



169	123Richard Shillinglaw		Blyth Running Club	1:09:00	260	278Seema Ritson	L40 7 Dh Runners	1:15:12
170	474Mark Rutherford	V4027	Keswick AC	1:09:09	261	133Alison Cooke	L55 1 Glaxo Hoad Hill Harriers	1:15:16
171	125Claire Calverley	L40 3	Blyth Running Club	1:09:10	262	432Paula McCabe	L 43 Cambuslang Harriers	1:15:25
172	495Ivan Thom	V4521	North Shields Polytechnic Club	1:09:11	263	525Cath Burrus	L45 8 Unattached	1:15:31
173	340David Connor	V4522	Unattached	1:09:13	264	489Philip Sykes	Unattached	1:15:34
174	620Dave Muckle	V4523	Unattached	1:09:14	265	413Alan Keegan	V4532 North Shields Polytechnic Club	1:15:35
175	186Kenny Leinster	V55 7	Caldergleng Harriers	1:09:15	266	647Derick Pattinson	Unattached	1:15:37
176	517David Young	V5013	Tyne Bridge Harriers	1:09:16	267	382Jonathan Hamill	V4036 Elvet Striders	1:15:37
177	608Shaun McGill		Gosforth Harriers & Ac	1:09:17	268	598Rachael Smith	L 45 Unattached	1:15:41
178	387Mike Harvey	V4028	North Shields Polytechnic Club	1:09:17	269	515Simon Woodrow	V6011 Eden Runners	1:15:44
179	2Kieran Reynolds	U20 4	Border Harriers	1:09:19	270	213Stuart Pyne	Cumberland AC	1:15:44
180	222Tony Holliday	V5014	Cumberland AC	1:09:19	271	52Andrew Carlile	Unattached	1:15:51
181	614Graham Millican		Border Harriers	1:09:20	272	642Mark Chandler	Unattached	1:15:54
182	51Carolyn Millican	L35 4	Border Harriers	1:09:20	273	544Richard Kershaw	V5513 Unattached	1:15:59
183	332Kenny Chambers	V55 8	Tyne Bridge Harriers	1:09:21	274	325Paul Burns	Unattached	1:16:01
184	550Sian Finlay	L45 4	Dumfries Running Club	1:09:30	275	211Carole Burnie	L55 2 Cumberland AC	1:16:02
185	383Ben Harper		Carlisle Tri Club	1:09:31	276	165Graham Skerrow	V5027 Alnwick Harriers	1:16:05
186	238Philip Meloy	V4029	Cumberland AC	1:09:34	277	498Andrew Walker	V5514 Eden Runners	1:16:21
187	36Garry Paterson	V4524	Low Fell Running Club	1:09:35	278	411Adam Jones	Tyne Bridge Harriers	1:16:22
188	323Jonathan Buckley		Cumberland AC	1:09:36	279	244Peter Telford	V4533 Cumberland AC	1:16:26
189	421Ashley Loader		Jarrow & Hebbum Ac	1:09:41	280	223Frank Hewer	V4037 Cumberland AC	1:16:41
190	117Steve Dobby	V4030	Blyth Running Club	1:09:42	281	134Norman Clark	V65 1 Morpeth Harriers & Ac	1:16:44
191	479Robert Sharratt		Blyth Running Club	1:09:44	282	535Michael Chalfont	V4534 Unattached	1:16:45
192	403Kev Iveson		Unattached	1:09:47	283	590Matt Begg	Dh Runners	1:16:46
193	451John Oakey	V4525	Eden Runners	1:09:52	284	329Dennis Cartwright	V4038 Eden Runners	1:16:47
194	339Edward Conner	V4031	Unattached	1:09:52	285	311John Bery	V4535 Gosforth Harriers & Ac	1:16:48
195	71Ria Chaston	L 20	Tyne Bridge Harriers	1:09:56	286	402Matthew Ireland	Carlisle Tri Club	1:16:52
196	491Angela Thompson	L35 5	Carlisle Tri Club	1:10:02	287	342Lynne Cornell	L50 6 Unattached	1:16:58
197	616John Barnes		Derwent Ac Cockermonth	1:10:06	288	177Conrad Stewart	V4536 Alnwick Harriers	1:16:59
198	305Peter Askins		Eden Runners	1:10:07	289	54Kristian Tjemsland	Unattached	1:17:00
199	348Alistair Cuthbertson	V5015	Garscube Harriers	1:10:15	290	572Chris Checkley	V4537 Heaton Harriers	1:17:01
200	139Lucy Matheson	L45 5	Tyne Bridge Harriers	1:10:18	291	114David Bradley	V6012 Blyth Running Club	1:17:10
201	39Chris Crook	V5016	Unattached	1:10:40	292	641Sue Jeffrey	L 48 Dumfries Running Club	1:17:12
202	380Paul Griffin	V5017	Stocksfield Striders	1:10:44	293	433Victoria McIntyre	L45 9 Gosforth Harriers & Ac	1:17:13
203	409Simon Jobe	V4032	Heaton Harriers	1:11:06	294	195Paul Rooney	V4039 Caldergleng Harriers	1:17:15
204	543Hazel Davies	L50 1	Unattached	1:11:10	295	481Emma Skelton	L3510 Unattached	1:17:16
205	9Lyndsey Thompson	L35 6	Tyne Bridge Harriers	1:11:15	296	178Alice Tetley-Paul	L 51 Alnwick Harriers	1:17:28
206	408Michael Jardine	V5018	Dumfries Running Club	1:11:20	297	460Kerry Reed	L40 8 Tyne Bridge Harriers	1:17:33
207	191Andrew Henderson	V60 6	Caldergleng Harriers	1:11:24	298	287Talia Quigley	L20 1 Recovery Runners	1:17:41
208	603Neil Silcock	V4526	Southport Waterloo Ac	1:11:25	299	447Adrian Newnham	V6013 Glaxo Hoad Hill Harriers	1:17:43
209	469David Robson	V4033	Stocksfield Striders	1:11:26	300	386Peter Hart	V4040 Elvet Striders	1:17:44
210	270Tony Mills	V5019	Dh Runners	1:11:27	301	224Dan Wilson	Cumberland AC	1:17:49
211	198Frances Ferguson	L50 2	Caldergleng Harriers	1:11:34	302	450Scott Nichol	Unattached	1:18:02
212	23Michael Barlow	V4034	Elvet Striders	1:11:44	303	567Huw Parry	V5028 North Shields Polytechnic Club	1:18:06
213	391Nigel Hetherington	V60 7	Motherwell AC	1:11:50	304	187Gerard Mullen	V5515 Caldergleng Harriers	1:18:08
214	237Shaun Cavanagh	V5020	Cumberland AC	1:12:00	305	306Keith Atkinson	V4538 Dh Runners	1:18:17
215	136Tom Brocklebank		Unattached	1:12:01	306	289Andrew Leys	V5029 Heaton Harriers	1:18:17
216	485Suzanne Smith	L45 6	Eden Runners	1:12:02	307	378Jane Greening	L40 9 Unattached	1:18:20
217	393Richard Hodgkins		Unattached	1:12:02	308	43Peter Campbell	V5516 Border Harriers	1:18:25
218	185Jim Holmes	V4527	Caldergleng Harriers	1:12:11	309	55Ben Heslop	Unattached	1:18:32
219	359Caroline Evans	L 27	Dh Runners	1:12:16	310	445Roger Mosedale	V5030 North Shields Polytechnic Club	1:18:48
220	349Jill Davies	L40 4	North Shields Polytechnic Club	1:12:18	311	247Paul Martin	V5517 Cumberland AC	1:18:50
221	526Simon Alison		South Shields Harriers & Ac	1:12:19	312	315Jean Bradley	L60 1 Elvet Striders	1:18:58
222	135Tom Birtles		Bollington Harriers	1:12:25	313	206Michael Mullen	Caldergleng Harriers	1:18:59
223	630David Burns	V55 9	Dumfries Running Club	1:12:29	314	31Bill Doidge	V65 2 Low Fell Running Club	1:19:06
224	646Robert Weightman	V60 8	Jarrow & Hebbum Ac	1:12:34	315	440Neil Moffat	V6014 Dumfries Running Club	1:19:11
225	471Paul Rochester		North Shields Polytechnic Club	1:12:42	316	418John Lewis	V65 3 Cumberland AC	1:19:15
226	537John Riley	V4035	Unattached	1:12:42	317	137Neil Jamieson	V65 4 Unattached	1:19:18
227	634Brian Mohan	V5021	Dumfries Running Club	1:12:44	318	541John Kershaw	V5031 Unattached	1:19:19
228	652Christopher Graham		Shettleston Runners	1:12:54	319	631Andrew Walker	Unattached	1:19:23
229	401John Hurse		Tyne Bridge Harriers	1:12:55	320	518Philip Young	V4539 Saltwell Harriers	1:19:26
230	507Graeme Walton	V4528	Elvet Striders	1:13:09	321	312Caroline Billis	L3511 Heaton Harriers	1:19:29
231	147Patrick Drought	V4529	North Shields Polytechnic Club	1:13:24	322	404Leanne Jackson	L 57 Unattached	1:19:30
232	279Toby Harling		Dh Runners	1:13:27	323	264Patric Gilchrist	V70 2 Keswick AC	1:19:34
233	385Adam Hart		Blaydon Harriers & Ac	1:13:30	324	638Ann Stuart	L55 3 Bromsgrove & Redditch	1:19:35
234	439Roy Mitchell	V60 9	Perth Road Runners	1:13:30	325	131Lisa Scorer	L3512 Blyth Running Club	1:19:41
235	10Claire Gilchrist	L50 3	Ferranti AAC	1:13:32	326	288Paul Hipson	V4041 Recovery Runners	1:19:44
236	502Stephanie Walker	L35 7	Unattached	1:13:36	327	282Des Darroch	Recovery Runners	1:19:44
237	200Kirsty Wilson	L 31	Caldergleng Harriers	1:13:38	328	622Ed Harding	Unattached	1:19:45
238	588Robert Lambert	V5022	Elswick Harriers	1:13:42	329	310Laura Benson	L 60 Eden Runners	1:19:47
239	252Errick Hannah	V6010	Cumberland AC	1:13:43	330	345Amy Cromarty	L 61 Garscube Harriers	1:19:58
240	640Stephen Mohan	V5510	Dumfries Running Club	1:13:52	331	280John Mulligan	V4540 Recovery Runners	1:19:59
241	37Josh Waite	V5511	Unattached	1:13:55	332	560Alan Hodgson	V5518 Unattached	1:20:06
242	358Susanne Enhard	L50 4	Compton Harriers RC	1:13:57	333	120Terry McCabe	V65 5 Blyth Running Club	1:20:08
243	606Keith Conway	V4530	Woadhill Harriers	1:13:59	334	122Warwick Roberts	V4541 Blyth Running Club	1:20:12
244	436Georgie McRoberts	L35 8	Unattached	1:14:02	335	209Norman Ball	V75 1 Cumberland AC	1:20:15
245	552Debbie Walker	L40 5	Derwent Ac Cockermonth	1:14:11	336	257Vic Wilson	L 62 Cumberland AC	1:20:17
246	609John McGibbon	V5023	Dh Runners	1:14:17	337	589Helen Tyson	L3513 Eden Runners	1:20:19
247	602Matthew Nelson	V5512	Southport Waterloo Ac	1:14:18	338	424Stuart Lynn	V5519 North Shields Polytechnic Club	1:20:21
248	594Richard Wemes	V4531	Stocksfield Striders	1:14:21	339	435Ian McKillop	V4542 Unattached	1:20:22
249	234Beverley Smith	L 35	Cumberland AC	1:14:36	340	104Ian Swanston	V5032 Saltwell Harriers	1:20:23
250	268Anne Macfarlane	L50 5	Dumfries Running Club	1:14:41	341	596Ronald Heslop	V65 6 Unattached	1:20:23
251	225Graham Leggett	V5024	Cumberland AC	1:14:44	342	592Susan Pattinson	L 64 Eden Runners	1:20:25
252	457Paul Quinn	V5025	Glaxo Hoad Hill Harriers	1:14:47	343	365Michael Fitzpatrick	Saltwell Harriers	1:20:27
253	309Natalie Bell	L 37	Elvet Striders	1:14:54	344	109Craig Wood	Saltwell Harriers	1:20:28
254	462Liam Richardson		Unattached	1:15:01	345	68Paul Blackett	V4543 Saltwell Harriers	1:20:37
255	48Heather Travis	L40 6	Glaxo Hoad Hill Harriers	1:15:02	346	82Emma Leggett	L 65 Saltwell Harriers	1:20:39
256	182Andy Caven	V5026	Alnwick Harriers	1:15:04	347	116Mal Darbyshire	V6015 Blyth Running Club	1:20:41
257	605Kerry Grinsbergs	L35 9	Eden Runners	1:15:05	348	458Kevin Ramshaw	V4042 Dh Runners	1:20:44
258	643Alexis Birchall		Unattached	1:15:07	349	362Robert Fearon	V4043 Cumberland AC	1:20:58
259	199Sharon Gregg	L45 7	Caldergleng Harriers	1:15:10	350	13Leanne Bayliff	L3514 Glaxo Hoad Hill Harriers	1:20:59

