

Sunderland 5K

Senior Results - 12th July 2017

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Danielle Hodgkinson (83)	Birchfield	16.49 F	67	Michelle Bays (57)	South Shields	23.36 F O50
2	Emma Holt (21)	Morpeth Harriers	17.20 F	68	Anna Seeley (100)	Elvet Striders	23.40 F O45
3	Rhiannon Silson (42)	Border Harriers	17.31 F	69	Susan Burgess (52)	South Shields	23.51 F
4	Georgia Campbell (22)	Jarrow & Hebburn	17.43 F	70	Nicola Alderson (86)	Unattached	23.55 F
5	Stephanie Pattinson (74)	Jarrow & Hebburn	17.58 F	71	Roseanne Dougan (82)	Unattached	23.58 F O40
6	Bethanie Murray (109)	Oxford Uni AC	18.10 F	72	Grace Mackie (103)	Sunderland Harriers	24.01 F
7	Robyn Bennett (7)	Elswick Harriers	18.16 F	73	Carly Shaw (115)	Unattached	24.36 F
8	Harriet Buswell (41)	Leeds City	18.29 F	74	Melissa Bateson (28)	Elswick Harriers	24.41 F O45
9	Gemma Floyd (84)	Morpeth Harriers	18.33 F O35	75	Denise Forster (3)	Sunderland Harriers	24.49 F
10	Alice Smith (12)	Sunderland Harriers	18.36 F	76	Francesca Wilson (79)	Morpeth Harriers	25.00 F
11	Carla Maley (72)	North Shields Poly	18.51 F O35	77	Susan Clughen (89)	Sunderland Harriers	25.33 F O60
12	Rachel Friend (92)	Leeds City	19.06 F	78	Catherine Smith (32)	Elvet Striders	25.47 F O40
13	Sophie Marr (112)	Tyne Bridge	19.18 F	79	Debra James (64)	Sunderland Harriers	25.50 F O45
14	Kath Aspin (10)	New Marske	19.39 F O45	80	Lucie Forster (66)	Sunderland Harriers	26.23 F O35
15	Eve Quinn (16)	Sunderland Harriers	19.40 F	81	Ann Gash (98)	Unattached	26.32 F O55
16	Sarah Robson (85)	Wallsend Harriers	19.44 F	82	Alison Bulman (23)	Tyne Bridge	26.34 F O35
17	Kim Simpson (38)	Durham City	19.50 F	83	Debbie Mcrory (48)	Sunderland Harriers	26.40 F O50
18	Lucy Turzynski (43)	Tyne Bridge	19.52 F	84	Nicola Haddon (95)	Unattached	26.41 F O35
19	Dawn Richardson (105)	Quakers RC	19.57 F O45	85	Alison Habebi (61)	Tyne Bridge	26.53 F O50
20	Elspeth Aspinall (75)	Elswick Harriers	20.01 F O40	86	Diane Adkins (17)	Richmond & Zetlan	27.18 F O50
21	Katherine Davis (45)	North Shields Poly	20.06 F O45	87	Carol Archer (114)	Unattached	27.59 F O55
22	Vicky Haswell (1)	Sunderland Harriers	20.08 F O35	88	Sue Tate (49)	Sunderland Strollers	28.28 F O50
23	Kirstan Farquhar (9)	Crook AC	20.09 F O45	89	Clare Lynch (73)	Unattached	28.30 F O40
24	Hannah Wright (90)	Unattached	20.12 F	90	Laura Tedstone (27)	Sunderland Harriers	29.33 F O45
25	Megan Parkin (96)	Tyne Bridge	20.14 F	91	Mandy Preece (69)	Sunderland Strollers	29.38 F O35
26	Rachel Adamson (81)	Tyne Bridge	20.15 F	92	Janette Kilgour (101)	Heaton Harriers	31.59 F O65
27	Gillian Manford (87)	Gateshead Harriers	20.19 F O35	93	Carolyn Wood (70)	Newcastle Frontrunn	32.00 F O45
28	Ria Chaston (37)	Saltwell Harriers	20.22 F	94	Lisa Oliver (117)	Sunderland Strollers	35.32 F O40
29	Michelle Jan (111)	Aycliffē	20.37 F	95	Elizabeth Hoyden (118)	Sunderland Strollers	35.36 F O65
30	Catherine Lee (80)	Elswick Harriers	20.40 F	96	Angela Jameson (102)	Unattached	35.40 F O35
31	Heather Robinson (58)	Jarrow & Hebburn	20.46 F O55	97	Emma Robson (119)	Unattached	46.23 F
32	Angela Bower (31)	Blackhill Bounders	20.47 F O35				
33	Linda Mudford (15)	Sunderland Harriers	20.52 F O35				
34	Kate Chapman (30)	Gateshead Harriers	20.57 F				
35	Lauren Flaxen (13)	Sunderland Harriers	21.03 F				
36	Jennifer Scarlett (4)	Elswick Harriers	21.07 F				
37	Karen Gunn (77)	North Shields Poly	21.13 F O50				
38	Emma Willians (108)	Notts Ac	21.15 F				
39	Nicola Brady (11)	Tyne Bridge	21.23 F				
40	Valerie Wilson (2)	Elswick Harriers	21.27 F O50				
41	Emily Jame (113)	Wallsend Harriers	21.28 F O35				
42	Janine Routledge (5)	Heaton Harriers	21.29 F O35				
43	Christine Burns (40)	North Shields Poly	21.32 F O35				
44	Shannei Curtis (8)	Birtley AC	21.37 F O40				
45	Lisa Harpin (91)	Heaton Harriers	21.42 F				
46	Lindsey Grant (106)	Elswick Harriers	21.43 F O40				
47	Fiona Jones (97)	Elvet Striders	21.46 F O40				
48	Tara Robb (116)	Low Fell RC	21.47 F				
49	Rebecca Bennett (88)	Gateshead Harriers	21.49 F				
50	Maggie Lorraine (68)	Gateshead Harriers	21.54 F O60				
51	Gillian Tomlinson (104)	Houghton Harriers	21.58 F O45				
52	Tracey Surtees (110)	Aycliffē	22.05 F				
53	Judith Shotton (44)	Sunderland Harriers	22.10 F O50				
54	Jill Bennett (6)	Elswick Harriers	22.16 F O40				
55	Amanda Phillips (29)	Blackhill Bounders	22.33 F O45				
56	Jennifer Hughes (93)	Heaton Harriers	22.35 F				
57	Aimee Cook (34)	Tyne Bridge	22.38 F				
58	Chloe Smith (53)	South Shields	22.41 F				
59	Kirsty Stewart (55)	South Shields	22.49 F O35				
60	Jessie Hetherington (107)	Heaton Harriers	22.55 F				
61	Dianne Priestley (35)	Kendal	22.55 F O65				
62	Sarah Chadwick (94)	Tyne Bridge	23.05 F				
63	Melisa Cain (56)	South Shields	23.13 F O35				
64	Sara Fenna (99)	Saltwell Harriers	23.17 F O35				
65	Jemma Amin (50)	South Shields	23.20 F				
66	Ellen Cole (67)	Heaton Harriers	23.34 F				

