

Ov. Pos	Chip Pos	Bib no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	1132	JACK MORRIS	M	SEN	STOCKPORT HARRIERS	0:51:12	0:51:11		1	1	1
2	2	1136	JACK NIXON	M	SEN	STOCKPORT HARRIERS	0:51:45	0:51:45		2	2	2
3	3	1245	GARETH RAVEN	M	V40	SALE HARRIERS MANCHESTER	0:53:24	0:53:22		3	1	1
4	4	51	NICK BARRY	M	SEN	SALE HARRIERS MANCHESTER	0:53:44	0:53:42		4	3	2
5	5	1106	ROBERT LITTLE	M	SEN	HALLAMSHIRE HARRIERS SHEFFIELD	0:54:30	0:54:28		5	4	1
6	6	1155	NEIL PENDLEBURY	M	SEN	LEIGH HARRIERS	0:55:15	0:55:13		6	5	1
7	7	832	KIERAN WHITE	M	V40	HERCULES WIMBLEDON	0:56:22	0:56:19		7	2	1
8	8	1024	STEVEN CURLEY	M	SEN	CHORLTON RUNNERS	0:56:55	0:56:52		8	6	1
9	9	1252	STEFFAN SAYER	M	SEN	MENAI TRACK AND FIELD	0:57:05	0:57:03		9	7	1
10	10	187	GEORGE COOKE	M	SEN	STOCKPORT HARRIERS	0:57:15	0:57:14		10	8	3
11	11	881	MATTHEW BLACKBURN	M	SEN	U/A	0:57:27	0:57:24		11	9	
12	12	269	NEAL EMMERSON	M	SEN	RADCLIFFE AC	0:57:45	0:57:42		12	10	1
13	13	877	NICHOLAS BARBER	M	SEN	HALLAMSHIRE HARRIERS SHEFFIELD	0:57:58	0:57:56		13	11	2
14	14	334	GARETH GRIFFITHS	M	SEN	U/A	0:58:15	0:58:09		14	12	
15	15	1224	SCOTT WELSBY	M	SEN	MANCHESTER TRIATHLON CLUB	0:58:19	0:58:16		15	13	1
16	16	985	MATT BERRY	M	SEN	TRAFFORD AC	0:58:30	0:58:25		16	14	1
17	17	302	ALEC FRANCIS	M	SEN	STOCKPORT HARRIERS	0:58:38	0:58:36		17	15	4
18	18	799	NICHOLAS TYNAN	M	SEN	SALE HARRIERS MANCHESTER	0:58:40	0:58:37		18	16	3
19	19	1125	GARY MILLIGAN	M	V45	STOCKPORT HARRIERS	0:58:47	0:58:44		19	1	5
20	20	931	ROBIN MUIR	M	SEN	SPECTRUM STRIDERS	0:59:09	0:59:05		20	17	1
21	21	46	JAMES BARNETT	M	SEN	STOCKPORT HARRIERS	0:59:13	0:59:11		21	18	6
22	22	1110	KIRSTY LONGLEY	F	V40	LIVERPOOL PEMBROKE SEFTON	0:59:16	0:59:13	1		1	1
23	23	1100	KARL KRISTEK	M	SEN	STOCKPORT TRI CLUB	0:59:39	0:59:35		22	19	1
24	24	428	ROBERT JOHNSON	M	SEN	ASTLEY AND TYLDESELY RUNNERS	1:00:02	0:59:54		23	20	1
25	25	443	LEE KAUFMAN	M	V45	SALE HARRIERS MANCHESTER	1:00:10	1:00:01		24	2	4
26	26	509	ALAN LUNDBERG-BURY	M	V50	ROSSENDALE HARRIERS & AC	1:00:22	1:00:18		25	1	1
27	27	1061	NICK HAMLIN	M	SEN	U/A	1:00:42	1:00:38		26	21	
28	28	805	PAUL VRIEND	M	SEN	SERPENTINE	1:00:47	1:00:43		27	22	1
29	29	1	PAUL ABRAHAM	M	V45	ALTRINCHAM & DISTRICT AC	1:00:52	1:00:46		28	3	1
30	30	1137	LIAM O'BRIEN	M	V40	HYDE PARK HARRIERS	1:00:55	1:00:52		29	3	1
31	32	1251	DANIEL BIRD	M	SEN	SWINTON RUNNING CLUB	1:01:07	1:01:05		30	23	1
32	31	1231	VELESKA WILLS	F	SEN	DERBY AC	1:01:11	1:01:04	2		1	1
33	34	110	PAUL BROOKS	M	V40	STOCKPORT HARRIERS	1:01:15	1:01:13		31	4	7
34	33	464	JAMES KOK SHUN	M	SEN	U/A	1:01:18	1:01:10		32	24	
35	35	656	TONY POTTS	M	V40	STOCKPORT HARRIERS	1:01:21	1:01:15		33	5	8
36	36	260	EWAN EDMONDSON	M	SEN	MACCLESFIELD HARRIERS & AC	1:01:21	1:01:17		34	25	1
37	37	1018	JAMES CORDEN	M	V45	STOCKPORT HARRIERS	1:01:25	1:01:17		35	4	9
38	38	679	STEVE RENNY	M	V45	ALTRINCHAM & DISTRICT AC	1:01:26	1:01:20		36	5	2
39	39	789	MICHAEL TIPPER	M	SEN	STOCKPORT HARRIERS	1:01:33	1:01:27		37	26	10
40	40	376	STEVEN HENDERSON	M	SEN	SALE HARRIERS MANCHESTER	1:01:43	1:01:34		38	27	5
41	41	759	CARLA STANSFIELD	F	SEN	CITY OF HULL AC	1:01:44	1:01:38	3		2	1
42	42	984	OLIVER BERNSTEIN	M	SEN	CHORLTON RUNNERS	1:02:14	1:02:10		39	28	2
43	43	290	FINLAY FINLAY	M	SEN	GARSCUBE HARRIERS	1:02:26	1:02:21		40	29	1
44	44	9	JON ALEXANDER	M	SEN	U/A	1:02:42	1:02:37		41	30	
45	45	103	CHRIS BRAMWELL	M	SEN	U/A	1:02:45	1:02:40		42	31	
46	46	795	STUART TUCKER	M	V40	SWINTON RUNNING CLUB	1:02:46	1:02:43		43	6	2
47	48	1019	IAN CRONSHAW	M	SEN	SWINTON RUNNING CLUB	1:02:50	1:02:47		44	32	3
48	49	1057	CHRIS GRIEVE	M	SEN	SWINTON RUNNING CLUB	1:02:53	1:02:49		45	33	4
49	47	654	ANDY PORTER	M	V45	BRAMHALL RUNNERS	1:02:55	1:02:46		46	6	1

50	50	1108	ASH LOMAS	M	V40	U/A	1:02:55	1:02:51	47	7	
51	51	820	IAN WARRINGTON	M	SEN	RADCLIFFE AC	1:02:57	1:02:51	48	34	2
52	52	843	JOHN WILLIAMS	M	SEN	BRAMHALL RUNNERS	1:03:01	1:02:51	49	35	2
53	54	1026	STEVE DARBY	M	V50	U/A	1:03:10	1:03:04	50	2	
54	55	217	GARY DALE	M	V55	HYDE VILLAGE STRIDERS	1:03:14	1:03:09	51	1	1
55	56	1141	HANNAH OLDROYD	F	SEN	SALTAIRE STRIDERS	1:03:20	1:03:14	4	3	1
56	58	639	TOM PEERS	M	SEN	U/A	1:03:27	1:03:24	52	36	
57	53	550	EWAN MCLACHLAN	M	SEN	THE UNIVERSITY OF NOTTINGHAM ATHLETICS CLUB	1:03:30	1:02:59	53	37	1
58	59	360	MATTHEW HARRISON	M	V40	SALE HARRIERS MANCHESTER	1:03:34	1:03:24	54	8	6
59	57	1227	LEE WHITE	M	V45	BURNDEN ROAD RUNNERS	1:03:41	1:03:19	55	7	1
60	60	578	MATT MORAN	M	SEN	BRAMHALL RUNNERS	1:03:47	1:03:38	56	38	3
61	62	1002	DAVID CARROLL	M	SEN	OLDHAM & ROYTON HARRIERS	1:03:49	1:03:42	57	39	1
62	61	1087	LUCAS JONES	M	V40	GOYT VALLEY STRIDERS	1:03:52	1:03:40	58	9	1
63	65	1139	KEVIN OGDEN	M	V45	SPENBOROUGH AC	1:03:54	1:03:52	59	8	1
64	63	1071	BILLY HICKS	M	SEN	MACCLESFIELD HARRIERS & AC	1:03:55	1:03:46	60	40	2
65	64	399	JAMES HOLLAND	M	SEN	U/A	1:03:56	1:03:51	61	41	
66	66	774	CHRISTOPHER SWIRE	M	V45	EAST CHESHIRE HARRIERS	1:03:57	1:03:53	62	9	1
67	68	752	BEN SNELL	M	SEN	STOCKPORT HARRIERS	1:04:01	1:03:54	63	42	11
68	67	146	NATHAN CAMERON	M	V40	U/A	1:04:04	1:03:54	64	10	
69	69	1183	ADAM SELBY	M	SEN	U/A	1:04:13	1:04:05	65	43	
70	71	138	KYE BYRNE	M	SEN	WARRINGTON RUNNING CLUB	1:04:23	1:04:19	66	44	1
71	70	114	GAVIN BROWN	M	V50	U/A	1:04:29	1:04:17	67	3	
72	72	1184	PAUL SHARP	M	SEN	MACCLESFIELD HARRIERS & AC	1:04:31	1:04:25	68	45	3
73	73	1173	MICHAEL RILEY	M	SEN	LES CROUPIERS	1:04:37	1:04:26	69	46	1
74	74	855	JAMES WILSON	M	SEN	U/A	1:04:43	1:04:27	70	47	
75	75	471	LUCINDA LAMB	F	SEN	DELAMERE SPARTANS	1:04:46	1:04:41	5	4	1
76	76	1234	SOPHIE WOOD	F	SEN	ROYTON ROAD RUNNERS	1:04:50	1:04:43	6	5	1
77	77	532	DAVID MATHIESON	M	V40	GOODGYM RACE TEAM	1:04:51	1:04:44	71	11	1
78	78	341	JONO GUILDFORD	M	V40	MANCHESTER FRONTRUNNERS	1:04:53	1:04:48	72	12	1
79	79	1207	PAUL TIMMS	M	SEN	ROCHDALE TRI CLUB	1:04:58	1:04:50	73	48	1
80	80	240	MIKE DIXON	M	V40	STOCKPORT HARRIERS	1:05:03	1:04:57	74	13	12
81	81	873	NAZ ZAMEER	M	V50	CHORLTON RUNNERS	1:05:07	1:05:00	75	4	3
82	83	879	PETER BARR	M	SEN	U/A	1:05:09	1:05:06	76	49	
83	82	401	DAVID HOPE	M	V40	U/A	1:05:10	1:05:06	77	14	
84	84	277	ROBERT FAIRBANKS	M	SEN	ROYTON ROAD RUNNERS	1:05:14	1:05:07	78	50	1
85	86	177	MARK COLLIER	M	V40	DAVENPORT RUNNERS	1:05:37	1:05:31	79	15	1
86	87	210	DAVE CROWTHER	M	V45	MARPLE RUNNERS	1:05:50	1:05:40	80	10	1
87	89	816	VIC WALSH	M	SEN	BELLE VUE RACERS	1:05:53	1:05:46	81	51	1
88	91	920	DAMIEN JONES	M	SEN	SALE HARRIERS MANCHESTER	1:05:55	1:05:52	82	52	7
89	88	490	DAVID LEWIN	M	SEN	MARPLE RUNNERS	1:05:57	1:05:43	83	53	2
90	92	838	MICHAEL WILDBORE	M	V40	ROYTON ROAD RUNNERS	1:05:58	1:05:53	84	16	2
91	85	1159	CHRIS PHILLIPS	M	V40	MOSSLEY AFC RUNNING CLUB	1:06:06	1:05:31	85	17	1
92	93	414	GARETH HURFURT	M	V45	HYDE VILLAGE STRIDERS	1:06:09	1:05:57	86	11	2
93	90	1037	MARTIN DUNN	M	SEN	MANCHESTER FRONTRUNNERS	1:06:09	1:05:50	87	54	2
94	94	941	MARK SAMPSON	M	V45	U/A	1:06:13	1:05:57	88	12	
95	96	1131	ALAN MORRIS	M	V50	U/A	1:06:21	1:06:16	89	5	
96	95	997	SAM BYOTT	M	SEN	U/A	1:06:24	1:06:13	90	55	
97	97	552	MATT MCNULTY	M	SEN	U/A	1:06:25	1:06:17	91	56	
98	101	215	ALAN DAKIN	M	V50	U/A	1:06:28	1:06:26	92	6	
99	98	1058	MICHAEL GUBBINS	M	V40	HYDE VILLAGE STRIDERS	1:06:31	1:06:19	93	18	3

