5049	Unattached	1:28:15
248	103	Paul Burns		Unattached	1:17:10	339	406	Neil Haig	V5050	Unattached	1:28:29
249	766	Derek Johnstone	V5032	Dh Runners	1:17:15	340	295	Matthew Rawlings		Unattached	1:28:29
250	221	John Broom	V4538	Penistone Footpath	1:17:24	341	410	Keith Palmer	V5051	Unattached	1:28:30
251	36	Gerard Mullen	V5521	Calderglen Harriers	1:17:25	342	964	Jonny Martin		Cumberland Ac	1:28:32
252	430	Toby Harling	V4034	Dh Runners	1:17:31	343	859	Matthew Harvey		Saltwell Harriers	1:28:56
253	266	Graeme Young	V4539	Galloway Harriers A A C	1:17:37	344	860	Steve Rochelle	V5052	Saltwell Harriers	1:29:07
254	876	Bill Wilson		Saltwell Harriers	1:17:39	345	889	Ruary Slater		Alnwick Harriers	1:29:11
255	715	Norman Clark	V65 2	Morpeth Harriers & Ac	1:17:44	346	736	John Brettell	V6014	North Shields Polytechnic	1:29:34
256	47	George Ferguson	V5522	Calderglen Harriers	1:17:48	347	485	Hamish Macdonald	V6015	Dumfries Running Club	1:29:44
257	219	James McEachran	V4540	Unattached	1:18:13	348	850	Bob Najafi	V6016	Low Fell Running Club	1:29:49
258	775	Keith Hadden	V5523	Heaton Harriers & Ac	1:18:17	349	998	Malcolm Wood	V5533	Cumberland Ac	1:29:56
259	471	Allan Mason	V4035	Unattached	1:18:28	350	957	Stephen Jackson	V6017	Cumberland Ac	1:29:58

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

351	12David Falkous	V5053	Blyth Running Club	1:30:02	372	208Stephen Long	V6021	Dh Runners	1:36:24
352	343Stephen Kay	V5534	Eden Runners	1:30:48	373	43Philip Marshal	V5538	Calderglen Harriers	1:36:32
353	663Craig Parkinson	V5535	Unattached	1:30:50	374	483Richard McDougal	V6510	Dumfries Running Club	1:36:53
354	940Jeff Dandy	V5054	Cumberland Ac	1:31:07	375	718Ray Austin	V6511	Unattached	1:37:00
355	282Oliver Castell		Unattached	1:31:23	376	316Leslie Nixon	V6022	Unattached	1:37:04
356	742Colin Brown	V4554	North Shields Polytechnic	1:31:24	377	989John Thompson	V6023	Cumberland Ac	1:37:14
357	826Neil Curry		Saltwell Harriers	1:32:19	378	993Chris Whitby	V5056	Cumberland Ac	1:37:40
358	54Morgan Beaton	U20	5 Calderglen Harriers	1:32:24	379	947Shane Fox		Cumberland Ac	1:38:32
359	263Daniel Alexander		Unattached	1:32:34	380	334Darren Benson	V4046	Unattached	1:38:51
360	32Russell Couper	V5055	Calderglen Harriers	1:33:12	381	275Craig Robison		Dumfries Harriers	1:39:22
361	33Chas Steven	V5536	Calderglen Harriers	1:33:13	382	478Robert Wilson	V6024	Dumfries Running Club	1:39:56
362	784Steve Campbell	V6018	Unattached	1:33:27	383	767James Nicholson	V70	2 Elvet Striders	1:40:05
363	886Sean McGleenan	V6019	Dumfries Running Club	1:33:29	384	684Roger Heath	V4557	Tyne Bridge Harriers	1:40:58
364	725Eric Lewis	V5537	Blaydon Harriers	1:33:39	385	810Kevin Whitemore	V70	3 Eden Runners	1:43:33
365	884Christopher Ryan	V6020	Clydesdale Harriers	1:33:53	386	868Andrew Swanston	V5057	Saltwell Harriers	1:43:53
366	100Lee Stephenson	V4555	Elvet Striders	1:34:01	387	6Mark Allison	V4558	Blyth Running Club	1:44:34
367	97Robin Linton		Unattached	1:34:05	388	819Phil Askew		Saltwell Harriers	1:46:39
