

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2017

Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	201	Thomas Manton	Stockport H&ac	12:14
2	633	Alex Poulston	Wirral AC	12:18
3	498	Elliot Savage	Sale H Manchester	12:29
4	500	Jack Spark	Sale H Manchester	12:32
5	199	Jack Catterall	Stockport H&ac	12:33
6	202	Finley Mayoh	Stockport H&ac	12:39
7	636	Jamie Richardson	West Cheshire AC	12:43
8	269	Erik Marshall	Warrington AC	12:47
9	134	Matthew Russell	Salford H&ac	12:50
10	131	Max Lowrey	Salford H&ac	12:55
11	482	Luke Chinoy	Sale H Manchester	13:02
12	701	Gabriel Meehan	Liverpool H & AC	13:03
13	133	Ethan Nation	Salford H&ac	13:04
14	495	Will Parker	Sale H Manchester	13:09
15	64	Aadi Whitlock	Macclesfield H&ac	13:11
16	501	Charlie Tittensor	Sale H Manchester	13:12
17	487	George Kattah	Sale H Manchester	13:16
18	58	Phillip Goodfellow	Macclesfield H&ac	13:20
19	365	Charlie Massey	Trafford AC	13:21
20	204	Harvey Murphy	Stockport H&ac	13:23
21	492	Archie McCarron	Sale H Manchester	13:24
22	659	Rhys Hopkins	St Helens Sutton AC	13:27
23	685	James McGraw	E Cheshire H&tameside AC	13:28
24	205	Henry Pickard	Stockport H&ac	13:31
25	682	James Harney	E Cheshire H&tameside AC	13:36
26	493	George Noble	Sale H Manchester	13:38
27	400	Matthew Haslam	Halton&frodsham H	13:44
28	55	Hayden Blunn	Macclesfield H&ac	13:45
29	490	Edward Lord	Sale H Manchester	13:46
30	32	Michael Dodson	St Helens Sutton AC	13:46
31	362	Charlie Atkiss	Trafford AC	13:52
32	56	Oliver Bradley	Macclesfield H&ac	13:54
33	299	Caleb Winfield	Buxton AC	13:55
34	683	Patrick Lee	E Cheshire H&tameside AC	13:57
35	415	Fraser Mackie	Manchester H&ac	13:57
36	479	Jack Ackers	Sale H Manchester	14:04
37	414	William Brown	Manchester H&ac	14:08
38	129	Malachy Cole	Salford H&ac	14:10
39	206	Jonah Wall	Stockport H&ac	14:10
40	405	Sam Gray	Knutsford Tri Club	14:14
41	678	J Bowler-Greenwood	E Cheshire H&tameside AC	14:17
42	480	Jack Batten	Sale H Manchester	14:19
43	686	Cillian Mulcahy	E Cheshire H&tameside AC	14:20
44	719	Sonny Wilson	Trafford AC	14:27
45	364	Joseph Daly	Trafford AC	14:28
46	657	Benjamin Knight	Salford Met AC	14:28
47	688	Kyle Shenton-Cox	E Cheshire H&tameside AC	14:34
48	643	Harry Reens	Macclesfield H&ac	14:41
49	132	Patrick Marsden	Salford H&ac	14:46
50	295	Ben Hawtin	Buxton AC	14:48
51	369	Ralf Syrett	Trafford AC	14:49
52	681	Kane Grant	E Cheshire H&tameside AC	14:51
53	612	Callum Fricker	Oldham & Royton H&ac	14:54
54	60	Thomas Marsh	Macclesfield H&ac	14:58
55	679	Adam Bradley	E Cheshire H&tameside AC	15:01
56	581	Angus Morris	Altrincham&district AC	15:07
57	296	Ryan Rawlinson	Buxton AC	15:13
58	198	Freddie Bailey	Stockport H&ac	15:27
59	406	Thomas Roberts	Knutsford Tri Club	15:32
60	608	Albert Durance	Manchester Triathlon	15:34
61	298	Louis White	Buxton AC	15:40
62	566	Joe Tyldesley	Salford Met AC	15:45
63	565	Tom Critchley	Salford Met AC	15:46
64	497	Alex Patten	Sale H Manchester	15:49
65	93	James Evans	St Helens Tri	15:58
66	644	Charlie Morgan	Sale H Manchester	16:12
67	680	Zach Conboy	E Cheshire H&tameside AC	16:30
68	613	Oliver Richardson	Oldham & Royton H&ac	16:32
69	720	Benji Young	Trafford AC	17:00
70	297	Joseph Thorogood	Buxton AC	17:03
71	401	Joseph Larkin	Halton&frodsham H	17:10
72	689	L Storey-Grimshaw	E Cheshire H&tameside AC	17:16

Under 13 - Boys — TEAM RESULTS

1	Stockport H&ac	12	—	1	Thomas Manton	5	Jack Catterall	6	Finley Mayoh
2	Sale H Manchester	18	—	3	Elliot Savage	4	Jack Spark	11	Luke Chinoy
3	Salford H&ac	32	—	9	Matthew Russell	10	Max Lowrey	13	Ethan Nation
4	Sale H Manchester	47	—	14	Will Parker	16	Charlie Tittensor	17	George Kattah
5	Macclesfield H&ac	61	—	15	Aadi Whitlock	18	Phillip Goodfellow	28	Hayden Blunn
6	Sale H Manchester	76	—	21	Archie McCarron	26	George Noble	29	Edward Lord
7	E Cheshire H&tameside AC	82	—	23	James McGraw	25	James Harney	34	Patrick Lee
8	Stockport H&ac	83	—	20	Harvey Murphy	24	Henry Pickard	39	Jonah Wall
9	Trafford AC	94	—	19	Charlie Massey	31	Charlie Atkiss	44	Sonny Wilson
10	E Cheshire H&tameside AC	131	—	41	J Bowler-Greenwood	43	Cillian Mulcahy	47	Kyle Shenton-Cox
11	Macclesfield H&ac	134	—	32	Oliver Bradley	48	Harry Reens	54	Thomas Marsh
12	Buxton AC	140	—	33	Caleb Winfield	50	Ben Hawtin	57	Ryan Rawlinson
13	Sale H Manchester	142	—	36	Jack Ackers	42	Jack Batten	64	Alex Patten
14	Trafford AC	165	—	45	Joseph Daly	51	Ralf Syrett	69	Benji Young
15	Salford Met AC	171	—	46	Benjamin Knight	62	Joe Tyldesley	63	Tom Critchley
16	E Cheshire H&tameside AC	174	—	52	Kane Grant	55	Adam Bradley	67	Zach Conboy

Manchester Area Cross Country League

at Heaton Park on Saturday 14th October 2017

Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	462	Isabelle Burke	Sale H Manchester	13:17	42	259	Lucie Davies	Warrington AC	15:39
2	467	Taylor Edwards	Sale H Manchester	13:22	43	188	Lauren Dewbury	Stockport H&ac	15:42
3	262	Orla Gregory	Warrington AC	13:28	44	193	Mary Seymour	Stockport H&ac	15:43
4	192	Jasmine Reed	Stockport H&ac	13:32	45	263	Isobel Houghton	Warrington AC	15:48
5	577	Aisling McHale	Altrincham&district AC	13:41	46	358	Marina Guardascione	Trafford AC	15:50
6	126	Nicola Mason	Salford H&ac	13:56	47	334	Megan McMutrie	Liverpool H & AC	15:52
7	458	Niamh Boyd	Sale H Manchester	13:59	48	120	Emily Birchall	Salford H&ac	15:53
8	124	Isobel Cammish	Salford H&ac	14:00	49	51	Charlotte Moran	Macclesfield H&ac	15:55
9	393	Charlotte Glover	Halton&frodsham H	14:19	50	606	Isabel Pearson	Manchester Triathlon	15:56
10	578	Esme Pearson	Altrincham&district AC	14:23	51	611	Emilia Platt	Oldham & Royton H&ac	15:59
11	392	Bethany Glover	Halton&frodsham H	14:32	52	591	Imogen Gush	E Cheshire H&tameside AC	16:01
12	465	Akira Edgson	Sale H Manchester	14:35	53	122	Sophia Bratt	Salford H&ac	16:02
13	590	Matilda Brynes	E Cheshire H&tameside AC	14:37	54	191	Libby Martin	Stockport H&ac	16:04
14	189	Lydia Gilvear	Stockport H&ac	14:39	55	697	Hannah Jones	Liverpool H & AC	16:05
15	331	Mia Ireston	Liverpool H & AC	14:42	56	329	Jenny Grant	Liverpool H & AC	16:06
16	333	Ella McMutrie	Liverpool H & AC	14:43	57	477	Shona Wilkinson	Sale H Manchester	16:08
17	412	Violet Claxton	Manchester H&ac	14:45	58	354	Cleo Bentall	Trafford AC	16:09
18	50	Rebecca Dilworth	Macclesfield H&ac	14:52	59	260	Emily Entwistle	Warrington AC	16:11
19	592	Libby Kilbourne	E Cheshire H&tameside AC	14:55	60	594	Leigha Manser	E Cheshire H&tameside AC	16:14
20	324	I Blakemore-Clark	Liverpool H & AC	14:57	61	411	Evelyn Barber	Manchester H&ac	16:15
21	563	Eella Salih	Salford Met AC	14:59	62	716	Charlotte Flint	Manchester H&ac	16:17
22	460	Olivia Brown	Sale H Manchester	15:02	63	121	Lauren Birchall	Salford H&ac	16:18
23	118	Lucy Aplin	Salford H&ac	15:04	64	195	Grace Taylor	Stockport H&ac	16:20
24	335	Emily Skaife	Liverpool H & AC	15:05	65	127	Heidi Moore	Salford H&ac	16:21
25	266	Molly Wormald	Warrington AC	15:08	66	360	Alexandra Sinclair	Trafford AC	16:23
26	361	Lila Wainwright	Trafford AC	15:10	67	595	Aliesha Smith	E Cheshire H&tameside AC	16:23
27	257	Maisie Bell	Warrington AC	15:11	68	54	Amelia Wilson	Macclesfield H&ac	16:32
28	473	Olivia Nolan	Sale H Manchester	15:14	69	459	Greta Brooks	Sale H Manchester	16:47
29	571	Grace Adams	Altrincham&district AC	15:15	70	53	Ruby Stockdale	Macclesfield H&ac	16:51
30	325	Isobel Dallas	Liverpool H & AC	15:17	71	264	Jasmine Jones	Warrington AC	16:55
31	356	Neve Davenport	Trafford AC	15:18	72	576	Hannah Gregg	Altrincham&district AC	17:08
32	326	Andrea Ellinas	Liverpool H & AC	15:20	73	398	Ellie Molyneaux	Halton&frodsham H	17:22
33	656	Anjali Mistry	Salford Met AC	15:21	74	197	Emma Wood-Doyle	Stockport H&ac	17:33
34	261	Eva Ferris	Warrington AC	15:23	75	258	Shauna Clarke	Warrington AC	17:57
35	327	S Fane-De-Salis	Liverpool H & AC	15:24	76	355	Imogen Davenport	Trafford AC	18:09
36	187	Rebecca Cox	Stockport H&ac	15:26	77	128	Jessica West	Salford H&ac	18:13
37	728	Hollie Brussels	St Helens Sutton AC	15:29	78	641	Libbie Grindey	Macclesfield H&ac	18:14
38	332	Mae Lawless	Liverpool H & AC	15:30	79	723	Georgia Oakes	Warrington AC	18:37
39	475	Ebony Robinson	Sale H Manchester	15:33	80	634	J Griffin-Jones	Halton&frodsham H	18:44
40	186	Isabel Brundrett	Stockport H&ac	15:36	81	730	Ellen LeesHill	E Cheshire H&tameside AC	18:49
41	190	Jessica Jones	Stockport H&ac	15:37	82	658	Jessica Bairstow	St Helens Sutton AC	20:34

Under 13 - Girls — TEAM RESULTS

1	Sale H Manchester	10	—	1	Isabelle Burke	2	Taylor Edwards	7	Niamh Boyd
2	Salford H&ac	37	—	6	Nicola Mason	8	Isobel Cammish	23	Lucy Aplin
3	Altrincham&district AC	44	—	5	Aisling McHale	10	Esme Pearson	29	Grace Adams
4	Liverpool H & AC	51	—	15	Mia Ireston	16	Ella McMutrie	20	I Blakemore-Clark
5	Stockport H&ac	54	—	4	Jasmine Reed	14	Lydia Gilvear	36	Rebecca Cox
6	Warrington AC	55	—	3	Orla Gregory	25	Molly Wormald	27	Maisie Bell
7	Sale H Manchester	62	—	12	Akira Edgson	22	Olivia Brown	28	Olivia Nolan
8	E Cheshire H&tameside AC	84	—	13	Matilda Brynes	19	Libby Kilbourne	52	Imogen Gush
9	Liverpool H & AC	86	—	24	Emily Skaife	30	Isobel Dallas	32	Andrea Ellinas
10	Halton&frodsham H	93	—	9	Charlotte Glover	11	Bethany Glover	73	Ellie Molyneaux
11	Trafford AC	103	—	26	Lila Wainwright	31	Neve Davenport	46	Marina Guardascione
12	Liverpool H & AC	120	—	35	S Fane-De-Salis	38	Mae Lawless	47	Megan McMutrie
13	Warrington AC	121	—	34	Eva Ferris	42	Lucie Davies	45	Isobel Houghton
14	Stockport H&ac	124	—	40	Isabel Brundrett	41	Jessica Jones	43	Lauren Dewbury
15	Macclesfield H&ac	135	—	18	Rebecca Dilworth	49	Charlotte Moran	68	Amelia Wilson
16	Manchester H&ac	140	—	17	Violet Claxton	61	Evelyn Barber	62	Charlotte Flint
17	Stockport H&ac	162	—	44	Mary Seymour	54	Libby Martin	64	Grace Taylor
18	Salford H&ac	164	—	48	Emily Birchall	53	Sophia Bratt	63	Lauren Birchall
19	Sale H Manchester	165	—	39	Ebony Robinson	57	Shona Wilkinson	69	Greta Brooks
20	Trafford AC	200	—	58	Cleo Bentall	66	Alexandra Sinclair	76	Imogen Davenport
21	Warrington AC	205	—	59	Emily Entwistle	71	Jasmine Jones	75	Shauna Clarke
22	E Cheshire H&tameside AC	208	—	60	Leigha Manser	67	Aliasha Smith	81	Ellen LeesHill

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2017

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	78	Finley Proffitt	Macclesfield H&ac	18:07	22	382	Jonathan Stock	Trafford AC	20:28
2	13	Edward Pettitt	Vale Royal AC	18:38	23	375	Tom Bentall	Trafford AC	20:46
3	373	Alex Bailey	Trafford AC	18:59	24	380	Seb Patrick	Trafford AC	20:55
4	311	Samuel Soles	Buxton AC	19:03	25	228	Harry Elwood	Stockport H&ac	21:06
5	378	Joseph Mangan	Trafford AC	19:08	26	155	Charlie Mansfield	Salford H&ac	21:27
6	226	Edward Corden	Stockport H&ac	19:13	27	152	Oliver Cook	Salford H&ac	21:28
7	154	Sam Hopkins	Salford H&ac	19:22	28	34	Michael Brussels	St Helens Sutton AC	21:42
8	374	Joe Bentall	Trafford AC	19:28	29	77	Eddie Mills	Macclesfield H&ac	21:46
9	149	Samuel Bryan	Salford H&ac	19:32	30	232	Harry Miller-Reedman	Stockport H&ac	21:47
10	153	Joshua Dutton	Salford H&ac	19:36	31	231	Alex Macfarlane	Stockport H&ac	21:49
11	73	Harry Bachofner	Macclesfield H&ac	19:36	32	151	Callum Cole	Salford H&ac	21:52
12	225	Ben Allen	Stockport H&ac	19:39	33	377	Luca Costello	Trafford AC	22:03
13	158	Lewis Royle	Salford H&ac	19:40	34	233	Cameron Murdoch	Stockport H&ac	22:14
14	531	Alex James	Sale H Manchester	19:44	35	527	Ben Dargan	Sale H Manchester	22:28
15	76	James Doorbar	Macclesfield H&ac	19:54	36	156	Matthew O'Neill	Salford H&ac	22:34
16	38	Charlie Roberts	St Helens Sutton AC	19:57	37	425	Joseph Farrelly	Manchester H&ac	22:47
17	706	Matthew Brennan	Liverpool H & AC	19:59	38	662	Archie Grindey	Macclesfield H&ac	23:21
18	424	Archie Dyer	Manchester H&ac	20:03	39	99	Oliver Murphy	St Helens Tri	24:50
19	309	Stuart Diamond	Buxton AC	20:06	40	416	Owen Powell	Manchester H&ac	25:06
20	80	Thomas Roberts	Macclesfield H&ac	20:11	41	36	Michael Duffy	St Helens Sutton AC	26:12
21	727	Jamie Ford	Liverpool H & AC	20:22	42	584	Tom Pavey	Altrincham&district AC	30:45

Under 15 - Boys — TEAM RESULTS

1	Trafford AC	16	— 3	Alex Bailey	5	Joseph Mangan	8	Joe Bentall
2	Salford H&ac	26	— 7	Sam Hopkins	9	Samuel Bryan	10	Joshua Dutton
3	Macclesfield H&ac	27	— 1	Finley Proffitt	11	Harry Bachofner	15	James Doorbar
4	Stockport H&ac	43	— 6	Edward Corden	12	Ben Allen	25	Harry Elwood
5	Salford H&ac	66	— 13	Lewis Royle	26	Charlie Mansfield	27	Oliver Cook
6	Trafford AC	69	— 22	Jonathan Stock	23	Tom Bentall	24	Seb Patrick
7	St Helens Sutton AC	85	— 16	Charlie Roberts	28	Michael Brussels	41	Michael Duffy
8	Macclesfield H&ac	87	— 20	Thomas Roberts	29	Eddie Mills	38	Archie Grindey
9	Stockport H&ac	95	— 30	Harry Miller-Reedman	31	Alex Macfarlane	34	Cameron Murdoch
10	Manchester H&ac	95	— 18	Archie Dyer	37	Joseph Farrelly	40	Owen Powell