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

351	105	Laura Towers	L 67	Saltwell Harriers	1:21:06	442	259	Malcolm Wood	V5528	Cumberland AC	1:27:01
352	8	Adam Leggett		Saltwell Harriers	1:21:06	443	274	Lindsay Graham	L3527	Dh Runners	1:27:04
353	548	Chris Knox	V5520	Dh Runners	1:21:08	444	644	James Glencross		Unattached	1:27:05
354	70	Jacqui Candlish	L4510	Saltwell Harriers	1:21:11	445	645	Colin Browne	V4049	Unattached	1:27:06
355	412	Greta Jones	L50 7	Unattached	1:21:14	446	291	John Davidson	V5529	Tynedale Harriers	1:27:08
356	227	William Cunningham	V5033	Cumberland AC	1:21:17	447	397	Nicola Hopper	L3528	Unattached	1:27:12
357	629	Steven Pilmer		Unattached	1:21:21	448	533	Craig Houghton	V4550	Cumberland Fell Runners	1:27:14
358	423	Steve Lundell		Jarrow & Hebburn Ac	1:21:23	449	376	Laura Graham	L 116	Unattached	1:27:14
359	415	Julia King	L65 1	Eden Runners	1:21:24	450	103	Julie Schneider	L4019	Saltwell Harriers	1:27:21
360	493	Julie Thompson	L4010	Unattached	1:21:26	451	375	Brian Graham	V5530	Kilbarchan Amateur AC	1:27:25
361	370	Angela Gibson	L4011	North Shields Polytechnic Club	1:21:30	452	205	Seonaid Morton	L 118	Caldergleng Harriers	1:27:31
362	138	Jenny Mitchell	L4012	Carlisle Tri Club	1:21:36	453	11	Mark Walker	V4050	Glaxo Hoad Hill Harriers	1:27:37
363	79	Sarah Fenna	L3515	Saltwell Harriers	1:21:38	454	320	Colin Brown	V4551	North Shields Polytechnic Club	1:27:49
364	366	Mark Foster		Elvet Striders	1:21:40	455	207	Anne McLellan	L4516	Caldergleng Harriers	1:27:59
365	538	Nigel Hierons	V4544	Eden Runners	1:21:50	456	516	Deborah Yearnshire	L3529	Glaxo Hoad Hill Harriers	1:28:06
366	480	Chris Shearsmith	V4044	Elvet Striders	1:22:02	457	32	Christopher Ryan	V6018	Clydesdale Harriers	1:28:11
367	86	James May		Saltwell Harriers	1:22:09	458	98	Alexis Roberts	L65 2	Saltwell Harriers	1:28:14
368	7	Julie Dodd	L4511	Dh Runners	1:22:11	459	262	Sarah Wright	L4020	Eden Runners	1:28:20
369	427	Angela Malcolm	L4512	Motherwell AC	1:22:12	460	303	Kelly Armstrong	L 123	Unattached	1:28:21
370	171	Chris Friend	V4545	Alnwick Harriers	1:22:15	461	343	Louise Coultate	L 124	North Shields Polytechnic Club	1:28:24
371	53	V Kent-Carlile	L3516	Carlisle Tri Club	1:22:16	462	176	John Ross	V6019	Alnwick Harriers	1:28:29
372	193	John Boyd	V5521	Caldergleng Harriers	1:22:18	463	162	Carol Douglas	L5013	Dh Runners	1:28:39
373	336	Elizabeth Clark	L50 8	Unattached	1:22:21	464	277	Glen Blakey	L4517	Dh Runners	1:28:46
374	57	Rachel Read	L50 9	Blengdale AC	1:22:28	465	595	Tom Keenan	V6020	Bellahouston Harriers	1:28:50
375	290	John Bamforth	V5034	Unattached	1:22:31	466	152	Marie Milligan	L3530	Unattached	1:28:52
376	15	Lisa Coulthard	L4013	Unattached	1:22:31	467	110	Lisa Young	L4021	Saltwell Harriers	1:28:59
377	364	David Ferrier	V5522	Keswick AC	1:22:35	468	128	Rachel Joseph	L4022	Blyth Running Club	1:29:00
378	62	Joanne Adamson	L3517	Saltwell Harriers	1:22:37	469	204	Julie Thomson	L3531	Caldergleng Harriers	1:29:08
379	352	Sian Dempster	L3518	Cumberland AC	1:22:41	470	210	Gary Palmer	V5044	Cumberland AC	1:29:10
380	58	Nicola Lee	L 83	Unattached	1:22:42	471	497	Alison Walker	L4023	Eden Runners	1:29:11
381	653	David Mason	V4546	Carlisle Tri Club	1:22:43	472	69	Davey Candlish	V4552	Saltwell Harriers	1:29:17
382	367	Helen Gardner	L4014	Unattached	1:22:44	473	324	Carolyn Burns	L4024	Eden Runners	1:29:26
383	90	Jenny Nye	L 85	Saltwell Harriers	1:22:45	474	316	John Brettell	V6021	North Shields Polytechnic Club	1:29:37
384	216	Kristy Crone	L 86	Cumberland AC	1:22:53	475	183	Russell Couper	V5045	Caldergleng Harriers	1:29:38
385	472	George Russell	V5035	Low Fell Running Club	1:22:54	476	251	John Thompson	V6022	Cumberland AC	1:29:45
386	331	Andrea Challenger	L4015	Cumberland AC	1:22:56	477	50	Lucie Forster	L3532	Sunderland Harriers	1:29:51
387	575	Margaret Hawley	L60 2	Cumberland AC	1:23:00	478	26	Sally Barton	L55 6	Glaxo Hoad Hill Harriers	1:29:59
388	531	Sarah McIntosh	L3519	Unattached	1:23:01	479	97	Claire Richardson	L4025	Saltwell Harriers	1:30:07
389	532	Ann Milburn	L3520	Carlisle Tri Club	1:23:02	480	59	Louisa Weekes	L4518	Carlisle Tri Club	1:30:10
390	422	Tony Lowery	V5036	Eden Runners	1:23:06	481	607	K LivingstoneBray	L 137	Eden Runners	1:30:16
391	111	Michael Ashby	V5037	Blyth Running Club	1:23:10	482	267	Sean McGleenan	V6023	Dumfries Running Club	1:30:22
392	443	Brian Morris	V4045	Lothian Running Club	1:23:14	483	63	Joanne Anderson	L4519	Saltwell Harriers	1:30:26
393	584	Michael Shaw	V5523	BRJ Run & Tri	1:23:17	484	542	Gillian Silson	L55 7	Eden Runners	1:30:32
394	188	Stuart Waugh	V65 7	Caldergleng Harriers	1:23:43	485	141	Christopher Winspear	V5046	Unattached	1:30:39
395	73	Shaun Coyne		Saltwell Harriers	1:23:48	486	159	Kim Clark	L60 3	Keswick AC	1:30:46
396	38	John Walshe	V65 8	East Cork AC	1:23:50	487	149	Fiona Jardine	L5014	Dumfries Running Club	1:30:49
397	256	Nicholas Downes	V4046	Cumberland AC	1:23:52	488	101	Paul Robson		Saltwell Harriers	1:30:50
398	140	Nicky Butler	L55 4	Keswick AC	1:23:54	489	66	Nasreen Bashir	L4520	Saltwell Harriers	1:30:52
399	75	Karen Dalglish	L4016	Saltwell Harriers	1:23:57	490	461	Jennifer Rees	L 143	North Shields Polytechnic Club	1:31:18
400	245	Emma Rowntree	L3521	Cumberland AC	1:23:59	491	197	Lorraine Buchanan	L3533	Caldergleng Harriers	1:31:22
401	83	Michelle Masson	L3522	Saltwell Harriers	1:24:05	492	40	Sue Hodgson	L5015	Unattached	1:31:24
402	84	Rob Masson		Saltwell Harriers	1:24:05	493	80	Linda Gerute	L 146	Saltwell Harriers	1:31:31
403	558	Wendy Joss	L 95	West End Runners	1:24:09	494	107	Daniel Smiley		Saltwell Harriers	1:31:31
404	173	Michael Henry	V65 9	Alnwick Harriers	1:24:10	495	506	Stephanie Wallace	L4521	Unattached	1:31:39
405	400	Julie Hunter	L4513	Glaxo Hoad Hill Harriers	1:24:11	496	272	Fiona Moore	L4026	Dh Runners	1:31:43
406	163	Karl Douglas	V5038	Dh Runners	1:24:16	497	635	Karen Scott	L 149	Dumfries Running Club	1:31:55
407	126	Anne Craddock	L55 5	Blyth Running Club	1:24:23	498	464	Stephen Ridley		North Shields Polytechnic Club	1:32:10
408	372	Emma Gillespie	L3523	Unattached	1:24:26	499	546	Carolyn Davies	L4522	Dumfries Harriers	1:32:14
409	142	Derek Johnstone	V5039	Dh Runners	1:24:32	500	539	Laura Kinnard	L 151	Eden Runners	1:32:15
410	553	Catherine Hadfield	L 99	Derwent Ac Cockerhmouth	1:24:34	501	160	Bridget Sanderson	L 152	Unattached	1:32:21
411	189	Gordon McInally	V5040	Caldergleng Harriers	1:24:43	502	292	Jenny Brown	L 153	Unattached	1:32:21
412	425	Hamish Macdonald	V5524	Dumfries Running Club	1:24:48	503	554	Catherine Keeul	L 154	Derwent Ac Cockerhmouth	1:32:25
413	283	Jim Grant	V5525	Recovery Runners	1:24:50	504	19	Ray Austin	V6511	Unattached	1:32:32
414	49	Catherine Purdy	L 100	Sunderland Harriers	1:24:50	505	249	Tracy Godwin	L4027	Cumberland AC	1:32:39
415	25	Judith Shotton	L5010	Sunderland Harriers	1:24:51	506	492	Debra Thompson	L5016	Elvet Striders	1:33:01
416	161	Gary Dodd	V4547	Unattached	1:24:54	507	22	Gay Eastoe	L60 4	Alnwick Harriers	1:33:06
417	226	Stuart Buchanan	V5526	Cumberland AC	1:25:06	508	21	Richard Eastoe	V6024	Alnwick Harriers	1:33:07
418	12	Lee Cassidy	V4548	Glaxo Hoad Hill Harriers	1:25:09	509	275	Andrea Armstrong	L4523	Dh Runners	1:33:12
419	229	Hayley Hodgson	L 102	Cumberland AC	1:25:10	510	476	Skye Sarahs	L 159	Dumfries Running Club	1:33:30
420	563	Karen Taylor	L4017	Dh Runners	1:25:13	511	203	Allison Johnston	L5017	Caldergleng Harriers	1:33:40
421	129	Claire Mason	L5011	Blyth Running Club	1:25:22	512	228	Joanne Frazer	L3534	Cumberland AC	1:33:41
422	202	Alexandra Hayden	L 105	Caldergleng Harriers	1:25:22	513	611	Laura Jefferson	L 162	Unattached	1:33:55
423	158	Chris Clark	V6510	Keswick AC	1:25:29	514	281	Theresa Park	L4524	Recovery Runners	1:34:05
424	241	Stephen Atherton	V5041	Cumberland AC	1:25:29	515	88	Helen Mullarkey	L55 8	Saltwell Harriers	1:34:27
425	219	Chris Whitby	V5042	Cumberland AC	1:25:30	516	47	Janine McNeill	L4525	Thornton - Cleveleys	1:34:28
426	242	Stella Atherton	L4514	Cumberland AC	1:25:30	517	148	Anabel Drought	V4553	North Shields Polytechnic Club	1:34:49
427	318	Alex Brown	V4549	Elvet Striders	1:25:39	518	184	Chas Steven	V5531	Caldergleng Harriers	1:35:04
428	276	Kate Imrie	L 107	Dh Runners	1:25:41	519	77	Brian Elstob	V4554	Saltwell Harriers	1:35:46
429	6	John McGlynn	V6016	Scottish Athletics	1:25:45	520	127	Ewa Johnson	L4526	Blyth Running Club	1:36:34
430	499	Emma Walker	L4018	Derwent Ac Cockerhmouth	1:25:50	521	132	Joanne Stobbart	L5018	Blyth Running Club	1:36:50
431	371	Fiona Gilchrist	L5012	Derwentside Ac	1:26:01	522	617	Nicola Seggie	L4028	Dh Runners	1:37:23
432	475	Lisa Sample	L3524	Elvet Striders	1:26:20	523	145	Penny Moreton	L55 9	Glaxo Hoad Hill Harriers	1:37:38
433	530	Peter Garnett	V6017	Border Harriers	1:26:21	524	246	Denise Butler	L4527	Cumberland AC	1:37:41
434	585	Sarah Keane	L4515	Unattached	1:26:33	525	438	Lisa Miller	L3535	Low Fell Running Club	1:37:55
435	510	Simon Wilkinson	V4047	Unattached	1:26:36	526	587	Marie Nunes	L 172	Keswick AC	1:38:23
436	361	Lesley Falkous	L3525	Blyth Running Club	1:26:39	527	144	Karen Morgan	L5019	Glaxo Hoad Hill Harriers	1:38:26
437	615	Haley Millican	L3526	Border Harriers	1:26:43	528	577	David Mitchell	V70 3	Clydesdale Harriers	1:38:37
438	384	Paul Harris	V5043	Unattached	1:26:47	529	212	Emma Routledge	L3536	Cumberland AC	1:38:52
439	632	Mark Johnston		Dumfries Running Club	1:26:47	530	236	Karen Cavanagh	L5020	Cumberland AC	1:38:53
440	24	Stuart Lothian	V5527	Eden Runners	1:26:49	531	16	George Fraser	V70 4	Altrincham & District Ac	1:38:58
441	113	Paul Blackett	V4048	Blyth Running Club	1:26:51	532	254	Catherine Nicholson	L4528	Cumberland AC	1:39:19

