

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

## Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	516	Alex Poulston	Wirral AC	5:56
2	287	Jack Spark	Sale H Manchester	6:02
3	148	Matthew Russell	Salford H&ac	6:03
4	593	Ethan Nation	Salford H&ac	6:15
5	193	Harry Ahearn	Stockport H&ac	6:20
6	456	Aadi Whitlock	Macclesfield H&ac	6:21
7	282	Torin Lindsey	Sale H Manchester	6:23
8	278	Josh ColquhounLynn	Sale H Manchester	6:26
9	284	George Noble	Sale H Manchester	6:31
10	779	Oscar Schofield	Sale H Manchester	6:36
11	694	Harry Godwin	Vale Royal AC	6:37
12	283	Edward Lord	Sale H Manchester	6:41
13	488	Charlie Atkiss	Manchester Triathlon	6:42
14	277	Jack Batten	Sale H Manchester	6:44
15	450	Dylan McGrath	Macclesfield H&ac	6:45
16	777	Ben Grantham	Wirral AC	6:48
17	132	Joshua Stutchfield	Bramhall Runners	6:48
18	453	William Roberts	Macclesfield H&ac	6:50
19	722	Thomas Mercer	Salford Met AC	6:52
20	771	Luke Clark	Sale H Manchester	6:58
21	451	Finlay Pettie	Macclesfield H&ac	7:02
22	767	Joshua Graham	Salford H&ac	7:09
23	781	Charlie Furnival	Manchester H&ac	7:19
24	600	Albert Durance	Manchester Triathlon	7:21
25	768	Jack Burgess	Stockport H&ac	7:21
26	491	Owen Reekie	Manchester Triathlon	7:22
27	196	Daniel McCann	Stockport H&ac	7:33
28	662	Ralf Syrett	Trafford AC	7:35
29	774	Louis Perry	Vale Royal AC	7:41
30	656	Frankie Cusack	Salford H&ac	7:43
31	389	Charlie Murphy	St Helens Tri	7:49
32	766	Elijah Graham	Salford H&ac	7:55
33	16	Haydon Jenson	Vale Royal AC	8:03
34	280	Cy Kinnersley	Sale H Manchester	8:10
35	145	Joe Cammish	Salford H&ac	8:17
36	149	Blake Wolstenholme	Salford H&ac	8:25
37	395	Anthony Madew	Warrington Tri Club	8:32
38	420	L StoreyGrimshaw	E Cheshire H&tameside AC	8:36
39	778	Joshua Craven	Wirral AC	8:58
40	390	Reuben Wilson	St Helens Tri	9:04
41	660	Isaac Stockdale	Macclesfield H&ac	9:10
42	714	Sam Bradley	Macclesfield H&ac	9:18
43	754	Ethan Ashadu	Salford Met AC	9:30
44	492	Oscar Wallwork	Manchester Triathlon	9:41
45	663	Jamie Ghosh	Bramhall Runners	9:45
46	14	Oliver Cavanagh	Vale Royal AC	9:49
47	742	Arlo Kain	Trafford AC	9:53
48	490	Aidan Pacram	Manchester Triathlon	10:00
49	696	Jamie Fifield	Vale Royal AC	10:19

## Under 11 - Boys — TEAM RESULTS

1	Sale H Manchester	17	—	2	Jack Spark	7	Torin Lindsey	8	Josh ColquhounLynn
2	Salford H&ac	29	—	3	Matthew Russell	4	Ethan Nation	22	Joshua Graham
3	Sale H Manchester	31	—	9	George Noble	10	Oscar Schofield	12	Edward Lord
4	Macclesfield H&ac	39	—	6	Aadi Whitlock	15	Dylan McGrath	18	William Roberts
5	Wirral AC	56	—	1	Alex Poulston	16	Ben Grantham	39	Joshua Craven
6	Stockport H&ac	57	—	5	Harry Ahearn	25	Jack Burgess	27	Daniel McCann
7	Manchester Triathlon	63	—	13	Charlie Atkiss	24	Albert Durance	26	Owen Reekie
8	Sale H Manchester	68	—	14	Jack Batten	20	Luke Clark	34	Cy Kinnersley
9	Vale Royal AC	73	—	11	Harry Godwin	29	Louis Perry	33	Haydon Jenson
10	Salford H&ac	97	—	30	Frankie Cusack	32	Elijah Graham	35	Joe Cammish
11	Macclesfield H&ac	104	—	21	Finlay Pettie	41	Isaac Stockdale	42	Sam Bradley

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

## Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	191	Jasmine Reed	Stockport H&ac	6:17	38	34	Olivia Holbrook	Trafford AC	8:15
2	543	Hattie Bain	Liverpool H & AC	6:22	39	697	Emma Holmes	Vale Royal AC	8:16
3	511	Macy Hillier	Wirral AC	6:23	40	1	Millie Glancey	Halton&frodsham H	8:18
4	190	Freya Murdoch	Stockport H&ac	6:35	41	577	Greta Brooks	Sale H Manchester	8:20
5	769	Alice Gale	Vale Royal AC	6:38	42	512	Emma Poulston	Wirral AC	8:20
6	139	Isabelle Bryan	Salford H&ac	6:39	43	272	Caitlin McManus	Sale H Manchester	8:22
7	647	Aisling McHale	Altrincham&district AC	6:40	44	666	Alisha Carroll	Liverpool H & AC	8:23
8	270	Ella Gillespie	Sale H Manchester	6:46	45	671	Kylah O'shea	Liverpool H & AC	8:24
9	268	Sarah Clough	Sale H Manchester	6:47	46	5	Ellie Molyneaux	Halton&frodsham H	8:28
10	440	Rebecca Dilworth	Macclesfield H&ac	6:55	47	142	Maya Mansfield	Salford H&ac	8:38
11	3	Charlotte Glover	Halton&frodsham H	6:55	48	668	Megan McMutrie	Liverpool H & AC	8:40
12	646	Esme Pearson	Altrincham&district AC	6:56	49	269	Grace Edmundsen	Sale H Manchester	8:42
13	136	Elena Barthallotta	Salford H&ac	6:56	50	487	Isabel Pearson	Manchester Triathlon	8:44
14	653	Grace Adams	Altrincham&district AC	7:06	51	592	Sophia Roiditis	Salford H&ac	8:46
15	578	Annabelle Bygrave	Sale H Manchester	7:08	52	775	Ivy Travis	Sale H Manchester	8:48
16	648	Beth Robinson	Altrincham&district AC	7:16	53	755	Mary Seymour	Stockport H&ac	8:50
17	652	Verity Charnley	Altrincham&district AC	7:17	54	441	Lucy Dykins	Macclesfield H&ac	8:52
18	649	Holly Newton	Altrincham&district AC	7:18	55	144	Heidi Moore	Salford H&ac	8:54
19	137	Millie Bayman	Salford H&ac	7:20	56	700	Harriet Bell	Warrington AC	8:56
20	713	Jessica Forrest	Altrincham&district AC	7:23	57	569	Libby Martin	Stockport H&ac	9:00
21	108	Molly Wormald	Warrington AC	7:25	58	729	Sain Guy	Liverpool H & AC	9:02
22	267	Ava Clough	Sale H Manchester	7:27	59	723	Isabella Backhouse	Salford Met AC	9:06
23	667	Ella McMutrie	Liverpool H & AC	7:29	60	514	Evie Smith	Wirral AC	9:08
24	702	Amelia Smithers	Warrington AC	7:31	61	748	Eloise Babington	Vale Royal AC	9:12
25	701	Emily Entwistle	Warrington AC	7:37	62	643	Amelia Wilson	Macclesfield H&ac	9:14
26	409	May Mannion	E Cheshire H&tameside AC	7:39	63	724	Grace Waters	Salford Met AC	9:16
27	486	Freya Griffiths	Manchester Triathlon	7:45	64	387	Chloe Evans	St Helens Tri	9:20
28	138	Sophia Bratt	Salford H&ac	7:47	65	36	Helen Worsley	Trafford AC	9:23
29	33	Cleo Bentall	Trafford AC	7:51	66	515	Sara Smith	Wirral AC	9:26
30	444	Charlotte Moran	Macclesfield H&ac	7:53	67	650	Kate Harrison	Altrincham&district AC	9:34
31	591	Emily Birchall	Salford H&ac	7:57	68	692	Molly Roberts	Vale Royal AC	9:38
32	687	Shona Wilkinson	Sale H Manchester	7:59	69	651	Kate Lane	Altrincham&district AC	9:56
33	2	Bethany Glover	Halton&frodsham H	8:01	70	388	Holly Hirst	St Helens Tri	10:04
34	271	Iris McCarron	Sale H Manchester	8:05	71	669	Lottie Threadgold	Liverpool H & AC	10:08
35	189	Jessica Jones	Stockport H&ac	8:07	72	407	Anabelle Clarke	E Cheshire H&tameside AC	10:12
36	12	Tarlia Higginbotham	Vale Royal AC	8:13	73	644	Ruby Stockdale	Macclesfield H&ac	10:16
37	141	Marissa Caldwell	Salford H&ac	8:14	74	765	Isabelle Maundrill	Vale Royal AC	11:37

## Under 11 - Girls — TEAM RESULTS

1	Sale H Manchester	32	—	8	Ella Gillespie	9	Sarah Clough	15	Annabelle Bygrave	
2	Altrincham&district AC	33	—	7	Aisling McHale	12	Esme Pearson	14	Grace Adams	
3	Salford H&ac	38	—	6	Isabelle Bryan	13	Elena Barthallotta	19	Millie Bayman	
4	Stockport H&ac	40	—	1	Jasmine Reed	4	Freya Murdoch	35	Jessica Jones	
5	Altrincham&district AC	'B'	51	—	16	Beth Robinson	17	Verity Charnley	18	Holly Newton
6	Liverpool H & AC	69	—	2	Hattie Bain	23	Ella McMutrie	44	Alisha Carroll	
7	Warrington AC	70	—	21	Molly Wormald	24	Amelia Smithers	25	Emily Entwistle	
8	Vale Royal AC	80	—	5	Alice Gale	36	Tarlia Higginbotham	39	Emma Holmes	
9	Halton&frodsham H	84	—	11	Charlotte Glover	33	Bethany Glover	40	Millie Glancey	
10	Sale H Manchester	'B'	88	—	22	Ava Clough	32	Shona Wilkinson	34	Iris McCarron
11	Macclesfield H&ac	94	—	10	Rebecca Dilworth	30	Charlotte Moran	54	Lucy Dykins	
12	Salford H&ac	'B'	96	—	28	Sophia Bratt	31	Emily Birchall	37	Marissa Caldwell
13	Wirral AC	105	—	3	Macy Hillier	42	Emma Poulston	60	Evie Smith	
14	Trafford AC	132	—	29	Cleo Bentall	38	Olivia Holbrook	65	Helen Worsley	
15	Sale H Manchester	'C'	133	—	41	Greta Brooks	43	Caitlin McManus	49	Grace Edmundsen
16	Liverpool H & AC	'B'	151	—	45	Kylah O'shea	48	Megan McMutrie	58	Sain Guy
17	Salford H&ac	'C'	153	—	47	Maya Mansfield	51	Sophia Roiditis	55	Heidi Moore
18	Altrincham&district AC	'C'	156	—	20	Jessica Forrest	67	Kate Harrison	69	Kate Lane
19	Vale Royal AC	'B'	203	—	61	Eloise Babington	68	Molly Roberts	74	Isabelle Maundrill

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

## Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	163	Sam Hopkins	Salford H&ac	10:28	27	612	Ben Dargan	Sale H Manchester	12:14
2	315	Alex James	Sale H Manchester	10:32	28	688	Matthew Hutchinson	Sale H Manchester	12:15
3	160	Samuel Bryan	Salford H&ac	10:43	29	725	George Kattah	Sale H Manchester	12:20
4	48	Louie McCormack	Trafford AC	10:45	30	165	Patrick Marsden	Salford H&ac	12:21
5	464	James Doorbar	Macclesfield H&ac	10:54	31	161	Joe Coggins	Salford H&ac	12:22
6	212	Thomas Manton	Stockport H&ac	10:57	32	463	Oliver Bradley	Macclesfield H&ac	12:23
7	45	Tom Bentall	Trafford AC	11:05	33	87	Fraser Mackie	Manchester H&ac	12:26
8	164	Charlie Mansfield	Salford H&ac	11:16	34	167	Dino Roidittis	Salford H&ac	12:29
9	213	Finley Mayoh	Stockport H&ac	11:20	35	115	Rhys Hopkins	Warrington AC	12:34
10	468	Thomas Roberts	Macclesfield H&ac	11:20	36	85	Joseph Farrelly	Manchester H&ac	12:35
11	215	Henry Pickard	Stockport H&ac	11:30	37	621	Charlie Massey	Trafford AC	12:45
12	211	Alex Macfarlane	Stockport H&ac	11:31	38	319	Alex Patten	Sale H Manchester	12:50
13	46	Oliver Choi	Trafford AC	11:37	39	392	Oliver Murphy	St Helens Tri	12:52
14	313	Harry Edmundson	Sale H Manchester	11:37	40	426	Niall Owen	E Cheshire H&tameside AC	12:54
15	316	Archie McCarron	Sale H Manchester	11:38	41	209	Leo Ferguson	Stockport H&ac	13:00
16	20	Dylan Carney	Vale Royal AC	11:40	42	255	Sam Gray	Knutsford Tri Club	13:04
17	84	Archie Dyer	Manchester H&ac	11:43	43	134	Joe Byrne	Bramhall Runners	13:05
18	504	Michael Dobson	St Helens Sutton AC	11:43	44	7	Matthew Haslam	Halton&frodsham H	13:17
19	752	Joseph Byrne	St Helens Sutton AC	11:50	45	684	Sam Ryan	Stockport H&ac	13:21
20	642	James Knockton	Macclesfield H&ac	11:51	46	625	Samuel Ashadu	Salford Met AC	14:11
21	216	Jonah Wall	Stockport H&ac	11:52	47	618	Mack Wileman	Stockport H&ac	14:19
22	318	Will Parker	Sale H Manchester	11:54	48	469	Oliver Thomason	Macclesfield H&ac	15:22
23	257	Harrison Turner	Buxton AC	11:57	49	506	Max Young	St Helens Sutton AC	15:48
24	321	Charlie Tittensor	Sale H Manchester	12:02	50	505	Charlie Young	St Helens Sutton AC	16:02
25	214	Cameron Murdoch	Stockport H&ac	12:06	51	425	Ryan O'Neill	E Cheshire H&tameside AC	16:24
26	166	Matthew O'Neill	Salford H&ac	12:07					

## Under 13 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Salford H&ac	12	—	1	Sam Hopkins	3	Samuel Bryan	8	Charlie Mansfield
2	Trafford AC	24	—	4	Louie McCormack	7	Tom Bentall	13	Oliver Choi
3	Stockport H&ac	26	—	6	Thomas Manton	9	Finley Mayoh	11	Henry Pickard
4	Sale H Manchester	31	—	2	Alex James	14	Harry Edmundson	15	Archie McCarron
5	Macclesfield H&ac	35	—	5	James Doorbar	10	Thomas Roberts	20	James Knockton
6	Stockport H&ac	58	—	12	Alex Macfarlane	21	Jonah Wall	25	Cameron Murdoch
7	Sale H Manchester	73	—	22	Will Parker	24	Charlie Tittensor	27	Ben Dargan
8	Manchester H&ac	86	—	17	Archie Dyer	33	Fraser Mackie	36	Joseph Farrelly
9	St Helens Sutton AC	86	—	18	Michael Dobson	19	Joseph Byrne	49	Max Young
10	Salford H&ac	87	—	26	Matthew O'Neill	30	Patrick Marsden	31	Joe Coggins
11	Sale H Manchester	95	—	28	Matthew Hutchinson	29	George Kattah	38	Alex Patten
12	Stockport H&ac	133	—	41	Leo Ferguson	45	Sam Ryan	47	Mack Wileman

