

BMAF Cross Country Championships at Wavertree, Liverpool on Saturday 18th March 2017

Race 1 — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	201	Helen Berry	L40	1 Holmfirth Harriers Ac	23:45
2	158	Nicholas Rose	V65	1 Bristol & West	24:12
3	199	Carol Parsons	L35	1 Ellesmere Port Rc	24:14
4	197	Hayley Kuter	L35	2 Salford Harriers & AC	24:28
5	207	Christine Lathwell	L40	2 Stopsley Striders	24:34
6	224	Clare McKeown	L45	1 Border Harriers & Ac	25:02
7	223	Elaine Leslie	L45	2 Jarrow & Hebburn Ac	25:12
8	214	Michelle Clarke	L45	3 Telford AC	25:20
9	198	Carla Maley	L35	3 North Shields Polytechnic Club	25:25
10	195	Andrea Hilldrup	L35	4 Vale Royal Ac	25:27
11	243	Jane Wassell	L50	1 Stroud & District AC	25:46
12	203	Louise Dawson	L40	3 City Of Stoke AC	25:48
13	155	David Oxland	V65	2 Notts AC	26:00
14	213	Kath Aspin	L45	4 New Marske Harriers AC	26:03
15	202	Michelle Buckle	L40	4 Newcastle Staffs AC	26:04
16	225	Christine Murphy	L45	5 Liverpool Harriers & Ac	26:10
17	227	Helen Smith	L45	6 Vale Royal Ac	26:11
18	222	Wendy King	L45	7 Chelmsford AC	26:16
19	163	Roy Treadwell	V65	3 Oxford City AC	26:17
20	258	Monica Williamson	L55	1 Leamington Cycling & AC	26:18
21	206	Sasha Houghton	L40	5 Tonbridge AC	26:21
22	148	John Hill	V65	4 Halesowen A & Cc	26:22
23	230	Lesley Watson	L45	8 Bingley Harriers & Ac	26:26
24	153	Desmond Michael	V65	5 Barnet & District AC	26:30
25	211	Kerry Storrar	L40	6 Barnsley AC	26:31
26	240	L Pitcairn-Knowles	L40	7 Tonbridge AC	26:33
27	244	Caroline Wood	L50	2 Arena 80 AC	26:34
28	246	Jane Clarke	L55	2 City Of Norwich AC	26:37
29	236	Debbie Matchett	L50	3 Ballydrain Harriers	26:42
30	143	Arthur Daley	V65	6 Gloucester AC	26:43
31	145	John Exley	V65	7 Oxford City AC	26:47
32	165	Peter Young	V65	8 Ryde Harriers	26:50
33	216	Katherine Davis	L45	9 North Shields Polytechnic Club	26:53
34	226	Stephanie Robson	L45	10 Bingley Harriers & Ac	26:54
35	208	Kerry Marchant	L40	8 Staffordshire Moorlands AC	27:10
36	221	Debbie Hope	L45	11 Staffordshire Moorlands AC	27:12
37	234	Stefanie Godfrey	L50	4 Cambridge & Coleridge AC	27:16
38	245	Sue Beconsall	L50	5 Bingley Harriers & Ac	27:21
39	204	Lindsay Dixon	L40	9 Newcastle Staffs AC	27:31
40	152	Michael Mann	V65	9 Dulwich Runners AC	27:39
41	200	Claire Thompson	L35	5 Vale Royal Ac	27:44
42	257	Heather Robinson	L50	6 Jarrow & Hebburn Ac	27:45
43	156	Bryan Parkinson	V65	10 Bingley Harriers & Ac	27:46
44	269	Angela Copson	L65	1 Rugby & Northampton AC	27:49
45	151	Anthony Lintern	V65	11 Crawley AC	28:00
46	210	Nina Ridge	L40	10 Tonbridge AC	28:04
47	142	Gerry Bell	V65	12 Bingley Harriers & Ac	28:08
48	217	Vikki Filsell	L45	12 Thames Hare & Hounds	28:15
49	265	Jennifer Wakeman	L60	1 Barnsley AC	28:20
50	140	Peter Banks	V65	13 Coventry Godiva Harriers	28:29
51	139	Philip Bailey	V65	14 Southport Waterloo Ac	28:30
52	141	Dave Beattie	V65	15 Crawley AC	28:31
53	259	Anna Garnier	L60	2 Thames Hare & Hounds	28:35
54	229	Vicki Thompson	L45	13 Jarrow & Hebburn Ac	28:39
55	228	Nicola Thompson	L45	14 Charmwood AC	28:41
56	170	Robert Chapman	V70	1 Tavistock AC	28:48
57	146	Ron Fletcher	V65	16 Cumberland Fell Runners	28:50
58	178	Geoff Newton	V70	2 Tadworth AC	28:57
59	248	Lesley Fisher	L55	3 Burnden Road Runners	28:59
60	262	Margaret Loraine	L60	3 Gateshead Harriers & Ac	29:03
61	249	Mary Green	L55	4 Bingley Harriers & Ac	29:06
62	205	Carey Dyer	L40	11 Newcastle Staffs AC	29:08
63	147	Steve Herington	V65	17 Hereford Couriers RC	29:33
64	255	Kathryn Morton	L55	5 Stroud & District AC	29:35
65	218	Natasha Geere	L45	15 Spenborough & District AC	29:37
66	164	Peter Weatherhead	V65	18 Wirral Ac	29:38
67	215	Lyndsay Darbyshire	L45	16 Burnden Road Runners	29:43
68	191	Roger Wilson	V75	1 Stratford-Upon-Avon AC	29:49
69	154	Michael Moorhouse	V65	19 Matlock AC	29:51
70	251	Gwen Kinloch	L55	6 Burnden Road Runners	29:55
71	261	Christine Kilkenny	L60	4 Cannock & Stafford AC	30:01
72	166	Paul Allen	V70	3 Halesowen A & Cc	30:05
73	250	Kirsty Johnstone	L55	7 Barnet & District AC	30:21
74	172	Peter Ellerton	V70	4 Bingley Harriers & Ac	30:22
75	181	Glyn Smith	V70	5 Cambridge & Coleridge AC	30:28
76	160	Peter Simpson	V65	20 Liverpool Harriers & Ac	30:40
77	247	Anne Ferguson	L55	8 Burnden Road Runners	30:41
78	168	Tony Brackstone	V70	6 Southern Counties Veterans AC	30:48
79	157	Stephen Plested	V65	21 Ealing Southall & Middlesex AC	30:50
80	171	Michael Davis	V70	7 Prestatyn RC	31:24
81	260	Jane Georghiou	L60	5 Farnham Runners	31:37
82	174	Billy Hargreaves	V70	8 Southport Waterloo Ac	31:38
83	188	David Moorekite	V75	2 Larkfield AC	31:43
84	252	Kim Matthews	L55	9 Elswick Harriers	31:46
85	219	Joanne Hackett	L45	17 Staffordshire Moorlands AC	31:50
86	150	Stephen Knight	V65	22 Herne Hill Harriers	31:51
87	179	Colin Rathbone	V70	9 Vale Royal Ac	31:55
88	268	Diana Braverman	L65	2 Cambridge & Coleridge AC	32:05
89	183	Fred Gibbs	V75	3 Bingley Harriers & Ac	32:06
90	175	Gareth Hughes	V70	10 Prestatyn RC	32:07
91	241	Vicky Ronald	L50	7 Colwyn Bay AAC	32:30
92	144	Thomas Daniels	V65	23 Salford Harriers & AC	33:18
93	182	Mike Barnes	V75	4 Northern Masters AC	33:27
94	239	Julie Newton	L50	8 Burnden Road Runners	33:31
95	254	Janice Moorekite	L55	10 Larkfield AC	33:51
96	186	John Hickman	V70	11 Prestatyn RC	34:14
97	190	Robert Towell	V70	12 Salford Harriers & AC	34:19
98	237	Michele Moran	L50	9 North East Veterans Ac	34:48
99	278	Denise Wakefield	L60	6 Salford Harriers & AC	35:06
100	276	Pauline Rich	L70	1 Worthing Striders	35:12
101	177	Dennis Moran	V70	13 Salford Harriers & AC	36:12
102	192	Ian Barnes	V80	1 Darlington Harriers & AC	36:27
103	275	Lesley Bowcott	L70	2 Wimbledon Windmilers	36:48
104	184	Roger Harrison-Jones	V75	5 Prestatyn RC	37:10
105	267	Ann Bath	L65	3 26.2 Road Runners Club	37:15
106	193	James Pittillo	V80	2 Teviotdale Harriers	38:49
107	266	Carole Williams	L60	7 Vale Royal Ac	40:27
108	187	David Hughes	V75	6 Prestatyn RC	42:32
109	185	R Harrison-Jones	V75	7 Prestatyn RC	43:38
110	159	George Routledge	V65	24 Heaton Harriers & Ac	44:52
111	272	Janette Kilgour	L65	4 Heaton Harriers & Ac	49:25