368	188Robert Farmer	V4556	Unattached	1:34:11	389	239John Lupton	V5539	Unattached	1:51:15
369	466Ben Sissen		Unattached	1:34:37	390	772Bill Brown	V75	2 Heaton Harriers & Ac	1:53:39
370	262Kev Iveson		Carlisle Tri Club	1:34:40	391	845Graham McMullen	V5058	Saltwell Harriers	1:57:57
371	667Matthew Pearson		Tyne Bridge Harriers	1:35:37	392	882John Foster	V6512	Unattached	2:05:17

## Brampton - Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Border Harriers & Ac	48	—	3	James Douglas	18	Steven Berry	27	Daniel Hornsby
2	Tyne Bridge Harriers	50	—	13	Sparrow Morley	15	Simon Kristiansen	22	Tim Kelso
3	Keswick AC	97	—	17	Tom Day	37	Graham Airey	43	Steve Angus
4	North Shields Polytechnic	108	—	10	Guy Bracken	44	Stephen Hall	54	Gregory Penn
5	Morpeth Harriers & Ac	132	—	12	Matthew Briggs	55	Paul Waterston	65	Phil Walker
6	Elvet Striders	134	—	8	Stephen Jackson	40	Michael Littlewood	86	Allan Renwick
7	Dumfries Running Club	164	—	50	Colin Holden	52	Alan Baxter	62	Kevin McQueen
8	Heaton Harriers & Ac	166	—	7	James Meader	51	Ian Robinson	108	Paul Stutt
9	Tynedale Harriers & Ac	167	—	9	Adam Pratt	60	Peter Hearn	98	Will Lloyd
10	Calderglen Harriers	173	—	32	David Watt	49	Kevin Farmer	92	Andrew Buchanan
11	Carlisle Tri Club	200	—	31	Phil Whitehead	81	James Hamilton	88	David Postill
12	Low Fell Running Club	206	—	61	Paul Harrison	69	Richard Conder	76	Ian Marriott
13	Cumberland Ac	211	—	47	Shane Stobbart	53	Kevin Wallace	111	Antony Briscoe
14	Alnwick Harriers	226	—	59	Dominic Harris	82	Jason Dawson	85	Laurence Reeves
15	Blyth Running Club	231	—	66	Scott Povey	70	Graham Wood	95	Ian Baxter
16	Derwent Ac Cockerhmouth	253	—	64	Bruce Hardy	74	Tom Dunlop	115	Stephen Hackley
17	Dh Runners	256	—	57	Ian Harkness	90	Matt Charlton	109	Kevin Scott
18	Saltwell Harriers	289	—	80	Riccardo Antico	102	Peter Mullarkey	107	Paul Smith
19	Elswick Harriers	334	—	39	Andrew Ball	41	Richard Houghton	254	Phil Baston
20	Eden Runners	341	—	84	John Williams	125	Geoffrey Chapman	132	James Grinbergs
21	Stocksfield Striders	469	—	101	Adam Hucklesby	172	Paul Griffin	196	Daniel Gilholme
22	Walney Wind Cheetahs	577	—	166	Andy Miller	182	Paul Quinn	229	Steven Singleton
23	Dumfries Harriers	766	—	190	Gavin Collingwood	264	Stuart Black	312	Craig Robison

## Brampton - Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Tyne Bridge Harriers	22	—	4	Tim Kelso	5	Ian Pickett	13	Paul Hilton
2	North Shields Polytechnic	30	—	1	Guy Bracken	12	Stephen Hall	17	Gregory Penn
3	Dumfries Running Club	50	—	14	Colin Holden	15	Alan Baxter	21	Kevin McQueen
4	Cumberland Ac	107	—	16	Kevin Wallace	45	Antony Briscoe	46	Paul Thomason
5	Blyth Running Club	108	—	26	Graham Wood	38	Ian Baxter	44	Steven French
6	Calderglen Harriers	108	—	6	David Watt	36	Ian Hughes	66	Kenny Leinster
7	Morpeth Harriers & Ac	108	—	18	Paul Waterston	23	Phil Walker	67	Paul Bellingham
8	Derwent Ac Cockerhmouth	131	—	22	Bruce Hardy	48	Stephen Hackley	61	Peter Walker