100	99	411	DANIEL HUNT-EARLE	M	SEN	U/A	1:06:39	1:06:24	94	57	
101	102	935	RAY O'KEEFE	M	V50	MACCLESFIELD HARRIERS & AC	1:06:43	1:06:33	95	7	4
102	103	1098	JENNY KNASS	F	SEN	STOCKPORT HARRIERS	1:06:43	1:06:38	7	6	1
103	104	61	RAYFORD BEAUMONT	M	SEN	WIGAN HARRIERS	1:06:49	1:06:41	96	58	1
104	106	413	MARK J HUNTER	M	V60	ALTRINCHAM & DISTRICT AC	1:07:02	1:06:55	97	1	3
105	108	1114	COLIN MANDY	M	SEN	U/A	1:07:05	1:06:57	98	59	
106	107	423	JAMES JENKINS	M	SEN	U/A	1:07:08	1:06:57	99	60	
107	105	1069	RYAN HESSION	M	SEN	U/A	1:07:09	1:06:53	100	61	
108	109	23	PAUL ARMSTRONG	M	SEN	U/A	1:07:11	1:07:01	101	62	
109	100	343	ANDREW HADFIELD	M	V45	U/A	1:07:14	1:06:24	102	13	
110	111	1014	STEVE COLEMAN	M	V55	ASTLEY AND TYLDESELY RUNNERS	1:07:16	1:07:08	103	2	2
111	112	866	CIARAN WRIGHT	M	SEN	MACCLESFIELD HARRIERS & AC	1:07:16	1:07:09	104	63	5
112	113	54	JAMES BARTLEY	M	SEN	U/A	1:07:21	1:07:13	105	64	
113	114	1138	IAN OGDEN	M	V45	SPENBOROUGH AC	1:07:24	1:07:21	106	14	2
114	110	830	PETER WHELAN	M	V40	U/A	1:07:24	1:07:02	107	19	
115	115	949	MATTHEW TATTON	M	SEN	U/A	1:07:34	1:07:25	108	65	
116	119	884	CHRIS BRAISHER	M	SEN	U/A	1:07:34	1:07:31	109	66	
117	121	625	MATT PAGE	M	V40	U/A	1:07:39	1:07:33	110	20	
118	116	214	ASHLEE DACK	M	V40	U/A	1:07:40	1:07:29	111	21	
119	117	836	SIMON WHITWHAM	M	V45	STOCKPORT HARRIERS	1:07:42	1:07:30	112	15	13
120	118	635	JON PEACH	M	V50	MARPLE RUNNERS	1:07:42	1:07:31	113	8	3
121	122	197	PAUL CORNER	M	V45	STOCKPORT HARRIERS	1:07:44	1:07:33	114	16	14
122	124	1039	ANDREW ELLIOTT	M	V50	U/A	1:07:46	1:07:42	115	9	
123	123	116	JULIAN BROWN	M	V50	MACCLESFIELD HARRIERS & AC	1:07:52	1:07:42	116	10	6
124	126	955	RICHARD WILLIAMS	M	V40	MARPLE RUNNERS	1:07:54	1:07:45	117	22	4
125	120	1262	JONATHON NICHOLLS	M	SEN	U/A	1:08:09	1:07:31	118	67	
126	129	148	LUISA CANDIOLI	F	SEN	SALE HARRIERS MANCHESTER	1:08:15	1:08:15	8	7	1
127	130	745	MARK SMITH	M	V45	STOCKPORT HARRIERS	1:08:25	1:08:18	119	17	15
128	128	582	ADRIAN MORLEY	M	V45	MANCHESTER TRIATHLON CLUB	1:08:27	1:08:08	120	18	2
129	133	981	BEN BELL	M	SEN	MANCHESTER ROAD RUNNERS	1:08:32	1:08:23	121	68	1
130	132	298	ANDY FOWLER	M	V50	STOCKPORT HARRIERS	1:08:33	1:08:22	122	11	16
131	135	151	ANDREW CARTER	M	V45	WEST CHESHIRE AC	1:08:35	1:08:30	123	19	1
132	125	918	JAMES HYNES	M	V45	U/A	1:08:38	1:07:44	124	20	
133	134	673	NIGEL RAPER	M	V45	U/A	1:08:38	1:08:29	125	21	
134	136	323	ROBERT GOULSBRA	M	SEN	U/A	1:08:42	1:08:36	126	69	
135	137	108	NEIL BROCK	M	V50	ROYTON ROAD RUNNERS	1:08:44	1:08:37	127	12	3
136	138	889	LAURA CHEETHAM	F	SEN	JESMOND JOGGERS	1:08:46	1:08:39	9	8	1
137	127	912	JOSEPH HAYES	M	SEN	MANCHESTER YMCA HARRIERS	1:08:47	1:07:59	128	70	1
138	139	1060	JOHN HALLIWELL	M	V50	MANCHESTER HARRIERS & AC	1:08:50	1:08:41	129	13	1
139	140	252	ANDREW DUNLEAVY	M	V60	U/A	1:08:51	1:08:44	130	2	
140	144	257	CHRIS EDGE	M	V40	U/A	1:09:13	1:09:05	131	23	
141	141	141	PAUL CAFFERTY	M	V40	U/A	1:09:20	1:08:45	132	24	
142	145	903	KRISTY GILL	F	V40	MACCLESFIELD HARRIERS & AC	1:09:21	1:09:09	10	2	1
143	143	634	CHRIS PAXTON	M	SEN	RADCLIFFE AC	1:09:22	1:09:01	133	71	3
144	146	43	RUSSELL BARNES	M	SEN	U/A	1:09:26	1:09:13	134	72	
145	148	432	DAMIAN JONES	M	SEN	U/A	1:09:26	1:09:16	135	73	
146	149	1001	PAUL CARRINGTON	M	V45	STOCKPORT TRI CLUB	1:09:29	1:09:19	136	22	2
147	131	312	JASON GEORGE	M	V45	STOCKPORT HARRIERS	1:09:31	1:08:19	137	23	17
148	152	266	CHLOE ELLIOTT	F	SEN	ALTRINCHAM & DISTRICT AC	1:09:38	1:09:28	11	9	1
149	150	500	PHIL LOMAS	M	V40	WARRINGTON RUNNING CLUB	1:09:39	1:09:22	138	25	2

150	154	248	SEAN DORAN	M	SEN	STOCKPORT HARRIERS	1:09:41	1:09:30		139	74	18
151	151	405	DAVE HUGHES	M	SEN	MARPLE RUNNERS	1:09:42	1:09:26		140	75	5
152	156	1089	STEPHEN JONES	M	V55	STOCKPORT HARRIERS	1:09:44	1:09:33		141	3	19
153	142	1198	LEWIS STUBBS	M	SEN	U/A	1:09:45	1:08:57		142	76	
154	147	834	ROGER WHITEHEAD	M	V50	STOCKPORT TRI CLUB	1:09:46	1:09:13		143	14	3
155	157	83	RACHAEL BLIGHT	F	V40	STOCKPORT HARRIERS	1:09:49	1:09:38	12		3	2
156	155	396	GRAHAM HOLBROOK	M	V40	TRAFFORD AC	1:09:57	1:09:33		144	26	2
157	153	1188	PHILIP SHORROCK	M	SEN	U/A	1:09:58	1:09:30		145	77	
158	159	929	DAVID MCCARTNEY	M	SEN	U/A	1:10:05	1:09:52		146	78	
159	158	466	MICHAEL KONTOWTT	M	V50	RADCLIFFE AC	1:10:05	1:09:52		147	15	4
160	161	706	PAUL RUSHWORTH	M	V40	GRANTHAM RUNNING CLUB	1:10:10	1:10:00		148	27	1
161	164	1015	RICHARD COLLINS	M	V40	PRESTWICH AC	1:10:13	1:10:05		149	28	1
162	162	1008	ANNE CHINOY	F	V40	SALE HARRIERS MANCHESTER	1:10:14	1:10:01	13		4	2
163	168	971	DAN ASTBURY	M	SEN	U/A	1:10:16	1:10:10		150	79	
164	163	454	JAMES KEMP	M	V45	MARPLE RUNNERS	1:10:16	1:10:02		151	24	6
165	167	92	ALEXANDER BOWDEN	M	V40	U/A	1:10:16	1:10:09		152	29	
166	160	999	PETER CAMERON	M	SEN	U/A	1:10:21	1:09:55		153	80	
167	170	811	CHRIS WALLS	M	SEN	U/A	1:10:33	1:10:26		154	81	
168	171	555	ANDY MELVIN	M	V45	STOCKPORT HARRIERS	1:10:39	1:10:33		155	25	20
169	166	354	MICHAEL HARGREAVES	M	SEN	CHORLTON RUNNERS	1:10:42	1:10:08		156	82	4
170	169	131	WILLIAM BURTON	M	SEN	U/A	1:10:46	1:10:18		157	83	
171	173	987	MARK BIRCHALL	M	V40	SWINTON RUNNING CLUB	1:10:51	1:10:38		158	30	5
172	174	327	DANIEL GREEN	M	V40	WARRINGTON ROAD RUNNERS	1:10:54	1:10:39		159	31	1
173	181	1127	RUSSELL MOORE	M	SEN	U/A	1:10:55	1:10:51		160	84	
174	175	11	JOHN ALLEN	M	SEN	U/A	1:10:55	1:10:42		161	85	
175	176	1068	MARK HELME	M	V55	LIVERPOOL RUNNING CLUB	1:10:58	1:10:46		162	4	1
176	178	184	MICK CONROY	M	V55	MARPLE RUNNERS	1:11:03	1:10:49		163	5	7
177	165	1040	PAUL ELLIOTT	M	SEN	U/A	1:11:04	1:10:06		164	86	
178	177	1118	RICHARD MARTIN	M	SEN	GLOSSOPDALE HARRIERS	1:11:04	1:10:47		165	87	1
179	179	648	RUSS PLATT	M	V50	WARRINGTON ROAD RUNNERS	1:11:04	1:10:49		166	16	2
180	182	1036	GRAHAM DRIVER	M	V50	SPECTRUM STRIDERS	1:11:06	1:10:57		167	17	2
181	180	1254	DAVID LAFFERTY	M	SEN	U/A	1:11:10	1:10:50		168	88	
182	172	262	MARK EGERTON	M	SEN	MOSSLEY AFC RUNNING CLUB	1:11:10	1:10:36		169	89	2
183	185	1095	PHILIP KELLY	M	V45	TOTLEY AC	1:11:11	1:11:04		170	26	1
184	184	280	MATT FARR	M	SEN	DIDSBURY RUNNERS	1:11:15	1:11:01		171	90	1
185	183	304	PETE FRIGGIERI	M	V50	U/A	1:11:26	1:11:01		172	18	
186	189	139	ED CAESAR	M	SEN	U/A	1:11:29	1:11:22		173	91	
187	186	1157	JORDAN PERCIVAL	M	SEN	BMF	1:11:35	1:11:09		174	92	1
188	191	590	KEITH MULHOLLAND	M	V50	MACCLESFIELD HARRIERS & AC	1:11:38	1:11:28		175	19	7
189	187	720	CHRIS SEWART	M	V40	MANCHESTER HARRIERS & AC	1:11:40	1:11:09		176	32	2
190	190	1205	ROGER THOMAS	M	V40	MANCHESTER TRIATHLON CLUB	1:11:40	1:11:28		177	33	3
191	188	473	ADAM LAND	M	SEN	U/A	1:11:44	1:11:17		178	93	
192	192	697	MAURO ROTONDI	M	V45	RADCLIFFE AC	1:11:50	1:11:30		179	27	5
193	199	934	MICHAEL O'CONNOR	M	V45	ROCHDALE TRI CLUB	1:11:52	1:11:43		180	28	2
194	193	237	STEPHEN DIESNER	M	V55	U/A	1:11:52	1:11:32		181	6	
195	196	1158	JEROEN PETERS	M	V55	GLOSSOPDALE HARRIERS	1:11:53	1:11:39		182	7	2
196	200	736	LESLEY SINCLAIR	F	V50	STOCKPORT HARRIERS	1:11:55	1:11:44	14		1	3
197	195	231	BRIAN DEVLIN	M	SEN	CHORLTON RUNNERS	1:11:56	1:11:37		183	94	5
198	204	1056	ROBBIE GREENSLADE	M	V40	U/A	1:12:00	1:11:50		184	34	
199	201	173	ANDREW COLE	M	V50	EAST CHESHIRE HARRIERS	1:12:01	1:11:47		185	20	2

200	198	766	TOM STUART	M	SEN	U/A	1:12:04	1:11:40	186	95	
201	208	426	MALCOLM JOHNSON	M	V40	STOCKPORT HARRIERS	1:12:04	1:12:00	187	35	21
202	202	1017	JESSICA COPE	F	SEN	TRIGURU	1:12:04	1:11:49	15	10	1
203	194	940	PAUL RILEY	M	V45	PENNY LANE STRIDERS	1:12:08	1:11:34	188	29	1
204	207	942	PAUL SCOTT	M	V40	U/A	1:12:10	1:11:56	189	36	
205	213	608	PAUL NORRIS	M	V60	WILMSLOW RC	1:12:13	1:12:06	190	3	1
206	212	696	ANGUS ROSE	M	V45	U/A	1:12:16	1:12:04	191	30	
207	210	1255	JAMES BARNEY	M	SEN	REBEL RUNNERS MEDWAY	1:12:17	1:12:01	192	96	1
208	209	1193	COLIN SMITH	M	V50	U/A	1:12:20	1:12:01	193	21	
209	203	667	BEN RACLE	M	SEN	LONDON HEATHSIDE	1:12:27	1:11:50	194	97	1
210	217	569	GARY MILNES	M	V60	U/A	1:12:28	1:12:20	195	4	
211	216	161	STUART CHANDLER	M	SEN	U/A	1:12:30	1:12:20	196	98	
212	214	732	DUNCAN SHUTTLEWORTH	M	V55	PRESTWICH AC	1:12:32	1:12:12	197	8	2
213	206	744	LUKE SMITH	M	SEN	U/A	1:12:33	1:11:55	198	99	
214	197	369	PETER HAYES	M	SEN	U/A	1:12:34	1:11:39	199	100	
215	218	528	MIKE MASON	M	V50	U/A	1:12:35	1:12:22	200	22	
216	215	326	PETER GREATBANKS	M	SEN	MANCHESTER FRONTRUNNERS	1:12:36	1:12:17	201	101	3
217	211	1189	ADAM SHORTLAND	M	SEN	U/A	1:12:37	1:12:04	202	102	
218	205	626	STEVE PAGE	M	SEN	HYDE VILLAGE STRIDERS	1:12:41	1:11:52	203	103	4
219	219	847	JOHN WILLIAMSON	M	V45	ROYTON ROAD RUNNERS	1:12:42	1:12:24	204	31	4
220	220	85	GARY BOAST	M	SEN	U/A	1:13:01	1:12:32	205	104	
221	224	862	ALAN WOOD	M	V45	U/A	1:13:02	1:12:55	206	32	
222	222	351	JOE HANNEY	M	V40	VALLEY STRIDERS AC	1:13:07	1:12:51	207	37	1
223	221	777	CIARAN TALBOT	M	SEN	U/A	1:13:13	1:12:41	208	105	
224	223	234	NICK DEWSNAP	M	V40	U/A	1:13:21	1:12:51	209	38	
225	225	1256	LEONA BEAUMONT	F	SEN	CHORLTON RUNNERS	1:13:25	1:13:07	16	11	1
226	226	117	LAURA BROWN	F	SEN	DIDSBURY RUNNERS	1:13:28	1:13:15	17	12	1
227	228	1239	LINDEN HISCOCK	F	V45	STOCKPORT HARRIERS	1:13:29	1:13:18	18	1	4
228	230	925	JAYNE LAWTON	F	V45	STOCKPORT HARRIERS	1:13:30	1:13:20	19	2	5
229	227	853	DARRAN WILSON	M	V45	RUN SANDYMOOR	1:13:32	1:13:18	210	33	1
230	229	995	STUART BRADLEY	M	V40	U/A	1:13:35	1:13:18	211	39	
231	237	489	ANDREW LESLIE	M	SEN	WIDNES RUNNING CLUB	1:13:38	1:13:29	212	106	1
232	231	842	GLYN WILLIAMS	M	V50	SALFORD HARRIERS	1:13:41	1:13:21	213	23	1
233	235	813	JOHN WALSH	M	V40	WARRINGTON ROAD RUNNERS	1:13:41	1:13:26	214	40	3
234	234	5	DEEPAK AGGARWAL	M	V45	CHORLTON RUNNERS	1:13:42	1:13:23	215	34	6
235	233	57	JULIAN BEACH	M	V50	CHORLTON RUNNERS	1:13:44	1:13:22	216	24	7
236	232	806	JOHN WAITING	M	SEN	MARPLE RUNNERS	1:13:49	1:13:21	217	107	8
237	241	364	JENNIFER HATCH	F	SEN	U/A	1:13:54	1:13:43	20	13	
238	239	33	JACQUI BAINES	F	SEN	MANCHESTER FRONTRUNNERS	1:13:57	1:13:34	21	14	1
239	246	400	CHRISTIAN HOOK	M	V40	WILMSLOW RC	1:13:59	1:13:51	218	41	2
240	240	892	MICHAEL CONNAUGHTON	M	SEN	PRESTWICH AC	1:14:01	1:13:41	219	108	3
241	242	649	PAUL PLUMMER	M	V45	STOCKPORT TRI CLUB	1:14:05	1:13:43	220	35	4
242	245	645	SIMON PICKERING	M	SEN	U/A	1:14:06	1:13:50	221	109	
243	247	407	STEVE HUGHES	M	V50	BRAMHALL RUNNERS	1:14:07	1:13:53	222	25	4
244	249	365	STEPHEN HATCH	M	V55	U/A	1:14:08	1:13:56	223	9	
245	244	1213	STEVE VASILIOU	M	V55	MIDDLETON HARRIERS	1:14:10	1:13:49	224	10	1
246	236	882	ALISON BOYLE	F	SEN	BAILDON RUNNERS	1:14:11	1:13:29	22	15	1
247	253	200	STEVE COX	M	V45	STOCKPORT HARRIERS	1:14:12	1:14:01	225	36	22
248	243	87	SIMON BOAST	M	V55	MARLBOROUGH RUNNING CLUB	1:14:13	1:13:46	226	11	1
249	238	416	EDDIE JACKSON	M	SEN	U/A	1:14:14	1:13:29	227	110	

