

# Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 21st October 20

## Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	H KnowlesJones	Warrington	11:30	33	Rachel Atherton	LeedsCityA B 13:58
2	Francesca Brint	SaleHarrie A	12:09	34	Clara Pettitt	ValeRoyalA B 13:58
3	Emma Clayton	LeedsCityA A	12:12	35	Bethany Hirst	EastCheshi 14:02
4	Rachael Burns	LiverpoolH	12:19	36	Deborah Richards	SheffieldR A 14:04
5	Emma Holt	MorpethHar	12:20	37	Elizabeth Hutson	RotherhamH C 14:09
6	Julie Briscoe	WakefieldD A	12:21	38	Lesley Watson	BingleyHar C 14:15
7	Imani Wilson	Hallamshir A	12:21	39	Laura Wilkinson	LincolnWel B 14:17
8	Olivia Sykes	HolmfirthH A	12:28	40	Hollie Carrington	ValeRoyalA C 14:36
9	Philippa Stone	Middlesbro	12:31	41	Lorna Hubbard	Keighley&C 14:38
10	Stephanie Burns	RotherhamH A	12:32	42	Phoebe Francis	BingleyHar A 14:38
11	Veleska Wills	DerbyAC A	12:33	43	Louise Watson	GosforthHa 14:41
12	Juliet Downs	SaleHarrie B	12:35	44	Jaimie Buckley	TotleyAc 14:45
13	Hannah Fletcher	Hallamshir B	12:41	45	Beth Massey	BarnsleyAC B 14:46
14	Lucy Hunter	Darlington	12:51	46	Lexie Wilson	Hallamshir C 14:47
15	Vicki Cronin	TraffordAC A	12:52	47	Sue Becconsall	BingleyHar B 14:48
16	Chloe Price	BirtleyAc	12:53	48	Louise Mangan	TraffordAC B 14:53
17	Beth Ansell	CityOfShef	12:54	49	Claire Chapman	Kimberwort A 14:56
18	Rochelle Harrison	LincolnWel A	12:57	50	Charlotte Maddox	SteelCityS A 14:58
19	Nicola Devine	DoncasterA	13:09	51	Rebecca Platts	RotherhamH D 15:04
20	Laura Kaye	LincolnWel C	13:15	52	*Not Declared*	15:12
21	Alice Moore	BarnsleyAC A	13:17	53	Rebecca Shutt	SteelCityS C 15:13
22	Alina Stepanchuk	RotherhamH B	13:21	54	Julie Darigala	PenistoneF 15:14
23	Helen Wilkinson	CityOfYork B	13:30	55	Sarah Holford	DerbyAC B 15:15
24	Lucy Byram	HolmfirthH B	13:32	56	Kate Pearson	University B 15:21
25	Ruth Jones	SalfordHar	13:33	57	Celia Demaria	LeedsCityA C 15:50
26	Claire Leaver	HolmfirthH C	13:34	58	Fran Allen	SteelCityS B 16:09
27	Bethan Gaye	University A	13:37	59	C Wolstenholme	SheffieldR C 16:33
28	Sarah Kearney	WirralAc	13:38	60	Roz Massey	TotleyAcB 16:34
29	Kate Moulds	ValeRoyalA A	13:43	61	Alison Noble	BarnsleyAC C 16:41
30	Rebecca Wilkinson	CityOfYork A	13:52	62	Tina Wilson	Hallamshir D 16:56
31	India Elliott	WakefieldD B	13:53	63	Alexa Dale	SheffieldR B 18:13
32	Jenni Muston	Spensoroug	13:55	64	Helen Woodburn	Kimberwort B 18:30

## Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain			
1	Alice Leake	LeedsCityA A	12:43	24:55	+ 2	37	Chrisse Dover	DerbyAC B 14:27 29:42 + 18
2	Zanthe Wray	Hallamshir A	12:36	24:57	+ 5	38	Nicola Jones	BingleyHar C 15:33 29:48 0
3	Claudia Cowan	SaleHarrie A	12:55	25:04	- 1	39	Natasha Geere	Spensoroug 15:57 29:52 - 7
4	Helen Berry	HolmfirthH A	12:49	25:17	+ 4	40	Tegan Knappy	Keighley&C 15:23 30:01 + 1
5	Emma Tilley	SaleHarrie B	12:44	25:19	+ 7	41	Nicole Davenport	TraffordAC B 15:16 30:09 + 7
6	Sophie Burnett	BirtleyAc	12:27	25:20	+ 10	42	Sarah Dewhurst	BingleyHar A 15:36 30:14 0
7	Gemma Holloway	LincolnWel A	12:29	25:26	+ 11	43	Jenny Wakeman	BarnsleyAC B 15:42 30:28 + 2
8	Samantha Johnson	RotherhamH A	12:55	25:27	+ 2	44	Rebecca Weight	BingleyHar B 15:49 30:37 + 3
9	Jenny Buck	WakefieldD A	13:15	25:36	- 3	45	Julia Johnson	PenistoneF 15:41 30:55 + 9
10	Gemma Floyd	MorpethHar	13:30	25:50	- 5	46	Caroline Greenough	SteelCityS A 16:05 31:03 + 4
11	Evie Brailsford	Hallamshir B	13:31	26:12	+ 2	47	Sarah Millns	Kimberwort A 16:10 31:06 + 2
12	Bethan Hudson	DerbyAC A	13:56	26:29	- 1	48	Caroline Fuller	CityOfShef 19:16 32:10 - 31
13	Fiona Davies	RotherhamH B	13:12	26:33	+ 9	49	Emma Kingston	SteelCityS B 16:03 32:12 + 9
14	Georgia Rothwell	CityOfYork A	12:44	26:36	+ 16	50	Sarah Gibbs	ValeRoyalA C 18:02 32:38 - 10
15	Amyrose Cauley	TraffordAC A	13:46	26:38	0	51	Jane Chippendale	GosforthHa 18:03 32:44 - 8
16	Natalie Curgenven	Darlington	14:08	26:59	- 2	52	Faye Lund	BarnsleyAC C 16:19 33:00 + 9
17	Taylor Hammond	BarnsleyAC A	13:51	27:08	+ 4	53	Susie Wall	TotleyAcB 16:55 33:29 + 7
18	Hannah Traynor	LiverpoolH	14:52	27:11	- 14	54	Sarah Booker	Hallamshir D 17:15 34:11 + 8
19	Erica Byram	HolmfirthH B	13:43	27:15	+ 5	55	Mary Craig	SteelCityS C 19:08 34:21 - 2
20	Beth Barlow	SalfordHar	13:45	27:18	+ 5	56	J Dutton	RotherhamH D 19:42 34:46 - 5
21	Eleanor Thorpe	LincolnWel C	14:06	27:21	- 1	57	S Dickinson	SheffieldR B 17:43 35:56 + 6
22	Susan Partridge	LeedsCityA B	13:28	27:26	+ 11	58	Jolien Bas	SheffieldR C 20:09 36:42 + 1
23	Jenny Reed	RotherhamH C	13:45	27:54	+ 14	59	Natalie Lowe	Kimberwort B 18:42 37:12 + 5
24	Antonia Fan	University A	14:25	28:02	+ 3	60	Emma Raddall	University B 24:52 40:13 - 4
25	Carolyn Dooley	ValeRoyalA A	14:32	28:15	+ 4	<b>Fastest runners over stage 2:</b>		
26	Sophie Darling	LincolnWel B	13:59	28:16	+ 13	1	Sophie Burnett	BirtleyAc 12:27
27	Lily Mcguiness	EastCheshi	14:16	28:18	+ 8	2	Gemma Holloway	LincolnWel A 12:29
28	Helena Croft	HolmfirthH C	14:48	28:22	- 2	3	Zanthe Wray	Hallamshir A 12:36
29	Samya Armoush	SheffieldR A	14:23	28:27	+ 7	4	Alice Leake	LeedsCityA A 12:43
30	Charlotte Slack	Hallamshir C	13:41	28:28	+ 16	5	Emma Tilley	SaleHarrie B 12:44
31	Lauren Eadon	CityOfYork B	15:07	28:37	- 8	6	Georgia Rothwell	CityOfYork A 12:44
32	Shaz Wood	DoncasterA	15:47	28:56	- 13	7	Helen Berry	HolmfirthH A 12:49
33	Anne Rosbottom	WirralAc	15:20	28:58	- 5	8	Samantha Johnson	RotherhamH A 12:55
34	Hayley Newbound	WakefieldD B	15:16	29:09	- 3	9	Claudia Cowan	SaleHarrie A 12:55
35	Emmalouise Pyatt	ValeRoyalA B	15:22	29:20	- 1	10	Fiona Davies	RotherhamH B 13:12
36	Caz Kay	TotleyAc	14:54	29:39	+ 8			