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

## Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	299	Taylor Edwards	Sale H Manchester	11:35	34	699	Isobel Houghton	Warrington AC	13:06
2	292	Isabelle Burke	Sale H Manchester	11:41	35	306	Olivia Nolan	Sale H Manchester	13:07
3	157	Emily Russell	Salford H&ac	11:42	36	460	Eme Noakes	Macclesfield H&ac	13:15
4	203	Daisy Keigher	Stockport H&ac	11:45	37	199	Rebecca Cox	Stockport H&ac	13:19
5	151	Amelia Bratt	Salford H&ac	11:48	38	711	Mia Ierston	Liverpool H & AC	13:20
6	201	Esther Hulley	Stockport H&ac	11:50	39	300	Annie Gavin	Sale H Manchester	13:24
7	256	Lauren Wilshaw	Buxton AC	11:53	40	733	Amy Whelan	Buxton AC	13:27
8	462	Ruby Spencer	Macclesfield H&ac	12:00	41	298	Caitlin Doohan	Sale H Manchester	13:28
9	156	Anna Potter	Salford H&ac	12:04	42	202	Charlotte Kania	Stockport H&ac	13:31
10	421	Christie Allen	E Cheshire H&tameside AC	12:08	43	74	Evelyn Barber	Manchester H&ac	13:37
11	422	Rose Barlow	E Cheshire H&tameside AC	12:09	44	18	Thea Smith	Vale Royal AC	13:38
12	152	Isobel Cammish	Salford H&ac	12:11	45	581	Amy BesantRoberts	Sale H Manchester	13:44
13	308	Katie Stringer	Sale H Manchester	12:12	46	503	Hollie Brussels	St Helens Sutton AC	13:51
14	776	Georgia Heath	Sale H Manchester	12:14	47	493	Marina Guardascione	Manchester Triathlon	13:55
15	155	Nicola Mason	Salford H&ac	12:16	48	403	Hannah Gregg	Altrincham&district AC	13:59
16	689	Jessica Willock	E Cheshire H&tameside AC	12:17	49	293	Ellie ColquhounLynn	Sale H Manchester	14:00
17	459	Libby Greeney	Macclesfield H&ac	12:24	50	424	Katherine Waters	E Cheshire H&tameside AC	14:01
18	756	Josie Driver	Stockport H&ac	12:30	51	40	Lauren Howley	Trafford AC	14:03
19	154	Erin Grime	Salford H&ac	12:33	52	549	Olivia Holmes	Liverpool H & AC	14:06
20	423	Libby Kilbourne	E Cheshire H&tameside AC	12:36	53	502	Lucy Bridge	St Helens Sutton AC	14:07
21	613	Akira Edgson	Sale H Manchester	12:37	54	2059	\$Angel Okechukwu	Unattached	14:08
22	303	Libby Hill	Sale H Manchester	12:43	55	289	Nieve Barton	Sale H Manchester	14:12
23	629	Lucy Bednall	Buxton AC	12:44	56	112	Jasmine Jones	Warrington AC	14:17
24	150	Lucy Aplin	Salford H&ac	12:48	57	200	Lauren Dewbury	Stockport H&ac	14:20
25	582	Olivia Brown	Sale H Manchester	12:51	58	197	Isabel Brundrett	Stockport H&ac	14:31
26	288	Lucy Armitage	Sale H Manchester	12:53	59	632	Abbie FryerWinder	Buxton AC	14:35
27	763	Isabel Key	Sale H Manchester	12:55	60	295	Caitlin Deighton	Sale H Manchester	14:45
28	544	I BlakemoreClark	Liverpool H & AC	12:56	61	645	Ellie Stockdale	Macclesfield H&ac	15:00
29	111	Eva Ferris	Warrington AC	12:57	62	133	Isabella Stutchfield	Bramhall Runners	15:40
30	548	Jenny Grant	Liverpool H & AC	12:58	63	614	Madeline Millard	Sale H Manchester	16:05
31	109	Maisie Bell	Warrington AC	12:59	64	399	Saranne Wright	Warrington Tri Club	16:10
32	75	Violet Claxton	Manchester H&ac	13:02	65	737	Madelene Forshaw	St Helens Sutton AC	16:50
33	770	Laure Kidikula	Sale H Manchester	13:03					

## Under 13 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	16 — 1 Taylor Edwards	2 Isabelle Burke	13 Katie Stringer
2 Salford H&ac	17 — 3 EmilyRussell	5 Amelia Bratt	9 Anna Potter
3 Stockport H&ac	28 — 4 Daisy Keigher	6 Esther Hulley	18 Josie Driver
4 E Cheshire H&tameside AC	37 — 10 Christie Allen	11 Rose Barlow	16 Jessica Willock
5 Salford H&ac 'B'	46 — 12 IsobelCammish	15 Nicola Mason	19 Erin Grime
6 Sale H Manchester 'B'	57 — 14 GeorgiaHeath	21 Akira Edgson	22 LibbyHill
7 Macclesfield H&ac	61 — 8 Ruby Spencer	17 Libby Greeney	36 EmeNoakes
8 Buxton AC	70 — 7 Lauren Wilshaw	23 Lucy Bednall	40 Amy Whelan
9 Sale H Manchester 'C'	78 — 25 Olivia Brown	26 Lucy Armitage	27 Isabel Key
10 Warrington AC	94 — 29 Eva Ferris	31 MaisieBell	34 Isobel Houghton
11 Liverpool H & AC	96 — 28 IBlakemoreClark	30 Jenny Grant	38 Mia Ierston
12 Sale H Manchester 'D'	107 — 33 Laure Kidikula	35 Olivia Nolan	39 Annie Gavin
13 Sale H Manchester 'E'	135 — 41 CaitlinDoohan	45 Amy BesantRoberts	49 Ellie ColquhounLynn
14 Stockport H&ac 'B'	135 — 37 Rebecca Cox	42 Charlotte Kania	56 Lauren Dewbury
15 St Helens Sutton AC	163 — 46 Hollie Brussels	53 Lucy Bridge	64 Madelene Forshaw
16 Sale H Manchester 'F'	175 — 54 Nieve Barton	59 CaitlinDeighton	62 MadelineMillard

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

## Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	26	Sam Evans	Vale Royal AC	13:31	18	261	Samuel Soles	Buxton AC	15:08
2	122	Joe Buckley	Warrington AC	13:39	19	173	Oliver Cook	Salford H&ac	15:11
3	481	Finley Proffitt	Macclesfield H&ac	13:56	20	57	Alex Bailey	Trafford AC	15:21
4	125	Jordan Jones	Warrington AC	14:04	21	617	T SymondsTreacher	Trafford AC	15:32
5	60	Cynog Williams	Trafford AC	14:14	22	226	Fabio Carosi	Stockport H&ac	15:33
6	225	Ben Batho	Stockport H&ac	14:15	23	508	Michael Brussels	St Helens Sutton AC	15:37
7	58	Joe Bentall	Trafford AC	14:23	24	476	Joe Browne	Macclesfield H&ac	15:41
8	236	Flynn Walsh	Stockport H&ac	14:31	25	760	Jonah Purvis	Buxton AC	15:43
9	59	Seb Patrick	Trafford AC	14:40	26	347	John Gilbert	Sale H Manchester	15:48
10	227	Edward Corden	Stockport H&ac	14:50	27	433	Jake Smith	E Cheshire H&tameside AC	15:49
11	478	Peter Goodfellow	Macclesfield H&ac	14:54	28	126	Joe Roberts	Warrington AC	15:54
12	176	Jacob Yates	Salford H&ac	14:57	29	235	Joseph Philbin	Stockport H&ac	15:56
13	121	Isaaq Ataullah	Warrington AC	14:59	30	599	Luke Mamczur	Buxton AC	16:33
14	175	Charlie Thomas	Salford H&ac	15:04	31	510	Charlie Roberts	St Helens Sutton AC	16:45
15	718	Joe Mangan	Trafford AC	15:06	32	234	Harry MillerReedman	Stockport H&ac	16:46
16	431	Jack Blodwell	E Cheshire H&tameside AC	15:07	33	344	Jacob Corrie	Sale H Manchester	18:07
17	560	Jamie Ford	Liverpool H & AC	15:08	34	509	Liam Houghton	St Helens Sutton AC	19:14

## Under 15 - Boys — TEAM RESULTS

1	Warrington AC	19 — 2	Joe Buckley	4	Jordan Jones	13	Isaaq Ataullah
2	Trafford AC	21 — 5	CynogWilliams	7	Joe Bentall	9	Seb Patrick
3	Stockport H&ac	24 — 6	Ben Batho	8	Flynn Walsh	10	Edward Corden
4	Macclesfield H&ac	38 — 3	Finley Proffitt	11	Peter Goodfellow	24	Joe Browne
5	Salford H&ac	45 — 12	Jacob Yates	14	Charlie Thomas	19	Oliver Cook
6	Trafford AC	56 — 15	Joe Mangan	20	Alex Bailey	21	T SymondsTreacher
7	Buxton AC	73 — 18	Samuel Soles	25	Jonah Purvis	30	Luke Mamczur
8	Stockport H&ac	83 — 22	Fabio Carosi	29	Joseph Philbin	32	Harry MillerReedman
9	St Helens Sutton AC	88 — 23	Michael Brussels	31	Charlie Roberts	34	Liam Houghton

## Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	471	Sian Heslop	Macclesfield H&ac	14:46	22	217	Lauren Burgess	Stockport H&ac	17:40
2	474	Lauren Robinson	Macclesfield H&ac	15:55	23	328	Mia Gibbons	Sale H Manchester	17:55
3	171	Samantha Mason	Salford H&ac	16:02	24	773	Darcy Winrow	E Cheshire H&tameside AC	17:57
4	429	Megan Lewis	E Cheshire H&tameside AC	16:14	25	594	Jessica Birchall	Salford H&ac	17:59
5	168	Evie Collier	Salford H&ac	16:19	26	91	Alice Jones	Manchester H&ac	18:11
6	428	Holly Jackson	E Cheshire H&tameside AC	16:22	27	498	Jade Bailey	Salford Met AC	18:22
7	430	Abby O'Neill	E Cheshire H&tameside AC	16:35	28	260	Heather Wilshaw	Buxton AC	18:26
8	169	C HaywoodPercival	Salford H&ac	16:35	29	323	TiaRae Barton	Sale H Manchester	18:34
9	220	Natasha Moore	Stockport H&ac	16:37	30	25	Cerys Pilliner	Vale Royal AC	19:10
10	334	Bethany Thornton	Sale H Manchester	16:39	31	589	Amelia McCormack	Sale H Manchester	19:19
11	324	Anouska Brooks	Sale H Manchester	16:39	32	596	Niamh Fitzpatrick	Salford H&ac	19:20
12	90	Georgia Fazakerley	Manchester H&ac	16:40	33	507	Alyx Bridge	St Helens Sutton AC	19:20
13	222	Chloe Rogers	Stockport H&ac	16:50	34	339	Scarlett Whittaker	Sale H Manchester	19:39
14	336	Penny Townsend	Sale H Manchester	17:05	35	679	Grace Walker	Sale H Manchester	20:05
15	331	Laura Hole	Sale H Manchester	17:14	36	595	Freya Coggins	Salford H&ac	20:12
16	119	Olivia Doodson	Warrington AC	17:15	37	221	Abbie Pickard	Stockport H&ac	20:12
17	93	Beth Smyth	Manchester H&ac	17:18	38	500	Ella Buckley	Salford Met AC	20:33
18	94	Alice Stiles	Manchester H&ac	17:23	39	332	Simone Lomax	Sale H Manchester	21:35
19	472	Sam Kyriacou	Macclesfield H&ac	17:27	40	622	Molly Haines	Vale Royal AC	21:46
20	92	Katie Moss	Manchester H&ac	17:31	41	706	Fay Humphreys	Warrington AC	22:54
21	782	Lucia Melomi	Warrington AC	17:35					

## Under 15 - Girls — TEAM RESULTS

1	Salford H&ac	16 — 3	Samantha Mason	5	Evie Collier	8	C HaywoodPercival
2	E Cheshire H&tameside AC	17 — 4	Megan Lewis	6	Holly Jackson	7	Abby O'Neill
3	Macclesfield H&ac	22 — 1	Sian Heslop	2	Lauren Robinson	19	Sam Kyriacou
4	Sale H Manchester	35 — 10	Bethany Thornton	11	Anouska Brooks	14	Penny Townsend
5	Stockport H&ac	44 — 9	Natasha Moore	13	Chloe Rogers	22	Lauren Burgess
6	Manchester H&ac	47 — 12	Georgia Fazakerley	17	Beth Smyth	18	Alice Stiles
7	Sale H Manchester	67 — 15	Laura Hole	23	Mia Gibbons	29	TiaRae Barton
8	Warrington AC	78 — 16	Olivia Doodson	21	Lucia Melomi	41	Fay Humphreys
9	Salford H&ac	93 — 25	Jessica Birchall	32	Niamh Fitzpatrick	36	Freya Coggins
10	Sale H Manchester	100 — 31	Amelia McCormack	34	Scarlett Whittaker	35	Grace Walker

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

## Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	436	Keenan Owen	E Cheshire H&tameside AC	19:37	14	381	Kian Lindsay	Sale H Manchester	21:57
2	573	Max Brame	Liverpool H & AC	19:56	15	608	Jac Goodall	West Cheshire AC	22:01
3	574	Joseph Ford	Liverpool H & AC	20:39	16	64	Mikey Kingston	Trafford AC	22:21
4	129	Sam Rostron	Warrington AC	20:40	17	764	Yahya Agerso	Sale H Manchester	22:40
5	405	Daniel Racle	Altrincham&district AC	21:01	18	101	Luke Doleman	Manchester H&ac	22:42
6	104	Ben Skertchly	Manchester H&ac	21:06	19	772	Andrew Grant	Liverpool H & AC	23:56
7	188	F Teklehaimanot	Salford H&ac	21:26	20	263	Daniel Soles	Buxton AC	24:10
8	102	Matty Fox	Manchester H&ac	21:27	21	484	Robert Finnis	Macclesfield H&ac	24:21
9	262	Luke Farrant	Buxton AC	21:32	22	185	Adam Curtis	Salford H&ac	24:33
10	63	Colin Daly	Trafford AC	21:38	23	252	Sam Johnson	Stockport H&ac	24:45
11	483	Matthew Browne	Macclesfield H&ac	21:44	24	435	Paolo Guarnieri	E Cheshire H&tameside AC	25:26
12	716	Connor Fazakerley	Trafford AC	21:49	25	627	Bradley Freeman	Stockport H&ac	26:22
13	186	Paddy Cusack	Salford H&ac	21:52					

## Under 17 - Men — TEAM RESULTS

1 Liverpool H & AC	24 — 2 Max Brame	3 Joseph Ford	19 Andrew Grant
2 Manchester H&ac	32 — 6 Ben Skertchly	8 Matty Fox	18 Luke Doleman
3 Trafford AC	38 — 10 Colin Daly	12 Connor Fazakerley	16 Mikey Kingston
4 Salford H&ac	42 — 7 F Teklehaimanot	13 Paddy Cusack	22 Adam Curtis

## Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	726	Lauren Ferris	Warrington AC	23:00	10	243	Emilia Gajda	Stockport H&ac	26:57
2	561	Jess Cook	Liverpool H & AC	23:04	11	178	Sophie Harrison	Salford H&ac	27:29
3	747	Amy Nuttall	Warrington AC	24:17	12	734	Anna LeaWilson	Liverpool H & AC	27:33
4	241	Heather Corden	Stockport H&ac	24:40	13	364	Georgia Haworth	Sale H Manchester	27:56
5	565	Jade Morgan	Liverpool H & AC	24:47	14	534	Erin Davies	Wirral AC	28:17
6	482	Emily Lowery	Macclesfield H&ac	24:57	15	135	Freya Peers	Bramhall Runners	28:44
7	566	Millie Raine	Liverpool H & AC	25:17	16	96	Katie Cooper	Manchester H&ac	30:36
8	179	L HaywoodPercival	Salford H&ac	26:05	17	401	Kathryn Schofield	Warrington Tri Club	32:46
9	180	Catherine Hooper	Salford H&ac	26:44					

## Under 17 - Ladies — TEAM RESULTS

1 Liverpool H & AC	14 — 2 Jess Cook	5 Jade Morgan	7 Millie Raine
2 Salford H&ac	28 — 8 L HaywoodPercival	9 Catherine Hooper	11 Sophie Harrison