250	248	875	ALISON ALLERTON	F	V40	PRESTWICH AC	1:14:14	1:13:54	23	5	1	
251	251	367	PAUL HAWGOOD	M	V50	U/A	1:14:15	1:14:00		228	26	
252	250	338	RICHARD GROOME	M	V45	U/A	1:14:22	1:14:00		229	37	
253	254	38	ANDREW BARLOW	M	V45	U/A	1:14:31	1:14:13		230	38	
254	252	963	ALI ALSAADI	M	V40	CHORLTON RUNNERS	1:14:33	1:14:00		231	42	8
255	255	134	EMMA BUTLER	F	SEN	CHORLTON RUNNERS	1:14:34	1:14:15	24		16	2
256	256	680	SARAH RENSHAW	F	SEN	CHORLTON RUNNERS	1:14:37	1:14:18	25		17	3
257	257	1203	ANDREW TAYLOR	M	V40	BELLE VUE RACERS	1:14:58	1:14:20		232	43	2
258	260	1163	MARTIN POOL	M	V45	U/A	1:15:02	1:14:42		233	39	
259	262	540	ROB MCDOWELL	M	V55	U/A	1:15:03	1:14:44		234	12	
260	259	895	MARK CRITCHLEY	M	V55	U/A	1:15:05	1:14:38		235	13	
261	264	1181	MARCIN SANOCKI	M	SEN	UKRUNCHAT	1:15:08	1:14:50		236	111	1
262	266	837	PETER WILCOCK	M	SEN	U/A	1:15:09	1:14:56		237	112	
263	269	118	PETER BROWN	M	V45	SALFORD METROPOLITAN AC	1:15:10	1:14:57		238	40	1
264	261	120	RICHARD BROWN	M	V45	MACCLESFIELD HARRIERS & AC	1:15:14	1:14:42		239	41	8
265	267	64	JUDE BEK	F	SEN	CHORLTON RUNNERS	1:15:15	1:14:56	26		18	4
266	263	439	FAEZ KAISER	M	V45	BRAMHALL RUNNERS	1:15:16	1:14:47		240	42	5
267	270	249	ANDREW DOW	M	V45	MANCHESTER TRIATHLON CLUB	1:15:18	1:14:57		241	43	4
268	272	283	JOHN FELTON	M	V45	OLDHAM & ROYTON HARRIERS	1:15:20	1:15:07		242	44	2
269	258	728	JON SHEEHY	M	V50	LYMM RUNNERS	1:15:24	1:14:30		243	27	1
270	273	530	MELANIE MATHER	F	V45	U/A	1:15:27	1:15:11	27		3	
271	274	565	REBECCA MILLS	F	SEN	SWINTON RUNNING CLUB	1:15:27	1:15:11	28		19	1
272	279	1025	BEN DALE	M	SEN	U/A	1:15:36	1:15:24		244	113	
273	271	694	MARK ROGERSON	M	V45	U/A	1:15:37	1:15:05		245	45	
274	275	937	NICK PETERKIN	M	V45	PRESTWICH AC	1:15:38	1:15:18		246	46	4
275	277	826	GEOFF WELLS	M	V50	STOCKPORT HARRIERS	1:15:41	1:15:20		247	28	23
276	282	1133	TONY MOSS	M	V45	U/A	1:15:44	1:15:25		248	47	
277	285	1253	RACHEL KENYON	F	SEN	MANCHESTER FRONTRUNNERS	1:15:44	1:15:26	29		20	2
278	290	345	PAUL HAINES	M	V45	STOCKPORT HARRIERS	1:15:47	1:15:33		249	48	24
279	289	1217	ADAM WALLIS	M	SEN	U/A	1:15:47	1:15:32		250	114	
280	284	643	KATIE PERCIVAL	F	SEN	RADCLIFFE AC	1:15:48	1:15:26	30		21	1
281	283	907	GREG GYVES	M	SEN	U/A	1:15:49	1:15:25		251	115	
282	287	663	LINDSAY PURDIE	F	V45	MACCLESFIELD HARRIERS & AC	1:15:50	1:15:27	31		4	2
283	276	251	ANDREW DUFFY	M	V55	BURNDEN ROAD RUNNERS	1:15:50	1:15:19		252	14	2
284	268	434	JASON JONES	M	V45	TRAIL RUNNING ASSOCIATION	1:15:51	1:14:57		253	49	1
285	278	28	AARON ATKINSON	M	SEN	U/A	1:15:53	1:15:22		254	116	
286	265	370	STEVEN HEAP	M	SEN	U/A	1:15:54	1:14:55		255	117	
287	293	527	RACHEL MASKELL	F	SEN	LYMM RUNNERS	1:15:59	1:15:46	32		22	1
288	286	818	PETER WALTERS	M	V60	WINSTON RUNNERS	1:16:00	1:15:27		256	5	1
289	292	779	RICK TAYLOR	M	V40	U/A	1:16:02	1:15:44		257	44	
290	281	1083	TONY HURST	M	V55	U/A	1:16:07	1:15:25		258	15	
291	280	1003	SEAN CARTHY	M	V55	U/A	1:16:07	1:15:25		259	16	
292	294	465	PHILIP KOK SHUN	M	SEN	U/A	1:16:08	1:15:47		260	118	
293	300	917	TONY HULME	M	V65+	WILMSLOW RC	1:16:09	1:16:00		261	1	3
294	291	936	ROBERT PAGE	M	V60	U/A	1:16:10	1:15:37		262	6	
295	295	90	ELIZABETH BOSWORTH	F	V40	DRAGONS RUNNING CLUB (SALE)	1:16:18	1:15:51	33		6	1
296	303	640	STEVE PEMBERTON	M	V60	PENNY LANE STRIDERS	1:16:24	1:16:11		263	7	2
297	297	906	JAMES GRAHAM	M	SEN	U/A	1:16:25	1:15:56		264	119	
298	302	864	STEVEN WOODBRIDGE	M	SEN	U/A	1:16:28	1:16:11		265	120	
299	309	91	DARREN BOTTOMLEY	M	V40	U/A	1:16:35	1:16:23		266	45	

300	299	129	CALUM BURRELL	M	V40	U/A	1:16:35	1:15:58	267	46	
301	298	670	MATTHEW RAMSHEAD	M	SEN	U/A	1:16:37	1:15:57	268	121	
302	305	174	STEPHEN COLE	M	V45	STOCKPORT HARRIERS	1:16:38	1:16:17	269	50	25
303	306	149	JOE CARNE	M	SEN	MANCHESTER FRONTRUNNERS	1:16:38	1:16:19	270	122	4
304	301	371	NICK HEATON	M	V45	BRAMHALL RUNNERS	1:16:40	1:16:08	271	51	6
305	316	56	PAUL BAYLEY	M	V55	U/A	1:16:42	1:16:27	272	17	
306	317	106	MATTHEW BREWIS	M	V45	U/A	1:16:45	1:16:28	273	52	
307	296	786	MICHAEL THORLEY	M	V50	MANCHESTER FRONTRUNNERS	1:16:46	1:15:53	274	29	5
308	323	21	HELEN ARMITAGE	F	V50	STAINLAND LIONS	1:16:52	1:16:38	34	2	1
309	304	703	MICHAEL RUFFLES	M	SEN	U/A	1:16:53	1:16:15	275	123	
310	322	962	SIMON ALLCOCK	M	V40	U/A	1:16:53	1:16:36	276	47	
311	325	611	ROB OERTON	M	V50	BRAMHALL RUNNERS	1:16:54	1:16:40	277	30	7
312	308	340	MARK GRUNDY	M	V55	BRAMHALL RUNNERS	1:16:55	1:16:22	278	18	8
313	311	505	JACK LOUGHLIN	M	SEN	U/A	1:16:55	1:16:24	279	124	
314	307	844	JOHN WILLIAMS	M	SEN	MARPLE RUNNERS	1:16:56	1:16:20	280	125	9
315	288	1115	PAUL MARKLOVE	M	SEN	WARRINGTON RUNNING CLUB	1:17:01	1:15:31	281	126	3
316	310	689	CHRIS ROBBO	M	V40	U/A	1:17:01	1:16:23	282	48	
317	318	504	SEAN LORD	M	V45	CHORLTON RUNNERS	1:17:02	1:16:30	283	53	9
318	330	851	ANDREW WILSON	M	SEN	U/A	1:17:03	1:16:48	284	127	
319	329	704	DAVE RUSHTON	M	V50	RADCLIFFE AC	1:17:03	1:16:42	285	31	6
320	319	523	LAUREN MARSDEN	F	V45	SWINTON RUNNING CLUB	1:17:09	1:16:32	35	5	2
321	326	518	JAMES MALONE	M	V40	BELLE VUE RACERS	1:17:10	1:16:40	286	49	3
322	328	1156	BENNY PEPPER	M	SEN	CHORLTON RUNNERS	1:17:14	1:16:42	287	128	10
323	321	968	DANIEL ARTHURS	M	SEN	ROCHDALE TRI CLUB	1:17:18	1:16:34	288	129	3
324	312	1005	SHAUN CHANBERS	M	V50	HYDE VILLAGE STRIDERS	1:17:18	1:16:25	289	32	5
325	313	553	LIAM MELLON	M	SEN	HYDE VILLAGE STRIDERS	1:17:18	1:16:25	290	130	6
326	314	869	FRANKIE YAN	M	SEN	HYDE VILLAGE STRIDERS	1:17:18	1:16:26	291	131	7
327	331	147	CHRIS CAMPBELL	M	V50	HYDE VILLAGE STRIDERS	1:17:21	1:16:49	292	33	8
328	334	20	DAVID ARMISTEAD	M	V50	U/A	1:17:21	1:16:59	293	34	
329	335	1226	CLAIRE WHELAN	F	SEN	WARRINGTON ROAD RUNNERS	1:17:22	1:16:59	36	23	1
330	320	930	GRAHAM MELLORS	M	V55	U/A	1:17:23	1:16:34	294	19	
331	333	1009	AMBROSE CHOY	M	SEN	U/A	1:17:26	1:16:55	295	132	
332	327	571	PAUL MOGRIDGE	M	V45	HYDE VILLAGE STRIDERS	1:17:26	1:16:41	296	54	9
333	348	819	PHILLIP WARBURTON	M	SEN	U/A	1:17:27	1:17:17	297	133	
334	342	1035	GARY DOODSON	M	V45	U/A	1:17:30	1:17:13	298	55	
335	336	1124	JAMES MEDINA	M	SEN	U/A	1:17:30	1:17:00	299	134	
336	346	162	ANDREW CHARLESWORTH	M	V40	MOSSLEY AFC RUNNING CLUB	1:17:31	1:17:16	300	50	3
337	337	507	ANDY LOWE	M	SEN	U/A	1:17:31	1:17:00	301	135	
338	338	1006	ANTHONY CHANG	M	V40	U/A	1:17:32	1:17:04	302	51	
339	343	484	KRISTIAN LEE	M	V40	RADCLIFFE AC	1:17:34	1:17:13	303	52	7
340	339	1016	DEREK COOP	M	V55	ASTLEY AND TYLDESELY RUNNERS	1:17:34	1:17:04	304	20	3
341	344	730	COLIN SHORE	M	V45	U/A	1:17:35	1:17:14	305	56	
342	332	1202	ALICE TAYLOR	F	SEN	MARPLE RUNNERS	1:17:39	1:16:52	37	24	1
343	347	44	TARJA BARNES	F	V45	WARRINGTON ROAD RUNNERS	1:17:40	1:17:16	38	6	2
344	341	798	MARK TURNER	M	V50	CHORLTON RUNNERS	1:17:43	1:17:10	306	35	11
345	340	491	JO LEWIS	M	SEN	DIDSBURY RUNNERS	1:17:43	1:17:05	307	136	2
346	315	1165	TOM POWELL	M	V40	U/A	1:17:52	1:16:27	308	53	
347	345	633	JAMES PATTISON	M	SEN	U/A	1:17:53	1:17:15	309	137	
348	353	278	JAMES CONRAD DAVIS FAIRFIELD	M	V45	EAST CHESHIRE HARRIERS	1:17:54	1:17:44	310	57	3
349	350	825	IAN WELCH	M	V55	U/A	1:17:58	1:17:34	311	21	