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## Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Abbie Donnelly	LincolnWel A	11:57	37:23	+ 6	37	Sarah Gough	BarnsleyAC B	15:00	45:28	+ 6
2	Lydia Turner	BirtleyAc	12:05	37:25	+ 4	38	MCarreravivar	BingleyHar A	15:38	45:52	+ 4
3	Ellen Downs	SaleHarrie A	12:38	37:42	0	39	Liz Lewins	TotleyAc	16:35	46:14	- 3
4	Charlotte Ward	Hallamshir A	13:03	38:00	- 2	40	Claire Berry	Spensoroug	17:06	46:58	- 1
5	Leila Armoush	LeedsCityA A	13:18	38:13	- 4	41	Tracy Bailey	Keighley&C	17:17	47:18	- 1
6	Ruby Sykes	HolmfirthH A	13:01	38:18	- 2	42	Caroline Francis	BingleyHar B	16:51	47:28	+ 2
7	Jenny Blizard	RotherhamH A	13:01	38:28	+ 1	43	Helenrebecca Cain	SteelCityS A	16:54	47:57	+ 3
8	Lucy Robinson	WakefieldD A	12:58	38:34	+ 1	44	Helen Wade	Kimberwort A	16:56	48:02	+ 3
9	Josie Cram	MorpethHar	13:33	39:23	+ 1	45	Sue Exon	TraffordAC B	18:21	48:30	- 4
10	Sarah Howard	LiverpoolH	12:37	39:48	+ 8	46	K Lightowler	PenistoneF	18:36	49:31	- 1
11	Katy Wood	CityOfYork A	13:18	39:54	+ 3	47	Fran Cummins	SteelCityS B	17:36	49:48	+ 2
12	Sinead Bent	SalfordHar	12:53	40:11	+ 8	48	Liz Gale	ValeRoyalA C	17:29	50:07	+ 2
13	Ellie Crownshaw	Hallamshir B	14:08	40:20	- 2	49	Carol Morrell	BarnsleyAC C	17:15	50:15	+ 3
14	Sophie Wallis	LincolnWel C	13:40	41:01	+ 7	50	Yvonne Twelvetree	TotleyAcB	17:39	51:08	+ 3
15	Rebekah Ward	LincolnWel B	12:48	41:04	+ 11	51	Sarah Gartside	GosforthHa	18:30	51:14	0
16	Naomi Armitage	RotherhamH B	14:38	41:11	- 3	52	Catherine Mckeown	SteelCityS C	17:51	52:12	+ 3
17	Charlotte Wills	LeedsCityA B	13:53	41:19	+ 5	53	Maggie Quinn	Hallamshir D	19:41	53:52	+ 1
18	Kerry Storrar	BarnsleyAC A	14:23	41:31	- 1	54	Gillian Taylor	RotherhamH D	19:30	54:16	+ 2
19	Margaret Sykes	HolmfirthH B	14:20	41:35	0	55	Caroline Saunders	Kimberwort B	17:07	54:19	+ 4
20	Sue Philips	Darlington	14:49	41:48	- 4	56	Lucia Specia	SheffieldR C	18:21	55:03	+ 2
21	Karen Hill	TraffordAC A	15:17	41:55	- 6	<b>Fastest runners over stage 3:</b>					
22	Lauren Howe	University A	14:13	42:15	+ 2	1	Abbie Donnelly	LincolnWel A	11:57		
23	Hannah Whitelam	Hallamshir C	14:16	42:44	+ 7	2	Lydia Turner	BirtleyAc	12:05		
24	Janet Grint	EastCheshi	14:31	42:49	+ 3	3	Sarah Howard	LiverpoolH	12:37		
25	Amy Stone	DerbyAC A	16:24	42:53	- 13	4	Ellen Downs	SaleHarrie A	12:38		
26	D Elliott	RotherhamH C	15:21	43:15	- 3	5	Rebekah Ward	LincolnWel B	12:48		
27	Helen Smith	ValeRoyalA A	15:03	43:18	- 2	6	Sinead Bent	SalfordHar	12:53		
28	Amy Kettlewell	HolmfirthH C	15:05	43:27	0	7	Lucy Robinson	WakefieldD A	12:58		
29	Ellen Mcleod	SheffieldR A	15:18	43:45	0	8	Ruby Sykes	HolmfirthH A	13:01		
30	Jo Buckley	BingleyHar C	14:03	43:51	+ 8	9	Jenny Blizard	RotherhamH A	13:01		
31	Karen Wood	CityOfYork B	15:29	44:06	0	10	Charlotte Ward	Hallamshir A	13:03		
32	Felicity Hale	WirralAc	15:40	44:38	+ 1						
33	Marielouise Taylor	DoncasterA	15:50	44:46	- 1						
34	Lucy Knight	ValeRoyalA B	15:39	44:59	+ 1						
35	Steph Spencer	DerbyAC B	15:25	45:07	+ 2						
36	Eileen Mannion	WakefieldD B	16:18	45:27	- 2						

# Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 21st October 20

## Senior Women — Team Results — Final (nn) is team position after the appropriate stage.

<b>1 Lincoln Wellington AC</b> 'A' <b>37:23</b>	<b>23 Hallamshire Harriers Sheffield</b> 'C' <b>42:44</b>
1 Rochelle Harrison (18) 12:57	1 Lexie Wilson (46) 14:47
2 Gemma Holloway (7) 12:29	2 Charlotte Slack (30) 13:41
3 Abbie Donnelly (1) 11:57	3 Hannah Whitelam (23) 14:16
<b>2 Birtley Ac</b> <b>37:25</b>	<b>24 East Cheshire Harriers &amp; Tames</b> <b>42:49</b>
1 Chloe Price (16) 12:53	1 Bethany Hirst (35) 14:02
2 Sophie Burnett (6) 12:27	2 Lily McGuinness (27) 14:16
3 Lydia Turner (2) 12:05	3 Janet Grint (24) 14:31
<b>3 Sale Harriers Manchester</b> 'A' <b>37:42</b>	<b>25 Derby AC</b> 'A' <b>42:53</b>
1 Francesca Brint (2) 12:09	1 Veleska Wills (11) 12:33
2 Claudia Cowan (3) 12:55	2 Bethan Hudson (12) 13:56
3 Ellen Downs (3) 12:38	3 Amy Stone (25) 16:24
<b>4 Hallamshire Harriers Sheffield</b> 'A' <b>38:00</b>	<b>26 Rotherham Harriers &amp; Ac</b> 'C' <b>43:15</b>
1 Imani Wilson (7) 12:21	1 Elizabeth Hutson (37) 14:09
2 Zanthé Wray (2) 12:36	2 Jenny Reed (23) 13:45
3 Charlotte Ward (4) 13:03	3 DElliott (26) 15:21
<b>5 Leeds City AC</b> 'A' <b>38:13</b>	<b>27 Vale Royal Ac</b> 'A' <b>43:18</b>
1 Emma Clayton (3) 12:12	1 Kate Moulds (29) 13:43
2 Alice Leake (1) 12:43	2 Carolyn Dooley (25) 14:32
3 Leila Armoush (5) 13:18	3 Helen Smith (27) 15:03
<b>6 Holmfirth Harriers Ac</b> 'A' <b>38:18</b>	<b>28 Holmfirth Harriers Ac</b> 'C' <b>43:27</b>
1 Olivia Sykes (8) 12:28	1 Claire Leaver (26) 13:34
2 Helen Berry (4) 12:49	2 Helena Croft (28) 14:48
3 Ruby Sykes (6) 13:01	3 Amy Kettlewell (28) 15:05
<b>7 Rotherham Harriers &amp; Ac</b> 'A' <b>38:28</b>	<b>29 Sheffield Rc</b> 'A' <b>43:45</b>
1 Stephanie Burns (10) 12:32	1 Deborah Richards (36) 14:04
2 Samantha Johnson (8) 12:55	2 Samya Armoush (29) 14:23
3 Jenny Blizard (7) 13:01	3 Ellen Mcleod (29) 15:18