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	507	Lara Crawford	Sale H Manchester	19:59	31	702	Morgan Carragher	Liverpool H & AC	24:10
2	211	Alice Davies	Stockport H&ac	21:08	32	515	Angel Okechukwu	Sale H Manchester	24:23
3	224	Amy West	Stockport H&ac	21:10	33	217	Madi Parkinson	Stockport H&ac	24:33
4	139	Evie Collier	Salford H&ac	21:32	34	521	Jasmine Stockton	Sale H Manchester	24:35
5	525	Maisie Wiseman	Sale H Manchester	21:41	35	214	Charlotte Kania	Stockport H&ac	24:41
6	146	Anna Potter	Salford H&ac	21:45	36	617	Lizzie Glover-Jones	Oldham & Royton H&ac	24:48
7	71	Ruby Spencer	Macclesfield H&ac	21:57	37	372	Rebecca Young	Trafford AC	25:08
8	218	Ellie Parkman	Stockport H&ac	22:00	38	615	Megan Bartholemew	Oldham & Royton H&ac	25:14
9	137	Amelia Bratt	Salford H&ac	22:01	39	616	Macy Beswick	Oldham & Royton H&ac	25:27
10	215	Daisy Keigher	Stockport H&ac	22:05	40	524	Grace Walker	Sale H Manchester	25:41
11	142	Chloe Freilinger	Salford H&ac	22:10	41	614	Lauren Bartholemew	Oldham & Royton H&ac	25:42
12	523	Penny Townsend	Sale H Manchester	22:23	42	599	Darcy Winrow	E Cheshire H&tameside AC	25:51
13	213	Esther Hulley	Stockport H&ac	22:25	43	223	Ella Taylor	Stockport H&ac	26:09
14	147	Emily Russell	Salford H&ac	22:32	44	141	Niamh Fitzpatrick	Salford H&ac	26:19
15	144	C Haywood-Percival	Salford H&ac	22:34	45	514	Amelia McCormack	Sale H Manchester	26:40
16	136	Jessica Birchall	Salford H&ac	22:40	46	72	Ellie Stockdale	Macclesfield H&ac	26:49
17	511	Laura Hole	Sale H Manchester	22:44	47	220	Abbie Pickard	Stockport H&ac	27:03
18	420	Sophie Kilpatrick	Manchester H&ac	23:00	48	371	Lauren Howley	Trafford AC	27:06
19	272	Jess Connolly	Warrington AC	23:12	49	302	Ava Hazelhurst	Buxton AC	27:12
20	138	Ty Brockley-Langford	Salford H&ac	23:14	50	346	Caitlin Deighton	Marple Runners	27:14
21	221	Chloe Rogers	Stockport H&ac	23:25	51	508	Isabelle Flannagan	Sale H Manchester	27:14
22	209	Lauren Burgess	Stockport H&ac	23:33	52	301	Abbie Fryer-Winder	Buxton AC	27:17
23	596	Rose Barlow	E Cheshire H&tameside AC	23:36	53	674	Niamh Boyle	E Cheshire H&tameside AC	27:27
24	512	Isabel Key	Sale H Manchester	23:38	54	705	Emily Williams	Liverpool H & AC	27:47
25	675	Jessica Willcock	E Cheshire H&tameside AC	23:42	55	567	Ella Buckley	Salford Met AC	27:59
26	337	Amber Escoffrey	Liverpool H & AC	23:44	56	619	Olivia Spencer	Oldham & Royton H&ac	28:23
27	306	Heather Wilshaw	Buxton AC	23:57	57	274	Fay Humphreys	Warrington AC	30:16
28	212	Josie Driver	Stockport H&ac	24:02	58	618	Astacia Mannings	Oldham & Royton H&ac	31:30
29	305	Amy Whelan	Buxton AC	24:04	59	275	Isla Kenworthy	Warrington AC	31:33
30	143	Erin Grime	Salford H&ac	24:07					

Under 15 - Girls — TEAM RESULTS

1	Stockport H&ac	13	— 2	Alice Davies	3	Amy West	8	Ellie Parkman
2	Sale H Manchester	18	— 1	Lara Crawford	5	Maisie Wiseman	12	Penny Townsend
3	Salford H&ac	19	— 4	Evie Collier	6	Anna Potter	9	Amelia Bratt
4	Salford H&ac	40	— 11	Chloe Freilinger	14	Emily Russell	15	C Haywood-Percival
5	Stockport H&ac	44	— 10	Daisy Keigher	13	Esther Hulley	21	Chloe Rogers
6	Salford H&ac	66	— 16	Jessica Birchall	20	Ty Brockley-Langford	30	Erin Grime
7	Sale H Manchester	73	— 17	Laura Hole	24	Isabel Key	32	Angel Okechukwu
8	Stockport H&ac	83	— 22	Lauren Burgess	28	Josie Driver	33	Madi Parkinson
9	E Cheshire H&tameside AC	90	— 23	Rose Barlow	25	Jessica Willcock	42	Darcy Winrow
10	Buxton AC	105	— 27	Heather Wilshaw	29	Amy Whelan	49	Ava Hazelhurst
11	Liverpool H & AC	111	— 26	Amber Escoffrey	31	Morgan Carragher	54	Emily Williams
12	Oldham & Royton H&ac	113	— 36	Lizzie Glover-Jones	38	Megan Bartholemew	39	Macy Beswick
13	Sale H Manchester	119	— 34	Jasmine Stockton	40	Grace Walker	45	Amelia McCormack
14	Stockport H&ac	125	— 35	Charlotte Kania	43	Ella Taylor	47	Abbie Pickard
15	Warrington AC	135	— 19	Jess Connolly	57	Fay Humphreys	59	Isla Kenworthy
16	Oldham & Royton H&ac	155	— 41	Lauren Bartholemew	56	Olivia Spencer	58	Astacia Mannings

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2017

Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	602	Keenan Owen	E Cheshire H&tameside AC	21:29	17	163	Paddy Cusack	Salford H&ac	24:30
2	430	Rocco Zaman-Browne	Manchester H&ac	21:36	18	693	Jack Blodwell	E Cheshire H&tameside AC	25:05
3	708	Max Brame	Liverpool H & AC	21:38	19	317	Jacob Winfield	Buxton AC	25:13
4	386	Xavier O'Hare	Trafford AC	22:03	20	621	Glasgow-Lattibeaudie	Oldham & Royton H&ac	25:16
5	283	Joe Buckley	Warrington AC	22:19	21	167	Jacob Yates	Salford H&ac	25:25
6	284	Jordan Jones	Warrington AC	22:26	22	551	Yahya Agerso	Sale H Manchester	25:36
7	623	Robert Smyk	Oldham & Royton H&ac	22:36	23	601	Callum Brierley	E Cheshire H&tameside AC	26:22
8	390	Cynog Williams	Trafford AC	22:50	24	694	Jacob Taylor	E Cheshire H&tameside AC	26:25
9	86	Matthew Browne	Macclesfield H&ac	23:08	25	244	Sam Johnson	Stockport H&ac	26:51
10	313	Luke Farrant	Buxton AC	23:17	26	622	Jake Holt	Oldham & Royton H&ac	27:03
11	246	Flynn Walsh	Stockport H&ac	23:25	27	162	Adam Curtis	Salford H&ac	27:17
12	403	Ben Webb	Halton&frodsham H	23:32	28	638	Joseph Foster	Salford H&ac	27:29
13	87	Peter Goodfellow	Macclesfield H&ac	23:36	29	88	Lucas Parker	Macclesfield H&ac	28:16
14	286	Jack Wadsworth	Warrington AC	23:38	30	314	Luke Mamczur	Buxton AC	28:23
15	620	Harry Collier	Oldham & Royton H&ac	24:05	31	164	Kamran Dodman	Salford H&ac	29:51
16	385	Connor Fazakerley	Trafford AC	24:06					

Under 17 - Men — TEAM RESULTS

1	Warrington AC	25	—	5	Joe Buckley	6	Jordan Jones	14	Jack Wadsworth
2	Trafford AC	28	—	4	Xavier O'Hare	8	Cynog Williams	16	Connor Fazakerley
3	Oldham & Royton H&ac	42	—	7	Robert Smyk	15	Harry Collier	20	Glasgow-Lattibeaudie
4	E Cheshire H&tameside AC	42	—	1	Keenan Owen	18	Jack Blodwell	23	Callum Brierley
5	Macclesfield H&ac	51	—	9	Matthew Browne	13	Peter Goodfellow	29	Lucas Parker
6	Buxton AC	59	—	10	Luke Farrant	19	Jacob Winfield	30	Luke Mamczur
7	Salford H&ac	65	—	17	Paddy Cusack	21	Jacob Yates	27	Adam Curtis

Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	547	Stephanie Moss	Sale H Manchester	25:39	11	600	Abby O'Neill	E Cheshire H&tameside AC	29:41
2	548	Bethany Thornton	Sale H Manchester	26:02	12	280	Olivia Baker	Warrington AC	30:11
3	338	Jess Cook	Liverpool H & AC	26:29	13	235	Mollie Cooke	Stockport H&ac	30:33
4	427	Emily Hughes	Manchester H&ac	26:46	14	100	Emma Austin	St Helens Tri	30:46
5	545	Holly Jackson	Sale H Manchester	27:32	15	568	Jade Bailey	Salford Met AC	31:11
6	239	Natasha Moore	Stockport H&ac	28:26	16	544	Georgia Haworth	Sale H Manchester	33:46
7	429	Alice Stiles	Manchester H&ac	28:42	17	710	Katie Hudson-Davies	Manchester H&ac	34:13
8	84	Lauren Robinson	Macclesfield H&ac	28:46	18	101	Sarah Taktak	St Helens Tri	35:18
9	345	Millie Raine	Liverpool H & AC	29:00	19	16	Molly Haines	Vale Royal AC	39:39
10	161	Catherine Hooper	Salford H&ac	29:13					

Under 17 - Ladies — TEAM RESULTS

1	Sale H Manchester	8	—	1	Stephanie Moss	2	Bethany Thornton	5	Holly Jackson
2	Manchester H&ac	28	—	4	Emily Hughes	7	Alice Stiles	17	Katie Hudson-Davies

Manchester Area Cross Country League

at Heaton Park on Saturday 14th October 2017

Senior Women - Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	101	Louisa Whittingham	L20	1 Macclesfield H&ac	34:06
2	217	Ruth Sinclair	L20	2 Stockport H&ac	37:02
3	508	Olivia Green	L20	3 Sale H Manchester	37:30
4	2	Chloe Broad	L20	4 Vale Royal AC	38:44
5	191	Heather Corden	L20	5 Stockport H&ac	39:54

Senior Women - Ladies aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Women - Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time
1	502	Danielle Fegan	L	1 Sale H Manchester	34:34
2	662	Anna Mackenzie	L	2 University Of Manchester	35:28
3	457	Emily Bullis	L	3 Manchester Met Uni AC	35:59
4	167	Sinead Bent	L	4 Salford H&ac	36:18
5	653	Georgia Baynes	L	5 University Of Manchester	36:30
6	462	Sophie Wood	L	6 Manchester Met Uni AC	36:41
7	222	Faye Waterhouse	L	7 Stockport H&ac	36:52
8	51	Kirsty Sharp	L	8 Glossopdale Harriers	37:14
9	378	Sarah Hudak	L	9 Trafford AC	37:21
10	608	Sarah Saxton	L	10 Manchester Triathlon	38:25
11	568	Hayley Simpson	L	11 E Cheshire H&tameside AC	38:38
12	338	Lucy Wasinski	L	12 Dragons Rc Sale	38:44
13	423	Lucy Etchells	L	13 Manchester Frontrunners	38:54
14	304	Lis Kilcourse	L	14 Chorlton Runners	39:35
15	566	Bethany McManus	L	15 E Cheshire H&tameside AC	39:44
16	186	Ambi Swindells	L	16 Salford H&ac	39:47
17	536	Kathryn Berry	L	17 Horwich Rmi	40:23
18	668	Rebecca Whalley	L	18 University Of Manchester	40:24
19	667	Hannah Stroud	L	19 University Of Manchester	40:30
20	530	Jane Thomas	L	20 Sale H Manchester	41:08
21	479	Fiona Askew	L	21 Sale H Manchester	41:18
22	658	Natasha Gilmour	L	22 University Of Manchester	41:24
23	583	Sarah Harris	L	23 Manchester Triathlon	41:25
24	178	Marie O'Brien	L	24 Salford H&ac	41:26
25	199	Amie Hughes	L	25 Stockport H&ac	41:37
26	597	Linzi Nuttall	L	26 Manchester Triathlon	41:42
27	384	Zoe Storr	L	27 Trafford AC	41:56
28	659	Rose Herbert	L	28 University Of Manchester	41:59
29	675	Rowen Ratcliffe	L	29 Horwich Rmi	42:15
30	383	Melanie Monks	L	30 Trafford AC	42:25
31	569	Sally Teague	L	31 E Cheshire H&tameside AC	42:37
32	464	Hannah Brierley	L	32 Manchester Ymca H	42:56
33	323	Ingrid Storm	L	33 Chorlton Runners	43:17
34	481	Katherine Barker	L	34 Sale H Manchester	43:42
35	311	Lorraine Pang	L	35 Chorlton Runners	44:17
36	93	Daisy Pickles	L	36 Macclesfield H&ac	44:20
37	183	Anneka Sanders	L	37 Salford H&ac	44:22

Senior Women - Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	53	Gemma Connolly	L35	1 St Helens Sutton AC	34:51
2	504	Emma Finney	L35	2 Sale H Manchester	37:49
3	549	Lora Blann	L35	3 Altrincham&district AC	38:19
4	334	Harriett Hamilton	L35	4 Dragons Rc Sale	38:35
5	590	Joanna Knapman	L35	5 Manchester Triathlon	39:05
6	152	Jennifer Dixon	L35	6 Middleton H AC	40:18
7	537	Erica Booth	L35	7 Horwich Rmi	40:22
8	517	Cara O'Brien	L35	8 Sale H Manchester	40:37
9	533	Kathy Wellam	L35	9 Sale H Manchester	40:46
10	35	Nicola Lloyd	L35	10 Bramhall Runners	41:11
11	368	Liz Austen	L35	11 Trafford AC	41:17
12	395	Vicky Smith	L35	12 Belle Vue Racers	41:21
13	314	Sarah Renshaw	L35	13 Chorlton Runners	41:35
14	548	Danielle Beard	L35	14 Altrincham&district AC	41:47
15	374	Nicole Davenport	L35	15 Trafford AC	42:12
16	540	Carly Appleby	L35	16 Salford Met AC	42:52
17	550	Laura Bostock	L35	17 Altrincham&district AC	44:12
18	526	Joanne Street	L35	18 Sale H Manchester	45:01
19	586	Helen Hyder	L35	19 Manchester Triathlon	45:25
20	190	Rebecca Brimage	L35	20 Stockport H&ac	45:52
21	428	Paula Medley	L35	21 Manchester Frontrunners	46:08

Senior Women - Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	139	Diane McVey	L40 1	Wilmslow RC	35:18	25	251 Ruth Gowers	L40 25	Buxton AC	48:44
2	646	Sarah Kearney	L40 2	Wirral AC	37:36	26	470 Emma Elmerhebi	L40 26	Manchester Ymca H	48:48
3	130	Louisa Harrison	L40 3	Wilmslow RC	40:11	27	632 Rebecca Glen	L40 27	Goyt Valley Striders	48:56
4	294	Zoe Gmerek	L40 4	Chorlton Runners	40:42	28	335 Joanne Healy	L40 28	Dragons Rc Sale	49:07
5	14	Claire Thompson	L40 5	Vale Royal AC	40:48	29	228 Nicola Brundrett	L40 29	Stockport Tri Club	49:07
6	438	Melanie Barber	L40 6	Manchester H&ac	41:03	30	229 Christine Dewsbury	L40 30	Stockport Tri Club	49:07
7	652	Penny Thorn	L40 7	Wirral AC	43:04	31	164 Isabell Richter	L40 31	Middleton H AC	49:30
8	424	Jane Fletcher	L40 8	Manchester Frontrunners	43:09	32	332 Marlina White	L40 32	Chorlton Runners	51:00
9	336	Madeleine Hill	L40 9	Dragons Rc Sale	43:56	33	648 Sarah McDonnell	L40 33	Wirral AC	51:22
10	149	Emma Ball	L40 10	Middleton H AC	44:05	34	324 Katie Syrett	L40 34	Chorlton Runners	51:24
11	237	Caroline Jones	L40 11	Warrington AC	45:19	35	625 Edyta Burgess	L40 35	Winston Runners	51:49
12	682	Amanda Hurndall	L40 12	Salford Met AC	45:29	36	389 Lisa Donnelly	L40 36	Belle Vue Racers	52:26
13	617	Hayley Winder	L40 13	Manchester Triathlon	46:06	37	150 Elaine Blades-Jordan	L40 37	Middleton H AC	
14	447	Gail Hebson	L40 14	Manchester H&ac	46:14					
15	71	Helen Nation	L40 15	Swinton RC	46:18	38	444 Lindsay Farrelly	L40 38	Manchester H&ac	53:06
16	195	Sue Garonne	L40 16	Stockport H&ac	46:28	39	703 Helen Blissett	L40 39	Winston Runners	53:36
17	201	Jen Hulley	L40 17	Stockport H&ac	46:41	40	571 Gillian Aspin	L40 40	Manchester Triathlon	53:40
18	168	Kate Cammish	L40 18	Salford H&ac	47:08	41	425 Mel Johnson	L40 41	Manchester Frontrunners	53:47
19	538	Gemma Stokes	L40 19	Horwich Rmi	47:28	42	230 Kerry Doherty	L40 42	Stockport Tri Club	54:27
20	210	Ruth Murdoch	L40 20	Stockport H&ac	47:36	43	279 Stephanie Bird	L40 43	Chorlton Runners	56:15
21	396	Rachel Watson	L40 21	Belle Vue Racers	47:52	44	104 Adele Fisher	L40 44	St Helens Tri	1:00:46
22	57	Jenny Castle	L40 22	Swinton RC	48:06	45	317 Alexandra Roskell	L40 45	Chorlton Runners	1:01:17
23	274	Alison Barbuti	L40 23	Chorlton Runners	48:07	46	310 Joanne Moseley	L40 46	Chorlton Runners	1:10:57
24	544	Laura Mercer	L40 24	Salford Met AC	48:08	47	289 Jodie Etherson	L40 47	Chorlton Runners	1:17:37

