

Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	114	GEORGE COOKE	M	SEN	STOCKPORT HARRIERS	0:35:18	0:35:16		1	1	1
2	2	149	ROB DOWNS	M	V50	WILMSLOW RC	0:36:35	0:36:33		2	1	1
3	3	322	DIANE MCVEY	F	V40	WILMSLOW RC	0:37:55	0:37:52	1		1	1
4	4	119	JAMES CORDEN	M	V45	STOCKPORT HARRIERS	0:38:07	0:38:05		3	1	2
5	5	383	ANDY PICKFORD	M	V40	ALTRINCHAM	0:38:54	0:38:50		4	1	1
6	6	388	TONY POTTS	M	V40	STOCKPORT HARRIERS	0:39:32	0:39:29		5	2	3
7	7	107	MARK COLLIER	M	V40	DAVENPORT RUNNERS	0:39:40	0:39:37		6	3	1
8	8	380	JAMES PERRY	M	SEN	MACCLESFIELD HARRIERS	0:39:52	0:39:50		7	2	1
9	9	431	RUTH SINCLAIR	F	SEN	STOCKPORT HARRIERS	0:40:09	0:40:07	2		1	1
10	10	521	EDWARD WRIGHT	M	SEN	U/A	0:40:14	0:40:12		8	3	
11	11	89	STUART CARTLEDGE	M	V45	U/A	0:40:22	0:40:20		9	2	
12	12	314	NATHAN MAYOH	M	V45	STOCKPORT HARRIERS	0:40:43	0:40:41		10	3	4
13	13	336	MATT MORAN	M	SEN	BRAMHALL RUNNERS	0:41:04	0:41:02		11	4	1
14	14	400	NICHOLAS RENDELL	M	SEN	U/A	0:41:10	0:41:03		12	5	
15	15	235	MIKE HILL	M	V50	WILMSLOW RC	0:41:17	0:41:14		13	2	2
16	16	378	DARREN PEATFIELD	M	V45	MARPLE RUNNERS	0:41:20	0:41:15		14	4	1
17	17	225	MICHAEL HARTE	M	V45	U/A	0:41:22	0:41:19		15	5	
18	18	510	RICHARD WILLIAMS	M	V40	MARPLE RUNNERS	0:41:29	0:41:24		16	4	2
19	19	466	MATTHEW TAYLOR	M	V40	WILMSLOW RC	0:41:32	0:41:30		17	5	3
20	20	178	ROB FINNIS	M	SEN	MACCLESFIELD HARRIERS	0:41:44	0:41:39		18	6	2
21	21	357	PETE OGLE	M	V40	MARPLE RUNNERS	0:41:51	0:41:45		19	6	3
22	22	296	ASHLEY LOMAS	M	SEN	U/A	0:42:06	0:42:02		20	7	
23	24	494	FAYE WATERHOUSE	F	SEN	STOCKPORT HARRIERS	0:42:24	0:42:21	3		2	2
24	23	262	SHARON JOHNSTONE	F	V40	WILMSLOW RC	0:42:24	0:42:18	4		2	2
25	26	198	LOUISE GELDART	F	SEN	STOCKPORT HARRIERS	0:42:54	0:42:50	5		3	3
26	28	13	MATTHEW ASHER	M	SEN	U/A	0:43:06	0:43:03		21	8	
27	27	28	JEREMY BARRON	M	V40	U/A	0:43:07	0:42:56		22	7	
28	30	291	NICK LIVINGSTONE	M	SEN	U/A	0:43:10	0:43:05		23	9	
29	29	449	PETE STOCK	M	V60	WILMSLOW RC	0:43:12	0:43:04		24	1	4
30	33	366	MARK OXBOROUGH-SHARP	M	SEN	U/A	0:43:20	0:43:17		25	10	
31	31	453	DAMON STORER	M	SEN	BRAMHALL RUNNERS	0:43:22	0:43:15		26	11	2
32	32	345	IAN THOMAS MULLIGAN	M	V50	STOCKPORT HARRIERS	0:43:24	0:43:16		27	3	5

33	34	362	RAY O'KEEFE	M	V50	MACCLESFIELD HARRIERS	0:43:25	0:43:19	28	4	3
34	35	220	RICHARD HALL	M	V45	BRAMHALL RUNNERS	0:43:27	0:43:22	29	6	3
35	36	282	ANDY LEE	M	V40	POYNTON RUNNERS	0:43:37	0:43:32	30	8	1
36	38	54	NEIL BOLTON	M	SEN	U/A	0:43:43	0:43:39	31	12	
37	25	150	EAMON DOYLE	M	V45	U/A	0:43:45	0:42:44	32	7	
38	39	46	TIM BILLINGTON	M	V50	WILMSLOW RC	0:43:58	0:43:50	33	5	5
39	37	40	MICHAEL BELSHAW	M	SEN	U/A	0:44:02	0:43:35	34	13	
40	40	69	DAN BROWNHILL	M	V40	U/A	0:44:05	0:43:58	35	9	
41	41	332	GARY MILNES	M	V55	U/A	0:44:16	0:44:11	36	1	
42	44	387	ADAM POTTS	M	V45	U/A	0:44:20	0:44:18	37	8	
43	42	196	PAUL GARNETT	M	V50	WILMSLOW RC	0:44:22	0:44:14	38	6	6
44	46	159	JANINE ELLIS	F	V45	WILMSLOW RC	0:44:28	0:44:25	6	1	3
45	45	50	RACHAEL BLIGHT	F	V40	U/A	0:44:34	0:44:21	7	3	
46	48	424	STEVE SHARP	M	V55	U/A	0:44:40	0:44:37	39	2	
47	47	289	ROB LILLEY	M	V40	U/A	0:44:44	0:44:36	40	10	
48	49	245	CRAIG HUNT	M	V45	WILMSLOW RC	0:44:54	0:44:46	41	9	7
49	43	285	STEVE LEGGE	M	V45	U/A	0:44:55	0:44:16	42	10	
50	51	382	JENNIE PICKARD	F	V45	BRAMHALL RUNNERS	0:45:00	0:44:55	8	2	1
51	52	71	ADAM BUDD	M	SEN	U/A	0:45:03	0:44:56	43	14	
52	50	180	LUKE FLETCHER	M	SEN	U/A	0:45:07	0:44:50	44	15	
53	54	286	DAVID LEVIS	M	V50	U/A	0:45:09	0:45:04	45	7	
54	53	224	NEIL HARRISON	M	SEN	U/A	0:45:27	0:45:00	46	16	
