

# The Helmsley 10k Challenge at Helmsley on Sunday 16th April 2017

## Helmsley — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	107	Tom Charlton		Tyne Bridge Harriers	34:26
2	301	John Young		Harrogate Harriers & AC	37:24
3	189	Geraint Jones		Unattached	37:50
4	333	Ralph Skrimshire		Dark Peak Fell Runners Club	37:59
5	228	Chris Dwyer		Sunderland Strollers	38:14
6	242	Scott Hargreaves		Bridlington Road Runners	38:21
7	122	Stefan McLoughlin		North York Moors Ac	38:37
8	325	Timothy Boynton		York Acorn Running Club	38:47
9	295	Tom Pilley		Unattached	38:50
10	305	Elliot Hutchinson	U17 1	City Of York Ac	39:26
11	308	Paul Dalton	V40 1	Quaker Running Club	39:33
12	151	Simon Cave	V40 2	Ripon Runners	39:39
13	258	Jamie Arkle		Easingwold Running Club	39:43
14	375	Nathan Vurgest		Unattached	39:45
15	344	Douglas Scott	V45 1	Ripon Runners	40:04
16	270	Tom Kingscott		Unattached	40:08
17	132	Darren Hendley	V40 3	York Knavesmire Harriers	40:09
18	342	Becky Penty	L 1	York Knavesmire Harriers	40:12
19	303	Richard Scholfield		Unattached	40:17
20	290	Luke McCormack		Sunderland Strollers	40:19
21	364	Brendon Auglim	V45 2	Hardley Runners	40:23
22	231	Craig Gath	V40 4	Unattached	40:32
23	236	Mark Ryder		Ripon Runners	40:43
24	49	Stephen Walker		Beverley Ac	40:50
25	218	Neil King	V45 3	Easingwold Running Club	41:00
26	128	Andy Forsyth	V55 1	Askem Drc	41:08
27	221	Jonathan Hart		Unattached	41:16
28	62	Robert Ward		York Knavesmire Harriers	41:18
29	229	Will Stokes		Unattached	41:20
30	324	Stephen Boynton	V60 1	British Library RC	41:26
31	269	Stephan Tomaszewski	V55 2	Thirsk And Sowerby Harriers	41:28
32	84	Jazz Edeson	V55 3	Driffild Striders	41:48
33	384	Trevor Boomworth	V45 4	Unattached	42:06
34	368	Graham Jones	V45 5	Hartlepool Burn Road Harriers	42:20
35	247	Edward Barber		Pudsey And Bramley	42:25
36	172	Darren Townend	V40 5	Unattached	42:29
37	135	Simon Matson	V40 6	Yorkshire Wolds Runners	42:38
38	42	Glynn Ellwood		York Postal Harriers	42:44
39	390	Bernadette Caygill	L40 1	Darlington Harriers	42:47
40	237	David Binks	V45 6	Ripon Runners	42:50
41	184	Joel Staley		Team Bath AC	42:52
42	155	Paul Smith	V55 4	Pickering Running Club	42:56
43	199	Mike Sharp		Yorkshire Wolds Runners	43:08
44	220	Simon Allen		Unattached	43:11
45	226	Dan Wiggle		Unattached	43:12
46	188	Mark Waters		Unattached	43:13
47	397	Chris Laycock	V50 1	Vocalink Running Club	43:15
48	386	Nick Griffin	V50 2	York Knavesmire Harriers	43:18
49	181	Andrew Johnson	V45 7	Beverley Ac	43:23
50	341	Cassie Holmes	L 3	York Knavesmire Harriers	43:36
51	329	Stephen Pratt		Unattached	43:36
52	284	Douglas Howarth	V50 3	North York Moors Ac	43:38
53	54	Emma Macalister	HaILL 4	Unattached	43:39
54	377	James Stokes		Unattached	43:50
55	383	Julian Wardman	V45 8	New Markse Harriers	44:04
56	396	Ben Warrack	V45 9	Unattached	44:14
57	395	Rob Allinson		Redcar Running Club	44:23
58	21	Michael Mendoza	V55 5	Unattached	44:34
59	378	Adam Scott		British Army	44:44
60	302	Tom Buck		Unattached	44:45