# Manchester Area Cross Country League

## at University Playing Fields on Saturday 14th January 2017

### Senior Women - Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	435	Sarah Stockman	L20	1 Macclesfield H&ac	27:16
2	440	Louisa Whittingham	L20	2 Macclesfield H&ac	28:08
3	494	Rachel McGoldrick	L20	3 St Helens Sutton AC	30:28
4	636	Megan King	L20	4 Goyt Valley Striders	31:00
5	650	Libby Brown	L20	5 Manchester University	32:13
6	333	Alice Bruce	L20	6 Sale H Manchester	33:22
7	553	Eliane Ferrier	L20	7 St Helens Tri	47:04

### Senior Women - Ladies aged 17 to 19 — TEAM RESULTS

No complete teams

### Senior Women - Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time		
1	153	Ruth Jones	L	1 Salford H&ac	26:28		
2	47	Vicki Cronin	L	2 Trafford AC	27:38		
3	98	Kirsty Johnson	L	3 Glossopdale Harriers	28:01		
4	542	Georgia Baynes	L	4 Manchester University	28:37		
5	547	Anna Mackenzie	L	5 Manchester University	28:54		
6	185	Faye Waterhouse	L	6 Stockport H&ac	29:02		
7	541	Bethany Ansell	L	7 Manchester University	29:16		
8	469	Sarah Saxton	L	8 Manchester Triathlon	29:21		
9	346	Emma Finney	L	9 Sale H Manchester	29:24		
10	410	Hayley Simpson	L	10 E Cheshire H&tameside AC	29:32		
11	306	Ingrid Storm	L	11 Chorlton Runners	29:33		
12	172	Samantha Jones	L	12 Stockport H&ac	29:34		
13	404	Bethany Hirst	L	13 E Cheshire H&tameside AC	29:40		
14	215	Lucy Etchells	L	14 Manchester Frontrunners	30:09		
15	370	Jane Thomas	L	15 Sale H Manchester	30:18		
16	152	Sarah Carroll	L	16 Salford H&ac	30:22		
17	552	Lily Woolcock	L	17 Manchester University	30:40		
18	335	Hannah Carey	L	18 Sale H Manchester	30:58		
19	159	Becki Robinson	L	19 Salford H&ac	31:12		
20	162	Ambi Tipping	L	20 Salford H&ac	31:16		
21	476	Naomi Wright	L	21 Manchester Triathlon	31:25		
22	572	Marianne Beevor	L	22 Stockport H&ac	31:28		
23	250	Leona Beaumont	L	23 Chorlton Runners	31:35		
24	506	Sarah Crandon	L	24 Manchester Ymca H	31:39		
25	55	Melanie Monks	L	25 Trafford AC	31:53		
26	505	Hannah Brierley	L	26 Manchester Ymca H	32:00		
27	340	Beatrice Cordingley	L	27 Sale H Manchester	32:06		
28	514	Kelly Ormesher	L	28 Manchester Ymca H	32:18		
29	293	Lorraine Pang	L	29 Chorlton Runners	32:37		
30	272	Martha Hamilton	L	30 Chorlton Runners	32:52		
				31 219 Rachel Kenyon	L	31 Manchester Frontrunners	33:05
				32 124 Helen Rennie	L	32 Bramhall Runners	33:11
				33 484 Carolyn Lewtas	L	33 Salford Met AC	33:22
				34 445 Hannah Bruce	L	34 Manchester Triathlon	33:41
				35 318 Anna Aspinall	L	35 Goyt Valley Striders	34:08
				36 63 Samantha Hartley	L	36 Hyde Village Striders	34:28
				37 336 Helen Carter	L	37 Sale H Manchester	34:42
				38 273 Sadia Haq	L	38 Chorlton Runners	34:50
				39 509 Jenny Gorman	L	39 Manchester Ymca H	34:58
				40 194 Leah Evans	L	40 Belle Vue Racers	35:30
				41 158 Marloes Peeters	L	41 Salford H&ac	35:34
				42 641 Amanda Navin	L	42 Altrincham&district AC	36:01
				43 468 Sarah Roberts	L	43 Manchester Triathlon	36:08
				44 458 Helen Jaques	L	44 Manchester Triathlon	36:41
				45 640 Laura Stockdale	L	45 Manchester Frontrunners	37:44
				46 633 Kaylea Haynes	L	46 Chorlton Runners	38:27
				47 422 Saranya Hasler	L	47 Macclesfield H&ac	38:35
				48 90 Felicity Nelson	L	48 Dragons Rc Sale	38:37
				49 651 Ruth Beresford	L	49 Trafford AC	38:56
				50 222 Claire Naylor	L	50 Manchester Frontrunners	38:58
				51 105 Samantha Blacow	L	51 Bramhall Runners	39:24
				52 118 Rebecca Morgan	L	52 Bramhall Runners	40:05
				53 60 Jasmine Duffy	L	53 Hyde Village Striders	40:18
				54 205 Lauren Carr	L	54 Knutsford Tri Club	42:11
				55 308 Vicky Thompson	L	55 Chorlton Runners	42:40
				56 563 Anna Hugheslawson	L	56 Manchester Met Uni AC	42:42
				57 142 Lisa Jackson	L	57 Middleton H AC	42:56
				58 286 Roma Koprowska	L	58 Chorlton Runners	44:35
				59 643 Laura Mackay	L	59 Chorlton Runners	45:40
				60 507 Jennifer Delaney	L	60 Manchester Ymca H	56:50

### Senior Women - Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time		
1	31	Diane McVey	L35	1 Wilmslow RC	26:50		
2	653	Hayley Kuter	L35	2 Salford H&ac	27:08		
3	329	Hayley Ashby	L35	3 Sale H Manchester	28:08		
4	68	Vicky Wright	L35	4 Hyde Village Striders	28:22		
5	391	Lora Blann	L35	5 Altrincham&district AC	29:22		
6	376	Kathy Wellam	L35	6 Sale H Manchester	29:38		
7	533	Rebecca Mills	L35	7 Swinton RC	31:17		
8	444	Rebecca Brand	L35	8 Manchester Triathlon	31:26		
9	567	Jenny Fox	L35	9 Sale H Manchester	31:55		
10	375	Janneke VanBeijnum	L35	10 Sale H Manchester	32:00		
11	3	Nikki Cavanagh	L35	11 Vale Royal AC	32:32		
12	216	Jane Fletcher	L35	12 Manchester Frontrunners	32:43		
13	390	Danielle Beard	L35	13 Altrincham&district AC	32:46		
14	568	Suzanne Smith	L35	14 Sale H Manchester	32:55		
15	316	Melanie Williamson	L35	15 Chorlton Runners	32:56		
16	312	Alison Wainwright	L35	16 Chorlton Runners	33:12		
17	649	Caroline Ainscough	L35	17 Knutsford Tri Club	33:36		
				18 251 Jude Bek	L35	18 Chorlton Runners	34:00
				19 117 Nicola Lloyd	L35	19 Bramhall Runners	34:09
				20 457 Helen Hyder	L35	20 Manchester Triathlon	34:27
				21 192 Yana Anderton	L35	21 Belle Vue Racers	34:46
				22 535 Helen Nation	L35	22 Swinton RC	35:33
				23 147 Isabell Richter	L35	23 Middleton H AC	37:27
				24 271 Sarah Gray	L35	24 Chorlton Runners	37:36
				25 353 Ruth Lindsey	L35	25 Sale H Manchester	37:41
				26 303 Amy Spragg	L35	26 Chorlton Runners	39:13
				27 351 Amelie Latham	L35	27 Sale H Manchester	39:39
				28 148 Vicky Stainthorpe	L35	28 Middleton H AC	39:54
				29 254 Stephanie Bird	L35	29 Chorlton Runners	40:14
				30 74 Lindsay Farrelly	L35	30 Manchester H&ac	40:48
				31 218 Mel Johnson	L35	31 Manchester Frontrunners	41:02
				32 191 Ruth Amin	L35	32 Belle Vue Racers	45:38
				33 311 Jennifer Turner	L35	33 Chorlton Runners	46:38
				34 212 Nina Barthel	L35	34 Manchester Frontrunners	51:42

### Senior Women - Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	328	Helen Armitage	L40	1 Sale H Manchester	29:11	25	175 Sally Meats	L40	25 Stockport H&ac	35:00
2	642	Zoe Gmerek	L40	2 Chorlton Runners	29:18	26	157 Ruth Ollerenshaw	L40	26 Salford H&ac	35:06
3	501	Anne Rosbottom	L40	3 Wirral AC	29:54	27	257 Angelique Bueler	L40	27 Chorlton Runners	35:20
4	499	Sarah Kearney	L40	4 Wirral AC	30:05	28	203 Rachel Watson	L40	28 Belle Vue Racers	35:24
5	22	Katy Green	L40	5 Wilmslow RC	30:27	29	325 Julie Rundall	L40	29 Goyt Valley Striders	36:00
6	23	Louisa Harrison	L40	6 Wilmslow RC	30:43	30	645 Liz Gale	L40	30 Vale Royal AC	36:19
7	355	Clare McCarron	L40	7 Sale H Manchester	31:02	31	211 A AndersonHolton	L40	31 Knutsford Tri Club	36:30
8	337	Anne Chinoy	L40	8 Sale H Manchester	31:22	32	652 Deborah Maskell	L40	32 Belle Vue Racers	36:39
9	121	Jennie Pickard	L40	9 Bramhall Runners	31:23	33	481 Sarah Stutchfield	L40	33 Marple Runners	36:59
10	472	Jude Wall	L40	10 Manchester Triathlon	32:10	34	485 Laura Mercer	L40	34 Salford Met AC	37:33
11	207	Kate Mills	L40	11 Knutsford Tri Club	32:14	35	630 Jacqueline Perrot	L40	35 Chorlton Runners	37:40
12	130	Emma Young	L40	12 Bramhall Runners	32:15	36	269 Claire Gardom	L40	36 Chorlton Runners	37:50
13	54	Rachel McDonnell	L40	13 Trafford AC	32:16	37	327 Carolyn Whittle	L40	37 Goyt Valley Striders	37:58
14	46	Claire Chaffer	L40	14 Trafford AC	32:19	38	227 Nicola Brundrett	L40	38 Stockport Tri Club	38:02
15	345	Sinead Ferguson	L40	15 Sale H Manchester	32:22	39	228 Christine Dewsbury	L40	39 Stockport Tri Club	38:03
16	383	Claire Murphy	L40	16 St Helens Tri	32:34	40	503 Emma Bedford	L40	40 Manchester Ymca H	38:15
17	403	Janet Grint	L40	17 E Cheshire H&tameside AC	32:45	41	521 Jenny Castle	L40	41 Swinton RC	38:45
18	132	Emma Ball	L40	18 Middleton H AC	33:08	42	248 Emma Banister	L40	42 Chorlton Runners	38:46
19	644	Sally Woolhouse	L40	19 Trafford AC	33:33	43	229 Kerry Doherty	L40	43 Stockport Tri Club	39:03
20	71	Melanie Barber	L40	20 Manchester H&ac	34:04	44	423 Rachel Heslop	L40	44 Macclesfield H&ac	39:07
21	77	Gail Hebson	L40	21 Manchester H&ac	34:06	45	536 Sharen Roberts	L40	45 Swinton RC	40:21
22	358	Carla Ousey	L40	22 Sale H Manchester	34:29	46	146 Susan Redfern	L40	46 Middleton H AC	41:22
23	88	Madeleine Hill	L40	23 Dragons Rc Sale	34:36	47	145 Beverley O'Neill	L40	47 Middleton H AC	41:58
24	87	Joanne Healy	L40	24 Dragons Rc Sale	34:42	48	299 Fiona Roberts	L40	48 Chorlton Runners	42:13
						49	304 Helen Stevens	L40	49 Chorlton Runners	47:39
						50	265 Jane Davies	L40	50 Chorlton Runners	54:18

### Senior Women - Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	11	Helen Smith	L45	1 Vale Royal AC	29:25	19	339 C Colquhounlynn	L45	19 Sale H Manchester	38:59
2	497	Maggie Cooper	L45	2 Wirral AC	29:51	20	144 Catherine Murphy	L45	20 Middleton H AC	39:08
3	19	Janine Ellis	L45	3 Wilmslow RC	31:57	21	332 Marinda Breddy	L45	21 Sale H Manchester	39:23
4	456	Mel Hayes	L45	4 Manchester Triathlon	32:02	22	378 Helen Broderick	L45	22 St Helens Tri	39:42
5	619	Louise Mangan	L45	5 Trafford AC	32:20	23	195 Julia Foy	L45	23 Belle Vue Racers	40:00
6	223	Paula Payne	L45	6 Manchester Frontrunners	32:42	24	382 Jennifer Miller	L45	24 St Helens Tri	40:02
7	119	Vikki Murphy	L45	7 Bramhall Runners	33:28	25	483 Kate Fowles	L45	25 Salford Met AC	40:09
8	455	Sonia Harris	L45	8 Manchester Triathlon	33:58	26	465 Kim O'Neill	L45	26 Manchester Triathlon	40:24
9	517	Rhona Barker	L45	9 Swinton RC	34:02	27	487 Gill Russell	L45	27 Salford Met AC	41:08
10	605	Kate Phillips	L45	10 Buxton AC	34:56	28	243 Sarah Soles	L45	28 Buxton AC	41:11
11	488	Theresa Shaw	L45	11 Salford Met AC	35:22	29	478 Alison Deykin	L45	29 Marple Runners	41:29
12	529	Yvette Jeal	L45	12 Swinton RC	35:38	30	386 Diane Taktak	L45	30 St Helens Tri	42:15
13	230	Gillian Doolan	L45	13 Stockport Tri Club	35:50	31	475 Michelle Wilder	L45	31 Manchester Triathlon	42:26
14	138	Karen Hallett	L45	14 Middleton H AC	36:00	32	500 Yolla McCoy	L45	32 Wirral AC	43:01
15	527	Andrea Harrison	L45	15 Swinton RC	36:21	33	502 Paula Smith	L45	33 Wirral AC	44:11
16	362	Julia Reynolds	L45	16 Sale H Manchester	36:28	34	111 Erika Frame	L45	34 Bramhall Runners	44:41
17	447	Claire Deane	L45	17 Manchester Triathlon	36:44	35	236 Rachel Dowle	L45	35 Buxton AC	45:04
18	268	Emma Flint	L45	18 Chorlton Runners	38:13	36	116 Melanie Li	L45	36 Bramhall Runners	47:23

### Senior Women - Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	401	Alison Vesey	L50	1 Altrincham&district AC	32:36	12	368 Lucinda Summers	L50	12 Sale H Manchester	38:53
2	180	Lesley Sinclair	L50	2 Stockport H&ac	32:57	13	103 Alyson Adams	L50	13 Bramhall Runners	38:54
3	53	Joanne Lott	L50	3 Trafford AC	33:06	14	113 Kathryn Holmes	L50	14 Bramhall Runners	39:26
4	396	Carole Harrison	L50	4 Altrincham&district AC	33:51	15	628 Maria Brockway	L50	15 Wirral AC	39:37
5	434	Hanny Stockman	L50	5 Macclesfield H&ac	34:18	16	224 Linda Rix	L50	16 Manchester Frontrunners	39:52
6	654	Joanna Miles	L50	6 Macclesfield H&ac	35:25	17	125 Sian Segar	L50	17 Bramhall Runners	40:33
7	27	Sharon Jones	L50	7 Wilmslow RC	36:25	18	110 Marie Fairclough	L50	18 Bramhall Runners	40:34
8	595	Heather FryerWinder	L50	8 Buxton AC	36:38	19	616 Jean Milton	L50	19 Dragons Rc Sale	40:35
9	508	Steph Goodchild	L50	9 Manchester Ymca H	36:53	20	72 Debbie Beresford	L50	20 Manchester H&ac	42:02
10	99	Lindsay Palmer	L50	10 Glossopdale Harriers	37:22	21	480 Clare Smith	L50	21 Marple Runners	50:37
11	489	Mandy Webber	L50	11 Salford Met AC	37:52					

### Senior Women - Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	341	Jackie Cordingley	L55	1 Sale H Manchester	31:43	7	238 Sue Jeff	L55	7 Buxton AC	41:34
2	366	Lynda Rowlinson	L55	2 Sale H Manchester	34:57	8	143 Julie Jones	L55	8 Middleton H AC	43:35
3	589	Sheila Bradley	L55	3 Buxton AC	35:11	9	399 Maggie Jones	L55	9 Altrincham&district AC	44:23
4	186	Hilary West	L55	4 Stockport H&ac	37:18	10	581 Helen Fraser	L55	10 Stockport H&ac	45:00
5	78	Lucy Hickey	L55	5 Manchester H&ac	38:18	11	114 Cath Jones	L55	11 Bramhall Runners	45:29
6	326	Tracy Vernon	L55	6 Goyt Valley Striders	39:35	12	621 Teresa Raymor	L55	12 Marple Runners	52:59