55	55	31	CLAIRE BATES	F	SEN	U/A	0:45:31	0:45:24	9	4	
56	56	244	TONY HULME	M	V65	WILMSLOW RC	0:45:33	0:45:30	47	1	8
57	57	354	PAUL NORRIS	M	V55	WILMSLOW RC	0:45:47	0:45:38	48	3	9
58	60	24	SAUL BARKER	M	V45	U/A	0:46:04	0:45:52	49	11	
59	58	428	ANDREW SIMPSON	M	SEN	U/A	0:46:05	0:45:45	50	17	
60	59	509	JOHN WILLIAMS	M	SEN	MARPLE RUNNERS	0:46:06	0:45:50	51	18	4
61	64	461	ALICE TAYLOR	F	SEN	MARPLE RUNNERS	0:46:15	0:46:10	10	5	1
62	61	22	LAYLA BANNARD-SMITH	F	SEN	U/A	0:46:17	0:46:04	11	6	
63	63	130	NICK CUNLIFFE	M	V40	MARPLE RUNNERS	0:46:18	0:46:06	52	11	5
64	62	374	TIM PARKES	M	SEN	U/A	0:46:23	0:46:04	53	19	
65	66	55	ANDREA BOOTH	F	V40	POYNTON RUNNERS	0:46:28	0:46:24	12	4	1

66	65	434	IAN SMALLWOOD	M	V50	WILMSLOW RC	0:46:28	0:46:19	54	8	10
67	69	195	LEE GARNETT	M	SEN	U/A	0:46:29	0:46:28	55	20	
68	68	62	JAMES BRIDGFORD	M	SEN	U/A	0:46:38	0:46:27	56	21	
69	67	247	ALISTAIR HUNTER	M	V40	SCRAB TRI CLUB	0:46:38	0:46:26	57	12	1
70	70	395	SALLY PRICE	F	V40	WILMSLOW RC	0:46:48	0:46:34	13	5	4
71	73	293	CRAIG LOCKETT	M	V45	U/A	0:46:56	0:46:47	58	12	
72	72	2	IAN ARCHER	M	V45	U/A	0:46:57	0:46:47	59	13	
73	71	233	JANINE HIGSON	F	V45	U/A	0:46:58	0:46:45	14	3	
74	74	11	DAVID ARNOLD	M	V45	U/A	0:47:01	0:46:53	60	14	
75	76	444	MARK STANBRIDGE	M	V45	MACCLESFIELD HARRIERS	0:47:12	0:47:04	61	15	4
76	75	140	MARK DAY	M	V40	MARPLE RUNNERS	0:47:13	0:47:03	62	13	6
77	77	519	BEN WRIGHT	M	SEN	U/A	0:47:15	0:47:09	63	22	
78	78	34	PAUL BAYLEY	M	V55	U/A	0:47:17	0:47:10	64	4	
79	82	401	JOE RENSHAW	M	SEN	U/A	0:47:19	0:47:14	65	23	
80	83	189	MICHAEL FRAZER	M	SEN	U/A	0:47:19	0:47:14	66	24	
81	81	36	ANDREW BEATTY	M	SEN	POYNTON RUNNERS	0:47:19	0:47:14	67	25	2
82	80	376	DEREK PATON	M	V55	U/A	0:47:22	0:47:13	68	5	
83	84	321	DAVID MCKELVEY	M	V55	U/A	0:47:25	0:47:17	69	6	
84	79	57	DANIEL BOWERS	M	SEN	U/A	0:47:28	0:47:12	70	26	
85	86	141	TRACEY DERBYSHIRE	F	V40	U/A	0:47:32	0:47:28	15	6	
86	87	436	ADAM SMITH	M	V40	U/A	0:47:40	0:47:30	71	14	
87	85	118	MARC COOKSON	M	SEN	U/A	0:47:45	0:47:20	72	27	
88	88	29	MICHAEL BARRY	M	V45	BRAMHALL RUNNERS	0:47:47	0:47:41	73	16	4
89	89	423	GORDON SHARP	M	V60	U/A	0:47:53	0:47:43	74	2	
90	92	270	SARAH KEMP	F	V50	U/A	0:48:03	0:47:53	16	1	
91	98	475	ANDREW TOMLINSON	M	V40	BRAMHALL RUNNERS	0:48:04	0:47:59	75	15	5
92	96	443	ADINA STAN	F	SEN	BRAMHALL RUNNERS	0:48:05	0:47:58	17	7	2
93	94	404	IAN ROBINSON	M	V45	U/A	0:48:05	0:47:55	76	17	
94	95	437	JULIE SMITH	F	V50	U/A	0:48:05	0:47:55	18	2	
95	100	433	CHRIS SMALE	M	V45	U/A	0:48:06	0:48:02	77	18	
96	93	370	TONY PARK	M	V50	STOCKPORT HARRIERS	0:48:07	0:47:54	78	9	6
97	99	325	DAVID MELLOR	M	V65	STOCKPORT HARRIERS	0:48:11	0:48:00	79	2	7
98	106	305	GARETH MAHER	M	SEN	BRAMHALL RUNNERS	0:48:13	0:48:10	80	28	6

99	90	230	PHIL HEAWORD	M	SEN	BRAMHALL RUNNERS	0:48:14	0:47:46	81	29	7
100	97	344	NICKY MOWAT	F	V55	WILMSLOW RC	0:48:14	0:47:59	19	1	5
101	91	439	OLLY SMITH	M	SEN	U/A	0:48:15	0:47:47	82	30	
102	103	516	CATHERINE WILSON	F	V50	MACCLESFIELD HARRIERS	0:48:18	0:48:09	20	3	1
103	102	169	STEVE FAIRCLOUGH	M	V50	BRAMHALL RUNNERS	0:48:20	0:48:08	83	10	8
104	107	234	GAIL HILL	F	V40	WILMSLOW RC	0:48:21	0:48:10	21	7	6
105	105	317	ANGELA MCCARTHY	F	V55	WILMSLOW RC	0:48:21	0:48:10	22	2	7
106	101	52	STEPHEN BOLLAND	M	V55	U/A	0:48:22	0:48:08	84	7	
107	109	73	MATT BURCH	M	SEN	U/A	0:48:28	0:48:17	85	31	
108	104	21	JON BANNARD-SMITH	M	SEN	U/A	0:48:35	0:48:09	86	32	
109	108	347	VIKKI MURPHY	F	V45	BRAMHALL RUNNERS	0:48:40	0:48:11	23	4	3
110	112	256	SIMON JENNINGS	M	SEN	U/A	0:48:40	0:48:29	87	33	