Senior Women - Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	66	Lauren Marsden	L45 1	Swinton RC	40:13	20	232 Louise Harrison	L45 20	Stockport Tri Club	49:39
2	375	Alison Drasdo	L45 2	Trafford AC	40:17	21	419 Miranda Taylor	L45 21	Knutsford Tri Club	50:31
3	649	Anne Rosbottom	L45 3	Wirral AC	40:45	22	261 Kate Phillips	L45 22	Buxton AC	51:03
4	642	Maggie Cooper	L45 4	Wirral AC	41:23	23	273 Emma Banister	L45 23	Chorlton Runners	52:08
5	40	Jennie Pickard	L45 5	Bramhall Runners	41:28	24	113 Jennifer Miller	L45 24	St Helens Tri	52:38
6	126	Janine Ellis	L45 6	Wilmslow RC	41:52	25	365 Catherine Toms	L45 25	Marple Runners	53:04
7	381	Louise Mangan	L45 7	Trafford AC	42:05	26	677 Sarah Leah	L45 26	Glossopdale Harriers	54:20
8	63	Julie Holden	L45 8	Swinton RC	42:26	27	393 Catherine McKenna	L45 27	Belle Vue Racers	54:38
9	612	Jude Wall	L45 9	Manchester Triathlon	42:31	28	119 Diane Taktak	L45 28	St Helens Tri	56:04
10	382	Rachel McDonnell	L45 10	Trafford AC	43:23	29	346 Elise Evans	L45 29	Marple Runners	57:27
11	55	Rhona Barker	L45 11	Swinton RC	44:02	30	650 Paula Smith	L45 30	Wirral AC	59:25
12	38	Vikki Murphy	L45 12	Bramhall Runners	44:18	31	647 Yolla McCoy	L45 31	Wirral AC	1:00:04
13	111	Louise Hogg	L45 13	St Helens Tri	45:47	32	628 Jana Julinkova	L45 32	Winston Runners	1:00:13
14	95	Lindsay Purdie	L45 14	Macclesfield H&ac	46:35	33	247 Rachel Dowle	L45 33	Buxton AC	1:00:31
15	131	Gail Hill	L45 15	Wilmslow RC	48:09	34	695 Stephanie Boyle	L45 34	E Cheshire H&tameside AC	1:01:50
16	62	Andrea Harrison	L45 16	Swinton RC	48:19	35	394 Elaine Mottershead	L45 35	Belle Vue Racers	1:02:51
17	154	Karen Hallett	L45 17	Middleton H AC	48:26	36	22 Helen Brown	L45 36	Bramhall Runners	1:03:19
18	580	Claire Deane	L45 18	Manchester Triathlon	48:55	37	706 Kim Crowther	L45 37	Bramhall Runners	1:06:16
19	542	Kate Fowles	L45 19	Salford Met AC	49:23	38	34 Melanie Li	L45 38	Bramhall Runners	1:07:43

Senior Women - Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	380	Joanne Lott	L50 1	Trafford AC	42:39	13	161 Catherine Murphy	L50 13	Middleton H AC	50:59
2	556	Bev Jackson	L50 2	Altrincham&district AC	42:44	14	527 Lucinda Summers	L50 14	Sale H Manchester	52:51
3	97	Hanny Stockman	L50 3	Macclesfield H&ac	43:12	15	136 Julie Lucas	L50 15	Wilmslow RC	53:06
4	226	Kerrie Wood-Doyle	L50 4	Stockport H&ac	45:02	16	616 Michelle Wilder	L50 16	Manchester Triathlon	53:13
5	551	Margaret Bullock	L50 5	Altrincham&district AC	45:55	17	672 Helen Gray	L50 17	Goyt Valley Striders	55:12
6	3	Debbie Broad	L50 6	Vale Royal AC	46:11	18	599 Kim O'Neill	L50 18	Manchester Triathlon	57:21
7	110	Myka Heard	L50 7	St Helens Tri	46:36	19	28 Marie Fairclough	L50 19	Bramhall Runners	1:01:30
8	686	Fran Wright	L50 8	Salford Met AC	46:50	20	29 Erika Frame	L50 20	Bramhall Runners	1:02:41
9	206	Estelle McGuire	L50 9	Stockport H&ac	47:44	21	564 Lisa Kennedy	L50 21	E Cheshire H&tameside AC	1:03:09
10	471	Steph Goodchild	L50 10	Manchester Ymca H	49:56	22	358 Clare Smith	L50 22	Marple Runners	1:08:21
11	547	Mandy Webber	L50 11	Salford Met AC	50:28					
12	598	Gail O'Hare	L50 12	Manchester Triathlon	50:55					

Senior Women - Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	697	Janet Rashleigh	L55 1	Horwich Rmi	39:42	6	89 Den Masset	L55 6	Macclesfield H&ac	47:19
2	493	Jackie Cordingley	L55 2	Sale H Manchester	42:18	7	637 Tracy Vernon	L55 7	Goyt Valley Striders	52:31
3	559	Alison Vesey	L55 3	Altrincham&district AC	43:22	8	476 Carol O'Hare	L55 8	Manchester Ymca H	54:47
4	146	Kate Sutton	L55 4	Wilmslow RC	46:05	9	32 Cath Jones	L55 9	Bramhall Runners	1:07:43
5	1	Julie Annable	L55 5	Vale Royal AC	46:19	10	306 Kate Macdonald	L55 10	Chorlton Runners	1:08:31

Senior Women - Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	391	Annie Hirsch	L60 1	Belle Vue Racers	44:54	5	151 Fiona Bolton	L60 5	Middleton H AC	53:58
2	244	Sheila Bradley	L60 2	Buxton AC	48:55	6	157 Julie Jones	L60 6	Middleton H AC	55:27
3	100	Hilary West	L60 3	Macclesfield H&ac	49:14	7	345 Carol Culley	L60 7	Marple Runners	59:56
4	376	Sue Exon	L60 4	Trafford AC	50:46					

Senior Women - Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	567	Angela Oldham	L65 1	E Cheshire H&tameside AC	44:19
2	193	Alexis Dinsmor	L65 2	Stockport H&ac	53:26
3	17	Carole Williams	L65 3	Vale Royal AC	57:45
4	155	Ruth Hare	L65 4	Middleton H AC	1:01:00

Senior Women - Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	153	Christine Eckersley	L70 1	Middleton H AC	55:36
2	118	Liz Spensley	L70 2	St Helens Tri	1:04:39

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2017

Senior Women - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	101	Louisa Whittingham	L20	Macclesfield H&ac	34:06
2	502	Danielle Fegan	L	Sale H Manchester	34:34
3	53	Gemma Connolly	L35	St Helens Sutton AC	34:51
4	139	Diane McVey	L40	Wilmslow RC	35:18
5	662	Anna Mackenzie	L	University Of Manchester	35:28
6	457	Emily Bullis	L	Manchester Met Uni AC	35:59
7	167	Sinead Bent	L	Salford H&ac	36:18
8	653	Georgia Baynes	L	University Of Manchester	36:30
9	462	Sophie Wood	L	Manchester Met Uni AC	36:41
10	222	Faye Waterhouse	L	Stockport H&ac	36:52
11	217	Ruth Sinclair	L20	2 Stockport H&ac	37:02
12	51	Kirsty Sharp	L	Glossopdale Harriers	37:14
13	378	Sarah Hudak	L	13 Trafford AC	37:21
14	508	Olivia Green	L20	3 Sale H Manchester	37:30
15	646	Sarah Kearney	L40	2 Wirral AC	37:36
16	504	Emma Finney	L35	2 Sale H Manchester	37:49
17	549	Lora Blann	L35	3 Altrincham&district AC	38:19
18	608	Sarah Saxton	L	18 Manchester Triathlon	38:25
19	334	Harriett Hamilton	L35	4 Dragons Rc Sale	38:35
20	568	Hayley Simpson	L	20 E Cheshire H&tameside AC	38:38
21	338	Lucy Wasinski	L	21 Dragons Rc Sale	38:44
22	2	Chloe Broad	L20	4 Vale Royal AC	38:44
23	423	Lucy Etchells	L	23 Manchester Frontrunners	38:54
24	590	Joanna Knapman	L35	5 Manchester Triathlon	39:05
25	304	Lis Kilcourse	L	25 Chorlton Runners	39:35
26	697	Janet Rashleigh	L55	1 Horwich Rmi	39:42
27	566	Bethany McManus	L	27 E Cheshire H&tameside AC	39:44
28	186	Ambi Swindells	L	28 Salford H&ac	39:47
29	191	Heather Corden	L20	5 Stockport H&ac	39:54
30	130	Louisa Harrison	L40	3 Wilmslow RC	40:11
31	66	Lauren Marsden	L45	1 Swinton RC	40:13
32	375	Alison Drasdo	L45	2 Trafford AC	40:17
33	152	Jennifer Dixon	L35	6 Middleton H AC	40:18
34	537	Erica Booth	L35	7 Horwich Rmi	40:22
35	536	Kathryn Berry	L	35 Horwich Rmi	40:23
36	668	Rebecca Whalley	L	36 University Of Manchester	40:24
37	667	Hannah Stroud	L	37 University Of Manchester	40:30
38	517	Cara O'Brien	L35	8 Sale H Manchester	40:37
39	294	Zoe Gmerek	L40	4 Chorlton Runners	40:42
40	649	Anne Rosbottom	L45	3 Wirral AC	40:45
41	533	Kathy Wellam	L35	9 Sale H Manchester	40:46
42	14	Claire Thompson	L40	5 Vale Royal AC	40:48
43	438	Melanie Barber	L40	6 Manchester H&ac	41:03
44	530	Jane Thomas	L	4 Sale H Manchester	41:08
45	35	Nicola Lloyd	L35	10 Bramhall Runners	41:11
46	368	Liz Austen	L35	11 Trafford AC	41:17
47	479	Fiona Askew	L	47 Sale H Manchester	41:18
48	395	Vicky Smith	L35	12 Belle Vue Racers	41:21
49	642	Maggie Cooper	L45	4 Wirral AC	41:23
50	658	Natasha Gilmour	L	50 University Of Manchester	41:24
51	583	Sarah Harris	L	51 Manchester Triathlon	41:25
52	178	Marie O'Brien	L	52 Salford H&ac	41:26
53	40	Jennie Pickard	L45	5 Bramhall Runners	41:28
54	314	Sarah Renshaw	L35	13 Chorlton Runners	41:35
55	199	Amie Hughes	L	55 Stockport H&ac	41:37
56	597	Linzi Nuttall	L	56 Manchester Triathlon	41:42
57	548	Danielle Beard	L35	14 Altrincham&district AC	41:47
58	126	Janine Ellis	L45	6 Wilmslow RC	41:52
59	384	Zoe Storr	L	59 Trafford AC	41:56
60	659	Rose Herbert	L	60 University Of Manchester	41:59
61	381	Louise Mangan	L45	7 Trafford AC	42:05
62	374	Nicole Davenport	L35	15 Trafford AC	42:12
63	675	Rowen Ratcliffe	L	63 Horwich Rmi	42:15
64	493	Jackie Cordingley	L55	2 Sale H Manchester	42:18
65	383	Melanie Monks	L	65 Trafford AC	42:25
66	63	Julie Holden	L45	8 Swinton RC	42:26
67	612	Jude Wall	L45	9 Manchester Triathlon	42:31
68	569	Sally Teague	L	68 E Cheshire H&tameside AC	42:37
69	380	Joanne Lott	L50	1 Trafford AC	42:39
70	556	Bev Jackson	L50	2 Altrincham&district AC	42:44
71	540	Carly Appleby	L35	16 Salford Met AC	42:52
72	464	Hannah Brierley	L	72 Manchester Ymca H	42:56
73	652	Penny Thom	L40	7 Wirral AC	43:04
74	424	Jane Fletcher	L40	8 Manchester Frontrunners	43:09
75	97	Hanny Stockman	L50	3 Macclesfield H&ac	43:12
76	323	Ingrid Storm	L	76 Chorlton Runners	43:17
77	559	Alison Vesey	L55	3 Altrincham&district AC	43:22
78	382	Rachel McDonnell	L45	10 Trafford AC	43:23
79	481	Katherine Barker	L	79 Sale H Manchester	43:42
80	336	Madeleine Hill	L40	9 Dragons Rc Sale	43:56
81	55	Rhona Barker	L45	11 Swinton RC	44:02
82	149	Emma Ball	L40	10 Middleton H AC	44:05
83	550	Laura Bostock	L35	17 Altrincham&district AC	44:12
84	311	Lorraine Pang	L	84 Chorlton Runners	44:17
85	38	Vikki Murphy	L45	12 Bramhall Runners	44:18
86	567	Angela Oldham	L65	1 E Cheshire H&tameside AC	44:19
87	93	Daisy Pickles	L	87 Macclesfield H&ac	44:20
88	183	Anneka Sanders	L	88 Salford H&ac	44:22
89	468	Sarah Donohoe	L	89 Manchester Ymca H	44:23
90	579	\$Letitia Cooper	L	90 Manchester Triathlon	44:24
91	397	Phoebe Willis	L	91 Belle Vue Racers	44:25
92	543	Carolyn Lewtas	L	92 Salford Met AC	44:34
93	391	Annie Hirsch	L60	1 Belle Vue Racers	44:54
94	526	Joanne Street	L35	18 Sale H Manchester	45:01
95	226	Kerrie Wood-Doyle	L50	4 Stockport H&ac	45:02
96	211	Imogen Nutter	L	96 Stockport H&ac	45:04
97	506	Eve Gibson	L20	6 Sale H Manchester	45:18
98	237	Caroline Jones	L40	11 Warrington AC	45:19
99	586	Helen Hyder	L35	19 Manchester Triathlon	45:25
100	682	Amanda Hurdall	L40	12 Salford Met AC	45:29
101	633	Amelia Hunt	L	101 Goyt Valley Striders	45:39
102	507	Sarah Goulden	L	102 Sale H Manchester	45:41
103	277	Leona Beaumont	L	103 Chorlton Runners	45:45
104	111	\$Louise Hogg	L45	13 St Helens Tri	45:47
105	494	Victoria Cordingley	L	105 Sale H Manchester	45:49
106	190	Rebecca Brimage	L35	20 Stockport H&ac	45:52
107	551	Margaret Bullock	L50	5 Altrincham&district AC	45:55
108	180	Marloes Peeters	L	108 Salford H&ac	45:59
109	146	Kate Sutton	L55	4 Wilmslow RC	46:05
110	617	Hayley Winder	L40	13 Manchester Triathlon	46:06
111	428	Paula Medley	L35	21 Manchester Frontrunners	46:08
112	3	Debbie Broad	L50	6 Vale Royal AC	46:11
113	447	Gail Hebson	L40	14 Manchester H&ac	46:14
114	71	Helen Nation	L40	15 Swinton RC	46:18
115	1	Julie Annable	L55	5 Vale Royal AC	46:19
116	370	Ruth Beresford	L	116 Trafford AC	46:26
117	627	Sarah Hooks	L	117 Winston Runners	46:28
118	195	Sue Garonne	L40	16 Stockport H&ac	46:28
119	45	Adina Tomlinson	L	119 Bramhall Runners	46:30
120	291	Miss Fofana	L	120 Chorlton Runners	46:33
121	95	Lindsay Purdie	L45	14 Macclesfield H&ac	46:35
122	110	Myka Heard	L50	7 St Helens Tri	46:36
123	239	Rachael McQuillan	L20	7 Warrington AC	46:40
124	201	Jen Hulley	L40	17 Stockport H&ac	46:41
125	686	Fran Wright	L50	8 Salford Met AC	46:50
126	360	Katrina Stephens	L35	22 Marple Runners	46:54
127	168	Kate Cammish	L40	18 Salford H&ac	47:08
128	89	Den Masset	L55	6 Macclesfield H&ac	47:19
129	594	Deirdre McCarthy	L35	23 Manchester Triathlon	47:23
130	538	Gemma Stokes	L40	19 Horwich Rmi	47:28
131	607	Claudia RoblesMorse	L35	24 Manchester Triathlon	47:34
132	210	Ruth Murdoch	L40	20 Stockport H&ac	47:36
133	206	Estelle McGuire	L50	9 Stockport H&ac	47:44
134	396	Rachel Watson	L40	21 Belle Vue Racers	47:52
135	43	Helen Rennie	L	135 Bramhall Runners	47:56
136	400	Laura Coucill	L	136 Hyde Village Striders	47:58
137	298	Kate Harvest	L35	25 Chorlton Runners	47:59
138	602	Becky Plummer	L	138 Manchester Triathlon	47:59
139	57	Jenny Castle	L40	22 Swinton RC	48:06
140	274	Alison Barbuti	L40	23 Chorlton Runners	48:07
141	544	Laura Mercer	L40	24 Salford Met AC	48:08
142	131	Gail Hill	L45	15 Wilmslow RC	48:09
143	62	Andrea Harrison	L45	16 Swinton RC	48:19
144	154	Karen Hallett	L45	17 Middleton H AC	48:26
145	251	Ruth Gowers	L40	25 Buxton AC	48:44
146	470	Emma Elmerhebi	L40	26 Manchester Ymca H	48:48
147	85	Sarah Kelly	L35	26 Macclesfield H&ac	48:54
148	580	Claire Deane	L45	18 Manchester Triathlon	48:55
149	244	Sheila Bradley	L60	2 Buxton AC	48:55
150	632	Rebecca Glen	L40	27 Goyt Valley Striders	48:56
151	534	Caroline Wheeler	L	151 Sale H Manchester	49:03
152	335	Joanne Healy	L40	28 Dragons Rc Sale	49:07
153	228	Nicola Brundrett	L40	29 Stockport Tri Club	49:07
154	229	Christine Dewsbury	L40	30 Stockport Tri Club	49:07
155	388	Yana Anderton	L35	27 Belle Vue Racers	49:13
156	100	Hilary West	L60	3 Macclesfield H&ac	49:14
157	542	Kate Fowles	L45	19 Salford Met AC	49:23
158	164	Isabell Richter	L40	31 Middleton H AC	49:30
159	232	Louise Harrison	L45	20 Stockport Tri Club	49:39
160	471	Steph Goodchild	L50	10 Manchester Ymca H	49:56
161	204	E Kavanagh-Dixon	L35	28 Stockport H&ac	50:05
162	547	Mandy Webber	L50	11 Salford Met AC	50:28
163	82	Saranya Hasler	L	163 Macclesfield H&ac	50:31
164	419	Miranda Taylor	L45	21 Knutsford Tri Club	50:31
165	376	Sue Exon	L60	4 Trafford AC	50:46
166	442	Katie Cooper	L20	8 Manchester H&ac	50:53
167	598	Gail O'Hare	L50	12 Manchester Triathlon	50:55
168	161	Catherine Murphy	L50	13 Middleton H AC	50:59
169	332	Marlena White	L40	32 Chorlton Runners	51:00
170	261	Kate Phillips	L45	22 Buxton AC	51:03
171	299	Kaylea Haynes	L	171 Chorlton Runners	51:08
172	223	Karen Wileman	L35	29 Stockport H&ac	51:10
173	644	Felicity Hale	L35	30 Wirral AC	51:21
174	648	Sarah McDonnell	L40	33 Wirral AC	51:22
175	324	Katie Syrett	L40	34 Chorlton Runners	51:24
176	429	Claire Naytt	L	176 Manchester Frontrunners	51:25
177	413	Lauren Carr	L	177 Knutsford Tri Club	51:34
178	625	Edyta Burgess	L40	35 Winston Runners	51:49
179	273	Emma Banister	L45	23 Chorlton Runners	52:08
180	588	Rosemary Jones	L	180 Manchester Triathlon	52:22