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Pos	Name	Club	Time	Pos	Name	Club	Time
1	Peter Newton (837)	Morpeth Harriers	14.43	67	Chris Bell (323)	Sunderland Harriers	17.18
2	Dominic Shaw (409)	New Marske	14.49	68	Jason Old (368)	Elswick Harriers	17.20 O45
3	Nick Swinburn (841)	Morpeth Harriers	14.53	69	Stephen Magrath (849)	Low Fell RC	17.21
4	Carl Avery (349)	Morpeth Harriers	14.59	70	Michael Littlewood (342)	Elvet Striders	17.23 O40
5	Thomas Comthwaite (405)	Salford Harriers	15.04	71	Michael Parkinson (864)	North Shields Poly	17.25 O45
6	Alex Brown (399)	Houghton Harriers	15.07	72	Chris Jackson (447)	Unattached	17.26
7	Gregory Jayasuriya (404)	Middlesbrough & C	15.12	73	Cameron Grey (444)	Tynedale Harriers	17.30
8	Thomas Straughan (805)	Morpeth Harriers	15.16	74	David Johnson (802)	Tyne Bridge Harrier	17.32
9	George Lowry (394)	Jarrow & Hebbum	15.19	75	Martin Slater (417)	Gateshead Harriers	17.33 O40
10	Matthew Williams (443)	Notts AC	15.21	76	Chris Dwyer (436)	Sunderland Strollers	17.34
11	Finn Brodie (312)	Tyne Bridge Harrier	15.24	77	Wayne Pearson (847)	Crook AC	17.38 O45
12	Daniel Jenkin (438)	Durham City	15.27	78	Joe Pomfret (428)	Sunderland Harriers	17.40
13	Joseph Johnston (406)	Rosendale Harriers	15.28	79	Will Johnson (352)	Tyne Bridge Harrier	17.41
14	Luke Adams (313)	South Shields	15.30	80	Matty Tomlinson (830)	Houghton Harriers	17.48 O45
15	Andy Powell (367)	Sunderland Harriers	15.32	81	Steven Patterson (413)	Morpeth Harriers	17.50
16	Kevin Jeffress (429)	Sunderland Harriers	15.33	82	Jorge Benet (840)	Durham City	17.59
17	Ben Pease (392)	Swansea Harriers	15.36	83	Patrick Houghton (833)	North Shields Poly	18.01
18	James Cripwell (424)	Gateshead Harriers	15.41	84	David Stainthorpe (445)	North Shields Poly	18.04 O40
19	Kevin Calvert (825)	Sunderland Harriers	15.43	85	Steven Johnson (819)	Houghton Harriers	18.07 O45
20	Mathew Hornsby (334)	Durham City	15.46	86	Luke Bryant (369)	Tyne Bridge Harrier	18.11
21	Tom Charlton (801)	Tyne Bridge Harrier	15.47	87	Chris Snowball (835)	Ashington Hirst RC	18.12
22	Graeme Cook (370)	North Shields Poly	15.49	88	Martin Blenkinsopp (826)	Sunderland Harriers	18.13 O40
23	Robert Eaton (338)	Durham City	15.52	89	Alastair Spanner (440)	Tyne Bridge Harrier	18.15 O45
24	Jed Marshall (831)	Gateshead Harriers	15.53	90	Kris Cantle (325)	Sunderland Harriers	18.17
25	James Young (396)	Morpeth Harriers	15.56	91	Ian Marriott (816)	Low Fell RC	18.19
26	Ian Dixon (339)	Sunderland Harriers	15.58 O40	92	Luke McCormack (839)	Sunderland Strollers	18.20
27	Darrell Hastie (400)	Gala Harriers	15.59	93	Paul Cook (807)	Darlington Harriers	18.21
28	Stephen Jackson (382)	Elvet Striders	16.01	94	Richard Houghton (302)	Elswick Harriers	18.22
29	Andrew Lawrence (809)	Morpeth Harriers	16.04	95	John Sturman (430)	Heaton Harriers	18.24
30	Sparrow Morley (862)	Tyne Bridge	16.06	96	Michael Henderson (803)	Sunderland Strollers	18.25
31	Adam Pratt (397)	Tynedale Harriers	16.07	97	Paul Andrews (385)	Gateshead Harriers	18.25
32	Gareth Pritchard (355)	Elvet Striders	16.11	98	David Antill (304)	Unattached	18.27 O40