111	110	304	CLAIRE MACNEILL	F	V40	DAVENPORT RUNNERS	0:48:40	0:48:21	24	8	1
112	111	207	PATRICK GRANNAN	M	V65	WILMSLOW RC	0:48:44	0:48:29	88	3	11
113	116	85	HELEN CARTER	F	SEN	U/A	0:48:47	0:48:43	25	8	
114	117	476	DAISY TOMLINSON	F	SEN	U/A	0:48:49	0:48:44	26	9	
115	115	138	KARL DAVIES	M	SEN	U/A	0:48:52	0:48:42	89	34	
116	114	435	ANNIE SMEDLEY	F	V45	MARPLE RUNNERS	0:48:52	0:48:36	27	5	2
117	113	162	MARK EVANS	M	SEN	U/A	0:48:57	0:48:30	90	35	
118	119	430	PETE SINCLAIR	M	V55	STOCKPORT HARRIERS	0:49:04	0:48:52	91	8	8
119	124	399	ROSALIND REEVES	F	V50	POYNTON RUNNERS	0:49:13	0:49:04	28	4	2
120	122	203	SALLY GILLIVER	F	V55	WILMSLOW RC	0:49:15	0:49:01	29	3	8
121	120	273	SCOTT KITTERIDGE	M	SEN	BRAMHALL RUNNERS	0:49:19	0:48:58	92	36	9
122	127	337	DEBBIE MORETON	F	V45	VALE ROYAL AC	0:49:22	0:49:15	30	6	1
123	118	403	MATT ROBERTS	M	V40	U/A	0:49:22	0:48:50	93	16	
124	123	117	DANIEL COOKSON	M	V40	U/A	0:49:25	0:49:02	94	17	
125	128	491	COLIN WALTON	M	V50	WILMSLOW RC	0:49:28	0:49:15	95	11	12
126	129	379	RACHAEL PEERS	F	SEN	WILMSLOW RC	0:49:30	0:49:15	31	10	9
127	131	165	SAM EVANS	M	SEN	BRAMHALL RUNNERS	0:49:33	0:49:27	96	37	10
128	125	186	WILL FOTHERINGHAM	M	V40	U/A	0:49:33	0:49:08	97	18	
129	126	441	TOM SMITH	M	SEN	U/A	0:49:34	0:49:11	98	38	
130	132	77	BILLY CAINE	M	V50	U/A	0:49:37	0:49:28	99	12	
131	121	261	ROBERT JOHNSON	M	SEN	U/A	0:49:41	0:49:01	100	39	

132	135	47	TOM BIRTLES	M	SEN	U/A	0:49:42	0:49:36	101	40	
133	134	101	PAUL CLAPPISON	M	V45	U/A	0:49:43	0:49:35	102	19	
134	138	128	MARK CROSSLAND	M	V45	WILMSLOW RC	0:49:50	0:49:43	103	20	13
135	137	349	GARY MYERS	M	V40	U/A	0:49:54	0:49:40	104	19	
136	130	217	MARK HAGGART	M	V50	TEAM PIE	0:49:57	0:49:16	105	13	1
137	141	352	RACHEL NICHOLLS	F	SEN	U/A	0:50:01	0:49:57	32	11	
138	139	32	PETER BAXTER	M	V45	U/A	0:50:04	0:49:55	106	21	
139	142	386	JOHN PORTEOUS	M	V60	WILMSLOW RC	0:50:05	0:49:58	107	3	14
140	136	106	MILES COKER	M	V45	U/A	0:50:06	0:49:37	108	22	
141	133	123	PAUL COWELL	M	V45	BRAMHALL RUNNERS	0:50:08	0:49:34	109	23	11
142	140	241	SIMON HUGHES	M	SEN	MARPLE RUNNERS	0:50:17	0:49:56	110	41	7
143	146	113	FIONA COOKE	F	V50	STOCKPORT HARRIERS	0:50:21	0:50:08	33	5	4
144	149	124	LISA COX	F	V45	MACCLESFIELD HARRIERS	0:50:23	0:50:15	34	7	2
145	151	133	MATTHEW CURRALL	M	SEN	U/A	0:50:25	0:50:23	111	42	
146	148	350	ROY MYERS	M	V65	U/A	0:50:28	0:50:13	112	4	
147	145	222	TIM HARGREAVES	M	V60	STOCKPORT HARRIERS	0:50:31	0:50:08	113	4	9
148	152	456	SARAH STUTCHFIELD	F	V40	MARPLE RUNNERS	0:50:33	0:50:24	35	9	3
149	150	518	ALLISTER WORRALL	M	SEN	YORK ST JOHN RUNNING CLUB	0:50:41	0:50:23	114	43	1
150	143	465	JONATHAN TAYLOR	M	SEN	U/A	0:50:44	0:50:04	115	44	
151	144	302	BETHANY LYTHGOE	F	SEN	U/A	0:50:46	0:50:05	36	12	
152	156	307	PAUL MANNING	M	V50	U/A	0:50:55	0:50:45	116	14	
153	153	308	CATRIONA MARSHALL	F	V50	WILMSLOW RC	0:50:56	0:50:37	37	6	10
154	154	414	SIMON RUSHTON	M	V50	MARPLE RUNNERS	0:50:58	0:50:41	117	15	8
155	158	319	NIGEL MCCOY	M	V45	U/A	0:51:05	0:50:48	118	24	
156	147	3	SARMID AL-KAMIL	M	V50	BRAMHALL RUNNERS	0:51:05	0:50:09	119	16	12
157	163	171	JAMES FARMER	M	SEN	U/A	0:51:12	0:50:59	120	45	
158	160	232	MARK HETHERINGTON	M	V40	POYNTON RUNNERS	0:51:17	0:50:53	121	20	3
159	159	359	DANNY O'GRADY	M	SEN	U/A	0:51:18	0:50:49	122	46	
160	166	67	ANDY BROWN	M	V60	STOCKPORT HARRIERS	0:51:20	0:51:07	123	5	10
161	161	33	RICHARD BAYLES	M	SEN	U/A	0:51:21	0:50:54	124	47	
162	162	410	ANDREW ROWE	M	V55	U/A	0:51:24	0:50:56	125	9	
163	164	460	MATTHEW SYMONS	M	SEN	U/A	0:51:24	0:51:02	126	48	