9	Elvet Striders	140	—	9	Michael Littlewood	34	Allan Renwick	97	Andrew Davies
10	Eden Runners	146	—	33	John Williams	55	Geoffrey Chapman	58	James Grinbergs
11	Alnwick Harriers	151	—	31	Jason Dawson	47	Ian Simon	73	Tim Falconer
12	Heaton Harriers & Ac	194	—	42	Paul Stutt	50	Jason Wall	102	Chris Checkley
13	Saltwell Harriers	198	—	41	Peter Mullarkey	71	John Clarke	86	Tim Hildreth
14	Low Fell Running Club	231	—	20	Paul Harrison	32	Daniel Wade	179	Bob Najafi
15	Dh Runners	259	—	43	Kevin Scott	106	John McGibbon	110	Tony Mills
16	Border Harriers & Ac	268	—	28	Kevin Hull	89	Peter Campbell	151	John Woolridge
17	Walney Wind Cheetahs	319	—	87	Andy Miller	99	Paul Quinn	133	Steven Singleton
18	Carlisle Tri Club	338	—	35	David Postill	138	Steven Archibald	165	Andrew Jefferson
19	Stocksfield Striders	342	—	91	Paul Griffin	107	Daniel Gilholme	144	Alex Lockey

# The 67th Brampton to Carlisle Road Race at Brampton on Sunday 18th November 2018

## Brampton - Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	5	Alyson Dixon	L40	1 Sunderland Strollers	55:01
2	147	Annabel Simpson	L	2 Fife Athletic Club	57:03
3	197	Georgia Campbell	L	3 Jarrow & Hebburn Ac	59:57
4	4	Rhiannon Douglas	L	4 Border Harriers & Ac	1:01:43
5	704	Sophie Marr	L	5 Tyne Bridge Harriers	1:03:36
6	456	Wendy Chapman	L45	1 Sunderland Strollers	1:04:20
7	750	Carla Maley	L40	2 North Shields Polytechnic	1:04:46
8	336	Fiona Todd	L40	3 Border Harriers & Ac	1:05:04
9	739	Louise Hayes	L45	2 North Shields Polytechnic	1:05:58
10	210	Nikki Gibson	L	10 Edinburgh AC	1:06:02
11	49	Julie Beveridge	L35	1 Caldergleng Harriers	1:06:33
12	951	Emma Gregory	L35	2 Cumberland Ac	1:06:44
13	118	Michelle Thompson	L35	3 North Shields Polytechnic	1:07:01
14	669	Louise Lennox	L45	3 Tyne Bridge Harriers	1:07:24
15	331	Gina Rutherford	L	15 Jarrow & Hebburn Ac	1:07:26
16	787	Sian Finlay	L45	4 Dumfries Running Club	1:08:15
17	127	Joanne Lee	L45	5 Tyne Bridge Harriers	1:08:37
18	321	Elizabeth Watson	L35	4 Derwent Ac Cockermouth	1:08:44
19	59	Joanne McEvoy	L40	4 Caldergleng Harriers	1:08:51
20	408	Karen Bridge	L45	6 Eden Runners	1:09:07
21	119	Caroline Williams	L	21 Unattached	1:09:14
22	402	Fiona Smith	L50	1 Border Harriers & Ac	1:09:37
23	419	Hazel Davies	L50	2 Bodyfit Cumbria RC	1:09:48
24	348	Esther Illman	L	24 Kenilworth Runners	1:09:59
25	762	Cheryl Hall	L	25 North Shields Polytechnic	1:10:37
26	763	Vanessa Strickland	L45	7 Border Harriers & Ac	1:10:46
27	240	Viv Winter	L50	3 Derwent Ac Cockermouth	1:10:54
28	51	Frances Ferguson	L50	4 Caldergleng Harriers	1:11:00
29	469	Teresa Medley	L45	8 Border Harriers & Ac	1:11:18
30	289	Amy Singleton	L35	5 Walney Wind Cheetahs	1:11:36
31	175	Simone Baddeley	L35	6 Unattached	1:11:43
32	983	Beverley Smith	L35	7 Cumberland Ac	1:11:44
33	807	Jayne Perry	L35	8 Garstang Running Club	1:12:18
34	329	Suzanne Smith	L45	9 Eden Runners	1:12:18
35	790	Jen Deighton	L45	10 Sunderland Strollers	1:12:22
36	101	Natalie Bell	L	36 Elvet Striders	1:12:30
37	461	Lauren Graham	L	37 Unattached	1:12:33
