

North Cheshire 5k Grand Prix Series - Birchwood Brook 5k -Friday 2 June 2017. 7:30 pm

Place	Time	Name	Team	Cat2	Grad	EntrantNo	Posn
1	0:16:57	STANFORD, Chris	Warrington Tri	Male Senior	03:23.4	75	1
2	0:17:12	TAYLOR, Matthew	South Cheshire Harriers	Male Senior	03:26.4	640	2
3	0:17:19	AINSWORTH, James	Vale Royal AC	Male Vet 40	03:27.8	622	3
4	0:17:24	HARRINGTON, Michael	Vale Royal AC	Male Vet 45	03:28.8	90	4
5	0:17:25	WATMOUGH, Stephen	Warrington AC	Male Vet 50	03:29.0	606	5
6	0:17:25	MATUSZCAK, Kristan	Altrincham & District AC	Male Senior	03:29.0	79	6
7	0:17:28	HUGHES, Lee	Lymm Runners	Male Vet 40	03:29.6	19	7
8	0:17:36	MILLS, Thomas	Warrington AC	Male Senior	03:31.2	131	8
9	0:17:46	LAWLOR, Tony	Knowsley Harriers	Male Vet 50	03:33.2	632	9
10	0:17:52	DAVIES, Brian		Male Vet 55	03:34.4	105	10
11	0:18:01	CHRISTIAN, Martin	Kirkby Milers	Male Vet 45	03:36.2	636	11
12	0:18:14	ROWLAND, Callan		Male Junior	03:38.8	639	12
13	0:18:25	WHITTINGHAM, Andrew	Wilmslow RC	Male Vet 45	03:41.0	107	13
14	0:18:36	MORRIS, Trevor	Wilmslow RC	Male Vet 55	03:43.2	116	14
15	0:18:50	HURFURT, Gareth	Hyde Village Striders	Male Vet 45	03:46.0	641	15
16	0:18:52	MCGING, Kieran		Male Senior	03:46.4	645	16
17	0:18:53	BURKE, Anthony	Lymm Runners	Male Vet 45	03:46.6	110	17
18	0:19:02	HOUGHTON, Mike	Spectrum Striders	Male Vet 45	03:48.4	7	18
19	0:19:07	ORFORD, Ian	St Helens Tri	Male Senior	03:49.4	612	19
20	0:19:08	DUNBAR, Kevin	St Helens Tri	Male Senior	03:49.6	610	20
21	0:19:29	LINDSEY, Ashley	Sale Harriers Mchr	Male Vet 45	03:53.8	118	21
22	0:19:38	COLES, Matthew	Spectrum Striders	Male Senior	03:55.6	11	22
23	0:19:40	OGDEN, Stanley	Spectrum Striders	Male Vet 55	03:56.0	4	23
24	0:19:55	HAINES, David	Vale Royal AC	Male Vet 45	03:59.0	113	24
25	0:19:58	WILLIAMS, James	Lymm Runners	Male Vet 40	03:59.6	52	25
26	0:19:58	ATKINSON, Gareth		Male Vet 45	03:59.6	609	26
27	0:19:59	HATTON, Chris	Lymm Runners	Male Senior	03:59.8	94	27
28	0:20:00	KNOCKTON, Alistair	Macclesfield Harriers	Male Vet 50	04:00.0	627	28
29	0:20:12	MASON, Paul	Wigan Harriers	Male Vet 40	04:02.4	648	29
30	0:20:18	HOUGHTON, Jennifer	Kirkby Milers	Female Senior	04:03.6	635	30
31	0:20:20	DAY, Kenneth	Kirkby Milers	Male Senior	04:04.0	34	31
32	0:20:21	GASKELL, Andy	Spectrum Striders	Male Vet 45	04:04.2	642	32
33	0:20:25	ROBINSON, Lauren	Macclesfield Harriers	Female Junior	04:05.0	117	33
34	0:20:28	WOMACK, Mike	Lymm Runners	Male Senior	04:05.6	41	34
35	0:20:30	FEGAN, Danny	St Helens Striders	Male Vet 50	04:06.0	48	35
36	0:20:51	SANDERSON, Matt	Warrington Running Club	Male Vet 40	04:10.2	97	36
37	0:20:56	FLETCHER, Jane	Manchester Fronrunners	Female Vet 35	04:11.2	76	37
38	0:21:06	JONES, Tracey	Dragon's RC (Sale)	Female Vet 35	04:13.2	25	38
39	0:21:12	BRADBURY, Jamie	Lymm Runners	Male Vet 40	04:14.4	133	39
40	0:21:13	VAUGHAN, David	Altrincham & District AC	Male Senior	04:14.6	59	40
41	0:21:14	BEARD, Chris	Vale Royal AC	Male Vet 45	04:14.8	132	41
42	0:21:14	DRASDO, Alison	Trafford AC	Female Vet 45	04:14.8	644	42
43	0:21:20	GAUNT, Duane	Sale Harriers Mchr	Male Senior	04:16.0	69	43
44	0:21:21	SCAMMELL, John	Lymm Runners	Male Vet 40	04:16.2	623	44