164	155	385	GARRY PLANT	M	V45	HIGH PEAK TRI CLUB	0:51:25	0:50:44	127	25	1

165	168	412	MATTHEW RUDDER	M	SEN	U/A	0:51:26	0:51:09	128	49	
166	167	105	STEPHEN COATES	M	V50	U/A	0:51:28	0:51:07	129	17	
167	157	277	DAVID LAFFERTY	M	SEN	U/A	0:51:29	0:50:47	130	50	
168	169	468	ADRIAN THOMAS	M	V50	MARPLE RUNNERS	0:51:29	0:51:12	131	18	9
169	174	223	PHIL HAROLD	M	V45	U/A	0:51:31	0:51:31	132	26	
170	170	151	MIKE DOYLE	M	V40	U/A	0:51:40	0:51:20	133	21	
171	175	440	RACHAEL SMITH	F	SEN	U/A	0:51:43	0:51:33	38	13	
172	173	283	GARY LEE	M	V40	U/A	0:51:44	0:51:30	134	22	
173	165	90	JAMES CAVANAGH	M	SEN	U/A	0:51:48	0:51:05	135	51	
174	171	487	STEPHEN VINCENT	M	V40	U/A	0:51:48	0:51:27	136	23	
175	178	288	LIZ LILLEY	F	V45	U/A	0:51:55	0:51:48	39	8	
176	179	480	CRAIG TURNER	M	V50	VEGAN RUNNERS UK	0:51:59	0:51:50	137	19	1
177	180	218	STEVEN HAIG	M	V45	DAVENPORT RUNNERS	0:52:06	0:51:53	138	27	2
178	176	447	LAURA STEVENSON	F	SEN	U/A	0:52:09	0:51:40	40	14	
179	172	489	JACK WALL	M	SEN	U/A	0:52:09	0:51:28	139	52	
180	184	190	DAVID FRENCH	M	V45	MARPLE RUNNERS	0:52:13	0:51:59	140	28	10
181	187	301	MARK LYNCH	M	V45	MARPLE RUNNERS	0:52:15	0:52:08	141	29	11
182	182	210	CHRIS GREEN	M	SEN	U/A	0:52:18	0:51:55	142	53	
183	181	295	SUZANNE LOCKWOOD	F	SEN	U/A	0:52:19	0:51:55	41	15	
184	185	255	IAN JEFFERIES	M	V50	U/A	0:52:23	0:52:05	143	20	
185	183	58	CARL BRADDOCK	M	V50	HAZEL GROVE RUNNERS	0:52:25	0:51:58	144	21	1
186	193	315	COLIN MCARDLE	M	V50	U/A	0:52:29	0:52:20	145	22	
187	177	205	PAUL GORMAN	M	V40	U/A	0:52:30	0:51:47	146	24	
188	186	257	ANDREW JERRISON	M	V40	U/A	0:52:31	0:52:05	147	25	
189	195	183	ANTHONY FORD	M	SEN	U/A	0:52:31	0:52:24	148	54	
190	192	268	ALISTAIR JORDAN	M	V50	MARPLE RUNNERS	0:52:33	0:52:16	149	23	12
191	194	115	JOHN COOKE	M	SEN	U/A	0:52:35	0:52:22	150	55	
192	188	391	RACHAEL POWELL	F	V40	MARPLE RUNNERS	0:52:36	0:52:08	42	10	4
193	189	353	GREG NORRIS	M	SEN	NATURAL RETREATS RUNNING CLUB	0:52:38	0:52:11	151	56	1
194	190	157	GLEN DURBAN	M	V40	U/A	0:52:39	0:52:14	152	26	
195	191	297	MARK LOMAS	M	SEN	U/A	0:52:39	0:52:16	153	57	
196	196	299	ANDY LORD	M	V50	MARPLE RUNNERS	0:52:44	0:52:25	154	24	13
197	201	348	LUKE MURRAY	M	SEN	U/A	0:52:50	0:52:47	155	58	

198	198	327	STEPHEN MIDDLETON	M	SEN	U/A	0:52:56	0:52:33	156	59	
199	200	398	JENNIFER RANSON	F	SEN	U/A	0:52:58	0:52:45	43	16	
200	197	211	NINA GREEN	F	V50	STOCKPORT HARRIERS	0:53:01	0:52:29	44	7	5
201	199	474	CATHERINE TOMBS	F	V45	MARPLE RUNNERS	0:53:03	0:52:35	45	9	5
202	203	49	SAM BLACOW	F	SEN	BRAMHALL RUNNERS	0:53:03	0:52:57	46	17	4
203	202	209	JOHN GRAYSTON	M	SEN	U/A	0:53:20	0:52:53	157	60	
204	206	1	MALCOLM ADAMS	M	V65	FYLDE COAST RUNNERS	0:53:20	0:53:08	158	5	1
205	209	331	CAROLE MILNES	F	V55	U/A	0:53:26	0:53:22	47	4	
206	205	490	ROB WALLIS	M	SEN	U/A	0:53:29	0:53:05	159	61	
207	207	406	GORDON ROGAN	M	V50	MARPLE RUNNERS	0:53:30	0:53:13	160	25	14
208	208	279	NICK LANGDON	M	SEN	U/A	0:53:40	0:53:16	161	62	
209	204	271	CHRIS KENNEDY	M	SEN	U/A	0:53:41	0:53:00	162	63	
210	212	493	SEAN WARD	M	V55	U/A	0:53:46	0:53:35	163	10	
211	211	226	LAURA HARTLEY	F	SEN	U/A	0:53:53	0:53:33	48	18	
212	213	158	KIM EASTHAM	F	V50	MACCLESFIELD HARRIERS	0:53:54	0:53:36	49	8	3
213	210	156	IAN DUNLOP	M	V45	U/A	0:54:00	0:53:32	164	30	
214	221	60	JAMIE BRANNAN	M	SEN	U/A	0:54:00	0:54:00	165	64	
215	217	104	STUART CLOUGH	M	SEN	U/A	0:54:02	0:53:52	166	65	
216	214	368	ALEX PANTER	M	SEN	U/A	0:54:03	0:53:41	167	66	
217	222	125	HELEN CROFT	F	V40	POYNTON RUNNERS	0:54:06	0:54:03	50	11	3
218	218	7	IAN ARCHIBALD	M	V40	U/A	0:54:07	0:53:53	168	27	