Race 1 - Men aged 65 to 74

Pos	Num	Name	Cat/Pos	Club	Time
1	158	Nicholas Rose	V65 1	Bristol & West	24:12
2	155	David Oxland	V65 2	Notts AC	26:00
3	163	Roy Treadwell	V65 3	Oxford City AC	26:17
4	148	John Hill	V65 4	Halesowen A & Cc	26:22
5	153	Desmond Michael	V65 5	Barnet & District AC	26:30
6	143	Arthur Daley	V65 6	Gloucester AC	26:43
7	145	John Exley	V65 7	Oxford City AC	26:47
8	165	Peter Young	V65 8	Ryde Harriers	26:50
9	152	Michael Mann	V65 9	Dulwich Runners AC	27:39
10	156	Bryan Parkinson	V65 10	Bingley Harriers & Ac	27:46
11	151	Anthony Lintern	V65 11	Crawley AC	28:00
12	142	Gerry Bell	V65 12	Bingley Harriers & Ac	28:08
13	140	Peter Banks	V65 13	Coventry Godiva Harriers	28:29
14	139	Philip Bailey	V65 14	Southport Waterloo Ac	28:30
15	141	Dave Beattie	V65 15	Crawley AC	28:31
16	170	Robert Chapman	V70 1	Tavistock AC	28:48
17	146	Ron Fletcher	V65 16	Cumberland Fell Runners	28:50
18	178	Geoff Newton	V70 2	Tadworth AC	28:57
19	147	Steve Herington	V65 17	Hereford Couriers RC	29:33
20	164	Peter Weatherhead	V65 18	Wirral Ac	29:38
21	154	Michael Moorhouse	V65 19	Matlock AC	29:51
22	166	Paul Allen	V70 3	Halesowen A & Cc	30:05
23	172	Peter Ellerton	V70 4	Bingley Harriers & Ac	30:22
24	181	Glyn Smith	V70 5	Cambridge & Coleridge AC	30:28
25	160	Peter Simpson	V65 20	Liverpool Harriers & Ac	30:40
26	168	Tony Brackstone	V70 6	Southern Counties Veterans AC	30:48
27	157	Stephen Plested	V65 21	Ealing Southall & Middlesex AC	30:50
28	171	Michael Davis	V70 7	Prestatyn RC	31:24
29	174	Billy Hargreaves	V70 8	Southport Waterloo Ac	31:38
30	150	Stephen Knight	V65 22	Herne Hill Harriers	31:51
31	179	Colin Rathbone	V70 9	Vale Royal Ac	31:55
32	175	Gareth Hughes	V70 10	Prestatyn RC	32:07
33	144	Thomas Daniels	V65 23	Salford Harriers & AC	33:18
34	186	John Hickman	V70 11	Prestatyn RC	34:14
35	190	Robert Towell	V70 12	Salford Harriers & AC	34:19
36	177	Dennis Moran	V70 13	Salford Harriers & AC	36:12
37	159	George Routledge	V65 24	Heaton Harriers & Ac	44:52

Race 1 - Men aged 65 to 74 — TEAM RESULTS

1 Bingley Harriers & Ac	45 — 10 Bryan Parkinson	12 Gerry Bell	23 Peter Ellerton
2 Prestatyn RC	94 — 28 Michael Davis	32 Gareth Hughes	34 John Hickman
3 Salford Harriers & AC	104 — 33 Thomas Daniels	35 Robert Towell	36 Dennis Moran

Race 1 - Men over 75

Pos	Num	Name	Cat/Pos	Club	Time
1	191	Roger Wilson	V75 1	Stratford-Upon-Avon AC	29:49
2	188	David Moorekite	V75 2	Larkfield AC	31:43
3	183	Fred Gibbs	V75 3	Bingley Harriers & Ac	32:06
4	182	Mike Barnes	V75 4	Northern Masters AC	33:27
5	192	Ian Barnes	V80 1	Darlington Harriers & AC	36:27
6	184	Roger Harrison-Jones	V75 5	Prestatyn RC	37:10
7	193	James Pittillo	V80 2	Teviotdale Harriers	38:49
8	187	David Hughes	V75 6	Prestatyn RC	42:32
9	185	R Harrison-Jones	V75 7	Prestatyn RC	43:38