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533	253	Simon Bell	V5047	Cumberland AC	1:39:19	558	512	Karen Wilson	L4533	Elvet Striders	1:46:16
534	633	Donald Anson	V6512	Dumfries Running Club	1:39:28	559	374	Mary Goldsmith	L5511	Calderglen Harriers	1:46:25
535	102	Steve Rochelle	V5048	Saltwell Harriers	1:39:41	560	208	Laura Gillies	L4032	Calderglen Harriers	1:46:25
536	405	Matt Jackson	V4555	Quakers Running Club	1:39:48	561	99	Sam Robertson	L4033	Saltwell Harriers	1:46:51
537	448	Julie Newnham	L5510	Glaxo Hoad Hill Harriers	1:39:59	562	353	Sophie Dennis	L193	Elvet Striders	1:47:25
538	64	Steve Anderson	V5049	Saltwell Harriers	1:40:09	563	130	Lynn Munro	L654	Blyth Running Club	1:48:14
539	260	Phil Hughes	V6025	Cumberland AC	1:41:05	564	414	Tracey Kennett	L4534	Cumberland AC	1:48:58
540	218	Amie Meloy	L3537	Cumberland AC	1:41:18	565	250	Alyson Sibbald	L4535	Cumberland AC	1:49:03
541	258	Claire Jackson	L4029	Cumberland AC	1:41:20	566	214	Mandy Hayes	L5512	Cumberland AC	1:49:39
542	248	Loren Redmond	L180	Cumberland AC	1:41:20	567	92	Mags O'Donnell	L3538	Saltwell Harriers	1:49:53
543	243	Lorraine Telford	L4529	Cumberland AC	1:42:05	568	235	Rebecca Glynn	L199	Cumberland AC	1:49:53
544	240	Ellie Thompsett	L4030	Cumberland AC	1:42:05	569	215	Elizabeth Dodd	L3539	Cumberland AC	1:49:54
545	106	Martin Waugh		Saltwell Harriers	1:42:26	570	273	Helen Cupec	L4536	Dh Runners	1:49:55
546	286	Lynn Blacklock	L4031	Recovery Runners	1:42:36	571	319	Colin Brown	V4558	Blyth Running Club	1:51:26
547	490	Kathleen Taylor	L5021	Eden Runners	1:43:15	572	565	Holly Mansfield	L202	North Shields Polytechnic Club	1:53:49
548	255	Allen Winter-Moore		Cumberland AC	1:43:24	573	494	Margaret Thompson	L655	Elvet Striders	1:59:45
549	388	Roger Heath	V4556	Tyne Bridge Harriers	1:43:27	574	513	Christine Winder	L5513	Glaxo Hoad Hill Harriers	2:00:35
550	504	Diane Wallace	L653	Blyth Running Club	1:43:37	575	354	Avan Diggins	L5022	Dumfries Harriers	2:00:59
551	78	Lisa Elstob	L4530	Saltwell Harriers	1:43:39	576	20	Fiona Nelson	L605	Dumfries Harriers	2:01:18
552	626	Kelly Gullen	L4531	Sands Running Club	1:44:00	577	41	Gillian Thompson	L751	Barrow In Furness Striders AC	2:02:38
553	271	Mary Messenger	L4532	Dh Runners	1:44:02	578	220	Carolyn Johnson	L4537	Cumberland AC	2:05:36
554	624	George Shadwick	V705	Sands Running Club	1:44:59	579	369	Jean-Ann Gate	L4034	Cumberland AC	2:05:36
555	85	Colin May	V6513	Saltwell Harriers	1:45:00	580	67	Julie Bentley	L5023	Saltwell Harriers	2:10:10
556	562	Michael Briggs	V4557	Unattached	1:46:01	581	93	Janis Oliver	L3540	Saltwell Harriers	2:10:10
557	487	Lee Stafford		Gateshead Harriers & Ac	1:46:14						