219	215	421	ANNA SHAFEE	F	SEN	U/A	0:54:10	0:53:42	51	19	
220	219	411	ANDREA ROWSON	F	V45	MARPLE RUNNERS	0:54:11	0:53:56	52	10	6
221	220	419	MATTHEW SCOTT	M	SEN	U/A	0:54:18	0:54:00	169	67	
222	224	12	IAN ASHCROFT	M	V70+	WILMSLOW RC	0:54:22	0:54:12	170	1	15
223	216	313	AMY MAYER	F	SEN	U/A	0:54:28	0:53:44	53	20	
224	228	409	PHILIP ROSE	M	V40	U/A	0:54:37	0:54:22	171	28	
225	225	405	CHARLOTTE RODGERS	F	SEN	U/A	0:54:38	0:54:16	54	21	
226	229	182	RICHARD FLUSKEY	M	V40	U/A	0:54:39	0:54:24	172	29	
227	227	364	ALEXANDER OSWELL	M	SEN	U/A	0:54:39	0:54:21	173	68	
228	226	166	DAVID EYRE	M	SEN	U/A	0:54:42	0:54:21	174	69	
229	223	417	REBECCA SCANLON	F	V40	U/A	0:54:46	0:54:12	55	12	
230	233	467	SARA TAYLOR	F	V40	STOCKPORT HARRIERS	0:55:02	0:54:42	56	13	6

231	235	300	JULIE LUCAS	F	V50	WILMSLOW RC	0:55:02	0:54:51	57	9	11
232	236	155	ROB DUNLEY	M	V40	U/A	0:55:03	0:54:52	175	30	
233	231	252	JAMES JACKSON	M	SEN	U/A	0:55:06	0:54:27	176	70	
234	234	154	LUCY DUNKERLEY	F	SEN	U/A	0:55:09	0:54:45	58	22	
235	232	37	CALLUM BEAVER	M	SEN	U/A	0:55:10	0:54:33	177	71	
236	237	214	CHRIS GUYMER	M	SEN	U/A	0:55:22	0:54:59	178	72	
237	238	35	LYNSEY BEACON	F	SEN	BRAMHALL RUNNERS	0:55:28	0:55:05	59	23	5
238	240	215	DAVID GUYMER	M	SEN	U/A	0:55:35	0:55:11	179	73	
239	243	100	ROBERT CHRYSTAL	M	SEN	U/A	0:55:43	0:55:34	180	74	
240	239	272	GARETH KIMBER	M	SEN	U/A	0:55:46	0:55:07	181	75	
241	241	81	PAUL CANNON	M	V65	U/A	0:55:49	0:55:11	182	6	
242	246	483	CAROL UPTON	F	V40	MACCLESFIELD HARRIERS	0:55:53	0:55:40	60	14	4
243	247	129	LISA CULLEN	F	SEN	U/A	0:56:01	0:55:43	61	24	
244	248	310	PETE MASON	M	V40	U/A	0:56:02	0:55:43	183	31	
245	245	193	HEATHER GALLOWAY	F	SEN	MACCLESFIELD HARRIERS	0:56:02	0:55:34	62	25	5
246	249	64	MICHAEL BROADBENT	M	V45	U/A	0:56:03	0:55:45	184	31	
247	242	65	PHILIP BROADBENT	M	V45	U/A	0:56:03	0:55:16	185	32	
248	244	522	MARK WRIGHT	M	V40	U/A	0:56:12	0:55:34	186	32	
249	254	173	SIMON FENTON	M	V70+	WILMSLOW RC	0:56:16	0:56:00	187	2	16
250	257	227	ROBERT HATTON	M	SEN	MARPLE RUNNERS	0:56:24	0:56:04	188	76	15
251	252	27	FRANCES BARNETT	F	SEN	U/A	0:56:26	0:55:58	63	26	
252	253	506	KAREN WILEMAN	F	SEN	STOCKPORT HARRIERS	0:56:26	0:56:00	64	27	7
253	250	511	IAN WILLIAMSON	M	V50	DAVENPORT RUNNERS	0:56:26	0:55:49	189	26	3
254	260	351	WARREN MYERS	M	SEN	U/A	0:56:26	0:56:12	190	77	
255	261	472	JAMES THOMSON	M	SEN	POYNTON RUNNERS	0:56:29	0:56:15	191	78	4
256	255	38	CHRIS BELK	M	JUN	U/A	0:56:32	0:56:02	192	1	
257	256	39	REBECC BELK	F	SEN	U/A	0:56:33	0:56:02	65	28	
258	251	450	TONI STOKES	F	SEN	U/A	0:56:34	0:55:49	66	29	
259	258	229	MATTHEW HEATON	M	SEN	U/A	0:56:41	0:56:06	193	79	
260	259	146	KATE DONNELLON	F	SEN	U/A	0:56:41	0:56:06	67	30	
261	264	243	GEOFFREY HULL	M	V65	MACCLESFIELD HARRIERS	0:56:41	0:56:28	194	7	5
262	262	451	VANESSA STOKOE	F	V45	MACCLESFIELD HARRIERS	0:56:43	0:56:25	68	11	6
263	267	143	ALISON DEYKIN	F	V45	MARPLE RUNNERS	0:56:50	0:56:39	69	12	7

264	263	492	LEE WARD	M	V45	U/A	0:56:53	0:56:27	195	33	
265	268	316	ROSEMARIE MCARDLE	F	V40	U/A	0:56:55	0:56:42	70	15	
266	275	513	JAMES WILLS	M	V40	U/A	0:56:56	0:56:50	196	33	
267	274	514	JOANNE WILLS	F	V45	U/A	0:56:57	0:56:50	71	13	
268	265	53	MALCOLM BOLTON	M	V60	U/A	0:57:02	0:56:32	197	6	
269	271	102	HELEN CLEAVER	F	V45	U/A	0:57:10	0:56:47	72	14	
270	272	396	NICOLA PURSLOW	F	V45	U/A	0:57:10	0:56:47	73	15	
271	270	163	PETER EVANS	M	V50	U/A	0:57:11	0:56:42	198	27	
272	276	120	DONNA COTTON	F	V40	U/A	0:57:15	0:57:01	74	16	
273	266	228	GAIL HEATHCOTE-MILNER	F	V50	U/A	0:57:18	0:56:34	75	10	
