

Position	Race no.	Name	Gender	Cat	Club	Time	F Pos	M Pos	Cat Pos	Team Pos
1	359	MAT STEPHENSON	M	V40	MARPLE RUNNERS	0:20:32		1	1	1
2	71	IAIN MURDOCH	M	V40	STOCKPORT HARRIERS	0:21:02		2	2	1
3	344	JOHN WILLIAMS	M	SEN	BRAMHALL RUNNERS	0:21:28		3	1	1
4	377	MARK HARRISON	M	SEN	MARPLE RUNNERS	0:21:46		4	2	2
5	83	DARREN PEATFIELD	M	V40	MARPLE RUNNERS	0:22:00		5	3	3
6	376	PHIL RAMSEY	M	V40	BRAMHALL RUNNERS	0:22:05		6	4	2
7	334	ANDREW TOMLINSON	M	V40	BRAMHALL RUNNERS	0:22:07		7	5	3
8	432	MATTHEW MORAN	M	SEN	BRAMHALL RUNNERS	0:22:12		8	3	4
9	398	JON PEACH	M	V50	MARPLE RUNNERS	0:22:23		9	1	4
10	60	IAN KEELING	M	V40	BRAMHALL RUNNERS	0:22:28		10	6	5
11	96	SIMON PICKARD	M	V40	STOCKPORT HARRIERS	0:22:36		11	7	2
12	364	MICHAEL TIPPER	M	SEN	STOCKPORT HARRIERS	0:22:37		12	4	3
13	434	JAMES TALBOT	M	SEN	BUXTON AC	0:22:39		13	5	1
14	392	JAMES JENKINS	M	SEN	U/A	0:22:42		14	6	
15	345	RICHARD WILLIAMS	M	V40	MARPLE RUNNERS	0:22:54		15	8	5
16	326	MARK SMITH	M	V40	STOCKPORT HARRIERS	0:23:24		16	9	4
17	317	HANNAH RICHARDSON	F	SEN	STOCKPORT HARRIERS	0:23:26	1		1	1
18	91	HENRY PICKARD	M	JUN	STOCKPORT HARRIERS	0:23:34		17	1	5
19	58	DAMIAN JONES	M	SEN	DAVENPORT RUNNERS	0:23:42		18	7	1
20	63	LOK LI	M	V40	BRAMHALL RUNNERS	0:23:56		19	10	6
21	387	SAMANTHA JONES	F	SEN	STOCKPORT HARRIERS	0:23:57	2		2	2
22	320	LAUREN ROBINSON	F	JUN	MACCLESFIELD HARRIERS & AC	0:23:58	3		1	1
23	349	JOHN WILLIAMS	M	V40	BRAMHALL RUNNERS	0:24:03		20	11	7
24	367	ANDREW MAINWARING	M	V40	STOCKPORT HARRIERS	0:24:07		21	12	6
25	65	MARTIN LUNDY	M	V50	MARPLE RUNNERS	0:24:09		22	2	6
26	374	PHIL EVANS	M	SEN	BRAMHALL RUNNERS	0:24:14		23	8	8
27	381	RICHARD HALL	M	V50	BRAMHALL RUNNERS	0:24:23		24	3	9
28	92	JENNIE PICKARD	F	V40	BRAMHALL RUNNERS	0:24:28	4		1	1
29	433	DAVE MARSHALL	M	V50	U/A	0:24:34		25	4	
30	339	JOHN WAITING	M	SEN	MARPLE RUNNERS	0:24:50		26	9	7
31	370	ADAM POTTS	M	V40	U/A	0:24:56		27	13	
32	356	ANDY CORDES	M	V40	BRAMHALL RUNNERS	0:25:08		28	14	10

33	351	STEWART CONNOR	M	V40	STOCKPORT HARRIERS	0:25:12	29	15	7
34	316	GARY RICHARDSON	M	V40	STOCKPORT HARRIERS	0:25:18	30	16	8
35	375	LEE SMITH	M	V40	BRAMHALL RUNNERS	0:25:23	31	17	11
36	348	ARON MYERS	M	SEN	WILMSLOW STRIDERS	0:25:28	32	10	1
37	369	MARTIN STOUT	M	SEN	EAST CHESHIRE HARRIERS	0:25:29	33	11	1