<b>8 Wakefield District H &amp; Ac</b> 'A' <b>38:34</b>	<b>30 Bingley Harriers &amp; Ac</b> 'C' <b>43:51</b>
1 Julie Briscoe (6) 12:21	1 Lesley Watson (38) 14:15
2 Jenny Buck (9) 13:15	2 Nicola Jones (38) 15:33
3 Lucy Robinson (8) 12:58	3 Jo Buckley (30) 14:03
<b>9 Morpeth Harriers &amp; Ac</b> <b>39:23</b>	<b>31 City Of York Ac</b> 'B' <b>44:06</b>
1 Emma Holt (5) 12:20	1 Helen Wilkinson (23) 13:30
2 Gemma Floyd (10) 13:30	2 Lauren Eadon (31) 15:07
3 Josie Cram (9) 13:33	3 Karen Wood (31) 15:29
<b>10 Liverpool Harriers &amp; Ac</b> <b>39:48</b>	<b>32 Wirral Ac</b> <b>44:38</b>
1 Rachael Burns (4) 12:19	1 Sarah Kearney (28) 13:38
2 Hannah Traynor (18) 14:52	2 Anne Rosbottom (33) 15:20
3 Sarah Howard (10) 12:37	3 Felicity Hale (32) 15:40
<b>11 City Of York Ac</b> 'A' <b>39:54</b>	<b>33 Doncaster AC</b> <b>44:46</b>
1 Rebecca Wilkinson (30) 13:52	1 Nicola Devine (19) 13:09
2 Georgia Rothwell (14) 12:44	2 Shaz Wood (32) 15:47
3 Katy Wood (11) 13:18	3 Marielouise Taylor (33) 15:50
<b>12 Salford Harriers &amp; Ac</b> <b>40:11</b>	<b>34 Vale Royal Ac</b> 'B' <b>44:59</b>
1 Ruth Jones (25) 13:33	1 Clara Pettitt (34) 13:58
2 Beth Barlow (20) 13:45	2 Emmalouise Pyatt (35) 15:22
3 Sinead Bent (12) 12:53	3 Lucy Knight (34) 15:39
<b>13 Hallamshire Harriers Sheffield</b> 'B' <b>40:20</b>	<b>35 Derby AC</b> 'B' <b>45:07</b>
1 Hannah Fletcher (13) 12:41	1 Sarah Holford (55) 15:15
2 Evie Brailsford (11) 13:31	2 Chrissie Dover (37) 14:27
3 Ellie Crownshaw (13) 14:08	3 Steph Spencer (35) 15:25
<b>14 Lincoln Wellington AC</b> 'C' <b>41:01</b>	<b>36 Wakefield District H &amp; Ac</b> 'B' <b>45:27</b>
1 Laura Kaye (20) 13:15	1 India Elliott (31) 13:53
2 Eleanor Thorpe (21) 14:06	2 Hayley Newbound (34) 15:16
3 Sophie Wallis (14) 13:40	3 Eileen Mannion (36) 16:18
<b>15 Lincoln Wellington AC</b> 'B' <b>41:04</b>	<b>37 Barnsley AC</b> 'B' <b>45:28</b>
1 Laura Wilkinson (39) 14:17	1 Beth Massey (45) 14:46