274	273	213	MARK GRUNDY	M	V55	BRAMHALL RUNNERS	0:57:20	0:56:48	199	11	13
275	269	139	MATTHEW DAVIES	M	SEN	U/A	0:57:24	0:56:42	200	80	
276	278	339	REBECCA MORGAN	F	SEN	BRAMHALL RUNNERS	0:57:41	0:57:10	76	31	6
277	277	477	WENDY TOREVELL	F	V60	BRAMHALL RUNNERS	0:57:43	0:57:08	77	1	7
278	281	168	ANN-MARIE FAIRCLOUGH	F	V50	BRAMHALL RUNNERS	0:57:50	0:57:28	78	11	8
279	282	103	ASHLEY CLIFFE	M	V45	U/A	0:57:50	0:57:34	201	34	
280	285	126	JON CROFT	M	V45	U/A	0:57:54	0:57:42	202	35	
281	283	407	FRANCES ROGERS	F	V40	POYNTON RUNNERS	0:58:02	0:57:41	79	17	4
282	284	292	EMMA LOCK	F	SEN	POYNTON RUNNERS	0:58:02	0:57:42	80	32	5
283	279	306	CAROLINE MALONE	F	V45	U/A	0:58:03	0:57:21	81	16	
284	280	181	ANDREA FLOOD	F	V45	POYNTON RUNNERS	0:58:03	0:57:21	82	17	6
285	287	278	CATHERINE LAMBERT	F	V45	POYNTON RUNNERS	0:58:07	0:57:44	83	18	7
286	288	59	LAURA BRADY	F	SEN	DAVENPORT RUNNERS	0:58:10	0:57:50	84	33	2
287	286	41	JOSEPH BENSON	M	SEN	NATURAL RETREATS RUNNING CLUB	0:58:11	0:57:43	203	81	2
288	291	197	EMMA GEE	F	SEN	DAVENPORT RUNNERS	0:58:13	0:58:05	85	34	3
289	293	479	PAUL TURGOOSE	M	V50	U/A	0:58:17	0:58:07	204	28	
290	289	185	HELEN FOTHERINGHAM	F	SEN	U/A	0:58:23	0:57:57	86	35	
291	290	208	JENNIFER GRAYSTON	F	V40	U/A	0:58:24	0:57:59	87	18	
292	298	135	LEE DALLOW	M	V40	U/A	0:58:33	0:58:27	205	34	
293	296	523	ANNA KAY	F	V40	U/A	0:58:39	0:58:23	88	19	
294	295	505	NICOLA WHITWORTH	F	V40	U/A	0:58:40	0:58:22	89	20	
295	297	219	STEVE HAIGH	M	SEN	U/A	0:58:42	0:58:25	206	82	
296	292	361	NICOLA OHARA	F	V40	U/A	0:58:42	0:58:06	90	21	

297	294	92	BRENDA CHADDERTON	F	V65+	MARPLE RUNNERS	0:58:47	0:58:10	91	1	8
298	299	30	EMMA BARTON	F	V40	U/A	0:58:52	0:58:35	92	22	
299	303	42	ALAN BENTLEY	M	V50	U/A	0:59:30	0:58:59	207	29	
300	302	512	JENNY WILLIS	F	V40	U/A	0:59:31	0:58:58	93	23	
301	300	82	FIONA CARMICHAEL	F	V40	U/A	0:59:31	0:58:45	94	24	
302	301	442	ALISON SPENCER	F	SEN	DAVENPORT RUNNERS	0:59:34	0:58:55	95	36	4
303	304	333	SIMON MOFFATT	M	SEN	U/A	0:59:34	0:59:08	208	83	
304	305	389	DAVID POWELL	M	V60	U/A	0:59:46	0:59:12	209	7	
305	309	108	AMANDA COLLINGE	F	V40	U/A	0:59:50	0:59:32	96	25	
306	306	18	JOHN BAILEY	M	SEN	MARPLE RUNNERS	1:00:00	0:59:21	210	84	16
307	308	56	CATHERINE BOOTH	F	V40	U/A	1:00:05	0:59:31	97	26	
308	307	236	KAREN HILTON	F	V50	U/A	1:00:07	0:59:30	98	12	
309	311	134	SIMON DAKIN	M	V50	HAZEL GROVE RUNNERS	1:00:08	0:59:48	211	30	2
310	310	363	ANDY OLDHAM	M	V45	U/A	1:00:09	0:59:39	212	36	
311	312	488	HANNAH WAINWRIGHT	F	SEN	U/A	1:00:12	0:59:50	99	37	
312	314	93	STEVE CHADWICK	M	V50	U/A	1:00:22	0:59:55	213	31	
313	313	78	NICK CALOW	M	V40	DAVENPORT RUNNERS	1:00:25	0:59:50	214	35	4
314	316	122	RICHARD COULBY	M	V50	STOCKPORT TRI CLUB	1:00:26	1:00:13	215	32	1
315	320	335	DEBBIE MOORE-GRUNDY	F	V50	U/A	1:00:37	1:00:32	100	13	
316	318	170	CLAIRE FARMER	F	SEN	U/A	1:00:43	1:00:28	101	38	
317	315	10	ROSH ARNFIELD	F	SEN	U/A	1:00:45	1:00:11	102	39	
318	319	329	STEVE MILLWARD	M	V60	U/A	1:00:53	1:00:28	216	8	
319	317	266	NAOMI JONES	F	SEN	U/A	1:00:53	1:00:27	103	40	
320	322	507	CHARLOTTE WILLIAMS	F	V40	U/A	1:01:16	1:00:54	104	27	
321	323	267	SUE JONES	F	V40	U/A	1:01:17	1:00:55	105	28	
322	324	94	PAMELA CHAPMAN	F	V50	BRAMHALL RUNNERS	1:01:18	1:00:58	106	14	9
323	326	153	SUZANNE DUDLEY	F	V45	U/A	1:01:20	1:01:03	107	19	
324	321	254	NATHALIE JANVIER	F	V45	U/A	1:01:21	1:00:37	108	20	
325	329	334	NICOLA MOORE	F	SEN	U/A	1:01:25	1:01:05	109	41	
326	328	459	LAURA SUTHERLAND	F	SEN	U/A	1:01:26	1:01:04	110	42	