Race 1 - Men over 75 — TEAM RESULTS

1 Prestatyn RC	23 — 6 Roger Harrison-Jones	8 David Hughes	9 R Harrison-Jones
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Race 1 - Ladies aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	199	Carol Parsons	L35 1	Ellesmere Port Rc	24:14
2	197	Hayley Kuter	L35 2	Salford Harriers & AC	24:28
3	198	Carla Maley	L35 3	North Shields Polytechnic Club	25:25
4	195	Andrea Hilldrup	L35 4	Vale Royal Ac	25:27
5	200	Claire Thompson	L35 5	Vale Royal Ac	27:44

Race 1 - Ladies aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	201	Helen Berry	L40 1	Holmfirth Harriers Ac	23:45
2	207	Christine Lathwell	L40 2	Stopsley Striders	24:34
3	203	Louise Dawson	L40 3	City Of Stoke AC	25:48
4	202	Michelle Buckle	L40 4	Newcastle Staffs AC	26:04
5	206	Sasha Houghton	L40 5	Tonbridge AC	26:21
6	211	Kerry Storrar	L40 6	Barnsley AC	26:31
7	240	L Pitcairn-Knowles	L40 7	Tonbridge AC	26:33
8	208	Kerry Marchant	L40 8	Staffordshire Moorlands AC	27:10
9	204	Lindsay Dixon	L40 9	Newcastle Staffs AC	27:31
10	210	Nina Ridge	L40 10	Tonbridge AC	28:04
11	205	Carey Dyer	L40 11	Newcastle Staffs AC	29:08

Race 1 - Ladies aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	224	Clare McKeown	L45 1	Border Harriers & Ac	25:02
2	223	Elaine Leslie	L45 2	Jarrow & Hebburn Ac	25:12
3	214	Michelle Clarke	L45 3	Telford AC	25:20
4	213	Kath Aspin	L45 4	New Marske Harriers AC	26:03
5	225	Christine Murphy	L45 5	Liverpool Harriers & Ac	26:10
6	227	Helen Smith	L45 6	Vale Royal Ac	26:11
7	222	Wendy King	L45 7	Chelmsford AC	26:16
8	230	Lesley Watson	L45 8	Bingley Harriers & Ac	26:26
9	216	Katherine Davis	L45 9	North Shields Polytechnic Club	26:53
10	226	Stephanie Robson	L45 10	Bingley Harriers & Ac	26:54
11	221	Debbie Hope	L45 11	Staffordshire Moorlands AC	27:12
12	217	Vikki Filsell	L45 12	Thames Hare & Hounds	28:15
13	229	Vicki Thompson	L45 13	Jarrow & Hebburn Ac	28:39
14	228	Nicola Thompson	L45 14	Charnwood AC	28:41
15	218	Natasha Geere	L45 15	Spensborough & District AC	29:37
16	215	Lyndsay Darbyshire	L45 16	Burnden Road Runners	29:43
17	219	Joanne Hackett	L45 17	Staffordshire Moorlands AC	31:50

Race 1 - Ladies aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	243	Jane Wassell	L50 1	Stroud & District AC	25:46
2	244	Caroline Wood	L50 2	Arena 80 AC	26:34
3	236	Debbie Matchett	L50 3	Ballydrain Harriers	26:42
4	234	Stefanie Godfrey	L50 4	Cambridge & Coleridge AC	27:16
5	245	Sue Becconsall	L50 5	Bingley Harriers & Ac	27:21
6	257	Heather Robinson	L50 6	Jarrow & Hebburn Ac	27:45
7	241	Vicky Ronald	L50 7	Colwyn Bay AAC	32:30
8	239	Julie Newton	L50 8	Burnden Road Runners	33:31
9	237	Michele Moran	L50 9	North East Veterans Ac	34:48

Race 1 - Ladies aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	258	Monica Williamson	L55 1	Leamington Cycling & AC	26:18
2	246	Jane Clarke	L55 2	City Of Norwich AC	26:37
3	248	Lesley Fisher	L55 3	Burnden Road Runners	28:59
4	249	Mary Green	L55 4	Bingley Harriers & Ac	29:06
5	255	Kathryn Morton	L55 5	Stroud & District AC	29:35
6	251	Gwen Kinloch	L55 6	Burnden Road Runners	29:55
7	250	Kirsty Johnstone	L55 7	Barnet & District AC	30:21
8	247	Anne Ferguson	L55 8	Burnden Road Runners	30:41
9	252	Kim Matthews	L55 9	Elswick Harriers	31:46
10	254	Janice Moorekite	L55 10	Larkfield AC	33:51

Race 1 - Ladies aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	265	Jennifer Wakeman	L60 1	Barnsley AC	28:20
2	259	Anna Garnier	L60 2	Thames Hare & Hounds	28:35
3	262	Margaret Loraine	L60 3	Gateshead Harriers & Ac	29:03
4	261	Christine Kilkenny	L60 4	Cannock & Stafford AC	30:01
5	260	Jane Georghiou	L60 5	Farnham Runners	31:37
6	278	Denise Wakefield	L60 6	Salford Harriers & AC	35:06
7	266	Carole Williams	L60 7	Vale Royal Ac	40:27

Race 1 - Ladies aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	269	Angela Copson	L65 1	Rugby & Northampton AC	27:49
2	268	Diana Braverman	L65 2	Cambridge & Coleridge AC	32:05
3	267	Ann Bath	L65 3	26.2 Road Runners Club	37:15
4	272	Janette Kilgour	L65 4	Heaton Harriers & Ac	49:25

Race 1 - Ladies aged 70 to 74

Pos	Num	Name	Cat/Pos	Club	Time
1	276	Pauline Rich	L70 1	Worthing Striders	35:12
2	275	Lesley Bowcott	L70 2	Wimbledon Windmilers	36:48

Race 1 - Ladies aged 35 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	201	Helen Berry	L40	1 Holmfirth Harriers Ac	23:45
2	199	Carol Parsons	L35	1 Ellesmere Port Rc	24:14
3	197	Hayley Kuter	L35	2 Salford Harriers & AC	24:28
4	207	Christine Lathwell	L40	2 Stopsley Striders	24:34
5	198	Carla Maley	L35	3 North Shields Polytechnic Club	25:25
6	195	Andrea Hildrup	L35	4 Vale Royal Ac	25:27
7	203	Louise Dawson	L40	3 City Of Stoke AC	25:48
8	202	Michelle Buckle	L40	4 Newcastle Staffs AC	26:04
9	206	Sasha Houghton	L40	5 Tonbridge AC	26:21
10	211	Kerry Storrar	L40	6 Barnsley AC	26:31
11	240	L Pitcairn-Knowles	L40	7 Tonbridge AC	26:33
12	208	Kerry Marchant	L40	8 Staffordshire Moorlands AC	27:10
13	204	Lindsay Dixon	L40	9 Newcastle Staffs AC	27:31
14	200	Claire Thompson	L35	5 Vale Royal Ac	27:44
15	210	Nina Ridge	L40	10 Tonbridge AC	28:04
16	205	Carey Dyer	L40	11 Newcastle Staffs AC	29:08