181 389 Lisa Donnelly	L40 36 Belle Vue Racers	52:26	218 272 Afshan Akbar	L35 38 Chorlton Runners	55:46
182 637 Tracy Vernon	L55 7 Goyt Valley Striders	52:31	219 160 Anne Lowe	L35 39 Middleton H AC	55:50
1832001\$Kirstie Williamson	L 183 Rochdale Tri Club	52:34	220 119 Diane Taktak	L45 28 St Helens Tri	56:04
184 113 Jennifer Miller	L45 24 St Helens Tri	52:38	221 279 Stephanie Bird	L40 43 Chorlton Runners	56:15
185 401 Jasmine Duffy	L 185 Hyde Village Striders	52:43	222 367 Susannah Williams	L 222 Marple Runners	56:48
186 609 Alex Smith	L 186 Manchester Triathlon	52:45	223 629 Jenn Lutton	L35 40 Winston Runners	57:16
187 527 Lucinda Summers	L50 14 Sale H Manchester	52:51	224 599 Kim O'Neill	L50 18 Manchester Triathlon	57:21
188 72 Stephanie Neild	L 188 Swinton RC	52:55	225 346 Elise Evans	L45 29 Marple Runners	57:27
189 73 Charlotte Scanlan	L 189 Swinton RC	52:56	226 17 Carole Williams	L65 3 Vale Royal AC	57:45
190 150 Elaine Blades-Jordan	L40 37 Middleton H AC	52:58	227 106 Bethany Forber	L20 9 St Helens Tri	57:47
191 365 Catherine Tombs	L45 25 Marple Runners	53:04	228 626 Charlotte Dean	L 228 Winston Runners	58:11
192 136 Julie Lucas	L50 15 Wilmslow RC	53:06	229 319 Emma Simpson	L 229 Chorlton Runners	59:00
193 444 Lindsay Farrelly	L40 38 Manchester H&ac	53:06	230 650 Paula Smith	L45 30 Wirral AC	59:25
194 616 Michelle Wilder	L50 16 Manchester Triathlon	53:13	231 345 Carol Culley	L60 7 Marple Runners	59:56
195 234 Elle Jordan	L35 31 Stockport Tri Club	53:16	232 647 Yolla McCoy	L45 31 Wirral AC	1:00:04
196 284 Sarah Clarke	L35 32 Chorlton Runners	53:18	233 628 Jana Julinkova	L45 32 Winston Runners	1:00:13
197 193 Alexis Dinsmor	L65 2 Stockport H&ac	53:26	234 247 Rachel Dowle	L45 33 Buxton AC	1:00:31
198 705 Francesca Miller	L 198 Winston Runners	53:29	235 104 Adele Fisher	L40 44 St Helens Tri	1:00:46
199 235 Elizabeth Sargent	L35 33 Stockport Tri Club	53:31	236 155 Ruth Hare	L65 4 Middleton H AC	1:01:00
200 703 Helen Blissett	L40 39 Winston Runners	53:36	237 317 Alexandra Roskell	L40 45 Chorlton Runners	1:01:17
201 571 Gillian Aspin	L40 40 Manchester Triathlon	53:40	238 28 Marie Fairclough	L50 19 Bramhall Runners	1:01:30
202 425 Mel Johnson	L40 41 Manchester Frontrunners	53:47	239 679 Victoria Keegan	L35 41 Knutsford Tri Club	1:01:47
203 348 Taylor Giacoma	L35 34 Marple Runners	53:51	240 695 Stephanie Boyle	L45 34 E Cheshire H&tameside AC	1:01:50
204 151 Fiona Bolton	L60 5 Middleton H AC	53:58	241 29 Erika Frame	L50 20 Bramhall Runners	1:02:41
205 320 Amy Spragg	L35 35 Chorlton Runners	54:02	242 394 Elaine Mottershead	L45 35 Belle Vue Racers	1:02:51
206 698 Emma Shale	L 206 Manchester Frontrunners	54:07	243 564 Lisa Kennedy	L50 21 E Cheshire H&tameside AC	1:03:09
207 707 Tina Hicks	L35 36 Belle Vue Racers	54:09	244 22 Helen Brown	L45 36 Bramhall Runners	1:03:19
208 677 Sarah Leah	L45 26 Glossopdale Harriers	54:20	245 118 Liz Spensley	L70 2 St Helens Tri	1:04:39
209 20 Samantha Blacow	L 209 Bramhall Runners	54:21	246 706 Kim Crowther	L45 37 Bramhall Runners	1:06:16
210 230 Kerry Doherty	L40 42 Stockport Tri Club	54:27	247 561 Lucy Davidson	L 247 E Cheshire H&tameside AC	1:06:45
211 393 Catherine McKenna	L45 27 Belle Vue Racers	54:38	248 34 Melanie Li	L45 38 Bramhall Runners	1:07:43
212 476 Carol O'Hare	L55 8 Manchester Ymca H	54:47	249 32 Cath Jones	L55 9 Bramhall Runners	1:07:43
213 641 Kelly Clark	L35 37 Wirral AC	54:55	250 358 Clare Smith	L50 22 Marple Runners	1:08:21
214 613 Laura Ward	L 214 Manchester Triathlon	55:09	251 306 Kate Macdonald	L55 10 Chorlton Runners	1:08:31
215 672 Helen Gray	L50 17 Goyt Valley Striders	55:12	252 310 Joanne Moseley	L40 46 Chorlton Runners	1:10:57
216 157 Julie Jones	L60 6 Middleton H AC	55:27	253 467 Jennifer Delaney	L 253 Manchester Ymca H	1:16:27
217 153 Christine Eckersley	L70 1 Middleton H AC	55:36	254 289 Jodie Etherson	L40 47 Chorlton Runners	1:17:37

Senior Women - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	70	—	2 Danielle Fegan	14 Olivia Green	16 Emma Finney	38 Cara O'Brien
2 University Of Manchester	86	—	5 Anna Mackenzie	8 Georgia Baynes	36 Rebecca Whalley	37 Hannah Stroud
3 Stockport H&ac	105	—	10 Faye Waterhouse	11 Ruth Sinclair	29 Heather Corden	55 Amie Hughes
4 Manchester Triathlon	149	—	18 Sarah Saxton	24 Joanna Knapman	51 Sarah Harris	56 Linzi Nuttall
5 Trafford AC	150	—	13 Sarah Hudak	32 Alison Drasdo	46 Liz Austen	59 Zoe Storr
6 Horwich Rmi	158	—	26 Janet Rashleigh	34 Erica Booth	35 Kathryn Berry	63 Rowen Ratcliffe
7 Salford H&ac	175	—	7 Sinead Bent	28 Ambi Swindells	52 Marie O'Brien	88 Anneka Sanders
8 Wirral AC	177	—	15 Sarah Kearney	40 Anne Rosbottom	49 Maggie Cooper	73 Penny Thorn
9 Chorlton Runners	194	—	25 Lis Kilcourse	39 Zoe Gmerek	54 Sarah Renshaw	76 Ingrid Storm
10 Sale H Manchester	'B'	196	—	44 Jane Thomas	47 Fiona Askew	64 Jackie Cordingley
11 Wilmslow RC	199	—	4 Diane McVey	30 Louisa Harrison	58 Janine Ellis	107 Kate Sutton
12 E Cheshire H&tameside AC	201	—	20 Hayley Simpson	27 Bethany McManus	68 Sally Teague	86 Angela Oldham
13 Altrincham&district AC	221	—	17 Lora Blann	57 Danielle Beard	70 Bev Jackson	77 Alison Vesey
14 Trafford AC	'B'	257	—	61 Louise Mangan	62 Nicole Davenport	69 Joanne Lott
15 Dragons Rc Sale	270	—	19 Harriett Hamilton	21 Lucy Wasinski	80 Madeleine Hill	150 Joanne Healy
16 Macclesfield H&ac	282	—	1 Louisa Whittingham	75 Hanny Stockman	87 Daisy Pickles	119 Lindsay Purdie
17 Vale Royal AC	287	—	22 Chloe Broad	42 Claire Thompson	110 Debbie Broad	113 Julie Annable
18 Swinton RC	290	—	31 Lauren Marsden	66 Julie Holden	81 Rhona Barker	112 Helen Nation
19 Bramhall Runners	300	—	45 Nicola Lloyd	53 Jennie Pickard	85 Vikki Murphy	117 Adina Tomlinson
20 Belle Vue Racers	362	—	48 Vicky Smith	90 Phoebe Willis	92 Annie Hirsch	132 Rachel Watson
21 Sale H Manchester	'C'	369	—	79 Katherine Barker	93 Joanne Street	96 Eve Gibson
22 Manchester Frontrunners	380	—	23 Lucy Etechells	74 Jane Fletcher	109 Paula Medley	174 Claire Naylor
23 Salford Met AC	384	—	71 Carly Appleby	91 Carolyn Lewtas	99 Amanda Hurndall	123 Fran Wright
24 Manchester Triathlon	'B'	400	—	67 Jude Wall	98 Helen Hyder	108 Hayley Winder
25 Stockport H&ac	'B'	409	—	94 Kerrie Wood-Doyle	95 Imogen Nutter	104 Rebecca Brimage
26 Middleton H AC	413	—	33 Jennifer Dixon	82 Emma Ball	142 Karen Hallett	156 Isabell Richter
27 Chorlton Runners	'B'	439	—	84 Lorraine Pang	102 Leona Beaumont	118 Miss Fofana
28 Manchester Ymca H	463	—	72 Hannah Brierley	89 Sarah Donohoe	144 Emma Elmerhebi	158 Steph Goodchild
29 Manchester H&ac	508	—	43 Melanie Barber	111 Gail Hebson	164 Katie Cooper	190 Lindsay Farrelly
30 Stockport H&ac	'C'	542	—	122 Jen Hulley	130 Ruth Murdoch	131 Estelle McGuire
31 Manchester Triathlon	'C'	576	—	129 Claudia RoblesMorse	136 Becky Plummer	146 Claire Deane
32 Macclesfield H&ac	'B'	586	—	126 Den Masset	145 Sarah Kelly	154 Hilary West
33 Goyt Valley Striders	640	—	100 Amelia Hunt	148 Rebecca Glen	180 Tracy Vernon	212 Helen Gray
34 Chorlton Runners	'C'	647	—	138 Alison Barbuti	167 Marlina White	169 Kaylea Haynes
35 Swinton RC	'B'	649	—	137 Jenny Castle	141 Andrea Harrison	185 Stephanie Neild
36 Stockport Tri Club	652	—	151 Nicola Brundrett	152 Christine Dewsbury	157 Louise Harrison	192 Elle Jordan
37 Winston Runners	683	—	115 Sarah Hooks	176 Edtya Burgess	195 Francesca Miller	197 Helen Blissett
38 Buxton AC	689	—	143 Ruth Gowers	147 Sheila Bradley	168 Kate Phillips	231 Rachel Dowle
39 Marple Runners	731	—	124 Katrina Stephens	188 Catherine Tombs	200 Taylor Giacoma	219 Susannah Williams
40 St Helens Tri	742	—	120 Myka Heard	181 Jennifer Miller	217 Diane Taktak	224 Bethany Forber
41 Belle Vue Racers	'B'	744	—	153 Yana Anderton	179 Lisa Donnelly	204 Tina Hicks
42 Manchester Triathlon	'D'	750	—	178 Rosemary Jones	183 Alex Smith	191 Michelle Wilder
43 Middleton H AC	'B'	767	—	166 Catherine Murphy	187 Elaine Blades-Jordan	201 Fiona Bolton
44 Wirral AC	'B'	780	—	171 Felicity Hale	172 Sarah McDonnell	210 Kelly Clark
45 Chorlton Runners	'D'	787	—	177 Emma Banister	193 Sarah Clarke	202 Amy Spragg
46 Bramhall Runners	'B'	812	—	133 Helen Rennie	206 Samantha Blacow	235 Marie Fairclough
47 Chorlton Runners	'E'	926	—	218 Stephanie Bird	226 Emma Simpson	234 Alexandra Roskell
48 Bramhall Runners	'C'	975	—	241 Helen Brown	243 Kim Crowther	245 Melanie Li
						246 Cath Jones

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2017

Senior Women - Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	35	—	4 Emma Finney	14 Cara O'Brien	17 Kathy Wellam
2 Wilmslow RC	38	—	2 Diane McVey	9 Louisa Harrison	27 Janine Ellis
3 Wirral AC	42	—	3 Sarah Kearney	16 Anne Rosbottom	23 Maggie Cooper
4 Trafford AC	60	—	11 Alison Drasdo	21 Liz Austen	28 Louise Mangan
5 Altrincham&district AC	65	—	5 Lora Blann	26 Danielle Beard	34 Bev Jackson
6 Swinton RC	83	—	10 Lauren Marsden	31 Julie Holden	42 Rhona Barker
7 Bramhall Runners	89	—	20 Nicola Lloyd	24 Jennie Pickard	45 Vikki Murphy
8 Manchester Triathlon	90	—	7 Joanna Knapman	32 Jude Wall	51 Helen Hyder
9 Horwich Rmi	92	—	8 Janet Rashleigh	13 Erica Booth	71 Gemma Stokes
10 Trafford AC 'B'	102	—	29 Nicole Davenport	33 Joanne Lott	40 Rachel McDonnell
11 Chorlton Runners	116	—	15 Zoe Gmerek	25 Sarah Renshaw	76 Kate Harvest
12 Dragons Rc Sale	136	—	6 Harriett Hamilton	41 Madeleine Hill	89 Joanne Healy
13 Altrincham&district AC 'B'	137	—	39 Alison Vesey	44 Laura Bostock	54 Margaret Bullock
14 Vale Royal AC	137	—	18 Claire Thompson	58 Debbie Broad	61 Julie Annable
15 Middleton H AC	137	—	12 Jennifer Dixon	43 Emma Ball	82 Karen Hallett
16 Belle Vue Racers	144	—	22 Vicky Smith	47 Annie Hirsch	75 Rachel Watson
17 Salford Met AC	153	—	35 Carly Appleby	52 Amanda Hurndall	66 Fran Wright
18 Stockport H&ac	164	—	49 Kerrie Wood-Doyle	53 Rebecca Brimage	62 Sue Garonne
19 Macclesfield H&ac	170	—	39 Hanny Stockman	63 Lindsay Purdie	69 Den Masset
20 Sale H Manchester 'B'	193	—	30 Jackie Cordingley	48 Joanne Street	115 Lucinda Summers
21 Manchester H&ac	197	—	19 Melanie Barber	59 Gail Hebson	119 Lindsay Farrelly
22 Manchester Triathlon 'B'	198	—	56 Hayley Winder	70 Deirdre McCarthy	72 Claudia RoblesMorse
23 Stockport H&ac 'B'	212	—	65 Jen Hulley	73 Ruth Murdoch	74 Estelle McGuire
24 Swinton RC 'B'	218	—	60 Helen Nation	77 Jenny Castle	81 Andrea Harrison
25 Manchester Fronrunners	221	—	37 Jane Fletcher	57 Paula Medley	127 Mel Johnson
26 Wirral AC 'B'	251	—	36 Penny Thorn	107 Felicity Hale	108 Sarah McDonnell
27 Wilmslow RC 'B'	253	—	55 Kate Sutton	80 Gail Hill	118 Julie Lucas
28 Salford Met AC 'B'	272	—	79 Laura Mercer	94 Kate Fowles	99 Mandy Webber
29 Buxton AC	275	—	83 Ruth Gowers	87 Sheila Bradley	105 Kate Phillips
30 Stockport Tri Club	277	—	90 Nicola Brundrett	91 Christine Dewsbury	96 Louise Harrison
31 Chorlton Runners 'B'	291	—	78 Alison Barbuti	104 Marlena White	109 Katie Syrett
32 Manchester Triathlon 'C'	308	—	86 Claire Deane	102 Gail O'Hare	120 Michelle Wilder
33 Marple Runners	312	—	67 Katrina Stephens	117 Catherine Tombs	128 Taylor Giacoma
34 Middleton H AC 'B'	314	—	95 Isabell Richter	103 Catherine Murphy	116 Elaine Blades-Jordan
35 Manchester Ymca H	316	—	84 Emma Elmerhebi	97 Steph Goodchild	135 Carol O'Hare
36 St Helens Tri	320	—	64 Myka Heard	114 Jennifer Miller	142 Diane Taktak
37 Stockport H&ac 'C'	327	—	98 E Kavanagh-Dixon	106 Karen Wileman	123 Alexis Dinsmor
38 Belle Vue Racers 'B'	335	—	92 Yana Anderton	112 Lisa Donnelly	131 Tina Hicks
39 Goyt Valley Striders	338	—	88 Rebecca Glen	113 Tracy Vernon	137 Helen Gray
40 Chorlton Runners 'C'	363	—	111 Emma Banister	122 Sarah Clarke	130 Amy Spragg
41 E Cheshire H&tameside AC	365	—	46 Angela Oldham	158 Stephanie Boyle	161 Lisa Kennedy
42 Stockport Tri Club 'B'	378	—	121 Elle Jordan	124 Elizabeth Sargent	133 Kerry Doherty
43 Winston Runners	379	—	110 Edyta Burgess	125 Helen Blissett	144 Jenn Lutton
44 Middleton H AC 'C'	406	—	129 Fiona Bolton	138 Julie Jones	139 Christine Eckersley
45 Wirral AC 'C'	434	—	136 Kelly Clark	148 Paula Smith	150 Yolla McCoy
46 Chorlton Runners 'D'	438	—	140 Afshan Akbar	143 Stephanie Bird	155 Alexandra Roskell
47 Marple Runners 'B'	462	—	146 Elise Evans	149 Carol Culley	167 Clare Smith
48 Bramhall Runners 'B'	477	—	156 Marie Fairclough	159 Erika Frame	162 Helen Brown
49 Bramhall Runners 'C'	495	—	164 Kim Crowther	165 Melanie Li	166 Cath Jones
50 Chorlton Runners 'E'	507	—	168 Kate Macdonald	169 Joanne Moseley	170 Jodie Etherson