350	349	318	ANTONIA GONZALES-BAILEY	F	V45	STYAL RUNNING CLUB	1:18:02	1:17:29	39	7	1	
351	357	387	TONY HILLIER	M	V65+	GLOSSOPDALE HARRIERS	1:18:08	1:17:53		312	2	3
352	354	991	JOHN BOILEAU	M	SEN	DRAGONS RUNNING CLUB (SALE)	1:18:10	1:17:49		313	138	1
353	355	53	SHARON BARTLETT	F	V45	U/A	1:18:11	1:17:52	40		8	
354	356	1219	MICHAEL WALTON	M	V40	MACCLESFIELD HARRIERS & AC	1:18:15	1:17:53		314	54	9
355	359	1222	STEWART WAUDBY	M	V40	MACCLESFIELD HARRIERS & AC	1:18:20	1:17:58		315	55	10
356	324	37	RAZA BARKATALI	M	V40	U/A	1:18:22	1:16:38		316	56	
357	360	470	ALAN LAMB	M	V45	DRAGONS RUNNING CLUB (SALE)	1:18:25	1:17:58		317	58	2
358	361	938	RICHARD POWELL	M	V40	NORTH DERBYSHIRE RC	1:18:25	1:17:59		318	57	1
359	351	480	TOM LE CHENE JACKSON	M	V40	U/A	1:18:26	1:17:41		319	58	
360	362	537	DANNY MCCARRON	M	V55	CHORLTON RUNNERS	1:18:32	1:18:01		320	22	12
361	369	26	DAVE ASHCROFT	M	V55	WARRINGTON ROAD RUNNERS	1:18:33	1:18:18		321	23	4
362	352	677	JONATHAN REEH	M	SEN	U/A	1:18:35	1:17:43		322	139	
363	358	989	STEWART BLAIR	M	V40	U/A	1:18:38	1:17:56		323	59	
364	373	276	GAVIN EYQUEM	M	SEN	STOCKPORT HARRIERS	1:18:38	1:18:22		324	140	26
365	364	352	SADIA HAQ	F	SEN	CHORLTON RUNNERS	1:18:41	1:18:08	41		25	5
366	377	802	NEIL VICKERS	M	V55	U/A	1:18:43	1:18:25		325	24	
367	383	966	JOHN ARCHER	M	V65+	WINSTON RUNNERS	1:18:43	1:18:37		326	3	2
368	372	1088	MARTYN JONES	M	SEN	STOCKPORT TRI CLUB	1:18:43	1:18:22		327	141	5
369	374	957	ANDREW CAIRNS	M	V40	U/A	1:18:46	1:18:22		328	60	
370	376	121	STEPHEN BROWN	M	V45	STOCKPORT HARRIERS	1:18:49	1:18:24		329	59	27
371	379	1244	CATHERINE CROSSLEY	F	SEN	MACCLESFIELD HARRIERS & AC	1:18:52	1:18:30	42		26	3
372	371	952	PHILIP WATERHOUSE	M	SEN	CHORLTON RUNNERS	1:18:54	1:18:21		330	142	13
373	380	784	PAUL THOMPSON	M	V50	REDHILL ROAD RUNNERS	1:18:55	1:18:31		331	36	1
374	388	562	JOANNA MILES	F	V55	MACCLESFIELD HARRIERS & AC	1:18:58	1:18:42	43		1	4
375	382	513	JONATHAN MACKIE	M	V45	U/A	1:19:01	1:18:37		332	60	
376	365	539	NATHAN MCDONALD	M	SEN	U/A	1:19:03	1:18:09		333	143	
377	366	1201	KATA SZABO	F	V40	U/A	1:19:04	1:18:12	44		7	
378	378	612	PAUL OGDEN	M	V50	SERPENTINE	1:19:04	1:18:30		334	37	2
379	385	239	DANIEL DINSEY	M	SEN	MARLBOROUGH RUNNING CLUB	1:19:05	1:18:37		335	144	2
380	368	50	JAMIE BARRY	M	V45	U/A	1:19:06	1:18:17		336	61	
381	387	1122	LISA MCLEAN	F	SEN	SANDBACH STRIDERS	1:19:06	1:18:42	45		27	1
382	363	1167	THOMAS PRICE	M	SEN	U/A	1:19:08	1:18:06		337	145	
383	381	241	EUAN DOAK	M	V50	CHORLTON RUNNERS	1:19:09	1:18:34		338	38	14
384	370	756	THOMAS SOWERBY	M	SEN	U/A	1:19:12	1:18:19		339	146	
385	367	743	KEN SMITH	M	V60	RADCLIFFE AC	1:19:15	1:18:15		340	8	8
386	391	642	MELONY PENTREATH	F	V40	U/A	1:19:20	1:18:50	46		8	
387	375	398	KATE HOLDEN	F	V40	RADCLIFFE AC	1:19:20	1:18:23	47		9	2
388	384	1011	CHRISTIAN CLARKE	M	V55	U/A	1:19:21	1:18:37		341	25	
389	392	395	ALISON HOLBROOK	F	V45	TRAFFORD AC	1:19:21	1:18:58	48		9	1
390	397	495	SHARON LIVESEY	F	SEN	ROCHDALE TRI CLUB	1:19:24	1:19:08	49		28	1
391	389	1082	STEVE HUMPHRIES	M	V40	U/A	1:19:26	1:18:45		342	61	
392	394	193	SHAUN CORAM	M	V50	GOYT VALLEY STRIDERS	1:19:26	1:19:01		343	39	2
393	400	1240	TIM RICHARDSON	M	V45	ROCHDALE TRI CLUB	1:19:27	1:19:12		344	62	4
394	395	943	CAROLYN SHARP	F	SEN	U/A	1:19:28	1:19:02	50		29	
395	390	1079	ANDREW HORROCKS	M	V40	U/A	1:19:30	1:18:48		345	62	
396	393	1209	DAMIEN TOLAN	M	V40	BELLE VUE RACERS	1:19:30	1:19:01		346	63	4
397	398	107	REBECCA BRIMAGE	F	SEN	STOCKPORT HARRIERS	1:19:31	1:19:08	51		30	6
398	402	1091	JOHN KEATING	M	SEN	U/A	1:19:45	1:19:19		347	147	
399	386	772	NEIL SWAINSTON	M	V40	CHORLTON RUNNERS	1:19:46	1:18:41		348	64	15



400	423	1261	MACAULEY THOMAS PEDDER	M	SEN	U/A	1:19:48	1:19:48		349	148	
401	396	621	RICHARD OSBORNE	M	V50	HYDE VILLAGE STRIDERS	1:19:51	1:19:07		350	40	10
402	407	1238	SUSAN RANSOME	F	V60	PUDSEY PACERS	1:19:53	1:19:27	52		1	1
403	409	1235	JEREMY WOODHAM	M	V40	MARPLE RUNNERS	1:19:54	1:19:32		351	65	10
404	405	356	CARL HARRINGTON	M	V50	FRA	1:19:55	1:19:26		352	41	1
405	411	1237	GARY YATES	M	V50	U/A	1:20:00	1:19:34		353	42	
406	419	143	NOLA CALLADINE	F	V40	U/A	1:20:03	1:19:41	53		10	
407	404	619	CHRIS ORR	M	V45	U/A	1:20:04	1:19:23		354	63	
408	412	102	DOUGIE BRAMMER	M	V50	U/A	1:20:04	1:19:34		355	43	
409	418	390	ANNIE HIRSCH	F	V60	BELLE VUE RACERS	1:20:07	1:19:40	54		2	1
410	422	575	JULIE MOORE	F	V55	WARRINGTON ROAD RUNNERS	1:20:11	1:19:47	55		2	3
411	410	512	JOHN MACCARTHY	M	V45	U/A	1:20:11	1:19:32		356	64	
412	414	30	MARK ATKINSON	M	V50	CHORLTON RUNNERS	1:20:13	1:19:39		357	44	16
413	417	763	IAN STOREY	M	V40	ECCLESHILL ROAD RUNNERS	1:20:14	1:19:40		358	66	1
414	399	741	KIERAN SMALLBONE	M	SEN	GOYT VALLEY STRIDERS	1:20:15	1:19:10		359	149	3
415	401	1258	JAMES STEWART	M	SEN	DIDSBURY RUNNERS	1:20:16	1:19:17		360	150	3
416	408	1065	ANGIE HART	F	V40	OLDHAM & ROYTON HARRIERS	1:20:18	1:19:31	56		11	1
417	435	908	NICK HAM	M	V50	GLOSSOPDALE HARRIERS	1:20:21	1:20:13		361	45	4
418	403	871	JENNY YATES	F	V50	RADCLIFFE AC	1:20:23	1:19:22	57		3	3
419	415	126	DAVE BUCKLEY	M	V50	HYDE VILLAGE STRIDERS	1:20:24	1:19:39		362	46	11
420	425	144	ALEXANDER CALLAGHAN	M	SEN	U/A	1:20:25	1:19:53		363	151	
421	429	455	JOHN KENNEDY	M	V50	U/A	1:20:26	1:20:04		364	47	
422	420	1109	KATIE LOMAS	F	SEN	U/A	1:20:27	1:19:42	58		31	
423	421	708	PAUL RUTHERFORD	M	V50	SWINTON RUNNING CLUB	1:20:29	1:19:46		365	48	6
424	406	29	ANDREW ATKINSON	M	SEN	U/A	1:20:30	1:19:26		366	152	
425	424	1129	JENNY MORGAN	F	SEN	U/A	1:20:32	1:19:51	59		32	
426	426	1085	HELEN JEFFERY	F	SEN	CONGLETON HARRIERS	1:20:32	1:19:55	60		33	1
427	440	814	MIKE WALSH	M	V50	U/A	1:20:33	1:20:15		367	49	
428	433	721	CHRIS SEYMOUR	M	V45	STOCKPORT HARRIERS	1:20:36	1:20:10		368	65	28
429	432	450	DAVE KEEN	M	SEN	U/A	1:20:45	1:20:09		369	153	
430	441	1072	MADELEINE HILL	F	V40	DRAGONS RUNNING CLUB (SALE)	1:20:45	1:20:19	61		12	2
431	427	783	JOHN THOMPSON	M	V40	STOCKPORT HARRIERS	1:20:46	1:20:00		370	67	29
432	436	800	VENETTA UYE	F	SEN	CHORLTON RUNNERS	1:20:46	1:20:13	62		34	6
433	413	388	KAREN HILTON	F	V50	U/A	1:20:47	1:19:37	63		4	
434	434	1113	MARK LYNCH	M	V45	MARPLE RUNNERS	1:20:48	1:20:12		371	66	11
435	439	1196	GEOFF SPENCER	M	SEN	FRA	1:20:49	1:20:14		372	154	2
436	416	1094	KIM KELLY	F	SEN	U/A	1:20:49	1:19:40	64		35	
437	428	438	TIM JORGENSSON	M	V50	U/A	1:20:53	1:20:03		373	50	
438	443	1042	DAVID ELSTINS	M	SEN	CHORLTON RUNNERS	1:20:53	1:20:24		374	155	17
439	430	324	ANDREW GRAHAM	M	V40	U/A	1:20:53	1:20:04		375	68	
440	448	972	DEREK ATHERTON	M	V60	OLDHAM & ROYTON HARRIERS	1:20:57	1:20:30		376	9	3
441	438	1119	ELIZABETH MASON	F	V50	HYDE VILLAGE STRIDERS	1:20:58	1:20:13	65		5	1
442	452	1050	NIAMH GILL	F	SEN	CHORLTON RUNNERS	1:21:01	1:20:41	66		36	7
443	442	1182	SOPHIE SEINGIER	F	V45	STOCKPORT HARRIERS	1:21:01	1:20:20	67		10	7
444	444	142	HANNAH CALDERWOOD	F	SEN	U/A	1:21:09	1:20:24	68		37	
445	447	313	NICO GIBERT	M	V40	MANCHESTER FRONTRUNNERS	1:21:16	1:20:27		377	69	6
446	445	650	SIMON PLUNKETT	M	SEN	U/A	1:21:17	1:20:24		378	156	
447	446	933	TONI NAVARRO	M	SEN	U/A	1:21:17	1:20:25		379	157	
448	437	94	GARRY BOWER	M	V45	ROYTON ROAD RUNNERS	1:21:18	1:20:13		380	67	5
449	449	622	GARETH OWEN	M	V45	FETCH EVERYONE	1:21:19	1:20:30		381	68	1

450	461	357	PAUL HARRINGTON	M	V50	FRA	1:21:22	1:21:04	382	51	3
451	451	1152	DAVID PEART	M	V50	HYDE VILLAGE STRIDERS	1:21:22	1:20:36	383	52	12
452	456	1150	DAVID PARISH	M	V50	U/A	1:21:25	1:20:48	384	53	
453	464	990	LIAM BOARDMAN	M	SEN	WIDNES RUNNING CLUB	1:21:29	1:21:09	385	158	2
454	466	325	PATRICK GRANNAN	M	V65+	WILMSLOW RC	1:21:29	1:21:12	386	4	4
455	457	98	CARL BRADDOCK	M	V50	DAVENPORT RUNNERS	1:21:29	1:20:51	387	54	2
456	455	761	KATRINA STEPHENS	F	SEN	MARPLE RUNNERS	1:21:34	1:20:47	69	38	2
457	453	570	PAUL MINTON	M	SEN	START2JOG	1:21:35	1:20:43	388	159	1
458	463	45	GLENN BARNETT	M	V45	NORTH WALES ROAD RUNNERS	1:21:37	1:21:08	389	69	1
459	484	19	JAMES ARGYLE	M	V40	U/A	1:21:53	1:21:36	390	70	
460	481	303	DAVID FRENCH	M	V45	MARPLE RUNNERS	1:21:53	1:21:31	391	70	12
461	458	960	NATASHA AL-EGAILY	F	V40	U/A	1:21:54	1:20:59	70	13	
462	462	1208	SAN TO	F	V45	U/A	1:21:55	1:21:08	71	11	
463	471	683	WAYNE RICHARDS	M	V50	FYLDE COAST RUNNERS	1:21:58	1:21:19	392	55	1
464	454	1073	SHAUN HINCHY	M	V45	U/A	1:21:59	1:20:46	393	71	
465	460	1052	SEAN GLAISTER	M	V50	CHORLTON RUNNERS	1:22:01	1:21:02	394	56	18
466	459	112	DAVID BROTHERHOOD	M	SEN	U/A	1:22:01	1:21:01	395	160	
467	489	335	NICK GRIFFITHS	M	V50	U/A	1:22:03	1:21:47	396	57	
468	468	796	MADDY TURNBULL	F	V40	MARPLE RUNNERS	1:22:04	1:21:17	72	14	3
469	475	76	DAVID BIBBY	M	V50	DRAGONS RUNNING CLUB (SALE)	1:22:04	1:21:25	397	58	3
470	469	1161	CLAIRE PITCHER	F	SEN	HYDE VILLAGE STRIDERS	1:22:05	1:21:18	73	39	2
471	479	1048	DAVID FUREY	M	V40	U/A	1:22:07	1:21:30	398	71	
472	485	452	DENIS KELLY	M	V50	MANCHESTER HARRIERS & AC	1:22:09	1:21:39	399	59	3
473	488	747	ROSS SMITH	M	V55	U/A	1:22:10	1:21:46	400	26	
474	477	55	NADHIM BAYATTI	M	V40	BRAMHALL RUNNERS	1:22:10	1:21:29	401	72	9
475	498	494	STEVE LITTLE	M	V40	U/A	1:22:12	1:22:12	402	73	
476	470	859	MIKE WINTERBURN	M	V45	ROCHDALE TRI CLUB	1:22:12	1:21:18	403	72	5
477	483	1243	JACQUI EVANS	F	SEN	DAVENPORT RUNNERS	1:22:14	1:21:35	74	40	1
478	478	122	LIAM BROWNE	M	V50	BUXTON AC	1:22:15	1:21:29	404	60	1
479	473	858	DIANE WINTERBURN	F	V50	ROCHDALE HARRIERS	1:22:17	1:21:23	75	6	1
480	474	47	PAUL BARNETT	M	V50	U/A	1:22:17	1:21:25	405	61	
481	487	419	PHIL JACKSON	M	V40	U/A	1:22:18	1:21:39	406	74	
482	492	159	BARRY CHADWICK	M	V50	STOCKPORT HARRIERS	1:22:18	1:21:56	407	62	30
483	486	155	GEMMA CAUDWELL	F	SEN	U/A	1:22:20	1:21:39	76	41	
484	467	196	BERNARD CORFE	M	V50	U/A	1:22:21	1:21:15	408	63	
485	480	125	ANDREA BUCKINGHAM	F	V50	BRAMHALL RUNNERS	1:22:21	1:21:31	77	7	1
486	482	186	FIONA COOKE	F	V50	STOCKPORT HARRIERS	1:22:21	1:21:32	78	8	8
487	465	891	ANGUS CLEARY	M	V45	U/A	1:22:25	1:21:12	409	73	
488	472	133	ANDREW BUTLER	M	V40	U/A	1:22:26	1:21:22	410	75	
489	494	412	DAVID HUNTER	M	V45	U/A	1:22:30	1:21:59	411	74	
490	496	154	MARTYN CATLOW	M	V45	U/A	1:22:30	1:22:06	412	75	
491	490	372	CLAIRE HEBBLETHWAITE	F	V40	KNUTSFORD TRI CLUB	1:22:32	1:21:47	79	15	1
492	476	711	KAREN SANGSTER	F	SEN	U/A	1:22:32	1:21:25	80	42	
493	495	953	PHIL WILCOXON	M	V55	BELLE VUE RACERS	1:22:34	1:22:04	413	27	5
494	431	182	PAUL CONNER	M	SEN	MARPLE RUNNERS	1:22:35	1:20:08	414	161	13
495	497	363	CAROL HATCH	F	V55	U/A	1:22:36	1:22:11	81	3	
496	500	790	HELEN TODD	F	V60	STOCKPORT HARRIERS	1:22:40	1:22:13	82	3	9
497	506	34	DALE BAKER	M	SEN	U/A	1:22:43	1:22:26	415	162	
498	493	1111	ANNE MARIE LORD	F	V50	OLDHAM & ROYTON HARRIERS	1:22:45	1:21:58	83	9	2
499	507	175	RACHEL COLLEY	F	SEN	U/A	1:22:47	1:22:26	84	43	