38	379	STEPHEN HATCH	M	V50	U/A	0:25:30	34	5	
39	66	GARETH MAHER	M	SEN	BRAMHALL RUNNERS	0:25:32	35	12	12
40	53	NICK HEATON	M	V40	BRAMHALL RUNNERS	0:25:37	36	18	13
41	330	JOSHUA STUTCHFIELD	M	JUN	U/A	0:25:51	37	2	
42	331	ROB STUTCHFIELD	M	V40	MARPLE RUNNERS	0:26:01	38	19	8
43	362	STEVE HUGHES	M	V50	BRAMHALL RUNNERS	0:26:05	39	6	14
44	5	PAUL ADKINS	M	V60	STOCKPORT TRI CLUB	0:26:10	40	1	1
45	363	ALICE TAYLOR	F	SEN	MARPLE RUNNERS	0:26:10	5	3	1
46	442	DARREN NELSON-HALL	M	SEN	BRAMHALL RUNNERS	0:26:17	41	13	15
47	48	PAUL HAINES	M	V40	STOCKPORT HARRIERS	0:26:25	42	20	9
48	342	MACK WILEMAN	M	JUN	STOCKPORT HARRIERS	0:26:29	43	3	10
49	325	MATTHEW SHONE	M	JUN	STOCKPORT HARRIERS	0:26:33	44	4	11
50	52	ANDREW HAUGHTON	M	V40	HYDE VILLAGE STRIDERS	0:26:35	45	21	1
51	54	PHIL HEAWORD	M	SEN	BRAMHALL RUNNERS	0:26:41	46	14	16
52	319	IAN ROBINSON	M	V40	U/A	0:26:44	47	22	
53	99	JAMES PRATT	M	SEN	BRAMHALL RUNNERS	0:26:53	48	15	17
54	361	CHRIS STREET	M	V50	U/A	0:27:02	49	7	
55	328	ADINA STAN	F	SEN	BRAMHALL RUNNERS	0:27:06	6	4	2
56	371	MICHAEL CLARKE	M	SEN	BRAMHALL RUNNERS	0:27:09	50	16	18
57	355	CHARLIE PODOLANSKI	M	SEN	STOCKPORT TRI CLUB	0:27:18	51	17	2
58	49	SIMON HARDING	M	SEN	MARPLE RUNNERS	0:27:18	52	18	9
59	382	MILES COKER	M	V50	BRAMHALL RUNNERS	0:27:23	53	8	19
60	354	STEVE FAIRCLOUGH	M	V50	BRAMHALL RUNNERS	0:27:24	54	9	20
61	314	HELEN RENNIE	F	SEN	BRAMHALL RUNNERS	0:27:25	7	5	3
62	100	IAN PRIME	M	V50	CONGLETON HARRIERS	0:27:27	55	10	1
63	47	LEANNE HACKNEY	F	SEN	BRAMHALL RUNNERS	0:27:30	8	6	4
64	350	ALISTAIR JORDAN	M	V50	MARPLE RUNNERS	0:27:46	56	11	10
65	38	JAMES DEIGHTON	M	V40	MARPLE RUNNERS	0:27:53	57	23	11

66	437	HARRY NEWSOME	M	JUN	U/A	0:27:57	58	5	
67	59	FAEZ KAISER	M	V40	BRAMHALL RUNNERS	0:27:58	59	24	21
68	373	STEPHEN BRAYNE	M	SEN	U/A	0:28:01	60	19	
69	35	PAUL COWELL	M	V40	BRAMHALL RUNNERS	0:28:03	61	25	22
70	75	RUTH MURDOCH	F	V40	STOCKPORT HARRIERS	0:28:04	9	2	3
71	335	DAISY TOMLINSON	F	JUN	BRAMHALL RUNNERS	0:28:10	10	2	5
72	438	LOIS BROOKS	F	SEN	U/A	0:28:15	11	7	
73	21	ANDREW BAGSHAW	M	V40	BRAMHALL RUNNERS	0:28:19	62	26	23
74	332	SARAH STUTCHFIELD	F	V40	MARPLE RUNNERS	0:28:35	12	3	2
75	42	IAN GALLOWAY	M	V40	MARPLE RUNNERS	0:28:38	63	27	12