Race 1 - Ladies aged 35 to 44 — TEAM RESULTS

1	Tonbridge AC	35	—	9	Sasha Houghton	11	L Pitcairn-Knowles	15	Nina Ridge
2	Newcastle Staffs AC	37	—	8	Michelle Buckle	13	Lindsay Dixon	16	Carey Dyer

Race 1 - Ladies aged 45 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	224	Clare McKeown	L45	1 Border Harriers & Ac	25:02
2	223	Elaine Leslie	L45	2 Jarrow & Hebburn Ac	25:12
3	214	Michelle Clarke	L45	3 Telford AC	25:20
4	243	Jane Wassell	L50	1 Stroud & District AC	25:46
5	213	Kath Aspin	L45	4 New Marske Harriers AC	26:03
6	225	Christine Murphy	L45	5 Liverpool Harriers & Ac	26:10
7	227	Helen Smith	L45	6 Vale Royal Ac	26:11
8	222	Wendy King	L45	7 Chelmsford AC	26:16
9	230	Lesley Watson	L45	8 Bingley Harriers & Ac	26:26
10	244	Caroline Wood	L50	2 Arena 80 AC	26:34
11	236	Debbie Matchett	L50	3 Ballydrain Harriers	26:42
12	216	Katherine Davis	L45	9 North Shields Polytechnic Club	26:53
13	226	Stephanie Robson	L45	10 Bingley Harriers & Ac	26:54
14	221	Debbie Hope	L45	11 Staffordshire Moorlands AC	27:12
15	234	Stefanie Godfrey	L50	4 Cambridge & Coleridge AC	27:16
16	245	Sue Becconsall	L50	5 Bingley Harriers & Ac	27:21
17	257	Heather Robinson	L50	6 Jarrow & Hebburn Ac	27:45
18	217	Vikki Filsell	L45	12 Thames Hare & Hounds	28:15
19	229	Vicki Thompson	L45	13 Jarrow & Hebburn Ac	28:39
20	228	Nicola Thompson	L45	14 Charnwood AC	28:41
21	218	Natasha Geere	L45	15 Spenborough & District AC	29:37
22	215	Lyndsay Darbyshire	L45	16 Burnden Road Runners	29:43
23	219	Joanne Hackett	L45	17 Staffordshire Moorlands AC	31:50
24	241	Vicky Ronald	L50	7 Colwyn Bay AAC	32:30
25	239	Julie Newton	L50	8 Burnden Road Runners	33:31
26	237	Michele Moran	L50	9 North East Veterans Ac	34:48

Race 1 - Ladies aged 45 to 54 — TEAM RESULTS

1	Bingley Harriers & Ac	38	—	9	Lesley Watson	13	Stephanie Robson	16	Sue Becconsall
2	Jarrow & Hebburn Ac	38	—	2	Elaine Leslie	17	Heather Robinson	19	Vicki Thompson

Race 1 - Ladies aged 55 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	258	Monica Williamson	L55	1 Leamington Cycling & AC	26:18
2	246	Jane Clarke	L55	2 City Of Norwich AC	26:37
3	265	Jennifer Wakeman	L60	1 Barnsley AC	28:20
4	259	Anna Garnier	L60	2 Thames Hare & Hounds	28:35
5	248	Lesley Fisher	L55	3 Burnden Road Runners	28:59
6	262	Margaret Loraine	L60	3 Gateshead Harriers & Ac	29:03
7	249	Mary Green	L55	4 Bingley Harriers & Ac	29:06
8	255	Kathryn Morton	L55	5 Stroud & District AC	29:35
9	251	Gwen Kinloch	L55	6 Burnden Road Runners	29:55
10	261	Christine Kilkenny	L60	4 Cannock & Stafford AC	30:01
11	250	Kirsty Johnstone	L55	7 Barnet & District AC	30:21
12	247	Anne Ferguson	L55	8 Burnden Road Runners	30:41
13	260	Jane Georghiou	L60	5 Farnham Runners	31:37
14	252	Kim Matthews	L55	9 Elswick Harriers	31:46
15	254	Janice Moorekite	L55	10 Larkfield AC	33:51
16	278	Denise Wakefield	L60	6 Salford Harriers & AC	35:06
17	266	Carole Williams	L60	7 Vale Royal Ac	40:27

Race 1 - Ladies aged 55 to 64 — TEAM RESULTS

1	Burnden Road Runners	26	—	5	Lesley Fisher	9	Gwen Kinloch	12	Anne Ferguson
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Race 1 - Ladies aged 65 to 74

Pos	Num	Name	Cat/Pos	Club	Time
1	269	Angela Copson	L65	1 Rugby & Northampton AC	27:49
2	268	Diana Braverman	L65	2 Cambridge & Coleridge AC	32:05
3	276	Pauline Rich	L70	1 Worthing Striders	35:12
4	275	Lesley Bowcott	L70	2 Wimbledon Windmilers	36:48
5	267	Ann Bath	L65	3 26.2 Road Runners Club	37:15
6	272	Janette Kilgour	L65	4 Heaton Harriers & Ac	49:25

Race 1 - Ladies aged 65 to 74 — TEAM RESULTS

No complete teams

BMAF Cross Country Championships at Wavertree, Liverpool on Saturday 18th March 2017