2 Sophie Darling (26) 13:59	2 Jenny Wakeman (43) 15:42
3 Rebekah Ward (15) 12:48	3 Sarah Gough (37) 15:00
<b>16 Rotherham Harriers &amp; Ac</b> 'B' <b>41:11</b>	<b>38 Bingley Harriers &amp; Ac</b> 'A' <b>45:52</b>
1 Alina Stepanchuk (22) 13:21	1 Phoebe Francis (42) 14:38
2 Fiona Davies (13) 13:12	2 Sarah Dewhirst (42) 15:36
3 Naomi Armitage (16) 14:38	3 M Carreravivar (38) 15:38
<b>17 Leeds City AC</b> 'B' <b>41:19</b>	<b>39 Totley Ac</b> <b>46:14</b>
1 Rachel Atherton (33) 13:58	1 Jaimie Buckley (44) 14:45
2 Susan Partridge (22) 13:28	2 Caz Kay (36) 14:54
3 Charlotte Wills (17) 13:53	3 Liz Lewins (39) 16:35
<b>18 Barnsley AC</b> 'A' <b>41:31</b>	<b>40 Spensborough &amp; Dist Ac</b> <b>46:58</b>
1 Alice Moore (21) 13:17	1 Jenni Muston (32) 13:55
2 Taylor Hammond (17) 13:51	2 Natasha Geere (39) 15:57
3 Kerry Storrar (18) 14:23	3 Claire Berry (40) 17:06
<b>19 Holmfirth Harriers Ac</b> 'B' <b>41:35</b>	<b>41 Keighley &amp; Craven Ac</b> <b>47:18</b>
1 Lucy Byram (24) 13:32	1 Lorna Hubbard (41) 14:38
2 Erica Byram (19) 13:43	2 Tegan Knappy (40) 15:23
3 Margaret Sykes (19) 14:20	3 Tracy Bailey (41) 17:17
<b>20 Darlington H &amp; Ac</b> <b>41:48</b>	<b>42 Bingley Harriers &amp; Ac</b> 'B' <b>47:28</b>
1 Lucy Hunter (14) 12:51	1 Sue Beconsall (47) 14:48
2 Natalie Curgenvin (16) 14:08	2 Rebecca Weight (44) 15:49
3 Sue Phillips (20) 14:49	3 Caroline Francis (42) 16:51
<b>21 Trafford AC</b> 'A' <b>41:55</b>	<b>43 Steel City Striders Rc</b> 'A' <b>47:57</b>
1 Vicki Cronin (15) 12:52	1 Charlotte Maddox (50) 14:58
2 Amyrose Cauley (15) 13:46	2 Caroline Greenough (46) 16:05
3 Karen Hill (21) 15:17	3 Helen Rebecca Cain (43) 16:54
<b>22 University Of Sheffield Union</b> 'A' <b>42:15</b>	<b>44 Kimberworth Striders</b> 'A' <b>48:02</b>
1 Bethan Gaye (27) 13:37	1 Claire Chapman (49) 14:56
2 Antonia Fan (24) 14:25	2 Sarah Millns (47) 16:10
3 Lauren Howe (22) 14:13	3 Helen Wade (44) 16:56