# The 66th Brampton to Carlisle 10 Mile Road Race at Carlisle on Sunday 19th November 2017

## Brampton - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	527	Robert Danson		Wesham Road Runners & Ac	50:06	86	500	Peter Walker	V50 7	Derwent Ac Cockermouth	1:02:33
2	1	James Douglas		Border Harriers	50:11	87	44	Michael Nattrass		Unattached	1:02:38
3	579	Marc Brown		Salford Harriers & AC	50:15	88	434	Duncan McKellar		Garscube Harriers	1:02:41
4	591	Stuart Gibson		Cambuslang Harriers	50:17	89	514	Graham Wood	V4511	Blyth Running Club	1:03:08
5	571	Ian Harding		Morpeth Harriers & Ac	50:20	90	454	Greg Penn	V50 8	North Shields Polytechnic Club	1:03:08
6	333	Tom Charles		Trafford Athletic Club	50:45	91	581	Anton Mirafsari		Jarrow & Hebburn Ac	1:03:10
7	488	Sam Stead		Keswick AC	50:50	92	597	Luke Wordsworth		Salford Harriers & AC	1:03:15
8	304	Chris Arthur		Blackburn Harriers & Ac	51:00	93	446	Jon Moss		Tyne Bridge Harriers	1:03:21
9	568	Thomas Straughan		Morpeth Harriers & Ac	51:22	94	326	Ross Butler	V4016	Keswick AC	1:03:31
10	564	Andrew Powell		Sunderland Harriers	51:32	95	459	Phil Ray		Elvet Striders	1:03:50
11	392	Andile Hlebo		Trafford Athletic Club	52:18	96	112	Ian Baxter	V4512	Blyth Running Club	1:03:59
12	335	Tom Charlton		Tyne Bridge Harriers	52:42	97	108	Wilkinson Lee Brown		Saltwell Harriers	1:04:01
13	449	Dean Newton		New Marske Harriers Club	52:49	98	557	Philip Cueto	V4017	Derwent Ac Cockermouth	1:04:03
14	442	Joe Monk		Blackburn Harriers & Ac	53:28	99	467	Andrew Robinson		Unattached	1:04:10
15	3	Bob Hodgson		Border Harriers	53:30	100	261	Antony Riga		Unattached	1:04:32
16	17	Matthew Hornsby		Durham City Harriers	53:31	101	346	Daniel Crooks		Derwent Ac Cockermouth	1:04:34
17	600	John Mason		Border Harriers	53:47	102	269	Mike Brown	V4018	Carlisle Tri Club	1:04:39
18	377	Paul Graves		Dh Runners	53:54	103	574	Timothy Barker		Unattached	1:04:41
19	456	Jeff Prest	V40 1	Trafford Athletic Club	54:11	104	444	Simon Mortlock	V50 9	Dumfries Running Club	1:04:46
20	570	Karl Taylor		Morpeth Harriers & Ac	54:15	105	181	Jonathan Archer		Alnwick Harriers	1:04:47
21	341	Paul Coon		Derwent Ac Cockermouth	54:37	106	91	Matt O'Brien		Saltwell Harriers	1:04:48
22	406	Stephen Jackson		Elvet Striders	54:45	107	503	Jason Wall	V4019	Heaton Harriers	1:04:49
23	528	Sparrow Morley		Tyne Bridge Harriers	54:48	108	430	Kevin McAdam		Cumberland AC	1:05:04
24	618	Blain Rooney		Ellenborough Ac	54:58	109	46	David Reay	V4513	Derwentside Ac	1:05:05
25	551	Mark Benson		Tri Lakeland	55:37	110	394	Lee Hodgson	V4020	Unattached	1:05:12
26	578	Steven Berry		Border Harriers	55:52	111	569	Gavin Bayne	V60 1	Morpeth Harriers & Ac	1:05:14
27	536	Andrew Lawrence		Morpeth Harriers & Ac	56:23	112	648	Stephen Hackley	V4021	Derwent Ac Cockermouth	1:05:15
28	179	Dan Turnbull	U20 1	Alnwick Harriers	56:28	113	321	Ian Brown	V60 2	Tynedale Harriers	1:05:17
29	649	Samuel Beckett		Crook & Dist Sports AC	56:32	114	508	Robert Wells	V70 1	Bedford Harriers	1:05:30
30	586	Stephen Allan	V40 2	Cumbernauld AAC	56:33	115	29	Antony Briscoe	V55 3	Cumberland AC	1:05:39
31	437	James Meader		Heaton Harriers	56:48	116	170	Allan Foggson		Alnwick Harriers	1:05:49
32	314	Steven Bowyer	V40 3	Blackhill Bounders	57:02	117	368	Simon Gardner	V4514	Durham City Harriers	1:05:52
33	561	Matthew Briggs	U20 2	Northumberland Fell Runners	57:04	118	167	Jason Dawson	V4515	Alnwick Harriers	1:05:57
34	566	Richard Johnson		Alnwick Harriers	57:15	119	231	Peter Bennett	V4516	Cumberland AC	1:05:59
35	308	Robert Bartley	V40 4	Cumbernauld AAC	57:21	120	619	Tom Southward		Glaxo Hoad Hill Harriers	1:06:04
36	60	Mark Ryan		Border Harriers	57:25	121	284	John Comerford	V4022	Recovery Runners	1:06:15
37	8	Gary Jones		Blyth Running Club	57:31	122	650	Declan McArdle	V4023	Unattached	1:06:26
38	266	John Hore		Unattached	57:44	123	473	Luke Russell		Carlisle Tri Club	1:06:29
39	4	Mike Scott	V50 1	Border Harriers	57:54	124	351	Anthony Davis	V55 4	Derwent Ac Cockermouth	1:06:32
40	34	Michael Irving	V40 5	Dh Runners	57:58	125	580	Steven Kearns		Unattached	1:06:33
41	555	Ian Harkness		Dh Runners	57:59	126	599	Geoffrey Chapman	V4517	Eden Runners	1:06:41
42	398	Daniel Hornsby		Border Harriers	58:09	127	65	Riccardo Antico		Saltwell Harriers	1:06:46
43	453	Wayne Pearson	V45 1	Crook & Dist Sports AC	58:13	128	379	Martin Grey	V55 5	Dh Runners	1:06:47
44	356	Steven Duffy		Sunderland Harriers	58:29	129	27	Peter Milligan		Cumberland AC	1:06:52
45	239	Shane Stobbart		Cumberland AC	58:36	130	150	Martin Thomlinson		Unattached	1:06:55
46	547	Ross Mullen		Unattached	58:59	131	637	Ranjit Thomas	V4518	Dumfries Running Club	1:07:03
47	373	Martyn Glancy		Cumbernauld AAC	59:13	132	89	Peter Mullarkey	V55 6	Saltwell Harriers	1:07:15
48	154	Nathan Postill	U20 3	Keswick AC	59:14	133	285	Ronnie Hart		Recovery Runners	1:07:22
49	5	Steve Angus	V45 2	Border Harriers	59:18	134	604	James Grinsbergs	V4024	Eden Runners	1:07:23
50	639	Alan Baxter	V40 6	Dumfries Running Club	59:23	135	636	Les Hill	V60 3	Dumfries Running Club	1:07:25
51	124	Paul Whalley	V45 3	Blyth Running Club	59:35	136	338	Joe Colligan		Wallsend Harriers	1:07:28
52	300	Graham Airey	V40 7	Keswick AC	1:00:02	137	509	Adrian White	V4519	Harmeny Athletic Club	1:07:33
53	556	Stuart Stoddart	V45 4	Eden Runners	1:00:03	138	593	Adam Hucklesby		Stocksfield Striders	1:07:35
54	330	Sean Casey	V45 5	Cumbernauld AAC	1:00:03	139	146	Michael Mallen	V60 4	Keswick AC	1:07:38
55	350	Paul Davies	V40 8	North Shields Polytechnic Club	1:00:07	140	549	Dominic Davis		Derwent Ac Cockermouth	1:07:42
56	61	Kevin McQueen	V45 6	Dumfries Running Club	1:00:07	141	601	Philip Low	V5010	Walney Wind Cheaters	1:07:43
57	221	Carl Fisher		Cumberland AC	1:00:13	142	621	Kieron Ireland		Glaxo Hoad Hill Harriers	1:07:51
58	157	Richard Jones		Garstang Running Club	1:00:13	143	166	John Cuthbert		Alnwick Harriers	1:07:52
59	623	Colin Holden	V50 2	Dumfries Running Club	1:00:17	144	156	Mark Wightman	V4025	Unattached	1:07:53
60	328	Niall Campbell		Dumfries Running Club	1:00:20	145	426	William Macleod		Unattached	1:07:54
61	420	Michael Littlewood	V40 9	Elvet Striders	1:00:27	146	119	Paul Knight	V4520	Blyth Running Club	1:08:06
62	42	Kevin McCaig	V55 1	Dumfries Running Club	1:00:29	147	118	Steven French	V4026	Blyth Running Club	1:08:09
63	612	Jon Purslow	V50 3	Kendal Amateur Athletic Club	1:00:35	148	407	John James	V60 5	Heaton Harriers	1:08:16
64	180	James Willoughby		Alnwick Harriers	1:00:41	149	429	Willie Martin	V5011	Unattached	1:08:17
65	115	Peter Brown	V45 7	Blyth Running Club	1:01:01	150	230	Ian Wilson		Cumberland AC	1:08:18
66	511	Andrew Wilson		Unattached	1:01:02	151	360	Tim Falconer	V5012	Alnwick Harriers	1:08:20
67	505	Kevin Wallace	V4010	Cumberland AC	1:01:04	152	263	Stuart Gillespie		Dumfries Running Club	1:08:51
68	501	Phil Walker	V50 4	Morpeth Harriers & Ac	1:01:08	153	123	Richard Shillinglaw		Blyth Running Club	1:09:00
69	301	Matthew Archer		Elvet Striders	1:01:11	154	474	Mark Rutherford	V4027	Keswick AC	1:09:09
70	576	Michael Hawley		Cumberland AC	1:01:13	155	495	Ivan Thorn	V4521	North Shields Polytechnic Club	1:09:11
71	143	Jason Stirland	V4011	North Shields Polytechnic Club	1:01:16	156	340	David Connor	V4522	Unattached	1:09:13
72	334	Matt Charlton		Dh Runners	1:01:18	157	620	Dave Muckle	V4523	Unattached	1:09:14
73	428	Derek Martin	V45 8	Cumbernauld AAC	1:01:20	158	186	Kenny Leinster	V55 7	Calderglen Harriers	1:09:15
74	534	Paul Ferguson	V4012	Unattached	1:01:38	159	517	David Young	V5013	Tyne Bridge Harriers	1:09:16
75	651	Stu Windser	V4013	Dh Runners	1:01:39	160	608	Shaun McGill		Gosforth Harriers & Ac	1:09:17
76	190	Andrew Buchanan		Calderglen Harriers	1:01:44	161	387	Mike Harvey	V4028	North Shields Polytechnic Club	1:09:17
77	477	Kevin Scott	V45 9	Dh Runners	1:01:49	162	2	Kieran Reynolds	U20 4	Border Harriers	1:09:19
78	545	Mark Fussell		Blengdale AC	1:01:51	163	222	Tony Holliday	V5014	Cumberland AC	1:09:19
79	625	Steven Agar	V4014	Derwent Ac Cockermouth	1:01:54	164	614	Graham Millican		Border Harriers	1:09:20
80	583	David Blamire	V4510	Cumberland AC	1:02:01	165	332	Kenny Chambers	V55 8	Tyne Bridge Harriers	1:09:21
81	465	Keith Robertshaw	V50 5	Birtley Ac	1:02:02	166	383	Ben Harper		Carlisle Tri Club	1:09:31
82	529	Sean Uttley	V50 6	Unattached	1:02:05	167	238	Philip Meloy	V4029	Cumberland AC	1:09:34
83	627	Kevin Hull	V55 2	Border Harriers	1:02:12	168	36	Gary Paterson	V4524	Low Fell Running Club	1:09:35
84	463	Paul Richardson	V4015	North Shields Polytechnic Club	1:02:22	169	323	Jonathan Buckley		Cumberland AC	1:09:36
85	95	Gary Phillips		Saltwell Harriers	1:02:26	170	421	Ashley Loader		Jarrow & Hebburn Ac	1:09:41