Race 2 — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	17	Richard Burney	V40 1	Liverpool Harriers & Ac	25:35
2	22	Paul Green	V40 2	Sale Harriers Manchester	25:45
3	31	Sullivan Smith	V40 3	Cambridge & Coleridge AC	25:46
4	27	Jethro Lennox	V40 4	Shettleston Harriers	26:04
5	12	Michael Aldridge	V40 5	Wootton Road Runners	26:14
6	9	Stephen Skates		Prestatyn RC	26:19
7	83	Paul Ward	V50 1	Telford AC	26:21
8	48	Terry Scott	V45 1	Tyne Bridge Harriers	26:24
9	69	Andrew Leach	V50 2	North Herts Rrc	26:30
10	33	Simon Wurr	V40 6	Thames Hare & Hounds	26:35
11	3	James Horman		Liverpool Harriers & Ac	26:49
12	75	Ben Reynolds	V50 3	Thames Hare & Hounds	26:52
13	38	Ian Grime	V45 2	Salford Harriers & AC	26:53
14	30	Martin Shore	V40 7	Thames Hare & Hounds	26:58
15	81	Kevin Usher	V50 4	Northern Masters AC	27:03
16	8	Craig Pearson		Cannock & Stafford AC	27:22
17	35	Simon Baines	V45 3	Thames Hare & Hounds	27:26
18	34	Mark Wynne	V40 8	Liverpool Pembroke & Sefton Ha	27:36
19	49	David Smith	V40 9	Wolverhampton & Bilston AC	27:45
20	39	Nigel Haycock	V45 4	Cannock & Stafford AC	27:59
21	23	Mark Holgate	V4010	Barlick Fell Runners	28:05
22	1	Scott Green		Owls Ac Leicester	28:14
23	16	Jason Burgess	V4011	Trentham RC	28:19
24	111	Graeme Saker	V55 1	Tonbridge AC	28:21
25	82	Michael Ussher	V50 5	Hilgate Harriers	28:24
26	109	Colin Ridley	V55 2	Colchester Harriers AC	28:25
27	91	David Clarke	V55 3	North Belfast Harriers	28:27
28	54	Andy Weir	V45 5	Thames Hare & Hounds	28:33
29	14	Gareth Briggs	V4012	Wolverhampton & Bilston AC	28:34
30	45	Francois Rafferty	V45 6	Southport Waterloo Ac	28:44
31	25	Iwan Jones	V4013	Coventry Godiva Harriers	28:46
32	15	Richard Brook	V4014	Salford Harriers & AC	28:49
33	94	Mark Cursons	V55 4	Harrow AC	28:51
34	21	Michael Grace	V4015	Salford Harriers & AC	28:54
35	96	Steve Evereett	V55 5	Durham City Harriers & Ac	28:57
36	50	Graham Smith	V45 7	St Albans Striders	29:01
37	99	Chris Ireland	V55 6	Sheffield RC	29:12
38	84	Stephen Watmough	V50 6	Warrington AC	29:13
39	53	Matthew Thompson	V45 8	Southport Waterloo Ac	29:14
40	63	Tim Field	V50 7	Sunderland Harriers & AC	29:20
41	44	Steve Pennington	V45 9	Salford Harriers & AC	29:23
42	76	Anthony Roper	V50 8	Bristol & West	29:26
43	77	David Russell	V50 9	Harpenden Arrows RC	29:27
44	105	Paul Merrison	V4510	Sunderland Harriers & Ac	29:30
45	58	Paul Birkett	V4016	Salford Harriers & AC	29:33
46	74	Sammy Rashid	V5010	Liverpool Pembroke & Sefton Ha	29:38
47	24	Mark Hulmston	V4017	Wirral Ac	29:40
48	47	Andrew Ronald	V4511	Falkirk Victoria Harriers	29:42
49	5	Tony Macdowall		Victoria Park Harriers	29:43
50	60	Peter Clough	V5011	Crook & District AC	29:44
51	134	Matt Shields	V60 1	North Belfast Harriers	29:45
52	28	James Lewis	V4018	Wolverhampton & Bilston AC	29:47
53	52	Paul Thacker	V4512	Cannock & Stafford AC	29:52
54	85	Mark Aspinall	V55 7	Clayton Le Moors Harriers	29:53
55	57	Douglas Bentall	V5012	Tonbridge AC	29:55
56	100	Lawrence Johnson	V55 8	Low Fell Rc	29:57
57	106	David Norman	V4019	Wirral Ac	30:00
58	6	Wesley McDowell		Dromore AC	30:06
59	102	Peter Knight	V55 9	Midland Masters AC	30:19
60	88	Michael Bridgeland	V5510	Chelmsford AC	30:32
61	37	Dean Furniss	V4513	Hallamshire Harriers Sheffield	30:37
62	78	John Sprackland	V5013	Southport Waterloo Ac	30:38
63	71	Brian McKee	V5014	Dromore AC	30:40
64	42	Paul Lester	V4514	Cannock & Stafford AC	30:44
65	122	Brian Martin	V60 2	Quakers RC	30:45
66	128	Stanley Owen	V60 3	Salford Harriers & AC	30:47
67	97	Martin Farran	V5511	Leeds City AC	30:57
68	51	Marcus Taylor	V4515	Burnden Road Runners	31:03
69	73	M Pitcairn-Knowles	V5015	Tonbridge AC	31:04
70	61	Philip Coleman	V5016	Tonbridge AC	31:07
71	41	Ian Jackson	V4516	Salford Harriers & AC	31:09
72	87	Anthony Barbat	V5512	Wallasey AC	31:10
73	46	Colin Rigby	V4517	Burnden Road Runners	31:31
74	20	Martin Dearden	V4020	Staffordshire Moorlands AC	31:37
75	4	Nick Hulme		Staffordshire Moorlands AC	31:48
76	113	Jed Turner	V5513	Sheffield RC	31:49
77	98	David Gill	V5514	Warrington AC	31:51
78	66	Russell Godwin	V5017	Colwyn Bay AAC	31:55
79	118	Inwin Fairclough	V60 4	Newbury AC	31:59
80	70	Paul Lemmon	V5018	Bingley Harriers & Ac	32:03
81	55	C Armstrong	V5019	Nene Valley Harriers	32:05
82	29	Richard Longley	V4021	Trentham RC	32:07
83	136	Mervyn Ward	V60 5	Warrington AC	32:10
84	108	John Patience	V5515	North Belfast Harriers	32:11
85	67	Paul Goodwin	V5020	Liverpool Harriers & Ac	32:18
86	95	Karl Dines	V5516	Willowfield Harriers	32:23
87	130	Michael Quinn	V60 6	Sheffield RC	32:25
88	56	Edmund Ashton	V5021	Burnden Road Runners	32:34
89	112	William Thomas	V5517	Burnden Road Runners	32:40
90	135	Lionel Spittle	V4022	Wolverhampton & Bilston AC	32:47
91	79	Stephen Thompson	V5022	Vale Royal Ac	32:50
92	80	Michael Thornton	V5023	Jarrow & Hebburn Ac	32:52
93	126	Jim Newbery	V60 7	North Belfast Harriers	32:54
94	121	Robert Johnson	V60 8	Southport Waterloo Ac	33:08
95	117	Clive Edgington	V60 9	Meirionnydd RC	33:25
96	133	Stephen Roberts	V6010	Oswestry Olympians	33:34
97	132	Charlie Ritchie	V6011	Cambridge & Coleridge AC	33:57
98	7	Paddy McShane		Jarrow & Hebburn Ac	34:08
99	103	Tony McCarthy	V5518	Warrington AC	34:11
100	72	Michael McNally	V5024	Jarrow & Hebburn Ac	34:19
101	101	Stewart Jones	V5519	Burnden Road Runners	34:53
102	107	Andrew O'Connor	V5520	St Helens Sutton Ac	34:58
103	89	Michael Bunn	V5521	Jarrow & Hebburn Ac	35:21
104	43	Matthew Mason	V4518	Ely Runners	35:35
105	123	John Martin	V6012	Falkirk Victoria Harriers	35:37
106	19	Dale Cave	V4023	Owls Ac Leicester	35:52
107	104	Gerald Meah	V5522	Cambridge & Coleridge AC	36:11
108	131	Peter Richardson	V4519	Sunderland Harriers & Ac	36:25
109	13	Scott Armstrong	V4024	Jesusmond Joggers	36:49
110	116	Frank Devlin	V6013	Jarrow & Hebburn Ac	37:02
111	86	Micky Baker	V5523	Tyne Bridge Harriers	37:17
112	129	Valdis Pauzers	V6014	Herne Hill Harriers	37:23
113	138	Ian Wright	V6015	Rugby & Northampton AC	37:45
114	11	Iain Turnbull		Birtley Ac	38:19
115	40	Brian Hurst	V4520	Jarrow & Hebburn Ac	39:07
116	167	Roland Bowness	V6016	Salford Harriers & AC	39:37
117	114	Andy Warburton	V5524	Burnden Road Runners	41:06
118	124	Kenny McCormick	V6017	Claremont Road Runners	42:33
119	119	Nigel Goodwin	V6018	Herne Hill Harriers	51:17