76	80	VIKKI MURPHY	F	V40	BRAMHALL RUNNERS	0:28:42	13	4	6
77	357	MATT CORDES	M	SEN	BRAMHALL RUNNERS	0:28:51	64	20	24
78	441	ROGER NELSON	M	V60	BRAMHALL RUNNERS	0:29:03	65	2	25
79	365	HENRY TINDELL	M	V60	FRA	0:29:09	66	3	1
80	390	ASHLEY CLIFFE	M	V40	DAVENPORT RUNNERS	0:29:14	67	28	2
81	440	MATTHEW SCOTT	M	SEN	U/A	0:29:23	68	21	
82	55	ANDREW HODSON	M	V40	MARPLE RUNNERS	0:29:25	69	29	13
83	45	MARK GODDEN	M	V60	MACCLESFIELD HARRIERS & AC	0:29:37	70	4	1
84	393	SIMON FENNELL	M	V40	BRAMHALL RUNNERS	0:29:50	71	30	26
85	372	HELEN TODD	F	V60	STOCKPORT HARRIERS	0:29:52	14	1	4
86	360	NICOLA PICKFORD	F	V40	U/A	0:29:52	15	5	
87	62	MIKE KELLY	M	V40	MARPLE RUNNERS	0:29:54	72	31	14
88	324	SIMON RUSHTON	M	V50	MARPLE RUNNERS	0:29:56	73	12	15
89	366	GORDON ROGAN	M	V50	MARPLE RUNNERS	0:30:00	74	13	16
90	333	SARA TAYLOR	F	V40	STOCKPORT HARRIERS	0:30:03	16	6	5
91	399	JAMES CUTHBERT	M	V50	U/A	0:30:05	75	14	
92	439	TOM MARLER	M	SEN	CHORLTON RUNNERS	0:30:19	76	22	1
93	20	ANNA ASHTON	F	V50	MARPLE RUNNERS	0:30:21	17	1	3
94	81	SHEILA PAICE	F	V50	U/A	0:30:22	18	2	
95	384	SAM BLACOW	F	SEN	BRAMHALL RUNNERS	0:30:24	19	8	7
96	378	CAROL HATCH	F	V50	U/A	0:30:38	20	3	
97	37	CAITLIN DEIGHTON	F	JUN	MARPLE RUNNERS	0:30:51	21	3	4
98	388	ANDY LORD	M	V50	MARPLE RUNNERS	0:30:56	77	15	17

99	380	AMY BARTER	F	ERR	STOCKPORT HARRIERS	0:31:22	22	1	6
100	358	ALISON DEYKIN	F	V40	MARPLE RUNNERS	0:31:23	23	7	5
101	84	ABBIE PICKARD	F	JUN	STOCKPORT HARRIERS	0:31:29	24	4	7
102	341	KAREN WILEMAN	F	ERR	STOCKPORT HARRIERS	0:31:30	25	2	8
103	10	OMAR AL-KAMIL	M	SEN	U/A	0:31:42		78	23
104	8	LAURA AHEARN	F	SEN	MARPLE RUNNERS	0:31:53	26	9	6
105	322	ANDREA ROWSON	F	V40	MARPLE RUNNERS	0:31:54	27	8	7
106	22	RACHAEL BENSON	F	V50	BRAMHALL RUNNERS	0:31:55	28	4	8
107	435	PETER BILLINGSLEY	M	SEN	U/A	0:32:15		79	24
108	391	STEVEN HAIG	M	V40	DAVENPORT RUNNERS	0:32:30		80	32
109	41	ANN-MARIE FAIRCLOUGH	F	V50	BRAMHALL RUNNERS	0:32:38	29	5	9
110	323	MARIA RUSHTON	F	V50	MARPLE RUNNERS	0:32:50	30	6	8
111	346	DAVID WILLIAMSON	M	V50	SWINTON RC	0:32:54		81	16
112	25	MARK BRENNAN	M	V50	FRA	0:33:09		82	17
113	321	JOHN ROWLAND	M	V40	U/A	0:33:17		83	33
114	327	SANDRA SMITH	F	V40	MARPLE RUNNERS	0:33:24	31	9	9
115	67	EMMA MOONEY	F	ERR	MARPLE RUNNERS	0:33:25	32	3	10