### Senior Women - Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	398	Annmari Jones	L60	1 Altrincham&district AC	33:07	5	141 Teresa Hollins	L60	5 Middleton H AC	38:22
2	183	Helen Todd	L60	2 Stockport H&ac	35:05	6	477 Carol Culley	L60	6 Marple Runners	45:40
3	197	Annie Hirsch	L60	3 Belle Vue Racers	35:58	7	139 Ruth Hare	L60	7 Middleton H AC	45:52
4	50	Sue Exon	L60	4 Trafford AC	37:09	8	284 Trish Kelly	L60	8 Chorlton Runners	52:33

### Senior Women - Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	373	Margaret Trickey	L65	1 Sale H Manchester	40:32
2	167	Alexis Dinsmor	L65	2 Stockport H&ac	41:09
3	5	Pauline Davies	L65	3 Vale Royal AC	43:58

### Senior Women - Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	137	Christine Eckersley	L70	1 Middleton H AC	43:59
2	385	Liz Spensley	L70	2 St Helens Tri	45:28



# Manchester Area Cross Country League

## at University Playing Fields on Saturday 14th January 2017

### Senior Women - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	153	Ruth Jones	L	1 Salford H&ac	26:28	90	649 Caroline Ainscough	L35 17 Knutsford Tri Club	33:36
2	31	Diane McVey	L35	1 Wilmslow RC	26:50	91	445 Hannah Bruce	L 91 Manchester Triathlon	33:41
3	653	Hayley Kuter	L35	2 Salford H&ac	27:08	92	396 Carole Harrison	L50 5 Altrincham&district AC	33:51
4	435	Sarah Stockman	L20	1 Macclesfield H&ac	27:16	93	455 Sonia Harris	L45 9 Manchester Triathlon	33:58
5	47	Vicki Cronin	L	5 Trafford AC	27:38	94	251 Jude Bek	L35 18 Chorlton Runners	34:00
6	98	Kirsty Johnson	L	6 Glossopdale Harriers	28:01	95	517 Rhona Barker	L45 10 Swinton RC	34:02
7	440	Louisa Whittingham	L20	2 Macclesfield H&ac	28:08	96	71 Melanie Barber	L40 20 Manchester H&ac	34:04
8	329	Hayley Ashby	L35	3 Sale H Manchester	28:08	97	77 Gail Hebson	L40 21 Manchester H&ac	34:06
9	68	Vicky Wright	L35	4 Hyde Village Striders	28:22	98	318 Anna Aspinall	L 98 Goyt Valley Striders	34:08
10	542	Georgia Baynes	L	10 Manchester University	28:37	99	117 Nicola Lloyd	L35 19 Bramhall Runners	34:09
11	547	Anna Mackenzie	L	11 Manchester University	28:54	100	434 Hanny Stockman	L50 6 Macclesfield H&ac	34:18
12	185	Faye Waterhouse	L	12 Stockport H&ac	29:02	101	457 Helen Hyder	L35 20 Manchester Triathlon	34:27
13	328	Helen Armitage	L40	1 Sale H Manchester	29:11	102	63 Samantha Hartley	L 102 Hyde Village Striders	34:28
14	541	Bethany Ansell	L	14 Manchester University	29:16	103	358 Carla Ousey	L40 22 Sale H Manchester	34:29
15	642	Zoe Gmerek	L40	2 Chorlton Runners	29:18	104	88 Madeleine Hill	L40 23 Dragons Rc Sale	34:36
16	469	Sarah Saxton	L	16 Manchester Triathlon	29:21	105	336 Helen Carter	L 105 Sale H Manchester	34:42
17	391	Lora Blann	L35	5 Altrincham&district AC	29:22	106	87 Joanne Healy	L40 24 Dragons Rc Sale	34:42
18	346	Emma Finney	L	18 Sale H Manchester	29:24	107	192 Yana Anderton	L35 21 Belle Vue Racers	34:46
19	11	Helen Smith	L45	1 Vale Royal AC	29:25	108	273 Sadia Haq	L 108 Chorlton Runners	34:50
20	410	Hayley Simpson	L	20 E Cheshire H&tameside AC	29:32	109	605 Kate Phillips	L45 11 Buxton AC	34:56
21	306	Ingrid Storm	L	21 Chorlton Runners	29:33	110	366 Lynda Rowlinson	L55 2 Sale H Manchester	34:57
22	172	Samantha Jones	L	22 Stockport H&ac	29:34	111	509 Jenny Gorman	L 111 Manchester Ymca H	34:58
23	376	Kathy Wellam	L35	6 Sale H Manchester	29:38	112	175 Sally Meats	L40 25 Stockport H&ac	35:00
24	404	Bethany Hirst	L	24 E Cheshire H&tameside AC	29:40	113	183 Helen Todd	L60 2 Stockport H&ac	35:05
25	497	Maggie Cooper	L45	2 Wirral AC	29:51	114	157 Ruth Ollerenshaw	L40 26 Salford H&ac	35:06
26	501	Anne Rosbottom	L40	3 Wirral AC	29:54	115	589 Sheila Bradley	L55 3 Buxton AC	35:11
27	499	Sarah Kearney	L40	4 Wirral AC	30:05	116	257 Angelique Bueler	L40 27 Chorlton Runners	35:20
28	215	Lucy Etchells	L	28 Manchester Frontrunners	30:09	117	488 Theresa Shaw	L45 12 Salford Met AC	35:22
29	370	Jane Thomas	L	29 Sale H Manchester	30:18	118	203 Rachel Watson	L40 28 Belle Vue Racers	35:24
30	152	Sarah Carroll	L	30 Salford H&ac	30:22	119	654 Joanna Miles	L50 7 Macclesfield H&ac	35:25
31	22	Katy Green	L40	5 Wilmslow RC	30:27	120	194 Leah Evans	L 120 Belle Vue Racers	35:30
32	494	Rachel McGoldrick	L20	3 St Helens Sutton AC	30:28	121	535 Helen Nation	L35 22 Swinton RC	35:33
33	552	Lily Woolcock	L	33 Manchester University	30:40	122	158 Marloes Peeters	L 122 Salford H&ac	35:34
34	23	Louisa Harrison	L40	6 Wilmslow RC	30:43	123	529 Yvette Jeal	L45 13 Swinton RC	35:38
35	2063	\$Rowen Ratcliffe	L	35 Saddleworth Runners Club	30:52	124	230 Gillian Doolan	L45 14 Stockport Tri Club	35:50
36	335	Hannah Carey	L	36 Sale H Manchester	30:58	125	197 Annie Hirsch	L60 3 Belle Vue Racers	35:58
37	636	Megan King	L20	4 Goyt Valley Striders	31:00	126	325 Julie Rundall	L40 29 Goyt Valley Striders	36:00
38	355	Clare McCarron	L40	7 Sale H Manchester	31:02	127	138 Karen Hallett	L45 15 Middleton H AC	36:00
39	159	Becki Robinson	L	39 Salford H&ac	31:12	128	641 Amanda Navin	L 128 Altrincham&district AC	36:01
40	162	Ambi Tipping	L	40 Salford H&ac	31:16	129	2062 \$Sarah Harrison	L 129 Unattached	36:04
41	533	Rebecca Mills	L35	7 Swinton RC	31:17	130	468 Sarah Roberts	L 130 Manchester Triathlon	36:08
42	337	Anne Chinoy	L40	8 Sale H Manchester	31:22	131	645 Liz Gale	L40 30 Vale Royal AC	36:19
43	121	Jennie Pickard	L40	9 Bramhall Runners	31:23	132	527 Andrea Harrison	L45 16 Swinton RC	36:21
44	2064	\$Jaine Brocklehurst	L45	3 Unattached	31:24	133	27 Sharon Jones	L50 8 Wilmslow RC	36:25
45	476	Naomi Wright	L	45 Manchester Triathlon	31:25	134	362 Julia Reynolds	L45 17 Sale H Manchester	36:28
46	444	Rebecca Brand	L35	8 Manchester Triathlon	31:26	135	211 A AndersonHolton	L40 31 Knutsford Tri Club	36:30
47	572	Marianne Beevor	L	47 Stockport H&ac	31:28	136	595 Heather FryerWinder	L50 9 Buxton AC	36:38
48	250	Leona Beaumont	L	48 Chorlton Runners	31:35	137	652 Deborah Maskell	L40 32 Belle Vue Racers	36:39
49	506	Sarah Crandon	L	49 Manchester Ymca H	31:39	138	458 Helen Jaques	L 138 Manchester Triathlon	36:41
50	341	Jackie Cordingley	L55	1 Sale H Manchester	31:43	139	447 Claire Deane	L45 18 Manchester Triathlon	36:44
51	55	Melanie Monks	L	51 Trafford AC	31:53	140	508 Steph Goodchild	L50 10 Manchester Ymca H	36:53
52	567	Jenny Fox	L35	9 Sale H Manchester	31:55	141	481 Sarah Stutchfield	L40 33 Marple Runners	36:59
53	19	Janine Ellis	L45	4 Wilmslow RC	31:57	142	50 Sue Exon	L60 4 Trafford AC	37:09
54	505	Hannah Brierley	L	54 Manchester Ymca H	32:00	143	186 Hilary West	L55 4 Stockport H&ac	37:18
55	375	Janneke VanBeijnum	L35	10 Sale H Manchester	32:00	144	99 Lindsay Palmer	L50 11 Glossopdale Harriers	37:22
56	456	Mel Hayes	L45	5 Manchester Triathlon	32:02	145	147 Isabell Richter	L35 23 Middleton H AC	37:27
57	340	Beatrice Cordingley	L	57 Sale H Manchester	32:06	146	485 Laura Mercer	L40 34 Salford Met AC	37:33
58	472	Jude Wall	L40	10 Manchester Triathlon	32:10	147	271 Sarah Gray	L35 24 Chorlton Runners	37:36
59	650	Libby Brown	L20	5 Manchester University	32:13	148	630 Jacqueline Perrot	L40 35 Chorlton Runners	37:40
60	207	Kate Mills	L40	11 Knutsford Tri Club	32:14	149	353 Ruth Lindsey	L35 25 Sale H Manchester	37:41
61	130	Emma Young	L40	12 Bramhall Runners	32:15	150	640 Laura Stockdale	L 150 Manchester Frontrunners	37:44
62	54	Rachel McDonnell	L40	13 Trafford AC	32:16	151	269 Claire Gardom	L40 36 Chorlton Runners	37:50
63	514	Kelly Ormsher	L	63 Manchester Ymca H	32:18	152	489 Mandy Webber	L50 12 Salford Met AC	37:52
64	46	Claire Chaffer	L40	14 Trafford AC	32:19	153	327 Carolyn Whittle	L40 37 Goyt Valley Striders	37:58
65	619	Louise Mangan	L45	6 Trafford AC	32:20	154	227 Nicola Brundrett	L40 38 Stockport Tri Club	38:02
66	345	Sinead Ferguson	L40	15 Sale H Manchester	32:22	155	228 Christine Dewsbury	L40 39 Stockport Tri Club	38:03
67	3	Nikki Cavanagh	L35	11 Vale Royal AC	32:32	156	268 Emma Flint	L45 19 Chorlton Runners	38:13
68	383	Claire Murphy	L40	16 St Helens Tri	32:34	157	503 Emma Bedford	L40 40 Manchester Ymca H	38:15
69	401	Alison Vesey	L50	1 Altrincham&district AC	32:36	158	78 Lucy Hickey	L55 5 Manchester H&ac	38:18
70	293	Lorraine Pang	L	70 Chorlton Runners	32:37	159	141 Teresa Hollins	L60 5 Middleton H AC	38:22
71	223	Paula Payne	L45	7 Manchester Frontrunners	32:42	160	633 Kaylea Haynes	L 160 Chorlton Runners	38:27
72	216	Jane Fletcher	L35	12 Manchester Frontrunners	32:43	161	422 Saranya Hasler	L 161 Macclesfield H&ac	38:35
73	403	Janet Grint	L40	17 E Cheshire H&tameside AC	32:45	162	90 Felicity Nelson	L 162 Dragons Rc Sale	38:37
74	390	Danielle Beard	L35	13 Altrincham&district AC	32:46	163	521 Jenny Castle	L40 41 Swinton RC	38:45
75	272	Martha Hamilton	L	75 Chorlton Runners	32:52	164	248 Emma Banister	L40 42 Chorlton Runners	38:46
76	568	Suzanne Smith	L35	14 Sale H Manchester	32:55	165	368 Lucinda Summers	L50 13 Sale H Manchester	38:53
77	316	Melanie Williamson	L35	15 Chorlton Runners	32:56	166	103 Alyson Adams	L50 14 Bramhall Runners	38:54
78	180	Lesley Sinclair	L50	2 Stockport H&ac	32:57	167	651 Ruth Beresford	L 167 Trafford AC	38:56
79	579	\$Jane Mellor	L50	3 Glossopdale Harriers	33:00	168	222 Claire Naylor	L 168 Manchester Frontrunners	38:58
80	219	Rachel Kenyon	L	80 Manchester Frontrunners	33:05	169	339 C Colquhounlynn	L45 20 Sale H Manchester	38:59
81	53	Joanne Lott	L50	4 Trafford AC	33:06	170	229 Kerry Doherty	L40 43 Stockport Tri Club	39:03
82	398	Annmarie Jones	L60	1 Altrincham&district AC	33:07	171	423 Rachel Heslop	L40 44 Macclesfield H&ac	39:07
83	132	Emma Ball	L40	18 Middleton H AC	33:08	172	144 Catherine Murphy	L45 21 Middleton H AC	39:08
84	124	Helen Rennie	L	84 Bramhall Runners	33:11	173	303 Amy Spragg	L35 26 Chorlton Runners	39:13
85	312	Alison Wainwright	L35	16 Chorlton Runners	33:12	174	332 Marinda Breddy	L45 22 Sale H Manchester	39:23
86	333	Alice Bruce	L20	6 Sale H Manchester	33:22	175	105 Samantha Blacow	L 175 Bramhall Runners	39:24
87	484	Carolyn Lewtas	L	87 Salford Met AC	33:22	176	113 Kathryn Holmes	L50 15 Bramhall Runners	39:26
88	119	Vikki Murphy	L45	8 Bramhall Runners	33:28	177	326 Tracy Vernon	L55 6 Goyt Valley Striders	39:35
89	644	Sally Woolhouse	L40	19 Trafford AC	33:33	178	628 Maria Brockway	L50 16 Wirral AC	39:37