Race 2 - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Thames Hare & Hounds	36	—	10	Simon Wurr	12	Ben Reynolds	14	Martin Shore
2	Salford Harriers & AC	79	—	13	Ian Grime	32	Richard Brook	34	Michael Grace
3	Cannock & Stafford AC	89	—	16	Craig Pearson	20	Nigel Haycock	53	Paul Thacker
4	Liverpool Harriers & Ac	97	—	1	Richard Burney	11	James Horman	85	Paul Goodwin
5	Wolverhampton & Bilston AC	100	—	19	David Smith	29	Gareth Briggs	52	James Lewis
6	Southport Waterloo Ac	131	—	30	Francois Rafferty	39	Matthew Thompson	62	John Sprackland
7	Tonbridge AC	148	—	24	Graeme Saker	55	Douglas Bentall	69	M Pitcairn-Knowles
8	North Belfast Harriers	162	—	27	David Clarke	51	Matt Shields	84	John Patience
9	Sunderland Harriers & Ac	192	—	40	Tim Field	44	Paul Merrison	108	Peter Richardson
10	Warrington AC	198	—	38	Stephen Watmough	77	David Gill	83	Mervyn Ward
11	Sheffield RC	200	—	37	Chris Ireland	76	Jed Turner	87	Michael Quinn
12	Cambridge & Coleridge AC	207	—	3	Sullivan Smith	97	Charlie Ritchie	107	Gerald Meah
13	Burnden Road Runners	229	—	68	Marcus Taylor	73	Colin Rigby	88	Edmund Ashton
14	Jarrow & Hebburn Ac	290	—	92	Michael Thornton	98	Paddy McShane	100	Michael McNally

Race 2 - Men aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	9	Stephen Skates		Prestatyn RC	26:19
2	3	James Horman		Liverpool Harriers & Ac	26:49
3	8	Craig Pearson		Cannock & Stafford AC	27:22
4	1	Scott Green		Owls Ac Leicester	28:14
5	5	Tony Macdowall		Victoria Park Harriers	29:43
6	6	Wesley McDowell		Dromore AC	30:06
7	4	Nick Hulme		Staffordshire Moorlands AC	31:48
8	7	Paddy McShane		Jarrow & Hebburn Ac	34:08
9	11	Iain Turnbull		Birtley Ac	38:19

Race 2 - Men aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	17	Richard Burney	V40 1	Liverpool Harriers & Ac	25:35
2	22	Paul Green	V40 2	Sale Harriers Manchester	25:45
3	31	Sullivan Smith	V40 3	Cambridge & Coleridge AC	25:46
4	27	Jethro Lennox	V40 4	Shettleton Harriers	26:04
5	12	Michael Aldridge	V40 5	Wootton Road Runners	26:14
6	33	Simon Wurr	V40 6	Thames Hare & Hounds	26:35
7	30	Martin Shore	V40 7	Thames Hare & Hounds	26:58
8	34	Mark Wynne	V40 8	Liverpool Pembroke & Sefton Ha	27:36
9	49	David Smith	V40 9	Wolverhampton & Bilston AC	27:45
10	23	Mark Holgate	V40 10	Barlick Fell Runners	28:05
11	16	Jason Burgess	V40 11	Trentham RC	28:19
12	14	Gareth Briggs	V40 12	Wolverhampton & Bilston AC	28:34
13	25	Iwan Jones	V40 13	Coventry Godiva Harriers	28:46
14	15	Richard Brook	V40 14	Salford Harriers & AC	28:49
15	21	Michael Grace	V40 15	Salford Harriers & AC	28:54
16	58	Paul Birkett	V40 16	Salford Harriers & AC	29:33
17	24	Mark Hulmston	V40 17	Wirral Ac	29:40
18	28	James Lewis	V40 18	Wolverhampton & Bilston AC	29:47
19	106	David Norman	V40 19	Wirral Ac	30:00
20	20	Martin Dearden	V40 20	Staffordshire Moorlands AC	31:37
21	29	Richard Longley	V40 21	Trentham RC	32:07
22	135	Lionel Spittle	V40 22	Wolverhampton & Bilston AC	32:47
23	19	Dale Cave	V40 23	Owls Ac Leicester	35:52
24	13	Scott Armstrong	V40 24	Jesmond Joggers	36:49

Race 2 - Men aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	48	Terry Scott	V45 1	Tyne Bridge Harriers	26:24
2	38	Ian Grime	V45 2	Salford Harriers & AC	26:53
3	35	Simon Baines	V45 3	Thames Hare & Hounds	27:26
4	39	Nigel Haycock	V45 4	Cannock & Stafford AC	27:59
5	54	Andy Weir	V45 5	Thames Hare & Hounds	28:33
6	45	Francois Rafferty	V45 6	Southport Waterloo Ac	28:44
7	50	Graham Smith	V45 7	St Albans Striders	29:01
8	53	Matthew Thompson	V45 8	Southport Waterloo Ac	29:14
9	44	Steve Pennington	V45 9	Salford Harriers & AC	29:23
10	105	Paul Merrison	V45 10	Sunderland Harriers & Ac	29:30
11	47	Andrew Ronald	V45 11	Falkirk Victoria Harriers	29:42
12	52	Paul Thacker	V45 12	Cannock & Stafford AC	29:52
13	37	Dean Furniss	V45 13	Hallamshire Harriers Sheffield	30:37
14	42	Paul Lester	V45 14	Cannock & Stafford AC	30:44
15	51	Marcus Taylor	V45 15	Burnden Road Runners	31:03
16	41	Ian Jackson	V45 16	Salford Harriers & AC	31:09
17	46	Colin Rigby	V45 17	Burnden Road Runners	31:31
18	43	Matthew Mason	V45 18	Ely Runners	35:35
19	131	Peter Richardson	V45 19	Sunderland Harriers & Ac	36:25
20	40	Brian Hurst	V45 20	Jarrow & Hebburn Ac	39:07