38	55	Karen Allen	L35	9 Caldergleng Harriers	1:12:48
39	165	Charlotte Baston	L	39 Elswick Harriers	1:13:17
40	415	Jane Briggs	L50	5 Morpeth Harriers & Ac	1:13:30
41	284	Gillian Tomlinson	L50	6 Unattached	1:13:34
42	702	Yamuna Thiru	L50	7 Tyne Bridge Harriers	1:14:04
43	242	Susanne Enhard	L50	8 Eden Runners	1:14:07
44	688	Rachael Perowne	L40	5 Tyne Bridge Harriers	1:14:18
45	207	Sarah Davies	L50	9 Elvet Striders	1:14:38
46	234	Lyne Valentine	L60	1 Sunderland Strollers	1:14:44
47	181	Kirsty Walker	L	47 Border Harriers & Ac	1:15:04
48	414	Sarah O'Leary	L35	10 Eden Runners	1:15:06
49	220	Nina Wilson	L	49 Wallsend Harriers & Ac	1:15:13
50	708	Dawn Cranston	L35	11 Tyne Bridge Harriers	1:15:22
51	135	Janice Callister	L50	10 Walney Wind Cheetahs	1:15:24
52	937	Susan Cain	L60	2 Cumberland Ac	1:15:32
53	729	Clare Swift	L35	12 North Shields Polytechnic	1:15:36
54	52	Sharon Gregg	L45	11 Caldergleng Harriers	1:15:54
55	29	Lisa Scorer	L35	13 Blyth Running Club	1:16:14
56	294	Kathryn Metcalfe	L40	6 Eden Runners	1:16:22
57	764	Debbie Charlton	L40	7 Keswick AC	1:16:23
58	373	Clare Magrath	L	58 Unattached	1:16:27
59	31	Sandra Watson	L50	11 Blyth Running Club	1:16:32
60	53	Alison Lessells	L35	14 Caldergleng Harriers	1:16:40
61	885	Anne Macfarlane	L55	1 Dumfries Running Club	1:16:46
62	955	Hayley Hodgson	L	62 Cumberland Ac	1:16:55
63	77	Lynne Cornell	L50	12 Unattached	1:17:11
64	117	Amanda Hall	L35	15 North Shields Polytechnic	1:17:12
65	832	Amy Gallagher	L	65 Saltwell Harriers	1:17:16
66	222	Dawn Broom	L50	13 Penistone Footpath	1:17:23
67	672	Susan Murphy	L40	8 Tyne Bridge Harriers	1:17:32
68	367	Kerry Grinbergs	L40	9 Eden Runners	1:17:33
69	204	Claire Casson	L40	10 Unattached	1:17:41
70	163	Morag Casey	L45	12 Garscube Harriers	1:17:42
71	162	Amy Cromarty	L	71 Garscube Harriers	1:17:42
72	862	Nicola Shaverin	L40	11 Saltwell Harriers	1:17:51
73	823	Keren Chapman	L	73 Saltwell Harriers	1:17:53
74	276	Siobhan Brewer	L45	13 Unattached	1:17:53
75	271	Lorna Gold	L50	14 Fetch Everyone	1:18:16
76	463	Georgina Farrer	L	76 Unattached	1:18:20
77	360	Laura Benson	L	77 Eden Runners	1:18:33
78	872	Christine Waddington	L	78 Saltwell Harriers	1:18:41
79	457	Sarah McIntosh	L35	16 Eden Runners	1:18:48
80	50	Lorraine Buchanan	L35	17 Caldergleng Harriers	1:18:53
81	975	Tracey Owen	L40	12 Cumberland Ac	1:18:53
82	899	Stella Atherton	L45	14 Cumberland Ac	1:18:55
83	873	Nicola Whitman	L35	18 Saltwell Harriers	1:19:41
84	468	Ann Stuart	L55	2 Unattached	1:19:52
85	314	Beverley Armstrong	L45	15 Dh Runners	1:20:10
86	291	Nicky Butler	L55	3 Keswick AC	1:20:40
87	840	Emma Leggott	L	87 Saltwell Harriers	1:20:50
88	828	Sophie Dowle	L	88 Saltwell Harriers	1:20:56
89	168	Roz Layton	L65	1 Elvet Striders	1:21:11
90	941	Sian Dempster	L35	19 Cumberland Ac	1:21:20
91	671	Kerry Reed	L40	13 Tyne Bridge Harriers	1:21:24
92	107	Anna Mason	L45	16 Elvet Striders	1:21:25
93	822	Samantha Bruce	L45	17 Saltwell Harriers	1:21:27
94	281	Nicola Smith	L35	20 Unattached	1:21:28