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2017

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	883	Mussie Kassa	U20 1	E Cheshire H&tameside AC	35:16
2	560	Mac O'Malley	U20 2	Trafford AC	35:22
3	861	Daniel Racle	U20 3	Altrincham&district AC	36:00
4	1023	Alex Sutton	U20 4	Sale H Manchester	36:02
5	775	Jake Spilsbury	U20 5	Sale H Manchester	37:29
6	570	Matthew Sutton	U20 6	Trafford AC	37:58
7	675	Sam Tarry	U20 7	Manchester H&ac	38:03
8	833	Akkeal Chambers	U20 8	Altrincham&district AC	38:19

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Altrincham&district AC 26 — 3 Daniel Racle 8 Akkeal Chambers 15 Nathan Egan

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	1074	Andrew Heyes		Stockport H&ac	32:32
2	890	Joe Steward		E Cheshire H&tameside AC	33:09
3	750	Nigel Martin		Sale H Manchester	33:51
4	26	Matthew Sheen		Vale Royal AC	34:04
5	852	Andy Norman		Altrincham&district AC	34:34
6	2005	William Onek		Barlick Fell Runners	34:40
7	272	Will Beauchamp		Salford H&ac	34:42
8	780	Joseph Vis		Sale H Manchester	34:59
9	270	Joe Bailey		Salford H&ac	35:24
10	684	William Rawson		Manchester Met Uni AC	35:51
11	705	Sam Aspinwall		Sale H Manchester	36:12
12	302	Jake Ragan		Salford H&ac	36:18
13	482	James Savage		Chorlton Runners	36:20
14	310	Matthew Shaw		Salford H&ac	36:34
15	213	Richard Coen		Wilmslow RC	36:42
16	745	Tim Kennedy		Sale H Manchester	36:45
17	358	J Scott-Buckleuch		Stockport H&ac	36:52
18	1043	Joe Hudak		E Cheshire H&tameside AC	36:55
19	483	Gary Scott		Chorlton Runners	37:07
20	546	Daniel Hayes		Trafford AC	37:39
21	988	David Brockway		Wirral AC	37:42
22	749	David Marsh		Sale H Manchester	37:49
23	383	Chris Fance		Warrington AC	37:54
24	465	F Macdonald-Oulds		Chorlton Runners	37:59
25	885	Scott Matthews		E Cheshire H&tameside AC	38:02
26	387	Jack Green		Warrington AC	38:03
27	371	Jonathan Currie		Stockport Tri Club	38:10
28	409	Ben Light		Buxton AC	38:11
29	610	Sean Cannon		Knutsford Tri Club	38:12
30	732	Nathan Harrison		Sale H Manchester	38:31
31	372	James Garner		Stockport Tri Club	38:34
32	938	Aaron Saxton		Manchester Triathlon	38:38
33	873	Gavin Browne		E Cheshire H&tameside AC	38:40
34	497	Oliver Wallace		Chorlton Runners	38:41
35	721	Chris Donnelly		Sale H Manchester	38:59
36	708	Nicholas Barry		Sale H Manchester	39:00
37	561	Simon O'Meara		Trafford AC	39:01
38	83	Chris Webb		Glossopdale Harriers	39:13
39	260	Keith Knott		Middleton H AC	39:17
40	636	Martin Dunn		Manchester Frontrunners	39:22
41	271	Tommi Baker		Salford H&ac	39:27
42	319	Rob West		Salford H&ac	39:28
43	600	Matthew Latham		Hyde Village Striders	39:28
44	2002	Tom Greaves		Warrington RR	39:36
45	779	Nick Tynan		Sale H Manchester	39:44
46	1027	Diaz Mario Mateos		Salford Met AC	39:45
47	623	Matt Wackett		Knutsford Tri Club	39:49
48	442	Will Fossard		Chorlton Runners	39:50
49	933	Graham Rands		Manchester Triathlon	39:58
50	957	Scott Welsby		Manchester Triathlon	40:02
51	439	Sam Edwards		Chorlton Runners	40:03
52	70	Tim Budd		Glossopdale Harriers	40:04
53	90	Dan Bird		Swinton RC	40:06
54	628	Tom Bardwell		Manchester Frontrunners	40:16
55	629	Gregory Beck		Manchester Frontrunners	40:18
56	328	Phil Burns		Stockport H&ac	40:35
57	555	Joe Lyne		Trafford AC	40:41
58	479	Russell Price		Chorlton Runners	40:46
59	1025	Dan Appleby		Salford Met AC	40:50
60	920	Brendan Kennedy		Manchester Triathlon	40:55
61	687	Richard Brierley		Manchester Ymca H	41:18
62	445	Patrick Goodrich		Chorlton Runners	41:32
63	678	Robert Weston		Manchester H&ac	41:33
64	799	Mike Hallas		Horwich Rmi	41:34
65	289	Stewart Hudson		Salford H&ac	41:36
66	663	Richard Hayes		Manchester H&ac	41:38
67	54	Matthew Moran		Bramhall Runners	41:47
68	197	Mark Turner		St Helens Tri	42:00
69	375	Llyr Hughes		Stockport Tri Club	42:07
70	168	Robert Chesters		St Helens Tri	42:08
71	795	Michael Chadderton		Horwich Rmi	42:14
72	960	David Carroll		Oldham & Royton H&ac	42:19
73	170	Kevin Dunbar		St Helens Tri	42:26
74	484	Russell Scott		Chorlton Runners	42:26
75	548	Graham Hogg		Trafford AC	42:28
76	434	Luke Carter		Chorlton Runners	42:37
77	817	Paul Connolly		Salford Met AC	42:38
78	982	James Rees		Goyt Valley Striders	42:55
79	188	Adam O'Shea		St Helens Tri	43:00
80	93	Ian Cronshaw		Swinton RC	43:11
81	278	Rob Clarke		Salford H&ac	43:19
82	694	Mark Griffiths		Manchester Ymca H	43:23
83	397	Richard Bouglas		Buxton AC	43:27
84	699	Chris March		Manchester Ymca H	43:33
85	406	Daniel Latham		Buxton AC	43:39
86	1033	Anthony Salih		Salford Met AC	43:51
87	193	James Rooney		St Helens Tri	44:03
88	707	Paul Barrett		Sale H Manchester	44:07
89	846	Paul Johnston		Altrincham&district AC	44:14
90	314	Sam Swindells		Salford H&ac	44:17
91	639	Steve Hatton		Manchester Frontrunners	44:20
92	1018	Greg Wasinski		Glossopdale Harriers	44:37
93	900	Joe Brennan		Manchester Triathlon	44:41
94	185	Patrick Neill		St Helens Tri	44:42
95	440	Tony Everitt		Chorlton Runners	44:54
96	990	Will Ferguson		Wirral AC	45:07
97	632	David Chambers		Manchester Frontrunners	45:25
98	448	David Hargreaves		Chorlton Runners	45:55
99	67	John Williams		Bramhall Runners	45:56
100	2003	Stewart Haworth		Unattached	46:31
101	111	Dan Sutton		Swinton RC	46:44
102	977	James Hobson		Goyt Valley Striders	46:51
103	1019	John Keegan		Knutsford Tri Club	47:00
104	189	Robert O'Shea		St Helens Tri	47:04
105	777	Aaron Steele		Sale H Manchester	47:07
106	904	Adam Dooley		Manchester Triathlon	47:25
107	726	Duane Gaunt		Sale H Manchester	47:38
108	608	Luke Ainsworth		Knutsford Tri Club	47:39
109	1038	Stuart Thomas		West Cheshire AC	47:42
110	473	Ross Murdoch		Chorlton Runners	47:45
111	579	Ross Pettigrew		Belle Vue Racers	47:57
112	948	Richard Tennant		Manchester Triathlon	48:00
113	279	Jeremy Cosway		Salford H&ac	48:03
114	575	Gareth Woodcock		Trafford AC	48:05
115	264	Stephen Lowe		Middleton H AC	48:09
116	657	Darren Cooper		Manchester H&ac	48:13
117	902	Tim Condon		Manchester Triathlon	48:16
118	630	Thomas Blackburn		Manchester Frontrunners	48:18
119	534	John Williams		Marple Runners	48:23
120	2004	Greg Spanner		Unattached	48:32
121	868	David Vaughan		Altrincham&district AC	48:36
122	631	Joe Carne		Manchester Frontrunners	48:49
123	917	Richard Hyder		Manchester Triathlon	49:09
124	103	Rob McGibbon		Swinton RC	49:37
125	680	Jack Benham		Manchester Met Uni AC	49:58
126	936	Peter Rowe		Manchester Triathlon	50:09
127	643	Jordan Millar		Manchester Frontrunners	50:20
128	1013	Kevin Garvey		Middleton H AC	50:21
129	971	James Sowden		Winston Runners	50:37
130	635	Paul Crowe		Manchester Frontrunners	50:41
131	653	Joe Yang		Manchester Frontrunners	51:45
132	255	Jason Harling		Middleton H AC	52:15
133	645	Paul O'Neill		Manchester Frontrunners	52:22
134	472	Richard Morris		Chorlton Runners	52:42
135	698	Jonny Lavery		Manchester Ymca H	52:48
136	61	John Richards		Bramhall Runners	52:58
137	641	Carl Lane		Manchester Frontrunners	53:25
138	822	Stuart Mairs		Salford Met AC	54:06
139	646	Andrew Porter		Manchester Frontrunners	54:33
140	940	Lee Seddon		Manchester Triathlon	55:31
141	51	Ross Kennedy		Bramhall Runners	59:24
142	617	Matthew Mollart		Knutsford Tri Club	1:00:13
143	431	Chris Bridges		Chorlton Runners	1:01:26
144	471	Phil McKiernan		Chorlton Runners	1:03:51
145	173	John-Paul Fitzsimons		St Helens Tri	1:06:19

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	706	Matthew Barnes	V40 1	Sale H Manchester	34:18	35	8 Joe Cavanagh	V40 35	Vale Royal AC	44:36
2	388	Nick Jones	V40 2	Warrington AC	35:28	36	490 Nick Syrett	V40 36	Chorlton Runners	44:48
3	139	Andrew Lamont	V40 3	Macclesfield H&ac	36:05	37	505 Richard Healy	V40 37	Dragons Rc Sale	45:06
4	563	Jeff Prest	V40 4	Trafford AC	37:26	38	959 Paul Bartholemew	V40 38	Oldham & Royton H&ac	45:31
5	751	Stephen McCarron	V40 5	Sale H Manchester	37:53	39	895 Damian Aspin	V40 39	Manchester Triathlon	45:32
6	106	Andrew Morley	V40 6	Swinton RC	38:14	40	535 Richard Williams	V40 40	Marple Runners	46:02
7	461	Paul Lancaster	V40 7	Chorlton Runners	38:19	41	73 Matthew Crompton	V40 41	Glossopdale Harriers	46:47
8	441	Tim Fletcher	V40 8	Chorlton Runners	38:44	42	821 Michael Lim	V40 42	Salford Met AC	46:56
9	285	Mike Grace	V40 9	Salford H&ac	38:56	43	899 Brian Biggar	V40 43	Manchester Triathlon	47:16
10	1021	Tom Fordyce	V40 10	Sale H Manchester	39:16	44	844 Bradley Johnson	V40 44	Altrincham&district AC	47:24
11	288	Dave Hudson	V40 11	Salford H&ac	39:35	45	1011 Thomas Screen	V40 45	Goyt Valley Striders	47:26
12	242	Peter Speake	V40 12	Wilmslow RC	39:48	46	952 Cliff Veighey	V40 46	Manchester Triathlon	47:29
13	113	Stuart Tucker	V40 13	Swinton RC	39:48	47	86 Ian Roberts	V40 47	St Helens Sutton AC	47:36
14	480	Christopher Rayner	V40 14	Chorlton Runners	39:49	48	614 Ben Hagger	V40 48	Knutsford Tri Club	47:51
15	893	Andy Adkin	V40 15	Manchester Triathlon	40:19	49	34 Adam Bird	V40 49	Bramhall Runners	47:52
16	556	Dave Maher	V40 16	Trafford AC	40:21	50	105 Mark Moran	V40 50	Swinton RC	47:56
17	276	Richard Brook	V40 17	Salford H&ac	40:23	51	142 Tim Marsh	V40 51	Macclesfield H&ac	48:07
18	334	Stephen Crook	V40 18	Stockport H&ac	40:28	52	65 Andrew Tomlinson	V40 52	Bramhall Runners	48:38
19	725	Olivier Gaillemin	V40 19	Sale H Manchester	40:31	53	39 M Deschoolmeester	V40 53	Bramhall Runners	48:39
20	350	Iain Murdoch	V40 20	Stockport H&ac	40:42	54	30 Richard Adams	V40 54	Bramhall Runners	48:39
21	287	Matthew Holt	V40 21	Salford H&ac	40:45	55	672 Chris Sewart	V40 55	Manchester H&ac	48:50
22	907	Dean Evans	V40 22	Manchester Triathlon	40:58	56	898 Lee Bibby	V40 56	Manchester Triathlon	49:29
23	343	David Hulley	V40 23	Stockport H&ac	41:10	57	536 Jeremy Woodham	V40 57	Marple Runners	50:10
24	181	Eddie Hirst	V40 24	St Helens Tri	41:19	58	613 Andy Gray	V40 58	Knutsford Tri Club	50:13
25	1056	Rob Oliver	V40 25	Vale Royal AC	41:23	59	460 Adrian Kwintner	V40 59	Chorlton Runners	50:32
26	60	Phil Ramsey	V40 26	Bramhall Runners	42:18	60	515 James Deighton	V40 60	Marple Runners	50:53
27	470	Paul McKenna	V40 27	Chorlton Runners	42:19	61	665 James Hinde	V40 61	Manchester H&ac	51:22
28	889	Michael Stansfield	V40 28	E Cheshire H&tameside AC	42:33	62	336 Christian Eagle	V40 62	Stockport H&ac	51:24
29	848	Richard Lane	V40 29	Altrincham&district AC	42:34	63	140 David Larkin	V40 63	Macclesfield H&ac	52:23
30	638	Jono Guildford	V40 30	Manchester Frontrunners	43:04	64	970 Paul Lockett	V40 64	Winston Runners	55:32
31	950	Roger Thomas	V40 31	Manchester Triathlon	43:09	65	191 Kevin Richardson	V40 65	St Helens Tri	57:32
32	892	Dennis Thomas	V40 32	E Cheshire H&tameside AC	43:25	66	901 Mark Coley	V40 66	Manchester Triathlon	1:02:44
33	758	Mark Pagram	V40 33	Sale H Manchester	44:00	67	910 John Graham	V40 67	Manchester Triathlon	1:08:35
34	888	Darren Smith	V40 34	E Cheshire H&tameside AC	44:01					

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	730	Paul Green	V45 1	Sale H Manchester	35:15	35	50 Ian Keeling	V45 35	Bramhall Runners	46:13
2	13	Stuart Doyle	V45 2	Vale Royal AC	35:47	36	175 David Gaskell	V45 36	St Helens Tri	46:24
3	286	Ian Grime	V45 3	Salford H&ac	36:39	37	524 James Kemp	V45 37	Marple Runners	47:08
4	307	Mark Russell	V45 4	Salford H&ac	37:12	38	123 Richard Brown	V45 38	Macclesfield H&ac	47:26
5	807	Paul Massey	V45 5	Horwich Rmi	38:16	39	35 Adam Brown	V45 39	Bramhall Runners	47:32
6	554	Chris Leigh	V45 6	Trafford AC	38:18	40	727 Steve Gavin	V45 40	Sale H Manchester	47:49
7	58	Andy Porter	V45 7	Bramhall Runners	39:31	41	489 Steven Swan	V45 41	Chorlton Runners	47:59
8	425	David Alderson	V45 8	Chorlton Runners	40:12	42	195 Lee Stinch	V45 42	St Helens Tri	48:11
9	331	James Corden	V45 9	Stockport H&ac	40:20	43	929 John Murray	V45 43	Manchester Triathlon	48:15
10	239	Jim Pendrill	V45 10	Wilmslow RC	40:30	44	512 ThomasJ Callaghan	V45 44	Marple Runners	48:23
11	800	David Jackson	V45 11	Horwich Rmi	40:38	45	618 Andrew Orme	V45 45	Knutsford Tri Club	48:30
12	284	Charles Foster	V45 12	Salford H&ac	41:06	46	47 Nick Heaton	V45 46	Bramhall Runners	48:34
13	36	James Cooper	V45 13	Bramhall Runners	41:52	47	32 Mike Barry	V45 47	Bramhall Runners	48:46
14	829	Paul Abraham	V45 14	Altrincham&district AC	41:58	48	95 Chris Edwards	V45 48	Swinton RC	48:59
15	131	Chirs Goodfellow	V45 15	Macclesfield H&ac	42:00	49	49 Lee Jones	V45 49	Bramhall Runners	49:03
16	346	Nathan Mayoh	V45 16	Stockport H&ac	42:16	50	905 Andrew Dow	V45 50	Manchester Triathlon	49:18
17	174	Michael Forber	V45 17	St Helens Tri	42:30	51	1030 David Hughes	V45 51	Salford Met AC	50:07
18	995	Stephen Spence	V45 18	Wirral AC	42:31	52	42 Simon Fennell	V45 52	Bramhall Runners	50:22
19	353	Adrian Nutter	V45 19	Stockport H&ac	42:50	53	1028 Paul Gee	V45 53	Salford Met AC	50:50
20	57	Frank Podd	V45 20	Bramhall Runners	42:53	54	954 Chris Watson	V45 54	Manchester Triathlon	51:00
21	720	Elton Davies	V45 21	Sale H Manchester	42:58	55	788 Michael Wymmer	V45 55	Sale H Manchester	51:03
22	1039	Anthony Woodall	V45 22	West Cheshire AC	43:12	56	1049 Ronan Brennan	V45 56	Manchester Triathlon	51:12
23	355	Simon Pickard	V45 23	Stockport H&ac	43:24	57	926 Mark Millward	V45 57	Manchester Triathlon	51:31
24	584	Derrick Watson	V45 24	Belle Vue Racers	43:35	58	656 Jason Brogan	V45 58	Manchester H&ac	51:41
25	992	Ronan Kearney	V45 25	Wirral AC	44:05	59	326 Steve Brown	V45 59	Stockport H&ac	52:43
26	1047	Matt Larkin	V45 26	Halton & Frodsham	44:12	60	621 Edward Taylor	V45 60	Knutsford Tri Club	53:11
27	102	Chris Lomax	V45 27	Swinton RC	44:28	61	117 Paul Wilson	V45 61	Swinton RC	53:12
28	354	Paul Nutter	V45 28	Stockport H&ac	44:50	62	526 Mark Lynch	V45 62	Marple Runners	53:57
29	574	Gary Wolstencroft	V45 29	Trafford AC	45:18	63	634 Billy Cooper	V45 63	Manchester Frontrunners	54:55
30	916	Peter Hulme	V45 30	Manchester Triathlon	45:43	64	994 Christopher Prout	V45 64	Wirral AC	55:16
31	528	Darren Peatfield	V45 31	Marple Runners	45:57	65	516 Ian Galloway	V45 65	Marple Runners	56:11
32	15	Dave Haines	V45 32	Vale Royal AC	46:01	66	457 Paul Kain	V45 66	Chorlton Runners	57:17
33	332	Paul Corner	V45 33	Stockport H&ac	46:11	67	886 Stephen Roberts	V45 67	E Cheshire H&tameside AC	57:56
34	823	Steve Mercer	V45 34	Salford Met AC	46:12	68	615 Anthony Jones	V45 68	Knutsford Tri Club	58:56