61	227	Peter Baker	V40 7	City Of Hull Ac	44:50
62	360	Sam Browes		Unattached	44:56
63	48	Richard Hawkins		York Postal Harriers	45:00
64	257	David Pearson		Unattached	45:09
65	256	Jenny Horne	L35 1	Sheffield Running Club	45:11
66	114	Dale Wilkinson	V50 4	Sunderland Strollers	45:21
67	276	Malcolm Cox	V60 2	Sunderland Strollers	45:34
68	288	James Marshall		Scarborough Athletic Club	45:34
69	9	Jenny Sims	L 6	Unattached	45:36
70	376	Corendo Pasqualini		Unattached	45:36
71	118	Barry O'Brien	V45 10	Unattached	45:42
72	365	Oscar Anglim	U17 2	Hardley Runners	45:45
73	159	Anna Tuffs	L 7	Unattached	45:48
74	363	Harry Harrison	V45 11	Sunderland Strollers	45:49
75	81	Robin Newby	V45 12	St Albans Striders	45:49
76	110	Stuart Jones	V55 6	Steel City Striders RC	45:55
77	143	Adam Campbell	V40 8	Unattached	45:57
78	180	Matthew Bessey		Easingwold Running Club	46:30
79	346	Ian Swannell	V40 9	Unattached	46:36
80	63	Ian Mortimer	V40 10	Unattached	46:37
81	373	Paul Razzall		Unattached	46:42
82	241	Richard Johnson	V45 13	Unattached	46:51
83	319	James Farrant		Unattached	46:57
84	88	David Paley	V40 11	New Markse Harriers	46:58
85	328	John Hall	V55 7	Darlington Harriers	47:22
86	353	Mark Ramsden		Unattached	47:27
87	95	Angela Baker	L40 2	Unattached	47:47
88	169	Raymond Lightle	V65 1	Bedale & Aiskew Runners	47:49
89	89	David Robinson	V45 14	North York Moors Ac	47:51
90	356	Marc Thomas	V40 12	York Knavesmire Harriers	47:54
91	197	Joe Harper	U20 1	Yorkshire Wolds Runners	48:00
92	196	Robert Harper	V45 15	Yorkshire Wolds Runners	48:08
93	16	Wardley Tom		Unattached	48:13
94	298	Helen Rutter	L45 1	Yorkshire Wolds Runners	48:17
95	352	Walter Beckett		Unattached	48:22
96	166	Paul Goodwin	V40 13	Unattached	48:23
97	92	Neil Mayfield	V45 16	Unattached	48:24
98	13	Colin Garnett	V50 5	Unattached	48:24
99	243	Graham Miller		Unattached	48:26
100	380	Donna Mackay	L 10	Unattached	48:26
101	379	James Kellett		Unattached	48:29
102	164	Neil Gilbertson	V45 17	Unattached	48:36
103	367	Laura Jones	L20 1	Hartlepool Burn Road Harriers	48:40
104	354	Molly Stirling	L35 2	Unattached	48:43
105	263	Jacob Simpson	U20 2	Unattached	48:55
106	374	Kirsty Struthers	L 13	North York Moors Ac	48:55
107	338	Martin Foster	V45 18	Unattached	48:59
108	93	Mike Ullathorne	V45 19	Unattached	49:05
109	108	Sid Astbury	V65 2	South Shields Harriers	49:06
110	318	Ben Teasdale	U17 3	Unattached	49:10
111	306	Cecelia Greasley	L55 1	Unattached	49:11
112	240	Bill Ferguson	V65 3	North York Moors Ac	49:15
113	38	Kelly Gaughan	L 15	Unattached	49:19
114	216	William Simpson	V60 3	Unattached	49:21
115	70	Sharon McAnany	L40 3	Unattached	49:24
116	65	Lizzy Wise	L 17	Pickering Running Club	49:26
117	150	Nick Williams		Unattached	49:27
118	142	Jane Grundy	L 18	Ripon Runners	49:32
119	335	Andrew Hart		New Markse Harriers	49:41
120	349	Trev March		Unattached	49:44
121	123	Craig Lightfoot	V50 6	Unattached	49:49
122	125	Richard Stokes	V55 8	Unattached	49:51
123	121	Charlotte Stonehouse	L40 4	New Markse Harriers	49:52