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**45 Trafford AC 'B' 48:30**  
 1 Louise Mangan (48) 14:53 2 Nicole Davenport (41) 15:16  
 3 Sue Exon (45) 18:21

**46 Penistone Footpath Runners & A 49:31**  
 1 Julie Darigala (54) 15:14 2 Julia Johnson (45) 15:41  
 3 K Lightowler (46) 18:36

**47 Steel City Striders Rc 'B' 49:48**  
 1 Fran Allen (58) 16:09 2 Emma Kingston (49) 16:03  
 3 Fran Cummins (47) 17:36

**48 Vale Royal Ac 'C' 50:07**  
 1 Hollie Carrington (40) 14:36 2 Sarah Gibbs (50) 18:02  
 3 Liz Gale (48) 17:29

**49 Barnsley AC 'C' 50:15**  
 1 Alison Noble (61) 16:41 2 Faye Lund (52) 16:19  
 3 Carol Morrell (49) 17:15

**50 Totley Ac 'B' 51:08**  
 1 Roz Massey (60) 16:34 2 Susie Wall (53) 16:55  
 3 Yvonne Twelvetree (50) 17:39

**51 Gosforth Harriers & Ac 51:14**  
 1 Louise Watson (43) 14:41 2 Jane Chippendale (51) 18:03  
 3 Sarah Gartside (51) 18:30

**52 Steel City Striders Rc 'C' 52:12**  
 1 Rebecca Shutt (53) 15:13 2 Mary Craig (55) 19:08  
 3 Catherine Mckeown (52) 17:51

**53 Hallamshire Harriers Sheffield 'D' 53:52**  
 1 Tina Wilson (62) 16:56 2 Sarah Booker (54) 17:15  
 3 Maggie Quinn (53) 19:41

**54 Rotherham Harriers & Ac 'D' 54:16**  
 1 Rebecca Platts (51) 15:04 2 J Dutton (56) 19:42  
 3 Gillian Taylor (54) 19:30

**55 Kimberworth Striders 'B' 54:19**  
 1 Helen Woodburn (64) 18:30 2 Natalie Lowe (59) 18:42  
 3 Caroline Saunders (55) 17:07

**56 Sheffield Rc 'C' 55:03**  
 1 C Wolstenholme (59) 16:33 2 Jolien Bas (58) 20:09  
 3 Lucia Specia (56) 18:21

## Incomplete Teams:

**Sale Harriers Manchester 'B'**  
 1 Juliet Downs (12) 12:35 2 Emma Tilley (5) 12:44

**City Of Sheffield & Dearne Ac**  
 1 Beth Ansell (17) 12:54 2 Caroline Fuller (48) 19:16

**Sheffield Rc 'B'**  
 1 Alexa Dale (63) 18:13 2 S Dickinson (57) 17:43

**University Of Sheffield Union 'B'**  
 1 Kate Pearson (56) 15:21 2 Emma Raddall (60) 24:52

**Warrington AC**  
 1 H Knowles Jones (1) 11:30

**Middlesbrough AC**  
 1 Philippa Stone (9) 12:31

1 Undeclared (52) 15:12

**Leeds City AC 'C'**  
 1 Celia Demaria (57) 15:50

## Fastest of all legs

1	H Knowles Jones	Warrington	11:30
2	Abbie Donnelly	Lincoln Wel	A 11:57
3	Lydia Turner	Birtley Ac	12:05
4	Francesca Brint	Sale Harrie	A 12:09
5	Emma Clayton	Leeds City A	A 12:12
6	Rachael Burns	Liverpool H	12:19
7	Emma Holt	Morpeth Har	12:20
8	Julie Briscoe	Wakefield D	A 12:21
=	Imani Wilson	Hallamshir	A 12:21
10	Sophie Burnett	Birtley Ac	12:27