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	215	Rob Downs	V50 1	Wilmslow RC	37:11	30	616 William Keeling	V50 30	Knutsford Tri Club	50:44
2	1061	Malcolm Fowler	V50 2	Wilmslow RC	39:41	31	1046 Richard Vink	V50 31	E Cheshire H&tameside AC	50:49
3	148	James Noakes	V50 3	Macclesfield H&ac	39:49	32	762 Tim Rainey	V50 32	Sale H Manchester	50:53
4	875	Ian Fraser	V50 4	E Cheshire H&tameside AC	40:29	33	857 Richard Pavey	V50 33	Altrincham&district AC	50:56
5	845	Richard Johnson	V50 5	Altrincham&district AC	40:47	34	381 Gordon Wilson	V50 34	Stockport Tri Club	51:28
6	557	Paul Mannion	V50 6	Trafford AC	40:48	35	80 Ian Oates	V50 35	Glossopdale Harriers	51:58
7	550	Mike Hutchinson	V50 7	Trafford AC	40:49	36	662 Glen Gandy	V50 36	Manchester H&ac	53:00
8	97	Tony Flanagan	V50 8	Swinton RC	41:14	37	611 Andy Dines	V50 37	Knutsford Tri Club	53:07
9	311	Paul Simons	V50 9	Salford H&ac	41:29	38	252 Colin Carter	V50 38	Middleton H AC	53:14
10	939	Paul Schofield	V50 10	Manchester Triathlon	41:49	39	31 Sarmid Al-Kamil	V50 39	Bramhall Runners	53:24
11	74	Steve Crossman	V50 11	Glossopdale Harriers	41:59	40	985 Mark Whelan	V50 40	Goyt Valley Striders	53:31
12	840	Andy Holloway	V50 12	Altrincham&district AC	42:04	41	71 Andrew Burnett	V50 41	Glossopdale Harriers	53:34
13	338	Kevan Garner	V50 13	Stockport H&ac	42:27	42	1068 Miles Coker	V50 42	Bramhall Runners	53:35
14	274	Paul Birkett	V50 14	Salford H&ac	43:17	43	582 Farouk Vanda	V50 43	Belle Vue Racers	53:46
15	860	Roger Preece	V50 15	Altrincham&district AC	43:26	44	667 Denis Kelly	V50 44	Manchester H&ac	53:59
16	625	Rob Wilson	V50 16	Knutsford Tri Club	44:10	45	811 Lawrence Pinnell	V50 45	Horwich Rmi	55:25
17	27	Stephen Thompson	V50 17	Vale Royal AC	44:34	46	374 Nigel Harrison	V50 46	Stockport Tri Club	55:28
18	782	Nick Webb	V50 18	Sale H Manchester	45:06	47	702 Steve Symons	V50 47	Manchester Ymca H	55:38
19	33	Paul Beckett	V50 19	Bramhall Runners	45:29	48	738 Noel Irwin	V50 48	Sale H Manchester	56:09
20	414	Neil Pearsons	V50 20	Buxton AC	46:06	49	196 Azzam Taktak	V50 49	St Helens Tri	56:22
21	138	Alastair Knockton	V50 21	Macclesfield H&ac	46:21	50	510 Ian Wood	V50 50	Liverpool H&ac	56:35
22	349	Ian Mulligan	V50 22	Stockport H&ac	46:49	51	357 Nick Roberts	V50 51	Stockport H&ac	57:03
23	594	Shaun Chambers	V50 23	Hyde Village Striders	47:02	52	46 Barry Heap	V50 52	Bramhall Runners	57:40
24	897	Lee Benson	V50 24	Manchester Triathlon	47:44	53	914 Bryan Hopwood	V50 53	Manchester Triathlon	57:46
25	826	Mark Shuttleworth	V50 25	Salford Met AC	48:23	54	978 Paul Hunt	V50 54	Goyt Valley Striders	57:54
26	649	Michael Thorley	V50 26	Manchester Frontrunners	48:26	55	342 John Hughes	V50 55	Stockport H&ac	58:35
27	739	Ken James	V50 27	Sale H Manchester	50:02	56	949 Stewart Tennant	V50 56	Manchester Triathlon	59:52
28	824	Girish Patel	V50 28	Salford Met AC	50:11	57	477 Chris Peachey	V50 57	Chorlton Runners	1:00:52
29	89	Dave Batty	V50 29	Swinton RC	50:12	58	969 Mark Jones	V50 58	Winston Runners	1:03:44

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	390	Dave Norman	V55 1	Warrington AC	41:02	13	797 Douglas Fleming	V55 13	Horwich Rmi	49:13
2	235	Trevor Morris	V55 2	Wilmslow RC	41:38	14	87 Ian White	V55 14	St Helens Sutton AC	49:45
3	231	Graham Macneill	V55 3	Wilmslow RC	42:08	15	789 David Barnes	V55 15	Horwich Rmi	50:25
4	761	Aiden Raftery	V55 4	Sale H Manchester	42:39	16	370 David Colley	V55 16	Stockport Tri Club	52:50
5	94	Steve Doxey	V55 5	Swinton RC	42:56	17	695 Steve Ingham	V55 17	Manchester Ymca H	53:39
6	953	Richard Wallace	V55 6	Manchester Triathlon	43:32	18	717 Frank Cordingley	V55 18	Sale H Manchester	53:51
7	417	David Soles	V55 7	Buxton AC	44:32	19	198 Tony Waive	V55 19	St Helens Tri	53:56
8	830	Dave Ainsworth	V55 8	Altrincham&district AC	44:46	20	20 Richard Pettitt	V55 20	Vale Royal AC	54:02
9	410	Paul Light	V55 9	Buxton AC	44:57	21	157 Mark Wheelton	V55 21	Macclesfield H&ac	54:09
10	794	Gary Chadderton	V55 10	Horwich Rmi	45:34	22	396 Pete Bailey	V55 22	Buxton AC	55:05
11	967	David Smith	V55 11	Oldham & Royton H&ac	46:27	23	467 Danny McCarron	V55 23	Chorlton Runners	56:26
12	880	Derek Hughes	V55 12	E Cheshire H&tameside AC	47:34	24	203 Peter Smith	V55 24	West Cheshire AC	58:10

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	299	Stanley Owen	V60 1	Salford H&ac	41:40	12	316 Gary Thomason	V60 12	Salford H&ac	51:27
2	234	Tom McGaff	V60 2	Wilmslow RC	44:50	13	82 John Stephenson	V60 13	Glossopdale Harriers	52:50
3	1	Tony Archer	V60 3	Vale Royal AC	46:04	14	253 Paul Collinge	V60 14	Middleton H AC	52:56
4	339	Tim Hargreaves	V60 4	Stockport H&ac	48:01	15	268 Craig Sutherland	V60 15	Middleton H AC	54:23
5	266	Roland Robson	V60 5	Middleton H AC	48:28	16	816 Jack Carney	V60 16	Salford Met AC	54:26
6	360	Steve Shaughnessy	V60 6	Stockport H&ac	48:38	17	986 James Atkin	V60 17	Wirral AC	55:56
7	10	John Clarke	V60 7	Vale Royal AC	49:24	18	578 Patrick O'Brien	V60 18	Belle Vue Racers	55:56
8	254	Alan Garvey	V60 8	Middleton H AC	49:46	19	324 Andy Brown	V60 19	Stockport H&ac	57:34
9	1020	Walker Marcus Scott	V60 9	Manchester H&ac	49:56	20	100 Geoff Kay	V60 20	Swinton RC	1:03:56
10	529	Anthony Rodgers	V60 10	Marple Runners	50:47	21	689 Geoff Cotterill	V60 21	Manchester Ymca H	1:06:06
11	972	Peter Walters	V60 11	Winston Runners	51:10					

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	962	John Hudson	V65 1	Oldham & Royton H&ac	46:08
2	859	Peter Pickwell	V65 2	Altrincham&district AC	46:20
3	245	Andy Watts	V65 3	Wilmslow RC	47:30
4	75	Frank Fielding	V65 4	Glossopdale Harriers	49:55
5	867	David Telford	V65 5	Altrincham&district AC	50:24
6	701	Jon Paramor	V65 6	Manchester Ymca H	52:59
7	362	Robert Taylor	V65 7	Stockport H&ac	54:37
8	281	Tom Daniels	V65 8	Salford H&ac	57:26

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	275	Roland Bowness	V70 1	Salford H&ac	54:28
2	22	Colin Rathbone	V70 2	Vale Royal AC	54:34
3	659	Michael Cunningham	V70 3	Manchester H&ac	55:06
4	882	Chris Johnson	V70 4	E Cheshire H&tameside AC	1:01:30
5	887	Dave Salmon	V70 5	E Cheshire H&tameside AC	1:04:03
6	147	Harry Newton	V80 1	Macclesfield H&ac	1:05:37
7	217	Trevor Faulkner	V75 1	Wilmslow RC	1:11:08

Manchester Area Cross Country League at Heaton Park on Saturday 14th October 2017

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	1074	Andrew Heyes		Stockport H&ac	32:32	90	893 Andy Adkin	V40 15 Manchester Triathlon	40:19
2	890	Joe Steward		E Cheshire H&tameside AC	33:09	91	331 James Corden	V45 9 Stockport H&ac	40:20
3	750	Nigel Martin		Sale H Manchester	33:51	92	556 Dave Maher	V40 16 Trafford AC	40:21
4	26	Matthew Sheen		Vale Royal AC	34:04	93	276 Richard Brook	V40 17 Salford H&ac	40:23
5	706	Matthew Barnes	V40 1	Sale H Manchester	34:18	94	334 Stephen Crook	V40 18 Stockport H&ac	40:28
6	852	Andy Norman		Altrincham&district AC	34:34	95	875 Ian Fraser	V50 4 E Cheshire H&tameside AC	40:29
7	2005	William Onek		Barlick Fell Runners	34:40	96	588 Chris Larkin	U20 10 Halton & Frodsham	40:29
8	272	Will Beauchamp		Salford H&ac	34:42	97	239 Jim Pendrill	V45 10 Wilmslow RC	40:30
9	780	Joseph Vis		Sale H Manchester	34:59	98	725 Olivier Gaillemin	V40 19 Sale H Manchester	40:31
10	730	Paul Green	V45 1	Sale H Manchester	35:15	99	328 Phil Burns	Stockport H&ac	40:35
11	883	Mussie Kassa	U20 1	E Cheshire H&tameside AC	35:16	100	800 David Jackson	V45 11 Horwich Rmi	40:38
12	560	Mac O'Malley	U20 2	Trafford AC	35:22	101	555 Joe Lyne	Trafford AC	40:41
13	270	Joe Bailey		Salford H&ac	35:24	102	350 Iain Murdoch	V40 20 Stockport H&ac	40:42
14	388	Nick Jones	V40 2	Warrington AC	35:28	103	287 Matthew Holt	V40 21 Salford H&ac	40:45
15	13	Stuart Doyle	V45 2	Vale Royal AC	35:47	104	479 Russell Price	Chorlton Runners	40:46
16	684	William Rawson		Manchester Met Uni AC	35:51	105	845 Richard Johnson	V50 5 Altrincham&district AC	40:47
17	861	Daniel Racle	U20 3	Altrincham&district AC	36:00	106	557 Paul Mannion	V50 6 Trafford AC	40:48
18	1023	Alex Sutton	U20 4	Sale H Manchester	36:02	107	550 Mike Hutchinson	V50 7 Trafford AC	40:49
19	139	Andrew Lamont	V40 3	Macclesfield H&ac	36:05	108	1025 Dan Appleby	Salford Met AC	40:50
20	705	Sam Aspinwall		Sale H Manchester	36:12	109	920 Brendan Kennedy	Manchester Triathlon	40:55
21	302	Jake Ragan		Salford H&ac	36:18	110	907 Dean Evans	V40 22 Manchester Triathlon	40:58
22	482	James Savage		Chorlton Runners	36:20	111	390 Dave Norman	V55 1 Warrington AC	41:02
23	310	Matthew Shaw		Salford H&ac	36:34	112	284 Charles Foster	V45 12 Salford H&ac	41:06
24	286	Ian Grime	V45 3	Salford H&ac	36:39	113	343 David Hulley	V40 23 Stockport H&ac	41:10
25	213	Richard Coen		Wilmslow RC	36:42	114	97 Tony Flanagan	V50 8 Swinton RC	41:14
26	745	Tim Kennedy		Sale H Manchester	36:45	115	209 Matthew Braybrooke	U20 11 Wilmslow RC	41:17
27	358	J Scott-Bucclench		Stockport H&ac	36:52	116	687 Richard Brierley	Manchester Ymca H	41:18
28	1043	Joe Hudak		E Cheshire H&tameside AC	36:55	117	181 Eddie Hirst	V40 24 St Helens Tri	41:19
29	483	Gary Scott		Chorlton Runners	37:07	118	1056 Rob Olliver	V40 25 Vale Royal AC	41:23
30	215	Rob Downs	V50 1	Wilmslow RC	37:11	119	311 Paul Simons	V50 9 Salford H&ac	41:29
31	307	Mark Russell	V45 4	Salford H&ac	37:12	120	445 Patrick Goodrich	Chorlton Runners	41:32
32	563	Jeff Prest	V40 4	Trafford AC	37:26	121	678 Robert Weston	Manchester H&ac	41:33
33	775	Jake Spilsbury	U20 5	Sale H Manchester	37:29	122	799 Mike Hallas	Horwich Rmi	41:34
34	546	Daniel Hayes		Trafford AC	37:39	123	289 Stewart Hudson	Salford H&ac	41:36
35	988	David Brockway		Wirral AC	37:42	124	663 Richard Hayes	Manchester H&ac	41:38
36	749	David Marsh		Sale H Manchester	37:49	125	235 Trevor Morris	V55 2 Wilmslow RC	41:38
37	751	Stephen McCarron	V40 5	Sale H Manchester	37:53	126	299 Stanley Owen	V60 1 Salford H&ac	41:40
38	383	Chris Fance		Warrington AC	37:54	127	54 Matthew Moran	Bramhall Runners	41:47
39	570	Matthew Sutton	U20 6	Trafford AC	37:58	128	939 Paul Schofield	V50 10 Manchester Triathlon	41:49
40	465	F Macdonald-Oulds		Chorlton Runners	37:59	129	36 James Cooper	V45 13 Bramhall Runners	41:52
41	885	Scott Matthews		E Cheshire H&tameside AC	38:02	130	829 Paul Abraham	V45 14 Altrincham&district AC	41:58
42	387	Jack Green		Warrington AC	38:03	131	74 Steve Crossman	V50 11 Glossopdale Harriers	41:59
43	675	Sam Tarry	U20 7	Manchester H&ac	38:03	132	197 Mark Turner	St Helens Tri	42:00
44	371	Jonathan Currie		Stockport Tri Club	38:10	133	131 Chirs Goodfellow	V45 15 Macclesfield H&ac	42:00
45	409	Ben Light		Buxton AC	38:11	134	840 Andy Holloway	V50 12 Altrincham&district AC	42:04
46	610	Sean Cannon		Knutsford Tri Club	38:12	135	375 Llyr Hughes	Stockport Tri Club	42:07
47	106	Andrew Morley	V40 6	Swinton RC	38:14	136	231 Graham Macneill	V55 3 Wilmslow RC	42:08
48	807	Paul Massey	V45 5	Horwich Rmi	38:16	137	168 Robert Chesters	St Helens Tri	42:08
49	554	Chris Leigh	V45 6	Trafford AC	38:18	138	795 Michael Chadderton	Horwich Rmi	42:14
50	833	Akkeal Chambers	U20 8	Altrincham&district AC	38:19	139	346 Nathan Mayoh	V45 16 Stockport H&ac	42:16
51	461	Paul Lancaster	V40 7	Chorlton Runners	38:19	140	60 Phil Ramsey	V40 26 Bramhall Runners	42:18
52	732	Nathan Harrison		Sale H Manchester	38:31	141	960 David Carroll	Oldham & Royton H&ac	42:19
53	372	James Garner		Stockport Tri Club	38:34	142	470 Paul McKenna	V40 27 Chorlton Runners	42:19
54	938	Aaron Saxton		Manchester Triathlon	38:38	143	170 Kevin Dunbar	St Helens Tri	42:26
55	873	Gavin Browne		E Cheshire H&tameside AC	38:40	144	484 Russell Scott	Chorlton Runners	42:26
56	497	Oliver Wallace		Chorlton Runners	38:41	145	338 Kevan Garner	V50 13 Stockport H&ac	42:27
57	441	Tim Fletcher	V40 8	Chorlton Runners	38:44	146	548 Graham Hogg	Trafford AC	42:28
58	285	Mike Grace	V40 9	Salford H&ac	38:56	147	174 Michael Forber	V45 17 St Helens Tri	42:30
59	721	Chris Donnelly		Sale H Manchester	38:59	148	995 Stephen Spence	V45 18 Wirral AC	42:31
60	708	Nicholas Barry		Sale H Manchester	39:00	149	682 Sam Garratt	U20 12 Manchester Met Uni AC	42:31
61	561	Simon O'Meara		Trafford AC	39:01	150	889 Michael Stansfield	V40 28 E Cheshire H&tameside AC	42:33
62	83	Chris Webb		Glossopdale Harriers	39:13	151	848 Richard Lane	V40 29 Altrincham&district AC	42:34
63	1021	Tom Fordyce	V40 10	Sale H Manchester	39:16	152	434 Luke Carter	Chorlton Runners	42:37
64	260	Keith Knott		Middleton H AC	39:17	153	817 Paul Connolly	Salford Met AC	42:38
65	636	Martin Dunn		Manchester Frontrunners	39:22	154	761 Aiden Raftery	V55 4 Sale H Manchester	42:39
66	669	Donnacha Maguire	U20 9	Manchester H&ac	39:26	155	353 Adrian Nutter	V45 19 Stockport H&ac	42:50
67	271	Tommi Baker		Salford H&ac	39:27	156	57 Frank Podd	V45 20 Bramhall Runners	42:53
68	319	Rob West		Salford H&ac	39:28	157	982 James Rees	Goyt Valley Striders	42:55
69	600	Matthew Latham		Hyde Village Striders	39:28	158	94 Steve Doxey	V55 5 Swinton RC	42:56
70	58	Andy Porter	V45 7	Bramhall Runners	39:31	159	720 Elton Davies	V45 21 Sale H Manchester	42:58
71	288	Dave Hudson	V40 11	Salford H&ac	39:35	160	188 Adam O'Shea	St Helens Tri	43:00
72	2002	Tom Greaves		Warrington RR	39:36	161	638 Jono Guildford	V40 30 Manchester Frontrunners	43:04
73	1061	Malcolm Fowler	V50 2	Wilmslow RC	39:41	162	1036 Che Heard	U20 13 St Helens Tri	43:06
74	779	Nick Tynan		Sale H Manchester	39:44	163	950 Roger Thomas	V40 31 Manchester Triathlon	43:09
75	1027	Diaz Mario Mateos		Salford Met AC	39:45	164	93 Ian Cronshaw	Swinton RC	43:11
76	242	Peter Speake	V40 12	Wilmslow RC	39:48	165	1039 Anthony Woodall	V45 22 West Cheshire AC	43:12
77	113	Stuart Tucker	V40 13	Swinton RC	39:48	166	274 Paul Birkett	V50 14 Salford H&ac	43:17
78	148	James Noakes	V50 3	Macclesfield H&ac	39:49	167	278 Rob Clarke	Salford H&ac	43:19
79	623	Matt Wackett		Knutsford Tri Club	39:49	168	694 Mark Griffiths	Manchester Ymca H	43:23
80	480	Christopher Rayner	V40 14	Chorlton Runners	39:49	169	355 Simon Pickard	V45 23 Stockport H&ac	43:24
81	442	Will Fossard		Chorlton Runners	39:50	170	892 Dennis Thomas	V40 32 E Cheshire H&tameside AC	43:25
82	933	Graham Rands		Manchester Triathlon	39:58	171	860 Roger Preece	V50 15 Altrincham&district AC	43:26
83	957	Scott Welsby		Manchester Triathlon	40:02	172	397 Richard Bouglas	Buxton AC	43:27
84	439	Sam Edwards		Chorlton Runners	40:03	173	953 Richard Wallace	V55 6 Manchester Triathlon	43:32
85	70	Tim Budd		Glossopdale Harriers	40:04	174	699 Chris March	Manchester Ymca H	43:33
86	90	Dan Bird		Swinton RC	40:06	175	584 Derrick Watson	V45 24 Belle Vue Racers	43:35
87	425	David Alderson	V45 8	Chorlton Runners	40:12	176	406 Daniel Latham	Buxton AC	43:39
88	628	Tom Bardwell		Manchester Frontrunners	40:16	177	1033 Anthony Salih	Salford Met AC	43:51
89	629	Gregory Beck		Manchester Frontrunners	40:18	178	758 Mark Pagram	V40 33 Sale H Manchester	44:00