500	509	1112	GONCALO LOUREIRO	M	SEN	U/A	1:22:49	1:22:34	416	163	
501	502	95	IAN BOWKER	M	V45	U/A	1:22:51	1:22:20	417	76	
502	499	1153	JULIE-ANN PEART	F	SEN	U/A	1:22:57	1:22:12	85	44	
503	501	1064	SIMON HARROP	M	V55	U/A	1:23:01	1:22:18	418	28	
504	505	610	PATRICK O'BRIEN	M	V60	BELLE VUE RACERS	1:23:04	1:22:26	419	10	6
505	491	1054	GILL GLOVER	F	V45	WARRINGTON RUNNING CLUB	1:23:05	1:21:56	86	12	1
506	504	817	TIM WALSHAM	M	V45	U/A	1:23:10	1:22:22	420	77	
507	503	1200	GARETH SWIFT	M	SEN	U/A	1:23:12	1:22:21	421	164	
508	513	954	ANNMARIE WILLIAMS	F	V45	PENNY LANE STRIDERS	1:23:15	1:22:49	87	13	1
509	527	827	GEORGINA WESTON	F	SEN	NOTTS AC	1:23:19	1:23:12	88	45	1
510	508	1148	ALINE PALLOURE	F	V45	U/A	1:23:21	1:22:33	89	14	
511	517	226	PAUL DEARDEN	M	SEN	U/A	1:23:26	1:22:54	422	165	
512	510	1038	FIONA DYSON	F	V50	U/A	1:23:28	1:22:41	90	10	
513	524	737	PETE SINCLAIR	M	V55	STOCKPORT HARRIERS	1:23:29	1:23:07	423	29	31
514	515	947	NICKI SULLIVAN	F	V40	SWINTON RUNNING CLUB	1:23:30	1:22:53	91	16	3
515	516	899	GEORGE FIELDING	M	V60	SWINTON RUNNING CLUB	1:23:30	1:22:54	424	11	7
516	519	1195	AIDEN SPENCER	M	V40	CHORLTON RUNNERS	1:23:33	1:22:58	425	76	19
517	520	894	DARYN COX	M	V40	STOCKPORT HARRIERS	1:23:36	1:23:00	426	77	32
518	523	921	PAUL KAIN	M	V45	CHORLTON RUNNERS	1:23:40	1:23:06	427	78	20
519	521	493	ROB LINDSAY	M	V45	U/A	1:23:46	1:23:03	428	79	
520	512	636	CHRIS PEACHEY	M	V50	CHORLTON RUNNERS	1:23:46	1:22:47	429	64	21
521	528	589	PAUL MULDOON	M	SEN	WINSTON RUNNERS	1:23:47	1:23:14	430	166	3
522	522	15	AMANDA ANDERSON-HOLTON	F	V40	KNUTSFORD TRI CLUB	1:23:48	1:23:04	92	17	2
523	511	80	LEE BIRMINGHAM	M	V45	MOSSLEY AFC RUNNING CLUB	1:23:55	1:22:44	431	80	4
524	536	638	RACHAEL PEERS	F	SEN	WILMSLOW RC	1:23:55	1:23:30	93	46	1
525	535	503	MALCOLM LONGMATE	M	V65+	U/A	1:23:55	1:23:30	432	5	
526	529	665	HEIDI QUIGLEY	F	SEN	U/A	1:23:56	1:23:16	94	47	
527	518	224	GREG D'CRU	M	SEN	U/A	1:23:59	1:22:54	433	167	
528	530	1093	MARK KEENAN	M	SEN	U/A	1:24:01	1:23:21	434	168	
529	514	660	JOANNE PRENDERGAST	F	V40	U/A	1:24:05	1:22:51	95	18	
530	525	754	TONY SOUTHWORTH	M	V50	CHORLTON RUNNERS	1:24:08	1:23:09	435	65	22
531	540	707	GARETH RUSTIGINI	M	SEN	CHORLTON RUNNERS	1:24:13	1:23:39	436	169	23
532	532	1123	AILBHE MCMULLIN	F	SEN	MANCHESTER TRIATHLON CLUB	1:24:16	1:23:22	96	48	1
533	542	227	JAMES DEIGHTON	M	V40	MARPLE RUNNERS	1:24:19	1:23:42	437	78	14
534	538	531	TONY MATHER	M	V50	U/A	1:24:23	1:23:33	438	66	
535	545	768	SARAH STUTCHFIELD	F	V40	MARPLE RUNNERS	1:24:23	1:23:47	97	19	4
536	541	1168	JONATHON QUINN	M	SEN	U/A	1:24:24	1:23:40	439	170	
537	533	804	MYRIAM VRIEND	F	SEN	U/A	1:24:25	1:23:26	98	49	
538	531	974	MIKE ATKINSON	M	V55	ROCHDALE TRI CLUB	1:24:25	1:23:21	440	30	6
539	547	14	JOHN ANDERS	M	V40	U/A	1:24:29	1:23:55	441	79	
540	543	167	MICHAEL CLARK	M	SEN	STOCKPORT TRI CLUB	1:24:36	1:23:43	442	171	6
541	539	888	CHARLOTTE CAMERON	F	SEN	CHORLTON RUNNERS	1:24:36	1:23:34	99	50	8
542	544	765	LUCY STUART	F	SEN	U/A	1:24:37	1:23:44	100	51	
543	537	904	CHRIS GLEDHILL	M	V45	U/A	1:24:40	1:23:32	443	81	
544	534	127	EMMA BUCKLEY	F	SEN	WIDNES RUNNING CLUB	1:24:45	1:23:27	101	52	1
545	551	78	RACHEL BILLINGTON	F	SEN	SWINTON RUNNING CLUB	1:24:50	1:24:13	102	53	4
546	546	841	CHLOE WILKINSON	F	SEN	U/A	1:24:51	1:23:52	103	54	
547	554	441	MICHAEL KANE	M	V45	U/A	1:24:57	1:24:32	444	82	
548	526	250	KATE DOYLE	M	SEN	U/A	1:24:59	1:23:09	445	172	
549	549	628	SHEILA PARKER	F	V60	U/A	1:25:00	1:24:00	104	4	

550	548	880	ANDY BERKLEY	M	V45	MIDDLETON HARRIERS	1:25:09	1:23:59	446	83	2
551	553	1172	JULIA REYNOLDS	F	V45	U/A	1:25:12	1:24:27	105	15	
552	566	620	JANINE ORTON	F	SEN	U/A	1:25:15	1:24:47	106	55	
553	552	545	ADAM MCINALLY	M	V40	U/A	1:25:22	1:24:27	447	80	
554	550	404	KATE HOWKINS	F	V40	U/A	1:25:24	1:24:06	107	20	
555	558	191	BILLY COOPER	M	V45	MANCHESTER FRONTRUNNERS	1:25:28	1:24:35	448	84	7
556	570	573	ROB MONK	M	V60	U/A	1:25:29	1:24:51	449	12	
557	560	753	ROBERT SOAMES	M	V40	CONGLETON HARRIERS	1:25:31	1:24:36	450	81	1
558	571	288	ALASTAIR FIELDING	M	SEN	U/A	1:25:32	1:24:54	451	173	
559	556	615	JANE O'HARA	F	V45	STOCKPORT HARRIERS	1:25:32	1:24:33	108	16	10
560	562	212	PENELOPE CUMMINGS	F	V40	HERNE HILL HARRIERS	1:25:34	1:24:39	109	21	1
561	576	983	JAMES BENNETT	M	SEN	U/A	1:25:35	1:25:04	452	174	
562	564	716	JENNIFER SCOTT	F	SEN	U/A	1:25:36	1:24:41	110	56	
563	557	272	BRIAN EVANS	M	V65+	U/A	1:25:36	1:24:34	453	6	
564	569	478	KATHARINE LAY	F	V45	DRAGONS RUNNING CLUB (SALE)	1:25:38	1:24:50	111	17	3
565	561	462	ABI KNIGHT	F	SEN	BRAMHALL RUNNERS	1:25:40	1:24:37	112	57	2
566	579	896	SEAN CROWLEY	M	SEN	U/A	1:25:42	1:25:14	454	175	
567	568	1076	TERESA HOLLINS	F	V60	MIDDLETON HARRIERS	1:25:46	1:24:49	113	5	1
568	567	24	GRAEME ARROWSMITH	M	V40	U/A	1:25:47	1:24:49	455	82	
569	573	1096	PETER KERECSENYI	M	V40	U/A	1:25:48	1:24:57	456	83	
570	559	1004	JENNY CASTLE	F	V40	SWINTON RUNNING CLUB	1:25:51	1:24:36	114	22	5
571	572	436	SHEILA JONES	F	V60	RADCLIFFE AC	1:25:55	1:24:55	115	6	4
572	574	1214	PETER VINCE	M	V50	MACCLESFIELD HARRIERS & AC	1:25:56	1:24:58	457	67	11
573	577	1120	GED MCCARTHY	M	V60	U/A	1:25:56	1:25:06	458	13	
574	555	10	SARMID AL-KAMIL	M	V50	BRAMHALL RUNNERS	1:26:00	1:24:32	459	68	10
575	587	317	MARK GODDEN	M	V60	MACCLESFIELD HARRIERS & AC	1:26:00	1:25:37	460	14	12
576	565	235	DAVID DICKINSON	M	SEN	U/A	1:26:04	1:24:47	461	176	
577	588	1023	PAUL CROWE	M	SEN	MANCHESTER FRONTRUNNERS	1:26:08	1:25:38	462	177	8
578	585	709	RICK SANCHEZ	M	SEN	U/A	1:26:08	1:25:31	463	178	
579	580	605	JOHN NOLAN	M	V45	U/A	1:26:12	1:25:23	464	85	
580	584	310	DONNA GARDNER	F	SEN	OLDHAM & ROYTON HARRIERS	1:26:15	1:25:28	116	58	3
581	563	1070	RONAN HICKEY	M	SEN	U/A	1:26:15	1:24:40	465	179	
582	578	469	SIMON LAKE	M	V60	ROYTON ROAD RUNNERS	1:26:18	1:25:09	466	15	6
583	596	850	MICHAEL WILLOUGHBY	M	V45	U/A	1:26:21	1:25:53	467	86	
584	583	1186	JEN SHERSTONE	F	V40	U/A	1:26:21	1:25:28	117	23	
585	581	726	DAVE SHAW	M	V45	U/A	1:26:23	1:25:26	468	87	
586	582	727	RUTH SHAW	F	SEN	MANCHESTER HARRIERS & AC	1:26:24	1:25:27	118	59	1
587	575	1143	ALEX ORANGE	M	SEN	U/A	1:26:26	1:25:00	469	180	
588	600	1045	NEIL FINNIE	M	V45	U/A	1:26:28	1:25:59	470	88	
589	607	381	RICHARD HEYES	M	SEN	BRAMHALL RUNNERS	1:26:31	1:26:06	471	181	11
590	603	1059	JONATHAN GUY	M	SEN	U/A	1:26:33	1:26:02	472	182	
591	594	41	KATY BARNES	F	SEN	MACCLESFIELD HARRIERS & AC	1:26:35	1:25:52	119	60	5
592	598	93	LOUISE BOWDEN	F	V40	RADCLIFFE AC	1:26:36	1:25:56	120	24	5
593	591	467	JENNY KOVACS	F	V45	U/A	1:26:37	1:25:44	121	18	
594	590	1241	CHRIS BENT	M	SEN	U/A	1:26:39	1:25:43	473	183	
595	586	868	MARTIN WRIGHT	M	SEN	U/A	1:26:40	1:25:33	474	184	
596	593	6	NJIDEKA AGWUNA	F	V45	PENNY LANE STRIDERS	1:26:42	1:25:51	122	19	2
597	604	617	KATE OLIVIER	F	SEN	U/A	1:26:44	1:26:03	123	61	
598	592	629	ROB PARKIN	M	V45	CONGLETON HARRIERS	1:26:45	1:25:50	475	89	2
599	589	135	GAVIN BUTLER	M	V50	U/A	1:26:46	1:25:42	476	69	