179	351	Amelie Latham	L35	27	Sale H Manchester	39:39	209	308	Vicky Thompson	L	209	Chorlton Runners	42:40
180	378	Helen Broderick	L45	23	St Helens Tri	39:42	210	563	Anna Hugheslawson	L	210	Manchester Met Uni AC	42:42
181	224	Linda Rix	L50	17	Manchester Frontrunners	39:52	211	142	Lisa Jackson	L	211	Middleton H AC	42:56
182	148	Vicky Stainthorpe	L35	28	Middleton H AC	39:54	212	500	Yolla McCoy	L45	33	Wirral AC	43:01
183	195	Julia Foy	L45	24	Belle Vue Racers	40:00	213	143	Julie Jones	L55	8	Middleton H AC	43:35
184	382	Jennifer Miller	L45	25	St Helens Tri	40:02	214	5	Pauline Davies	L65	3	Vale Royal AC	43:58
185	118	Rebecca Morgan	L	185	Bramhall Runners	40:05	215	137	Christine Eckersley	L70	1	Middleton H AC	43:59
186	483	Kate Fowles	L45	26	Salford Met AC	40:09	216	502	Paula Smith	L45	34	Wirral AC	44:11
187	254	Stephanie Bird	L35	29	Chorlton Runners	40:14	217	399	Maggie Jones	L55	9	Altrincham&district AC	44:23
188	60	Jasmine Duffy	L	188	Hyde Village Striders	40:18	218	286	Roma Koprowska	L	218	Chorlton Runners	44:35
189	536	Sharen Roberts	L40	45	Swinton RC	40:21	219	111	Erika Frame	L45	35	Bramhall Runners	44:41
190	465	Kim O'Neill	L45	27	Manchester Triathlon	40:24	220	581	Helen Fraser	L55	10	Stockport H&ac	45:00
191	373	Margaret Trickey	L65	1	Sale H Manchester	40:32	221	236	Rachel Dowle	L45	36	Buxton AC	45:04
192	125	Sian Segar	L50	18	Bramhall Runners	40:33	222	385	Liz Spensley	L70	2	St Helens Tri	45:28
193	110	Marie Fairclough	L50	19	Bramhall Runners	40:34	223	114	Cath Jones	L55	11	Bramhall Runners	45:29
194	616	Jean Milton	L50	20	Dragons Rc Sale	40:35	224	191	Ruth Amin	L35	32	Belle Vue Racers	45:38
195	74	Lindsay Farrelly	L35	30	Manchester H&ac	40:48	225	477	Carol Culley	L60	6	Marple Runners	45:40
196	218	Mel Johnson	L35	31	Manchester Frontrunners	41:02	226	643	Laura Mackay	L	226	Chorlton Runners	45:40
197	487	Gill Russell	L45	28	Salford Met AC	41:08	227	139	Ruth Hare	L60	7	Middleton H AC	45:52
198	167	Alexis Dinsmor	L65	2	Stockport H&ac	41:09	228	311	Jennifer Turner	L35	33	Chorlton Runners	46:38
199	243	Sarah Soles	L45	29	Buxton AC	41:11	229	553	Eliane Ferrier	L20	7	St Helens Tri	47:04
200	146	Susan Redfern	L40	46	Middleton H AC	41:22	230	2061	Gemma Harrison	L	230	Unattached	47:17
201	478	Alison Deykin	L45	30	Marple Runners	41:29	231	116	Melanie Li	L45	37	Bramhall Runners	47:23
202	238	Sue Jeff	L55	7	Buxton AC	41:34	232	304	Helen Stevens	L40	49	Chorlton Runners	47:39
203	145	Beverley O'Neill	L40	47	Middleton H AC	41:58	233	480	Clare Smith	L50	22	Marple Runners	50:37
204	72	Debbie Beresford	L50	21	Manchester H&ac	42:02	234	212	Nina Barthel	L35	34	Manchester Frontrunners	51:42
205	205	Lauren Carr	L	205	Knutsford Tri Club	42:11	235	284	Trish Kelly	L60	8	Chorlton Runners	52:33
206	299	Fiona Roberts	L40	48	Chorlton Runners	42:13	236	621	Teresa Raymor	L55	12	Marple Runners	52:59
207	386	Diane Taktak	L45	31	St Helens Tri	42:15	237	265	Jane Davies	L40	50	Chorlton Runners	54:18
208	475	Michelle Wilder	L45	32	Manchester Triathlon	42:26	238	507	Jennifer Delaney	L	238	Manchester Ymca H	56:50

## Senior Women - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	62	—	8	Hayley Ashby	13	Helen Armitage	18	Emma Finney	23	Kathy Wellam
2	Manchester University	68	—	10	Georgia Baynes	11	Anna Mackenzie	14	Bethany Ansell	33	Lily Woolcock
3	Salford H&ac	72	—	1	Ruth Jones	3	Hayley Kuter	30	Sarah Carroll	38	Becki Robinson
4	Wilmslow RC	118	—	2	Diane McVey	31	Katy Green	34	Louisa Harrison	51	Janine Ellis
5	Sale H Manchester	142	—	29	Jane Thomas	35	Hannah Carey	37	Clare McCarron	41	Anne Chino
6	Chorlton Runners	150	—	15	Zoe Gmerek	21	Ingrid Storm	46	Leona Beaumont	68	Lorraine Pang
7	Stockport H&ac	155	—	12	Faye Waterhouse	22	Samantha Jones	45	Marianne Beevor	76	Lesley Sinclair
8	Manchester Triathlon	157	—	16	Sarah Saxton	43	Naomi Wright	44	Rebecca Brand	54	Mel Hayes
9	Trafford AC	176	—	5	Vicki Cronin	49	Melanie Monks	60	Rachel McDonnell	62	Claire Chaffer
10	Sale H Manchester	206	—	48	Jackie Cordingley	50	Jenny Fox	53	Janneke VanBeijnum	55	Beatrice Cordingley
11	Macclesfield H&ac	224	—	4	Sarah Stockman	7	Louisa Whittingham	97	Hanny Stockman	116	Joanna Miles
12	Altrincham&district AC	235	—	17	Lora Blann	67	Alison Vesey	72	Danielle Beard	79	Annmarie Jones
13	Manchester Frontrunners	244	—	28	Lucy Etchells	69	Paula Payne	70	Jane Fletcher	77	Rachel Kenyon
14	Wirral AC	252	—	25	Maggie Cooper	26	Anne Rosbottom	27	Sarah Kearney	174	Maria Brockway
15	Bramhall Runners	267	—	42	Jennie Pickard	59	Emma Young	81	Helen Rennie	85	Vikki Murphy
16	Manchester Ymca H	268	—	47	Sarah Crandon	52	Hannah Brierley	61	Kelly Ormesher	108	Jenny Gorman
17	Chorlton Runners	321	—	73	Martha Hamilton	75	Melanie Williamson	82	Alison Wainwright	91	Jude Bek
18	Sale H Manchester	321	—	64	Sinead Ferguson	74	Suzanne Smith	83	Alice Bruce	100	Carla Ousey
19	Manchester Triathlon	332	—	56	Jude Wall	88	Hannah Bruce	90	Sonia Harris	98	Helen Hyder
20	Trafford AC	365	—	63	Louise Mangan	78	Joanne Lott	86	Sally Woolhouse	138	Sue Exon
21	Swinton RC	370	—	40	Rebecca Mills	92	Rhona Barker	118	Helen Nation	120	Yvette Jeal
22	Goyt Valley Striders	403	—	36	Megan King	95	Anna Aspinall	123	Julie Rundall	149	Carolyn Whittle
23	Vale Royal AC	421	—	19	Helen Smith	65	Nikki Cavanagh	127	Liz Gale	210	Pauline Davies
24	Belle Vue Racers	458	—	104	Yana Anderton	115	Rachel Watson	117	Leah Evans	122	Annie Hirsch
25	Knutsford Tri Club	477	—	58	Kate Mills	87	Caroline Ainscough	131	A Anderson Holton	201	Lauren Carr
26	Sale H Manchester	484	—	102	Helen Carter	107	Lynda Rowlinson	130	Julia Reynolds	145	Ruth Lindsey
27	Salford Met AC	488	—	84	Carolyn Lewtas	114	Theresa Shaw	142	Laura Mercer	148	Mandy Webber
28	Middleton H AC	500	—	80	Emma Ball	124	Karen Hallett	141	Isabell Richter	155	Teresa Hollins
29	Chorlton Runners	505	—	105	Sadia Haq	113	Angelique Bueler	143	Sarah Gray	144	Jacqueline Perrot
30	Manchester H&ac	532	—	93	Melanie Barber	94	Gail Hebson	154	Lucy Hickey	191	Lindsay Farrelly
31	Buxton AC	545	—	106	Kate Phillips	112	Sheila Bradley	132	Heather Fryer	195	Sarah Soles
32	Dragons Rc Sale	552	—	101	Madeleine Hill	103	Joanne Healy	158	Felicity Nelson	190	Jean Milton
33	Stockport H&ac	552	—	109	Sally Meats	110	Helen Todd	139	Hilary West	194	Alexis Dinsmor
34	Manchester Triathlon	581	—	126	Sarah Roberts	134	Helen Jaques	135	Claire Deane	186	Kim O'Neill
35	Stockport Tri Club	588	—	121	Gillian Doolan	150	Nicola Brundrett	151	Christine Dewsbury	166	Kerry Doherty
36	Bramhall Runners	601	—	96	Nicola Lloyd	162	Alyson Adams	171	Samantha Blacow	172	Kathryn Holmes
37	Chorlton Runners	615	—	147	Claire Gardom	152	Emma Flint	156	Kaylea Haynes	160	Emma Banister
38	St Helens Tri	625	—	66	Claire Murphy	176	Helen Broderick	180	Jennifer Miller	203	Diane Taktak
39	Sale H Manchester	671	—	161	Lucinda Summers	165	C Colquhounlynn	170	Marinda Breddy	175	Amelie Latham
40	Manchester Frontrunners	679	—	146	Laura Stockdale	164	Claire Naylor	177	Linda Rix	192	Mel Johnson
41	Middleton H AC	741	—	168	Catherine Murphy	178	Vicky Stainthorpe	196	Susan Redfern	199	Beverley O'Neill
42	Chorlton Runners	759	—	169	Amy Spragg	183	Stephanie Bird	202	Fiona Roberts	205	Vicky Thompson
43	Bramhall Runners	773	—	181	Rebecca Morgan	188	Sian Segar	189	Marie Fairclough	215	Erika Frame
44	Marple Runners	783	—	137	Sarah Stutchfield	197	Alison Deykin	221	Carol Culley	228	Clare Smith
45	Middleton H AC	850	—	207	Lisa Jackson	209	Julie Jones	211	Christine Eckersley	223	Ruth Hare
46	Chorlton Runners	887	—	214	Roma Koprowska	222	Laura Mackay	224	Jennifer Turner	227	Helen Stevens

## Senior Women - Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	17	—	3 Hayley Ashby	5 Helen Armitage	9 Kathy Wellam
2 Wilmslow RC	28	—	1 Diane McVey	13 Katy Green	14 Louisa Harrison
3 Wirral AC	33	—	10 Maggie Cooper	11 Anne Rosbottom	12 Sarah Kearney
4 Sale H Manchester 'B'	52	—	15 Clare McCarron	17 Anne Chinoy	20 Jackie Cordingley
5 Manchester Triathlon	68	—	19 Rebecca Brand	24 Mel Hayes	25 Jude Wall
6 Sale H Manchester 'C'	75	—	21 Jenny Fox	23 Janneke VanBeijnum	31 Sinead Ferguson
7 Altrincham&district AC	79	—	7 Lora Blann	34 Alison Vesey	38 Danielle Beard
8 Trafford AC	87	—	28 Rachel McDonnell	29 Claire Chaffer	30 Louise Mangan
9 Chorlton Runners	91	—	6 Zoe Gmerek	40 Melanie Williamson	45 Alison Wainwright
10 Bramhall Runners	91	—	18 Jennie Pickard	27 Emma Young	46 Vikki Murphy
11 Vale Royal AC	118	—	8 Helen Smith	32 Nikki Cavanagh	78 Liz Gale
12 Swinton RC	140	—	16 Rebecca Mills	52 Rhona Barker	72 Helen Nation
13 Knutsford Tri Club	156	—	26 Kate Mills	48 Caroline Ainscough	82 A AndersonHolton
14 Sale H Manchester 'D'	160	—	39 Suzanne Smith	58 Carla Ousey	63 Lynda Rowlinson
15 Stockport H&ac	170	—	41 Lesley Sinclair	64 Sally Meats	65 Helen Todd
16 Trafford AC 'B'	177	—	42 Joanne Lott	47 Sally Woolhouse	88 Sue Exon
17 Manchester Frontrunners	191	—	35 Paula Payne	36 Jane Fletcher	120 Linda Rix
18 Manchester Triathlon 'B'	192	—	50 Sonia Harris	57 Helen Hyder	85 Claire Deane
19 Belle Vue Racers	206	—	61 Yana Anderton	70 Rachel Watson	75 Annie Hirsch
20 Manchester H&ac	210	—	53 Melanie Barber	54 Gail Hebson	103 Lucy Hickey
21 Buxton AC	212	—	62 Kate Phillips	67 Sheila Bradley	83 Heather FryerWinder
22 Middleton H AC	212	—	44 Emma Ball	77 Karen Hallett	91 Isabell Richter
23 Chorlton Runners 'B'	212	—	51 Jude Bek	68 Angelique Bueler	93 Sarah Gray
24 Macclesfield H&ac	238	—	56 Hanny Stockman	71 Joanna Miles	111 Rachel Heslop
25 Altrincham&district AC 'B'	242	—	43 Annmarie Jones	49 Carole Harrison	150 Maggie Jones
26 Dragons Rc Sale	250	—	59 Madeleine Hill	60 Joanne Healy	131 Jean Milton
27 Swinton RC 'B'	257	—	73 Yvette Jeal	79 Andrea Harrison	105 Jenny Castle
28 Salford Met AC	258	—	69 Theresa Shaw	92 Laura Mercer	97 Mandy Webber
29 Stockport Tri Club	273	—	74 Gillian Doolan	99 Nicola Brundrett	100 Christine Dewsbury
30 St Helens Tri	275	—	33 Claire Murphy	119 Helen Broderick	123 Jennifer Miller
31 Bramhall Runners 'B'	278	—	55 Nicola Lloyd	108 Alyson Adams	115 Kathryn Holmes
32 Sale H Manchester 'E'	283	—	81 Julia Reynolds	95 Ruth Lindsey	107 Lucinda Summers
33 Goyt Valley Striders	290	—	76 Julie Rundall	98 Carolyn Whittle	116 Tracy Vernon
34 Chorlton Runners 'C'	291	—	94 Jacqueline Perrot	96 Claire Gardom	101 Emma Flint
35 Middleton H AC 'B'	337	—	104 Teresa Hollins	112 Catherine Murphy	121 Vicky Stainthorpe
36 Sale H Manchester 'F'	341	—	109 C Colquhounlynn	114 Marinda Breddy	118 Amelie Latham
37 Chorlton Runners 'D'	344	—	106 Emma Banister	113 Amy Spragg	125 Stephanie Bird
38 Belle Vue Racers 'B'	362	—	84 Deborah Maskell	122 Julia Foy	156 Ruth Amin
39 Stockport H&ac 'B'	376	—	89 Hilary West	135 Alexis Dinsmor	152 Helen Fraser
40 Marple Runners	382	—	87 Sarah Stutchfield	138 Alison Deykin	157 Carol Culley
41 Bramhall Runners 'C'	410	—	129 Sian Segar	130 Marie Fairclough	151 Erika Frame
42 Wirral AC 'B'	411	—	117 Maria Brockway	145 Yolla McCoy	149 Paula Smith
43 Middleton H AC 'C'	423	—	137 Susan Redfern	140 Beverley O'Neill	146 Julie Jones
44 Buxton AC 'B'	428	—	136 Sarah Soles	139 Sue Jeff	153 Rachel Dowle
45 Chorlton Runners 'E'	462	—	142 Fiona Roberts	159 Jennifer Turner	161 Helen Stevens

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1028	Patrick Magner	U20	1 Sale H Manchester	35:49	6	1032	Owen Lee	U20	6 Liverpool H&ac	40:06
2	870	William Rawson	U20	2 Manchester Met Uni AC	35:51	7	992	Matthew Braybrooke	U20	7 Wilmslow RC	41:10
3	164	Donnacha Maguire	U20	3 Manchester H&ac	36:03	8	942	David FryerWinder	U20	8 Buxton AC	41:49
4	907	George Cooke	U20	4 Stockport H&ac	37:10	9	160	Charlie Johnson	U20	9 Manchester H&ac	43:44
5	921	Luke Massey	U20	5 Horwich Rmi	38:07						