45	0:21:22	BRADY, Mike	Spectrum Striders	Male Vet 50	04:16.4	608	45
46	0:21:23	MILLS, Rebecca	Swinton RC	Female Vet 35	04:16.6	77	46
47	0:21:25	KNOCKTON, James	Macclesfield Harriers	Male Junior	04:17.0	628	47
48	0:21:27	NAVIS, David	St Helens Striders	Male Senior	04:17.4	602	48
49	0:21:28	CORDINGLEY, Beatrice	Sale Harriers Mchr	Female Senior	04:17.6	63	49
50	0:21:29	CORDINGLEY, Frank	Sale Harriers Mchr	Male Vet 55	04:17.8	61	50
51	0:21:31	BURNS, Nick		Male Vet 55	04:18.2	611	51
52	0:21:36	BROAD, Ellen	Spectrum Striders	Female Senior	04:19.2	35	52
53	0:21:45	DAWSON, Jim	Lymm Runners	Male Vet 50	04:21.0	64	53
54	0:21:46	CORDINGLEY, Jackie	Sale Harriers Mchr	Female Vet 55	04:21.2	62	54
55	0:21:47	KYRIACOU, Sam	Macclesfield Harriers	Female Junior	04:21.4	67	55
56	0:21:48	BASNETT, Paul	Astley & Tyldesley RR	Male Vet 45	04:21.6	46	56
57	0:21:49	LEES, Jane	Spectrum Striders	Female Vet 45	04:21.8	634	57
58	0:21:52	BEARD, Danielle	Altrincham & District AC	Female Vet 35	04:22.4	58	58

59	0:21:53	SPENCER, Alan	Knowsley Harriers	Male Vet 55	04:22.6	618	59
60	0:21:53	MCHARRY, Rob	Spectrum Striders	Male Vet 50	04:22.6	66	60
61	0:22:03	SPENCER, Julian	Spectrum Striders	Male Vet 55	04:24.6	1	61
62	0:22:09	LOTT, Joanne	Trafford AC	Female Vet 50	04:25.8	126	62
63	0:22:11	WALKER, Georgina	Lymm Runners	Female Vet 40	04:26.2	98	63
64	0:22:14	ASHURST, Nathan	Warrington Running Club	Male Senior	04:26.8	651	64
65	0:22:15	WYMER, Michael	Sale Harriers Mchr	Male Vet 40	04:27.0	71	65
66	0:22:17	ROBERTS, Alex	Spectrum Striders	Male Junior	04:27.4	646	66
67	0:22:23	GARRISON, Andrew		Male Senior	04:28.6	637	67
68	0:22:28	GARNETT, Andy	Spectrum Striders	Male Vet 60	04:29.6	2	68
69	0:22:32	EHLEN, Brad	Northwich Running Club	Male Vet 45	04:30.4	83	69
70	0:22:36	REAGAN, Helen	Sale Harriers Mchr	Female Vet 45	04:31.2	42	70
71	0:22:45	PINNINGTON, David	Penny Lane Striders	Male Vet 55	04:33.0	37	71
72	0:22:56	FAULKNER, David	Lymm Runners	Male Vet 55	04:35.2	125	72
73	0:22:57	BATTERSBY, John	Sale Harriers Mchr	Male Vet 55	04:35.4	72	73
74	0:22:59	KINSMAN, Huw	Spectrum Striders	Male Senior	04:35.8	23	74
75	0:23:02	HARRISON, Anthony	Winston Runners	Male Vet 50	04:36.4	56	75
76	0:23:05	HOWE, Joan M	Trafford AC	Female Vet 60	04:37.0	134	76
77	0:23:16	ROBERTS, Eleanor	Spectrum Striders	Female Vet 50	04:39.2	29	77
78	0:23:19	CONNOR, Joseph	Bramhall Runners	Male Senior	04:39.8	10	78
79	0:23:22	EDWARDS, Joanne	Vale Royal AC	Female Vet 50	04:40.4	130	79
80	0:23:27	SHAW, Geoff	Helsby RC	Male Vet 60	04:41.4	91	80
81	0:23:28	HALL, Mike	Spectrum Striders	Male Vet 55	04:41.6	603	81
82	0:23:30	HAMPTON, Katie		Female Senior	04:42.0	650	82
83	0:23:40	MOSS, Nina	Macclesfield Harriers	Female Senior	04:44.0	121	83
84	0:23:47	RUSSELL, Alison	Spectrum Striders	Female Senior	04:45.4	621	84
85	0:23:49	SANDERSON, Sue	Warrington Running Club	Female Vet 45	04:45.8	624	85
86	0:24:00	LOMAX, Jayne	Vale Royal AC	Female Vet 50	04:48.0	49	86
87	0:24:01	HOUGHTON, John		Male Vet 55	04:48.2	505	87
88	0:24:06	CHAMBERS, Barry	Vale Royal AC	Male Vet 65	04:49.2	14	88
89	0:24:14	WALKER, Angela	Lymm Runners	Female Vet 35	04:50.8	39	89
90	0:24:20	DODD, Mark	Ellesmere Port RC	Male Vet 40	04:52.0	106	90