600	610	402	KATH HORWILL	F	V40	BELLE VUE RACERS	1:26:51	1:26:24	124	25	2
601	601	1092	MATEUSZ KEDRA	M	SEN	U/A	1:26:52	1:26:00	477	185	
602	599	206	STEPHEN CROSS	M	V50	MARPLE RUNNERS	1:26:55	1:25:59	478	70	15
603	595	378	PAUL HERITAGE	M	V65+	U/A	1:26:58	1:25:53	479	7	
604	606	81	TRACEY BLANCHARD	F	V40	U/A	1:26:58	1:26:05	125	26	
605	597	264	TOM ELCOCK	M	SEN	U/A	1:27:03	1:25:55	480	186	
606	613	1246	JANINE HIGSON	F	V45	U/A	1:27:03	1:26:28	126	20	
607	605	748	SANDRA SMITH	F	V45	U/A	1:27:05	1:26:04	127	21	
608	609	976	EFFI BAETZNER	F	SEN	U/A	1:27:12	1:26:14	128	62	
609	602	337	MIKE GRIMSHAW	M	V45	ROCHDALE TRI CLUB	1:27:13	1:26:02	481	90	7
610	622	1236	ADAM WRIGHT	M	SEN	U/A	1:27:17	1:26:48	482	187	
611	620	1175	NICHOLAS ROBERTS	M	V50	STOCKPORT HARRIERS	1:27:20	1:26:41	483	71	33
612	614	289	CLARE FINCH	F	SEN	BRAMHALL RUNNERS	1:27:22	1:26:31	129	63	3
613	617	461	SCOTT KITTERIDGE	M	SEN	BRAMHALL RUNNERS	1:27:24	1:26:39	484	188	12
614	623	994	JOHN BOWN	M	V50	U/A	1:27:26	1:26:49	485	72	
615	611	496	MICHAEL LIVINGSTONE	M	V55	U/A	1:27:27	1:26:24	486	31	
616	630	403	MATTHEW HOWARD	M	SEN	U/A	1:27:28	1:27:03	487	189	
617	625	544	MARK MCGREGOR	M	SEN	U/A	1:27:33	1:26:54	488	190	
618	615	1020	ALEX CROPPER	M	V50	U/A	1:27:34	1:26:38	489	73	
619	616	1021	CHANTEL CROPPER	F	V45	U/A	1:27:34	1:26:38	130	22	
620	635	274	LEAH EVANS	F	SEN	BELLE VUE RACERS	1:27:35	1:27:08	131	64	3
621	619	563	JOHN MILLACHIP	M	V45	U/A	1:27:35	1:26:41	490	91	
622	608	255	HARRY DUTSON	M	V65+	U/A	1:27:37	1:26:06	491	8	
623	612	194	EDDIE CORCORAN	M	V45	U/A	1:27:40	1:26:27	492	92	
624	621	508	JULIE LUCKMAN	F	V50	U/A	1:27:44	1:26:47	132	11	
625	651	59	GEOFFREY BEATTIE	M	V65+	SALE HARRIERS MANCHESTER	1:27:47	1:27:35	493	9	8
626	633	988	STUART BLACKMORE	M	V40	U/A	1:27:47	1:27:07	494	84	
627	638	568	CAROLE MILNES	F	V55	U/A	1:27:47	1:27:16	133	4	
628	644	201	GARY COXON	M	V60	EAST CHESHIRE HARRIERS	1:27:51	1:27:24	495	16	4
629	645	517	NICHOLAS MAINDS	M	SEN	U/A	1:27:52	1:27:24	496	191	
630	636	183	JOSEPH CONNOR	M	SEN	BRAMHALL RUNNERS	1:27:53	1:27:10	497	192	13
631	647	190	NEIL COOKE	M	V55	U/A	1:27:55	1:27:29	498	32	
632	618	547	HUGH MCKENNA	M	V65+	ALTRINCHAM & DISTRICT AC	1:27:55	1:26:40	499	10	4
633	642	1034	MARK DONNELLY	M	SEN	CHORLTON RUNNERS	1:27:56	1:27:22	500	193	24
634	624	1080	GARETH HUGHES	M	SEN	U/A	1:27:58	1:26:51	501	194	
635	626	130	JANE BURSTON	F	SEN	U/A	1:28:01	1:27:02	134	65	
636	627	916	TOM HOLDEN	M	SEN	U/A	1:28:01	1:27:02	502	195	
637	646	453	MIKE KELLY	M	V45	MARPLE RUNNERS	1:28:02	1:27:26	503	93	16
638	650	229	CRAIG DENNEN	M	V45	WIDNES RUNNING CLUB	1:28:04	1:27:32	504	94	3
639	629	27	ANNA ASHTON	F	V55	MARPLE RUNNERS	1:28:04	1:27:03	135	5	5
640	641	750	PAUL SMITHAM	M	V50	U/A	1:28:05	1:27:21	505	74	
641	648	202	DAVID CRACKNELL	M	SEN	MARPLE RUNNERS	1:28:07	1:27:30	506	196	17
642	628	535	LAURA MCBRIDE	F	SEN	READING JOGGERS	1:28:09	1:27:02	136	66	1
643	652	279	GLENN FAIRHALL	M	V40	U/A	1:28:14	1:27:39	507	85	
644	640	477	ADAM LAWSON	M	SEN	U/A	1:28:15	1:27:19	508	197	
645	659	809	RICHARD WALKER	M	V45	U/A	1:28:18	1:27:54	509	95	
646	639	1178	PAUL SABIN	M	V55	U/A	1:28:18	1:27:18	510	33	
647	631	178	STEPHEN COLLIER	M	SEN	U/A	1:28:23	1:27:05	511	198	
648	658	485	LISA LEE	F	SEN	WIDNES RUNNING CLUB	1:28:23	1:27:53	137	67	2
649	634	1121	DUNCAN MCDERMOTT	M	V55	U/A	1:28:24	1:27:07	512	34	

650	653	418	PETER JACKSON	M	V65+	U/A	1:28:27	1:27:41	513	11	
651	643	1134	BETH-LOUISE NEWTON	F	SEN	U/A	1:28:30	1:27:23	138	68	
652	637	713	MICHELE SAYCELL	F	V40	U/A	1:28:32	1:27:14	139	27	
653	632	556	ROB MERRELL	M	V40	U/A	1:28:34	1:27:06	514	86	
654	656	165	JOHN CLARK	M	V45	U/A	1:28:37	1:27:53	515	96	
655	657	807	CHRIS WALKER	M	V55	U/A	1:28:39	1:27:53	516	35	
656	655	758	LAURA STANLEY	F	SEN	U/A	1:28:45	1:27:48	140	69	
657	663	361	NIGEL HARRISON	M	V50	STOCKPORT TRI CLUB	1:28:48	1:28:07	517	75	7
658	662	359	LOUISE HARRISON	F	V45	STOCKPORT TRI CLUB	1:28:48	1:28:07	141	23	1
659	666	516	SIMEON MAGGIONI	M	SEN	U/A	1:28:52	1:28:16	518	199	
660	665	383	NAOMI HIGH	F	SEN	U/A	1:28:55	1:28:15	142	70	
661	654	1105	NICK LEESE	M	SEN	U/A	1:28:57	1:27:47	519	200	
662	660	153	KAREN CARTERF	F	V45	ROCHDALE TRI CLUB	1:29:00	1:27:56	143	24	2
663	649	691	CLAUDIA ROBLES MORSE	F	SEN	MANCHESTER TRIATHLON CLUB	1:29:06	1:27:32	144	71	2
664	667	115	HANNAH BROWN	F	SEN	DIDSBURY RUNNERS	1:29:07	1:28:19	145	72	2
665	678	719	MICHAEL SEITLER	M	V50	PRESTWICH AC	1:29:08	1:28:47	520	76	5
666	672	268	TONY ELSTON	M	V55	U/A	1:29:12	1:28:21	521	36	
667	664	715	JIM SCHOFIELD	M	V50	U/A	1:29:14	1:28:08	522	77	
668	683	409	IAN HUMPHREYS	M	V50	U/A	1:29:18	1:28:52	523	78	
669	668	591	CAROLINE MULLINEAUX	F	V40	RADCLIFFE AC	1:29:20	1:28:19	146	28	6
670	661	835	MARK WHITFIELD	M	V40	ALTRINCHAM & DISTRICT AC	1:29:21	1:28:05	524	87	5
671	675	797	ANDY TURNER	M	V45	BRAMHALL RUNNERS	1:29:22	1:28:39	525	97	14
672	684	232	RACHEL DEVLIN	F	SEN	CHORLTON RUNNERS	1:29:22	1:28:53	147	73	9
673	671	209	SIMON CROSSLEY	M	SEN	CHORLTON RUNNERS	1:29:22	1:28:20	526	201	25
674	670	208	RACHAEL CROSSLEY	F	SEN	CHORLTON RUNNERS	1:29:22	1:28:20	148	74	10
675	680	978	NIGEL BARRATT	M	V55	BRAMHALL RUNNERS	1:29:24	1:28:48	527	37	15
676	676	586	MICHALA MORTON	F	V40	U/A	1:29:27	1:28:40	149	29	
677	669	1166	PETE PRICE	M	V45	KNUTSFORD TRI CLUB	1:29:30	1:28:20	528	98	1
678	673	724	PARV SHARMA	M	V40	U/A	1:29:32	1:28:23	529	88	
679	679	803	JULIE VIRGIN	F	V45	MANCHESTER FRONTRUNNERS	1:29:39	1:28:47	150	25	3
680	682	169	HEATHER CLARKSON	F	SEN	MANCHESTER FRONTRUNNERS	1:29:39	1:28:49	151	75	4
681	674	849	MAT WILLIS	M	SEN	U/A	1:29:41	1:28:35	530	202	
682	677	664	ISABELLE QAMAR	F	V45	U/A	1:29:46	1:28:46	152	26	
683	691	729	ANDREW SHIRRES	M	SEN	STOCKPORT HARRIERS	1:29:48	1:29:13	531	203	34
684	450	595	DAVE MURRAY	M	SEN	CHORLTON RUNNERS	1:29:53	1:20:32	532	204	26
685	681	1177	JOEL RONGONG	M	SEN	U/A	1:29:55	1:28:49	533	205	
686	694	89	MICHAEL BOOTH	M	V45	STOCKPORT HARRIERS	1:30:01	1:29:34	534	99	35
687	686	132	SALLY BUSH	F	V40	U/A	1:30:04	1:28:55	153	30	
688	685	543	TIM MCFARLANE	M	V45	CHORLTON RUNNERS	1:30:06	1:28:54	535	100	27
689	692	379	MARK HETHERINGTON	M	V40	U/A	1:30:09	1:29:17	536	89	
690	689	1107	TOBIN LOCHRIE	M	SEN	CHORLTON RUNNERS	1:30:12	1:29:06	537	206	28
691	687	950	LOUISE THOMSON	F	SEN	U/A	1:30:13	1:29:01	154	76	
692	688	775	CHARLIE TAKTAK	F	SEN	U/A	1:30:19	1:29:05	155	77	
693	693	1022	HANNAH CROSS-PHILLIPSON	F	SEN	U/A	1:30:26	1:29:22	156	78	
694	696	62	DEE BECKETT	F	SEN	BRAMHALL RUNNERS	1:30:33	1:29:43	157	79	4
695	695	63	PAUL BECKETT	M	V50	BRAMHALL RUNNERS	1:30:33	1:29:43	538	79	16
696	690	542	JONNA MCFADDEN	F	V40	VEGAN RUNNERS	1:30:33	1:29:09	158	31	1
697	698	574	EMMA MOONEY	F	SEN	MARPLE RUNNERS	1:30:47	1:29:52	159	80	6
698	697	247	PATRICK DONOHOE	M	V50	ROCHDALE TRI CLUB	1:31:01	1:29:47	539	80	8
699	699	637	LEE PEARSON	M	V50	U/A	1:31:01	1:29:55	540	81	

700	700	497	REBEKAH LIVSEY	F	SEN	U/A	1:31:04	1:29:57	160	81		
701	703	22	PAUL ARMITAGE	M	V55	STAINLAND LIONS	1:31:12	1:30:17		541	38	1
702	704	394	ANDREW HODSON	M	V45	MARPLE RUNNERS	1:31:19	1:30:17		542	101	18
703	702	67	LINDSAY BENNISON	F	V50	U/A	1:31:19	1:30:16	161		12	
704	705	845	SUSANNAH WILLIAMS	F	SEN	MARPLE RUNNERS	1:31:23	1:30:20	162		82	7
705	712	564	JAMES MILLS	M	SEN	DAVENPORT RUNNERS	1:31:24	1:30:39		543	207	3
706	708	1077	ALISON HOLT	F	V50	GLOSSOPDALE HARRIERS	1:31:28	1:30:31	163		13	1
707	707	1128	JAYNE MORETON	F	V50	GLOSSOPDALE HARRIERS	1:31:32	1:30:27	164		14	2
708	709	534	NICOLA MCAVOY	F	SEN	U/A	1:31:35	1:30:32	165		83	
709	701	821	DAVID WATERHOUSE	M	V60	STOCKPORT HARRIERS	1:31:37	1:30:01		544	17	36
710	718	101	LAURA BRADY	F	SEN	U/A	1:31:38	1:30:56	166		84	
711	711	993	COLIN BOWEN	M	V60	U/A	1:31:39	1:30:34		545	18	
712	720	221	RUTH DAWSON	F	V40	U/A	1:31:40	1:31:08	167		32	
713	706	291	ALISON FITTON	F	V50	U/A	1:31:41	1:30:22	168		15	
714	714	1117	GARY MARSHALL	M	SEN	ROYTON ROAD RUNNERS	1:31:45	1:30:41		546	208	7
715	719	68	RACHAEL BENSON	F	V50	BRAMHALL RUNNERS	1:31:48	1:30:58	169		16	5
716	710	1197	CHRISTOPHET STANHOPE	M	V50	ECCLESHILL ROAD RUNNERS	1:31:56	1:30:32		547	82	2
717	721	857	RICK WILSON	M	V45	U/A	1:31:58	1:31:16		548	102	
718	715	299	DAVE FOWLER	M	SEN	U/A	1:31:58	1:30:41		549	209	
719	713	300	STEVE FOWLER	M	V55	U/A	1:31:58	1:30:41		550	39	
720	716	382	STEVEN HIGGINSON	M	SEN	STOCKPORT HARRIERS	1:31:58	1:30:42		551	210	37
721	726	1187	STEWART SHIMBERG	M	V40	U/A	1:32:07	1:31:23		552	90	
722	743	1116	ROB MARSDEN	M	SEN	ROYTON ROAD RUNNERS	1:32:08	1:31:54		553	211	8
723	722	559	KIMBERLEY MIDDLETON	F	SEN	U/A	1:32:10	1:31:17	170		85	
724	729	377	DIANE HENNIGAN	F	V45	PENNY LANE STRIDERS	1:32:14	1:31:26	171		27	3
725	728	445	ESTHER KAVANAGH DIXON	F	SEN	STOCKPORT HARRIERS	1:32:16	1:31:25	172		86	11
726	732	1162	NEIL PLEASANT	M	V40	OLDHAM & ROYTON HARRIERS	1:32:17	1:31:30		554	91	4
727	733	66	RANJIT BENNETT	M	V45	SALE HARRIERS MANCHESTER	1:32:21	1:31:34		555	103	9
728	738	459	STEVEN KINSELLA	M	V40	DAVENPORT RUNNERS	1:32:24	1:31:42		556	92	4
729	717	1192	ANDREW SMITH	M	V45	ROCHDALE TRI CLUB	1:32:27	1:30:50		557	104	9
730	727	475	SUSANNA LARMINIE	F	SEN	CHORLTON RUNNERS	1:32:27	1:31:24	173		87	11
731	731	749	TOBY SMITH	M	V45	MARPLE RUNNERS	1:32:31	1:31:30		558	105	19
732	724	1103	KATIE LEACH	F	SEN	U/A	1:32:33	1:31:22	174		88	
733	725	1194	KATE SOMMA	F	V40	U/A	1:32:34	1:31:23	175		33	
734	736	282	LINDSEY FARRELLY	F	V40	MANCHESTER HARRIERS & AC	1:32:35	1:31:39	176		34	2
735	734	1074	GARETH HINE	M	SEN	U/A	1:32:38	1:31:35		559	212	
736	737	204	SUZI CRANE	F	SEN	CHORLTON RUNNERS	1:32:43	1:31:40	177		89	12
737	747	599	SARAH MYERS	F	V40	ECCLESHILL ROAD RUNNERS	1:32:43	1:32:09	178		35	1
738	749	1220	SIMON WARD	M	V55	TIDESWELL	1:32:44	1:32:14		560	40	1
739	723	451	ANDREW KEITH	M	SEN	U/A	1:32:46	1:31:21		561	213	
740	735	840	KAREN WILEMAN	F	V40	STOCKPORT HARRIERS	1:32:47	1:31:38	179		36	12
741	746	554	CATHERINE MELLOR	F	SEN	WILMSLOW RC	1:32:50	1:32:09	180		90	2
742	730	870	DENNIS YARWOOD	M	V50	SPECTRUM STRIDERS	1:32:51	1:31:30		562	83	3
743	740	839	MICHELLE WILDER	F	V50	MANCHESTER TRIATHLON CLUB	1:32:55	1:31:48	181		17	3
744	745	297	CAROLINE FORTNUM	F	V40	ROCHDALE HARRIERS	1:33:00	1:32:06	182		37	2
745	752	793	MIWA TONAKI	F	V50	SERPENTINE	1:33:05	1:32:29	183		18	1
746	751	1049	SUDAM GAMAGE	M	SEN	HYDE VILLAGE STRIDERS	1:33:08	1:32:22		563	214	13
747	741	1081	JASMINE HUGHES	F	SEN	U/A	1:33:09	1:31:53	184		91	
748	742	1225	HANNAH WEST	F	SEN	U/A	1:33:10	1:31:54	185		92	
749	739	566	RYAN MILLWARD	M	SEN	U/A	1:33:10	1:31:46		564	215	