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171	117	Steve Dobby	V4030	Blyth Running Club	1:09:42	262	137	Neil Jamieson	V65 4	Unattached	1:19:18
172	479	Robert Sharratt		Blyth Running Club	1:09:44	263	541	John Kershaw	V5031	Unattached	1:19:19
173	403	Kev Iveson		Unattached	1:09:47	264	631	Andrew Walker		Unattached	1:19:23
174	451	John Oakey	V4525	Eden Runners	1:09:52	265	518	Philipp Young	V4539	Saltwell Harriers	1:19:26
175	339	Edward Conner	V4031	Unattached	1:09:52	266	264	Patric Gilchrist	V70 2	Keswick AC	1:19:34
176	616	John Barnes		Derwent Ac Cockermouth	1:10:06	267	288	Paul Hipson	V4041	Recovery Runners	1:19:44
177	305	Peter Askins		Eden Runners	1:10:07	268	282	Des Darroch		Recovery Runners	1:19:44
178	348	Alistair Cuthbertson	V5015	Garscube Harriers	1:10:15	269	622	Ed Harding		Unattached	1:19:45
179	39	Chris Crook	V5016	Unattached	1:10:40	270	280	John Mulligan	V4540	Recovery Runners	1:19:59
180	380	Paul Griffin	V5017	Stocksfield Striders	1:10:44	271	560	Alan Hodgson	V5518	Unattached	1:20:06
181	409	Simon Jobe	V4032	Heaton Harriers	1:11:06	272	120	Terry McCabe	V65 5	Blyth Running Club	1:20:08
182	408	Michael Jardine	V5018	Dumfries Running Club	1:11:20	273	122	Warwick Roberts	V4541	Blyth Running Club	1:20:12
183	191	Andrew Henderson	V60 6	Calderglen Harriers	1:11:24	274	209	Norman Ball	V75 1	Cumberland AC	1:20:15
184	603	Neil Silcock	V4526	Southport Waterloo Ac	1:11:25	275	424	Stuart Lynn	V5519	North Shields Polytechnic Club	1:20:21
185	469	David Robson	V4033	Stocksfield Striders	1:11:26	276	435	Ian McKillop	V4542	Unattached	1:20:22
186	270	Tony Mills	V5019	Dh Runners	1:11:27	277	104	Ian Swanston	V5032	Saltwell Harriers	1:20:23
187	23	Michael Barlow	V4034	Elvet Striders	1:11:44	278	596	Ronald Heslop	V65 6	Unattached	1:20:23
188	391	Nigel Hetherington	V60 7	Motherwell AC	1:11:50	279	365	Michael Fitzpatrick		Saltwell Harriers	1:20:27
189	237	Shaun Cavanagh	V5020	Cumberland AC	1:12:00	280	109	Craig Wood		Saltwell Harriers	1:20:28
190	136	Tom Brocklebank		Unattached	1:12:01	281	68	Paul Blackett	V4543	Saltwell Harriers	1:20:37
191	393	Richard Hodgkins		Unattached	1:12:02	282	116	Mal Darbyshire	V6015	Blyth Running Club	1:20:41
192	185	Jim Holmes	V4527	Calderglen Harriers	1:12:11	283	458	Kevin Farnshaw	V4042	Dh Runners	1:20:44
193	526	Simon Alison		South Shields Harriers & Ac	1:12:19	284	362	Robert Fearson	V4043	Cumberland AC	1:20:58
194	135	Tom Birtles		Bollington Harriers	1:12:25	285	81	Adam Leggett		Saltwell Harriers	1:21:06
195	630	David Burns	V55 9	Dumfries Running Club	1:12:29	286	548	Chris Knox	V5520	Dh Runners	1:21:08
196	646	Robert Weightman	V60 8	Jarrow & Hebbum Ac	1:12:34	287	227	William Cunningham	V5033	Cumberland AC	1:21:17
197	471	Paul Rochester		North Shields Polytechnic Club	1:12:42	288	629	Steven Pilmer		Unattached	1:21:21
198	537	John Riley	V4035	Unattached	1:12:42	289	423	Steve Lundell		Jarrow & Hebbum Ac	1:21:23
199	634	Brian Mohan	V5021	Dumfries Running Club	1:12:44	290	366	Mark Foster		Elvet Striders	1:21:40
200	652	Christopher Graham		Shettleston Runners	1:12:54	291	538	Nigel Hierons	V4544	Eden Runners	1:21:50
201	401	John Hurse	V5511	Unattached	1:12:55	292	480	Chris Shearsmith	V4044	Elvet Striders	1:22:02
202	507	Graeme Walton	V4528	Elvet Striders	1:13:09	293	86	James May		Saltwell Harriers	1:22:09
203	147	Patrick Drought	V4529	North Shields Polytechnic Club	1:13:24	294	171	Chris Friend	V4545	Alnwick Harriers	1:22:15
204	279	Toby Harling		Dh Runners	1:13:27	295	193	John Boyd	V5521	Calderglen Harriers	1:22:18
205	385	Adam Hart		Blaydon Harriers & Ac	1:13:30	296	290	John Bamforth	V5034	Unattached	1:22:31
206	439	Roy Mitchell	V60 9	Perth Road Runners	1:13:30	297	364	David Ferrier	V5522	Keswick AC	1:22:35
207	588	Robert Lambert	V5022	Elwick Harriers	1:13:42	298	653	David Mason	V4546	Carlisle Tri Club	1:22:43
208	252	Errick Hannah	V6010	Cumberland AC	1:13:43	299	472	George Russell	V5035	Low Fell Running Club	1:22:54
209	640	Stephen Mohan	V5510	Dumfries Running Club	1:13:52	300	422	Tony Lowery	V5036	Eden Runners	1:23:06
210	37	Josh Waite	V5511	Unattached	1:13:55	301	111	Michael Ashby	V5037	Blyth Running Club	1:23:10
211	606	Keith Conway	V4530	Woadhill Harriers	1:13:59	302	443	Brian Morris	V4045	Lothian Running Club	1:23:14
212	609	John McGibbon	V5023	Dh Runners	1:14:17	303	584	Michael Shaw	V5523	BRJ Run & Tri	1:23:17
213	602	Matthew Nelson	V5512	Southport Waterloo Ac	1:14:18	304	188	Stuart Waugh	V65 7	Calderglen Harriers	1:23:43
214	594	Richard Wemes	V4531	Stocksfield Striders	1:14:21	305	73	Shaun Coyne		Saltwell Harriers	1:23:48
215	225	Graham Leggett	V5024	Cumberland AC	1:14:44	306	38	John Walshe	V65 8	East Cork AC	1:23:50
216	457	Paul Quinn	V5025	Glaxo Hoad Hill Harriers	1:14:47	307	256	Nicholas Downes	V4046	Cumberland AC	1:23:52
217	462	Liam Richardson		Unattached	1:15:01	308	84	Rob Masson		Saltwell Harriers	1:24:05
218	182	Andy Caven	V5026	Alnwick Harriers	1:15:04	309	173	Michael Henry	V65 9	Alnwick Harriers	1:24:10
219	643	Alexis Birchall		Unattached	1:15:07	310	163	Karl Douglas	V5038	Dh Runners	1:24:16
220	489	Philip Sykes		Unattached	1:15:34	311	142	Derek Johnstone	V5039	Dh Runners	1:24:32
221	413	Alan Keegan	V4532	North Shields Polytechnic Club	1:15:35	312	189	Gordon McInally	V5040	Calderglen Harriers	1:24:43
222	647	Derick Pattinson		Unattached	1:15:37	313	425	Hamish Macdonald	V5524	Dumfries Running Club	1:24:48
223	382	Jonathan Hamill	V4036	Elvet Striders	1:15:37	314	283	Jim Grant	V5525	Recovery Runners	1:24:50
224	515	Simon Woodrow	V6011	Eden Runners	1:15:44	315	161	Gary Dodd	V4547	Unattached	1:24:54
225	213	Stuart Pyne		Cumberland AC	1:15:44	316	226	Stuart Buchanan	V5526	Cumberland AC	1:25:06
226	52	Andrew Carlile		Unattached	1:15:51	317	12	Lee Cassidy	V4548	Glaxo Hoad Hill Harriers	1:25:09
227	642	Mark Chandler		Unattached	1:15:54	318	158	Chris Clark	V6510	Keswick AC	1:25:29
228	544	Richard Kershaw	V5513	Unattached	1:15:59	319	241	Stephen Atherton	V5041	Cumberland AC	1:25:29
229	325	Paul Burns		Unattached	1:16:01	320	219	Chris Whitby	V5042	Cumberland AC	1:25:30
230	165	Graham Skerrow	V5027	Alnwick Harriers	1:16:05	321	318	Alex Brown	V4549	Elvet Striders	1:25:39
231	498	Andrew Walker	V5514	Eden Runners	1:16:21	322	6	John McGlynn	V6016	Scottish Athletics	1:25:45
232	411	Adam Jones		Tyne Bridge Harriers	1:16:22	323	530	Peter Garnett	V6017	Border Harriers	1:26:21
233	244	Peter Telford	V4533	Cumberland AC	1:16:26	324	510	Simon Wilkinson	V4047	Unattached	1:26:36
234	223	Frank Hewer	V4037	Cumberland AC	1:16:41	325	384	Paul Harris	V5043	Unattached	1:26:47
235	134	Norman Clark	V65 1	Morpeth Harriers & Ac	1:16:44	326	632	Mark Johnston		Dumfries Running Club	1:26:47
236	535	Michael Chalfont	V4534	Unattached	1:16:45	327	24	Stuart Lothian	V5527	Eden Runners	1:26:49
237	590	Matt Begg		Dh Runners	1:16:46	328	113	Paul Blackett	V4048	Blyth Running Club	1:26:51
238	329	Dennis Cartwright	V4038	Eden Runners	1:16:47	329	259	Malcolm Wood	V5528	Cumberland AC	1:27:01
239	311	John Berry	V4535	Gosforth Harriers & Ac	1:16:48	330	644	James Glencross		Unattached	1:27:05
240	402	Matthew Ireland		Carlisle Tri Club	1:16:52	331	645	Colin Browne	V4049	Unattached	1:27:06
241	177	Conrad Stewart	V4536	Alnwick Harriers	1:16:59	332	291	John Davidson	V5529	Tynedale Harriers	1:27:08
242	54	Kristian Tjemsland		Unattached	1:17:00	333	533	Craig Houghton	V4550	Cumberland Fell Runners	1:27:14
243	572	Chris Checkley	V4537	Heaton Harriers	1:17:01	334	375	Brian Graham	V5530	Kilbarchan Amateur AC	1:27:25
244	114	David Bradley	V6012	Blyth Running Club	1:17:10	335	11	Mark Walker	V4050	Glaxo Hoad Hill Harriers	1:27:37
245	195	Paul Rooney	V4039	Calderglen Harriers	1:17:15	336	320	Colin Brown	V4551	North Shields Polytechnic Club	1:27:49
246	447	Adrian Newnham	V6013	Glaxo Hoad Hill Harriers	1:17:43	337	32	Christopher Ryan	V6018	Clydesdale Harriers	1:28:11
247	386	Peter Hart	V4040	Elvet Striders	1:17:44	338	176	John Ross	V6019	Alnwick Harriers	1:28:29
248	224	Dan Wilson		Cumberland AC	1:17:49	339	595	Tom Keenan	V6020	Bellaouston Harriers	1:28:50
249	450	Scott Nichol		Unattached	1:18:02	340	210	Gary Palmer	V5044	Cumberland AC	1:29:10
250	567	Huw Parry	V5028	North Shields Polytechnic Club	1:18:06	341	69	Davey Candlish	V4552	Saltwell Harriers	1:29:17
251	187	Gerard Mullen	V5515	Calderglen Harriers	1:18:08	342	316	John Brettell	V6021	North Shields Polytechnic Club	1:29:37
252	306	Keith Atkinson	V4538	Dh Runners	1:18:17	343	183	Russell Couper	V5045	Calderglen Harriers	1:29:38
253	289	Andrew Leys	V5029	Heaton Harriers	1:18:17	344	251	John Thompson	V6022	Cumberland AC	1:29:45
254	43	Peter Campbell	V5516	Border Harriers	1:18:25	345	267	Sean McGleenan	V6023	Dumfries Running Club	1:30:22
255	55	Ben Heslop		Unattached	1:18:32	346	141	Christopher Winspear	V5046	Unattached	1:30:39
256	445	Roger Mosedale	V5030	North Shields Polytechnic Club	1:18:48	347	101	Paul Robson		Saltwell Harriers	1:30:50
257	247	Paul Martin	V5517	Cumberland AC	1:18:50	348	107	Daniel Smiley		Saltwell Harriers	1:31:31
258	206	Michael Mullen		Calderglen Harriers	1:18:59	349	464	Stephen Ridley		North Shields Polytechnic Club	1:32:10
259	31	Bill Doidge	V65 2	Low Fell Running Club	1:19:06	350	19	Ray Austin	V6511	Unattached	1:32:32
260	440	Neil Moffat	V6014	Dumfries Running Club	1:19:11	351	21	Richard Eastoe	V6024	Alnwick Harriers	1:33:07
261	418	John Lewis	V65 3	Cumberland AC	1:19:15	352	148	Anabel Drought	V4553	North Shields Polytechnic Club	1:34:49