95	831	Sarah Fennah	L35	21 Saltwell Harriers	1:21:32
96	760	Angela Gibson	L40	14 North Shields Polytechnic	1:21:34
97	938	Andrea Challenger	L40	15 Cumberland Ac	1:21:37
98	120	Louise Coultate	L	98 North Shields Polytechnic	1:22:12
99	942	Christine Denwood	L55	4 Cumberland Ac	1:22:15
100	442	Alison Hatcher	L40	16 Unattached	1:22:29
101	474	Carol Elliot	L55	5 Dumfries Harriers	1:22:50
102	149	Karen MaggioPoyntz	L45	18 Walney Wind Cheetahs	1:22:53
103	789	Joanne Adamson	L35	22 Heaton Harriers & Ac	1:23:00
104	193	Corrine Whaling	L35	23 Elvet Striders	1:23:08
105	871	Laura Towers	L	105 Saltwell Harriers	1:23:10
106	854	Lisa Perry	L40	17 Saltwell Harriers	1:23:17
107	844	Michelle Masson	L40	18 Saltwell Harriers	1:23:20
108	839	Ellie Layton	L	108 Saltwell Harriers	1:23:25
109	841	Claire Lloyd	L35	24 Saltwell Harriers	1:23:25
110	781	Lisa Coulthard	L40	19 Unattached	1:23:30
111	802	Helen Guy	L35	25 Stocksfield Striders	1:23:43
112	801	Rachael Turnbull	L	112 Stocksfield Striders	1:24:03
113	800	Alison Dennis	L55	6 Stocksfield Striders	1:24:12
114	980	Emma Rowntree	L40	20 Cumberland Ac	1:24:15
115	235	Skye Sarahs	L	115 Dumfries Running Club	1:24:16
116	780	Beverley Blythe	L45	19 Alnwick Harriers	1:24:20
117	350	Alison Bibby	L45	20 Derwent Ac Cockermouth	1:24:22
118	341	Kim Clark	L60	3 Keswick AC	1:24:36
119	731	Kristy Wonders	L35	26 North Shields Polytechnic	1:25:12
120	65	Louise Callaghan	L55	7 Alnwick Harriers	1:25:17
121	273	Nicola Wood	L	121 Dumfries Harriers	1:25:29
122	300	Teresa Harris	L50	15 Dh Runners	1:25:40
123	20	Anita Brabazon	L	123 Blyth Running Club	1:25:41
124	827	Karen Dalglish	L40	21 Saltwell Harriers	1:25:44
125	106	Kim Bennett	L45	21 Elvet Striders	1:25:47
126	458	Justyna Barrow	L35	27 Unattached	1:25:49
127	883	Teresa Douglas	L60	4 Eden Runners	1:25:53
128	254	Victoria Trotter	L	128 Unattached	1:26:05
129	699	Joanne Wood	L40	22 Tyne Bridge Harriers	1:26:13
130	56	Alexandra Hayden	L	130 Caldergleng Harriers	1:26:13
131	160	Elizabeth Clark	L50	16 Unattached	1:26:16
132	293	Julia King	L65	2 Eden Runners	1:26:25
133	804	Sandra Duim	L55	8 Stocksfield Striders	1:26:30
134	427	Fiona Moore	L40	23 Dh Runners	1:26:42
135	407	Anthea Christie	L40	24 Unattached	1:26:46
136	489	Halen Millican	L35	28 Border Harriers & Ac	1:26:54
137	946	Bev Faulder	L40	25 Cumberland Ac	1:27:02
138	836	Jessica Heyworth	L	138 Saltwell Harriers	1:27:17
139	935	Nikki Byrne	L35	29 Cumberland Ac	1:27:22
140	977	Sheryl Parkinson	L35	30 Cumberland Ac	1:27:22
141	342	Karen Littlejohn	L35	31 Dumfries Running Club	1:27:49
142	91	Leeann Barber	L35	32 Cumberland Ac	1:28:00
143	89	Lesley Wallace	L50	17 Unattached	1:28:01
144	174	Lisa Sample	L35	33 Elvet Striders	1:28:04
145	23	Anne Craddock	L60	5 Blyth Running Club	1:28:06
146	228	Sarah Lupton	L	146 Unattached	1:28:07
147	95	Wendy Littlewood	L40	26 Elvet Striders	1:28:21
148	450	Chloe Carruthers	L	148 Unattached	1:28:23
149	459	Jessica Storey	L	149 Unattached	1:28:28