124	224	John Corcoran	V50 7	Sunderland Strollers	49:55
125	382	Shane Johnson	V40 14	Unattached	50:00
126	292	Peter Myerscough	V65 4	Sunderland Strollers	50:09
127	24	Erwin Dorland	V50 8	York Acorn Running Club	50:10
128	321	Mark Edwards	V55 9	North York Moors Ac	50:13
129	103	Roger Barrett	V55 10	Wingerworth Wobblers	50:14
130	183	Stephen Daniel	V40 15	Easingwold Running Club	50:16
131	326	Richard Beckett		Selby Striders	50:20
132	191	Martha McBarron	L60 1	Aycliffe Running Club	50:26
133	215	Doug Pearce	V45 20	Easingwold Running Club	50:28
134	58	J Harris-Douglas	V50 9	Easingwold Running Club	50:34
135	104	Alan Simpson	V45 21	Thirsk And Sowerby Harriers	50:36
136	348	Morgan Campbell		Unattached	50:47
137	207	Andrew Rogerson	V50 10	Unattached	50:50
138	245	David Darton	V55 11	York Knavesmire Harriers	51:17
139	339	Jane Simpson	L40 5	Pickering Running Club	51:18
140	255	Michael Hetherton	V70 1	Pickering Running Club	51:18
141	393	Katy Fahey	L 22	Redcar Running Club	51:19
142	392	Terry Fahey	V60 4	Redcar Running Club	51:20
143	371	Jamie Norman	V45 22	Quaker Running Club	51:23
144	55	Elizabeth Littlewood	L 23	Vocalink Running Club	51:34
145	296	Simon Robson		Unattached	51:40
146	139	Kirsty Naylor	L 24	Unattached	51:57
147	309	Paul Peacock	V50 11	Unattached	51:58
148	79	Helen Long	L 25	Unattached	52:00
149	253	Malcolm Denison	V55 12	Unattached	52:04
150	332	Clare Thompson	L40 6	Sheffield Running Club	52:05
151	73	Jonathan Steele	V40 16	Tadcaster	52:09
152	260	John O'Boyle	V40 17	Unattached	52:10
153	286	Michael Lloyd	V55 13	Crook & District Sports AC	52:15
154	98	Martin Copeland	V50 12	Unattached	52:18
155	312	George Richard	V55 14	Unattached	52:19
156	387	Alice Railton	L 27	Unattached	52:29
157	102	Andrew Tattersall	V50 13	Vocalink Running Club	52:34
158	203	Georgina Carr	L 28	Unattached	52:44
159	161	Paula Wilson	L40 7	Unattached	52:53
160	205	Jennifer Buck	L 30	Pickering Running Club	53:01
161	154	Mark Pearson	V50 14	Unattached	53:02
162	336	Bill Dowling	V45 23	Unattached	53:04
163	235	Steve Longney	V50 15	Yorkshire Wolds Runners	53:06
164	120	Kelly Clapton	L45 2	Unattached	53:07
165	361	Catherine Sheret	L35 3	Unattached	53:08
166	195	Karyn Harper	L50 1	Yorkshire Wolds Runners	53:08
167	41	Philip Jackson	V65 5	Ranelagh Harriers	53:09
168	273	Glenn Chaney	V60 5	Unattached	53:18
169	264	Peter Lyth	V55 15	York Knavesmire Harriers	53:23
170	340	Helen Barrett	L55 2	Unattached	53:27
171	109	Jane Cowley	L55 3	Easingwold Running Club	53:28
172	86	Gerald Orchard	V60 6	York Acorn Running Club	53:30
173	91	Louise Mayfield	L45 3	Unattached	53:32
174	331	Kevin Brown	V50 16	Unattached	53:34
175	129	Angi Benson	L50 2	Ripon Runners	53:38
176	200	Christopher Wheatley		Unattached	53:39
177	209	Hannah Anderson	L35 4	Unattached	53:40
178	212	Jeff Blackford	V50 17	Unattached	53:40
179	262	David Simpson	V60 7	Unattached	53:45
180	254	Maria Clemmit	L 39	North York Moors Ac	53:58

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