327	327	458	AMY SUTHERLAND	F	SEN	U/A	1:01:26	1:01:04	111	43	
328	330	23	OLIVER BARBER	M	SEN	U/A	1:01:27	1:01:05	217	85	
329	325	269	KIRSTY KAMBITES	F	SEN	LYME RUNNERS	1:01:36	1:01:00	112	44	1

330	331	360	KAREN O'GRADY	F	SEN	U/A	1:01:36	1:01:09	113	45	
331	333	253	ALISON JAMES	F	V50	U/A	1:01:46	1:01:26	114	15	
332	334	109	JOSEPH CONNOR	M	SEN	BRAMHALL RUNNERS	1:02:01	1:01:31	218	86	14
333	335	188	DAWN RAYNER	F	SEN	U/A	1:02:02	1:01:55	115	46	
334	332	377	RICHARD PEACOCK	M	V50	GOYT VALLEY STRIDERS	1:02:09	1:01:23	219	33	1
335	336	145	DEREK DODD	M	V60	U/A	1:02:12	1:01:56	220	9	
336	340	515	RICHARD WILSHAW	M	SEN	U/A	1:02:17	1:02:08	221	87	
337	345	473	RACHAEL TITLEY	F	V40	U/A	1:02:32	1:02:26	116	29	
338	337	413	MARIA RUSHTON	F	V50	MARPLE RUNNERS	1:02:35	1:01:57	117	16	9
339	338	88	GILLIAN CARTLEDGE	F	V40	DAVENPORT RUNNERS	1:02:37	1:02:05	118	30	5
340	339	161	JACQUELINE EVANS	F	SEN	DAVENPORT RUNNERS	1:02:38	1:02:06	119	47	6
341	341	201	JOHN GILES	M	V40	U/A	1:02:52	1:02:11	222	36	
342	342	384	ANNA PLANT	F	SEN	HIGH PEAK TRI CLUB	1:02:58	1:02:16	120	48	1
343	343	340	JO MORLEY	F	V40	DAVENPORT RUNNERS	1:03:00	1:02:22	121	31	7
344	346	517	RACHEL WISE	F	SEN	U/A	1:03:00	1:02:30	122	49	
345	344	309	SARAH MARSHALL	F	SEN	U/A	1:03:03	1:02:24	123	50	
346	347	373	LUCIE PARKER	F	SEN	U/A	1:03:14	1:02:43	124	51	
347	350	132	LAURA CUNNINGHAM	F	SEN	U/A	1:03:23	1:03:18	125	52	
348	355	61	SALLYANN BRENNAN	F	V40	U/A	1:03:35	1:03:30	126	32	
349	356	20	SALLY BAMFORD	F	V40	U/A	1:03:38	1:03:33	127	33	
350	348	79	SUE CAMPBELL	F	V60	U/A	1:03:43	1:03:08	128	2	
351	353	369	SARA PANTER	F	SEN	U/A	1:03:45	1:03:24	129	53	
352	352	121	CLAIRE COULBY	F	V45	BRAMHALL RUNNERS	1:03:46	1:03:22	130	21	10
353	354	324	ALLISON MELIA	F	V40	BRAMHALL RUNNERS	1:03:47	1:03:27	131	34	11
354	351	371	CLAIRE PARKER	F	SEN	U/A	1:03:50	1:03:20	132	54	
355	349	206	SARAH GORMAN	F	V40	U/A	1:03:55	1:03:13	133	35	
356	230	318	LEE MCCOURT	M	SEN	MANCHESTER HARRIERS & AC	1:03:59	0:54:25	223	88	1
357	357	402	HUW RICKETTS	M	SEN	U/A	1:04:08	1:03:43	224	89	
358	358	446	GEMMA STEVENSON	F	SEN	U/A	1:04:37	1:04:02	134	55	
359	360	520	CHRISTINE WRIGHT	F	V50	DAVENPORT RUNNERS	1:05:11	1:04:39	135	17	8
360	364	14	DAVID ASHTON	M	V40	U/A	1:05:12	1:04:51	225	37	
361	370	112	ABBY COOKE	F	SEN	U/A	1:05:17	1:05:14	136	56	
362	366	167	JILL FAIRBAIRN	F	V60	U/A	1:05:23	1:04:58	137	3	

363	359	250	NATALIE ISHERWOOD	F	SEN	U/A	1:05:23	1:04:39	138	57	
364	361	323	HARRIET MEDWELL	F	SEN	U/A	1:05:23	1:04:39	139	58	
365	362	375	MICHAEL PATE	M	V50	U/A	1:05:24	1:04:39	226	34	
366	363	248	LINZI HYDE	F	V55	U/A	1:05:29	1:04:47	140	5	
367	365	242	BIK HUGHES-JONES	F	SEN	U/A	1:05:33	1:04:52	141	59	
368	368	426	ADRIAN SIMMONDS	M	V45	U/A	1:05:41	1:05:06	227	37	
369	367	260	RHONA JOHNSON	F	V55	BRAMHALL RUNNERS	1:05:47	1:05:03	142	6	12
370	369	470	GUY THOMPSON	M	V50	U/A	1:05:54	1:05:14	228	35	
371	376	469	REBECCA WILSHAW	F	SEN	U/A	1:05:57	1:05:47	143	60	
372	373	418	LAURA SCOTT	F	V45	U/A	1:06:08	1:05:34	144	22	
373	378	202	RACHEL GILLILAND	F	V45	MACCLESFIELD HARRIERS	1:06:09	1:05:50	145	23	7
374	375	280	JOHN LEAH	M	V65	BRAMHALL RUNNERS	1:06:11	1:05:40	229	8	15
375	371	86	JULIA CARTER	F	V40	GOYT VALLEY STRIDERS	1:06:11	1:05:27	146	36	1
376	372	95	CAROL CHAPPELL	F	V45	GOYT VALLEY STRIDERS	1:06:12	1:05:29	147	24	2
377	374	144	MAX DOBBYN	M	V65	U/A	1:06:16	1:05:39	230	9	
378	377	498	LYNNE WEBSTER	F	V60	BRAMHALL RUNNERS	1:06:22	1:05:49	148	4	13
379	379	127	EMMA CROSSLAND	F	V40	U/A	1:06:30	1:05:59	149	37	
380	380	281	SARAH LEAH	F	V40	U/A	1:06:31	1:06:00	150	38	