179 888 Darren Smith	V40 34	E Cheshire H&tameside AC	44:01	276 266 Roland Robson	V60 5	Middleton H AC	48:28
180 193 James Rooney		St Helens Tri	44:03	277 618 Andrew Orme	V45 45	Knutsford Tri Club	48:30
181 992 Ronan Kearney	V45 25	Wirral AC	44:05	2782004\$Greg Spanner		Unattached	48:32
182 707 Paul Barrett		Sale H Manchester	44:07	279 47 Nick Heaton	V45 46	Bramhall Runners	48:34
183 625 Rob Wilson	V50 16	Knutsford Tri Club	44:10	280 868 David Vaughan		Altrincham&district AC	48:36
1841047Matt Larkin	V45 26	Halton & Frodsham	44:12	281 65 Andrew Tomlinson	V40 52	Bramhall Runners	48:38
185 846 Paul Johnston		Altrincham&district AC	44:14	282 360 Steve Shaughnessy	V60 6	Stockport H&ac	48:38
186 314 Sam Swindells		Salford H&ac	44:17	283 39M Deschoolmeester	V40 53	Bramhall Runners	48:39
187 639 Steve Hatton		Manchester Frontrunners	44:20	284 30 Richard Adams	V40 54	Bramhall Runners	48:39
188 102 Chris Lomax	V45 27	Swinton RC	44:28	285 32 Mike Barry	V45 47	Bramhall Runners	48:46
189 417 David Soles	V55 7	Buxton AC	44:32	286 631 Joe Carne		Manchester Frontrunners	48:49
190 27 Stephen Thompson	V50 17	Vale Royal AC	44:34	287 672 Chris Stewart	V40 55	Manchester H&ac	48:50
191 8 Joe Cavanagh	V40 35	Vale Royal AC	44:36	288 95 Chris Edwards	V45 48	Swinton RC	48:59
1921018Greg Wasinski		Glossopdale Harriers	44:37	289 49 Lee Jones	V45 49	Bramhall Runners	49:03
193 900 Joe Brennan		Manchester Triathlon	44:41	290 917 Richard Hyder		Manchester Triathlon	49:09
194 185 Patrick Neill		St Helens Tri	44:42	291 797 Douglas Fleming	V55 13	Horwich Rmi	49:13
195 830 Dave Ainsworth	V55 8	Altrincham&district AC	44:46	292 905 Andrew Dow	V45 50	Manchester Triathlon	49:18
196 490 Nicck Syrett	V40 36	Chorlton Runners	44:48	293 10 John Clarke	V60 7	Vale Royal AC	49:24
197 128 Robert Finnis	U20 14	Macclesfield H&ac	44:48	294 898 Lee Bibby	V40 56	Manchester Triathlon	49:29
198 234 Tom McGaff	V60 2	Wilmslow RC	44:50	295 103 Rob McGibbon		Swinton RC	49:37
199 354 Paul Nutter	V45 28	Stockport H&ac	44:50	296 87 Ian White	V55 14	St Helens Sutton AC	49:45
200 440 Tony Everitt		Chorlton Runners	44:54	297 254 Alan Garvey	V60 8	Middleton H AC	49:46
201 410 Paul Light	V55 9	Buxton AC	44:57	298 75 Frank Fielding	V65 4	Glossopdale Harriers	49:55
202 836 Nathan Egan	U20 15	Altrincham&district AC	45:04	2991020Walker Marcus Scott	V60 9	Manchester H&ac	49:56
203 782 Nick Webb	V50 18	Sale H Manchester	45:06	300 680 Jack Benham		Manchester Met Uni AC	49:58
204 505 Richard Healy	V40 37	Dragons Rc Sale	45:06	301 739 Ken James	V50 27	Sale H Manchester	50:02
205 990 Will Ferguson		Wirral AC	45:07	3021030David Hughes	V45 51	Salford Met AC	50:07
206 574 Gary Wolstencroft	V45 29	Trafford AC	45:18	303 936 Peter Rowe		Manchester Triathlon	50:09
207 632 David Chambers		Manchester Frontrunners	45:25	304 536 Jeremy Woodham	V40 57	Marple Runners	50:10
208 33 Paul Beckett	V50 19	Bramhall Runners	45:29	305 824 Girish Patel	V50 28	Salford Met AC	50:11
209 959 Paul Bartholemeuw	V40 38	Oldham & Royton H&ac	45:31	306 89 Dave Batty	V50 29	Swinton RC	50:12
210 895 Damian Aspin	V40 39	Manchester Triathlon	45:32	307 613 Andy Gray	V40 58	Knutsford Tri Club	50:13
211 794 Gary Chadderton	V55 10	Horwich Rmi	45:34	308 643 Jordan Millar		Manchester Frontrunners	50:20
212 916 Peter Hulme	V45 30	Manchester Triathlon	45:43	3091013Kevin Garvey		Middleton H AC	50:21
213 448 David Hargreaves		Chorlton Runners	45:55	310 42 Simon Fennell	V45 52	Bramhall Runners	50:22
214 67 John Williams		Bramhall Runners	45:56	311 867 David Telford	V65 5	Altrincham&district AC	50:24
215 528 Darren Peatfield	V45 31	Marple Runners	45:57	312 789 David Barnes	V55 15	Horwich Rmi	50:25
216 15 Dave Haines	V45 32	Vale Royal AC	46:01	313 460 Adrian Kwintner	V40 59	Chorlton Runners	50:32
217 535 Richard Williams	V40 40	Marple Runners	46:02	314 971 James Sowden		Winston Runners	50:37
218 1 Tony Archer	V60 3	Vale Royal AC	46:04	315 635 Paul Crowe		Manchester Frontrunners	50:41
219 414 Neil Pearsons	V50 20	Buxton AC	46:06	316 616 William Keeling	V50 30	Knutsford Tri Club	50:44
220 962 John Hudson	V65 1	Oldham & Royton H&ac	46:08	317 529 Anthony Rodgers	V60 10	Marple Runners	50:47
221 332 Paul Corner	V45 33	Stockport H&ac	46:11	3181046Richard Vink	V50 31	E Cheshire H&tameside AC	50:49
222 823 Steve Mercer	V45 34	Salford Met AC	46:12	3191028Paul Gee	V45 53	Salford Met AC	50:50
223 50 Ian Keeling	V45 35	Bramhall Runners	46:13	320 762 Tim Rainey	V50 32	Sale H Manchester	50:53
224 337 Bradley Freeman	U20 16	Stockport H&ac	46:19	321 515 James Deighton	V40 60	Marple Runners	50:53
225 859 Peter Pickwell	V65 2	Altrincham&district AC	46:20	322 857 Richard Pavay	V50 33	Altrincham&district AC	50:56
226 138 Alastair Knockton	V50 21	Macclesfield H&ac	46:21	323 954 Chris Watson	V45 54	Manchester Triathlon	51:00
227 175 David Gaskell	V45 36	St Helens Tri	46:24	324 788 Michael Wymmer	V45 55	Sale H Manchester	51:03
228 967 David Smith	V55 11	Oldham & Royton H&ac	46:27	325 972 Peter Walters	V60 11	Winston Runners	51:10
2292003\$Stewart Haworth		Unattached	46:31	3261049Ronan Brennan	V45 56	Manchester Triathlon	51:12
230 111 Dan Sutton		Swinton RC	46:44	327 665 James Hinde	V40 61	Manchester H&ac	51:22
231 73 Matthew Crompton	V40 41	Glossopdale Harriers	46:47	328 336 Christian Eagle	V40 62	Stockport H&ac	51:24
232 349 Ian Mulligan	V50 22	Stockport H&ac	46:49	329 316 Gary Thomson	V60 12	Salford H&ac	51:27
233 977 James Hobson		Goyt Valley Striders	46:51	330 381 Gordon Wilson	V50 34	Stockport Tri Club	51:28
234 821 Michael Lim	V40 42	Salford Met AC	46:56	331 926 Mark Millward	V45 57	Manchester Triathlon	51:31
2351019John Keegan		Knutsford Tri Club	47:00	332 656 Jason Brogan	V45 58	Manchester H&ac	51:41
236 594 Shaun Chambers	V50 23	Hyde Village Striders	47:02	333 653 Joe Yang		Manchester Frontrunners	51:45
237 189 Robert O'Shea		St Helens Tri	47:04	334 80 Ian Oates	V50 35	Glossopdale Harriers	51:58
238 777 Aaron Steele		Sale H Manchester	47:07	335 255 Jason Harling		Middleton H AC	52:15
239 524 James Kemp	V45 37	Marple Runners	47:08	336 645 Paul O'Neill		Manchester Frontrunners	52:22
240 899 Brian Biggar	V40 43	Manchester Triathlon	47:16	337 140 David Larkin	V40 63	Macclesfield H&ac	52:23
241 844 Bradley Johnson	V40 44	Altrincham&district AC	47:24	338 472 Richard Morris		Chorlton Runners	52:42
242 904 Adam Dooley		Manchester Triathlon	47:25	339 326 Steve Brown	V45 59	Stockport H&ac	52:43
243 123 Richard Brown	V45 38	Macclesfield H&ac	47:26	340 698 Jonny Lavery		Manchester Ymca H	52:48
2441011Thomas Screen	V40 45	Goyt Valley Striders	47:26	341 370 David Colley	V55 16	Stockport Tri Club	52:50
245 952 Cliff Veighey	V40 46	Manchester Triathlon	47:29	342 82 John Stephenson	V60 13	Glossopdale Harriers	52:50
246 245 Andy Waits	V65 3	Wilmslow RC	47:30	343 253 Paul Collinge	V60 14	Middleton H AC	52:56
247 35 Adam Brown	V45 39	Bramhall Runners	47:32	344 61 John Richards		Bramhall Runners	52:58
248 880 Derek Hughes	V55 12	E Cheshire H&tameside AC	47:34	345 701 Jon Paramor	V65 6	Manchester Ymca H	52:59
249 86 Ian Roberts	V40 47	St Helens Sutton AC	47:36	346 662 Glen Gandy	V50 36	Manchester H&ac	53:00
250 726 Duane Gaunt		Sale H Manchester	47:38	347 611 Andy Dines	V50 37	Knutsford Tri Club	53:07
251 608 Luke Ainsworth		Knutsford Tri Club	47:39	348 621 Edward Taylor	V45 60	Knutsford Tri Club	53:11
2521038Stuart Thomas		West Cheshire AC	47:42	349 117 Paul Wilson	V45 61	Swinton RC	53:12
253 897 Lee Benson	V50 24	Manchester Triathlon	47:44	350 252 Colin Carter	V50 38	Middleton H AC	53:14
254 473 Ross Murdoch		Chorlton Runners	47:45	351 31 Sarmid Al-Kamil	V50 39	Bramhall Runners	53:24
255 727 Steve Gavin	V45 40	Sale H Manchester	47:49	352 641 Carl Lane		Manchester Frontrunners	53:25
256 614 Ben Hagger	V40 48	Knutsford Tri Club	47:51	353 985 Mark Whelan	V50 40	Goyt Valley Striders	53:31
257 34 Adam Bird	V40 49	Bramhall Runners	47:52	354 71 Andrew Burnett	V50 41	Glossopdale Harriers	53:34
258 105 Mark Moran	V40 50	Swinton RC	47:56	3551068Miles Colley	V50 42	Bramhall Runners	53:35
259 579 Ross Pettigrew		Belle Vue Racers	47:57	356 695 Steve Ingham	V55 17	Manchester Ymca H	53:39
260 489 Steven Swan	V45 41	Chorlton Runners	47:59	357 582 Farouk Vanda	V50 43	Belle Vue Racers	53:46
261 948 Richard Tennant		Manchester Triathlon	48:00	358 717 Frank Cordingley	V55 18	Sale H Manchester	53:51
262 339 Tim Hargreaves	V60 4	Stockport H&ac	48:01	359 198 Tony Waime	V55 19	St Helens Tri	53:56
263 279 Jeremy Cosway		Salford H&ac	48:03	360 526 Mark Lynch	V45 62	Marple Runners	53:57
264 575 Gareth Woodcock		Trafford AC	48:05	361 667 Denis Kelly	V50 44	Manchester H&ac	53:59
265 142 Tim Marsh	V40 51	Macclesfield H&ac	48:07	362 20 Richard Pettiitt	V55 20	Vale Royal AC	54:02
266 264 Stephen Lowe		Middleton H AC	48:09	363 822 Stuart Mairs		Salford Met AC	54:06
267 195 Lee Stinch	V45 42	St Helens Tri	48:11	364 157 Mark Wheelton	V55 21	Macclesfield H&ac	54:09
268 657 Darren Cooper		Manchester H&ac	48:13	365 268 Craig Sutherland	V60 15	Middleton H AC	54:23
269 929 John Murray	V45 43	Manchester Triathlon	48:15	366 816 Jack Carney	V60 16	Salford Met AC	54:26
270 902 Tim Condon		Manchester Triathlon	48:16	367 275 Roland Bowness	V70 1	Salford H&ac	54:28
271 630 Thomas Blackburn		Manchester Frontrunners	48:18	368 646 Andrew Porter		Manchester Frontrunners	54:33
272 512 ThomasJ Callaghan	V45 44	Marple Runners	48:23	369 22 Colin Rathbone	V70 2	Vale Royal AC	54:34
273 826 Mark Shuttleworth	V50 25	Salford Met AC	48:23	370 362 Robert Taylor	V65 7	Stockport H&ac	54:37
274 534 John Williams		Marple Runners	48:23	371 634 Billy Cooper	V45 63	Manchester Frontrunners	54:55
275 649 Michael Thorley	V50 26	Manchester Frontrunners	48:26	372 396 Pete Bailey	V55 22	Buxton AC	55:05