181	56 David Waite	V5018	Stainland Lions	54:02	271	112 Graham Jordan	V6011	Stockton Striders AC	1:00:27
182	57 Diane Waite	L50 3	Stainland Lions	54:07	272	19 Michael Blackwood	V4021	Unattached	1:00:28
183	277 S Dale-Simmonds	L 41	Unattached	54:21	273	347 Kelly Swannell	L4020	Unattached	1:00:30
184	68 Vicki Harper	L40 8	Unattached	54:23	274	358 David Marshall	V5024	Unattached	1:00:41
185	71 Melanie Ellwood	L 43	York Postal Harriers	54:29	275	173 Sam Shepherdson	L45 8	Scarborough Athletic Club	1:00:54
186	5 Karen Harrington	L50 4	Unattached	54:34	276	289 Katie McCormack	L 97	Sunderland Strollers	1:00:55
187	272 Melanie Hudson	L35 5	Elvet Striders	54:39	277	96 Sally Mendoza	L 98	Unattached	1:00:58
188	394 Mark Raven	V5516	Unattached	54:41	278	157 Elena Ruiz	L 99	Unattached	1:01:02
189	271 Dave Robson	V65 6	Elvet Striders	54:41	279	134 Julie Brown	L45 9	Ripon Runners	1:01:10
190	170 Kathryn Hammond	L40 9	Yorkshire Wolds Runners	54:55	280	310 Jack Anderson		Unattached	1:01:12
191	136 Joy O'Hanrahan	L35 6	Roundhay Runners	54:58	281	355 Catherine Ward	L35 17	Unattached	1:01:31
192	251 David Foster	V60 8	Bridlington Road Runners	54:59	282	322 Jac Jones	V4022	Unattached	1:01:40
193	45 Liz Matthews	L55 4	York Knavesmire Harriers	55:04	283	40 Karen Newton	L55 11	Easingwold Running Club	1:01:46
194	250 Christopher Jamieson	V55 17	Unattached		284	293 David Peck	V4023	Wolds Veteran RC	1:02:00
195	315 Tony Belsom	V4018	Unattached	55:19	285	311 Isabelle Green	L 103	Unattached	1:02:03
196	206 Sandra Cass	L50 5	Quaker Running Club	55:24	286	307 Karen Andersson	L50 14	Unattached	1:02:07
197	351 Graeme Laughland	V5019	Swift Tees	55:25	287	330 Amy Leonard	L 105	Unattached	1:02:12
198	320 Sarah Keyes	L 50	Yorkshire Wolds Runners	55:25	288	280 David Greenan	V5025	Unattached	1:02:13
199	67 Craig Robinson	V4524	Unattached	55:38	289	3 Kevin Barry	V5026	Unattached	1:02:35
200	147 Kim Holden	L55 5	Ripon Runners	55:40	290	145 David Whapples	V4526	Vocalink Running Club	1:02:50
201	46 Richard Stangroom		Unattached	55:43	291	304 Mary Schofield	L45 10	Unattached	1:03:17
202	146 Alan Stobbs		Unattached	55:45	292	316 Jessica Rowe	L35 18	Unattached	1:03:24
203	27 Philippa Hutton	L55 6	Easingwold Running Club	55:48	293	337 Janet Leonard	L45 11	Unattached	1:03:26
204	210 Becky Blakeley	L 53	Unattached	55:49	294	8 Janet Sims	L60 3	Unattached	1:03:38
205	37 Gareth Pennell	V5518	Unattached	56:06	295	283 Alison Hornsby	L50 15	Scarborough Athletic Club	1:03:43
206	152 Alan McGarrity	V5519	Unattached	56:18	296	233 Janet Wardale	L55 12	West Hull Ladies	1:03:45
207	186 Barbra Barker	L35 7	Quaker Running Club	56:35	297	34 Rod Cooper	V5527	Unattached	1:03:46
208	74 Shirley Steele	L55 7	Tadcaster	56:37	298	101 Chloe Riley	L20 2	Unattached	1:03:54
209	31 Stuart Chatto		Unattached	56:48	299	204 Santo Lara Espirito	L 113	Unattached	1:03:58
210	238 David Wilkinson	V5520	Lancaster And Morecambe	56:58	300	217 Linda Sigsworth	L65 2	Unattached	1:04:01
211	76 Barry Pickering	V70 2	Selby Striders	57:02	301	14 Pam Garnett	L50 16	Unattached	1:04:04