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353	184	Chas Steven	V5531	Calderglen Harriers	1:35:04	362	260	Phil Hughes	V6025	Cumberland AC	1:41:05
354	77	Brian Elstob	V4554	Saltwell Harriers	1:35:46	363	106	Martin Waugh		Saltwell Harriers	1:42:26
355	577	David Mitchell	V70	3 Clydesdale Harriers	1:38:37	364	255	Allen Winter-Moore		Cumberland AC	1:43:24
356	16	George Fraser	V70	4 Altrincham & District Ac	1:38:58	365	388	Roger Heath	V4556	Tyne Bridge Harriers	1:43:27
357	253	Simon Bell	V5047	Cumberland AC	1:39:19	366	624	George Shadwick	V70	5 Sands Running Club	1:44:59
358	633	Donald Anson	V6512	Dumfries Running Club	1:39:28	367	85	Colin May	V6513	Saltwell Harriers	1:45:00
359	102	Steve Rochelle	V5048	Saltwell Harriers	1:39:41	368	562	Michael Briggs	V4557	Unattached	1:46:01
360	405	Matt Jackson	V4555	Quakers Running Club	1:39:48	369	487	Lee Stafford		Gateshead Harriers & Ac	1:46:14
361	64	Steve Anderson	V5049	Saltwell Harriers	1:40:09	370	319	Colin Brown	V4558	Blyth Running Club	1:51:26

### Brampton - Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Border Harriers	34	—	2	James Douglas	15	Bob Hodgson	17	John Mason
2	Morpeth Harriers & Ac	34	—	5	Ian Harding	9	Thomas Straughan	20	Karl Taylor
3	Trafford Athletic Club	36	—	6	Tom Charles	11	Andile Hlebo	19	Jeff Prest
4	Dh Runners	97	—	18	Paul Graves	39	Michael Irving	40	Ian Harkness
5	Keswick AC	103	—	7	Sam Stead	46	Nathan Postill	50	Graham Airey
6	Cumbernauld AAC	110	—	30	Stephen Allan	35	Robert Bartley	45	Martyn Glancy
7	Tyne Bridge Harriers	122	—	12	Tom Charlton	23	Sparrow Morley	87	Jon Moss
8	Alnwick Harriers	124	—	28	Dan Turnbull	34	Richard Johnson	62	James Willoughby
9	Elvet Striders	147	—	22	Stephen Jackson	59	Michael Littlewood	66	Matthew Archer
10	Blyth Running Club	149	—	37	Gary Jones	49	Paul Whalley	63	Peter Brown
11	Dumfries Running Club	159	—	48	Alan Baxter	54	Kevin McQueen	57	Colin Holden
12	Cumberland AC	163	—	44	Shane Stobbert	55	Carl Fisher	64	Kevin Wallace
13	Derwent Ac Cockermouth	177	—	21	Paul Coon	75	Steven Agar	81	Peter Walker
14	North Shields Polytechnic Club	200	—	53	Paul Davies	68	Jason Stirland	79	Paul Richardson
15	Heaton Harriers	262	—	31	James Meader	98	Jason Wall	133	John James
16	Saltwell Harriers	268	—	80	Gary Phillips	91	Wilkinson Lee Brown	97	Matt O'Brien
17	Eden Runners	286	—	51	Stuart Stoddart	114	Geoffrey Chapman	121	James Grinsbergs
18	Carlisle Tri Club	354	—	94	Mike Brown	112	Luke Russell	148	Ben Harper
19	Calderglen Harriers	374	—	72	Andrew Buchanan	140	Kenny Leinster	162	Andrew Henderson
20	Jarrow & Hebburn Ac	410	—	85	Anton Mirafasari	152	Ashley Loader	173	Robert Weightman
21	Glaxo Hoad Hill Harriers	430	—	110	Tom Southward	129	Kieron Ireland	191	Paul Quinn
22	Stocksfield Striders	448	—	125	Adam Hucklesby	159	Paul Griffin	164	David Robson
23	Recovery Runners	458	—	111	John Comerford	120	Ronnie Hart	227	Paul Hipson
24	Low Fell Running Club	625	—	150	Garry Paterson	222	Bill Doidge	253	George Russell

### Brampton - Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Cumbernauld AAC	19	—	2	Stephen Allan	4	Robert Bartley	13	Sean Casey
2	Dumfries Running Club	40	—	9	Alan Baxter	15	Kevin McQueen	16	Colin Holden
3	Border Harriers	43	—	5	Mike Scott	8	Steve Angus	30	Kevin Hull
4	Dh Runners	57	—	6	Michael Irving	25	Stu Windser	26	Kevin Scott
5	Blyth Running Club	63	—	10	Paul Whalley	20	Peter Brown	33	Graham Wood
6	North Shields Polytechnic Club	68	—	14	Paul Davies	23	Jason Stirland	31	Paul Richardson
7	Cumberland AC	95	—	21	Kevin Wallace	28	David Blamire	46	Antony Briscoe
8	Derwent Ac Cockermouth	96	—	27	Steven Agar	32	Peter Walker	37	Philip Cueto
9	Keswick AC	105	—	11	Graham Airey	35	Ross Butler	59	Michael Mallen
10	Eden Runners	120	—	12	Stuart Stoddart	52	Geoffrey Chapman	56	James Grinsbergs
11	Morpeth Harriers & Ac	175	—	22	Phil Walker	42	Gavin Bayne	111	Norman Clark
12	Heaton Harriers	181	—	40	Jason Wall	63	John James	78	Simon Jobe
13	Elvet Striders	192	—	17	Michael Littlewood	84	Michael Barlow	91	Graeme Walton
14	Alnwick Harriers	215	—	48	Jason Dawson	64	Tim Falconer	103	Andy Caven
15	Calderglen Harriers	234	—	67	Kenny Leinster	80	Andrew Henderson	87	Jim Holmes
16	Stocksfield Striders	259	—	77	Paul Griffin	82	David Robson	100	Richard Wemes
17	Recovery Runners	315	—	50	John Comerford	132	Paul Hipson	133	John Mulligan
18	Saltwell Harriers	323	—	55	Peter Mullarkey	130	Philip Young	138	Ian Swanston
19	Tyne Bridge Harriers	341	—	68	David Young	71	Kenny Chambers	202	Roger Heath
20	Low Fell Running Club	351	—	73	Garry Paterson	127	Bill Doidge	151	George Russell
21	Glaxo Hoad Hill Harriers	386	—	102	Paul Quinn	118	Adrian Newnham	166	Lee Cassidy