33	Jonathan Wilkinson (401)	Durham City	16.13	99	Daniel Smith (418)	Sunderland Harriers	18.36
34	Dean Newton (391)	New Marske	16.15	100	Dominic Harris (365)	Alnwick Harriers	18.39
35	Lee Dover (375)	Houghton Harriers	16.17	101	John Lowes (403)	Elswick Harriers	18.43
36	Cameron Allan (306)	Durham City	16.18	102	Ian Young (354)	Blackhill Bounders	18.49 O40
37	Lee Bennett (314)	Elswick Harriers	16.19 O45	103	Richard Conder (363)	Low Fell RC	18.50
38	Kieran Reay (804)	Birtley AC	16.24	104	Paul Brennan (419)	Crook AC	18.55 O45
39	Matthew Alderson (301)	Blaydon Harriers	16.27	105	Nathan Bland (832)	Sunderland Harriers	18.56
40	Paul Blakey (333)	Sunderland Harriers	16.31 O40	106	Shaun Kerry (817)	Houghton Harriers	18.57 O45
41	Rob Everson (845)	Durham City	16.32	107	Neil Kavanagh (854)	Low Fell RC	18.59
42	John Surtees (834)	Aycliffe	16.35	108	Phil Ray (305)	Elvet Striders	19.02
43	Sean Mackie (821)	Sunderland Harriers	16.39	109	Darren Dodd (345)	Sunderland Harriers	19.03 O45
44	Andrew Alderson (309)	Blaydon Harriers	16.40	110	Nick Varley (350)	Unattached	19.09 O40
45	Stephen Schubeler (855)	Heaton Harriers	16.42	111	Garry Dixon (853)	Unattached	19.11
46	Andy Graham (421)	Wallsend Harriers	16.43	112	Kevin Knight (859)	Durham City	19.12 O45
47	Wayne Mcintosh (450)	Gala Harriers	16.44 O40	113	Lee Wilkinson-brown (846)	Saltwell Harriers	19.13
48	Mark Anderson (310)	Sunderland Strollers	16.47	114	Cory Marc-hood (865)	Army Tri Assoc.	19.13
49	Steven Duffy (300)	Sunderland Harriers	16.49	115	James Johnson (326)	Sunderland Harriers	19.14
50	Chris Rumsey (435)	Middlesbrough & C	16.49	116	Chris Waite (315)	North Shields Poly	19.16 O45
51	John Cook (432)	Sunderland Strollers	16.49	117	Callum Greig (812)	Sunderland Harriers	19.16
52	Michael Thompson (332)	Sunderland Harriers	16.50 O45	118	Aaron Nichols (410)	South Shields	19.19
53	Ben Kelly (433)	Alnwick Harriers	16.51	119	Adam Middleton (346)	Houghton Harriers	19.25
54	Simon Bennett (411)	Hartlepool Bum Ro	16.51	120	Peter Shaw (328)	Sunderland Harriers	19.26
55	Andrew Forbes (389)	Sunderland Strollers	16.51	121	Graham Hall (337)	North Shields Poly	19.27 O45
56	Magnus Mcgillivray (423)	Heaton Harriers	16.56	122	Alan Knebel (366)	Sunderland Harriers	19.27 O45
57	Joseph Woods (441)	Blyth RC	16.57	123	Simon Alison (377)	South Shields	19.28
58	Richard Johnson (844)	Alnwick Harriers	16.58	124	Andy Wigmore (437)	Wallsend Harriers	19.32
59	Daniel Hornsby (813)	Border Harriers	16.59	125	Paul Owen (344)	South Shields	19.33
60	Steve Mcmahon (827)	Sunderland Harriers	17.06	126	Tony Allinson (329)	Sunderland Harriers	19.35 O40
61	Chris Thomley (843)	Bedford & County	17.06	127	Andy Fury (814)	North Shields Poly	19.43
62	Paul Waller (319)	Gateshead Harriers	17.06	128	Christopher Bryson (398)	Unattached	19.44 O40
63	Kyle Cook (357)	Quakers RC	17.06	129	David Aspin (320)	New Marske	19.46 O45
64	Christopher Huitson (353)	Tyne Bridge Harrier	17.06	130	Ben Smale (856)	Unattached	20.01
65	Michael Laws (324)	Sunderland Harriers	17.10	131	Karl Robinson (335)	Sunderland Harriers	20.05 O40
66	Staurt Eggleston (842)	Sun City Triathlon	17.14 O45	132	Craig Robe (848)	South Shields	20.06