150	861	Julie Schneider	L40	27 Saltwell Harriers	1:28:42
151	327	Audrey O'Kelly	L50	18 Carlisle Tri Club	1:28:50
152	226	Lorna Hannah	L40	28 Unattached	1:28:52
153	323	Gillian Bell	L40	29 Tynedale Harriers & Ac	1:28:54
154	779	Fiona Jardine	L50	19 Dumfries Running Club	1:28:54
155	26	Rachel Joseph	L40	30 Blyth Running Club	1:28:58
156	817	Joanne Anderson	L45	22 Saltwell Harriers	1:28:59
157	86	Joanne Patterson	L35	34 Elvet Striders	1:29:06
158	451	Kate Glencrns	L	158 Unattached	1:29:09
159	401	Carolyn Burns	L45	23 Eden Runners	1:29:16
160	737	Claire Surrey	L35	35 North Shields Polytechnic	1:29:22
161	422	Rachael Chamberlain	L40	31 Bodyfit Cumbria RC	1:29:23
162	865	Rebecca Jones	L40	32 Unattached	1:29:29
163	720	Gay Eastoe	L65	3 Alnwick Harriers	1:30:00
164	232	Samantha Cook	L40	33 Unattached	1:30:06
165	199	Wendy Gass	L45	24 Unattached	1:30:07
166	304	Kim Firstbrook	L60	6 Tynedale Harriers & Ac	1:30:27
167	446	Carol Keenan	L60	7 Bellahouston Road Runners	1:31:05
168	287	Carolyn Davies	L45	25 Dumfries Harriers	1:31:20

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight



169	881 Lisa Young	L40 34	Saltwell Harriers	1:31:38	216	863 Alison Slaymaker	L45 33	Saltwell Harriers	1:43:20
170	185 Sharon Read	L40 35	Unattached	1:31:47	217	949 Rebecca Glynn	L 217	Cumberland Ac	1:43:26
171	137 Abbie Smith	L 171	Unattached	1:32:16	218	973 Wendy Navin	L45 34	Cumberland Ac	1:43:30
172	888 Marie Milligan	L35 36	Unattached	1:32:18	219	982 Alyson Sibbald	L45 35	Cumberland Ac	1:43:46
173	799 Lyn Brown	L60 8	Stocksfield Striders	1:32:20	220	878 Joanne Wollaston	L45 36	Saltwell Harriers	1:43:53
174	857 Alex Roberts	L70 1	Saltwell Harriers	1:32:33	221	104 Sophie Dennis	L 221	Elvet Striders	1:44:28
175	752 Joanne Watson	L40 36	North Shields Polytechnic	1:32:41	222	340 June Scott	L 222	Dumfries Running Club	1:44:44
176	133 Debra Thompson	L50 20	Elvet Striders	1:32:42	223	999 Laura Wylie	L 223	Cumberland Ac	1:44:44
177	311 Samantha McCrone	L45 26	Unattached	1:33:14	224	962 Tracey Kennett	L45 37	Cumberland Ac	1:44:44
178	339 Clare Weir	L35 37	Unattached	1:33:23	225	265 Rhiannon Breed	L 225	Dumfries Running Club	1:44:47
179	724 Su-Wan Lewis	L50 21	Blaydon Harriers	1:33:36	226	28 Lynn Munro	L65 6	Blyth Running Club	1:44:57
180	851 Caroline Najafi	L55 9	Saltwell Harriers	1:33:38	227	270 Jo Billett	L60 10	Dh Runners	1:45:12
181	352 Emma Davidson	L35 38	Unattached	1:33:38	228	186 Debbie Rimmer	L50 26	Unattached	1:45:33
182	216 Dawn Slater	L55 10	Unattached	1:33:40	229	996 Julie Wilson	L45 38	Cumberland Ac	1:45:52
183	170 Carolyn Galula	L45 27	Elvet Striders	1:33:59	230	990 Barbara Thompson	L60 11	Cumberland Ac	1:46:15
184	98 Kimberley Wilson	L 184	Elvet Striders	1:34:05	231	482 Sophie Wilson	L 231	Eden Runners	1:46:17
185	465 Gemma Stewart	L 185	Unattached	1:34:37	232	110 Danielle Glassey	L 232	Elvet Striders	1:46:24
186	435 Heather Herring	L40 37	Unattached	1:34:40	233	187 Steph Greenwell	L 233	Elvet Striders	1:46:24