750	748	350	ZOE HANCOCK	F	SEN	U/A	1:33:11	1:32:10	186	93	
751	750	1126	HEATHER MITCHELL	F	V65+	DEWSBURY ROAD RUNNERS	1:33:12	1:32:15	187	1	1
752	744	1170	SARAH RAWLINGS	F	V50	ECCLESHILL ROAD RUNNERS	1:33:20	1:31:56	188	19	2
753	759	225	NICHOLA D'CRUZE	F	SEN	PENNY LANE STRIDERS	1:33:42	1:32:52	189	94	4
754	760	1169	KERRY QUINTON	F	SEN	PENNY LANE STRIDERS	1:33:43	1:32:53	190	95	5
755	756	551	JILL MCMILLAN	F	V40	U/A	1:33:43	1:32:44	191	38	
756	753	533	EMMA MAY	F	SEN	U/A	1:33:48	1:32:39	192	96	
757	755	910	BARRY HANDLEY	M	V55	MOSSLEY AFC RUNNING CLUB	1:33:54	1:32:43	565	41	5
758	754	73	SANDRA BENTLEY	F	V45	WIDNES RUNNING CLUB	1:34:00	1:32:42	193	28	3
759	757	733	PHIL SIGLEY	M	SEN	U/A	1:34:07	1:32:48	566	216	
760	765	499	EMMA LOCK	F	SEN	POYNTON RUNNERS	1:34:07	1:33:16	194	97	1
761	758	734	VAL SIGLEY	F	V55	U/A	1:34:07	1:32:48	195	6	
762	764	718	SIAN SEGAR	F	V50	BRAMHALL RUNNERS	1:34:09	1:33:13	196	20	6
763	762	782	LEAH THOMAS	F	SEN	U/A	1:34:10	1:33:04	197	98	
764	763	781	GARY THOMAS	M	V50	U/A	1:34:10	1:33:04	567	84	
765	767	801	KAREN VALE	F	V45	ROCHDALE TRI CLUB	1:34:17	1:33:19	198	29	3
766	761	1030	CRAIG DEMPSEY	M	V40	MANCHESTER ROAD RUNNERS	1:34:23	1:32:56	568	93	2
767	777	808	PHILIP WALKER	M	V40	U/A	1:34:29	1:34:06	569	94	
768	774	878	SARAH BARNARD	F	V40	U/A	1:34:32	1:33:51	199	39	
769	766	442	MALIKA KAPASI	F	SEN	CHORLTON RUNNERS	1:34:32	1:33:17	200	99	13
770	769	731	BARBARA SHUTTLEWORTH	F	V60	U/A	1:34:40	1:33:28	201	7	
771	768	872	PAUL YATES	M	SEN	U/A	1:34:49	1:33:20	570	217	
772	773	714	ROSIE SCARLL	F	SEN	U/A	1:34:56	1:33:50	202	100	
773	781	846	IAN WILLIAMSON	M	V50	DAVENPORT RUNNERS	1:34:56	1:34:20	571	85	5
774	770	1029	JENNIFER DAY	F	V40	MOSSLEY AFC RUNNING CLUB	1:34:57	1:33:29	203	40	1
775	778	410	MOIRA HUNT	F	V60	GOYT VALLEY STRIDERS	1:35:00	1:34:12	204	8	1
776	775	776	DIANE TAKTAK	F	V45	ST HELENS TRI	1:35:07	1:33:52	205	30	1
777	776	483	HANNAH LEE	F	SEN	KIRKSTALL HARRIERS	1:35:10	1:34:03	206	101	1
778	779	863	MELANIE WOOD	F	V45	U/A	1:35:17	1:34:13	207	31	
779	771	172	PAUL COCKSON	M	SEN	U/A	1:35:18	1:33:48	572	218	
780	772	893	PETER COOKE	M	V55	U/A	1:35:18	1:33:48	573	42	
781	780	1147	SHEILA PAICE	F	V55	U/A	1:35:23	1:34:14	208	7	
782	783	738	RACHEL SINGER	F	V65+	U/A	1:35:26	1:34:25	209	2	
783	785	771	SAM SWAIN	F	V40	U/A	1:35:32	1:34:27	210	41	
784	787	192	CHERYL CORAM	F	V40	GOYT VALLEY STRIDERS	1:35:33	1:34:33	211	42	2
785	782	330	HANNAH GREENLEE	F	SEN	CHORLTON RUNNERS	1:35:37	1:34:20	212	102	14
786	786	1247	MATTHEW MCARDLE	M	SEN	U/A	1:35:42	1:34:28	574	219	
787	784	261	KATY EDWARDS	F	V45	HYDE VILLAGE STRIDERS	1:35:45	1:34:26	213	32	3
788	789	601	JOHN NICHOLSON	M	SEN	U/A	1:35:52	1:34:45	575	220	
789	790	502	RICHARD LONGBOTTOM	M	V65+	U/A	1:35:54	1:34:50	576	12	
790	803	1053	CHRIS GLENNON	M	V45	BRAMHALL RUNNERS	1:35:57	1:35:22	577	106	17
791	788	156	JOHN CAULFIELD	M	V50	U/A	1:36:00	1:34:37	578	86	
792	793	152	LISA CARTER	F	V45	RADCLIFFE AC	1:36:05	1:35:04	214	33	7
793	794	347	STEVE HAMER	M	V55	RADCLIFFE AC	1:36:05	1:35:04	579	43	9
794	802	529	LISA MATHER	F	V45	U/A	1:36:11	1:35:21	215	34	
795	804	408	CAROLYN HUME	F	V45	STOCKPORT TRI CLUB	1:36:15	1:35:24	216	35	2
796	809	919	GEMMA ILLINGWORTH	F	V40	ECCLESHILL ROAD RUNNERS	1:36:19	1:35:45	217	43	3
797	808	897	PAUL CURTIS	M	V45	U/A	1:36:24	1:35:42	580	107	
798	801	1104	SHARON LEACH	F	V45	ROYTON ROAD RUNNERS	1:36:24	1:35:20	218	36	2
799	805	427	MEL JOHNSON	F	V40	MANCHESTER FRONTRUNNERS	1:36:29	1:35:36	219	44	5



800	792	331	HANNAH GRIFFITH	F	V40	NORTH WALES ROAD RUNNERS	1:36:30	1:34:58	220	45	1
801	795	32	JOHN BAILEY	M	SEN	MARPLE RUNNERS	1:36:31	1:35:08	581	221	20
802	800	1067	BARRY HEAP	M	V50	BRAMHALL RUNNERS	1:36:34	1:35:19	582	87	18
803	791	7	TAHIR AHMAD	M	V40	U/A	1:36:36	1:34:54	583	95	
804	797	99	CLAIRE BRADLEY	F	V40	MARPLE RUNNERS	1:36:38	1:35:15	221	46	8
805	798	1144	LISA OTTIWELL	F	V40	U/A	1:36:38	1:35:17	222	47	
806	799	1216	PAUL WALKER	M	V40	U/A	1:36:38	1:35:18	584	96	
807	796	163	IAN CHEETHAM	M	SEN	U/A	1:36:44	1:35:10	585	222	
808	817	263	HARRIET EISNER	F	V50	TOTLEY AC	1:36:45	1:36:21	223	21	1
809	811	1176	GORDON ROGAN	M	V55	MARPLE RUNNERS	1:36:46	1:35:52	586	44	21
810	812	669	PATRICK RALPH	M	V55	U/A	1:36:48	1:35:58	587	45	
811	807	746	PHIL SMITH	M	V45	U/A	1:36:57	1:35:42	588	108	
812	814	52	AMY BARTER	F	SEN	STOCKPORT HARRIERS	1:36:58	1:36:08	224	103	13
813	806	676	RACHEL REED	F	SEN	U/A	1:37:03	1:35:40	225	104	
814	813	482	SARAH LEATHERBARROW	F	V50	BRAMHALL RUNNERS	1:37:06	1:35:59	226	22	7
815	815	77	PIP BILLINGS	F	V40	U/A	1:37:13	1:36:08	227	48	
816	821	344	STEVEN HAIG	M	V45	DAVENPORT RUNNERS	1:37:24	1:36:42	589	109	6
817	816	449	SIMONE KEEGAN	F	V50	U/A	1:37:27	1:36:19	228	23	
818	810	1230	MARTIN WILLIAMS	M	V55	NORTHERN VETERANS AC	1:37:34	1:35:48	590	46	1
819	825	693	FRANK ROGERS	M	V45	BELLE VUE RACERS	1:37:43	1:37:04	591	110	7
820	823	702	MARIA ROYAL	F	V55	MANCHESTER HARRIERS & AC	1:37:46	1:36:52	229	8	3
821	820	603	LORRAINE NOBLE	F	V55	U/A	1:37:59	1:36:40	230	9	
822	822	1102	EMMA LEACH	F	SEN	U/A	1:38:00	1:36:49	231	105	
823	818	652	ALISTAIR POOLER	M	SEN	U/A	1:38:03	1:36:39	592	223	
824	829	1099	NICOLA KNOWLES	F	V45	CHORLTON RUNNERS	1:38:04	1:37:24	232	37	15
825	826	588	DOROTHY MULDOON	F	V50	CHORLTON RUNNERS	1:38:07	1:37:08	233	24	16
826	819	867	MARK WRIGHT	M	V40	U/A	1:38:18	1:36:39	593	97	
827	828	1260	HELEN VEITH	F	V60	PRESTWICH AC	1:38:22	1:37:22	234	9	2
828	824	1212	CHARLOTTE UPSALL	F	SEN	HYDE VILLAGE STRIDERS	1:38:24	1:37:04	235	106	4
829	832	31	DAVE AYRE	M	SEN	U/A	1:38:36	1:37:29	594	224	
830	831	525	JANE MARSHALL	F	V50	U/A	1:38:36	1:37:29	236	25	
831	827	429	NICOLA JOHNSTON	F	SEN	U/A	1:38:37	1:37:22	237	107	
832	830	203	LAURA CRAGG	F	SEN	U/A	1:38:37	1:37:27	238	108	
833	838	854	FIONA WILSON	F	V55	MACCLESFIELD HARRIERS & AC	1:38:37	1:38:04	239	10	6
834	833	4	STEPHEN ADAMS	M	V45	U/A	1:38:49	1:37:40	595	111	
835	835	685	JEN RICHARDSON	F	SEN	U/A	1:38:50	1:37:47	240	109	
836	840	596	GRAHAM MURRAY	M	V55	MARPLE RUNNERS	1:39:03	1:38:06	596	47	22
837	843	424	MARIE JENKINS	F	V40	U/A	1:39:03	1:38:12	241	49	
838	842	271	BECKY EVANS	F	SEN	U/A	1:39:03	1:38:12	242	110	
839	844	980	KATE BEER	F	SEN	U/A	1:39:03	1:38:13	243	111	
840	845	598	TRACY MURRAY	F	V45	MARPLE RUNNERS	1:39:15	1:38:18	244	38	9
841	834	678	EMMA REEVES	F	SEN	U/A	1:39:16	1:37:43	245	112	
842	836	1130	STEVE MORGAN	M	V55	U/A	1:39:19	1:37:54	597	48	
843	837	967	ALAN ARTHURS	M	V55	U/A	1:39:22	1:37:56	598	49	
844	847	602	WENDY NICKERSON	F	V45	U/A	1:39:31	1:38:31	246	39	
845	839	486	NATALIE LEEB	F	SEN	U/A	1:39:34	1:38:06	247	113	
846	841	712	LOUISE SAUNDERS	F	SEN	LABC RUNNERS	1:39:38	1:38:07	248	114	1
847	856	526	SARAH MARSHALL	F	SEN	U/A	1:39:41	1:38:57	249	115	
848	851	1164	AMY POTTER	F	SEN	GRANTHAM RUNNING CLUB	1:39:41	1:38:38	250	116	1
849	848	446	HELEN KAY	F	V45	U/A	1:39:42	1:38:35	251	40	