# The 66th Brampton to Carlisle 10 Mile Road Race at Carlisle on Sunday 19th November 2017

## Brampton - Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	344	Sophie Cowper	L	1 Rotherham Harriers And AC	56:24
2	56	Annabel Simpson	L	2 Fife AC	56:30
3	327	Georgia Campbell	L	3 Jarrow & Hebburn Ac	58:36
4	452	Stephanie Pattinson	L	4 Jarrow & Hebburn Ac	1:00:55
5	155	Alexandra Sneddon	L	5 Jarrow & Hebburn Ac	1:01:23
6	559	Ruth Joss	L	6 Shettleston Runners	1:02:03
7	628	Lisa Finlay	L45	1 Dumfries Running Club	1:02:05
8	172	J Gascoigne-Owens	L35	1 Alnwick Harriers	1:02:12
9	573	Cydia Chapman	L	9 Unattached	1:04:36
10	582	Nadia Shaw	L	10 Cumberland AC	1:04:57
11	196	Julie Beveridge	L35	2 Calderglen Harriers	1:05:38
12	540	Samantha Ayers	L45	2 Keswick AC	1:05:46
13	610	Claire Elliman	L40	1 Unattached	1:06:14
14	613	Fiona Todd	L40	2 Unattached	1:07:23
15	164	Vanessa Strickland	L45	3 Border Harriers	1:07:49
16	217	Emma Gregory	L35	3 Cumberland AC	1:08:43
17	125	Claire Calverley	L40	3 Blyth Running Club	1:09:10
18	51	Carolyn Millican	L35	4 Border Harriers	1:09:20
19	550	Sian Finlay	L45	4 Dumfries Running Club	1:09:30
20	71	Ria Chaston	L	20 Tyne Bridge Harriers	1:09:56
21	491	Angela Thompson	L35	5 Carlisle Tri Club	1:10:02
22	139	Lucy Matheson	L45	5 Tyne Bridge Harriers	1:10:18
23	543	Hazel Davies	L50	1 Unattached	1:11:10
24	9	Lyndsey Thompson	L35	6 Tyne Bridge Harriers	1:11:15
25	198	Frances Ferguson	L50	2 Calderglen Harriers	1:11:34
26	485	Suzanne Smith	L45	6 Eden Runners	1:12:02
27	359	Caroline Evans	L	27 Dh Runners	1:12:16
28	349	Jil Davies	L40	4 North Shields Polytechnic Club	1:12:18
29	10	Claire Gilchrist	L50	3 Ferranti AAC	1:13:32
30	502	Stephanie Walker	L35	7 Unattached	1:13:36
31	200	Kirsty Wilson	L	31 Calderglen Harriers	1:13:38
32	358	Susanne Enhard	L50	4 Compton Harriers RC	1:13:57
33	436	Georgie McRoberts	L35	8 Unattached	1:14:02
34	552	Debbie Walker	L40	5 Derwent Ac Cockermouth	1:14:11
35	234	Beverley Smith	L	35 Cumberland AC	1:14:36
36	268	Anne Macfarlane	L50	5 Dumfries Running Club	1:14:41
37	309	Natalie Bell	L	37 Elvet Striders	1:14:54
38	48	Heather Travis	L40	6 Glaxo Hoad Hill Harriers	1:15:02
39	605	Kerry Grinsbergs	L35	9 Eden Runners	1:15:05
40	199	Sharon Gregg	L45	7 Calderglen Harriers	1:15:10
41	278	Seema Ritson	L40	7 Dh Runners	1:15:12
42	133	Alison Cooke	L55	1 Glaxo Hoad Hill Harriers	1:15:16
43	432	Paula McCabe	L	43 Cambuslang Harriers	1:15:25
44	525	Cath Burrus	L45	8 Unattached	1:15:31
45	598	Rachael Smith	L	45 Unattached	1:15:41
46	211	Carole Burnie	L55	2 Cumberland AC	1:16:02
47	342	Lynne Cornell	L50	6 Unattached	1:16:58
48	641	Sue Jeffrey	L	48 Dumfries Running Club	1:17:12
49	433	Victoria McIntyre	L45	9 Gosforth Harriers & Ac	1:17:13
50	481	Emma Skelton	L35	10 Unattached	1:17:16
51	178	Alice Tetley-Paul	L	51 Alnwick Harriers	1:17:28
52	460	Kerry Reed	L40	8 Tyne Bridge Harriers	1:17:33
53	287	Talia Quigley	L20	1 Recovery Runners	1:17:41
54	378	Jane Greening	L40	9 Unattached	1:18:20
55	315	Jean Bradley	L60	1 Elvet Striders	1:18:58
56	312	Caroline Billis	L35	11 Heaton Harriers	1:19:29
57	404	Leanne Jackson	L	57 Unattached	1:19:30
58	638	Ann Stuart	L55	3 Bromsgrove & Redditch	1:19:35
59	131	Lisa Scorer	L35	12 Blyth Running Club	1:19:41
60	310	Laura Benson	L	60 Eden Runners	1:19:47
61	345	Amy Cromarty	L	61 Garscube Harriers	1:19:58
62	257	Vic Wilson	L	62 Cumberland AC	1:20:17
63	589	Helen Tyson	L35	13 Eden Runners	1:20:19
64	592	Susan Pattinson	L	64 Eden Runners	1:20:25
65	82	Emma Leggott	L	65 Saltwell Harriers	1:20:39
66	13	Leanne Bayliff	L35	14 Glaxo Hoad Hill Harriers	1:20:59
67	105	Laura Towers	L	67 Saltwell Harriers	1:21:06
68	70	Jacqui Candlish	L45	10 Saltwell Harriers	1:21:11
69	412	Greta Jones	L50	7 Unattached	1:21:14
70	415	Julia King	L65	1 Eden Runners	1:21:24
71	493	Julie Thompson	L40	10 Unattached	1:21:26
72	370	Angela Gibson	L40	11 North Shields Polytechnic Club	1:21:30
73	138	Jenny Mitchell	L40	12 Carlisle Tri Club	1:21:36
74	79	Sarah Fenna	L35	15 Saltwell Harriers	1:21:38
75	7	Julie Dodd	L45	11 Dh Runners	1:22:11
76	427	Angela Malcolm	L45	12 Motherwell AC	1:22:12
77	53	V Kent-Carlile	L35	16 Carlisle Tri Club	1:22:16
78	336	Elizabeth Clark	L50	8 Unattached	1:22:21
79	57	Rachel Read	L50	9 Blengdale AC	1:22:28
80	15	Lisa Coulthard	L40	13 Unattached	1:22:31
81	62	Joanne Adamson	L35	17 Saltwell Harriers	1:22:37
82	352	Sian Dempster	L35	18 Cumberland AC	1:22:41
83	58	Nicola Lee	L	83 Unattached	1:22:42
84	367	Helen Gardner	L40	14 Unattached	1:22:44
85	90	Jenny Nye	L	85 Saltwell Harriers	1:22:45
86	216	Kristy Crone	L	86 Cumberland AC	1:22:53
87	331	Andrea Challenger	L40	15 Cumberland AC	1:22:56
88	575	Margaret Hawley	L60	2 Cumberland AC	1:23:00
89	531	Sarah McIntosh	L35	19 Unattached	1:23:01
90	532	Ann Milburn	L35	20 Carlisle Tri Club	1:23:02
91	140	Nicky Butler	L55	4 Keswick AC	1:23:54
92	75	Karen Dalglish	L40	16 Saltwell Harriers	1:23:57
93	245	Emma Rowntree	L35	21 Cumberland AC	1:23:59
94	83	Michelle Masson	L35	22 Saltwell Harriers	1:24:05
95	558	Wendy Joss	L	95 West End Runners	1:24:09
96	400	Julie Hunter	L45	13 Glaxo Hoad Hill Harriers	1:24:11
97	126	Anne Craddock	L55	5 Blyth Running Club	1:24:23
98	372	Emma Gillespie	L35	23 Unattached	1:24:26
99	553	Catherine Hadfield	L	99 Derwent Ac Cockermouth	1:24:34
100	49	Catherine Purdy	L	100 Sunderland Harriers	1:24:50
101	25	Judith Shotton	L50	10 Sunderland Harriers	1:24:51
102	229	Hayley Hodgson	L	102 Cumberland AC	1:25:10
103	563	Karen Taylor	L40	17 Dh Runners	1:25:13
104	129	Claire Mason	L50	11 Blyth Running Club	1:25:22
105	202	Alexandra Hayden	L	105 Calderglen Harriers	1:25:22
106	242	Stella Atherton	L45	14 Cumberland AC	1:25:30
107	276	Kate Imrie	L	107 Dh Runners	1:25:41
108	499	Emma Walker	L40	18 Derwent Ac Cockermouth	1:25:50
109	371	Fiona Gilchrist	L50	12 Derwent Ac	1:26:01
110	475	Lisa Sample	L35	24 Elvet Striders	1:26:20
111	585	Sarah Keane	L45	15 Unattached	1:26:33
112	361	Lesley Falkous	L35	25 Blyth Running Club	1:26:39
113	615	Haley Millican	L35	26 Border Harriers	1:26:43
114	274	Lindsay Graham	L35	27 Dh Runners	1:27:04
115	397	Nicola Hopper	L35	28 Unattached	1:27:12
116	376	Laura Graham	L	116 Unattached	1:27:14
117	103	Julie Schneider	L40	19 Saltwell Harriers	1:27:21
118	205	Seonaid Morton	L	118 Calderglen Harriers	1:27:31
119	207	Anne McLellan	L45	16 Calderglen Harriers	1:27:59
120	516	Deborah Yearnshire	L35	29 Glaxo Hoad Hill Harriers	1:28:06
121	98	Alexis Roberts	L65	2 Saltwell Harriers	1:28:14
122	262	Sarah Wright	L40	20 Eden Runners	1:28:20
123	303	Kelly Armstrong	L	123 Unattached	1:28:21
124	343	Louise Coultate	L	124 North Shields Polytechnic Club	1:28:24
125	162	Carol Douglas	L50	13 Dh Runners	1:28:39
126	277	Glen Blakey	L45	17 Dh Runners	1:28:46
127	152	Marie Milligan	L35	30 Unattached	1:28:52
128	110	Lisa Young	L40	21 Saltwell Harriers	1:28:59
129	128	Rachel Joseph	L40	22 Blyth Running Club	1:29:00
130	204	Julie Thomson	L35	31 Calderglen Harriers	1:29:08
131	497	Alison Walker	L40	23 Eden Runners	1:29:11
132	324	Carolyn Burns	L40	24 Eden Runners	1:29:26
133	50	Lucie Forster	L35	32 Sunderland Harriers	1:29:51
134	26	Sally Barton	L55	6 Glaxo Hoad Hill Harriers	1:29:59
135	97	Claire Richardson	L40	25 Saltwell Harriers	1:30:07
136	59	Louisa Weeks	L45	18 Carlisle Tri Club	1:30:10
137	607	K LivingstoneBray	L	137 Eden Runners	1:30:16
138	63	Joanne Anderson	L45	19 Saltwell Harriers	1:30:26
139	542	Gillian Silson	L55	7 Eden Runners	1:30:32
140	159	Kim Clark	L60	3 Keswick AC	1:30:46
141	149	Fiona Jardine	L50	14 Dumfries Running Club	1:30:49
142	66	Nasreen Bashir	L45	20 Saltwell Harriers	1:30:52
143	461	Jennifer Rees	L	143 North Shields Polytechnic Club	1:31:18
144	197	Lorraine Buchanan	L35	33 Calderglen Harriers	1:31:22
145	40	Sue Hodgson	L50	15 Unattached	1:31:24
146	80	Linda Gerute	L	146 Saltwell Harriers	1:31:31
147	506	Stephanie Wallace	L45	21 Unattached	1:31:39
148	272	Fiona Moore	L40	26 Dh Runners	1:31:43
149	635	Karen Scott	L	149 Dumfries Running Club	1:31:55
150	546	Carolyn Davies	L45	22 Dumfries Harriers	1:32:14
151	539	Laura Kinnard	L	151 Eden Runners	1:32:15
152	160	Bridget Sanderson	L	152 Unattached	1:32:21
153	292	Jenny Brown	L	153 Unattached	1:32:21
154	554	Catherine Keeul	L	154 Derwent Ac Cockermouth	1:32:25
155	249	Tracy Godwin	L40	27 Cumberland AC	1:32:39
156	492	Debra Thompson	L50	16 Elvet Striders	1:33:01
157	22	Gay Eastoe	L60	4 Alnwick Harriers	1:33:06
158	275	Andrea Armstrong	L45	23 Dh Runners	1:33:12
159	476	Skye Sarahs	L	159 Dumfries Running Club	1:33:30
160	203	Allison Johnston	L50	17 Calderglen Harriers	1:33:40
161	228	Joanne Frazer	L35	34 Cumberland AC	1:33:41
162	611	Laura Jefferson	L	162 Unattached	1:33:55
163	281	Theresa Park	L45	24 Recovery Runners	1:34:05
164	88	Helen Mullarkey	L55	8 Saltwell Harriers	1:34:27
165	47	Janine McNeill	L45	25 Thornton - Cleveleys	1:34:28
166	127	Ewa Johnson	L45	26 Blyth Running Club	1:36:34
167	132	Joanne Stobbart	L50	18 Blyth Running Club	1:36:50
168	617	Nicola Seggie	L40	28 Dh Runners	1:37:23
169	145	Penny Moreton	L55	9 Glaxo Hoad Hill Harriers	1:37:38
170	246	Denise Butler	L45	27 Cumberland AC	1:37:41
171	438	Lisa Miller	L35	35 Low Fell Running Club	1:37:55
172	587	Marie Nunes	L	172 Keswick AC	1:38:23