Race 2 - Men aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	83	Paul Ward	V50 1	Telford AC	26:21
2	69	Andrew Leach	V50 2	North Herts Rrc	26:30
3	75	Ben Reynolds	V50 3	Thames Hare & Hounds	26:52
4	81	Kevin Usher	V50 4	Northern Masters AC	27:03
5	82	Michael Ussher	V50 5	Hilgate Harriers	28:24
6	84	Stephen Watmough	V50 6	Warrington AC	29:13
7	63	Tim Field	V50 7	Sunderland Harriers & Ac	29:20
8	76	Anthony Roper	V50 8	Bristol & West	29:26
9	77	David Russell	V50 9	Harpenden Arrows RC	29:27
10	74	Sammy Rashid	V50 10	Liverpool Pembroke & Sefton Ha	29:38
11	60	Peter Clough	V50 11	Crook & District AC	29:44
12	57	Douglas Bentall	V50 12	Tonbridge AC	29:55
13	78	John Sprackland	V50 13	Southport Waterloo Ac	30:38
14	71	Brian McKee	V50 14	Dromore AC	30:40
15	73	M Pitcairn-Knowles	V50 15	Tonbridge AC	31:04
16	61	Philip Coleman	V50 16	Tonbridge AC	31:07
17	66	Russell Godwin	V50 17	Colwyn Bay AAC	31:55
18	70	Paul Lemmon	V50 18	Bingley Harriers & Ac	32:03
19	55	C Armstrong	V50 19	Nene Valley Harriers	32:05
20	67	Paul Goodwin	V50 20	Liverpool Harriers & Ac	32:18
21	56	Edmund Ashton	V50 21	Burnden Road Runners	32:34
22	79	Stephen Thompson	V50 22	Vale Royal Ac	32:50
23	80	Michael Thornton	V50 23	Jarrow & Hebburn Ac	32:52
24	72	Michael McNally	V50 24	Jarrow & Hebburn Ac	34:19

Race 2 - Men aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	111	Graeme Saker	V55 1	Tonbridge AC	28:21
2	109	Colin Ridley	V55 2	Colchester Harriers AC	28:25
3	91	David Clarke	V55 3	North Belfast Harriers	28:27
4	94	Mark Cursons	V55 4	Harrow AC	28:51
5	96	Steve Evereett	V55 5	Durham City Harriers & Ac	28:57
6	99	Chris Ireland	V55 6	Sheffield RC	29:12
7	85	Mark Aspinall	V55 7	Clayton Le Moors Harriers	29:53
8	100	Lawrence Johnson	V55 8	Low Fell Rc	29:57
9	102	Peter Knight	V55 9	Midland Masters AC	30:19
10	88	Michael Bridgeland	V55 10	Chelmsford AC	30:32
11	97	Martin Farran	V55 11	Leeds City AC	30:57
12	87	Anthony Barbat	V55 12	Wallasey AC	31:10
13	113	Jed Turner	V55 13	Sheffield RC	31:49
14	98	David Gill	V55 14	Warrington AC	31:51
15	108	John Patience	V55 15	North Belfast Harriers	32:11
16	95	Karl Dines	V55 16	Willowfield Harriers	32:23
17	112	William Thomas	V55 17	Burnden Road Runners	32:40
18	103	Tony McCarthy	V55 18	Warrington AC	34:11
19	101	Stewart Jones	V55 19	Burnden Road Runners	34:53
20	107	Andrew O'Connor	V55 20	St Helens Sutton AC	34:58
21	89	Michael Bunn	V55 21	Jarrow & Hebburn Ac	35:21
22	104	Gerald Meah	V55 22	Cambridge & Coleridge AC	36:11
23	86	Micky Baker	V55 23	Tyne Bridge Harriers	37:17
24	114	Andy Warburton	V55 24	Burnden Road Runners	41:06

Race 2 - Men aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	134	Matt Shields	V60 1	North Belfast Harriers	29:45
2	122	Brian Martin	V60 2	Quakers RC	30:45
3	128	Stanley Owen	V60 3	Salford Harriers & AC	30:47
4	118	Irwin Fairclough	V60 4	Newbury AC	31:59
5	136	Mervyn Ward	V60 5	Warrington AC	32:10
6	130	Michael Quinn	V60 6	Sheffield RC	32:25
7	126	Jim Newberry	V60 7	North Belfast Harriers	32:54
8	121	Robert Johnson	V60 8	Southport Waterloo Ac	33:08
9	117	Clive Edgington	V60 9	Meirionnydd RC	33:25
10	133	Stephen Roberts	V60 10	Oswestry Olympians	33:34
11	132	Charlie Ritchie	V60 11	Cambridge & Coleridge AC	33:57
12	123	John Martin	V60 12	Falkirk Victoria Harriers	35:37
13	116	Frank Devlin	V60 13	Jarrow & Hebburn Ac	37:02
14	129	Valdis Pauzers	V60 14	Herne Hill Harriers	37:23
15	138	Ian Wright	V60 15	Rugby & Northampton AC	37:45
16	167	Roland Bowness	V60 16	Salford Harriers & AC	39:37
17	124	Kenny McCormick	V60 17	Claremont Road Runners	42:33
18	119	Nigel Goodwin	V60 18	Herne Hill Harriers	51:17