## Senior Men aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	318	Jack Morris		Stockport H&ac	32:04	79	480	Neal Wainwright		Chorlton Runners	41:35
2	83	Chris Farrell		Horwich Rmi	32:04	80	217	John Williams		Bramhall Runners	41:41
3	1030	Andrew Davies		Stockport H&ac	32:21	81	533	Damien Jones		Sale H Manchester	41:47
4	78	Mike Cayton		Horwich Rmi	33:27	82	442	Colin Hines		Chorlton Runners	41:47
5	321	Jack Nixon		Stockport H&ac	33:51	83	913	Rupert Liddington		Sale H Manchester	41:52
6	888	James Wignall		Sale H Manchester	33:58	84	197	Phil Evans		Bramhall Runners	41:57
7	849	Adam Sciacca		Manchester University	34:17	85	343	Victor Walsh		Belle Vue Racers	42:02
8	535	Daniel Kashi		Sale H Manchester	34:41	86	578	Kevin Dunbar		St Helens Tri	42:08
9	470	James Savage		Chorlton Runners	34:47	87	984	Sam Swindells		Salford H&ac	42:08
10	176	Mark Offord		Dragons Rc Sale	34:56	88	219	Ben Wolstenholme		Bramhall Runners	42:09
11	881	David Rich		Sale H Manchester	35:17	89	522	Mark Fox		Sale H Manchester	42:16
12	502	Matthew Barnes		Sale H Manchester	35:25	90	1033	Richard Bargh		Wirral AC	42:16
13	873	Nicholas Barry		Sale H Manchester	35:28	91	663	Robert Hasler		Macclesfield H&ac	42:18
14	710	Alex Lawton		Manchester Triathlon	35:29	92	369	Thomas Blackburn		Manchester Frontrunners	42:41
15	62	Damian Nicholls		Wilmslow RC	35:29	93	613	Richard Jellyman		Altrincham&district AC	42:43
16	680	Mark Walker		Macclesfield H&ac	35:30	94	191	Richard Adams		Bramhall Runners	42:43
17	81	Tim Ellis		Horwich Rmi	35:33	95	857	Alfonso Leone		Trafford AC	42:44
18	287	Matthew Shaw		Salford H&ac	35:56	96	226	Leo Cain		Middleton H AC	43:03
19	38	Jon Cheshire		Wilmslow RC	35:57	97	352	John Goggins		Knutsford Tri Club	43:12
20	485	David Wyeth		Chorlton Runners	36:05	98	209	Matthew Moran		Bramhall Runners	43:20
21	100	Simon Pymm		Horwich Rmi	36:17	99	490	James Hobson		Goyt Valley Striders	43:25
22	601	Michael Berks		Altrincham&district AC	36:23	100	970	Ross Pettigrew		Belle Vue Racers	43:33
23	507	Alex Bradford		Sale H Manchester	36:31	101	193	Adam Bird		Bramhall Runners	43:35
24	1021	Ryan Stevenson		Trafford AC	36:33	102	521	Kevin Foster		Sale H Manchester	43:40
25	516	Chris Donnelly		Sale H Manchester	36:39	103	365	Dane Walker		Knutsford Tri Club	43:49
26	541	David Marsh		Sale H Manchester	36:47	104	1031	Mohammed Butt		Salford H&ac	43:50
27	1027	Sam Aspinwall		Sale H Manchester	36:53	105	964	David Hargreaves		Chorlton Runners	43:53
28	443	Ben Hobson		Chorlton Runners	36:54	106	423	Justin Cleary		Chorlton Runners	43:54
29	792	Craig Jones		Manchester Ymca H	37:09	107	961	Dave Hudson		Salford H&ac	43:55
30	778	David Brockway		Wirral AC	37:09	108	379	Steve Hatton		Manchester Frontrunners	44:17
31	510	Andrew Carlin		Sale H Manchester	37:12	109	484	Steven Welch		Chorlton Runners	44:44
32	49	Paul Hawkins		Wilmslow RC	37:13	110	496	Mark Ruston		Goyt Valley Striders	44:47
33	910	Joseph Hudak		E Cheshire H&tameside AC	37:20	111	347	Luke Ainsworth		Knutsford Tri Club	44:50
34	948	Ben Light		Buxton AC	37:28	112	166	Andrew Parsonage		Manchester H&ac	44:52
35	374	Martin Dunn		Manchester Frontrunners	37:48	113	462	Ross Murdoch		Chorlton Runners	44:59
36	457	F Macdonald-Oulds		Chorlton Runners	37:54	114	586	Patrick Neill		St Helens Tri	45:06
37	534	Rob Jowett		Sale H Manchester	38:02	115	567	Gareth Webb		Sale H Manchester	45:10
38	595	Dan Harbridge		Warrington Tri Club	38:03	116	701	Shaun Gilmour		Manchester Triathlon	45:12
39	724	Graham Rands		Manchester Triathlon	38:06	117	812	Rob McGibbon		Swinton RC	45:17
40	731	Aaron Saxton		Manchester Triathlon	38:14	118	400	Carl Acton		Stockport Tri Club	45:18
41	341	Nick Tynan		Belle Vue Racers	38:16	119	221	John Bell		Middleton H AC	45:20
42	685	Andy Adkin		Manchester Triathlon	38:20	120	466	Nick Parrott		Chorlton Runners	45:59
43	976	Tom Stephenson		Sale H Manchester	38:23	121	840	Ross Huskisson		Manchester University	46:21
44	856	Mathew Taskin		Manchester University	38:29	122	297	Luke Wordsworth		Salford H&ac	46:25
45	239	Ryan Lindsay		Middleton H AC	38:31	123	1005	Andrew Given		Wilmslow RC	46:28
46	709	Brendan Kennedy		Manchester Triathlon	38:35	124	408	Richard Bouglas		Buxton AC	46:31
47	635	Gavin Browne		E Cheshire H&tameside AC	38:45	125	572	Craig Abbot		St Helens Tri	46:32
48	1034	Nick Bugler		Altrincham&district AC	39:01	126	338	Meng Tang		Belle Vue Racers	46:33
49	852	Phil Ellison		St Helens Tri	39:02	127	377	Peter Greatbanks		Manchester Frontrunners	46:34
50	474	Stephen Smith		Chorlton Runners	39:04	128	370	Joe Carne		Manchester Frontrunners	46:34
51	1015	Victor VanVelzen		Manchester H&ac	39:16	129	794	Chris March		Manchester Ymca H	46:35
52	225	Jorden Burke		Middleton H AC	39:17	130	718	Malcolm Orrell		Manchester Triathlon	46:35
53	518	Richard Edwards		Sale H Manchester	39:18	131	214	Damon Storer		Bramhall Runners	46:36
54	589	Mark Turner		St Helens Tri	39:19	132	168	Richard Skitt		Manchester H&ac	46:36
55	517	Rob Dunn		Sale H Manchester	39:20	133	237	John Humphreys		Middleton H AC	46:36
56	546	Ben McIntyre		Sale H Manchester	39:23	134	898	John Roper		Stockport H&ac	46:37
57	146	Matthew Latham		Hyde Village Striders	39:29	135	261	Paul Creighton		Salford H&ac	46:38
58	779	Will Ferguson		Wirral AC	39:43	136	928	Ian Hepburn		Horwich Rmi	46:39
59	684	Scott Wilson		Macclesfield H&ac	39:47	137	729	Peter Rought		Manchester Triathlon	46:58
60	303	Phil Burns		Stockport H&ac	39:51	138	339	Andrew Taylor		Belle Vue Racers	47:01
61	998	Gregory Beck		Manchester Frontrunners	39:53	139	725	David Rees		Manchester Triathlon	47:32
62	698	Alastair Fisher		Manchester Triathlon	39:56	140	1002	Adam Cooke		Swinton RC	47:34
63	367	Tom Bardwell		Manchester Frontrunners	39:56	141	398	Kieran Welsh		Manchester Frontrunners	47:35
64	375	James Fox		Manchester Frontrunners	40:09	142	766	Stuart Mairs		Salford Met AC	47:54
65	456	Paul Lubelski		Chorlton Runners	40:16	143	491	Thomas Jackson		Goyt Valley Striders	48:20
66	997	Sean Condon		Knutsford Tri Club	40:21	144	1025	Michal Kaczmarek		Salford Met AC	49:39
67	378	Jono Gifford		Manchester Frontrunners	40:24	145	140	Jamie Briggs		Hyde Village Striders	50:17
68	735	Murray Taylor		Manchester Triathlon	40:25	146	592	Will Austin		Warrington Tri Club	50:34
69	432	Will Fossard		Chorlton Runners	40:27	147	575	Gary Birch		St Helens Tri	51:10
70	463	Mark Norman		Chorlton Runners	40:29	148	1013	John Richards		Bramhall Runners	51:14
71	621	Daniel Martell		Altrincham&district AC	40:35	149	744	Thomas Webster		Manchester Triathlon	51:33
72	58	Allan McCormick		Wilmslow RC	40:35	150	1020	Mike Clark		Stockport Tri Club	52:05
73	503	Paul Barrett		Sale H Manchester	40:35	151	233	Jason Harling		Middleton H AC	53:24
74	790	Mark Griffiths		Manchester Ymca H	40:41	152	395	Adam Sowman		Manchester Frontrunners	54:15
75	654	Chris Bentley		Macclesfield H&ac	40:45	153	712	Arek Majdanski		Manchester Triathlon	56:03
76	662	Carl Hanaghan		Macclesfield H&ac	41:02	154	194	Joseph Connor		Bramhall Runners	58:52
77	501	Mike Ashby		Sale H Manchester	41:06	155	464	Akira Orrego		Chorlton Runners	59:10
78	114	Andile Hlebo		Trafford AC	41:26						

### Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	556	Gareth Raven	V40 1	Sale H Manchester	34:20	34	963 Kevin Woodward	V40 34	Swinton RC	43:17
2	527	Paul Green	V40 2	Sale H Manchester	34:24	35	545 Richard McHugh	V40 35	Sale H Manchester	43:31
3	67	Peter Speake	V40 3	Wilmslow RC	35:35	36	650 Dennis Thomas	V40 36	E Cheshire H&tameside AC	43:39
4	97	Alastair Murray	V40 4	Horwich Rmi	36:24	37	1026 Robert Heggs	V40 37	Sale H Manchester	43:42
5	730	Paul Savage	V40 5	Manchester Triathlon	36:35	38	991 Joe Cavanagh	V40 38	Vale Royal AC	43:51
6	277	Billy McCartney	V40 6	Salford H&ac	36:36	39	196 M DeSchoolmeester	V40 39	Bramhall Runners	44:00
7	128	Jeff Prest	V40 7	Trafford AC	37:07	40	1036 Borys Darnas	V40 40	Sale H Manchester	44:23
8	252	Glynn Billington	V40 8	Salford H&ac	37:11	41	564 Matthew Spragg	V40 41	Sale H Manchester	44:53
9	30	Barry Archbold	V40 9	Wilmslow RC	37:19	42	811 Christian Lyth	V40 42	Swinton RC	44:59
10	416	Colin Banno-Thornton	V40 10	Chorlton Runners	37:58	43	661 Geraghty Ian James	V40 43	Macclesfield H&ac	45:04
11	255	Richard Brook	V40 11	Salford H&ac	38:01	44	167 Chris Sewart	V40 44	Manchester H&ac	45:05
12	543	Stephen McCarron	V40 12	Sale H Manchester	38:08	45	767 Steve Mercer	V40 45	Salford Met AC	45:16
13	265	Mike Grace	V40 13	Salford H&ac	38:30	46	752 Pete Ogley	V40 46	Marple Runners	46:30
14	523	Olivier Gailllemin	V40 14	Sale H Manchester	38:34	47	687 Damian Aspin	V40 47	Manchester Triathlon	46:31
15	269	Matthew Holt	V40 15	Salford H&ac	38:57	48	315 Andrew Mainwaring	V40 48	Stockport H&ac	46:32
16	121	Dave Maher	V40 16	Trafford AC	39:04	49	476 Steven Swan	V40 49	Chorlton Runners	46:38
17	437	Andy Haney	V40 17	Chorlton Runners	39:12	50	218 John Williams	V40 50	Bramhall Runners	47:01
18	460	Paul McKenna	V40 18	Chorlton Runners	39:21	51	458 Peter Mainwaring	V40 51	Chorlton Runners	47:32
19	995	Jamie Helmer	V40 19	Glossopdale Harriers	39:29	52	245 Bryan O'Neill	V40 52	Middleton H AC	47:51
20	189	Dan Oldham	V40 20	Glossopdale Harriers	39:50	53	748 James Deighton	V40 53	Marple Runners	48:06
21	312	David Hulley	V40 21	Stockport H&ac	39:55	54	205 Lee Jones	V40 54	Bramhall Runners	48:31
22	506	Craig Bradbury	V40 22	Sale H Manchester	40:09	55	614 Bradley Johnson	V40 55	Altrincham&district AC	48:36
23	515	Elton Davies	V40 23	Sale H Manchester	40:19	56	332 James Corrigan	V40 56	Belle Vue Racers	49:17
24	584	Eddie Hirst	V40 24	St Helens Tri	40:22	57	689 Lee Bibby	V40 57	Manchester Triathlon	49:55
25	823	Mark Whittington	V40 25	Swinton RC	40:26	58	582 Mike Goulbourne	V40 58	St Helens Tri	49:59
26	317	Nathan Mayoh	V40 26	Stockport H&ac	40:44	59	570 Michael Wymer	V40 59	Sale H Manchester	49:59
27	989	Graham Holbrook	V40 27	Trafford AC	41:26	60	493 Connor Lomax	V40 60	Goyt Valley Striders	50:22
28	579	Michael Forber	V40 28	St Helens Tri	41:39	61	142 Andrew Haughton	V40 61	Hyde Village Striders	51:58
29	492	Lucas Jones	V40 29	Goyt Valley Striders	42:00	62	345 Stephen Webb	V40 62	Belle Vue Racers	52:19
30	737	Roger Thomas	V40 30	Manchester Triathlon	42:03	63	505 Matthew Bell	V40 63	Sale H Manchester	52:25
31	216	Chris Trask	V40 31	Bramhall Runners	42:17	64	351 Darren Edale	V40 64	Knutsford Tri Club	52:31
32	175	Richard Healy	V40 32	Dragons Rc Sale	42:18	65	399 Dan Whittaker	V40 65	Manchester Frontrunners	53:37
33	758	Richard Williams	V40 33	Marple Runners	42:33	66	830 Paul Lockett	V40 66	Winston Runners	53:54

### Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	120	Chris Leigh	V45 1	Trafford AC	36:20	28	206 Ian Keeling	V45 28	Bramhall Runners	44:30
2	87	David Jackson	V45 2	Horwich Rmi	37:29	29	152 Jason Brogan	V45 29	Manchester H&ac	44:45
3	72	Andy Whittingham	V45 3	Wilmslow RC	37:42	30	279 James O'Connor	V45 30	Salford H&ac	45:00
4	300	Charlie Batho	V45 4	Stockport H&ac	39:26	31	22 Mark Pilliner	V45 31	Vale Royal AC	45:01
5	238	Paul Jibson	V45 5	Middleton H AC	39:55	32	588 Lee Stinch	V45 32	St Helens Tri	45:13
6	986	Paul Nutter	V45 6	Stockport H&ac	40:23	33	905 Stewart Connor	V45 33	Stockport H&ac	46:30
7	264	Charles Foster	V45 7	Salford H&ac	40:28	34	17 Dave Haines	V45 34	Vale Royal AC	46:34
8	524	Steve Gavin	V45 8	Sale H Manchester	40:31	35	200 Simon Gebbett	V45 35	Bramhall Runners	46:45
9	673	James Noakes	V45 9	Macclesfield H&ac	40:42	36	820 Jon Sides	V45 36	Swinton RC	46:54
10	630	Steve Renny	V45 10	Altrincham&district AC	40:44	37	754 Darren Peatfield	V45 37	Marple Runners	47:30
11	896	Chris Goodfellow	V45 11	Macclesfield H&ac	41:03	38	624 Craig Partridge	V45 38	Altrincham&district AC	47:53
12	915	Lee Dunn	V45 12	Manchester Ymca H	41:22	39	1024 Steve Jones	V45 39	Knutsford Tri Club	48:01
13	210	Frank Podd	V45 13	Bramhall Runners	41:36	40	657 Richard Brown	V45 40	Macclesfield H&ac	48:21
14	732	Paul Schofield	V45 14	Manchester Triathlon	41:44	41	1029 David Gaskell	V45 41	St Helens Tri	48:45
15	707	Tim Johns	V45 15	Manchester Triathlon	41:48	42	742 Chris Watson	V45 42	Manchester Triathlon	49:03
16	65	Graham Screawn	V45 16	Wilmslow RC	41:50	43	695 Andrew Dow	V45 43	Manchester Triathlon	49:23
17	734	Ben Strutt	V45 17	Manchester Triathlon	41:56	44	199 Simon Fennell	V45 44	Bramhall Runners	49:58
18	540	Ashley Lindsey	V45 18	Sale H Manchester	42:07	45	822 Ric Waring	V45 45	Swinton RC	50:31
19	208	Lok Li	V45 19	Bramhall Runners	42:11	46	643 Martin Lewis	V45 46	E Cheshire H&tameside AC	50:42
20	323	Simon Pickard	V45 20	Stockport H&ac	42:13	47	1016 James Kemp	V45 47	Marple Runners	51:55
21	366	Shane Wolstencroft	V45 21	Knutsford Tri Club	42:17	48	1009 Ray Tran	V45 48	Vale Royal AC	52:44
22	144	Gareth Hurfurt	V45 22	Hyde Village Striders	42:44	49	342 Farouk Vanda	V45 49	Belle Vue Racers	53:42
23	51	Jarrold Homer	V45 23	Wilmslow RC	43:30	50	195 Paul Cowell	V45 50	Bramhall Runners	53:56
24	344	Derrick Watson	V45 24	Belle Vue Racers	43:43	51	162 Denis Kelly	V45 51	Manchester H&ac	53:59
25	889	Ian Mulligan	V45 25	Stockport H&ac	44:12	52	227 Colin Carter	V45 52	Middleton H AC	54:11
26	54	James Macdonald	V45 26	Wilmslow RC	44:16	53	749 Ian Galloway	V45 53	Marple Runners	55:40
27	201	Richard Hall	V45 27	Bramhall Runners	44:26	54	203 Nick Heaton	V45 54	Bramhall Runners	57:49

### Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	1035	Bashir Hussain	V50 1	Stockport H&ac	37:18	22	789 Eddie Gilligan	V50 22	Manchester Ymca H	47:49
2	559	Gary Rowlinson	V50 2	Sale H Manchester	38:30	23	555 Tim Rainey	V50 23	Sale H Manchester	47:57
3	615	Richard Johnson	V50 3	Altrincham&district AC	38:41	24	157 Glen Gandy	V50 24	Manchester H&ac	48:38
4	908	Kevan Garner	V50 4	Stockport H&ac	39:04	25	396 Michael Thorley	V50 25	Manchester Frontrunners	48:47
5	788	David Garner	V50 5	Manchester Ymca H	39:08	26	691 Timothy Criddle	V50 26	Manchester Triathlon	48:50
6	560	Glenn Savage	V50 6	Sale H Manchester	39:43	27	355 William Keeling	V50 27	Knutsford Tri Club	49:06
7	108	Dick Byers	V50 7	Trafford AC	40:01	28	829 Anthony Harrison	V50 28	Winston Runners	49:11
8	253	Paul Birkett	V50 8	Salford H&ac	40:05	29	163 Mike Long	V50 29	Manchester H&ac	49:39
9	118	Mike Hutchinson	V50 9	Trafford AC	40:09	30	198 Steve Fairclough	V50 30	Bramhall Runners	49:45
10	63	Stuart Parrott	V50 10	Wilmslow RC	40:17	31	1014 Francis Wooff	V50 31	Chorlton Runners	50:11
11	122	Paul Mannion	V50 11	Trafford AC	40:35	32	346 Andy Wood	V50 32	Belle Vue Racers	50:53
12	494	Paul Oakley	V50 12	Goyt Valley Striders	42:09	33	799 Dave Batty	V50 33	Swinton RC	50:59
13	740	Richard Wallace	V50 13	Manchester Triathlon	42:32	34	181 Andrew Burnett	V50 34	Glossopdale Harriers	51:27
14	148	Dominic Sexton	V50 14	Hyde Village Striders	42:36	35	797 Steve Symons	V50 35	Manchester Ymca H	51:55
15	947	Andy Lidstone	V50 15	Buxton AC	43:20	36	927 Richard Hiron	V50 36	Wilmslow RC	52:37
16	656	Julian Brown	V50 16	Macclesfield H&ac	44:01	37	406 William Staniard	V50 37	Stockport Tri Club	52:51
17	568	Nick Webb	V50 17	Sale H Manchester	44:02	38	202 Barry Heap	V50 38	Bramhall Runners	53:04
18	192	Paul Beckett	V50 18	Bramhall Runners	44:29	39	755 Simon Rushton	V50 39	Marple Runners	54:46
19	327	Mike Shaw	V50 19	Stockport H&ac	44:48	40	969 Azzam Taktak	V50 40	St Helens Tri	56:12
20	394	Roberto Raso	V50 20	Manchester Frontrunners	45:14					
21	487	Kevin Day	V50 21	Goyt Valley Striders	46:37					

### Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	926	Trevor Morris	V55 1	Wilmslow RC	39:35
2	552	Nick Peach	V55 2	Sale H Manchester	40:41
3	611	David Hughes	V55 3	Altrincham&district AC	41:11
4	554	Aiden Raftery	V55 4	Sale H Manchester	41:12
5	79	Gary Chadderton	V55 5	Horwich Rmi	42:29
6	84	Douglas Fleming	V55 6	Horwich Rmi	43:20
7	771	Paul Stevenson	V55 7	Salford Met AC	43:26
8	600	Dave Ainsworth	V55 8	Altrincham&district AC	44:02
9	610	Graham Harrison	V55 9	Altrincham&district AC	44:46
10	598	Mark Walker	V55 10	Warrington Tri Club	44:53
11	935	Pete Bailey	V55 11	Buxton AC	45:02

### Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	280	Stanley Owen	V60 1	Salford H&ac	40:32
2	326	Steve Shaughnessy	V60 2	Stockport H&ac	41:45
3	59	Tom McGaff	V60 3	Wilmslow RC	43:52
4	625	Peter Pickwell	V60 4	Altrincham&district AC	44:01
5	895	Peter Stock	V60 5	Wilmslow RC	46:32
6	230	Alan Garvey	V60 6	Middleton H AC	47:33
7	12	John Clarke	V60 7	Vale Royal AC	48:28
8	37	Chris Cannon	V60 8	Wilmslow RC	52:36

### Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	514	Mike Curley	V65 1	Sale H Manchester	45:08
2	328	Robert Taylor	V65 2	Stockport H&ac	46:27
3	827	John Archer	V65 3	Winston Runners	49:18
4	782	David Ashton	V65 4	Manchester Ymca H	51:20
5	796	Jon Paramor	V65 5	Manchester Ymca H	55:08
6	1010	Lee Ainsworth	V65 6	Sale H Manchester	1:00:18

### Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	623	Jeff Norman	V70 1	Altrincham&district AC	50:00
2	155	Michael Cunningham	V70 2	Manchester H&ac	53:06
3	254	Roland Bowness	V70 3	Salford H&ac	53:32
4	23	Colin Rathbone	V70 4	Vale Royal AC	53:51
5	647	Dave Salmon	V70 5	E Cheshire H&tameside AC	58:12
6	302	Chris Bryans	V75 1	Stockport H&ac	1:22:39

# Manchester Area Cross Country League at University Playing Fields on Saturday 14th January 2017

## Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	318	Jack Morris		Stockport H&ac	32:04	90	300	Charlie Batho	V45 4	Stockport H&ac	39:26
2	83	Chris Farrell		Horwich Rmi	32:04	91	995	Jamie Helmer	V40 19	Glossopdale Harriers	39:29
3	1030	Andrew Davies		Stockport H&ac	32:21	92	146	Matthew Latham		Hyde Village Striders	39:29
4	78	Mike Cayton		Horwich Rmi	33:27	93	926	Trevor Morris	V55 1	Wilmslow RC	39:35
5	321	Jack Nixon		Stockport H&ac	33:51	94	779	Will Ferguson		Wirral AC	39:43
6	888	James Wignall		Sale H Manchester	33:58	95	560	Glenn Savage	V50 6	Sale H Manchester	39:43
7	849	Adam Sciacca		Manchester University	34:17	96	684	Scott Wilson		Macclesfield H&ac	39:47
8	556	Gareth Raven	V40 1	Sale H Manchester	34:20	97	2055	\$Adam Firth		Unattached	39:49
9	527	Paul Green	V40 2	Sale H Manchester	34:24	98	189	Dan Oldham	V40 20	Glossopdale Harriers	39:50
10	535	Daniel Kashi		Sale H Manchester	34:41	99	303	Phil Burns		Stockport H&ac	39:51
11	470	James Savage		Chorlton Runners	34:47	100	998	Gregory Beck		Manchester Frontrunners	39:53
12	176	Mark Offord		Dragons Rc Sale	34:56	101	312	David Hulley	V40 21	Stockport H&ac	39:55
13	990	\$Phil Marsden		Horwich Rmi	35:00	102	238	Paul Jibson	V45 5	Middleton H AC	39:55
14	881	David Rich		Sale H Manchester	35:17	103	698	Alastair Fisher		Manchester Triathlon	39:56
15	502	Matthew Barnes		Sale H Manchester	35:25	104	367	Tom Bardwell		Manchester Frontrunners	39:56
16	873	Nicholas Barry		Sale H Manchester	35:28	105	108	Dick Byers	V50 7	Trafford AC	40:01
17	710	Alex Lawton		Manchester Triathlon	35:29	106	253	Paul Birkett	V50 8	Salford H&ac	40:05
18	62	Damian Nicholls		Wilmslow RC	35:29	107	1032	Owen Lee	U20 6	Liverpool H&ac	40:06
19	680	Mark Walker		Macclesfield H&ac	35:30	108	118	Mike Hutchinson	V50 9	Trafford AC	40:09
20	81	Tim Ellis		Horwich Rmi	35:33	109	375	James Fox		Manchester Frontrunners	40:09
21	67	Peter Speake	V40 3	Wilmslow RC	35:35	110	506	Craig Bradbury	V40 22	Sale H Manchester	40:09
22	1028	Patrick Magner	U20 1	Sale H Manchester	35:49	111	456	Paul Lubelski		Chorlton Runners	40:16
23	870	William Rawson	U20 2	Manchester Met Uni AC	35:51	112	63	Stuart Parrott	V50 10	Wilmslow RC	40:17
24	287	Matthew Shaw		Salford H&ac	35:56	113	515	Elton Davies	V40 23	Sale H Manchester	40:19
25	38	Jon Cheshire		Wilmslow RC	35:57	114	997	Sean Connon		Knutsford Tri Club	40:21
26	164	Donnacha Maguire	U20 3	Manchester H&ac	36:03	115	584	Eddie Hirst	V40 24	St Helens Tri	40:22
27	485	David Wyeth		Chorlton Runners	36:05	116	986	Paul Nutter	V45 6	Stockport H&ac	40:23
28	100	Simon Pymm		Horwich Rmi	36:17	117	378	Jono Guildford		Manchester Frontrunners	40:24
29	120	Chris Leigh	V45 1	Trafford AC	36:20	118	735	Murray Taylor		Manchester Triathlon	40:25
30	601	Michael Berks		Altrincham&district AC	36:23	119	823	Mark Whittington	V40 25	Swinton RC	40:26
31	97	Alastair Murray	V40 4	Horwich Rmi	36:24	120	432	Will Fossard		Chorlton Runners	40:27
32	507	Alex Bradford		Sale H Manchester	36:31	121	264	Charles Foster	V45 7	Salford H&ac	40:28
33	1021	Ryan Stevenson		Trafford AC	36:33	122	463	Mark Norman		Chorlton Runners	40:29
34	730	Paul Savage	V40 5	Manchester Triathlon	36:35	123	524	Steve Gavin	V45 8	Sale H Manchester	40:31
35	277	Billy McCartney	V40 6	Salford H&ac	36:36	124	280	Stanley Owen	V60 1	Salford H&ac	40:32
36	516	Chris Donnelly		Sale H Manchester	36:39	125	122	Paul Mannion	V50 11	Trafford AC	40:35
37	541	David Marsh		Sale H Manchester	36:47	126	621	Daniel Martell		Altrincham&district AC	40:35
38	1027	Sam Aspinwall		Sale H Manchester	36:53	127	58	Allan McCormick		Wilmslow RC	40:35
39	443	Ben Hobson		Chorlton Runners	36:54	128	503	Paul Barrett		Sale H Manchester	40:35
40	128	Jeff Prest	V40 7	Trafford AC	37:07	129	790	Mark Griffiths		Manchester Ymca H	40:41
41	792	Craig Jones		Manchester Ymca H	37:09	130	552	Nick Peach	V55 2	Sale H Manchester	40:41
42	778	David Brockway		Wirral AC	37:09	131	673	James Noakes	V45 9	Macclesfield H&ac	40:42
43	907	George Cooke	U20 4	Stockport H&ac	37:10	132	630	Steve Renny	V45 10	Altrincham&district AC	40:44
44	252	Glynn Billington	V40 8	Salford H&ac	37:11	133	317	Nathan Mayoh	V40 26	Stockport H&ac	40:44
45	510	Andrew Carlin		Sale H Manchester	37:12	134	654	Chris Bentley		Macclesfield H&ac	40:45
46	49	Paul Hawkins		Wilmslow RC	37:13	135	662	Carl Hanaghan		Macclesfield H&ac	41:02
47	1035	Bashir Hussain	V50 1	Stockport H&ac	37:18	136	896	Chris Goodfellow	V45 11	Macclesfield H&ac	41:03
48	30	Barry Archbold	V40 9	Wilmslow RC	37:19	137	501	Mike Ashby		Sale H Manchester	41:06
49	910	Joseph Hudak		E Cheshire H&tameside AC	37:20	138	992	Matthew Braybrooke	U20 7	Wilmslow RC	41:10
50	948	Ben Light		Buxton AC	37:28	139	611	David Hughes	V55 3	Altrincham&district AC	41:11
51	87	David Jackson	V45 2	Horwich Rmi	37:29	140	554	Aiden Raftery	V55 4	Sale H Manchester	41:12
52	72	Andy Whittingham	V45 3	Wilmslow RC	37:42	141	915	Lee Dunn	V45 12	Manchester Ymca H	41:22
53	374	Marlin Dunn		Manchester Frontrunners	37:48	142	989	Graham Holbrook	V40 27	Trafford AC	41:26
54	457	F Macdonald-Oulds		Chorlton Runners	37:54	143	114	Andile Hlebo		Trafford AC	41:26
55	416	Colin Banno-Thornton	V40 10	Chorlton Runners	37:58	144	480	Neal Wainwright		Chorlton Runners	41:35
56	255	Richard Brook	V40 11	Salford H&ac	38:01	145	210	Frank Podd	V45 13	Bramhall Runners	41:36
57	534	Rob Jowett		Sale H Manchester	38:02	146	579	Michael Forber	V40 28	St Helens Tri	41:39
58	595	Dan Harbridge		Warrington Tri Club	38:03	147	217	John Williams		Bramhall Runners	41:41
59	724	Graham Rands		Manchester Triathlon	38:06	148	732	Paul Schofield	V45 14	Manchester Triathlon	41:44
60	921	Luke Massey	U20 5	Horwich Rmi	38:07	149	326	Steve Shaughnessy	V60 2	Stockport H&ac	41:45
61	543	Stephen McCarron	V40 12	Sale H Manchester	38:08	150	533	Damien Jones		Sale H Manchester	41:47
62	731	Aaron Saxton		Manchester Triathlon	38:14	151	442	Colin Hines		Chorlton Runners	41:47
63	341	Nick Tynan		Belle Vue Racers	38:16	152	707	Tim Johns	V45 15	Manchester Triathlon	41:48
64	685	Andy Adkin		Manchester Triathlon	38:20	153	942	David Fryer	U20 8	Buxton AC	41:49
65	976	Tom Stephenson		Sale H Manchester	38:23	154	65	Graham Screawn	V45 16	Wilmslow RC	41:50
66	856	Mathew Taskin		Manchester University	38:29	155	913	Rupert Liddington		Sale H Manchester	41:52
67	265	Mike Grace	V40 13	Salford H&ac	38:30	156	734	Ben Strutt	V45 17	Manchester Triathlon	41:56
68	559	Gary Rowlinson	V50 2	Sale H Manchester	38:30	157	197	Phil Evans		Bramhall Runners	41:57
69	239	Ryan Lindsay		Middleton H AC	38:31	158	492	Lucas Jones	V40 29	Goyt Valley Striders	42:00
70	523	Olivier Gaillemin	V40 14	Sale H Manchester	38:34	159	343	Victor Walsh		Belle Vue Racers	42:02
71	709	Brendan Kennedy		Manchester Triathlon	38:35	160	737	Roger Thomas	V40 30	Manchester Triathlon	42:03
72	615	Richard Johnson	V50 3	Altrincham&district AC	38:41	161	540	Ashley Lindsey	V45 18	Sale H Manchester	42:07
73	635	Gavin Browne		E Cheshire H&tameside AC	38:45	162	578	Kevin Dunbar		St Helens Tri	42:08
74	269	Matthew Holt	V40 15	Salford H&ac	38:57	163	984	Sam Swindells		Salford H&ac	42:08
75	1034	Nick Bugler		Altrincham&district AC	39:01	164	219	Ben Wolstenholme		Bramhall Runners	42:09
76	852	Phil Ellison		St Helens Tri	39:02	165	494	Paul Oakley	V50 12	Goyt Valley Striders	42:09
77	474	Stephen Smith		Chorlton Runners	39:04	166	208	Lok Li	V45 19	Bramhall Runners	42:11
78	908	Kevan Garner	V50 4	Stockport H&ac	39:04	167	323	Simon Pickard	V45 20	Stockport H&ac	42:13
79	121	Dave Maher	V40 16	Trafford AC	39:04	168	522	Mark Fox		Sale H Manchester	42:16
80	788	David Garner	V50 5	Manchester Ymca H	39:08	169	1033	Richard Bargh		Wirral AC	42:16
81	2065	\$Robin Horner		Unattached	39:11	170	366	Shane Wolstencroft	V45 21	Knutsford Tri Club	42:17
82	437	Andy Haney	V40 17	Chorlton Runners	39:12	171	216	Chris Trask	V40 31	Bramhall Runners	42:17
83	1015	Victor VanVelzen		Manchester H&ac	39:16	172	663	Robert Hasler		Macclesfield H&ac	42:18
84	225	Jorden Burke		Middleton H AC	39:17	173	175	Richard Healy	V40 32	Dragons Rc Sale	42:18
85	518	Richard Edwards		Sale H Manchester	39:18	174	79	Gary Chadderton	V55 5	Horwich Rmi	42:29
86	589	Mark Turner		St Helens Tri	39:19	175	740	Richard Wallace	V50 13	Manchester Triathlon	42:32
87	517	Rob Dunn		Sale H Manchester	39:20	176	758	Richard Williams	V40 33	Marple Runners	42:33
88	460	Paul McKenna	V40 18	Chorlton Runners	39:21	177	148	Dominic Sexton	V50 14	Hyde Village Striders	42:36
89	546	Ben McIntyre		Sale H Manchester	39:23	178	369	Thomas Blackburn		Manchester Frontrunners	42:41





