

Watergate 5k

Senior Results - 25 August 2016

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Terry Scott (106)	Tyne Bridge Harrier	16.14 M O40	67	Gavin Dowd (37)	Low Fell RC	20.41 M O40
2	Jordon Bell (187)	Blackhill Bounders	16.42 M	68	John Watson (128)	Low Fell RC	20.46 M O60
3	Jonathon Stephens (141)	Blaydon Harriers	16.46 M	69	Anna Mclean (35)	Low Fell RC	20.56 F O35
4	Michael Barker (157)	Sunderland Harriers	16.56 M	70	Cheryl Parkin (32)	Low Fell RC	20.57 F O35
5	Stephen Jackson (171)	Elvet Striders	16.58 M	71	Stephen Allen (48)	Sunderland Strollers	21.04 M
6	Fergus Bates (76)	Morpeth Harriers	16.59 M O45	72	Stuart Dickson (125)	Tyne Bridge Harrier	21.05 M O45
7	Robert Walker (109)	North Shields Poly	17.06 M O45	73	Harry Matthews (21)	Elswick Harriers	21.06 M O65
8	Matthew Alderson (60)	Blaydon Harriers	17.31 M	74	Carole Page (139)	Alnwick Harriers	21.07 F O55
9	Mark Anderson (151)	Sunderland Strollers	17.33 M	75	Geoffrey Robinson (188)	Jarrow & Hebburn	21.07 M O55
10	Jamie Collin (85)	Sunderland Strollers	17.36 M	76	Kirstin Farquhar (51)	Durham City	21.08 F O45
11	Matthew Wakefield (75)	Gateshead Harriers	17.42 M	77	Garry Paterson (24)	Low Fell RC	21.08 M O45
12	Lee Bennett (124)	Elswick Harriers	17.43 M O45	78	Paul Keedy (96)	Darlington H & AC	21.09 M O45
13	Alasdair Blain (83)	Tyne Bridge Harrier	17.46 M	79	Terry Topping (129)	Sunderland Strollers	21.15 M O50
14	Kate Waugh (201)	Birtley AC	17.50 F U20	80	Gavin Burn (186)	Blaydon Harriers	21.18 M
15	Steve Everett (156)	Durham City	17.52 M O55	81	Lee Coulson (206)	Elswick Harriers	21.19 M O40
16	Robert Teasdale (72)	Crook AC	17.55 M	82	Alan Drummond (219)	Birtley AC	21.21 M O45
17	Andrew Forbes (103)	Sunderland Strollers	17.58 M	83	Dale Wilkinson (11)	Sunderland Strollers	21.23 M O50
18	Paul Lowe (207)	Darlington H & AC	17.59 M	84	Catherine Lee (144)	Elswick Harriers	21.24 F
19	Chris Dwyer (137)	Sunderland Strollers	18.11 M	85	Steven Bond (208)	Gosforth Harriers	21.27 M O40
20	Matty Tomlinson (97)	Tyne Bridge Harrier	18.15 M O45	86	Vicky Younger (91)	Sunderland Harriers	21.29 F O35
21	Paul Merrison (23)	Sunderland Harriers	18.17 M O55	87	Karl Hume (101)	Darlington H & AC	21.33 M O45
22	Lawrence Johnson (38)	Low Fell RC	18.45 M O50	88	Michael Howe (28)	Low Fell RC	21.36 M O40
23	Stephanie Pattinson (52)	Jarrow & Hebburn	18.55 F	89	Clare Brewis (33)	Low Fell RC	21.38 F
24	Richard Conder (1)	Low Fell RC	19.02 M	90	Malcolm Thirlaway (135)	Gateshead Harriers	21.41 M O60
25	Alan Thompson (112)	Elswick Harriers	19.03 M O50	91	Cath Eaton (165)	Tyne Bridge Harrier	21.43 F O35
26	Mark Oliver (225)	Heaton Harriers	19.05 M	92	Lyne Valentine (67)	Sunderland Strollers	21.49 F O60
27	Gavin Wright (193)	Red Kites	19.06 M	93	Robert Wilson (121)	Elswick Harriers	21.50 M O55
28	Paul Robinson (223)	Elswick Harriers	19.07 M O40	94	Brian Bailes (143)	Birtley AC	21.52 M O50
29	Richard Houghton (42)	Elswick Harriers	19.11 M	95	Gary Fox (154)	Sunderland Harriers	21.54 M O45
30	Lorna Macdonald (212)	Morpeth Harriers	19.12 F	96	Daniel Nettle (73)	Elswick Harriers	21.58 M O45