Pos	Name	Club	Time		Pos	Name	Time
133	David Williams (818)	North Shields Poly	20.11	O45			
134	Gary Paterson (836)	Low Fell RC	20.11	O45			
135	Dean Phillips (330)	Sunderland Harriers	20.16	O45			
136	Christopher Kent (414)	Unattached	20.23				
137	Greg Stamp (425)	Unattached	20.26				
138	Anthony Erskine (823)	Sunderland Harriers	20.27	O45			
139	Jack Revely (390)	Sunderland Harriers	20.28				
140	Edryd Jones (372)	South Shields	20.30	O40			
141	Joe Colligan (378)	Wallsend Harriers	20.31				
142	David Hall (861)	Wallsend Harriers	20.32				
143	David Dougan (408)	Unattached	20.33	O40			
144	Mr.sam Thurlbeck (858)	Unattached	20.35				
145	Ian Ruddick (860)	Unattached	20.37	O40			
146	Nic Crofts (434)	Ashington	20.38	O40			
147	Allan Mcmanus (317)	Sunderland Harriers	20.40				
148	Lee Coulson (416)	Elswick Harriers	20.50	O40			
149	Steven Rafferty (386)	Unattached	20.51				
150	David Goodfellow (838)	Blackhill Bounders	20.53	O45			
151	Bary Marlee (316)	Sunderland Harriers	20.53	O45			
152	Paul Cartwright (384)	Run Peterlee	20.54				
153	Christopher Davidson (828)	Unattached	20.55				
154	Shaun Bagley (407)	Sunderland Harriers	20.59				
155	Daniel Nettle (347)	Elswick Harriers	21.11	O45			
156	Gavin Dowd (857)	Low Fell RC	21.17	O40			
157	Mark Chapman (388)	Sunderland Strollers	21.20				
158	Michael Duffon (820)	Crook AC	21.23	O40			
159	Rob Mason (427)	Saltwell Harriers	21.24				
160	Andy Smith (446)	Saltwell Harriers	21.28				
161	David Bruce (322)	Sunderland Harriers	21.33				
162	Steven Davis (850)	South Shields	21.36	O40			
163	Mark Kidger (379)	South Shields	21.37	O45			
164	Dan Henshaw (806)	Unattached	21.49				
165	Stuart Dickson (852)	Tyne Bridge	21.50	O45			
166	Andrew Hughes (824)	Sunderland Harriers	21.51				
167	Adam Walker (371)	South Shields	21.56				
168	Jalal Amin (380)	South Shields	21.59	O40			
169	Simon Kirkley (360)	Tyne Bridge Harrier	22.01	O40			
170	Joshua Ward (863)	Silky Striders	22.02				
171	Mark Nicholson (442)	Blyth RC	22.15				
172	Gary Fox (373)	Sunderland Harriers	22.23	O45			
173	James Ward (808)	Unattached	22.49				
174	Geoff Watson (851)	Durham City	23.34	O40			
175	Matthew Pearson (307)	Tyne Bridge Harrier	23.45				
176	Anthony Mcdermott (420)	Unattached	23.58				
177	Robert Clark (327)	Unattached	24.37				
178	Callum Walker (811)	Unattached	24.43				
179	Gaven Cowen (448)	Unattached	25.45				
180	Abhiraj Menon (810)	Unattached	27.12				
181	Lee Colman (822)	Unattached	27.32	O40			
182	Roger Heath (815)	Tyne Bridge Harrier	28.49	O45			