Race 2 - Men aged 35 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	17	Richard Burney	V40 1	Liverpool Harriers & Ac	25:35	17	25 Iwan Jones	V4013	Coventry Godiva Harriers	28:46
2	22	Paul Green	V40 2	Sale Harriers Manchester	25:45	18	15 Richard Brook	V4014	Salford Harriers & AC	28:49
3	31	Sullivan Smith	V40 3	Cambridge & Coleridge AC	25:46	19	21 Michael Grace	V4015	Salford Harriers & AC	28:54
4	27	Jethro Lennox	V40 4	Shettleston Harriers	26:04	20	58 Paul Birkett	V4016	Salford Harriers & AC	29:33
5	12	Michael Aldridge	V40 5	Wootton Road Runners	26:14	21	24 Mark Hulmston	V4017	Wirral Ac	29:40
6	9	Stephen Skates		Prestatyn RC	26:19	22	5 Tony Maccodwell		Victoria Park Harriers	29:43
7	33	Simon Wurr	V40 6	Thames Hare & Hounds	26:35	23	28 James Lewis	V4018	Wolverhampton & Bilston AC	29:47
8	3	James Horman		Liverpool Harriers & Ac	26:49	24	106 David Norman	V4019	Wirral Ac	30:00
9	30	Martin Shore	V40 7	Thames Hare & Hounds	26:58	25	6 Wesley McDowell		Dromore AC	30:06
10	8	Craig Pearson		Cannock & Stafford AC	27:22	26	20 Martin Dearden	V4020	Staffordshire Moorlands AC	31:37
11	34	Mark Wynne	V40 8	Liverpool Pembroke & Sefton Ha	27:36	27	4 Nick Hulme		Staffordshire Moorlands AC	31:48
12	49	David Smith	V40 9	Wolverhampton & Bilston AC	27:45	28	29 Richard Longley	V4021	Trentham RC	32:07
13	23	Mark Holgate	V4010	Barlick Fell Runners	28:05	29	135 Lionel Spittle	V4022	Wolverhampton & Bilston AC	32:47
14	1	Scott Green		Owls Ac Leicester	28:14	30	7 Paddy McShane		Jarrow & Hebburn Ac	34:08
15	16	Jason Burgess	V4011	Trentham RC	28:19	31	19 Dale Cave	V4023	Owls Ac Leicester	35:52
16	14	Gareth Briggs	V4012	Wolverhampton & Bilston AC	28:34	32	13 Scott Armstrong	V4024	Jesmond Joggers	36:49
						33	11 Iain Turnbull		Birtley Ac	38:19

Race 2 - Men aged 35 to 44 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wolverhampton & Bilston AC	51	—	12	David Smith	16	Gareth Briggs	23	James Lewis
2	Salford Harriers & AC	57	—	18	Richard Brook	19	Michael Grace	20	Paul Birkett

Race 2 - Men aged 45 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	83	Paul Ward	V50 1	Telford AC	26:21	23	52 Paul Thacker	V4512	Cannock & Stafford AC	29:52
2	48	Terry Scott	V45 1	Tyne Bridge Harriers	26:24	24	57 Douglas Bentall	V5012	Tonbridge AC	29:55
3	69	Andrew Leach	V50 2	North Herts Rrc	26:30	25	37 Dean Furniss	V4513	Hallamshire Harriers Sheffield	30:37
4	75	Ben Reynolds	V50 3	Thames Hare & Hounds	26:52	26	78 John Sprackland	V5013	Southport Waterloo Ac	30:38
5	38	Ian Grime	V45 2	Salford Harriers & AC	26:53	27	71 Brian McKee	V5014	Dromore AC	30:40
6	81	Kevin Usher	V50 4	Northern Masters AC	27:03	28	42 Paul Lester	V4514	Cannock & Stafford AC	30:44
7	35	Simon Baines	V45 3	Thames Hare & Hounds	27:26	29	51 Marcus Taylor	V4515	Burnden Road Runners	31:03
8	39	Nigel Haycock	V45 4	Cannock & Stafford AC	27:59	30	73 M Pitcairn-Knowles	V5015	Tonbridge AC	31:04
9	82	Michael Ussher	V50 5	Hilgate Harriers	28:24	31	61 Philip Coleman	V5016	Tonbridge AC	31:07
10	54	Andy Weir	V45 5	Thames Hare & Hounds	28:33	32	41 Ian Jackson	V4516	Salford Harriers & AC	31:09
11	45	Francois Rafferty	V45 6	Southport Waterloo Ac	28:44	33	46 Colin Rigby	V4517	Burnden Road Runners	31:31
12	50	Graham Smith	V45 7	St Albans Striders	29:01	34	66 Russell Godwin	V5017	Colwyn Bay AAC	31:55
13	84	Stephen Watmough	V50 6	Warrington AC	29:13	35	70 Paul Lemmon	V5018	Bingley Harriers & Ac	32:03
14	53	Matthew Thompson	V45 8	Southport Waterloo Ac	29:14	36	55 C Armstrong	V5019	Nene Valley Harriers	32:05
15	63	Tim Field	V50 7	Sunderland Harriers & Ac	29:20	37	67 Paul Goodwin	V5020	Liverpool Harriers & Ac	32:18
16	44	Steve Pennington	V45 9	Salford Harriers & AC	29:23	38	56 Edmund Ashton	V5021	Burnden Road Runners	32:34
17	76	Anthony Roper	V50 8	Bristol & West	29:26	39	79 Stephen Thompson	V5022	Vale Royal Ac	32:50
18	77	David Russell	V50 9	Harpden Arrows RC	29:27	40	80 Michael Thornton	V5023	Jarrow & Hebburn Ac	32:52
19	105	Paul Merrison	V4510	Sunderland Harriers & Ac	29:30	41	72 Michael McNally	V5024	Jarrow & Hebburn Ac	34:19
20	74	Sammy Rashid	V5010	Liverpool Pembroke & Sefton Ha	29:38	42	43 Matthew Mason	V4518	Ely Runners	35:35
21	47	Andrew Ronald	V4511	Falkirk Victoria Harriers	29:42	43	131 Peter Richardson	V4519	Sunderland Harriers & Ac	36:25
22	60	Peter Clough	V5011	Crook & District AC	29:44	44	40 Brian Hurst	V4520	Jarrow & Hebburn Ac	39:07

Race 2 - Men aged 45 to 54 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Thames Hare & Hounds	21	—	4	Ben Reynolds	7	Simon Baines	10	Andy Weir
2	Southport Waterloo Ac	51	—	11	Francois Rafferty	14	Matthew Thompson	26	John Sprackland
3	Salford Harriers & AC	53	—	5	Ian Grime	16	Steve Pennington	32	Ian Jackson
4	Cannock & Stafford AC	59	—	8	Nigel Haycock	23	Paul Thacker	28	Paul Lester
5	Sunderland Harriers & Ac	77	—	15	Tim Field	19	Paul Merrison	43	Peter Richardson
6	Tonbridge AC	85	—	24	Douglas Bentall	30	M Pitcairn-Knowles	31	Philip Coleman
7	Burnden Road Runners	100	—	29	Marcus Taylor	33	Colin Rigby	38	Edmund Ashton
8	Jarrow & Hebburn Ac	125	—	40	Michael Thornton	41	Michael McNally	44	Brian Hurst