31	Anthony Wilton (58)	Sunderland Strollers	19.13 M O40	97	David Curran (131)	Tyne Bridge Harrier	22.07 M
32	John Taylor (227)	Derwent Valley	19.15 M O40	98	Susanne Stephenson (115)	Elswick Harriers	22.08 F O45
33	Michael Dixon (57)	Sunderland Strollers	19.22 M	99	Nina Cameron (114)	Heaton Harriers	22.15 F O45
34	Barry Talman (95)	Darlington H & AC	19.23 M	100	Chris Checkley (87)	Heaton Harriers	22.21 M O45
35	Michael Henderson (134)	Sunderland Strollers	19.24 M	101	Shannel Curtis (44)	Birtley AC	22.25 F O40
36	Tony Allinson (102)	Sunderland Harriers	19.25 M O40	102	David Alderson (122)	Unattached	22.26 M O55
37	Scott Brady (39)	Elswick Harriers	19.31 M	103	Alister Robson (100)	Fetch Everyone RC	22.27 M O40
38	Ritchie Gerry (71)	Sunderland Strollers	19.33 M O50	104	Debbie Spoor (65)	Elswick Harriers	22.32 F O45
39	Edwin Wong (99)	Tyne Bridge Harrier	19.35 M	105	Robert Hallam (107)	Gateshead Harriers	22.39 M O50
40	Sophie Marr (217)	Unattached	19.40 F	106	Jason Long (12)	Low Fell RC	22.42 M O45
41	Phil Green (113)	Heaton Harriers	19.45 M O45	107	John Wiper (2)	Low Fell RC	22.45 M O60
42	Scott Mcentee (119)	Heaton Harriers	19.47 M	108	Yvette Wilkins (133)	Elswick Harriers	22.46 F O35
43	David Armstrong (210)	Elswick Harriers	19.48 M O40	109	Mike Stacey (26)	Low Fell RC	22.50 M O55
44	David Nicholson (77)	Morpeth Harriers	19.51 M O60	110	Kate Halliman (132)	Unattached	22.52 F O40
45	Ian Marriott (161)	Low Fell RC	19.53 M	111	John Hopps (215)	Blackhill Bounders	22.54 M O60
46	Colin Hodgson (53)	Blackhill Bounders	19.54 M O50	112	Jessie Hetherington (61)	Heaton Harriers	22.55 F
47	Gary Hargrave (116)	Sunderland Strollers	19.55 M O45	113	Allen Mulliss (82)	Heaton Harriers	22.57 M O55
48	Mark Ralph (55)	Sunderland Strollers	19.56 M O45	114	Valerie Wilson (126)	Elswick Harriers	23.02 F O50
49	Paul Brennan (50)	Crook AC	19.57 M O45	115	Huw Parry (194)	North Shields Poly	23.05 M O50
50	David Cleugh (185)	Birtley AC	19.58 M O40	116	John Corcoran (43)	Sunderland Strollers	23.15 M O50
51	Ian Hutchinson (118)	Derwent Trail Runn	20.02 M	117	Alan Macaulay (90)	Tyne Bridge Harrier	23.17 M O55
52	John James (88)	Heaton Harriers	20.04 M O60	118	Gillian Tomlinson (89)	Houghton Harriers	23.19 F O45
53	Liam Friel (181)	Blaydon Harriers	20.10 M O55	119	Joe Glancy (98)	Sunderland Strollers	23.21 M O50
54	Matt Wlaker (200)	Tyne Bridge Harrier	20.11 M	120	Peter Holliday (62)	Sunderland Strollers	23.23 M O55
55	Alasdair Wilson Craw (110)	Claremont Road Ru	20.12 M O60	121	Robert Craig (56)	Sunderland Strollers	23.24 M O50
56	Brian Cairns (222)	Sunderland Strollers	20.13 M O45	122	Kim Matthews (20)	Elswick Harriers	23.25 F O55
57	Mark McNally (22)	Elswick Harriers	20.13 M O65	123	Archie Jenkins (5)	Morpeth Harriers	23.33 M O60
58	Willard Wright (105)	Unattached	20.15 M O50	124	Chris Dunn (148)	Unattached	23.39 M O40
59	Andrew Picken (211)	Blackhill Bounders	20.16 M	125	Colin Mcentee (13)	Heaton Harriers	23.42 M O65
60	Ellen Roberts (86)	Heaton Harriers	20.17 F O35	126	Amanda Phillips (138)	Blackhill Bounders	23.49 F O40