850	849	2	CLAIRE ADAMS	F	V40	U/A	1:39:48	1:38:36	252	50	
851	846	1027	CRAIG DARLINGTON	M	V50	LABC RUNNERS	1:39:50	1:38:18	599	88	1
852	854	501	ZOE LONG	F	SEN	U/A	1:40:00	1:38:47	253	117	
853	853	780	MICHAEL THIRSK	M	V60	STOCKPORT HARRIERS	1:40:00	1:38:47	600	19	38
854	852	911	HELEN HASLAM-MOUSAWI	F	V50	U/A	1:40:06	1:38:44	254	26	
855	850	592	JOANNE MULLINS	F	SEN	MOSSLEY AFC RUNNING CLUB	1:40:08	1:38:38	255	118	2
856	862	1242	JOHN CALVEY	M	V65+	U/A	1:40:18	1:39:45	601	13	
857	859	956	KAREN DOHERTY	F	V40	RADCLIFFE AC	1:40:21	1:39:18	256	51	8
858	857	1249	AMANDA BROOKS	F	V45	U/A	1:40:22	1:39:02	257	41	
859	855	213	CHRISTIE-ANNE CUNNINGHAM	F	V40	LABC RUNNERS	1:40:27	1:38:57	258	52	2
860	858	1000	KARL CANNELL	M	V50	ROCHDALE TRI CLUB	1:40:32	1:39:05	602	89	10
861	860	969	GRAHAM ARTHURS	M	V50	U/A	1:40:57	1:39:31	603	90	
862	861	519	LYNN MALONEY	F	SEN	U/A	1:41:03	1:39:45	259	119	
863	868	293	CARLY FLETCHER	F	SEN	U/A	1:41:09	1:40:26	260	120	
864	863	254	GAVIN DURMAN	M	SEN	RADCLIFFE AC	1:41:11	1:39:51	604	225	10
865	864	422	MICHAEL JARAS	M	V65+	SPECTRUM STRIDERS	1:41:13	1:39:53	605	14	4
866	865	757	BRENDA SPOTSWOOD	F	V40	SWINTON RUNNING CLUB	1:41:19	1:40:01	261	53	6
867	866	301	COLIN FOX	M	V45	ROCHDALE TRI CLUB	1:41:27	1:40:16	606	112	11
868	871	885	TONY BRAY	M	V65+	U/A	1:41:46	1:40:49	607	15	
869	884	725	PHILLIP SHARPLES	M	SEN	U/A	1:41:46	1:41:36	608	226	
870	867	624	MANDY OWEN	F	V40	NORTH WALES ROAD RUNNERS	1:41:52	1:40:19	262	54	2
871	869	258	SIMON EDGE	M	SEN	U/A	1:41:56	1:40:42	609	227	
872	874	792	CATHERINE TOMBS	F	V45	MARPLE RUNNERS	1:42:05	1:41:04	263	42	10
873	870	973	GRACE ATHERTON	F	SEN	U/A	1:42:08	1:40:44	264	121	
874	873	1233	GARETH WOOD	M	SEN	U/A	1:42:16	1:40:50	610	228	
875	872	1191	LISA SKINNER	F	SEN	U/A	1:42:16	1:40:50	265	122	
876	875	498	MICHELLE LLOYD	F	V45	U/A	1:42:19	1:41:05	266	43	
877	878	914	LINDA HENSON	F	V40	U/A	1:42:20	1:41:22	267	55	
878	877	948	MARIE SUTTON	F	SEN	U/A	1:42:20	1:41:22	268	123	
879	880	510	JENNIFER LUTTON	F	SEN	WINSTON RUNNERS	1:42:31	1:41:24	269	124	1
880	876	113	CHRIS BROWN	M	SEN	U/A	1:42:45	1:41:14	611	229	
881	879	487	COLIN LENTON	M	V50	U/A	1:42:47	1:41:22	612	91	
882	882	514	KEVIN MACKRELL	M	V50	U/A	1:42:53	1:41:35	613	92	
883	892	710	JOANNA SANDERSON	F	SEN	U/A	1:43:02	1:42:07	270	125	
884	881	1174	LYDIA ROBERTS	F	SEN	U/A	1:43:05	1:41:28	271	126	
885	885	228	JUSTINE DEMPSEY	F	V45	LYMM RUNNERS	1:43:05	1:41:36	272	44	2
886	883	267	KATHRYN ELLIS	F	SEN	LYMM RUNNERS	1:43:05	1:41:36	273	127	3
887	887	481	NICOLA LEAK	F	V40	U/A	1:43:16	1:41:43	274	56	
888	889	86	MIKE BOAST	M	V65+	REDWAY RUNNERS	1:43:20	1:41:54	614	16	1
889	890	49	ANNE BARRETT	F	SEN	U/A	1:43:21	1:41:55	275	128	
890	891	349	JAYNE HAMILTON	F	V45	IRF- ISABELLA ROSE FOUNDATION	1:43:21	1:42:04	276	45	1
891	888	333	SERA GRIFFITH	F	SEN	U/A	1:43:21	1:41:53	277	129	
892	886	1097	GAZ KHAN	M	V40	U/A	1:43:30	1:41:42	615	98	
893	894	905	JOHN GORE	M	SEN	U/A	1:43:55	1:42:44	616	230	
894	893	265	DAN ELLINGWORTH	M	V45	GLOSSOPDALE HARRIERS	1:43:57	1:42:33	617	113	5
895	899	1250	ELIZABETH HAMER-DAVIES	F	V50	U/A	1:43:58	1:43:07	278	27	
896	898	13	RUTH AMIN	F	V40	BELLE VUE RACERS	1:44:03	1:43:02	279	57	4
897	896	751	SHIRLEY SNEDDON	F	V50	ROCHDALE TRI CLUB	1:44:08	1:42:59	280	28	4
898	895	631	ANDREW PATERSON	M	V40	CHORLTON RUNNERS	1:44:12	1:42:48	618	99	29
899	897	42	LAURIE BARNES	M	V40	U/A	1:44:20	1:42:59	619	100	

900	903	292	ALISON FLETCHER	F	V40	DAVENPORT RUNNERS	1:44:22	1:43:38	281	58	2
901	901	270	JENNY ENTWISTLE	F	SEN	RADCLIFFE AC	1:44:29	1:43:08	282	130	9
902	906	1257	JAKE BROWN	M	SEN	U/A	1:44:30	1:44:01	620	231	
903	902	176	HELEN COLLIER	F	SEN	U/A	1:44:33	1:43:20	283	131	
904	900	815	PETA WALSH	F	V55	STOCKPORT HARRIERS	1:44:43	1:43:08	284	11	14
905	910	284	JULIE FELTON	F	V50	OLDHAM & ROYTON HARRIERS	1:45:05	1:44:17	285	29	4
906	907	982	CLAIRE BENNETT	F	SEN	U/A	1:45:17	1:44:02	286	132	
907	904	666	TRACY QUINN	F	V45	LYMM RUNNERS	1:45:19	1:43:49	287	46	4
908	908	705	SARAH RUSHTON	F	V45	RADCLIFFE AC	1:45:27	1:44:08	288	47	10
909	905	698	GLEN ROWE	M	V50	DAVENPORT RUNNERS	1:45:29	1:43:57	621	93	7
910	909	17	KAREN ANDREW	F	V50	MARPLE RUNNERS	1:45:34	1:44:11	289	30	11
911	914	421	NATHALIE JANVIER	F	V45	U/A	1:45:59	1:45:04	290	48	
912	913	216	SIMON DAKIN	M	V50	DAVENPORT RUNNERS	1:45:59	1:45:02	622	94	8
913	917	328	NINA GREEN	F	V55	STOCKPORT HARRIERS	1:46:16	1:45:30	291	12	15
914	918	1055	SAMANTHA GREEN	F	SEN	U/A	1:46:17	1:45:31	292	133	
915	911	865	CHRISTINE WRIGHT	F	V50	U/A	1:46:21	1:44:48	293	31	
916	912	374	ELAINE HELME	F	V45	HYDE VILLAGE STRIDERS	1:46:28	1:44:53	294	49	5
917	923	723	AMJAD SHAKEEL	M	V50	DAVENPORT RUNNERS	1:46:36	1:46:07	623	95	9
918	915	900	LAURA FITTON	F	SEN	ROCHDALE HARRIERS	1:46:47	1:45:18	295	134	3
919	920	887	SINEAD BUTLER	F	V40	U/A	1:46:52	1:45:47	296	59	
920	919	986	CLAIRE BIRCHALL	F	V40	SWINTON RUNNING CLUB	1:46:54	1:45:39	297	60	7
921	916	8	MUDASSER AHMED	F	SEN	U/A	1:47:15	1:45:30	298	135	
922	922	233	LUCY DEWHURST	F	SEN	RADCLIFFE AC	1:47:24	1:46:06	299	136	11
923	925	242	KELLY DOHERTY	F	V40	U/A	1:47:32	1:46:23	300	61	
924	921	1028	STACY DARLINGTON	F	SEN	LABC RUNNERS	1:47:32	1:46:00	301	137	3
925	928	511	CLAIRE LYNCH	F	V40	U/A	1:47:47	1:46:29	302	62	
926	929	769	KAREN STUTTARD	F	V50	OLDHAM & ROYTON HARRIERS	1:47:50	1:46:42	303	32	5
927	924	926	SEAN LOUGHLIN	M	V50	U/A	1:47:55	1:46:22	624	96	
928	927	583	JO MORLEY	F	V40	U/A	1:47:58	1:46:26	304	63	
929	926	655	FRANK PORTER	M	V50	U/A	1:47:58	1:46:23	625	97	
930	930	40	CAROLE BARNES	F	V45	STOCKPORT HARRIERS	1:48:17	1:47:04	305	50	16
931	931	651	JO PODOLANSKI	F	V45	BRAMHALL RUNNERS	1:48:31	1:47:18	306	51	8
932	934	1047	ERIKA FRAME	F	V50	BRAMHALL RUNNERS	1:48:48	1:47:32	307	33	9
933	932	179	AMANDA COLLINGE	F	V40	U/A	1:48:48	1:47:27	308	64	
934	933	607	JOHN NORRIS	M	V55	BRAMHALL RUNNERS	1:48:50	1:47:27	626	50	19
935	935	829	ELAINE WHELAN	F	V40	U/A	1:49:05	1:47:40	309	65	
936	938	74	DEBORAH BERESFORD	F	V50	MANCHESTER HARRIERS & AC	1:49:19	1:48:23	310	34	4
937	939	137	EMMALENE BYRNE	F	V40	U/A	1:49:21	1:48:27	311	66	
938	936	1248	LIZZIE ADAMS	F	SEN	U/A	1:49:23	1:48:15	312	138	
939	937	286	HELEN FERNS	F	V45	U/A	1:49:41	1:48:17	313	52	
940	940	253	CHERYL DUNLEAVY	F	V40	U/A	1:49:52	1:48:40	314	67	
941	943	1066	LAURA HAUGHIN	F	SEN	U/A	1:50:11	1:49:31	315	139	
942	941	18	JANET APPELYARD	F	V60	OLDHAM & ROYTON HARRIERS	1:50:32	1:49:24	316	10	6
943	942	1135	EMMA NEWTON	F	V45	U/A	1:50:59	1:49:25	317	53	
944	944	433	HELEN JONES	F	SEN	U/A	1:51:39	1:50:19	318	140	
945	945	435	PETER JONES	M	V60	U/A	1:51:40	1:50:19	627	20	
946	952	1140	NICK OLDFIELD	M	V40	MARPLE RUNNERS	1:51:52	1:50:53	628	101	23
947	949	1259	ANNA FINBOW	F	SEN	U/A	1:52:04	1:50:35	319	141	
948	948	1063	SAMANTHA HARDMAN	F	V45	U/A	1:52:05	1:50:35	320	54	
949	951	965	LISA APPLETON	F	V45	U/A	1:52:05	1:50:38	321	55	

950	946	492	DAVID LEYLAND	M	V50	ROCHDALE TRI CLUB	1:52:08	1:50:32	629	98	12	
951	947	944	RACHEL SHENTON	F	SEN	U/A	1:52:09	1:50:34	322		142	
952	950	281	HELEN FARRELL	F	V40	U/A	1:52:11	1:50:37	323		68	
953	953	1062	PAUL HARDMAN	M	V45	U/A	1:52:53	1:51:23		630	114	
954	962	770	REBECCA STYLES	F	V45	BRAMHALL RUNNERS	1:53:00	1:53:00	324		56	10
955	955	431	CATH JONES	F	V55	BRAMHALL RUNNERS	1:53:00	1:51:46	325		13	11
956	954	580	MORAG MORGAN	F	V65+	BRAMHALL RUNNERS	1:53:03	1:51:31	326		3	12
957	956	1142	SIOBHAN O'LOUGHLIN	F	SEN	U/A	1:53:31	1:51:58	327		143	
958	957	457	ZARKA KHAN	F	SEN	U/A	1:53:52	1:52:16	328		144	
959	958	128	SARAH BUNDOCK	F	V45	DRAGONS RUNNING CLUB (SALE)	1:53:53	1:52:20	329		57	4
960	959	285	LISA FENTON	F	V40	LABC RUNNERS	1:54:02	1:52:31	330		69	4
961	960	136	PAT BUTTERWORTH	F	V45	U/A	1:54:03	1:52:32	331		58	
962	963	476	GEMMA LAVELLE	F	V40	U/A	1:54:05	1:53:12	332		70	
963	961	259	JOANNE EDGERTON	F	V40	MOSSLEY AFC RUNNING CLUB	1:54:05	1:52:45	333		71	3
964	965	778	KIM TAYLOR	F	SEN	U/A	1:54:20	1:53:25	334		145	
965	964	308	JEAN GALLEY	F	V45	U/A	1:54:43	1:53:14	335		59	
966	966	668	HOLLY RAE	F	SEN	U/A	1:55:36	1:54:25	336		146	
967	967	577	SUSAN MOORE	F	SEN	GLOSSOPDALE HARRIERS	1:55:55	1:54:30	337		147	3
968	968	593	DAVID MUNDAY	M	SEN	GLOSSOPDALE HARRIERS	1:55:55	1:54:30		631	232	6
969	970	924	ANGELA KERSHAW	F	SEN	U/A	1:56:00	1:54:44	338		148	
970	969	901	MICHELLE FLOWER	F	V40	U/A	1:56:09	1:54:36	339		72	
971	971	717	CHARLOTTE SEFTON	F	SEN	U/A	1:56:12	1:55:09	340		149	
972	974	348	JACKIE HAMILTON	F	V65+	IRF- ISABELLA ROSE FOUNDATION	1:57:41	1:56:26	341		4	2
973	972	72	MIKE BENT	M	V50	U/A	1:57:49	1:56:22		632	99	
974	973	71	KAREN BENT	F	V50	U/A	1:57:50	1:56:23	342		35	
975	975	623	KATE OWEN	F	V45	U/A	1:58:07	1:56:33	343		60	
976	976	992	DEBORAH BONEY	F	SEN	U/A	1:58:37	1:57:26	344		150	
977	977	1149	KATIE PALMER	F	SEN	U/A	1:59:04	1:57:41	345		151	
978	978	585	CAROLINE MORRISON	F	V45	U/A	1:59:10	1:57:47	346		61	
979	979	84	DEBBIE BOARDMAN	F	V45	STOCKPORT HARRIERS	1:59:19	1:57:53	347		62	17
980	980	657	DIANA POWELL	F	V60	BRAMHALL RUNNERS	1:59:41	1:58:14	348		11	13
981	981	219	JANE DAVIES	F	V40	CHORLTON RUNNERS	1:59:51	1:58:20	349		73	17
982	983	150	AILISH CARR	F	V60	U/A	2:00:27	1:59:05	350		12	
983	985	964	DAVID AMBLER	M	V60	U/A	2:00:29	1:59:07		633	21	
984	984	458	KATHERINE KINGSLEY	F	V60	FYLDE COAST RUNNERS	2:00:30	1:59:07	351		13	1
985	982	1218	MAGGIE WALSH	F	V45	U/A	2:00:32	1:59:01	352		63	
986	987	1078	CHERYL HONEYBOURNE	F	V40	SWINTON RUNNING CLUB	2:00:39	1:59:41	353		74	8
987	986	362	SARAH HASSALL	F	V45	U/A	2:00:56	1:59:24	354		64	
988	988	1229	SINEAD WHYTE	F	SEN	U/A	2:01:19	1:59:46	355		152	
989	989	1145	CHARLIE OWEN	M	V55	U/A	2:04:01	2:02:23		634	51	
990	990	1041	STEPHEN ELLIOTT	M	V55	U/A	2:06:01	2:06:01		635	52	
991	991	674	TERESA RAYNOR	F	V55	MARPLE RUNNERS	2:09:30	2:08:03	356		14	12
992	992	958	CAROLE ABBOTT	F	V55	THE BANDSTANDERS	2:10:26	2:08:51	357		15	1
993	993	975	RICHARD AYLETT	M	V50	THE BANDSTANDERS	2:10:27	2:08:51		636	100	1
994	995	828	ROB WHARMBY	M	SEN	DAVENPORT RUNNERS	2:12:06	2:10:34		637	233	10
995	994	1151	TONY PARK	M	V55	STOCKPORT HARRIERS	2:12:08	2:10:16		638	53	39
DNF		96	STEVEN BOXWELL	M	V40	U/A						
DNF		339	CHRIS GROVES	M	V50	U/A						
DNF		75	CHRISTINE BERRY	F	V50	RADCLIFFE AC						