116	50	HAZEL HARRINGTON	F	V50	BRAMHALL RUNNERS	0:33:27	33	7	10
117	32	RICHARD COULBY	M	V50	STOCKPORT TRI CLUB	0:33:57		84	18
118	430	FIN CLOWREY	M	JUN	U/A	0:34:05		85	6
119	400	KEV CLOWREY	M	V40	U/A	0:34:06		86	34
120	395	BOB JONES	M	V50	U/A	0:34:15		87	19
121	396	NATHALIE JANVIER	F	V40	DAVENPORT RUNNERS	0:34:27	34	10	1
122	7	PAUL ADSHEAD	M	V50	MARPLE RUNNERS	0:34:40		88	20
123	429	KIM MURRAY	F	V40	U/A	0:34:56	35	11	
124	27	CAROLINE CANTY	F	V40	BRAMHALL RUNNERS	0:35:05	36	12	11
125	51	JENNIFER HARROP	F	V40	U/A	0:35:17	37	13	
126	68	SARAH MORGAN	F	SEN	MARPLE RUNNERS	0:35:18	38	10	11
127	343	CAROLINE WILKE	F	V40	U/A	0:35:20	39	14	
128	318	MARY ROBERTS	F	V50	U/A	0:35:39	40	8	
129	385	CHRIS SAGAR	M	V50	HYDE VILLAGE STRIDERS	0:35:53		89	21
130	19	KAREN ANDREW	F	V50	MARPLE RUNNERS	0:36:03	41	9	12
131	98	JO PODOLANSKI	F	V40	BRAMHALL RUNNERS	0:36:10	42	15	12

132	352	SION O'CONNOR	M	SEN	BRAMHALL RUNNERS	0:36:17	90	25	27
133	436	SARAH NEWSOME	F	V40	U/A	0:36:28	43	16	
134	30	CLAIRE COULBY	F	V40	BRAMHALL RUNNERS	0:36:55	44	17	13
135	329	ISABELLE STUTCHFIELD	F	JUN	U/A	0:37:14	45	5	
136	338	FAY WAITING	F	SEN	MARPLE RUNNERS	0:37:24	46	11	13
137	431	IAN MOUNFIELD	M	V40	U/A	0:38:08	91	35	
138	337	CAROL TYRER	F	V50	CALE GREEN RUNNERS	0:38:09	47	10	1
139	56	ALISON HOLLAND	F	V70+	BRAMHALL RUNNERS	0:39:16	48	1	14
140	15	SARMID AL-KAMIL	M	V50	BRAMHALL RUNNERS	0:39:22	92	22	28
141	9	BASMA AL-KAMIL	F	V50	U/A	0:39:22	49	11	
142	64	MELANIE LI	F	V40	BRAMHALL RUNNERS	0:39:30	50	18	15
143	4	CHRISTINE ADKINS	F	V60	BRAMHALL RUNNERS	0:39:31	51	2	16
144	368	CATH JONES	F	V50	BRAMHALL RUNNERS	0:40:32	52	12	17
145	353	JULIE FAIRCLOUGH	F	V50	BRAMHALL RUNNERS	0:40:32	53	13	18
146	383	KATIE PALMER	F	ERR	CALE GREEN RUNNERS	0:40:36	54	4	2
147	69	CAROLINE MORRISON	F	V40	CALE GREEN RUNNERS	0:41:00	55	19	3
148	16	KAREN ANDREW	F	V50	HYDE VILLAGE STRIDERS	0:41:58	56	14	1
149	82	FLOYD PATERSON	M	V50	HYDE VILLAGE STRIDERS	0:42:00	93	23	3
150	386	EDWARD COOKE	M	V70+	BRAMHALL RUNNERS	0:42:17	94	1	29
151	389	KAREN COOKE	F	V50	BRAMHALL RUNNERS	0:42:28	57	15	19
152	394	DAVID GRINDROD	M	V50	MDOC	0:42:28	95	24	1
153	97	BRIAN PLATT	M	V70+	MARPLE RUNNERS	0:45:43	96	2	19
154	397	MIKE THIRSK	M	V60	STOCKPORT HARRIERS	0:45:45	97	5	12