61	John Lowes (158)	Elswick Harriers	20.26 M	127	Lauren Young (92)	Blackhill Bounders	23.52 F
62	Rob Wilson (45)	Birtley AC	20.32 M O40	128	Michelle O'neil (66)	Sunderland Strollers	23.56 F O45
63	Neil Kavanagh (25)	Low Fell RC	20.35 M	129	Aidan Hughes (204)	Blackhill Bounders	24.02 M O45
64	Geoff Hewitson (15)	Crook AC	20.36 M O55	130	Terry Young (175)	Chester-le-Street	24.13 M O55
65	Andrew Bell (79)	Sunderland Strollers	20.37 M O45	131	Andy Eaton (166)	Tyne Bridge Harrier	24.21 M
66	Dean Phillips (152)	Sunderland Harriers	20.39 M O45	132	Simon Lee (108)	Unattached	24.25 M

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133	John Dennis (9)	Unattached	24.31 M O65			
134	Stephanie Young (146)	Birtley AC	24.35 F O50			
135	Alix Lofkin (189)	Low Fell RC	24.43 F			
136	Emma Sproat (4)	Low Fell RC	24.43 F			
137	Stevie Curry (169)	Elswick Harriers	24.52 M O55			
138	Vicki Halse (163)	Low Fell RC	25.01 F			
139	Simon Turnbull (162)	Low Fell RC	25.06 M O40			
140	David Walton (30)	Blackhill Bounders	25.13 M O45			
141	Pip McDonald (46)	Sunderland Strollers	25.21 F			
142	Parul Akter (104)	Tyne Bridge Harrier	25.26 F O40			
143	Melissa Bateson (74)	Elswick Harriers	25.26 F O45			
144	Laura Atkinson (226)	Low Fell RC	25.34 F			
145	Cheryl Stanley (180)	Low Fell RC	25.36 F O35			
146	Tuanh Stewart (27)	Low Fell RC	25.42 F O40			
147	Denise Forster (155)	Sunderland Harriers	25.52 F O50			
148	Kim Fox (153)	Sunderland Harriers	26.08 F O45			
149	Amanda Byworth (29)	Low Fell RC	26.16 F O40			
150	Mel Reed (149)	Elswick Harriers	26.19 M O55			
151	Les Scurr (49)	Blackhill Bounders	26.21 M O65			
152	Lynne Marr (18)	Tynedale Harriers	26.30 F O55			
153	Sue Tate (47)	Sunderland Strollers	26.57 F O50			
154	Mac Stephenson (17)	South Shields Harrie	27.08 M O65			
155	Richard Wilson (68)	Sunderland Strollers	27.09 M O60			
156	Mike Gill (195)	Blackhill Bounders	27.12 M O65			
157	Ron Avery (69)	Sunderland Strollers	27.23 M O65			
158	Bev Baird (147)	Sunderland Strollers	27.24 F O40			
159	Debra James (160)	Sunderland Harriers	27.26 F O45			
160	Michael Bentley (123)	Heaton Harriers	27.35 M			
161	Paul Hutchinson (159)	Unattached	27.45 M			
162	Jamie Pratt (140)	Unattached	27.49 M			
163	Philp Asken (168)	Saltwell Harriers	27.57 M			
164	Kay Drummond (216)	Birtley AC	28.49 F O45			
165	Denis Hargrave (117)	Sunderland Strollers	28.52 M O65			
166	Helen Rich (54)	Sunderland Strollers	28.54 F O40			
167	Ros Lister (164)	Low Fell RC	29.03 F O50			
168	Melvyn Relton (8)	North East Vets	29.27 M O65			
169	Joanne Cox (191)	Red Kites	29.42 F			
170	Gayle Ord (192)	Red Kites	29.43 F O35			
171	Reginald Checkley (93)	Heaton Harriers	29.52 M O65			
172	George Caukwell (170)	Crook AC	29.54 M O65			
173	Barbara Kelly (142)	Blackhill Bounders	30.11 F O40			
174	Barry G Murray (196)	Birtley AC	30.22 M O50			
175	Christine Holliday (63)	Sunderland Strollers	30.34 F O55			
176	Glenn Batey (78)	Unattached	31.16 M			
177	Rose Webb (136)	Radley Athletic Clu	34.31 F O65			
178	Michelle Donnelly (127)	Sunderland Strollers	37.46 F O45			
179	George Routledge (16)	Heaton Harriers	37.46 M O65			