187	57 Allison Johnston	L50 22	Caldergleng Harriers	1:35:20	234	662 Jacqueline Woodrow	L55 13	Eden Runners	1:46:36
188	974 Catherine Nicholson	L45 28	Cumberland Ac	1:35:32	235	834 Hannah Hague	L 235	Saltwell Harriers	1:47:26
189	931 Jackie Bennett	L40 38	Cumberland Ac	1:35:59	236	835 Linda Hague	L55 14	Saltwell Harriers	1:47:27
190	972 Sarah Morris	L40 39	Cumberland Ac	1:36:27	237	808 Margaret Laurie	L60 12	Dumfries Running Club	1:47:37
191	484 Dawn McDonald	L50 23	Dumfries Running Club	1:36:38	238	480 Satpal Burns	L45 39	Dumfries Running Club	1:47:37
192	783 Anabel Drought	L45 29	North Shields Polytechnic	1:37:04	239	362 Susan Ball	L50 27	Dumfries Running Club	1:48:33
193	264 Angela Watson	L40 40	Eden Runners	1:37:14	240	354 Julie Corbett	L45 40	Dumfries Running Club	1:48:33
194	247 Georgie McRoberts	L35 39	Unattached	1:37:18	241	155 Michelle Turnbull	L40 45	Blyth Running Club	1:49:30
195	950 Tracey Godwin	L40 41	Cumberland Ac	1:37:26	242	966 Karen McLean	L35 46	Cumberland Ac	1:50:05
196	177 Lesley Tickell	L35 40	Unattached	1:37:42	243	852 Mags O'Donnell	L35 47	Saltwell Harriers	1:50:15
197	803 Mary Blanden	L65 4	Stocksfield Striders	1:37:46	244	191 Amy Brass	L40 46	Elvet Striders	1:50:34
198	734 Heather Gould	L55 11	North Shields Polytechnic	1:38:27	245	24 Lesley Falkous	L40 47	Blyth Running Club	1:50:56
199	313 Emma Parker	L35 41	Unattached	1:38:38	246	830 Lisa Estob	L45 41	Saltwell Harriers	1:50:56
200	943 Elizabeth Dodd	L35 42	Cumberland Ac	1:38:45	247	164 Sharon Pattison	L40 48	Unattached	1:52:15
201	967 Amie Meloy	L35 43	Cumberland Ac	1:38:49	248	370 Jacqueline Kirkbride	L50 28	Cumberland Ac	1:52:27
202	452 Andrea Armstrong	L45 30	Unattached	1:38:55	249	805 Colleen Hind	L45 42	Stocksfield Striders	1:52:37
203	176 Nicola Hopper	L35 44	Unattached	1:39:15	250	820 Julie Bentley	L50 29	Saltwell Harriers	1:52:40
204	934 Emma Bromley	L 204	Cumberland Ac	1:40:02	251	123 Helen Hedley	L35 48	Team Coco	1:52:58
205	30 Joanne Stobbart	L50 24	Blyth Running Club	1:40:34	252	969 Andrea Messenger	L 252	Cumberland Ac	1:57:40
206	842 Kathy Lumley	L40 42	Saltwell Harriers	1:41:02	253	846 Emily Moralee	L 253	Saltwell Harriers	1:57:57
207	178 Val Braybrooks	L55 12	Halmer Harriers	1:42:10	254	847 Amy Moyer	L35 49	Saltwell Harriers	1:57:57
208	299 Harjit Johal	L40 43	Unattached	1:42:30	255	877 Yvonne Wilson	L50 30	Saltwell Harriers	2:00:55
209	302 Lynn Goodwin	L50 25	Dumfries Harriers	1:42:30	256	665 Rachel McMillan	L35 50	Tyne Bridge Harriers	2:01:11
210	723 Christine Farnsworth	L65 5	Elvet Striders	1:42:46	257	268 Helen Potter	L40 49	Unattached	2:01:12
211	948 Ann Garside	L45 31	Cumberland Ac	1:42:59	258	866 Janis Smith	L35 51	Saltwell Harriers	2:06:35
212	479 Laura Hanby	L40 44	Dumfries Running Club	1:43:01	259	816 Louise Siddoway	L40 50	Prudoe Plodders	2:07:57
213	429 Ginny Willan	L45 32	Dh Runners	1:43:08	260	196 Margaret Thompson	L65 7	Elvet Striders	2:10:12
214	959 Adele Jenkins	L60 9	Cumberland Ac	1:43:12					