373 497 Chris Tetley	V55 22 Goyt Valley Striders	58:09	3771010Lee Aisnworth	V65 6 Sale H Manchester	1:00:18
374 647 Dave Salmon	V70 5 E Cheshire H&tameside AC	58:12	378 18 Paul Hudson	V60 15 Vale Royal AC	1:02:12
375 194 Joseph Connor	Bramhall Runners	58:52	379 302 Chris Bryans	V75 1 Stockport H&ac	1:22:39
376 464 Akira Orrego	Chorlton Runners	59:10			

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 SaleHManchester	60 — 6 JamesWignall	8 GarethRaven	9 PaulGreen	10 DanielKashi	13 DavidRich	14 MatthewBarnes
2 HorwichRmi	132 — 2 ChrisFarrell	4 MikeCaylon	19 TimEllis	27 SimonPymm	30 AlastairMurray	50 DavidJackson
3 StockportH&ac	174 — 1 JackMorris	3 AndrewDavies	5 JackNixon	42 GeorgeCooke	46 BashirHussain	77 KevanGamer
4 SaleHManchester 'B'	175 — 15 NicholasBary	21 PatrickMagner	31 AlexBradford	35 ChrisDonnelly	36 DavidMarsh	37 SamAspinwall
5 WilmslowRC	204 — 17 DamianNicholls	20 PeterSpeake	24 JonCheshire	45 PaulHawkins	47 BarryArchbold	51 AndyWhittingham
6 ChorltonRunners	258 — 11 JamesSavage	26 DavidWyeth	38 BenHobson	53 FMacdonald-Outds	54 ColinBarro-Thornton	76 StephenSmith
7 SalfordH&ac	294 — 23 MatthewShaw	34 BillyMcCartney	43 GlynnBillington	55 RichardBrook	66 MikeGrace	73 MatthewHolt
8 ManchesterTriathlon	301 — 16 AlexLawton	33 PaulSavage	58 GrahamRands	61 AaronSaxton	63 AndyAdkin	70 BrendanKennedy
9 SaleHManchester 'C'	360 — 44 AndrewCarlin	56 RobJowett	60 StephenMcCarron	64 TomStephenson	67 GayRowlinson	69 OlivierGallemin
10 TraffordAC	384 — 28 ChrisLeigh	32 RyanStevenson	39 JeffPrest	78 DaveVaher	102 DickByers	105 MikeHutchinson
11 Altrincham&districtAC	562 — 29 MichaelBirks	71 RichardJohnson	74 NickBugler	123 DanielMartell	129 SteveRenny	136 DavidHughes
12 SaleHManchester 'D'	565 — 83 RichardEdwards	85 RobDunn	87 BenMoityre	93 GlennSavage	107 CraigBradbury	110 EltonDavies
13 MacclesfieldH&ac	636 — 18 MarkWalker	94 ScottWilson	128 JamesNoakes	131 ChrisBentley	132 CarlHanaghan	133 ChrisGoodfellow
14 ManchesterFrontrunners	645 — 52 MartinDunn	97 GregoryBeck	101 TomBardwell	106 JamesFox	114 JonoGuldford	175 ThomasBlackburn
15 ChorltonRunners 'B'	651 — 80 AndyHaney	86 PaulMcKenna	108 PaulLubelski	117 WillFossard	119 MarkNorman	141 NealWainwright
16 StockportH&ac 'B'	671 — 88 CharlieBatho	96 PhilBurns	98 DavidHulley	113 PaulNutter	130 NathanMayoh	146 SteveShaughnessy
17 SaleHManchester 'E'	790 — 120 SteveGavin	125 PaulBarrett	127 NickPeach	134 MikeAshby	137 AidenRatley	147 DamienJones
18 Wilmslow RC 'B'	798 — 91 TrevorMorris	109 StuartParrott	124 AlanMcCormick	135 MatthewBraybrooke	151 GrahamSreawin	188 JarrodHomer
19 StHelensTri	805 — 75 PhilEllison	84 MarkTurner	112 EddieHirst	143 MichaelForber	159 KevinDunbar	232 PatrickNeill
20 ManchesterTriathlon 'B'	819 — 100 AlastairFisher	115 MurrayTaylor	145 PaulSchofield	149 TimJohns	153 BenStrutt	157 RogerThomas
21 SalfordH&ac 'B'	903 — 103 PaulBirkett	118 CharlesFoster	121 StanleyOwen	160 SamSwindells	198 MohammedButt	203 DaveHudson
22 ManchesterYmcaH	928 — 40 CraigJones	79 DavidGamer	126 MarkGriffiths	138 LeeDunn	261 ChrisMarch	284 EddieGilligan
23 BramhallRunners	932 — 142 FrankPodd	144 JohnWilliams	154 PhilEvans	161 BenWolstenholme	163 LokLi	168 ChrisTrask
24 MiddletonHAC	936 — 68 RyanLindsay	82 JordanBurke	99 PaulJibson	180 LeoCain	242 JohnBell	265 JohnHumphreys
25 ManchesterH&ac	972 — 25 DonnachaMaguire	81 VictorVanVelzen	196 CharlieJohnson	217 JasonBrogan	222 AndrewParsonage	231 ChrisSewart
26 SaleHManchester 'F'	1051 — 152 RupertLiddington	158 AshleyLindsey	165 MarkFox	189 RichardMcHugh	193 KevinFoster	194 RobertHeggs
27 BelleVueRacers	1135 — 62 NickTynan	156 VictorWalsh	190 RossPettigrew	195 DerrickWatson	256 MengTang	276 AndrewTaylor
28 KnutsfordTriClub	1166 — 111 SeanCommon	167 ShaneWolstencroft	181 JohnGoggins	197 DaneWalker	221 LukeAisnworth	289 SteveJones
29 BramhallRunners 'B'	1182 — 177 RichardAdams	183 MatthewMoran	191 AdamBird	204 MDeSchoolmeester	213 RichardHall	214 PaulBeckett
30 ChorltonRunners 'C'	1235 — 148 ColinHines	201 DavidHargreaves	202 JustinCleary	216 StevenWelch	225 RossMuroch	243 NickParrott
31 GoytValleyStriders	1280 — 155 LucasJones	162 PaulOakley	186 JamesHobson	219 MarkRuston	267 KevinDay	291 ThomasJackson
32 SwintonRC	1294 — 116 MarkWhittington	182 KevinWoodward	226 ChristianLyth	240 RobMcGibbon	257 SteveDowey	273 JonSides
33 StockportH&ac 'C'	1344 — 164 SimonPickard	209 IanMulligan	220 MikeShaw	246 RobertTaylor	250 StewartConnor	255 AndrewWainwright
34 Altrincham&districtAC 'B'	1364 — 176 RichardJellyman	206 PeterPickwell	207 DaveAisnworth	218 GrahamHarrison	271 LockieCampbell	286 CraigPartridge
35 SaleHManchester 'G'	1400 — 208 NickWebb	212 BorysDarmas	224 MatthewSpragg	233 MikeCurley	235 GarethWebb	288 TimRainey
36 ManchesterTriathlon 'C'	1476 — 172 RichardWallace	236 ShaunGilmour	252 DamianAspin	262 MalcolmOrrell	274 PeterRought	280 DavidRees
37 ManchesterFrontrunners 'B'	1549 — 211 SteveHatton	238 RobertoRaso	259 PeterGreatbanks	260 JoeCame	283 KieranWelsh	298 MichaelThorley
38 Wilmslow RC 'C'	1586 — 200 TomMcGaff	210 JamesMacdonald	247 AndrewGiven	254 PeterStock	337 ChrisCannon	338 RichardHirons
39 BramhallRunners 'C'	1629 — 215 IanKeeling	263 DamonStorer	272 SimonGebbett	275 JohnWilliams	294 LeeJones	310 SteveFairdough
40 SalfordMetAC	1640 — 187 PaulStevenson	239 SteveMercer	277 MikeRace	287 StuartMairs	309 MichalKaczmarek	341 PaddyFarrelly
41 ValeRoyalAC	1668 — 199 JoeCavanagh	228 MarkPilliner	258 DaveHaines	293 JohnClarke	339 RayIran	351 ColinRathbone
42 MarpleRunners	1679 — 173 RichardWilliams	248 PeteOgley	278 DarrenPeatfield	290 JamesDeighton	330 JamesKemp	360 SimonRushion
43 StHelensTri 'B'	1789 — 237 LeeStinch	253 CraigAbbot	297 DavidGaskell	313 MikeGoubourne	325 GaryBirch	364 AzzamTaktak
44 ManchesterTriathlon 'D'	1910 — 300 TimothyCribble	301 ChrisWatson	306 AndrewDow	311 LeeBibby	329 ThomasWebster	363 ArekMajdanski
45 BramhallRunners 'D'	2069 — 312 SimonFennell	326 JohnRichards	342 BarryHeap	354 PaulCowell	366 NickHeaton	369 JosephConnor

## Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	37	— 1 Gareth Raven	2 Paul Green	16 Stephen McCarron	18 Gary Rowlinson
2 Salford H&ac	48	— 7 Billy McCartney	9 Glynn Billington	15 Richard Brook	17 Mike Grace
3 Wilmslow RC	56	— 3 Peter Speake	11 Barry Archbold	13 Andy Whittingham	29 Trevor Morris
4 Trafford AC	69	— 4 Chris Leigh	8 Jeff Prest	23 Dave Maher	34 Dick Byers
5 Stockport H&ac	91	— 10 Bashir Hussain	22 Kevan Garner	27 Charlie Batho	32 David Hulley
6 Sale H Manchester 'B'	125	— 19 Olivier Gaillemin	30 Glenn Savage	37 Craig Bradbury	39 Elton Davies
7 Salford H&ac 'B'	144	— 21 Matthew Holt	35 Paul Birkett	43 Charles Foster	45 Stanley Owen
8 Horwich Rmi	167	— 5 Alastair Murray	12 David Jackson	72 Gary Chadderton	78 Douglas Fleming
9 Manchester Triathlon	186	— 6 Paul Savage	58 Paul Schofield	60 Tim Johns	62 Ben Strutt
10 Chorlton Runners	190	— 14 Colin Banno-Thornton	25 Andy Haney	26 Paul McKenna	125 Steven Swan
11 Sale H Manchester 'C'	209	— 44 Steve Gavin	47 Nick Peach	53 Aiden Raftery	65 Ashley Lindsey
12 Altrincham&district AC	211	— 20 Richard Johnson	49 Steve Renny	52 David Hughes	90 Peter Pickwell
13 Stockport H&ac 'B'	218	— 41 Paul Nutter	50 Nathan Mayoh	59 Steve Shaughnessy	68 Simon Pickard
14 Wilmslow RC 'B'	267	— 38 Stuart Parrott	61 Graham Screawm	81 Jarrod Homer	87 Tom McGaff
15 Bramhall Runners	281	— 56 Frank Podd	67 Lok Li	70 Chris Trask	88 M DeSchoolmeester
16 Macclesfield H&ac	296	— 48 James Noakes	51 Chris Goodfellow	89 Julian Brown	108 Geraghty Ian James
17 Swinton RC	345	— 42 Mark Whittington	77 Kevin Woodward	104 Christian Lyth	122 Steve Doxey
18 Glossopdale Harriers	347	— 28 Jamie Helmer	31 Dan Oldham	117 David Chrystie-Lowe	171 Andrew Burnett
19 Sale H Manchester 'D'	353	— 82 Richard McHugh	84 Robert Heggs	92 Nick Webb	95 Borys Darmas
20 St Helens Tri	354	— 40 Eddie Hirst	57 Michael Forber	112 Lee Stinch	145 David Gaskell
21 Manchester Ymca H	382	— 24 David Garner	54 Lee Dunn	134 Eddie Gilligan	170 David Ashton
22 Manchester Triathlon 'B'	404	— 64 Roger Thomas	73 Richard Wallace	119 Damian Aspin	148 Timothy Criddle
23 Goyt Valley Striders	417	— 63 Lucas Jones	66 Paul Oakley	124 Kevin Day	164 Connor Lomax
24 Bramhall Runners 'B'	418	— 96 Richard Hall	97 Paul Beckett	98 Ian Keeling	127 Simon Gebbett
25 Stockport H&ac 'C'	427	— 93 Ian Mulligan	101 Mike Shaw	115 Robert Taylor	118 Stewart Connor
26 Altrincham&district AC 'B'	453	— 91 Dave Ainsworth	100 Graham Harrison	126 Lockie Campbell	136 Craig Partridge
27 Vale Royal AC	456	— 86 Joe Cavanagh	106 Mark Pilliner	123 Dave Haines	141 John Clarke
28 Marple Runners	460	— 74 Richard Williams	116 Pete Ogley	131 Darren Peatfield	139 James Deighton
29 Middleton H AC	498	— 33 Paul Jibson	133 Alan Garvey	135 Bryan O'Neill	197 Colin Carter
30 Salford Met AC	506	— 80 Paul Stevenson	114 Steve Mercer	130 Mike Race	182 Paddy Farrelly
31 Manchester H&ac	508	— 99 Jason Brogan	109 Chris Sewart	144 Glen Gandy	156 Mike Long
32 Sale H Manchester 'E'	511	— 103 Matthew Spragg	110 Mike Curley	137 Tim Rainey	161 Michael Wymer
33 Knutsford Tri Club	534	— 69 Shane Wolstencroft	138 Steve Jones	150 William Keeling	177 Darren Edale
34 Wilmslow RC 'C'	571	— 94 James Macdonald	120 Peter Stock	178 Chris Cannon	179 Richard Hiron
35 Belle Vue Racers	580	— 85 Derrick Watson	152 James Corrigan	168 Andy Wood	175 Stephen Webb
36 Bramhall Runners 'C'	587	— 129 John Williams	142 Lee Jones	157 Steve Fairclough	159 Simon Fennell
37 Manchester Ymca H 'B'	764	— 173 Steve Symons	193 Mike O'Brien	198 Geoff Cotterill	200 Jon Paramor