Sunderland 5k - 13th July 2017

O50 Mens Race

<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>	<u>Age Category</u>
1	Steve Everett (277)	Durham City	17.11	O55
2	Keith Smith (290)	Tyne Bridge Harriers	17.28	O50
3	Tim Field (283)	Sunderland Harriers	17.51	O50
4	Michael Taggart (254)	Unattached	17.59	O50
5	Paul Waterson (292)	Morpeth Harriers	18.03	O50
6	Paul Redman (271)	Sunderland Harriers	18.16	O50
7	Clive Thornton (253)	New Marske	18.26	O50
8	Neil Dick (273)	North Shields Poly	18.52	O50
9	Ritchie Gerry (286)	Sunderland Strollers	19.10	O50
10	David Nicholson (275)	Morpeth Harriers	19.12	O60
11	John James (613)	Heaton Harriers	19.20	O60
12	Kenny Chambers (288)	Tyne Bridge Harriers	19.29	O55
13	Andy Biggs (282)	Durham City	19.38	O50
14	David Cribben (608)	Houghton Harriers & AC	19.45	O55
15	Darren Suleman (607)	North Shields Poly	19.53	O55
16	Tony Walker (829)	Otley AC	19.54	O55
17	Andrew Walker (262)	South Shields	19.58	O50
18	David Hindmarsh (297)	Alnwick Harriers	19.59	O55
19	John Davis (609)	Unattached	20.17	O50
20	Geoff Hewitson (265)	Crook AC	20.26	O55
21	Martin Sloan (272)	Elswick Harriers	20.29	O60
22	John Watson (284)	Low Fell RC	20.36	O60
23	Paul Bellingham (255)	Morpeth Harriers	20.37	O55
24	David Young (259)	Tyne Bridge Harriers	20.50	O50
25	Dale Wilkinson (281)	Sunderland Strollers	21.05	O50
26	Alan Wilks (298)	Aycliffe	21.10	O65
27	Billy Dobson (294)	Ashington	21.14	O50
28	Brian Anderson (611)	Unattached	21.24	O50
29	Mark Skelton (287)	Unattached	21.36	O55
30	Robert Lambert (276)	Elswick Harriers	21.37	O50
31	Chris Parkin (291)	Tyne Bridge Harriers	22.09	O50
32	Joe Glancy (293)	Sunderland Strollers	22.14	O50
33	Colin Mcentee (261)	Heaton Harriers	22.38	O65
34	Robert Wilson (280)	Elswick Harriers	22.41	O55
35	Fred Judson (269)	Sunderland Harriers	22.46	O55
36	William Bittlestone (257)	Sunderland Harriers	23.16	O65
37	Derrick Crove (606)	Unattached	23.26	O55
38	Paul Bentley (295)	Morpeth Harriers	23.50	O70
39	John Barber (610)	Sunderland Strollers	24.21	O50

40	Peter Johnson (605)	Hartlepool Burn Road	24.23	O60
41	Stuart Reay (251)	Durham City	24.28	O55
42	Neil Banks (289)	Tyne Bridge Harriers	24.38	O55
43	Brian Taylor (266)	Unattached	25.04	O50
44	Brian Hume (612)	Unattached	25.13	O70
45	Brian Brown (279)	Durham City	25.31	O70
46	Ron Avery (285)	Sunderland Strollers	28.05	O65
47	George Routledge (296)	Heaton Harriers	35.36	O70