212	366 Anne Wilkinson	L40 10	Unattached	57:04	302	268 Dawn Richardson	L55 13	Knaresborough Striders	1:04:17
213	178 John Edwards	V65 7	Unattached	57:07	303	388 Karen Moody	L50 17	Unattached	1:04:26
214	287 Wendy Marsh	L40 11	Unattached	57:15	304	0 ???	???		1:04:55
215	162 Maria Jennison	L45 4	Unattached	57:19	305	278 Paul Daley	V4527	Yorkshire Wolds Runners	1:04:59
216	232 Sam Bartle		Yorkshire Wolds Runners	57:23	306	131 Kate Newton	L35 19	Unattached	1:05:01
217	4 Jamie Hutton	V5521	Unattached	57:25	307	265 Samantha Lyth	L50 18	York Knavesmire Harriers	1:05:10
218	18 Kerri Muldowney	L40 12	Unattached	57:26	308	15 Rachel Garnett	L 120	Unattached	1:05:15
219	334 Claire Johnson	L35 8	York Triathlon Club	57:28	309	69 Leanne Smith	L 121	Unattached	1:05:18
220	141 Steven Hegarty	V5020	Unattached	57:29	310	53 Paul Smith	V4528	Unattached	1:05:28
221	156 Andrew Strangeway	V5021	Unattached	57:30	311	47 Abbi Ollive	L 122	Unattached	1:05:30
222	193 Anita Oldham	L50 6	Unattached	57:31	312	179 Bernice Edwards	L35 20	Unattached	1:05:51
223	39 Val Gaughan	L50 7	Unattached	57:34	313	167 Chris McGrath		Hartlepool Burn Road Harriers	1:05:57
224	26 Helen Brown	L 63	Unattached	57:35	314	100 Heather Riley	L 124	Pickering Running Club	1:05:59
225	225 Jenny Fenwick	L35 9	Unattached	57:35	315	163 Kuntal Singh		Unattached	1:06:14
226	28 Clare Childs	L40 13	Ripon Runners	57:37	316	158 Andy Suggitt		Unattached	1:06:15
227	29 Suzanne Blakey	L40 14	Unattached	57:38	317	300 Megan Wheatley	L 125	Unattached	1:06:23
228	194 Jenni Cooper	L 67	Unattached	57:43	318	23 Charley Lythe	L 126	Yorkshire Wolds Runners	1:06:30
229	115 Dave Paver	V60 9	City Of York Ac	57:47	319	22 Darren Lythe	V4529	Yorkshire Wolds Runners	1:06:31
230	211 Sonja Gerber	L40 15	Unattached	57:48	320	214 Superville-Blackford	L50 19	Unattached	1:06:36
231	140 Bob Howe	V70 3	North York Moors Ac	57:53	321	252 Lynne Pollard	L65 3	Unattached	1:06:38
232	248 Janet Bowlby	L50 8	Quaker Running Club	57:57	322	66 Kerry Jarvis	L45 12	North York Moors Ac	1:06:55
233	25 Robert Musgrove	V4525	Yorkshire Wolds Runners	57:58	323	389 John Sugarman	V5528	Unattached	1:07:01
234	138 Richard Troop	V4019	Unattached	57:59	324	2 Diane Hall	L55 14	New Markse Harriers	1:07:22
235	153 Heather Pearson	L50 9	Unattached	57:59	325	222 Helen Tyreman	L55 15	New Markse Harriers	1:07:23
236	137 Ian Winspear	V4020	Unattached	57:59	326	1 Graham Hall	V6012	New Markse Harriers	1:07:23
237	50 Christopher Garton		Unattached	58:06	327	266 Kathy Boothman	L40 21	Unattached	1:07:38
238	246 Colin Lea	V5022	York Knavesmire Harriers	58:13	328	30 Catherine Page	L55 16	St Therasas AC	1:07:59
239	77 John Long	V5522	East Hull Harriers & Ac	58:17	329	51 Dean Wise	V6013	Pickering Running Club	1:08:00
240	78 Ann Long	L65 1	East Hull Harriers & Ac	58:19	330	208 Helen Graham	L40 22	Unattached	1:08:22
241	357 Nigel Petite	V5523	Unattached	58:24	331	201 Emma Farrington	L 135	Unattached	1:08:30