215	856 Rosie Reynolds	L35 45	Saltwell Harriers	1:43:20					

### Brampton - Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	North Shields Polytechnic	29	—	7	Carla Maley	9	Louise Hayes	13	Michelle Thompson
2	Border Harriers & Ac	33	—	4	Rhiannon Douglas	8	Fiona Todd	21	Fiona Smith
3	Tyne Bridge Harriers	36	—	5	Sophie Marr	14	Louise Lennox	17	Joanne Lee
4	Sunderland Strollers	40	—	1	Alyson Dixon	6	Wendy Chapman	33	Jen Deighton
5	Caldergleng Harriers	57	—	11	Julie Beveridge	19	Joanne McEvoy	27	Frances Ferguson
6	Cumberland Ac	90	—	12	Emma Gregory	30	Beverley Smith	48	Susan Cain
7	Eden Runners	91	—	20	Karen Bridge	32	Suzanne Smith	39	Susanne Enhard
8	Derwent Ac Cockermouth	148	—	18	Elizabeth Watson	26	Viv Winter	104	Alison Bibby
9	Elvet Striders	154	—	34	Natalie Bell	41	Sarah Davies	79	Roz Layton
10	Walney Wind Cheetahs	166	—	29	Amy Singleton	47	Janice Callister	90	Karen MaggioPoyntz
11	Dumfries Running Club	174	—	16	Sian Finlay	56	Anne Macfarlane	102	Skye Sarahs
12	Saltwell Harriers	190	—	59	Amy Gallagher	65	Nicola Shaverin	66	Keren Chapman
13	Blyth Running Club	215	—	51	Lisa Scorer	54	Sandra Watson	110	Anita Brabazon
14	Keswick AC	234	—	53	Debbie Charlton	76	Nicky Butler	105	Kim Clark
15	Stocksfield Striders	297	—	98	Helen Guy	99	Rachael Turnbull	100	Alison Dennis
16	Dh Runners	302	—	75	Beverley Armstrong	109	Teresa Harris	118	Fiona Moore
17	Dumfries Harriers	339	—	89	Carol Elliot	108	Nicola Wood	142	Carolyn Davies
18	Alnwick Harriers	349	—	103	Beverley Blythe	107	Louise Callaghan	139	Gay Eastoe

### Brampton - Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	North Shields Polytechnic	16	—	3	Carla Maley	5	Louise Hayes	8	Michelle Thompson
2	Sunderland Strollers	28	—	1	Alyson Dixon	2	Wendy Chapman	25	Jen Deighton
3	Border Harriers & Ac	36	—	4	Fiona Todd	15	Fiona Smith	17	Vanessa Strickland
4	Caldergleng Harriers	38	—	6	Julie Beveridge	13	Joanne McEvoy	19	Frances Ferguson
5	Tyne Bridge Harriers	48	—	9	Louise Lennox	11	Joanne Lee	28	Yamuna Thiru
6	Cumberland Ac	65	—	7	Emma Gregory	22	Beverley Smith	36	Susan Cain
7	Eden Runners	67	—	14	Karen Bridge	24	Suzanne Smith	29	Susanne Enhard
8	Derwent Ac Cockermouth	109	—	12	Elizabeth Watson	18	Viv Winter	79	Alison Bibby
9	Walney Wind Cheetahs	125	—	21	Amy Singleton	35	Janice Callister	69	Karen MaggioPoyntz
10	Dumfries Running Club	149	—	10	Sian Finlay	44	Anne Macfarlane	95	Karen Littlejohn
11	Elvet Striders	152	—	31	Sarah Davies	59	Roz Layton	62	Anna Mason
12	Saltwell Harriers	169	—	50	Nicola Shaverin	56	Nicola Whitman	63	Samantha Bruce
13	Keswick AC	179	—	41	Debbie Charlton	58	Nicky Butler	80	Kim Clark
14	Blyth Running Club	179	—	39	Lisa Scorer	42	Sandra Watson	98	Anne Craddock
15	Dh Runners	230	—	57	Beverley Armstrong	83	Teresa Harris	90	Fiona Moore
16	Stocksfield Striders	240	—	75	Helen Guy	76	Alison Dennis	89	Sandra Duim
17	Alnwick Harriers	270	—	78	Beverley Blythe	82	Louise Callaghan	110	Gay Eastoe
18	Dumfries Harriers	318	—	68	Carol Elliot	113	Carolyn Davies	137	Lynn Goodwin