91	0:24:24	NEARY, Yvonne		Female Vet 50	04:52.8	339	91
92	0:24:35	BEATTIE, Geoffrey	Sale Harriers Mchr	Male Vet 60	04:55.0	73	92
93	0:24:37	MADDOCKS, Joanna	Lymm Runners	Female Vet 35	04:55.4	643	93
94	0:24:42	MCCELLAND, Jenny	Lymm Runners	Female Vet 45	04:56.4	38	94
95	0:24:45	RAFFEL, Alistair	Spectrum Striders	Male Vet 60	04:57.0	51	95
96	0:24:47	ROGERS, Rosemary	West Cheshire AC	Female Vet 65	04:57.4	44	96
97	0:24:51	MILLS, Bridget		Female Senior	04:58.2	619	97
98	0:24:59	THOMPSON, Dave	Spectrum Striders	Male Vet 60	04:59.8	3	98
99	0:25:04	TOMKINS, Dave	Northern Vets AC	Male Vet 70	05:00.8	93	99
100	0:25:04	STAUNTON, Hayley	Warrington Running Club	Female Senior	05:00.8	649	100
101	0:25:09	GIBBONS, Andy	Bingley Harriers	Male Senior	05:01.8	626	101
102	0:25:13	HANKINSON, Joanna		Female Vet 35	05:02.6	625	102
103	0:25:32	BABA, Caroline	Manchester Harriers & AC	Female Vet 35	05:06.4	54	103
104	0:25:35	HOWELL, Graham	Liverpool Harriers	Male Vet 65	05:07.0	68	104
105	0:25:37	HARKNESS, Gemma	St Helens Striders	Female Vet 35	05:07.4	616	105
106	0:25:42	MCCORMICK, Fechin	Sale Harriers Mchr	Male Vet 65	05:08.4	127	106
107	0:25:46	FENTON, Simon	Wilmslow RC	Male Vet 70	05:09.2	31	107
108	0:26:01	PICKFORD, Chris	Lymm Runners	Male Vet 55	05:12.2	87	108
109	0:26:04	LINDSEY, Ruth	Sale Harriers Mchr	Female Vet 35	05:12.8	129	109
110	0:26:04	BRADLEY, Michael	Spectrum Striders	Male Vet 60	05:12.8	620	110
111	0:26:07	O'BRIEN, Mick	Knowsley Harriers	Male Vet 45	05:13.4	617	111
112	0:26:36	HACKETT, Simon	Lymm Runners	Male Vet 55	05:19.2	103	112
113	0:26:38	SPRINGALL, Stephen	Spectrum Striders	Male Vet 50	05:19.6	95	113
114	0:26:44	LEIGH, Janice	Spectrum Striders	Female Vet 50	05:20.8	47	114
115	0:26:44	DRAPER, Stephen		Male Vet 60	05:20.8	604	115
116	0:26:48	PERCHARD, Mike		Male Vet 60	05:21.6	120	116
117	0:27:19	CHINEA, Jane	Lymm Runners	Female Vet 50	05:27.8	8	117
118	0:27:25	HAINES, Jill	Vale Royal AC	Female Vet 45	05:29.0	115	118
119	0:27:29	DOOLEY, John P	Spectrum Striders	Male Vet 65	05:29.8	13	119

120	0:27:38	ARBBER, Carolyn	Spectrum Striders	Female Vet 55	05:31.6	638	120
121	0:27:41	LAXTON, David		Male Vet 55	05:32.2	633	121
122	0:28:31	SELLARS, Thomas	Lymm Runners	Male Vet 40	05:42.2	9	122
123	0:28:43	OWEN, Linda	Spectrum Striders	Female Vet 55	05:44.6	615	123
124	0:28:56	MEARS, Dave		Male Vet 45	05:47.2	109	124
125	0:29:41	COLES, Terry	Spectrum Striders	Male Vet 70	05:56.2	12	125
126	0:29:48	COOPER, Amy	Lymm Runners	Female Senior	05:57.6	85	126
127	0:29:50	TEDFORD, Andrew	Lymm Runners	Male Senior	05:58.0	137	127
128	0:30:00	HACKETT, Karen		Female Vet 50	06:00.0	104	128
129	0:30:11	SHAW, Janet	Helsby RC	Female Vet 60	06:02.2	92	129
130	0:30:31	RUDGE, Hayley	Lymm Runners	Female Senior	06:06.2	112	130
131	0:31:15	FAIRHURST, Joanne	Wigan A C	Female Vet 40	06:15.0	647	131
132	0:31:28	DUNBAR, Ian	Spectrum Striders	Male Vet 60	06:17.6	15	132
133	0:34:00	SPRINGALL, Diane	Spectrum Striders	Female Vet 50	06:48.0	96	133
134	0:36:17	SINCLAIR, Teresa	Winston Runners	Female Vet 55	07:15.4	57	134
135	0:36:18	CARLETON, Margaret	Winston Runners	Female Vet 60	07:15.6	60	135
136	0:38:30	HESKETH, Philomena		Female Vet 60	07:42.0	16	136