373	659	Michael Cunningham	V70	3	Manchester H&ac	55:06	394	978	Paul Hunt	V50	54	Goyt Valley Striders	57:54
374	994	Christopher Prout	V45	64	Wirral AC	55:16	395	886	Stephen Roberts	V45	67	E Cheshire H&tameside AC	57:56
375	811	Lawrence Pinnell	V50	45	Horwich Rmi	55:25	396	203	Peter Smith	V55	24	West Cheshire AC	58:10
376	374	Nigel Harrison	V50	46	Stockport Tri Club	55:28	397	342	John Hughes	V50	55	Stockport H&ac	58:35
377	940	Lee Seddon			Manchester Triathlon	55:31	398	615	Anthony Jones	V45	68	Knutsford Tri Club	58:56
378	970	Paul Lockett	V40	64	Winston Runners	55:32	399	51	Ross Kennedy			Bramhall Runners	59:24
379	702	Steve Symons	V50	47	Manchester Ymca H	55:38	400	949	Stewart Tennant	V50	56	Manchester Triathlon	59:52
380	986	James Atkin	V60	17	Wirral AC	55:56	401	617	Matthew Mollart			Knutsford Tri Club	1:00:13
381	578	Patrick O'Brien	V60	18	Belle Vue Racers	55:56	402	477	Chris Peachey	V50	57	Chorlton Runners	1:00:52
382	738	Noel Irwin	V50	48	Sale H Manchester	56:09	403	431	Chris Bridges			Chorlton Runners	1:01:26
383	516	Ian Galloway	V45	65	Marple Runners	56:11	404	882	Chris Johnson	V70	4	E Cheshire H&tameside AC	1:01:30
384	196	Azzam Taktak	V50	49	St Helens Tri	56:22	405	901	Mark Coley	V40	66	Manchester Triathlon	1:02:44
385	467	Danny McCarron	V55	23	Chorlton Runners	56:26	406	969	Mark Jones	V50	58	Winston Runners	1:03:44
386	510	Ian Wood	V50	50	Liverpool H&ac	56:35	407	471	Phil McKiernan			Chorlton Runners	1:03:51
387	357	Nick Roberts	V50	51	Stockport H&ac	57:03	408	100	Geoff Kay	V60	20	Swinton RC	1:03:56
388	457	Paul Kain	V45	66	Chorlton Runners	57:17	409	887	Dave Salmon	V70	5	E Cheshire H&tameside AC	1:04:03
389	281	Tom Daniels	V65	8	Salford H&ac	57:26	410	147	Harry Newton	V80	1	Macclesfield H&ac	1:05:37
390	191	Kevin Richardson	V40	65	St Helens Tri	57:32	411	689	Geoff Cotterill	V60	21	Manchester Ymca H	1:06:06
391	324	Andy Brown	V60	19	Stockport H&ac	57:34	412	173	John-Paul Fitzsimons			St Helens Tri	1:06:19
392	46	Barry Heap	V50	52	Bramhall Runners	57:40	413	910	John Graham	V40	67	Manchester Triathlon	1:08:35
393	914	Bryan Hopwood	V50	53	Manchester Triathlon	57:46	414	217	Trevor Faulkner	V75	1	Wilmslow RC	1:11:08

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 SaleHM Manchester	61 — 3	Nigel Martin	5 Matthew Barnes	8 Joseph Vis	9 Paul Green	17 Alex Sutton	19 Sam Aspinwall
2 Salford H&ac	114 — 7	Will Beauchamp	12 Joe Bailey	20 Jake Ragan	22 Matthew Shaw	23 Ian Grime	30 Mark Russell
3 Trafford AC	221 — 11	Mac O'Malley	31 Jeff Prest	33 Daniel Hayes	38 Matthew Sutton	48 Chris Leigh	60 Simon O'Meara
4 E Cheshire H&tameside AC	226 — 2	Joe Steward	10 Mussel Kassa	27 Joel Ludak	40 Scott Matthews	54 Gavin Browne	93 Ian Fraser
5 Sale H Manchester 'B'	237 — 25	Tim Kennedy	32 Jake Spisbury	35 David Marsh	36 Stephen McCarron	51 Nathan Harrison	58 Chris Donnelly
6 Chorlton Runners	249 — 21	James Savage	28 Gary Scott	39 FV Macdonald Oulds	50 Paul Lancaster	55 Oliver Wallace	56 Tim Fletcher
7 Stockport H&ac	405 — 1	Andrew Hayes	26 J Scott-Buodach	89 James Corden	92 Stephen Crook	97 Phil Burns	100 Iain Murdoch
8 Wilmslow RC	405 — 24	Richard Coen	29 Rob Downs	71 Malcolm Fowler	74 Peter Speake	95 Jim Pendrill	112 Matthew Braybrooke
9 Altrincham & district AC	431 — 6	Andy Norman	16 Daniel Rade	49 Akkeal Chambers	102 Richard Johnson	127 Paul Abraham	131 Andy Holloway
10 Salford H&ac 'B'	452 — 57	Mike Grace	66 Tommi Baker	67 Rob West	70 Dave Hudson	91 Richard Brock	101 Matthew Holt
11 Manchester Triathlon	515 — 53	Aaron Saxton	80 Graham Pands	81 Scott Welsby	88 Andy Adkin	106 Brendan Kennedy	107 Dean Evans
12 Chorlton Runners 'B'	580 — 78	Christopher Rayner	79 Will Fossard	82 Sam Edwards	85 David Alderson	117 Patrick Goodrich	139 Paul McKenna
13 Sale HM Manchester 'C'	596 — 59	Nicholas Bary	62 Tom Fortye	72 Nick Tyrnan	96 Olivier Gallemin	151 Aiden Raftery	155 Elton Davies
14 Swinton RC	632 — 46	Andrew Motley	75 Stuart Tucker	84 Dan Bird	111 Tony Flanagan	155 Steve Doney	161 Ian Cronshaw
15 Vale Royal AC	721 — 4	Matthew Sheen	14 Stuart Doyle	115 Rob Oliver	187 Stephen Thompson	188 Joe Cavanagh	213 Dave Haines
16 Trafford AC 'B'	742 — 90	Dave Maher	99 Joe Lyne	103 Paul Mannion	104 Michael Hutchinson	143 Graham Hogg	203 Gary Wolstenrout
17 Manchester Frontrunners	783 — 64	Marlin Dunn	86 Tom Bardwell	87 Gregory Beck	158 Jonjo Guildford	184 Steve Hatton	204 David Chambers
18 Salford H&ac 'C'	795 — 103	Charles Foster	116 Paul Simons	120 Stewart Hudson	123 Stanley Owen	163 Paul Birkett	164 Rob Clarke
19 Bramhall Runners	814 — 69	Andy Porter	124 Matthew Moran	126 James Cooper	137 Phil Ramsey	153 Frank Podd	205 Paul Beckett
20 St Helens Tri	818 — 114	Eddie Hirst	129 Mark Turner	134 Robert Chesters	140 Kevin Dunbar	144 Michael Forber	215 Adam O'Shea
21 Macclesfield H&ac	880 — 18	Andrew Lamont	76 James Nokes	130 Chris Goodfellow	194 Robert Finnis	223 Alastair Knockton	239 Richard Brown
22 Manchester H&ac	892 — 42	Sam Tany	65 Donnachal Maguire	118 Robert Weston	121 Richard Hayes	264 Darren Cooper	282 Chris Sewart
23 Horwich Rmi	893 — 47	Paul Massey	98 David Jackson	119 Mike Hallas	135 Michael Chadderton	208 Graham Chadderton	285 Douglas Fleming
24 Stockport H&ac 'B'	902 — 110	David Hulley	136 Nathan Mayoh	142 Kevan Gamer	152 Adrian Nutter	166 Simon Pickard	195 Paul Nutter
25 Salford Met AC	951 — 73	Diaz Mario Mateos	105 Dan Appleby	150 Paul Connolly	174 Anthony Salth	219 Steve Mercer	230 Michael Lim
26 Glossopdale Harriers	981 — 61	Chris Webb	83 Tim Budd	128 Steve Crossman	189 Greg Wasinski	227 Matthew Crompton	233 Frank Fielding
27 Buxton AC	986 — 44	Ben Light	169 Richard Bougas	173 Daniel Latham	186 David Soles	198 Paul Light	216 Neil Pearsons
28 Knutsford Tri Club	1032 — 45	Sean Connon	77 Matt Vacker	180 Rob Wilson	231 John Keegan	247 Luke Ainsworth	252 Ben Hagger
29 Manchester Triathlon 'B'	1061 — 125	Paul Schofield	160 Roger Thomas	170 Richard Wallace	190 Joe Brennan	207 Damian Aspin	229 Peter Hulme
30 Altrincham & district AC 'B'	1111 — 148	Richard Lane	168 Roger Preece	182 Paul Johnson	192 Dave Ainsworth	199 Nathan Egan	202 Peter Pickwell
31 Chorlton Runners 'C'	1140 — 141	Russell Scott	149 Luke Carter	198 Nick Syrett	197 Tony Everitt	210 David Hargreaves	250 Ross Murdoch
32 St Helens Tri 'B'	1247 — 159	Che Heard	177 James Rooney	191 Patrick Neill	224 David Gaskell	233 Robert O'Shea	263 Lee Stinch
33 Stockport Tri Club	1259 — 43	Jonathan Currie	52 James Garner	132 Lyr Hughes	325 Gordon Wilson	336 David Colley	371 Nigel Harrison
34 Sale HM Manchester 'D'	1285 — 175	Mark Pagram	179 Paul Barrett	200 Nick Webb	234 Aaron Steele	246 Duane Gaunt	251 Steve Gavin
35 Wirral AC	1303 — 34	David Brockway	145 Stephen Spence	178 Ronan Kearney	202 Wil Ferguson	369 Christopher Prout	375 James Atkin
36 E Cheshire H&tameside AC 'B'	1437 — 147	Michael Stansfield	167 Dennis Thomas	176 Darren Smith	244 Derek Hughes	313 Richard Vink	380 Stephen Roberts
37 Manchester Ymca H	1475 — 113	Richard Bierley	165 Mark Griffiths	171 Chris March	335 Jonny Lavery	340 Jon Paramor	351 Steve Ingham
38 Bramhall Runners 'B'	1477 — 211	John Williams	220 Ian Keeling	243 Adam Brown	253 Adam Bird	274 Nick Heaton	276 Andrew Tomlinson
39 Manchester Triathlon 'C'	1486 — 236	Brian Biggar	238 Adam Dooley	241 Cliff Veighey	249 Lee Benson	257 Richard Tennant	265 John Murray
40 Marple Runners	1498 — 212	Darren Peatfield	214 Richard Williams	235 James Kemp	268 Thomas J Callaghan	270 John Williams	299 Jeremy Woodham
41 Middleton HAC	1523 — 63	Keith Knott	262 Stephen Lowe	272 Roland Robson	292 Alan Garvey	304 Kevin Garvey	330 Jason Haring
42 Stockport H&ac 'C'	1525 — 218	Paul Comer	221 Bradley Freeman	228 Ian Mulligan	288 Tim Hargreaves	277 Steve Shaughnessy	323 Christian Eagle
43 Swinton RC 'B'	1539 — 185	Chris Lomax	226 Dan Sutton	254 Mark Moran	283 Chris Edwards	290 Rob McGibbon	301 Dave Baty
44 Manchester Triathlon 'D'	1743 — 266	Tim Condon	265 Richard Hyder	267 Andrew Dow	287 Lee Bibby	298 Peter Rowe	318 Chris Watson
45 Manchester Frontrunners 'B'	1760 — 267	Thomas Blackburn	271 Michael Thorley	281 Joe Carne	303 Jordan Millar	310 Paul Crowe	328 Joe Yang
46 Bramhall Runners 'C'	1765 — 278	M Deschoolmeester	279 Richard Adams	280 Mike Barry	284 Lee Jones	305 Simon Fennel	339 John Richards
47 Salford Met AC 'B'	1899 — 269	Mark Shuttleworth	297 David Hughes	300 Girish Patel	314 Paul Gee	368 Stuart Mairs	361 Jack Carney
48 Knutsford Tri Club 'B'	1964 — 273	Andrew Orme	302 Andy Gray	311 William Keeling	342 Andy Dines	343 Edward Taylor	383 Anthony Jones
49 Manchester H&ac 'B'	2008 — 294	Walker Marcus Scott	322 James Hinde	327 Jason Brogan	341 Glen Gandy	366 Denis Kelly	368 Michael Cunningham
50 Chorlton Runners 'D'	2057 — 256	Steven Swan	308 Adrian Kwintner	333 Richard Morris	380 Danny McCarron	363 Paul Kain	397 Chris Peachey
51 Manchester Triathlon 'E'	2202 — 321	Ronan Brennan	326 Mark Willward	372 Lee Seddon	388 Bryan Hopwood	385 Stewart Tennant	400 Mark Coley

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	30	— 1	Matthew Barnes	2	Paul Green	10	Stephen McCarron	17	Tom Fordyce
2	Salford H&ac	49	— 6	Ian Grime	8	Mark Russell	16	Mike Grace	19	Dave Hudson
3	Chorlton Runners	78	— 14	Paul Lancaster	15	Tim Fletcher	24	Christopher Rayner	25	David Alderson
4	Wilmslow RC	80	— 7	Rob Downs	20	Malcolm Fowler	21	Peter Speake	32	Jim Pendrill
5	Trafford AC	88	— 9	Jeff Prest	13	Chris Leigh	28	Dave Maher	38	Paul Mannion
6	Stockport H&ac	135	— 27	James Corden	30	Stephen Crook	35	Iain Murdoch	43	David Hulley
7	Swinton RC	145	— 11	Andrew Morley	22	Stuart Tucker	44	Tony Flanagan	68	Steve Doxey
8	Salford H&ac	154	— 29	Richard Brook	36	Matthew Holt	42	Charles Foster	47	Paul Simons
9	Manchester Triathlon	187	— 26	Andy Adkin	40	Dean Evans	50	Paul Schofield	71	Roger Thomas
10	Macclesfield H&ac	193	— 5	Andrew Lamont	23	James Noakes	54	Chirs Goodfellow	111	Alastair Knockton
11	Bramhall Runners	194	— 18	Andy Porter	51	James Cooper	58	Phil Ramsey	67	Frank Podd
12	Altrincham&district AC	208	— 37	Richard Johnson	52	Paul Abraham	55	Andy Holloway	64	Richard Lane
13	Vale Royal AC	223	— 4	Stuart Doyle	46	Rob Olliver	86	Stephen Thompson	87	Joe Cavanagh
14	Sale H Manchester	246	— 33	Olivier Gaillemain	65	Aiden Raftery	69	Elton Davies	79	Mark Pagram
15	E Cheshire H&tameside AC	249	— 31	Ian Fraser	63	Michael Stansfield	75	Dennis Thomas	80	Darren Smith
16	Stockport H&ac	257	— 57	Nathan Mayoh	60	Kevan Garner	66	Adrian Nutter	74	Simon Pickard
17	Horwich Rmi	297	— 12	Paul Massey	34	David Jackson	99	Gary Chadderton	152	Douglas Fleming
18	Wilmslow RC	318	— 48	Trevor Morris	56	Graham Macneill	90	Tom McGaff	124	Andy Watts
19	St Helens Tri	354	— 45	Eddie Hirst	61	Michael Forber	112	David Gaskell	136	Lee Stinch
20	Manchester Triathlon	394	— 77	Richard Wallace	98	Damian Aspin	100	Peter Hulme	119	Brian Biggar
21	Altrincham&district AC	394	— 76	Roger Preece	88	Dave Ainsworth	110	Peter Pickwell	120	Bradley Johnson
22	Stockport H&ac	447	— 91	Paul Nutter	107	Paul Corner	115	Ian Mulligan	134	Tim Hargreaves
23	Chorlton Runners	450	— 59	Paul McKenna	89	Nick Syrett	133	Steven Swan	169	Adrian Kwintner
24	Marple Runners	460	— 101	Darren Peatfield	103	Richard Williams	118	James Kemp	138	ThomasJ Callaghan
25	Bramhall Runners	461	— 96	Paul Beckett	109	Ian Keeling	125	Adam Brown	131	Adam Bird
26	Buxton AC	499	— 85	David Soles	92	Paul Light	105	Neil Pearsons	217	Pete Bailey
27	Glossopdale Harriers	512	— 53	Steve Crossman	114	Matthew Crompton	158	Frank Fielding	187	Ian Oates
28	Salford H&ac	518	— 49	Stanley Owen	73	Paul Birkett	183	Gary Thomason	213	Roland Bowness
29	Knutsford Tri Club	519	— 82	Rob Wilson	130	Ben Hagger	142	Andrew Orme	165	Andy Gray
30	Salford Met AC	524	— 108	Steve Mercer	116	Michael Lim	139	Mark Shuttleworth	161	David Hughes
31	Swinton RC	530	— 84	Chris Lomax	132	Mark Moran	150	Chris Edwards	164	Dave Batty
32	Manchester Triathlon	541	— 123	Cliff Veighey	128	Lee Benson	137	John Murray	153	Andrew Dow
33	Sale H Manchester	556	— 93	Nick Webb	129	Steve Gavin	160	Ken James	174	Tim Rainey
34	Vale Royal AC	569	— 102	Dave Haines	104	Tony Archer	154	John Clarke	209	Richard Pettitt
35	Bramhall Runners	580	— 143	Nick Heaton	144	Andrew Tomlinson	146	M Deschoolmeester	147	Richard Adams
36	Wirral AC	586	— 62	Stephen Spence	81	Ronan Kearney	219	Christopher Prout	224	James Atkin
37	Macclesfield H&ac	654	— 121	Richard Brown	135	Tim Marsh	188	David Larkin	210	Mark Wheelton
38	Bramhall Runners	664	— 148	Mike Barry	151	Lee Jones	166	Simon Fennell	199	Sarmid Al-Kamil
39	Manchester H&ac	675	— 149	Chris Sewart	159	Walker Marcus Scott	181	James Hinde	186	Jason Brogan
40	Middleton H AC	688	— 141	Roland Robson	157	Alan Garvey	192	Paul Collinge	198	Colin Carter
41	Manchester Triathlon	697	— 155	Lee Bibby	177	Chris Watson	180	Ronan Brennan	185	Mark Millward
42	Marple Runners	715	— 162	Jeremy Woodham	171	Anthony Rodgers	175	James Deighton	207	Mark Lynch
43	Stockport H&ac	731	— 145	Steve Shaughnessy	182	Christian Eagle	189	Steve Brown	215	Robert Taylor
44	E Cheshire H&tameside AC	782	— 126	Derek Hughes	172	Richard Vink	239	Stephen Roberts	245	Chris Johnson
45	Knutsford Tri Club	803	— 170	William Keeling	195	Andy Dines	196	Edward Taylor	242	Anthony Jones
46	Manchester Ymca H	870	— 193	Jon Paramor	203	Steve Ingham	223	Steve Symons	251	Geoff Cotterill
47	Manchester Triathlon	978	— 237	Bryan Hopwood	243	Stewart Tennant	246	Mark Coley	252	John Graham