381	382	287	MELANIE LI	F	V45	BRAMHALL RUNNERS	1:06:49	1:06:25	151	25	14
382	381	5	KAREN ANDREW	F	V50	MARPLE RUNNERS	1:07:01	1:06:22	152	18	10
383	383	482	CAROL TYRER	F	V55	CALE GREEN RUNNERS	1:07:22	1:06:45	153	7	1
384	391	251	GAYNOR JACKSON	F	SEN	U/A	1:07:24	1:07:17	154	61	
385	392	524	JENNIE THOMPSON	F	SEN	U/A	1:07:24	1:07:18	155	62	
386	384	367	KATIE PALMER	F	SEN	CALE GREEN RUNNERS	1:07:25	1:06:48	156	63	2
387	385	200	DAVID GIBBONS	M	SEN	U/A	1:07:25	1:06:48	231	90	
388	394	187	JOANNE FOUBISTER	F	SEN	U/A	1:07:43	1:07:26	157	64	
389	393	258	KATHRYN JOHNSON	F	V40	MACCLESFIELD HARRIERS	1:07:44	1:07:24	158	39	8
390	386	457	ALISON SUMNER	F	SEN	POYNTON FITNESS	1:07:46	1:07:10	159	65	1
391	389	239	ALISON HOLLAND	F	V65+	BRAMHALL RUNNERS	1:07:46	1:07:14	160	2	15
392	387	175	KATIE FIDLER	F	SEN	POYNTON FITNESS	1:07:46	1:07:10	161	66	2
393	388	221	LESLEY HARESDAPE	F	V55	U/A	1:07:46	1:07:12	162	8	
394	390	503	ROB WHARMBY	M	SEN	DAVENPORT RUNNERS	1:07:49	1:07:15	232	91	5
395	396	422	PETER SHAKESHAF	M	V70+	U/A	1:08:00	1:07:36	233	3	

396	395	338	MORAG MORGAN	F	V65+	BRAMHALL RUNNERS	1:08:03	1:07:30	163	3	16
397	397	142	ELAINE DEVINE	F	V60	STOCKPORT HARRIERS	1:08:12	1:07:37	164	5	8
398	398	76	MIKE BUTCHER	M	V65	U/A	1:08:36	1:07:57	234	10	
399	401	17	HELEN BAILEY	F	SEN	U/A	1:08:55	1:08:41	165	67	
400	399	131	JAYNE CUNNINGHAM	F	SEN	U/A	1:08:55	1:08:33	166	68	
401	402	116	KAREN COOKE	F	V50	BRAMHALL RUNNERS	1:09:15	1:08:50	167	19	17
402	400	356	ROSEMARY OFFER	F	V55	U/A	1:09:24	1:08:40	168	9	
403	404	111	TRISH CONROY	F	V45	U/A	1:09:36	1:09:33	169	26	
404	405	110	TONY CONROY	M	V45	U/A	1:09:37	1:09:34	235	38	
405	403	342	KATE MORRIS	F	SEN	POYNTON RUNNERS	1:09:55	1:09:11	170	69	8
406	406	526	JASON WALKER	M	V45	U/A	1:10:14	1:09:56	236	39	
407	408	87	STEVE CARTER	M	V50	U/A	1:10:37	1:10:22	237	36	
408	407	501	GARY WENN	M	V50	ROYAL NAVY ATHLETICS ASSOCIATION	1:10:37	1:10:07	238	37	1
409	409	355	CHRIS OAKES	M	V45	U/A	1:11:00	1:10:23	239	40	
410	410	481	MIKE TURNER	M	V45	U/A	1:11:01	1:10:24	240	41	
411	412	74	JENNA BURNETT	F	SEN	U/A	1:11:18	1:11:10	171	70	
412	411	420	JOANNE SEATON	F	V40	U/A	1:11:20	1:11:05	172	40	
413	413	199	DANNIELLE GIBBONS	F	SEN	U/A	1:12:23	1:11:48	173	71	
414	414	463	ELAINE TAYLOR	F	SEN	U/A	1:12:42	1:12:02	174	72	
415	415	6	ROSA ARCHER	F	V50	U/A	1:13:35	1:12:51	175	20	
416	417	390	DIANA POWELL	F	V60	BRAMHALL RUNNERS	1:13:38	1:13:10	176	6	18
417	416	452	CRAIG STONE	M	SEN	U/A	1:13:45	1:13:09	241	92	
418	419	98	ANDREA CHATTERTON	F	SEN	U/A	1:14:58	1:14:49	177	73	
419	420	44	EMMA BERWICK	F	SEN	U/A	1:15:24	1:14:58	178	74	
420	418	172	RACHEL FARRELL	F	SEN	U/A	1:15:24	1:14:39	179	75	
421	421	48	GILLIAN BISHOP	F	SEN	U/A	1:15:39	1:15:11	180	76	
422	422	246	FRANCES HUNT	F	SEN	U/A	1:17:03	1:16:54	181	77	
423	423	231	KERRY HENRY	F	V45	CALE GREEN RUNNERS	1:18:43	1:18:02	182	27	3
424	424	432	ANN SINGLETON	F	SEN	CALE GREEN RUNNERS	1:18:49	1:18:08	183	78	4
425	427	372	HILARY PARKER	F	V40	U/A	1:20:18	1:20:04	184	41	
426	426	75	DEBRA BURROWS	F	SEN	U/A	1:20:19	1:20:03	185	79	
427	425	194	MIRANDA GALLOWAY	F	V45	MARPLE RUNNERS	1:20:37	1:19:59	186	28	11
428	428	500	NAOMI WELLS	F	SEN	U/A	1:20:56	1:20:11	187	80	

429	429	499	KAREN WELLINGTON	F	V50	U/A	1:22:47	1:22:04	188	21	
430	430	478	EM TOWNLEY	F	SEN	U/A	1:23:31	1:23:07	189	81	
431	431	284	SHELLEY LEE	F	V45	MACCLESFIELD HARRIERS	1:23:32	1:23:10	190	29	9
432	432	416	ZOE SANDERS	F	SEN	U/A	1:24:06	1:23:36	191	82	
433	433	502	STEPHEN WENN	M	SEN	U/A	1:24:09	1:23:38	242	93	