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

173	144	Karen Morgan	L50 19	Glaxo Hoad Hill Harriers	1:38:26	193	353	Sophie Dennis	L 193	Elvet Striders	1:47:25
174	212	Emma Routledge	L35 36	Cumberland AC	1:38:52	194	130	Lynn Munro	L65 4	Blyth Running Club	1:48:14
175	236	Karen Cavanagh	L50 20	Cumberland AC	1:38:53	195	414	Tracey Kennett	L45 34	Cumberland AC	1:48:58
176	254	Catherine Nicholson	L45 28	Cumberland AC	1:39:19	196	250	Alyson Sibbald	L45 35	Cumberland AC	1:49:03
177	448	Julie Newnham	L55 10	Glaxo Hoad Hill Harriers	1:39:59	197	214	Mandy Hayes	L55 12	Cumberland AC	1:49:39
178	218	Amie Meloy	L35 37	Cumberland AC	1:41:18	198	92	Mags O'Donnell	L35 38	Saltwell Harriers	1:49:53
179	258	Claire Jackson	L40 29	Cumberland AC	1:41:20	199	235	Rebecca Glynn	L 199	Cumberland AC	1:49:53
180	248	Loren Redmond	L 180	Cumberland AC	1:41:20	200	215	Elizabeth Dodd	L35 39	Cumberland AC	1:49:54
181	243	Lorraine Telford	L45 29	Cumberland AC	1:42:05	201	273	Helen Cupec	L45 36	Dh Runners	1:49:55
182	240	Ellie Thompsett	L40 30	Cumberland AC	1:42:05	202	565	Holly Mansfield	L 202	North Shields Polytechnic Club	1:53:49
183	286	Lynn Blacklock	L40 31	Recovery Runners	1:42:36	203	494	Margaret Thompson	L65 5	Elvet Striders	1:59:45
184	490	Kathleen Taylor	L50 21	Eden Runners	1:43:15	204	513	Christine Winder	L55 13	Glaxo Hoad Hill Harriers	2:00:35
185	504	Diane Wallace	L65 3	Blyth Running Club	1:43:37	205	354	Avan Diggins	L50 22	Dumfries Harriers	2:00:59
186	78	Lisa Elstob	L45 30	Saltwell Harriers	1:43:39	206	20	Fiona Nelson	L60 5	Dumfries Harriers	2:01:18
187	626	Kelly Gullen	L45 31	Sands Running Club	1:44:00	207	41	Gillian Thompson	L75 1	Barrow In Furness Striders AC	2:02:38
188	271	Mary Messenger	L45 32	Dh Runners	1:44:02	208	220	Carolyn Johnson	L45 37	Cumberland AC	2:05:36
189	512	Karen Wilson	L45 33	Elvet Striders	1:46:16	209	369	Jean-Ann Gate	L40 34	Cumberland AC	2:05:36
190	374	Mary Goldsmith	L55 11	Calderglen Harriers	1:46:25	210	67	Julie Bentley	L50 23	Saltwell Harriers	2:10:10
191	208	Laura Gillies	L40 32	Calderglen Harriers	1:46:25	211	93	Janis Oliver	L35 40	Saltwell Harriers	2:10:10
192	99	Sam Robertson	L40 33	Saltwell Harriers	1:46:51						

### Brampton - Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Jarrow & Hebburn Ac	12	—	3	Georgia Campbell	4	Stephanie Pattinson	5	Alexandra Sneddon
2	Cumberland AC	51	—	9	Nadia Shaw	13	Emma Gregory	29	Beverley Smith
3	Dumfries Running Club	53	—	7	Lisa Finlay	16	Sian Finlay	30	Anne Macfarlane
4	Tyne Bridge Harriers	56	—	17	Ria Chaston	19	Lucy Matheson	20	Lyndsey Thompson
5	Calderglen Harriers	57	—	10	Julie Beveridge	21	Frances Ferguson	26	Kirsty Wilson
6	Eden Runners	103	—	22	Suzanne Smith	33	Kerry Grinsbergs	48	Laura Benson
7	Dh Runners	119	—	23	Caroline Evans	35	Seema Ritson	61	Julie Dodd
8	Border Harriers	119	—	12	Vanessa Strickland	15	Carolyn Millican	92	Haley Millican
9	Glaxo Hoad Hill Harriers	122	—	32	Heather Travis	36	Alison Cooke	54	Leanne Bayliff
10	Blyth Running Club	139	—	14	Claire Calverley	47	Lisa Scorer	78	Anne Craddock
11	Carlisle Tri Club	140	—	18	Angela Thompson	59	Jenny Mitchell	63	V Kent-Carlile
12	Saltwell Harriers	164	—	53	Emma Leggott	55	Laura Towers	56	Jacqui Candlish
13	Elvet Striders	165	—	31	Natalie Bell	44	Jean Bradley	90	Lisa Sample
14	Alnwick Harriers	177	—	8	J Gascoigne-Owens	41	Alice Tetley-Paul	128	Gay Eastoe
15	North Shields Polytechnic Club	182	—	24	Jil Davies	58	Angela Gibson	100	Louise Coultate
16	Derwent Ac Cockermouth	195	—	28	Debbie Walker	79	Catherine Hadfield	88	Emma Walker
17	Keswick AC	198	—	11	Samantha Ayers	72	Nicky Butler	115	Kim Clark
18	Sunderland Harriers	269	—	80	Catherine Purdy	81	Judith Shotton	108	Lucie Forster
19	Recovery Runners	329	—	43	Talia Quigley	133	Theresa Park	153	Lynn Blacklock
20	Dumfries Harriers	474	—	123	Carolyn Davies	175	Avan Diggins	176	Fiona Nelson

### Brampton - Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Dumfries Running Club	29	—	1	Lisa Finlay	9	Sian Finlay	19	Anne Macfarlane
2	Calderglen Harriers	38	—	3	Julie Beveridge	13	Frances Ferguson	22	Sharon Gregg
3	Tyne Bridge Harriers	50	—	11	Lucy Matheson	12	Lyndsey Thompson	27	Kerry Reed
4	Eden Runners	67	—	14	Suzanne Smith	21	Kerry Grinsbergs	32	Helen Tyson
5	Cumberland AC	75	—	6	Emma Gregory	25	Carole Burnie	44	Sian Dempster
6	Border Harriers	75	—	5	Vanessa Strickland	8	Carolyn Millican	62	Haley Millican
7	Glaxo Hoad Hill Harriers	77	—	20	Heather Travis	24	Alison Cooke	33	Leanne Bayliff
8	Carlisle Tri Club	88	—	10	Angela Thompson	37	Jenny Mitchell	41	V Kent-Carlile
9	Blyth Running Club	91	—	7	Claire Calverley	31	Lisa Scorer	53	Anne Craddock
10	Saltwell Harriers	115	—	34	Jacqui Candlish	38	Sarah Fenna	43	Joanne Adamson
11	Dh Runners	117	—	23	Seema Ritson	39	Julie Dodd	55	Karen Taylor
12	Keswick AC	134	—	4	Samantha Ayers	48	Nicky Butler	82	Kim Clark
13	Elvet Striders	177	—	28	Jean Bradley	60	Lisa Sample	89	Debra Thompson
14	Dumfries Harriers	350	—	87	Carolyn Davies	131	Avan Diggins	132	Fiona Nelson