242	370 Mike Punchard	V5524	Pickering Running Club	58:26	332	202 Judd Macgregor		Unattached	1:08:31
243	261 Karen Thrippleton	L50 10	Unattached	58:27	333	314 Richard Levin	V4530	Unattached	1:08:36
244	327 Jane Marshall	L45 5	York Acorn Running Club	58:29	334	168 Julie McGrath	V5529	Hartlepool Burn Road Harriers	1:08:37
245	219 Rebecca Allen	L35 10	Unattached	58:31	335	17 Nicola Lees	L40 23	Unattached	1:08:41
246	239 Carole Wilkinson	L55 8	Lancaster And Morecambe	58:37	336	223 Karen Elstob	L50 20	Uk Athletics	1:08:49
247	279 Catherine Davidson	L35 11	Unattached	58:38	337	111 Elizabeth Jordan	L55 17	Stockton Striders AC	1:08:51
248	282 Caroline Halliday	L40 16	Unattached	58:39	338	20 Heather Mendoza	L50 21	Unattached	1:08:53
249	234 Jane Hornby	L35 12	Yorkshire Wolds Runners	58:50	339	297 Per Rumberg	V4024	Unattached	1:09:12
250	381 Daisy Lund	L35 13	Ealing Eagles	58:53	340	116 Linda McGarrity	L55 18	Unattached	1:09:23
251	372 Claire Norman	L40 17	Quaker Running Club	58:58	341	345 Tracy Robinson	L35 21	Unattached	1:10:05
252	7 Alan Sims	V6010	Unattached	59:00	342	82 Bernadette Newby	L45 13	St Albans Striders	1:10:16
253	52 Nicola Wise	L55 9	Pickering Running Club	59:09	343	87 Julie Bushell	L50 22	York Acorn Running Club	1:10:55
254	230 Natalie King	L 82	Unattached	59:21	344	59 Amanda Crocker	L50 23	Unattached	1:11:00
255	323 Shaun Teasdale	V5525	Unattached	59:22	345	61 Kelvin Pugh	V4531	Unattached	1:11:01
256	299 Kevin Stobbs	V5023	Unattached	59:33	346	133 Alison Stanforth	L50 24	Unattached	1:12:01
257	127 Amanda King	L35 14	Unattached	59:42	347	124 Rosanne Lightfoot	L50 25	Unattached	1:12:12
258	126 Susan Barnett	L35 15	Unattached	59:45	348	187 Sharon Dobson	L45 14	Unattached	1:12:13
259	249 Karen Alton	L45 6	Unattached	59:53	349	177 Annabelle James	L40 24	Ackworth Road Runners	1:12:27
260	385 Sally Edwards	L50 11	Pickering Running Club	59:58	350	182 Sarah Tock	L40 25	Beverley Ac	1:12:53
261	350 Mel Gallagher	L40 18	Unattached	1:00:00	351	72 Christine Jones	L50 26	Unattached	1:13:14
262	64 Sarah Fletcher	L40 19	Unattached	1:00:01	352	359 Sharon Caddell	L45 15	Billingham Marsh Hse H & Ac	1:15:00
263	11 Helen Beal	L50 12	Unattached	1:00:09	353	106 Ian Codling	V75 1	Thirk And Sowerby Harriers	1:16:16
264	362 David Smith	V5526	Unattached	1:00:10	354	33 Christine Cooper	L50 27	Ripon Runners	1:17:54
265	35 Jane Maloney	L55 10	Easingwold Running Club	1:00:11	355	192 Dawn Kattenberg	L45 16	Unattached	1:18:16
266	391 Ian Wardle		Unattached	1:00:16	356	60 Lisa Welsh	L45 17	Unattached	1:18:39
267	80 Judith Nicholson	L60 2	East Hull Harriers & Ac	1:00:18	357	369 Jennifer Wardle	L40 26	Swift Tees	1:20:36
268	119 Janet Madden	L45 7	Unattached	1:00:21	358	105 Marian Codling	L75 1	Thirk And Sowerby Harriers	1:24:46
269	285 Nicola Jones	L35 16	Unattached	1:00:26	359	10 Kelly Jackson	L35 22	Unattached	1:26:15
270	313 Sally Kingscott	L50 13	Scarborough Athletic Club	1:00:27	360	171 Tim Hammond	V4025	Yorkshire Wolds Runners	1:26:15
					361	148 Jo Dobson	L45 18	Unattached	1:26:41